

# THE SECULAR CITIZEN

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## What's wrong with our modern society?

**HUMANS ARE SUCH** a complex species. We could not figure out the mind of a human, no matter how hard we tried

Our society has changed a lot; some of the changes are good, some bad and some are just copied from foreign influence. We are rotting from all the sides.

### **Lack of civic sense :**

You will find dirt everywhere. All the rivers are polluted, all the streets are filthy. Some people may walk half a km to dispose of waste in other countries but once in own country, they don't bother to walk even few yards. They just throw the garbage on the roads. There is no respect for discipline, none for social responsibility for laws of land.

(Read on pg.2)



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roads. There is no respect for discipline, none for social responsibility for laws of land.

## **Morality :**

This is



biggest casualty of change. Morality has totally disappeared from our society. In earlier times, people gave more respect to honest to educated people but now only powerful get the respect. No wonder now people with muscle power and political power are most respected in social life.

## **Neglecting health :**

With urbanisation, most of the time is lost in communicating, leaving very little time for exercise and taking care of health. Every third person is suffering from hypertension, blood pressure, diabetic and stress related ailments just due to this fatal negligence.



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## **Materialistic approach :**

Previously, not only money was important but how it was earned was equally important. People with dubious wealth never got any respect in public life. But a blind race to earn money by any means has now started and it led to increased corruption in the society.

Everyone is busy making money; doctors, educationists schools, hospitals, politicians, bureaucrats and even common man. Schools and hospitals have become money spinning machines. Food adulteration is rampant and to save money, industries have taken short cuts for waste disposals.

## **Unhygienic food :**

With fast-paced life, craze for fast food or junk food has also increased. Changing lifestyle and diet are now common causes of diabetic and hyper tension.

## **Absence of sense of belonging :**

This is an impact of urbanisation. Urban society doesn't make you feel that you are part of system; you are just one of thousands of people living in that township and that leaves increased isolation and hatred and no feeling for welfare of others.

## **Lack of social responsibility :**

We don't want to support social welfare programmes - we don't seem to care about sick people, vets who need medical help. We don't want to pay taxes when the taxes are going to help make roads, schools, to name a few.

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## FEAR OF CLIMATE CHANGE

By Don Aguiar

Khalil Gibran – poem – FEAR – says it all...

It is said that before entering the sea a river trembles with fear.

She looks back at the path she has travelled, from the peaks of the mountains, the long winding road crossing forests and villages.

And in front of her, she sees an ocean so vast, that to enter there seems nothing more than to disappear forever.

But there is no other way.  
The river cannot go back.

Nobody can go back.  
To go back is impossible in existence.

The river needs to take the risk of entering the ocean because only then will fear disappear, because that's where the river will know it's not about disappearing into the ocean, but of becoming the ocean.

Like the river, the NGO's and activists protesting the destructing of Aaaray, are upset at the order of the National Green Tribunal and the Bombay High Court that declares Aaaray, which are the green lungs of Mumbai, not a forest but a dairy and grazing land and hence its dense tree cover can be done away with for the Metro 3 Railway car shed. Although tree cutting is not desirable, and without considering what the consequence on the climate and the surrounding areas may be that as per the NGO's and activists will lead to massive flooding in Mumbai during the rainy season and above normal high temperatures during the summer season.

And, the NGO's and activists protesting, tremble with fear seeing in front a government that is using strong arm tactics on the NGO's and activists and is hell bent on implementing the Metro 3 Railway car shed project in Aaaray, on

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the Supreme Court upholding that the car shed can be built at Aaaray.

The NGO's and activists want to save Aaaray from this destruction and there is no way for, the NGO's and activists, to remain silent. To remain silent is impossible in existence. The NGO's and activists have taken the risk of protesting and taking legal action in order that the government does not destroy the eco system of Aaaray because only then will, we the people, as per the NGO's and activists, not fear climate change, unpredictable weather, massive flooding and so on.... It is not about being against the Metro 3 Railway project but the continuation of Aaaray being the green lungs of Mumbai.

At the recently concluded UN summit on climate change and the "how dare you speech" by the school girl – Greta Thunberg - from Sweden, our Prime Minister was in agreement with this speech as well as with those world leaders who chose to adopt necessary action to reduce climate change, carbon footprints, fossil emission, etc. and instead work towards increasing the green coverage.....

Concerned about the way the government is going about de classifying forest, rivers, etc. and reducing the green cover and increasing carbon footprints - students of Assam asked our Prime Minister about climate change and its consequences as they thought that after his support to save and increase green cover, arrest carbon footprints at the UN summit with the world leaders, he would do likewise here and would address the issue within his government.

Our Prime Minister replied – “See how these days even small kids are discussing about climate change and environment change. 70, 80, 85 or 90 year old people, often during winters you will notice that they say, it's colder this year than ever before. Don't they say such things? Actually it's not any colder. Their capacity to tolerate cold has reduced due to aging. In the same

manner, the climate hasn't changed. We have changed.”

His Minister followed up quickly to support his leader and his take, in particular to the young and educated, who are supporting the NGO's and activists and are demonstrating for the environment -

"You are the first generation that has demanded air conditioning in every room; your lessons are all done on the computer; you have a TV in every room; spend the whole day using electronic means; instead of walking to school take a fleet of private vehicles that clog the public streets; you are the largest consumer of consumer goods in history, continually buying the most expensive clothing to be "trendy"; your protest is advertised by

digital and electronic means.

"Before protesting, turn off the air conditioning, go to school on foot, turn off your phones and read a book, make yourself a sandwich instead of buying packaged food.

"None of this will happen, because you are selfish, ill-educated, manipulated by people who use you, claiming to have a noble cause while you enjoy the wildest Western luxury. Wake up, mature and close your mouth. Inform yourself of the facts before protesting”.

In the meantime - The forest is shrinking but the trees (we the people) kept voting for the axe (government) as its handle was made of wood and they (we the people) thought that it (government) was one of them.

## A Tribute To Msgr. William (Wille) Nazareth

When Jesus celebrated His victory over sin and death,  
He chose to send gifts to those he set free.  
Of the many gifts, he chose to give us was YOU.

Our God has called you to his Heavenly abode  
to lead us in His ways.  
No matter the hour whatever the need.  
You always went an extra mile,  
ever ready to cheer,  
and give a comforting hug.

I am grateful to God that you were with us,  
to teach us His word.  
and stand up for what is true and just.

I thank you for being a Priest,  
for your guidance and your care.  
But above all, I thank you for being a dearest Friend.

When life's journey became too rough,  
and I felt like quitting because life just isn't fair...  
Like a guardian angel, you came to my rescue,  
You lifted me up on an eagle's wing,  
and said "Son, don't you dare give up.'  
Thank you for always being there.



—John Andrew Lobo  
Dadar.

# Something Fishy!

net as many as possible, by hook or by crook (pun intended).

Here is where I take a slightly divergent view. I draw inspiration from two Hindi words. Jal means water and Jaal means net. Jesus surely did not know Hindi, or its precursor, Sanskrit; even though one of his ancestors Sheba, the Hittite wife of David, was of Indo-European lineage. In today's context I seek to re-interpret Jesus' intent, when he told his disciples to be fishers of men.

Did he want them to take the fish out of the jal (water) or out of the jaal (net)? It is a challenging introspection. Does Jesus want us to live in our natural habitat, jal or water in the case of fish; or be caught in a vexatious net, the jaal? Psychiatrists, psychologists, counsellors and inner healers are proliferating by the day. Why? Because their services are required by a vexatious populace, anxious about what the morrow brings, or what is happening in and around them today. I am therefore of the considered opinion that, at least in today's complex context, Jesus wants us to leave the fish in the water (jal) and extricate them from the net (jaal). Some evangelists may want to pack me off to hell for making such an outrageous statement.

There is one more angle to the fish that anglers who dangle their bait before them, may not know. I confirmed with Rev Dr Subhash Anand, professor emeritus of the papal seminary Pune, that the early Christians used the fish as a symbol of Christ. It was in fact one of the earliest Christian symbols – not the cross, crucifix, lamb or dove. Why the fish?

The Greek word for fish is Ichthus. It was also the acronym in Greek for "Jesus Christ, Son of God". Hence the persecuted early Christians, especially those hiding in the catacombs, would draw or paint a fish on the walls as an identification and recognition for fellow Christian believers. This secret symbol was alien to the minds of

**A**s a northerner foodie I prefer meat to fish. I like it fried crisp, whereas those in the south may prefer a curry. Since my wife is more the southern type, whenever she prepares mackerel (aila in Malyalam or bangra in Konkani), she fries the torso crisp and makes a gelatinous curry with the heads. So both are happy.

Why this talk of fish? It is common knowledge that fish begins to rot from the head. In contrast, it gets its power to swim from its tail. This can be juxtaposed on many societies or organizations. The rot usually starts from the top, even though power is derived from the bottom. Let me put it slightly differently. The head has the authority, but the tail has the power, or gives legitimacy to the head; as the electorate empowers the elected leader. If there is no power in the tail then it will be a tale of slow death.

In many ways I see this happening in the Catholic Church. We have a powerful authoritarian head – the hierarchy and clergy. In contrast the tail, the laity, is limp and lifeless. In the long run this is not a healthy equation. The costs are high and the losses big. We have seen this happening already in Europe, and to a slightly lesser degree in North America; where churches are empty, barring a few pious old people.

Pope Francis has repeatedly referred to clericalism being a scourge in the church. It is the concentration of all authority, pelf and privilege in the head. This renders the tail end, the laity, inert and passive.

Jesus himself was a carpenter by profession. But with his many references to other trades like farming, horticulture, animal husbandry and

fishing, he comes across as a well-rounded personality. The gospels are silent on his family life, but I daresay that Mother Mary was a good cook, and the family enjoyed their meals together. This would have played on Jesus' mind when he chose the setting of a meal for instituting the Eucharist. He was transforming and transcending normal human activity. Let's leave trans-substantiation out of it for now.

Perhaps his preferred diet was also fish, because that is what he prepared for his disciples on the lakeshore after the Resurrection (cf Jn 21:9-13). He often referred to fish as food (cf Mat 7:10, 14:17, 15:36, and Lk 24:42). The Dictionary of the Bible by Rev J McKenzie SJ tells us that there were 26 species of fish in the Sea of Galilee. One of them is the Red Tilapia, called Peter's Fish (now also available in India), because it is believed to be the fish that Peter netted at Jesus' command (cf Lk 5:1-11). There is another species that Jesus may have been familiar with – Bream. This flatfish

carries its young in its mouth, hence could possibly have been the one to which Jesus alluded when he said to pay their taxes with the shekel (coin) found in the mouth of the fish (cf Mat 17:27).

The two recorded miracles of Jesus feeding thousands also have loaves and fish. Perhaps Jesus' fondness for fish also led him to choose fishermen – Peter, Andrew, James and John, as his first disciples (cf Mat 4:18-22). Notice that he did not call his own carpenters, or even shepherds and farmers. Why this proclivity for fish?

He told them that henceforth he would make them fishers of men (cf Mat 4:19). This has been interpreted by over enthusiastic missionaries and evangelists as an open invitation to



by chhotebhai \*

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# Mission to save democracy in India

by Fr. Michael G. Vasai.

Since independence, India has managed to stay on the democratic path in a way unprecedented among states freed from colonialism during the last century. Recently, however, the dominance of the Hindu nationalists under Prime Minister Narendra Modi has given rise to claims that India's democracy and its minorities are in grave danger. Gujarat saw riots that claimed the lives of more than 1,000 people – mostly Muslims. This happened on chief minister Narendra Modi's watch, yet he was subsequently re-elected with even greater voter support. However, policies pursued by the Modi government – together with political strategies carried out by extremist Hindu nationalists in civil society from 2014 onwards show a dramatic and rapid decline in several indicators of democracy and liberal freedom. Freedom of expression has been curtailed; democratic deliberation has been bypassed; attacks on religious minorities have been carried out.

Finally, India's government – which used to try to uphold secular principles – now forges connections with religious actors in civil society on an unprecedented scale. Several agencies conclude that the Modi government bears significant responsibility for a serious decline in India's democracy, and that this trend appears to be in line with its efforts to build a so-called Hindu rashtra – an ethnic Hindu state.

With brutal strength of majority in the Lok Sabha, Modi government in first 3 months has passed a number of laws without proper discussions, without taking opposition views seriously, and even without heeding the constitution. Deleting article 370 has caused state of emergency in Jammu-Kashmir. The law NCR in Assam has denied about 20 lakh people their Indian citizenship!

Politically motivated attacks and cam-

*Is not democracy a human value? Is not human freedom a fundamental right? Is it not a Christian value to be pondered upon in the Mission program? Did not Yahweh fight for the freedom of his people in Egypt? Did not Jesus declare that the Spirit has come upon him to rescue the 'captives' (Lk 4.18)?*

AN EXTRAORDINARY MISSIONARY MONTH IN OCTOBER 2019.

-Fr. Michael G. Vasai.

The Catholic Church all over the world is preparing for the Extraordinary Celebration of October Mission Month. The explanations and instructions as to how to prepare for this special month are worked out by all dioceses. Here is my suggestion to contextualize the celebration. **Why are we celebrating an Extraordinary Missionary Month in October 2019?** On 30 November 2019, we will celebrate the hundredth anniversary of the promulgation of the Apostolic Letter *Maximum Illud* with which Pope Benedict XV sought to give a new impetus to the missionary task of proclaiming the Gospel. He recognized the need for a more evangelical approach to missionary work in the world, purified of any colonial overtones and the nationalistic and expansionistic aims that had proved disastrous.

We too must give the new impetus to missionary activity, by giving local touch to it. That will give the extraordinariness to the mission month.

paigns are on the rise to turn India into a Hindu rashtra. The anti-democratic symptoms are many. Groups and individuals who are or who have been claimed to be meat-eaters have been attacked by so-called 'gau rakshaks' – a term which is a kind of euphemism for criminal gangs sanctioned by forces in civil society to attack

Muslims. BJP leader Mr. Rajeshvar Singh of Dharm Jagran Manch dares to announce that by 2021 Islam and Christianity will be wiped out from the Indian soil! The school curriculum has been narrowed and politicized. Communication media are captured by the government. Journalists who have taken a critical stance in defense of secular values have been harassed or even killed. Gauri Lankesh is just one. Reporters without Borders speaks of a 'surge' in such harassment. Conscientious reporters have lost their jobs. NDTV is resisting the curbs and as a result its management is harassed. Recently NDTV's reporter Ravish Kumar receiving the prestigious Ramon Magsaysay Award went long way in highlighting the government misuse of media in the world at large. Ravish Kumar was awarded for "harnessing journalism to give voice to the voiceless" and his "unflinching commitment to a professional, ethical journalism of the highest standards". It recognized the "greatness of spirit and transformative leadership in Asia". Ravish Kumar said in his acceptance speech in Manila, "I hope audiences will value truthfulness in reporting, and the diversity of voices and platforms. A democracy can thrive only as long as its news is truthful,". "We have always measured inequality in terms of health and economy, but it is time for us to now also measure knowledge inequality."

NGOs by the tens of thousands are losing their license to receive foreign aid. They are asked to declare 'no conversions' in their agenda. There have also been attacks against low-caste groups, followed by judicial processes that look like persecution and state-led harassment against Dalits. The most recent example is the Bihma Koregaon case. In the aftermath, a large number of social activists and academics have been harassed and arrested.

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# Celebrating The Saints, Commemorating The Souls...

**Notably, each age has produced its crop of holy humans who go to make up the amazing galaxy of saints in the Catholic Church, to see and contemplate whom it cannot but be a joy indeed! Not for nothing does the great Saint Augustine of Hippo exult: "O pleasant happiness to see the Saints, to be with the Saints, to be a Saint!"**

There are the canonized, the beatified, the venerable, the well-known and the little known, hailing from all walks of life, cutting across all time-frames as well as age and gender divides, some named in the book of saints, many others, all too numerous to be counted, not! Indeed, it is to celebrate the grace-filled memory of all those in the realm of Heaven who have accepted the saving grace of Christ, whether explicitly or implicitly, as well as the memory of those awaiting the joy of making it to the Pearly Gates—which we ourselves would one day hope to approach—that the Church has instituted the feasts of all the **saints** and the **souls** on 1 and 2 November respectively.

## **Historically speaking . . .**

The exact origin of these feasts, each ranked as a "Solemnity", is unclear, observed as they have been on different days in different places. Saints Ephraem Syrus (c 306-373) and John Chrysostom (c 349-407) have evidence of the observance of a feast honouring all the martyrs of the Church on 13 May in the Eastern Church of the 4th century. Evidence of 1 November as the date of the celebration, however, was noted in England during the Papacy of Gregory III (731-741) who dedicated an oratory in Saint Peter's, Rome, to all the saints. The broadening of the feast to include all the saints and martyrs of the Universal Church

and its observance on 1 November is variably ascribed to Pope Gregory IV (827-844) and Gregory VII (1020-1085).

## **Saints, the crowning glory of Creation!**

The saints are but exquisite masterpieces of God's handiwork and their feast is meant to remind us that the stuff each of them is made of is human flesh and blood like our own; that to be counted among the highly favoured of the Lord, it is not enough to be a Christian. Rather, we ought to cherish in our heart, points out Saint Alphonsus de Liguori, "a desire to achieve sanctity", to enter ever more deeply into the death-resurrection mystery of Christ, the liturgical celebration of their feast/s providing due impetus.

Among the saints whose lives have borne witness to the Paschal Mystery, Mary stands out as the Prima Donna. Because of the intimacy of her involvement with God's plan of salvation through her motherhood and virginity, she is *per se* the perfect symbol of the co-operation of humankind in the sacrifice of Christ.

## **Four Deacon Saints**

With the number of permanent deacons growing steadily in modern times—both in India and abroad—as a result of the restoration of the Diaconate as a distinctive ministry in the Church by Vatican II, it would be pertinent to hope that there will again be those in this ordained ministry whose saintly lives would inspire us even as they affect the course of Church history. Indeed, given the fact that we now see saints being raised from families, it would be spiritually uplifting to take a look at the lives of four of the early Church's Deacons who went on to earn the honours of the Altar!

## **Deacon Saint Stephen – stoned to**

### *death in 36 AD*

An especially zealous preacher and skilled debater for the new faith, Stephen was one of the seven men appointed by the Apostles to supervise the fledgling Church's charitable activities including the daily distribution of food to the Greek-speaking widows in Jerusalem, apart from preaching Christ to the Jews and baptizing believers. But the orthodox among the Jews were so outraged by his preaching as to turn him in to the Jewish Sanhedrin as a blasphemer. In answer to the charge, Stephen defended himself gregariously; launching into a long speech summarizing Israel's history of idolatry and disobedience, he accused his contemporaries of resisting the Holy Spirit's power just as their forbears had. Fiercely incensed, the frenzied crowd mercilessly dragged Stephen outside the city and, throwing him into a shallow pit, stoned him to death, even as he prayed aloud, "Lord Jesus, receive my spirit," before crying out, "Lord, hold not this sin against them!"

## **Deacon Saint Lawrence**

Tradition has it that during the great persecutions in 258 AD, under the Roman Emperor Valerian, when Pope Sixtus II was seized and being led to his execution, Lawrence is said to have followed him, weeping and wailing aloud, "Father! Are you going without your deacon?" The Pope replied, "You shall follow me in three days."

Deacon Lawrence immediately set about giving away to the poor the alms entrusted to him, even selling off all the sacred vessels in his care to increase the sum of money for distribution. Hearing of this, the Prefect of Rome, thinking that the Church had considerable hidden treasure, had Lawrence appear before him and said: "I am told that your priests offer the sacred blood in silver cups, and that golden candlesticks are used at your evening service. I order you to bring me all these treasures." Lawrence promptly agreed to bring before the Prefect the Church's most valuable possessions and sought time to gather them together. At the end of the

(Contd.. on p. 18)



by Ladislaus L  
D'Souza

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Horizontally, government independent institutions like RBI, CBI, SC, ED, EC etc. have been captured and brought under RSS control. The sacking of Raghuram Rajan as governor of the Reserve Bank of India and more recent efforts by the central government to control the RBI, indicate that the Modi government is trying to reduce the separation of powers and to establish a more centralised system of control. The same applies vertically,

allowing the BJP to synchronise its actions more effectively than ever before. Amrita Basu has shown in detail how forces forming part of the Sangh parivar are able to coordinate their activities and to exert their influence at the local, state and national levels – something which can result in what she calls a “perfect storm”.

To understand the direction in which India's democracy is deteriorating, we can use unique data collected from the Varieties

of Democracy (V-Dem) project. The project is one of the world's largest combined efforts to collect and publish country-level data on democratic performance.

It is useful to recall the theme of *International Day of Democracy 2019* (15 September) 'Participation'. According to UN, democracy is built on inclusion, equal treatment and participation. It is a fundamental building block for peace, sustainable development and human rights. Political participation, civic space and social dialogue make up the very foundation of good governance. It works with the impact of globalisation and technological progress. No doubt, nowadays civic space is shrinking in the whole world at an alarming rate.

With such background my plea is that the Catholic Church should bring the Indian collapsing democracy to the notice of our people through activities planned for the extraordinary Mission Month of October 2019. The fear is that we shall be accused of bringing politics in the Church. *But is not democracy a human value? Is not human freedom a fundamental value? Is it not a religious value to be brought in the Mission program? Did not Yahweh fight for the freedom of his people in Egypt? Did not Jesus declare that the Spirit has come upon him to rescue the 'captives' (Lk 4.18)?* Hence to talk about saving democracy in the church at masses and even inspire the faithful to work for its salvation in various ways is a must. Some time back Archbishops Filipe Neri Ferrão of Goa and Archbishop Anil Cutto of Delhi did express the fear that democracy in the country is in danger! *Inkilab zindabad!!*

## Three Days Retreat in Konkani

***Praise the Lord Jesus! Alleluia***



**Seek your Hapines in the Lord,  
and He will give you  
your heart's desire  
(Psalms 37:4)**

**Three days Retreat in Konkani  
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& Team**

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# The Silence of the mute

The sun was settling down  
The shadows lengthening  
The moon slowly popping its head  
peeping through the dark clouds  
Millions of stars beginning to twinkle  
There was no movement on the ground  
The occasional breeze rustling the dried leaves  
Tiny insects fluttering around  
The crickets at their best with their crickety song  
It was the still of night

Darkness had now enveloped the light  
Everything silent for a while  
And suddenly the rumbling sounds in the distance  
of mean machines rumbling into the forest  
Footsteps around the place  
Now, who were they, I began to wonder?  
Instructions flying out for operating the machines  
**Then, in the distance, I could hear  
the blade cutting around wood  
I could hear the screams, the moaning,  
Was it the trees in pain, crying for help?**

And then, more footsteps  
Some more had entered the arena  
And then some more.....  
Angry arguments, heated exchanges  
Screaming and shouting  
The din continued for a while  
**Save the trees, they shouted,  
Save the forest, save Aarey,  
Stop the massacre, they cried  
But their cries were silenced by others**  
Beaten with sticks  
Bundled out like cattle  
And a little while later, the noise had ceased

What is it, have they stopped doing  
what they had planned to do?  
Suddenly, the machines begin to roar once again  
Cutting across mercilessly around the base of the trees  
I could hear scream after scream  
as they continued the massacre  
Continuing through the night, well into the following day

I was next, the blade ripping across my waist  
I cried out in vain, even as I could hear the cries around me  
But there was nothing we could do  
Defenceless, as were  
Tree after tree began to fall  
**The sounds of the insects were silenced**

**buried alive as they were,  
beneath the weight of the fallen trees**

The sun rose up as usual  
Shining down upon the butchered trees  
**But even in my last moments,  
I could sense the sun crying  
Crying at the destruction around  
I could feel the tear drops falling upon me  
Just as they were on others around me**

The murderers had done their deed  
Their mission accomplished!  
I could sense the glow on their faces  
It was their victory!

**They had silenced the mute  
Now we shall live no more  
We have stopped breathing  
We can no more give out oxygen  
We can Rest in Peace  
Will you also now, stop breathing?**



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(Contd.. from p. 5)

the persecutors. Today clandestine groups like the Freemasons use secret codes like particular handshakes, and Masonic tools, to identify each other.

I see some similarity between the early Christians and those of today. The church is persecuted today, not so much by external forces, as it is inflicted by internal disease. Pope Francis has called the Roman Curia the leprosy of the church, and clericalism as its greatest scourge. This is manifest in the clerical sexual abuse crises, especially in the western churches. More than that, I see a credibility crisis in the universal church. Young people are loath to believe what the church teaches. This is not so much because of its orthodoxy (of which they are scarcely aware), as by its orthopraxis (it simply does not practice what it preaches).

We know that Jesus was empathetic towards sex workers, alcoholics, tax collectors and even the woman caught in adultery. But he came down harshly on all forms of religious hypocrisy or outward show (cf Mat 6:16-18, 23:1-28). The church therefore needs to urgently address the credibility crisis. How?

There seem to be three options – Revolution, Reformation and Renewal. The French found the easiest way out through revolution. With the guillotine they decapitated (knocked off the heads) of the monarchy and hierarchy. Others, like Martin Luther, after

banging their heads against the wall, chose to simply circumvent it, through the Reformation. During the Dark Ages St Francis of Assisi chose the third alternative – the path of Renewal, a radical return to core Gospel values. I see Pope Francis pursuing this third path. At the time of writing this he has called the Amazonian Synod, to address burning issues, including the burning of the Amazon rain forests.

Yet the pope's detractors believe that he is fishing in troubled waters, pun again intended. For the cash rich ultra conservatives, who have mistaken European traditions for Christian faith, any talk of indigenisation or inculturation, married clergy and a greater role for women in the church, is plain heretical. But I shall cast my lot, and my net, with Pope Francis, and his earnest desire for renewal of the church.

Returning to the fish, the church is described with Christ being the head and the community as the body. Christ the head has, over the course of centuries, been replaced by an all too authoritarian hierarchy, leaving the body, or the tail, lifeless. I will now assert that the head has begun to rot. Shakespeare may have found something rotten in Denmark, but I see that rot in the hierarchy and clergy. It is not so much by their acts of commission (like sexual abuse or financial impropriety), but more by their acts of omission – the betrayal of the vision of Vatican II, and the rejection of core Gospel values.

I may now be accused of being a fish out of water. But if I believe in Ichthus,

Jesus the Lord, then I shall continue to wag my tail, wield my pen and use my tongue that James described a small but powerful instrument (Jas 3:5), for the renewal of the Catholic Church as envisioned by Vatican II and now being reasserted by Pope Francis. Maranatha. Come Lord Jesus (Rev 22:20).

*\* The writer is the Convenor of the Indian Catholic Forum that is committed to the reform and renewal of the Catholic Church in India.*

## Thanksgiving



Thanks to  
O. L. of Perpetual Succor,  
St. Anthony, St. Jude and  
Infant Jesus  
for the favours granted

—Mr. & Mrs. V. M. D'Souza

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## Urban cooperative banks

The collapse of Punjab and Maharashtra Cooperative Bank [PMC] has created a panic situation in India and more particularly in Maharashtra. Thousands have their life savings in that bank and suddenly they are told by Reserve Bank of India you can withdraw Rs 1000 only in six months – a joke that backfired. The limit jumped to Rs 10,000 and then to Rs 25,000 [don't forget elections are here]. To increase the limit 25 times in a short span raises questions on the intellectual competence quotient of the RBI officials. Was there a pressure from Delhi? There are unconfirmed reports about back-door withdrawals, removal of gold etc from lockers are floating in the social media. If this is true, then it is not a normal banking failure but a well planned fraud on those small depositors who are driven to desperation.

In India the urban cooperative movement took shape late but these banks were allowed to give loans only to non-agricultural purposes. The 1925 Societies Cooperative Act, acknowledged the role of rural cooperative banks in economic revival. The big farmers and industrialists benefited from this and even took control of such banks for their own selfish interests. Today most of these cooperative banks are controlled by politicians, their cronies, big industrialists, builders etc. To be fair, some of them have grown really big and are professionally managed while others which collapse at periodic intervals, shaking public confidence. Some depositors feel uncomfortable to enter big private banks.

All cooperative banks have deviated from their basic role and PMC is one such bank. The details of financial mismanagement [fraud] which are coming out are frightening. There must be a limit on the quantum of loan to a single entity or group. If such limit was imposed, HDIL would not have looted the PMC literally. Audits should be frequent and stringent for loans. The big institutions like the Gurdwaras etc have parked crores of rupees in this bank which is not based on fiscal prudence. It is not clear if Maharashtra and Punjab being linked to the name gave an impression that the bank is managed by these two big States of India. It may be a good idea to ban the use of the

## IEWS on NEWS

names of States in such cases.

It is said the PMC bank fudged the accounts and showed a manipulated picture to auditors. Are the auditors incompetent or naïve to detect this? Why have audit at all if it does not serve the purpose for which it is conducted? Audit is not about green 'ticks' only. There was some concern expressed a couple of years back but the government slept over this. Now cannot it put its hands up and feign helplessness? The Reserve Bank has limited supervisory role. Unlike commercial banks, RBI's role in cooperative banks is limited to licensing, area of operation, interest rates etc while registration, management and even liquidation fall under the domain of the State governments. This duality of control perhaps is the cause of lack of effective control. Obviously there is no coordination between the RBI and the State governments. The latter will be guided by political considerations while the former will view things from principles of sound fiscal management. Perhaps there is a need to bring the entire cooperative banking sector [excluding cooperative societies] totally under RBI control. The Deposit Insurance is meagre in the current context. It needs to be reviewed and increased at regular intervals keeping the ground realities in mind.

\*\*\*\*\*

### Kem chho Modibhai

Kem chho is a crude desi version of "Howdi" which was held in Houston recently where more than 50,000 of Indian Diaspora in attendance, so they say. This is disputed in certain quarters saying that the upper galleries were empty. The American President [who has not bothered to visit India in four years] was present. Incidentally, he wanted the support of the voters of Indian origin in his tough re-election bid in the backdrop of impeachment proceedings. He even called Modi Father of the Nation but Trump does not know that the father should be older than the child [nation] which was born in 1947. I am sure Trump did not mean to divest the Mahatma of that unique honour of being the only Father.

About article 370, instead of American Indians, the need was to explain again and again to the people who are living in India and more particularly the



by Marshall Sequeira

affected people of Jammu and Kashmir. While the world is being educated, they are the ones who are kept in the dark while their leaders [good or bad] are incarcerated even if you call the place a 5 Star category jail. One would have accepted that argument if the detainees were provided with TVs, Mobile phones and internet facilities. Did the PM tell the American Indians that schools are empty, colleges are empty, and we say "aal is well". Those sitting thousands of miles away can be fed with all the data but they have neither any way of cross checking the facts nor are they really interested. One critic said that if Modi could convince even a handful of American Indians to give up their American citizenship and return to India and settle here to enjoy the fruits of development, he would accept that they are really convinced. This critic has a point.

What did Modi really achieve? He should have spoken about the state of affairs on the economic front, the auto industry distress, farmer suicides. Did he tell them [the younger generation eats pizzas and burgers though] the price of vegetables and onions /tomatoes. Did he tell that young children are still starving in India that medical care is dismal in villages. Did he speak about the atrocities on dalits. That women and girls are unsafe! Did he speak about intolerance? I have an issue with our 'free' media. Not a single channel showed the massive demonstrations outside the Howdi. You don't have to be that subservient unless you are scared. The media is supposed to be neutral which is not the same thing as being anti-national. Frankly, nothing of substance was achieved forcing the BJP to organize a massive show of strength in New Delhi to WELCOME the PM after a very 'successful' and possibly an 'eventful' visit to the USA. He has been abroad many times [more than he is in India] and never such a need was felt. Was this an admission that nothing tangible was achieved in this much hyped show called "Howdy Modi". Think about it.

# Parents Fulfill God's Love For Humanity

Human life finds its meaning, purpose and fulfillment in religious faith. This is a truth to be found in all traditions and cultures when we wish to enrich a new lease in the spirit, or in the mundane reality of growth in society.

The Christian family undertakes the task of putting prayer, belief and trust in the greatness of God, helping their children to understand and celebrate faith in action, through the waters of faith: baptism, confession, holy communion, sacrifice, penance, forgiveness, the sacraments, duties towards Mother the Church, and always with a resolve to keep the Lord in one's heart.

The waters of faith (are the Sacraments)

created to help all Catholics to face happiness, trials and tribulations in life, to comfort and be comforted.

Christ and his mother Mary are the spiritual source of the waters of faith. Jesus is our heavenly father, Mary his mother is our eternal parents, the fruits of God's love.

Parents sustain the Christian faith by washing the spirit of their children on the altar of our existence. Even at the best of times life is stressful. In the Catholic family parents recall the words of St. Paul when he said that it is possible to survive and to thrive in all situations.



BY MELVYN BROWN

The family is always considered to be a unit – and children are known to be great survivors in times of hardships, disaster and sorrow. The duties of a parent is to groom children early in the faith, to understand Christ, to love and trust the Creator to

always be faithful in the Lord, especially at the hour of struggle when sin and temptation reach the depths of evil.

St. Paul, in his letter to the Colossians stated: "Children, obey your parents in everything because that pleases the Lord. Parents do not be too demanding of your children, lest they become discouraged." (Col.3:20-21).

Parents fulfill God's love for humanity. They provide the world with children, fruits of their marriage to accomplish the desire of God in harmony with his will. Much as we need God to turn to, the Lord needs us to complete his vision of "a world without end." And for parents to know that His love for us never vacillates.

True prayer is not to be a regular devotional duty, as it is a challenge for the Christian family to create a deep relationship with God, the love and mercy he has for those who develop a thanksgiving through a prayer life.

Parents focus on their role as bearers of the faith, to pass on the truth of the one God who delivered us from sin and takes us to eternal life. Down the centuries parents have fulfilled God's love and pass it on to their children. We learn to worship our God and trust in the fellowship of our communion with each other. Parents teach us to flow with the waters of faith and to live in prayer and devotions.

Our merciful God reminds us that all those who are in a state of alienation from him must respond to his word, for he is the Resurrection and the Life. Parents and their off- springs must know and feel the presence of the Lord in this journey.

"Yes, God so loved the world that he gave his only Son that whoever believes in him may not be lost, but may have eternal life." (Jn.3:16).

## 25<sup>th</sup> Death Anniversary In Loving Remembrance of



**Philip N. D'Leema**  
Kundapur - (D'Lima)  
Born: 28-05-1930    Died: 18-10-1994

*We all miss you in every moment of our life & cherish your memories you have served humanity and dedicated yourself for novel causes and will be remembered forever in our hearts*

Fondly remembered by his Wife, Children, Grand Children,  
Family Members, Management, Staff and Students of  
**St. Joseph's High School, Malad (E)**  
**St. Jude's High School, Malad (W)**

Mass at our Lady of Lourdes Church, Orlem, Malad (W)  
on Friday 18<sup>th</sup> October 2019 at 5.30 p.m.

## Ways to teach your teen child how to respect parents



Parents feel overwhelmed by their teens' entitled, disrespectful attitude and feel at a loss for how to reverse it. Newsflash: It is possible to learn how to respect parents as a teenager - and it's possible for your teen to put those lessons to use. While it takes work, you'll be oh-so glad you took the time to teach respect to your teenager.

Teenagers want few things more than respect but they don't always realise that they too need to give it, too. As parents, we often walk on eggshells when it comes to communicating with our teens. We don't want to offend them or their friends; we don't understand the social media culture they live in; and we don't know the right terms or phrases to use to make sure they feel respected. They sense that insecurity and often take advantage of it.

Yes, we need to respect our kids but also expect respect in return. Kids need a parent first, then a friend. They need someone to be the authority and set the standard of how to treat people. Learning respect at home hopefully will carry over to how they treat teachers, coaches and others. See them for who they are, not their behaviour. Don't give up on them. Put in the time and work to help them read just where needed and become the people you know they can be.

Service trips in different parts of the country or around the world change people. It is hard not to appreciate what you have when you get out of your comfort zone and see how others live.

## In Loving Memory of



**CYPRIAN ANTHONY ALBUQUERQUE**

The Lord gave: 13th June 1948

The Lord has taken back: 19th September 2019

How little did we know  
That morning,  
What sorrow the day  
Would bring,  
You toiled for those you loved,  
You said goodbye to none.

You gave your best we cannot deny  
What you did for us then  
Wealth and riches could never do  
For what we are today  
We owe all that to you.

You were a devoted husband  
A great father too  
You laid the foundation of a happy home  
Where most of our dreams came true.

How much we miss you no one knows  
Your days with us we treasure still  
Your place in our hearts no one can fill.

Guide and send us  
Your blessings from above  
As we nurture your memories  
With all our love.

*A tribute of love from*  
**Ever loving wife Rita,**  
**Children: Cylvia / Mitesh; Oliviya / Ivan;**  
**Ashley / Clarissa & Hedley**  
**Grandchildren : Krisha & Abigail**





**Beetroots :**

- Boil beetroot with leaves. It will cook in half the time it takes when the leaves are cut off.
- Boiled beetroots lose their flavour and taste, so bake them in their jackets.
- Before boiling beetroots with a damaged skin, hold the broken spot over a gas flame and seal it. This facilitates the prevention of “bleeding” and loss of colour of the beetroot.
- It is better that beetroots are baked rather than boiled, so as to prevent them from discolouring. Wash the beetroots, place them in an aluminium pan and cook them in a baking oven. The beetroots will not get discoloured and will remain tender but crispy.



**Brown Stew**

**Required :**

1/2 kg. mutton; 30 gm. onions, sliced length wise; 3-4 medium sized potatoes, peeled and sliced as for chips; 1/2 cup wheat flour, lightly filled; a pinch turmeric powder; 2 tbsp. butter; 8-10 flakes garlic; 2 pieces ginger (ground together); 2 tsp. chilli powder; 1 tbsp. Worcestershire sauce; 1 tbsp. vinegar; 6 tbsp. oil.

**Method :**

Slice one small onion and cook the meat in a pressure cooker with this onion, ginger-garlic paste, turmeric and chilli powder and three cups water till tender. Drain and keep.

Heat oil and fry the onion till crisp. Remove. In the same oil fry the potato chips till crisp and set aside. Heat butter and fry one small chopped onion till well browned. Add the wheat flour and brown it well. Add the water from the meat a little at a time and bring to a thick consistency. Add salt. Now add meat, and boil. Lastly add the Worcestershire sauce and vinegar. Add fried potatoes and onions Boil for a minute. Serve hot.

**Kitchen Tips**

- Tomato paste or sauce can be used instead of fresh tomatoes. This saves a lot of chopping time.
- Soak chickpeas in boiling water if you forget to soak it ahead of time. In this way only 1 hour of soaking is needed.
- Make ginger garlic paste in bulk and put it in the fridge. Similarly, make green chilli paste and keep in the fridge. This saves a lot of cooking time.
- You can also make a big batch of chapati dough using your grinder atta attachment or food processor. Divide into smaller portions, put in ziploc bags and freeze it. Whenever you need, take one bag, thaw it and use. This stays good for more than a month.

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**Thanksgiving**



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of Perpetual Succor and St. Anthony

—Ms Martha Dias, Santacruz

## Hints for good health



- ◆. Drink a glass of water after the morning ablutions everyday. If there is not proper bowel movement, drink a glassful of hot water before going to bed the previous night and a glass of hot water after washing face just as soon as you get up in the morning. Do this daily and you will soon begin to have proper motions.
- ◆. Avoid eating polished rice and maida flour.
- ◆. Eat germinated pulses like Bengal gram, peas, horse gram, green gram, wheat, etc. Preferably in the uncooked form.
- ◆. Take milk, butter and ghee in moderation.
- ◆. Avoid pre-cooked (old) food.
- ◆. Avoid eating fast foods, fried and masala mixed foods etc.
- ◆. Eat only when you are hungry.
- ◆. Reduce the intake of salt in your food.
- ◆. Always masticate your food well. Don't be in a hurry.
- ◆. Do not eat when you are tired.
- ◆. Do not drink water during meals unless you are used to it.
- ◆. Do not skip breakfast.
- ◆. Do not with hold or fail to answer calls of nature (urination or motions).
- ◆. Practice deep breathing through the nose several time during day and night.
- ◆. Have regular exercise every day, failing which, have long walks.
- ◆. Roam about in the sun as long as possible. Sun bath is good for health.
- ◆. Enjoy an undisturbed sleep during nights.
- ◆. See that you have sufficient rest during the day at regular intervals.

## Washing machines may harbour bacteria

We have washing machines, to get the germs, gunk and grime off of our clothes. However, a new study, based on a unique incident that occurred at a German hospital, reveals that washing machines may sometimes harbour certain drug-resistant bacteria that can affect people with increased susceptibility to illness.

The report followed the discovery of a virus at a hospital in Germany called *Klebsiella oxytoca* (*K oxytoca*), a germ known for causing serious infections in intensive care units and nursing homes. The presence of this bacteria was still of much concern, as people with weakened immune systems would be particularly susceptible to the germ, which is known to cause wound infections, pneumonia and even urinary tract infections.

The bacterium was finally



traced back to one particular washing machine, of which the rubber door seal and the detergent compartment both tested positive for *K oxytoca*. The study notes the requirement of washing machine is a necessity in hospitals and other health facilities like nursing homes and hospices but also noted the need to upgrade the current design for most household washing machines to prevent water from accumulation which is likely contributing to the growth of bacteria.

## Beans stabilise insulin and blood sugar levels

Diabetes is a condition that happens when our body fails to produce enough insulin, resulting in our blood sugar levels rapidly rising. And dieting is one of the easiest method to navigate your health into a right direction. One such example of a food that controls diabetes are beans. Let's discuss how can it controls diabetes?

- Beans are filled with soluble fibres that previous studies have shown to be effective in reducing overall insulin resistance in our bodies.
- Beans are low in cholesterol, trans-fat and saturated fats but are high in minerals and vitamins.
- Beans contain complex carbohydrates that can help reduce the risk of our blood sugar suddenly rising.

## Monitor your Salt Intake

Ready-made foods are packed with high levels of salt. Always check food labels for it: a food is high in salt if it has more than 1.5g salt (or 0.6g sodium) per 100g. An average adult should eat less than 6g of salt a day in total – which is about one teaspoon. Keeping a check on your salt intake will also help you maintain a healthy blood pressure level.

## Get Regular Check Ups

Give yourself a yearly gift. Schedule a health check-up on your birthday and gift to your loved ones. The check up should include a basic BP, cholesterol and glucose checks. In case you are overweight, you must follow your healthcare professional's recommendations and follow prescribed medications.

## Get Stress Free

Meditation is one of the best ways to do away with stress. A 20 minute meditation session will help you feel relaxed and refreshed. It helps to reduce anxiety, tension and negative emotions. In the middle of the day, take a break and look around. Appreciate the people in your life. Count your blessings.

## Noah's Ark in 2019

In the year 2019,  
the Lord came unto Noah, who was  
now living in India, and said:

Once again the earth has become  
wicked and over-populated,  
and I see the end of all flesh before  
me.

Build another Ark and save 2 of every  
living thing along with a few good hu-  
mans. He gave Noah the blueprints,  
saying:

You have 6 months to build the Ark  
before I will start the unending rain  
for 40 days and 40 nights.

Six months later,  
the Lord looked down and saw Noah  
weeping in his yard – but no Ark.

Noah!  
He roared, I'm about to start the rain!  
Where is the Ark ?

Forgive me, Lord,  
begged Noah, but things have  
changed. I needed a building permit.  
I've been arguing with the inspector  
about the urgent need for the permit.  
But he needs a huge bribe.

Getting the wood was another prob-  
lem. There's a ban on cutting local  
trees.

I tried to convince the environmental-  
ists that I needed the wood to save  
the animals – but they also need a  
huge fee to allow that!

When I started gathering the animals,  
an animal rights group sued me.  
They insisted that I was confining  
wild animals against their will.

Then the court ruled that I couldn't  
build the Ark until the government  
conducted an environmental impact  
study on your proposed flood.

Then there is a government regula-  
tion on compulsory employing mi-  
norities, backward classes, schedule  
classes for building the ship.

The trade unions say  
I can't use my sons. They insist I



have to hire only Union workers .

To make matters worse, the govern-  
ment have seized all my assets,  
claiming I'm trying to leave the coun-  
try illegally with endangered species.  
So, forgive me, Lord, but it would  
take at least 10 years for me to finish  
this Ark.

Suddenly the skies cleared,  
the sun began to shine, and a rain-  
bow ☁ stretched across the sky.  
Noah looked up in wonder and  
asked,  
"You mean you're not going to de-  
stroy the world?"

"No," said the Lord.

"The Government already has."..!!  
\*\*\*\*\*

### A man tries to buy gifts for his kids from China

A man went on a business trip to Chi-  
na and wanted to buy some gifts for  
his kids. He went to a shop and found  
a nice looking CD player.

Wary of buying inferior goods, he  
asked the shopkeeper, 'What hap-  
pens if this doesn't work?'

The shopkeeper quietly points to  
the only sign in English that reads,  
'**GUARANTEE NO SPOILED**'. Feel-  
ing assured, he paid for the CD player  
and returns to his hotel.

He tried to use the CD player after  
returning to the hotel but it wouldn't  
even switch on. He quickly returned to  
the shop and asked for a refund or an  
exchange for another unit. When the  
shopkeeper refuses to give either, the  
man points to the sign assuring him  
of guarantee. The shopkeeper then  
said, 'Brother, you are in China. We  
read from the right to the left.'

\*\*\*\*\*

### Girl Friend and Boy Friend

Gf : Should I shorten my hair by cut-  
ting it?

Bf : Yea, do it.

Gf : But it took me so long to grow  
my hair.

Bf : Then don't do it.

Gf : But I would look really cute in  
short hair.

Bf : Then do it.

Gf : Forget it! You won't understand  
me. I hate you!

Bf : What did I do now.  
\*\*\*\*\*

Dear RBI - Please declare list of safe  
banks in India.

RBI - We ourselves are not safe  
Now the time has come for customers  
to ask banks for – BANKS KYC  
\*\*\*\*\*

GDP (Gross Domestic Peace)

Every husband is a farmer by default.  
His survival solely depends on  
'agree' culture!

And 'agree' culture increases  
GDP (Gross Domestic Peace)  
\*\*\*\*\*

We buy a million dollar jet to protect  
the country. Then we buy a lemon to  
protect the jet. Why not buy a lemon  
in the first place to protect the coun-  
try and we could have saved all the  
money.  
\*\*\*\*\*

Dear girls,

Before going into a relationship with  
any boy in this century.

Take his picture and post it on Face-  
book, Twitter and Instagram with the  
caption "whose boyfriend is this?"

If nobody claims him in a week then  
you're free to date him.  
\*\*\*\*\*

A Car was involved in an accident in  
a street. As expected a large crowd  
gathered. A newspaper reporter, anx-  
ious to get his story could not get near  
the car. Being a clever sort, he started  
shouting loudly, "Let me through! Let  
me through! I am son of the victim.  
"The crowd made way for him,. Lying  
in front of the car was a donkey.



# Inspiration!

## Top-up your relationship bank account

**RELATIONSHIP IS ONE of the major assets of our lives. We need to think about our relationships with our significant other as though they are a metaphorical bank account. Making a deposit into our relationship with that individual requires you to do something that adds value to both of your lives. Conversely, a withdrawal is doing something that causes hardship, undue effort, pain and subtracts value. Today, let us focus on how to keep a positive balance of our relationship bank account**

Is your relationship your most valuable investment? If you agree, then what are you doing every single day to increase its value? The huge upside of the relationship bank account approach is to preserve the health of your marriage also it's a lot easier and more enjoyable than 'working on your relationship' after it has fallen off the track! Instead, it's the little stuff you do day in and day out that matters most. Small deposits of positivity must be made consistently and continually. Here are the best of tried and true practices for a healthier and richer relationship bank account.

### **Deposit empathy :**

Empathy means seeing the world through your partner's perspective. There are some great ways to express empathy; actively listening, being interested in your partner's life, understanding rather than judging, evaluating or criticising, respecting differences and showing physical signs of understanding like smiling, nodding and verbal acknowledge-

ment.

### **Deposit care and kindness :**

The more you show the person you love that you care, the better they will feel. Be kind and giving as much as you can! Try simple things like giving a card, remembering important days, increasing your partner's self-esteem, giving a hug when your partner is sad and so on.

### **Deposit trust :**

Actions that reinforce the trust in your relationship will strengthen your partner's confidence in your integrity: be honest and be accountable. Even little things like showing up on time, keeping promises and following through on the little things you commit to will make a significant impact.

### **Deposit loyalty :**

Being in a strong relationship means having each other's backs regardless of the circumstance. Remain faithful and say good things about your partner, even if they aren't there to hear it. Stand by your loved one when others walk away and be willing to sacrifice what you want for your partner sometimes.

### **Deposit forgiveness and apology :**

Get into the habit of thinking positively. We all make mistakes and often, our character is not judged on the mistakes we make but on how we learn and change from them. These deposits are more challenging for some but are well worth it. Take 100 percent responsibility for your actions, offer sincere apologies when you mess up, accept your partner's apologies when offered sincerely and give hugs even when you feel upset.

### **Deposits admiration :**

Share your fondness and admira-

tion with your mate by letting them know what qualities you admire. What benefits you get from your intimate relationship. What you appreciate about them. What characteristics you find

lovable. Tell your soul-mate what you respect about them.

### **Avoid emotional withdrawals :**

You can undo all the good work you've done placing emotional deposits, if you have too many withdrawals. Just like your bank account, if you overdraw, you're in trouble. Steer clear of the following whenever possible: Manipulation, blaming, criticising, hostility, defensiveness, jealousy, indifference, lack of affection, quarreling, rejection, pessimism, workaholicism, laziness, lack of spontaneity.

### **A FEW MORE THINGS YOU MUST CONSIDER DOING**

- Establish traditions : These traditions don't have to centre on holidays or even be very big they can be little things done weekly, monthly or yearly.
- Be nostalgic : While a couple should always be having new experiences and making new memories, you should also regularly reminisce about the experiences you've had in past.
- Hold marriage meetings : This consist of four parts - Expressing appreciation; discussing chores and to-do's; planning for good times and discussion of any problems or challenges. Such meetings touches on all the elements outlined above and are thus fantastic way of ensuring you're making regular, ample deposits of positivity in relation.
- Always give 100 percent : You sometimes hear that marriage is a 50-50 enterprise. But in the happiest relationships, both partners give 100 percent. If one spouse falls short from time to time, as we all do, the marriage keeps on running right along.

(Contd.. from p. 7)

three days given to him, he presented all those who were being supported by the Church's charities: the blind, the deaf and the mute, the lame and the maimed, the leprous, orphans, and widows, before the Prefect, declaring unabashedly, "All these, Sir, are the precious treasures of the Church!"

"How dare you mock me in this manner!" yelled the Prefect, enraged. "You shall die by inches!" And so it was that Deacon Lawrence landed stark naked on the grill! Interestingly, during his long roast ordeal, Lawrence prayed for the conversion of Rome, even as he cheerfully said to his executioner, "Hey man! I'm broiled enough on one side! Now turn me over!" Any wonder why Eucharistic Prayer I at Mass includes his name to this day!

### **Deacon Saint Ephraem**

In the winter of 372-373 a famine gripped the city of Edessa (now Turkey). The little food left in the city was under the control of a few wealthy individuals whose excuse for not sharing the same was that no one honest could be found to distribute it fairly.

Hearing of the situation, the scholarly hermit, Deacon Ephraem, widely known for his holiness, emerged from his cave outside Edessa and, entering the city, severely reprimanded the rich for letting the poor starve. His gracious offer to supervise the distribution of the food hoarded having been gladly accepted, he not only ensured that Edessa's poor were adequately fed but also organized the extension of relief services to nearby towns, transport of the sick to medical facilities where they could be nursed back to health, and proper burial of the dead, in the process stemming all possibilities of the spread of any disease. At the end of the famine, having expended all his energies to saving the people of Edessa, he returned to his cave where he died a month later. He was proclaimed a Saint and Doctor of the Church by Benedict XV in 1920, the only deacon so honoured.

### **Deacon Saint Francis d'Assisi**

At a time [Middle Ages] when lepers

were expected, under threat of death, to wear bells on their person to warn "clean" people of their approach, a young romantic named Francis Bernardone of Assisi, Italy, jumped off his horse and embraced a leper who was badly deformed and covered with sores and, after gently kissing his festering hand gave him some money!

A recent change of heart in favour of a life devoted to God had him still searching for God's plan for him. And so it was that one day he inwardly heard God say to him, "Francis! If you wish to know my will for you, everything that you loved and desired in the flesh it is your duty to now despise and hate. But all that you used to avoid will turn itself to great sweetness and exceeding joy!" Shortly after, riding down a lonely road, pondering as to what exactly God could have meant by those words, Francis suddenly espied a leper ahead of him, and in a flash the meaning of God's message became clear to him. The rest is history! Amazingly, according to Saint Bonaventure, "Immediately mounting his horse, Francis looked all around; but although the open plain stretched clear in all directions, he could not see the leper anywhere. Filled with wonder and joy, he began to sing God's praises, resolving to strive always to do greater things."

Francis, the Founder of the largest religious entity in the Church, the Franciscan Religious family, and famously known as the Poverello of Assisi, for reasons of humility and unworthiness declined priestly ordination in favour of the permanent diaconate. For centuries since, Francis has remained the last deacon to make a dramatic impact on the Church Universal.

### **The long wait for Redemption**

The feast of the souls awaiting the fullness of Redemption is said to have been established in 998 by Saint Odilo, first Abbot of Cluny, to enable his monks to offer special prayers for the departed. This Cluniac practice, recalling our dear departed undergoing the purge of their sins in Purgatory, gradually gained popularity, spreading to parts of Europe and Latin America.

The date, practically universal by the end of the 13th century, was so chosen as to immediately follow the feast of All Saints. Thus, having honoured the **Church Triumphant** in Heaven on 1 November, the very next day the **Church Militant** on earth, with due concern, turns her gaze to the members of the **Church Suffering** in Purgatory, thus demonstrating in no unmistakable terms the supernatural bond of the Communion of Saints!

The Council of Trent officially declared that the souls in Purgatory benefit from and need the prayers and works of charity of all Christians as spiritual aids in eventually surmounting their spiritual separation from God. This sentiment has been further reinforced in recent times with Saint Pio de Pietrelcina asserting, "We must empty Purgatory with our prayers." Interestingly, the Church observes an Octave [1-8 November] of special commemoration for our dear departed, assigning a Plenary Indulgence to the custom of visiting the cemetery to pray for the deceased during the Octave, and a Partial Indulgence on other days, apart from one Plenary Indulgence applicable to the dead on 2 November to be gained under the usual conditions, viz visiting a Church, receiving the sacraments, and praying for the Pope's intentions.

The Bible says, "It is a holy and wholesome thought to pray for the dead, that they may be loosed from sins" (2 Macc 12:46). Further highlighting this sentiment, Pope Benedict XV, for the benefit of the innumerable dead in World War I, on 10 August 1915 decreed the blessed privilege to each priest to celebrate three Masses on this day—one for his own intentions, another for the Souls in Purgatory and a third one for the intentions of the Holy Father. This was the inception of the practice of the lay faithful hearing three Masses on All Souls' Day, a day of hope for the entire Church, focusing as it does on the fullness of the Paschal Mystery enveloping every believer in its redeeming embrace.

**O ye holy angels and saints in Heaven! Pray for us and for all the souls of our dear departed!**

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**7088. MYSORE :** Mangalorean Roman Catholic Bachelor, (Born in March 1983), Ht. 5' 9", Wt. 70 kgs, Fair Complexion, Edn. MBA. Marketing. well employed. Contact email : vishwasturners@yahoo.com

**7041. MUMBAI :** Goan Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. 10th Std., working as a Plant Operater. Contact email : ronnydsouza075@gmail.com

**7077. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in March 1987), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email : leroy2266@gmail.com OR Mob: 9503282306

**6906. ABUDHABI :** Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 2", Wt. 67 kgs, Wheatish Complexion, Edn. Bachelor in Business Admin., working as a Customer Support. Contact email : dvdleena@yahoo.co.in

**7018. MUMBAI :** Goan Roman Catholic Bachelor, (Born in October 1969), Ht. 5' 5", Wt. 80 kgs, Wheatish Complexion, Edn. SSC, Self employed. Contact Email : fredrick.dsouza0110@gmail.com

**7010. BAHRAIN :** Mangalorean Roman Catholic Divorcee (with in three months of marriage), (Born in June 1985), Ht. 5' 11", Wt. 76 kgs, Wheatish Complexion, Edn. HSC Diploma in food & beverage, working in 4 Star Hotel Bahrain. Contact Mob: 8806129309

**6948. MUMBAI :** Goan Roman Catholic bachelor, (Born in July 1987), Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., working a HR. Contact email : adleyds@gmail.com

**6949. MUMBAI :** Proposals are invited from parents of a Roman Catholic God fearing educated homely girl for a Mangalorean Roman Catholic boy, finance professional, (Born in March 1983), Ht. 5' 10", Church marriage annulled, no issues presently working overseas on PR. Please email the profile and photo to benedict83319@gmail.com

**6895. HONAVAR :** Roman Catholic Bachelor, (Born in August 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. 5th Std., having own property business. Contact email : rosiehorta77@gmail.com Mob: 7977361995

**6865. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn. B.Sc., working as a Senior Risk Operations Analyst in Finance Company. Contact email : ryberg07@hotmail.com

**6980. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in September 1987), Ht. 182 cms, Wt. 79 kgs, Wheatish Complexion, Edn. PGDBM, working as a Manager. Contact email : roystonpereira2007@gmail.com

**6938. MUMBAI :** Goan Roman Catholic Bachelor, (Born in January 1989), Ht. 5' 9", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., well settled. Contact email : yohancharry03@gmail.com

**6979. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in March 1989), Ht. 162 cms, Wt. 74 kgs, Wheatish Complexion, Edn. B.Com., working as a Office in Bank. Contact email : luton767@gmail.com

**6924. MUMBAI :** Mumbai born and broughtup Roman Catholic Keralite Bachelor, (Born in September 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complex-

**7034. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. M.C.A., Software Engineer, working as an Software Engineer, Asst. Manager (IT), Only Sonm seeks alliance from Mangalorean RC Spinster, educated, working in Mumbai. Reply with full details & photofraph to email : ID : vivian1548@gmail.com Mobile : 9096141335

ion, Edn. M.Sc. (I.T.), working as a Sr. Software Engineer in Foreign Bank. Contact email :

dianamanuel320@gmail.com

**6915. DUBAI :** Mangalorean Roman Catholic Bachelor, (Born in January 1988), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., MBA, CS, working as a Accountant. Contact email :

marriageproposalseeker@gmail.com

**6913. MUMBAI :** Goan Roman Catholic Bachelor, (Born in August 1987), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Carnival Cruise Lines. Contact email : frankyfernandes1587@gmail.com Or Mob.: 8108968804

**6857. AUSTRALIA :** Mumbai born and broughtup Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 10", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., IHM., Working as a Store Associate in **Australia** and is a permanent resident. Contact email : simonsigo31@gmail.com

**6872. MUMBAI :** Affluent Family Mangalorean R.C. Bachelor, (Born in September 1982), Ht. 5' 10", Wt. 86 kgs, Fair Complexion, Handsome, MBA, M.Com., B.Com., (Rank Holder) Banker by experience, (Director - Managing very profitable Business). Contact email :

rajiv\_alvares@yahoo.com

**6847. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in April 1973), Ht. 5' 10", Wt. 75 kgs, Tan Complexion, Edn. SSC, Having own business. Contact Mob: 9833176215

**6856. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in September 1973), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. MBA, working as a HR. Contact email : clifforddsilva@yahoo.co.in

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**7083. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in November 1985), Ht. 6', Wt. 68 kgs, Wheatish Complexion, Edn. M.Com., PGDLM, PGDSM, working as PPM & Data Engineer in Shipping Company. Contact email : [ryan.intermilan@yahoo.co.in](mailto:ryan.intermilan@yahoo.co.in)

**7068. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in June 1983), Ht. 5' 5", Wt. 58 kgs, Wheatish Complexion, Edn. HSC, working as a Customer Service. Contact email : [cynthiadalmeida83@gmail.com](mailto:cynthiadalmeida83@gmail.com)

**6830. BAHRAIN :** Goan Roman Catholic Bachelor, (Born in February 1988), Ht. 5' 11", Wt. 97 kgs, Wheatish Complexion, Edn. MBA, Marketing Professional in Public Sector. Contact email : [rolsonvaz@gmail.com](mailto:rolsonvaz@gmail.com)

**7019. MUMBAI :** Tamilian Roman Catholic Bachelor, (Born in June 1981), Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Services. Contact email : [dasvinod1@gmail.com](mailto:dasvinod1@gmail.com)

**7049. CANADA :** Goan Roman Catholic Bachelor, (Born in June 1986), Ht. 5' 11", Wt. 85 kgs, Wheatish Complexion, Edn. BE (Computer), working in CANADA in a Non IT Field Seeks a working girl in Canada and holding a PR Visa. Contact email : [anniedrz@gmail.com](mailto:anniedrz@gmail.com)

**6805 ABUDHABI :** Mangalorean Roman Catholic Bachelor, (Born in February 1984), Ht. 5' 7", Wt. 80 kgs, Wheatish Complexion, Edn. 12th std., + correspond B.Com., studied in Mumbai, working in Bank as Recovery Officer. Contact email : [pawan.sana@gmail.com](mailto:pawan.sana@gmail.com)

**7005. DUBAI :** Goan Roman Catholic Bachelor, (Born in May 1986), Ht. 5' 6", Wt. 50 kgs, Fair Complexion, Edn. BMS /CFA, working as a Head Treasury in Dubai. Contact email : [matri3119@gmail.com](mailto:matri3119@gmail.com)

**7045. CANADA :** Mangalorean Roman Catholic Divorcee, (Born in September 1985), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. B.Sc., Hotel Management, having permanent Resident. Contact email : [bmthias88@gmail.com](mailto:bmthias88@gmail.com)

**7061. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in July 1989), Ht. 5' 11", Wt. 90 kgs, Wheatish Complexion, Edn. 12th, working for Central Railway Mec. Ftr II, Contact email : [pkevindsouza@gmail.com](mailto:pkevindsouza@gmail.com)

**6994. AUSTRALIA :** Mangalorean Roman Catholic divorcee, (Born in April 1959), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. Dip. ITI Course, working as a Technician. Contact email : [ninearries21@gmail.com](mailto:ninearries21@gmail.com)

**6996. MUMBAI :** Tamilian Roman Catholic Bachelor, (Born in September 1990), Ht. 5' 5", Wt. 75 kgs, Wheatish Complexion, Edn. BMS., M.Com., MBA in Marketing, working for L & T Infotech. Contact email : [rodnidavid@gmail.com](mailto:rodnidavid@gmail.com)

**6993. MUSCAT :** Mangalorean Roman Catholic Bachelor, (Born in May 1982), Ht. 5' 8", Fair Complexion, Edn. B.Com., Dip. in Financial Management, Working as an Accountant. Contact email : [sandeepfernandes2002@hotmail.com](mailto:sandeepfernandes2002@hotmail.com)

**6934. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in October 1987), Ht. 5' 6", Wt. 75 kgs, Fair Complexion, Edn. Graduate, Hotel Management, Contact email : [nevaidd2016@gmail.com](mailto:nevaidd2016@gmail.com)

**6986. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in March 1990), Ht. 160 cms, Wt. 66 kgs,

Wheatish Complexion, Edn. Graduate, working for MNC. Contact email : [alwyn90lewis@yahoo.com](mailto:alwyn90lewis@yahoo.com)

**6888. AMRITSAR :** Roman Catholic Bachelor, (Born in March 1990), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. Hotel Management (Diploma) in Singapore, working as a Captain. Contact email : [shephalivancet0@gmail.com](mailto:shephalivancet0@gmail.com)

**6813 USA :** Mangalorean Protestant Divorcee, (Born in March 1951), Ht. 5' 10", Wt. Medium, Fair Complexion, Edn. MBBS., MD., Doctor by profession. Contact email : [fh2@mail.com](mailto:fh2@mail.com)

**6585. MUMBAI :** Mumbai born and broughtup Roman Catholic Bachelor, Handsome, (Born in June 1988), Ht. 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. EXTC Engineering, working as a Networking Engineer. Having own accommodation. Contact email : [18.elaine@gmail.com](mailto:18.elaine@gmail.com)

**6250. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in January 1974), Ht. 5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.A., working as a Manager. **Contact email : [cardoz.clint@gmail.com](mailto:cardoz.clint@gmail.com) OR 9833563182**

**6771 CANADA :** Bombay born, broughtup and educated Kerlaite Roman Catholic Bachelor, (Born in October 1987), Ht. 180 cms, Wt. 75 kgs, Fair Complexion, Handsome, Edn. B. Tech Computer Engineering, working as a Software Engineer. Permanent Resident Canada. Seeks a well educated girl from Canada, U.S. Or Mumbai. Good looking, ready to settle in Canada. Keralite / Mangalorean / South Indian. Contact email : [anthony99ignatius@gmail.com](mailto:anthony99ignatius@gmail.com).

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**7080. MUMBAI :** Goan Roman Catholic Spinster, (Born in July 1991), 5' 5", Wt. 78 kgs, Wheatish Complexion, Edn. M.Com., working as an Accountant. Contact email : [fernandesronita25@gmail.com](mailto:fernandesronita25@gmail.com)

**7030. JAIPUR :** Roman Catholic Spinster, (Born in November 1987), Ht. 5' 3", Wt. 85 kgs, Wheatish Complexion, Edn. M.A. in English & B.Ed., Teacher by profession. Contact email : [jennifer27nov@gmail.com](mailto:jennifer27nov@gmail.com)

**7029. MUMBAI :** Keralite Roman Catholic Spinster, (Born in September 1992), Ht. 5' 6", Wt. 55 kgs, Fair Complexion, Edn. M.Sc., Asst. Professor. Contact email : [augustyofs@gmail.com](mailto:augustyofs@gmail.com)

**7073. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in January 1982), 5' 3", Wt. 64 kgs, Wheatish Complexion, Edn. M. Pharm, Ph.D., Seeks a well settled qualified bachelor. Contact : email : [apoline\\_ubi@yahoo.co.in](mailto:apoline_ubi@yahoo.co.in)

**7048. MUMBAI :** Roman Catholic Spinster, (Born in April 1989), Ht. 5' 2", Wt. 52 kgs, Wheatish Complexion, Edn. Masters in Social Work, working for an NGO. As a Manager. Contact email : [saviomay89@gmail.com](mailto:saviomay89@gmail.com)

**7036. USA :** Goan Roman Catholic Spinster, (Born in December 1991), Ht. 5' 3", Wt. 56 kgs, Wheatish Complexion, Edn. B.E. (E & T/C), M.S. (Tech. & Mgt.), working as a Strategic Consultant. Contact email : [veronicadsouza27@gmail.com](mailto:veronicadsouza27@gmail.com)

**6983. MUMBAI :** East Indian Roman Catholic Spinster, (Born in December 1991), Ht. 160 cms, Wt.52 kgs, Wheatish Complexion, Edn. Educated, working. Contact email : [joaquimbalbina17@gmail.com](mailto:joaquimbalbina17@gmail.com)

**7072. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in April 1991), Ht. 4' 10", Wt. 60 kgs, Fair Complexion, Edn. Digital Media, working for Designing Firm. Contact email : [aubreyds@gmail.com](mailto:aubreyds@gmail.com)

**7069. MUMBAI :** Tamilian Roman Catholic Spinster, (Born in April 1992), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. B.Sc., Nursing, Staff Nurse. Contact email : [mpchandran68@gmail.com](mailto:mpchandran68@gmail.com)  
Mobile : 9820041633

**7022. MUMBAI :** Goan Roman Catholic Spinster, (Born in January 1993), Ht. 5' 2", Wt. 50 kgs, Fair Complexion, Edn. B.Sc., IT, working as a Manager. Contact email : [doran.costa@gmail.com](mailto:doran.costa@gmail.com)

**7003. MUMBAI :** Tamilian Roman Catholic Spinster, (Born in May 1991), Ht. 5' 1", Wt.47 kgs, Fair Complexion, Edn. B.Sc., IT, working as a Software Engineer. Contact email : [annette.anthony10@yahoo.in](mailto:annette.anthony10@yahoo.in)  
OR 9967681810

**7070. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in March 1992), Ht. 5' 5", Wt. 48 kgs, Wheatish Complexion, Edn. M.Com., CS., working as a Company Secretary in Private Firm. Contact email : [smile9920@outlook.com](mailto:smile9920@outlook.com)

**7060. MUMBAI :** East Indian Roman Catholic Spinster, (Born in February

1983), Ht. 5' 4", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., Diploma in Finance from NMIMS, Diploma in B, Self employed. Contact email : [vianneyde2k@yahoo.com](mailto:vianneyde2k@yahoo.com)

**7059. SATARA :** Tamilian Roman Catholic Spinster, (Born in July 1983), Ht. 5' 2", Wt. 55 kgs, Wheatish Complexion, Edn. MA, B.Ed., (English), Teacher in Convent School. Contact email : [veronicadavidvd12@gmail.com](mailto:veronicadavidvd12@gmail.com)

**7044. DUBAI :** Mangalorean Roman Catholic Spinster, (Born in February 1991), Ht. 5' 11", M.Com Finance & Accounts working in Dubai invite alliance from well settled bachelors. Kindly reply with full details and photographs to email : [waltercb@hotmail.com](mailto:waltercb@hotmail.com)

or whatsapp on 00971506245183  
**6972. M.P. :** Roman Catholic Spinster, (Born in April 1986), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A., working as a Manager. Contact email : [anitabilung@gmail.com](mailto:anitabilung@gmail.com)

**7021. MUMBAI :** Goan Roman Catholic Spinster, (Born in February 1988), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. B.Com., working as a Sr. Sales Officer in Tatas. Contact email : [ofira.afonso@gmail.com](mailto:ofira.afonso@gmail.com)

**7013. MUMBAI :** East Indian Roman Catholic Spinster, (Born in November 1989), Ht. 5' 2", Wt. 61 kgs, Fair Complexion, Edn. M.Com., PGDFM., working as a Financial Analyst, Contact email : [dmelloraymond23@gmail.com](mailto:dmelloraymond23@gmail.com)

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**7091. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in March 1990), Ht. 5' 2", Wt. 44 kgs, Wheatish Complexion, Edn. MBA PGDM, working as an Assistant Manager Presales for a multinational firm. Contact email :

priyaquadrass@gmail.com

**7081. MUMBAI :** Goan Roman Catholic Spinster, (Born in April 1993), 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. Masters of Dentistry (MDS), Dental Surgeon, Doctor by profession. Contact email : carlferns93@gmail.com

**7074. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in January 1985), 5' 2", Wt. 65 kgs, Wheatish Complexion, Edn. B.D.S., (Mumbai), Self Practising. Seeks a well settled qualified Or Professional bachelor. Contact : email :

dabfern@yahoo.co.in

**7064. MUMBAI :** Goan Roman Catholic Spinster, (Born in May 1988), Ht. 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. MBA, working for Private Company as an Accounts Executive. Contact email : cecrc19@gmail.com

**7098. MIRAJ :** Protestant Spinster, (Born in November 1983), Ht. 5' 4", Wt. 52 kgs, Wheatish Complexion, Edn. Masters in Dental Science, Doctor by profession. Contact email : dprebentisch@yahoo.com

**7071. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in April 1983), Ht. 5' 3", Wt. 63 kgs, Fair Complexion, Edn. M.A. B.Ed., Teacher in Aided School. Contact email : marinamia44@gmail.com

**6951. MUMBAI :** Born Again Christian Divorcee, (Born in October 1976), Ht. 5' 5", Wt. 55 kgs, Fair Complexion, Edn. Post Graduate Diploma, working for Insurance Company. Contact email : sonalmodawal33@gmail.com

**7058. MUMBAI :** Goan Roman Catholic Spinster, (Born in September 1987), Ht. 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. B.Com., working back office. Contact email : venita\_fernandes@rediffmail.com

**6690. MUMBAI :** East Indian Ro-

man Catholic Spinster, (Born in December 1986), Ht. 5' 2", Wt. 54 kgs, Fair Complexion, good looking, smart, intelligent, Edn. CS., LL.B., working as a Asst. Company Secretary. Seeks a suitable educated and well settled bachelor. Caste no bar. Contact email : joylinafaroz@gmail.com.

**7067. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in October 1994), Ht. 5' 4", Wt. 54 kgs, Fair Complexion, Edn. Chartered Accountant, working for Finance Department in MNC. Contact email : wpm999@gmail.com

**7037. MUMBAI :** Gujarati Roman Catholic Spinster, (Born in June 1979), Ht. 5' 3", Wt. 63 kgs, Fair Complexion, Edn. T.Y.B.A., Mumbai University, working as a Frant Office. Contact email : lisamacwan3@gmail.com

**7063. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in January 1993), Ht. 5' 2", Wt. 60 kgs, Wheatish Complexion, Edn. Intert CA. working as a Fiancee. Contact email :

eshitapais@yahoo.co.in / paischarlie@yahoo.com

**7082. MUMBAI :** Tamilian Roman catholic Spinster, (Born in September 1985), Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. 12th std., working as a sales girl in Big Store. Contact email : susanmoses1385@gmail.com

**7035. MUMBAI :** Goan Roman Catholic Spinster, (Born in October 1988), Ht. 5' 1", Wt. 80 kgs, Wheatish Complexion, Edn. B.A., Post Graduation Diploma in Tourism, Working as a Manager. Contact email : louizad2002@yahoo.co

**6936. MUMBAI :** Karwari Roman Catholic Spinster, (Born in May 1968), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. SSC., working as a Patient care taker. Contact email : donii1967@gmail.com

**7043. MUMBAI :** Mangalorean based in DUBAI Roman Catholic Spinster, (Born in October 1988), Ht. 5' 7", Graduate in Hospitality Management from Mumbai University working in UAE invite alliance from well settled Bachelors. Kindly reply with full details

and photographs to email : udyavar99@hotmail.com OR Whats app 9930527227

**6032. DUBAI :** Goan Roman Catholic Spinster, (Born in April 1976), Ht. 5' 2", Wt. 41 kgs, Wheatish Complexion, Edn. B.A., working as a Secretary. Contact email :

track\_1976@yahoo.com

OR 9730454857

**6970. MUMBAI :** Roman Catholic Spinster, (Born in September 1987), Ht. 5' 2", Wt. 48 kgs, Fair Complexion, Edn. CS & LLB., working as a Company Secretary. Contact email : mendonsajacinta@gmail.com

**6935. MUMBAI :** East Indian Roman Catholic Divorcee (1st marriage annuled by the church), (Born in February 1983), Ht. 5', Wt. 61 kgs, Wheatish Complexion, Edn. M.A., working as a HR in MNC. Contact email : cocom4053@gmail.com

**6341. MUMBAI :** Protestant Christian spinster, (Born in April 1985), Ht. 5' 1", Wt. 58 kgs, Wheatish Complexion, Edn. B.A., B.Ed., Teacher by profession Seeks a groom from well settled, educated and good family background. Contact email : georgethomas1353@yahoo.com

**6497. POONA :** Tamilian RC Spinster, (Born in January 1982), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working as a Sr. Manager. Contact email :

harryanthony.7@gmail.com

**6989. MUMBAI :** Smart, good looking Spinster, (Born in February 1989), Ht. 5' 6", Wt. 72 kgs, Fair Complexion, Edn. B.Com., working as a Sr. Specialist. Looking for God Fearing boy from Catholic family, Settled in Mumbai. Contact email : khanhi@willis.com

**6951. MUMBAI :** Born Again Christian Divorcee, (Born in October 1976), Ht. 5' 5", Wt. 55 kgs, Fair Complexion, Edn. Post Graduate Diploma, working for Insurance Company. Contact email : sonalmodawal33@gmail.com

Address your replies to :

Regd. No. \_\_\_\_\_

ROYAL CHRISTIAN FAMILY,  
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**The forthcoming**

## **Bumper Christmas Issue 2019**

**Theme GIFTS**

Giving and receiving Gifts is an age old tradition. The three kings came with gifts to honour baby Jesus. We all present gifts to our near and dear ones sometime or other during celebrations or auspicious occasions. Various opportunities, responsibilities, abilities in us are gifts from Heavenly Father. Our society is also with full of talented people which is a gift from Lord Almighty. We are blessed with numerous types of gifts.

We also offer gifts to our business associates. We also give gifts to the needy and deserving persons, poor, etc.

**So the tradition of giving Gifts is the topic for this Christmas Special Issue of the Secular Citizen. We welcome articles on the theme of GIFTS from our contributors and other writers. Send your articles of contribution to reach us at least by 2nd December 2019.**

### **The Secular Citizen**

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