

Ryan International School awarded 'Leading Schools of India'

Ryan International School, has been recognized as one of the 'Leading Schools of India' by Leading Schools Corp, USA, the world's first and only auditing and certification body that honours qualifying

institutions. Focus on academics and all round development of students, combined with tech-savvy teaching methodologies has earned Ryan International School, the title of 'Leading Schools of India'

A felicitation ceremony was organized in New Delhi to recognize the Ryan Group for the same.

Sabina Sehgal, Country Head, Leading Schools Corp, who presented the award to Ryan Group

MD Madam Grace Pinto, praised the Ryan Group for its contribution to the education sector in India. She said in her speech "Madam Grace Pinto is an iconic figure in school education in India and has contributed immensely to bringing quality affordable education to many students in India. This accolade is a further testament to the group for their unstinting work in this field." She specifically mentioned the facet of 'all-round development', which is what makes a Ryan education special.



Anil Fernandes photography www.anilfernandes.co.in ph: +91-9820534838

Speaking about the recognition, Madam Grace Pinto said, "We are pleased and deeply honored to be recognized among the Leading Schools of the World. We thank our Lord Jesus Christ for this Global rec-

The fear of the LORD is the beginning of wisdom.

Proverbs 9

ognition. At Ryan, we have always aspired to go beyond mere academics to enable our students to become global leaders and contribute positively to society by adhering to global standards and ensuring the highest quality of education is offered. We dedicate this award to our Chairman, Dr. A. F. Pinto for his vision and to all our stakeholders – the staff, students, parent community and well-wishers for their support and cooperation."

The Ryan Group is committed to the motto - Excellence in Education and All-Round Development. The group has pioneered several state-ofthe-art events which has helped students achieve laurels in academics. sports & extra-curricular activities at the state, national and international levels. The group believe that education is much more than text books. While academics is of course critical, it is important to ensure a holistic development of the child. The group ensures that pedagogy remains relevant with current trends and makes available various platforms that help

students identify their talents and skills and excel in the areas of their interest nationally and internationally. The group focuses on instilling 21st Century skills like collaboration, critical thinking, communication and research. Learning at Ryan school is a meaningful, engaging and interesting process for students and helps them become lifelong learners and

responsible global citizens.

Rvan Group was started in 1976 by the visionary educationists Dr. A.F. Pinto, Chairman and Mrs. Grace Pinto, Managing Director. With the strategic vision to spread quality affordable education across India. the group has established over 137 schools, serving over 270,000 students, guided by the philosophy of "Excellence in Education and All-Round Development".

The schools provide a safe and stimulating environment focused on child-centered excellence. Modern learning tools and a range of enrichment activities are integrated into the curriculum. The goal is to develop global citizens: self-confident individuals who contribute to communities, believe in tolerance & accountability and engage life with well-developed emotional and spiritual quotients.

-Ronida

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BATTLE OF IDEAS that is yet to be won

By Don Aguiar

There can hardly be any doubt that Mr. Modi is an exceptionally skilful and charismatic political leader. To seek a part of the explanation there might appear to some to be a lazy thought, but there is nothing wrong in trying to examine the role of Mr. Modi in the startling rise of his party.

We are told repeatedly that India has changed and that the old, pluralistic and secular ideology of the Congress Party and of India's great leaders — Mohandas Gandhi, Rabindranath Tagore, Jawaharlal Nehru and Maulana Abul Kalam Azad — is no longer an effective option. There might be an element of truth in this line of thinking. In attempting to answer these questions, some have been tempted to seek explanations in the realm of ideas and ideology, in particular in the dominance of Hindu identity in India.

After all, though about 200 million Indian citizens are Muslim — more than 14 percent of India's total population — political support for the victorious B.J.P. comes disproportionately from the Hindus.

But ideas do not live in isolation. Are there not things happening in our actual lives that influence our ideas? This way of looking at politics starts the inquiry at too late a stage, avoiding the question of why the B.J.P. today has many more loyal supporters than only a few years ago.

Each one of us irrespective of our faith are the victims of Chaturvarna and caste based systems & Untouchability, & women's slavery system prevailing in this country!

The worst anti-human cultures of caste are celebrated in this country as great traditions, & customs!

Indians being the product of caste culture are bound to practice hatred in all walks of life!

Thereby, irrespective of qualification, the discriminatory traits automatically develops in us giving negative mind-set!

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Rather a person of more qualified & occupying higher position has become more dangerous because of his discriminatory attitudes!

That is why, Dr Ambedkar said, that an educated man without character and humanity is dangerous to the society!

The IAS & the IPS officers, judges are more qualified & occupying higher positions! But when the mob lynching's & the arrogance of bajrangies are increasing day by day, all are moot spectators and have failed to discharge their constitutional duties creating a sense of terror in the common man!

Therefore unless the traditions & customs of caste systems which are celebrated as cultures are abandoned, there is hardly any scope for our children to inculcate positive values whether they become IITs, IIMs, Doctors, professors, IAS, IPS, Judges etc., and the inhuman exploitation continues unabated!

In today's India, after the return to power of Narendra Modi and his BJP with their huge mandate, violence has been let loose, with "Jai Shri Ram" - a slogan that roughly translates to "Hail Lord Ram", a Hindu god - being used as a death threat instead of a salutation. In the last five years of Modi rule, we have had lynchings of Muslims and the lower castes across India by Hindu mobs, ostensibly for the "protection" of the holy cow. In his second term, we've shifted gears to forcing people, of whatever religion, to declare the glory of the god Rama and Hinduism. And when I say "force", I mean kill.

Tabrez Ansari, 22, was caught by a crowd in the BJP-ruled state of Jharkhand on suspicion of stealing a motorcycle, on 18 June. On Saturday, June 23, he died in a local hospital after he complained that he felt unwell

The BJP-ruled central government has been largely silent. Party functionaries

who have spoken claimed that there was no connection with "Jai Shri Ram" and Tabrez's death. And yet, there is video evidence, graphic and chilling, of a crowd filled with blood lust, violently beating Ansari and yes, of forcing him to say, "Jai Shri Ram" and "Jai Hanuman".

Since the BJP returned to power at the centre, Ansari's plight, though the most brutal, became one of several stories. And that's not all. In the runup to May's general elections and after the results were declared, Mamata Banerjee, chief minister of Bengal, was constantly heckled by BJP mobs to shout, "Jai Shri Ram".

Modi as prime minister had two options: to be the reformist PM he was sold as, or to take further the agenda of the party he belongs to, to make India a theocratic Hindu country. The last five years saw economic collapse and fraudulent claims. So now we are on to Plan B, or should that be Plan A, since the original plan of Hindu supremacists since the 1920s was that India should be a Hindu country? The constitution we adopted is of a secular India, but that is a total anathema to the RSS way of thought.

So, are we at the beginning of the end? Pratap Chandra Sarangi in his first speech in parliament asked why people who refused to chant Hindu slogans should be allowed to live in India.

As Ansari discovered with his life, these Hindu mobs who move around with apparent impunity, mean what they say. With an opposition in disarray since the election results, if civil society doesn't wake up now, this will be the future.

In fact, India's general election was dominated by scaremongering rhetoric, used very effectively by Mr Modi. Just as the Falklands War in 1982 shored up support for Prime Minister Margaret Thatcher of Britain, who dramatically gained in popularity, the border battles with Pakistan in February helped Mr Modi immensely in the

elections.

These factors fill up the story of what has been happening in Indian politics. Many might prefer the account that the B.J.P. won what is called "the ideological argument" against the Congress Party. But there has been no particular victory for the philosophy of Hindu nationalism and no noticeable vanquishing of the idea of inclusiveness and unity championed by Gandhi, Nehru and Tagore.

All men -- whether they go by the name of Americans or Russians or Chinese or British or Malayans or Indians or Africans -- have obligations to one another that transcend their obligations to their sovereign societies.

What is clear enough is that during the past five years of B.J.P. rule, India has become much more divided along religious lines, making more sharply precarious the lives of minorities, particularly Muslims.

The Hindu nationalist movement has won something in terms of power but nothing particularly serious in the battle of ideas. Pragya Thakur, a B.J.P. activist, said recently that Mohandas Gandhi's assassin, Nathuram Godse, was a patriot. This embarrassed even the B.J.P., which made her formally apologize.

However, Ms. Thakur, who was campaigning for a seat in the state of Madhya Pradesh, went on to win and will be a lawmaker in the Indian parliament. That is victory in terms of power but not in the battle of ideas.

It is regrettable that this larger battle has not received more emphasis even from the opposition. There is need for much more engagement there. But the first thing is not to confuse the two battles.

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Budget was poorly-planned

Every time the budget is presented, there are speculations that the salaried class would get some relief in the reduction of taxes. But this did not take place this time too This is a great disappointment for the common man who already has to go through a lot of financial crisis. What we expected from the Union Budget did not happen. With the increase in the price of petrol and diesel, the prices of all essential commodities are likely to shoot up too. Pension for pensioners also did not increase. What kind of a budget is this? It was poorly-planned and not to my satisfaction. It is taking the common man for a ride. It is always the common man who suffers the most when the budget is presented every year in the Lok Sabha.

—Jubel D'Cruz, Mumbai.

Lynchings! When will they stop?

It is a very sad incident that a 24-year-old Muslim man by the name of Shams Tabrez Ansari was beaten to

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death by a very cruel and violent mob in Jharkhand (India) on June 22, 2019 and the police did nothing to help him out nor arrest the mob. The reason was simple: He was a Muslim. He was not even carrying beef. He was even made to take the name of Hindu gods and chant praises to them.

I wish that the police and the current BJP government take serious action against mob-violence and lynching, especially in this case and arrest the culprits as soon as possible, otherwise it will bring a bad name to the BJP. The people who killed Shams Tabrez Ansari should also be arrested.

—Jubel D'Cruz, Mumbai

Do Dalits have Rights to live in India?

- Ignatius Dabhi

Place : A tiny village in Gujarat Time : May end, 2019

A blazing summer afternoon in a tiny village in north Gujarat - a small crowd of 15 to 20 wretched, poor farm labourers have gathered around a dead body of a 17- year old boy who was brutally murdered by some so-called upper-class youths and the only crime he committed was he was loved by a thakoor's daughter.... The boy's throat was cut and his eyes were dug out from his face... Every one knew the culprits but dared not name before the police.... The police before coming here, had food and drinks at the thakoors! According to an official report, Dalits amount to 27 percent of the total population of India. And for the last five thousand years, they are kept in misery, slavery and hell. Congress or BJP, once in power, they have grossly ignored and willfully suppressed Dalits all over India. "They are to serve us and they are to slog for us," says a 8 year old pujari. "They have no souls.... They can always be killed...." So says our holy books. "Lacs and lacs of Dalits sleep hungry.... Many of them never had a one square meal in their life-time, so says Baba Ramdev.

April-May are months of marriages in the north. Shankar was the only male child in a family of five sisters in a poor Dalit family. His entire family had bee farm labourers for generations in Una - village in

Gujarat. Shanker's parents wanted their only son to marry well. According to their customs, the bride groom is taken to the bride's house on a decorated horse. The marriage procession was proceeding with music and fun.... Just then, Shanker on the horse back, was attacked and he was made to fall down.. Some so-called upper caste people thrashed him and tore all his wedding garments.... They case was reported to the police, the police came and did nothing... Dalits have no rights to ride on a horse and pass through the village, said the surpanch. There are hundreds of villages in Gujarat, Rajasthan, M. P., U.P. and Bihar where Dalits have absolutely no rights. The government come and the government go - Dalits have, it seem, no right to live honourably and peacefully in Gandhi's Gujarat.

Hundreds of them are kept as bonded labourers in rich farmers farms. Centuries have passed but their conditions and status, more or less, remain the same. The age-old mind-set remains unchanged. Be it Congress or BJP the mind set is unchanged. Recently a group of Dalits sent a letter to the Centre: "Protect us or kill us...." Years of frustration and despair have forced them to decide: if the authorities can not protect us, we will commit suicide.... This is India - who can bring a change? Can Narendra Modi, in his vision, the vision of New India, include these Dalits? would they find some respectable place?

Lynching:

n Friday 5 July, thousands of people had gathered at a rally in Surat to protest against the growing mob lynching incidents in different parts of the country. There are different interpretations at what happened during the rally: with police blaming the rallyists and those in the rally blaming the police for using teargas shells upon them without any reason. The fact remains that a section of the crowd (the rallyists say 'outsiders') turned violent and was dispersed; besides several of the leaders and organisers of the rally were arrested! That the crowds are on the street protesting that lynching is non-acceptable, speaks volumes of the reality in the country today!

Earlier, on 26 June, hundreds of thousands of people in more than fifty cities across India gathered together to protest against yet another lynching. Tabrez Ansari, a twenty- four-yearold Muslim was brutally attacked and killed by yet another murderous mob. This horrific incident took place in Jharkhand on the night of 17/18 June. Videos of the lynching clearly show how Ansari was tied to a telephone pole, after being accused of stealing

a motorcycle. As he was being mercilessly beaten by the mob, he was forced by them to say "Jai Sri Ram" and "Jai Hanuman".

As these unbelievable videos began growing viral on BY FR. CEDRIC PRAKASH ocracy takes over". social media, online users expressed their horror and

disgust at the frightening regularity at which lynching was taking place in India. The lack of prompt and effective police intervention was top of the concerns of the protesters. Posters with the face of Tabrez were creatively made. The hashtag #JusticeForTabrez began trending number one in the country. The protestors were vehement in their call that the attackers of Tabrez are brought to book expeditiously and that the Government



demonstrates a political will to halt all lynching immediately!

Protests were held in several other cities, in many countries across the globe particularly in the US and the UK. The online portal 'twocircles.net' reports on the protests in the US, "Concerned citizens also protested in Chicago to demand immediate action against the perpetrators of lynchings as well as the politicians encouraging them. They said, "We, the concerned citizens of India and of Indian Origin

> living in US condemn such lackadaisical attitude of the government towards mobocracy and therefore, encouraging Law of Jungle and demand that the country be saved from falling into a dark era where mob-

People of all ages and faith held posters and banners that expressed, outrage, grief and a demand for justice. One poster read "Punish criminal political patronage to lynching", while other one had the names - "Akhlag, Pehulu, Afrazul, Junaid... Tabrez. Stop before it is you""It is a matter of grave concern for all people to raise their voices against this attack on Right tobe of a section of people and individuals. It is an attack on all people and is a form of state terrorism carried out by the ruling elite to attack, divert and divide people, who are struggling hard to find solutions to basic problems such as food, water, shelter, safety and security which are caused by the rule and plunder of a handful few. We must not let this pass" said Jaspal Singh who lives in Cambridge, Massachusetts. A poet present in the group read a poem written in remembrance of Tabrez and how Ram's name is being used to spread fear and hatred. University students, doctors, scientists, workers, teachers and many others were part of the gathering in the famous Harvard Square".

Most of India's so-called mainstream media, on expected lines, hardly gave the recent lynching and the subsequent widespread protests the attention it necessarilydeserved. Matters of no consequence to the ordinary citizen of India once again hogged prime time! That the average Indian citizen (and those in the diaspora) is concerned about what is happening in the country today should have merited headlines. But sadly, it is not happening! Mainstream media (now owned by corporate and political bosses) are certainly culpable in not playing a responsible and more active role in arresting lynching, and every form of mob and other violence which seems to become the DNA of the na-

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tion today!

Lynching has become the new normal in India today and one does not need to have too much of an intelligence to realise that!Thanks to the videos from smart phones: it is visible, it is violent and it goes viral (some onlookers and even perpetrators take sadistic pleasure in video-recording the violence)! The victims, as one can ascertain from https://lynch.factchecker.in/,are invariably from minority and marginalized communities; someone regarded as an 'outsider' who is 'not one of us'. The tragedy of lynchings in India today - is that they apparently have the official sanction by the Government of the day; in fact, some of the central ministers have publicly anointed and garlanded those responsible for these bloody murders.

'Lynching' can be best described as "premeditated extrajudicial killing by a group. It is most often used to characterize informal public executions by a mob in order to punish an alleged transgressor, or to intimidate a group. It is an extreme form of informal group social control and often conducted with the display of a public spectacle for maximum intimidation". Lynching must be considered as an act of terrorism and punishable by law. Instances of lynchings and similar mob violence can be found in every society. However, the lynchings in India, particularly in the last five years, (according to https://lynch.factchecker.in/ there have been 175 major assaults due to cow-related violence only causing 47 deaths) must surely give the country the pride of place among the violent nations of the world today.

In the wake of the assassination of the then Prime Minister Indira Gandhi, in November 1984, the country witnessed mobs going around in Delhi and other parts of North India singling out Sikh men and brutally murdering them. Much of these gruesome acts were documented; however, most of the big perpetrators went scot-free. Sadly, after so many years many of the victims still do not have the comfort of experiencing a sense of closure to that terrible chapter of India's history.

The Gujarat Carnage of 2002 provided lynching with the aura and legitimacy with which it holds sway today. Rampaging and rapacious mobs murdered, raped, assaulted, looted, and burnt innocent and hapless Muslims all over Gujarat. It is evidenced knowledge today, that those who presided over these heinous crimes and instigated the unfettered mob violence were those who ruled the State; two State Ministers were in the police control issuing orders to the frenzied mobs. The police stood aside as mute spectators and sometimes even indulged in acts of violence. "We have no orders to save you!" is a retort from a police official to a Muslim victim desperately pleading to be saved.

More than two thousand Muslims were killed, (according to unofficial estimates); many more injured and several thousand displaced in the bloodiest chapter of post-independent India. Thanks to the dogged efforts of several individuals and groups like the 'Citizens for Justice and Peace' (www.cjp.org.in) several of the perpetrators have been convicted and some have even been given life imprisonment. The plain truth is that the masterminds, the 'big fish' still remain free, roam the land with impunity, and have even managed to cloak themselves with immunity. That so many (and specially the powerful) could get away undoubtedly serves as a motivating factor to those anonymous individuals who are easily manipulated by the hate rhetoric, gossip and rumours that often fuel mob violence. In March 2015, thousands of people broke into the Central Jail in Dimapur and dragged out one Syed Khan, who was arrested on alleged rape charges. They stripped him; they beat him up, tied him to a motor cycle and dragged him for seven kilometres. He died on the way. The murderous mob then hung his body in full public view. Police reports state that it was not rape but that he had consensual sex with a local tribal woman and apparently paid her for it.

Exactly a year ago, on 3 July 2018, the Supreme Court of India stated that violence in the name of cow vigilantism was unacceptable. "This is a law and order issue and each state have to be responsible. These kinds of incidents cannot occur. It cannot be accepted in remotest sense. It is obligation of the states to ensure that such incidents do not occur," a said a three-member bench headed by the then Chief Justice of India. "Whether a lynching happens as a result of cow vigilantism or because people believe someone is a child abductor, it does not matter — lynching is a crime, period. Who will stop cow vigilantes? Some mechanism has to be there to prevent violence indulged in by these groups. This must stop. Some kind of planned and well-coordinated action is required by the governments so that vigilantism does not grow". Thecourt also warned against linking mob violence to religion "a victim is a victim" and asserted, "This is actually mob violence. Nobody can take law into their own hands and nobody can wash off their hands from their duty,"

On 17 July 2018, in a landmark judgment Supreme Court of India condemned the lynching incidents across the country. The Bench headed by Chief Justice Dipak said the horrendous acts of mobocracy could not be allowed to become a new norm in India. "The horrendous acts of mobocracy cannot be permitted to inundate the law of the land. Earnest action and concrete steps have to be taken to protect the citizens from the recurrent pattern of violence which cannot be allowed to become "the new normal"...The State cannot turn a deaf ear to the growing rumblings of its People, since its concern, to quote Woodrow Wilson, 'must ring with the voices of the people.' The exigencies of the situation require us to sound a clarion call for earnest action to strengthen our inclusive and all-embracing social order, which would, in turn, reaffirm the constitutional faith. We expect nothing

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WHETHER INSTEAD OF ONE NATION ONE ELECTION, WE HAVE ONE NATION THREE ELECTIONS TO ENSURE OUR POLITICIANS MEET THE INDIAN VOTERS REAL PRIORITIES?

o answer the above question, we need to know in depth what are the real priorities of Indian voters. A recent survey conducted by the Democratic Reforms (ADR) in December 2018, collected painstakingly the thought and preferences of around 270,000 Indian voters across the country. Given the size and diversity of the country one could expect Indians would have varying priorities

However it was surprising to find from the survey, that Indian voters speak in one voice when it comes to their top issues and concerns. Indians want jobs. This is their prime prioritv. This is the all India issue. They are aware to get well paying jobs they need good education. Even their demand that their children be thought English from primary school level is to ensure they can have an access to jobs both in government and private sectors. Besides jobs, they want better health care, better access to drinking water, food at reasonable prices, better roads and public transport.

Urban India has some specific priorities that relate to a desire to have affordable housing. The others relate to a desire for better urban governance: less road traffic, better provision for pedestrians and cyclists, less air, water and noise

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Head Office: Shop No.1&2, Charlie Pereira Compound, Near Raj Laxmi Building, Veera Desai Road, Andheri (W), Mumbai - 400 058. pollution, better urban environment, good public parks. As cities become larger the need for efficient public transportation takes higher priority.

Rural India's concerns overwhelmingly relate to faster growth in agricultural sector, better availability of water and electricity for agriculture. Access to agricultural loans, subsidised seeds and fertilisers and better price realisation and access to markets. They need temporary jobs in nearby cities when they are not working on the agricultural fields. Rural housing in their villages on

YOU THE CITIZENS DECIDE:

land where the titles are in their name is a growing requirement. Primary school and a health care centre in the small towns close to their village is a priority.

What was most surprising about the survey was, that issues that were considered low priorities, were emotive issues such as corruption, reservations, terrorism, and foreign policy etc. which took a back seat. More than the above, local issues such as law and order, good policing, and women safety matter more to voters. Hence most Indian common voters deeply care where ever they are, about substantive issues that relate to their every day life.

Knowing the above priorities of voters and the fact that different stages of governance has a bearing on meeting these priorities, the voters in a truly democratic nation should be given an opportunity to have a say in who governs them in their cities, towns and villages and then their state and finally the centre. For instance in cities the voters are aware that good governance of municipal corporations has big bearing on how their cities are run. City roads,

foot paths, parks, housing, fresh water, local markets and shops etc are governed by the local rules formulated by local authorities.

As far as as small town and villages, the local panchayats have been playing a more constructive role in the improvements of their living conditions. Women empowerment is taking place in these institutions. They would like to have more say in how their village schools, health centres, roads and water resources are managed. Voters would like to see more of the financial resourc-

es are earmarked for them and they have a say how the money is spent gainfully through the power of their vote. Democracy at the grass route level is achieved by having regular elections to these local institutions.

Next comes the priorities that are met by the states. Items such as law and order at lower courts and high court levels, good policing, irrigation, industry, power supply, education, inter town and village state roads, good school and college education are dealt at the state level. In a federal country the voters would like to have more subjects dealt by their own states than a distant central government. The accessibility of the local MLA to solve their problems is critical for democracy to take routes in a country.

The emotive subjects like Nationality, terrorism, foreign affairs, guarding the nations borders, may turn into hot spots as happened during the recent concluded elections. Voters are also aware efficient railways, inter state highways, river water ways, international trade and currency stability, income tax, GST etc are mainly Centre subjects that have effect on their well being. The voters are becoming aware to deal with the above subjects they need a stable Government at the centre.

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So as can be seen from above, the voter has interest in how he is governed by different persons at three different levels of governance and would like to have a say in evaluating their performance separately. Voting for all the above people at the same time makes it difficult to evaluate what each politician is offering for the next five years. It is difficult to segregate emotive issues from the basic priorities which are in normal times more important for good living. Besides if for any reason the voters are not happy of how they are governed at any level, they will able to show their displeasure for the party who has let them down at the next election. While discussing this issue we must keep in mind that USA has Presidential elections every four years and in between they have the elections for some of the Governors, Senators and Congress members.

As such it is better to offer the voter a one nation three separate elections. Our elections are held once in five years ie. 60 months. Hence after the election for the central government is held, the election for all the state governments can be held after 19 months for a month and after another wait for 19 months, the elections for all the local governments can be held. Once election processes are stream lined it will not be difficult to conduct the above 3 elections all over the country within a month.

How to ensure the parliament, each of the assemblies, the corporations and panchayats last the whole five years needs a separate article. Meanwhile you the Citizens will have to decide if the proposed one nation one election will help you have a say on how you are being governed at the national, state and local levels.

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(Contd.. from p. 7)

more and nothing less"

The Supreme Court had hardly given its order, when the then Central Minister Jayant Sinha garlanded and felicitated eight men convicted of lynching a Muslim coal trader in a case of alleged cow vigilantism; earlier Gyan Ahuja the Alwar BJP MLA justified the murder of Pehlu Khan a dairy farmer who was also beaten to death by cow vigilantes; Union Minister Mahesh Sharma identified with the family of one of the accused in the Dadri lynching case. Several other BJP leaders have been spewing venom through their hate speeches be it crying hoarse that Muslim women should be raped or that minorities are not "patriotic". All these provocative statements certainly inflame passions. The lumpen elements, the frenzied mobs (here read: often poor and unemployed youth) go doing their job with a fierce passion. This would not happen if their leaders had not goaded them on to act or provided them with 'Godse' as an icon to be emulated! All these are not aberrations, of a few 'black sheep' but a carefully orchestrated manner of the Government with the fascist ideology they espouse, in providing legitimacy to these heinouscrimes against humanity.

The regularity of the lynching cases has led to a demand for an antilynching law. There are enough provisions in the Indian Penal Code, for example, Sections 302 (murder), 304 (culpable homicide not amounting to murder) and 307 (attempt to murder), 34 (Acts done by several persons in furtherance of common intention), to tackle such incidents. These need to be implemented strongly and effectively. In September 2017, the Supreme Court had asked states to take strong measures, including appointing nodal officers at district level, to curb such instances of violence in the name of cow protection, but absolutely nothing has happened to date. In some states, the Government and the law and order mechanisms

are blatantly in connivance with the murderous mobs. Last week, Madhya Pradesh was the first state in the country to introduce a bill to deal with lynching providing stringent punishment to those who indulae in mob violence. This bill will be introduced in the monsoon session of the Assembly and will soon become law! However, merely having a new 'special anti-lynching' law will not easily quell the murderous mobs. The Central Government has to make it clear. as per the directives of the Supreme Court, that lynching and mobocracy will not be tolerated; the only way it can demonstrate their commitment to this 'zero tolerance' is to first effectively punish the 'Godses' and other murderers within its own ranks!

If the Prime Minister and the Governments serious about controlling the lynching, they should first book their ministers, their leaders and others of their ilk who through hate speeches target the minorities, the poor and the marginalized of the country. These have to be dismissed from the party immediately and appropriate police action should be taken against them. So far this has not happened; there is a complete dearth of political will to deal with mob violence. As the country celebrates the 150th birth anniversary of Mahatma Gandhi, the leaders of today, need to stop indulging in empty rhetoric and to mainstream Gandhi's doctrine of 'ahimsa.'

> *(Fr. Cedric Prakash SJ, is a human rights and peace activist/writer. Contact: cedricprakash@gmail.com)



The Banquet of Prodigal Father.... that which made all the differences!

ecently, one incident of the past made me ponder over the Father in the parable of Prodigal son. I had some misunderstanding with a friend very long back. Few days later the person came up to me

and after a brief dialogue, we were reconciled with each other. However, within a short period of time, I felt the friendship was deteriorating and there was no more cordialness in our dealings. Although the difference was evident, I could not figure out if anything was still at fault.

Days and weeks had passed. The entire episode was only a vague memory within. One day something stuck me hard. A question arouse within me - In the parable of Prodigal son, had

not the Father was so cordial in his welcoming, would the son ever had felt at home in his return? The entire event played before my mind's eye like a drama, where the son is appearing before his house with lots of apprehension and fear. He is prepared to hear the worst. Perhaps making next plans as to if not welcomed what to do, what answers to be given to the father in case he asks anything etc. And there the father is pacing up and down, unsure what must be going on in his mind. And at the end, Son appears before Dad, and the next iota

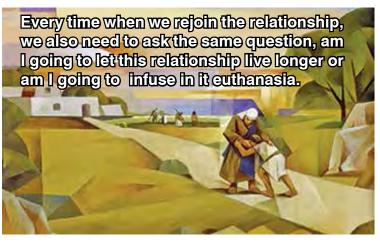
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of time son and Dad are in deep embrace. A Bollywood romantic scenetwo lovers meeting after a brief fight! No words, only action.



It clicked me. In my case, when my friend was apologetic, somewhere behind my back I held the view, she ought to be sorry for what she did. Only my words expressed sincere apology, my attitude and action did not show it enough. As a result everything started to deteriorate from that moment. Action speak louder than words! Another live incident came to my memory just then - even if our Mother gets wild with us, and in that gush of anger she would swear not to give food anymore. However, when it is time for food she would call out. There would not be any taint of what had happened few minutes earlier. That's the love of a mother - a bond of fights and reconciliations for life long. Had our reconciliations were more cordial, there would have been lesser heart breaks. In letting go, we still hold back something more. We are not able to be generous like the Prodigal Father - to throw a banquet of love, more loving and encouraging words, feeling of empathy and support, end it with a gesture of love. Had the Father given him a cold and casual welcome, perhaps the son would have remained the rest of his life with the feeling of guilt and shame. He could have felt terribly unaccepted. But the Dad took care that his son should live again. Every time when we rejoin the relationship, we also need to ask the

same question, am I going to let this relationship live longer or am I going to infuse in it euthanasia.

Not every time and every circumstance we can be the Prodigal father. But, certainly we need to be when that relationship matter us more. Things go out of hand just because we were stingy in ex-

pressing our acceptance, or making the person feel it's not your fault 'it's our fault'. How many times we sit sufficiently with the person till s/he has had the fill of banquet of love in return? Or we just serve some water to quench the instant thirst and go away quickly?

Reconciliation is complete only when we see the silver lining of smile on the face of the person or resounding of a hearty laughter. If this doesn't happen be assured, the soup is yet to be brewed. If not given care it can spill out or never get cooked well.

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2 Km from Rly Stn., Next to Church, Market and School and also Beach.

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10 THE SECULAR CITIZEN 15-21 July 2019

Priests deserve Medical Care

Priests who are serving actively in the various Archdioceses are naturally prone to fall sick like other human beings. At times the ailments are very serious and life threatening which prove fatal in some cases. They work in the Parishes far away from their homes, leaving their own families behind, and devote their entire lives in the service of the community. Today, most Priests work under severe stress for a variety of reasons - some due to non-cooperation from certain Parishioners or in other cases, due to their own making. But that is beside the point. What is important is so long as they are serving the community, they must be able to receive good and timely medical treatment. In layman's life, a sick person is fortunate enough to get the benefit of family care and timely medical atten-

There are many retired Priests in every Diocese who are either taken care of in Homes for such retirees or by the respective Orders to which they belong. The medical attention required for such ailing and infirm Priests is much more and all this obviously costs a lot of money. Some of them are so old that they cannot take care of themselves. They depend heavily on para-medical staff and volunteers. The Church must be doing all it can to make life a little more comfortable for the retirees who have given their whole lives for the community. They deserve a pleasant life post retirement like lay people.

I am not sure if the Church [Archdiocese] covers all the serving and retired Priests under a Group Medical Insurance Policy so that at least in case of hospitalization [domiciliary also in certain cases] they get the best available treatment. If such a scheme exists, it should reflect the prevailing medical costs and marked increase in life expectancy of 69 as against mere 37 years in 1947. If such a facility is not available, it is high time it is initiated. In many cases, during illness Priests have to depend on their own family members to bear the cost of treatment. Most of them come from poor background and hence it is not fair. You want them to serve in the Parish when healthy and abandon them when sick. Parents give their sons to God and it is only appropriate and natural that they are taken care of by the Church and the commu-

VIEWS on NEWS

nity they serve till they are alive. After all, a Priest is a Priest for life.

Religious Freedom in India

Of course, it would be a bit harsh to say that there is no religious freedom in India as alleged by United States Commission for International Religious freedom [USCIRF] in its report published recently. There was a sharp reaction from the BJP and understandably so. Yet the instances cited by the USCIRF are not hyped either. These have actually occurred. Though they may not be directly related to the religion, certainly they have a bearing on the community to which the victims hail from. This is equally serious and therefore many observers across the globe would be concerned. Only Americans speak aloud.

The main defence of the BJP is that such instances of lynching have happened throughout the history of this country and prefer to call them 'issues of law and order' rather than that of community or religion. This is only half truth. The trigger for the brutal assault on the 24 year old Tabrez Ansari [Jharkhand] was the alleged theft. Fine, but why make him chant "Jai Shri Ram" repeatedly. Hooligans who also thrashed him brought in the religious element in the case of a normal theft. The man is seen begging for mercy. If the religious chant was not brought in the picture then it would have been a simple law and order issue which the BJP understands but does want to accept. The Police too appeared to be biased and did not take the victim to hospital for days. They did not allow his family to meet him and finally he died. Close on the heels of this episode, there was a similar incident where a Muslim cabbie a resident of Diva was subjected to the same treatment forcing him to chant "Jai Shri Ram". As if that was not enough, a 20 year old Madrassa teacher was pushed out of a running train for refusing to chant "Jai Shri Ram". Then a young Muslim boy was subjected to the same treatment for wearing a skull cap. There must be umpteen such cases which have not come to the fore out of fright. Generally when such instances are recorded and the clips go viral on the social media that the issues are taken seriously. Other cases mostly happening



by Marshall Sequeira

in remote villages go unnoticed.

The BJP and the government must not be in denial or in ostrich mode. Actually, when those in power resort to denials, it gives a sense of 'assurance' to the culprits that nothing will happen to them. It remotely amounts to implied abetment. Truth is a small bitter pill, yet hard to swallow. When something bitter is highlighted by American agencies the BJP says they are inconsequential but when similar agencies laud PM Modi's achievements their views are widely quoted by the BJP spokespersons during debates. Of course all political parties take this stand but when concerns are raised about religious harmony [actually communal discord] it cannot be shoved under the carpet and pretend that all is well.

The NDA government is afraid to bring a separate law on lynching as it would amount to accepting that such a problem really exists - a really serious one that warrants a separate law. Modi has been issuing periodic warnings. First admit that these elements are your supporters. Then expel all BJP leaders immediately who bring disrepute to your party and government or it will send a message to the people that you actually [covertly] stand by them. 'Warnings' were okay in Modi 1.0. You are in Modi 2.0 zone. Have your forgiven Pragya Singh Thakur by the way? Now you have Aakash Vijayvargiya and those [including member of the disciplinary committee] who celebrated his release on bail. People have not forgotten the garlanding of 'lynchers' by Jayant Sinha. If you had acted then Aakash would not have been felicitated with a hero's welcome. You said you don't need such MLAs. You don't need such MPs as well, we hope. We have heard your long lectures during election campaigns. Now act in Modi 2.0. Your newly elected MLAs and MPs are on rampage, your warnings to them notwithstanding. In fact the frequency has increased sharply in Modi 2.0 regime. This is a ominous sign. Why blame the **USCIRF?**

Boost yourself with forms of motivation

Do you know that there are as many as a dozen different types of motivation? Yes, that's true! Infact, each one of these motivational types identifies a unique driving factor that can either increase or decrease a person's motivation, resulting in levels of achievement, happiness or success. It's up to you to identify the unique motivational type that'll motivate you to live the life you want. However, when taken together, different types of motivation can be used as a unifying strategy to motivate yourself as well as the others around you. Therefore, the best motivational strategy is to identify the ones that resonate with you land blend them together. To help you further, listed below are the top types of motivation and how they work.

What no one tells you when you first begin working towards your dreams is that motivation is the key to everything! Without motivation, there will be no fuel to the fire so to speak. You would have no drive to achieve everything you have ever wanted and there would be no reason to move forward!

If you're looking to achieve your goals and you need some help, learn more about how these 9 types of motivation will make it possible to reach your dreams. Don't just read it, implement and execute it.

Attitude Motivation:

A problem with our attitude, perspec-12

Importance of motivation: Motivation is the reason or set of reasons behind why a person is compelled to act a certain way. It also represents a desire or a willingness to engage or entertain a specific thought, routine, or habit. You can increase or decrease your motivation through physical and mental strategies. The best motivational strategy is to blend multiple types together, giving yourself maximum motivation. However, certain situations might call for a specific blend of motivational forces and factors. To help, check out the different times you may or may

tives, and beliefs is an issue that many of us face. It can become a problem on the way that we move throughout to the point that we begin to lose our happiness and miss out on our dreams. Attitude motivation is a kind of motivation that comes to those who intensely desire to change the way that they see the world around them and the way that they see themselves. Goals associated with self-awareness and self-change will be met with attitude motivation.

want to use different types of

motivation.

Power-Based Motivation:

Power-based motivation is a type of motivation that energizes others to seek more control, typically through the use of positions in employment or organizations. Although it may seem to be a bad thing, power-based motivation is great for those who wish to change the world around them based on their personal vision. If you're looking to make changes, power-based

motivation may just be the way to go!

Reward-Based Motivation:

Incentive motivation or reward-based motivation is a type of motivation that is utilized when you or others know that they will be a reward once a certain goal is achieved. Because there will be something to look forward to at the end of a task, people will often become more determined to see the task through so that they can receive whatever it is that has been promised. The better the reward, the stronger the motivation will be!

Fear-Based Motivation:

When you become accountable either to someone you care about or to the general public, you create a motivation for yourself that is rooted in the fear of failure. This fear helps you to carry out your vision so that you do not fail in front of those who are aware of your goal. Fear-based motivation is extremely powerful as long as the fears is strong enough to prevent you from quitting.

Achievement-Based Motivation:

Titles, positions, and roles throughout jobs and other areas of our lives are very important to us. Those who are constantly driven to acquire these positions and earn titles for themselves are typically dealing with achievement-based motivation. Those who need a boost in their professional life will find achievement-based motivation extremely helpful.

Affiliation Motivation:

People often say that it's not what we do but who we know that dictates our success. For people driven by affiliation motivation, this is most certainly true. Those who use affiliation motivation as a driving force to meet their goals thrive when they connect with

(Contd.. on p. 13)

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(Contd.. from p. 12)

others in higher power positions than them. They also thrive when those people compliment the work that they do as well as their achievements. Affiliation motivation is a great force to help you achieve your social goals and move up in the world.

Competence and learning Motivation:

Competence motivation, also known as learning motivation, is similar to achievement motivation in that people are motivated by the process itself rather than by the reward at the end. However, the difference is that people who are motivated by competence motivation are literally motivated by the act of learning as they move towards the completion of a goal or task.

For example, if you want a promotion, not because of the higher salary but because you'll learn new valuable skills, you're motivated by competence or learning motivation. This is an extremely valuable motivator and should be used in almost any motivational strategy. This is because new, relevant skills are often more valuable than even money because, unlike material things, they're assets that no one can take away from you.

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Ways jewellery can boosty our health

WE ALL LOVE jewellery and have seen our mom's and grand mom's also wear them since ever. But how many of us really know there are many scientific health benefits of these jewelry we wear? Let us find out

Jewellery is the passport to express one's individuality and taste for the finer things in life. Alright the usual diamonds, gold, pearls and solitaire are there but there is also the beautiful jewellery made of certain metals, gems and crystals that has medicinal value and beliefs attached to it. We bring you best jewellery pieces that will get you in the pink of health apart from extending their ornamental value to you.

Wearing gold:

Gold is known to have a positive influence on health, mood and self-confidence. There are a section of Indians who believe that wearing gold slows down the signs of ageing. Maybe it is one of the reason why gold facial is thought to stop ageing showing up on your face.

Maang Tikka:

Maang Tikka is worn in forehead. It is said to control the level of heat in the body. The point where it falls is believed to be the Ajna chakra, which in Sanskrit means "to know or perceive". The chakra is represented by two petals signifying the holy union of male and female on a spiritual, physical and emotional level.

Rose quartz:

Rose Quartz jewelry is known to exercise its curative powers in treating heartache. It is assumed to have a healing property that helps calm troubled mind and has been known to be associated with love.

Finger rings:

In ancient India, the scholars classified the significance of each finger that controls or is in any way connected to each part of one's body and the



brain. Considering the nerves from different fingers connecting to brain. It is the most common ornament worn by both men and women. The nerves of our body are connected to each other and metal is considered good for health. Ring finger has a nerve which is connected to heart through brain.

Bangles:

Due to the sound generated by the glass bangles, the negative energies back off, it also increase the vital energy. It is believed that the constant friction between the bangles increases the blood circulation level. Furthermore, the electromagnetic energy passing out through outer skin is again reverted to one's own body because of the ring shaped bangles, which has no ends to pass the energy outside.

Ear rings:

Ear piercing is a part of acupuncture treatment. Outer part of ears carry a lot of important acupuncture and acupressure points. The point where the ears of a baby are pierced is known to cure asthma. Earrings actually have a very beneficial function. Wearing earrings has an acupuncture effect on the body.

Anklet:

Anklets are worn on the ankles which joins it to the toe. It is usually made of silver which help to retain a woman's energy. It provides relief from joint pains and the jingling sound keeps the negative energy away.

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Thanksgiving



Thanks to Holy Family for the favours granted. I found my life-partner through RCF. Praying for more favours.

—E.P.F., Mumbai

Prayer & Thanksgiving Prayer to the Sacred Heart



Oh Lord Jesus Christ, to Your most Sacred Heart I confide this intention (your request). Only look upon me, then do what your love inspires. Let your Sacred Heart decide ... I count on You ... I trust in You ... I throw myself on your mercy. Lord Jesus, You will not fail me.

Sacred Heart of Jesus, I trust in you. Sacred Heart of Jesus, I believe in your love for me.

Sacred Heart of Jesus, Your kingdom come.

Sacred Heart of Jesus, I have asked you for many favors, but I earnestly implore this one. Take it, place it in your open Heart. When the Eternal Father looks upon it, he will see it covered with your Precious Blood. It will be no longer my prayer, but yours, Jesus. Sacred Heart of Jesus. I place all my trust in You, Let me not be disappointed. Amen.

-Remedia, Dadar

Green Peas Upma



Ingredient:

- Semolina, roasted 1 cup
- Green peas 1/4 cup
- Finely chopped onion 1
- Green chillies, finely chopped 2
- Hot water 2 cups
- Extra olive oil 1 tsp
- Mustard seeds 3/4 tsp
- Sprig Curry leaves 1
- sprig Ginger, grated 1
- · Salt to taste
- Sprigs Fresh coriander leaves 2
- Boiled peas 1/2 tsp
- Sprig Curry leaves (sauteed) 1

Method:

- Heat oil in a heavy bottomed pan add mustard seeds, let them crackle.
- Add curry leaves and grated ginger, saute till the raw aroma of ginger disappears.
- Now add finely chopped onion, saute till translucent, add green chillies, saute for 02 minutes.
- Now add the lightly roasted semolina, add the green peas, saute for 02 minutes add the hot water.
- Add the salt to taste. Stir, to prevent lump formation.
- Now cover it and cook on a very slow fame. Cook till all the water is absorbed and semolina and green peas are cooked.
- Serve hot garnished with Chopped coriander leaves or granted fresh coconut.

You Can Overcome The Pain Of Loneliness

Despite Thomas Wolfe's famous book, "The Anatomy of Loneliness", the American author also took it upon himself to express his personal thoughts on the subject. At a press interview the writer said: "The whole conviction of my life now rests upon the belief that loneliness, far from being a rare and curious phenomenon, peculiar to myself and to a few other solitary men, is

the central and inevitable fact of human existence."

It is interesting to note that the above statement was made by the author in 1941. Ever since, the world has moved on to wider avenues of knowledge and confrontation on Loneliness.

Loneliness first raised its head and grew readily out of the cupboard in America in the early 1950's. Lonely people began with the establishment of 'Lonely- Hearts' clubs, followed by 'Broken-Hearts' clubs across Europe. It also became a new idea to help people to socialize in Britain. The concept of meeting others and making friendships was well received.

More than a few hundred people of all age groups admitted that they were often lonely. It turned out there were millions like them across the globe.

Loneliness is not a delusion depending on how you look at it – it's either a very good illusion of the mind or the Beast of the coming mental apocalypse.

Who are the lonely? People who have no one to speak with; those who have no companions; the elderly, who are not included to social gatherings; those who have no one to share their thoughts or experiences with, fall into the trap of loneliness.

In the Book of Genesis (2:18) The Lord God said, "It is not good that the man should be alone..." He then created woman to be man's companion.

Can you believe it: loneliness is a hidden crisis in the world we share with billions of humanity. Many are silent on the subject and many more spend a fortune to reach out for a cure from the malady.

> Catholic scholars from Notre Dame and Harvard have taken the subject of loneliness to the upper level of thought, emotional isolation and the grey corners of fear and the environment.

According to modern health experts loneliness can have a detrimental repercussion

on the person's character and personality.

BY MELVYN BROWN

Tribal doctors in the East use muscleflexing techniques equivalent of the (Roman Emperor) Caligula making his horse a senator.

You can overcome the pain of loneliness by being amiable, talkative and very unpretentious – you may refer to your bouts of loneliness as to a game, after all the king and pawn go into the same box. That last line was from an Italian proverb.

Whenever the bug of loneliness gets to you recall the words of Charlie Chaplin: "Nothing is permanent in this wicked world – not even our troubles."

It has been said by many learned people that contrary to what folks imagine, a person can be caught in the web of loneliness, regardless of the fact that he/she has friends. This is also true. Researches are still working on the problem.

Loneliness is a growing epidemic. It is a human condition which needs us to focus consciously for positive solutions

Young people should know their priorities towards work related rituals; as for example, how to manage children, domestic problems, office related issues and other serious matters. I have met several lifestyle and wellness teachers to convince me that their theories and plans can cure the curse of loneliness. So far with no success in the field of loneliness.

I was greatly surprised and pleased to read that the United Kingdom had appointed a minister for Loneliness (2018). A British Commission discovered that millions of people in the UK were victims of loneliness. Prime Minister, Teresa May said that loneliness is "the sad reality of modern life."

Life coaches and psychologists have drawn lines on the ill effects of lone-liness on urban dwellers. They feel the malady can be cured, if not, dealt with in the early stages. They feel that a lonely person should try the following methods: take up a hobby; go out to restaurants for meals, visit clubs, pubs or sit in busy parks and malls where people are always found with friends and family.

The genesis of loneliness often lies with people who try to get over the loss of loved ones, or having lost a job, or coping with the tragedy of an accident....The British Red Cross refers to loneliness as a problem that has no age-bar.

A great many people over the age of 70 live alone with no hope of social interaction. We need to survey this problem and come up with answers both practical and plausible. You can be a happy person willing and wanting to live life and for as long as you are 'mobile' go out and about.

15-21 July 2019 TIPSECULAR CITIZEN 15

Best Marriage Tips Of All Time

Every husband and wife should memorize these! Experts share their best marriage advice

Ranging from how to have better communication (and better sex!) to how married couples should spend some time alone, these may well be the best marriage tips ever compiled.

Seriously, this should be required reading for every happily or unhappily married husband and wife, and for all future married couples.

- 1. If your goal is to have a satisfying marriage with longevity, make sure you are accountable for the part you play in the relationship — good or bad.
- 2. Research consistently shows that touching more creates a stronger bond by releasing oxytocin.
- 3. Learn how to agree to disagree.
- 4. Sometimes it's not about the amount of money you spend on a gift; it's about the thought that goes into something.
- 5. For men, it's important to understand that women want to be listened to.
- 6. The biggest waste of effort in a marriage is trying to change your

spouse, since the problems you have with your spouse are generally problems you have in your-

- 7. See problems boredom in the bedroom, lack of conversations, resentment — as symptoms and treat those symptoms just as you would treat a chronic illness that seemingly has no cure.
- 8. Next time you argue with your partner, drop the shaming, blaming, needing to be right, and really listen without interrupting.
- 9. Take responsibility in your arguments.
- 10. Fair is not a four letter word.
- 11. Nothing is more important in a marriage than the relationship between husband and wife.
- 12. Are you creating more pleasurable interactions in your marriage or are you making it painful or unpleasant for your spouse?
- 13. Never begin a sentence with the word "you."
- 14. Change your focus.

Rabbit and the dog

When I woke up my dog was laying on the back patio covered in dirt with a rabbit in his mouth. The rabbit's not bloody, just dirty. My neighbour's kids raise Humour! back home. Not more than blue ribbon rabbits. I instant-

ly knew it was one of theirs. So I took the rabbit away from my dog, rushed inside and washed all the dirt off it before my neighbours could come home. It was stiff but I heard some animals play dead when they are afraid but I couldn't remember which ones. I took it and placed it back in one of the cages in their back yard then I zoomed

30 minutes later I hear my neighbours screaming so I go out and ask them what's wrong? They tell me their rabbit dies three days ago and they buried it but now it's back in the cage.

Here's what to do when you lose your RC book?

If you own a vehicle, you will know how important an RC book or smart card is. In India, it's mandatory to have a copy with you while you are driving. An RC or Registered Certificate copy os a document which proves that your vehicle has been duly registered with the RTO authorities. Knowing its importance, it is imperative that you are aware of what to do, if you lose your original smart card. Here's what you need to do

- First of all, you need to register a police complaint at the nearest police station giving details about where you lost the RC card.
- The police will then issue a challan saying 'RC card lost.'
- Download, print and fill Form 26 from the RTO official website.
- If you took the vehicle on loan, you need to get the signature of the financier on Form 26. This will be in duplicate.
- In case the vehicle has been bought with a loan, you may also need to obtain a No Objection Certificate (NOC) from the lending bank, mentioning that they have no issue with the RTO giving you a duplicate RC card.
- A triplicate copy of the form should have the endorsement of the authority that registered your vehicle.
- · Get a photocopy of the motor insurance paper, driving license and emission test paper.
- · Submit the documents to the registering authority.
- Pay the fees for the duplicate smart card.
- · Take the file along with the cash receipt too.
- · Submit the file at the counter where the files are collected and obtain an acknowledgement.
- The acknowledgement will mention the date by which you can expert your documents. Keep this handy. You will receive your RC card by post at the postal address mentioned on the form.

Inspiration!

be warned, it's addictive and you can lose serious amounts of money without realising it. Poker is a game of skill as well as luck and money can be made if you're good enough.

Affordable hobbies to enrich your life

WE ALL NEED a hobby. It's what that gets us out of the house and whether it is stamp collecting or paragliding, everyone loves to escape from the humdrum of work let the mind escape into something they love. Having a hobby is not just a way to pass the time; it can also improve the quality of your life. We have compiled a list of affordable hobbies

Think you have to spend money to have a hobby? Think again. Living on a really tight budget because you want to get out of debt or retire early doesn't have to mean sitting in a dark room doing nothing. It just means swapping expensive hobbies and pastimes for cheap or free ones. Even better, you might find a few that pay you to do them.

Intellectual hobbies:

Reading: The king of frugal hobbies. Reading can educate you about the world or grip you with an amazing tale. You probably have a library near you that is full of good books available for free. From literature to biographies, poetry to blogs there is something for everyone.

Writing: Humans have occupied themselves by writing since 3200 BC - you only need a computer or a pen and paper and you're away. Whether you like writing angry letters to the editor or want to work on writing a novel, you're not going to spend much money in the process (unless you quit your job to work on writing full time - not a frugal move).

Drawing: Painting, sketching, doodling or being creative with a pencil. Drawing is one of the cheapest ways to pass the time.

Learn a language: There are heaps of wonderful free resources available online to help you learn a language.

You can listen to podcasts on the way to work or work through a structured course. Soon enough you'll be speaking French, German, Japanese or a new language.

Outdoor hobbies

Fishing: It's a cheap, fun and a great way to pass the day with your friends.

Guerrila gardening: Think gardening can't be an extreme sport? It can't get your heart pumping? You're probably right - but guerrilla gardening is still pretty cool. The idea is to plant vegetables in public spaces in your community so that people can see how easy and fun it is to become less reliant on the supermarket.

Bush walking: Hiking, mountaineering or exploring the natural environment near you.

Camping: Get a group of like-minded people together and set off to a beautiful beach, an isolated lake or a native forest. Fun will be had, guaranteed.

Online hobbies

Keep abreast of news and current affairs: The world is bigger than your city or country. Find out about what's going on in Egypt or Syria, or learn about the political candidates in your election so you can make a better choice. The BBC is a good place to start.

Web design: A great way to make some money on the side if you can make attractive websites or have the patience to learn how this hobby can make you decent pocket money. If you're really successful there isn't any reason why you couldn't make it a full time job. It's something you can do from anywhere and is always in demand.

Play online poker: You can play for free at most of the big sites. However,

Become a Wikipedia editor: Help one of the most amazing internet resources stay awesome.

Watch documentaries: Expand your horizons. There are lakhs of documentaries on YouTube alone. If you like the odd things in life, check out Vice's documentary channel.

Learn how to program: Learning how to program efficiently can be fun but also a valuable and marketable skill. If you're already good, check out job search websites for freelancing to make some money on the side.

Exercising hobbies

Running: If reading is the best cheap intellectual pastime then running is the exercise equivalent. You can do it alomost anywhere and you only need decent footwear.

Cycling: If you're have a cycle then you can use it it get fit as well as to get around. Don't make the mistake of thinking you need a ridiculously expensive bike to exercise on - you don't.

Surfing: If you're near the ocean try to buy a cheap second hand board. According to those that do it, it's hilariously fun. the board won't cost you much and should last you many years. Like cycling, try not to fall into the upgrading trap - you don't need a new wet suit every season or a new board just because you're sick of yor old one.

WHY HOBBIES ARE VITAL?

Having a hobby that we enjoy brings us joy and enriches our lives. It gives us something fun to do during our leisure time and affords us the opportunity to learn new skills. We are very fortunate to have to many different options out there today. In fact, there are entire websites devoted to hobbies and interests. Hobbies play vital role in development.

What is the difference between 'wife' and a 'Girlfriend?'

Wife is like TV and Girlfriend is like a mobile. At home you watch TV but when you go out, you take your mobile with you. Sometimes, you enjoy TV but most of the time you play with your mobile. TV is (as good as) free of life but for the mobile, if you don't pay 'pay', the services will be 'terminated'. TV is big, bulky and, most of the time, old. But the mobile is cute, slim, curvy, replaceable and portable. But mobiles can be easily hacked or stolen. So stick to TV only. Issued in public interest.

Him : Can I get you a drink?

Her: I have a boyfriend.

Him: Can I get drinks for both of you?

Her : But why?

Him: Main yaha ka waiter hu

behen!

from right to left

A disappointed salesman of Cola returns from his Middle East assignment. A friend asked, "Why weren't you successful with the Arabs?" The salesman explained, "When I got posted in the Middle East, I was very confident that I will make a good sales pitch as Cola is virtually unknown there, But, I had a problem I didn't know to speak Arabic. So, I planned to convey the message through 3 posters... First poster, a man crawling through thr hot desert sand.... totally exhausted and



panting. Second, the man is drinking our Cola and Third, our man is now totally refreshed. Then these posters were pasted all over the place." "That should have worked," said the friend. The salesman replied, "Well, not only did I not speak Arabic, I also didn't realise that Arabs read from right to left..."

Before marriage:

- Boyfriend: Yes, at last. It was so hard to wait.
- Girlfriend : Do you want me to leave?
- Boyfriend : No! Don't even think about it.
- •Girlfriend : Do you love me?
- Boyfriend : Of course! Over and over.
- Girlfriend : Have you ever cheated on me?
- Boyfriend : No! Why are you even asking?
- Girlfriend : Will you kiss me?
- Boyfriend : Every chance I get?
- Girlfriend : Will you hit me?
- Boyfriend : Are you crazy! I'm not that kind of person!
- Girlfriend : Can I trust you?
- Boyfriend : Yes.
- Girlfriend : Darling!

After marriage: Simply read from Bottom to Top. It sounds really interesting.

First wash clean

Little Johnny : Lalaji do you have Dettol soap in your shop?

Lalaji : Yes

Little Johnny: It is a good one? Lalaji: Yes, its awesome quality?

Little Johnny: Okay, will you wash your hands and get me 1 kg of flour please.

Funny one liners to make your day

- For maximum attention, nothing beats a good mistake.
- Whatever you do always give 100 percent. Unless you are donating blood.
- My wife told me to go out and get something that makes her look gorgeous.... so I got drunk.
- My wallet is like onion, opening it makes me cry.
- Two wrongs don't make a right, take your parents as an example.
- A clean house is the sign of no internet.
- As long as there are tests. There will be prayers in schools.

Gift for honesty

The wife checked her husband's phone and found these names:

- The tender one
- The amazing one
- Lady of my dreams

She got angry and called the first number to find out that was his Mother. Then she called the second number on which his Sister replied. When she dialed the third number, her own phone rang! She cried until her eyes got swollen because she had doubted, so she gave him her whole month's salary to make up for it... Husband took the money and bought a gift for his girlfriend whose name was saved as "Ghafoor Bhai mechanic"

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6939. MANGALORE: Mangalorean Roman Catholic Bachelor, (Born in February 1989), Ht. 6' 1", Wt. 70 kgs, Wheatish Complexion, Edn. B.Tech / MS (US) working in US as Consultant. Contact email:

ritadsouza800@yahoo.com

6938. MUMBAI: Goan Roman Catholic Bachelor, (Born in January 1989), Ht. 5' 9", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., well settled. Contact email:

yohancharry03@gmail.com

6924. MUMBAI: Mumbai born and broughtup Roman Catholic Keralite Bachelor, (Born in September 1984), Ht. 5' 9", Wt.72 kgs, Fair Complexion, Edn. M.Sc. (I.T.), working as a Sr. Software Engineer in Foreign Bank. Contact email:

dianamanuel320@gmail.com

6923. PUNE: Mangalorean Roman Catholic Divorcee, (Born in April 1963), Ht. 5' 5", Wt. 62 kgs, Wheatish Complexion, Edn.High School + 3 years Full term apprectice, working as a Machinist CNC Operator in reputed organisation. Contact email:

mathiaswilliam04@gmail.com

6918. MUMBAI: Mangalorean Roman Catholic Widow, (Born in November 1953), Ht. 5' 6", Wt. 58 kgs, Wheatish Complexion, Edn.D.P.E., Well settled. Contact email:

louisn23@hotmail.com

6917. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn.B.E. MBA, working as an Engineer. Contact email: delphinempinto@gmail.com

6916. MUMBAI: Mangalorean Ro-

7034. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 11", Wt. 80 kgs, Fair Complexion, Edn. M.C.A., Software Engineer, working as an Asst. Manager IT Company, Contact email: vivian1548@gmail.com

man Catholic Bachelor, (Born in October 1986), Ht. 5' 10", Wt. 84 kgs, Fair Complexion, Edn.B.E.Mechanic, working as an Engineer in the Oil Industry. working as an Engineer in Major MNC Company. Contact email: treasa542000@gmail.com

6914. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in March 1985), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn.T.Y. B.Com., working as a Chef. Contact email:

stanleycoelho@ymail.com

6885. USA: Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. B.E. (I.T.), working as a Software Consultant. Contact Email: jane 3105@yahoo.co.in

6896. MUMBAI: Goan Roman Catholic Bachelor, (Born in March 1982), Ht. 5' 11", Wt. 75 kgs, Wheatish Complexion, Edn. B.E. Electronics, Master in Information Management, working as a Finance Professional. Contact email: clyde25@gmail.com

6895. HONAVAR: Roman Catholic Bachelor, (Born in August 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. 5th Std., having own property business. Contact email:

rosiehorta77@gmail.com Mob: 7977361995

6893. MANGALORE: Mangalorean Roman Catholic Widower, (Born in January 1967), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate, working in Automotive Sector. Contact email: dan_3627@yahoo.ce

6875. KUWAIT: Mangalorean Roman Catholic Bachelor, (Born in January 1985), Ht. 5' 7", Wt. 62 kgs, Very fair Complexion, Edn.ITI, working as a Sales representative. Contact email: roshan2421@gmail.com

6874. MANGALORE: Mangalorean Roman Catholic Bachelor, (Born in May 1984), Ht. 5' 11", Wheatsih Complexion, Edn. PGDMA., working as an Account Manager. Contact email: eltonjds@gmail.com

6867. PUNE: Goan Roman Catholic Bachelor, (Born in April 1984), Ht. 5' 4", Wt. 70 kgs, Wheatsih Complexion, Edn.MBA Finance, working For Bank.

Contact email:

adrian.aries@gmail.com

6865. MUMBAI: East Indian Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn.B.Sc., working as a Senior Risk Operations Analyst in Finance Company. Contact email: ryberg07@hotmail.com

6864. DUBAI: Mangalorean Roman Catholic Divorcee, (Born in December 1963), Ht. 5' 6", Wt. 75 kgs, Wheatsih Complexion, Edn.Non SSC. working as a Driver in Well known Company. Well settled. Contact 971-50-3564608 6863. MUMBAI: Mangalorean RC Bachelor, (Born in June 1986), Ht. 6', Wt. 54 kgs, Wheatish Complexion, Edn.B.Com., working as a C.S.R. Contact email: canute86@gmail.com 6857. AUSTRALIA: Mumbai born and broughtup Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 10", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., IHM., Working as a Store Associate in Australia and is a permanent resident. Contact email: simonsigo31@gmail.com

6852. MUMBAI: East Indian RC Bachelor, (Born in August 1983), Ht. 5'8", Well built, Wheatish Complexion, Edn. Bachelors in Hospitality and Tourism Management. Working as a Chef Head Chef in **DUBAI**. Contact email: joslyn.gomes@gmail.com

6845. MUMBAI: Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. B.Sc., working as a Internet Manager. Contact email: dsilvaahimsa@gmail.com

6830. BAHRAIN: Goan RC Bachelor, (Born in February 1988), Ht. 5' 11", Wt. 97 kgs, Wheatish Complexion, Edn. MBA, Marketing Professional in Public Sector. Contact email: rolsonvaz@gmail.com

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7068. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in June 1983), Ht. 5' 5", Wt. 58 kgs, Wheatish Complexion, Edn. HSC, working as a Customer Service. Contact email: cynthiadalmeida83@gmail.com

7061. MUMBAI: East Indian Roman Catholic Bachelor, (Born in July 1989), Ht. 5' 11", Wt. 90 kgs, Wheatish Complexion, Edn. 12th, working for Central Railway Mec. Ftr II, Contact email: pkevindsouza@gmail.com

7052. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in June 1977), Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. B.A., Retail Management, working as a General Manager. Contact email: albert.pinto2006@gmail.com

7047. MUMBAI: Goan Roman Catholic Bachaelor, (Born in November 1982), Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., C.S. in Process, having family business. Contact email: mail.soj@gmail.com 7045. CANADA: Mangaloren Roman Catholic Divorcee, (Born in September 1985), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn.B.Sc., Hotel Management, having permanent Resident. Contact email:

bmathias88@gmail.com

7041. MUMBAI: Goan Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. 10th Std., working as a Plant Operater. Contact email: ronnydsouza075@gmail.com

7040. MUMBAI: Goan Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. B.C.A., MBA Pursuing, working as a GIS Analyst in MNC. Contact email: ronaldpereira1210@gmail.com 7039. MUMBAI: Goan Roman Catholic Bachelor, Handicap - slight Scoliosis - taking treatment, spine

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For Tel. Nos. Please contact:

+91- 9820473103 / 9820485389 or Email: royalchristianfamily@gmail.com slightly curved. (Born in September 1976), Ht. 5' 4", Wt. 45 kgs, Wheatish Complexion, Edn. B.A. Computer Prog. / Hair Designer, Having own business. Contact email:

reginarodrigues634@gmail.com

7032. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in November 1977), Ht. 5' 6", Wt. 72 kgs, Fair Complexion, Edn. Degree in Electronics and Telecommunications, working as Telecom Engineer. Contact email: franky54@rediffmail.com

7031. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in September 1985), Ht. 5' 7", Wt. 60 kgs, Wheatish Complexion, Edn. Undergraduate, IT Software, works at TCS. Contact email: josephavild@yahoo.co.in

7028. ABUDHABI: Mangalorean Roman Catholic Bachelor, (Born in September 1985), Ht. 5' 6", Wt. 65 kgs, Wheatish Complexion, Edn. Diploma in Mechancial Engineer, working as a Stores Officer in Shipping Company. Contact email: pjmpraveen@gmail.com

7011. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in September 1983), Ht. 6', Wt. 75 kgs, Wheatish Complexion, Edn. MBA Electronics and Finance, working as Research Electronics. Contact email: canute.serrao@gmail.com

6994. AUSTRALIA: Mangalorean Roman Catholic divorcee, (Born in April 1959), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. Dip. ITI Course, working as a Technician. Contact email: ninearies21@gmail.com 6993. MUSCAT: Mangalorean Roman Catholic Bachelor, (Born in May 1982), Ht. 5' 8", Fair Complexion, Edn. B.Com., Dip. in Financial Management, Working as an Accountant. Contact email:

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sandeepfernandes2002@hotmail.com

6991. MANGALORE: Mangalorean Roman Catholic Bachelor, (Born in July 1984), Ht. 170 cms, Wt. 65 kgs, Wheatish Complexion, Edn. Engineering, working as a Electrician Contracter. Contact email:

priya.tellis5@gmail.com

6986. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in March 1990), Ht. 160 cms, Wt. 66 kgs, Wheatish Complexion, Edn. Graduate, working for MNC. Contact email:alwyn90lewis@yahoo.com

6948. MUMBAI: Goan Roman Catholic bachelor, (Born in July 1987), Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., working a HR. Contact email: adleyds@gmail.com 6941. MANGALORE: Mangalorean Roman Catholic Divorcee, (Born in November 1985), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.E., working as IT/Software Developer. Contact email:

rickson.philip@gmail.com

6940. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in November 1984), Ht. 5' 5", Wt. 73 kgs, Wheatish Complexion, Edn. SSC, working in MAURITIUS a Screen Printing Machine Operator in Textile Company. Contact email: ryanfernandes84@gmail.com OR 9819353213

6829. AUSTRALIA: Mangalorean Roman Catholic Divorcee, (Born in March 1978), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support. Contact email: arthur.fernandes@live.com

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6821. UAE: Mangalorean Roman Catholic Spinster, (Born in May 1992), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. M.Sc., in Zoology from Mumabi, working as a Content Writer at Academic Publication.

Contact email:

clevan2006@rediffmail.com

6820. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in July 1992), Ht. 5' 4", Wt. 75 kgs, Fair Complexion, Edn. PG in Finance & Banking, working as Bank Manager. Contact email:

dyola7792@gmail.com

6819. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in February 1989), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. Undergraduate, working as a dispatch Manager. Contact email:

sylvia.godinho8@rediffmail.com

6816. MUMBAI: Mangalorean Roman Catholic Divorcee, church marriage annuled, (Born in June 1980), Ht. 5' 1", Wt. 67 kgs, Wheatish Complexion, Edn. T.Y. B.Com., working. Contact email:

marianike04@gmail.com

6814. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in February 1992), Ht. 5' 3¹/₂", Wt. 47 kgs, Fair Complexion, Edn. M.Com., NET, SET doing Phd., Lecturer by profession. Contact email:

albanpereira1991@yahoo.com

6812. MUMBAI: East Indian Roman Catholic Spinster, (Born in November 1980), Ht. 5' 3", Wt. 48 kgs, Fair Complexion, Edn. M.Com., LLB., Advocate by profession. Contact email: marthajd25@gmail.com

6811. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in October 1991), Ht. 5' 3", Wheatish Complexion, Edn. B.Com., working as a Freelance Content Creator.

Contact email:

dcostavalentina@gmail.com

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6810. MUMBAI: Mangalorean RC Spinster, (Born in February 1990), Ht. 5' 4", Wheatish Complexion, M.P.T. (Master in Physiotherapy) working in Mumbai, planning to settle down in Canada, seeks alliance from well settled, qualified Mangalorean RC bachelor with good family background and Christian values. Contact No. 9967119891

6809. BAHRAIN: Mangalorean Roman Catholic Spinster, (Born in May 1983), Ht. 5' 8", Wt. 62 kgs, Wheatish Complexion, Edn. B.Com., Computer, working as a Customer Serivce in Foreign Bank. Contact email:

saldanhairene@hotmail.com

6808. USA: Mangalorean Roman Catholic Spinster, (Born in August 1984), Ht. 5' 4", Fair Complexion, Edn. B.E., M.S. (USA), working as an Engineer in USA. Contact email: 1954.tulips@gmail.com

6807. U.S.A.: Mangalorean Roman Catholic Spinster, (Born in January 1988), Ht. 5' 6", Wt. 54 kgs, Wheatish Complexion, Edn. B.E. Computer Engineering, working as a Software Engineer in California. Prefered somone working in U.S.A. Contact email: celinefrancisdcunha@gmail.com

6806. MANGALORE: Mangalorean Roman Catholic Divocee, (Born in March 1984), Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. M.Sc. Nurse by profession. Contact email:

lailasweety143@gmail.com

6804. COIMBATORE: Anglo Indian Roman Catholic Spinster, (Born in October 1983), Ht. 5', Wt. 68 kgs, Wheatish Complexion, Edn. B.Sc IT, MIB, MBA., working as an Export backend operations and customer support operations. Contact email: patricia melisa@yahoo.co.in

6802. MUMBAI: Goan Roman Catholic Widow, (Born in September 1986), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. B.A., working as a Audi-

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lemosmarina0@gmail.com

6801. MUMBAI: East Indian Roman Catholic Spinster, (Born in July 1991), Ht. 5' 2", Wt. 48 kgs, Wheatish Complexion, Edn. M.Sc., Working. Contact email:

monicathrt@gmail.com

6897. UAE: Mangalorean Roman Catholic spinster, (Born in October 1989), Ht. 5' 4", Wt. 55 kgs, Fair Complexion, Edn. MBA, working as a HR Executive. Contact email:

edwarddcosta56@gmail.com

6894. MANGALORE: Mangalorean Roman Catholic spinster, (Born in February 1989), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. M.Sc., Medical Pharmacy, working as a Research Scientist. Contact email:

menezesmangalore@gmail.com

7060. MUMBAI: East Indian Roman Catholic Spinster, (Born in February 1983), Ht. 5' 4", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., Diploma in Finance from NMIMS, Diploma in B, Self employed. Contact email: vianneyde2k@yahoo.com

6881. MUMBAI: Goan Roman Catholic Spinster, (Born in September 1990), Ht. 5' 5", Wt. 64 kgs, Fair Complexion, Edn. MDS in Endodontics, working, Seek alliance from well settled RC Bachelor upto 30 yrs. Kindly reply with full details & Photograph to email: virgo14 1990@hotmail.com

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7067. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in October 1994), Ht. 5' 4", Wt. 54 kgs, Fair Complexion, Edn. Chartered Accountant, working for Finance Department in MNC. Contact email: wpm999@gmail.com

7057. MUMBAI: Goan Roman Catholic Spinster, (Born in December 1993), Ht. 5' 1", Wheatish Complexion, Edn. Masters, working as a Design Thinker. Contact email: louelladsouza10@gmail.com

7056. MUMBAI: Goan Roman Catholic Spinster, (Born in December 1988), Ht. 4' 11", Wt. 51 kgs, Wheatish Complexion, Edn. MBA in HR, working HR Field. Contact email: nancyfernandes9@gmail.com

7046. MUMBAI: East Indian Roman Catholic Spinster, (Born in October 1986), Ht. 5' 5", Wt. 54 kgs, Fair Complexion, Edn. B.Com., / 7 Level German, working as Sr. Associate German a/cs. in Multinational Bank. Contact email:

fernweh.stan@gmail.com

7042. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in September 1992), Ht. 5' 2", Wt. 57 kgs, Fair Complexion, Edn. B.Com., working. Contact email:

cute reema3@yahoo.co.in

7038. MUMBAI: Gujarati Roman Catholic Spinster, (Born in March 1976), Ht. 5' 2", Wt. 52 kgs, Wheatish Complexion, Edn. B.A., working as a Senior Clerk. Contact email:

sunitamacwan72@gmail.com

7037. MUMBAI: Gujarati Roman Catholic Spinster, (Born in June 1979), Ht. 5' 3", Wt. 63 kgs, Fair Complexion, Edn. T.Y.B.A., Mumbai University, working as a Frant Office.

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7066. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in June 1987), Ht. 5' 4", Wt. 78 kgs, Fair Complexion, Edn. B.E., (EXTC) M.S. (International Business Management), working as a Consulting Manager. Contact email:

l2018anselm@yahoo.com

Contact email:

lisamacwan3@gmail.com

7036. USA: Goan Roman Catholic Spinster, (Born in December 1991), Ht. 5' 3", Wt. 56 kgs, Wheatish Complexion, Edn. B.E. (E & T/C), M.S. (Tech. & Mgt.), working as a Strategic Consultant. Contact email:

veronicadsouza27@gmail.com

7035. MUMBAI: Goan Roman Catholic Spinster, (Born in October 1988), Ht. 5' 1", Wt. 80 kgs, Wheatish Complexion, Edn. B.A., Post Graduation Diploma in Tourism, Working as a Manager. Contact email:

louizad2002@yahoo.com

7033. U.S.A.: Mangalorean Roman Catholic Spinster, (Born in September 1991), Ht. 5' 2", Wt. 62 kgs, Fair Complexion, Edn. M.Tech USA., working as a Business Developer. Contact email: vio.ban65@gmail.com

7030. JAIPUR: Roman Catholic Spinster, (Born in November 1987), Ht. 5' 3", Wt. 85 kgs, Wheatish Complexion, Edn. M.A. in English & B.Ed., Teacher by profession. Contact email:

jennifer27nov@gmail.com

7022. MUMBAI: Goan RC Spinster, (Born in January 1993), Ht. 5' 2", Wt. 50 kgs, Fair Complexion, Edn. B.Sc., IT., working as a Manager. Contact email: doran.costa@gmail.com

7016. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in November 1989), Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. B.Com., IATA, working as a Asst. Manager in Airlines. Contact email: vinita.dsouza89@gmail.com

7003. MUMBAI: Tamilian Roman Catholic Spinster, (Born in May 1991), Ht. 5' 1", Wt.47 kgs, Fair Complexion, Edn. B.Sc., IT, working as a Software Engineer. Contact email:

annette.anthony10@yahoo.in OR 9967681810

7002. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in December 1987), Ht. 5' 3", Wt.60 kgs, Wheatish Complexion, Edn. Masters in Management Studies, working as a Administration Professional. Contact email: kaazar2019@gmail.com

7001. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in Au-

gust 1994), Ht. 5' 4", Wt.48 kgs, Fair Complexion, Edn. B.A., working as a **AIR HOSTESS** Lead Cabin Attendant. Contact email:

stephen@thesocialstreet.asia

7000. USA: Goan Roman Catholic Spinster, (Born in January 1993), Ht. 5' 5", Wt. 55 kgs, Fair Complexion, Edn. Masters in Information system, working as a Business Analyst. Contact email: joe_dots@hotmail.com

6995. NEWDELHI: Goan Roman Catholic Spinster, (Born in March 1992), Ht. 5' 3", Wt.58 kgs, Wheatish Complexion, Edn. MBA, Real Estate Professional. Contact email:

tanya2gomes@gmail.com

6990. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in October 1981), Ht. 5' 7", Wt.70 kgs, Wheatish Complexion, Edn. F.Y. B.Com., Completed Aviation Course & holds knowledge of French Language and computer course. Contact email: evane martis@yahoo.co.in

6989. MUMBAI: Smart, good looking Spinster, (Born in February 1989), Ht. 5' 6", Wt.72 kgs, Fair Complexion, Edn. B.Com., working as a Sr. Specialist. Looking for God Fearing boy from Catholic family, Settled in Mumbai. Contact email: khanhi@willis.com

6983. MUMBAI: East Indian Roman Catholic Spinster, (Born in December 1991), Ht. 160 cms, Wt.52 kgs, Wheatish Complexion, Edn. Educated, working. Contact email: joaquimbalbina17@gmail.com

6978. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in June 1989), Ht. 162 cms, Wt.50 kgs, Wheatish Complexion, Edn. Undergraduate, Tailoring. Contact email: sd450199@gmail.com

6974. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in March 1992), Ht. 5' 2", Wt. 51 kgs, Wheatish Complexion, Edn. B.E. working as a Technical Manager. Contact email: steffie.xavier@gmail.com

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Education systems across the world

CHILDREN IN THE Netherland are said to be among the happiest - they also excel in math, science and literacy

With so many different kinds of schools in the country, it is extremely difficult to pick one that best suits the needs of your child. As a parent, we remember doing thorough research before picking three top choices for our older child. In this article, we look at some of the policies that schools in other countries follow, which can very well be replicated in India.

South Korea:

One of the main focuses in South Korea is the primary education system - a solid foundation that stays with

individual through the rest of their academic life. For this, students attend school seven days a week. Not only are teachers in South Korea highly qualified but they are also paid good salaries. Being an educator in this country is an important job. Takeaway: Build a strong foundation in children and pay educators well.

Finland:

Children in Finland do not start attending formal school until the age of seven. By law, after every 45 minutes of instruction, teachers must give a 15-minute break. With no homework or standardised testing until high school, the system has been praised by academics world over. Moreover, teachers are revered and have a high barrier to enter the profession. At the same time, they have the flexibility to plan lessons as they deem fit and receive feedback at the end of the sessions, that helps them improve.



One of the key policies in this country is to provide a college

education for free. Notably, this is not limited to bachelor's degrees but includes a master's degree as well as doctoral programmes. This relieves parents and students from taking on large loans for education. Takeaway: Delaying the age of entry into school,

opportunity to be trained in a company or occupation for 2-4 years. Alternatively, they could proceed with secondary school. Takeaway: A flexible education system makes learning accessible to all.

The Netherlands:

Children in the Netherlands are said yo be among the happiest - they also excel in math, science and literacy. The education system also considers the metal well being of the child. Until the age of 10, students receive a negligible amount of homework and in most cases, no homework at all. Takeaway: This allows them to spend their time outdoors after school, rather than be bogged down by home-

> Interestingly, this system does not advocate competition among the students and they are seldom graded against each other. Rather than rote-learning, students are encouraged to learn by experience. The teaching approach uses hands - on methods to achieve an understanding of the subjects.

While each country has its own system to import education, it is ideal to borrow from others for a solid foundation for tomorrow's leaders. These

are some examples that India could consider borrowing from.



coupled with making higher education accessible is a win-win.

Switzerland:

From a young age, children are encouraged to make their own decisions: they can paint, draw or even pick a musical instrument from as early as three. Another fascinating aspect is the apprenticeship programme, where students can choose to take up an apprenticeship after elementary school. This gives them the

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