

THE SECULAR CITIZEN

(Total pages 24)

A NATIONAL FAMILY WEEKLY

Vol.26 No.42 ■ Mumbai, October 16, 2017 ■ Rs. 5

Top 10 non-religious countries hostile to Christians: Pew

- 6 Syria
- 7 Iraq
- 9 Yemen
- 10 Eritrea
- 11 Libya
- 12 Nigeria
- 13 Maldives
- 14 Saudi Arabia
- 15 India
- 16 Uzbekistan
- 17 Vietnam
- 18 Kenya
- 19 Turkmenistan
- 20 Qatar
- 21 Egypt
- 22 Ethiopia
- 23 Palestine
- 24 Laos
- 25 Brunei
- 26 Bangladesh
- 27 Jordan
- 28 Myanmar
- 29 Tunisia
- 30 Bhutan
- 31 Malaysia
- 32 Mali
- 33 Tanzania
- 34 CAR
- 35 Tajikistan
- 36 Algeria
- 37 Turkey
- 38 Kuwait
- 39 China
- 40 Djibouti
- 41 Mexico
- 42 Comoros
- 43 Kazakhstan
- 44 UAE
- 45 Sri Lanka
- 46 Indonesia
- 47 Mauritania
- 48 Bahrain
- 49 Oman
- 50 Colombia

PRESSURE TOP 10

VIOLENCE TOP 10

= **RANK #**
 SCORE = 16.7 MAX SCORE = 100

BCS Vikroli Unit Protest for Not Implementing the Public Facility

On 4th October 2017 The Bombay Catholic Sabha, Vikhroli Unit along with Vikhrolikars had organized peace protest outside Vikhroli station East (CSMT end) as the Railways had proposed an Escalator on the East side of Vikhroli Station CST end but till date have not implemented the same. (copy of the same enclosed herewith) Also proper leveled exits on Westside and East side without blockage.

The Railways have constructed the BRIDGE towards CSMT end which 40 feet above ground level, but the stairs are very steep making it difficult for senior Citizens and handicap CITI-



ZENS to climb. Moreover the school

is just next to station, and office going crowd to and from Vikhroli and growing number of new Residents add to the crowd, these factors makes Vikhroli BRIDGE dangerous to travel during mornings and evenings peak hours. Hence the Escalator on East-side of Vikhroli makes it urgent need.

Other demands included ramp, speeding the work of Road Over Bridge which connects east to west, toilets and booking office on East side (CST end) remain pending inspite of assurance from the authorities. Homage paid by more than thousands of Vikhrolikars to all 23 commuters who lost their lives at Elphinstone bridge due to stampede including handicapped & senior citizens irrespective of caste & religion. The program ended by singing the national anthem.

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'Thought for the week'

Life is like a hot bath. It feels good while you 're in it but the longer you stay in, the more wrinkled you get.

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Insensitivity & Sensitivity

by Don Aguiar

Some years ago, I witnessed a couple's tiff at a restaurant. They were accusing each other of insensitivity and other emotional shortcomings! Did they really understand the meaning of insensitivity, I wondered.

Insensitivity is unfeeling, coldness of behavior shown and extended towards another as well as to all things on Earth. Insensitivity is when we harbor ill feeling while parting with someone we once loved and adored. It is the retention and preservation of ego that precludes all of us from reaching out to the other person and saying a genuine "sorry".

Insensitivity is choosing the wrong time to divulge what one thinks or feels (often negatively) about a person or situation. Au contraire, sensitivity is the positive outcome of one's whole persona and it contains the nuances of inherent civilized behavior in public and even in complete privacy. I once took a lady professor out for lunch in Seoul, South Korea. .

She was a hardcore non-vegetarian and relished semi raw fish. Having ordered asparagus soup with bread crumbs for myself, I asked the lady to order something non vegetarian for herself. Her reply has stayed with me all these years.

She said, "Despite being a non-vegetarian, I can't eat it in your presence. I can sacrifice my meat and fish intake for your sake as you visit so rarely. I know, you've never touched meat and fish during your visits out here and despite your insistence, I can see that you are not really comfortable about this." T S Eliot said, "Sensitivity is when you can look into the other person's eyes and read his mind without waiting for him to utter those words."

Recently 3 incidents which have shaken us and make us rethink our sensitivity or insensitivity and where we are moving –

Man who was owner of 12000 crores Empire, Raymond, is now living in rented room on hand to mouth basis because of his Son has shown him Exit door of house.

Billionaire woman died in her posh flat in Mumbai, her body became Skelton in one year and her millionaire Son was not even bothered to know about her in last one year

An IAS officer topper of 2012 batch committed suicide because he was unable to cope up stress with his family issues.

All these incidents tell us of our insensitivity or sensitivity and that Money and Power/Reputation are not the only things which make you feel your complete unless and until you are not happy with what you have in your life, it's incomplete.

(Contd.. on p. 15)

(Contd.. from p. 14)

Yesterday I was out to meet a friend for a few drinks. And since there was going to be some drinking involved, I decided to take a rickshaw to avoid doing some "drinking and driving" while coming back.

The rickshaw went into a pothole just a few minutes down the road. I had just to ask the guy to drive a bit more carefully and it was like a flood of abuses opened up.

'Saab, road hain kaha theek se chalane ke liye?? Ye Modi ne na..... he almost screamed at me.

Just for the heck of it, I decided to counter the guy with, "Oh come on, Modi doesn't build the roads". The rickshaw wala gave me a glare as if I didn't know crap about what I was talking.

"Sir, you don't understand," he said, "Modi is all talk and no show. He can only give Bha-shans on the TV. Delivery is zero!! He keeps doing his Mann ke Baat, never listens to our Mann ke Baat. And by the way we have BJP in Maharashtra too, remember?"

"That's not fair", I retorted, "Modi is the PM, he works on the bigger picture." Kaahe ke PM Sir", the rickshaw wala glared at me. "He keeps flying around everywhere. PM kam, Tourist jyada hain."

I controlled my grin and went on, "But boss, look at the way the Economy has shaped up under Modi's policies" this must have pissed off the rickshaw wala since he almost stopped the rickshaw, "GHANTA!!! What Economy has improved?"

"Arey Bhai, the fiscal deficit has gone down", I said calmly. The rickshaw wala exploded, "Oh Saab, you keep your physical depishit in your pocket. Ye phiskal whiskall I don't understand. I understand simple things.

Previously I used to earn Rs 500 per day and give my wife Rs 300 per day and she used to run the house. I used to put Rs 100 in savings and Rs 100 I used to have ekdum mast quarter and chakna. Now I don't even earn Rs 300 per day. Even if I give that Rs 300 to my wife she doesn't manage to run the house in that much money. Quarter and chakna ki to bat rehne do, but even that has become costly. Now tell me, Aap ka ye phiskal dipisit leke hilau kya?"

Much to the rage of the rickshaw wala I started laughing. It took me 15 minutes to convince the rickshaw wala that I was not a Modi supporter and that I only posed these questions to seek a response from him. Fortunately he was convinced and didn't throw me out of his vehicle.

But it did get me thinking of how much our present government who was voted to power on their plank of their promise of giving the common man "Achaa Din" is being sensitive or insensitive to this promise of theirs.

We keep throwing terms like GDP, Fiscal Deposit, Exports, FDI and other Economy Growth rate indicators, but does that really matter to the common man?

These are all good for the drawing room discussions over a glass of scotch. **What really matters are these questions:**

- 1) **Has your income increased than what it previously was?**
- 2) **Have your monthly expenses reduced than what they were before?**

And more importantly

- 3) **Are you able to save more than what you could before?**
- 4) **Are you able to afford more things in your savings than what you could before?**

If the answers to these questions are YES, you have chosen a Government who is SENSITIVE and capable and competent to improve your standard of living and you will be experiencing "Aacha Din"

If the answer is NO, the Government you have chosen is INSENSITIVE and is incompetent and has no clue how to improve your standard of living and the "Aacha Din" promised by them is far from reality.

That's when the common man sees the ministers and the government who is insensitive to their needs and instead shows off their

money, power and reputation all around like

In Delhi they don't know which car to take out today when the common man has no money for even public transport

While - In Mumbai people don't know on which platform train will come today or when crossing the railway foot over bridge will they reach their destination/the other side alive and in one piece due to either the sensitivity or insensitivity of the railways towards the public at large of maintaining these fob structures, trains, assets in good usable condition.

The Government and people of Maharashtra, the Government of India, must pay heed to the fact that, 'the whole India is one family', that every citizen in a civilized India is endowed with rights that every citizen have to be treated with sensitivity, compassion, care and the dignity they deserve. Above all the Government and the railways have to realize that like themselves, their bosses the ministers/politicians and the rest of us, the citizens/Mumbaikars are humans too!

'Vasudhaiva Kutumbakam' meaning 'the whole world is one family', is an ancient Sanskrit phrase found in the Maha Upanishad, one of the sacred texts of Hinduism. This important text underlines a basic tenet of Hindu philosophy, which includes welcoming, hospitability, tolerance, harmony, unity, sensitivity. All will agree that the present government dwells on this Hindu philosophy. But are they, the government, interpreting it correctly as it is meant to be or misinterpreting it as per their requirement of their ideology?

For several centuries India as a country and a large percentage of the citizens have been doing their best to live up to this ideal 'the whole world is one family' as India has been home to races, nationalities, tribes, religion and cultures from across India and the world.

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An Eco-Friendly Diwali 2017

A letter to Mummy and Daddy

Dear Mummy and Daddy,

I am very happy that the Diwali is fast approaching. Diwali is called a festival of lights. Darkness represents ignorance, and light symbolizes knowledge. Therefore, lighting a lamp means the destruction, through knowledge, of all negative forces - wickedness, violence, lust, anger, envy, greed, bigotry, fear, injustice, oppression and suffering etc. Hence Diwali celebration comes with the hope of bringing light (knowledge) in a world of full of darkness (evil).

However, dear Mom and Dad, I want to express my deep sorrow on the way this festival of light is being celebrated.

DO YOU KNOW?

- During the Diwali season we are forced to breathe poisonous air affecting our health.
- Sick, elderly and the homebound suffer terribly, while we enjoy bursting crackers.
- Little babies must be crying and crying without able to say anything about their pain.
- How much the animals and birds suffer due the harsh and loud noise of crackers.
- The heaps of garbage left behind makes our beloved country 'dirty' instead of 'Swachh' Bharat.
- The garbage dumped in the dumping grounds carries poisonous water to the rivers.
- Hundreds of crores are spent on crackers, that too to create avoidable pollution.
- By bursting crackers we support child labour as these fireworks are made by little kids like me.

Therefore, my dear Mom and Dad, I want to celebrate this year Diwali in an environmental friendly way. I am sure you will cooperate with me. I promise you whatever money you give me to buy crackers, I will use it for a good and noble cause.

Wishing you a Happy and Green Diwali!

Lots of kisses,
Your loving child.

*Contribution by Fr Felix Rebello
Parish Priest
Infant Jesus church,
Jogeshwari-East*

Selfie Craze-y

India has been hit by different types of preventable deaths. Now, a new phenomenon has choked the country: "selfie deaths". In the years, 2014 to 2016, the country has had the dubious distinction of topping the list in selfie-related deaths. We accounted for sixty per cent of all global selfie deaths. "Selfitis" or "selfie mania", as one would like to term the selfie craze, has snuffed bright young lives. Maharashtra, Tamil Nadu, Delhi, Kerala and Karnataka are the states which account for the majority of selfie deaths though no corner of the country is safe. Inarguably, places of tourist attractions are the favourites for these. All selfie obsessed men and women are obviously eying a "milestone" or "appreciation" from their "likers" on social media. The ingrained inclination to bask in their "glorious moments" has further emboldened the selfie maniacs. Many who lose lives are obviously "experienced selfie takers" who desire to add another feather or two to their cap forgetting they are jeopardising their lives. Psychologists have said that the selfie lovers are preoccupied more with their "mirror image" than their usual self-leading to disaster. Registration, counselling and warning boards can go a long way in rooting out this menace. Whether or not the people will pay heed to the warnings is another matter. However, the government and the public should act in tandem to put an end to the hazardous "selfie" past time.

— Jubel D'Cruz,
Mumbai

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'Final Battle' will be over Marriage and Family!

by DR. TREVOR COLASO

As we approach the centenary of the Fatima apparitions, Catholic News Agency had reported on 08 July 2016, that Italian Cardinal Carlo Caffarra, Archbishop of Bologna, Italy, one of the Church's stoutest champions on 'marriage and the family' revealed, that Fatima visionary Sister Lucia wrote him a letter.

"The 'final battle' between the Lord and the kingdom of Satan will be over 'marriage and the family' ... This the decisive issue. Nevertheless, Our Lady has already crushed the head of Satan!"

Miracle of the Sun: This was an actual incident that occurred on 13 October 1917. It was witnessed by over 70,000 people who had gathered in response to a prophecy made by the three Fatima children – that the Blessed Virgin Mary would appear and perform a miracle. The sun appeared to 'dance' or zig-zag in the sky, careen towards the earth, and emit multicolored lights. This celestial event lasted about ten minutes.

Our Lady of the Rosary: After a thorough and prolonged canonical investigation the local Bishop Jose da Silva, with sworn testimonials from secular reporters, government officials, besides sceptics and atheists, declared the miracle "worthy of belief" on 13 October 1930.

Besides a call to 'penance', Fa-

tima is a special invitation to recite the rosary! So central is the rosary to the 'Fatima message' that Our Lady identified herself as The Lady of the Rosary! In each of the six apparitions she asked for a daily rosary for world peace!

Saint John Paul 11: "You could feel that the family was the core of his Pontificate; since it has to do with the supporting pillar of creation, and the truth of the relationship between man and woman. And if this foundational pillar is damaged, the entire building collapses. We are seeing this happen now", opined Cardinal Caffarra, who was commissioned by the Pope in 1982 to plan and establish the *Pontifical Theological Institute* for Marriage and Family Sciences. Then on 08 September 2017, Pope Francis issued *Summa Familiae Cura* – "Greatest Concern for the Family", which redefined its mission.

Familiaris Consortia (FC): - "Role of the Christian Family in the Modern World" (22 November 1981) by Pope John Paul 11. – "Marriage is one of the most precious, and the foundation of the wider community of the family; since the very institution of marriage and conjugal love are ordained to the procreation and the education of children."

Among other observations, (FC) reiterates the Church's rejection of artificial birth control, previously elaborated in *Humanae Vitae* – "Of Human Life" (25 July 1968). (FC) describes the family relative to the larger society, including "service to the poor". It involves the family in the practice of the "Catholic Faith", especially urging "family prayer"! It rejects alternative arrangements like 'trial marriage' and 'civil marriage' with no publically recognized bond.

Child Sex Ratio (CSR): Through Medical Termination of Pregnancy, and Pre-Natal Diagnostics, the number of females per 1,000 males (2011 census), is 940 in the age group 0-6 years (CSR). Kerala had the highest –

964, Maharashtra – 894, and Haryana lowest – 834. The American CSR in 2011 was 1,025.

It is estimated that 2,000 girls a day go missing in India, because of violent treatments meted out to them – in the womb due to female feticide, and after birth and infancy, due to criminal neglect.

Reconciliation in Christ! Our beloved Cardinal Oswald Gracias' Coat of Arms bears four distinctive motifs: Washing of feet; Letter M; Scales of justice; and Handshake – with the motto: "*To Reconcile All Things in Christ*" – A herald for estranged couples to bury the hatchet; and a renewed call for rapprochement among neighbors and even enemies.

His motto is truly Scriptural: "And through Christ, God reconciled everything on earth and in heaven; by making peace through the shedding of His Son's Blood on the Cross ... And so entrusted the ministry of reconciliation; through which in Christ, God was reconciling the world to Himself, not counting people's sins against them" (*Colossians 1:20 ... 2 Corinthians 5:18-19*).

Conclusion – Love alone Triumphs! Establish marriage into an enduring association! Create a family into an endearing organization! Make no mistake, for Jesus commanded: "Therefore, what God has joined together, let no one separate" (Mark 10:9).

Through years of intimacy, spouses may experience hardships and trials. We are all sinners in need of God's Divine Mercy! There are times when a husband and wife may fail each other, and mess up their relationships by doing something hurtful. However, allow God's word to flower in you. You have been cemented into an inseparable love under oath. Do not let cruel circumstances dismantle your love, Rather seek forgiveness, and accommodate spaces for the power of love to triumph – "Above all, love each other deeply, because love covers a multitude of sins" (1 Peter 4:8).

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More Power To The Word



BY FR. CEDRIC PRAKASH SJ

to him, *"but now, at your command are other weapons, my good Lord"*. And Richelieu readily agrees, *"the pen is mightier than the sword... Take away the sword; States can be saved without it!"*

Across the world today, several dictators, fascists, fundamentalists and totalitarian regimes are afraid of the pen and use the sword to throttle freedom of speech and expression. Journalists and others who are visible and vocal in taking a stand for truth and justice, are harassed and incarcerated; brutalized and murdered. There is however, only one way forward: more power to the word! Therein lies our hope for tomorrow!

*(Fr. Cedric Prakash sj is a human rights activist. Contact:cedricprakash@gmail.com)

Exactly one month after the brutal murder of Gauri Lankesh, the well-known journalist and activist, thousands of citizens gathered for a massive rally in Delhi on October 5th. It was truly a 'March for Democracy' demanding #JusticeForGauri and for intellectuals and journalists like Narendra Dabholkar, M.M. Kalburgi, Govind Pansare, Shantanu Bhowmick and several others, who have been killed in recent times, because of their courage to stand up for truth and justice.

The massive crowd comprised a large spectrum of civil society and included media personalities, human rights and social activists, students and academics, grass root workers and intellectuals. Their refrains were loud and clear **'Protect Dissent and Democracy'**, and say **'No to Fear and Hate'**. Posters and banners with slogans like *"we are Gauri"* and the words of Pablo Neruda *"you can crush the flowers but you cannot stop the spring"*, were carried by the marchers.

As if on cue, most of the so-called 'mainstream media' hardly gave this massive march the coverage it deserved! Several of the journalists and other media folk in India, are coopted, bought up or bamboozled into silence. Some are just frightened. Huge corporations that are in sync with a corrupt Government, through dubious ways, have taken over some of the major print and electronic media. More are apparently in the offing. There are a good many media 'guys' who scream themselves hoarse on their channels in efforts to mouth lies, half-truths, 'feku-isms' and toe the line of their political bosses.

Freedom of speech and expression is systematically being throttled in India; the marchers in Delhi, made this

evidently clear to all. Few of the major newspapers in India are able to demonstrate the freedom, the courage, the objectivity and the intellectual depth which some of the US dailies do today, as they take on President Trump and his policies, incessantly. Fortunately, we still have some excellent journalists, in India today, made in the mould of Gauri, who are articulate and fearlessly take on the fascists and fundamentalists who are trying to deny the citizens of their legitimate rights.

Very significantly on October 5th, it was announced in Stockholm that the Nobel Prize in Literature for 2017 was awarded to English author Kazuo Ishiguro *"who, in novels of great emotional force, has uncovered the abyss beneath our illusory sense of connection with the world"*. Ishiguro has written several best-selling novels. He also speaks plainly on critical issues. Writing a powerful op-ed in the 'Financial Times' (July 1st 2016) a little after the United Kingdom had decided to leave the European Union, he raises a critical question as to whether Britain had voted for xenophobia; he concludes his article saying, *"we need a second referendum, for or against a "Brexit Light", that will unite Britain around its traditional humane instincts. And to isolate the racists who today deludedly believe they have won the backing of the country"*. Words certainly very applicable to the situation in India today!

More than 175 years ago, novelist and playwright Edward Bulwer-Lytton in his historical play of 1839, 'Cardinal Richelieu' wrote those immortal words, *"the pen is mightier than the sword"* Richelieu who was the Chief minister of King Louis XIII, discovers a plot to kill him; but he is a priest and therefore unable to take up arms against his enemies. His page, Francois, points out

Thanksgiving



May the Sacred Heart of Jesus be Praised Adored, Glorified and Loved today and everyday throughout the world, now and forever.Amen!!

Ask St. Clare for three favours two impossible and say nine Hail Mary's and the above prayer for 9 days with a lighted candle and publish on the 9th day your request will be granted

no matter how impossible it is

—M. D. S. Borivali

Growing importance of Fatima Message of Peace

by Don Aguiar

“**F**atima is a message of peace brought to humanity by three great communicators who were less than 13 years old,” the Pope said. He emphasized the theme of peace: “The world can hope for peace... With everyone I speak of peace!”

We are presently living in a world in pieces, our world is in trouble. People are hurting and angry. They see insecurity rising, inequality growing, conflict spreading and climate changing.

The world is experiencing people persisting in evil ways.... Greed, hatred, selfish acts, rivalry and rift and the world is heading just in the opposite direction of the Virgin Mary's message and all natural phenomena like smoke, hail, cold, water, fire, floods earth quake, winds and inclement weather are slowly battering our planet

THE Peace message is just as relevant today, with more than 50 active violent conflicts across the globe in a third World War fought piecemeal.

The message of peace Mary gave to three shepherd children 100 years ago at Fatima, Portugal, is still timely and urgent in 2017 and is an ongoing reminder that flashes of the divine are revealed in unexpected places, according to reliable information

Between 13 May, 1917, and 13 October 1917, Mary appeared on six occasions in a field to Lucia dos Santos and her cousins, siblings Francisco and Jacinto Marto, who are now saints.

It was noted that the Marian apparitions were met with understandable doubt and active resistance in 1917. But today Fatima is a central element of reverence for Portuguese Catholics, an inescapable element of Portuguese identity and an

international gathering place for people looking for answers to personal existential questions.

At Fatima a woman brought the message of peace that was addressed to children. At the United Nations, there is a growing understanding of the peacemaking role of women, and world leaders must guarantee that children grow up in safety and are allowed to become peacemakers.

Mary essentially came as an ambassador of peace with a summons for the shepherd children to be key staff members, of her permanent mission to all the nations.

The mission is just as relevant today, with more than 50 active violent conflicts across the globe in what Pope Francis has called a 'third World War fought piecemeal, as it was a century ago during the First World War,

It's astonishing that Mary would preferentially come, not to heads of state or diplomats or religious leaders directly to enlist them in the cause of peace but to three simple children without much education and entrust them with a message, secrets and a special task for the cause of peace and the good of souls and the world,

The selection criterion shown by Mary reveals that everyone has a role, even those whom the world considers insignificant, or incapable or too young. If the shepherd children could be chosen, and they could respond as wholeheartedly as they did, it's a sign of what is possible for everyone.

The credibility of the Fatima apparitions to the children is beyond reproach and extends to the public miracle Oct. 13, 1917. On that day, gathered in anticipation of a promised sign from Mary, thousands of believers and skeptics saw the sun appears to "dance," spin and change colors.



It is unlikely that 70,000 people, including church authorities, journalists from anti-Catholic newspapers, unsympathetic public officials and anti-clerical people, experienced a mass hallucination with regard to the sun.

The message of Fatima encourages conversion from sins such as the idolatry of money, the burgeoning arms trade, and lack of hospitality to the needy migrants. Without conversion, peace will always remain merely an illusion. Conversion is a precondition for peace.

Peace begins in the heart, and prayer is its instrument. The message of Fatima contains a lesson about the objective value of prayer, that prayer can change not just the world inside the one praying, but the world outside,.

Fatima's message is the hour has come when women impregnated with the spirit of the Gospel can aid humanity.

Women have been entrusted with the totality of the human person and its protection and an opportunity to help other women embrace their feminine genius and work for peace People must know the past and listen to one another, especially victims of conflict, to live in peace.

In Fatima, the children were open to the possibility that life can be surprisingly

(Contd.. on p. 9)

(Contd.. from p. 8)

peaceful; People who want to hear the voice of God should listen with a humble heart educated by daily prayer,

By entrusting her message to very young, poor shepherds at a time of widespread destruction and hopelessness, Mary gave them a mandate of peacemaking. Children of today have the same dream of a world where violence doesn't take place, yet for many children the dream is a nightmare.

Violence against children costs \$7 trillion each year and compromises economies. It is a pervasive, corrosive and silent emergency that affects the world's youngest citizens, but it's not a fate. Safe, inclusive, relevant, empowering, quality education can bring an end to violence.

The response of the shepherd children at Fatima is a model for all young people to follow. They offered their suffering and made prodigious spiritual growth as an extraordinary contribution to peace.

With the help of Jesus through Mary, each and every one can take each day the first step toward their brother or sister, and so build together, day by day, peace in love, in justice, and in truth and show by their lives and by their works the passionate and tender love of God for the little ones, the underprivileged, the vulnerable and those whom our world has discarded.

The power of the powerless surprises us in every generation. By doing what is asked of us, we can do great things to build peace..

We have the message of Our Lady of Fatima to practice and propagate, the world over, which is the need of the hour.

Let us take the first step in the process of reconciliation after a half century of internal and external conflict the world over as it is clear that the Evil One wants to divide the people to destroy the work of God, but is equally evident that the love of Christ, His infinite mercy, is stronger than sin and death

Organ Donation: What you should know?

Orlem Social and Cultural Committee (OSCC) conducted a seminar on Organ donation, Sunday Oct 1, 2017 in St Anne's School hall. The panellists consisted of eminent resource persons drawn from various fields associated with organ donation. Dr Alan Allapat, who figures in the Limca Book of Records for giving free immunisation doses every Wednesday for over two decades, coordinated the seminar. Our religion encourages organ donation and we are exhorted to treat the body of the dead with respect and charity. So, if you wish to give freely to others what God has given freely to you, this is what you should know and what you should do. One, pledge your organs, fill the donor card and keep it in your wallet. If you don't have a donor card, download and print the card from www. Mohan Foundation, the largest voluntary organisation in the field of organ donation. Two, inform your family of your desire to donate your organs. Ultimately, organ donation depends on your family, irrespective of your wishes.

After natural death only eyes, bones and skin can be donated. Eye donation may be made up to 6 hours after death. The procedure does not result in any disfiguration and

takes about half an hour. The head of the deceased should be raised by placing two pillows. A damp cotton should be placed over the eyes and fans should be switched off. AC if available is recommended. In Mumbai call 1919, 24x7. Personnel from Parel eye hospital will respond and conduct the procedure at the residence of the deceased. Even old persons up to 80 years can donate eyes, though corneas of young persons are preferred.

Organs like heart, liver, kidneys, pancreas, lungs etc can be harvested only from brain stem death persons. Donations following such deaths are fewer in nature, and take place in hospitals. They are certified by a doctor as brain stem deaths. Such patients are on ventilator along with other life support systems so as to maintain the blood flow to the organs. Brain stem death is irreversible unlike comatose patients who can regain consciousness. For harvesting of organs of brain stem death persons the body has to be shifted to a transplant authorised hospital. The procedure may take some hours or even a day. The body will be returned in a presentable condition for last rites. Finally, bodies in any condition may be donated for medical research.

—Prof Robert Castellino
Orlem

MATRIMONIAL

MUMBAI : Mangalorean Roman Catholic spinster (Born in April 1973), 5' 5" tall, looks much younger to her age, good looking, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 47 years, employed in good position and well settled in Mumbai or abroad. Contact email.: bellwether77@yahoo.com OR Mob.: 9892700617



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Ratzinger Foundation's New Prize-“Expanding Reason”

The Vatican's Joseph Ratzinger Foundation unveiled a new prize, “Expanding Reason”! This is the central idea in the teaching and work of Joseph Ratzinger (Emeritus Pope Benedict XVI)- A man of intelligence and reason in search of truth.

“The idea for the prize is a way to encourage research through scholarly work in the direction of a dialogue be-

tween science and philosophy/theology”, said president of the Foundation, Fr Lombardi to EWTN News on 26 September 2017.

“Confidence in human reason is the basis for a dialogue between different fields of human knowledge. It is also necessary to find the direction, and to answer the big questions of life and death, and the history of mankind.”

The Ratzinger Prize was inaugurated in 2011. Now in its seventh year, it is organized in collaboration with the University of Francisco de Vitoria of Madrid. The Prize currently has more than 300 applicants, which shows its popularity! Four were chosen, all Americans!

1. Darcia Narvaez, professor of psychology at the University of Notre Dame. Her thesis - “Neurobiology and the Development of Human Morality: Evolution, Culture and Wisdom, in Child Development”!

2. Three others won as a group under the teaching category – “Healing Earth”, an online manual of environmental science, ethics, spirituality and action in promoting awareness in environmental problems.

And if I may conclude Biblically: ‘Expanding Reason’ has eight attributes: “The ‘wisdom’ from above is pure, peaceable, gentle, open to reason, full of mercy, occupied with good works, impartial and sincere” (James 3:17).

—Dr. Trevor Colaso,
(Memphis, TN. USA).

Three Days Retreat in Konkani

Praise the Lord Jesus! Alleluia



The word became a human being and, full of grace and truth, lived among us. (John 1:14)

Three days Retreat in Konkani

conducted by Rev. Fr. Onil D'Souza

(Director, St. Anthony Ashram, Mangalore),

Br. Joel Lasrado

(Former Preacher of Divine Retreat Centre, Potta)

& Br. Rony

at Our Lady of Health Church,

Sahar, Andheri (E)

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Mrs. Teresa Fernandes

Elphinstone Road FOB Stampede

MRS. TERESA FERNANDES - 1978 - 2017 (R.I.P)



A beautiful garden now stands alone,
 missing the one who nurtured it
 But now TERESA is gone,
 Her flowers still bloom, and the sun it still shines
 But the rain is like tear drops, for the one left behind
 The weeds lay waiting to take the gardens beauty away
 But the beautiful memories of its keeper are in our hearts to stay,
 she loved every flower even some that were weeds,
 So much love she would plant with each little seed
 But just like her flowers she was part of God's plan
 So when it was her time he reached down his hand
 Be look through the Garden searching for the best
 That's when he found TERESA, it was her time to rest,
 It was hard for those who loved her, just let her go
 But God had a spot in his garden, that needed a gentle soul
 So when you start missing THERESA, remember if you just wait,
 When God has a spot in his garden, She'll met you at the gate.

—JOHN ANDREW LOBO

A Parishioner Of Our Lady Of Salvation Church, Dadar

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Rosary Rhythms

“Another article on the ‘rosary?’, I am quite certain a dear friend would quip. Actually, I had decided not to write one this year, for two good reasons: one, several have read my articles ‘A Rosary in Your Car!’(2015) and ‘My Rosary by My Pillow’ (2016) besides an earlier one ‘Is the Rosary in My Pocket?’(2011). All are personal reflections and my views on the Rosary remain unchanged; secondly, I had blocked this week-end to complete some long overdue assignments – so I needed to remain focused without any other ‘distractions’. But then, here am I actually putting down some of my reflections, with no particular or compelling reason! Or perhaps there is!



BY FR. CEDRIC PRAKASH SJ

in this part of the world do the very same)

It is understood that the Christian practice of saying the Rosary became a devotion several centuries after the birth of Christ. The Marian Rosary as a daily family prayer, gained prominence since 1917 after the Fatima apparitions, exactly one hundred years ago. The Christian Rosary of today was adopted from already existing Indic and other eastern religions and con-

textualized in the life of Mary and Jesus. Over the centuries, Christianity (and so have other religions) has constantly accepted and adopted practices, which have roots in other traditions and practices. A similar argument can be applied to yoga too! Besides, as Christianity spread, it had the openness to embrace other cultures provided these were not contradictory to the core values of the Gospel.

In 2011 in my reflection, ‘Is the Rosary in My Pocket?’ I wrote, *“the Rosary for me is surely a bouquet of roses! It is a time for recollection, repentance, rejoicing, renewal and reaffirmation. Several times a day, I need to check if my Rosary is in my pocket.... It does not matter if it is entangled with my many keys... It’s still there, a great reminder that I should not miss praying my Rosary for the day...!”*

In 2015, in ‘A Rosary In Your Car!’ after that meaningful experience with Rhianna and Andre, I shared, *“I see the rosary dangling in the inside of their car in front of them. They surely need not have put it up there; but once again, they have made a choice! Was that rosary a sign of their motivation; of them wanting to help others! A re-*

minder of Mary: that all - embracing woman, the Mother of Jesus – who reached out to her relative Elizabeth and ultimately reached out to all? Is it a reminder to them - and to all of us - that little selfless acts of kindness help in making our world a better place?”

Last year in 2016 in ‘My Rosary by My Pillow’ I reflected, *“over the years, my Rosary became an ‘essential’ in my ‘carry-ons’ I have found it difficult to go anywhere without the Rosary in my pocket! I have oftentimes wondered if it is just a ‘superstition’ like the charms or amulets that people wear for ‘good luck’ or to ward off evil. No, for me, it is much deeper: a sign of my faith! The fact that Mary my mother accompanies me in this journey of life; in the very same way she accompanied her son Jesus in the joyous, luminous, sorrowful and glorious stages of his life on earth”.*

In 2015, I concluded my article with, **“October 7th is the Feast of Our Lady of the Rosary in a month which has been dedicated to the rosary. Many of our families seem to have done away with the time-tested practice of the daily recitation of the rosary in the family; however, there are still some who faithfully carry it in their pockets, wear it around their necks and even hang it out on their inside rear view mirror of their car. I am not one who is easily given into ritual or religious props. Today, after that memorable experience with Rhianna and Andre, I ask myself, “do I see a rosary in your car? or if you don’t have a car, is there one in your pocket? And if so, does the rosary motivate you to reach out to others?”**

The Rosary has rhythm indeed; it has movement and motivation; it has sounds and silence; it has prose and poetry; it has context and contemplation. Each of us is invited today to gear our lives to the rhythms of the rosary!

HAPPY FEAST OF OUR LADY OF THE ROSARY!

**(Fr. Cedric Prakash sj, is a human rights activist. This is a Personal Reflection on the FEAST OF OUR LADY OF THE ROSARY October 7th 2017. Contact:cedricprakash@gmail.com)*

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Thanksgiving

My heart felt thanks
to
Holy Family
for the favours granted

—A Devotee, Bandra

Novena to the Sacred Heart of Jesus

Almighty arms of Jesus, before you I come with all my faith begging you for comfort in all my difficulties. Do not forsake me, Good Jesus.



Open your doors in my way that your Almighty Arms will open and close as you design to give me that tranquility that I so desire (make your petitions for three difficulties).

Oh my Jesus, receive that supplication from a wounded heart that is always fighting for me, with your divine power, never let me scramble for want of help. Almighty Jesus assist me to find a shelter in your celestial country ever AMEN.

Kindly note: This prayer start on Friday and must continue for 15 days. Make 4 copies and give away. Each day light a candle while praying and then put it out. Only one candle to be used for 15 days. Thank you my Lord for helping me in all my difficulties and special favours granted.

—Ryan Fernandes,
Navi Mumbai

Unfailing Prayer to St. Anthony



O holy St. Anthony, gentlest of Saints, your love for God and Charity for his creatures, made you worthy, when on earth, to possess miraculous powers. Miracles waited on your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore of you to obtain for me (request). The answer to my prayer may require a miracle, even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours.

Mrs. Matilda Rego



Thanksgiving

Thanks to Sacred Heart
of Jesus & St. Jude for
the favours granted



May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen, Say this prayer nine times a day for nine days.

— A Devotee

Prayer to St. Expedite for solving a financial crisis



I call forth the Power and the presence of **St. Expedite** in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) _____
My financial need is urgent. Be my

Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God.

Amen. (Promise Publication)

—A Devotee, Thane

Consul of Spain from 'Mangalore' roots

The prominent ancient Konkani's of 'Saraswat' origins of several offshoots, generally labelled 'Mangaloreans', have made an idelible mark all over the world for decades and is a shining fact, increasingly visible. Here, take a look at a rare appointment revived to continue the long traditions of Spain, indeed another thrilling episode.

Effective June 2017, Embassy of Spain in New Delhi appointed Antony Lobo, as the Honorary Consul of Spain and Head of Mission in Chennai. The appointment has been ratified and endorsed by The Ministry of External Affairs, Government of India. The Hon Antony Lobo, hails from a well known Mangalorean family and is of the third generation living in Chennai, formerly called Madras.

In modern terms, a consul is categorically a diplomat - "an official appointed by a government to reside in a foreign country and represent its interests there." Generally, the consul is the head of the consular section of an embassy, and is responsible for all consular services such as immigrant and non-immigrant visas, passports, and citizen services for expatriates living or traveling in the host country. Add to this the charge of furthering all interests of the country represented such as human relations, trade and cultural ties apart from all special needs from time to time.

The Consulate of Spain is the official representation of the Spanish government in Chennai. Through the fields of education, politics, economy, press and diplomacy, Consul Antony Lobo is working to achieve closer cooperation and relations between India and Spain, encouraging and fostering stronger educational, economic,

cultural, touristic, humanitarian and Bi-lateral trade/ relationships between both countries. Recently, a Spanish visa application centre was opened in Chennai facilitating quicker processing of visas to Spain. The centre operated by Ms. BLS

International Services Ltd., In the past, visa applications were processed at Mumbai and Delhi only. With commencement of the Chennai centre, visitors to Spain can now benefit from the convenience of this service. Consul Lobo currently also serves as the Managing Director of AMLO Advisory (P) Ltd, an International Advisory firm offering advisory services in International Trade on Imports and Exports to large Corporates and trade Customers.

The Hon Consul's Mangalore roots:

Antony Lobo's maternal grandfather Chevalier Gilbert Pais, a leading Advocate, and Senior Partner of the Firm Pais, Lobo and Alvares in Chennai in the year 1948. Chev Pais was appointed Vice Consul of Spain in 1953. He was earlier knighted in 1948 by Pope Pius XII, with the Knighthood of St Gregory the Great with the title Chevalier. This was for his exemplary and honorary services to the Church. In 1969 General Francisco Franco, Spanish head of State, Regent of the kingdom conferred on Chev Pais the 'Knighthood of Isabel La Catholica'. Later due to his ill health in the year 1970 the mantle was handed over to his son-in-law, Consul Antony's father Chevalier George Lobo, son of Anton Lobo from a well known 'Shenoy' family of Central Mangalore. Chev Lobo, in 1974 was knighted by



Antony Lobo

General Francisco Franco and conferred the 'Knighthood of Cruz De caballero la order de Merito civil' for his honorary and exemplary duties toward Spain and for arranging very successfully the various visits of High level Spanish Officials as well as the first official visit of Prince Juan Carlos to India and subsequent visits of Her Majesties Queen Sofia and her Mother Queen Frederica to India and more specifically to Chennai a number of times.

Upon the demise of Chev Lobo, the mantle fell on Consul Antony's mother, Mrs Inez Lobo (daughter of Chev Gilbert Pais) in 1985 with The Vice Consulate being upgraded to a Full fledged Consulate. Mrs Inez Lobo was instrumental in continuing the good work very effectively and was honoured in 1997 with the 'Rociero De Honor' given by the Cultural Association of Seville, Spain. In the year 2007 Mrs. Lobo, was awarded the Knighthood of 'Cruz De Caballero de la order de Merito Civil' for her honorary and outstanding services as Spanish Consul in South

India. During her tenure Queen Sophia and her sister Princess Irene of Greece visited a number of times and were often guests at the Lobo mansion, the cordiality is seen as legendary in diplomatic circles.

(Contd.. on p. 15)



by Ivan Saldanha-Shet



(Contd.. from p. 14)

In June 2017, Antony Lobo the youngest son of George and Inez Lobo was appointed the Consul of Spain and Head of Mission in Chennai. The Lobo family still continues to reside at the same location for the last 70 years and

the Consulate is also situated within its premises which is in San Thome Mylapur whose historicity is rarely prime.

Consul Antony Lobo's family now :

Consul Antony's wife is Vinolia is a Proprietrix of an interior design firm Ms M & S Inc. Chennai, and has been in the business for over 2 decades. They deal in exclusive window blinds and furniture and their clients include large corporates and hotels like the Taj group and the Leela to name a few. They have a son Amrish who is presently with Baker Hughes , a GE Company .Amrish has been chosen as one of the stars of the 30 under the age of 30 programme on Supply Chain management in the US. Amrish is presently the Director - Global Logistics, Distribution and Customer Service for Baker Hughes, a fortune 120 Company and one of the largest Oilfield services companies in the world, based out of Houston, Texas. He is also one of the youngest directors in Baker Hughes which operates in more than 80 countries worldwide.

The Kingdom of Spain :

Is officially; a sovereign state located on the Iberian Peninsula in southwestern Europe, with two large archipelagoes, the Balearic Islands in the Mediterranean Sea and the Canary Islands off the North African Atlantic coast. The country's mainland is bordered to the south and east by the Mediterranean Sea except for a small land boundary with Gibraltar; to the north and northeast by France, Andorra, and the Bay of Biscay; and to the west and northwest by Portugal and the Atlantic Ocean. It is the only European country to have a border with



an African country (Morocco) and its African territory accounts for nearly 5% of its population mostly in the Canary Islands.

Spain is a parliamentary democracy and constitutional monarchy. The current Spanish king is Felipe VI, who took the throne following his father's abdication in 2013. It is a middle power and a major developed country with the world's fourteenth largest economy by nominal GDP and sixteenth largest by purchasing power parity. With an area of 505,990 km² (195,360 sq mi), Spain is the largest country in Southern Europe, the second largest country in Western Europe and the European Union, and the fourth largest country in the European continent. By population, (total population as per the 2016 Census is 46,468,102), Spain is the sixth largest in Europe and the fifth in the European Union. Spain's capital and largest city is Madrid; other major urban areas include Barcelona, Valencia, Seville, Bilbao and Málaga.



Catholic Art and Medicine

“Catholic Art has a checked history of demonstrating the ‘beauty of the human person’, both in health and in disease. This intersection of art, medicine and faith in the Catholic tradition, has a lot to teach today, especially if one is a doctor”, revealed Dr. Thomas Heyne, M.D. and head of Internal Medicine at the Massachusetts General Hospital, Denver, Colorado, USA, who spoke to EWTN News on 19 Sept. 2017.

Citing several studies, Dr. Heyne said, “Medical examination through art, can help make physicians better equipped through honing their observation skills, awaking mindfulness, gaining communication abilities, and showing empathy. This is an appealing instrument for the new evangelization.”

Among his many examples of diagnosing health conditions through ‘art’, was Giovanni Lanfranco’s work of 1625 – St Luke’s healing the ‘Drop-sical Child’! It depicts St Luke taking the pulse of a child with a distended belly. Dr. Heyne suggested that the child’s symptoms as painted by Giovanni, could be the earliest known representation of congenital heart disease!

Also, Leonardo Da Vinci’s, ‘Mona Lisa’, paints a young 25- year woman with an accumulation of cholesterol under her skin in the hollow of her left eye. Her hand shows a fatty tissue tumor. She is known to have died at age 37. Dr. Heyne surmises that Mona Lisa died of a cardiovascular event!

St. Paul exhorts: “Brethren, whatever is true and honorable, right and pure, lovely and of good repute, if there is any excellence and is worthy of praise, let your mind dwell on these things” (Philippians 4:8).

—Dr. Trevor Colaso,
(Memphis, TN. USA).

The Pontin Secret Reviewed

Incorporating social issues into a fiction story is an art few possess. However Dr. Sushila Fonseca is one writer who has mastered this art. Haven taken to writing since not too long ago, she released her first book in 2002. Her books are based on social issues and on Goa. She is of the opinion that Goa with all its beauty and rich culture has to be portrayed in a more positive manner. Her experiences with her laboratory patients has shown her what real suffering is, and as a result was able to empathize with the characters in her books. Says Dr Sushila, "Although born in Goa, I was brought up in Africa where I also did my schooling. Later on as my father had a tremendous love and attachment for Goa, we returned so that we could in some way give back something to Goa. I passed my Medicine and post

graduation(pathology) through Bombay University and after a stint of 5 years as a Lecturer in Pathology at GMC, I started my own pathology practice".

Being a very voracious reader since her early days at the age of 8 she had already started reading Enid Blyton's books but her writing abilities were not explored. She would contribute articles to school magazines more out of compulsion than having any dedication or interest. It was only in the last few years that she took to writing seriously. She adds, " Not everybody is blessed with the opportunity to write

Title: The Pontin Secret
Publisher: Notion Press
Author: Sushila Fonseca
Price: Rs 249

books. I can say that I am privileged to write so many books". Her books include 'Rebecca's inheritance', 'Touched by Love', 'What I should know about HIV/AIDS', 'Good health Practices', and ' Know your fever and

invisible currents'. Dr Sushila adds, " Young writers should improve their writing skills and read a lot. As such I would indulge in reading a lot of books and articles which would interest me, with the motive of grasping information and improving my literature skills. Reading leads to good writing"

Her book 'The Pontin Secret' revolves around a lady called Tina, her maid Melli and Tina's six children Sharmila, Tanuja, twins Amitabh and Mumtaz , Zeenat

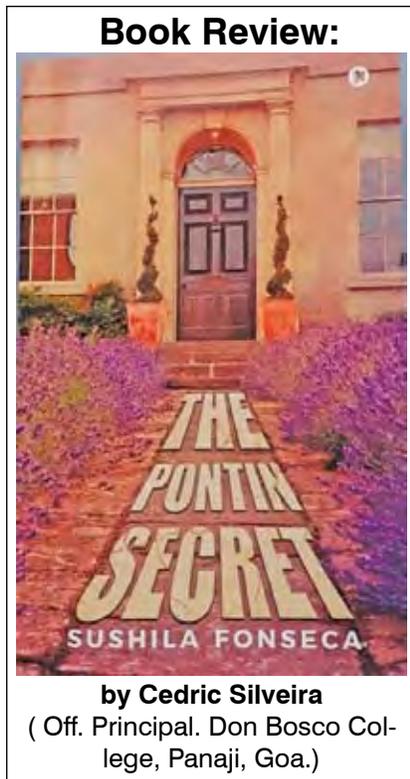
and Raj. Having lost her husband Amar at a young age , it is a struggle for Tina to bring up the six children which she does so with fortitude and perseverance. However times are not always good and generous and being a widow without any help, she is being driven to sell her ancestral house , the Pontin Mansion at Pontua. How she overcomes these tribulations and illnesses and manages to save the Pontin house is all on account of the Pontin secret, a secret which has been preserved for years together.

The Doctor in the writer is evident and she has made no attempt to hide the

same. She has described in detail the stages of detection of cancer to the treatment when one of the characters in the novel is struck by the dreaded disease. She has done so that people are aware of such diseases and do not neglect them. "There is a need to share such information and to create awareness" points out Dr Sushila. Her love for old houses too is noticeable as she writes of the ancestral Pontin house, its altar, the huge chandeliers, and its façade.

The author also writes about the changing scenario in our society where the elderly have no place to go but to the aged homes. With no longer joint families in existence , the aged homes are becoming a reality to most senior citizens rather than something far fetched. She also brings into fore the reluctance to accept individuals of different backgrounds into the family . Although we think that we are broad minded , when it comes to marriage the caste, tribe or religion issue always pops up. Then social issues such as helping a person who has met with an accident and its positives as well as its drawbacks are also highlighted . Also how the protectors of law can let you down at your hour of need is brought forth.

The author has used simple language, straightforward, yet skillful with no pretensions to literary excellence. People of any age group, young and old will find the contents enjoyable and interesting .



by Cedric Silveira
(Off. Principal, Don Bosco College, Panaji, Goa.)

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Death Is God's Prerogative

by Olga B Noronha

The new horror globally is the Blue Whale Challenge ! Around mid-September 2017, media reported: '20 Kendriya Vidyalaya School students, 16 boys and 4 girls of classes 8 and 9, in Belagavi found with cuts on their hands.' The students admitted that they had been inspired by the Blue Whale game.....which is a social network App claimed to exist in several countries. The game reportedly consists of a series of 50 tasks assigned to players by administrators...the last one being to commit suicide !!! Many cases are coming to light every day, in Mumbai and all over too; lets look at an initiative in Mangaluru.

"Death is not the Answer", is a new book on the stands, by Dr Anjali Chhabria but is the world is being influenced more and more by the culture of death?!

"Papa please forgive me, now I don't want to live anymore."

"I did not get the gold medal that you wanted me to get, so why should I live?" "I couldn't do anything for you. Please forgive me." Says a suicide notes of a youngster to those who are 'significant others' in their lives.

Suicide has emerged as a global problem ! According to one survey, about 8, 00,000 people commit suicide worldwide every year and of these, 1, 35,000(17%) are from India.

A survey on mental health and well-being of 1016 students between the ages of 14-25 years of Mangaluru was conducted recently. Preliminary analysis indicates that 4.52 percent of the students surveyed have a history of a past suicide attempt and a significant number of students (6.79 percent) have suicidal thoughts and the like.

Recognising suicide warning signs: Someone who is thinking about suicide will usually give out some clues or signs to those around them that show they are troubled. Some warning signs may help you determine if a loved one is at risk for suicide especially if the behaviour is new, has increased or seems related to a pain-

ful event, loss or change. If you or someone you know exhibits any of these, seek help by calling a person who is trained to help in such situations.

Some indicators of impending suicide

: Appearing depressed or sad, talking or writing about death or suicide; withdrawing from family and friends; feeling hopelessness, helpless or trapped; feeling unreasonably angry, strong anger or rage; experiencing dramatic mood changes; drug or alcohol abuse; exhibiting a change in personality; acting impulsively and/or recklessly; losing interest in most activities; changes in sleeping and/or eating habits; finally performing poorly at work or at school.

Avoid : Trying to cheer the person up or telling them to "snap out of it"; assuming that the situation will take care of itself and get resolved; being sworn to secrecy is risky - the rule is - the safety of the person is more important than keeping their secret; avoid leaving the person alone unless they act in a threatening way. In that case leave them and call 108 to assist the person to get to the nearest emergency facility.

What can be done? ACT !

A - Acknowledge:When a friend or loved one shows some warning signs, it is very important to take them seriously. Listening attentively to a distressed person will make him or her feel that people care and will thus make them more willing to talk about the problem and to seek professional help if needed.

C - Care: Ask the at-risk person if they are having thoughts of suicide. Talking about suicide reduces rather than increases suicidal thoughts. Keeping the person safe is important too. Determine if the person has suicide intent with a specific plan. Removing, disabling or restricting the lethal means (i. e. firearms, medications, situations) can make a difference to the safety of the at-risk person. Continue to be available to your friend and show them interest and support. Although it may upset you to hear thoughts about suicide, remain calm, concerned, supportive and assure the at-risk person that help is available

The author: Olga Noronha, is a well



known, social worker and teacher of Mangalore; thousands of students have gained through her at St. Agnes College over 35 years (1972 to 2007);

She taught economics at the College. Member of the 'Opus Spiritus Sancti', a lay order, she recently trained as a volunteer for 'Susheg Lifeline'. A socially committed person, she is dedicated to the welfare of young adults and has been a guiding beacon. Recently she has set out to use her skills to serve those in distress facing suicide and bring awareness to all in need.

and that treatment works. Help the person concerned to make a connection with a trusted individual like a family member, friend, spiritual guide or mental health professional.

T - Treatment; It is important to get professional help immediately if your friend or loved one is exhibiting any suicidal or warning signs. "Suicide can be prevented" is the good news! In line with this, here is relevant information:

The Susheg Charitable Trust : In Mangaluru, in collaboration with the Post-graduate department of Psychology, St Agnes College, the Post-graduate department of Social Work, St Aloysius College, and the Post-graduate departments of Counselling and Social Work, Roshni Nilaya, have succeeded in mobilizing concerned citizens and organizations to set up the Susheg Lifeline. The modus operandi of the Lifeline is : Those in distress are encouraged to call the Lifeline - 0824-2983444, open 24 hours a day, 7 days a week. Professionally trained multi-lingual operators with excellent communication skills will be the front line recipients of the distress calls. The call will be handled by a trained Volunteer who will respond and assist the caller according to protocol. A backup clinician will be available for consultation and assistance to the Volunteers. Police assistance will be sought by the clinical supervisor/operator whenever needed. The entire process will remain confidential

Providing a lifeline of emotional support to persons in distress, to prevent suicide, is the need of the hour, all of us can play our role in the Life-saving Challenge.

God's Mercy Shines Upon The Cross



BY MELVYN BROWN

tar of sacrifice would be the humble cross.

Pope Benedict XVI had written: "The Way of the Cross is not only a great testimony to an inner depth and maturity, but it is in fact a school for interiority and consolation."

At his first Angelus address at St. Anne's church on March 17, Pope Francis looked at the cross and stated: "For me, and I say this humbly, the strongest message of the Lord is mercy." That was the signature line of his papacy.

St. John Paul II, it was, "Be not afraid." For Pope Benedict XVI it was "reason and faith". Reflecting on this I find the cross to be the cornerstone of our Faith, the exemplar for a true imitation of Christ.

The Holy Cross must always be proposed never imposed. The long spiritual walk in our life is a human journey taking the cross along when everything else is swept aside. The cross of the Catholic faith is always on the winning side of a seemingly never-ending struggle.

God's mercy shines upon the cross. If there is a problem, there's always a cross to drive out the devil. In the Gospel of John the Apostle, it is mentioned, "and carrying the cross by himself, he went out to what is called The Place of the Skull, which in Hebrew is called Golgotha". (Jn.19:17).

I read in a brief passage that God had to die on the cross for us, so that he could truly live in us. Above the man-made rubble of this beautiful earth the cross with Jesus is infinitely the divine Light to shame the darkness and destroy the abyss of nothingness.

When you pray and look towards the cross, to see the suffering, the horror and agony in the crucifixion Jesus Christ went through for our redemption, makes a clear statement of our sinful nature. The cross lifts high for humankind to see how far we can drown in humanity's depth of sin, hate and cruelty.

To be human is the weakness we bear when in temptation, sin and shame. Jesus spent forty days in the desert open to spiritual darkness. The reality of pain in suffering; the great agony of the devil's presence in human life, are the two travesties of our existence. Yet the rebellious truth of man's salvation shines with God's mercy on the cross.

The cross is a paradox. It gives us the message of divine Light with the truth of torment, torture and brutality. In slow measure that would tarnish the ignominious cross: God's mercy inordinately shines upon it in victory. The

endured suffering of Christ' and his obedience to the Father's will, transformed the cross to a symbol of divine triumph over the devil's malice.

The Fathers of the Church, theologians and saints have approached the cross as the Paschal candle of the crucifixion and the Resurrection. The cross also plays a dynamic role in forgiveness, as a sign of God's omnipotence and love. The cross will lead souls till the end of time to bear witness to Jesus' mission. By the blood of his cross, Jesus, the messianic "Prince of Peace", reconciled humankind with his Church.

Tinebrae. The word originates from the Latin, and means "darkness". It tells us of the battle between the evil forces to destroy the Light of the World, Jesus on the cross; only to be blown-out in the divine brightness of the Paschal candle. The Canticle of the cross will be forever.

Via Crucis, the Way of the Cross is a true testimony for the examination of conscience. It brings about an inner transformation for compassion and conversion. The cross radiates the promise of what Jesus said, "For my yoke is easy, and my burden is light"(Mt.11:30).

Accept the presence of Christ, the Messiah in your life, remembering the words spoken by Abraham to his son Isaac when the boy asked, "Father where is the lamb for the burnt offering?" Abraham said, "My son, God himself will provide the lamb for the burnt offering".(Gen.22:6-8). The al-

Top 10 non-religious countries hostile to Christians: Pew

Christians pray for starving North Koreans during a prayer session in Seoul March 1, 2012. About 300 South Korean Christians also asked China not to send North Koreans detained in China back to the North, saying the North Koreans might be executed after their repatriation.



The majority of the world, or 106 nations, were deemed to hold a relatively neutral position where they have no official or preferred religion, with the United States also placed in this category. Pew said that such countries “may give benefits or privileges to religious groups, but generally do so without systematically favoring a specific group over others.”

An extensive study of the nations of the world and their individual relationships with religion has found that Islam is the world’s most common state religion, and listed the 10 non-religious nations that are hostile toward Christianity and other religious institutions.

Forty countries had no state religion, but did have a preferred religion, and Christianity accounted for 28 nations, or 70 percent of those cases.

Pew Research Center released on Tuesday a study of 199 countries and self-administering territories, based on data for the year ending Dec. 31, 2015. It found that the majority of the world’s countries do not have an official or a preferred religion.

Pew designated a listing for non-religious nations which it said are actively hostile toward religious institutions, featured in alphabetical order: Azerbaijan, China, Cuba, Kazakhstan, Kyrgyzstan, North Korea, Tajikistan, Turkmenistan, Uzbekistan and Vietnam.

Open Door’s annual World Watch List of countries where Christians face the most severe persecution has noted that the top of the list is dominated by nations with Islamic governments.

Overall, 22 percent of the total, or 43 nations, had a state religion, with 27, or 63 percent of those following Islam.

Pew noted that China’s Communist Party deploys a “heavily restrictive or even hostile state relationship with religion, strictly regulating and monitoring religious institutions.”

The list, released in January, highlighted that with exceptions like China and North Korea, Islamic extremism remains the top driver of Christian persecution, and was the primary reason for the oppression of Christians in 35 out of the 50 nations listed.

Thirteen states had Christianity as their official religion, along with two for Buddhism, and one for Judaism.

It also pointed out that several of the countries on the list are former Soviet Union republics, which have maintained policies hostile to religion even after gaining independence.

“For Christians in the West, the Open Doors World Watch List is a clear indicator that we need to advocate on behalf of those who do not have the same religious freedom privileges we do,” David Curry, president and CEO of Open Doors USA, said at the time.

“Nine of these countries are in Europe, including the United Kingdom, Denmark, Monaco and Iceland,” the study said of Christian states.

North Korea has been identified by persecution watchdog groups such as Open Doors USA as the world’s worst persecutor of Christians, with believers sent to prison camps and sometimes executed for owning a Bible or attempting to practice their faith.

“Two countries in the Americas — Costa Rica and the Dominican Republic — and one in the Asia-Pacific region — Tuvalu — have Christianity as their official state religion. Only one country in sub-Saharan Africa is officially Christian: Zambia.”

Kim Jong Un Keeps Teenage Sex Slaves, Orders Children to Watch Executions: North Korean Defector

*(Christian Post)
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Patrick Master +91 9820325889

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6773 MUMBAI : Mangalorean RC Bachaelor, (Born in April 1989), Ht. 5' 10", Wt. 76 kgs, Wheatish Complexion, Edn. B.Sc. (I.T.), working as a Information Security Analyst, Contact email : conyderic.andrade@gmail.com

6777 MUMBAI : Wanted Bride (Spinster, widow or Divorcee) Mangalorean or Keralite christian for a Bachelor Mangalorean R.C., Ht. 5' 9", Age 49 years (Born in April 1968), Own Business, own house in Mumbai & Mangalore. Girl should be min. HSC, Ht. above 5' 5". Contact email : patberin@yahoo.com OR Mob: 09322156322

6585. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. EXTC Engineering, working as a Networking Engineer. Contact email : 18.elaine@gmail.com

6751 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1990), Ht. 5' 10", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc. (Hospitality), working in UK Cruise Line. Contact email : asharcfernandes@gmail.com

6682. MUMBAI : Mangalorean RC bachelor, (Born in September 1986), Ht. 5' 5", Wt. 56 kgs, Fair Complexion, Edn. ITI, working as a HVAC & BMS Supervisor. Contact eamil : vincent.serra1@gmail.com.

6681. MUMBAI : Goan RC bachelor, (Born in July 1977), Ht. 5' 10", Graduate Master of a reputed school seeks a suitable match. Contact email : noronhaneil@yahoo.in OR 9920460551 / 23820314.

6659 MUMBAI : Sr. Citizen seeks lady partner widow or spinster must be educated cheerful healthy and a home maker Contact email : envision 277@yahoo.com OR 9819839842.

6652 MUMBAI : Mangalorean R.C. Bachelor, (Born in November 1988) Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. M.B.A. Marketing, working as an Executive in well known Private Company. Contact email : menezesajit@yahoo.com

6650 MUMBAI : Mangalorean R.C. Bachelor, (Born in August 1971) Ht. 5' 11", Edn.Undergraduate, Working as a Asst. Manager in a reputed company in Mumbai seeks alliance from RC Spinster simple & understanding with good famiy values, Kindly reply with details and photograph. Email : deric.nazareth@rediffmail.com OR Tel.: 9869844097

6647. MUMBAI : Mangalorean RC Bachelor (Born in January 1982) Ht. 164 cms, Wt. 70 kgs, Wheatish Complexion, Edn. Engineering, working as a Sr. Executive. Contact email : pereirapraveen@gmail.com OR 9833379899

6634. MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 157 cms, Wt. 80 kgs, Fair Complexion, Edn. Diploma Holder, working as a Mechanical Engineer. Contact email : santoshrodrigues7@gmail.com

6624 MUMBAI : Mangalorean RC Bachelor, (Born in October 1986), Ht. 6', Wheatish Complexion, Edn. Bachelor in Hotel Management, working on Ship. Contact email : roland_dsouza007@yahoo.com

6618 MUMBAI : East Indian Roman Catholic Bachelor, (Born in December 1989), Ht. 5' 6", Wt. 56 kgs, Wheatish Complexion, Edn. Edn. M.Sc., working as a Resource Manager. Contact email : fernandesclyde176@gmail.com

6613 MUMBAI : Goan Roman Catholic Bachelor, (Born in May 1984), Ht. 5' 11", Wt.80 kgs, Fair Complexion, Edn . MCA, working in Leading IT firm. Contact email : bardeskar.agnel11@gmail.com

6612 MUMBAI : Mangalorean Roman Catholic Divorcee, (Born in October 1970), Ht. 5' 7", Wt. 66 kgs, Fair Complexion, Edn. HSC., Service. Contact 9167419437

6610. MUMBAI : Goan Roman Catholic Bachelor, (Born in October 1981), Ht. 5' 6", Wt. 64 kgs, Wheatish Complexion, Edn. IT Engineering, working for Leading Engineering Company as a Solutions Architect. Contact email : krod1681@gmail.com

6605. MUMBAI : Gujarati RC Divorcee, (Born in June 1963), Ht. 5' 11", Wt. 85 kgs, Wheatish Complexion, Edn. B.Com., working as a Sr. Accountant. Contact email : parmar777@gmail.com

6590. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in November1986), Ht. 5' 10", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate, working as a Cruise Reception Manager. Contact email : fernajoy@gmail.com

6589. MUMBAI : Goan Roman Catholic Bachelor, 30 years, (Born in March 1987), height 5' 8", Wheatish Complexion, Edn.B.Com, working as a Manager in a reputed MNC. Seeks alliance from RC spinters upto 28 years. Contact Mobile No. 9769840021

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6776. MUMBAI : Goan Roman Catholic spinster, (Born in September 1992), Ht. 5' 1", Wt. 65 kgs, Wheatish Complexion, Edn. MBA, working as an Executive. Contact email : neilcarvalho1234@gmail.com

6703. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in November 1990), 5' 3", Wt. 56 kgs, Wheatish Complexion, Edn. B. Tech., MBA, Working for MNC. Contact email : proposal2k16@gmail.com

6687. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1989), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. M.A., B.Ed., Teacher by profession. Contact email : snlpinto@gmail.com

6686. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1979), Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., working as a Sr. Customer Service Associate. Contact email : springwater1948@gmail.com

6683. BANGALORE : Mangalorean Roman Catholic Spinster, (Born in July 1989), Ht. 5' 2", Wt. 48 kgs, Wheatish Complexion, Edn. MBBS., Doctor by profession. Contact email : nads.nisha@gmail.com

6680. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in January 1988), Ht. 5' 6", Wt. 80 kgs, Fair Complexion, Edn. BMM, MBA in HR, working as a HR. Contact email : walterabrahamdsouza@gmail.com.

6679. MUMBAI: RC Goan parents seeks matrimonial alliance for their daughter, (Born in November 1989), Ht. 5' 3", slim, attractive personality, B.Tech, MBA from India's premier institutions, senior manager in renowned US based MNC from highly educated, professionally qualified and well-set-

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ted Roman Catholic bachelors in India/abroad with good family background and values. Kindly email profile and picture to tsm8759@gmail.com

6674. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in September 1991), Ht. 5' 4", Wt. 64 kgs, Fair Complexion, Edn. B.A., Diploma in Fashion & Textile Design, working as a Textile Designer. Contact email : lobo_peter12@yahoo.com

6673. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in September 1990), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. B.E. (Extc), working as an Engineer. Contact email : mascarenhasrency@yahoo.com

6672. BANGALORE : Mangalorean Roman Catholic Spinster, (Born in April 1985), Ht. 5' 4", Wheatish Complexion, Edn. MBBS, DCH, DNB, Doctor by profession. Seeks Doctors or Engineers. Contact email : bklouis50@gmail.com

6671. MUMBAI: Goan Roman Catholic Spinster, (Born in July 1965), Ht. 5', Wt. 60 kgs, Wheatish Complexion, Edn. SSC, working as a Co-ordinator, Seeks a suitable match. Contact : 9619392879

6670. MUMBAI : Goan Roman Catholic Spinster, (Born in September 1984), Ht. 5' 4", Wheatish Complexion, Edn. B.A., working as a Flight supervisor, Air Hostess. Contact email : carnations984@gmail.com

6665. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bacheor.

Contact email: alcheckmate@gmail.com OR 9867292764

6661. GUJARAT : Goan / Mangalorean Roman Catholic Spinster, (Born in November 1983), Ht. 5' 6", Fair Complexion, Edn. D'ed, B.A., B'ed, from Mumbai University, working as a teacher in Convent School. Contact email : juhaina.2015@rediffmail.com

6658. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1987), Ht. 5' 5", Wt. 45 kgs, Wheatish Complexion, Edn. B.E. in E&T. with Master, working for Corporate firm. Contact email : jovi_tangerine@yahoo.co.in

6657. VADODARA : Goan Roman Catholic Spinster, (Born in May 1989), Ht. 5' 9", Wt. 75 kgs, Fair Complexion, Edn. B.A., working for MNC. Contact email : cheryl24052001@yahoo.com

6656. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in May 1988), Ht. 5' 1", Wt. 49 kgs, Fair Complexion, Edn. MTech (Biotechnology), working as a Scientific Assistant, Contact email : rachealm28@gmail.com

6655. MUMBAI : Mangalorean R.C. Spinster, (Born in January 1990), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Good looking, Having own business. Contact email : raymondcoelho89@gmail.com

6653. MUMBAI : Roman Catholic Spinster, (Born in July 1990), Ht. 5' 2", Fair Complexion, Edn. M.B.B.S., Doctor & pursuing M.D. Seeks M.D. / M.S., Doctors. Contact email : selwynhenriques13@gmail.com

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MATRIMONIALS

6505. MUMBAI: Mumbai based Mangalorean RC parents invite alliance for their Beautiful daughter, (Born in May 1988), fair, smart, M.B.A., working as an Executive. Boy should be well educated, God fearing having good family background. Please contact with photograph & all details to Email: richard.dsouza17@gmail.com

6495. MUMBAI: Mangalorean RC Spinster, (Born in August 1990), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com / MBA, working as a Purchase Executive, Contact email : dsouza.deena833@gmail.com

6500. MUMBAI: Mangalorean RC Spinster, (Born in May 1975), Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. S.Y.B.A., Pursuing TYBA., / ECCED (Teacher' Training Course), Teacher in a reputed Catholic School. Contact email : dmljanet@gmail.com or jdmello@rediffmail.com

6499. MUMBAI: Mangalorean RC Spinster, (Born in August 1980), Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. M.Com., PG in Finance, working as a Project Manager. Contact email : smartopt0909@yahoo.co.uk

6498. MUMBAI: Mangalorean RC Divorcee, 1st marriage annulled by the church, (Born in October 1984), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com, working as a S&Q Officer in Shipping company. Contact email : sanctity6498@gmail.com

6509. MUMBAI: Parents invite alliance for their daughter RC, (Born in May 1985), Fair, Pretty, BE, MBA, 5', 45 kgs, working for a reputed MNC in Mumbai from a suitable RC bachelor up to 35 years well educated, caring, understanding, well settled in India or abroad. Kindly email complete details with recent photograph to : elilierica7@gmail.com.

6506. MUMBAI: Roman Catholic Goan Spinster, (Born in July 1990), Ht. 5' 3", Wt. 47 kgs, Wheatish Complexion, Edn. B.Com., (B.A.F) Working as Accounts Executive. Contact email id : dcostalarissa@yahoo.co.in

6602. MUMBAI: Mangalorean RC Spinster, (Born in 2-7-1981), Ht. 5' 3", Wt. 68 kgs, Wheatish Complexion, Edn. B.A., working as a Trainer. Contact email : charlottesimpleindian@hotmail.com

6601. MUMBAI: Mangalorean RC Spinster, (Born in 29-3-1989), Ht. 5' 2", Wt. 62 kgs, Fair Complexion, Edn. ICWA, Working for Finance Industry. Contact email : jenniferabreo29@gmail.com

6600. MUMBAI: Mangalorean RC Spinster, (Born in 15-8-1989), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. MBA, working as a HR Executive. Contact email : britto_leena@hotmail.com

6599. MUMBAI: Goan RC Spinster, (Born in 15-9-1980), Ht. 5' 5", slim, young and good looking, Edn. B.A. + Music Exams, Teacher by profession. Seeks a well settled tall bachelor. Contact email : septsmile3@gmail.com

6595. BANGALORE: Born again christian spinster, (Born in August 1988), Ht. 5', Wt. 70 kgs, Wheatish Complexion, Edn. B.A., Journalism, working as a Business Development. Contact email : manju2408@gmail.com

6593. MUMBAI: Goan RC Spinster, (Born in November 1988), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. MBA in Finance, smart and intelligent, working for private company. Contact email : fatulobo@rediffmail.com

6592. MUMBAI: Mangalorean RC Spinster, (Born in October 1989), 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.Sc. Microbiology working for Pharmaceutical Company. Contact email : mili.ferns123@gmail.com

6591. MUMBAI: Maharashtrian RC Spinster, (Born in October 1988), 5' 4", Wt. 58 kgs, Wheatish Complexion, Edn. Master of Management Study, working as an Asst. Professor. Contact email : geo8747@gmail.com

6582. MUMBAI: Mangalorean RC Spinster, (Born in October 1990), 5' 1", Wt. 56 kgs, Wheatish Complexion, Edn. B.Com., working as Coordinator,

Seeks a suitable match. Contact email : btorres756@gmail.com

6580. MUMBAI: Mangalorean RC Spinster, (Born in January 1982), 5' 2", Wt. 56 kgs, Wheatish Complexion, Edn. M. Pharm, Ph.D., Seeks a well settled qualified bachelor. Contact : email : apoline_ubi@yahoo.co.in

6608. MUMBAI: East Indian RC Spinster, (Born in February 1987), Ht. 5' 1", Wt. 53 kgs, Wheatish Complexion, Edn. B.A., working as an Executive. Contact email: rebecca23_2@hotmail.com

6607. MUMBAI: Mangalorean RC Spinster, (Born in February 1990), Ht. 5' 6", Wt. 63 kgs, Fair Complexion, Edn. B.Tech., PGDM., working for Marketing Manager. Contact email : sphylomena@gmail.com

6535. MUMBAI: Mangalorean RC Spinster, (Born in August 1988), Ht. 5' 4", Wt. 65 kgs, Beautiful, Very Fair Complexion, Edn. B.Sc., IT., Masters in Media Art & Animation & Editin. Working as an Editor. Contact email : simonsjl@vsnl.com

6665. MUMBAI: Mangalorean RC Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bachelor. Contact email: alcheckmate@gmail.com OR 9867292764

6661. GUJARAT: Goan / Mangalorean RC Spinster, (Born in November 1983), Ht. 5' 6", Fair Complexion, Edn. D'ed, B.A., B'ed, from Mumbai University, working as a teacher in Convent School. Contact email : juhaina.2015@rediffmail.com

6658. MUMBAI: Mangalorean RC Spinster, (Born in October 1987), Ht. 5' 5", Wt. 45 kgs, Wheatish Complexion, Edn. B.E. in E&T. with Master, working for Corporate firm. Contact email : jovi_tangerine@yahoo.co.in

6657. VADODARA: Goan RC Spinster, (Born in May 1989), Ht. 5' 9", Wt. 75 kgs, Fair Complexion, Edn. B.A., working for MNC. Contact email : cheryl24052001@yahoo.com

MATRIMONIALS

USA - CANADA - AUSTRALIA - UK - Gulf

GROOMS

6745 DOHA QATAR : Mangalorean Roman Catholic Bachelor, (Born in November 1978), Ht. 5' 9", Wt. 90 kgs, Wheatish Complexion, Edn. M.Com., working as a Material Controller in **DOHA QATAR**. Contact email : cyrus_0679@yahoo.co.in OR 9819938837

6743 DUBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1976), Ht. 5' 7", Wt. 76 kgs, Wheatish Complexion, Edn. BBA., working as a Key Accounts Manager / Sales & Marketing. Contact email : wilson-almeida87@yahoo.com

6708. USA : Mangalorean Handsome RC bachelor, (Born in October 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complexion, Edn. M.S., working as a Software Engineer. Seeks a good looking, fair Mangalorean girl, working in America. Contact email : rodrigues.gracy61@gmail.com.

6705. DUBAI: Anglo Indian RC bachelor, (Born in November 1979), Ht. 5' 4", Wt. 45 kgs, Fair Complexion, Edn. H.S.C., Dip. Hotel Mgt., working for Groups of Hotels in Dubai. Contact email : dnfernz@gmail.com OR 9975878894

6750 AUSTRALIA : Goan Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. Bachelor in Communication, working as a Media Analyst. Contact email artemiamaria@gmail.com

6704. ABROAD : Goan RC bachelor, (Born in September 1987), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. 10th std., working as a Mech/Supervisor in Gulf. Contact email : josephdsouza12@gmail.com OR 8691913335 / 9029273230

GROOMS

6708. USA :

6771. CANADA

6750. AUSTRALIA

6463. USA

6693. U.K.

6669. NEWYORK

6571. USA

6553. GERMANY

BRIDES

6749. AUSTRALIA

6742. AUSTRALIA

6568. NEW YORK

6557. CALIFORNIA

6542. AUSTRALIA

6513. USA

6473. LONDON

6431. SYDNEY

6377. USA

6755. U.K.

6775. AUSTRALIA

6774. CALIFORNIA

BRIDES

6742. AUSTRALIA : Goan Roman Catholic spinster, (Born in December 1989), Ht. 5' 2", Wt. 57 kgs, Wheatish Complexion, Edn. B.A. working as a Project Manager. Contact email : mark.alvares16@gmail.com

6528. DUBAI : Mangalorean Roman Catholic Spinster, (Born in April 1985) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

6527. DUBAI : Roman Catholic Spinster, (Born in July 1987), Ht. 5' 3", Wheatish Complexion, Edn. B.A. in Mass Media, working as a Senior Executive in Govt. in Dubai. Staying with parents. Seeks a well settled and educated East Indian or Goan Bachelor. Contact email : axferns@gmail.com

6774. U.S.A. : Mangalorean Roman Catholic spinster, (Born in June 1979), Ht. 5' 6", Wt. 58 kgs, Fair Complexion, Edn. B.E. (Civil), M.S., working as a I.T. Engineer (Team Leadaer) . Contact email : alicedsouza722@gmail.com

6760. KUWAIT : Mangalorean Roman Catholic spinster, (Born in November 1987), Ht. 5' 4", Wt. 70 kgs, Fair Complexion, Edn. B.Com., MBA Finance, working as a Administration in IT firm. Contact email : astridmathias@gmail.com

6706. BAHRAIN : Roman Catholic Spinster, (Born in February 1983), 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. B.A., working as an Accountant in **BAHRAIN**. Contact email : denis_anthony@rediffmail.com

6694. DUBAI: Mangalorean Roman Catholic Spinster, (Born in August 1991), 5' 4", Wt. 57 kgs, Wheatish, Edn. MBA - Finance, working as a Trade Finance Assistant in **DUBAI**. Contact email : rochellemoraes91@gmail.com

6691. BAHRAIN : Goan Roman Catholic Widow, (Born in December 1965), Ht. 5', Wt. 59 kgs, Wheatish Complexion, Edn. B.Com., B.Ed., working as a Teacher in **BAHRAIN**. Contact email : noellachristine64@gmail.com

6685. DUBAI : Goan Roman Catholic Spinster, (Born in December 1968), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. S.Y. B.Com., having own business on **DUBAI**. Contact email : reachbernie@yahoo.com.

6775 AUSTRALIA: Australian citizens of Indian Christian origin residing in Sydney seek matrimonial alliance for their daughter: Age: 43yrs Ht.: 5'4", Wheatish complexion, Beautitul with black hair Understanding, trust worthy, physically active, having a pleasant & affable disposition with strong family values and social networking skills. Marital Status: Divorce (has no children) Annulment in progress. Well educated employed in the Australian Financial Sector in a responsible position.

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