

THE SECULAR CITIZEN

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A NATIONAL FAMILY WEEKLY

5 Trillion Dollar Economy Buzz



Doctorate Degree Conferred on Madam Grace Pinto



MUMBAI, The board of management of Karunya Institute of Technology and Sciences (Deemed-to-be University) awarded Doctor of Letters Degree (Honoris causa) to Madam Grace Pinto, Managing Director, Ryan Group of Institutions in recognition of her service in the field of education and her commitment to the society and environment.

Dr. Paul Dhinakaran, the Chancellor Karunya University presenting the doctorate degree to Madam Grace Pinto

Dr. Paul Dhinakaran, the Chancellor Karunya University presenting the doctorate degree to Madam Grace Pinto

Madam Grace Pinto, Managing Director, Ryan Group of Institutions, is one of the most prominent personalities in the country; she is one of the leading educationists who

bought in revolutionary dynamism through Ryan International Group of Institutions.

The Chancellor, Dr. Paul Dhinakaran, said, "It is my great honor & privilege to present this congregation to Mrs. Grace Pinto for the conferment of Doctor of Letters Degree - Honoris causa at this twentieth convocation of KITS."

Speaking on the occasion, Madam Pinto said, "It is truly gratifying and humbling to be recognised for all the hard work and commitment in developing value-laden and responsible young leaders and contributing towards the nation-building. I thank my Lord Jesus Christ for enabling and empowering us in making a valuable contribution to the society in the segment of the education and social service. I am also grateful to Dr. Paul Dhinakaran, Chancellor, and the Board of Management of Karunya University for recognising our work and conferring upon the Doctorate of Letters. This recognition further exhorts us to continue to dedicate our energies and efforts to the noble cause of education."

Madam Grace Pinto's distinguished career is packed with more than 100 national, International awards and unique achievements. The Ryan Group is responsible for educating lakhs of students globally through diverse national and international curriculum schools.

Factionalism plagues Kerala Churches

Thiruvananthapuram: Among the Christians, about 50 percent are Catholics (their three different Churches owe allegiance to the Pope), while the remaining 50 percent comprise the Orthodox and Jacobite factions of the Malankara Orthodox Syrian Church and the Mar Thoma Church (all three headquartered in Kerala) as well as the Church of South India (CSI) (South Kerala dioceses).

A peep into the workings of these churches reveals that peace and contentment — that Christ wished — have gone out of the window as those who run these churches are spending more time in courts and police stations to sort out issues, some criminal.

At the Ernakulam-Angamaly archdiocese of the Syro Malabar Catholic Church, an intense battle is on and perhaps for the first time in the his-

tory of the Church, its supreme leader Cardinal George Alencherry was arraigned after allegations of irregularities in a three-acre land deal.

Even though the Kerala High Court dismissed the criminal case, around 250 of the 450 priests attached to the archdioceses are up in arms threatening to take their protest to the streets, if the cardinal does not stop what they say was bending every rule to suit him.

The rival factions are threatening to get the better of each other at a crucial synod meeting of the Church scheduled in August.

At the Malankara Orthodox Syrian Church, the Orthodox and Jacobite factions are at war over church control. The fight has been on for decades and despite a Supreme Court

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5 TRILLION DOLLAR ECONOMY BUZZ

By Don Aguiar

And you thought this is just India's budget. Let us see!!

Frankly, I am not able to understand anything much about the direction in which the FM intends to take the nation. However, my Modi fan boy Mitron are talking a lot about disinvestment and asset sale to generate revenue to take us there.

Wow!! I wonder why they don't take the bull by the horns and sell or lease entire cities, ports and airports etc. Examples abound and I am sure the Bhakts will support but I have no hopes and I believe all this is pure gas and we are going downhill steadily. My reasons are as follows:

The Government is broke with a huge shortfall in Tax Revenue, from what was projected, leading to a huge fiscal deficit. To cover this, they are Taxing diesel and petrol for revenue. They have also increased custom duties on many imported items. This will raise input costs and our exports and imports and will be lost to competitors like Bangladesh, Sri Lanka and Vietnam. I foresee a further slump in the manufacturing sector.

Government has been profligate beyond measure and there has been an almost 50% rise in debt which now stands at a whopping 82 Lakh Crores. They want to become a 5 Trillion Dollar economy by additional borrowings, but the moot question is whether these will lead to organic growth especially when there is so much social unrest in the country. So Jai Shri Ram!! And Oh wait!!! What about servicing the debt?

There is no hope unless the rural economy revives. The target stated in Budget is doubling of Farm Income by 2022 from base year 2018. That means doubling in four years, which means a compound average annual rate of growth of 18% per year. At present farm income is growing at 2.0% per year and there are no investment proposals in this sector, so sweet dreams.

Firm Grip of cronies who are funding the huge election machinery as mani-

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fested by decrease in Corporate tax for companies with Turnover between Rs 250 and 400 crore from 30% to 25%. Means nearly 99.5% companies will pay tax at 25% while individuals with incomes above Rs 10 lakh per annum will pay tax at 30% plus surcharge etc.

If you're a super-rich Indian, it's easy to be confused by the 2019-20 budget presented on Friday - does the Indian government want you or does it not want you? Or does it want you to become an NRI? Given that the budget has announced a couple of sops for the NRIs, it would appear that the government would rather have crorepati Indians become an NRI and get special treatment. It is better to be an NRI than a rich Indian citizen.

Money matters not just in domestic politics but is also a factor in building international political relationships. About half of the foreign ministry's budget, therefore, is made up of grants and loans that India extends to foreign governments. Mauritius (67%), Sri Lanka (52%), Bangladesh (46%) and Nepal (40%) got big hikes in allocation in this year's budget.

Gujarat Model of wealth transfer. GIFT (Gujarat International Finance Tec) City Project is at the heart of the IL&FS scam and now a long list of reliefs to units in GIFT City and to investors trading in stock exchanges located there, in addition to host of other concessions provided to them from 2016 onwards. One Nation One Tax doesn't

apply to GIFT City and the nation pays the price.

The electric vehicle buzz. Friends we are not yet there and do give a thought to the Rs 35,000 Cr worth of passenger cars and Rs. 17,000 Cr worth of two wheelers lying unsold in various dealerships. Do take note of the fact that 271 Automobile dealerships have closed down in the past eighteen months.

Business sentiments appear to be low especially with the constant threats and tax terrorism. Looks like businessmen want to make money by means other than honest business. This is manifested by Banks Seeing 73% Spike in Fraud in FY19 over Previous Year. FY19 has seen incidents of fraud worth a whopping Rs 71,543 crore. And if they are doing honest business and plan to fail coz of their political donations they can always bank on bank recapitalisation.

On a bank deposit of Rs. 2000/- for one year, what you get is Rs. 160/- @ 8% interest. On a bank loan of Rs. 2000/- for one year, what you pay is Rs. 260/- @ 13% interest. But when buy something for Rs. 2000/- you pay Rs. 360/- @ 18% to Government!! This is real nice!

Just to remind... How much we pay for buying an item worth Rs 1000.

Assume that I need to buy an item of base price of Rs 1000. Assume it attracts GST @18%

I will need to pay Rs 1000 + Rs 180 = Rs 1180 for that item. Now, I need to earn Rs 1180 first, to be able to pay this amount.

Assume that I am in the 20% Income Tax bracket (income between Rs 5 Lakhs and Rs 10 Lakhs per year).

If I earn Rs 1486.15, then I will have to pay Income Tax of Rs 297.23 (@20%), and a Cess of Rs 8.92 (@3% of the Income Tax), and that will leave me with an earning (after Income Tax) of Rs 1180.

Hence, to buy an item of base price Rs 1000, I need to earn Rs 1486.15. Which means that I pay Rs 486.15 in taxes on the purchase of an item of Rs 1000.

And that, dear people, implies a tax of over 48.6% paid overall (through both direct and indirect taxes).

Now, this figure will be far higher for items in the 28% GST slab. (It will be 61.2% in total taxes).

And that, friends, is the real cost of money to you...

That Mitron is briefly why I think the economy is headed SOUTH and in case you are one of those cheering our becoming a 5 Trillion Dollar Economy, how about talking about our Per Capita Income where even Bangladesh is set to overtake us.

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Prop. B. D'Souza



Catholics do not worship Mother Mary

Some people have a wrong notion that Catholics worship Mother Mary. This is not true. Catholics do not worship Mother Mary, they only revere (i.e. venerate) her because she is the mother of Jesus Christ, the God whom they worship.

When Catholics pray to Mother Mary, she pleads with her son Jesus to grant them their petitions and Jesus cannot refuse his mother. Mother Mary only intercedes for us with her son Jesus and tells him to grant us our petitions. This is the reason why people go to various Marian shrines to pray to Mother Mary and do novenas to her.

—Jubel D'Cruz,
Mumbai.

Solve road digging issues

Almost every nook and corner of nearly all cities in the country is dug up for construction work. Mumbai is no different. And even after completion of the work, the location is not levelled and the waste/debris/stones/dust, etc. are left behind by contractors, resulting in inconvenience to traffic and pedestrians alike. Also, it leads to air pollution which is alarming for authorities who take up these jobs in the first place to level the roads and repair properly and as fast as possible. The contract awarded for such work must include a specific clause in this regard, and payment must be made after inspection with a written certificate that the roads would be restored

as it was earlier. Heavy fines must be levied if this clause is not adhered to.

—Jubel D'Cruz,
Mumbai.

A Mockery of Democracy

Politics in our country, has hit the bottom, it's at its nadir. How else does one view the political situation in several states across the nation today. The representatives elected by us to the state assemblies, parliament & civic bodies, are selling themselves, being bought, sold, not just in singles or twos, but like cattle, in herds. And why are they selling themselves? Needless to say, many of them for money and some of them also say they did not get a ministerial berth and so they have resigned from the party.

Look at the situation today, the drama being played out there in several states, especially in Karnataka & Goa. Our elected representatives are crossing over to the other side for personal gain. Huge amounts of money seem to have changed hands. It's a win-win situation for all those involved, everyone of them seem to be contended. But, who is being made a fool of in the whole bargain? It is the Electorate. They are betraying the trust the electorate have placed in them.

Do all these representatives realize that many of them have been elected on the basis of the party they belong to? They should be made to resign from the House and forced to seek reelection. They certainly don't have the guts to do that, neither the confidence. It seems there is no ethics left in politics, all politicians which-

ever party they may belong to, have lost all moral values, sense of loyalty, commitment, purpose, everything..... Their only objective is to amass money, wealth for themselves & their families. **This is indeed a disgraceful democracy. What we are witnessing today, is a mockery of democracy!**

—Melville X. D'Souza
- Orlem, Malad West

Congress living in fool's paradise

As per the recent statements made by some prominent Goa Congress leaders, it appears that they are living in a fool's paradise for holding on their belief that the party has not lost its voter-base in Goa and people are still with the Congress party, despite the defection of 10 of their MLAs to the BJP. Nothing can be far from the truth after people have lost their faith and trust they had earlier reposed in the party and their elected representatives who have betrayed them and proved to be black sheep of their constituencies. Unprecedented was also the decision of the party leader to abdicate responsibilities of a good shepherd and stray away from the party. There is an age-old adage which says "If you can't beat them, then join them". This is exactly what happened in Goa when 10 beleaguered and power-hungry Congress MLAs broke away in despair and decided to climb onto the BJP bandwagon in their greed for greener pastures.

—A. F. Nazareth,
Alto Porvorim

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Computer password inventor dies aged 93

Computer pioneer Fernando Corbato, who first used passwords to protect user accounts, has died aged 93.

Dr Corbato introduced the basic security measure while developing methods that let more people use a computer at the same time.

He developed a technique, called time-sharing, that divided up the processing power of a computer so it could serve more than one person at once.

Dr Corbato reportedly died as a result of complications caused by diabetes.

Small slices

The work on sharing a computer was done at the Massachusetts Institute of Technology (MIT), where Dr Corbato spent his entire career.

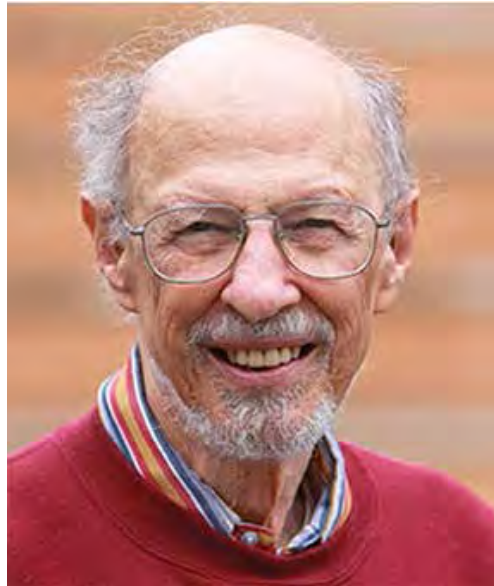
He joined MIT in 1950 to study for a doctorate in physics, but realised during those years that he was more interested in the machines that physicists used to do their calculations than in the subject itself.

Using computers during the 50s was an exercise in frustration because the huge, monolithic machines could only handle one processing job at a time.

In a bid to overcome this limitation, Dr Corbato developed an operating system for computers called the Compatible Time-Sharing System (CTSS).

Rather than have the machine dedicated to one person, CTSS divided up the processing power of a computer into small slices so it could do little bits of work for lots of people.

Even in the 50s and 60s computers were so fast that no user noticed they



were only getting a small portion of a machine's processing power at any one time.

The development of CTSS led to another time-sharing programme called Multics, which was the forerunner of the Linux operating system and many other aspects of contemporary computing.

Passwords were introduced to CTSS as a way for users to hide away the files and programs they were working on from others on the same machine.

"Putting a password on for each individual user as a lock seemed like a very straightforward solution," Dr Corbato told Wired in 2012.

In 1990, Dr Corbato received the AM Turing Award – one of the highest honours given to computer scientists – for his pioneering work on time-sharing systems.

Prof Fadel Adib, from the Media Lab at MIT, paid tribute, saying: "Our world would be very different without his research and that of his descendants. He inspires in his work and his legacy."

(BBC) Matters India

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Say this prayer nine times a day for nine days. By the eighth day your prayer will be answered. It has never known to fail. Promise to publish this or distribute this as soon as your favour has been granted.

—Gracy Sequeira, Mumbai

Special Train for Velankanni Festival

For the convenience of passengers on the occasion of Velankanni Festival, Western Railway will run special train on special fare between Bandra Terminus and Velankanni.

Train No. 09041 Bandra Terminus – Velankanni Special train on Special fare will leave Bandra Terminus at 14.45 hrs on 27th August, 2019 (Tuesday) and will reach Velankanni at 04.00 hrs on 29th August, 2019 (Thursday).

Similarly, in return direction Train No. 09042 Velankanni – Bandra Terminus Special train on Special fare will leave Velankanni at 21.45 hrs on 29th August, 2019 (Thursday) and will reach Bandra Terminus at 12.05 hrs on 31st August, 2019 (Saturday).

This train will halt at Borivali, Vasai Road, Kalyan, Lonavala, Pune, Solapur, Kalaburagi, Wadi, Yadgir, Raichur, Adoni, Guntakal, Gooty, Tadipatri, Muddanur, Yerranguntla, Cuddapah, Razampet, Renigunta, Tiruttani, Katpadi, Vellore, Tiruvannamalai, Villupuram, Tiruppur, Tiruppur, Chidambaram, Mayiladuthurai, Tiruvarur and Nagapattinam stations in the both directions.

The train will comprise of AC 3-Tier, Sleeper Class and General Second Class Coaches. The booking for Train No. 09041 will open on 16th July, 2019 at all PRS counters and IRCTC website.



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Qualifying for the World Cup Finals 2019...

by Don Aguiar.

Congratulations to Kiwis for qualifying for their second straight World Cup final...no superstars, no super egos, no egregious fans...just a bunch of low key cricketers going about their job one match at a time without any hype or hyperbole.

New Zealand are the world rugby champions, but when it came to cricket the world cup has so far eluded them. Along with South Africa they are probably the best team never to have won the cricket world cup and so they are always sentimental favourites.

And unlike sub continental Indo-Pak rivalry which becomes more like war with national pride and prestige being associated with winning or losing. So today entire Pakistan would be celebrating India's semi-final loss just as most Indians rejoiced Pakistan's exit from the world cup.

India and Pakistan are a one-sport nation and its citizens unfortunately have one dream: that the other country loses.

Nowhere in the world will you have people wishing such bad things about a neighbouring nation. US citizens are not spending their entire life wishing and praying that Mexico lose in football. New Zealand fans will obviously not hate Australia so much so that a pall of gloom descends every time their trans-Tasman neighbour wins either in a bilateral match or against any other nation either in Cricket or Rugby.

Indians and Pakis have only one point agenda to be happy at their own success but to be delighted at their neighbours defeat.

This is the perpetual wet dream for fans of both countries.

It's great that both India and Pakistan are out of the world cup. The hype and

marketing was too much. Now that we have come crashing to the ground, it's time for us to have a reality check. India's record in ICC matches against Kiwis is abysmal. They have won only 3 out of 12 matches that they have played against NZ in ICC tournaments. But before the semi-final the way India's superiority was hyped you would have been let to believe that it is NZ who has won only 3 out of 11 matches against India and not vice versa. By statistics alone, it is NZ who were the overwhelming favourites, but did you hear any TV channel, any commentator, any cricket expert telling us: hey guys your winning percentage against NZ in ICC tournaments is just 25 percent. That means 75 percent of the time India has lost to NZ in ICC tourneys. So the result today was on expected lines. The only thing was that the hype around this team was so much that the facts were lost in the din.

So cheers to Kiwis.

The citizens of a peace loving, understated and non-neighbour-hating nation have won and they deserve it. May they win their first world cup in cricket this Sunday.

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WHETHER THE FINAL SOLUTION TO SOLVE FRESH WATER CRISIS IN CITY OF MUMBAI IS A DOABLE PROJECT?

by Eric D'Sa

We are told Mumbai city is one of the 20 cities in this world which faces fresh water stress. The city each year seems to be in constant fresh water crisis. Either we for most part of the year do not have sufficient fresh water for our use or have so much excess water, that at least for a few days during the monsoon season, our roads and railway tracks start resembling rivers. The city during these days, though termed the financial city of the country, comes to a stand still.

As the city has grown into a mega city, the amount of fresh water provided to each housing society by the Municipality is rationed depending on the number of occupants. A little greasing of palms as they say, will get your Society a little more water. Most of the slum dwellers have to depend on water from the taps which are irregular or dry. As such they are forced buy water from road tankers. A study made made a few years ago proved, that the money paid by the poor living in the slums of Mumbai to purchase fresh water, is far higher than paid by the rich living in

posh flats in Malabar Hill, not taking into the calculation the time wasted by the slum dwellers standing in long queues to receive the water from common taps or road tankers.

Added to the above problem, Mumbai city unlike in most cities in the developed world, are not assured that the fresh water received from the Municipality in their taps is potable. This adds to the cost of either boiling the water or passing it through UV equipment which the poor can not afford. Hence they are prone to suffer regularly from wa-

ter borne diseases which adds to their misery. which can be converted into fairly large lakes that can hold excess rain water from the nallas and that being presently pumped into the sea. Large evacuating pumps could be installed in more low lying areas in the city that get flooded. The problem of high sea tides will be overcome with this system. The lakes once formed may have to be deepened by dredging, after the sea water is pumped out and before the rain water is lead into them.

The dams being built will also act as connecting roads, which will simultaneously reduce city road congestion. So instead of building bridges as planned on western sea front, this type of project will serve the important need of storing excess rain water in artificially man made lakes as shown in the attached drawings. The road topped dams will have sluice valves to release excess water into the sea and large pumping units that will pump water through a new piping system, back into newly built wash water under ground tanks in housing societies and commercial buildings in the city. Even the Mithi river banks could be built up and always have fresh water and use this to beautify the gardens both sides of the river. This will prevent this river over flowing into the city during heavy rains.

The lakes would also be used to store properly treated waste sewage water which is presently being pumped into the sea. No doubt the operations of these waste water treating plants will have to be checked and monitored properly. The drawings enclosed show the proposed lakes are in two parts, so that the rain water and waste water are first pumped into an initial settling area, from which it would pumped into storage area, before being pumped into the above wash water storage society tanks. These new under ground tanks

**YOU THE CITIZENS
DECIDE:**

ter borne diseases which adds to their misery.

A few weeks ago the citizens of Mumbai were being prepared for further cuts in the amount of fresh water they were receiving, due to delayed monsoon and the low level of water in the lakes supplying fresh water to the city. The authorities were preparing to dip into the essential reserves. Just then we had 3 days of deluge of rain and the authorities claim that during these days, the amount of rain water that was pumped into the sea from low lying areas would have filled two large lakes feeding water to the city. This was besides the excess rain water that flowed down the different nallas and the Mithi river directly into the sea.

So the question one should ask our selves is, how can we over come these problems we face each year. Can we get over the situation of water starvation most of the year and glut during the monsoon days? The answer is emphatic yes, as fortunately when the city grew from just the seven islands into what it is today, we have at least four large bays

(Contd.. on p. 9)

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(Contd.. from p. 8)

could also be used by the societies to harvest the roof top rain water, to be reused for their building itself. A few remaining lakes and ponds in the city will have to be de silted, the banks secured and surroundings made beautiful. These will also store excess rain and could be connected by pumps to the wash water pumping grids after being filtered and purified.

This in turn will reduce flooding of the city roads during heavy rains. The water will have to be pumped from the under ground tanks to roof top wash water storage tanks. The water would then be used through a parallel piping system to be lead to each flat, to be used to flush toilets and cleaning purposes. This wash water could also be used to water plants and trees in the city parks and societies. Our sport stadiums will have lush green grass play grounds. If required the play grounds, parks and housing societies could also have bore wells to augment the wash water availability.

The incentive to use the wash water would be to make it much cheaper than the purified Municipal water which could be supplied under pressure all the time, ensuring as in the cities of developed countries, free of any bacteria and readily drinkable. No one will have to boil this water or pass it through UV equipment.

This project is a very large project, but will most probably cost not as much as the Metro line 3 which as of today stands at Rs. 30,000 crores. The project can be taken up in stages, starting from the south of the city, Colaba and gradually moving north wards. The citizens of Mumbai will benefit in a big way with such a project. Not only will it overcome the flooding of the city during rains, it will enable the city to have sufficient wash water and more importantly quality potable water without any rationing. You the Citizens will have to demand for such a project to solve the problem of the city flooding with rain water and at the same time have sufficient wash water and potable water year round.

What is the most valuable qualification to have?

The most valuable qualification you have is being a good person. Of course, this qualification is not awarded by schools or universities, but rather along the path of life. So, whatever our paths may be, if we have good values, they will be reflected in our actions.

However, it is important to mention that if we believe that we must always 'be good', we will get stuck in a loop that's hard to get out of, because we can't always be kind and do the right thing given that things aren't always black and white, there

are times when doing the right thing according to our values would cause some kind of suffering that we don't want and that, of course, isn't good. When damage is inevitable, being a good person requires us to minimize the damage implied in doing the right thing.

Being a good person should be understood as a balance of strengths based on good values and therefore mutual respect. Assertiveness helps us to keep our values in line and safeguard the dignity of ourselves.

(Contd.. from p. 2)

in 2017 — that gave the Orthodox faction the right to administer 1,100 churches and parishes under the Malankara Church and ruled that the Jacobites had no ground to claim any of the churches, the factions refuse to relent.

The Jacobite faction has just two options — to either accept the leadership of Marthoma Paulose II, the supreme leader of the Orthodox church or form a new church by handing over the churches which they now run.

The Kerala government has had to set up a five-member ministerial committee, headed by State Industries Minister E.P.Jayarajan, to broker

peace between the warring factions.

At Thiruvalla-headquartered Mar Thoma Church, the supreme leader of the Church Joseph Mar Thoma Metropolitan and a rival faction are heading for a showdown over the nomination of a priest to bishopric.

The two factions are getting ready to take on each other at the upcoming legislative Assembly of the Church (Mandalam) in September.

Likewise at the South Kerala dioceses of the CSI Church, a feud between rival factions has taken a turn for the worse with a police case registered over charges of siphoning of huge amount of money.

Source: Outlook, Matters-India

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“Amalan, Why Were You In A Hurry?”

—*Fr. Cedric Prakash SJ

“Amalan, was a man in a hurry!” said our Provincial Fr Francis Parmar in his moving farewell tribute to you, at the introduction of the Eucharistic Celebration at Rosary Cathedral yesterday (28 June). Fr Francis went on to cite several examples as a justification of his statement: your whole-heartedness to go to Cambodia and master the Khmer language; your tremendous desire to complete your theology studies and be ordained a priest; your eagerness to be completely well, yet your unflinching acceptance of God’s will in your life....all this and much more, which beautifully summed up a brief but well-lived life!

Yet Amalan, the one question which has kept nagging me (and I am sure many, many others) ever since your untimely departure in the early hours of 27 June, is “Amalan, why were you in a hurry”? It’s more than 48 hours now since you said ‘goodbye’ to us. For the many loved ones whom you have left behind the only words in one’s heart and on one’s lips were, “he was so young: just thirty- five years old; he was so promising- and the Lord snatched him away!”

It is indeed difficult for us mortals to fully understand and accept the ways of the Lord. But in the words of those who spoke at your funeral: you understood and accepted cheerfully and willingly what the Lord had in store for you! “Amalan, why were you in a hurry?” because we know that you prayed “if it is thy will Lord take this chalice from me”, you were strong and determined in that great struggle to get well again; but then you were always unequivocal and resolute in saying, “not my will Lord, but Thine!”

There is so much you wanted to do in life: as a prenovice you made your own special efforts to respond to the Gujarat Carnage; in Chennai, when Rupa Mody came to Loyola College to speak at a programme – who spent



FR. AMALAN THAINASE SJ

value time with her; comforting and consoling her on the ‘loss’ of her only son. You were concerned at the injustices everywhere and you always wanted to do your bit to make our world a more humane and compassionate place. You had your dreams; there is so much you had to offer our world. So, “Amalan, why were you in a hurry”?

You spent two precious years in Cambodia: giving your very best to the people there. Just before I left for the Middle-East in a long chat you shared with me your experiences there and how you long to go back there to serve the people- particularly those who were affected by war and violence. I don’t think you ever gave up that desire. There is so much you wanted to do for others. Today they all join me in saying, “Amalan, why were you in a hurry”?

Yes, “Amalan, why were you in a hurry”? As one watched your beloved mother on the day of your funeral, no words sufficed that would actually console her. She gazed lovingly at your lifeless body – surely wondering why you had to go home so soon. She was there by your side these past many weeks –caring and tending for you just as most mothers would do; your untimely death is a void in her life which will never be filled. But she

is also a woman of deep faith. When your Uncle Fr David Roy queried her in his sermon yesterday: her reply was a total “yes” to the will of God!

It was fitting that we said the final “goodbye” to you on the Feast of the Sacred Heart of Jesus. Certainly an appropriate day, for during this brief journey on earth, you always radiated love and compassion –even when you were in the height of your suffering. You reached out to the poor and excluded, to the hopeless and the lonely. You always found time for others(as was so emphatically mentioned by all during your funeral service). There is so much you taught us ; there is so much more you needed to teach us. So, “Amalan, why were you in a hurry”?

Unlike many others, who knew you more intimately, I do not claim any privileged relationship with you! But all along I was just hoping and praying that you would be victorious in your desire to live! Like all of them (particularly your close relatives, companions and friends) it is not easy to accept that you are no longer in our midst. But tonight as I write , fully accepting and trusting in God’s design for you and for each one of us, I cannot help but say in my human frailty, “Amalan, why were you in a hurry”?

You are in a better place now! Surely enjoying the reward you so richly deserved! Intercede for us dear Amalan! I for one will continue to say to you “Amalan, why were you in a hurry”?

{A personal tribute to **FR. AMALAN THAINASE SJ** (Gujarat Province) who died of cancer on 27 June 2019 in Baroda. He was 35 years old and 12 years in the Society of Jesus; he was ordained priest in December 2017}.

***(Fr. Cedric Prakash SJ, is a human rights and peace activist/writer. Contact: cedricprakash@gmail.com)**

Spiritual meaning of colours

COLOURS MAY HOLD different meanings for us than for others, just as a piece of music inspires different feelings in different people. Use colours to promote those qualities you wish to emphasis

It was demonstrated years ago that colours can influence us and our life. Our moods, emotions and feelings have different colours. These mood colours can be seen in our aura. It has different colours depending on our mood and the chakra the emotion is linked to.

If we start to surround ourselves with a certain colour it can influence our body, aura and emotional state. Different colours have different influence on ourselves. Here is the spiritual meaning of colours and how do they influence us

Red

Red symbolises energy, passion, strength, courage, physical activity, creativity, warmth and security. It is also associated with aggression. In healing, use red to bring warmth and burn out disease. Red is a powerful colour and should be used in moderation. In the aura red signifies materialism, materialistic ambition and a quick temper.

Orange

Orange symbolises the individual's relationship to the exter-

nal world, the needs and wants of the physical body and the



ways in which these are satisfied, the world of work. In the aura orange signifies thoughtfulness and creativity.

Yellow

Yellow symbolises intellect, creativity, happiness and the power of persuasion. It is also associated with cowardice. In healing use yellow to promote clarity of thought. In the aura yellow signifies intellectual development for either material or spiritual ends.

Green

Green symbolises money, luck, prosperity, vitality and fertility. It is also associated with envy. Green is the colour of healing, it is beneficial in all healing situations. In the aura green signifies balance, peace and often indicates ability.

Blue

Blue is the colour of spiritual-

ity, intuition, inspiration and inner peace. It is also associated with sadness and depression. In healing blue is used for cooling and calming, both physically and mentally.

White

White is associated with truth, purity, cleansing, healing and protection. It is a good general healing colour for the removal of pain. In the aura it signifies a high level of attainment, a higher level soul incarnate to help others.

Gold

Gold represent understanding and luck. Remember though that nothing comes from nothing. It is the most powerful healing colour. In the aura it represents service to others.

Pink

Pink represents unconditional love. It is also the colour of friendship and conviviality. In the aura it signifies balance between the spiritual and the material.

Black

Black is the absence of colour. It represents the mystery. Its visualisation can help promote deep meditation. Black also stands for evil. In the aura it signifies some kind of blockage or something being hidden.

Going Green.....



Go Green ! We surely have heard this slogan some time, somewhere. But of course, we never really bothered what it means or to understand what it was all about. Throughout the year, perhaps, we have been coming across such slogans and never really given it a thought. **By the way, what is that comes to mind, while you read the words, "Go Green" ?** To give the place a shade of green colour ? Or, is it just a matter of growing more trees ? Perhaps, for the past several years, we have been reading about the need to grow more trees, to protect the existing trees, yes, that is important. Trees protect us from the harmful elements in the atmosphere. **Yet, what are doing about that ? Nothing !**



Melville X. D'Souza
- Orlem, Malad West

There's a call to also protect the mangroves in the city, which act as a buffer between the sea and land. Also, to protect the wetlands in the city, which hold excess water from the monsoon. Haven't we seen the disastrous effects of destroying the mangroves and filling up the wetlands ? It was just during the last monsoon, that we witnessed large parts of neighbouring Thane district being submerged under water for several days together, resulting in destruction of furniture and belongings of the residents.

A couple of months back, the newspapers reported that Five Navi Mumbai villages are getting inundated by seawater due to unchecked construction activity in the region, including the upcoming Airport. One shudders to think what would happen during the upcoming monsoon. Unfortunately, the hapless villagers in Navi Mumbai are facing the brunt of probably, this haphazard development activity taking place in the area. **This is simply "self-inflicted" disaster, what else can one say ?**

We may have come across builders promoting their projects which promise you life in the lap of nature, streets lined with lots of plants, trees, play areas, gardens, organic farms. lots of open green spaces, sea view, hill view, etc. They paint a rosy picture of the complex & surroundings. Some of their project names even include the word "Forests". Well, does that mean to you ? Of course, who does not want to live in such surroundings ?

Going Green does not stop there. What about the pollution all around us, which is having an adverse effect on life & nature ? Burning garbage, industrial effluents, etc., polluting the environment. What about pollution from old vehicles and the increasing number of vehicles on the roads, emitting black fumes as we ride alongside them on a bike or an auto rickshaw ? There's something called Green Fuel, Green vehicles. Wouldn't it be worth considering these options ? Then, we could walk by without having to mask our face to protect ourselves.

We are seeing the damage being caused by plastic waste on the environment - the beaches, the fish in the sea. A recent newsreport says, a starving whale, with 40 kilos of plastic trash which included grocery bags & rice sacks, in its stomach, has died after being washed ashore in the Philippines, which activists say, is one of the worst cases of poisoning they have seen. The whale died from starvation and was unable to eat because of the trash filling its stomach. Environmental groups say, the Philippines are one of the world's biggest ocean polluters due to its reliance on single-use plastic. **Is our country far behind ? Have we not seen the damage caused due to the widespread use of sin-**

gle-use plastic bags in this city, until the state government cracked the whip and banned the use of all plastic & thermocole items. Haven't we seen fish dying on our shores because of such pollution ? Do we need to be forced into going Green ? Do we need to be forced into doing something which is for our own good ? Is it a favour we are doing to the environment ?

We have been witnessing innumerable signs of the shape of things to come - sea levels rising, glaciers melting, tornados, hurricanes, tsunamis, earthquakes, unseasonal rains in some part of the other of the world at some time or the other. In recent times, closer to us, parts of Palghar district were shaken by several earthquakes. And yet, we choose to ignore all these warnings. **We continue to play havoc with nature and now it seems it's time for nature to strike back, and strike with venom ! Such warning signals will continue to appear but, the question remains, when shall we go Green ?**

The situation around the world seems quite alarming, yet, what are we doing about it ? Certainly, one is not expected to go around the world and undertake remedial measures. **Let's turn to our own locality, first.** We probably cannot afford to move into housing complexes which promise us greenery, so what do we do ? Can we not create a similar environment in the locality where we live ? **We need to ask ourselves, how green is MY street, how green is MY lane, MY by-lane, how green are MY neighbourhood ? Can we plant more trees in our lane ? Can we bring about better waste management ? Is there something I can do to create a healthy environment in my own locality ? The action begins from 'My Street !' If we can do that, we can then, proudly face the question, 'How Green is your Alley' and say, we've done it, what about you ?**

Awaken your creative side



Everybody has some kind of creative inclination. Whether it is for drawing, music, decorating or even fixing things. There is some kind of creative spark in every person. That is usually that part that stumps most people. They are unaware of how to awaken their creative ideas and talents. These simple method may just help

All human beings have a creative side. The brain is fundamentally just that: creativity. We are born with enormous potential to invent and imagine. However, if we do not have enough stimuli, creativity wanes. Sometimes we just need better conditions to restart our creative side. . These are simple actions that help you to see things from another point of view and allow your imagination and your ingenuity to lead you to innovate.

Understand the stages of creative thinking:

According to the researcher Graham Wallas, the creative process goes through four stages: preparation, incubation, illumination, and verification. Preparation is the moment in which you formulate a problem or question and think intensely about it. In incubation, you collect information and, unconsciously, actively analyze it. Illumination is when you start to have spontaneous responses. Finally, verification allows us to evaluate the ideas that emerged and prove their validity or effectiveness. If you understand the process and let each stage flow, surely your creative side will also flow more naturally.

Frequent breaks unleash creativity:

There are numerous studies that support the idea that breaks are even more important for the result of an effort than the work itself. When you perform the same activity for many hours, there is a point at which mechanical thinking begins to operate more than creative thinking. A break is not only necessary to “reset” your brain, but also strengthens your physical health. These breaks give your mind an opportunity to reorganize the information. When you sit down

to work again, you are more productive and immediately notice that your mind works more fluently.

Diversify your knowledge:

We are in a time of hyperspecialization. This is positive in that it allows us to go very deep in specific fields. At the same time, this inertia also increases the risk of limiting perspectives on topics and making thinking more technical. It is much more profitable to diversify knowledge. That is, to venture into fields different from those you usually work in. You would be surprised at the number of answers that great researchers have found when they cross the boundaries of their formal fields.

Walking awakens your creative side:

Doing this is ideal, especially for those moments when you feel blocked or confused about what direction to take. There’s nothing better than going for a walk. Sometimes even a short walk makes a difference. Walking oxygenates the brain and helps it work better. Several studies suggest that it also activates the production of hormones that enhance your creative side. Likewise, during a walk, there is a greater stimulation of the right side of the brain, responsible for creativity.

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—Cecilia D'Souza
Mangalore

Thanksgiving



Thanks to St. Anthony, Sacred Heart of Jesus & St. Jude for the special favour granted

— Thomas D'Souza, Powai

Prayer to St. Expedite for solving a financial crisis



I call forth the Power and the presence of **St. Expedite** in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) _____
My financial need is urgent. Be my

Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God.

Amen. (Promise Publication)

—A Devotee

Spicy Egg and Potato Puris



Required: For the dough" 350 gm. maida; 100 gm. rawa; 1 tbsp. oil; water to mix; salt to taste.

For the filling : 3 boiled eggs; 2 medium size mashed potatoes; ¼ tsp. mustard seeds; ½ tsp. turmeric powder; 4 green chillis, chopped; 2 springs coriander leaves, chopped; ½ tsp. garam masala powder; 2 limes; 2 tbsp. oil; oil for frying; salt to taste.

Method : Make a stiff dough of the maida, rawa, salt, oil and water. Keep it aside for one hour. Shell and grate boiled eggs. Heat oil in a pan and add a the mustard seeds and fry. Add the remaining spices when the oil is hot. Fry lightly and mix in mashed potatoes and grated boiled eggs. Add the lime juice. Divide the dough into small balls. Flatten the balls with your palm and place a teaspoonful of the filling on each. Pinch the sides to conceal the filling. Roll out the puries using very little maida for dusting. Fry them in moderately hot oil till golden brown in colour. Serve hot.

Kitchen Sinks, Taps, Drains, Basins Cleaning

- To keep the kitchen sink sparkling, sprinkle chloride of lime once a week at night and rinse away with boiling water the following morning.
- Add caustic soda to water and boil. Pour this mixture into the sink pipe in order to remove any clogging.
- If the sink pipe gets blocked, try putting a generous handful of washing-soda down the drain; then pour in half a glassful of vinegar.
- If your sink is clogged up, wear rubber gloves, mix equal amounts of salt and soda crystals and pour down the outlet hole. Add a teaspoon of a strong synthetic detergent and boiling water. Be sure to rinse with cold running water.
- Ordinary white vinegar can be used for a variety of chores around the house. It's an inexpensive, work-saving cleaner.
- For odour-free drains, throw in a handful of baking soda in the drain and follow it with hot water.
- To help unclog a sluggish drain, boil a cup of vinegar, pour it down the drain, cover tightly for a few minutes, then flush with cold water.
- To remove the rust stains from taps, rub with vinegar.

When God Witnessed Man's Emotions



BY MELVYN BROWN

After God created man and woman in Paradise he gave them a token of his love, 'free will'; which they abused and brought the first sin of disobedience on earth. Many generations later as humans filled the globe they grew in their evil ways – and Yahweh God sent prophets with the message that the Messiah was coming to redeem sinful man from his evil ways.

God, in his mercy for the fallen children of Eve, wished to be 'fully immersive' in the understanding of human emotional feelings and weakness of the flesh yet, remain divine. He sent his Son, Jesus to show man the true path to salvation and eternal life: to experience and witness man's weakness of the mind, spirit and body in the face of sin and evil.

True: Christ came as the Messiah, the Redeemer, to show humanity the Way, the Light and the Truth, to open the path to life eternal, through redemption and salvation.

Jesus suffered pain, torment, abuse, crucifixion and death at the hands of his tormentors for this was the Will of his Father. Jesus would sacrifice his life to wipe clean the slate of man's sin, hate and violence from the soul of mankind for all time.

Paul, the apostle, in his letter to the Romans stated:

"What the law could not do, in that

the flesh rendered it powerless, God sending His own Son, with a flesh like to that of sin, and in view of sin, has condemned sin in the flesh." (Rom.8:3). NRSV Bible.

True Again: God created man and endowed him with the incredible beauty of a living earth in all its vibrant colors and with astounding landscapes. God said: "It is not good for man to be alone; I will give him a helper who will be like him.".... "Then Yahweh God caused a deep sleep to come over man and he fell asleep. He took one of his ribs and filled its place with flesh. The rib which Yahweh God had taken from man he formed into a woman and brought her to the man." (Gen.2:18/21-22). Catholic Pastoral Bible, Claret publication.

What was it like to be human with 'free will'?

God wanted to experience how evil could possess the mind and flesh of man causing him to fall to temptation, rage in hate, to become violent, lust for blood... and how love, pity, trust, charity, care, courage, had embraced good people.

Jesus Christ was witness to his mother's love for him as a child, a teenager, when a youth and in adulthood. The Virgin Mary, his mother, was close to him throughout his passion and when he died on the infamous cross.

Before Christ began his mission he went to the desert for forty days. It was in the desert where Satan tempted our Lord. Jesus overcame every temptation the evil one put to him. "He was in the wilderness forty days, tempted by Satan...." (Mk.1:13).

Christ witnessed sorrow in the eyes of the women of Jerusalem as they followed him to Calvary. "But Jesus turned to them and said, 'Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your chil-

dren' "(Lk.23:28).

Jesus experienced sympathy from the women who joined in his ministry. The women " used to follow him and provided for him when he was in Galilee..."(Mk.15:41).

From the start to the end of his passion Christ felt the shame of humanity when they spat on him, beat him with whips and chains, put on his head a crown of thorns "and they dressed him in a purple robe." (Jn.19:2).

When Jesus came to Capernaum, a centurion asked Christ to heal his servant. Jesus was prepared to go with the man, who promptly said, "Lord, I am not worthy to have you come under my roof, but only speak the word, and my servant will be healed". When Jesus heard him, he was amazed and said to those who followed him. "Truly I tell you, in no one in Israel have I found such faith." (Mat.8:8-10).

Finally, the Passion of Christ Jesus showed God the raw reality of how evil could influence man, and how the inhumanity of man would be destroyed by the sacrifice of His Son and the power of forgiveness. And so was God witness to the emotions and the weakness of man's flesh.

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Never argue when...

Husband and wife went shopping to get new sarees for the wife.

After seeing numerous sarees, she shortlisted around 100 and further brought it down to 25.

Out of these she asked her husband to choose 5 sarees among them.

Then she finally picked up one saree. It took 5 hours to finalise one saree.

The husband settled the bill and commented : "Adam was very lucky because he and Eve used to wear only leaves. He need not have wasted too much of time.

Ultimate comment of wife:- Who knows how many trees Adam had to climb and finally choose the leaves as per the wish of Eve. You are lucky u have to just sit in AC shop ...

Moral :
Never argue with woman while shopping

Rabbit and the dog

When I woke up my dog was laying on the back patio covered in dirt with a rabbit in his mouth. The rabbit's not bloody, just dirty. My neighbour's kids raise blue ribbon rabbits. I instantly knew it was one of theirs. So I took the rabbit away from my dog, rushed inside and washed all the dirt off to before my neighbours could come home. It was stiff but I heard some animals play dead when they are afraid but I couldn't remember which ones. I took it and placed it back in one of the I zoomed back home. Not more than 30 minutes later I hear my neighbours screaming so I go out and ask them what's



wrong? They tell me their rabbit dies three days ago and they buries it but now it's back in the cage.

Clash of Clans

A boy went to propose a girl

Boy : Hey baby, I love you!

Will you marry me?

Girl : What's your status?

Boy : I'm the owner of my own big village and I have my own security, I own a army, gold mine and winery.

Girl : Love you too honey.

After marriage... girl asked the boy where is your village and the boy opens 'Clash of Clans' on his mobile.

Did I read that sign right?

In an office:

Toilet out of order. Please use floor below.

In an office :

After tea break staff should empty the teapot and stand upside down on the draining board.

Outside a secondhand shop:

We exchange anything - bicycles, washing machines, etc., Why not bring your wife along and get a wonderful bargain?

Seen during a conference:

For anyone who has children and doesn't know it, there is a day care on the 1st floor.

Notice in health food shop window :

Closed due to illness.

Spotted in a safari park :

Elephants please stay in your car.

Notice in a farmer's field :

The farmer allows walkers to cross the field for free but the bull charges.

On a repair shop door :

We can repair anything, (Please knock hard on the door. The bell doesn't work)

On the first night of their honeymoon, the husband isn't sure how to tell his bride about his stinky feet and smelly socks, while the wife is wondering how to break the news to him about her awful breath, which so far, she's been able to cover up. After some soul-searching, the husband gathers his nerve and says, "I have a confession."

She draws closer, peers into his eyes and says, "Darling, so do I."

Recoiling, he says, "Don't tell me - you've eaten my socks."

Breaking news

Mukesh and Neeta just purchased all the land in New Zealand and merged it with India. We will be playing the ICC final on Sunday. And now New Zealand is officially renamed as New Jioland!

Inspiration!

Are you unaware of your success?

“Be genuinely interested in everyone you meet will be genuinely interested in you.

—Anonymous

What a success? It can be defined as achievement of your goals or even having small occasions where you feel to have achieved something. Whatever it is, it surely brings a smile to your face and brings happiness in your life. But even a robber feels success on committing a successful robbery. Success is something that all of us wish to attain. However, if you are too busy in life with your daily schedule, you'll likely never make the time to actually appreciate your own success. You could already be successful and just not realise it. Here are some signs that show you are successful but unaware about it.

We have all had that period in our lives where we feel, regardless of what happens, we simply have nothing positive going for us. It's easy to criticise yourself in just about anything—from your competence in the workplace to how you deal with situation at home—and this can make it easy to become clouded to our own successes in life. This kind of constant action and lack of clarity can make it easy to believe that you are a failure, even when all the evidence in your life - personally and professionally—points to are too busy in life fighting fires, you'll likely never make the time to actually appreciate your own success and accomplishments. You could already be successful and just not realise it. Here are some signs that prove the case:

You don't seek praise :

Seeking praise from loved ones and colleagues is something that we typically grow out of in our teenage years.

If you aren't hanging around waiting to get the proverbial pat on the back at work or at home, you are a more successful individual than you might even know. Being able to do your part without looking for praise is a strong sign of mental security.

You suffer less drama :

Look back even just a year in your life: are you finding that things are quieter? At home and at work? If this is the case then you can probably say that your life is pretty successful - a lack of chaos points to order and harmony.

You have a plan :

Success is built on structure and having a long-term plan to get to where you want to be. If you actually have a framework to follow in your life to reach your life goals, you are already pretty successful. Most people don't plan ahead!

You crave more :

For someone who might feel like they aren't doing well very in life, if you tend to look for more from any situation you are already on your way to success. Ambition and a desire for knowledge points to a determined individual who seeks to better themselves.

You are socially active :

Success tends to come in many different ways, not just your rank or your pay packet. If you are able to get involved in many different situations with a variety of social circles you can point to a healthy and harmonious life—people don't tend to stick around toxic personalities.

You offer mutual respect :

Success tends to come from your own experiences in life, including going through stresses and difficulties. If

you understand the value of treating others with respect, you already harness one of the most important aspects of success.

You are driven :

Anybody without an engine and a willingness to get through the hard times and the difficulties will struggle to succeed. If you don't mind getting your sleeves rolled up and your hands dirty, you are better off than you think.

You strive to improve :

Many people fall into the trap of believing that they 'made it'. When you always look into improve on the previous performance, even if it was spectacular, you are setting yourself up to be a long-term success.

You preach patience :

Patience is a virtue that the most successful people emit on a large-scale basis. Without patience, it can be hard to ever make the type of impact that you originally intended in any work or personal environment.

You have successful friends :

Success around you is the easiest way to inspire yourself. If you find yourself surrounded by those who are also doing well it can be easier to actually improve and develop yourself in the right manner.

You don't blame others :

You have reached a point in your life where you fully understand what it means to take ownership of your actions and not target others for your frustrations and failures. That comes about from being active rather than passive and noticing your inner power to transform your life. It also speaks to your ability to prevent the environment from leading you down a direction you do not desire.

You are assertive :

You understand that simply saying 'yes' or 'no' is not enough. Explaining

(Contd.. on p. 18)

Difference between a boss and a leader

The terms boss and leader are often times used interchangeably and with good reason. There is a lot of overlap in their meaning. But there are subtle differences, the most important one being that almost anyone can be boss, leaders are harder to come by. Some of the differences between a boss and a leader:

- A boss manages work, a leader inspires people - A boss will assign tasks and duties to their team monitor the progress and assess the results. A leader inspires people to willingly contribute to the success of an organisation.
- A boss always has an answer, a leader always looks for a solution - Part of leadership is coaching your employees. This not only helps to build cohesiveness within the team, but is a great way to build your employees' problem solving skills and further their career.
- A boss monitors value, a leader creates value - Every value to the organisation and that value needs to be greater than the cost of that

employee to the company. A good leader is able to recognise their employees' unique skills sets and utilise them in ways that maximise their talents for the benefit of the company. Some bosses - especially those who have chosen fa-



avorites - tend to ignore a majority of their employees. This can give other workers the sense they are drifting with an uncertain future. Leaders don't ignore. They invest time and effort into developing employees in their professions, teaching them new skills and helping them career. These is what differentiates a leader and boss.

(Contd.. from p. 17)

your reasons in a clear manner is essential for others to understand that you are an individual with your own thoughts and needs. This does not mean being, inflexible but while being understanding you should never let anyone bend your way.

You are mature :

When bad situations unfold in the workplace or you need to deal with the individual who you have a problem with. A sign of success is being able to put personal grievances to the side for professional gain.

It's always important to remind yourself that success isn't something that can be judged so materially. If you are able to look at your lifestyle and understand that you do things in a mature, social and effective manner then you are already far more successful than any slap on the back will ever make you feel.

YOU AREN'T CONTROLLED BY YOUR INCOME

Many people feel like they are tied to that next pay cheque to make things work for them. If you are able to go day-to-day without the worry that you won't have enough money to last until the end of the month, then you are most definitely a success! You might not be able to afford a Rolex, but if you aren't living from week-to-week you are a success.

STEPS TO BE SUCCESSFUL IN LIFE

- Think big
- Find what you love to do and do it
- Learn how to balance life
- Do not be afraid of failure
- Be a man of action
- Avoid conflicts
- Don't be afraid of introducing new ideas
- Believe in your capacity to succeed.

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Rx Turmeric & dark jaggery

Preperation

Take 3 big cups of water in a vessel.

Put half to 1 tsp of turmeric(haldi)

Boil on sim for 10 mins.Till only half the water remains.

Add 1 table spoon of dark jaggery sugar

Stir well.

Pour it in a cup.

Drink it hot or warm slowly.

Atleast every 8hrs or 12 hrs.

Just within a day or 2 any viral or bacterial fever extreme sore body back aches headaches deep cough cold will be cured safely with no side effects.

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6918. MUMBAI : Mangalorean Roman Catholic Widow, (Born in November 1953), Ht. 5' 6", Wt. 58 kgs, Wheatish Complexion, Edn.D.P.E., Well settled. Contact email : louisn23@hotmail.com

7008. USA : Separated Roman Catholic, (Born in October 1983), Ht. 5' 7", Wt. 62 kgs, Wheatish Complexion, Edn. MD, MS, working as a Senior Engineer. Contact email : jesumary58@yahoo.com

7007. MUMBAI : Goan Roman Catholic Bachelor, (Born in September 1977), Ht. 5' 8", Wt.72 kgs, Fair Complexion, Edn. B.Com., MBA in Aviation. Contact email : gerald-white@hotmail.com

7005. DUBAI : Goan Roman Catholic Bachelor, (Born in May 1986), Ht. 5' 6", Wt. 50 kgs, Fair Complexion, Edn. BMS / CFA, working as a Head Treasury in Dubai. Contact email : matri3119@gmail.com

7004. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in August 1988), Ht. 5' 7", Wt. 90 kgs, Wheatish Complexion, Edn. B.E. (Inst.) MBA, working as a Sales Engineer. Contact email : amarian1988@gmail.com OR 9967657806

6997. MUMBAI : Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 11", Wt. 80 kgs, Fair Complexion, Edn. CA, M.Com., B.Com., working as Associate Vice President in Bank. Contact email : wrfern21@gmail.com

6996. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in September 1990), Ht. 5' 5", Wt. 75 kgs, Wheatish Complexion, Edn. BMS., M.Com., MBA in Marketing, working for L & T Infotech. Contact email : rodnidavid@gmail.com

6968. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1991), Ht. 5' 11", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate in Commerce. Working in Dubai since 2014 in Indian Consalate Office. Designation Senior Customer Executive. Contact Email : shalenedsouza4@gmail.com

6966. MUMBAI : Goan Roman Catholic Bachelor, (Born in September

1965), Ht. 5' 5", Wt. 45 kgs, Wheatish Complexion, Edn. SSC., working as a Field Executive. Contact email : sameer_bhagwatt777@rediffmail.com

6965. MANGALORE : Mangalorean Roman Catholic Bachelor, 36 years, Ht. 5' 1", Wt. 63 kgs, Wheatish Complexion, Edn. SSLC., having Agriculture. Contact : 9964885911

6964. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1987), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. 2nd year PUC, working as an Export Executive. Contact email : dorathydsilva@gmail.com OR 9930785590

6963. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 2", Wt. 62 kgs, Wheatish Complexion, Edn. MBA, Well settled. Contact email : freshflwr@gmail.com

5996. MUMBAI : RC Bachelor (Born in November 1974) / 5'8", B.E., working in Senior position reputed IT firm. Seeks alliance from R.C. spinster educated good family background Pl. reply with photograph and details to keithcardozo@hotmail.com OR 9820338755

6960. MUMBAI : Mangalorean Roman Catholic Divorcee, (Born in February 1985), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. B.Sc., Nautical working as an officer in Merchant Navy. Contact email : godfreyvaz@gmail.com

6956. DUBAI : Mangalorean Roman Catholic bachelor, (Born in October 1984), Ht. 5' 7", Wt. 63 kgs, Tan Complexion, Edn. SSLC - ITI Diesel, working in Medical Department. Contact email : godwinclear@gmail.com

7034. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 11", Wt. 80 kgs, Fair Complexion, Edn. M.C.A., Software Engineer, working as an Asst. Manager IT Company, Contact email : vivian1548@gmail.com

Watsapp No. 00918296851139

6952. MUMBAI : Goan / Tamilian Roman Catholic bachelor, (Born in June 1974), Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. HSC, working as a Supervisor, Only Child. Contact email : williammendes2106@hotmail.com

6949. MUMBAI : Proposals are invited from parents of a Roman Catholic God fearing educated homely girl for a Mangalorean Roman Catholic boy, finance professional, (Born in March 1983), Ht. 5' 10", Church marriage annulled, no issues presently working overseas on PR. Please email the profile and photo to benedict83319@gmail.com

6485. MUMBAI: North Indian R.C. Bachelor, (Born in October 1974), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. B.Com., working for an MNC in Mumbai as Back Office Executive. Contact email : awr88@rediffmail.com

6198. MUMBAI : Mangalorean Roman Catholic (Born in October 1969), Ht. 5' 10", Edn. B.Com., good personality, hailing from God fearing, cultured family, issueless, divorcee by mutual consent, working for Cruise Liner in U.S.A., as Security Supervisor, well settled in Mumbai, Seeks suitable match. Contact email : dsouzamalcolmneil@gmail.com. Phone/SMS 09480157258.

6669 MUMBAI : Goan R.C. Bachelor, M.Sc., in Telecom, MBA, (Born in February 1978) Ht. 5' 5", Fair, good natured. Working as a Financial Analyst in New York. Contact email: zennon.fernandes@gmail.com OR 8698375997.

6667 MUMBAI : Goan R.C. Bachelor, B.Com., (Born in January 1983) Ht. 5' 7", Wt. 65 kgs, Fair, smart and good natured. Non alcoholic and non smoker. Contact Mob: 9930466725

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6797 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1987), Ht. 5' 7", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Five Star Hotel in Mumbai. Contact email : johnserrao14@yahoo.com

6508. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in October 1986), Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.E.. working as a Asst. Manager in German Company. Seeks a tall, well educated homely Mangalorean girl. Contact email : colind.3010@gmail.com

6735 MUMBAI : Born and brought-up in Mumbai, Tamilian RC Bachelor, (Born in August 1977), Ht. 6', Wt. 89 kgs, Tan Complexion, Edn.FYJC. having own Transportation Business. Contact email : michaelenterprises07@gmail.com OR 9222008111

6857. AUSTRALIA : Mumbai born and broughtup Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 10", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., IHM., Working as a Store Associate in **Australia** and is a permanent resident. Contact email : simonsigo31@gmail.com

6228. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in December 1972). Ht. 5' 8", Wt. 65 kgs., Wheatish Complexion, Edn. S.S.C. A/C Tech. Course, working as a A/C. Technician in Voltas. Contact email : lawrencedias321@gmail.com / Mob: 8291056939

6424. MUMBAI : East Indian Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 11", Wt. 65 kgs, Fair Complexion, Edn. B.Com., well employed, working as Sr. Customer Care Executive. Contact email : g e r a r d d 7 5 4 @ g m a i l . c o m , Mob:9594766322 / 9930620943

7034. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in

June 1988), Ht. 5' 11", Wt. 80 kgs, Fair Complexion, Edn. M.C.A., Software Engineer, working as an Asst. Manager IT Company, Contact email : vivian1548@gmail.com

7032. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1977), Ht. 5' 6", Wt. 72 kgs, Fair Complexion, Edn. Degree in Electronics and Telecommunications, working as Telecom Engineer. Contact email : franky54@rediffmail.com

7026. AMERICA : Goan Roman Catholic Divorcee, (Born in March 1977), Ht. 5' 10", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email : aydenoneil@gmail.com

7019. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in June 1981), Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Services. Contact email : dasvinod1@gmail.com

6832. MUMBAI : Goan Roman Catholic Bachelor, (Born in August 1970), Ht. 5' 7", Wt. 59 kgs, Wheatish Complexion, Edn. B.Com., working as a Captain in Hotel. Contact email : ignatius.matel@gmail.com

7018. MUMBAI : Goan Roman Catholic Bachelor, (Born in October 1969), Ht. 5' 5", Wt. 80 kgs, Wheatish Complexion, Edn. SSC, Self employed. Contact Email : fredrick.dsouza0110@gmail.com

6965. MANGALORE : Mangalorean Roman Catholic Bachelor, 36 years, Ht. 5' 1", Wt. 63 kgs, Wheatish Complexion, Edn. SSLC., having Agriculture. Contact : 9964885911

6964. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1987), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. 2nd year PUC, working as an Export Executive. Contact email : dorathydsilva@gmail.com OR

9930785590

6895. HONAVAR : Roman Catholic Bachelor, (Born in August 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. 5th Std., having own property business. Contact email : rosiehorta77@gmail.com Mob: 7977361995

6830. BAHRAIN : Goan Roman Catholic Bachelor, (Born in February 1988), Ht. 5' 11", Wt. 97 kgs, Wheatish Complexion, Edn. MBA, Marketing Professional in Public Sector. Contact email : rolsonvaz@gmail.com

6778 USA : Mangalorean Roman Catholic Bachelor, (Born in December 1989), Ht. 5' 6", Wt. 65 kgs, Very fair Complexion, Edn. B.E. Electronics / Telecom Engineering, M.S. in USA, working as an Engineer. Contact email : jenniferdmello@gmail.com

6729 MUMBAI : Mangalorean RC Bachelor, (Born in November 1988), Ht. 6', Wt. 72 kgs, Fair Complexion, Edn.SSC, Diploma in A.C., working as a A.C. Technician. Contact email : johnmacoib@gmail.com

6675. MUMBAI : Roman Catholic Bachelor born and brought up in Mumbai (Born in October 1984), Ht. 6', slim athletic build, fair complexion, only child. Education BE Electronics, having family business (Electronic Component Manufacturing) from decent family having sober habits. Looking for slim, well educated Roman Catholic girl from decent family with sober habits, having hight above 5' 2". If interested kindly send biodata with photograph to snad2450@gmail.com OR contact 9223219634

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+91- 9820473103 / 9820485389 or

Email : royalchristianfamily@gmail.com

Royal Christian Family MATRIMONIALS - BRIDES

7070. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in March 1992), Ht. 5' 5", Wt. 48 kgs, Wheatish Complexion, Edn. M.Com., CS., working as a Company Secretary in Private Firm. Contact email : smile9920@outlook.com

7069. MUMBAI : Tamilian Roman Catholic Spinster, (Born in April 1993), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. B.Sc., Nursing, Staff Nurse. Contact email : mpchandran68@gmail.com

7027. MANGLORE : Mangalorean Roman Catholic Spinster, (Born in August 1982), Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. B.Tech (IT) 4 years, Teacher by profession. Contact email : ranjithamenezes@gmail.com

6959. MUMBAI : Alliance invited from well settled RC Goan bachelors upto 30 years. for RC Goan Spinster (Born in November 1990), a B.A. graduate, done IATA, presently working in **DUBAI** in a travel company as a corporate travel officer, Ht. 5' 3", (preferable working overseas) Contact email : sabjf1963@gmail.com OR Cell No.: 8828998414

6954. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1987), Ht. 5' 2", Wt. 47 kgs, Fair Complexion, Edn. B.Com., CA., working as a Finance Executive. Contact email : merissa5@yahoo.com

6951. MUMBAI : Born Again Christian Divorcee, (Born in October 1976), Ht. 5' 5", Wt. 55 kgs, Fair Complexion, Edn. Post Graduate Diploma, working for Insurance Company. Contact email : sonalmodawal33@gmail.com

6950. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in July 1990), Ht. 5' 3", Wt. 68 kgs, Fair Complexion, Edn. Post Graduate, working as a Relationship Manager in Private Bank. Contact email : mendoncas2307@gmail.com

6947. NEWZILAND : Goan Roman

Catholic Spinster, (Born in July 1984), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. B.Com., MBA Finance, working as a Finance Analyst. Contact email :

roniferndes2001@yahoo.com

6945. GOA : Goan Roman Catholic Spinster, (Born in July 1982), Ht. 5' 7", Wt. 80 kgs, Wheatish Complexion, Edn. M.Arch., Architect by profession. Contact email :

nishasoares82@gmail.com

6943. MUMBAI : Goan Roman Catholic Spinster, (Born in August 1990), Ht. 5', Wheatish Complexion, Edn. Chartered Accountant, working as a C.A., Contact email :

sandrareg67@hotmail.com

6937. POONA : Roman Catholic Spinster, (Born in July 1988), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. MBA (Finance) working as a Financial Analyst. Contact email :

sheron.muller@gmail.com

6936. MUMBAI : Karwari Roman Catholic Spinster, (Born in May 1968), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. SSC., working as a Patient care taker. Contact email : donii1967@gmail.com

6935. MUMBAI : East Indian Roman Catholic Divorcee (1st marriage annuled by the church), (Born in February 1983), Ht. 5', Wt. 61 kgs, Wheatish Complexion, Edn. M.A., working as a HR in MNC. Contact email :

cocom4053@gmail.com

6933. USA : Mangalorean RC parents invite proposal for their daughter, (Born in October 1990), Ht. 5' 3", MS from USA, working in Minneapolis USA, holding H1b visa, born and brought up in Mumbai, from Mangalorean RC bachelors, working in USA, age below 31 years, masters or higher preferred, with good familybackground. Contact : Wilfred D'Souza : 09869165412 OR email : wilfred1954@gmail.com

6931. MUMBAI : Parents of Goan R.C

spinster, (Born in August 1986), Post-Grad, writer in a reputed publication, 5' 6", Fair and of medium build, seek for their only daughter a well-qualified and settled groom. The boy should be 32-35 years of age, 5' 7", or taller. Preferably of Goan origin and residing in Mumbai. Interested families / boys may please write, with a photograph, to courie60@gmail.com or call 99202 70637

6929. MANGALORE : Mangalorean Roman Catholic Divorcee, (Born in January 1986), Ht. 152 cms, Wt. 54 kgs, Fair Complexion, Edn. M.B.A., working as a H.R. Senior Manager. Contact email :

jasmine.melonie@gmail.com

6928. MUMBAI : Goan Roman Catholic spinster, (Born in July 1991), Ht. 5' 5", Wt. 67 kgs, Dusky Complexion, Edn. MBA Operations, working as an Executive. Contact email :

judith.dalgado2307@gmail.com

6927. MUMBAI : Goan Roman Catholic spinster, (Born in January 1977), Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. Post graduate, working as an Admin., in MNC. Contact email :

mrf.ma77@gmail.com

6926. MUMBAI : Tamilian Roman Catholic Divorcee. 1st marriage annuled by the church, (Born in June 1985), Ht. 5' 3", Wt. 76 kgs, Very Fair Complexion, Edn. B.A., Successful school teacher for last 10 years. Contact email :

amelia_christopher@rediffmail.com

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6690. MUMBAI : East Indian Roman Catholic Spinster, (Born in December 1986), Ht. 5' 2", Wt. 54 kgs, Fair Complexion, good looking, smart, intelligent, Edn. CS., LL.B., working as a Asst. Company Secretary. Seeks a suitable educated and well settled bachelor. Caste no bar. Contact email : joylinafaroz@gmail.com

6651. DUBAI : Mangalorean Roman Catholic Spinster, (Born in May 1984), Ht. 5' 2", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support in DUBAI. Contact email : dsilva.seema@gmail.com

6033. ABU-DHABI : Goan Roman Catholic Spinster, (Born in May 1979), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A. Eng., Literature, working as a Copy Editor. **Contact email :** barretto.lorraine@gmail.com OR 9730454857

6892. BANGALORE : Mangalorean Roman Catholic Spinster, (Born in March 1993), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. B.Com., BBM., working as a Investigator. Contact email : stelinedsouza@gmail.com

6776. MUMBAI : Goan Roman Catholic spinster, (Born in September 1992), Ht. 5' 1", Wt. 65 kgs, Wheatish Complexion, Edn. MBA, working as an Executive. Contact email : neilcarvalho1234@gmail.com

6665. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bacheor. Contact email: alcheckmate@gmail.com OR 9867292764

6869. MANGALORE : Mangalorean Roman Catholic Spinster, (Born in December 1985), Ht. 5' 2", Wt. 52 kgs, Fair Complexion, Edn. B. Com.,pursuing MBA, working as an Executive Asst. in BANGALORE. Contact email : weddingvow85@gmail.com

6642-R MUMBAI : Goan/Manga-

lorean Roman Catholic Divorcee, (Born in September 1979), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Service, Seeks a suitable match. Contact email : rowmonteiro@yahoo.com OR 9820792115

6528. DUBAI : Mangalorean Roman Catholic Spinster, (Born in April 1985) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

6504. KUWAIT : Mangalorean Roman Catholic Spinster (Born in June 1980), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. B.Com., Computer, Finance, Banking Marketing Course & Airlines Course completed, employed as a Travel Co-ordinator in Kuwait. Contact Email : lucy777p@gmail.com Tel: 00965-60402765 / 9867308911

6341. MUMBAI : Protestant Christian spinster, (Born in April 1985), Ht. 5' 1", Wt. 58 kgs, Wheatish Complexion, Edn. B.A., B.Ed., Teacher by profession Seeks a groom from well settled, educated and good family background. Contact email : georgethomas1353@yahoo.com

6887. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in August 1989), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. M. Sc., (Nursing), Nurse by profession. Contact email : mauricequadrass@gmail.com

6748. MUMBAI : Goan Roman Catholic spinster, (Born in March 1987), Ht.

5' 3", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., with Dip. in Software Testing, working as a Test Engineering Specialist at a MNC. Contact email : thomasdsouza18@gmail.com

6653. MUMBAI : Goan Roman Catholic Spinster, (Born in July 1990), Ht. 5' 2", Fair Complexion, Edn. M.B.B.S., Doctor & pursuing M.D. Seeks M.D. / M.S., Doctors. Contact email : selwynhenriques13@gmail.com

6532. BANGALORE : Mangalorean Roman Catholic Spinster, Only Child, (Born in December 1976), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.A. Communication, working as an Assistant. Contact email : ashajob@hotmail.com

6381. MUMBAI : Goan Roman Catholic Spinster, (Born in April 1984), Ht. 5' 3", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working as a Secretary. Contact email : soareskaren14@gmail.com

6883. MANGALORE : Mangalorean Roman Catholic Divorcee, (Born in December 1983), Ht. 5' 4", Wt. 68 kgs, Wheatish Complexion, Edn. B.Com., MBA, working. Contact email : fionawimpy@gmail.com

6835. USA : Mangalorean Roman Catholic Spinster, (Born in February 1986), Ht. 5' 3", Wt. 54 kgs, Fair Complexion, Edn. M.Phil/Ph.D., doing Doctoral Studies/Working. Contact email : sathi.monteiro@gmail.com

6866. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in May 1991), Ht. 5' 4", Wt. 50 kgs, Wheatish Complexion, Edn. Graduate, Service. Contact email :

bidisharocking@gmail.com

6882. MANGALORE : Mangalorean Roman Catholic Spinster, (Born in April 1988), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. M.V. Sc. Assistant Professor by profession. Contact email :

clarencemiranda5811@yahoo.co.in

MATRIMONIAL

7066. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in June 1987), Ht. 5' 4", Wt. 78 kgs, Fair Complexion, Edn. B.E., (EXTC) M.S. (International Business Management), working as a Consulting Manager. Contact email : l2018anselm@yahoo.com

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Is distance education right for you?

ONE CAN ENROLL in a distance education course according to their personal strengths and requirements; it is important though, to be sure of a few indispensables that accompany these courses

Various universities and institutions offer distance learning or distance education courses nowadays. These courses are affiliated to standardised



universities and offer legitimate degrees in the subjects of choice. The scope of such courses has increased over the past few years. They offer a lot of flexibility and opportunities to gain a competent degree at lower costs and with diverse schedules. They are quite different from regular courses in terms of study patterns. However the end goal is same, that is, to make the best out of your learning experience. If you are seeking a long distance course, you must ask yourself the following questions to know if it is right for you.

Am I good at time-management?

Since there is no regular routine or timetable of classes in a long distance course, one needs to make

a timetable for the self. Staying at home would mean a lot of interruptions and skewed schedules, so one must be good at time management. You will need to use as much time as you can get and study with complete concentration. There will be deadlines and submissions in such courses, so it will not be possible to procrastinate or waste any time.

Am I technology- savvy ?

It is not impossible to gain a long distance degree without being adept at technology but it does become quite cumbersome if you are not fluent with the basics. You must make sure that you have a basic knowledge of computer usage, how to send mails and how to use the internet. It suits the need if you have Wi-Fi at home or a

facility near your residence in case something urgent needs to be taken care of in the context of the course and assessment.

Am I doing it for the right reasons?

It is important for you to assess the significance of the course you wish to pursue. Think about the pros and cons. Plan how it will help you in future or how it suits your purpose. Do not pursue any course just for the sake of it. Be very sure that you are working on it for the right reasons, for it will require you to spend some precious time and energy in the process.

Am I dedicated enough ?

Since the environment of this course feels more relaxed and the pace is more convenient, most students be-



come lax in their efforts. Some of them even leave mid-way for they lose interest soon enough. It is imperative then, that you stay focused and motivated throughout the duration of the course. You must possess the zeal to keep going and keep doing well.

Can I priorities without direct supervision?

Since there is no proper classroom or a teacher/professor to answer to every morning, the responsibility of working efficiently lies with you alone. You will have to be disciplined with your routines and know how to manage your work load effectively. Prioritisation is the key here, since you will have to juggle studies and domestic duties simultaneously.

REMEMBER

Remember, online learning is not for everyone and while it is an excellent choice for some, other will always struggle with learning independently. So always try to seek a guidance and practical feedback from a student who has completed their distance education before you join.

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