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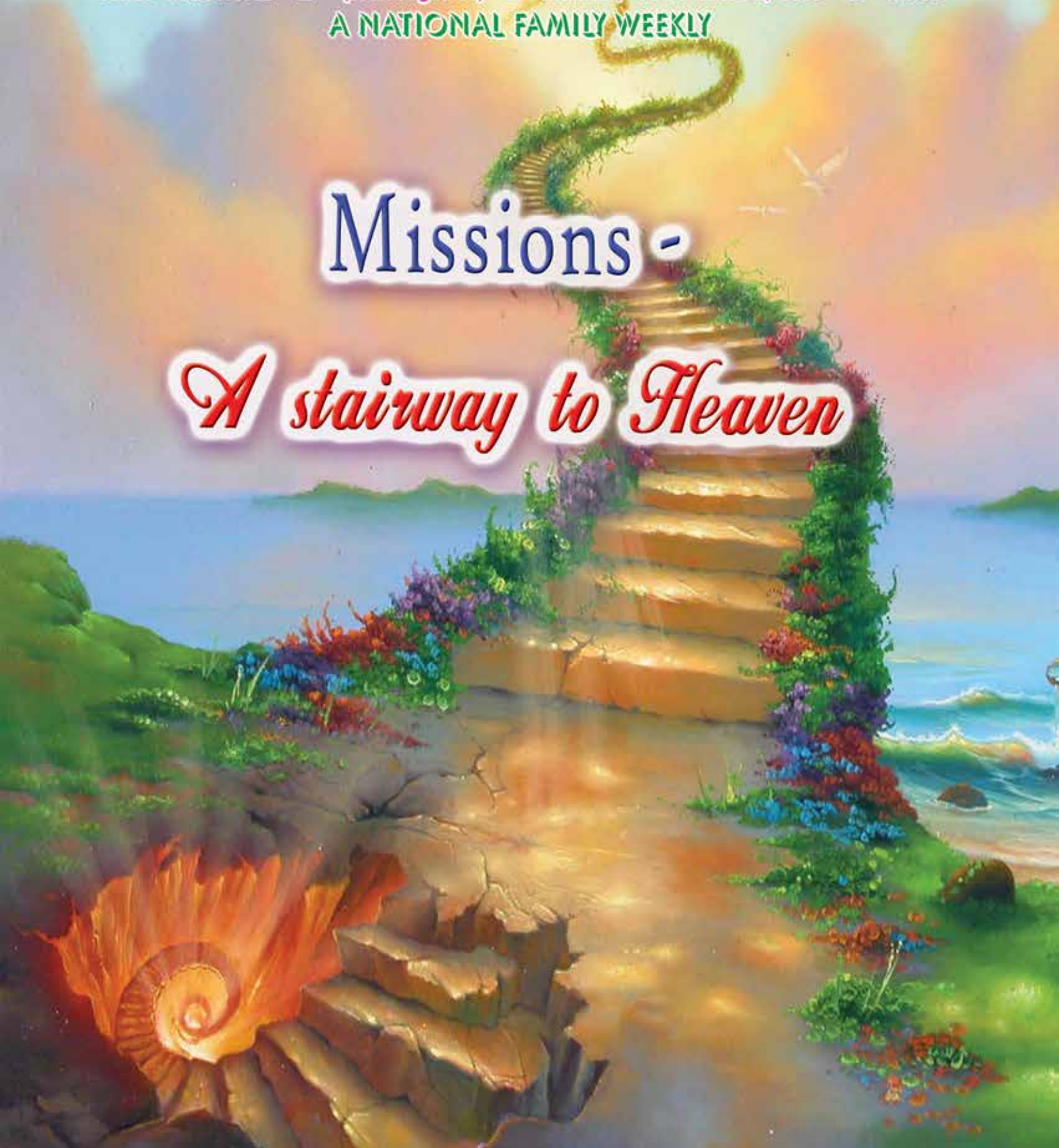
THE SECULAR CITIZEN

Vol.28 Issue No.42 ■ (Total Pages 24) ■ Mumbai, 14-20 October, 2019 ■ Rs. 10

A NATIONAL FAMILY WEEKLY

Missions -

A stairway to Heaven



Canara Konkani Association, Borivali

Proudly Presents
Mhataro Chorbela Drama Group's
Konkani Super Hit Comedy Play



Francis Fernandes
Cascia



Joy Paladka

FUTULLI MODKI

ಫುತ್ಲಿ ಮೊಡ್ಕಿ



Julie Vas

Written by : **Francis Fernandes Cascia**
Directed by : **Joy Paladka**



Peter Pais

Acted By :



William D'Souza



Flora D'Souza



Gregory Sequeira



Vincent Castelinho



Shanti Barboza



Peter Coutinho



Lavina D'Souza

On 27th October 2019 Sunday
at Prabodhan Takare Auditorium Borivali (W) at 8 pm.

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Subscriptions Rate:

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• Rs. 3000 for 12 insertions. (1 year The Secular Citizen FREE)

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+91 - 9820485389**or****secular@sezariworld.com****Being Pawns in Politicians Games?***By Don Aguiar*

While Cutting Hair, the Barber Asked the Minister -

"What's This Swiss Bank Issue, allocation of coal mines issue, 2G spectrum
issue, etc.?"

Minister Shouted, "R U Cutting Hair or Conducting an Inquiry?"

Barber: Sorry Sir, I Just Asked.

Next Day, While Cutting Hair, He Asked Top Minister:

"Sir, what's This Black Money, allocation of coal mines issue, 2G spectrum
issue, etc.?"

Minister Shouted, "Why did you Ask Me This Question?"

Barber: "Sorry Sir, Just Asked you"

Next Day, CBI Interrogated the Barber,

"Are um U an Agent of Pak?"

Barber: No Sir.

CBI: R U an Agent of Anna Hazare?

Barber: No Sir.

CBI: Then, While Cutting the Hair, Why Did U Ask These VIP's About Swiss
Bank, Black Money, etc. Issues?Barber: Sir, I Do Not Know Why, But When I Ask about Swiss Bank, Black
Money, etc., Their Hairs Stand up Straight; & That Helps Me to Cut Hair Easily;
that's Why I Keep Asking.*(Contd.. on p. 4)*

Like the Barber: It appears that many of us do not take trouble to find out as to what happened in these alleged scams, which were attracting attention of people because of Publicity given by the opposition and mainly by the BJP. This adverse publicity had helped BJP to change the perception of the common man and reap a political advantage in 2014 and 2019 election.

1) Let us know more about 2 G Spectrum allocation scam.

Then Cabinet Minister for Telecommunications, Shree Raja and DMK leader Ms Kulmozi were arrested and CBI filed a case against them along with others. However no other politicians, had to face a trial so far. Hon Judge Shree Saini of CBI court acquitted all accused including Shree Raja and he won a Parliamentary seat again in 2019. All accused were freed, as no credible evidence was laid before him by the Prosecution. In his judgement, he had expressed disappointed that, he was waiting every day in Court room for 5 long years with a hope that evidence will be laid before him by the CBI. The CBI, however failed.

* It is worth noting that it was the B.J.P. Government led by Shree Modi, which failed to prove the allegation in this case.

2) The Auction of 2 G took place in

2015 by Modi Government and had fetched hardly 20 thousand crores by BJP government. Then questions arises as to, on what was basis, estimates loss of over 2 lakh crores was arrived at by then CAG? B.J.P leadership must enlighten us by telling the truth and releasing all evidence it had.

3) As far as the Commonwealth Game Scam is concerned, request all to try to get more information from the Government under R. T. I. to know what happened to Cases against Shree Kalmadi. As far as my memory goes, only few officers were held guilty and their appeal is not come up for hearing.

4) Now, let us know more about Allocation of Coal Mines Scam. Shree Navin Jindal a Member of Parliament from Haryana is held guilty and he had filed an appeal, which has not yet come up for hearing. It is worth noting that other than Shree Jindal, no other politician is charged, even after a period of 6 long years. The B J.P. Government is the ruling party since May 2014 till this date and yet no politician is charged and put on trial. In the Coal mines allocation scam two or three officers including a senior civil service officer is held guilty and he also had challenged the verdict.

5) It must be noted that the planning Commission as well as Government wanted to generate more power to thermal energy by using our own natural resources. Dr .Singh, who was in charge of department of Coal mines

for some years was targeted by BJP to demolish his reputation. In fact, Dr. Singh followed the same criteria, which was laid down by the Vajpayee government in allocating coal mines to companies. The government allocated mines to companies which were eager to set up plants in several places. These companies together had taken huge loans from Nationalised Banks to set up these plants. However, since allocations of mines was cancelled in 2013, these companies could not start generating electricity and start repaying loans. Thus, the huge amount of loans and interest had turn it in to NPA. The Nationalised Banks suffered.

It means that because of political games played by the BJP it had indirectly caused loss to us all. Moreover, the shortage of power is felt in most of states. (This shortage is not felt as much as it was felt prior to 2013, reason for lesser demand for electricity is that very few new large size, or and small scale industries had come up in last 5 years. Many had pulled down shutters. Those who wish to counter this fact, may try to seek information at least from Directorate of Industries Of Maharashtra State or file RTI in ministry of industries at Centre or even approach the Stock Market to find out as to how many new issues of shares had come in the Capital Market in last 5 and half years.)

I think that we need to put more efforts to understand the dirty games played by Politian's before becoming pawns in their game.

Several books, articles, links are available for us to get more information. **Depending only on text put in Social Media, cannot be considered as Gospel truth.**

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The PMC Bank scam

The PMC bank scam has been hogging the limelight for the past few days and the saga does not seem to be coming to an end, soon. Almost every other day, there are new revelations about the goings on in the bank, several officials from the bank and borrowers are being exposed. Some newsreports say officials had information of the scam and managed to remove their funds from the bank. At the end of the day, it is the hapless depositors who are left high & dry.

The government, the Reserve Bank & other concerned authorities must understand that they are playing not only with public money but they are playing with the very lives of the public. The money deposited by the public is basically money given to the bank on trust. It is the responsibility of the bank to allow the depositors to withdraw their money whenever they need it. When the bank lends, it is basically public money that they are lending and when one lends money to someone it is definitely his responsibility to recover the money with interest. Of course, the bank is supposed to take adequate precautions like taking sufficient security, etc.

In view of the PMC scam, the Reserve bank, the government and related departments need to review the system while issuing new banking licenses. They must ensure that the proposed banks have adequate capability to run the banking business and have sufficient reserves in order to repay the public their entire deposits in case the bank goes bankrupt. The insurance of One Lakh has no relevance, they need to understand, it is the hard earned money of the public

that is at stake. They must get back their own money.

—Melville X. D'Souza
- Orlem, Malad West

Missionary Month

By declaring the Extraordinary Missionary Month, Pope Francis has rekindled in us our duty to proclaim the good news of Jesus to the world.

Though we Catholics are dormant in our commitment to the Lord's mission, we admire the Pentecostals in their spirit of proclamation. That is because they have been personally touched by Jesus and His word, which we Catholics don't experience by our emphasis on sacraments and various devotions. Instead of directions coming from above, we Catholics need to have personal conviction and commitment to Our Lord and his word. Celebrations of the Extraordinary Missionary Month and reciting the prayer are useful, but it should not merely end there.

In the present Indian political scenario, the word "missionary" has a bad connotation. We Christians are always accused of converting others by unlawful means. The term 'Evangelization' is better. Our proclamation should not be merely to non-Christians, but to the baptized and to be holistic, making it our life-long mission.

Will this prove to be a renewal in our personal and church life?

—F. M. Britto,
Raipur, Chhattisgarh

Why Language is Important

With reference to Prof. Robert Castellino's letter titled : One Nation One Language is not a favourable idea in The Secular Citizen Sept. 30 2019 a language is an important and useful form of communication and is never a waste of time and energy to learn and every language has its own unique features and when one learns a new language one's own language becomes clearer

In India we must stick to the three language system but must also include Hindustani promoted by Gandhiji as yet another link language.

All Indian languages must be written in the Roman Script to help simplify them and must use simple words to help make them popular and must be taught by using the audio visual system or the grammar cum audio visual system or through language self instructor books so that they be learnt easily .

The use of translating machines for translation purposes and video conferencing etc has died out since translating machines are not accurate in their translation but despite this fact people who have a flair for languages ie linguists make money through translation of one language into another language , as interpreters , as multi lingual tourist guides and as airline and ship stewards and stewardesses etc.

English is by far the best link language because it is a flexible language and even incorporates computer generated words with many different types of it being spoken and written in different countries worldwide .

Thus we see when a language becomes very complex and uses a very difficult vocabulary it becomes unpopular and even dies out .

By only promoting one language we will prevent people from having access to different types of courses in English both in India and abroad which is highly undesirable .

Thus we see why language is important.

—Peter Castellino

WE ARE VIOLENT!

"My religion is based on truth and non-violence. Truth is my God. Non-violence is the means of realising Him" said Mahatma Gandhi. Thanks to him, perhaps the greatest gifts which modern India has given to the world are his doctrines of 'Ahimsa' (Non-violence) and 'Satyagraha' (the force of Truth). Appropriately enough, from 2007 (due to the efforts of the then UPA Government), the United Nations decided to observe the birth anniversary of Gandhi on 2 October every year as the **International Day of Non-Violence**.

This year 2019, this day of 'non-violence' is extra-special: it is the 150th birth anniversary of Gandhi. Sadly, enough the widely accepted 'Global Peace Index 2019'

places India a miserable 141 out of 163 countries ranked. If India's performance of the last four months must be revaluated based on various parameters used in the survey, the country would surely figure among the most violent nations on earth today! Yes, we are violent! Violence, in India, is increasing in every sphere day by day! We lack the visionary leadership and a mass movement to mainstream non-violence!

We are violent: Kashmir is a classic case today! For almost two months we have violently denied the people living there what is legitimately theirs. We have denied them their freedom of speech, expression and movement and their other human rights. The unconstitutional manner by which Articles 370 and 35A have been abrogated would make any thinking and objective citizen to grimace in anguish! In fact, several of us, in a pernicious way have 'celebrated', the overrunning of Kashmir and the way the military is used to cage in people.

We are violent: the poor are impoverished day by day! On the other hand, the rich and the powerful are given licence and privileges to become

richer every day. The growing gap between the rich and poor is widening as never before! For those who 'have' it does not matter, if their 'lollipops' are not snatched away. Industries are closing; unemployment has reached an all-time high; suicides of farmers and other poor in rural India are unabated. Demonetisation and other faulty policies have wreaked havoc on the economy. This is also violence. We don't seem to realise that.



BY FR. CEDRIC PRAKASH SJ

We are violent: Dalits and Adivasis in most cases continue to be marginalised. This is clearly reflected in our attitudes towards them and in our persistent action of treating them as the 'other'. We are subtly and directly told that

'those who scavenge are ordained by God to do so.' Vacancies for them in education and jobs are never filled. Dalit boys who are defecating in public are bludgeoned to death by a high caste mob. The forests are strategically being taken away from Adivasis and other forest dwellers: a place which they called home from time immemorial

We are violent: women and children continue to be victims of a patriarchal society. When a young girl studying in a law college is repeatedly raped by a powerful politician, it is she who is sent to jail! One needs to take a cursory glance at a daily newspaper to see how women are consistently subject to every form of violence at home and in society. Recent international studies highlight that India is no safe place for women. The same is the fate of children too; child labour is rampant!

We are violent: minorities are a soft target! We forget that India belongs to all and pluralism is our strength. Muslims and Christians are put on the backfoot and frequently attacked. Hate speeches abound denigrating the minorities. Ruling party members instigate the people by questioning the 'patriotism' of minorities. The 'con-

version' bogey is played repeatedly like a record pin stuck in a groove; all part of a divisive game plan. Minorities are not easily given Government jobs and, in some places, not allowed to live in the place of their choice.

We are violent: lynching is the new normal! Words of a former Chief Justice of India! The 'hindutva' elements continue with frightening regularity to lynch people. They don't need a reason: it could be what one eats or wears or writes or speaks. They think it is their 'divine right' to take law and order in their own hands. They do so with impunity because they know that they are cloaked with immunity: the 'powers' are with them! A man is lynched in the midst of several witnesses and of course the police later on have to say that the man has died of 'cardiac arrest'!

We are violent: look at our environment! There is no concerted and sustainable action to address the disastrous effects of climate change. Powerful mining and timber lobbies plunder natural resources and pillage our forests at will. The real estate developers indiscriminately close natural water bodies in order to put up palatial buildings. We see no problem in destroying part of the 'Aarey' Forest for the construction of a metro shed. Care of the environment for many, is merely a cosmetic exercise and often a propaganda stunt! India has some of world's most polluted cities!

We are violent: arms and ammunition are now a strength! We falsely pride ourselves that might is right. India today is the largest importer of arms in the world! Not a laudatory statement for a country where millions still must eke out their survival. In order to defocus from the grim realities of the country 'Pakistan' is made the enemy. Events are stage-managed. Frenzy is raked up in order to create a 'war-like' atmosphere and if the so-called 'eventuality' rises. Nuclearization is on an upscale, when a good part of the world is working towards 'de-nuclearization'

We are violent: there is blatant social media manipulation and disinformation campaign orchestrated at

(Contd.. on p. 7)

(Contd.. from p. 6)

the highest levels. A well-researched study entitled 'The Global Disinformation Order' was recently released by the Oxford University. The report highlights how India is one of the countries that use social media to manufacture consensus, automate suppression and undermine trust. It shows how Government deploys an army of 'trolls' (whom they call 'cyber troops') to bully or harass political dissidents or journalists online. Violence is clamping down truth!

We are violent: when we choose not to speak! When we do not take a stand for the down-trodden and the exploited, for human rights defenders and journalists who expose a wrong, we become complicit to crime. When as Judges of Supreme and High Courts, we 'rescue' ourselves from contentious cases knowing that if the cause of Justice must be served, one must take a stand on the side of truth. When we think that soft-peddalling an issue or taking a more 'diplomatic' stance is an option for brownie points. Not being visible and vocal for Justice and Truth is violence.

Today as we celebrate the birthday of a man who gifted us the strength of 'non-violence', and the tremendous impact this form of social response has had all over the world, we in India, need to hang our heads down in shame! Instead of being the beacon of non-violence in the world, we have allowed ourselves, our attitudes, our articulations and our actions to be steeped in violence. When a person is being lynched, we take sadistic pleasure in videographing that incident and are sometimes debased enough to click a selfie during that terrible violence. On this sacred day, we would well to commit ourselves, at every level to non-violence. Above all, we need to recall the words of the Mahatma that, *"Non-violence is not a garment to be put on and off at will. Its seat is in the heart, and it must be an inseparable part of our being"*.

**(Fr. Cedric Prakash is a human rights/peace activist & writer. Contact: cedricprakash@gmail.com)*

6 Hindrances to "Prayer"!



There are at least six hindrances to our prayers! The Old Testament especially cautions us, not to blow our trumpets: "Let those who boast, boast in this – that they understand and know ME, that I AM The LORD! For I act with steadfast love, justice and righteousness in the earth; and for these things I delight" (Jeremiah 9:24). Here are 'six verses' from the New Testament imploring God to respond to our petitions; and why He does not?

1. Breaking God's Commandments: "I have been found by those who did not seek Me ... But of Israel, All day long I have held out My hands to a disobedient and contrary people" (Romans 10:20-21).

2. Unsympathetic Attitude: "If you forgive others of their trespasses, Your Heavenly Father will also forgive you; but if you do not, neither will Your Heavenly Father forgive your trespasses" (Matthew 6:14-15).

3. Unhealthy Motives: "You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures"

(James 4:3).

4. Embrace Christ: "If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you" (John 15:7).

5. Loyalty not Denial: "Ask in faith, without doubting, for the one who doubts is like a wave of the sea, driven and tossed by the wind. A doubter is double-minded and unstable, and should not receive anything from the Lord" (James 1:6-8).

6. Value your Spouse: "Husbands, show consideration to your wives in your life together, paying honor to them as the weaker sex. They too are heirs to the gracious gift of life; so see that nothing may hinder your prayers" (1 Peter 3:7).

So, brag about only in the Crucifixion and Resurrection of Our Lord and Savior: "May I never boast of anything except the 'Cross' of Our Lord Jesus Christ; by which the world has been crucified to me, and I to the world!" (Galatians 6:14).

—Dr. Trevor Colaso,
Memphis, TN. USA.

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KHANADANI BARTHOL!

by Fr. Michael G., Vasai

Everything about Fr. Barthol Machado is majestic. It looks like it just happened just eventually. It was June 1962. St. Pius X College annual opening day. A new batch of seminarians from Vasai landed one evening in Goregaon Seminary. It was a unique scene with all together because as many as 16 young men from Vasai had joined the seminary and there was a jubilation in the seminary. Fr. Barthol was one among! He was there with his Khandan! His large family with 6 brothers and 2 sisters! Eversince Barthol is struck in my mind as *Khandani Barthol!*

He is born with a silver spoon in his mouth. Therefore everything about him happened to be bountiful! I need not recount the achievements of his life. Thousands have witnessed them and hundreds have even penned them down in this very volume. Barthol's life looks as a tree adorned with successes today. He has lived his 75 to his heart's content. I have never seen him sad, marose; but always in youthful and lively spirit! In every field he has done immense service. Yet what stand most impressively are the buildings. The school buildings at Jerimeri and Gorai, and the Church at Kalyan stand up like Alibaba's, effortless magical. His fundraising skills and building techniques make the task so smooth that all seem like dreams coming true in a short time! Not denying Barthol's hard work and some agonizing nights at times; but his always happy and joyous character does not *smell the midnight oil*.

There is a story told of a priest. He died and St. Peter at the entrance began to search for his name in the list of priests. He did not find. Finally

he found it in the list of builders! The mistake was of St. Peter, not of the priest. In 1970s II Vat. Council taught Barthol and us to be hyphenated priests. Priest could sanctify himself with any job after the daily celebration of the Eucharist. Everything is sacred. Priest could be a principal, manager, then why not a builder too? In fact one needs stronger spirituality to be a builder-priest! Was Barthol just lost in *reti-cyment-ghamela*? Never! He was building The Lord's house! He inspired even the youth to soil their hands in mud as he involved them in the relief work at natural calamities in villages like Koyana Dam and Ahmendnager. His work among the youth is not just social but vocational. He built true priestly personalities at Vianney Ashram.

Lucky as he is, all his life is fantastic! The area of his activities is spread beyond limits from Vasai, Mumbai to Navi Mumbai. *Shivaji's Vasaikar Mawalaa*, rode his horse galloping all over! Khandani Barthol which could be translated as *Princely Barthol*! It means a man of illustrious family. Barthol's family was rich and illustrious, related to me. His father *Bastulya Mashyadh* was working in Bombay Port Trust as a Shed Manager, unbelievable post in 1960s. It was a well paid job and Bastulya would exhibit his *Khandani* in public. On feast days he would display festive spirit even with song and dance! His mother *Betrin* would appear with a lot of gold and red sari (*Lugaram*)! Nothing was petty in Barthol's life. How was that? Ask the partial God! We visit as seminarians, everything was in plenty in His ancestral house that was big enough to shelter his three uncles and all cousins with our common great grand mother ... to look after all ably! The house is still standing sheltering the youngest uncle magistically, teasing the present time!

Barthol was daring in life. He would try out new lines of apostle - from liturgy to drama! No spirituality is left out. In

Fr. Barthol is a priest of Mumbai Archdiocese celebrating his Diamond Jubilee on 27th Oct. in Vasai. A few words to describe him as he comes across to me-

1960s encouraged by Vat. II he even tried secular spirituality and played dangerously with his priestly vocation in the world! As at Taize, at yoga too became his spiritual field! A few times Barthol has shared our group meeting with Frs. Pithekar, Michael D'souza and myself. There too I saw his spirit of magnanimity to embrace both young and old views and choosing that what is practical.

His overall life story brings to my mind the image of *Hanuman*! The powerful devotee at the service of *Shri Khrist*! When *Hanuman* was building a bridge to *Shri-lanka* to free and bring back Sita, the ballet lines go like this:

Baandhaa setu baMdha re saagar/ girirajace deha nikhaluni...

Build the bridge, build it at the sea, depositing mountains uprooted by elephants and thrown as rocks into the sea/... throw trees, throw mountains,

... Rambhakti is overflowing in his heart that pushes Hanuman further...

Barthol seems to have gathered the strength of Hanuman in specially huge structures that involved crores of rupees he gathered and poured into jobs without troubling the Archbishops!

Barthol has been lucky all along. It is said in Marathi: one who eats of sugar, God gives him more! Why, Jesus too has said, one who has, will be given more! I visited Bartholji a few days ago at Portuguese Church. He came across to me as a Portuguese Voiceroy, roaring in his office, living in A.C, moving in car! A towering personality in the parish that is a beehive of pastoral and social activities, head-

(Contd.. from p. 8)

HOWDY COMMON MAN ?

The most important factor of our democracy is : Commonman on whom the ruling majority rides, is always forgotten. Once in power, our Netaji always forgets the whips and scorn of time a common man goes through... He is ignored, his pains and pangs are ignored... Common man is given no importance....

Nowhere in the world you witness hero worship so much as we have in India. We are accustomed, so to say, to worship a hero. It seems very common among us Indians to hero worship. In the early 50s we had of Nehru or Jawahar. It is never so in West.

We have nearly 4200 daily newspapers and many of them carry full page advertisements carrying photographs and achievements of political leaders. Crores of rupees are spent for publicity. You will never ever see any U S newspapers carrying Trumps pictures for publicity.... So it is with an democratic country in the West. They do not use public money for government publicity. Government agencies in India spend crores of rupees after publicity. We have full-page adds with PMs pictures.

Narendra Modi, as per one R T I report, spent nearly 4000 crores in 51 foreign tours. Any accountability to anybody? Any justification? Is PMO supreme in a democratic India? We live in a democratic country but ours seems to be a majoritarianism. The ruling majority is so hefty and



heavy and weighty that the opposition sounds hollow and empty - carrying no importance whatsoever.....



by Ignatius Dabhi
Sr. Journalist

Nobody bothers about the common man. He is passing through a trying time. Life poses problems and there is no end of this tunnel it seems. Who voices his concern?

What is the remedy of his miserable life? According to a report, cases of suicides are rising. His life has no hope and happiness, a youngster feels. The common man in India seems to undergo a tunnel of no hope. Media and newspapers seem to be purchasable commodities. Their loyalty is with money and power.... Common man hardly knows the difference between a paid news and

real news.... For this the veracity of truth is "It is printed...."! He thinks all that is printed is true... Today the media and press in particular are under scrutiny. Big channel lines and their anchors are sold away to some party or people.... Nobody has time or inclination to ask

a common man :
HOW DY COMMON MAN?....

Let the P M spend crores, a real question to ask is : In what way your expensive foreign trips help to alleviate the grim condition of a commonman? Is the common man anyway better, happier than before? The very Greek word DEMOS means common people....

public.. If he is ignored, if he is forgotten.... the very meaning of democracy is lost. Once again, we need many Anna Hazares to fight for the cause of a commonman. Secular Citizen asks genuinely :
HOWDY COMMONMAN?

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Gandhiji's Seven Sisters

(A sequel to "Gandhiji's Quest for Truth")

by *chhotebhai*

It's done and dusted, Mahatma Gandhi's sesquicentennial birth anniversary. So we may now conveniently forget him and return to our humdrum lives. After all, no less than the PM has pompously declared rural India to be Open Defecation Free (ODF)! What more can we expect of the Mahatma? Just a minute. Are railway tracks a part of rural or urban India? Are they, among others, ODF?

This 2nd October I was livid with my fellow Gandhians. A year ago I had said to them that this sesquicentennial was a golden opportunity to tell people about the relevance and importance of the Mahatma. It was not to be; so I lost my cool and said that we ourselves were the real assassins, because of our apathy and passivity.

I nevertheless shared my thoughts in the shadow of his statue in Phoolbagh, Kanpur's central park. I chose to identify 5 core values of his, to which I subsequently added two more, taking the count to 7. Since I was speaking in Hindi I chose words beginning with the letter S, for easier memory recall.

I have classified them as the Mahatma's Seven Sisters. They are 1. Satya (Truth) 2. Sauhard (Harmony) 3. Saadgi (Simplicity) 4. Samay Palan (Punctuality) 5. Satyagrah (An act of non-violent civil resistance, as per wordsmith Shashi Tharoor) 6. Swaraj (Self-rule) and Swachhta (Sanitation). I shall briefly eulogise the Seven Sisters.

1. Satya (Truth): As I said in my pre-

vious article, truth was central to Gandhiji's personal and political life. He would sometimes go to extremes, so as not to compromise on truth. In today's world, so easily influenced by fake news, alternate facts à la Trump, dubious data and false claims, Gandhiji's quest for truth should be like a lodestone for all who profess to be his followers.

2. Sauhard (Harmony): Not just in India, but all over the world, people are looking at the "other" with suspicion – be they migrants, Muslims, evangelicals or jihadis. Respect for the other's beliefs, culture, dress, diet etc is severely stressed. Harmony has given way to hatred and suspicion. More than ever today we need to promote social and communal harmony.

3. Saadgi (Simplicity): British Prime Minister Winston Churchill had scoffed at the "half naked fakir". The latter had the last laugh. The man avoided every form of ostentation, and was not even comfortable with the title of Mahatma accorded to him. Jesus Christ's exhortation to "be as wise as serpents and simple as doves" (Mat 10:16) is most apt for him.

4. Samay Palan (Punctuality): We know that Indian Standard Time is jokingly referred to as Indian Stretchable Time, because of our penchant for being late. It is an insult to those who come on time.

5. Satyagrah (Civil Resistance): This was Gandhiji's most potent weapon against the British Empire over which the sun never set. Tell that to the Brits struggling with Brexit today! Sadly, as Martin Luther King Jr said at Gandhiji's 10th death anniversary in 1958 – we have acquiesced, adjusted and compromised. We have lost the stamina to stand for truth and justice. Even our "revolutionary"

youth just revolve around their mobile phones. Revolutions don't take place by pressing the like or forward button!

6. Swaraj (Self-Rule): The word has often been interpreted to mean Home Rule; whereas the man really meant "self-rule", where people were the harbingers of their own destiny. Sadly, the White Colonialists have been replaced by the Brown Bureaucrats. The Iron Frame controls us with an iron fist, or a possible slap on the face. The 73rd amendment to the Constitution on Panchayati Raj in the villages and the 74th for urban areas have either been watered down or not implemented. Hence the people are not the rulers, they are the ruled.

7. Swachhta (Sanitation): I deliberately left this for the last, because it was not a core value, it was incidental to the circumstances of the time. The upper castes expected the lower caste "untouchables" to clean up the filth generated by them. Environmental awareness had not yet assumed major proportions. Unfortunately the Govt's Swachh Bharat Abhiyan has not addressed the critical issue of disrespect for others. Photo ops of politicians using long handle brooms to sweep dry leaves actually leaves us wondering if this is what Gandhiji meant?

The final blow on 2nd October came with the Bollywood movie release "War" that attracted larger crowds than the apostle of non-violence. It was the last nail in the Mahatma's coffin. The sesquicentennial is indeed done and dusted; but Gandhiji's Seven Sisters are crying out in anguish. Is anybody listening?

** The writer is a Kanpur based Gandhian*

Australia release for book "Deliciously Indian"

-Ivan Saldanha-Shet.

A Mangalorean lady resident in Australia, dedicated to good Mangalore and Indian cooking and food, Lavina Mendonsa, nee' Coelho, is all set to release her long awaited book on Indian and Mangalorean cooking in Sydney this month. After years of work and systematically researching Indian cooking, with a focus on Mangalore traditional food has produced "Deliciously Indian". Friends in Oz where she has lived since 1980s, know her as Catherine, she lives with her husband Ivan Mendonsa and son Neil. Spurred by her family and social circle, she was motivated to bring out of this delightful book of 230 pages, "Deliciously Indian", for food lovers world over now and for future generations.

Lavina Mendonsa learned early cookery skills in a traditional form from her mother as was the normal practice. She enticingly adds, "My forthcoming book 'Deliciously Indian' a practical compilation of traditional Mangalorean recipes, dishes from other regions of India she experimented with in Australia - from starters, snacks and soups to main meals that cater for meat and fish lovers and vegetarians. There are recipes for rice, breads, salads, chutneys, pickles, desserts and even a section for spice powders.

The recipes have been tailored to perfection and come from the traditional kitchens of Coelho and Mendonsa families. More information to

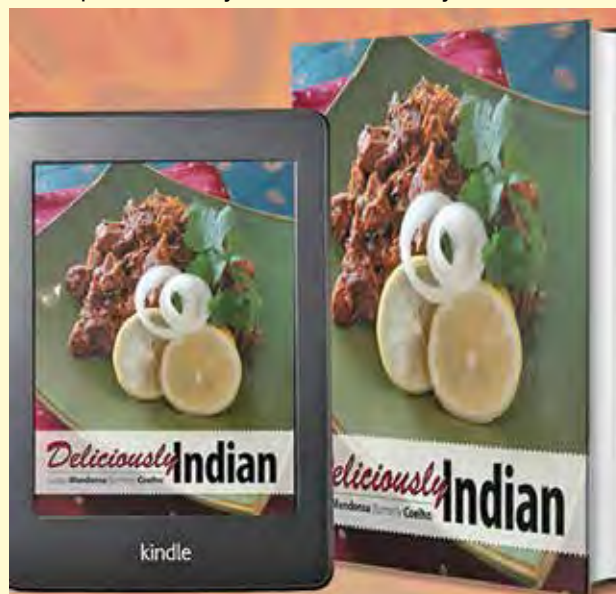


follow post release. It is always my dream that these recipes stay alive for long in the future. She says, "I want to keep 'Deliciously Indian' deliciously

alive for many generations to come. The younger generation to know the art of good eating with wisdom and strive for a healthier future. It is my dream that no matter where you are in the world, you will at once feel a sense of home each time you cook a recipe from this book and cheer life." In November, it will be available on Amazon.

Famous Kodial Cookery Tome "The Chef" - the connection : The real story lies in her genes, say many who know Lavina Catherine nee' Coelho. For she is the grand niece of Isidore John Coelho (1878-1968), the author of the famous legendary cook book of Mangalore, "The Chef". Isidore John Coelho is the brother of Lavina's grand father Marian Coelho, they also lived for a while in Bombay, now Mumbai. Lavina's early remembrance goes back to her mother and grandmother referring to an old copy of the ancient cooking tome, the original copy that the great personality presented to her parents in their wedding day.

The author unassumingly adds, "The original copy of 'The Chef' is now with me, given to me by my mother when I came to Australia; although now in tatters, holds a place of pride in my house as the sacred book is now over 75 years old." Indian food was influenced by the colonisation of the French, British, Dutch, Portuguese, Arabs, Chinese and Persian traders. Indeed, the Portuguese ruled Goa for 400 years and during this time they made significant contributions to the food culture which developed to some extent in the food circuit of old Mumbai. Indeed this special book "Deliciously Indian", will make dreams of sentimental generations a nostalgic reality for millions.



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Missions - A stairway to Heaven

When a highly educated youth holding a prestigious post in an esteemed company gave it up to live among the poor and illiterate in a remote hamlet in India, there was shock and disbelief! He had just one answer to the many questions posed to him- the call to serve the suffering humanity was too powerful to ignore! It is not surprising that at present he is heading an *Ashram* that has made a marked difference in the lives of the neglected people living around it.

It seems no hardships and setbacks can discourage those determined to serve the needy. With his band of dedicated workers, he manages an orphanage for boys, a home for the old destitute and an open school for poor children.

Locals of all generations and religions have sought refuge and a purpose in life at its hallowed precincts. If the older generation has found solace and care, the younger generation is educating itself in preparation for a bright future.

There are a great number of such men and women who have crushed their lofty ambitions to commit themselves to heal, educate and support the people in need of assistance. When they give up their families and a comfortable lifestyle to help others build families and improve their lives, they are indeed serving a Master whose Mission they continue!

One such Mission station is at *Mangaon, Raigad, Maharashtra*. Nearly 15 years ago, a zealous religious man, responding to the cry of the marginalized community that wandered aimlessly, barely existing on crumbs, went to live among them. The tribe was the severely neglected *Khatkari* community, poverty-stricken and homeless. This small tribe, brick mak-

ers by profession, lived at the mercy of the land-owners of the area, who exploited them mercilessly. Amidst the bare hills and dismal surroundings, hope and laughter were kindled to drive away the darkness of tears and desperation. Now they have built their settlement on top of a barren hill and till tracts of unused government land to produce legumes and vegetables. The hunger in their bellies and the disease in their bones have been replaced by smiles on their dark, handsome features!



by Vera Alvares

The Mission Station has expanded to provide social justice, health care, economic development and literacy to the people from many surrounding villages. Self-help groups, farming communities, accommodation for poor students have all been developed from scratch with sheer hard work by the community and support from parishes. The parishioners of St. Theresa's, Bandra consider themselves privileged to partner this venture and actively participate in raising awareness and funds.

We are told that anyone who opts to follow Christ is a Missionary! Those eloquent preachers from the pulpit often try to convince us that spreading the kingdom of God is our Baptismal calling and we assume the responsibility of carrying out this mission entrusted to us. The role assigned to each one of us is unique and contributes to the growth of healthy families and society. Even those enclosed within the walls of their homes can continue the Lord's Mission as much as those working amidst the sick, marginalized and poor.

Living our comfortable lives with all the amenities of life, may make us feel complacent, with no thought for the deprived people around us. But it is heartening to note that regular efforts are being made by Christians

to initiate proceedings now and then to reach out to the needy. When the GST tax was imposed, most of us were amused to see the GST collection drums in a suburban parish, waiting for the parishioners' donations that would be dispatched to calamity-stricken people around the country. The tax to the church could now be paid in kind! Grain, Sugar, Tea had been comfortably used to extort the people to pay for the needs of the suffering!

"Start by doing what is necessary, then do what's possible and suddenly you are doing the impossible" ST. Francis of Assisi

The two Missionaries who achieved sainthood, built stairways to heaven by doing what is impossible have become our role models today. Marie Françoise-Thérèse Martin, achieved heaven after a short span of life spent within the walls of a convent. Even though she never left her convent in France, she was a "spiritual sister" for two missionary priests, supporting them through her letters and prayers, and she had great missionary zeal for all people to know Christ. As a result, she is one of the patrons of Missions, together with St. Francis Xavier.

Saint Mother Teresa of Calcutta considered to be one of 20th Century's greatest humanitarians, grew up as Anjezë Gonxhe Bojaxhiu and responded to the call from a distant land. She was awarded the Nobel prize for her selfless toil of providing shelter and care to the abandoned babies and destitute from the gutters of the city. She went to her heavenly home at the age of 87 years and was canonized as Saint Teresa of Calcutta in 2016.

"In this life we cannot do great things. We can only do small things with great love."

—St. Mother Teresa of Calcutta

"Without love, deeds, even the most brilliant count as nothing."

—St. Therese of Lisieux

Drive away your mind

We live in a society where one is always expected to live and act according to the standards and expectations of the society. Yes, indeed all of us live in society and are bound to follow the rules and regulations but it's not a compulsion to go according to the crowd and measure your worth based on the standards set by the society.

I have experienced such various issues but one drawback in me which society identified or rather I would be precise if I said a few in the society felt was that I didn't know to drive.

Well I also had the desire to learn to drive but the circumstances and the situations somehow didn't favour and I was unable to learn to drive in my teenage years.

I received a lot of criticisms, many of them commented a few of them laughed and felt that I lacked guts. I choose to ignore all these comments and carry on.

Having dealt with all the rude remarks positively I had to face yet another such comment from a person inside the family zone, very often I was made fun off by him which I tolerated but like it is said everything as a limit. On a casual day while I met this person he immediately teased me and said if you wish you can take my vehicle and go, for which I did not respond



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by Sonal Lobo

he continued to laugh and say "oh you don't know to drive hasn't your father taught you? Very bad". I have taught my daughter to drive. These unwanted remarks kindled in me the desire to answer back and I politely told him yes, my dad did not teach me to drive a vehicle but he has

taught me to travel on my own. My father as encouraged me to use the public transport fearlessly and also instilled in me the courage to travel all over the place alone without having to fear about anyone. My dad had taught me to be independent and learn to manage even without a vehicle. It is his teaching that has made me so able that I can roam around without having to depend on anybody or anything to travel around. A vehicle would make no difference to me because I knew I could survive without a vehicle of my own.

After saying this I realized I had driven his mind crazy because he was a man who had just taught his daughter to drive but not to explore fearlessly, he never let his grown up daughter go around anywhere fearing what would happen, he had instilled fear in his daughters heart and not the courage to face boldly.

I was happy because may be I couldn't drive a vehicle but I could drive his mind away.

Most of us in life face such situations, people jeer and mock at us that we are not good. There are a few who enjoy highlighting other people's weaknesses forgetting to examine their own drawbacks.

Let these comments not drain us let us learn to accept it positively, when you feel you need to do something do



it but if you feel it's not required forget it. Let us not do anything just so that the society accepts us let us do it because we want to.

I know I will learn driving and drive around. But I am in no hurry to please anyone. Till then I will roam around the busy street of Bangalore happily in the buses and by walk. Next time you question me I will drive your mind away.

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Thanksgiving

Novena Prayer to St. Jude

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present urgent petition, in return I promise to make your name known and cause you to be invoked.



Say Three Our Fathers, three Hail Mary's and three Glory be's.

St. Jude pray for us and all who invoke your aid. Amen.

—John Pinto & Francina Pinto

Thanksgiving

Prayer to the Holy Spirit

Holy Spirit, you who makes me see every- thing and who shows me the way to reach my ideals, you who gives me the Divine gift to forgive and forget all that is done to me, and you who are in all the instincts of my life with me, I, in this short dialogue, want to thank you for everything and affirm once more that I never want to be separated from you, no matter how great the material desires may be. I want to be with you and my loved ones in their perpetual glory. To that end and submitting to God's holy will, I ask from you..... (your request)



—John Pinto & Francina Pinto

Delightful Cake



Ingredients:

250 gms maida
200 gms sugar
4 eggs
120 gms butter
1 tsp baking powder
350 gms raisins
100 ml rum
Few drops vanilla essence
150 gms lemon peel
50 gms walnuts
30 gms crystallised cherries



by Jubel D'Cruz

Method:

Grease the cake tin and sprinkle a little flour on the surface. Place a sheet of paraffin paper on the bottom.

Cut the cherries, walnuts and lemon peel into small pieces and immerse them along with the raisins in the rum.

Cream the butter and sugar along with the vanilla essence.

Add in the eggs gradually mixing all the while. Fold in the flour and baking powder. Mix in the rum with all the ingredients soaked in it. Pour the cake batter into the tin and bake it at 160° C for about 15 to 20 minutes.

Most important ingredients in Indian cooking
One of the most overwhelming aspects of the Indian pantry is the sheer number of crucial spices. That's why they may be called the 'heartbeat' of an Indian kitchen.

Cumin: Many Indian curries call for this strong, aromatic spice. You can find it as seeds or toasted and ground. As for its flavor, people often describe it as "warm and earthy" as well as "slightly bitter." Like most Indian spices, it plays well with others.

Coriander: The plant's seeds and leaves feature in Indian cooking as a spice and also a garnish. Described by some as "nutty" and "fruity," coriander seed is a key element in garam masala. It's believed to settle an upset stomach and be good for digestion, too.

Turmeric: This vivid yellow spice gives many Indian dishes their characteristic color. A relative of ginger, the spice is known for its anti-inflammatory properties as well as its valuable work as a flavor and color additive in curries.

Ginger: Fresh ginger gives delicious, peppery flavor to recipes. If you leave it exposed to room temperature, ginger spoils pretty quickly, so try this trick: Wrap a chunk of peeled ginger root tightly and store it in the freezer; you can grate what you need right into the pot.

Garam Masala: This is a blend of spices that varies according to cook and region of India, but it is a staple of Indian cooking the way that herbs de Provence functions in French cuisine. You'll want to add this to the pan when the recipe is almost finished so the fragrant flavor doesn't cook off or turn bitter.

Spicy red chilli pepper: Various chile peppers rack up the heat in curries; you can adjust quantities to taste. Cayenne pepper (pictured above) is one type of chile pepper that's easily sourced in supermarkets, but you can also use fresh red chile peppers if you prefer.

Nominations For ICPA Awards 2020

The Indian Catholic Press Association (ICPA), a premier organization of Catholic journalists, dailies and periodicals in India, invites nominations for three annual ICPA awards to be conferred on selected journalists/writers/publications during the forthcoming National Convention of Christian Journalists to be held at Don BoscoBhawan, Okhla, Delhi on 29 February, 2020.

The awards are in the following categories:

- 1) Fr Louis Careno Award: This award is given to an outstanding Christian journalist or Institution in India for his/her/their courageous contribution to uphold the true ideals of journalism and who have played a prophetic role in reporting/writing on relevant issues in ENGLISH or any other recognised Indian language other than Hindi.
- 2) Swami DevanandChakkungal Award: This award is given to an outstanding Christian journalist or Institution in India for his/her/their courageous contribution to uphold the true ideals of journalism and who have played a prophetic role in reporting/writing on relevant issues in HINDI language.
- 3) Award for Best reportage on SC/ST: This award is for a journalist or a publication for promoting/campaigning for the cause of the SC / ST for a period of at least one year or more.

Procedure for Nomination:

Any person may nominate an individual Christian journalist/publication/institution engaged in journalism and mass communications. No self-nomination will be entertained.

All nominations should include:

- 1) A recommendation letter from a person of repute in the field for the proposed candidate.
- 2) Resume of the candidate and five latest published news stories by the candidate.
- 3) In the case of a periodical, a brief note on its achievements to de-

serve the award

- 4) Two passport-size photos of the nominated candidate. In case of regional languages, headlines/titles should be in English.
- 5) Contact details of the nominee must be sent in the covering letter only and NOT on the published copies.

If you know any Christian journalist who can be recommended for any of the awards, please take necessary steps to recommend him/her.

**The last date for nominations:
30 December 2019.**

Entries for nominations should be sent to:

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(Contd.. on p. 15)

ing a large community with a bishop member!! As I entered the church compound I felt entering into a 5-star hotel! God has continued blessing him all along! What can I say, except "Praise God!"? In olden days he would have been made Monsignor! Why, now as an Episcopal Vicar he has great *baddaast*

What confounds me is that Simple Fr. Bhandari, a Franciscan in spirit was his vocation promotor. I am surprised how this affluent fish was caught by poor Bhandari! The answer is that Jesus has worked hard together with Bhandari. St. John Paul II describes the way Jesus called Mathew, the tax collector. "One day like any other, while he was sitting at the tax collection desk, Jesus went by and saw him, came up and said to him: "Follow me." And he got up and followed Him. Jesus looked at him. What a force of love the gaze of Jesus had to move Mathew as he did! What strength those eyes must have had, to make him stand up! Jesus stopped. He did not pass by hastily, but looked at him without haste, looked at him in peace. He looked at him with eyes of mercy; looked at him like no one had looked at him before. And that look opened his heart (Homily, Plaza de la Revolución, Holguín [Cuba], 21 September 2015).

Jesus must have cast similar look to win over 'princely' Barthol for his ministry. After all nothing is impossible for God. (Mt 19.26). In an age where people are often faceless, anonymous figures because they have no one, to lay their eyes on, may Barthol remind many for years to come, that we exist because we are in relationship with Jesus!

Will Barthol retire at 75? It will not be fair to God who has blessed him with so many blessings. I feel he has still another 25. In the coming days of undeclared emergency in the country, Barthol is very much required to try creative ways to spread the kingdom of Christ!!

Any Reason

At a wedding ceremony the priest asked if there was anyone who had any reason why the marriage shouldn't go on, it was time to stand up and speak, or forever hold his or her peace.

The moment of utter silence was interrupted by a young beautiful woman carrying a baby. She started slowly walking toward the pastor. Everything quickly turned to chaos. The bride slapped the groom and stormed out of the church. The groom's mother fainted. The groomsmen and brides maids ran away in all directions. The priest asked the woman, "Can you tell us why you came forward? What do you have to say?"

Here lies the best part

The woman replied politely, "Father... I can't hear anything from the back... So I moved to the front seats".

Son : Dad, I have a doubt?

Dad : What's it son?

Son : I learnt that Shri Ram attained Godly status by listening to his father in Satya Yuga.

Dad : That's true, son.

Son : But then Prahlad listening to his father in Treta Yuga.

Dad : That is also true.

Son : So, dad, kindly enlighten me, should I listen to you or not?

Dad : My dear son, we are living in Kalyug. It's good for both of us to



listen to your mother to lead a harmonious life

People who save money at home are tensed! People who kept money in banks are tensed! Only the people who have borrowed money are happy! Great economy.

Difference between talent and God's gift

A teacher can give lecture for two hours on any subject.

-This is talent.

A wife can give lecture for two hours without any subject.

-This is God's gift.

And a more deadly combination would be if your wife is a teacher.

Rita : They say that an apple a day will keep the doctor away.

Raju : Why stop there? An onion a day will keep everybody away.

Some people say onions are the only vegetable that make you cry. They've never been hit in the face by a coconut.

Richard and Rahul were going through an alley. The whole street was very deserted. Then Rahul loudly shouted, "Onion - five rupees a kilo" and both ran away. Till now people in that street are looking for that onion vendor.

Customer : Waiter, there's a dead beetle in my soup.

Waiter : Yes sir, they are not very good swimmers.

To be successful in the stock market, you need to have 'Nazar' to identify the stock, 'Jigar' to buy it and 'Sabar' to hold it.

If you don't have 'Nazar', 'Jigar' and 'Sabar', the stock market will surely dig your 'Kabar'.

They say laughter is the best medicine but if you laugh for no reason, you need medicine.

Instead of a sign that says "Do Not Disturb". I need one that says "Already disturbed proceed with caution".

The hotel bed Inkeeper : The room is Rs 15,000 a night. It's Rs 500, if you make your own bed.

Guest : I'll make my own bed.

Inkeeper : Great. I'll get you some nails and wood.

Johnny : Where do South Africa batsman perform their best?

Venkat : In advertisements.

Wife's intention vs husband's logic

Wife : Get a milk packet from the market. If you see eggs then get six.

Husband returns home with six milk packets.

Wife : Why did you bring six milk packets? Are you mad?

Husband : I saw eggs in the store. (You will read the message again)

This is how problems start after marriage.

Santa : Yesterday the police arrested me for tampering with the ATM.

Banta : What did you do?

Santa : It asked me to enter the PIN and I inserted a safety pin.

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Inspiration!

Time to rediscover your inner child

"Make a habit of talking to your inner child. He or she will share with your hidden traumas, joy and forgotten gifts."

-Aletheia Luna (Author)

SO, YOU ARE stressed out, overworked, underpaid and buried under your day-to-day life. Well, surely you could practice yoga, try to eat healthier and learn to rest more. But how about recapturing your childhood days. Just remember what made you happy when you were a young child and then go and do those things for yourself. Here are ways that we can receptive a little bit of those carefree days

Being an adult means life is filled with commitments and responsibilities and these demands can often leave us feeling stressed out. Instead of living in the moment, adults find themselves thinking mostly about the future and the past. On the flip side, children see the world through curious eyes and find inspiration in everything. Rediscovering your inner child can make your life much happier and less stressful. It can help you to appreciate the smaller things in life. Check out these simple things that you can do to bring out your inner child again.

- Be where you are. Kids are really good at enjoying the moment. Adults are addicted to thinking about all the things we have to do tonight, tomorrow and next week. Where you are is where the fun is and nowhere else.
- Smile more than you do. Children smile 400 times a day and adults only 15. Smiling is the catalyst to having fun.
- Enjoy your own sense of humour, laugh at your own jokes and puns.
- Paint, draw, build and write. Kids clearly enjoy those activities. Fun is being in your creative element.
- Remember when you are young and you lived to feel the wind on your face as you raced fast on your new bike? Re-live that all again and get on two wheels and feel the speed.
- Be impulsive. You want that ice-cream? But it and enjoy it.
- Dress up whenever you want - you have a whole wardrobe full of clothes, so put on an outfit that makes you feel happy.
- Instead of avoiding puddles, splash through them.
- Back before you could drive a car, heading to the nearest go-kart track was where you let off that driving steam. Go get that fun back and show off your improved driving skills.
- Show physical affection to the people you love. The best way to show someone that you love them is to give them a big hug.
- Find a play list of top 40 songs back when you were a kid or teen and re-live all the memories that will come flooding back!
- Eat from the jar. Let's face it, a spoonful of Nutella is somehow better than Nutella on toast.
- Apologise without shame to anyone you have upset.
- Cry loudly if you feel sad or upset.
- Say 'I love you' to all of the people you love.
- Talk nonsense sometimes. It's amazing how much fun it can be to just say funny words and sentences.
- Put yourself first - after all, you are pretty much the most important person you know.
- Boast about your achievement. After all, they took hard work, dedication and effort.
- Ask 'why' when you don't get what you want. Many adults just accept

the answer but why not question it? Why can't you have everything you want?

- Make meal times fun by playing

with your food.

- Go around to your best friend's house and ask them if they would like to play outside with you.
- If you think those water slides are only for kids, you're wrong! Go have hours of fun yourself sliding down and diving into the water.

NOTE THESE

- You will find more happiness growing down than up.
- In every real man a child is hidden that wants to play.
- The great man is he who does not lose his child's -heart.
- So, like a forgotten fire, a childhood can always flare up again within us.
- Anticipate the day as if it was your birthday and you are turning six again.
- A child who does not play is not a child but the man who does not play has lost forever the child who lived in him.
- One important way to get in touch with your inner child is to pay close attention to feelings that pop up in your daily life. Write a letter to your inner child. This can be an apology if you feel like you've neglected your inner child and want to repair that connection. It can also be a simple letter expressing your desire to strengthen the friendship.

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Our Mission - spreading God's word through action

by Melville X. D'Souza

Baptised & Sent : The Church of Christ on Mission in the World. Message from Pope Francis for the month of October being celebrated as extraordinary "Missionary Month". The Holy Father, Pope Francis, is trying to awaken us, he exhorts us to become aware that we have a mission in the first place - a mission to bring Jesus to the masses.

A mission is an important task given to a person is given to do. It may involve travelling from one place to another, within the country or outside the country. It would be expected that such a person would surely be committed to the task entrusted to him and achieve what he has set out to do.

What does a mission mean to us as Christians, baptised at birth, by virtue of our parents being Christians? We need to understand what Baptism means to us. As adults, we know that at baptism, the child is immersed in Holy water, symbolizing that his sins have been washed away and the child gets a new start in life. As baptised Christians, we are now called to go out into the world to proclaim God's word. And how are we going to do this ? The first thing that would come to mind is, reading the scriptures and then going out and preach. Do we have to proclaim the word just by rhetoric? There are several people who have proclaimed God's word through their actions, Saint Mother Theresa for instance. She carried out her mission with such commitment, in fact, she showed us practically how the word of God should be proclaimed.

Is it necessary to be educated in order to proclaim the Gospel to the world? Far from it - Jesus had uneducated, ordinary fishermen as his disciples. Go and preach the word of God to the whole world, He told them. They were perhaps afraid and at a loss at to how to go about it. But they had the power of the Holy Spirit to guide them, to strengthen them. And, they were able to carry forward Jesus' teachings and good works into the world. So comparably, are we in a better position to carry out our mission?

Pope Francis himself shows us how we can carry forward this mission, by his own actions. So, what is our plan of action? We are not expected to travel to the corners of the world in order to preach the word of God. You don't need a vehicle to go from place to place in order to preach the gospels. We can carry out this mission even without moving out of the locality where we live in. And how are we going to do that? Not necessarily through the spoken word. There are several ways in which we could do that like, works of charity, visiting the old, the handicapped, the sick, the lonely and a host of other social work in society. But hold it, a word of caution, are we doing such acts for publicity? Do we want to be seen in public, doing such deeds, get noticed? Trumpet to the world? Then, that is the wrong notion we have. We could carry out our mission even our behaviour, our attitude towards others in society. What we need to do is, carrying out our mission without seeking recognition, without expecting any praise, without any self-interests.

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Praise the Lord Jesus! Alleluia



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and He will give you
your heart's desire
(Psalms 37:4)**

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at Our Lady of Health Church,
Sahar, Andheri (E)
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& Team
(Divine Retreat Centre, Potta)**

**on 26th, 27th & 28th October 2019
from 9 a.m. to 5 p.m.**

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7099. USA : Mangalorean Roman Catholic Bachelor, (Born in March 1988), Ht. 5' 8", Wt. 82 kgs, Wheatish Complexion, Edn. M.Sc., working as a Computer Engineer in USA. Contact email : willatauro@gmail.com

6963. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 2", Wt. 62 kgs, Wheatish Complexion, Edn. MBA, Well settled. Contact email : freshflwr@gmail.com

6705. MUMBAI : Anglo Indian RC bachelor, (Born in November 1979), Ht. 5' 4", Wt. 45 kgs, Fair Complexion, Edn. H.S.C., Dip. Hotel Mgt., working for Groups of Hotels in Dubai. Contact email : dnfernz@gmail.com OR 9975878894

6923. PUNE : Mangalorean Roman Catholic Divorcee, (Born in April 1963), Ht. 5' 5", Wt. 62 kgs, Wheatish Complexion, Edn. High School + 3 years Full term apprenticeship, working as a Machinist CNC Operator in reputed organisation. Contact email : mathiaswilliam04@gmail.com

6996. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in September 1990), Ht. 5' 5", Wt. 75 kgs, Wheatish Complexion, Edn. BMS., M.Com., MBA in Marketing, working for L & T Infotech. Contact email : rodnidavid@gmail.com

7083. MUMBAI : East Indian Roman Catholic Bachelor, (Born in November 1985), Ht. 6', Wt. 68 kgs, Wheatish

Complexion, Edn. M.Com., PGDLM, PGDSM, working as PPM & Data Engineer in Shipping Company. Contact email :

ryan.intermilan@yahoo.co.in

6573. VALSAD : Goan / Mangalorean Roman Catholic Bachelor, (Born in February 1986), Ht. 5' 5", Wt. 68 kgs, Fair Complexion, Edn. B.E. Mechanical, working as a project engineer in **SAUDI ARABIA** seeks a well qualified girl from a good family background. Contact email :

ian.roshan.dsouza@gmail.com

6636. MUMBAI : East Indian Roman Catholic Bachelor, (Born in September 1983), Ht. 5' 9", Wt. 80 kgs, Wheatish Complexion, Edn. B.E., working as a Technical Lead. Contact email : joy.dominic@gmail.com

6634. MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 157 cms, Wt. 80 kgs, Fair Complexion, Edn. Diploma Holder, working as a Mechanical Engineer. Contact email :

santoshrodrigues7@gmail.com

7025. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in May 1992), Ht. 5' 8", Wt. 56 kgs, Fair Complexion, Edn. B.E. (IT), working as a Software Developer. Contact email : kevin92ster@gmail.com

6803 MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1980), Ht. 5' 6", Wt. 82 kgs, Wheatish Complexion Edn. B.Com., Advertising Professional. Contact email : barretto.john@gmail.com

6833. AUSTRALIA : Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 78 kgs, Fair, Handsome, PR Holder, Edn. Masters by Research in Biotechnology from QUT, Australia, Currently working with reputed company in Quality Assurance dept., Seeking a qualified and God fearing Mangalorean RC girl. Contact email : lizbf2017@gmail.com

6800 MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1985), Ht. 6', Wt. 90 kgs, Wheatish Complexion Edn. S.Y. B.Com., working as a Customer Service. Contact

email : mariacardoz@indokem.co.in OR Mob: 9819563066

6818. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1986), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn. Computer Engineering, working for a reputed IT firm. Contact email : celinedsz55@gmail.com

7019. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in June 1981), Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Services. Contact email : dasvinod1@gmail.com

7040. MUMBAI : Goan Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. B.C.A., MBA Pursuing, working as a GIS Analyst in MNC. Contact email :

ronaldpereira1210@gmail.com

6735 MUMBAI : Born and brought-up in Mumbai, Tamilian RC Bachelor, (Born in August 1977), Ht. 6', Wt. 89 kgs, Tan Complexion, Edn. FYJC. having own Transportation Business. Contact email :

michaelenterprises07@gmail.com OR 9222008111

7032. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1977), Ht. 5' 6", Wt. 72 kgs, Fair Complexion, Edn. Degree in Electronics and Telecommunications, working as Telecom Engineer. Contact email :

franky54@rediffmail.com

6722 MUMBAI : East Indian RC Bachelor, (Born in September 1989), Ht. 5' 11", Wt. 64 kgs, Fair Complexion, Edn. M.Com., C.A., working in Audit firm. Contact email : eltn89@yahoo.co.in

7034. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. M.C.A., Software Engineer, working as an Software Engineer, Asst. Manager (IT), Only Sonm seeks alliance from Mangalorean RC Spinster, educated, working in Mumbai. Reply with full details & photograph to email : ID : vivian1548@gmail.com Mobile : 9096141335

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7031. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1985), Ht. 5' 7", Wt. 60 kgs, Wheatish Complexion, Edn. Undergraduate, IT Software, works at TCS. Contact email :

josephavild@yahoo.co.in

6797 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1987), Ht. 5' 7", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Five Star Hotel in Mumbai. Contact email : johnserrao14@yahoo.com

6585. MUMBAI : Mumbai born and broughtup Roman Catholic Bachelor, Handsome, (Born in June 1988), Ht. 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. EXTC Engineering, working as a Networking Engineer. Having own accommodation. Contact email : 18.elaine@gmail.com

6250. MUMBAI : East Indian Roman Catholic Bachelor, (Born in January 1974), Ht. 5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.A., working as a Manager. **Contact email : cardoz.clint@gmail.com OR 9833563182**

6856. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1973), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. MBA, working as a HR. Contact email : clifforddsilva@yahoo.co.in

7026. AMERICA : Goan Roman Catholic Divorcee, (Born in March 1977), Ht. 5' 10", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email : aydenoneil@gmail.com

7061. MUMBAI : East Indian Roman Catholic Bachelor, (Born in July 1989), Ht. 5' 11", Wt. 90 kgs, Wheatish Complexion, Edn. 12th, working for Central Railway Mec. Ftr II, Contact email : pkevindsouza@gmail.com

6991. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in July 1984), Ht. 170 cms, Wt. 65 kgs, Wheatish Complexion, Edn. Engineering, working as a Electrician Contractor. Contact email :

priya.tellis5@gmail.com

7008. USA : Separated Roman Catholic, (Born in October 1983), Ht. 5' 7", Wt. 62 kgs, Wheatish Complexion, Edn. MD, MS, working as a Senior Engineer. Contact email : jesumary58@yahoo.com

6964. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1987), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. 2nd year PUC, working as an Export Executive. Contact email : dorathydsilva@gmail.com OR 9930785590

6845. MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. B.Sc., working as a Internet Manager. Contact email : dsilvaahimsa@gmail.com

6884. MANGALORE : Mangalorean RC Bachelor, (Born in April 1984), 5', Wt. 55 kgs, Wheatish Complexion, Edn. 8th Pass, working with Interior Designer. Seeks a simple poor girl, studied upto 10th std., Contact Mob: 7795733200 / 8971267606

7049. CANADA : Goan Roman Catholic Bachelor, (Born in June 1986), Ht. 5' 11", Wt. 85 kgs, Wheatish Complexion, Edn. BE (Computer), working in CANADA in a Non IT Field Seeks a working girl in Canada and holding a PR Visa. Contact email : anniedrz@gmail.com

6664 MUMBAI : Mangalorean R.C. Bachelor (Born in December 1982) Ht. 5' 3", Wt. 68 kgs, Fair Complexion, Edn. B.Com., A.C.A., LLB., C.A. by

Profession. Contact email:

saldanha_ryan@yahoo.com OR 9820670158.

6707 MUMBAI : Goan RC bachelor, (Born in June 1975), Ht. 5' 10", Wt. 70 kgs, Fair Complexion, Edn. B.Sc., having own business. Seeks a Family oriented girl. Contact email : maxabreo@yahoo.com / maxabreo@vsnl.net

6713 MUMBAI : Mangalorean RC Bachelor, (Born in September 1989), Ht. 5' 6", Wt. 67 kgs, Wheatish Complexion, Edn. B.E. (Extc) working as a Sales Engineer. Contact email : coelho.helen@yahoo.co.in

6841 MUMBAI : Anglo Indian / Keralite Roman Catholic Bachelor, (Born in May 1991), Ht. 170 cms, Wt. 78 kgs, Fair Complexion, Edn. M.Com., working as a Sales Executive. Contact email : mrsannieroy@yahoo.co.in

6917. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. B.E. MBA, working as an Engineer. Contact email : delphinempinto@gmail.com

6626 GOA : Goan RC Bachelor, (Born in March 1970), Ht. 5' 10", Wt. 75 kgs, Wheatish Complexion, Edn. BL/LLB., Self Employed. Contact email : gdsouza07@yahoo.com

7004. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in August 1988), Ht. 5' 7", Wt. 90 kgs, Wheatish Complexion, Edn. B.E. (Inst.) MBA, working as a Sales Engineer. Contact email : amarian1988@gmail.com OR 9967657806

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7078. USA : Mangalorean Roman Catholic Spinster, (Born in September 1992), 5' 6", Wt. 65 kgs, Brownish Complexion, Edn. B.E. Mumbai, MS Newyork, working as a Consultant. Contact email :

rcmatrimonial2892@gmail.com

7057. MUMBAI : Goan Roman Catholic Spinster, (Born in December 1993), Ht. 5' 1", Wheatish Complexion, Edn. Masters, working as a Design Thinker. Contact email :

louelladsouza10@gmail.com

7054. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in June 1986), Ht. 5' 5", Wt. 80 kgs, Wheatish Complexion, Edn. Masters in Finance and working in Mumbai. Contact email : clamapinto@gmail.com

6033. ABU-DHABI : Goan Roman Catholic Spinster, (Born in May 1979), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A. Eng., Literature, working as a Copy Editor. **Contact email : barretto.lorraine@gmail.com OR 9730454857**

6989. MUMBAI : Smart, good looking Spinster, (Born in February 1989), Ht. 5' 6", Wt. 72 kgs, Fair Complexion, Edn. B.Com., working as a Sr. Specialist. Looking for God Fearing boy from Catholic family, Settled in Mumbai. Contact email :

khanhi@willis.com

6953. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1992), Ht. 5' 5", Wt. 55 kgs,

Wheatish Complexion, Edn. Bachelor in Vet Science, Doctor by profession. Contact email :

andrea-lobo786@gmail.com

7038. MUMBAI : Gujarati Roman Catholic Spinster, (Born in March 1976), Ht. 5' 2", Wt. 52 kgs, Wheatish Complexion, Edn. B.A., working as a Senior Clerk. Contact email :

sunitamacwan72@gmail.com

6900. MUMBAI : Mangalorean Roman Catholic spinster, (Born in May 1989), Ht. 4' 10", Wt. 51 kgs, Wheatish Complexion, Edn. BMS., Marketing specialization, working as a Customer Support. Contact email :

pereira1189@yahoo.com

6943. MUMBAI : Goan Roman Catholic Spinster, (Born in August 1990), Ht. 5', Wheatish Complexion, Edn. Chartered Accountant, working as a C.A., Contact email :

sandreg67@hotmail.com

7027. MANGLORE : Mangalorean Roman Catholic Spinster, (Born in August 1982), Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. B.Tech (IT) 4 years, Teacher by profession. Contact email :

ranjithamenezes@gmail.com

7029. MUMBAI : Keralite Roman Catholic Spinster, (Born in September 1992), Ht. 5' 6", Wt. 55 kgs, Fair Complexion, Edn. M.Sc., Asst. Professor. Contact email :

augustyofs@gmail.com

6925. MUMBAI : Mangalorean Roman Catholic Divorcee, having one 8 years old son. (Born in April 1987), Ht. 4' 11", Wt. 60 kgs, Wheatish Complexion, Edn. B.Ed., Teacher by profession. Working in **DOHA QATAR**. Contact email :

precisillamarsh201@gmail.com

6928. MUMBAI : Goan Roman Catholic spinster, (Born in July 1991), Ht. 5' 5", Wt. 67 kgs, Dusky Complexion, Edn. MBA Operations, working as an Executive. Contact email :

judith.dalgado2307@gmail.com

6932. MANGALORE : Mangalorean Roman Catholic spinster, (Born in September 1990), Ht. 5' 4", Wheatish Complexion, Edn. M.Com., working as an Asst. Manager. Contact email :

francisjerome.barrocas@gmail.com

6937. POONA : Roman Catholic Spinster, (Born in July 1988), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. MBA (Finance) working as a Financial Analyst. Contact email :

sheron.muller@gmail.com

6911. MUSCAT : Mangalorean Roman Catholic spinster, (Born in September 1993), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.Com., working in **OMAN**. Contact email : fjmasc@gmail.com

6931. MUMBAI : Parents of Goan R.C spinster, (Born in August 1986), Post-Grad, writer in a reputed publication, 5' 6", Fair and of medium build, seek for their only daughter a well-qualified and settled groom. The boy should be 32-35 years of age, 5' 7", or taller. Preferably of Goan origin and residing in Mumbai. Interested families / boys may please write, with a photograph, to couri60@gmail.com or call 99202 70637

7069. MUMBAI : Tamilian Roman Catholic Spinster, (Born in April 1992), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. B.Sc., Nursing, Staff Nurse. Contact email :

mpchandran68@gmail.com Mobile : 9820041633

MATRIMONIAL

7066. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in June 1987), Ht. 5' 4", Wt. 78 kgs, Fair Complexion, Edn. B.E., (EXTC) M.S. (International Business Management), working as a Consulting Manager. Contact email : l2018anselm@yahoo.com

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7062. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in January 1992), Ht. 5' 3", Wt. 65 kgs, Wheatish Complexion, Edn. MBA in Finance, working as an Accounting and settlement. Contact email : glenna.dsilva@gmail.com

6927. MUMBAI : Goan Roman Catholic spinster, (Born in January 1977), Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. Post graduate, working as an Admin., in MNC. Contact email : mrf.ma77@gmail.com

6910. MUMBAI : Mangalorean Roman Catholic spinster, (Born in April 1987), Ht. 5', Wt. 57 kgs, Fair Complexion, Edn. MBA, working as a Business and Client management. Contact email :

reena.alva@gmail.com

7030. JAIPUR : Roman Catholic Spinster, (Born in November 1987), Ht. 5' 3", Wt. 85 kgs, Wheatish Complexion, Edn. M.A. in English & B.Ed., Teacher by profession. Contact email : jennifer27nov@gmail.com

6933. USA : Mangalorean RC parents invite proposal for their daughter, (Born in October 1990), Ht. 5' 3", MS from USA, working in Minneapolis USA, holding H1b visa, born and brought up in Mumbai, from Mangalorean RC bachelors, working in USA, age below 31 years, masters or higher preferred, with good familybackground. Contact : Wilfred D'Souza : 09869165412 OR email : wilfred1954@gmail.com

7015. MUMBAI : 35 years, Roman Catholic Spinster, (Born in February 1983), B.Com., LL.M., working in a MNC in Mumbai, seeks alliance from well educated and well settled bachelor. Kindly reply with profile and photograph on the email ID : alliance3525@gmail.com

6870. MUMBAI : Goan Roman Catholic Spinster, (Born in July 1974), Ht. 5' 2", Wt. 65 kgs, Wheatish Complexion, Edn. B.Ed., Self employed. Contact email : caand.reb@gmail.com

7042. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in

September 1992), Ht. 5' 2", Wt. 57 kgs, Fair Complexion, Edn. B.Com., working. Contact email : cute_reema3@yahoo.co.in

6836. CANADA : Parents of RC 26 years spinster, (Born in July 1991), Ht. 5' 4", B.A., B.Ed., (Honours) teaching in Canada (Govt. Job) seeks alliance from well-educated Bachelor (Preferably settled in Canada) within 28 to 32 years with good values, height between 5' 5" to 6' 2". Please email to musicfan0323@gmail.com with recent photo and phone no.

7095. MUMBAI : Goan Roman Catholic Spinster, (Born in December 1992), Ht. 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. M.Com + Import Export Certificate Course, working as a Billing Assistant in Well known Hospital. Contact email :

perpetualdias7@gmail.com

6341. MUMBAI : Protestant Christian spinster, (Born in April 1985), Ht. 5' 1", Wt. 58 kgs, Wheatish Complexion, Edn. B.A., B.Ed., Teacher by profession. Seeks a groom from well settled, educated and good family background. Contact email : georgethomas1353@yahoo.com

7082. MUMBAI : Tamilian Roman catholic Spinster, (Born in September 1985), Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. 12th std., working as a sales girl in Big Store. Contact email : susanmoses1385@gmail.com

6528. DUBAI : Mangalorean Roman Catholic Spinster, (Born in April 1985) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

7093. MUMBAI : Gujarati Roman Catholic Spinster, (Born in July 1982), Ht. 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., working for Private Bank. Contact email : annie.waghela@gmail.com

7027. MANGLORE : Mangalorean Roman Catholic Spinster, (Born in Au-

gust 1982), Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. B.Tech (IT) 4 years, Teacher by profession. Contact email : ranjithamenezes@gmail.com

6645. ABU DHABI : Roman Catholic East Indian Spinster Mumbai orgin, (Born October 1992), Ht. 5' 5", 59 kgs, Wheatish Complexion, pleasing personality MBA (Finance) U.K. working for a UK based MNC in Abu Dhabi, as Sales Executive. Family based in Abu Dhabi, UAE. Seek a RC bachelor, well qualified professional with good moral values and good family background settled/working abroad. Email :

leteciaprisca@gmail.com

7098. MIRAJ : Protestant Spinster, (Born in November 1983), Ht. 5' 4", Wt. 52 kgs, Wheatish Complexion, Edn. Masters in Dental Science, Doctor by profession. Contact email : dprebentisch@yahoo.com

7060. MUMBAI : East Indian Roman Catholic Spinster, (Born in February 1983), Ht. 5' 4", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., Diploma in Finance from NMIMS, Diploma in B, Self employed. Contact email : vianneyde2k@yahoo.com

7059. SATARA : Tamilian Roman Catholic Spinster, (Born in July 1983), Ht. 5' 2", Wt. 55 kgs, Wheatish Complexion, Edn. MA, B.Ed., (English), Teacher in Convent School. Contact email : veronicadavidvd12@gmail.com

6999. PUNE : Goan Roman Catholic Spinster, (Born in May 1991), Ht. 5' 4", Wt. 60 kgs, Very Fair Complexion, Edn. MBA Finance from Symbiosis Institute of Business working as a Senior Credit Analyst. Contact email : andreagemdsouza@yahoo.co.in

6974. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in March 1992), Ht. 5' 2", Wt. 51 kgs, Wheatish Complexion, Edn. B.E. working as a Technical Manager. Contact email : steffie.xavier@gmail.com

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Persuasive people know their audience inside and out and they use this knowledge to speak their audience's language. Whether it's toning down your assertiveness when talking to someone who is shy or cranking it up for the aggressive, high-energy type, everyone is different and catching on to these subtleties goes a long way toward getting them to hear your point of view.

They aren't pushy :

Persuasive people establish their ideas assertively and coincidentally, without being aggressive or pushy. Pushy people are a huge turn off. The in-your-face approach starts the recipient backpedaling and before long, they're running for the hills. Persuasive people don't ask for much and they don't argue vehemently for their position because they know

that subtlety is what wins people over in the long run. If you tend to come across as too aggressive, focus on being confident but calm. Don't be impatient and overly persistent. Know that if your idea is really a good one, people will catch on if you give them time. If you don't they won't catch on at all.

They use positive body language :

Becoming cognizant of your gestures,

understand. A good strategy here is to know your subject so well that you could explain it to a child. If you can explain yourself effectively to someone who has no background on the subject, you can certainly make a persuasive case with someone who does.

Paint a picture :

Research shows that people are far more likely to be persuaded by



expressions and tone of voice (and making certain they're positive) will engage people and open them up to your arguments. Using an enthusiastic tone, uncrossing your arms, maintaining eye contact and leaning towards the person who's speaking are all forms of positive body language will engage your audience and convince them that what you're saying is valid. When it comes to persuasion, how you say something can be more important than what you say.

They are clear and concise :

Persuasive people are able to communicate their ideas quickly and clearly. When you have a firm grasp on what you're talking about, it's fun and easy to explain it to those who don't un-

derstand. A good strategy here is to know your subject so well that you could explain it to a child. If you can explain yourself effectively to someone who has no background on the subject, you can certainly make a persuasive case with someone who does.

They ask good questions :

Ask a lot of questions. People like to know you're listening and something as simple as a clarification question shows not only that you are listening but also that you care about what they're saying. You'll be surprised how much respect and appreciation you gain.

The forthcoming **THE SECULAR CITIZEN**

Bumper Christmas Issue 2019

Theme **GIFTS**

Giving and receiving Gifts is an age old tradition. The three kings came with gifts to honour baby Jesus. We all present gifts to our near and dear ones sometime or other during celebrations or auspicious occasions. Various opportunities, responsibilities, abilities in us are gifts from Heavenly Father. Our society is also with full of talented people which is a gift from Lord Almighty. We are blessed with numerous types of gifts.

We also offer gifts to our business associates. We also give gifts to the needy and deserving persons, poor, etc.

So the tradition of giving Gifts is the topic for this Christmas Special Issue of the Secular Citizen. We welcome articles on the theme of GIFTS from our contributors and other writers. Send your articles of contribution to reach us at least by 2nd December 2019.

THE SECULAR CITIZEN

A NATIONAL FAMILY WEEKLY

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BUMPER CHRISTMAS ISSUE 2019

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THE SECULAR CITIZEN

Published Regularly Since 1990