

NEW BLAME GAME - Scourge of the Pandemic

By Ladislaus Louis D'Souza

History is replete with instances of European powers vying with each other to colonize weaker, underdeveloped nations by engaging them on the battlefield, shrewdly applying the then highly effective strategy, *Divide and Conquer*. Coming from the Latin *divide et impera*, in politics and sociology, the term 'Divide and Conquer' denotes appropriating and consolidating power by breaking up larger military concentrations into fractions that individually have less power than the one implementing the strategy. This principle was fully exploited by sovereigns like Philip II of Macedon, Julius Caesar of Rome, Emperor Napoleon Bonaparte of France and others, Napoleon clubbing it with the maxim *divide ut regnes*, i.e. *Divide and Rule*, a governing tactic by which the sovereign controls subjects, populations and victims of factional rivalry, who collectively might otherwise could ably oppose his rule. **This tactic of course was perfected by British rule in India [1757-1947], a legacy that has continued ad nauseam not merely in its linguistic fragmentation and the divisive religious polarization prevalent today but in the marauding Coronavirus.**

Deathly practitioner in action!

Strangely, a tiny virus that spun out of control sometime in the year 2019 has emerged as the practitioner *par excellence* of a combination of the '*divide et impera*' and '*divide ut regnes*' maxims, running riot over countries big and small, claiming victims with unprecedented force and speed particularly in its second wave, nations pointing fingers at China as being the originator of the virus, and India foolishly claiming to have outdone other countries in both banishing the virus and exporting vaccines to developed countries. While the country as a whole witnessed pathetic scenes resulting from an acute shortage of oxygen, medicines, vaccines, hospital beds, ambulances, burial space, crematoria, fuel and suchlike, states shut their borders and imposed quarantining, each ostensibly preventing the entry of the contagion from the other, fingers pointing openly at the central government over its ineptness and the govern-

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US Government lambasts India on Freedom of Religion

About two weeks ago, on 12 May 2021, the US Secretary of State Antony J. Blinken released in Washington the '2020 International Religious Freedom Report.' This official annual report of the US Government details the status of religious freedom in nearly 200 foreign countries and territories and describes U.S. actions to support religious freedom worldwide. Mandated by the International Religious Freedom Act of 1998, this report highlights the fact that 'religious freedom is both a core American value and a universal human right'.

Releasing the Report, Secretary Blinken said, "religious freedom, like every human right, is universal. All people everywhere are entitled to it, no matter where they live, what they believe or what they don't believe. Religious freedom is co-equal with other human rights because human rights are indivisible. Religious freedom is not more or less important than the freedom to speak and assemble, to participate in the political life of one's country, to live free from torture or slavery or any other human rights. Indeed, they're all interdependent. Religious freedom can't be fully realized unless other human rights are respected. And when governments violate their people's right to believe and worship freely, it jeopardizes all the others. And religious freedom is a key element of an open and stable society. Without it, people aren't able to make their fullest contribution to their country's success. And whenever human rights are denied, it ignites tension, it breeds division. As this year's International Religious Freedom Report indicates, for many people around the world, this right is still out of reach. In fact, according to the Pew Research Center, 56 countries encompassing a significant majority of the world's people have high or severe restrictions on religious freedom."



BY FR. CEDRIC PRAKASH SJ

India figured high up in the group of '56 countries' which were referred to. On all counts, India is one of the very few democracies in the world today which pays scant attention to the religious freedom of her people – almost on par with dictatorial regimes. A real disgrace on the international forum! The particularly long section on India is a scathing attack of how the Indian Government has been denying religious freedom to its minorities. In the Press Briefing during the release of the Report, Dan Nadel, Senior Official from the Office of Religious Freedom responding to a question on India said, "with respect to India first, we do regularly engage with Indian government officials at all levels, encouraging them to uphold human rights, obligations and commitments, including the protection of minorities in keeping with India's long tradition of democratic values and its history of tolerance. And the best way to address that is to engage in that direct dialogue between government and civil society, including religious communities. So, with respect to India, I think there's genuine opportunities there for the government to address some of the concerns they hear from Indian civil society, through a greater dialogue and engagement".

The 'Executive Summary' on India provides a detailed and in-depth coverage of the systematic, consistent attacks and human rights violations on the religious minorities (particularly the Muslims and Christians) and also on the Dalits. The report includes the actual happenings together with the date and other relevant information. A significant highlight is the communal violence which took in New Delhi in February 2020 in which fifty-three people were killed and several hundreds were injured – and most of them were Muslims. This violence was definitely State-sponsored. The Report noted quoting

Human Rights Watch, "Witnesses accounts and video evidence showed police complicity in the violence, Muslim academics, human rights activists, former police officers, and journalists alleged anti-Muslim bias in the investigation of riots by New Delhi Police."

The Report also highlighted the way Muslims were targeted when the pandemic COVID-19 broke out in India; hateful rhetoric during pandemic focussed on the Islamic Tablighi Jamaat organization which had organised an international meeting in Delhi. The Tablighi was held responsible for spreading the coronavirus and there was constant use of the words "terrorism" and "Corona Jihad" by the members of the ruling Bharatiya Janata Party (BJP) and some of the mainstream media outlets. The Report minces no words when it notes, "There were reports of religiously motivated killings, assaults, riots, discrimination, vandalism, and actions restricting the right of individuals to practice and speak about their religious beliefs"

The anti-CAA protests which rocked the country from the time the Government passed the Citizenship Amendment Act in mid-December 2019, also found prominent space in the Report. It stated that, "Parliament passed the CAA in December 2019 to provide an expedited path to citizenship for Hindu, Sikh, Buddhist, Jain, Parsi, and Christian migrants from Pakistan, Afghanistan, and Bangladesh who had entered the country on or before December 31, 2014. Similarly situated Muslims, Jews, atheists, and members of other faiths from these three countries were excluded from the CAA. As of late 2020, the government had not yet enacted rules to implement the CAA. Domestic and international media, NGOs, religious groups, intellectuals, and some political parties criticized the exclusion of Muslims from the legislation, spark-

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99, Perin Nariman Street, Fort, Mumbai - 400 001.

Mobile: +91 9820485389 / 9820473103

E-mail : secular@sezariworld.com / seculardivo@gmail.com

Website: www.sezariworld.com

Editor: LAWRENCE COELHO

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ment accusing opposition parties of politicizing the issue. *Divide, conquer and rule* at its best!

Families divided . . .

Several social initiatives aimed at alleviating the COVID-19 effect have sprung up – helplines catering to medical assistance, food, finance, emotional needs etc, the Catholic Church commendably in the vanguard. Nevertheless, the one issue that both church and society have probably overlooked is the effect of untimely Covid-deaths on the families and other loved ones of the deceased. Instead of fretting about identifying the poor who need the assistance offered, the Church needs to analyse and dissipate the trauma of the bereaved. At the peak of the first COVID-19 wave, David Kessler, expert modern-day American thanatologist [*thanatology: scientific study of death and the losses accruing thereof*] who concentrates on hospice, palliative care, grief and loss, following death as he does wherever it may occur, applied the five stages enunciated by Elisabeth Kübler-Ross [late Swiss-American psychiatrist], to responses to the virus, as follows: "There's **denial**, which we saw a lot of early on: *This virus won't affect us*. There's

anger: *You're making me stay home and taking away my activities*. There's **bargaining:** *Okay, if I social distance for two weeks everything will be better, right?* There's **sadness:** *I don't know when this will end*. And finally there's **acceptance.** *This is happening; I have to figure out how to proceed*. Acceptance, as you might imagine, is where the power lies. We find control in acceptance. *I can wash my hands. I can keep a safe distance. I can learn how to work virtually*" (Harvard Business Review, 23 March 2020).

As families and neighbourhoods grapple with the after-effects of both individuals and entire families being wiped out, COVID-19's *divide, conquer and rule* strategy is further becoming evident in the blame game making the rounds of various quarters, part of the exercise including repeated postmortems of the *how-why-where* of the entry of the virus *per se*. Sadly, the gullible tend to get swayed by irrational theories all out to rend the fabric of peace and unity, be it in families or in housing societies. Essentially, the point of the Kübler-Ross theory is, we need to get those bereaved to open up—something that of course doesn't happen of its own accord. **We need our priests to actually talk about it from the pulpit so that the hurt-**

ing, suffering members of Christ's Mystical Body may experience his healing touch.

Need of the hour....

Urgently needed is the will to acknowledge the truism of what common sense dictates, viz that a pandemic is an epidemic that has unwittingly attained universal proportions, a worldwide phenomenon that clearly respects no boundaries and nationalities, leave alone recognizing differences between picnic spots and pilgrim centres, between markets and housing settlements, or even between highways and streets!

If we, irrespective of our educational qualifications and our supposed social status, are to retain our sanity until and after the virus has ceased, what with its variations springing up in a myriad forms at unexpected pace and places, we need to pull ourselves together and, adopting a conscientious attitude towards the entire issue, rationalize our analysis of the situation. That alone will enable us to stop the mindless blame game and save family relationships, in the process enabling each other to come to terms with reality.

ing widespread protests. Activists, NGOs, and political parties filed petitions against the CAA on the grounds that it added a religious qualification to the country's historically secular citizenship laws. None of the more than 100 legal challenges had been heard by the Supreme Court as of the year's end. Commentators, members of some political parties, and activists said the CAA was part of an effort to marginalize Muslim communities throughout the country. They also questioned delays in hearing legal challenges to the legislation. The government stated the legislation facilitated naturalization for refugees from religious minorities who had fled neighboring countries due to religious persecution and that Muslims could also apply for citizenship through other mechanisms".

India has also gained notoriety with its anti-conversion laws which are clearly violative of Article 25 of the Constitution which guarantees every citizen the freedom to preach, practise and propagate the religion of one's choice. Perhaps the only democracy in the world which violates not only the rights of her people but also Article 18 of the Universal Declaration of Human Rights. On the anti-conversion laws which exist in some States the Report states, "Ten of the 28 states in the country have laws restricting religious conversion: Arunachal Pradesh, Chhattisgarh, Gujarat, Himachal Pradesh, Jharkhand, Madhya Pradesh, Odisha, Rajasthan, Uttar Pradesh and Uttarakhand. Chhattisgarh, Madhya Pradesh, Uttarakhand, and Uttar Pradesh prohibit religious conversion by "force," "allurement," or "fraudulent means" and require district authorities to be informed of any intended conversions one month in advance. Himachal Pradesh and Odisha maintain similar prohibitions against conversion through "force," "inducement," or "fraud," and bar individuals from abetting such conversions. Odisha requires individuals wishing to convert to another religion and clergy intending to officiate at a conversion ceremony to submit formal notification to the government". In 2021, some States including Uttar Pradesh, Mad-

hya Pradesh and Gujarat have introduced anti-conversion laws which are several times more draconian than the existing ones. It would be interesting to see what the US Report 2021 on India's freedom of religion would contain.

The Report also details other areas where minorities are selectively targeted solely because of their religious beliefs; these include the Prevention of Cow Slaughter Act and the amendments to the Foreign Contributions Regulation Act (FCRA). In October, the Allahabad High Court in Uttar Pradesh ruled that the state Prevention of Cow Slaughter Act "was being misused against innocent persons" and granted bail to a Muslim individual arrested under the act. One key point in the Report was its reference to Fr. Stan Swamy when it states, "On November 5, a National Investigative Agency (NIA) court in Mumbai extended the detention of Stan Swamy, a Jesuit priest and 84-year-old social activist, on sedition charges in connection with a violent demonstration that resulted in several deaths. NIA officers arrested him on October 8 at his residence on the outskirts of Ranchi, Jharkhand, and his communication with others during detention was strictly regulated. Swamy remained in jail at year's end." After languishing in the Taloja jail for almost eight months, on 28 May, Fr Stan was finally allowed by the Bombay High Court the possibility to be admitted to the private Holy Family Hospital in Bandra for fifteen days for urgent medical treatment to address his deteriorating health,

Interestingly, more than a fortnight after the US State Department released this Report, the Government of India has not bothered to comment on it, leave alone issue a rebuttal; besides none of the mainstream media (most of it is still highly 'godified' – mouthpiece of the Government) have thought it necessary to make it part of the news. The 'bhakts' in the US – who enjoy freedom there and send money 'home' to help the fascist agenda of Hindutva to thrive in India – have not shown a whimper of protest. Truth is certainly hard to hide! A few weeks earlier on 22 April, the US Commission for International Religious

Freedom (USCIRF) released its Annual Report 202. The Report said that, "religious freedom conditions in India continued their negative trajectory. The government, led by the Bhartiya Janata Party (BJP), promoted Hindu nationalist policies resulting in systematic, ongoing, and egregious violations of religious freedom." It particularly noted the passage of the "religiously discriminatory" Citizenship Amendment Act. The report indicated that there was seeming police complicity in the Delhi riots; adding, "At the beginning of the COVID-19 pandemic, disinformation and hateful rhetoric—including from government officials—often targeted religious minorities, continuing familiar patterns." Further, the report alleged that "government action including the acquittal of all individuals accused of demolishing the Babri Masjid Mosque—as well as government inaction to address religious violence contributed to a culture of impunity for those promulgating hate and violence toward religious minorities".

The recommendations on India by the USCIRF to the US Government were scathing, which included:

- i. That India be designated India as a Country of Particular Concern (CPC) for engaging in and tolerating systematic ongoing, and egregious religious freedom violations.
- ii. Those targeted sanctions be imposed on individuals and entities responsible for severe violations of religious freedom by freezing those individuals' or entities' assets and/or barring their entry into the United States.
- iii. That the administration advances the human rights of all religious communities in India and promote religious freedom, dignity and interfaith dialogue through bilateral and multilateral forums and agreements.
- iv. That ongoing religious freedom violations be condemned and support religious organizations and human rights groups being targeted for their advocacy of religious freedom.
- v. That the US Congress should continue to raise religious freedom concerns in the U.S.-India bilateral relationship by hosting hearings, writing letters and constituting Congressional delegations.



Time to prepare for a third Covid wave

Speculation is rife these days over a third Covid -19 wave, expected to hit the country during the months July- September, which is said to be worse than the previous two and could prove disastrous to children. While we are still in the midst of the second wave, battling hard to breathe and stay alive, it is yet to be ascertained whether the warning bells sounded by eminent epidemiologists and medical experts is more of a cautionary signal or an impending disaster waiting to unleash itself once again. We in Goa are still paying a heavy price for the govt's cavalier and lackadaisical attitude in tackling the second wave, when there were enough straws in the wind to indicate the galloping rise in the number of daily Covid positive cases in the state. Hundreds of lives could have been saved, had the Goa govt prepared a contingency plan with adequate infrastructure for hospitalisation and a properly-managed healthcare system for the treatment of Covid patients, with life-saving medicines and equipment. Sadly, all this was missing, as patients continue to die. even today. This is true in other states as well. We cannot afford to make the same mistakes again and play with the lives of people. It is therefore necessary for every state govt, to draw up a plan of action to tackle the third wave and remain in readiness, before we are caught napping once again. And with the increasing number of cases and deaths caused by the black, white and yellow fungus, we are faced with an even more challenging and daunting task of saving

precious lives.

—A. F. Nazareth,
Alto Porvorim, Goa

COVID - A Game of Numbers?

According to a news report in today's newspapers, the External Affairs Minister S Jaishankar has said that there is "a political effort" to depict the current government in India in a certain way and there is a difference between the political imagery that has been "concocted" and the actual governance record. These remarks were in response to a New York Times report that said India's Covid deaths were severely undercounted and underreported and possibly three times the official 3 lakh count. Understandably, this report had rattled the government of India. Perhaps, there is an element of truth after all, in the New York Times report.

The government on their part should review the handling of the pandemic. There is little doubt that the whole pandemic has been mismanaged right from the very start - the unnecessary publicity events, the sudden national lockdown, the huge religious gatherings, massive election rallies, lack of medical infrastructure, the list can go on.

The government is visibly upset about the numbers. For the government and for our politicians of course, everything is a game of numbers, whether it is the number of Covid deaths, the number of positive or negative cases, etc., or whether it is the number of MPs or MLAs they have with them. Or how many MPs or MLAs a party can purchase in order to

form a government or bring down an elected government. For far too long, it's been about numbers, can we talk about hearts?

It's time we all come down to the realisation that human beings are not numbers, they have emotions. Every single life lost, either to COVID or otherwise, is important. The next of kin feel the sorrow of every member of the family that has deceased. It pains the heart. The authorities need to understand that the entire family life is disturbed on account of the death of a spouse, a daughter, or a son or mother or father. Several children and infants have been orphaned on account of the death of their parents. And finally, who pays? And can money compensate for the loss of human lives? All the money & wealth in the world cannot bring back the dead to life. That is the sad reality!

— Melville X. D'Souza
Orlem, Malad West.

Abp Leopoldo Girelli
Apostolic Nuncio to India & Nepal

Respected Nuncioji,

We have just received the long awaited news that you arrived at New Delhi airport early this morning. A sincere and warm welcome to India that has given birth to major world religions like Jainism, Buddhism, Hinduism and Sikhism; and welcomed Christianity long before most of Europe did.

The Catholic community in India, and the laity in particular, is greatly relieved at your coming, as we have remained orphaned for the last nine months, with your office remaining vacant, even though the Charge d' Affairs did a commendable job in the interregnum.

There are many pressing issues that the Vatican needs to address in India. However, we will leave that for later. For now, a renewed welcome. BENVENUTO SUSWAGATHAM.

Respectfully,
chhotebhai
CONVENOR
INDIAN CATHOLIC FORUM

Why Don't We Trust Science Anymore?

by Don Aguiar.

People won't believe the government will lie to them, they don't believe the government would ever do anything that will harm them, but the governments are doing such things. The need is to do a little research on the covid-19 vaccine to know if the below will come true. Where did our labs get the sample from? Where did they buy it from? Look at the timeline of production.

1. What you get when cigarette companies fund research?
2. What you get when Agro-industry

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Short of declaring India as a CPC, the US State Department Report seems to have integrated several of the recommendations of the USCIRF. On expected lines. the Indian Government rejected the USCIRF Report. A spokesperson from the Ministry of External Affairs went on the offensive saying, *"Our principled position remains that we see no locus standi for a foreign entity to pronounce on the state of our citizens' constitutionally protected rights"* So why has the Government of India has not responded to the State Department report is a big question! India cannot be selective in its foreign policy: buying rafale jets from France or arms and ammunition from the United States is also an 'interference' in the internal affairs of our country; the Prime Minister going to Texas to canvas for Trump for another term of Presidency is also 'interference'; hypocrisy, one-sidedness and double talk only lays bare the insidious agenda of a fascist regime.

India's foreign minister is currently in the United States and was absolutely pathetic when he stated, that India is being maligned on the international stage A sad joke indeed! Yes, India is being maligned by those who rule the

funds research? Green, white and blue revolution?

3. What you get when big oil funds research? Distraction that meat is the enemy, cooking with wood is the enemy?
4. What you get when big pharmacy funds their research?

Vaccines and the pharmacy mafia who got government to not hold them liable for deaths, through legislation. Welcome to the real hell created by the greedy and the ignorant who furthers their agenda. With such a system, here is an example of what they

country today: who are unable to meet the basic health needs of the people, who waste tax-payers money constructing a grandiose Central Vista, who destroy the environment, like the pristine Lakshadweep to help crony capitalists to profit, who use religion to keep people divided, who spew venom and hate on the minorities... and much more! In a systematic and pernicious way, the regime and their henchmen have attacked and destroyed all that is precious in India: Constitutional Rights, democratic values and the pluralistic fabric.

The US State Department's '2020 International Religious Freedom Report' – should be an important reminder to the ruling regime that in a democracy, the freedom of religion is not only a right but also sacred. In the words of Mahatma Gandhi, *"I do not expect India to develop one religion, i.e., to be wholly Hindu, or wholly Christian, or wholly Muslim, but I want it to be wholly tolerant, with its religions working side by side with one another."*

Whether those in power have the ability to listen and the courage to change – is another question!

**(Fr Cedric Prakash SJ is a human right, reconciliation & peace activist/writer. Contact: cedricprakash@gmail.com)*

could make people believe.

Logic dictates, in the absence of knowledge, ignorance is bliss. AND Science of Humanity has proven studies to provide more than sufficiently that a feeling of bliss is more beneficial to Human immunity than the feeling of fear. Fear which is all that is published, promoted and spread by both governments and media from the inception of this so called #PlannedDemic.

They invent a story that is about a virus and its variations, its mutations over time and make sure they embed it through the captive media, make sure that no one can counter it by censoring alternative sources, then people are now familiar with this idea that this virus mutates, which it does, and that it produces variants, which is true as well, which could escape your immune system, and they got a cure.

Governments and their advisers are lying to you that variants are different enough from the current virus that, even if you're immune from natural exposure or vaccination, you're a risk and you need to come and get this vaccine.

According to Dr Michael Yeadon, Pfizer's former Vice President and Chief Scientist for Allergy & Respiratory who spent 32 years in the industry leading new medicines research and retired from the pharmaceutical giant with "the most senior research position" in his field who says that -

There is "no possibility" current variants of COVID-19 will escape immunity. It is "just a lie."

Yet, governments around the world are repeating this lie, indicating that we are witnessing not just "convergent opportunism," but a "conspiracy." Meanwhile media outlets and Big Tech platforms are committed to the same propaganda and the censorship of the

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truth.

It's a fallacy this idea of asymptomatic transmission and that you don't have symptoms, but you are a source of a virus. That lockdowns work that masks have a protective value obviously for you or someone else, and that variants are scary things and the need to close international borders in case some of these nasty foreign variants get in. Our entire national policy is based on these all being broadly right, but they are all wrong.

Very significant powerbrokers around the world have either planned to take advantage of the pandemic or created the pandemic because dozens and dozens of governments are all saying same sort of future script, the same lies and doing the same inefficacious things which is, 'We don't want you to move around because of these pesky "variants"— 'don't worry, there will be "top-up" vaccines that will cope with the potential escapees,' that demonstrably cost lives. But why?

Pharmaceutical companies have already begun to develop unneeded "booster" vaccines for the "variants." The companies are planning to manufacture billions of vials, in addition to the current experimental COVID-19 "vaccine" campaign.

Regulatory agencies like the U.S. Food and Drug Administration and the European Medicines Agency, have announced that since these "top-up" vaccines will be so similar to the prior injections which were approved for emergency use authorization, drug companies will not be required to "perform any clinical safety studies.

Thus, this virtually means that design and implementation of repeated and coerced mRNA vaccines "go from the computer screen of a pharmaceutical company into the arms of hundreds of millions of people, (injecting) some superfluous genetic sequence for which there is absolutely no need or justification.

Here from a 1981 book by Bilderberger Jacques Attali is an example of the Elite's mind-set:

"The future will be about finding ways to reduce the population..... of course, we will not be able to execute people or build camps. We get rid of them by making them believe it is for their own good.... We will find or cause something, a pandemic targeting certain people, a real economic crises or not, a virus affecting the old or the elderly, it doesn't matter, the weak and the fearful will succumb to it. The stupid will believe in it and asked to be treated. We will have taken care of having panned the treatment, a treatment that will be the solution. The selection of idiots will therefore be done by itself: they will go to the slaughterhouse alone."

The science of virology is such that the immune system creates a defence only for a weakened germ. And not the full blown germ.

A vaccine has a weakened germ that one may want to get immune to. Like small pox. The small pox is weakened with preservatives. That is given to you and your body prepares antibodies and a program code in the RNA to tackle that germ. The covid-19 vaccine is not a vaccine. It's an mRNA program with synthetic code to program your gene. Like Alzheimer's or whatever degenerative code is in that, is not a vaccine at all.

For the first time in the history of vaccination, the so-called mRNA vaccines of the latest generation directly interfere with the patient's genetic material and therefore alter the individual genetic material, which is genetic manipulation, which was already prohibited and was previously considered a crime. Hence are the experimental injections of genetic presented to us as vaccines really safe?

The so-called mRNA vaccine being given for coronavirus is not a coronavirus vaccine! It was always the pathogen itself - a microbe or virus that was

killed or attenuated, that is, weakened - and introduced into the body in order to produce antibodies. It is part of the newest group of mRNA allegedly "vaccines". Once inside a human cell, mRNA reprograms normal RNA / DNA, which begins to make another protein.

That is, it is an instrument of genetic influence. Gene weapon! And the survivors will become GMOs (genetically modified organisms)! That is, nothing to do with traditional vaccines!

Following the unprecedented mRNA vaccine, the vaccinated will no longer be able to treat the symptoms of the vaccine in an additional way.

Vaccinated people will have to come to terms with the consequences, because they can no longer be cured by simply removing toxins from the human body, as in a person with a genetic defect such as Down syndrome, Klinefelter syndrome, Turner syndrome, genetic heart failure, haemophilia, cystic fibrosis, Rhett syndrome, etc.), because the genetic defect is forever!

This clearly means: If a symptom of vaccination develops after mRNA vaccination, no therapist can help you, because DAMAGE CAUSED BY VACCINATION WILL BE GENETICALLY Irreversible.

In the meantime - The coronavirus is constantly mutating and there is still uncertainty about how much vaccines can protect against the emerging variants. Keeping in mind that the virus is very clever and keeps mutating, we cannot say what will be the protection from vaccines as far as new emerging variants are concerned.

Why are they doing this and not trusting science anymore? Since no benign reason is apparent, the use of vaccine passports along with a "banking reset" could issue in a totalitarianism unlike the world has ever seen. Recalling the evil of Stalin, Mao, and Hitler, "mass depopulation" remains a logical outcome.

Customer Is King

Customer is King” is an age-old business mantra accentuating the importance of customers (and would-be customers) in every business. Traditionally, this rule usually entails a company's promise to provide good customer services to keep them in good stead and well and keep the customer base forever by keeping a close, cordial and courteous relationship. Customer is King is an age-old business mantra accentuating the importance of customers in every business. Whatever industry you are in, whatever business you are into, your customers and would-be customers will always be one of your most valuable stakeholders. How well you treat them will always have an impact on your business. So one simple piece of advice I could give businesses these days is to never treat your relationship with your customers as transactional but a long term relationship that needs to be sustained.

You are probably looking forward to expanding your business. This is possible but you should understand that the decision should be made after considering the opinion of your customers. Yes, the “customers are business”, and the have equal say as the owner. In fact customers are the rulers in the business world, but not the owner. The victory or the downfall of the customers depends on your customers. Always ensure you provide good customer services to your customers lest you want to say goodbye to success in your business.

It is not easy to attract and keep the same customers. It takes a lot to attract clients into your business and losing them would be the last think you can ever think of. Once you have managed to get customers, you focus should now be on how to make them stay rather than how you will acquire new ones. In many cases, people ne-

glect the already existing customers while trying to attract new ones. And most of the time they end up double-losing. Not getting new clients and losing the existing ones. Always have in mind that your customer is your boss and be the best service provider they can ever get. Most importantly develop communication with your customers. This will surely keep them around all the time.

So, we have to play ducks and drakes with our clients to keep aloft our hopes and maintain a healthy relationship. Customer relies on Quality: You cannot give anything to your customer; for retaining them, you need to lure them with the quality product. Never offend your customer: One should never mess with their customer as they have got a very powerful tool -word of mouth. Negative publicity can prove to be a curse to your business. Always make your service accessible: Customers likes to be treated royally. Therefore, your service should be always at their disposal. Never tell your customer what to do: No king would accept if they are being told or directed. The same is applied to today's customers as well. Gone are those days when customers were easily manipulated. Now the customers demand not seek for the direction of what to buy and what not to.

Ten years ago, the financial services (FS) industry was a very different place to operate in for IT outsourcing vendors. With a conservative, traditionalist approach to hiring external suppliers, outsourcing in any form was placed low down on the list of priorities for FS decision makers. Today, however, it's a different story entirely, with the financial services sector now commonly perceived as the biggest consumers of IT outsourcing in industry today. Traditionally, banks in particular, would rarely engage with cus-



C.K. Subramaniam



tomers beyond promotional activity for specific products. In an industry that has never been so competitive and tough, the banking sector has been forced to wake up to the importance of building a relationship with its customers if they are to thrive.

But take the case of a franchise like Amazon. They have captured the entire empire through their efficient and value added services for several years. An their business meetings are most interesting and enchanting. They value customers to the maximum and their return policy is one such offer, which provides a chance to return the product you ordered, if you do not like it in any way. Again, when the meeting is on with executives, there will be one empty chair meant for customer. The presumption is that the customer is just watching the proceedings and the move in the meeting is to cater to the needs of the client. It is time to provide value added products even in small business as well. When you go in for sale of phenyl the client will ask for broom or brush to clean the floors. So value added service is most important in a business.

The perfect storm of increased competition, a struggling economy and demand from customers for new value-added services will continue to prompt banks and brokerages to outsource many business-critical functions, from back-office systems to infrastructure management. Clearly, when third party suppliers are concerned, there'll always be an element of uncertainty

(Contd.. on p. 9)

(Contd.. from p. 8)

amongst banks, in particular, and it's clear that these leopards won't necessarily change their spots completely overnight. Despite this, it seems clear that, for both vendors and end-users, when it comes to IT outsourcing in the financial services industry, the customer is, and will continue to be, king!

A lot of companies which uses customer service as a tool to rectify the customer complaints, they overlook the things which are essential to make customers happy. In today's marketing world where customer is the reason any business survives, it is really very critical to satisfy customers' needs and keep him delightful so that he is advocate for the customer. In other language he is one who recommends the company. Customers today want the very most and the best for the every rupee he spent, and on the best conditions. Only the individuals and companies that provide extremely exceptional products and services at reasonable prices last.

When you serve in banking service the Management information Systems play a pivotal role. When I was providing cash management service to Maruti Suzuki Limited the project manager would like to know early in the morning the state wise sale of Maruti cars, according to colour and model at his table for his perusal. The MIS provides the base for his working and the sale turnover will give a clear picture about achieving the target on daily basis.

Meeting some of a customer's demands may be expensive. But then, consumers are the one who is paying for the product. Today the firms do not leave any stone unturned to attract the consumer and gain a significant market share. The companies have started differentiating their own products with the consumers' eyes. They promise of the value to be delivered and believe in customer value proposition. But what makes customer so important to business owners?

An intelligent business owner identifies the right customer. It builds the relation with customer, keeps him delightful. Helps him in selecting by providing options and add a customer who recommends the company in right spirit. In a customer meet for bank clients, I was given the last chance to speak in the form of "vote of thanks" As a popular person in the Bank's set up I was somewhat pragmatic and purposeful in my approach towards my clients. First I begged pardon to my clients to bear with the bank for the delay in system failures during the early days when Centralised Banking Solutions (CBS) was first introduced. While concluding my talk I was very much pertinent to thank my clients and concluded the relationship between Bank and the customer is just like "Fevikol ka jode hai - Jaldi tootna nahi". In came the reply from my clients "Bilkul sahi kaha aapne" in affirmative.

Matrimonial Proposals

Proposals are invited for

Mangalorean RC Bachelor, 31 years belonging to a highly educated and very affluent family with interests in healthcare, agriculture and many other sectors, Tall, Fair, Handsome, Holding Doctorate, managing the family business in Karnataka State. (REF:MM104)

40 years Mangalorean bachelor doctor (Ph.D) Ht. 6' Wt. 75 kg Fair., Handsome. no bad habits. High affluent society well connected. Belongs to highly placed business family in Mumbai (REF:MM103)

28 years Mangalorean spinster C.A., Ht. 5'6" Wt. 49 kg Fair., Beautiful. well cultured. Affluent society. Belongs to established business family in Maharashtra (REF:MM105)

28 year Mumbai based Goan Roman Catholic Bachelor, Ht. 5' 10", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., Profession : a Banker (REF:MM109)

Vasai based affluent business family R.C. East Indian Spinster, 33, years Ht. 5' 2", very beautiful and pretty. MS General Surgeon, Doctor by profession. (REF:106)

Mumbai based now in Dubai Mangalorean Roman Catholic Spinster, 33 years, Ht. 5' 7", Fair Complexion, Edn. BMS, profession: a Senior Merchandiser (REF:107)

Mumbai based Mangalorean Roman Catholic Spinster, 29 years, Ht. 5' 4", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., C.A., Holding a managerial post. (REF:108)

Those interested in this proposal :

- Registered members of Royal Christian Family can just email us mentioning the respective ref no. and your registered no.
- Non registered Grooms or Brides are requested to upload your profile at our website www.royalchristianfamily.com and contact us on our email: royalchristianfamily@gmail.com mentioning the respective ref no. along with your registered ID.

Bombay Catholic Sabha

PRESENTS

Online Talent Hunt Competition 2021 Organised

by Training and Youth Affairs Forum

APPEAL:

Prior to February 2020, life used to be quite hectic for our children and youth with academic activities, in addition to various extra-curricular activities in their schools and colleges. However, with the COVID-19 pandemic shifting all classes online, the scenario over the past 14 months has 'locked down' our children and youth, not giving them an opportunity to showcase their talents. The 'new normal' has become the norm.

Why should we deny our children and youth an opportunity to show off their talents? The BCS has found a way to keep them engaged at home during the COVID-19 lockdown by providing a platform to allow their talents to shine forth.

The BCS Talent Competition 2021 will not only provide our children and youth a supportive platform to manifest known talent, but will also help to unearth new talent during this lockdown. The diocesan level competition is expected to attract entries from children below 10 to youth below 25 years. The last date for entries is June 7, 2021.

The grand finale is set for June 29, 2021, feast of St Paul, patron of the Bombay Catholic Sabha.

Lawrence Fernandes

Vice President

Training & Youth Affairs Forum

I. Guidelines:

- A. Contestant can participate in maximum TWO categories out of the Five.
- B. Only one video per contestant (in each category) should be e-mailed (with the full name of the contestant and parish) to bcstalent2021@gmail.com
- C. Each performance (in any category) must not exceed three (3) minutes.
- D. Usage of props allowed.
- E. The entry form & the Videos must

be submitted on the same day. Format: 16:9 ratio (landscape mode); 1080p or 720p video quality preferred & submitted in MP4/MPEG4/MOV. Videos without an entry form will not be considered.

- F. The Entry form is available at the following link: <https://forms.gle/JGvRiGu8BytryAgA9> along with the guidelines and the rules.
- G. May 31, 2021 is the date for determining the age category. In case of age-related queries/complaints, the Committee reserves the right to ask a contestant to send a soft copy of the Baptism Certificate.
- H. Last date for submitting entry form - Monday, 7th June, 2021 (11 p.m.)
- I. The Awards will be announced on 29th June 2021.
- J. The decision of the judges will be final.
- K. The Committee will not entertain any queries from contestants or others with regard to the judges' decision.

II. Eligibility:

- a) Should be a Member of the Bombay Catholic Sabha.
- b) Those above 18 years if not a Member then they have to become a Member prior to sending their Entry.
- c) Those below 18 years may fill their Parent's Membership number on the Competition form.
- d) To become a Member of the BCS, contact your unit office bearers or call BCS Central Office nos. 022 2444 6632 between 10:00 AM and 3:00 PM, Monday to Saturday.

III. Categories: Rules and Regulations + Judging Criteria:

1. Solo Singing (Vocal)

- ❖ Allowed to use "Minus One Track" or "An Accompanist"
- ❖ Decently dressed semi-casual/Formal
- ❖ Do not use any YouTube copyright material.

- Judging Criteria:

1. Accuracy of Pitching
2. Quality of Voice
3. Voice Modulation
4. Choice of Song

2. Solo Dancing

- ❖ Modestly dressed
 - ❖ Can use any theme
 - ❖ Do not use any YouTube copyright material.
- Judging Criteria:
1. Facial Expressions
 2. Body gestures
 3. Clear footwork
 4. Creativity

3. Playing any Instrument

- ❖ No background music to be played
- ❖ Decently dressed semi-casuals
- ❖ Do not use any YouTube copyright material.

- Judging Criteria:

1. Rhythm and Accuracy
2. Expression
3. Tempo and appropriate style
4. Choice of Music
5. Technique

4. Comedy Act

- ❖ Allowed to use sound track/effects
- ❖ Allowed ONLY for Age Group "16 to 20" and "21 to 25"
- ❖ Decently dressed semi-casual
- ❖ No use of Religious/Political content
- ❖ Do not use any YouTube copyright material.

- Judging Criteria:

1. Appearance and Presentation
2. Content
3. Sense of humor

5. Elocution

- ❖ Allowed ONLY for Age Group "Below 10" and "11 to 15"
- ❖ Decently dressed Semi-casual/Formal
- ❖ Should not be a song
- ❖ Do not use any YouTube copyright material.

- Judging Criteria:

1. Voice modulation and diction
2. Smooth delivery
3. Body language
4. Overall Presentation

THANK YOU AND ALL THE BEST !

Jana Kumari

When natural calamities take place and the victims ask, "But why had it to happen to me?" The answer is: Who can say? It's all God's doing! In a novel the author is the creator-God at least of his composition. The situations, he creates, the characters, he paints, the dialogues -even thoughts the characters have are his promptings! In a novel the reader cannot ask why this or that event takes place? It's in place simply because the author decided! Portuguese writer Jose Saramago says, "Already before I start writing a novel I see the characters, I hear their voices ... even their deaths..." Somebody has said an author has a third eye with which he sees things which the common man does not see with two eyes!

THE COMPOSITION

Mr. Raymond Machado in his latest novel जाना कुमारी Jana Kumari has composed the story in a creative way. Many times the reader asks himself, "But why this way?..." 'Jana Kumari' continues the story from the author's earlier novel titled कोपात Kopat (God-father). Both are written against the background of Vadval community of Vasai. In Kopat, Emanuel the hero was working on a cruise ship 'Sea Palace'. The ship got drowned in a cyclone. He was lost. Even after a long search the cruise company could find no trace of him. He was taken for dead.

Jana was a simple girl brought up in the traditional Wadval family with the rustic society of Vasai of 20th century. Just after two years of marriage she lost Emanuel. Refusing to remarry a widower she undertakes to bring up her son Johnson and give him the best of education singlehanded. At the same time hoping eagerly to receive the news one day that Emanuel is alive and coming home! But all in vain! Finally after 13 years of waiting she is persuaded to marry Mr. Stanislaw Saldanha of Vile Parle. Both were on their monthly visits to their sons, boarders in Don Bosco school, Lonavla. Mr. Stanislaus Saldanha, like Jana, was a single parent of his son Ryan. He has been deserted by his wife. Both Jana and Stanislaus

being conscientious parents and lonely in life are drawn closer and finally get married. Fantastic union isn't it? Jana gets husband, Stan gets wife, Ryan gets mother and Johnson gets a father! God is great -nay the author! To prepare simpleton Jana who was awaiting her beloved Manya, to marry another man, that too a divorcee with a teenage son Ryan was a big job for the author! He does it smoothly. They get married.

The next difficult task was to take Johnson to Cuba to discover his father. Emanuel was living in Cuba. He had lost his memory in the cyclone at the sea. He was remarried and living with a family! Emanuel recovers his memory just by hearing a phrase in Wadval 'तुमी कट्रो?' Tumi katshe? (Where are you from?). The dialect has a deep effect in our subconscious mind.



Fr. Michael G. Vasai

In his vacation Johnson brings Emanuel with his 'Kajha Hamel' family to India. Thus he dares to bring Jana, Stanislaus, Ryan, Emanuel with their newly established families, Saldanha, D'souza, Garerro, and Kajha Hamel together face to face and convinces them all to accept the strange situation and continue to live their present life happily! The end of the novel is full of surprises that increase the curiosity of the readers. Johnson gets a Cuban girl Tania, who loves him madly. The author not just brings the international group together but makes them accept one another in spite of the cultural differences and the complications of relations! He makes them part of an international family that too just in a short period of his vacation! What a godlike job!

The success of the novel lies in the story that flows so smoothly that readers are glued to it! The author, as the creator of the world of the novel has managed the 'turbulent' passage in Johnson's life pass smoothly crossing all 'hurdles of impossibility'! The story begins with Kopat ends with Jana Kumari and all live happily ever after!



LITERARY VALUE

Life on cruise ships is international! Though it is full of factual knowledge, the reader feels that the description is born after filtering it through Mr. Raymond's own life experience. Raymond as a tourism businessman has travelled all over the world. In that international world community he picks up a Cuban character Mr. Garerro. The relationship between India and Cuba is a fantastic creation.

In the novel two dialects are highlighted. Stanislaus speaks in East Indian colloquial language and Jana speaks in Wadval (वाडवल). All dialogues are minutely written.

The dialects do not have scripts of their own. They are scripted in Devanagari very accurately so that any readers can pronounce the dialects correctly. E.g. 'जबर शिक्षा अ~ ~त'. Each chapter ends with a glossary of new dialect words. Of course, like Kopat, Jana Kumari is hopefully intended to be a text book for Marathi dialects studies at the Mumbai University. Yet the novel does not become dry because it is full of imagination and a 'spontaneous overflow of emotions' is there, characteristics of good fiction.

Raymond gives good roles to priests Fr. Roger Pereira and Fr. Vilas. They act as counsellors and supporters specially to religious-minded Jana in her new ventures. The priests are reconcilers, judges and guides to the families of Stanislaus and Jana to lead the story to a happy ending. The rising hero of the novel, Johnson is an honest character. He manages hours-long parties with a single beer glass! He does not exploit the Cuban rich man Mr. Garero though there was a chance. He does not play with his girlfriend Tania. He does not hurt his parents but handles the situation very maturely and brings joy to all.

Mr. Raymond has several books in English to his credit. We hope to get many more books from him in the near future!

Blonde Men Jokes

A blonde man is in the bathroom and his wife shouts: "Did you find the shampoo?"

He answers: "Yes, but I'm not sure what to do...it's for dry hair, and I've already wet mine."

A blonde man sees a letter lying on his doormat. It says on the envelope "Do Not bend."

He spends the next two hours trying to figure out how to pick it up.

A blonde man shouts frantically into the phone, "My wife is pregnant and her contractions are only two minutes apart!"

"Is this her first child?" asks the doctor.

"No!" he shouts, "This is her husband!"

A blonde man is in jail. The security guard looks in his cell and sees him hanging by his feet.

"Just what are you doing?" he asks.

"Hanging myself," the blonde man replies.

"The rope should be around your neck," says the security guard.

"I tried that," he replies, "But then I couldn't breathe."

An Italian tourist asks a blonde man: "Why do scuba divers always fall backwards off their boats?"

To which the blonde man replies: "Duh, if they fell forward, they'd still be in the boat."

A friend told the blonde man: "Christmas is on a Friday this year."

The blonde man then said, "Let's hope it's not the 13th."

Two blonde men find three grenades, and they decide to take them to a police station.

One asked: "What if one explodes before we get there?"



The other says: "We'll lie and say we only found two."

A woman phoned her blonde neighbour and said: "Close your curtains the next time you and your wife are intimate. The whole street was watching and laughing at you yesterday."

To which the blonde man replied: "Well, the joke's on "All of you" because I wasn't even at home yesterday."

— **Compiled by: Jubel D'Cruz**

Some scientists decided to do the following experiments on a dog.

For the first experiment, they cut one of the dog's legs off, then they told the dog to walk. The dog got up and walked, so they they learned that a dog could walk with just three legs.

For the second experiment, they cut off a second leg from the dog, then they told the dog once more to walk. The dog was still able to walk with only two legs.

For the third experiment, they cut off yet another leg from the dog and once more they told the dog to walk. However, the dog wasn't able to walk with only one leg.

As a result of these three experiments, the scientists wrote in their final report that the dog had lost it's hearing after having three legs cut off.

What is the longest word in the English language?

SMILES: there is a mile between the

first and last letters!"

A: Aren't you wearing your wedding ring on the wrong finger?

B: Yes I am, I married the wrong woman.

If you give a man a fish, he eats for a day.

If you teach a man to fish, he can always eat.

If you give a man a fire, he's warm for a day.

If you light a man on fire, he is warm for the rest of his life.

"Am I the first man you have ever loved?" he said.

"Of course," she answered "Why do men always ask the same question?"

A very drunk man comes out of the bar and sees another very drunk man.

He looks up in the sky and says, "Is that the sun or the moon?"

The other drunk man answers, "I don't know. I'm a stranger here myself."

Teacher: Tell me a sentence that starts with an "I".

Student: I is the...

Teacher: Stop! Never put 'is' after an "I". Always put 'am' after an "I".

Student: OK. I am the ninth letter of the alphabet.

Two cows are standing in a field. One says to the other "Are you worried about Mad Cow Disease?"

The other one says "No, It doesn't worry me, I'm a horse!"

Teacher: How can we get some clean water?

Student: Bring the water from the river and wash it.

Q: Can a kangaroo jump higher than the Empire State Building?

A: Yes, because the Empire State Building can't jump!

Q: Who earns money driving their customers away?

A: A taxi driver.

Practice yoga for a healthy, happy and fulfilling life

Celebrated on June 21, International Yoga Day celebrates the physical and spiritual prowess that yoga has brought to the world stage.

Yoga plays a very important role in our lives. It keeps us fit and healthy. However, very few people know about it.

Yoga is a panacea for all types of physical, mental, emotional, psychic and psychological imbalances. In the famous documentary on meditation --- 'Spiritual Reality: A Journey Within', many benefits of yoga have been enumerated upon. The documentary reveals how yoga replenishes and rejuvenates a yogi physically, mentally, and spiritually. In the state of perfect yoga, one receives abundant cosmic energy, which heals, energizes and rejuvenates each and every cell, nerve and organ of the physical, mental and spiritual body of a human. It cleanses the body of all its ills and toxins that might develop into some fatal ailments.

Yoga is very easy to do; basic yoga can be done anywhere. However, advanced yoga must be done under the care of an expert.

Many organisations such as Patanjali under the aegis of Baba Ramdev in India have contributed to its spread in recent times.

Yoga has become quite popular in the entire world today, especially in the western countries because of its wholesomeness.

We must practice yoga for a healthy, happy and fulfilling life. It is a wonderful alternative healing therapy for any disease.

Yoga helps in keeping our mental and physical health intact. It helps us to connect to nature. Furthermore, your body becomes more flexible after consistent yoga practice and you also develop a great sense of self-discipline and self-awareness. In short, it improves our well-being and gives us better mental clarity.

The practice of yoga is something that has the power to heal the entire

body. It is the best medicine any doctor can give you.

Yoga Day which is celebrated on June 21, came into existence in the year, 2014 with the genuine effort made by our Prime Minister Narendra Modi.

Yoga is an invaluable gift of India's ancient tradition. This tradition is 5000 years old. It embodies the unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and nature. By changing our lifestyle and creating consciousness, it can help in well being.

Yoga is more than just burning your calories and toning your muscles. It is a mind-body workout where you have strengthening and stretching poses along with deep breathing techniques to relax your mind and body. There are more than a hundred different forms of yoga. Some are fast paced and intense. Others are gentle and relaxing. Yoga is an invaluable gift of



ancient Indian tradition. It embodies the unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature and a holistic approach to health and well-being.

The word 'yoga' literally means 'union'. Through yoga, you can explore profoundly the very mechanics of life. It is beneficial if it is practiced on a daily basis in the mornings.

Yogic exercises recharge the body with cosmic energy and facilitate:

Attainment of perfect equilibrium and harmony.

Promotes self-healing.

Removes negative blocks from the mind and toxins from the body.

Enhances personal power.

Helps in attention, focus, and concentration, especially important for children.

Reduces stress and tension in the physical body by activating the parasympathetic nervous system.

Facts you did not know:

Yoga is an ancient art that originated in India almost around six thousand years ago.

Old people were used to practicing yoga and meditation in the daily lifestyle to live a healthy and robust/active life.

Yoga is very safe and can be practiced safely by anyone and at any time.

There are a total of four types of yoga: Jnana Yoga, Bhakti Yoga, Karma Yoga and Kriya Yoga.

Yoga is a therapy that helps get rid of many physical and mental illnesses slowly if practiced regularly.

Yoga is a practice to bring all body parts together to make a balance in body, mind and soul.



by Jubel D'Cruz

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GOD's LOVE for Corona Distress .

By: Ms. Tiliola (Tilly) Peris.
Mangalore .

Millions of people the world over are devastated and distressed due to Corona and the lockdown. In recent weeks all of us in India have been demoralised and seriously troubled by the lockdown; In Mumbai the commercial capital, people in all walks of life have been in grief due to deaths of near and dear and livelihoods lost, children are seriously suffering in many ways, the direct and indirect impact is incalculable and will reflect through the next ten years or more it is predicted. I am a senior lady now all by myself; known for my social awareness and concern in Mangalore. The Good LORD has for long instilled in me a deep faith and trust, making me realise that prayer and devotion to the Almighty - Father, Son & Spirit is the most dependable and holy sentiment to eliminate all want and troubles. I have always repeatedly experienced and seen others rescued from the worst troubles and trials with simple form of prayer that has been revealed to me while spending a lot of time at "RYSHIVANA" retreat centre, at Ranipura, at the picturesque Southern end of Mangalore on the South bank of river Nethravathi. With the



possible, each time it is new and more completely comforting. The Lord leads me deeper in this experience of charity, humility, detachment and concern through prayer and holiness. Mother Mary, the true contemplative who shared her son's life. In the gospel of Mark 12:30,31 the Lord says, "You shall love the Lord your God with all your heart with all your soul, with all your mind and with all your strength." The second is :

Rev Fr Alvito and Carmelite Priests at the holy place, I have gained conviction that the only path needed to be taken is : Go to the Lord almighty, yes go to HIM again and again....SIT at HIS feet, meditate sitting at HIS feet at all times; as best as you can and communicate sitting at HIS feet constantly. I am gaining much by doing this constantly.

It was God's love that took me to "RYSHIVANA "; As a result of a deep desire to spend more time with the Lord crucified, risen and now living for me. I attended Rev Fr Alvito's contemplation retreats there, many people, lay as well as religious attend his retreats and they are led to taste in-depth the contemplative journey. Ever since then I experienced a blessed thirst for prayer and spent days living in prayerful bliss in this holy place in total peace - sitting at HIS feet and a deep desire and love to spend more time sitting 'at the feet of the Lord' in silence and reading the word of God, praying, meditating and so on. Knowing that Jesus is the same yesterday, today and forever , it gives me tremendous joy, peace and happiness to happily 'sit at the feet of the Lord' in silence and to know that GOD is present and is attentive to his people.

as yourself". As a result I just surrender myself in God's hands, do my best not to get attached to anything or any persons. I hardly really knew my ABBA FATHER - I was told that the kingdom of God is within me(that is the father ,son and holy spirit) so every morning and evening I ask for the blessings of my indwelling triune God and thank for the day, followed by prayer and sitting at HIS feet in silence and peace.

I hear the LORD very clearly say again and again, "Steal time for GOD and sit at the feet of the Lord whenever possible, even if for short spells amid the humdrum of life." This is very important , it is not enough to know Jesus, but must experience HIM and then you will be happy in his company which will help you sit longer and be at HIS feet. I am sharing this my real joy so that many more people can make themselves happy and get closer to the Lord as we are all on our journey and make our lives a heaven on earth, sitting at the Lord's feet with Mother Mary's support. I specially thank God for all the blessings and graces received during my journey on earth and helping me to come closer to HIM. I thank you Father , Son and Holy Spirit, all facing trouble and trial due to any cause can be glad and happy in the LORD.

This experience to put in words is im-

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Spiritual Outreach during Covid

Often in times of distress, we turn our minds to God. The Covid19 pandemic has caused far too much of anxiety, fear, distress and trauma. Life can be difficult since the places we normally go to pray and worship are closed as right now. Deep down we are spiritual beings whether we realise it or not. Members of the clergy are doing their best to meet the challenges that require both lockdown restrictions and outreach to the faithful. However, there is themuch-needed component of compassion and empathy to alleviate suffering, and that calls for a different line of action.

As I write this article, Fr. Trevor D'Souza OFM; a Franciscan friar based in Bangalore, is busy touching scores of lives of people who are affected and broken by Covid19 in different ways. He was appointed Missionary of Mercy by Pope Francis last year.

When Covid clamped the long lockdown in March 2020, Fr. Trevor found himself having some free time. His pastoral concern sprang up and he was inspired to create an E- magazine for children for Faith formation. He got together a couple of writers who volunteered to write articles on different spiritual themes, and until today this monthly e-mag has a good online readership.

In April 2021, when Covid reached a crisis situation in the country, he began to work on a couple of spiritual initiatives. He was deeply moved by the loss of lives, people struggling desperately to get health care, hospital facilities, medicine oxygen etc. The situation reached a critical stage. The Christian community opened wide their hearts and provided food, medicines and other material support. Some provided counselling support. Except for the routine online masses said, there was not much done for the grieved as in spiritual support.

He realised that many suffered emotional trauma and spiritual loss, these people needed attention, so he began to help alleviate their unseen pain. Fr. Trevor first started conducting zoom sessions called Prayer for Protection and Healing with the blessing of Salt – Water – Oil. These sacramentals when used, bring healing and solace to the sick. We Christians believe in the efficacy of these sacramentals (protection against evil) to give the sick and others a sense of satisfaction, comfort and inner peace. As of now he has conducted such 55 plus sessions and received many healing testimonies. All glory to God!



by:
**Dr Jeanette
Pinto**

A second initiative he started is the Book of life, an Intercession ministry. Prayer we all know is the most powerful weapon in times of distress. Fr. Trevor requested people to send him their prayer requests especially for the sick/dying. He entered their names in the Book of Life, and placing it in front of Jesus in the Blessed Sacrament prayed and pleaded for God's merciful love and healing. He received around 4,000 prayer requests.

Thirdly many people due to the sudden spate of Covid deaths could not have a proper funeral or spiritual closure for their dear ones who returned to the Lord. He offered online Memorial Masses for the dead. As of now he has completed 16 Memorial Masses for 250 people and he has a long wait list to attend.

Fourthly he received pitiful desperate calls from near and dear ones of their loved ones dying, or deceased, but due to Covid restrictions, no priest was able to attend and bless the body of their loved ones; as is the Christian custom before the funeral. He uplifted them in an online prayer and blessing. He also offered Spiritual assurance and support, through counselling, and praying over the phone.

Thus, very many families felt comforted, consoled and at peace.

Spirituality is the foundation of our human existence, revolving around social, political or economic lives. By virtue of our Baptism, we Christians are on a mission – called not to ignore those who suffer, but to attend to their physical, emotional and spiritual needs. Fr. Trevor brought these sacred moments into peoples' life with his gift of empathy and single-minded devotion to His Lord and Master Jesus Christ. He spiritually reached out, responding to peoples' needs, with Christ's love and compassion; truly he has been a shepherd to the lost. God bless him!

For Information: Fr. Trevor D'Souza, OFM (Franciscan) Missionary of Mercy, St. Anthony's Friary, 85 Hosur road, Bangalore-560095 Mobile: 9481326855

The Jerusalem Code
by Chhotebhai

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chhotebhai

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Royal Christian Family MATRIMONIALS - GROOMS

7152. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in December 1989) Ht. 6', Wt. 70 kgs, Fair Complexion, Edn. B.Com., having business. Contact email : emi_dalmeida@yahoo.com

7185. MUMBAI : Goan Roman Catholic Bachelor, (Born in October 1984) Ht. 5' 10", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Bank. Contact email : shaun.neo00.outlook.com

7212. MUMBAI : East Indian Roman Catholic Bachelor, (Born in February 1991), Ht. 5' 8", Wt. 70 kgs, Wheatish Complexion, Edn. Bachelor of Arts, B.H.M.S., Luzern, Switzerland, working as a Restaurant Supervisor. Contact email : noellyn_p@hotmail.com

7206. NEW DELHI : Goan Roman Catholic Bachelor (Born in October 1995), Ht. 5' 6", Wt. 43 kgs, Fair Complexion, Edn. B.E. Computer Engineer, working as a Project Manager with Paytm. Contact email : dcosta.ria@gmail.com

7202. MUMBAI : Keralite Syrian Catholic Bachelor (Born in May 1973), Ht. 5' 6", Wt. 73 kgs, Wheatish Complexion, Edn. B.A., English Literature, Profession : Consultant Administration. Left Hand & Leg is weak due to earlier motor bike accident. Contact Email : josephmullakara1973@gmail.com

7196. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in March 1981), Ht. 6', Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., HR Professional. Contact email : denstun@hotmail.com

7183. MUMBAI : East Indian Roman Catholic Bachelor, (Born in February 1991) Ht. 5' 11", Wt. 86 kgs, Wheatish Complexion, Edn. PGDM and BMS., working as a Relationship Manager.

Contact email : ritadhawan10@gmail.com

7180. U.K. : Goan Roman Catholic Bachelor, (Born in September 1982) Ht. 6', Wt. 77 kgs, Fair, Edn. Chartered Accountant, Profession : Director Insurance Company. Contact email : russ_dsouza@yahoo.com

7164. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in May 1984) Ht. 5' 9", Wt. 65 kgs, Fair, Edn. ITI Course, working as a Technician. Contact email :

rajesh.dsz15@gmail.com

7159. MUMBAI : Roman Catholic Bachelor, (Born in September 1982) Ht. 5' 5", Wt. 65 kgs, Ethical, Healthy, Simple, Sober, Wheatish, B.E. Software Engineer, works @ Mumbai, 9224335003, mariosofttech@gmail.com seeks matrimonial alliance from Mumbai based Catholic Spinster. Please exchange relevant information.

7157. PUNE : Roman Catholic Bachelor, (Born in September 1990) Ht. 5' 6", Wt. 75 kgs, Wheatish Complexion, Edn. MBA (Marketing) & M.Com., working as a Senior Executive, Sales and Development. Contact email : amlahenry11@gmail.com

7151. MUMBAI : Goan Roman Catholic Bachelor, (Born in May 1990) Ht. 5' 8", Wt. 65 kgs, Wheatish Complexion, Edn. Masters in Marketing, Working as a Asst. Marketing Executive. Contact email : emanuelfindz90@gmail.com

7150. POONA : East Indian RC Divorcee, (Born in November 1960) Ht. 5' 10", Wt. 69 kgs, Wheatish Complexion, Edn. Graduate Engineer from CWIT University of Pune, working as an Engineer. Contact email : joeskf@gmail.com

7129. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1987), Ht. 5' 7", Wt. 60 kgs, Fair

Complexion, Edn. B.Com., working in Back Office. Contact email : roshan7687@gmail.com

7119. KUWAIT : Goan Roman Catholic Bachelor, (Born in November 1989), Ht. 6', Wt. 78 kgs, Fair Complexion, Edn. F.Y. B.Com. + 2 yrs Hotel Management Diploma. working in Kuwait. Contact email : fernandes.clayton@rocketmail.com

7118. MUMBAI : Goan Roman Catholic Bachelor, (Born in January 1981), Ht. 5' 5", Wt. 87 kgs, Wheatish Complexion, Edn. Graduate, working in Dhoha Metro, in Doha Qatar. Contact email : josephfernandes10@yahoo.com

7083. MUMBAI : East Indian Roman Catholic Bachelor, (Born in November 1985), Ht. 6', Wt. 68 kgs, Wheatish Complexion, Edn. M.Com., PGDLM, PGDSM, working as PPM & Data Engineer in Shipping Company. Contact email : ryan.intermilan@yahoo.co.in

7079. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in December 1962), Ht. 5' 5", Wt. 67 kgs, Fair Complexion, Edn. B.Com., Inter MBA, working as a Manager. Contact email : archielewis.al@gmail.com

7077. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1987), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email : leroy2266@gmail.com OR Mob: 9503282306

7040. MUMBAI : Goan Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. B.C.A., MBA Pursuing, working as a GIS Analyst in MNC. Contact email : ronaldpereira1210@gmail.com

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Royal Christian Family MATRIMONIALS - BRIDES

7065. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1989), Ht. 5' 7", Wt. 69 kgs, Fair Complexion, Edn. M.Sc., & Dip. in Clinical Research, working as Business Process Lead in TCS. Contact email : mendonca_luke@yahoo.co.in

7148 MUMBAI: Smart, goodlooking, Roman Catholic Spinster, (Born in November 1993), Ht. 5'2", Wt. 40 kgs, Fair Complexion, Edn. H.S.C., having own business. Contact email : teresa.joseph.1993@gmail.com

7219. MUMBAI : Mangalorean Born Again Spinster, (Born in October 1993), Ht. 5' 9", Wt. 61 kgs, Fair Complexion, Edn. Post Graduate Diploma in Human Resources, working as a HR in MNC. Seeks only Born Again Match. Contact email : gladfer_9@yahoo.com

7137. MUMBAI : Karnataka Protestant Spinster, (Born in January 1996), Ht. 5' 5", Wt. 54 kgs, Wheatish Complexion, Edn. B.Com., working as an Accountant. Contact email : sujatareddy209@gmail.com

7166 MUMBAI : Mangalorean Christian Parents seek alliance for their daughter, (Born in May 1992), Ht. 5'4", having completed her BCAF, presently working with MNC in Mumbai. Contact email : ste004ffy@yahoo.in

7214. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1986), Ht. 5' 4", Wt. 52 kgs, Fair Complexion, Edn. CA CFA Ms Finance M.Com., working as a Senior Manager. Contact email : rfernandes020@gmail.com

7111. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in November 1993), Ht. 5', Wt. 47 kgs, Fair Complexion, Edn. BMS., working with an MNC. Contact email : owena.dsouza@gmail.com

7199. BANGALORE : Mangalorean Roman Catholic Spinster, (Born in January 1990), Ht. 5' 2", Wt. 53 kgs, Fair Complexion, Edn. Master's in Mass Communications (NTU, Singapore) working as a Senior Manager of Corpo-

rate Communications in SINGAPORE. Contact email :

mafern.2121@gmail.com

7169 MUMBAI : Roman Catholic Spinster, (Born in September 1992), Ht. 5' 1", Wt. 50 kgs, Wheatish Complexion, Edn. MBA in Event Management. Contact email :

rosypetters74@gmail.com

7182. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1992), Ht. 5' 4", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., C.A., working as Asst. Manager in TATA Company. Contact : email :

matrimonialp27@gmail.com

7167 MUMBAI : Goan Roman Catholic Spinster, (Born in October 1987), Ht. 5' 4", Fair Complexion, Edn. BMS. M.Com., and MBA, working as a Business Analyst. Contact email : soulmateforlife2019@gmail.com

7160. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1988), Ht. 5' 7", Fair Complexion, Edn. BMS, working as a Senior Merchandiser in a Global Retail Company in Dubai. Contact email : prislobo10@gmail.com

7128. MUMBAI : Affluent business family R.C. East Indian Spinster, (Born in 12-04-1988), Ht. 5' 2", very beautiful and pretty. Edn. MS General Surgeon, Doctor by profession. Contact email : drvd2019@gmail.com

7126. U.S.A. : Mangalorean Roman Catholic Spinster, (Born in January 1992) from Mumbai, Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. B.E. (Computers) from Mumbai, M.S. (Information Systems) from US. Possesses H1B visa and is working as a Technical Analyst with an MNC in USA. Contact email : wilfyjoy1315@gmail.com or call +91 98603 02527 / + 91 9970172527

7163 MUMBAI : Tamilian Roman Catholic Spinster, (Born in December 1991), Ht. 5'3", Wt. 41 kgs, Wheatish Complexion, Edn. B.Com., PGDM in HR working as a Receptionist. Contact

email : dafrin1991@gmail.com

7149 GUJRAT : Anglo Indian Catholic Spinster, (Born in July 1991), Ht. 5'2", Wt. 60 kgs, Wheatish Complexion, Edn. MBA, PGDM., working. Contact email :

barnes.rufina@yahoo.com

7147 MUMBAI : Goan Roman Catholic Spinster, (Born in July 1992), Ht. 5'4", Wt. 65 kgs, Fair Complexion, Edn. MBA Finance, working as a Fund Accountant. Contact email :

stefsasha09@gmail.com

7161 MUMBAI : Roman Catholic Spinster, (Born in July 1986), Ht. 5'6", Wt. 62 kgs, Wheatish Complexion, Edn. B.Sc. Science, Masters in Mass Media, working as a Asst. Accounts Director. Contact email :

padmarrao@gmail.com

7108. MUMBAI : East Indian Roman Catholic Spinster, (Born in December 1990), Ht. 5' 3", Wt. 58 kgs, Fair Complexion, Edn. B.Sc. (Aviation), Ae SI (Part), AME (Aircraft Maintenance Engineer), working as a Aircraft Maintenance Engineer. Contact email : lucyann.alvares@yahoo.com

7107. MUMBAI : Tamilian Roman Catholic Spinster, (Born in September 1990), Ht. 5' 2", Wt. 50 kgs, Wheatish Brown Complexion, Edn. M.Com., working as a Commercial Executive. Contact No. 8108216595 email : jkanth74@gmail.com

7064. MUMBAI : Goan Roman Catholic Spinster, (Born in May 1988), Ht. 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. MBA, working for Private Company as an Accounts Executive. Contact email : cecrc19@gmail.com

7078. USA : Mangalorean Roman Catholic Spinster, (Born in September 1992), 5' 6", Wt. 65 kgs, Brownish Complexion, Edn. B.E. Mumbai, MS Newyork, working as a Consultant. Contact email : rcmatrimonial 2892@gmail.com

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Mangalore student wizards create Covid web help base.



Advik Hegde



Amol Mendonca

area, as much as possible, by providing all the necessary resources, with just clicking on their indigenous web link. The two Class 12 students aim to make all the essential information as easily accessible as possible, all in one website.

This web portal 'Covid Warzine' provides a clear, neatly compiled and user-friendly list of resources, which includes - List of Ambulance services, labs that conduct home COVID-19 tests, free food services for COVID positive patients, and more. Additionally, users can also avail free consultation with local Doctors by filling out a form. The website also aims to combat the rampant rise in misinformation by the inclusion of a news section, which provides live updates from the Karnataka Department of Health and Family Welfare's Twitter as well as important circulars from various government sources.

The lack of a user-friendly resource database in the city prompted the students to create this website. Created in under two weeks, they hope this website can ease the struggle of the people who are scrambling to find emergency resources in the city. The invaluable gift to people of Mangalore, during this great crisis, must be put to good use and these two wizards should never be forgotten and must be given due recognition even if they are not for it.

Amol and Advik said their parents were happy about this innovation, used by and benefiting many people. They adopted web technology already available to speed up launching. Several doctors and professionals, as well as officials obliged by agreeing to come on-board for support as needed. They are working further to improve and include better data for users and those in serious need. This is indeed a good solution and an add on with other official platforms that need support - may many be inspired.

- *Ivan Saldanha-Shet.*

Mumbai surely has dynamic tech-savvy youth who must have contributed for public welfare in this hellish Corona wave, many youth in India are contributing skills. It is worthwhile to note what two class 12 students of Mangalore achieved well in producing a competent web portal for the assistance and information of the public in this area, which has inspired a very positive outlook. Please note and use the web site "COVIDWARZONE" - www.covidwarzonedk.com

In times of disaster and emergency even knowledgeable and informed veterans can go blank and fail to muster the required assistance and support to tackle difficult situations. In Mangalore too many have experienced a void, unable to act rationally under the extreme pressures faced with regard to the critical pandemic fall out. The life saving support can only come from having the right contacts and ability to call the right people at the right time and get the right services without delay. With this in mind two bright, concerned and tech-savvy young Class XII students in the midst of their busy preparation for the final exams have done a tremendous hu-

manitarian act to save their fellow men and women of Mangalore city and have won their hearts - their efforts are ongoing.

Indeed these two frontline heroes deserve accolades and encouragement - mainly because they have been able to sensitively assess the critical needs of people in this chaotic pademc where 'everyone for themselves and God for all' seems a mindset. With authorities saddled with many simultaneous responsibilities which none is able to fully cope with and matters are uncertain on all fronts, these youth have made a gigantic effort to contribute in a sensitive and wide manner to benefit many ordinary citizens and provide valuable information to help rescue them from difficulties and darkness, a life saving portal.

Advik Hegde and Amol Mendonca of Class XII, Lourdes Central School, Bijey in Mangalore city, told local press that now India has been hit by a devastating second wave, and the pandemic. It is during this time that the people need as much help as they can get. The main objective of 'COVID Warzone', is to help the people of this

Christ's Body And Blood For The New Covenant

6th June: Feast of the Body and Blood

The epic scale of Christ's sacrifice: surrendering his Body and Blood for humankind's salvation and redemption was a singular act of divine and infinite love.

"God proves his love for us, for when we are still sinners, Christ died for us" (Rom. 5:8). Today we celebrate the Feast of Corpus Christi, the Body and Blood of Christ in the New Covenant. The Eucharist is now the richest divine legacy of our Christian faith.

But first; the sacrifice of ox in the temple, the rituals of the animal's blood as recorded in the Book of Exodus in the Old Covenant. Moses was a faithful prophet of the Lord, straightforward and responsible to God's every command and wish. Moses had written down all the words of the Lord in many things.

For example, the sacrificed oxen: Moses took half of the blood and poured it in basins, and the other half of the blood he threw against the altar. Having done this, he took the book of the covenant and read it out to the people; and they cried out, "All that the Lord has spoken we will do, and we will be obedient."

Moses, then, took the blood and sprinkled it on the crowd, and said, "Behold the blood of the covenant that the Lord has made with you in accordance with all these words." (Ex. 24:4,6,7,8.)

Christ treats the first covenant as old and obsolete. He came as the High Priest with a New Covenant. The Apostle Paul, in his letter to the Hebrews said, "Christ appeared as a High Priest of the good things that have come..." (Heb. 9:11)

Christ has entered a new temple, not of this creation; once and for all, He stepped into the Holy Place, bringing not the blood, and so, obtaining eternal redemption for all. "For it is impossible that the blood of bulls and goats should take away sins." (Heb. 10:4)

Christ had always the consciousness of His Messianic role. As a man Christ had God's knowledge and was able to teach his apostles and followers how to communicate and retain lessons to posterity. His human mind was infallible; "And by that will we have been sanctified through the offering of the body of Jesus Christ once for all." (Heb. 10:10)

The Son of God had paid an incredible price in dying for us, and so, conquered death. "...by the new living way which he opened for us through the curtain, that is, through his flesh." (Heb. 10:20)

Paul went out to further state, "We enter the sanctuary by the Blood of Jesus." (Heb. 10:19) The magnificent apparitions of St. Margret Mary shows us what was always present; that He paid an infinite price to save all men." (Fr. W. G. Most)



BY MELVYN BROWN

The price was not only for the faithful; it is for every individual. His Body and Blood in the Eucharist is a living reminder which constitutes many elements for evangelization. The words of consecration in the Roman Church never changes; the transformation of the bread and wine into the Body and Blood of Christ retains the real presence of our Lord.

To the men and women of his time, Jesus, the Messiah was a mystic encounter never to be forgotten. Hundreds of people flocked around him to hear the good news, and they followed the 'Master' as he was called by witnesses who had marveled at his words and actions.

The crowds had come from Galilee, Jerusalem, Decapolis, Judea and beyond the Jordan. Christ had taught them many things. That historic afternoon, the masses followed him to the top of mountain. Jesus sat down and gently spoke to them. His most memorial speech was, "Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them." (Mt. 5:17)

The first day of Unleavened Bread had arrived. The sacrifice of the Passover lamb was over; the disciples were busy making preparations for Christ to eat the Passover, wrote Mark in his gospel. The gospel of Matthew was infused with the details of the Last Supper – the foundation material, both spiritual and practical for the divine ritual to be performed.

"Now as they were eating, Jesus took bread, and blessed, and broke it, and gave it to the disciples and said, "Take, eat; this is my body." And he took a cup and when he had given thanks he gave it to them, saying, "Drink of it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins." (Mat. 26:26-28)

To prayerfully acknowledge, the Body and Blood of Christ, as the divine and indispensable foundation of the New Covenant, is to surrender to the divine will of God. St. Augustine once said; "Take heart and set out confidently and piously in the paths of reason. There is nothing so abstruse or difficult that it cannot become completely clear and straightforward with God's help."

Never forget; for as long as you live, to better understand the virtues and integrity of our Christian belief. In your quiet moments, praise God, and in small measures try to tell others your awesome faith. Whatever your station in life, your mission is to listen to the spirit of God. "You shall receive power when the Holy Spirit has come upon you; and you shall be my witness...to the end of the earth." (Acts. 1:8)

As a result, the Feast is celebrated in a true spirit of faith; forging a spiritual synthesis to be faithful to God and to the mission we are called to; as servant of God, servant of Christ, servant to the gospel and a servant to those he has sent.

In prayer and meditation, we can encompass His love, truth and trust. The Holy Eucharist, as of today, should be a daily bread for the grace to live life as He wills – to evangelize the Word and become an integral part of the living faith.

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