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A NATIONAL FAMILY WEEKLY

Tech trends reshape healthcare



12th Induction Programme of St. John Technical and Educational Campus Held

The 12th Campus Induction Programme for the First Year students of St. John Technical and Educational Campus was held on Monday, 19th August, 2019 at 11:00 am. The programme was attended by 410 students admitted to the technical degree and diploma programmes in St. John College of Engineering and Management and St. John Institute of Pharmacy and Research

The programme commenced with the Campus Prayer, the Universal Prayer for Peace followed by the Saraswati Vandana along with lighting of the traditional samai. The campus video showcased the development of the campus infrastructure from 2008 and the various activities involving Management, Faculty, Staff and Students. Movie clippings from 'Lakshya' were played to encourage and motivate the students to plan their academic career with commitment and dedication.

The Chairman of Aldel Education Trust, Hon. Mr. Albert W. D'Souza, welcomed the Chief Guest, Rt. Rev. Bishop of Mangalore, Peter Paul Saldanha and felicitated him with a bouquet and memento along with the Secretary of Aldel Education Trust,



Hon. Mrs. Elvina D'Souza, and members of the Trust, Hon. Mrs. Elaine D'Souza Buthello and Hon. Mr. Aldridge D'Souza.

Hon. Mr. Albert W. D'Souza addressed



the fresher students and inspired them to combat the challenges in their career ahead. He also appreciated them for choosing St. John and making the right decision and explained to them the uniqueness of the Campus.

Deputy Campus Director and Principal of St. John Institute of Pharmacy and Research, Dr. Savita Tauro and Principal of St. John College of Engineering

and Management, Dr. G. V. Mulgund congratulated students for securing admissions to professional programmes and encouraged and motivated them to pursue their dream careers.

Senior students, Mr. Joshua Gomes from SE Comps and Ms. Rachel Thomas from S. Y. B. Pharm. shared their experiences on campus during the last academic year with the fresher students and welcomed the

students.

Hon. Mr. Aldridge D'Souza introduced the Chief Guest. Rt. Rev. Bishop of Mangalore, Peter Paul Saldanha then addressed the gathering. He appreciated the efforts of the Management in setting up state-of-the-art infrastructure and the faculty and staff for their dedication. He inspired students with his words of wisdom and encouraged them to work diligently and sincerely to achieve their goals. He congratulated the entire team of the St., John Technical and Educational Campus for their commitment to the field of education.

The programme was anchored by



Second Year Engg. students Yash-Patil and Arathy Pillai and the vote of thanks was proposed by Mr. Ronald Laban, Faculty, SJCEM, followed by the National Anthem.

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Brilliant elucidation... on J & K bifurcation

By Don Aguiar

The prime minister's political roots lie in a Hindu nationalist movement that emphasizes the religion's supremacy. This worldview has a long history of sowing division between the country's Hindu majority and India's minority, at times exploding in violence that emphasizes the religion's supremacy.

Even a streak of alarming headlines in recent weeks, including big job losses in the auto sector, deadly flooding across the country and a new outbreak of violence by Hindu mobs against Muslims, hasn't dented the prime minister's popularity.

With the political opposition in total disarray and all government agencies — especially the bureaucracy and the security apparatus — firmly in the prime minister's hands, the only hope for India's secular democracy is in the courts.

But, be cautioned, the judiciary might well surrender.

India in all probability and unless checked is headed toward a Hindu nationalist, majoritarian state.

This is what a very few here, and I, have been writing and warning about. I'm glad they're seeing through the thick fog of rah-rah jingoism pass off for what is really public cluelessness brought about by a toxic mix of political skulduggery, martial opportunism, and media propaganda.

As Martin Luther King, Jr. said - In the End, we will remember not the words of our enemies, but the silence of our friends.

Nobody wants to talk about the plight of the Kashmiri people as the majority of India is living peacefully, across all religions. The daily grind and strife to put food in our family's mouths far overshadows any religious feelings for the majority. The poor voted for Modi not because he promotes Hindutva or hates the Indian minorities but because he gave them toilets, gas connections and a more direct delivery system for food and aid.

India has survived all kinds of religious and political strife's and seen kings

(Contd.. on p. 4)

(Contd.. from p. 3)

and queens come and go and has risen above all that. We all went to a Catholic School and hardly bothered which religion the other guy belonged to. And the majority of India still works like that. For example 99% of the hawkers outside Mahim church where people from all religions go for Novena on Wednesdays are Muslims.

Stones are pelted by despondent youth upon the armed-to-the-teeth forces of a big neighbouring state that occupy it. But it is the stone pelters, we are told, who are the aggressors?

Israel has been selling the same line to the world for a long, long time. There are fewer and fewer people and countries that buy that story.

There are 2 things which happened. One is that there was bifurcation and second is union territory

Union territory means that home ministry stays with Centre. Law and order

stays with Centre. And all laws made are subject to Centre through governor.

This effectively means that now even if Mehbooba and Omar come together they cannot change laws or have a day on delimitation or also on issues relating to law and order. Assembly is just for education, finance management, electricity etc. A big move. Even delimitation can be done by Centre.

Second Ladak becoming without legislature effectively means it is totally in control of Centre and 60% of the land where dispute was sought to be raise is cleared.

Third they have in the notification not stated anything but issued it under 370 (3) of Constitution that all laws of land will apply to the Union Territory which means all state acts are scrapped in one go to the extent contrary to Central Laws. With Union Territory the elected have hardly any power.

Fourth this effectively also means that now the police is to be deployed by Centre and not territory. When police is with Centre there can be deployment of non-Kashmiris and hence militants cannot manipulate and get support of police.

No terror rises without locals. Locals can be handled by police deployed by Centre and police is not sympathiser or informer to the terror organisation.

This means that the pipeline of finance is cut and people like Mehbooba cannot give pardon or cannot release stone throwers.

Read this with amended NIA act which makes Centre capable of picking up and punishing Hurriyat leaders or any person who supports the terrorist organisations directly or indirectly.

This means that the freedom which they openly said and supported Wani or even Afzal Guru will come to end and even in JNU students won't act against government in manner and

fashion done in past.

Smart move with amendment in NIA and instant action on Kashmir. No one thought of 370 (3) and read it with proviso which is related to 370 (2) and not 370 (3), of the Constitution.

The people "want" what strong and charismatic leaders drill into them what they should want by eloquent speeches and nationalistic rhetoric, making the people identify with the nation's power and pride so closely and so completely that if the nation is perceived powerful, so do the people, even though there has been no betterment or increase in any value of the individual's actual personal life.

PS: the above fits well, with minor alterations here and there, in the less dangerous but equally insidious field of sport, too.

In the ultimate analysis (unless wagering on outcomes) it doesn't make a whit of a difference to any single avid fan (cricket, football, soccer, baseball, etc.) which country wins, or which team, or how much even any individual player scores—the empty sense of reflected glory arising from mindless identification with the winning team is all.

Meanwhile, the sporting organizations, the teams, the players, who have little allegiance to fan or team, traded as they are, like prize horses, for high prices, and the ancillary service industries etc., do very well.

You can see who's really being "gamed" what the "game" is really about in how, over the years, cricket, has changed from the days test matches were played once in a while. The one days were introduced by an impatient billionaire, and even when those seemed too few and far between to cool down the profit fever, we now have some sort of league style games played between states in India almost year round where great allegiances are made by fans to teams that are not even all Indian!

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2019 is not a good year for the BJP

2019 does not seem to be a good year for the BJP as they have lost their 4th and most-trusted leader, Arun Jaitley. The other three are Manohar Parrikar, Ananth Kumar and Sushma Swaraj. Arun Jaitley was like the Man of the match for the BJP and will always be remembered as an astute Parliamentarian in the hearts of the people. As the Finance Minister, he did his job well and the people loved him. May he find peace with God in heaven.

—Jubel D'Cruz,
Mumbai

Goans not different from East Indians

This is with reference to the letter 'East Indians should learn from Goans' by Jubel D'Cruz (Secular Citizen, Aug 19-25). The writer is sadly mistaken if he feels that Goans do things differently from East Indians (Mangaloreans, not included) after the death of their family members. Today, a lot has changed after the end of the Portuguese rule in Goa. Earlier, on the day of the funeral, the overriding concern of the bereaved family members was how to get hold of a cook and a pigling to feed those coming from the villages and far-away places. Transport was the greatest problem then, because of which people coming for the funeral had to leave early to catch the ferry and then wait for long hours for the local bus. It was also not possible to return the same evening after the funeral; hence overnight stay and a sumptuous dinner was inevitable at the house of the deceased member. Today, the age-old tradition has died, although it still continues, but in a different way altogether. It is now customary for close relatives and friends to come over to the house of the bereaved family to comfort them in their distress. There is no feasting of any sort. The mood is somber and soul-lifting and no different from that practised in other communities. Secondly, there is nothing wrong if a few snacks and refreshments are served after the month's mind and anniversary mass. There are many with health problems and need them badly. Finally, the day doesn't end without a few boxes of snacks and refreshments being sent to the parish refectory to keep our 'padris' in good cheer.

—A. F. Nazareth
Alto Porvorim

BMC sitting on huge stockpile of cash yet city gets flooded every year

Union minister Nitin Gadkari recently stated that while the BMC has Rs 58,000 cr (in FDs) Mumbai still gets flooded every year. This stockpile is the result of unspent budgetary allocations. Last year (2018-19) for example, less than 55% of the allocation for roads was spent while less than 25% of allocation for solid waste was consumed. The highest amount of over 90% was spent on storm water drains (SWD) but quite paradoxically the flooding only increased! Interestingly a recent RTI has revealed that the BMC spends Rs 17,000 per pothole on repair!

Two points emerge: one, the budgetary allocation is wasted, two, when allocation is utilised, as in the case of SWD, the results are not commensurate.

I believe there is a sinister link between pothole-filling and pocket-filling. Both are getting larger every year, though I'm not sure which is larger, the potholes or the pockets!

India now has many scientific achievements to its credit—including space missions to far away Moon and Mars. Why can't we build pothole free roads and storm-water proof drains on terra-firma? Our corporates are now building state-of-the-art roads and airports in gulf countries. Why can't we hand out large contracts to these corporates and break the contractor-corporator nexus?

—Prof Robert Castellino
Mississauga

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Concert Consecrations



Four years ago my classmates celebrated the golden jubilee of our passing out of school (Senior Cambridge) in 1965. One classmate recalled an incident where I acted as his wife in the school concert – replete with lipstick, rouge and the mandatory coconut shells up front! I had long forgotten the incident, so it rekindled old memories, and possible resentment. If there is one thing a young boy in boarding school hates, it is to be dressed up as a girl.

I don't know if this sub-conscious feeling is what influences my attitude towards school concerts and church celebrations. Both are as artificial and divorced from reality as those fake coconut shells. So I tend to avoid them unless absolutely necessary.

Unfortunately even our rich liturgical celebrations have assumed an aura of artificiality. They so resemble the convent concert; replete with gaudy costumes/ vestments and artificial accents.

I was recently invited to the episcopal consecration of an old friend. I have already written about the person himself. Now I will turn my attention to the "celebration". What I am now express-

ing is in no way limited to this particular celebration, nor does it seek to belittle the hard work that many put into it. This celebration was no different from several other such "triumphant entries" into Jerusalem (minus the humble ass). We forget that it was a false prelude. The truth emerged later that week in the betrayal, denial and abandonment.

Three little anecdotes will help express what I am driving at. The first was told to me several years ago by Fr Dhiranand Bhatt, Rector, St Joseph's Seminary, Allahabad. About two centuries ago Anglican missionaries had won over many Bengali Brahmins. They now heard that the Anglican bishop was coming, and panicked. How many

more would the powerful bishop convert? He arrived in a gilded horse drawn carriage, resplendent in his purple robes. The Bengalis ran home rubbing their hands in glee. No self-respecting Bengali would see God in a gold and purple liveried person. Post Independence, the "holy Catholic Church" has taken over from where the Anglicans left off, crimson red replacing the purple.

The second anecdote is actually a

joke that I recently read. An advertising guru organized a blitz for a health drink in the Gulf region. There were three frames, from left to right. The first depicted a weakling, the second the tonic, and the third a strong man. But this clear message flopped abysmally, for the elementary reason that in the Gulf region people read from right to left. So in the eyes of the beholder the tonic actually weakened the man! A case of misplaced ardour.

The third anecdote was by Bp Patrick D'souza of Varanasi. A fervent priest from Mangalore brought some coconut saplings from his "native place" and planted them in his mission territory of Varanasi. He hoped to reap a rich harvest. To the contrary, the saplings withered and died in the sweltering dry heat of the Gangetic plains.

What do these three anecdotes teach us – that the road to hell (or failure) is paved with good intentions. It is not enough to have good intentions, like the good Word, the precious seed. One must also know soil and weather conditions – the surrounding circumstances, and the social milieu. Here is where our "missionaries" have failed miserably. They are out of sync with local culture and aspirations.

In India people see a man of God like a Sadhu. The underlying logic is that if he is detached from the world then he must be attached to God. Vatican II talked of a pilgrim church (LG 8), but we persist with the palm swaying triumphalistic church. It doesn't gel or attract. Rather, it repels. Our liturgy begins to resemble the artificiality of the convent concert. It is so like the mismatched gilded carriage, the tonic ad and the coconut sapling.

The Catholic liturgy is actually very rich and meaningful. Shorn of its western plumage and triumphalistic overtones it can attract large numbers to the church. Hindus seek God



by chhotebhai *

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through the Bhakti Marg (devotion), Gyan Marg (Knowledge or enlightenment) and Karm Marg (fulfilling one's duty). Our liturgy is a wonderful expression of the Bhakti Marg, if only ...

Two images from the recent episcopal consecration will illustrate my point.



No offence is meant to the dramatic personae. First notice the wooden cross looking so incongruous in the resplendence of the altar, the celebrants and their vestments. It reminded me of that "old rugged cross" on a wind swept hill, with a reverberating cry "Father forgive them they know not what they do" (Lk 23:34).

The other image is of the bishop-elect prostrate before the cardinal and other consecrating bishops. Notice those polished black shoes. All the others on the stage are also well shod. This is in direct contrast to God's darshan to Moses on Mount Horeb. He tells Moses to remove his footwear because he is standing on holy ground (cf Ex 3:5). In our village churches people remove their footwear before entering, and squat on the ground. But when they become "civilized" they walk in well heeled. Most celebrants of the liturgy do the same. Non-Christians find this irreverent.

Then again, almost all Asian religions

like Hinduism, Islam, Judaism, Sikhism and Zoroastrianism expect the faithful to enter the place of worship with their heads covered (not just for women). We do the opposite, following the western culture of removing one's hat. I have seen some overzealous clergy and laity even making people remove their headgear, including the Sikh turban. If this is not cultural

insensitivity, what is?

I will take two more examples from the consecration that I attended. The dancers that preceded the celebrants were adivasi women dressed in their traditional red and white saris. The lady ushers were wearing cream and gold saris (I couldn't help noticing the women). So was this an apt case of

inculturation? No. Because the dancers' dress was typical of Chhotanagpur; not the State where this event was taking place. In like manner the gold saris were typical of Kerala State. I could not but think of the coconut saplings withering away in Varanasi.

Finally, the eggs. Yes, eggs, boiled ones; because we got them for breakfast and dinner. The offertory procession had two thalis of eggs. Perfectly in order had this been in Chhotanagpur or Kerala, but not here; more so since it was the month of Sawan, when most pious Hindus abstain from non-vegetarian food.

I feel that the boiled eggs, the red and white or gold saris, the polished black shoes, and the shining vestments around the wooden cross were all well intentioned. But what was their witness value in the "missionary land" where this event occurred? This is precisely my point made earlier, that the road to failure is paved with good intentions.

This critique is not meant to belittle any of those who worked really hard for this episcopal consecration. It is only intended to make us reflect seriously on our witness value, and what impact our celebrations have on others. The sooner we jettison the excess baggage of western culture and the artificiality of convent style concerts, the more credible and Christ-like will be our witness.

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Kandhamal 'growing in faith,' says Archbishop Barwa

by *Nirmala Carvalho*

Mumbai, August 25, 2019: Kandhamal is growing in faith, the people have no fear, and they can face any challenge with faith and trusting in God, says Archbishop John Barwa of Cuttack-Bhubaneswar.

On August 25, Christians around India marked Kandhamal Day, commemorating the 11th anniversary of the worst anti-Christian attacks in India's history.

Kandhamal is a district of the eastern Indian state of Odisha, formerly known as Orissa, where an orgy of violence descended upon the impoverished Christian minority in August 2008.

A series of riots led by radical Hindus left roughly 100 people dead, thousands injured, 300 churches and 6,000 homes destroyed, and 50,000 people displaced, many forced to hide in nearby forests where more died of hunger and snakebites.

The mobs had been incensed by rumors that Christians had killed a local Hindu holy man. (It later emerged that the holy man had actually been assassinated by Maoist guerillas in the area.)

"They burnt our people, our houses, our churches, but the fire of the Holy Spirit filled our people with a burning love for Jesus and the Church," Archbishop Barwa told Crux.

The riots hit the archbishop close to home: Barwa's niece, Sister Meena Lalita Barwa, a Catholic nun of the Servite order, was in Kandhamal when she and a local priest were dragged into the streets by frenzied attackers shouting, "Kill Christians!"

She was raped by at least one member of the mob before being paraded through the streets to the howls of the crowd.

"The incident and case remain as thorn in the flesh, for not to cry or brood over or wail but day by day to be thankful to God," Sister Meena told Crux. "My conviction of living this life meaningfully and happily and thank God; I say this because He has kept me alive to thank Him. I know that God's blessing is there in suffering itself."

The nun said that during the attack, she experienced "total and real poverty in spirit and in action; except for a piece of cloth on my body, nothing was left."

"My chastity devastated, and I surrendered myself completely to God in obedience. That moment, God has healed me, purified me: I found security in Him, I experienced that I am His beloved child, I understood the meaning of suffering and love, I understood God's love for me and my love for Him. As this day arrives once again this year, for me it's time to receive a pouring of grace from God and to be anchored by Him," she continued.

"I fondly remember my sisters and brothers in Kandhamal who still suffer and have greater faith. Yes our faith and hope is stronger, knowing that God will never let us down," Sister Meena said.

Kandhamal has a population of around 730,000, about 80 percent of whom are "Tribals," meaning members of one of India's indigenous groups, and 20 percent "Dalits," meaning the "untouchables" under the ancient caste system.

Both Tribals and Dalits have long been at the bottom of society in terms of income, literacy, and life opportunities, and, in one of the typical pathologies of poverty, tensions between the two groups are common.

Christians are about 20 percent of the total population of the district, and are almost entirely Tribal and Dalit, and

they still suffer discrimination and harassment to this day.

However, Archbishop Barwa said his people are proud to be from Kandhamal and pointed to the large number of vocations the district produces.

"In nearly every religious congregation in India, there is at least one religious priest or sister from Kandhamal, or seminarian and novice/candidate from Kandhamal," the archbishop told Crux.

"This shows that there is growing faith in Kandhamal, and this seed of faith is giving rise to a new spring time of vocations from Kandhamal to the Church in India," he said.

"For the Church in Odisha and Kandhamal, it is a great sense of pride that our young boys and girls are happy to serve the Church in India through their vocational calling. They are unafraid, they are filled with zeal to serve," Barwa added.

In August 2016, India's Supreme Court ordered the state government to re-investigate 315 cases of violence reported during the riots, where police did not follow up on reported crimes, or the perpetrators were not prosecuted.

The 315 cases concerned are instances in which reports were made to the police but were not followed through or did not result in prosecution of the offenders.

The court also said the compensations that were paid to some of the victims were inadequate and ordered restitution to be paid to anyone injured during the riots.

Barwa told Crux he has recently filed a review petition for those who have not yet received any compensation.

"The public interest litigation is still

(Contd.. on p. 16)

Raising A Digital Generation

By Dr Sajith Cyriac

BETTER YOURSELF BOOKS / ISBN
978-81-7108-911-6 / pp 232 / Rs 250

Factually, the digital age is here to stay, making it both the best and the worst of times for parents to raise kids! Indeed, with a surfeit of choices in relation to media and technology on hand, parents and educationists face especially significant challenges resulting from the unbridled rise of the Internet and spread of the digital culture. On the one hand we are all literally spoilt for choice; on the other, we face some of the toughest decisions in terms of discerning the “right” answers to questions like *should I post those silly baby pictures or videos online - should my toddler choose his or her own YouTube videos - when should my child have a mobile phone - what should I do if I dislike the pictures that are posted on my child’s online social media profile - how much screen time is too much - what are the potential risks of their online exposure and interaction - how can they be helped to navigate safely on the digital highway that assail us.*

What Ralph Waldo Emerson, reflecting on the changes taking place during his time, says, accurately summarizes our modern day dilemma: “This time, like all times, is a very good one, if we but know what to do with it” (p 12). Likewise, we can make the digital age a thriving and beneficial one for our kids, provided we know how to do it. That is where this book comes in!

Not kids’ use of digital technology per se but its overuse and misuse [excessive chatting, posting, ‘selfieing’ and the like] is what impacts vari-

ous aspects of their lives. Amidst the challenges all this poses, one thing is certain: you can neither roll back the sands of time nor turn back its hands! Indeed, you can neither raise your kids in caves today, nor sit silently and let them be swayed by the effects of modern technology. All said and done, the locus of your power as parents, guardians and teachers of kids remains essentially unchanged, nothing matching the guidance and accompaniment you can provide on their journey through the digital age. Thus, the ray of hope Cyriac—who holds a PhD in Media Education from the Salesian University, Rome, and a Postgraduate degree in English Literature and a Baccalaureate in Journalism from Christ University, Bangalore—offers those who are concerned about the digital present

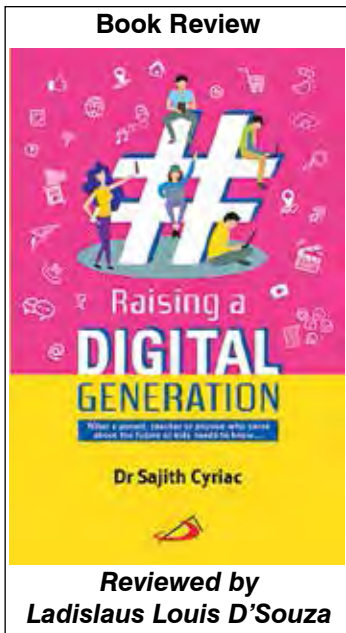
and are keen on shaping the digital future, effective pointers to practical, proactive strategies that can help make learning sensible ways and means to manage life in our media-saturated society interesting!

Coming from a priest [belonging to a media-related religious congrega-

tion] who has for over a decade edited *Inspirational Quote*, a monthly for inspired living, apart from being Director of Saint Pauls Media Education, Mumbai, **RAISING A DIGITAL GENERATION** (his 19th title) synthesizes the latest insights from scholars and professionals on topics of relevance to parents of preschoolers, primary school kids, teenagers and even young adults. Indeed, as Renee Hobbs of Rhode Island University, USA, says, “You will gain clarification of your own values as a parent, what with Sajith Cyriac revealing the power of respect, trust and authentic communication in relation to all your media choices and ... social relationships!” (p 9)

Through **RAISING A DIGITAL GENERATION**, the author (who can be contacted on sajithssp@gmail.com) offers the reader some rich and timely tips that can put to rest all doubts, making the book a highly recommended guide for those in authority who sincerely want to understand the new world in which they and their kids have their being. It thus fulfils a twofold purpose: firstly, it helps you check for yourself your own relationship vis-à-vis technology, emphasizing that you are the most important digital model for your kids. Secondly, it provides practical insights and tools that can empower you to make informed decisions about your kids’ use of technology in ways that maximize its benefits and minimize its potential harm.

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Justice Cries!



BY FR. CEDRIC PRAKASH
SJ

August has always been a very special month: it is filled with a plethora of festivals, observances and events! As one looks back at August 2019 one cannot help but feel overwhelmed of all that has unfolded these past weeks! If one can summarise the recent past: locally, nationally and globally -into a single capsule slogan, then it undoubtedly has to be **“Justice Cries!”**

Some years ago, the Catholic Bishops Conference of India decided to observe the Sunday following the Independence Day of our country (15th August), as ‘Justice Sunday’. That was certainly a worthy decision. In the past, Justice Sunday (thanks to the then Justice and Peace Commission of the CBCI) focused on a theme for the day with a well-prepared liturgy and other content, which was sent out to all Dioceses in the country. Sadly, over the years this day has gradually slipped into the background and even into oblivion! Today, hardly anyone speaks about it, there is very little reference made to the Sunday and even if there is, in most cases, they are merely cosmetic exercises or tokenism!

Yes, Sunday 18 August was this year ‘observed’ by the Church in India as ‘Justice Sunday’. It was a fitting day for the Church in India to tell the country and the world that their only motivation is the person and message of Jesus Christ; that an authentic disciple of Jesus has no choice today but to live the joy of the Gospels without compromise – to bear witness only to Justice and Truth! The country today is burning with injustices! Unfortunately, a sizeable section opts to remain in one’s comfort zone- through a silence which is complicit! This certainly does not speak well for the Church in India and particularly for its leadership! The mandate to take a stand for truth and against every form of injustice, comes directly from Jesus. Pope Francis has been reiterating this non-negotiable consistently!

Today, the ordinary citizen of India- particularly, the Dalits, the Adivasis, the minorities and the marginalised, women and children, the poor and the unemployed, the vulnerable and the excluded – have to face a whole range of injustices meted out to them. True the Church in the past has done creditable work among these sections of society, especially in the fields of education and health care. Today a paradigm shift is needed in how we “do charity!” In his social Encyclical Letter ‘Caritas in Veritate’ (July 2009), Pope Benedict XVI states, *“Charity in truth, to which Jesus Christ bore witness by his earthly life and especially by his death and resurrection, is the principal driving force behind the authentic development of every person and of all humanity. Love — caritas — is an extraordinary force which leads people to opt for courageous and generous engagement in the field of justice and peace.”*

On 5 August, the Government abrogated Article 370 and 35 A with regard to Kashmir. This was done in totally unconstitutional and insensitive manner. There have been several protests against this dastardly deed. A team of well-known intellectual visited Kashmir on a fact-finding mission, in the days after the abrogation of Article 370 and released a hard-hitting report ‘Kashmir Caged’ on 14 August in New Delhi. In their conclusions they say, *“The whole of Kashmir is, at the moment, a prison, under military control. The decisions taken by the Modi Government on J&K are immoral, unconstitutional and illegal. The means being adopted by the Modi Government to hold Kashmiris captive and suppress potential protests are also immoral, unconstitutional, and illegal”*. On 24 August, a delegation of the opposition parties who flew in to assess the ground realities were turned back from the Srinagar airport itself! One of the best IAS officers of the country, Kannan Gopinathan yesterday sent in his resignation to the Government say-

ing that he wants to speak freely about *“the virtual emergency, that has been imposed on the people of Jammu and Kashmir”* Without doubt, the Government will soon denotify the other special status areas of the country particularly in the North-East- depriving them of their legitimate rights and identities!

A few weeks earlier, the Government brought in ‘The Unlawful Activities (Prevention) Act - UAPA 2019 (Amendment Act)’ which clearly infringes on the fundamental rights of citizens. The amendments allow the Centre to designate individuals as terrorists and to seize their properties. They are blatantly violative of the fundamental right to reputation and dignity which is a facet of the right to life and personal liberty guaranteed under Article 21 of the Constitution.

Harassments, intimidation and threats to human rights defenders, media personnel, intellectuals and other activists who have the courage to take a stand for truth and justice, continue with frightening regularity. Fr Stan Swamy and other front-line defenders from Jharkhand, those arrested after being falsely implicated in the Bhima Koregaon violence and several others. Freedom of speech and expression, the right to dissent is almost a thing of the past in an extremely autocratic atmosphere. Strangely enough, the prayer intention of Pope Francis for July 2019 was *‘for those who administer justice work with integrity, and that the injustice present in the world may not have the last word’*. The ignominy heaped on women and children of our country continues unabated! Millions of our children are still deprived of their childhood! From farmers to sewage workers; from those who receive unjust wages to the unemployed – the vicious circle of poverty and injustice is hardly addressed!

(Contd.. on p. 15)

The Call beyond Love

The Lord calls us in mysterious ways! But this was one call that rang out loud and clear to reverberate through every corner of the world, touched the lives of millions of those rejected by society. This call transformed a “sister” into a “Mother” who became a legend in her lifetime and beyond. Called to serve ‘the least and the last’ among humanity, a religious nun became ‘the saint of the gutters’ earning her sainthood living and working under appalling conditions in the slums of Calcutta, India. We gratefully revere her on her feast day, 5 September each year.

Mother Theresa was born as Agnes Gonxha Bojaxhiu in a devout Catholic family in Skopje, Macedonia. Raised by a compassionate mother, Agnes learnt at an early age what poverty was in the words of her mother- “Being unwanted, unloved, uncared for, forgotten by everybody, I think that is a much greater hunger, a much greater poverty than the person who has nothing to eat.” Agnes heard the call to dedicate her life to serving the poor and needy. This calling came into sharper focus when during her teenage years she heard reports of the valuable work being done by Yugoslav Jesuit Missionaries serving in Bengal, India. At 18, she joined a convent in Ireland, the religious sisters of Loreto. Trained as a teacher, she arrived in India to work in a school at one of their Mission stations. When she took her formal religious vows in 1931, she chose to be named ‘Theresa’, after St Therese of Lisieux – the patron saint of Missionaries.

Then came the call within the call! On a journey from Calcutta to Darjeeling for a retreat, Mother Theresa said Christ spoke to her and told her to abandon teaching to work

for the poorest and sickest people in the slums of the city. She left the convent to start a new religious order called “The Missionaries of Charity”, specifically to serve the people, who needed to be cared for and had none to care for them. Mother Theresa felt that serving others was a fundamental principle of the teachings of Jesus Christ. She often mentioned the saying of Jesus, “*whatever you do*

to the least of my brothers that you do unto me!”

With her band of religious sisters and lay persons she embraced the ‘least’, as she lifted them out of the gutters to give them either a new life or a death with dignity.

While she was in Calcutta, the death and devastation caused by the Bengal

famine of 1943 and the Hindu/Muslim violence in 1946, before the partition of India traumatized her into leaving the convent to live full-time among the poorest of Calcutta. Her respect for the traditional Indian dress, made her choose a blue-bordered white cotton sari for her congregation which later became to emblem of charity. They survived on handouts and sometimes begged for funds! Gradually as her efforts with the poorest were noted and appreciated by the local community, helping hands reached out in charity. Inspired by her patroness, Saint Therese of Lisieux, she used to tell her fellow nuns, “*We cannot all do great things. But we can do small things with great love.*”

Reports of her work among the poor attracted members to her congregation and donations which enabled her to expand her charitable activities. Over the years she established schools, a hospice; centers for the blind, aged and disabled; homes for the destitute, orphanages, a leper colony and a string of mobile health

clinics.

After several years of deteriorating health, including heart, lung and kidney problems, Mother Theresa passed on into eternal life in September 1997. As her body was being transferred to St. Thomas’s Church, next to the Loreto convent where she had first arrived nearly 69 years earlier, thousands of people from all classes and creeds from India and abroad were present to celebrate the woman known as “Saint of the gutters”! She was honored with a state funeral; her body was taken in procession on a gun carriage that had also borne the bodies of Mohandas K. Gandhi and Jawaharlal Nehru, through the streets of Calcutta. Presidents, prime ministers, queens, and special envoys were present on behalf of countries from all over the world!

Considered to be the greatest humanitarian of the 20th century, she inspires us with her candid admission, “When a poor person dies of hunger, it has not happened because God did not take care of him or her. It has happened because neither you nor I wanted to give that person what he or she needed.”

Mother Theresa was awarded the Nobel Peace Prize for her service to humanity which is depicted in someone’s expression - “*She bowed down before those who were spent, left to die on the side of the road, seeing in them their God-given dignity. She made her voice heard before the powers of this world, so that they might recognize their guilt for the crime of poverty they created.*”

In Today’s sick world, we need more voices to be heard on behalf of those humans left to decay and die as destitute in our gutters!



by Vera Alvares

Tech trends reshape healthcare

WHETHER IT'S INFORMATION - sharing between patients and doctors or aiding in a high-risk surgery, it's clear that dynamic applications of technology are well underway in disrupting the healthcare industry. Explore these innovations in healthcare industry, which is shaping the model of new treatment of patients

Technology is changing everything, especially healthcare. Scientists are working with new gadgets in new facilities that have made provision of healthcare easier than ever. Here are the leading changes in healthcare industry which is on the way of innovating a new model of treating patient's health

Virtual Reality :

Virtual Reality in healthcare objective is to create a new kind of healing environment for patients. VR is an interactive and immersive experience that can be used to transport patients to a place beyond the clinical setting. Using a VR headset, patients can experience realistic, three-dimensional worlds that aim to not just reduce the stress and anxiety of a clinic visit, but to also teach patients new skills.

Nanomedicine :

Nanomedicine is a rapidly evolving field which controls individual atoms and molecules at the extremely minute 'nanoscale' of 1 to 100 nanometers. To put that into perspective, a single newspaper sheet is about 100,000 nm thick. Nanomedicine is mainly used to effectively diagnose, treat and

prevent various diseases. Compared to conventional medicines, it's much better at precise targeting and delivery systems, paving the way towards combating complex conditions such as cancer.

Robotics :

One of the most exciting and fastest growing fields of healthcare is robotics; developments range from robot companions through surgical robots until pharmabotics, disinfectant robots or exoskeletons. With the help of these devices paralysed people can walk and also help rehabilitate of stroke or spinal cord injury patients.

They can enhance strength so that it allows a nurse to lift an elderly patient.

Wearables :

Wearables offer incredible potential to collect patient data, increase prevention and improve health outcomes for users. Electronic fitness trackers and smart watches are among the best-known wearables but there are many more on the market and currently in development that monitor everything from sleep and rest patterns to heart rate and calories. Wearables can make patients aware of their health condition, along with less doctor's visit.

Vilete D'Almeida, bags a CA.

Vilete D'Almeida, of Mangaluru, has qualified as a full fledged 'Chartered Accountant' (CA) as per the final results August 2019, by the Institute of Chartered Accountants of India (ICAI).

From the Rosario Cathedral vicinity in the city, she is the daughter of late Vivian D'Almeida and Elvira D'Almeida. She graduated from St.Aloysius College and diligently pursued the CA. A very hard working person, she passed the CA. Always a positive person, who encourages many. She gives credit to her mother who always stood by



Vilete D'Almeida

her with emotional, moral and financial support. She definitely has achieved her dream and her dreams without doubt are well charted. All who know the pleasant and sincere person she is wish her the best in the future.

THE SECULAR CITIZEN

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Be transparent in your marriage

TRANSPARENCY AND ACCOUNTABILITY with your spouse is one key way to ensure healthy progress, which is the whole point of marriage in the first place. Learning the value and practice of transformed my life and our marriage

Marriage has no room for secrecy. In fact, marriage ought to be the most transparent relationship in a person's life. We believe, through marriage, God created you for one person to share love and life with, to be completely vulnerable physically, emotionally, mentally and spiritually. And by doing so, your transparency prevents secrecy, promotes longevity, and improves intimacy in your marriage. But how can transparency happen in a marriage? Here are a few ways to be transparent with your wife.

Start with a mutual understanding :

Come to an agreement with your spouse that you will ban secrets from your marriage (emotional, relational and financial) because you both agree that transparency is vital in your relationship. Your spouse was created to be the one person in life with which you have absolutely nothing to hide and a mutual understanding helps hold



you accountable to this.

Give your spouse first priority :

If you've got important news to tell or something good to share, seek to tell your spouse first. They deserve to



have first-hand knowledge of what is going on in your life or in the life of your family. So make sure they hear it first from you.

Have obvious and open accounts :

As a married couple, there should be no question about having full access to each other's phones, social media accounts, and passwords. And on your social media accounts, have clarity when it comes to your marriage. Clearly identify that you're married and unashamed of it. If you ever find yourself nervous when your spouse picks up your phone or refuse to give them full access to anything on it anytime they want, then you are in a potentially dangerous position and you may not even realise it.

Talk about everything, often :

While it is important to have friends to share things with, if we ever get to the point that we are sharing more details of our life with someone other than our spouse, there is danger lurking. This danger is even greater if the person we're sharing these things with is someone of the opposite sex. As a married couple, make it a practice to talk about every area of your lives together communication, finances, money, kids, in-laws, and many other things. You are sharing life together. You are a team.

Let your guard down :

Part of transparency is allowing another person to know you closely, personally, and intimately, in a way that no other person alive can know you. This often involves disagreements, hurts and the need for regular forgiveness. When we allow our spouse to see us for who we really are, flaws and all, it allows us to truly love each other unconditionally for who we are imperfect people who understand perfect love.

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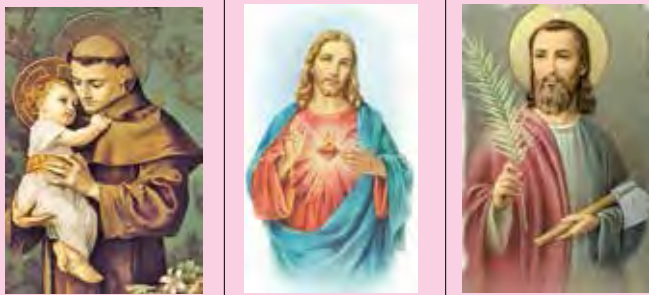
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Thanksgiving



Thanks to St. Anthony, Sacred Heart of Jesus & St. Jude for the special favour granted

— Juliet D'Souza, Bandra

Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of Perpetual Succor and St. Anthony

—S. M. J., Mumbai



Thanks to
St. Theresa

for the favours granted

—Vincy M. Crasto
Pune



Mutton Xacuti

Ingredients :

1 kg. mutton; 1 tsp. cummin seed; 1 coconut; 2 tbsp. coriander powder; 1 tsp. pepper powder; 1 dagarphool; 1/2 nutmeg; 5 cloves; 1-inch piece cinnamon; 4 cardamoms; 2 tbsps. cus-cus; 1-inch piece ginger; a little tamarind; 10 red chillis; 2-inch piece turmeric; 6 cloves garlic; 3 onions (sliced); salt to taste.

Method :

Cut the mutton into convenient pieces. Extract juice from half coconut and keep aside. Grate the other half of the coconut. Fry the grated coconut, cummin seed and coriander and set aside. Fry one onion and mix with the fried masala. Grind the rest of the spices with the fried masala. Fry the remaining 2 sliced onions in ghee until brown and add the meat and continue frying till brown. Add a cup of water and cook till the water dries. Now add ground masala with a little water and cook further for 10 minutes. Add the coconut juice, a cup of water, tamarind juice, and salt to taste and simmer till gravy thickens.



Vermicelli - Mushroom

Ingredients :

250 gm. vermicelli; 150 gm. mushroom (shredded into large long pieces); 50 gms. shredded vegetables (carrot, cabbage, beans etc); 1 big onion (shredded); 5 green chillis (seeds removed and cut length wise); 1 tsp. garam masala powder; 2 tsp. tomato sauce, 1 tbsp. oil.

Method :

Fry the vermicelli (broken into small pieces), till slightly brown. Add salt and water for cooking, heat oil in a pan and fry onions to golden brown. Saute the shredded mushrooms and vegetables in this and cook along with tomato sauce and garam masala powder. Mix in the cooked vermicelli and stir until all the water disappears. Garnish with onion rings (soaked in lime juice previously) and chopped green coriander.

The country has never been so corrupt. Law makers are bought to cross from one party to another –we have seen this happen in Karnataka, Goa and Sikkim. The CBI and the Enforcement Directorate will not investigate into corrupt acts and major scams like the Rafael deal, those who have made windfall profits from demonetisation and those who toe the line of the current ruling dispensation.

Minorities are on the back-foot as never before! Lynchings continue as the 'new normal'. Muslims and Christians are at receiving end of hate and violence. Every effort is being made to ensure majoritarianism and ultimately to impose the 'hindutva' agenda on the nation. So, the Prime Minister speaks about family planning, bringing in a national anti-conversion law, makes Parliament to abolish the 'triple talaq', wants to curb foreign funds to certain NGOs. There is a Madras High Court judge who in a judgement spews venom on the Christians. All part of a well-calculated strategy! For the very first time, the UN observed 22 August as the 'International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief'. In India today, there are thousands who are being persecuted because of their religious beliefs.

The economy is in the doldrums. It has never been so bad in the country. The poor have become poorer; recession is at an all-time high! The Indian rupee has fallen to an all-time low – and no 'bhaktas' or 'chamchas' have the courage to tweet about this reality as they so brazenly did during the time of Manmohan Singh and the UPA Government! Hundreds of thousands of workers from the auto and other industries have been laid off. Demonetisation has contributed greatly to the economic downfall of the country. Nobody seems to have the guts to make this serious reality the main issue of the country today!

The recent torrential rains, floods and landslides in several parts of Western India: Kerala, Goa, Maharashtra and

Gujarat - have rendered thousands homeless, destroyed our precious ecosystems in this area. Eight years ago, on 31 August 2011, 'The Gadgil Commission', (an environmental research commission named after its chairman Madhav Gadgil), submitted its report to the Government of India. The Commission made far-reaching recommendations on the ecosystems of the Western Ghats. Neither the politicians nor the corporate sector have taken the report seriously. Valuable natural resources continue to be plundered at will, the ecosystems are denuded and the environment destroyed!

The Church too seems have paid lip-service to what Pope Francis says in 'Laudato Si' - *"caring for ecosystems demands far-sightedness, since no one looking for quick and easy profit is truly interested in their preservation. But the cost of the damage caused by such selfish lack of concern is much greater than the economic benefits to be obtained. Where certain species are destroyed or seriously harmed, the values involved are incalculable. We can be silent witnesses to terrible injustices if we think that we can obtain significant benefits by making the rest of humanity, present and future, pay the extremely high costs of environmental deterioration (#36)".* The Narmada Dam is a symbol of all that is unjust in our country today – and most would not care if some thousands of Adivasis lose their lives when the gates of the dam are opened.

The draft Indian Forest (Amendment) Bill of 2019, circulated in March this year, will also become a reality soon. It aims at re-establishing state power over forests at the cost of rights granted to the forest dwelling tribals and other forest dwellers under the Forest Rights Act of 2006 (FRA). It is a clever ploy to derecognise the indigenous people of our country. The 'National Register of Citizens' in Assam and the way the Government treats refugees like the Rohingyas goes against the grain and spirit of a country which in essence is inclusive and diverse. The draft of the 'New Education Policy' is an insidious way towards the nationalisation of education.

The world observed Hiroshima (6 August) and Nagasaki (9 August) Days recently; the world saying *"never again"* to nuclearization and to the possibility of another holocaust. For the Indian Government it does not matter – a scandalous amount of money is spent today on buying sophisticated arms and ammunition and in the nuclearization programme. This is certainly a gross act of injustice when millions of people of the country do not have the basic necessities of life

Many Catholic religious congregations in India today fail to exercise the mandate which their General Chapters so gloriously pontificate! Those religious within the Congregation who try to stand up for truth and justice are sidelined, denigrated by their own suspended and even dismissed (as we saw in the case of Sr Lucy Kalapura recently)

Early in June this year, speaking to a summit of Pan-American judges Pope Francis said, *"We are living at a historical stage of change in which the soul of our peoples is at stake, a time of crisis in which there is the paradox: on the one hand, phenomenal normative development, on the other side a deterioration in the effective enjoyment of globally consecrated rights," "the injustice and the lack of tangible and concrete opportunities behind such analyses [made] by people that are incapable of putting themselves in the feet—I do not say the shoes, because in many cases people do not have them—is a form of generating violence, silently, but in the end violence."* *"We only remember and recognize this [injustice] when some people make noise on the streets," but then "they are rapidly categorized as dangerous or troublemakers in an effort to silence them. There is not democracy when there is hunger, there is not development when there is poverty, there is not justice when there is inequality"*

The point is if the Church in India is listening to what the Pope is saying; what Jesus expects from each of us- and above all to the CRIES FOR JUSTICE!

** (Fr Cedric Prakash SJ is a human rights and peace activist/writer. Contact: cedricprakash@gmail.com*

Attending Wife's Seminar

The police stop a man in questionable condition at 1 am.

“What are you doing out so late, sir?” Asks the police officer. “I’m going to a seminar on ‘The harmful effects of alcohol’,” replies the man. “Are you pulling my leg or something?” says the police officer, who would hold a seminar like that at this hour?!” The man sighs, “my wife.”

Biggest flirt

Professor : Tell me one line about each subject you are learning

Student : Geography is so bad that I saw my world in you. Chemistry is so good that you over-react at me. Maths is so bad that I counted on you. Physics is so bad that I got attracted to you.

Boy : You are sunshine of my life, without you life is cloudy, you are in my heart like rain for barren land.

Girl : Darling! Is it proposal or weather report?

Husband : Roses are red, sky is blue, you are pretty, I love you.

Wife : Roses are dead, I am blue, you are sick, one day I will kill you.

A boy was going with his girlfriend.

Friend asked: Who is she?

Boy : My cousin.

The friend said: Last year she was my cousin

Husband : I lost my wife.

Police : Tell me her height, co-



lour of her eyes, hair colour

Husband : I don't know!

Police : Okay tell me what was she wearing?

Husband : Not sure whether it was a dress or a saree.

Police : Was she driving?

Husband : Yes, she was.

Cop : Which car it was?

Husband : She was in Audi A8 with supercharged 3.0 litre V6 engine with 8 speed auto transmission. It has full LED lights too.

Cop : Don't worry, we will find your car soon!

Funny one liners!

1. I say no to alcohol, it just doesn't listen.
2. A friend in need is a past indeed.
3. Marriage is one of the chief causes of divorce.
4. Work is fine if it doesn't take too much of your time.
5. When everything comes in your way you're in the wrong lane.
6. The light at the end of the tunnel may be an incoming train.
7. Born free, taxed to death.
8. Everyone has a photographic memory, some just don't have film.
9. Life is unsure; always eat your dessert first.
10. Smile, it makes people wonder what you are thinking.

11. If you keep your feet firmly on the ground, you'll have trouble putting on your pants.
12. It's not hard to meet expenses, they are everywhere.
13. I love bring a writer... what I can't stand is the paperwork.
14. A printer consists of 3 main parts: the case, the jammed paper tray and the blinking red light.
15. The guy who invented the first wheel was an idiot. The guy who invented the other three, he was the genius.

(Contd.. from p. 8)

pending and expecting good orders for the victims. Reopening cases and criminal appeals are also very challenging at this moment,” he said.

The criminal appeals the archbishop was referencing involve the seven innocent Christians in jail for the murder of the Hindu holy man, despite the fact Maoist militants admitted to the assassination.

Earlier this year, two of the men were finally released on bail, after nearly 11 years behind bars.

“But we cannot rest or rejoice until all our innocent are free,” the archbishop said. “Innocents are jailed, and the guilty are roaming around scot free. I will be happy when all our people are set free and the culprits are brought to justice and face the law.”

In 2016, Archbishop Barwa began the process to declare 100 of the Kandhamal victims to be martyrs and is still collecting documentation to eventually send to the Vatican.

“This is a sacred and joy-filled task, a priest – Father Purushottam Nayak – is appointed, he is collecting evidence,” the archbishop said.

Source: [cruxnow.com](http://cruxnow.com/matters/India)
matters India

Inspiration!

Be ambitious and satisfied

AMBITIOUS IS A great thing to have but people are sometimes not reAMBITIOUS IS A great thing to have but people are sometimes not really content after they have achieved whatever they want. Is it possible to get both?

It sounds like an oxymoron, but it is possible to be both ambitious (wanting to be better) and satisfied (completely content with where you are). You can love your life and still be in the midst of constantly recreating it. How, you ask? Here are four steps that helped me recover from ambition addiction and learn to really enjoy my successes.

Take time to celebrate what you've accomplished :

Make lists in your mind or on paper of the many things that have gone well, of the important lessons you've learned and of all you have already achieved. Don't compare yourself to other people, don't place mental asterisks or downplay your accomplishments and definitely don't dwell on the rest of the things you have yet to do.

Focus on what's been done. Take time to give yourself a pat on the back. A great way to do this is to share one of your successes with a loved one and maybe even celebrate that success, whether with other or just by treating yourself to a great meal or a night off. Allow yourself to feel pride.

Mindfulness, mindfulness, mindful-



ness :

You probably hear this word so much it starts to lose meaning - but the truth is, being mindful of yourself, your inner dialogue and your present circumstance is almost always the key to finding contentment and catching behaviours before they turn from nourishing to draining. At the end of the day, the only person who can change your attitude, reframe your point of view, or open your mind to a more positive way of living is you.

Moving away from your tireless race toward your goals starts with keeping your state of mind focused on when and where you are now.

Exercise kindness :

Ambition can inspire a certain type of "cut-throat"-ness that keeps you disconnected from others, seeing ourselves as separate and busy. Don't fall into the trap of believing that you can't be bothered with another, that you're going places," and that you can't stop to lend a hand. We are all related, connected in some way and here for

one another - to teach each other, to join in our shared humanity and to enhance our soulful experience. If you allow yourself to nurture those relationships, you'll find that the research-backed high of showing kindness to others and the warmth of true interpersonal connection will satisfy you in a way that no goal post ever can.

So let there be moments - months even -when you give yourself permission not to take things so seriously. In the end, all you have is how you feel, so you might as well do things that truly make you feel alive inside.

BE FUN

That means you shouldn't just have fun - you should embody it. Remember the things that once brought you joy, or go out and try things that you've never dared to do before. Start a new adventure that isn't tied to your personal or career ambitions - one without an end in mind but instead with the journey itself as the prize. Learn a weird new creative talent. Do things that make you laugh.

20th anniversary of 'Prison Ministry India' in Mangaluru

— Ivan Saldanha-Shet.

Prison Ministry India - PMI, in Mangalore, became active in 1999 from the Carmelite Monastery in Bikanakatte. Bishops of the diocese have been very supportive along with large hearted people of the city. PMI volunteers visit the Jail at Kodialbail in city and undertake several activities to help the inmates have a better life and work to correct their past mistakes and prepare for a better life. The PMI unit also follows up cases of undertrials for speedy disposal of case and seek release in minor cases, through mediation, they give care and attention to the suffering families. Rosario Cathedral parish, on the occasion of its 450 years of foundation, end 2018, made a special contribution for the welfare of deserving prisoners. On August 18, 2019 Sunday- a land mark celebration at Rosario Cathedral, with Bishop Rev Dr. Peter Paul Saldanha as president was held.

Bishop of Mangalore Rev.Dr.Peter Paul Saldanha, expressed appreciation for the present and past members of "Prison Ministry India" (PMI) and supporting generous people from all walks of life, over the past 20 years in the city. the active positive care and concern they have extended to the prison inmates irrespective of their cases is unique. The PMI members who dedicate themselves to serving the unfortunate, their work within the regulations of Govt., is to be applauded. It is the 'good people' who have to be voice to voiceless.

The words of the Chief guest, Mangaluru Jail superintendent Chandan Patil, a young senior official whose presence instilled confidence, joy and grace to the occasion. He said there are many needs and all can not be

met by Govt and officials on time, it is NGOs like PMI and others who can provide needed timely attention and make the prison and those incarcerated develop the right mind set and support the needed correction and



betterment. He said he observed the PMI principle to not count the inconveniences they face on weekly visits, but to find good ways to improve matters.

Earlier there was a solemn Mass to grace the anniversary and PMI Sunday, which is observed all over India, August 18. Several priests concel- ebrated the special Mass with the Bishop Rev.Dr Peter Paul. In his homily he stressed that Prayer is the main thing to do for the prison inmates and



staff....No one is born a criminal, it's the society which makes them take to crime.

Among the notables present were : Rev Prakash OCD, The Director of PMI unit Mangaluru, Rev. Pius

D'Souza OCD, Rev. Benny Pachanal, Karnataka State PMI Coordinator, Prison Ministry Karnataka Secretary Sr Therese; Representatives of PMI Mysuru, Udupi, and PMI officials and Rev J B Crasta Rector Rozario Cathedral . Dr Ronald Fernandes who was a past leading member and now an honorary member and well wisher. Dr Tressie Menezes conducted the proceedings and Jerome Lobo proposed vote of thanks. All guests received a ceremonial welcome and due gratitude was conveyed generously.

Special Programmes held in DK Dist Jail : As a major part of PMIs 20th anniversary celebrations by the Mangaluru PMI Unit, special programmes were held on August 12, 13, 14, & 16, 2019, 9 am to 12 noon, as recommended by the Jail superintendent. A de addiction camp for 30 inmates, Aug 12 to 14, was a very successful event as expressed by participants and resource persons. There were 15 resource persons who covered the 3 day camp, with valuable inputs and workshops for the participants.

On August 16, Friday the finale was for all concerned, refreshment and fruits was distributed in the morning. Bishop of Mangalore Rev Dr Peter Paul Saldanha addressed the concluding session. Games equipment, trash containers and a volley ball and net were presented to the inmates through the bishop. The bishop appreciated that a waiting kiosk with benches donated by the PMI members, provided a valuable convenience to visitors. The Jail Superintendent expressed thanks to the bishop and the PMI members and teams for organizing the camp and for the regular services rendered.

***For more information on Prison Ministry India (PMI) please refer Secular Citizen Weekly, issue August 19-25, page-18.*

Royal Christian Family MATRIMONIALS - @GROOMS

7032. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1977), Ht. 5' 6", Wt. 72 kgs, Fair Complexion, Edn. Degree in Electronics and Telecommunications, working as Telecom Engineer. Contact email : franky54@rediffmail.com

7050. LONAVLA : Mangalorean Roman Catholic Bachelor, (Born in November 1985), Ht. 5' 9", Wt. 75 kgs, Fair Complexion, Edn. MBA., working. Contact email :

dsouza_adrian@yahoo.co.in

5996. MUMBAI : RC Bachelor (Born in November 1974) / 5'8", B.E., working in Senior position reputed IT firm. Seeks alliance from R.C. spinster educated good family background Pl. reply with photograph and details to keithcardozo@hotmail.com OR **9820338755**

6198. MUMBAI : Mangalorean Roman Catholic (Born in October 1969), Ht. 5' 10", Edn. B.Com., good personality, hailing from God fearing, cultured family, issueless, divorcee by mutual consent, working for Cruise Liner in U.S.A., as Security Supervisor, well settled in Mumbai, Seeks suitable match. Contact email : dsouzamalcolmneil@gmail.com. Phone/SMS 09480157258.

6966. MUMBAI : Goan Roman Catholic Bachelor, (Born in September 1965), Ht. 5' 5", Wt. 45 kgs, Wheatish Complexion, Edn. SSC., working

as a Field Executive. Contact email : sameer_bhagwatt777@rediffmail.com

6424. MUMBAI : East Indian Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 11", Wt. 65 kgs, Fair Complexion, Edn. B.Com., well employed, working as Sr. Customer Care Executive. Contact email : gerardd754@gmail.com, Mob:9594766322 / 9930620943

6485. MUMBAI: North Indian R.C. Bachelor, (Born in October 1974), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. B.Com., working for an MNC in Mumbai as Back Office Executive. Contact email : awr88@rediffmail.com

6228. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in December 1972). Ht. 5' 8", Wt. 65 kgs., Wheatish Complexion, Edn. S.S.C. A/C Tech. Course, working as a A/C Technician in Voltas. Contact email : lawrencedias321@gmail.com / Mob: 8291056939

6172. MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1978), Ht. 5' 9", Wt. 86 kgs, Wheatish Complexion, Edn. M.Com., Position : Financial Consultant. Seeks a alliance from RC graduate/pst graduate spinster. Contact email: raceangelreb@yahoo.in

6508. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in October 1986), Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.E.. working as a Asst. Manager in German Company. Seeks a tall, well educated homely Mangalorean girl. Contact email : colind.3010@gmail.com

6434. MUMBAI : East Indian Roman Catholic Bachelor, (Born in November 1978), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. MD, MS., Doctor by profession. Contact email : rayanvincent@rediffmail.com

6968. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1991), Ht. 5' 11", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate in Commerce. Working in Dubai since 2014 in Indian Consalate Office. Designation

Senior Customer Executive. Contact Email : shalenedsouza4@gmail.com

6965. MANGALORE : Mangalorean Roman Catholic Bachelor, 36 years, Ht. 5' 1", Wt. 63 kgs, Wheatish Complexion, Edn. SSLC., having Agriculture. Contact : 9964885911

6888. AMRITSAR : Roman Catholic Bachelor, (Born in March 1990), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. Hotel Management (Diploma) in Singapore, working as a Captain. Contact email : shephalivancet0@gmail.com

6964. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1987), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. 2nd year PUC, working as an Export Executive. Contact email : dorathydsilva@gmail.com OR 9930785590

6963. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 2", Wt. 62 kgs, Wheatish Complexion, Edn. MBA, Well settled. Contact email : freshflwr@gmail.com

6952. MUMBAI : Goan / Tamilian Roman Catholic bachelor, (Born in June 1974), Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. HSC, working as a Supervisor, Only Child. Contact email : williammendes2106@hotmail.com

6771 CANADA : Bombay born, broughtup and educated Kerlaite Roman Catholic Bachelor, (Born in October 1987), Ht. 180 cms, Wt. 75 kgs, Fair Complexion, Handsome, Edn. B. Tech Computer Engineering, working as a Software Engineer. Permanent Resident Canada. Seeks a well educated girl from Canada, U.S. Or Mumbai. Good looking, ready to settle in Canada. Keralite / Mangalorean / South Indian. Contact email : anthony99ignatius@gmail.com.

7034. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. M.C.A., Software Engineer, working as an Software Engineer, Asst. Manager (IT), Only Sonm seeks alliance from Mangalorean RC Spinster, educated, working in Mumbai. Reply with full details & photofraph to email : ID : vivian1548@gmail.com Mobile : 9096141335

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Royal Christian Family MATRIMONIALS - GROOMS

7028. ABUDHABI : Mangalorean Roman Catholic Bachelor, (Born in September 1985), Ht. 5' 6", Wt. 65 kgs, Wheatish Complexion, Edn. Diploma in Mechanical Engineer, working as a Stores Officer in Shipping Company. Contact email :

pjmpraveen@gmail.com

6573. VALSAD : Goan / Mangalorean Roman Catholic Bachelor, (Born in February 1986), Ht. 5' 5", Wt. 68 kgs, Fair Complexion, Edn. B.E. Mechanical, working as a project engineer in **SAUDI ARABIA** seeks a well qualified girl from a good family background. Contact email :

ian.roshan.dsouza@gmail.com

6664 MUMBAI: Mangalorean R.C. Bachelor (Born in December 1982) Ht. 5' 3", Wt. 68 kgs, Fair Complexion, Edn. B.Com., A.C.A., LLB., C.A. by Profession. Contact email:

saldanha_ryan@yahoo.com OR 9820670158.

6707 MUMBAI : Goan RC bachelor, (Born in June 1975), Ht. 5' 10", Wt. 70 kgs, Fair Complexion, Edn. B.Sc., having own business. Seeks a Family oriented girl. Contact email : maxabreo@yahoo.com / maxabreo@vsnl.net

6713 MUMBAI : Mangalorean RC Bachelor, (Born in September 1989), Ht. 5' 6", Wt. 67 kgs, Wheatish Complexion, Edn. B.E. (Extc) working as a Sales Engineer. Contact email : coelho.helen@yahoo.co.in

6841 MUMBAI : Anglo Indian / Keralite Roman Catholic Bachelor, (Born in May 1991), Ht. 170 cms, Wt. 78 kgs, Fair Complexion, Edn. M.Com., working as a Sales Executive. Contact email : mrsannieroy@yahoo.co.in

6708 USA : Mangalorean Handsome RC bachelor, (Born in October 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complexion, Edn. M.S., working as a Software Engineer. Seeks a good looking, fair Mangalorean girl, working in America.

IMPORTANT NOTICE

Telephone no. of candidate will be printed only with the consent of members.

For Tel. Nos. Please contact:

+91- 9820473103 / 9820485389 or

Email : royalchristianfamily@gmail.com

Contact email :

rodrigues.gracy61@gmail.com.

6507. MUMBAI : Mangalorean Roman Catholic Bachelor (Hearing Impaired) (Born in September 1989), Ht. 5' 9", Wt. 62 kgs, Fair Complexion, Edn. HSC., Dip. in Computer Hardware. Working as a Cashier. Contact email :

clifford9948@gmail.com

OR 9920331773

6797 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1987), Ht. 5' 7", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Five Star Hotel in Mumbai. Contact email : johnserrao14@yahoo.com

6863. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1986), Ht. 6', Wt. 54 kgs, Wheatish Complexion, Edn. B.Com., working as a C.S.R. Contact email :

canute86@gmail.com

6585. MUMBAI : Mumbai born and broughtup Roman Catholic Bachelor, Handsome, (Born in June 1988), Ht. 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. EXTC Engineering, working as a Networking Engineer. Having own accommodation. Contact email : 18.elaine@gmail.com

6250. MUMBAI : East Indian Roman Catholic Bachelor, (Born in January 1974), Ht. 5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.A., working as a Manager. **Contact email : cardoz.clint@gmail.com**

OR 9833563182

6856. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1973), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. MBA, working as a HR. Contact email :

clifforddsilva@yahoo.co.in

6964. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1987), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. 2nd year PUC, work-

ing as an Export Executive. Contact email : dorathydsilva@gmail.com OR 9930785590

6934. MUMBAI : East Indian Roman Catholic Bachelor, (Born in October 1987), Ht. 5' 6", Wt. 75 kgs, Fair Complexion, Edn. Graduate, Hotel Management, Contact email :

nevaidd2016@gmail.com

6930. GOA : Goan Roman Catholic Bachelor, (Born in August 1979), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. SCC and Diploma in Electrical, Electrical Contractor. Contact email : cajetan1208@gmail.com

6867. PUNE : Goan Roman Catholic Bachelor, (Born in April 1984), Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. MBA Finance, working For Bank. Contact email :

adrian.aries@gmail.com

6865. MUMBAI : East Indian Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn. B.Sc., working as a Senior Risk Operations Analyst in Finance Company. Contact email : ryberg07@hotmail.com

6875. KUWAIT : Mangalorean Roman Catholic Bachelor, (Born in January 1985), Ht. 5' 7", Wt. 62 kgs, Very fair Complexion, Edn. ITI, working as a Sales representative. Contact email : roshan2421@gmail.com

6833. AUSTRALIA : Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 78 kgs, Fair, Handsome, PR Holder, Edn. Masters by Research in Biotechnology from QUT, Australia, Currently working with reputed company in Quality Assurance dept., Contact email : lizbf2017@gmail.com

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7087. DUBAI : Goan Roman Catholic Spinster, (Born in July 1983), Ht. 5' 3", Wt. 64 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support in Dubai. Contact : escatravasso@gmail.com

6892. BANGALORE : Mangalorean Roman Catholic Spinster, (Born in March 1993), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. B.Com., BBM., working as a Investigator. Contact email : stelinedsouza@gmail.com

6935. MUMBAI : East Indian Roman Catholic Divorcee (1st marriage annulled by the church), (Born in February 1983), Ht. 5', Wt. 61 kgs, Wheatish Complexion, Edn. M.A., working as a HR in MNC. Contact email : cocom4053@gmail.com

7072. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in April 1991), Ht. 4' 10", Wt. 60 kgs, Fair Complexion, Edn. Digital Media, working for Designing Firm. Contact email : aubreyds@gmail.com

7029. MUMBAI : Keralite Roman Catholic Spinster, (Born in September 1992), Ht. 5' 6", Wt. 55 kgs, Fair Complexion, Edn. M.Sc., Asst. Professor. Contact email : augustyofs@gmail.com

6988. MUMBAI : Goan Roman Catholic Spinster, (Born in September 1992), Ht. 5', Wt. 55 kgs, Wheatish Complexion, Edn. B.Com., Dip. in Finance, working, Contact email : pbttacaa@gmail.com

6942. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1987), Ht. 5' 4", Wheatish Complexion, Edn. M. Com., working as a Sr. Associate in Foreign Bank. Contact email : olgapin123@gmail.com

6933. USA : Mangalorean RC parents invite proposal for their daughter, (Born in October 1990), Ht. 5' 3", MS from USA, working in Minneapolis USA, holding H1b visa, born and

brought up in Mumbai, from Mangalorean RC bachelors, working in USA, age below 31 years, masters or higher preferred, with good family-background. Contact : Wilfred D'Souza : 09869165412 OR

email : wilfred1954@gmail.com

6929. MANGALORE : Mangalorean Roman Catholic Divorcee, (Born in January 1986), Ht. 152 cms, Wt. 54 kgs, Fair Complexion, Edn. M.B.A., working as a H.R. Senior Manager. Contact email :

jasmine.melonie@gmail.com

6890. MUMBAI : Goan Roman Catholic Spinster, (Born in April 1985), Ht. 4' 10", Wt. 50 kgs, Wheatish Complexion, Edn. Graduate, working, Contact email : diniz_priyanka@yahoo.com

6887. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in August 1989), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. M. Sc., (Nursing), Nurse by profession. Contact email : mauricequadrass@gmail.com

7085. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in January 1989), Ht. 5' 5", Wt. 47 kgs, Fair Complexion, Edn. MCA. working as a Banking service professional in private sector. Contact email :

dorinbaretto27@gmail.com

7069. MUMBAI : Tamilian Roman Catholic Spinster, (Born in April 1992), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. B.Sc., Nursing, Staff Nurse. Contact email :

mpchandran68@gmail.com

Mobile : 9820041633

6033 ABU-DHABI : Goan Roman Catholic Spinster, (Born in May 1979), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A. Eng., Literature, working as a Copy Editor. **Contact email : barretto.lorraine@gmail.com OR 9730454857**

6868 CANADA : Goan Roman Catholic Spinster, (Born in January 1992), Ht. 5' 4", Wt. Medium, Wheatish

Complexion, Edn. M.A., HR Toronto and International Business Management Toronto. Only U.S. and Candian Citizens from good family background apply. Contact email :

sugarlog2009@hotmail.com

6690 MUMBAI : East Indian Roman Catholic Spinster, (Born in December 1986), Ht. 5' 2", Wt. 54 kgs, Fair Complexion, good looking, smart, intelligent, Edn. CS., LL.B., working as a Asst. Company Secretary. Seeks a suitable educated and well settled bachelor. Caste no bar. Contact email : joylinafaroz@gmail.com.

6497. POONA : Tamilian RC Spinster, (Born in January 1982), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working as a Sr. Manager. Contact email : harryanthony.7@gmail.com

5828 MUMBAI : Mangalorean Roman Catholic Divorcee, (Born in March 1954), Ht. 5' 2", Wt. 80 kgs, Wheatish Complexion, Edn. HSC., House Wife. Contact email : veradsouza3@yahoo.com

MATRIMONIAL

7066. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in June 1987), Ht. 5' 4", Wt. 78 kgs, Fair Complexion, Edn. B.E., (EXTC) M.S. (International Business Management), working as a Consulting Manager. Contact email : l2018anselm@yahoo.com

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7086. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in March 1991), Ht. 5' 8", Wt. 62 kgs, Wheatish Complexion, Edn. 12th + Hotel Management Graduateion. working as a Developer Manager in Insurance Company. Contact email : samanireena05@gmail.com

6936. MUMBAI : Karwari Roman Catholic Spinster, (Born in May 1968), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. SSC., working as a Patient care taker. Contact email : donii1967@gmail.com

6869. MANGALORE : Mangalorean Roman Catholic Spinster, (Born in December 1985), Ht. 5' 2", Wt. 52 kgs, Fair Complexion, Edn. B. Com., pursuing MBA, working as an Executive Asst. in **BANGALORE**. Contact email : weddingvow85@gmail.com

6919. MANGALORE : Mangalorean Roman Catholic spinster, (Born in November 1987), Ht. 5' 8", Wt. 60 kgs, Fair Complexion, Edn. M.Com., BCA., Working as a Bank Manager. Contact email : joemaxrebel@gmail.com

6954. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1987), Ht. 5' 2", Wt. 47 kgs, Fair Complexion, Edn. B.Com., CA., working as a Finance Executive. Contact email : merissa5@yahoo.com

6911. MUSCAT : Mangalorean Roman Catholic spinster, (Born in September 1993), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.Com., working in **OMAN**. Contact email : fjmasc@gmail.com

7056. MUMBAI : Goan Roman Catholic Spinster, (Born in December 1988), Ht. 4' 11", Wt. 51 kgs, Wheatish Complexion, Edn. MBA in HR, working HR Field. Contact email : nancyfernandes9@gmail.com

7055. U.K. : Tamilian Roman Catholic Spinster, (Born in April 1988), Ht. 5' 2", Wt. 62 kgs, Wheatish Complexion, Edn. B.Sc., working as a Staff Nurse in UK. Contact email : o365acc@gmail.com

6685 MUMBAI : Goan Roman Catholic Spinster, (Born in December

1968), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. S.Y.B.Com., having own business on **DUBAI**. Contact email : reachbernie@yahoo.com.

6185 MUMBAI : Goan (Bardez) Roman Catholic Spinster, (Born in January 1982) Ht. 5' 4", Fair Complexion., Edn. B.A., Dip. in Financial Management, Banking Exams, Working as Senior Manager for a reputed Private Sector Bank Seeks educated and well settled Roman Catholic Goan (Bardez) Bachelor between 36-40 years. Ht. 5' 7" and above. Contact email : andy.franky@hotmail.com

6642 MUMBAI : Mangalorean RC Divorcee, (Born in September 1979), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Service, Seeks a suitable match. Contact email : rowmonteiro@yahoo.com OR 9820792115

6665 MUMBAI : Mangalorean RC Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bacheor. Contact email: alcheckmate@gmail.com OR 9867292764

6341 MUMBAI : Protestant Christian spinster, (Born in April 1985), Ht. 5' 1", Wt. 58 kgs, Wheatish Complexion, Edn. B.A., B.Ed., Teacher by profession Seeks a groom from well settled, educated and good family background. Contact email : georghomas1353@yahoo.com

6748 MUMBAI : Goan Roman Catholic spinster, (Born in March 1987), Ht. 5' 3", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., with Dip. in Software Testing, working as a Test Engineering Specialist at a MNC. Contact email : thomasdsouza18@gmail.com

6653 MUMBAI : Goan Roman Catholic Spinster, (Born in July 1990), Ht. 5' 2", Fair Complexion, Edn. M.B.B.S., Doctor & pursuing M.D. Seeks M.D. / M.S., Doctors. Contact email : selwynhenriques13@gmail.com

7060. MUMBAI : East Indian Roman Catholic Spinster, (Born in February 1983), Ht. 5' 4", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., Diploma in

Finance from NMIMS, Diploma in B, Self employed. Contact email : vianneyde2k@yahoo.com

7059. SATARA : Tamilian Roman Catholic Spinster, (Born in July 1983), Ht. 5' 2", Wt. 55 kgs, Wheatish Complexion, Edn. MA, B.Ed., (English), Teacher in Convent School. Contact email : veronicadavidvd12@gmail.com

6500 MUMBAI : Mangalorean Roman Catholic Spinster, (Born in May 1975), Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. S.Y.B.A., Pursuing TYBA., / ECCED (Teacher' Training Course), Teacher in a reputed Catholic School. Contact email : dmljanet@gmail.com or jdmello@rediffmail.com

5828 MUMBAI : Mangalorean RC Divorcee, (Born in March 1954), Ht. 5' 2", Wt. 80 kgs, Wheatish Complexion, Edn. HSC., House Wife. Contact email : veradsouza3@yahoo.com

7082. MUMBAI : Tamilian RC Spinster, (Born in September 1985), Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. 12th std., working as a sales girl in Big Store. Contact email : susanmoses1385@gmail.com

7078. USA : Mangalorean RC Spinster, (Born in September 1992), 5' 6", Wt. 65 kgs, Brownish Complexion, Edn. B.E. Mumbai, MS Newyork, working as a Consultant. Contact email : rcmatrimonial2892@gmail.com

7051. NEWZEALAND : Mangalorean RC Spinster, (Born in October 1991), Ht. 5' 5", Wt. 60 kgs, Fair Complexion, Edn. LLB., Mumbai University, studing and working towards Newzealand Lowyer Registration. Contact email : mjbnewzealand18@gmail.com

7048. MUMBAI : RC Spinster, (Born in April 1989), Ht. 5' 2", Wt. 52 kgs, Wheatish Complexion, Edn. Masters in Social Work, working for an NGO. As a Manager. Contact email : savio-may89@gmail.com

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Model Bank Announces 10% Dividend To Shareholders

The 102nd Annual General Meeting of Model Co-operative Bank Ltd. was held on Saturday 24th August, 2019 at Xavier Institute of Engineering, Mahim.

Rev. Fr. Reuben Tellis, Parish Priest, Mount Carmel Church, Bandra (W) celebrated the Eucharist followed by the Annual General Meeting which was attended by approximately 300 Shareholders.

The Chairman Albert W. D'Souza presided over the meeting and extended a warm welcome to the Shareholders / Members. He thanked them for attending the Annual General Meeting and reposing their trust in the Bank.

The Chairman in his inaugural speech, placed before the Shareholders / Members the important developments in the Indian Economy during the year.

He further stated that the profitability of the Bank during the financial year 2018 – 19 is comparable with any other Co-operative Bank and it is good. The Bank has achieved deposit of Rs.1022.19 crores, a growth of Rs.102.69 crores (11.17% on YOY basis). The Chairman thanked all the Members, Customers and Well Wishers for their overwhelming support and helping the Bank to cross deposits over Rs.1000 crores during the year and stated that our application to Reserve Bank of India for being considered as a Scheduled Bank is receiving consideration.

The advances of the Bank have increased to Rs.560.94 crores, an increase of Rs.50.05 crores (9.80% on YOY basis). The Capital Adequacy Ratio stood at 13.12%. The Net Profit (After Tax) stood at Rs.7.60 crores.



Chairman: Albert W. D'Souza

Our NPA levels are low, with Net NPA of 1.59%.

The Chairman informed the Shareholders / Members that in order to cater to their needs the Bank has opened 4 new Branches at Vikhroli (E) and Panvel (Navi Mumbai) in the F.Y. 2018-19 and Goregaon (W) and Sakinaka, Andheri (E) in the 1st quarter of F.Y. 2019-20. This takes our current network of Branches to 25.

The Chairman stated that the Bank has received permission and is in the process of setting up a direct RTGS and NEFT platform with our own IFSC code. This will facilitate quicker processing of these transactions. The Bank has also received permission from Reserve Bank of India for starting Mobile Banking (IMPS) and the modalities are being finalized.

The Chairman also mentioned that the Bank has been receiving a series of awards over the years and this year has been no exception. He announced that our Bank has been awarded the 2nd Prize for overall performance by 'The Brihan Mumbai Nagari Sahakari Banks Association Ltd.' Mumbai in the category of deposits between Rs.500 crores to Rs.2000 crores for the F. Y. 2018-19. The Bank was felicitated at the award ceremony

held on 9th August, 2019.

The Chairman presented the Audited Statements of Accounts including the Balance Sheet and Profit and Loss Account for the year ended March 31, 2019. The Members raised queries and the Chairman and GM & CEO, William D'Souza provided clarifications to the queries of the Members.

Founder Chairman, John D'Silva, Directors Vincent Mathias and Pius Vas addressed the gathering.

Directors Paul Nazareth, Abraham C.Lobo, Sanjay Shinde, Ancy D'Souza, Gerald Cardoza, Marita D'Mello, Benedicta Rebello, George Castelino, Ronald H. Mendonca and Deputy General Manager Zenon D'Cruz were also present.

Aloysious Edward Rasquinha, Manager compered the programme.

Director, Thomas Lobo proposed the vote of thanks.

The meeting concluded with singing of the National Anthem.



GM & CEO, William D'Souza



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