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1

# THE SECULAR CITIZEN

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Mumbai, 3 - 9 September, 2018



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A NATIONAL FAMILY WEEKLY



DUBLIN, IRELAND

## WORLD MEETING of FAMILIES

21-26, AUGUST 2018

*Celebrate The Family*



Pope Francis, World Meeting of Families



# AICU Biennial Elections and Awards

The 99-year-old AICU is one of the biggest Lay Catholic organisations in the world held its Annual General Body Meeting, Biennial Elections and Awards in Velankani on August 18 and 19, 2018.

In biennial elections held at the annual general body meeting on Aug. 19, Mangalore's Lancy da Cunha was unanimously elected National President for a second term till 2020. The current national vice president, Elias Vaz of Goa was also re-elected for a second term.

For the State of Maharashtra Don Aguiar was unanimously elected President.

Mr. Don Aguiar also received the Rashmi Menezes Award from the Bishop of Kumbakonam for Articles to VJ (the AICU in house magazine) as well as to other magazines, publications and to AICU website.

The Bombay Catholic Sabha (BCS) also received the Michael Francis Biswas Award 2016-2018 from the Bishop of Kumbakonam for God & Ceaser.

Hearty CONGRATULATIONS to Mr Don Aguiar and the BCS.



Newly elected Maharashtra State President Don Aguiar receiving award



## Prayer to **St. Expedite** for solving a financial crisis



I call forth the Power and the presence of **St. Expedite** in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) \_\_\_\_\_

My financial need is urgent. Be my Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God.

Amen. (Promise Publication)

—**J. A. D'Souza Borivali**

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## 'Thought for the week'

*A Beautiful appearance will last a few decades, but a beautiful personality will last a lifetime.*

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**Cover :** Celebrate the family:

(Article on pg.6)

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## Is Humanity Already Dead? – Please Ponder!!!!

By Don Aguiar

**T**he onslaught of monsoon rains and floods since August 8 has brought the state to its knees, in what is regarded as the worst floods since 1924 and dealt a severe blow to the scenic state, wrecking its tourism industry, destroying standing crops in thousands of hectares and inflicting huge damage to infrastructure as rivers and dam reservoirs are overflowing, inundating a large part of the southern state.

The weather office warned of heavier "red" category rains in 11 districts on Saturday August 11, as tens of thousands of people were still stranded on the rooftops without food, drinking water and electricity. Rescue workers have yet to reach many flooded areas, some too narrow for boats to navigate.

The relentless rains, floods and landslides since August 8 have claimed the lives of at least 394 people in southern India's Kerala state, and the figure is expected to rise as rains continue. Over 314,000 people have been moved to nearly 2,100 relief camps across the state. The Indian government has deployed thousands of soldiers and dozens of helicopters to rescue people marooned by the worst floods since 1924 in Kerala.

Rainfall in the state during the June-September monsoon season has been more than 40 percent higher than normal, with torrential rains since August 8 forcing authorities to release water from dozens of dangerously full dams, sending surges into rivers that then overflowed their banks.

As per reports, in one week (August 8-15), Kerala received more than 3.5 times its normal rainfall. The rainfall in six out of the state's 14 districts was more than 10 times the normal on Thursday. That day, Idukki, one of the worst-hit districts, was battered with 266mm of rain, more than 13 times the normal for the day.

About 22,000 people were reported rescued on Sunday August 19, after monsoon rains finally eased. No red alert was issued for any of Kerala's rain-ravaged 14 districts. With a lull in the rains and no heavy downpours forecast in the next 5 days, morale has surged in southern India's Kerala state, boosting the ongoing relief, rescue and clean-up operations.

Hindustan Times reported Vijayan as saying as rescuers, volunteers, relief supplies and financial donations keep pouring in from various states, organizations and individuals, including from abroad, the path to recovery and rehabilitation can be long and arduous.

(Contd.. on p. 4)

(Contd.. from p. 3)

According to the union minister for tourism, KJ Alphons, who is from Kerala, what the state urgently needs now is technical assistance to re-start life. "There'll be no electricity in homes. Carpentry, plumbing would be gone. We need hundreds of thousands of electricians, plumbers, carpenters... We don't need clothes/food. People with technical capabilities are required to put life back into Kerala," ANI quoted Alphons as saying.

**While the country is struggling to help the deluge-hit victims out of the crisis, some hate-mongers on Twitter chose to blame women, beef, yes you read that right... women and beef... along with Communism and Muslims and Christians, for the floods.**

Recently appointed to the Board of Directors of the Reserve Bank of India by the Centre, Gurumurthy faced flak for writing on Twitter that the Supreme Court's decision to allow women entry into the Sabarimala temple had caused the floods because Lord Ayyappa might have been angered by the judgement.

**What primarily caused the floods that wreaked havoc?** Not women or beef, but... incessant rain. Environmentalists also believe that Impact of deforestation in Western Ghats, with careless human activities like illegal quarrying, illegal occupation of forest lands, sand mining from rivers, the filling of paddy fields resulting in landslides in hilly regions, the rivers flooding since there is no sand in its bed and the river-sides having illegal constructions **point to the poor policy decisions by the ignorant and arrogant political opportunists that intensified the tragedy.**

Not that that stopped anyone from bringing the odious beef issue into the mix.

Krish Subramanian, for example, had the ultimate solution. Kerala's Hindus must stop eating beef, apparently, and this will presumably avert all natural disasters.

Roop Darak wrote: The question is should we help BEEF EATERS of Kerala who slaughter cows which we pray?

Then of course, how can we forget to be bigots at the time of crisis and not blame Muslims and Christians for the deluge?

**If you can believe it, in the initial days of the flood,** we saw messages from random North Indian sanghis asking people not to donate to the CM's disaster relief fund and were actually asking others to either not donate to Kerala because the state has a large population of Christians and Muslims, or they were asking others to donate to organisations that will exclusively help Hindus.

The alarming reach of that voice clip by BJP social media co-ordinator Suresh Kochattil asking people not to donate to the CM's disaster relief fund as all the affected are "rich" points to a massive organised campaign. It has reached literally every second whatsapp group in the country and even abroad.

While everyone in the state was thinking about being of help in one way or the other, there was one group constantly at work in their fake news factory, producing fancy dress videos of fake army men, creating photo shopped images of khaki shortwalas doing rescue work, putting out whatapps messages on why the floods cannot be declared as a national disaster, issuing fake calls for help and all other imaginable products that a mind filled exceedingly with cow dung can produce.

**But what do we even tell these hate-mongers on social media?** To be nicer? To take a science class? To be more humane and help Kerala in this hour of need like crores of other people across the country are trying to do? **When hate replaces empathy (and common sense) in your heart, isn't humanity already dead?**

**At least with the Kerala floods, please stop with all the sexism, the bigotry, the hate and the utter disregard for humanity!**

We all have learnt a lesson from this Kerala disaster is that however rich we are with lots of properties, bank balance and gold stored in lockers; these don't come in use during natural calamities and we have all to go and stay in transit camps, have food distributed by Government and neighbouring states, use common toilets and beg for every need. Even the rich and famous all live under one roof. **Hence leave all egos, pride and selfishness and be one with all brethren. Be a good human being. Please ponder!!!!!**

## **Coca Cola Catholicism? Vs. Contemplative Catholicism!**

You must be wondering what's the above 'Phrase'! I actually picked this term from Fr. Dwight Longenecker's blog, reproduced in the National Catholic Register, dated 29 July 2018. He defined "Coca Cola Catholicism's" two characteristics:

1. A worship that is warm, fuzzy and sweet. Sermons that about anything but the Gospel of Jesus Christ – Bland exhortations to be nicer people, to be more tolerant; or pep talks to boost self-esteem, combined with sappy hymns.
2. A form of Catholic religion that is stimulating, but the stimulus is more titillation – an artificial stimulant! To go to a Coca Cola Catholic Church, is to come away feeling fine for a short time; but then you have to go back for more, because you have not really received real nourishment.

However, Fr. Longenecker has also suggested a true ideal of a "Contemplative Catholicism"! It has two notable features:

1. It is deeply rooted in the tradition of prayer! It is a matured red wine, rich in flavor and taste; unlike Coca Cola, a drink that is gassy and quickly fizzles out. However, it takes time and effort, and is a work of a lifetime.
2. It requires solitude, silence, study and service. It demands the obedience of faith, even when it is difficult. It is only this in depth commitment to duty, stability and conversion of one's life, that will change our Church, our world, and ourselves – allowing our "own transformation to be used by God to transform the world, leading to that which is good, acceptable and perfect" (cf. Romans 12:2).

—Dr. Hazel Colaco,  
Ashburn, Virginia, USA.



## Pennsylvania sex scandal

The Pennsylvania sex scandal which has come to light after the report of the grand jury that around 300 priests were involved in sexually abusing around 1000 children over the past 70 years, is the latest to rock the church and invite censure by Pope Francis of priests and bishops. Needless to say that such atrocities would not have happened had the bishops taken strict action and not covered up the guilt of the rapist priests. Even more shocking is the news that one of Pope Francis' trusted Cardinals was also involved in sexually abusing children and adult seminarians. It is sad that Pope Francis has taken upon himself once again the guilt of the Catholic church and begged for forgiveness for the pain and trauma inflicted upon the hapless victims. Bishops too have shamelessly apologized for their sins of omission and commission as in the past, but of hardly any use. The question then is what is the solution to this vexing problem that has shaken the faith of the faithful and shamed the church. The matter is serious and rampant in churches all over the world. Crimes against minors by the clergy have surfaced time and again and can no longer be swept under the carpet. We need to take stern measures to de-frock the guilty and expel them from the church. Only then can we hope to see an improvement in the situation and our children safe in the hands of our anointed ones.

—A. F. Nazareth  
Alto Porvorim.

## Bandra Feast

Bandra feast or Bandra fair as it is

popularly known is celebrated on the Sunday following September 8, the birthday of the Blessed Virgin Mary, who is the Mother of Jesus Christ. It is a weeklong celebration that attracts thousands of people (both Christians and non-Christians) from all over Mumbai and its suburbs. The Bandra Fair is estimated to be around 450 years old. The fair started when a statue of Mother Mary was found floating in the Arabian Sea between 1700 A.D. and 1760 A.D. Although the current church edifice is just 100 years old, the history behind the current statue of Our Lady of Mount goes back to the 16th century when Jesuit priests from Portugal brought the statue to Bandra and constructed the Mount Mary's church there.

In 1700 A.D., Arab pirates disfigured the statue of Our Lady by cutting off her right hand. In 1760 A.D., the Mount Mary's church was rebuilt and the statue was substituted with a statue of Our Lady of Navigators from the St. Andrew's Church. It goes on that a Koli fisherman dreamt that he would find a statue in the sea. The statue was found floating in the sea between 1700 A.D. and 1760 A.D. However, in 1761 A.D., the original statue of the Lady of Mount was renovated with a child in her arms and is worshiped at the fair ever since.

—Jubel D'Cruz, Mumbai

## ' Ensure that rule of law prevails '

With reference to the editorial titled : Lynching What Kind of Rule of Law Is This? BY MR DON AUGIAR in THE SECULAR CITIZEN dated MONDAY 20 AUGUST 2018 - SUNDAY 26 AUGUST 2018 communal parties have

no policies and programmes but only serve to polarise the people through their hate policies.

Zealously educating people about how to avoid them and fight them peacefully is necessary as well as providing a liberal secular, stable and progressive political party for them.

Addressing the problems of illiteracy and poverty etc can also help in this regard .

India must remain secular at all costs otherwise it will regress and enter a dark age ..

—Peter Castellino

## ' The importance of friends '

With reference to the article titled : The 10 types of friends you need in life in THE SECULAR CITIZEN dated MONDAY , 20 AUGUST 2018 - SUNDAY 26 AUGUST 2018 life would be very boring and lonely without any friends.

Friends act as companions and much but some friends only as business friends.

Some people consider it better to have friends but not to be over friendly otherwise when one gets too close to a friend problems arise.

Friends are necessary to curb the culture of materialism.

Friendship leads to peace and tranquillity which is necessary for progress unlike enemies who promote hate that hurts.

Thus we must try to make enemies resolve their differences and become friends once again.

So the importance of friends must never ever be under estimated..

—Peter Castellino

(Contd.. on p. 6)

# Celebrate The Family

The World Meeting of Families which began on 21 August in Dublin Ireland, concluded this evening (26 August) with a Eucharist presided over by Pope Francis. The meeting had for its theme, 'The Gospel of the Family: Joy for the World', underlying the importance of the family in our world today. The Concluding Eucharist was a moving and joyful experience to the thousands gathered at the massive Phoenix Park there and to the many more across the world who watched the proceedings live on TV. Inclement weather in Dublin did not deter the crowds from this once-in-a-lifetime experience. For it is in joy, we celebrate the family.



BY FR. CEDRIC PRAKASH SJ

*anticipating the other, respecting. How much better family life would be if every day we lived according to the words, "please", "thank you" and "I'm sorry". Every day we have the experience of fragility and weakness, and therefore we all, families and pastors, are in need of renewed humility that forms the desire to form ourselves, to educate and be educated, to help and be helped, to accompany, discern and integrate all men of good will.*" We need to celebrate the fact that it is in the family where one can truly nurture these values.

Faith is always nurtured in the family. This is exactly what the powerful icon of the Holy Family very vividly displayed during the Meeting and Mass, represent. The Icon of the Holy Family, commissioned for the 2018 World Meeting of Families was written by iconographer Mihai Cucu, who comes from Romania. Mihai was assisted by the Redemptoristine Sisters of the Monastery of St Alphonsus, Iona Road, Dublin. It was truly a work of their prayer and of love. "We were drawn to an image of the Holy Family at table, sharing a meal and sharing their faith, as suggested by the Gospel of Luke chapter 2. An obvious Gospel text reflecting God's concern for marriage is the Wedding at Cana in the second chapter of the Gospel of John. And finally, the other Gospel that came to mind was the Raising of Jairus' daughter as found in chapter 5 of Mark's Gospel. There we see Jesus' response to a family with a sick child and how he respected that family's privacy in the midst of emotional turmoil when it came to the moment of healing".

(<https://www.worldmeet->

[ing2018.ie/WMOF/media/downloads/WMOF2018-Icon-of-the-Holy-Family.pdf](https://www.worldmeeting2018.ie/WMOF/media/downloads/WMOF2018-Icon-of-the-Holy-Family.pdf)). It is in faith we celebrate family.

During the concluding Eucharist, Pope Francis focused on the 'Family and Forgiveness' In his opening prayer (which apparently came straight from his heart) he said, "We ask forgiveness for the abuse in Ireland. Abuses of power, conscience and sexual abuse perpetrated by members with roles of responsibility in the Church. In a special way we ask pardon for all the abuses committed in various institutions run by male or female religious members of the church and we ask for forgiveness for those cases of exploitation through manual work that so many young women and men were subjected to. We ask forgiveness for the times that as a church we did not show survivors of whatever kind of abuse compassion and the seeking of justice and truth through concrete actions. We ask for forgiveness." A prayer which drew spontaneous applause from the huge crowd. For it is in forgiveness we celebrate the family!

Speaking of forgiveness within the family, one is reminded of Saint

(Contd.. on p. 7)

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(Contd.. from p. 6)

Mother Teresa. She once said, "Jesus taught us how to forgive out of love, how to forget out of humility. So let us examine our hearts and see if there is any unforgiven hurt-any unforgotten bitterness! It is not always easy to love those who are right next to us. It is easier to offer food to the hungry than to answer the lonely suffering of someone who lacks love right in one's own family. The world today is upside down because there is so very little love in the home, and in family life." Mother Teresa hits the nail on the head. Today is also her 108th birth anniversary. As we celebrate her memory, let us celebrate our own family, by praying to her and asking her to intercede for us!

Our world today is becoming more and more fragmented. A far cry from that of yesteryears when what mattered most was one's family. In that comfort zone we were nurtured and grew in faith, we found forgiveness and acceptance, warmth, joy and above all, love.

*\*(Fr. Cedric Prakash SJ, is a human rights activist. Contact: cedricprakash@gmail.com)*

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## The Apostles Creed is found in the Holy Bible!

I believe in God, the Father almighty, (Matthew 5 :45)  
Creator of heaven and earth, (Genesis 1: 1; Romans 1: 20)  
And in Jesus Christ, His only Son, our Lord, (Matthew 3: 17; Philippi-  
ans 2: 12)  
Who was conceived by the Holy Spirit, (Luke 1: 35)  
born of the Virgin Mary, (Luke 2: 7)  
suffered under Pontius Pilate, (John 19: 16)  
was crucified, died, and was buried. (John 19: 29 – 42)  
He descended into hell; (1 Peter 3: 19 – 20)  
On the third day He rose again from the dead, (Matthew 28:1-10; John  
20:11-18)  
He ascended in heaven, (Luke 24: 51)  
and sits at the right hand of God, (Hebrews 1: 3)  
the Father almighty; (Mark 14: 36)  
From thence He shall come again (Matthew 16: 27; Acts 10: 39;)  
to judge the living and the dead. (1 Corinthians 15: 51)  
I believe in the Holy Spirit, (John 14: 15 – 20; Acts 1: 7 – 8)  
the Holy Catholic Church, (Matthew 16: 18 – 19; Ephesians 5: 26-27;  
Col 1: 24)  
the communion of Saints, (Matthew 28: 19 – 20; 2 Corinthians 11: 13; 1  
Corinthians 15: 33)  
the forgiveness of sins, (John 20: 22 – 23)  
the resurrection of the body, (1 Corinthians 15: 51 – 54; 1 Thessalo-  
nians 4: 13 – 18)  
and life everlasting. (1 John 5: 20)  
Amen.

— Jubel D'Cruz, Mumbai

### Thanksgiving



Thank you St. Expedite, Mother  
of Mount Carmel and Holy Spirit .  
My intentions have been granted.

— A. NORONHA

### Thanksgiving



May the Sacred Heart of Jesus be  
adored, loved, glorified and pre-  
served throughout the world now  
and forever. Sacred Heart of Jesus  
have mercy on us. Sacred Heart of  
Jesus pray for us. St Jude Helper  
of the hopeless pray for us. St Jude  
worker of miracles pray for us. Amen.  
Say this prayer nine times a day for  
nine days.

— A. NORONHA

# WHETHER HOLDING SIMULTANEOUS LOKSABHA AND STATE ASSEMBLY ELECTIONS IS BENEFICIAL TO THE PEOPLE OF THIS COUNTRY?

by Eric D'Sa

The issue of holding simultaneous Lok Sabha and Assembly elections has turned into a raging debate, and it is slowly snowballing into a political controversy rather than a Constitutional one as it is apparently being made out to be, by the political parties involved. None of the parties want to consult the people of this country by holding a nation wide referendum. In a democratic nation which is federal and as a matter of fact having three rungs of governance - Central, State and Local which provide different governing services, it is surprising the concept of 'one nation one poll' is being advocated.

While the BJP-led NDA government at the Centre is pushing for the proposal, the Opposition parties, especially the Congress, is strongly against it. BJP believe it will save costs of holding elections and get the country away from continuous election mode. Election Commission a few days ago has clarified, that for the time being simultaneous elections can not be held due to non availability of sufficient VVPAT machines required for the purpose. They do not give reasoning, that even when sufficient VVPAT machines were available in the past, even in just one state election, the actual dates on which the polling was conducted in different parts of a large state such as UP, were a few days apart and covering more than

## MATRIMONIAL

**6822. KUWAIT :** Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

a month, so as to provide sufficient polling officers and protection forces to ensure peaceful polls. So how will they do this all around the country in one go?

The concept of simultaneous elections is not new in India. After Independence and the enforcement of Constitution, the first election, conducted in 1952, was held simultaneously for the Lok Sabha and the State assemblies. It was in practice from 1952 to 1970. Simultaneous polls were held in 1952, 1957, 1962 and 1967.

## YOU THE CITIZENS DECIDE:

This concept came to an end when fourth Lok Sabha was liquidated early. It was during the tenure of former prime minister Indira Gandhi. If the first four elections (1952 to 1967) were perfectly constitutional, what makes the Congress and some of the opposition parties now go hysterical over it? One Nation, One Election concept is not new, but one need to remember this occurred during the period when one party, the Congress ruled the centre and states governments with large majorities. There were no coalition governments which could collapse, forcing mid term elections being held.

According to the Standing Committee of Parliament, the rationale for holding Lok Sabha and Vidhan Sabha elections simultaneously is:

- To reduce the cost associated with multiple elections.
- To overcome policy paralysis associated with imposition of Model Code of Conduct during elections.
- To limit the disruption of normal public life in the run-up to and during the elections.

- To free up the manpower of the armed and para-military forces deployed on election duties.

Why is it being opposed? The Congress has vehemently opposed the idea of holding Lok Sabha and Assembly elections together and stated it to be 'against the basic structure of federalism'.

"Are you going to trample democracy? Are you going to cut short the tenure of Parliament and assemblies?" Surjewala spoke person of Congress questioned. The Congress has following objections:

- If simultaneous elections system is implemented, transitional arrangements would have to be made so that the currently elected state governments could serve the full term for which they have been elected.
- If Lok Sabha and Assembly elections are held together, the national issues will dominate, while the state issues would be relegated to the background.
- To hold simultaneous elections (General and state assemblies), all Assembly elections have to be brought in sync from their present status. In such a case, some state assemblies would have to be elected much before the normal term ends, which Opposition parties feel is unfair to the sovereign democratic mandate given to them by the voters. As a result many states won't be able to show their performance, which is spread over a period of five years.

The House is divided. While, the JD(U), SP, TRS, AIADMK, BJD and SAD, along with the BJP have extended support to the idea, the Congress, the Left, TMC, RJD, TDP, AIMIM and AAP are against it. "How can the Centre push such an idea without bringing proper Constitutional amendment?"

(Contd.. on p. 9)

(Contd.. from p. 8)

Is the question they raise.

Meanwhile no political party wants to find out what the people of this nation want. So let us try to draw up in a broad sense our needs and how they can be met with good governance.

Among three layers of governance, what effects us most is the local ones. How our cities, towns and villages are governed at the local level. Though we have the city and town municipal and Gram Panchayat Elections, there is very little executive powers vested in these bodies. This has to be first rectified by giving the elected Mayors and Sarpachs more financial and executive clout. The people need to judge these elected village panchas and municipal councillor's separately, based on their performance, in a separate election. The poor state of our villages, towns and cities can be directly attributed to this lacuna, causing poor governance. All the municipal and panchayats elections around the country could be if required held at the same time..

Next comes the Governance of to our various states. The boundaries of these states have been decided in a haphazard manner without much planning and need for good governance. One side we have a very large state such as UP with more than 200 million people and the other Goa which has just 1.46 million. Added to the problem we have other states like Pondicherry and Delhi which are semi states ruled partly by the Central Government through a Lt. Governor. We need to reduce the size of the large states by breaking them into smaller ones for better governance. This will also help in having more capital cities which are better planned. The central government should try and ensure the federal structure enshrined in the constitution is not trampled upon. Even with subjects that are in the concurrent list, it should be as far as possible left to the State Governments to handle. Competition between different states is a good thing and should be encouraged. People of each state

## Raksha-Bandhan in ABHANG



Raksha-Bandhan ceremony was celebrated in ABHANG Special School, Vasai with great fanfare! The special children sang a prayer song at the start. Mr. Vasant Vayati, president, Generic Medicine Foundation chaired the session. Frs. Abraham Gomes parish-priest of St. Paul Church and Fr. Ashley Banga, principal St. Joseph High School were chief guests. All 25 children of the school tied rakhies to one another and to the guests. Ms Cynthia Baptista, the manager of the School welcomed the guests. Ad. Devashree Raut was in tears as she described her experience with the special children. Mr. Vayati congratulated the Abhang staff for carrying on the tradition of Raksha-bandhan for last 4 years. Fr. Michal G. the counselor of Apang Seva said in his speech that with multi-religious festivals held in Abhang the school has become trully a SAMAJ MANDIR OF Vasai! Fr. Abraham Homes praised the efforts of the teachers in running the Special School.

The function ended with a simple lunch for all children and guests.

should be given the opportunity to judge the performance of their own state separately. If feasible, the elections in all states could be conducted on the same time

This leaves the Central Government which exclusively looks after the foreign affairs, our armed forces, our currency, the external trade and internal trade between states, federal taxes, railways, national highways and interstate rivers etc. It's performance should be judged separately. This requires a separate election which is nation wide and could be held at one time. People should be able to judge our national leaders by being able to compare their performance against the performance of other nations or earlier governments. These days they can even keep track of what was promised to them before elections and what has been since achieved by the ruling party.

Hence having each of the 3 different

elections - local, state and central all over the country at the same time, with a gap of about one and an half year plus and minus a few months in between them, will reduce the time our netas are in election mode, avoid cluttering the issues of governance and allow the people of this country to closely evaluate the performance of the different netas and then vote. This will require the Election commission to build the capacity and capability to conduct elections at same time all over the country at each of the governing levels. No doubt to succeed it will require that rules are framed to ensure once the assembly's are constituted, they remain for the full term of 5 years without being prematurely dissolved. Time may have come for you the Citizens to decide how the elections in this country are to be conducted, so that you get proper governance at all three levels and your valuable vote is cast after due diligence of the performance of politicians ruling you at the 3 different levels of governance.

# KERALA: WE ARE MOVED WITH COMPASSION

**Eyewitness accounts** of the unprecedented floods and heavy downpours starting landslides have compounded the woes of over one lakh people who are homeless in refugee camps, cold, hungry, afraid and most of them in silent emotional rage, because of their helplessness to do anything.

The verdant valleys and plantations are destroyed looking like large ugly swamps. Houses are broken and marooned. The crops lie crushed, rotten and race down menacingly into the floods below. In many districts distraught-affected people snatching and clutching on to their belongings wade through the debris in the turbulent waters.

The deluge has menacingly stopped the state's flow of travel and tourists. The rains and the floods cast a grey cloud over the travel industry. Relief and rescue is going on. Places like Kozhikode, Idukki, Malappiram and Wayanad districts have the highest role-call of homeless people.

Respite for the Idduki hill with the dam waters receding to 2,360.40 ft has caused many floods in the downstream places, but not dangerous till now.

The Union home minister Rajnath Singh made an aerial survey of the state and sent an urgent Rs.100 cr. Relief. He reported that it was one of the worst floods to come upon Kerala since Independence. The massive destruction in the farming sector was also linked to the infrastructure of the power and roads.

The centre is sensitive to the dire needs of the state and has gone all out to send in help and support, said the Union Home Minister. "It was back in



1924 when Kerala faced such a big calamity..." he added.

Preliminary estimates suggest that Kerala has suffered a loss of Rs.8.316 crore in this present flood with torrential rains and landslides.

It was welcome news when the centre agreed to replace the Passports damaged in the floods free of cost.

In his letter to the Hebrews, St. Paul had written: "Endure trials for the sake of discipline. God is treating you as children; for what child is there whom a parent does not discipline."

Kerala, we are moved with compassion. The people and the communities in the nation can feel the tragedy you suffer. At Elanthikkara in Paravur-Taluk in Ernakulam district, the Minister Rajnath Singh said, "I would like to assure the state government that all sorts of support will be provided by the central government to meet the challenges of the flood situation."

The startling figures of people in relief camps had reached a peak 60,000 and in Wayand over 14,000 were sheltered. The end of the monsoon will bring hope for change and rebuilding. However, with thousands left strand-

ed across Kerala the Indian Armed Forces and the Navy with their choppers make fearless and tireless effort in saving lives. Meanwhile operations by the Indian Coastguard, Army, Navy and Air Force under the code 'Operation Madadi' has been doing a massive rescue and relief effort with precision and care.

Large numbers of NGOs, individuals, central and state governments are assisting to put hope on the faces of those who had feared they might not survive.

The Army will stay in Kerala and their medical teams are still reaching out to people in remote areas alone and stranded awaiting rescue. These brave doctors and teams of helpers are plunged in the mammoth task of rehabilitating the homeless and preventing the spread of water-borne diseases.

"The Army is not in a hurry to return to their barracks until things begin to stabilize", said an officer.

The devastating rains have brought with it the hidden message of humanity: compassion. The government has agreed to receive foreign aid for the people in the state of Kerala. This act of kindness reflects the will of the people to re-invent the economy, their lives and the power of self-reliance.



BY MELVYN BROWN

# India marks 10 years of Kandhamal pogrom



**New Delhi:** The Church in India on August 25 organized programs in various parts of the country to observe the tenth anniversary of the anti-Christian violence in Kandhamal, a district in Odisha state.

More than 1,500 people attended a function in Bhubaneswar the capital of Odisha.

“We feel the pain of what happened but no anger. Our religion does not allow us to keep anger,” said Bishop Theodore Mascarenhas, secretary general of the Catholic Bishops’ Conference of India (CBCI), one of the prelates who attended the program at St Joseph’s High School grounds in Bhubaneswar.

Bishop Mascarenhas thanked God for “the gift of faith” of Kandhamal martyrs and prayed for a change of heart of the perpetrators of the violence. The prelate also prayed for justice for the victims and the “grace for all Indians to live in peace and harmony,”

The theme of the event was “Praying for peace, reconciliation, and harmony.” The CBCI and the Archdiocese of Cuttack-Bhubaneswar, Odisha, jointly organized the program.

A new book on Kandhamal, “Flames of Faith in Kandhamal,” was released on the occasion.

The book’s author Father Udayanath Bishoyi, a native of Kandhamal and pro-

fessor of theology, prayed for peace in Kandhamal.

In New Delhi, more than 300 people attended a prayer meeting organized the Delhi archdiocese and the Indian unit of Alliance Defending Freedom (ADF). They prayed for the survivors of Kandhamal violence and justice for them. The meeting also prayed for the nation, its leaders, judiciary, law enforcers and the flood-affected people of Kerala.

Kishore Digal, a Kandhamal survivor and a pastor, shared what he and his family experienced during the riots and afterwards.

Human rights activist Father Ajay Kumar Singh explained the current situation in Kandhamal and the state government’s reluctance to pay enhanced compensation to the survivors as ordered the by Supreme Court in 2016. He noted that some people who attacked Christians in Kandhamal were their friends and associates.

New Delhi also witnessed a national “Convention and Exhibition” on Kandhamal violence on August 25.

A group of artists and photographers attended the event pegged “Kandhamal: Never Again” at Constitution Club.

The event captured the ten years since of impunity, communal terror, intimidation, impunity, complicity, an elusive justice, no rehabilitation, and broken lives.

The images of paintings and pictures will show the sheltered calmness of the fields and the forests hide a brutal past and an uneasy present.

Some photos exhibited were by photographer and journalist Joe Athialy, who works with the Centre for Financial Accountability. He contributes photos in National Geography Magazine

On August 23, Swami Agnivesh, eminent social activist and Hindu reformist leader, released the Hindi translation of the investigative book ‘Who Killed Swami Laxmanananda?’ by veteran journalist Anto Akkara at a function in New Delhi. A documentary on “Innocents Imprisoned” was screened at the program.

Violence against the Christians of Odisha erupted in Kandhamal district with untold savagery, with Hindu right-wing groups blaming Christians for the August 23, 2008, murder of Hindu leader Swami Laxmanananda Saraswati, despite Maoist rebels claiming the assassination.

More than 100 people were killed and at least 64,000 displaced.

According to local sources, although over 3,300 complaints were made to the police, only 727 cases went to trial in fast-track courts, where more than 88 percent of the accused were acquitted.

—MattersIndia

# Bethany releases vital Eco book in Mangaluru

—Ivan Saldanha-Shet.M'lore.

The Bethany Sisters (BS) Congregation, native to Mangalore, yet influencing the globe, at the annual meet of the key leaders from all over India of the congregation's leading 'Socio Medical Apostolate', inaugurated by V. Rev. Sr. Rose Celine, the Bethany Superior General. on August 18, Saturday. On the occasion, rare and much looked forward to, book on ecology was released, published by TPI Dissertation Series 9 of Theological Publications in India (TPI), Bengaluru, the unique Dissertation of



joy fills me and may it fill all those who use it and gain from it.

The Blue Book : The 275 pages of information, facts and arguments, and references, very conveniently divided in to four main chapters and several easy to read researched topics of prime interest in the context of Ecology and Eco-feminism, very relevant in all walks of life civil and religious with exemplary case studies. Imagination, vigor and commitment with superb scholarship gush forth with a strong base of Eco-feminist and liberation thought. The contents of the dissertation released is seen,

very closely relevant to the tragic crisis we see all around us at this very point of time in various places close here - excessive pounding rains and wind, extensive flooding, excessive heat and so on with common people suffering and exposed to high degree of danger.



Sr.Dr. Shalet Mendonca BS, for the Doctorate in Sacred theology from Jesuits School of Theology, Santa Clara University, Berkeley, California USA; titled "A Spirituality of 'Making-Whole' Cry of Earth and the Poor" (ISBN No:978-93-83163-87-8) . It was applauded and appreciated by the distinguished participants present. Sr.Dr.Shalet was felicitated on the stage.

Sr Dr. Shalet in her brief address at the book release, said that it all started in her early mission work in Pannur, near Raichur. the poverty and misery of lack of 'everything' - shelter in tiny huts, water carried

from far off , wood to cook, clothing, health care, money .....a whole list of life. The grief and helplessness was over powering and indelible, often the experience of the open world has taught me things impossible. She mentioned the suicide of a farmer and the plight of the family. She also got a second chance there which shaped and hardened her determination to reach out. Her superiors all along to this day supported and blessed her efforts and commitment, she added. You all journey with me constantly; this book here presented is the child I have given birth to in a symbolic manner, just as a mother labours to bring forth her child, and sees it a super joy, this book is my child now and

It is clear that man is responsible for all this and the negligence towards ecology and nature. The observations/comments by renowned scholars, authors and specialists like : Dr. Mary McGann, Dr. Alison Benders, Dr. William O'Neill SJ, Kevin O'Brien SJ , Joseph B.Mathias SJ, and many personalities, brings to the fore the value of the book. A current subject recorded after research is most gripping, of inspiration and practical use in many spheres of ecology and spiritual approaches.

**Sr.Dr. Shalet Mendonca BS** : A member of the Congregation of the Sisters

(Contd.. on p. 13)

(Contd.. from p. 12)

of the Little flower of Bethany (BS), Mangalore. A theologian, trained in both environmental ethics and Eco-feminist spirituality. With a Licentiate in Sacred Theology (STL) from KU Leuven Uni Belgium and now Doctorate in Sacred theology from Jesuit School of Theology, Santa Clara University, Berkeley, California USA., in the year 2017. Her thesis, published brings light the twin-sufferings of the earth and the earth's poor from a uniquely Indian standpoint. She gives a clarion call to rediscover our own roots, our interdependence and interconnectedness in the cosmic web of life and gain a perspective to positively respond to the cries of the earth and it's poor. She is now engaged in giving seminars and various courses as a resource person and visiting faculty at Mater Die.

Sr. Dr. Shalet Mendonca BS, hails from St. Joseph's parish, Belman, in Udupi diocese. She is what can be termed in chaste Kannada, as a 'Mannina Magalu' whose family, like all Konkani settlers from 5 centuries, carved for them selves a place in Kanara due mainly to their skill and dedication to agriculture and nature - she has always shown a special leaning towards nature and ecology from her childhood in a devout Konkani Catholic family. She gained her early and tertiary education in Belman, Mangalore and Bangalore. Joined Bethany Congregation in the year 1991; first profession in the year 1997, perpetual profession in the year 2002. Her parents and family have been her greatest inspiration, in particular her sister Aunt, Sr Fabiola BS, who was then working in Germany and her Priest Uncle Fr Joseph Mathias, SJ; who is the Rector of St. Peter's Seminary, Bengaluru. She cheerfully states she has great enthusiasm to be in the company of the young, specially religious in their formative journey. She has a fascination to learn new and creative skills, and read up on matters from all fields. Giving seminars and workshops is her favourite occupation in

## God's Own Country cries out for help

God's Own Country' is in dire need of aid to rebuild the lives and homes of its people, ravaged by devastating floods. But who better than God Himself to come to the aid of His suffering people?

The state of Kerala is blessed with a large number of temples, flush with donations from devotees, including the 'Richest Temple in the World' worth US \$21 billion (Rs one lakh, twenty thousand cr). A small donation of just 1% will translate into a humongous donation of Rs 1,200 cr. In addition to this temple, there are innumerable large and small temples in Kerala, some world famous.

In times of national disasters, religious leaders of all faiths, exhort their followers to contribute generously. The people always rise to the occasion and contribute generously. However, in addition to the people, I believe that in times of calamities, every temple, mosque, church, gurudwara and religious place, must also contribute---- at least one percent of its accumulated assets. Only then can Kerala lay claim to be 'God's Own Country'.

—Prof Robert Castellino Orlem

which she excels.

### Dedicated to Bethany Founder

: The unique significance for spear-heading the ecology and spirituality path, is shown to us by Founder of Bethany, 'Servant of God' Mgr. Raymond F C Mascarenhas (1875-1960), a priest of the Mangalore diocese, who was declared the first to decorate the path of Sainthood in the Universal Catholic Church from our Konkani Catholic Community, in 2008. His keen insights have brought forth, love and reverence for all created things. His great value for particular elements of nature, with a prophetic vision of ecological wholeness at a time when such insights were uncommon. Here, the modern church through the recent and present Pope have duly reiterated the vital importance, which we can not miss. It could hasten the journey of this 'Servant of God' to sainthood. He has evidently always shared deep feeling and spirituality which is radiated on several occasions to reveal his love and respect for natural resources and ecology in it's early form in the church and civil scenario.

Mgr. Raymond, was a pioneer who was inspired and saw the vision and motivated and worked to send the first Bethany sisters to US for education and to widen their reach to help

and work for the suffering of this our holy land. Going through his life and the work of subsequent superiors the importance and motivation extended to send the sisters to overseas institutions has been a very strong point and has enlarged the sphere of services which have today spread not only to every nook and corner of our own India, but to many needy pockets of the globe. It will need much space to detail the many nuns deputed for higher education which has been the best resource to educate and serve the marginalized since 1921. The congregation has in an exemplary tribute to the founder carried forward the baton as graciously given by him through all these years and many scholars have come had the advantage of education from universities and institutes over seas and also taken advantage of the good education in top institutions. This Founder also preached the intrinsic wonder of connections of elements of nature with the least and last. He saw and showed the imprint of the creator in the whole of creation and nature. His understanding and preaching on 'ecological wholeness yielding to the cry of the earth and the poor' is most extraordinary and rising to the fore today in Kodagu and Kerala, right before our eyes.

# Giving the Armed Forces their due

**W**hile surfing the Net, I came across a recent issue of the Hindustan-Times which carried a report about the trauma and fear, a 23-year old Indian army jawan was subjected to, when he strayed into the neighbouring state of Pakistan.

Chandu Chavan from Bohrivir village in Dhule, had inadvertently crossed into Pakistan during the surgical strikes and was captured by the Pakistan army. It was heart breaking to read this report about how he was ill-treated, subjected to third degree methods, handcuffed, chained, beaten up, injected with sedatives, put in a dark cell. At one stage, he felt absolutely helpless. The report says, **he would scratch on the walls, and visualise his family. "With nothing left to call upon, I started performing Namaz. I just wanted God in some form or another," he said. All this was enough to break anybody, but this man held on, he overcame all this trauma, the mental torture, and finally he was set free after around Two years.**



**Melville X. D'Souza  
- Orlem, Malad West**

Here was a young army jawan who had undergone such trauma only for the sake of his country. **Recently, we have seen how another young man from our neighbourhood, Mira Road, Thane district, Major Kaustubh Rane, was among the four Indian Army soldier killed in an encounter on border again, for his love for his country.**

There have been reports of several other security personnel being killed in performing their duty to the motherland. They are even being threatened with dire consequences if they



do not give up their posts. There have been attacks on our army base camps at several locations in the country, our army jawans are being killed from time to time - our army camps themselves are now in need of protection.

**On the other hand, it is so disgusting to see the arrogance of our politicians. We saw how a corporator from Mira Road was celebrating his birthday a few metres away from the funeral of Major Kaustubh Rane. How much indifferent and insensitive can our politicians be ?**

When there is an agitation or protests or bandh in our country, we see how hooligans attack and burn shops, vehicles, even the police are not spared at times. Do they think they are doing an act of bravery ? Such people should be sent to the border to show off their bravery. What about the bullies and others who show off their bravery in beating up the weak in society. What about those commuters in our local trains who use their muscle power in having their way. Don't such people deserve to be sent to the borders to test their muscle power ? What about

others who use their strength to harass and physically torture the helpless daughter-in-law. Should they not be sent to the borders ? And those frustrated elements in society who molest, rape and kill women in society, even minor girls and infants. Send them to the borders to show off their prowess. And what about those who question others of their patriotism towards the country ? Should they not be sent to the borders to show off their patriotism ?

There is a Whatsapp message which says :

**Floods - call the Army;  
Eathquake - call the Army;  
Terrorist attack – call the Army;  
Child stuck in bore-well – call the Army;  
Riots – call the Army.  
But for ribbon cutting – call actors and politicians.**

**How true ! When it comes to getting honour, it is the politicians and celebrities who get it. Sad but true. It's time we give our Armed Forces the respect and importance they deserve – let's give them their due !**

# Guru Santaji Of Belewadi

(Continued from last issue)

—Fr. Michael G., Vasai.

## III. SARVA-DHARMIY YATRAA

Santaji's mission is unique. No like is found in any part of the country. The *Khrishtbhaktas* movement in Varanasi is marvelous but not the same. Santaji organizes a *Paaywaari*, a pilgrimage on foot from Belewadi to Bon Yesu church in Old Goa in honour of St. Francis Xavier around 3rd December. In 2017 it was 37th pilgrimage. The participants, again of all religious faiths gather from Belgaon, Kolhapur, and Sindhudurg and nearby places of Karnataka too. Over 200 believers take part. The pilgrimage is on the pattern of *Pandharpur*. Some of them are on foot for 10 days! They walk through villages and take night shelter wherever the hosts provide them with! All expenses are covered in Rs. 250, so that any poor person can take part. God's wondrous hand is seen in the Yatra. There was a woman. Her son was missing for months. She joined the Yatra with the desire to find him; and there he appears back at Old Goa! Santaji keeps up the spirit of the group only because he has the spirit within him. The grand Eucharist is celebrated in Konkani and solemn sermon is preached in Marathi at Bon Yesu!

## IV REFLECTIONS:

### 1. Sadhu Lifestyle.

Santaji is married and well studied the local religions and has done his theology; but not being a priest, invite many problems for the mission. He has to get priests for liturgical services. It is not easy for a priest to bow and obey a full-fledged trained lay Missionary. Santaji manages it because he is humble man of prayer and sacrifice. His saffron dress depicts his heart on fire with love for Christ. Like St. Francis Xavier he believes: "What does it profit a man to win the whole world but lose his soul?" He wants Christ to shine before the people. He suffered severe

heart attack once. Yet he is not tired.

### 2. An 'incarnated' mission.

Santaji is of the soil. His approach is his own. His methods are borne through his interactions with the local people. He has gone through fulltime experience for last 42 years. He is truly a follower of divine missionary, Jesus who came down from Heaven and became human in everything except sin! Santaji is such a true 'incarnated' missionary.

### 3. The blend of Charismatic and Indian

I wonder how can *Warkaris* and the *Pentecostals* can pray together. The *Pentecostals* go to the extreme of calling Hindus idolatrous and their deities devils. They go on shouting 'Alleluia' and the *Warkaris* singing *Jayjaydeva, JayHariMangal Pandharnatha!* Santaji is mixing up Charismatic movement with Indian spirituality. A mistake? Charismatic shout "Praise the Lord!" and the Hindus shout, "OM Shanti!" Charismatic are too rigid to accept the dialogue. For some of them other religions are devilish! Yet Santaji seem to beacon them together; and the flocks respond! Will the participation one day bring them to Baptism? May be, maybe not. I have argued with on these points. Santaji is not bothered about the impossible. He believes in proclaiming Christ as inspired by the situation. Conversion is God's work, he says! So far he has hardly baptized any but influenced many with the teaching of Jesus! He has become their Guru in family life and social matters. In these days of animosity created towards Christians by the *Hindutvavaadis* in India, (As I type these lines the news is heard that a mission hospital Pushpa in Ujjain is attacked by *Hindutvavadis!*) With these contradictions Santaji can pose himself as a model missionary, a gift of his diocese of Sindhudurg to India! Santaji has a Genuine spirituality and an original mission style!

### 4. Idolatry?

Hindus are considered idolatrous. They believe in the all pervading God, present in all idols and places. I am happy to see Hindus participating in our Christian worship at Prarthana Kendra. I ask myself in the spirit of dialogue: will we Christians reciprocate in the same way? Shall we participate in Hindu worship in Hindu temples? In dialogue meetings shall we worship Jesus in mixed community of believers? Shall we join the *Warkaris*, company of pilgrims going to *Pandharpur*? shall we accept Prasad of the Hindu worship? What is the theological reason for not doing these? A reflection in this line will show a new direction in our inter-religious dialogue. We Catholics do not approve of inter-faith worship. Years ago Pope Paul VI at the Inter-religious meet at Assisi discussed matters spiritual together but did not pray together with them. We do not accept different images and names of the same eternal Spirit at our common prayer time. We profess one God, one name Jesus and no images! Yet In a way, Vinoba Bhavesays, we too are idolatrous in the sense that we limit the presence of God only to Christian places of worship; and sacredness to statues of Jesus and Christian saints only! We are idolatrous in as much as they become for us 'idols'!

### 5. What next?

Santaji is 65 now. What happens to his Diocesan mission in future? If he were a lay missionary on his own it would have been freed him from many 'churchy' obligations. Being a Church hand Santaji has many shortcomings -both in his authority and activity. He is managing finances with great difficulties, almost miraculously. His youngest son Prakash has offered to carry on the mission after Santaji! Second son Samson may help him. They both seem to be taking keen interest in carrying on the mission further. Bishop Allwyn has the opportunity and burden to support it with all means to develop it as a distinguished mission to bear witness in the whole country. The Church needs to study the whole history of Prarthana Kendra and draw lessons for Indian missionary activity!

Prabhu YeshuchaaJajaykaar!

(Contd.. from last issue)

## LITURGICAL ATTITUDE & ETIQUETTE

### The Lectern & the Lector

Scripture says: "How beautiful on the mountain are the feet of him who brings Good News" (Isa 52:7). On the other, it says: "As the rain and the snow come down from Heaven and do not return there until they have watered the Earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty but it shall accomplish my will and achieve the purpose for which I sent it" (Isa 55:10).



by Ladislaus L D'Souza

Incidentally, "the Lector," says Father Aniceto his book 'Proclaim' (p iii) "is God's partner in making the word achieve its purpose." Therefore, the General Introduction to the Lectionary [GIL] points out that "Lectors have the responsibility of proclaiming the Word with meaning at Mass" (cf. n 49). The General Instruction on the Roman Missal [GIRM] adds: "It is necessary that Lectors be qualified and carefully prepared so that their proclamation may develop a deep appreciation of Scripture in all believers" (n 66), such preparation involving regular attendance at meetings and training programmes. The purpose however is defeated when favouritism in terms of appointments of lectors flouting rules prevails.

Many of us have probably been Lectors, or

"readers" as we are also called, for many years – for 'donkey's years', we sometimes claim. And yet, sadly, many will agree that we sometimes end up doing just that: reading for donkey's ears rather than for human ears! Why else would someone dare say to us: "You read well! But I hope everyone understood what you read!" In fact, if someone does pay us such a backhanded compliment, we would do well to realize that we have *failed our listeners*. And God, too!

In this context it may be noted that the GIL enjoins on readers the responsibility of "training other readers" (GIL 51). It is thus our duty to help one another as fellow Lectors in identifying our weak spots and to see where and how we can all improve ourselves, for the greater glory of God. In fact, the GIL emphasizes that a lector through a well prepared proclamation can touch the hearts of many with the power of the word (cf. GIL 5, 4).

### Hence, a few very important points to be borne in mind for an effective Proclamation of the Word:

- a. We generally do not carry a copy of the Bible or a personal lectionary to Mass, which is a good thing, for then, all our senses are free to receive God. When we try to follow the Readings with any printed aid open before us, not even is the intellect involved, forget listening with the heart! Saint Paul says, "Faith comes from what is heard, and what is heard comes by the preaching of Christ" (Rom 10:17). As Lectors, we are actually PROCLAIMING *Christ* to the world.
- b. There is tremendous power in the Word of God. As Reader of the Word at Mass, we have the unique duty and privilege of proclaiming Jesus and thus releasing that power. An awesome responsibility if one remembers that the word of God does not return to Him empty. Thus, how the Word is going to work on people's lives would largely depend on the way the Lector proclaims it. As such we would want the Word to have a bearing on all our senses, i.e. our hearing, feeling, imagination, understanding and

reflection, and, through our *proclamation*, on the lives of every member of the Congregation.

c. **Voice control** - Father Aniceto says, "A scripture text, like any other, is made up of sentences, phrases, words and syllables. Good reading consists in knowing how to group them and where to give the right punch" (*Proclaim*, p 45). Of principal importance, then, is the way in which the Lector makes use of the voice in the proclamation of the Word. The GIL puts forth simple criteria such as:

- (i) "Lectors should proclaim the word of God to the assembly in a speaking style that is audible, clear and intelligent" (cf. GIL 14) – why 'intelligent'? Because the manner in which you pronounce every word or read a phrase or sentence is indicative of whether you yourself understand what you are reading. Intelligence here would also involve knowing how to move with the times. While "This is the Word of the Lord" has long been shortened to "The Word of the Lord" everywhere, a certain parish in Bandra still continues with the old form, apart from "Please stand up for the Gospel Acclamation" (probably forgetting to tell the congregation to sit down for the Gospel itself!). Equally amusing is "Our response to the Psalm is", "Please remain standing for the the Praise of the Faithful (sic)", and "Our response to the Prayers of the Faithful is"!
- (ii) Optimum use of inflection, pause, projection, phrasing, emotion, articulation, and pace require careful attention.
- (iii) **Bowing**: It was Father Denis D'Souza, presently on 'Hospital Ministry' in Parel with residence at Saint Paul's, Dadar East, who at Orlem enlightened Lectors on the bowing exercise: When approaching the Lectern it is imperative that the Lector bow to the Celebrant who, as President of the Assembly, represents Christ the High Priest.
- (iv) **Responsorial Psalm** - Avoid "Your response" - it sounds silly, rather *khelwalahish* ("taali bajaa!")! Instead, "Our response to God's word shall be" or "Our response to God's word shall be sung as follows" would be ideal.
- (v) **Love for God's Word** - Let your own

(Contd.. on p. 18)

**BHOIR GARDENS**

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Dahisar (E), Mumbai 400068  
For enquiry call Godwin Mendes: +91 9920387618 or  
Patrick Master +91 9820325889

# Inspiration!

## Separate your self-worth

**MANY PEOPLE TAKE pride in their work and base their self-confidence on their career performance and successes. Separating your personal identity apart from your vocation or career interests can be difficult, though very important especially for people who take pride in what they do**

If you've been feeling like how you value yourself is too tied up in your work position, it may be time to step back and re-assess how you judge yourself. Incorporating some of these tips into your daily life will help you start appreciating your own self worth to do with your work and everything to do with who you are as a person.

### **Appreciate your job for what it is:**

Many of us fall prey to the idea that we are a failure because we are not in the field we really want to be in. Look at what you can gain from your current position, even if it is just that you have made one important networking connection. Talk to your fellow co-workers about why they enjoy their jobs, update your resume often to include

new achievements you've made at your job and attend any networking events offered!

Let go of the



**'shoulds', 'coulds' and 'oughts':**

Everywhere we look, society is telling us how we are supposed to act, behave and believe. This can lead to constant second-guessing that leads to doubting our self-worth and wondering if we are 'enough'. By rejecting societal norms that tell us at a certain age we should hit a certain personal or career-related milestone, we are choosing to accept and value exactly who we are.

### **Keep up with your hobbies:**

Treat your outside-of-work hobbies as

a priority, just as much as you would something for work. It's important to have interests outside of your job. Whether it be going to a kickboxing class after work, or spending a Saturday taking photographs around your neighbourhood, don't give up your passions that aren't related to your occupation.

### **Put the work away when you leave the office:**

The temptation to check your email one last time at night can be overwhelming but when you really never turn work 'off', two things can happen: You end up just being mildly productive all day or you start to put work over other things that matter. Make sure to spend your time outside of work pursuing the other priorities in your life and giving your attention to the people who matter most.

### **Learn how to accept rejection:**

It's easy to feel worthless if you don't get that promotion, salary increment or interview you were so hoping for. However it's important to remember even when things in your career are not going where you want you are still you. You have the same skills, interests and experiences you had before the rejection. The people who cared about you, stood for you in your every failure before, will still do and the other positive things in your life, whether that be a developing relationship or exciting personal event coming up, are still present.

The work that we do does help to inform how we think of ourselves but resist the temptation to categorise yourself as your career. You are a person outside of the office and it's important to take your self-worth from other sources.

(Contd.. from p. 16)

love for the God's own word become evident through your reading by way of **proximate preparation** that includes familiarizing yourself with the text of the Reading concerned. This would necessarily involve the advance study of the prescribed text, in the context of the whole of sacred scripture, and within the context of the liturgical year and the other Readings of the day, and prayerfully reflecting on its contents, not forgetting the need for practice.

**(vi) Seating:** It would be appropriate for the Lectors involved in a given Mass to be seated together and in the order of the parts concerned, and not far from the Lectern. [This would apply to the EMHC as well albeit in a different context.]

**d. Compartment** – Frankly, how you carry yourself when approaching the Lectern, how you stand before the Lectern and how you execute your ministry as 'Proclaimer' ought to aid all present to concentrate on the Word of God and appreciate the full depth of its meaning. Thus, the Lector would do well to note that:

(i) The Lectern is sturdy enough to stand on its own and, as such, does not need a Lector to hold it as though trying to prevent it from falling! Neither is the Lectern there to prop the Reader lest he/she crumble!

(ii) Avoid standing on a leg and a half—positioning yourself on one leg, the other leg sticking out alongside the Lectern. Rather, stand relaxed, allowing a sense of ease to course through your entire system, your feet comfortably positioned, not too tightly close together and definitely not too far apart!

(iii) Keep in

(iv) mind that lifting the Lectionary off the Lectern and cradling it in one's arms to read is inappropriate, taking away as it does from the solemnity of the proclamation.

**e. Dress code** - The Lector's task is to help the assemblage to encounter God in the proclamation of His Word. This means that the garb worn by the Lector - whether male or female - should in no way be revealing so as to distract from the reverent listening to the Word of God, but should, rather, be expressive of the reverence due to the dignity of the Word, and the importance that the lector assigns to the service he/she performs.

**f. Favouritism** – Those handling the choice of readers for any given Mass would do well to keep in mind that giving in to the temptation to act on the basis of the blue-eyed boy/girl syndrome is tantamount to grave injustice to the Word.

**g. Ministry** – All Lectors, Choristers, Ushers and EMHC are essentially 'Ministers', not performers. The members of each of these four groups have their designated role and a time-frame for exercising those roles; we ought not to *perform* by doing more than one ministry at any given Mass.

**h. Ushers** must keep in mind that they are essentially visible facilitators of easy participation in all liturgical and paraliturgical services. HOW: by identifying vacant seats and guiding members of the congregation to the same; guiding the EMHC during the distribution of Holy Communion [HC] and the procession of the faithful at the reception of HC. All this is done gently, keeping a low profile, refraining from calling out aloud or yelling instructions, thereby ensuring smooth movement at every step and maintaining the decorum due.

**i. The Paschal Candle:** Lastly, liturgical norms prescribe that the Paschal Candle ought to be present in a prominent place in the Sanctuary, i.e., near the Lectern or the Baptismal Font, right through the year. In certain parish churches, the Paschal Candle appears only on Easter Night and disappears with the Solemnity of Pentecost, while in some others, the Sacristan lowers the Paschal Candle with its stand a step or two lower so as to be able to light it before bringing it back up!

#### **Creativity to the fore!**

Jason Watson, a designer, illustrator and animator from Kansas City, says, "The ancients understood creativity to be a process of discovery—art as the imitation of the divine handiwork. Even as late as Chaucer, creativity was considered the faculty of God alone. There is thus a profound and un-severable connection be-

tween the sacred work of creation in the vast recesses of eternity and its temporal re-disclosure in the work of the people—literally, the liturgy."

A man deeply steeped in the Faith, Watson insists that "creativity runs with faster feet both forward and backward in time, drawing out from the past what the future discovers anew, anticipating that where we will end up might be where we have already been before. Each generation must unearth creativity afresh, and often does so in finding that their heritage didn't die with their fathers."

#### **In conclusion**

As the Liturgical Year, a year of special grace, slowly reaches its climax with nothing in particular evidently happening on the diocesan liturgical scene, what would we consider as the gains of the year in terms of liturgical fulfilment, be it at the **personal level**, the **parish level**, the **deanery level**, or the **diocesan level**? If the chief gain has not been a paradigm shift from the *compulsion* element of the 'Sunday Obligation' to the *desire* element that has us ardently wanting to worship our Maker, we will have clearly missed the very point of the Year of the Liturgy!

Essentially, the need of the hour on the one hand is acute willingness on our part to sincerely strive to understand 'liturgy' better, and on the other, to allow that understanding to flow in our very veins as it were and give expression to it in the creative manner in which we see God Himself working in our lives. As a matter of fact, there is much that Holy Mother Church offers us in this regard: the **Course in Liturgy** [basics and advanced] at the Diocesan Pastoral Centre in Bandra [apart from an intensive 2-year residential one at the NBCLC in Bangalore]; the 2-year **Ministry of the Word** course at the Diocesan Seminary, Goregaon; and the annual **Deepen Your Faith** course held at Saint Andrew's College, Bandra, to name but a few resources. Such Faith enrichment cannot but challenge each one of us to immerse ourselves in the nuances of the liturgy. Yet, eventually, **it is up to each individual believer to avail of the benefit on offer**, in the process allowing the beauty of the Liturgy to envelop us in the glory of the Trinity!

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# Royal Christian Family MATRIMONIALS - GROOMS

**6572. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in October 1986), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. BE (EXTC), working as a Network Engineer. Contact email : ivorbritto@gmail.com

**6567. MUMBAI** : RC, Mangalorean Bachelor, Ht. 5' 11", Wt. 70 kgs, (Born in April 1977), Fair Complexion, Consultant Surgeon by Profession in Top Hospital in Mumbai, seeks suitable match. Contact Email : kalinaproperties@gmail.com.

**6941. MANGALORE** : Mangalorean Roman Catholic Divorcee, (Born in November 1985), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.E., working as IT/Software Developer. Contact email : rickson.philip@gmail.com

**6888. AMRITSAR** : Roman Catholic Bachelor, (Born in March 1990), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. Hotel Management (Diploma) in Singapore, working as a Captain. Contact email : shephalivancet0@gmail.com

**6940. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in November 1984), Ht. 5' 5", Wt. 73 kgs, Wheatish Complexion, Edn. SSC, working in MAURITIUS a Screen Printing Machine Operator in Textile Company. Contact email : ryanfernandes84@gmail.com OR 9819353213

**6562. MANGALORE** : Mangalorean Roman Catholic Bachelor, (Born in November 1981), Ht. 5' 7", Wt. 58 kgs, Wheatish Complexion, Edn. PUC + Computer diploma, having own business in ABROAD. Contact email : melvin6680@gmail.com

**6559. MUMBAI** : Goan Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 8", Wt. 80 kgs, Wheatish Complexion, Edn. XII, working on Cruise Ship. Currently he is in Mumbai Contact immediately.

Contact email : mascarenhas\_k@gmail.com

**6857. AUSTRALIA** : Mumbai born and broughtup Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 10", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., IHM., Working as a Store Associate in Australia and is a permanent resident. Contact email : simonsigo31@gmail.com

**6856. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in September 1973), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. MBA, working as a HR. Contact email : clifforddsilva@yahoo.co.in

**6906. ABUDHABI** : Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 2", Wt. 67 kgs, Wheatish Complexion, Edn. Bachelor in Business Admin., working as a Customer Support. Contact email : dvdleena@yahoo.co.in

**6904. MUMBAI** : Converted Roman Catholic issueless Divorcee, (Born in April 1975), Ht. 5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.Sc., MBA, working as a Manager. Contact email : sudeeptalukdar2003@gmail.com

**6558. KUWAIT** : Goan Roman Catholic Divorcee, (Born in January 1982), Ht. 5' 7", Wt. 80 kgs, Tan Complexion, Edn. Masters Computers in USA, working as a Manager in USA. Seeks a educated homely Goan or Mangalorean girl working in USA or India. Contact email : carmelinaf@gmail.com

**6553. GERMANY** : German Roman Catholic Bachelor, (Born in August 1980), Ht. 175 cms, Well built, Fair Complexion, Edn. Normal School Cheff. Working as a Cheff. Contact email : evascherrmann@yahoo.de

**6508. MUMBAI** : Mangalorean Roman Catholic Bachelor (Born in October 1986), Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.E.. working as a Asst. Manager in German Com-

pany. Seeks a tall, well educated homely Mangalorean girl. Contact email : colind.3010@gmail.com

**6434. MUMBAI** : East Indian Roman Catholic Bachelor, (Born in November 1978), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. MD, MS., Doctor by profession. Contact email : rayanvincent@rediffmail.com

**6573. VALSAD** : Goan / Mangalorean Roman Catholic Bachelor, (Born in February 1986), Ht. 5' 5", Wt. 68 kgs, Fair Complexion, Edn. B.E. Mechanical, working as a project engineer in SAUDI ARABIA seeks a well qualified girl from a good family background. Contact email : ian.roshan.dsouza@gmail.com

**6664. MUMBAI** : Mangalorean R.C. Bachelor (Born in December 1982) Ht. 5' 3", Wt. 68 kgs, Fair Complexion, Edn. B.Com., A.C.A., LLB., C.A. by Profession. Contact email: saldanha\_ryan@yahoo.com OR 9820670158.

**6707. MUMBAI** : Goan RC bachelor, (Born in June 1975), Ht. 5' 10", Wt. 70 kgs, Fair Complexion, Edn. B.Sc., having own business. Seeks a Family oriented girl. Contact email : maxabreo@yahoo.com / maxabreo@vsnl.net

**6564. DUBAI** : Mangalorean Roman Catholic Bachelor, (Born in November 1987), Ht. 179 cms, Wt. 78 kgs, Wheatish Complexion, Edn. Mechanical Engineer, working as an Engineer. Contact email : godfreyjoelfernandes@gmail.com

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**6805 ABUDHABI** : Mangalorean Roman Catholic Bachelor, (Born in February 1984), Ht. 5' 7", Wt. 80 kgs, Wheatish Complex ion, Edn. 12th std., + correspond B.Com., studied in Mumbai, working in Bank as Recovery Officer. Contact email : pawan.sana@gmail.com

**6817. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in January 1989), Ht. 5' 10", Wt. 75 kgs, Tan Complexion, Edn. B.Sc., B.I.S., working as a Sr. Software Engineer. Contact email : fernandesmelwyn08@gmail.com

**6847. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in April 1973), Ht. 5' 10", Wt. 75 kgs, Tan Complexion, Edn. SSC, Having own business. Contact Mob: 9833176215

**6846. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 5", Wt. 70 kgs, Fair Complexion, Edn. B.Com., working as a Office Administrator. Contact email : kevinbr85@gmail.com

**6854. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 6", Wt. 78 kgs, Tan Complexion, Edn. F.Y. B.Com., working as a Sales Executive. Contact email : rquadres85@yahoo.co.in

**6864. DUBAI** : Mangalorean Roman Catholic Divorcee, (Born in December 1963), Ht. 5' 6", Wt. 75 kgs, Wheatsih Complexion, Edn. Non SSC. working as a Driver in Well known Company. Well settled. Contact 971-50-3564608

**6863. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in June 1986), Ht. 6', Wt. 54 kgs, Wheatish Complexion, Edn.B.Com.,

working as a C.S.R. Contact email : canute86@gmail.com

**6713 MUMBAI** : Mangalorean RC Bachelor, (Born in September 1989), Ht. 5' 6", Wt. 67 kgs, Wheatish Complexion, Edn. B.E. (Extc) working as a Sales Engineer. Contact email : coelho.helen@yahoo.co.in

**6711 MUMBAI** : Mangalorean RC Bachelor, (Born in September 1985), Ht. 5' 8", Wt. 67 kgs, Wheatish Complexion, Edn B.Com., IATA, working as Investment Banking Analyst. Contact email : tristan.fernandes85@gmail.com

**6709 MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in May 1985), Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn.MBA, working as a Logistics Operations. Contact email ; rosd2505@gmail.com

**6707 MUMBAI** : Goan RC bachelor, (Born in June 1975), Ht. 5' 10", Wt. 70 kgs, Fair Complexion, Edn. B.Sc., having own business. Seeks a Family oriented girl. Contact email : maxabreo@yahoo.com / maxabreo@vsnl.net

**6700. MUMBAI** : Goan RC bachelor, (Born in September 1979), Ht. 5' 7", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Private Firm. Contact email : savio\_101in@yahoo.co.in

**6667 MUMBAI** : Goan R.C. Bachelor, B.Com., (Born in January 1983) Ht. 5' 7", Wt. 65 kgs, Fair, smart and good natured. Non alcoholic and non smoker. Seeks a fair, good looking, good natured slim Goan RC girl. Contact Mob: 9930466725

**6626 GOA** : Goan RC Bachelor,

(Born in March 1970), Ht. 5' 10", Wt. 75 kgs, Wheatish Complexion, Edn. BL/LLB., Self Employed. Contact email : gdsouza07@yahoo.com

**6590. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 10", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate, working as a Cruise Reception Manager. Contact email : fernajoy@gmail.com

**6589. MUMBAI** : Goan Roman Catholic Bachelor, (Born in March 1987), height 5' 8", Wheatish Complexion, Edn.B.Com, working as a Manager in a reputed MNC.

**6581. MUMBAI** : Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. S . Y . B . A . , Diploma in Food Production working as a F & B Service, working on Internation Ship. Contact email : anse\_g@1cloud.com

**6576. MUMBAI** : Mangalorean Roman Catholic Bachelor, (Born in october 1966), Ht. 5' 8", Wt. 69 kgs, Wheatish Complexion, Edn. SSC., having own business. Contact email : pauld'souza@ccicindia.com

**6575. MUMBAI** : Goan Roman Catholic Bachelor, (Born in May 1973), Ht. 6' 4", Wt. 98 kgs, Wheatish Complexion, Edn. HSC., working as a Steward in Oil Tanker - Foreign Ship. Contact email : 285vvictor@gmail.com

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**6557. BANGALORE** : Mangalorean Roman Catholic Spinster, (Born in August 1989), Ht. 5' 1", Fair Complexion, Edn. B.E., M.S. in California, working in **CALIFORNIA**, Seeks a Post graduate working in **U.S.** below 31 years. Contact email : jwanita@gmail.com OR helen\_monis@rediffmail.com

**6785 MUMBAI** : Alliance invited for 1985 born RC East Indian Spinster, 5' 6", B.Com., LLB., LL.M., Manager in an MNC, from Mumbai, Maharashtra for suitably educated RC bachelor, 32-35 years from Mumbai/abroad preferably Engineers/Doctors/Lawyers/CA/MBA. Kindly reply with details to : faith\_forever\_2017@yahoo.com

**6691. MUMBAI** : Goan Roman Catholic Widow, (Born in December 1965), Ht. 5', Wt. 59 kgs, Wheatish Complexion, Edn. B.Com., B.Ed., working as a Teacher in **BAHRAIN**. Contact email : noellachristine64@gmail.com

**6690. MUMBAI** : East Indian Roman Catholic Spinster, (Born in December 1986), Ht. 5' 2", Wt. 54 kgs, Fair Complexion, good looking, smart, intelligent, Edn. CS., LL.B., working as a Asst. Company Secretary. Seeks a suitable educated and well settled bachelor. Caste no bar. Contact email : joylinafaroz@gmail.com.

**6760. KUWAIT** : Mangalorean Roman Catholic spinster, (Born in November 1987), Ht. 5' 4", Wt. 70 kgs, Fair Complexion, Edn. B.Com., MBA Finance, working as a Administration in IT firm. Contact email : astridmathias@gmail.com

**6712. MUMBAI** : Goan Roman Catholic Spinster, (Born in February 1988), 5' 1", Wt. 55 kgs, Fair Complexion, Edn. B.Sc. Microbiology, working as a Quality of Map products. Contact

email : anupereira@yahoo.com

**6599. MUMBAI** : Goan Roman Catholic Spinster, (Born in 15-9-1980), Ht. 5' 5", slim, young and good looking, Edn. B.A. + Music Exams, Teacher by profession. Seeks a well settled tall bachelor. Contact email : septsmile3@gmail.com

**6554. MUMBAI** : Goan Roman Catholic Spinster, (Born in May 1987), Ht. 5' 4", Wt. 75 kgs, Wheatish Complexion, Edn. MBA (HR), Contact email : joaquimropose82@gmail.com

**6689. MUMBAI** : Goan Roman Catholic Spinster, (Born in May 1990), Ht. 5' 2", Wt. 60 kgs, Wheatish Complexion, Edn. B.Sc. B.Ed., M.A. M.Ed., Teacher by profession. Contact email : sspasware@gmail.com

**6688. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in November 1988), Ht. 5' 3", Wt. 65 kgs, Wheatish Complexion, Edn. C.A. Inter, working as a Business Development Executive in **DUBAI**. Contact email : sanyo\_suares@yahoo.com OR Mob.: 9821728168

**6593. MUMBAI** : Goan Roman Catholic Spinster, (Born in November 1988), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. MBA in Finance, smart and intelligent, working for private company. Contact email : fatulobo@rediffmail.com

**6592. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in October 1989), 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.Sc. Microbiology working for Pharmaceutical Company. Contact email : mili.ferns123@gmail.com

**6687. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in October 1989), Ht. 5' 4", Wt. 65 kgs,

Wheatish Complexion, Edn. M.A., B.Ed., Teacher by profession. Contact email : snlpinto@gmail.com

**6710. MUMBAI** : Goan Roman Catholic Spinster, (Born in November 1984), 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. MBA, HR. working as a HR Manager. Contact email : mmf8425@gmail.com

**6759. MUMBAI** : Mangalorean Roman Catholic spinster, (Born in April 1991), Ht. 5' 4", Wt. 45 kgs, Fair Complexion, Edn. B.A. (Economics), M. Communication, working as a Account Manager. Contact email : anlobo21@gmail.com / avi03lobo@gmail.com.

**6947. NEWZILAND** : Goan Roman Catholic Spinster, (Born in July 1984), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. B.Com., MBA Finance, working as a Finance Analyst. Contact email : ronifernandes2001@yahoo.com

**6698. MUMBAI** : Goan Roman Catholic Spinster, (Born in July 1985), Ht. 4' 8", Wt. 41 kgs., Fair Complexion, Edn. M.A. History, working as an Executive. Contact email : sharmayne7@gmail.com

**6697. MUMBAI** : Goan Roman Catholic Spinster, (Born in January 1979), 5' 2", Wheatish Complexion, Edn. Graduate / PGDHM, working as a Administor. Contact email : jmjcapricon@rediffmail.com

**6761. MUMBAI** : Mangalorean Roman Catholic spinster, (Born in April 1990), Ht. 5' 1", Wt. 54 kgs, Fair Complexion, Edn. B.Com., Teacher by profession. Contact Mob: 9892316638

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**6699. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in September 1976), Ht. 4' 11", Wt. 45 kgs, Wheatish Complexion, Edn. B.A., Diploma in Personal Secretaryship, Diploma in Art, Studing Diploma in Special Educator for deaf and deafblind. Contact email : saritadsouza08@gmail.com

**6658. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in October 1987), Ht. 5' 5", Wt. 45 kgs, Wheatish Complexion, Edn. B.E. in E&T. with Master, working for Corporate firm. Contact email : jovi\_tangerine@yahoo.co.in

**6657. VADODARA :** Goan Roman Catholic Spinster, (Born in May 1989), Ht. 5' 9", Wt. 75 kgs, Fair Complexion, Edn. B.A., working for MNC. Contact email : cheryl24052001@yahoo.com

**6656. MUMBAI :** Mangaloean Roman Catholic Spinster, (Born in May 1988), Ht. 5' 1", Wt. 49 kgs, Fair Complexion, Edn. MTech (Biotechnology), working as a Scientific Assistant, Contact email : rachealm28@gmail.com

**6644. MUMBAI :** Goan Roman Catholic Spinster, (Born in December 1991), Ht. 5' 4", Wt. 52 kgs, Fair Complexion, Edn. Graduate (Travel/Tours), working as Sr. Operation Exe., Contact email : bernie0164@gmail.com OR 9930466725

**6639. MUMBAI :** Protestant Spinster, (Born in June 1981), Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. B.A. Journalist, Working as a Fashion Designer. Contact Mob: 9820250350

**6638. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in May 1989), Ht. 5' 2", Wt. 57 kgs, Wheatish Complexion, Edn. M.Com., Bank Officer. Contact email : noronha2305@gmail.com

**6632. MUMBAI :** Mangalorean Ro-

man Catholic Spinster, (Born in November 1989), Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., working as a Travel Counsellor in MNC. Contact email : denverr89@gmail.com

**6631. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in September 1983) Ht. 5' 7', Wheatish Complexion, Ph.D., from American University, working as a Senior Healthcare Consultant in a MNC Mumbai. Kindly reply with details and full length photograph to mendoncaedwina@gmail.com

**6627. MUMBAI :** Goan Roman Catholic Spinster, (Born in December 1988) Ht. 5' 4', Wt. 58 kgs, Wheatish Complexion, Edn. Graduate with Diploma in Interiors. working as a Interior Designer. Contact email : virlib2209@gmail.com

**6606. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in September 1989), Ht. 5' 5", Wt. 55 kgs, Fair Complexion, Edn. BDS., MDS., Doctor by profession. Contact email : florinelobo26@gmail.com

**6602. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in 2-7-1981), Ht. 5' 3", Wt. 68 kgs, Wheatish Complexion, Edn. B.A., working as a Trainer. Contact email : charlottesimpleindian@hotmail.com

**6580. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in January 1982), 5' 2", Wt. 56 kgs, Wheatish Complexion, Edn. M. Pharm, Ph.D., Seeks a well settled qualified bachelor. Contact : email : apoline\_ubi@yahoo.co.in

**6577. MUMBAI :** Roman Catholic Divorcee, (Born in April 1989), Ht. 4' 10", Fair Complexion, Beautiful, Edn. Dip. in HM & Bakery, working as a Cashier / Ordertaker. Contact email : nshksp@gmail.com

**6574. MUMBAI :** Mangalorean

Roman Catholic Spinster, (Born in September 1990), Ht. 5' 5", Fair Complexion, Beautiful, Edn. B.Com., MBA, PGDM, working for Multinational Company. Contact email : roshanmehra@hotmail.com

**6570. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in December 1991), Ht. 5' 3", Wheatish Complexion, Edn. BBI, P.G.D.M. (H.R.), working as an Asst. Manager H.R. Contact email : venita.sal@gmail.com

**6560. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in December 1986), Ht. 5' 3", Wt. 79 kgs, Fair Complexion, Edn. B.Com., MBA in HR, working in a Reputed MNC in Mumbai. Contact email : jfran1302@gmail.com

**6566. DUBAI :** Mangalorean Roman Catholic Spinster, (Born in September 1986), Ht. 5' 5", Wt. 55 kgs, Wheatish Complexion, Edn. M.S. in HR, working as a Admin. Exec. (HR) seeks a Mangalorean bachelor preferably Postgrad./MBA/BE., Contact wedd\_prop@hotmail.com

**6565. MUMBAI :** Mumbai brought-up Keralite Anglo Indian Spinster, (Born in May 1988), Ht. 5' Wt. 48 kgs, Wheatish Complexion, Edn. B.Com., working as a Computer Operator. Contact email : elenarosedcosta@gmail.com

**6563. MUMBAI :** Mangalorean Roman Catholi Spinster, (Born in August 1990), Ht. 5' 5", Wt. 60 kgs, Fair Complexion, Edn. MBA Marketing, working as an Analyst, Contact email : noreen13nov@gmail.com

Address your replies to :

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ROYAL CHRISTIAN FAMILY,  
99, Perin Nariman Street, 1<sup>st</sup> Floor,  
Fort, Mumbai - 400 001.

# Make yourself promotable in a few easy steps

Getting promoted may sometimes feel like some sort of elusive mystery, but it's actually very do-able and entirely within your control. Here are few tips to make yourself promotable at work

Everybody likes to move up, so aspiring for higher managerial positions is only natural, especially when you know that you possess all the relevant skills and expertise. Listed below are few basic things to make yourself promotable.

**Market yourself:** In this era of marketing and soft skills,



only possessing specialised knowledge and skills is not enough to get you the much desired promotion. You have to make sure that your skills and professionalism are put to best display and comes to the notice of the people, who actually have the authority to decide the names of promotable candidates.

**Become a team player:** In an ideal world, promotions would be based solely on merit. But we don't live in an ideal world, office politics will often play a role in who gets promoted and who doesn't. Use and develop your network skills, be helpful to your co-workers, bosses and reports. Be popular and build strong relationships with the people you work with.

**Initiate positive change:** You will serve your purpose of becoming more promotable if you initiate positive change. Employees who get promoted generally tend to see problems and know how to solve them. They look for positive solutions that'll impact the company. Every aspect of their job performance is focused on making changes that will have greater impact on the overall productivity of the company.

**Avoid entitlement:** The biggest mistake people make when they're trying to get a promotion is assuming they deserve it. An attitude of entitlement about receiving a promotion, even if it is deserved, is never going to work because 'a give me monologue', without any substance, will quickly become background noise. Instead of focusing on promotion, you need to focus on things you need to do.

**Keep on learning:** If you become best employee, you are on your ways to success. But remember, it's not enough to be great at your job, you also have to develop skills that prepare you for more responsibility. Taking on projects is best way to broaden skills. So, keep learning and achieve success.

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request will be granted no matter how impossible it is

—Mariamma, Sion



## Thanksgiving



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—Gladys Pasanna, Andheri

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