

# THE SECULAR CITIZEN

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A NATIONAL FAMILY WEEKLY

## The End is Not Coming by any Natural Calamity, It is Being Caused by Our Stupidity!

by Don Aguiar.

**Today, social distancing can mean the difference between life and death. Yet, in so much of the world, there are so many people crammed together, this is just not possible.**

By the end of this century there is not going to be elbow room – on each side you will find somebody standing. What is the government doing and what are the places of worship doing?

Politicians go on giving hope and nothing materializes. One thing has to be understood clearly: no hope is going to help; no false explanation is going to help. You have to put aside all this crap and see into reality as it is. The reality is that this earth cannot tolerate so great a population; the population has to become almost half the size that it is now. But the way it is moving, it will be doubled by the end of this century. Misery will also be doubled.

**How long do you think we humans have? This is the opening question in Michael Moore's new movie, "Planet of the Humans."**

The essential problem is not "out there." We are the problem. We can invent as many wonderful fixes to the external situation as we want, but if the human mind, with its insatiable demand for "more" is not addressed, nothing will change, except of course the climate!

As the film puts it: "The only way to take seriously the human toll on the planet is to talk about what humans do to it."

This earth is our home. Unless we put ourselves right, we cannot put humanity right, we cannot put this earth in such a way as to live beautifully. There is no need

of nations, religions, and races. It is one earth, one world, one truth, and one divinity. But one has first to search within oneself.

**The basic point the film makes is that we continue in the direction we are going – even with all renewable energy we are likely to be able to produce – we can never solve the climate change problem.**

In order to avoid the looming climate catastrophe, we need to reduce greenhouse emissions by the same amount that is happening right now as a result of the current Covid-19 economic slowdown, which is also a catastrophe.

**Not just that, we have to continue this same level of slowdown as now, but it has to happen every single year for the next ten years!**

This is exactly Michael Moore's point. The currently accepted approach to climate change is that we can reconfigure the existing economic model with renewable energy sources and keep the idea of permanent growth intact.

As we can now see, this is not possible. The reaction to today's economic collapse is inevitable: everyone is clear that we urgently need to make sure that everything gets back to "normal" as quickly as possible so the economy revs up again and starts humming along as usual.

This apparent dilemma can be seen from a wider angle:

"Humanity is suffering from too much power. Technology, science – they have given immense power to man – hence we are standing on the verge. Any

(Contd.. on p. 3)

# Women's Welfare Threatened

## On AAP's poll promises for Goa

A shocking 25 July 2021 news-report on **The News Room** concerning a 31-year old married woman's torture by her husband and in-laws of barely three months, has the name of a Catholic priest, the reference to which makes disturbing reading.

Beaten black and blue, starved, being thrown out of the house at night, the woman dared to call the Police, only to be stopped from proceeding with the call by the husband. And how: the husband, named Jipson, a 31-year-old techie working at a company in Thiruvananthapuram, got the Assistant Vicar [AV] of Saint Joseph Church, Thevara, Father Nibin Kuriakose to intervene to his benefit. The AV is said to have "manipulated" her by telling her that she has to continue living with her husband as she cannot go back to her parental home except at the cost of being a burden to her extended family.

"Three days into the marriage, Jipson and his mother started pressing me to ask for money from my family," she alleged. The report also goes on to say: "Speaking to the media, she said, "Jipson thrashed me brutally at nights covering my mouth. I could not even cry out aloud. They made me starve .... as I stood against selling the gold from my marriage [to buy themselves an apartment]. When my father questioned [them] about the harassments, they (in-laws) attacked him breaking his leg and rib bone." The police were said to have done nothing with regard to her complaint, apparently because a relative of his is a police officer. The News Minute reported that it was only "after the victim revealed her ordeal to the media and her family formed an action council demanding justice"

that "a fresh complaint was filed with the Kochi Deputy Commissioner of Police".

If what the victim, a teacher by profession, alleges is true, there clearly emerge not one or two culprits but four, guilty of a heinous crime: the **husband who had obviously married her for her money**; the **in-laws who wrongly imagined that they had a right to decide and do as they wished with what the bride had brought into the marriage**; the **police who in any case are known for their complicity in immoral and unjust acts**; and the most reverend '**assistant vicar**' who set a bad precedent by failing to live up to his priestly responsibility to stand up for what is right and promote justice.



by Ladislaus Louis D'Souza

**Would that the Bishop of the diocese under whom the AV ministers pull up the priest for his haughty behaviour and reprimand—nay, even penalize him. It is also sincerely hoped that the Woman & Child Welfare Department of the Government of Kerala move speedily to ensure that due justice is speedily done to the victim with all those guilty being promptly brought to book.**

Delhi chief minister Arvind Kejriwal has during his recent visit to Goa, painted a rosy picture for the people of Goa with his pre-poll promises of a 24x7 power supply and free power up to 300 units, if his 'Aam Admi Party' (AAP) is voted to power in the 2022 Assembly elections. While all this seems encouraging and music to the ears of many in Goa, given the frequent power outages and erratic power bills to the consumers in recent times, the question is whether the AAP will be in a position to give Goa a 24x7 un-interrupted power supply even during the monsoons when most of the disruptions take place, and the work of underground cabling is still incomplete. Secondly, is this all that is required to keep the people of Goa happy and contented? Does good governance also not include a state-wide 24x7 water supply, a pollution and garbage-free environment, good and safe motorable roads, affordable rates for petrol, diesel, and cooking gas, a well-managed public transport system, affordable taxi service, etc. Can Mr Kejriwal take up these challenges as well? ---something which the present and previous govts in Goa have failed miserably.

—A. F. Nazareth  
Alto Porvorim, Goa



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(Contd.. from p. 1)

moment the world can plunge into a suicidal act, global suicide is possible.... For the first time humanity is in immense need of prayer and worship, to balance what technology has given.

It is obvious that without a fundamental shift in the way we look at "growth," and the primary role of our own beliefs and attitudes – and in particular the human mind's obsession with "more" – we are headed for a catastrophe much greater than the current pandemic.

**IT IS IN OUR OWN HANDS because the end is not coming by any natural calamity, it is being caused by our stupidity!**

The environmentalists were outraged by this movie. No surprise there. It totally rocked their boat. Their objections and criticism are trivial compared with the main points the film is trying to raise. But many critiques avoid engaging with the core issues raised in the film — a sign that the film has indeed struck a nerve in the green movement.

The hypocrisy of many of the environ-

mentalists – and, not surprisingly, also the fossil-fuel industry people – interviewed was sickening. But as most of us see it, we live in a hypocritical world.

The director, Jeff Gibbs, identifies exactly the source of this:

**"The reason why we are not talking about population, consumption, and the suicide of economic growth, is that it would be bad for business, especially for the cancerous form of capitalism that rules the world now hiding under a cover of green."**

Aha! The ultimate contemporary sacred cow: the population. Who listens? That same mind, unconsciously greedy for more. Of everything! As the film asks, "Why can't we talk constructively about how to reduce the human footprint?"

Who is prepared to reduce their consumption? And who is ready to confront the issue of the total number of consumers? Above all, who is ready to even consider the role of the human mind at the root of the whole process?

As anthropologist professor Nina Jablonski says in the film:

**"Population growth is not the elephant in the room that few climate activists are willing to address. It is a whole herd of elephants."**

**How long do you think we humans have?**

A new study by a director of one of the world's largest accounting firms, KPMG, reveals that a 1972 model by MIT researchers predicting the collapse of society in the 21st century looks to be worryingly on track as the MIT's 1972 World3 model was strikingly accurate, based on modern data.

The 1972 model, called World3, was created in the '70s using empirical data, and it was published in a book called 'Limits to Growth'.

**Essentially, the model aimed to answer the question of what would happen if humanity keeps pursuing economic growth, no matter the societal and environmental cost. It concluded that, without drastic change, industrial society was headed for collapse.**

Given the unappealing prospect of

(Contd.. on p. 5)

# John D'Silva is New Chairman of CCCI

Mumbai, The Christian Chamber of Commerce and Industry formally announced that John D'Silva has been appointed as the new Chairman of the CCCI, at its board meeting held on 26th April 2021 replacing Antony Sequeira.

John D'Silva is a veteran in the banking sector. His contributions to the society has been well appreciated specially in Mumbai and Mangalore.

He replaces Antony Sequeira, on account of his resignation on personal grounds.

John D'Silva is a fourth Chairman of CCCI since its inception. Vincent Mathias is the founder Chairman followed by Henry Lobo and Anthony Sequeira.

John D'Silva has the unique distinction of organizing and laying a firm footing to the following four co-operative Banks,



as the Chief Promoter and CMD of Abhyudaya Co-op. Bank Ltd, New India Co-op. Bank Ltd, Citizencredit Co-op. Bank Ltd and Model Co-op. Bank Ltd., as its Chief promoter and the First Chairman. He also served as the Vice Chairman of the Christian Chamber of Commerce and Industry

He is presently associated with the

following organizations and Institutions as the Editor-in-Chief of the Co-operative Bankers Handbook and the Urban Banks All India Directory. He is the President of the Mangalorean Catholic Educational Co-op Credit Society Ltd, Fuddar Prathisttan and the Konkani Bhasha Mandal, Maharashtra.

The Christian Chamber of Commerce & Industry is proud to welcome John D'Silva as the Chairman of the Board of Directors, with the complete assurance and support of all its members.

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From left: Johnson Therattil, Ralph Pereira, Albert W. D'Souza and John D'Silva



## The undemocratic chuppi of the government!

Veteran journalists N Ram and Sashi Kumar have moved the Supreme Court seeking an independent probe by its sitting or retired judge into the reports of alleged snooping by government agencies on eminent citizens, politicians and scribes by using Israeli spyware Pegasus.

West Bengal Chief Minister Mamta Banerjee has ordered an enquiry commission. Many other conscientious citizens and institutions have

approached various courts for an enquiry. All these individual attempts are made only because the Central Government is shirking its responsibility.

In fact according to the policy of Pegasus project spyware owners the spyware is sold only to governments, not to individuals; and only for the purpose of effective dealing with the terrorist groups in the world. That means only the Indian Government could buy it and use it! Today it is clear that the use is made in the country, then who made it? The government has to first only say whether they bought the spyware or not. Even after wasting five precious days of Lok Sabha and Rajyasabha Sabha, why is the govern-

ment not opening its mouth and say just yes or no?

The various petitions are likely to come up for hearing within the next few days. The Supreme Court will investigate if the illegal hacking into the phones using the Pegasus spyware represented an attempt by agencies and organisations to muzzle and chill the exercise of free speech and expression of dissent in India.

More crucial question is: Why the opposition parties are unable to force the government to confess and even resign? Already 5 days of Lok Sabha and Rajyasabha are wasted, losing millions of rupees. Who is responsible for the wastage? Of course the ruling party's chuppi on the issue. The opposition parties have every right to demand an answer on such a crucial matter.

Who will save the country?.

—Fr Michael G,  
Samaj Shuddhi Abhiyaan Vasai.

(Contd.. from p. 3)

collapse, it was curiosity to see which scenarios were aligning most closely with empirical data today.

After all, the book that featured this world model was a bestseller in the 70s, and by now we'd have several decades of empirical data which would make a comparison meaningful. But surprisingly no recent attempts of this could be found. So it was decided to get it done.

**The KPMG study, published in Yale Journal of Industrial Ecology, concludes that the 1972 model was strikingly aligned with modern data. Without change, it says, global civilization is heading toward a freefalling economic decline in the coming decade, which could lead to societal collapse by around 2040.**

The new analysis examined data related to population, fertility rates, mortality rates, industrial output, food production, services, non-renewable resources, persistent pollution, human welfare, and ecological footprint.

Continuing business as usual, that

is, pursuing continuous growth, is not possible. Even when paired with unprecedented technological development and adoption, business as usual as modelled by (limits to growth) LtG would inevitably lead to declines in industrial capital, agricultural output, and welfare levels within this century.

However, not all hope is lost, the study says. Though we have a strikingly small window in which to make the necessary changes to avoid the worst-case scenario, according to the study.

A deliberate trajectory change brought about by society turning toward another goal than growth is still possible. The LtG work implies that this window of opportunity is closing fast.

In his 2014 science fiction novel 'The Peripheral,' William Gibson, the godfather of the cyberpunk genre, predicted a future in which society slowly and knowingly ground its way towards a societal collapse, brought on by climate change, pandemics, and other factors. It emphasizes the fact that its premise was not brought on by one

**cataclysmic event, but rather by a combination of factors slowly taking effect over decades.**

A KPMG director signalling the end of times, barring vast changes to the socio-economic status quo, might feel like fiction, but such predictions have been hiding in plain sight for decades.

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# Joseph 'Kaka' Baptista was also a part of India's freedom struggle

**The legendary quote "Swaraj is my birthright and I shall have it" is often attributed to Lokmanya Tilak, a stalwart of the Indian Independence Movement.**

Joseph Baptista was also a part of the Indian freedom struggle.

However, there is a growing consensus that it was not Lokmanya Tilak, but Joseph Baptista, his close associate and fellow freedom fighter, who coined the phrase.

Born on March 17, 1864, to an East Indian (Marathi Christian) Catholic family in Mumbai (Bombay, then), Joseph Baptista, popularly known as 'Kaka', attended St. Mary's School in Mumbai, before joining the College of Engineering in Pune.

It was Dadabhai Naoroji, who first took notice of his oratory and leadership skills and urged him to sail for the UK to study politics and law. He eventually pursued his Political Science and Law degree from Fitzwilliam College, University of Cambridge.

During his time there, he came across the Irish Home Rule movement, which sought self-government for Ireland within the UK.

The movement left a real impression on Baptista, and he began to envisage the same for India. Tilak, who was already an early prominent leader of the freedom movement took to Joseph Baptista's ideas and the two grew to become close associates.

It was also Joseph Baptista who played an integral role in helping Lokmanya Tilak launch the Sarvajanic Ganpati (public Ganpati celebrations) --- an attempt to utilise community gatherings to mobilise support for the freedom movement.

In 1901, Joseph Baptista joined the Bombay Municipal Corporation



(BMC), an agency he served for the next 17 years. During his tenure in the BMC, Baptista successfully pushed for reforms which would allow tax-paying tenants in the city to cast their vote for the municipal elections.

Both as a lawyer and labour leader, he fervently took up the cause of blue-collar workers in the city, including mill workers and postmen, among others. However, he had other high-profile clients as well, including Lokmanya Tilak, whom he defended in 1907 against charges of sedition and Vinayak Damodar Savarkar, "for whom he demanded an open trial to assure the dignity of fundamental rights."

In 1925, Joseph Baptista was elected as the Mayor of the Bombay Municipal Corporation, a post he held only for a year.

Although he was a god-fearing Catholic, he wasn't fond of mixing religion with politics. On certain occasions, he even disagreed with his community particularly on the question of separate electorates for Indian Christians.

"I thoroughly disapprove of separate electorate for Indian Christians in water-tight compartments," he once said. His advice to the community was

for greater integration into the mainstream since he knew at the time that it was too small to survive on its own.

Five years after he was first elected as the Mayor, he passed away due to heart problems.

After his death, Dr. D.A. D'Monte, one of the mourners, told the 'Times of India' in 1930, "His (Baptista's) friends knew that he was a man of Hindustan, a typical Maratha, and that this meant (he was) too large to be limited to his immediate surroundings."

Today, Joseph Baptista's body remains buried in the Sewri cemetery. The Joseph Baptista Gardens in South Mumbai, that are locally known as the Mazagaon Gardens was named after him.

In its obituary for this leading light of freedom struggle, the 'Times of India' wrote in 1930, "He (Baptista) will be remembered more as a protagonist of home rule for India, a man who sang that slogan almost a generation before it became really popular."

For the longest time, there was no concerted effort to keep his memory alive with possibly the exception of a book by K.R. Shirsat titled 'Joseph Baptista: The Father of Home Rule in India.'

However today, the East Indian community in Mumbai have started the 'Kaka Baptista Project' to raise awareness about the contribution of this great leader. We also have a museum in Manori named after him as the 'Kaka Joseph Baptista East Indian Museum'.

Called the Kaka Joseph Baptista East Indian Museum, this villa-turned-into-a-museum has the East Indian elements. The people belonging to the East Indian community have contributed clothes, household items, artifacts and more to make this museum what it is.

The entry to this museum is for everyone, no matter what community or religion they belong to.



by Jubel D'Cruz

## Clear Fr. Stan Swamy Of Deshdroh!

**A** group of respectable citizens from all ranks and files have written a letter to Honorable Khasdar, Shri Sharadchandra Pawar Saheb, President Rashtrawadi Congress, requesting him to help them 'at least posthumously to clear Father Stan Swamy of stigma of *Deshdroh*.



**Fr. Michael G. Vasai**

We all know that father Stan Swamy was an *ahimsawadi* Christian Missionary. He spent more than 40 years of his life in the liberation work of the *adivasi samaj* of Jharkhand. Yet he was branded as a Maowadi, an anti-national with the help of a digital racket. It was cunningly achieved by inserting a virus into his computer through an email and then flooding Maovadi material through following emails! With that material he was accused of plotting against the present central government and even to kill the Honorable Prime Minister Mr Narendra Modi!

The letter further says, "By now even International investigating agencies have proved that these are false allegations made not only on Father Stan but other 16 activists who are arrested in connection with Elgar Parishad and Bhima Koregaon event and are being rotten in prison of Taloja." The group is planning to approach first the Home Minister Shri Amit Shah with the request.

The signatories are all 'lovers of free India and the Indian constitution' wanting to fight in the freedom fighters' spirit of Father Stan, who sacrificed his life for the freedom of Jharkhand Adivasi Samaj.' The letter ends with a vow: "We shall fight both, in the court and at the door of the government to prove that Father Swami was not a Deshdrohi but in fact he was a Deshbhakt!

The letter is signed by eminent citizens like Mr. Noel Salve, the former state secretary of Maharashtra Pradesh Rashtravadi Congress, Mr.

Panjabrav Mudhane President Jay-Hind Sainik Samstha, Mr. Janardan Jangale, President Teachers Democratic Front, Fr. Michael G. Director Samaj Shuddhi Abhiyan and many others. Mr. Sharadchandra Pawar must understand the positive understanding of the Sedition Act in the judicial circles today and support the cause of Fr. Stan.

On Monday 19 July the honourable judges S. S. Shinde and N. J. Jamdar of Mumbai High Court while hearing

posthumously a review petition on Fr. Stan's request for medical bail, spoke in praise of Fr. Stan's social work and expressed their regrets over the activists who languish for years in prison without trial! They stressed the right of every citizen to have fast trial! We must question the need for the continuance of Section 124A — a colonial provision which was used to jail the Mahatma — in the law books of a modern democracy.

Let us wish the signatories of the letter to Mr, Sharad Pawar a success! May we hear Fr. Stan honoured with a national award!!

**Inquilab Zindabad!**

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**28 year Mumbai based Goan Roman Catholic Bachelor, Ht. 5' 10", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., Profession : a Banker (REF:MM109)**

**Vasai based affluent business family R.C. East Indian Spinster, 33, years Ht. 5' 2", very beautiful and pretty. MS General Surgeon, Doctor by profession. (REF:106)**

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**BMS, profession: a Senior Merchandiser (REF:107)**

**Mumbai based Mangalorean Roman Catholic Spinster, 29 years, Ht. 5' 4", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., C.A., Holding a managerial post. (REF:108)**

**Mangalorean RC Spinster, 34 years belonging to a highly educated middleclass family based in Mumbai Ht.5'.4" Wt. 78 Kg. Fair Qualified B.E., (EXTC) M.S. Consultant by profession (REF:FM109)**

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# Custodians Of What Tradition?

The magician was dressed in flowing robes. He had his back to the audience. He claimed to be an alchemist that could change lead into gold – transubstantiation. In between his secret mumbo-jumbo he would suddenly turn around to face his audience, raise his arms, with his index fingers touching the thumbs, as in a yogic posture. “Abracadabra” he said. “So be it”, said the audience, in awe struck admiration. With a flash of his fingers, a la Sai Baba, he brandished a shiny gold object. Nobody dared question the magician’s claim of transubstantiation!

I was just seven years of age when I was packed off to a prestigious boarding school in the hills. Since my voice was a tad better than that of a croaking frog, I was never in the choir; so I was often assigned to be an altar boy, a role that I cherished. As such, I was really up close to the school chaplain, a hoary old Italian Capuchin. There he was in his flowing robes, with his back to all of us. He would occasionally whirl around to say a hurried “Dominus Vobiscum”, to which we altar boys would dutifully reply, “Et cum spiritu tuo”. We did learn a few more Latin responses that have now faded from memory. Then came the finale – the transubstantiation; bread and wine becoming the body and blood of Christ. Amen (so be it).

These thoughts came to me as I read the vociferous objections of retired Cardinal Zen of Hong Kong and American Cardinal Burke, to the latest Motu Proprio (of his own accord/volition) by Pope Francis, having the Latin title “Traditionis Custodes” (Custodians of Tradition). What is the hullabaloo all about?

Pope Francis issued this on 16th July, imposing restrictions on what has been incorrectly referred to as the

Latin Mass. This is a gross distortion of truth. The restriction is not on celebrating the Mass in Latin. He probably does so everyday in Rome. It is on the version known as the Missale Romanum that had been edited (revised) by Pope John XXIII in 1962 (MR62). This was possibly at the beginning of the Second Vatican Council (1962-65).

Post Vatican II, Popes Paul VI and John Paul II had revised the liturgical books in conformity with Vatican II teachings, coming into effect in 1970. These venerable popes had banned the use of MR62 and had to face stiff opposition from the likes of arch conservatives Abp Marcel Lefebvre and his Pius X Society.

Opposition to change is intrinsic to human behaviour, and the Catholic Church is no exception. Jesus himself had forewarned that his words and actions would result in division/polarisation (cf Lk 12:51).



by chhotebhai \*

Unfortunately, as in several other spheres, the Eurocentric previous Pope Benedict XVI chose to turn the clock back. In 2007 he had issued a document “Summorum Pontificum” that snatched away the authority of bishops/ parish priests, stating

that they were obliged to comply with requests from the laity for the celebration of MR62. This resulted in arch conservative and well-heeled parishioners in the USA, France etc demanding the celebration of MR62; and even the establishment of separate parishes for the same. This was not just a piquant, but a potentially dangerous, situation.

Pope Francis has merely sought to restore parity consequent of the blunder committed by his predecessor. He has not “banned” the MR62, as is loosely being reported in the Catholic and mainstream media. He has merely imposed reasonable restrictions on the same.

In the Vatican II spirit of collegiality with bishops, he has delegated this authority to the diocesan bishops, to be exercised at their discretion. So what are the likes of Zen and Burke grumbling about? Do they have some other sinister agenda?

Pope Francis states that consequent to Benedict’s document, the Congregation for the Doctrine of the Faith sent out a questionnaire seeking a feedback on the celebration of MR62. The present Motu Proprio is a result of those findings. Besides delegating authority to the diocesan bishops, Francis specifies that even where MR62 is permitted, the scripture readings should be in the vernacular, not in Latin. Can any sensible person find fault with that? Let us also remember that Jesus himself, at the Last Supper, spoke the language of the people. He would not even have known how to speak in Latin! Francis also warns bishops to not allow any more groups or parishes for celebrating MR62.

Pope Francis, as also earlier Popes Paul VI and John Paul II, had discontinued MR62 as it was not in consonance with the ecclesiology and liturgical reforms of Vatican II. I contacted a senior theologian, but he expressed his ignorance on the subject. I then contacted a senior liturgist. Unfortunately, he neither responded to my email or phone calls. As a layman I am therefore unable to enlighten my readers further, nor can I fathom the opposition to this act of Pope Francis.

But we get a hint of it from a learned writer in the journal La Croix International, published from Rome. Rev Jean-Francois Chiron, professor of theology at the Catholic University of Lyon, France, in his article “The church is not an archipelago” on 22/7/21 says that “There is nothing more bitter than liturgical controversies ... With just the

(Contd.. on p. 9)

(Contd.. from p. 8)

slightest bit of irrationality things can go to extremes". In layman's language this means going off on a tangent. For a space scientist it would be like a space craft losing its elliptical orbit, and going off into outer space!

Chiron says that "by changing the rules of the game, Francis intends to limit the proliferation of celebrations that do not comply with the post-Vatican II liturgical reform". It seeks to curb those people who "are in a militant, if not proselytizing frame of mind". Francis is unequivocally stating that the "Vatican Council II is not optional". Benedict tried to indicate that "an entire part of the work of an ecumenical council could be optional". In contrast, Francis asserts "that attachment to the unreformed rite is a challenge to Vatican II".

Chiron further says that in his native France proponents of MR62 "often include hymns from the 1880s such as – Catholics and French Forever"; a form of militant French Catholic nationalism. This echoes Donald Trump in the USA, and the BJP in India. It is right wing nationalism garbed in religion. It is an open secret that several cardinals, bishops and priests in the USA are dyed in the wool Trump supporters who are inimical to Joe Biden, despite him being a devout practicing Catholic. (This issue merits a separate article).

The MR62 is often referred to as the Tridentine Mass, deriving its name from the Council of Trent (1545-63). This Council was in response to Martin Luther's Protestant Reformation in 1517. This 18 year long Council spanned the terms of three popes – Paul III, Julius III and Paul IV. Paul III convened the Council of Trent in modern day Austria. Notably, none of the three popes actually attended the Council. Worse still, Cardinal Fersesse, aged 66, who took the name of Paul III, had an illicit family of five children, the product of concubinage in his early years!

In his recently published 900 page tome "Seven Baskets Full" on the evolution of the Holy Eucharist, Dr Subhash Anand, professor emeritus

of the Papal Seminary, Pune, makes some pertinent observations on the Council of Trent. He says that in its thirteenth session held on 11/10/1551, the Council discussed the Eucharist and transubstantiation. He writes that "the Council claims that its teaching on transubstantiation has ever been a firm belief in the Church of God". However, "It will be almost impossible for historians to critically substantiate this claim of Trent". He compares it to looking for a needle in a haystack.

Anand goes on to say that there were hardly sixty signatories on important legislation. Two thirds of those present were Italian, and the rest were mostly Spanish. He therefore avers that "Given this poor attendance, there are very serious reasons to question its teaching authority in matters doctrinal". He claims that Trent was "not an ecumenical council ... but a provincial council of the Latin Catholic church". He goes on to say that "provincial councils do not have the competence of defining dogmatic truths. This is the prerogative only of ecumenical councils". Most church historians are of the view that Vatican II was probably the first true ecumenical council of the universal (catholic) church.

Perhaps this will help us better understand why Pope Francis has clamped down on the Tridentine Mass MR62, and is pushing ahead for the reforms of Vatican II. All those who profess to be "Catholic" should support this wisdom and action of Pope Francis who is only following in the footsteps of his predecessors, Popes Paul VI and John Paul II. This includes Cardinal Oswald Gracias, the CBCI President and a member of Pope Francis' charmed inner circle.

Let us too, in turn, be the proponents of truth and not blind adherents to infertile traditions. The liturgy, after all, is not a magic show, but a reflection of our life and faith in Jesus who celebrated the Last Supper, sitting (not standing), facing his disciples, his betrayer included, after having humbly washed their feet. Coming to think of it, if the Eucharist is not preceded by the washing of the feet (humble, unconditional service) then it gets reduced to the magical mumbo jumbo of the alchemist. How can the bread and wine be transubstantiated if we are not simultaneously transformed?

• *The writer is the Convenor of the Indian Catholic Forum*

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# When Sun Rays Paint A Picture At Home



**T**he visible spectrum consists of white light which is a combination of seven main colours called 'VIBGYOR' which stands for the colours Violet, Indigo, Blue, Green, Yellow, Orange and Red. These Colours, depending on the colour and intensity have deep psychological effects on a person's moods and hence have to be used sensibly for creating a good, positive environment. The effect of colours has been explained under Vastu Colours of a House.

In climatology, heat and light are intrinsically linked. Blind belief in looks and sometimes in light has led people to have big windows, resulting in heated-up interiors. Incidentally, one major shift in Indian buildings has been from small wooden windows to large sheet glass windows, without considering why small openings were provided for centuries, nearly all over India. During Covid19 time, we look for more fresh air and sufficient sunlight, which will one way provide much needed relief to break the pandemic barrier.

In the northern hemisphere, the sun is always to our south. That means that whichever wall is facing south will receive the most sunlight. To maximize the sun use, place the longest side of your house facing south. Typically a south-facing home gets sun for most of the day, especially at the front of the house, and is therefore usually bright-

er and warmer.

In urban contexts, it may be easier to employ skylights with adequate hot air vents. However, among the best ways to get light without heat is the idea of an internal courtyard with minimal openings to outside – no glare, equal distribution of light and cross ventilation, all together. No wonder, our forefathers realised this and lived in courtyard houses. We need to modernise this concept for application today.

Verandahs, vegetation, designed roof overhangs and such others are necessary. Among the problem fronts is the western facade, which receives solar energy during afternoon hours, heats up, conducts it inside and makes the indoor warm during the evening and night, just when we need to use them most. There are many ideas like tilting the building to best orientation, using materials with thermal mass or designing the type of opening which help in mitigating heat due to solar radiation.

On an average, from 10 a.m. to 3 p.m., there is maximum heat gain through roof conduction and oblique light penetration through the windows. During other times, light and heat enter through wall openings more directly. Appropriate shading of openings using khas khas, staggered walls, fins, roof overhangs and such others need to be employed. On a daily calculation, maximum heat gain comes from



C.K. Subramaniam

the roof; hence it should be properly designed and treated.

The invisible spectrum flanks the visible spectrum on either side and consists of the Ultra Violet (Chemical) Spectrum and the Infra Red (Thermal Heat) Spectrum. The Ultra-Violet (UV) rays have a shorter wavelength than the visible light rays and are invisible. They kill bacteria and aid in the synthesis of Vitamin D in our bodies. The InfraRed rays have a longer wavelength than the visible light rays and are also invisible. They are the cause for the heat of the sunlight. Vastu Shastra has a scientific basis. It is therefore worthwhile to understand the importance of these Vastu factors, their positive and negative effects on Man and how the positive effects can be used to advantage in the design of his dwelling.

North- or north-east facing properties are considered the most desirable because they get the most direct sunlight through the day, especially in winter when the sun is at its lowest. In an urban area where sunlight is at a premium, this can make a world of difference. One of the most important energy efficiency factors in any home is its orientation. Believe it or not, how a house is oriented in relation to the sun can have a dramatic impact on heating and cooling – the largest energy contributor in most homes.

The physical and psychological benefits of appropriate amounts of natural sunlight are now undisputed. There are too many positive aspects of natural light to overlook. The question is no longer are the sun's rays healthy but rather how to get as much of that healthy natural light into the residence so that all kinds of good things can happen. Natural lighting is a magnificent benefit provided by nature. Anything that reduces the burning of fossil fuels to produce electricity is a benefit to the environment. By increasing our home's exposure to the sun with modern, thermal, energy efficient windows and doors, creates a healthier, happier, more comfortable and more sustainable home.

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material desires of this life may be I want to be with you and my loved ones in your perpetual glory to the end and submitting to God's Holy will

—Urban Pereira, Chembur



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May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen.

*Say this prayer nine times a day  
for nine days.*

— Sherwin D'Souza

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Rajesh took a selfie with a pressure cooker on the stove. Put it on Face book with a query ...'wife is out for a few days, how to make tea and how many cooker whistles?'

He got many helpful replies.

Venku: Cooker comes with one whistle, why do you want more whistles?

Ramu: What a buffoon! you don't need a cooker to make tea, take a kadai.

Chethu: soak tea leaves in water for two hours, add milk and boil. One whistle is enough.

Sunny: whistle? Your head. Go near the window and whistle. Neighbour's wife might offer you one tea.

Siddu: Wife is out and you want tea? Are you out of your mind. Get soda and whisky, then whistle, I'll come.

\*\*\*\*\*

### Hyderabad Hindi

A Hyderabad school boy comes home crying ---

Mother: Kaiku rota re?

Son: Teacher ne mara merku.

Mother: Kaiku mara terku?

Son: Main murgi bola usku.

Mother: Arre kaiku aisa bola re?

Son: Kaiku bole toh? Har exam mein anda deti merku, isi liye.

--- Jubel D'Cruz

\*\*\*\*\*

### A Riddle

One day, a frog decided to reach



the top of a tree.

All the frogs shouted at him saying, "It's impossible, It's Impossible..."

But still the frog reached his goal. How?

--- Jubel D'Cruz

Answer: He was deaf and thought that the frogs were encouraging him to reach the top.

\*\*\*\*\*

Stanley decided to lookup his friend Alf, who was a tight-fisted Yorkshireman. He found Alf at his bungalow in Huddersfield stripping the wallpaper from the dining room. Rather obviously, he remarked, "You're decorating, I see." To which Alf replied, "Nay Stanley lad, I'm moving 'ouse to Bradford."

\*\*\*\*\*

I went in to a pet shop. I said, "Can I buy a goldfish?" The guy said, "Do you want an aquarium?"

I said, "I don't care what star sign it is."

\*\*\*\*\*

A pirate walks into a bar with a steering wheel on his pants, a peg leg and a parrot on his shoulder. The bartender says, "Hey, you've got a steering wheel on your pants." The pirate says, "Arrrr, I know. It's driving me nuts."

\*\*\*\*\*

### Heard these?

She fell love with a mobile wala and now her number comes busy.

She fell in love with an astronomer and now she finds fault in the stars.

She fell in love with an architect and the foundation for the relationship was very strong.

She fell in love with the ambulance driver and now he calls her siren.

She fell in love with a writer and now everyone knows about her.

She fell in love with a chef and she got roasted.

She fell in love with a poet and their relationship went from bad to verse.

She fell in love with a baker and he kept asking her for dough.

She fell in live with a mithai wala and now she is a sweet person.

She fell in love with an astronaut and now she is looking for space.

She fell in love with a tailor and she got hooked.

She fell in love with a salesman and now she gets cold calls.

She fell in love with a plumber and never got choked.

She fell in love with a photographer and got shot!

She fell in love with a car mechanic and then their relationship had a breakdown.

She fell in love with an electrician and got shocked.

She fell in love with a crane operator and got let down.

--- Jubel D'Cruz

\*\*\*\*\*

A: Why are you crying?

B: The elephant is dead.

A: Was he your pet?

B: No, but I'm the one who must dig his grave.

\*\*\*\*\*

Two goldfish in a bowl talking:

Goldfish 1: Do you believe in God?

Goldfish 2: Of course, I do! Who do you think changes the water?

\*\*\*\*\*

Customer: Excuse me, but I saw your thumb in my soup when you were carrying it.

Waitress: Oh, that's okay. The soup isn't hot.

\*\*\*\*

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Friendship Day is celebrated on the first Sunday of August, not just in India, but also in several other countries of the world. This year, it is being celebrated on August 1. The bond with friends is a strong one. Friendship Day is the perfect occasion to show your friends that you care for them and to remember the good times spent together.

Friends are the lifelines in a person's life but they can have both positive and negative impact on people. It depends on the person how he/she is selecting his/her friends. If you are in a good company, you will be a successful person. A good friend can guide you whenever you are in a perplexed situation. He/she is the one who can show you the right path. He/she tells you not to go on the wrong track, so that you do not get in trouble.

Moreover, if you are in a bad company, you will not be able to achieve anything in life. They will not correct you or guide you to go in the right direction. We should listen to our friends but we should not follow them blindly. Each person has a positive and a negative effect. So, it is totally our choice which way to opt.

I would like to conclude by saying that --- A friend is noble, friendship is divine. A true friend is really a gift of God. There are instances of man sacrificing their lives for their friends. So, everyone should know how to choose a friend because if we have a good friend, we will be successful but if we are in a bad company, we will suffer in our lives.

The glory of friendship is not the outstretched hand, not the kindly smile, nor the joy of companionship; it is the spiritual inspiration that comes to one when you discover that someone else believes in you and is willing to trust you with a friendship.

— Jubel D'Cruz

## Moong Dal Bhajiyas



### Ingredients:

- 1 cup yellow moong dal
- 3 green chilies, finely chopped
- 1/2-inch piece ginger, finely chopped
- A pinch of asafoetida (hing)
- 1 tsp whole black pepper
- 1 tsp coriander seeds
- Water as required
- Salt as required
- Oil for deep frying

### Method:

In a bowl, soak the moong dal for about 3-4 hours or overnight. Drain the water and add it to the grinder. Then add the finely chopped green chilies, ginger and a pinch of asafoetida (hing) to it. Also add water and grind it to a smooth paste. Remove the whole batter in a bowl. Coarsely crush 1 teaspoon whole black pepper and 1 teaspoon coriander seeds in a mortar-pestle. Add these to the ground moong dal batter. Add salt as required. Mix well and stir the batter vigorously for a few minutes. Heat oil for deep frying in a kadai. Once the oil becomes medium hot, drop the batter little by little in the oil. Depending upon the size of kadai, you can fry more or less bhajiyas at a time. Fry the bhajiyas till crisp and golden. You will have to flip them a couple of times for even cooking. Once done, remove them with a slotted spoon, draining as much oil as possible. Drain them on paper napkins to remove the excess oil. Serve the bhajiyas hot or warm with coriander chutney, tamarind chutney, mint leaves chutney or just plain tomato ketchup. ginger tea or masala chai can also be served with them.



Sweta D'Cruz



regardless of race, colour or religion'. Since then, 30 July has been celebrated as 'Friendship Day' in Paraguay every year. It has been adopted by several other countries, too.

Later, World Friendship Crusade proposed the day to the United Nations, which in its 65th session of the General Assembly on 27 April 2011 declared 30 July as official 'International Day of Friendship'. Accordingly, the Member States of the United Nations are invited to observe the International Day of Friendship in accordance with the culture and customs of their local, national and regional communities, along with activities for raising public awareness and education in the line.

Paraguay, the birth place of the idea of World Friendship day, has an interesting and creditable practice. On the eve of 30 July the game of the 'Invisible Friend' or Amigo Invisible is played, in which small sheets of paper with names are given to all members of a group and each of them secretly selects one and on 30 July gives a present to the person whose name is on the paper. This custom is practiced in both schools and workplaces in Asunción and other Paraguayan cities. Needless to state that present is given to close friends and loved ones, and celebrations often took place in common places, like bars and night-clubs.

Of late, with the growing popularity of social media throughout the world, there has been an increase in celebrating World Friendship day online as well as with community activities in local communities. These activities are geared towards bringing people of different backgrounds together. Various groups on the internet, social media, mobile phones, whatsapp and other portals cheer up social interaction and inter-personal connectivity unto greater socialization.

Well, so much for the origin and evolution of the day in question. As a matter of fact, human beings are social beings and it is the 'spirit of friendship'

(Contd.. on p. 15)

30 July is 'International Day of Friendship'. It could also be called 'International Friendship Day' or 'World Friendship Day'. Further, 'Friendship Day' or 'Friend's Day' is a more simplified version of the same, too. While the day is celebrated on the same day in most of the countries, some countries celebrate it on different dates, like Bolivia on 23 July, Ohio on 09 April and Finland on 14 February. India celebrates Friendship Day on the first Sunday of August and this year it falls on the first day of August, as well.



**Fr. Dr. M. D. Thomas**

celebrate friendship day on the 2nd day of August. 'Greeting card' was used as a medium of promoting friendship, rightly so. But, unfortunately, it was construed cynically by the public as a money making exercise. Therefore, the idea did not take off. All the same, then on, the idea of a day to honour friendship through giving cards, flowers and wrist bands continued, though in a low key. It was adopted by a number of countries in Asia and exchange of gifts was used for celebrating friendships.

There is another story behind this day, more substantial and productive. The idea of a 'World Friendship Day' was first proposed on 20 July 1958, by Dr Ramon Artemio Bracho, during a dinner with friends in Puerto Pinasco, in Paraguay. A medical doctor by profession, Dr Ramon believed that 'friendship is crucial in overcoming cultural, political and religious barriers among people around the world'.

This great thought, even though in the humble meeting of friends, gave birth to a 'World Friendship Crusade', which is an international civil organization that campaigns to foster a 'culture of peace through friendship'. This foundation promotes 'friendship and fellowship among all human beings,

The original idea for a 'day of friendship' seems to have emerged from Joyce Hall, the founder of Hallmark cards, in 1930, who intended to cel-

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that drives human life forward. That's why it could be said without any exaggeration that 'friendship' is 'the most beautiful relationship in the world'. It is because it is a relationship between people, who like each other and enjoy the company of each other. Friendship is an enduring affection, esteem, intimacy and trust between two people. This is a relationship that remains throughout the span of life of a person. It is the strongest form of inter-personal relationship, too.

As the age-old proverb goes, "a friend in need is a friend indeed". One who reaches out to you in times of need is a friend indeed, well, a friend in deed or action, too. In other words, friendship is tested in terms of one's capacity to abide by the other especially in his or her odds. True friendship is selfless and other-oriented. Even when the entire world has deserted you, if there is someone around you still, that is a friend worth the name. In spite of the fact that a genuine friend is a rare commodity in the selfish and utilitarian world of the modern times, friendship is precisely what sustains the human world even today and ahead, as well.

There is a series of sayings that highlight the different aspects of friendship. One, 'life is to be counted in terms of the number of friends and not the riches and amenities of life'. Two, 'tell me who your friends are, I will tell you what sort of a person you are'. Three, 'similar seeks similar' and it is true that similar interests and aptitudes are vital in sustaining friendship. Four, if one can get hold of someone with different interests and aptitudes, and sustain a friendship with him or her, it will be a very enriching and rare friendship'.

What's more, Jesus, a teacher of godly standing, told his disciples 'I do not call you servants, but 'friends', because I have shared with you all that I heard from my heavenly Father'. Two top qualities of friendship are ingrained here, one, 'a spirit of equal footing' and two, 'a spirit of total confiding in'. These two characteristics define a good friendship on earth. There is no consideration of high or low, great or small, old or young, white or black and rich or poor among friends. One could pour out one's heart, without the least fear of being deceived, too. The friendship of 'Krishn and Sudama' is a case in point here, as well.

It is high time people of diverse backgrounds and affiliations became good friends, all the more, rising above considerations of faith, language, ideologies, cultures, nationalities and other traditions and social mores. Only then, we humans can make the best sense out of our lives. Only then, 'unity in diversity' will stand to reason. Only then, we have any right to utter the phrase 'vasuthaiv kutumbakam'. If this does not happen, I believe, we humans will have to hang our heads in shame, finding ourselves unworthy of the divine power of creation, whom we call God, and that is much below the dignity the humans are endowed with, too. Well, the humans require 'rising again' from the junk of life they have sunk into.

On the occasion of 'International Day of Friendship', it is worth the while for the citizens of India and beyond to re-

solve to prove to be 'good friends to one and all' and to wear a 'friendly mindset' to every human being who comes across in life, without any consideration of superior or inferior. It shall be our endeavour to make friendship with people of all faiths and ideologies, all cultures and nationalities and contribute collectively to the harmonious living of the human society in special and the entire creation in general.

-----  
*The author is Director, Institute of Harmony and Peace Studies, New Delhi, and has been committed to interfaith relations, national integration and social harmony, for the past over 40 years. He contributes to the above cause through lectures, articles, video messages, conferences, social interactions, views at TV channels, and the like.*

*He could be viewed, listened to and contacted at the following portals – websites 'www.mdthomas.in' (p), 'https://mdthomas.academia.edu', 'https://drmdthomas.blogspot.com' and 'www.ihpsindia.org' (o); social media 'https://www.youtube.com/InstituteofHarmonyandPeaceStudies', 'https://twitter.com/mdthomas53', 'https://www.facebook.com/mdthomas53'; email 'mdthomas53@gmail.com' and telephone 9810535378.*

### **Wait till I come back**

*Once there were three turtles. One day they decided to go on a picnic. When they got there, they realized they had forgotten the soda. The youngest turtle said he would go home and get it if they wouldn't eat the sandwiches until he got back. A week went by, then a month, finally a year, when the two turtles said, "oh, come on, let's eat the sandwiches." Suddenly the little turtle popped up from behind a rock and said, "If you do, I won't go!"*

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**7113. POONA :** Tamilian Roman Catholic Bachelor, (Born in December 1982), Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. B.Com., working in Logistic Co. in DUBAI. Contact email : shantasam1955@gmail.com

**7112. MUMBAI :** Converted Roman

Catholic Bachelor, (Born in October 1970), Ht. 5' 7", Wt. 80 kgs, Fair Complexion, Edn. B.Com., & Masters in International Journalism (UK). Looking for a bride below the age of 42 years (below 40 - 42 years) who is willing to raise a family. Contact by email : decemberwedding08@yahoo.com

**7110. MUMBAI :** Goan + East Indian Roman Catholic Bachelor, (Born in December 1984), Ht. 5' 10", Wt. 85 kgs, Wheatish Complexion, Edn. B.Sc. IT, working as a Server Engineer. Contact email : fernandes.raymond@gmail.com

**7104. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in August 1975), Ht. 5' 3", Wt. 95 kgs, Wheatish Complexion, Edn. H.S.C., working as a Office Assistant. Contact email : agnelo.nazareth1975@gmail.com

**7102. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in August 1988), Ht. 6' 1", Wt. 95 kgs, Wheatish Complexion, Edn. Masters, working for MNC. Contact email : am.pereira@rediffmail.com

**7101. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in April 1988), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. Masters in Logistics doing part time MBA. Working as an Asst. Manager. Contact email : gracian.moras@gmail.com

**7100. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in March 1987), Ht. 5' 7", Wt. 52 kgs, Fair Complexion, Edn. H.S.C., working as a Event Coordinator. Contact email : celeseinepereira@gmail.com

**7099. USA :** Mangalorean Roman Catholic Bachelor, (Born in March 1988), Ht. 5' 8", Wt. 82 kgs, Wheatish Complexion, Edn. M.Sc., working as a Computer Engineer in USA. Contact email : willatauro@gmail.com

**7097 MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 11", Wt. 97 kgs, Wheatish Complexion, Edn. B.Com., working as Sr. Account Recievable in private company. Contact email : dsouzadonald11@gmail.com

**7088. MYSORE :** Mangalorean Roman Catholic Bachelor, (Born in March 1983), Ht. 5' 9", Wt. 70 kgs, Fair Complexion, Edn. MBA. Marketing. well employed. Contact email : vishwasturners@yahoo.com

**7084. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in May 1956), Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. 9th std., working as a Machine Operator. Contact email : fern.gilbert54@gmail.com

**7083. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in November 1985), Ht. 6', Wt. 68 kgs, Wheatish Complexion, Edn. M.Com., PGDLM, PGDSM, working as PPM & Data Engineer in Shipping Company. Contact email : ryan.intermilan@yahoo.co.in

**7079. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in December 1962), Ht. 5' 5", Wt. 67 kgs, Fair Complexion, Edn. B.Com., Inter MBA, working as a Manager. Contact email : archielewis.al@gmail.com

**7077. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in March 1987), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email : leroy2266@gmail.com OR Mob: 9503282306

**7068. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in June 1983), Ht. 5' 5", Wt. 58 kgs, Wheatish Complexion, Edn. HSC, working as a Customer Service. Contact email : cynthiadalmeida83@gmail.com

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If not settled within a year, renew your membership atleast two months in advance to continue the service uninterrupted.

# Royal Christian Family MATRIMONIALS - BRIDES

**7230. MUMBAI** : Silm, Smart, Beautiful Roman Catholic Spinster, (Born in August 1995), Ht. 5' 7", Wt. 50 kgs, Fair Complexion, Edn. B.Com., working in Pharmaceutical Company. Contact email :

alex1947@rediffmail.com

**7163 MUMBAI** : Tamilian Roman Catholic Spinster, (Born in December 1991), Ht. 5' 3", Wt. 41 kgs, Wheatish Complexion, Edn. B.Com., PGDM in HR working as a Receptionist. Contact email : dafrin1991@gmail.com

**7109 MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in June 1986), Ht. 5' 6", Wt. 58 kgs, Wheatish Complexion, Edn. MBA, working as a Associate Consulant. Contact email : helendsz27@gmail.com

**7192. MUMBAI** : Goan Roman Catholic Spinster, (Born in December 1988), Ht. 5' 5", Wt. 63 kgs, Wheatish Complexion, Edn. B.A., Diploma in Interior Design (MDID), working as a Sales Professional in the Private Sector. Contact email :

especiosa.dias@legrand.co.in

**7173 BANGALORE** : Mangalorean Roman Catholic Spinster, (Born in December 1989), Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. Bachelor of Engineering in EEE, working as a Sr. Engineer. Contact email :

clara.kalare@gmail.com

**7189. MUMBAI** : Goan Roman Catholic Spinster, (Born in July 1993), Ht. 4' 9", Wt. 40 kgs, Wheatish Complexion, Edn. B.A. B.Ed., Teacher by profession. Contact email :

dcruz\_liselle@yahoo.in

**7170 MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in August 1996), Ht. 5' 7", Wt. 80 kgs, Fair Complexion, Edn. Graduate, working for Bank. Contact email :

jenniferdmello25@gmail.com

**7214. MUMBAI** : Goan Roman Catholic Spinster, (Born in October 1986), Ht. 5' 4", Wt. 52 kgs, Fair Complexion,

Edn. CA CFA Ms Finance M.Com., working as a Senior Manager. Contact email : frfernandes020@gmail.com

**7199. BANGALORE** : Mangalorean Roman Catholic Spinster, (Born in January 1990), Ht. 5' 2", Wt. 53 kgs, Fair Complexion, Edn. Master's in Mass Communications (NTU, Singapore) working as a Senior Manager of Corporate Communications in **SINGAPORE**. Contact email :

mafern.2121@gmail.com

**7128. MUMBAI** : Affluent business family R.C. East Indian Spinster, (Born in 12-04-1988), Ht. 5' 2", very beautiful and pretty. Edn. MS General Surgeon, Doctor by profession. Contact email :

drvd2019@gmail.com

**7182. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in October 1992), Ht. 5' 4", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., C.A., working as Asst. Manager in TATA Company. Contact : email :

matrimonialp27@gmail.com

**7147 MUMBAI** : Goan Roman Catholic Spinster, (Born in July 1992), Ht. 5' 4", Wt. 65 kgs, Fair Complexion, Edn. MBA Finance, working as a Fund Accountant. Contact email :

stefsasha09@gmail.com

**7160. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in September 1988), Ht. 5' 7", Fair Complexion, Edn. BMS, working as a Senior Merchandiser in a Global Retail Company in Dubai. Contact email :

prislobo10@gmail.com

**7098. MIRAJ** : Protestant Spinster, (Born in November 1983), Ht. 5' 4", Wt. 52 kgs, Wheatish Complexion, Edn. Masters in Dental Science, Doctor by profession. Contact email :

dprebentisch@yahoo.com

**6032 DUBAI** : Goan Roman Catholic Spinster, (Born in April 1976), Ht. 5' 2", Wt. 41 kgs, Wheatish Complexion, Edn. B.A., working as a Secretary. Contact email :

track\_1976@ yahoo.com OR 9730454857

**7124. CANADA** : Mangalorean Roman Catholic Spinster, (Born in October 1993), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. B.M.S., M.B.A. Operation, working as a Co-ordinator in Shipping Company. Contact email : carrel.dsouza@gmail.com

**7106. AHMEDNAGAR** : Goan Roman Catholic Divorcee, (Born in January 1986), Ht. 5' 3", Fair Complexion, Edn. High School, Contact email : anthonyfernandes9850@gmail.com

**7126. U.S.A.** : Mangalorean Roman Catholic Spinster, (Born in January 1992) from Mumbai, Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. B.E. (Computers) from Mumbai, M.S. (Information Systems) from US. Possesses H1B visa and is working as a Technical Analyst with an MNC in USA. Contact email :

wilfyjoy1315@gmail.com or call +91 98603 02527 / + 91 9970172527

**7081 MUMBAI** : Goan Roman Catholic Spinster, (Born in April 1993), 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. Masters of Dentistry (MDS), Dental Surgeon, Doctor by profession. Contact email :

carlferns93@gmail.com

**7066. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in June 1987), Ht. 5' 4", Wt. 78 kgs, Fair Complexion, Edn. B.E., (EXTC) M.S. (International Business Management), working as a Consulting Manager. Contact email :

l2018anselm@yahoo.com

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I should have done, but indeed, there are also many things I'm happy I did. All in a lifetime has its own place of value.

Now I have arrived at this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!! But, at least I know, though the evening is in sight, uncertain how long it will last, when it's over on this earth... it's over. A new adventure will begin!

Now if you're not in that evening yet, be sure that it will be here faster than you think. So, whatever you would like to accomplish in your life, do it quickly. Don't delay it all too long!! Life passes one quickly, unawares. So, do what you can today, as you can never be sure if you have time left or not! You have no promise that you will see all the seasons of your life, so live now, say all the things that you want your loved ones to remember, and hope that they appreciate and love you for all the things in all the years past.

"Life" is a 'present', the way you live your life is your gift to those around you. It is Health that is real Wealth and not pieces of gold and silver. Your kids are taking your role, your grandchildren are in their own world. Going out is good, coming home is welcomed. You forget names... but it's OK, because other people forgot they even knew you. The things you used to care to do, you no longer care about, really feel that you don't want them anymore. You miss the days when everything worked and was so simple.

But "Old" the "past" is good too... in some things, Old memories, Old Songs, Old movies, Old places, Old books ... and best of all, ...OLD FRIENDS. So, friend, stay well and fear not, God your creator cares for you - you came alone and you will go alone, so whatever, hail the Almighty.

**T**he increasingly serious progress of the pandemic and associated ills creating unknown panic all over the world is a deep cause for many fearful trends, all around us it is seen and felt. Many ailing and elderly are in a void and like everyone else don't know what to make of it or what is to come. Time seems to be moving quickly, unaware of the passing months. It seems like yesterday that I was young, just married, and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder how and where all those times and folks have gone, yet try to see the good.

I recall all the past, the good and even the bad times and love them all. My mind's screen is like a TV picture, glimpses of how it was back then and of all my hopes and dreams flash by. Now, here, surprisingly in the evening of my life it is a shock. How did I get here unaware so quickly. Where did the years go and where did my strong body go? I remember seeing older people through the years and thinking that those "old people" were years away and I never expected to be the same just yet, never fathomed it would engulf me sooner.

But, many of us are there now unplanned.....my friends retired and grey, all movement is unsure, slow and shaky, some bad others worse, but, I see the sad change. They were young and vibrant but, like me, their age is beginning to show and we are now those older folks that we used to wonder at and never thought we could be like. I understand more now.



by **Ivan Saldanha-Shet**

For the last half a century or more we earned, saved, lived and never thought life's evening would come soon. Suddenly new situations and circumstances have made all our preparations for remote use. When the need is felt none is around, all are caught in their own centrifugal spin. no one can spare time. No one is committed to other requirements, it's so at home and old age homes. Those who moved to old age institutions feel they pay adequately but, no one cares or takes their call. The homes are run for the management's own needs and aims. Each one for himself and God for all. Money makes a difference, if you play your cards right you may have a little temporary attention. Acceptance and adjustment is best, regrets are always there. There are things I wish were not done... things

# Holistic Compassion Of The Saviour

**“....The Compassion of the Lord reaches all people”**

(Sir. 18:13)

The key to understanding compassion, its network in outreach, is to discover how each of us, are a part of the whole body of Christ. Thus compassion in the Savior shows us God's sympathetic pity and concern for His children, their sin and suffering, bringing to the forefront His ever present love to forgive the penitent, a theological principle of fact.

Almighty God has the divine privilege to know those sick in body, mind and spirit; He receives their petitions when they repent, heals their wounds and saves their souls. The Saviour is always intimately familiar with humanity's fear and shame of a stigma when they fall to the weakness of the body, though the spirit was unwilling to partake of sin. By repentance the soul is healed and forgiven; the entire person is rejuvenated. This Holistic message was pleasing to God.

A Jesuit teacher of theology once expressed the view that Jesus' greatest commandment is holistic. It involves the Heart, mind, emotion, strength, energy and soul. Christ has a holistic compassion in all human suffering.

The HEART is not easy to change a person's decision, when it involves matters of emotions or personal plans. When a decision is finally made, other related matters seem to resolve on their own merits.

THE MIND helps to receive, form or permit options in the life of a person. The chosen route at times may not always be the right one, and yet, once decided upon the mind bears



the feedback, and the rest of the body calmly accepts the inevitable..

THE STRENGTH “I can do all things through Christ who strengthens me.” (Philippians 4:13). This is known as holistic discipleship when we become disciples of Jesus. In this we gain a new holistic lifestyle.



BY MELVYN BROWN

THE SOUL. Lay disciples can help people in the parish in areas of social, emotional, physical and spiritual life, after all, the people make the Church... the people come first, especially in relation to keeping their soul in connection with God. We truly become the holistic disciples of Jesus. Rational thinking keeps the human soul safe.

Jesus Christ was sent by His Father to be the Sacrificial Lamb for the sins of man, and to redeem them by way of salvation giving hope of eternal life. Almighty God had the divine plan to journey to earth and to assess man's weaknesses to material desires and spiritual teachings. Jesus Christ is God. “When you see me you see the Father.”

Christ is the High Priest. He is the Healer, the Shepherd, the Redeemer and the Sacrificial Lamb, all of this bound with the holistic compassion of Teacher, Missionary, Evangelizer and

the one true God. The wisdom of Jesus is not our way of thinking.

Jesus had said, “Beware of the leaven of Pharisees and Sadducees?” It was only much later when they understood the holistic truth in His words. Jesus had warned them of the teachings of the Pharisees and Sadducees (Mat.16.11-12).

Christ the Saviour, is the teacher of life. He helps to make the penitent part of the New Testament, shows him the form of holistic compassion as a preparation for the coming life after this life.

St. Paul, in his letter to the Colossians says: “Let the message of Christ dwell in you in all its richness.” (Col.3. 1-16).

Let us teach Christians and the faithful the meaning of compassion as it can be a blessing. Think more about God and His Mother Mary, and eternal salvation. Think, as the Lord God teaches us in a holistic manner.

## Thanksgiving

May the Sacred Heart of Jesus be Praised Adored, Glorified and Loved today and everyday throughout the world, now and forever. Amen!!



Ask St. Clare for three favours two impossible and say nine Hail Mary's and the above prayer for 9 days with a lighted candle and publish on the 9th day your request will be granted no matter how impossible it is

—Kalpana M. Mulund

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