

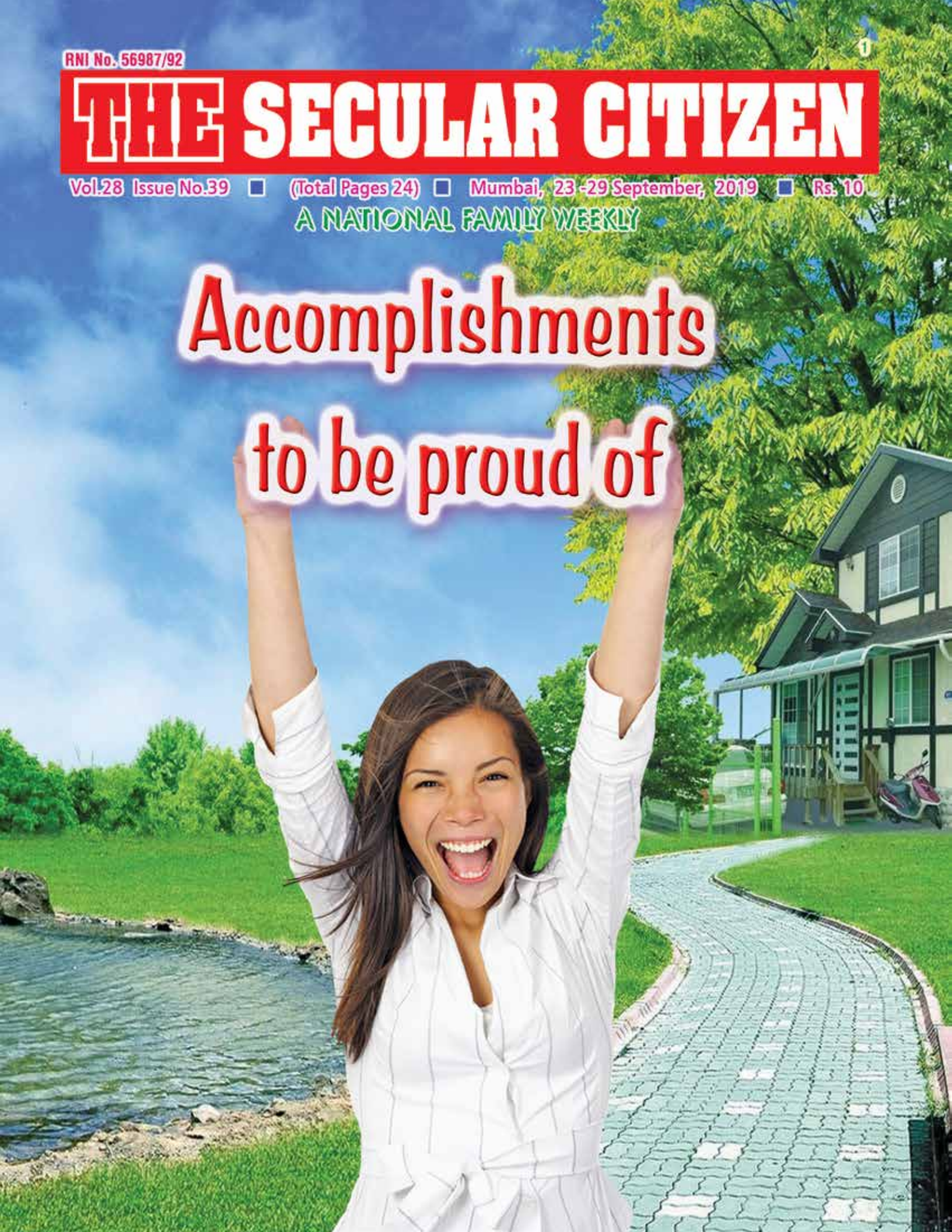
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THE SECULAR CITIZEN

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A NATIONAL FAMILY WEEKLY

Accomplishments
to be proud of



'Monthi Festh' - cheer for the destitute

—Ivan Saldanha-Shet.

September 8, 'Monthi Festh' at Mangaluru's well known 'White Doves' Psychiatric and destitute home, at their recently opened modern gleaming new facility in Nidel, Kulshekar, touched hearts. It more than cheered the destitute and abandoned humans there, who can be considered fortunate in many a way, for they are receiving great care in a total healing process. By God's grace and effort of largehearted humane people spreading cheer and hope equally among all at this safe haven.

Traditional blessings and Mass brightened the cloudy morning with many well wishers and compassionate people joining the inmates full of joy. Prayers were conducted by Rev. Denis Moras Prabhu, former VG of Mangalore diocese and Rev Vivian Monis of Bangalore. The historicity of the occasion and values were explained by Rev Denis in depth. After exchanging greetings and partaking of the sumptuous breakfast together, 'gifts bags' were arranged for each and every inmate, both children and adults, numbering more than 200, as well as for the staff and families and volunteers - the joyous enthusiasm added to the cheer of the day. This was indeed heart touching the sheer surprise and happiness on each face, opening their bags and cherishing their lovely gifts big and small. Games, music and dancing in the spacious hall gave the festivities a meaning unique, the special lunch crowned the day after which the inmates and visitors caught up with mutual news and relaxed in spite of the intermittent rain heavy outside. When you utter a word of appreciation to Ms. Corrine, her team, staff and volunteers, pat comes the reply 'it is all HIS work' - yes, but constant human effort is appreciable.

White Doves, is a 25 year old venture in Mangalore and the major festivities marked a special time for the fortunate

souls sheltered here; picked up from the streets and gutters and cared for, in God's divine providence.



care are getting care and concern rarely seen in institutions. Among other works of 'White Doves', every evening at least 100 food packets are distributed to unfortunate at railway



station, bus stands and streets who are sick, shelter-less and on the move.

The vision is compassion, sharing and caring - they who share, care. To follow the Master and do unto the least as He does to us. To bring dignity to the discarded and unwanted

human. To guide them back to divine life here and in the hereafter with head, heart and hand. When people today seek pleasure, power and wealth, the 'White Doves' labour wholly to humanely protect the least, last and lost. Many well into disaster are guided back to the world of The Master, with the only mission to restore the unwanted human to a better world. White Doves have been regularly funding poor students, many have over the years benefited in education and a fresh start, from this generosity. People from all parts of India are seen at 'White Doves' - from Kashmir to Kanyakumari so to say, many languages are spoken but the in-house communication is mostly in Kannada and Konkani per se. It's a wonder to behold honestly, ethically and morally the best care being showered to please only Him who is above all.

"White Doves" is a Trust registered in the year 2001, a labour of love and compassion started in a humble way in the early 1990s. Helpless and unwanted people - the destitute, who had no place to go are given a new life. The shocking sight of sick, half naked, mentally challenged, exploited and misused moved a small band of humane people here to do something with determination and make a difference - "White Doves" was thus conceived. Basically there are three trustees the power flows through them, namely: Corrine Rasquinha, Founder President, Jerome Coelho, Secretary and Treasurer and Vitus Rasquinha, Trustee; they have dedicated staff, volunteers and compassionate support. Commitment is an act, not a word here. This haven surely will attract concern and compassionate action in all human hearts bringing fulfillment in to the urge that is existing deep in human hearts.

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The Horrors of the Question Remain Unanswered

By Don Aguiar

We are presently witnessing our country fall to fascism where most turn into rampaging beast. Everything is changing with the election of a powerful right wing ideology government and now, unassuming folks have started metamorphosing into violent, untamed, thoughtless right wing ideologist. Eighty years after this right wing ideology was born, watching the actions of the present right wing ideology government has sent shivers down many spines as it leads to a brutal allegory of fascism.

It is said that "The superman is the man who fulfils his duty." We have heard this clichéd statement many times, but in its cliché lays an alarm bell. The person who conforms is the one who can be moulded into their right wing ideology.

It reminded me of the numerous WhatsApps chats where I realised that people no longer understand what is happening and there is a consensus to conform – whether through subversion, intimidation or euphoria – that my safe place is now a place of unabashed rage and outspoken bigotry. Were we always this bigoted, or are we doing it because hate is easier than ethics? We could be rational and detached. But in the midst of things, one can't help getting involved.

It is always easy to hate the unknown, especially if they are supposedly inferior to us. When Zomato stood by its decision of cancelling the order of a customer who objected to his food being delivered by a Muslim, many chose to stand against Zomato. The tweet was widely shared and Zomato accused of disrespecting religious beliefs. While the suggestion of forced victimisation was amusing to many, the smiles soon faded away – not everyone is a paid troll or an agenda driven political activist. So is this hate a new trend? Are Indians being pulled by the forces of social media and the temptation to be viral?

Surely, fascist thinking, attitudes and actions are seductive and we have to constantly be wary of them. Top functionaries, including the prime minister, have been accused of following those who issue rape and other threats. For an average person who may not fundamentally be a bigot, this incentive for hate is enticing. It can be the shortcut to changing their middle class lives.

(Contd.. on p. 4)

(Contd.. from p. 3)

A “follow back” from those in power raises their social stature. Aware of the risky business of fake news and manufactured plots considers, “We must move with the times.”

This group identity has led to aggressive tendencies and normalisation of violence in form of lynching. Many who took part in lynching saw their social prestige rise. The mob is fed on a dose of alternative facts. If one chooses the middle ground, critiques that others are dramatizing the situation or that there are “only a few cases”. “If you ignore them, they won’t bother you”. In other words, if we conform we are safe. But is it so? Is violence not a manifestation of superiority?

For a teenager in a tier two city, it is easy to be brainwashed by hate. History is now taught via social media and through songs by local artists with loud techno music that work as a record of hate and forced victimisation. Agendas create aspiration; it could be the promise of Ram mandir or a uniform civil code. They learn to take pride in what is not their personal achievement. They feel powerful by sending threats, for they are made to believe that they are superior and the nation is theirs alone. They refuse

to see the contribution of others and censure foreign lobbies for any reports against the nation. The universal family of right wing upper cast saw themselves as an Aryan master race, physically superior to the rest of humanity.

In this morally repugnant environment of escalating violence, liberals and secular people who thrived with a dash of left intellectualism were taken over by a group high on their political victories and acceptability of hitherto whispered ideas. Like the logician with her word play, anchors on national television have showed their fascist leaning and promoted divisive ideas. The principles of pluralism have become a subject of ridicule. Secular people are forced to put up a display of deeds that were once normal. We always celebrated teej or iftar together; today they are being labelled as unique interfaith affairs.

These maladroit right-wing ideologists are all around, but the ethical and secularists are left standing alone – they affirm their identity till the end to save humanity. The moral fibre of such men and women becomes commendable when all around them fall victim to rising tides. For years, Ravish Kumar was ridiculed and threat-

ened for expressing his views on unemployment and strangling of voices of dissent. The Ramon Magsaysay award notwithstanding, he remains among the most hated journalists, so much so that the government has refused to send him wishes for winning what is termed as Asia’s Nobel. Another journalist, Rana Ayyub faces multiple threats: her crime: speaking truth to power. The Zomato incident showed that most Indians still look out for each other and are not diffident of taking a principled stand. It was unanticipated that many followers of the right wing stood against the communal tweet.

We must reject the herd and hold on to humanity. We must not just criticise the horrors of fascism, but explored the unconscious mentality that makes people surrender to ideas they would have individually rejected but fail to because others are doing it, so it must be the right thing to do. People turn unattractive and right wing ideologists are stunning for their strength and power. True attractiveness, when the secularists and ethical people finally decides to fight the right wing ideologists and save humanity, lies in moral strength.

A warning that a scheme that begins small can infiltrate and transform societies. The right winger is a blunt symbol of man’s inherent savage nature. There is the slow deployment of this idea – the first year causes no perceptible damage; the second squashes a cat; later ones destroy more property and finally attack the principled, minority and secularists. They symbolise fascist totalitarianism and the ludicrousness of a universe that could produce such metamorphoses. These ideas crystallise into one question: how could humans be this savage, allowing the barbarity of World War II Nazism? It seemed like an echo from the past with its surrealist sensibility. Submissively allowing the right wing ideological government to go on – allegorically turning a blind eye to fascism – is as harmful as direct violence.

The horrors of the question remain unanswered.

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State of the Economy

Finance minister Nirmala Sitharaman has attributed the slowdown in the automotive industry to the change in the mindset of millennials, who prefer using cabs like Ola and Uber, instead of purchasing cars and paying high EMIs on loans. Maybe so. But how does that explain the slowdown in the truck manufacturing industry? Ashok Leyland has reported a drop of nearly 50% in demand for trucks. Tata Motors, M&M and others are sailing in the same boat.

Let's get real. Millennials do not commute in trucks, so why the slump in truck production?. Trucks carry manufactured good and raw materials. Clearly there is a huge decline in manufacturing, which is having a ripple effect on all sectors of economy, including automotive industry and real estate.

—Prof Robert Castellino
Mississauga

Schism looming large in the Catholic Church

A schism in the Catholic Church seems very much on the cards and most Catholics do not know whether it will be good or bad for the church. Opinion is clearly divided down the middle. With his progressive views Pope Francis has set the cat among the pigeons--- from the laity right up to the Roman Curia. His views on LGBT, communion for divorced and married again Catholics, migrants, ordination of old deacons, etc has divided the

church like never before. But Pope Francis is sticking to his agenda without being loud. While acknowledging that there has been criticism not only among people but even in some sections of the Curia, he hastened to add that there has been several schisms in the 2,000 years of the church's history and boldly affirmed, "I'm not afraid of schisms. I pray there will be none". So the agenda is more or less set.

There are two sides to every coin. The views of the Holy Father are clearly not in consonance to established dogmas of the church. If such views were propounded 50 years ago they would have been unequivocally denounced as heretical. Even today they are denounced, but not so vehemently.

On the other hand we must acknowledge that there has been a radical change in our perceptions during the last 50 years. LGBT is accepted in most societies. A huge percentage of couples in the west are divorced and married again. Priestly celibacy has come under strain with mounting accusations of sexual transgressions which has scarred even bishops and cardinals.

Opinion is divided with everyone having an opinion. A schism seem inevitable. Nobody knows which is better. Should the Catholic Church remain rigid in its faith and dogmas and lose many of its flock living in what we perceive to be a life of sin without holy communion? Should a huge section of society consisting of LGBT community be excluded from the church? Should people in the Amazon areas be denied the sacraments simply due to paucity of priests?

Either ways a schism seems very much on the cards.

—Prof Robert Castellino
Mumbai

Remembering Bhagat Singh

Shahid Bhagat Singh was born in a Sikh Jat family in Khatkar Kalan, Punjab on September 28, 1907. His father Kishan Singh, grandfather Arjan Singh, and uncle Ajit Singh were actively involved in the struggle for India's Independence. His family members inspired him immensely and the feeling of patriotism was instilled in him from the very beginning. It seemed like the quality ran in his blood.

Bhagat Singh was known to be one of the most influential revolutionary socialists. It was two of his acts of violence against the British government and his consequent execution that made him a household name.

He was just 23 years old when he was put to death by the British government who ruled India during those days. His heroic acts inspire the youth even today.

—Jubel D'Cruz,
Mumbai

Abysmal interest rates in public sector banks

The drastic reduction in interest rates of Fixed Deposits (FDs) by the State bank of India to an all time low of 6.25%, has hit senior citizens and pensioners badly, especially those struggling to make ends meet, due to the high cost of living. Their hopes of enjoying a secure and hassle-free interest in the sunset years of their lives have been shattered. A similar situation also prevails in other public sector banks which are struggling to recover crores of rupees of bad loans and systematically reducing interest rates of FDs over the past few years to keep themselves afloat. In such a dismal scenario and economic slowdown in

(Contd.. on p. 6)

What to Believe and What not to Believe

by Ignatius Dabhi

What is the credibility of truth. It is a big thesis. St. Thomas Aquinas - one of the greatest philosophers - treats this topic in depth and at a considerable length. Shanaracharya allots many examples to explain his views on the topic. Indian politics under the 'New India' slogan seems to tell simple Indians that the truth is what it comes from the P.M. office: All that comes from that blessed place is the truth. And mind you, Some media tycoons in their T. V. channels are 'His masters Voice'..... Day and night, 24 x 7, they go on thrashing the mission on people. Hence, the truth is what is repeatedly said, said again and again, said in a deafening sound and jazzy music.

No matter what happens to the wretched masses and faceless crowds..... Don't bother about floods and fires..... masses are not to worry about cut - throat, sky - rocketing prices of commodities. "They were there from the previous governments....." what only matters is our dearest P.M. is being honoured by a Gulf Shaikh.... what matters is our P.M. had a long (very friendly) hand shake by Trumpsaheb.....! No prime minister ever had such a hand - shake. "Not even Nehru".... Those pen pushers and T.V. tycoons for days and nights go on their channels..... These media kings with glossy pictures and oily speeches go on Floods, fires, accidents, rapes, cases of corruptions apathy of administrators towards the poor, and

countless other maladies have been there for the last seventy years..!!

Real issues are sidelined - ignored - not mentioned at all. All that matters is 'India reaching the moon', Paris listening to our P.M. and health tips by our greatest P.M. ... The nation is passing through a tough economic conditions. Faces of youths are jobless, crores of people are starving with an absolute blank future.... thousands of villages have no roads, electricity, water, hygienic facilities.... and population explosion..... Farmers, women, children and youth are not properly addressed by our rulers.

Every serious issue is made political.... The present rules have one standing answer for every malady : this has been coming down from the Congress....

In such a situation what is to believe and what not to believe.....The country is facing serious challenges from Pakistan, China, U.S. and within. Hero worship should end now. Its enough. Political leaders should stop this. No national news paper in the west carries full-page photographs and government adds - glorifying their party's achievements. Open ant newspaper in India.... We have tiring photographs of our political leaders..... hero worshipping has reached its all - time climax. Wise leaders should ban this. It is indeed tiring.

The ruling party in all earnest should tackle the basic problems.

There is a constant movement by the ruling party to divert the attention of the people.... Religion should not be mixed up with politics and politicians as great Vajpayee said, should follow "the RAJ DHARMA" - an open mind to face the truth.

Pilate had asked that eternal question to Jesus : KI ESTIN ALLETHEIYA?

GREEK - What is the truth?

(Contd.. from p. 5)

the country , the only option remaining for survival is private banks and Co-operative society banks , some of which are offering interest rates as high as 12% on FDs and up to 7% on savings accounts. Moreover, customer -friendly service, attractive lending rates and zero -balance savings accounts are also assets which have enhanced the credibility of these banks and allayed fears of imminent closure and the downing of shutters overnight.

—A. F. Nazareth
Alto Porvorim

Danger of traffic fines

I've seen on several occasions traffic policemen not issuing challans to their own men in uniform for violating traffic rules. If there is a law, it should be for everyone and not just for the common man.

With this new Motor Vehicles (Amendment) Act 2019 in several States, there's going to be more corruption in the country and people will lose faith in the government and in the judiciary. There's also going to be more traffic policemen and traffic inspectors on the roads to collect bribes from people and arrest them under false cases. The government, it looks like, is hell bent on looting the common man of his hard-earned money to mobilise additional revenue to the exchequer.

—Jubel D'Cruz,
Mumbai

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Economy In Limbo : Modi Busy With Foreign Tours.....

The Israeli supremo Nityanahu was to visit New Delhi. He did not come. Why? "There were polls in my country. My presence was necessary!" Putim twice postponed his foreign tours..... Priorities are important, Even when the Parliament is on, the Indian P.M. prefers to go away!! People to keep mum.

A senior B J P leader of Gujarat was asked : Is it okay with our all-time best Prime Minister Modi to go on and on with his foreign trips when the national economy is facing a very serious threats in all sectors? The BJP leader told me : I better keep silence... I am too small to comment on our P.M. The entire country knows the answer.



by Ignatius Dabhi
Sr. Journalist

Of 18 big national dailies, eight of them in their main headlines say that the main eight core sectors of our economy show a drastic fall in their growth rate. It has comedown to 2.1 percent - the lowest in all 15 years. Sectors like coal, crude oil, natural gas, refinery urea, steel, cement and electricity production has touched the lowest mark so far. The country's car sell has come down to 34 percent, compared to the last year sell. Companies like Maruti Suzuki and the Tata Motors present a sad picture. The country is facing a very threat. The former Prime Minister and world renowned economist, Dr. Man Mohan Singh, in a press release said said the present BJP government should pay a very serious attention to the economy instead of political vendeta. He hinted at Mr. Chidambaram's harassment. Amit Shah was jailed in Sorabudin encounter case.... Now when he has been the Home Minister, he seems to have settled the score, say Congress. Dr. Singh also spoke further saying that demonitisation (notebandhi) was the detrimental blow to the national economy. Lacs of small scale sector traders totally lost everything.... It is interesting to know that there have been 19 countries so far - before India - which never succeeded

in their economy after demonitisation attempts. Unfortunately, till today, BJP goes on justifying its serious mistake... That is Indian politics. The Times Of India headline speaks : Poor economic data rattles Dalal St. Sensex tanks 770 pts.... Investors left poorer by 2.6 Lac Crore....

It is highly unfortunate for our democracy that here any issue is made BJP against opposition and merit os not considered on the nature of the issue but on majority basis. The truth for its tenacity does not depend on majority. "99 can be wrong against 1 if it is



Which country now!



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true," said a Roman senator (Cicero). Here, the tenacity of truth goes by majority..... And according to our precious tradition, the majority cannot be wrong!

If you around, you will see people living a miserable life. The cut-throat inflation, joblessness, corruption everywhere, poor law and order situation, soaring crime rate, crimes against women and children, suicides, communal disharmony, crimes against the dalits, minorities, weaker sections..... careless attitude of the administrators, corrupt officers, shameless politicians and criminal negligence of the marginalized, education going to dogs.... this list is very long and despairing.

Congress and other opposition parties are disunited, disappointed after the last elections....

The picture is far from rosy. Can Narendra Modi be effective? Those of us have seen him for years, can say with confidence, that if he so wishes, he can turn the tide. Yes he can. Because he can, he must. This may be his last chance.

Every Secular Citizen wishes positively. From limbo, one can go to the heaven.....

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Will Pope Francis Be Assassinated?

(A sequel to "Is Pope Francis a Heretic?")

Perish the man, or perish the thought? The first part is not entirely improbable, and the second is most desirable. What is the probability of Pope Francis being assassinated? Going by some trends in the church, and the history of the papacy, I would rate it as pretty high.

Pope John Paul II, the 260th pope, was attacked by Mehmet Ali Agca, an operative of the ultra-nationalist Turkish Grey Wolves, on 13/5/1981. He survived the shooting. His predecessor in office, John Paul I (259) was pope for just 34 days. Conspiracy theorists of Vatican palace intrigue, like Dan Brown, would have us believe that he was surreptitiously put to death because of the ongoing probe into the Ambrosiano Bank in which the Institute for the Works of Religion (commonly known as the Vatican Bank) was a major stakeholder. The bank collapsed in 1982, just four years after the death of John Paul I in 1978.

However, there are multiple instances of popes being murdered. I will quote extensively from "A Compact History of the Popes" by Rev P.C. Thomas, published by St Paul's. The numerals in brackets, after the name of the pope, indicate his number in succession. For example Pope Francis is 262. Get set for a horror story.

Pope Formusus (111) had his papal garments removed, and his fingers cut off before his body was thrown into the river. Stephen VI (113) was strangled to death in his cell in August 897. John X (122), who had a mistress, was murdered, and his successor Leo VI (123) also met a violent death. John XII (130), an 18 year old, was made pope by his influential father. He was murdered by the husband of his mistress. Benedict VII (135) became pope

by murdering his predecessor Benedict VI (134). I may have to ask word-smith Shashi Tharoor if popicide is an English word like patricide!

The danger then is real. John Paul I was a threat to the floundering bank. John Paul II was a threat because of his support for Solidarity in his native Poland, and thereby the entire Eastern Bloc of communism. Who feels threatened by Pope Francis?

The war clouds are gathering ominously. This 5th October Francis is elevating 13 new cardinals. His detractors feel that he is "stacking the deck" with his own kind that are liberal reformists. This is perceived as a threat by the conservative lobby. Led by Italian journalist Marco Tosatti (the same one who had earlier attacked Francis over alleged cover up of clerical sexual abuse) they are organising a worldwide prayer campaign on the same day at Largo Giovanni XIII close to the Vatican because "the church is going through its Passion". Comparisons are already being made with a gherao (encirclement) at a papal conclave in 1378 to ensure that an Italian, not a Frenchman, got elected as pope. The similarities are frightening. This lobby is close to the conservative emeritus Pope Benedict XVI, who is still hanging around the Vatican gardens and refuses to fade away.

Why is Francis perceived as a threat to the rich, articulate, influential and conservative lobby in the Catholic Church? I have already elaborated on this in my previous article "Is Pope Francis a Her-

etic?" For the purpose of this sequel I shall focus on just one aspect – his all out assault on clericalism, and its umbilical cord with sexual abuse.

Australia's Royal Commission that probed into Institutional Responses to Child Sexual Abuse arrived at a startling finding in the matter of clerical paedophilia. It concluded that "clericalism is at the centre of a tightly interconnected cluster of contributing factors"; a view with which Abp Mark Coleridge of Brisbane, the President of the bishops' conference, concurred.

One of the interconnected contributing factors that the Royal Commission identified is the Catholic theological contention of ontological change that supposedly occurs when a normal human is ordained a priest. The premise is that the ordained person's very nature changes. He becomes a sacred super human who can by his very nature do no wrong! This is a frightening premise that both permits the crime and then covers it up.

An allegory is again required to debunk the myth of ontological change. Does the sacrament of baptism transform the recipient from a sinner to a saint? Does reception of the Eucharist transform the recipient's body into the holy temple of God that can do no wrong?

(Contd.. on p. 9)



by chhotebhai *

(Contd.. from p. 8)

Does a church marriage guarantee smooth sailing in one's marriage? The answer to all these questions is an emphatic "NO". The same yardstick applies to priestly ordination. That is why Natalia Imperatori-Lee, professor of theology at Manhattan College says, "Clericalism is isolating and insular – it cuts off the oxygen of genuine solidarity and sharing of life with lay people by erecting a separate class, even a separate caste, within the church ... The laity, told repeatedly that the priest is special and uniquely holy – 'ontological change, indelible mark' – is not inclined to believe the clergy capable of sin".

As a member of the Catholic Church I do believe in the sacramental priesthood. I have met and learned from many holy and wise priests. It is not the priesthood that is the problem, but the type of clericalism that Francis has rightly drawn attention to. I feel that there are 5 Ps that contribute largely to clericalism. They are Paternalism, Privilege, Power, Pulpit and Pride. Allow me to elaborate.

Paternalism is when we bow and scrape like little children before the Fathers. We have already seen how the priesthood is sought to be portrayed as an ontologically distinct and privileged class. This sense of paternalism and privilege is further accentuated in India because, pre-Independence, the clergy was identified with the gora sahibs, the colonial ruling class. In our culture the priest was also the Brahmin, the head of the body, and the top of the social ladder. So privilege came even more naturally to the Indian priest.

Power followed privilege. Prior to Vatican II all power vested in the clergy. The passive laity only prayed, paid and obeyed. But in a poor country like India, in many areas, the laity didn't have anything to pay, so they got paid. This is because the clergy had all the land, the institutions and the recourse to funds, including readily available foreign funds. It is only in the post Vatican II era that we are seeing the laity in leadership roles, largely outside the hierarchical church structure. They are

now able to hold their heads high in temporal affairs – socio-economic and political.

The fourth P is the Pulpit. Prior to the advent of social media it was the cheapest and easiest means of communication. So the priest had easy access to his target audience in a one-way diatribe. In contrast, lay groups or organizations would struggle to communicate their message. Think of the logistics in making a simple announcement from the pulpit, as against printing hundreds of handbills to convey the same message. I therefore see the mainstream and social media as a great leveller; an effective means of restoring parity against pulpit power and hegemony.

The next P is the deadliest of them all – Pride. As the old saying goes "Absolute power corrupts absolutely". Or as the Book of Proverbs says, "Pride goes before destruction, and a haughty spirit before a fall" (Prov 16:18).

If I correctly recall it was St Thomas of Aquinas who identified three levels of pride – Pride of the Senses, Pride of the Intellect and Pride of the Spirit. That of the Senses is based on physical attributes like strength, beauty, voice etc. They are relative and time bound. Somebody can always be stronger, better looking or a better singer. Such stars vanish or diminish with time. That of the Intellect involves knowing more than others; the coign of vantage that establishes superiority over others. With their many years of seminary studies priests are easily prone to pride of the intellect vis-à-vis the ignorant laity. Here again a more knowledgeable person is always to be found.

The Pride of the Spirit is the most dangerous, because it is internal, not external, and cannot be compared or measured against another. It leads such a person to believe that he is "ontologically different", a superior being, that can do no wrong, and cannot be challenged or questioned. Of such the psalmist says, "He sees himself with too flattering an eye to detect and detest his guilt ... he has turned his back

on wisdom" (Ps 36:2). Jesus' own teachings are replete with the dangers of pride, and hardly bear repetition.

How can we counter pride in the church, especially in its clerical manifestation? Francis counters privilege by living in a humble apartment. He avoids ostentation. On his recent visit to Mozambique he travelled in a KUV 100 car, one of the smallest made by Mahindras in India. For him, washing the feet is not a one day ritual; it is part of his spiritual journey. Priests should voluntarily surrender their privileges, and a fawning laity should stop adding to them. Power can either be snatched or matched. I believe that the laity must match clerical fire power with knowledge, especially of scripture, Canon Law and Vatican II teachings. They should also restore parity by reducing their financial dependency on the clergy, and be financially independent. Pulpit power, as I said, should be countered by increasing use of the media. Paternalism has absolutely no scriptural foundation, and has no place in the social praxis of the church.

As for Pride, I would like to propose an outrageous solution. Priests are proud in their isolation because they are surrounded by sycophants with nobody to prick their egos. They have nobody to tell them "Who do you think you are?" Let them get married, they will soon be shown their place! As a married man myself, I speak from experience. Let those in Religious Orders like the Jesuits and Franciscans voluntarily opt for celibate priesthood. Diocesan priests should have the option to be married.

(Contd.. on p. 16)

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Arresting The Trend Of Fraudulent Arrests

Fraudulent arrests are nothing new in India – they've been happening with amazing frequency. But it has largely been the pastors of various Christian hues that have had to bear the brunt, the fake grounds being 'forced conversions'. With the uncalled for arrest of Father V.J. Binoy and catechist Munna Hansda, working in the Rajdah mission in Godda district (Bhagalpur diocese), the phenomenon has finally entered the Catholic Church in India big time. Various groups and individuals across the length and breadth of the country have been so seized of the situation unfolding before their very eyes as to insist on drastic steps being taken to overturn it before it gets totally out of hand with our bishops probably staring at the prospects of being wrongfully arrested for the same fraudulent reasons. One never knows which way the trend of injustice can veer. Indeed, hardly has the reality begun to sink in when along comes news of yet another obviously fraudulent arrest of a Jesuit priest, Father Julian Ekka, Vice Principal of the premium De Nobili School at Koradih in Dhanbad district of Jharkhand, along with a Class Teacher and a Nurse, on the grounds of gang-raping a Standard IV student. O! When will the woes of our beloved priests and religious who've given their life to the Lord in the selfless service of his people, begin to cease!

Indian University of Fakeology [IUF]

It is being widely touted in the media that the menace of fakeology that has the police arresting priests and pastors on mere suspicion or authenticated reports of forced conversions from thugs who have graduated from the non-existent IUF is all set to rear its ugly head with increasing frequency! Unless of course we as Christians, believing in the power of numbers, are willing to rise from our slumber, surmount internal differences, get our act together and respond strongly shoulder to shoulder with like-minded individuals and groups! Further, **if the**

present situation in which we move like headless chickens is to change once and for all, we would need to have our Bishops' conferences take visibly firm stands and make audibly bold pronouncements on every issue concerning the Christian minority in the country. Be it the CBCI or the CCBI or the regional bishops' bodies of all rites, fearless boldness is the need of the hour.

I have in the past proposed that all bishops of India, whether Catholic or Protestant, form a united bishops' body to debate such issues as those presently raging in the country and act unitedly. But the official communication organs of certain dioceses have so far shied away from publishing the

suggestion for reasons best known to the respective editors. **In the best interests of truth and justice, I re-propose the adoption of such a measure on an urgent basis right away for obvious reasons.** For one, the teaming up of all bishops in the country cutting across all denominational lines, would give all believers a sense of

belonging to the Christian fold in a way that would have its own significance. Next, the measure will bring together all clergy (again both Catholic and Protestant) and then all lay-folk. The focus of this unifying exercise which would in effect raise a firewall of sorts against the non-Christian public in general, would of course be to support and protect one another against what is happening and against what is likely to happen, both in and through the media, not excluding the use of legal means.

Involvement at grassroots level

The exercise can, however, never be complete and effective unless the need for the related effort is made to percolate down the rank and file of the laity in every diocese, which of course is possible most specifically through our parishes. Many parishes across the country are in the process of

building Small Christian Communities [SCCs]. It is through these SCCs that all parishioners ought to be informed and their involvement enlisted whether as active volunteers or as prayer warriors, or as both. Such involvement, rather than spending one's Sundays and holidays cleaning beaches and promenades under the guise of community service or whatever, is what living and promoting the Faith is all about and which alone is likely to bring in the desired results!

Sense of Accountability

Then, as a united body of the baptized, we need to unequivocally demand of the Central Government and the State governments—through the courts of law if necessary—the following:

- ***Concrete proof** of the forced conversions allegedly taking place
- ***Those making allegations of forced conversions be made accountable** for their assertions and compelled to prove the veracity of their allegations
- ***Explanations, both verbal and written**, as to why India continues to have a Christian presence of barely 1 or 2% of the total population of the country against the background of rampant fakeology
- ***Protection against all harassment** meted out to the community by way of interference in Christian religious services
- ***Cessation of all hostilities** including lynchings and undue arrests.

At our necks already!

All said and done, it must be borne in mind that this is a serious matter, and doing nothing about what is happening to a fellow believer can be considered a condonation of the spread of non-truth. Unless of course we are willing to face the consequences of overlooking the need to stand up for the truth in every form! The repercussions of silence are seen very significantly in what Pastor Martin Niemoller (1892-1954), a prominent Lutheran pastor in Germany who emerged as an outspoken public foe of Adolf Hitler, spending the last seven years of Nazi rule in con-

(Contd.. on p. 16)



by Ladislaus L. D'Souza

Disciplining the drivers

The Union Transport Minister Nitin Gadkari has come out with punitive fines for errant drivers throughout the country but every State is supposed to individually notify the new rules to make them applicable with liberty to modify some – not all. Here too, politics plays a very prominent role. Firstly, it is seen as BJP v/s the Opposition sort of thing and therefore it has to be opposed at any cost. The non-BJP States would be falling under this category and will take their own time to put the new rules in practice with some reduction. Revenue prospects are bright and tempting though. On the other hand, we have BJP ruled States like Maharashtra where the new rules have not been notified and the reason for this is that we have elections coming in a couple of months and therefore it would not be prudent to bring in such harsh and punitive measures as this could adversely affect the outcome of the elections, albeit marginally. The Transport Minister [not the CM] has already voiced his concern over the steep fines. While the non-BJP States play their own games, BJP rule ones are not far behind. In both the cases, the underlying intention is down-played. On the face of it, some of the fines are too harsh.

The measures are welcomed wholeheartedly by the non-vehicle owners, for obvious reasons. They view this as something inevitable and only way to discipline the drivers and bring about a semblance of responsibility and sanity on the roads. The figures on the road accidents and fatalities in India do not present a pleasant picture; in fact the situation is frightening. There are about 1214 road crashes each day. While 16 die every hour, Delhi alone accounts for 5 deaths daily. UP takes the cake with 22256 deaths last year while our own Maharashtra State accounted for 13085 deaths on the road. While accidents fell marginally in 2018 from 4.65 to 4.61 lacs, the fatalities rose from 1.49 lacs in 2017 to 1.51 lacs in 2018. Two wheelers account for 25% of road crashes. Road rage too is a factor.

We, Indians are not disciplined and corruption has a lot to do with that. It is a mutual arrangement between the errant driver and a corrupt policeman. While we all like to condemn corruption, when it comes to our own, we tend to make that little exception and try to 'settle' the matter. Then when it

IEWS on NEWS

suits us, we condemn the police force for corruption. They will not be corrupt if we do not offer them bribe and report if they demand. It is good that fines can now be paid digitally. It was unreasonable for someone who broke the signal say in Fort area, to expect him to go from Borivali the next day to Fort to pay that fine and waste the whole day. The policemen were not allowed to collect cash 'officially' earlier and that in fact encouraged corruption. But now with such hefty fines, one wonders if that temptation will resurrect once again. Doubling the fine for policemen breaking the law is praiseworthy. How about double fine for Ministers and bureaucrats as well? Make them pay the fine on the spot.

Why did this step did not come before the last elections. Was the delay intentional? If so, the BJP cannot blame the opposition now. I make this point in all seriousness. The International Road Federation for road safety had expressed 'concern' over the road accidents in India – 11% of global road fatalities. India is a signatory to the U N Decade for reduction of road accidents / fatalities by 50% by 2020 and mind you, the decade started in 2011. You start the process as late as August 2019 [barely 17 months before the deadline] when you had 120 months and try to cover up delay by imposing astronomical fines. Does the government hope to meet the target this way? How will, fine for not carrying insurance policy, help to meet this target? This is as illusionary as the 'five Trillion economy' in five years. Gadkari can blame the opposition for missing the target, but who will Modi blame – Gandhis or crude oil? How about charging the auto /taxi drivers Rs 5000 for refusal?

Joining BJP guarantees immunity

A Congress spokesperson and lawyer defending P. Chidambaram [PC] in the course of a TV debate remarked that an un-caged parrot [CBI] should not become a vulture. This loaded remark possibly represented the sentiments of a large number of opposition leaders not that they are paragons of virtue but at the same time the remark cannot be ignored. The manner in which PC was hounded



by Marshall Sequeira

gave an impression that all they wanted to do was to see him go behind bars in Tihar Jail. Was this a pay-back time for Amit Shah who was imprisoned during the tenure of PC as Union Home Minister? If that was the motive, Amit Shah has succeeded – a case of vindictiveness. Other opposition leaders beware!

Soon after the former Finance and Home Minister surfaced from the much publicized 'disappearance' for over 24 hours to address the Press at the party's headquarters, he did not run away but went home where he was hounded by media men forcing the security men [guards] to close the gates to prevent them from entering. Minutes later, a horde of CBI and ED officials arrive to arrest him. If the ED did not want to arrest him, why did they go there? The CBI got the first chance which implied ED would wait eagerly to take him in custody at the first opportunity. Surprisingly, after 14 day CBI remand, the ED said they 'did not want' to interrogate PC then why did they go to his home – surely not to say 'Hello PC' or to sympathize with him. Their refusal was a game plan to see the former Home Minister in Tihar jail.

A number of Congress and other leaders are being hounded one after the other. All are accused of corruption and must be punished. No doubt! The drive against corruption is relentless. Kudos for that! But pray, why are those leaders who have jumped on the BJP bandwagon missing from this drive? Some of them are involved in huge scams and the amount is humungous but the CBI and ED do not take those cases on priority basis. People are smart and they can judge things for themselves. The message is clear – if you want to be insulated from CBI and ED, simply join the BJP. In the process, the opposition will stand totally decimated giving the BJP [and the RSS] a free hand in both Houses of Parliament to bring those legislative measures which would have otherwise not passed the muster.

Accomplishments to be proud of

In a fast-paced, competitive world, where it's easy to feel we're never doing enough, it's gratifying to recognize just how much we do to honor the people and things that matter to us. accomplishments don't necessarily need to entail productivity, promotion, sales, or profits. Sometimes the most fulfilling things we do in this world bring little recognition, yield no monetary results, and come without fanfare. And yet, they still can mean so much and feel so completely satisfied. We bring you a list of such small accomplishment that you must be proud of

Acknowledge all of those things you do that help run your life. The things that help keep your family functioning and happy or maybe that help you make the workplace a more successful environment. Pat yourself on the back for all of those things you do that feel like obligation and responsibility and remember that everything you do is because you choose to do it. Acknowledging the small things it takes to get to the larger picture will make the journey that much more enjoyable and memorable. If you're looking to do something that will make you feel proud—or perhaps looking for a reminder that you already do so much—one of these ideas may resonate with you:

Your Relationships with Others:

- Ask someone who is struggling if there's any way you can lighten their load and then follow through.
- Show up for someone who needs help—moving, packing, or doing anything that's easier with an extra set of hands.
- Plan, organize, or assist with a party or event for someone you love and/

or value.

- Support someone in a fundraiser, online or offline.
- Speak up for someone who otherwise might not have a voice, or may be too scared to use it.
- Scared to use it.
- Volunteer your skills and talents to help someone, whether that means proofreading a friend's resume or cleaning their kitchen.
- Offer a random act of kindness to someone without expecting anything in return.
- Give something of yours to someone else if you think they need it more than you.

Your Relationship with Yourself :

- Set a clear boundary in a relationship that lacks them, thereby taking good care of yourself.
- Follow through on a commitment to yourself, whether it's to exercise, eat healthy foods, or to try something new.
- Replace a negative, self-defeating thought with a positive, self-affirming one—and believe it.
- Stick with something you're tempted to quit knowing that what matters most is your commitment to the journey.
- Improve how you deal with criticism, receiving it with an open-mind, without self-judgment.
- Trust and follow your intuition instead of depending on someone else to define what's best for you.
- Forgive yourself for a mistake, creating more space in your mind to see, enjoy, and appreciate what's right in front of you.
- Choose a healthy coping mechanism to deal with emotional pain—like deep breathing or taking a walk—instead of doing something self-destructive.
- Honor your own needs, creating more balance in your life.

Your Relationship with the World

- Purchase consciously to support businesses that follow ethical practices.

A great accomplishment shouldn't be the end of the road, just the starting point for the next leap forward.

You have to remember that the hard days are what make you stronger. The bad days make you realize what a good day is. If you never had any bad days, you would never have that sense of accomplishment.

To accomplish great things, we must not only act, but also dream; not only plan, but also believe. Nothing stops the man who desires to achieve. Every obstacle is simply a course to develop his achievement muscle. It's a strengthening of his powers of accomplishment.

Always remember to be down to Earth. No matter how reach the epitome of success, be humble with everyone.

- Become conscious of your environmental impact, and try one of these 70 ways to save the planet.
- Recycle. (You can recycle a lot more than you may think!)
- Pay it forward. Do something kind for someone and tell that person to return the favor to someone else.
- Give old clothes to charity instead of throwing them away.
- Volunteer your time to help people in need.
- Do some research on your own to find a charity organization that you believe in and then tell three people about it.

Ayurvedic herbs for natural beauty

A glowing spotless skin that mirrors your good health is a secret desire of almost every woman! And to get a beautiful face, try these herbs that ensure you will get a good, beautiful and glowing skin

In Ayurveda, some of the natural ingredients or brightening herbs are known as Varnya herbs or Radiance Enhancing Herbs. These varnya herbs work on balancing Pitta dosha, which is responsible for the manifestation of color in our upper layer of the skin (known as Av-abhasini in Ayurveda). These herbs contain phytochemicals, which influence the functions of skin and provide nutrients necessary for healthy skin.

Madhuyashthi:

It is also known as Madhuka or Licorice. Consistent use of Licorice helps to fade blemishes and dark spots. Integrating Licorice tea in the diet can protect the skin from the harmful UV rays. A Licorice root decoration can be used as a sunscreen lotion to protect the skin from sunburns and tan. You may apply a pack prepared by mixing the crushed cucumber, fresh turmeric in Licorice tea to treat the sun damage.

Sandal or Chandan:

The sandal is one of the most important herbs of Ayurveda and it is used in many Ayurveda herbal products. The sandal is used in brightening products for ages. It has a cooling effect on the body when applied externally. It also provides relief from sunburn or overexposure to the sun.



harvested to be used as a spice or to add flavour to the tea, it is also a beneficial herb for herbal supplements.

Neem Leaves:

Neem leaves are widely used in both Ayurveda and conventional medicine production due to their Anti-Oxidizing Properties. Neem leaves are jam-packed with essential oils that close the pores of the skin and make the skin tighter

and reduce unevenness.

Sandal powder can be made in the form of a lotion, paste and soap for skin cleansing and hydrating.

Aloe Vera :

Aloe Vera is one of the most used Ayurveda herbs in beauty products. It has anti-fungal, anti-inflammatory and Cooling Properties that promote healing of the skin. Aloe Vera is in the form of a gel, which is secreted from the aloe vera plant and can be used directly on the skin. It has been widely used in the treatment of Allergies, pimples, infections, rashes, blisters and dry skin.

Saffron:

Saffron is the most costly herb of them all and is the most effective skin brightening agent. Due to its heavy cost, it is not commonly used in herbal products but that does not change the fact that it is highly effective for skin care and treatment.

Saffron are stigmas of saffron flowers, which are handpicked, as they are very delicate. Though it is mostly

and reduce unevenness.

Turmeric (Haldi):

Turmeric is undoubtedly one of the most used in Ayurveda for its Blood Purification Properties. When applied to the skin, it increases natural glow and radiance of skin.

Turmeric has anti-ageing and anti-bacterial properties, which is why it is used in the treatment of many skin diseases.



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Handy tips for cleaning dishes

Sometimes, dish soap and a sponge just don't get the job done. Household Hints shows you great ways to use everyday ingredients like baking soda, lemons, salt, and vinegar to beat the grease and grime! Try these 10 tips on your toughest dishes, they're sure to work!

Brighten Glassware

To keep your glasses from developing a whitish cast due to mineral buildup, give them an occasional vinegar bath. Fill the sink with soapy dishwater – as you would normally to wash dishes – then add in a good glug of vinegar. Wash, rinse, and dry your glasses and you'll keep them looking new. For glasses that are already covered with buildup, soak them in straight vinegar, then wash and dry.

Simplify Soaking

Caked-on food stuck to your pans? Pour some vinegar and let the pan soak for twenty to thirty minutes then wash it in hot soapy water.

Dish Soap Booster

Eco-friendly dish detergents are great, but if you find that yours just doesn't cut grease like the conventional stuff, then add a little baking soda. Just a few tablespoons of baking soda in soapy dishwater can help dissolve grease.

Dissolve Pan Grease

If you're scrubbing and scrubbing a pan or dish, and can't seem to get rid of an oily film, pour a little vinegar or lemon juice on it to help dissolve the buildup.

Coffee and Tea Stains on Cups

Coffee and tea stains can make a perfectly clean mug, teacup, or teapot look dirty. Fortunately, you can take your pick when it comes to cleaning methods. Rub the stains away with a sprinkle of baking soda, soak them in a mix of vinegar and water, or scrub them with salt and lemon. Or mix it up and try baking soda and lemon, or baking soda and vinegar. Experiment and see which one works best for your mug.

Eliminate Lingering Odors in Plastic

If you use plastic containers to store leftovers, you may notice that food odors tend to linger in the plastic. To eliminate them, sprinkle the containers with baking soda and fill with warm water and allow to soak for an hour or two.

For Stained Plastic

Foods like tomato, and dishes that contain certain spices like turmeric, can stain plastic containers. Baking soda solutions like the one above can sometimes help, but you can also try rubbing the plastic with the cut side of a lemon, then leaving the container for an hour or so before washing.



How to make Aviyal

Ingredients:

- ½ cup coconut (grated)
- 4 green chilies
- ½ teaspoon cumin seeds
- 1 cup raw yam (thinly sliced into pieces)
- 1 cup bitter gourd (sliced into lengthy pieces)
- ¼ cup carrot (sliced into lengthy pieces)
- ½ cup long runner-beans (sliced into lengthy pieces)
- 2 drumstick (cut into pieces)
- Curry leaves (for garnishing)
- 3 tablespoon coconut oil
- 1 raw banana (sliced into pieces)
- A few pieces of raw mango
- ½ teaspoon turmeric powder
- Salt to taste



by Jubel D'Cruz

Procedure:

Prepare a paste of coconut along with green chilies and cumin seeds. Alongside heat coconut oil in a thick bottom vessel and add vegetables. Cook it on a low flame. When it is done, mix it well with turmeric powder and salt. Now, add slices of banana and mango in the cooked vegetables and cover it with the lid. When steam starts to come out, add the coconut paste and stir well. Finally, remove it from the flame and garnish with curry leaves.

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I See Myself

I see myself in the mirror and I am scared to smile,
I hide my face with my trembling hands. I begin to ponder why?

I do not fit. I feel alien in this fancy world.
My hair is rough and dry, which makes me often cry.
My nose is fat and my eyes seem dull
My double chin bothers me
My flabby arms and bulging tummy are difficult to hide.

I try. Every day I try.
Creams and shampoos and treatments.
Planks and crunches everything I have tried.
I am not obsessed but tensed
I may want to fit in
Fit in amongst you.

Dismayed I cry out and peep through the window
And see a little girl smile.
Her clothes were torn
Her hair unwashed and untied.
But she looked all fine.
She jumped with joy.

She had no roof to cover her
Or food in her plate
She had no fancy toys
Yet she smiled.

Looking at her I wondered
What was I worrying about?
My mere body and face.

I remembered that I had forgotten to thank my creator for what he made.
I began to remember; life was all about love and care
Making a difference in someone's life is all the matters.
And all the other so-called glories just shatters.

I look back at the mirror
And this time with all my might I smile.
I look at myself and realize I am special
I am valued beyond the boundaries that are man made

I am more than my perfect body and manicured nails.
I am not just my degrees or the money in my bank.
I am eyes that cry and lips that smile.
I am hands that hold and womb that protects.

I am but me.
Beautiful and precious.
And under the shade of the one who created me
I see myself and I see the best.



—Sonal Ilobo

Suggestions for E-rickshaws

With reference to Prof. Robert Castellino's letter titled : E-rickshaws will soon ply Mumbai suburbs in The Secular Citizen dated 9 Sept. 2019 E-rickshaws must use fully rechargeable non alkaline and non nickel cadmium batteries that be safely charged by dynamos installed in their vehicles and do not explode and cause explosions and fires unlike alkaline and nickel cadmium batteries which are longer lasting but unsafe to use.

It is always good to have a back up system in vehicles to deal swiftly with emergencies and save fuel by hybridising E- autorickshaws with non polluting hydrogen powered motors that receive their source of hydrogen through electrolysis machines that split water into oxygen and liquid hydrogen rather than power them with hydrogen gas from pumps .

But whether the autorickshaw is an E -rickshaw or a hybrid hydrogen powered rickshaw a fire extinguisher is absolutely necessary to deal with fires and short circuits that can occur suddenly without warning at any place and at any time.

Payment by card as option for payment in cash should be made possible in these rickshaws and a passengers must be given a receipt when asks for one.

To prevent traffic congestion there must be separate set of roads , highways , flyovers and underpasses for all vehicles entering the city and taxes for using vehicles in congested areas must be automatically collected from re charge able cards for this purpose in vehicles and bikes that ply in these areas

These then are the suggestions for E-rickshaws which can enhance their use for one and all at all times and at all places.

—Peter Castellino

Honey, do you remember what it used to be like?

An older couple were lying in bed one night. The husband was falling asleep but the wife was in a romantic mood and wanted to talk. She said, "You used to hold my hand when we were courting." Wearily he reached across, held her hand for a second and tried to get back to sleep. A few moments later she said, "Then you used to kiss me." Mildly irritated, he reached across, gave her a peck on the cheek and settled down to sleep. Thirty seconds later she said, "Then you used to bite my neck." Angrily, he threw back the bed clothes and got out of bed. "Where are you going?" she asked. "To get my teeth!"

Is she looking good?

A guy was in a bar drinking beer. He would finish his beer, pull out his wallet and look at a picture of his wife, order another beer take out his wallet and looks at a picture of his wife. He did this several times, finally, the bartender asks, why after you finish a beer you take out your wallet and look at a picture of your wife. The guy says as soon as she starts looking better to me, I go home.

(Contd.. from p. 10)

centration camps, wrote, immortalizing the reality of Nazi horror on the New England Holocaust Memorial in Boston, Massachusetts:

"First they came for the Communists, and I did not speak out because I was not a Communist. Then they came for the Socialists, and I did not speak out because I was not a Socialist. Then they came for the trade unionists, and I did not speak out because I was not a trade unionist. Then they came for the Jews and I did not speak out because I was not a Jew. Then they came for me and there was no one left to speak out for me."

Well, our Indian Nazis have come for us Catholics already! Are we gonna take it lying down? Or are we, after the example of our Saviour, going to demand: "If I have done something wrong, give evidence about the wrong. But if I have done nothing wrong, why do you strike me?" (Jn 18:23)



Scenario in a bank

Bank Manager : For what purpose do you need a loan?

Man: Madam, I need to pay the chalan!

Babe, what are you doing?

Boyfriend: Babe, what are you doing?

Girlfriend: Nothing, tired just going to sleep now honey, what about you sweetheart?"

Boyfriend : In the club, standing behind you honey.

Employee : Hi Sir, from tomorrow, I'll go home at 6 pm daily.

Boss: Why?

Employee : My salary is insufficient to support my family. I want to drive an auto rickshaw at night.

Boss : Okay, if you feel hungry at night come to Dadar naka.

Employee : Why?

Boss : I sell vada pav there.

Wife : Honey let's play a game?

Husband : Ok, what is the game all about?

Wife : If mention a country, you will run to the left side of the room and touch the wall and if I mention a bird you will run to the right side of the room and touch the wall, if you run to the wrong direction, you will give me all your salary for the month.

Husband : Ok and if you fail, I will have your salary too right?

Wife : (smiles) Yes darling.

Husband : Ok (stood up and was ready to run to any direction)

Wife : Are you ready?

Husband : Yea ready dear...

Wife : Turkey It has been four hours now the husband is still standing at the spot wondering if she meant the country or the bird.

Moral : After God, fear nothing except your wife's intelligence!

(Contd.. from p. 9)

If we study the history of the papacy we find that several were married, and certainly not celibate. Peter, the first pope, was obviously married. How else could Jesus heal his mother-in-law (cf Mat 8:14)? Of the twelve apostles we are told that only John, the youngest, was not married. Now to later day popes.

From what we know for sure St Hormisdas (52) was married. His son Silverius (58) also became pope in 536. Hadrian II (106) was the son of a bishop, and had a daughter. The papal treasurer's daughter was the mistress of Sergius III (119). John X (122) also had a mistress. John XI (125) was the illegitimate son of Sergius III above. John XVII (140) had three children before becoming pope. Pius III (206) and Innocent VIII (209) had two illegitimate children each. Alexander VI (210) had a harem of mistresses as did Paul II (216), the one who convened the Council of Trent in Austria in 1545; to counter Martin Luther and the Reformation. At Trent, Cardinal Reginald Pole of England (a cousin of King Henry VIII) in his inaugural address said that "it was clerical sin that had brought all these calamities to the church".

Trent is still trending. It is history repeating itself. We need far reaching reform in the Catholic Church. That includes married and women priests. I would not want to see Pope Francis assassinated because of his courageous attempts at reformation and renewal of the church. Character assassination, garbed as a prayer campaign by Marco Tosatti and his ilk of conservatives, is but one step in that direction. Thinking and concerned Catholics need to be shaken out of their slumber and comfort zones. For Jesus came not just to comfort the disturbed, but also to disturb the comfortable. Let us awake, arise and act, before it is too late.

** The writer is the Convenor of the Indian Catholic Forum, and an Advisor to Catholic Church Reform International.*

Inspiration!

Give your willpower a boost



is to make certain actions automatic rather than decisions, because decisions require willpower. The power of routine will not only make you more efficient but will also make it a lot easier for you to make important decisions.

Do the hardest thing first :

Science says you have the greatest amount of energy first thing in the morning. In a landmark study performed by the National Academy of Sciences, parole board judges were most likely to give favorable ruling early in the morning. Just before lunch, the odds of a favorable ruling dropped to almost zero. That's why the best time to make tough decisions is early in the day. That's why the best time to do the most important things you need to do is early in the day. Decide what those things are and plan to tackle then first thing.

Refuel often :

It turns out glucose is one of the foundations of willpower. Although your brain does

not stop working when glucose is low, it does start doing some things and stop doing others. It responds more strongly to immediate rewards and pays less attention to long-term outcomes. How can you avoid that? Eat healthy meals. Eat healthy snacks.

Create reminders of your long-term goals :

Mental fatigue makes you take the easy way out - even though the easy way usually takes you the wrong way. The solution is easy. Create tangible reminders designed to pull you back from the impulse brink. For example, keep a copy of your bank loan taped to your computer monitor as a constant reminder of an obligation you must meet. Or another example could be to fill your desk with family photos, to remind yourself of the people you love and have to provide for.

WILLPOWER IS THE basis of everything we do in life. If you don't have any willpower then you will never be able to complete a task effectively

Willpower is not something you either have or do not have - will power is sometimes a function of necessity. More often, willpower is a function of success. It is easy to stay the course when you feel good about what you are accomplishing. Willpower is also a muscle that can be developed; the more you exercise it, the stronger it gets. And that's great but what if you need help doing the things you need to do right now? What if you can't wait for the virtuous cycle of motivation to kick in?

Eliminate as many choices as possible :

sible :

Say you struggle to keep from constantly checking your email. Easy: Turn off all your alerts. Alternatively, shut down your email and open it only once an hour. Or take your mail program off your desktop and keep it on a laptop across the room. Make it hard to check - then you are more likely not to. Say you want to make smarter financial choices. Keep your credit card in a drawer and then you cannot make an impulse buy. Choices are the enemy of willpower. So are ease and convenience. Think of decisions that require willpower and then take willpower out of the equation completely.

Make decisions tonight so you will not need to make them tomorrow :

Take as many decisions off the board as you can the night before, because that will allow you to conserve tomorrow's mental energy for making the decisions that really matter. The goal

Back To The Woman Beyond Compare

Venerable Mary Ward Waiting for Sainthood

Mary Ward is considered a Catholic religious who had “a greater idea of Catholic women and the part they could take in the work of the Church than her contemporaries,” said Father Joseph Grisar, a Jesuit.

Father Grisar went on to say that Mary Ward and her Congregation “was able to survive the Catastrophe of 1631” when her Constitution had been changed, and as foundress with only a few scattered remnants who kept up the ideals she fostered. Slowly things changed and years later her institute was approved.



BY MELVYN BROWN

Although a prohibition by the pope was made in 1749, it was St. Pius X who over-rode it in 1909 and gave the Congregation papal approval, recognizing Mary Ward as foundress of the “English Ladies”.

Father Grisar informs us that forty-two years later Pope Pius XII honored Mary Ward by “naming her along with St. Vincent de Paul as the outstanding pioneer of the lay apostolate among women.”

Mary Ward was born in 1585 when the world was rocked with upheavals and chaos in English politics. It was the “best and worst of times.” Mary was the eldest child of Marmaduke and Ursula Ward. At this time Queen Eliza-

beth 1 reigned and the young William Shakespeare walked the streets of London.

Roman Catholics were made martyrs for the Faith, priests’ celebrated Holy Mass in hiding at the risk of losing their lives. It was a wretched chapter in English history. But time and tide has a mysterious way of sweeping through the records of evil and good with not a stop in heartbeats.

Mary grew up to be a beautiful young woman who could only imagine two things: religious life and martyrdom. From the age of fifteen Mary Ward refused all her suitors, including the hand of Edmund Neville, “the hope of Catholic England, as he was the heir of the Earldom of Westmoreland.”

Jesuit Father Holtby was ranked high among the priests of The Society of Jesus. He became Mary Ward’s confessor and would often try to dissuade her from entering religious life. Mary Ward, however, was determined to be a religious nun.

It is interesting at this point to find that the Lord God was close to Mary, and heard her petition. She had asked God to show Father Holtby he was wrong to try persuading her not to be a nun.

One morning while celebrating Holy Mass something happened on the altar. An hour later after Mass had ended, Mary found Father Holtby was in tears. He looked up at her and muttered in a shaky voice: “I will never more hinder your religious design and holy resolution, but further you all I can and assist you to perfect it as much as possible.”

Years later it transpired that on that fateful day “Father Holtby had spilt the

Precious Blood at Mass after the Consecration.” He took it as a sign that God was offended by his insistence upon not wanting Mary Ward to be a nun, and to marry instead.

Mary Ward was now free to advance her desires as a missionary and teacher of the Word. She went to the Netherlands and worked for a short while with the Jesuits. After three years she returned to England and spent time with the sick, prisoners and others in need of help.

In 1609 Mary Ward while in the town of St. Omer, founded the first house of the Institute of the Blessed Virgin Mary. In 1626 Mary by the grace of God founded a house in Germany.

After years of hard struggle and even imprisonment she kept up with her pastoral work, drawing many women to work in the vineyard of the Lord.

By 1643 the winter years had set in. On the 19th January 1645 Mary Ward made a wish that Barbara Babthroe should take her place when she passed away. The next day on her dying bed, Mary kissed the crucifix saying, “Jesus, Jesus, Jesus”. Those were her last words. Mary Ward was sixty years old.

Today, the Institute of Loreto has over 3,000 members in 44 countries worldwide. Mary Ward has been recognized as Venerable by Pope Emeritus Benedict XVI. Mary is waiting in heaven for her cause to be advanced for Canonization here on earth.

Prayers to Mary Ward to intercede for you in your life can be made. When favors are granted write to me at: Melvyn Brown Divine Mercy Chapel 3 Elliott Road Calcutta 700016. (M) 8017934248. I will forward your letter to the Loreto Superior. God bless you.

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6575. MUMBAI : Goan Roman Catholic Bachelor, (Born in May 1973), Ht. 6' 4", Wt. 98 kgs, Wheatish Complexion, Edn. HSC., working as a Steward in Oil Tanker - Foreign Ship. Contact email : 285victor@gmail.com

6729 MUMBAI : Mangalorean RC Bachelor, (Born in November 1988), Ht. 6', Wt. 72 kgs, Fair Complexion, Edn.SSC, Diploma in A.C., working as a A.C. Technician. Contact email : johnmacoib@gmail.com

7041. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. 10th Std., working as a Plant Operater. Contact email : ronnydsouza075@gmail.com

7025. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in May 1992), Ht. 5' 8", Wt. 56 kgs, Fair Complexion, Edn. B.E. (IT), working as a Software Developer. Contact email : kevin92ster@gmail.com

6621 MUMBAI : Tamilian Roman Catholic Bachelor, (Born in September 1970), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., working as an Event Manager. Seeks good looking fair girl. Contact email:

7034. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. M.C.A., Software Engineer, working as an Software Engineer, Asst. Manager (IT), Only Sonm seeks alliance from Mangalorean RC Spinster, educated, working in Mumbai. Reply with full details & photofraph to email : ID : vivian1548@gmail.com Mobile : 9096141335

rosario.thefernandoco@gmail.com
7040. MUMBAI : Goan Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. B.C.A., MBA Pursuing, working as a GIS Analyst in MNC. Contact email : ronaldpereira1210@gmail.com

6941. MANGALORE : Mangalorean Roman Catholic Divorcee, (Born in November 1985), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.E., working as IT/Software Developer. Contact email : rickson.philip@gmail.com

6939. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in February 1989), Ht. 6' 1", Wt. 70 kgs, Wheatish Complexion, Edn. B.Tech / MS (US) working in US as Consultant. Contact email : ritadsouza800@yahoo

6938. MUMBAI : Goan Roman Catholic Bachelor, (Born in January 1989), Ht. 5' 9", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., well settled. Contact email : yohancharry03@gmail.com

7007. MUMBAI : Goan Roman Catholic Bachelor, (Born in September 1977), Ht. 5' 8", Wt.72 kgs, Fair Complexion, Edn. B.Com., MBA in Aviation. Contact email : gerald-white@hotmail.com

6778 USA : Mangalorean Roman Catholic Bachelor, (Born in December 1989), Ht. 5' 6", Wt. 65 kgs, Very fair Complexion, Edn. B.E. Electronics / Telecom Engineering, M.S. in USA, working as an Engineer. Contact email : jenniferdmello@gmail.com

6914. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1985), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn.T.Y. B.Com., working as a Chef. Contact email : stanleycoelho@ymail.com

6888. AMRITSAR : Roman Catholic Bachelor, (Born in March 1990), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. Hotel Management (Diploma) in Singapore, working as a Captain. Contact email : shephalivancet0@gmail.com

6707 MUMBAI : Goan RC bachelor, (Born in June 1975), Ht. 5' 10",

Wt. 70 kgs, Fair Complexion, Edn. B.Sc., having own business. Seeks a Family oriented girl. Contact email : maxabreo@yahoo.com / maxabreo@vsnl.net

6713 MUMBAI : Mangalorean RC Bachelor, (Born in September 1989), Ht. 5' 6", Wt. 67 kgs, Wheatish Complexion, Edn.B.E. (Extc) working as a Sales Engineer. Contact email : coelho.helen@yahoo.co.in

6485. MUMBAI: North Indian R.C. Bachelor, (Born in October 1974), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. B.Com., working for an MNC in Mumbai as Back Office Executive. Contact email : awr88@rediffmail.com

6228. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in December 1972). Ht. 5' 8", Wt. 65 kgs., Wheatish Complexion, Edn. S.S.C. A/C Tech. Course, working as a A/C. Technician in Voltas. Contact email : lawrencedias321@gmail.com / Mob: 8291056939

6172. MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1978), Ht. 5' 9", Wt. 86 kgs, Wheatish Complexion, Edn. M.Com., Position : Financial Consultant. Seeks a alliance from RC graduate/pst graduate spinster. Contact email: raceangelreb@yahoo.in

5996. MUMBAI: RC Bachelor (Born in November 1974) /5'8", B.E., working in Senior position reputed IT firm. Seeks alliance from R.C. spinster educated good family background Pl. reply with photograph and details to keithcardozo@hotmail.com OR 9820338755

6918. MUMBAI : Mangalorean Roman Catholic Widow, (Born in November 1953), Ht. 5' 6", Wt. 58 kgs, Wheatish Complexion, Edn.D.P.E., Well settled. Contact email : \louisn23@hotmail.com

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7083. MUMBAI : East Indian Roman Catholic Bachelor, (Born in November 1985), Ht. 6', Wt. 68 kgs, Wheatish Complexion, Edn. M.Com., PGDLM, PGDSM, working as PPM & Data Engineer in Shipping Company. Contact email : ryan.intermilan@yahoo.co.in

7052. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1977), Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. B.A., Retail Management, working as a General Manager. Contact email : albert.pinto2006@gmail.com

7049. CANADA : Goan Roman Catholic Bachelor, (Born in June 1986), Ht. 5' 11", Wt. 85 kgs, Wheatish Complexion, Edn. BE (Computer), working in CANADA in a Non IT Field Seeks a working girl in Canada and holding a PR Visa. Contact email : anniedrz@gmail.com

6994. AUSTRALIA : Mangalorean Roman Catholic divorcee, (Born in April 1959), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. Dip. ITI Course, working as a Technician. Contact email : \ninearies21@gmail.com

6982. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1989), Ht. 172 cms, Wt. 68 kgs, Wheatish Complexion, Edn. C.A., working as a C.A., Contact email : jpereiranirrh@gmail.com

7019. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in June 1981), Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Services. Contact email : dasvinod1@gmail.com

7045. CANADA : Mangalorean Roman Catholic Divorcee, (Born in September 1985), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. B.Sc., Hotel Management, having permanent

Resident. Contact email : bmathias88@gmail.com

6924. MUMBAI : Mumbai born and broughtup Roman Catholic Keralite Bachelor, (Born in September 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complexion, Edn. M.Sc. (I.T.), working as a Sr. Software Engineer in Foreign Bank. Contact email :

dianamanuel320@gmail.com

6980. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1987), Ht. 182 cms, Wt. 79 kgs, Wheatish Complexion, Edn. PGDBM, working as a Manager. Contact email : roystonpereira2007@gmail.com

7047. MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., C.S. in Process, having family business. Contact email : mail.soj@gmail.com

6993. MUSCAT : Mangalorean Roman Catholic Bachelor, (Born in May 1982), Ht. 5' 8", Fair Complexion, Edn. B.Com., Dip.in Financial Management, Working as an Accountant. Contact email :

sandeepfernandes2002@hotmail.com

7005. DUBAI : Goan Roman Catholic Bachelor, (Born in May 1986), Ht. 5' 6", Wt. 50 kgs, Fair Complexion, Edn. BMS /CFA, working as a Head Treasury in Dubai. Contact email : matri3119@gmail.com

6986. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1990), Ht. 160 cms, Wt. 66 kgs, Wheatish Complexion, Edn. Graduate, working for MNC. Contact email : alwyn90lewis@yahoo.com

6966. MUMBAI : Goan Roman Catholic Bachelor, (Born in September 1965), Ht. 5' 5", Wt. 45 kgs, Wheatish Complexion, Edn. SSC., working

as a Field Executive. Contact email : sameer_bhagwatt777@rediffmail.com

6949. MUMBAI : Proposals are invited from parents of a Roman Catholic God fearing educated homely girl for a Mangalorean Roman Catholic boy, finance professional, (Born in March 1983), Ht. 5' 10", Church marriage annulled, no issues presently working overseas on PR. Please email the profile and photo to benedict83319@gmail.com

6751 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1990), Ht. 5' 10", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc. (Hospitality), working in UK Cruise Line. Contact email : asharcfernandes@gmail.com

6750 AUSTRALIA : Goan Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. Bachelor in Communication, working as a Media Analyst. Contact email

artemiamaria@gmail.com

6746 MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in April 1987), Ht. 5' 10", Wt. 78 kgs, Fair Complexion, Edn. MBA / BE, Working as a Asst. Manager. Contact email : nestortauro@rediffmail.com.

6626 GOA : Goan RC Bachelor, (Born in March 1970), Ht. 5' 10", Wt. 75 kgs, Wheatish Complexion, Edn. BL/LLB., Self Employed. Contact email : gdsouza07@yahoo.com

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7092. MANGALORE : Mangalorean Roman Catholic Spinster, (Born in January 1990), Ht. 5' 4", Wt. 56 kgs, Fair Complexion, Edn. MBA, working as a Talent Acquisition. Contact email : vinishadesouza@gmail.com

7064. MUMBAI : Goan Roman Catholic Spinster, (Born in May 1988), Ht. 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. MBA, working for Private Company as an Accounts Executive. Contact email : cecrc19@gmail.com

7063. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in January 1993), Ht. 5' 2", Wt. 60 kgs, Wheatish Complexion, Edn. Intert CA. working as a Fiancee. Contact email : eshitapais@yahoo.co.in / paischarlie@yahoo.com

6999. PUNE : Goan Roman Catholic Spinster, (Born in May 1991), Ht. 5' 4", Wt.60 kgs, Very Fair Complexion, Edn. MBA Finance from Symbiosis Institute of Business working as a Senior Credit Analyst. Contact email : andreagemdsouza@yahoo.co.in

7044. DUBAI : Mangalorean Roman Catholic Spinster, (Born in February 1991), Ht. 5' 11", M.Com Finance & Accounts working in Dubai invite alliance from well settled bachelors. Kindly reply with full details and photographs to email : waltercb@hotmail.com or whatsapp on 00971506245183

6739. MUMBAI : Anglo Indian Ker-
alite Spinter (Born in February 1995),

Ht. 5' 1", Wt. 62 kgs, Fair, goodlooking, Edn. 5th Std., slow learner, handicap, able to do house work, very much interested in handicraft. Seeks a suitable match. Contact email : mercyserroa@gmail.com

7020. MUMBAI : Goan Roman Catholic Spinster, (Born in September 1982), Ht. 160 cms, Wt. 65 kgs, Fair Complexion, smart and goodlooking, Edn. HSC + Secretarial Course, working as a Receptionist. Contact email : dolphinz27@gmail.com

6976. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in February 1992), Ht. 160 cms, Wt.65 kgs, Fair Complexion, Edn. M.M.S., working as a Officer. Contact Mob: 9967192950 / 8850927660

7023. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1992), Ht. 5', Wt. 55 kgs, Fair Complexion, Edn. B.Tech - Biotechnology, working as a Biotechlogist. Contact email : seherarakel@gmail.com

6947. NEWZILAND : Goan Roman Catholic Spinster, (Born in July 1984), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. B.Com., MBA Finance, working as a Finance Analyst. Contact email : roniferndes2001@yahoo.com

6926. MUMBAI : Tamilian Roman Catholic Divorcee. 1st marriage annuled by the church, (Born in June 1985), Ht. 5' 3", Wt. 76 kgs, Very Fair Complexion, Edn. B.A., Successful school teacher for last 10 years. Contact email :

amelia_christopher@rediffmail.com

6970. MUMBAI : Roman Catholic Spinster, (Born in September 1987), Ht. 5' 2", Wt. 48 kgs, Fair Complexion, Edn. CS & LLB., working as a Company Secretary. Contact email : mendonsajacinta@gmail.com

7027. MANGLORE : Mangalorean Roman Catholic Spinster, (Born in

August 1982), Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. B.Tech (IT) 4 years, Teacher by profession. Contact email : ranjithamenezes@gmail.com

6995. NEWDELHI : Goan Roman Catholic Spinster, (Born in March 1992), Ht. 5' 3", Wt.58 kgs, Wheatish Complexion, Edn. MBA, Real Estate Professional. Contact email : tanya2gomes@gmail.com

7001. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in August 1994), Ht. 5' 4", Wt.48 kgs, Fair Complexion, Edn. B.A., working as a **AIR HOSTESS** Lead Cabin Attendant. Contact email :

stephen@thesocialstreet.asia

6972. M.P. : Roman Catholic Spinster, (Born in April 1986), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A., working as a Manager. Contact email : anitabilung@gmail.com

6992. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1989), Ht. 5' 4", Wt.63 kgs, Wheatish Complexion, Edn. B.E. (Computer), MBA (Finance) working as a Officer in Bank. Contact email : thea_rocque@hotmail.com

6769. MUMBAI : East Indian Roman Catholic spinster, (Born in December 1986), Ht. 5' 1", Wt. 70 kgs, Wheatish Complexion, Edn. MBA in Finance, Deputy Manager in Bank. Contact email: dianafrnds62@gmail.com

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7066. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in June 1987), Ht. 5' 4", Wt. 78 kgs, Fair Complexion, Edn. B.E., (EXTC) M.S. (International Business Management), working as a Consulting Manager. Contact email : l2018anselm@yahoo.com

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7091. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in March 1990), Ht. 5' 2", Wt. 44 kgs, Wheatish Complexion, Edn. MBA PGDM, working as an Assistant Manager Presales for a multinational firm. Contact email :

priyaquadras@gmail.com

7021. MUMBAI : Goan Roman Catholic Spinster, (Born in February 1988), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. B.Com., working as a Sr. Sales Officer in Tatas. Contact email :

ofira.afonso@gmail.com

6974. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in March 1992), Ht. 5' 2", Wt. 51 kgs, Wheatish Complexion, Edn. B.E. working as a Technical Manager. Contact email :

steffie.xavier@gmail.com

6779 MUMBAI : Goan Roman Catholic Spinster, (Born in September 1988), Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.A. in Literature, Teacher by profession. Contact email :

angelagurjao1@gmail.com

6921. MUMBAI : Roman Catholic spinster, (Born in August 1991), Ht. 5' 2", Wt. 53 kgs, Wheatish Complexion, Edn. B.Ed., working. Contact email :

pota150259@gmail.com

6381 MUMBAI : Goan Roman Catholic Spinster, (Born in April 1984), Ht. 5' 3", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working as a Secretary. Contact email :

soareskaren14@gmail.com

7043. MUMBAI : Mangalorean based in **DUBAI** Roman Catholic Spinster, (Born in October 1988), Ht. 5' 7", Graduate in Hospitality Management from Mumbai University working in **UAE** invite alliance from well settled Bachelors. Kindly reply with full details and photographs to email : udyavar99@hotmail.com OR Whats app 9930527227

6795. ALLAHABAD : Roman Catholic Spinster, (Born in March 1978), Ht. 5', Wt. 60 kgs, Wheatish Complexion, Edn. M.Com., Working for MNC. Contact email :

sujata.josephine@gmail.com

6765. MUMBAI : Goan Roman Catholic spinster, (Born in March 1986), Ht. 5' 4", Wt. 42 kgs, Wheatish Complexion, Edn. C.A., working as a Chartered Accountant. Contact email :

marilyn.dcosta22@gmail.com

6943. MUMBAI : Goan Roman Catholic Spinster, (Born in August 1990), Ht. 5', Wheatish Complexion, Edn. Chartered Accountant, working as a C.A., Contact email :

sandrareg67@hotmail.com

7016. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in November 1989), Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. B.Com., IATA, working as a Asst. Manager in Airlines. Contact email :

vinita.dsouza89@gmail.com

6902. DUBAI : Goan Roman Catholic spinster, (Born in April 1975), Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., working as a Secretary. Contact email :

pepem25@rediffmail.com

6780 GOA : Goan Roman Catholic Spinster, (Born in March 1987), Ht. 5' 4", Wt. 50 kgs, Fair Complexion, Edn. M.B.B.S., M.D. (Armenia), Doctor by profession. Working in **DELHI**. Contact email :

samantha.saldanha07@gmail.com

7002. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1987), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. Masters in Management Studies, working as a Administration Professional. Contact email :

kaazar2019@gmail.com

6922. CANADA : Goan Roman Catholic spinster, (Born in October 1992), Ht. 5' 4", Wt. 65 kgs, Fair Complexion, Edn. B.Com., working as a Senior Associate. Having Canadian P.R. and Lives at present in Etawabiko, Toronto, Canada. Contact email :

projann@rediffmail.com

6785 MUMBAI : Alliance invited for 1985 born RC East Indian Spinster, 5' 6", B.Com., LL.B., LL.M., Manager in an MNC, from Mumbai, Maharashtra for suitably educated RC bachelor, 32-35 years from Mumbai/abroad preferably

Engineers/Doctors/Lawyers/CA/MBA. Kindly reply with details to : faith_forever_2017@yahoo.com

6772. MUMBAI : Goan Roman Catholic spinster, (Born in August 1984), Ht. 5' 6", Wt. 59 kgs, Fair Complexion, Edn. B.Com., working as a Accountant. Contact email :

josephpiadadepereira@yahoo.in

6500 MUMBAI : Mangalorean Roman Catholic Spinster, (Born in May 1975), Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. S.Y.B.A., Pursuing TYBA., / ECCED (Teacher' Training Course), Teacher in a reputed Catholic School. Contact email :

dmljanet@gmail.com or

jdmello@rediffmail.com

6032 DUBAI : Goan Roman Catholic Spinster, (Born in April 1976), Ht. 5' 2", Wt. 41 kgs, Wheatish Complexion, Edn. B.A., working as a Secretary. Contact email :

track_1976@yahoo.com

OR 9730454857

6532 BANGALORE : Mangalorean Roman Catholic Spinster, Only Child, (Born in December 1976), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.A. Communication, working as an Assistant. Contact email :

ashajob@hotmail.com

6690. MUMBAI : East Indian Roman Catholic Spinster, (Born in December 1986), Ht. 5' 2", Wt. 54 kgs, Fair Complexion, good looking, smart, intelligent, Edn. CS., LL.B., working as a Asst. Company Secretary. Seeks a suitable educated and well settled bachelor. Caste no bar. Contact email :

joylinafaroz@gmail.com

6497. POONA : Tamilian RC Spinster, (Born in January 1982), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working as a Sr. Manager. Contact email :

harryanthony.7@gmail.com

Address your replies to :

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**ROYAL CHRISTIAN FAMILY,
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Fort, Mumbai - 400 001.**

Learn how to introduce yourself

YOU KNOW YOURSELF the best, yet giving a good self-introduction in an interview is quite a task. If your introduction goes well, you feel confident and the interviewers also get a good impression of you. As morning shows the day, a good self-introduction sets a positive tone for your interview

First impressions happen quickly. Few things are quite as unnerving as job interviews. You approach them knowing that unless you match the employer's expectations you're not going to land that sweet gig. During the interview process, there may be several times when you'll introduce yourself: at the front desk or reception area, to a recruiter, to the hiring manager and potentially additional interviewers. Fortunately, there are few guidelines you can follow on how to introduce yourself in any interview setting.

Short and concise format :

You'll have an opportunity to introduce yourself on an in-depth basis during the interview. The core of your response should focus on the key elements in your background which will enable you to excel in the job for which you are interviewing.

Who you are ? :

Greet your interviewers and tell your name to start the formal introduction. It is always a good idea to prepare for this most expected question before hand. Do not hesitate to include some informal, personal information, such as your hobbies or what you do on weekends.



Where do you come from ? :

Mention the place you belong to, the location of your school, your college and so on. This gives the recruiter a



better understanding of you. Some people do not consider it worth mentioning but it, surely, gives a lot about your background.

What have you studied? :

Give a brief account of your educational background such as your school, graduation, post graduation and so on. Mention extra-curricular activities you have been a part of. Do not list all the courses and certifications you have done. Just include what is relevant to the specific job profile.

Who you are (as a professional)? :

It is always a good idea to identify some worth-mentioning professional traits before your interview. Start with your current professional profile. You must present your previous work experience in a structured way. High-

light your personal and professional strengths by mentioning some previous projects.

Be aware of body language :

Body language is a key part of communication. During the interview process, keep in mind the attributes you want your body language to display. For instance, if you want to communicate confidence, keep your shoulders back, chin raised and chest high. Show interviewers with your body language that you're engaged in the conversation and capable of communicating well with your potential future colleagues.

GUIDE TO INTRODUCING YOURSELF

- Start by researching the company and your interviewers.
- Dress appropriately for the interview.
- Avoid distractions and keep eye contact.
- Be confident and comfortable.
- Be aware of body language.
- Prepare what to say.
- Rehearse your introduction with a friend.

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