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It's time to

set a new course

toward the future

**Why is it that Catholics in 2017 are
still expected to use forms of worship
that go back to late classical times?**

Kerala Christian women launch movement to challenge patriarchy

Kottayam: For the first time in the history of Church in the state, a joint movement of independent progressive women from various churches in Kerala including Catholic, Protestant and Eastern Churches was inaugurated at a function here on Saturday.

In the historically relevant meeting held at the CSI Retreat Centre, the Kerala unit of the Indian Christian Women's Movement (ICWM) was launched.

The forum intends to bring together an ecumenical group of Christian women under the banner 'Women's Lives Matter'. The purpose is not creating another organization in society but to form a consensus across boundaries in order to change unjust beliefs, practices and structures that perpetuate patriarchy and accentuate the exploitation of women in the churches and in society at various levels.

Speaking on the occasion, writer and social activist S Saradakkutty questioned the unjust patriarchal systems and asserted the power of women joining hands to create a new social order.

Though the ICWM was launched in Pune in 2014, till now the Catholics were not part of this.

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"First time the Catholics women are becoming part of the movement," said Kochurani Abraham, a Catholic who is the coordinator of the Kottayam meeting. Kochurani, who is a feminist theologian said that the movement also aims at involving women more in the important activities of the church like policy making.

Though the movement has not taken an open stand against the male domination in Churches, the forum is keen to take up such issues in future. Though Pope Francis had changed the rules for the church's traditional foot-washing ceremony on Holy Thursday, issuing a decree allowing women to participate, not all the churches in Kerala has shown the willingness to follow that. Except for Latin church which made it optional and some Bishops, the rest have refused to accept the Pope's call.

Also issues like not allowing entry for women for the night sessions in Maramon convention will also come up before the Forum.

Susan Thomas, President of CSI women's fellowship, said that the Forum has been formed neither with the support nor with the blessings of the church. "This is an independent one. In future I don't know how it will shape up," said Susan.

Omana Mathew, Chairperson of Kerala Council of Churches (KCC) women's commission said that one aspect that triggered the formation of such a forum was the safety issues faced by women. Omana who belongs to the Mar Thoma church also said that issues like discrimination of women in the church and denial of personality development of women are also some other factors.

Jaisy Karingattil, Vice President of the KCC, said that the efforts for the formation of the forum began over six months back. 'There was discrimina-



tion for women in many churches. But now it's changing. The Orthodox church has now started allowing voting rights for women at Parish level," said Daisy who belongs to Orthodox Church.

In Kerala, the movement will be coordinated by Kochurani Abraham. Shanthi Mathai will be the secretary and Jaisy Karingattil, the treasurer. Other coordinating members include Susan Thomas, Sheeba Tharakan, Shiji Varghese and Omana Mathew.

(Source: MattersIndia The Times of India)

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Mobile: +91 9820485389, 9820473103
Tel: +9122 - 2269 35 78 / 2265 49 24
E-mail : secular@sezariworld.com / seculardivo@gmail.com
Website: www.sezariworld.com
Editor-in-chief : LAWRENCE COELHO Editor: PHILIP MYABOO

'Thought for the week'

Do not lower your goals to the level of your abilities. Instead, raise your abilities to the height of your goals.

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 (Article on p. 6)

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The Right to MURDER

by Don Aguiar.

If we as a society don't speak up now, there will be more deaths, and each 'anti-national' murder will be celebrated more noisily than ever. That's why; strict exemplary action must be taken against those who celebrate violence because they are just as culpable as Gauri's killers.

We don't know who killed Gauri, but we do know who is celebrating. Those on social media jubilant at Gauri's slaying describe themselves as proud Hindu nationalists, people who Gauri described as her greatest enemy. In fact, Hindu nationalism seeks a new enemy every day.

The toxic divide between 'nationalists' and 'traitors' is deeply worrying. Gauri had strong ideas; she spoke out against Hindutva politics, attacked caste discrimination, pushed for Naxals to abandon the gun and argued passionately for sexual liberation of women. In a conservative regional milieu, her voice may have been offensive to some but instead of mounting counterarguments, someone decided her voice had to be forever silenced. The cult of violence is breeding faster than the aedes aegypti mosquito and infecting many with the fever of blood lust against those they disagree with.

Too much religious ideology in politics inevitably creates violence in society. Those rulers who practice 'soft Islamism' or 'soft Hindutva' open the gate for more radical extremists to gain legitimacy. The divide between Hindus and Muslims is being catastrophically sharpened today, with every new issue like azaan, or beef ban or Vande Mataram or even the so-called competing claims of shamshans and kabristans becoming a tacit political signal for violent goons to take over the argument and physically attack the targets of their rage.

Violent minds, violent language and violent speech beget violent acts. In an atmosphere where violence is legitimized, endorsed and even seen as a ticket to creating an electoral constituency, the actual act of murder of an 'anti-national' only becomes part of a 'war'. The so-called 'just war' against those who insist on the right not to be Hindu nationalists, to be atheist and rationalist, or to criticize superstitions, or to eat beef, to wear mini-skirts, to be homosexual, to attack government policy on Jammu & Kashmir, or to speak in support of JNU students.

(Contd.. on p. 4)

(Contd.. from p. 3)

It is seen by many that the government itself takes pride in an anti-media stance, when certain journalists are boycotted by ruling party ministers, when critical journalists are censored and labeled 'news traders' by the political leadership, when lawyers who beat up female reporters are not censured, then is the government itself creating an environment encouraging violence against the press?

When it comes to allegations about 'saffron terror', not since Nathuram Godse has a Hindutva-inspired assassin openly taken authorship of his act of murder. While Islamist or Maoist extremists generally claim responsibility for their killings, 'saffron terror' has been suspected in several cases like recently in the murders of rationalists Dabholkar, Kalburgi and Pansare, arrests have been made but there haven't been any convictions.

Just a few days after one writer was silenced by a hail of bullets comes an attempt to muffle another one, albeit through recourse to law by criminal and civil defamation complaints. Historian Ramachandra Guha was one among multiple civil society voices who raised the possibility that Gauri Lankesh's criticism of Hindu nationalism may have led to her murder. Those close to BJP accused Naxalites who were upset with Gauri's activities. Public discourse is a chaotic melee of ideological debate, polemical arguments, personal attacks and even incitements to violence. It is important to distinguish personal from political, and violent from offensive, so that free speech does not become the

casualty.

It's apparent, therefore, that confronting Guha with defamation cases is a bid to silence him. This is a ham-handed effort that will only buttress the impression that democratic rights are being eroded in India, harming India's international image. RSS head Mohan Bhagwat told a large group of foreign diplomats a week ago that in the RSS view, 'Hinduness' is not about what one eats or wears – precisely to redress the damage that intolerant voices and lynchings have been inflicting on India's image lately. But the threat to Guha – a public intellectual whose books have a global audience – sends exactly the opposite message

Guha does not pin blame for the murder on any one person or party. If general allegations are met with threats of defamation cases it has a chilling effect on free speech. If the bar for making an accusation is that the culprit be convicted in a court of law, that bar is too high to permit political discourse of any kind. Even if one grants that Guha was making an insinuation, it's worth noting that political discourse before any Indian election whatsoever is rife with myriad insinuations and unproven allegations, far more direct than Guha's.

The rise of social media in the past few years has meant that a lot of public opinion is debated, discussed and shaped on forums like Twitter and Facebook, and even thousands of local WhatsApp groups. One would imagine these powerful tools that connect millions can enable us to distill the best opinions on an issue, which can then shape our response to them.

However, there is a huge problem. These discussion forums are public. And in public, a lot of people are fake. They want to be seen as good, proper, balanced, modern and progressive. Most of all, they want to be seen as virtuous. If I can come across as a person who has these wonderful qualities to my 400-odd Facebook, Twitter or WhatsApp friends, it is more valuable than actually saying what I feel on the issue

In this context, a term called 'virtue signaling' has become popular on the internet recently, although it was used in a few articles several years ago. But it is only now that you see virtue signaling on full display.

We sometimes mistakenly refer to these people in India as fake-liberals, pseudo-seculars or elitists. All they are doing is virtue signaling, showing how modern and progressive they are — so they look good to their virtual peers.

Virtue signaling is a reality of today's social media. Because whenever we feel judged by a lot of people, we hide our true self and try to look good. Its noise on the internet and, like trolls, must be ignored. We must debate issues by saying things as they are, for only then can a solution be found.

In a recent interaction former RBI governor Raghuram Rajan said that open-mindedness is a crucial pre-requisite for high growth economies that rely on the service sector. The manner in which Gauri's death is being legitimized as just punishment for traitors shows that far from open-mindedness, those who dare to think differently are seen as natural targets for assassination.

'Shout don't shoot' is supposed to be the mantra of democracy, but when democracy becomes entwined with irrational religious ideology then shout becomes tacit permission to shoot, all norms of parliamentary democracy brushed aside by those empowered by blind faith.

The political, social and intellectual leadership across the spectrum of Left and Right must rise above narrow parochial boundaries before the toxins of hate; mistrust and bigotry destroy the nation.

It is well remembered what our former Prime minister Atal Bihari Vajpayee said: - "kitab ka jawab kitab se hota hai" – Books and articles must be answered by books and articles not bullets.

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Bandra Fair still a hit with Mumbaiites

I read with great nostalgia the lovely article "Faith as firm as the Mount" by Irwin Almeida in your 11th September 2017 issue of The Secular Citizen.

People from all parts of Mumbai and also outside Mumbai leave their homes early morning to attend mass service and then frolic in the fair down the steps of the hill. What makes this devotion so popular is the testimony of thousands of devotees who have received great favors in answer to their prayers and offerings.

The road from Mehboob studio up the hill leading to the church is lined with stalls selling candles and religious items. The steps leading down from the Basilica also have stalls selling spiritual books, CDS, a few blaring Marathi and Konkani songs, stalls selling halwa to pickles of all varieties, black channa, to Goan, Kerala, Mangalorean delicacies and sweetmeats.

But down the years the Fair has changed. Almeida rightly states that the Fair has been reduced to a Mela. As someone who resides in a building overlooking the Fair, the crowds have swelled enormously with the noisy crowd hitting the roads past 7 pm. Set to close at 10 pm, this year the Fair on most days closed around 11 pm. It's only the September Garden that adhered to the time slot.

September Garden way back in the 80s was a meeting point for the young. The jam sessions at the school hall were a must attend and are sorely missed nowadays, but the crowd who comes there now, enjoys the recorded music. You can even see a few youngsters who come to the ground wriggle to the music.

The memories we have will always continue to remain. I have fond mem-

ories when as a kid, my parents used to buy me gas balloons and pipe balloons that would emit a loud noise. But now when I look around to buy them, I don't find them as I heard they have been banned. There was a time then, when we used to walk down the hill to the smell of pork sorpotel and vindaloo right till Chapel road. Now I get the smell of bhajias, pav bhaji, vada pav, chicken biryani and misal pav and I am reminded that I am in some other fair and not the Bandra Fair.

—Verus Ferreira
Bandra, (West) Mumbai.

International schools mushrooming in Mumbai

This refers to "The 10 best schools in the city"(HT Metro Sep 18). The annual survey report of top schools in the city by Hindustan Times is eagerly awaited by parents every year. This year the top position is shared by Smt Sulochana Devi Singhania school and Dhirubhai Ambani International school . Champion school(ISCE) , the only Catholic school in the list, is at number 6. But what makes Sulochanadevi Singhania school stand out among the list of top 10 schools in the city and surrounding townships like Navi Mumbai and Thane, is that the school caters to 6,500 students and charges a mere Rs 36,000 as annual fees. Incidentally, the ICSE school has the most number of students and charges the least fees among the top 10 schools.

In Mumbai several International schools are mushrooming. However, there is a huge middle class segment who would like to give their children a better education but cannot afford the

fees charged by International schools, averaging Rs 1.5 lakhs per year. This middle class includes thousands of Catholics . To cater to the needs of this huge segment, govt must encourage existing SSC schools to opt for the Sulochanadevi Singhania ISCE School model. This move will also lessen govt's financial burden on education, which may be utilised for upgrading infrastructure of their existing SSC schools

Similarly , the church too must encourage Catholic schools to start ICSE divisions in existing SSC schools instead of starting International schools. At present Catholic schools affiliated to the Archdiocesan Board of Education are rushing to start International schools. But these schools are using existing infrastructure. This is creating disparity and discrimination in the common campus. Besides, to accomodate the International school students more divisions will have to be opened progressively every year. This will necessitate closing of existing SSC divisions every year , which is unfair to the poor and middle class people.

Personally, I am not against international schools, but they should be stand alone schools. They cannot Co exist on the same campus as SSC church schools. That would be patently unjust.

—Prof Robert Castellino
Mumbai

MATRIMONIAL

MUMBAI : Mangalorean Roman Catholic spinster (Born in April 1973), 5' 5" tall, looks much younger to her age, good looking, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 47 years, employed in good position and well settled in Mumbai or abroad. Contact email.: bellwether77@yahoo.com OR Mob.: 9892700617

It's time to set a new course toward the future

by Father William Grimm

Tokyo: Pope Francis has set about to introduce reforms in the Catholic Church and to redirect the way it functions. One step he has taken recently has far-reaching consequences not only for the entire church but particularly for local churches in Asia.

The pope has made a change to canon law that will put authority over liturgical translation clearly where it was put by Vatican II:

"Translations from the Latin text into the mother tongue which are intended for use in the liturgy must be approved by the competent territorial ecclesiastical authority."

That authority is the bishops' conferences.

Since all the English-speaking bishops' conferences in the world unanimously approved a translation prepared in 1997 that was later rejected by non-English speaking hierarchs in Rome, it should be a simple matter to replace the present maltranslation with that one in real English.

However, it remains to be seen if what should be will actually be done by bishops appointed in part because of their fidelity to Roman centralization and an atavistic nostalgia for ancient

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How else is one to interpret the fact that in 2017 Catholics are still expected to use forms of worship that go back to late classical times?

The pope is allowing modern languages and sensibilities to be part of that ancient usage, but the central act of Catholic worship remains a translation of a dead language that embodies dead customs and attitudes. We continue to sail back in time.

There was a time when the liturgy developed in various ways in response to differing cultures. That is why we have more than 20 rites in the Catholic Church. But, at some point in history, a conviction apparently arose that the Holy Spirit was no longer around to work in different times and climes, at least in Catholic times and climes.

So, the language of Shakespeare in literature and the King James Bible and Book of Common Prayer in worship, a language that continues to embody the aspirations and wisdom of vast numbers of God's children, cannot be used to create liturgy, but may merely be a tool for translation of dead Latin.

Is it impossible that 21st-century Catholics are less able than our brothers and sisters a millennium and a half ago to develop liturgies and prayers that respond to the working of the Holy Spirit in our age and proclaim that working in ways intelligible not only to others but to ourselves as well?

Yet, we continue to sail away from our own time and culture, all the while moaning that the world is little interested in journeying with us. And that ship bears more than liturgy into the past.

Last year, a commission appointed by Pope Francis began to study the history of the early church to see if the presence of women deacons then

can be used to justify opening that ministry to women today. Why?

The presence or absence of women deacons then is irrelevant today. The church in its first centuries did not look to precedents in answering the needs of the community. There were none. Those Christians apparently had enough confidence in the presence of the Holy Spirit among them that they simply did what needed to be done.

The question should be, not what was done to answer needs nearly two thousand years ago, but what must be done to answer needs today.

Just as there are likely different needs in different circumstances, so too, there will be different responses, just as different rites developed in different places.

And in cultures and societies where gender is becoming less a factor in the search for competence, gender will be less of a factor for 21st-century answers if the church sets course for the future.

Father William Grimm, MM, is the publisher of ucanews.com and is based in Tokyo.

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Rewire Brain with a ‘Rosary of Gratitude’!

We celebrate October 07 as the feast of the holy Rosary, and the month of October devoted to the Rosary! According to new research from Stanford University, and reported in *Psychology Today*, 01 August 2012:

“On an MRI scanner, and flashing the word ‘NO’, we can detect a sudden release of stress-producing hormones and neurotransmitters. These chemicals interrupt the normal functioning of the brain, impairing logic, reason, language processing and communication. Fixating on the negative can damage neural structures that regulate emotions, memory and feelings. ‘Cortisol’, a hormone released in response to stress, shrinks the hippocampus, the brain involved in critical problem solving and intellectual thought. The hippocampus is one of the primary areas destroyed in Alzheimer’s Disease!”

But the good news is that we can change our thought patterns and slow down the loss of brain cells. Meditating on “joy and gratitude”, reshapes our brains; as even activities as simple as crossword puzzles. So, imagine the power to rewire our brains, if we lift up our minds to God in thanksgiving!

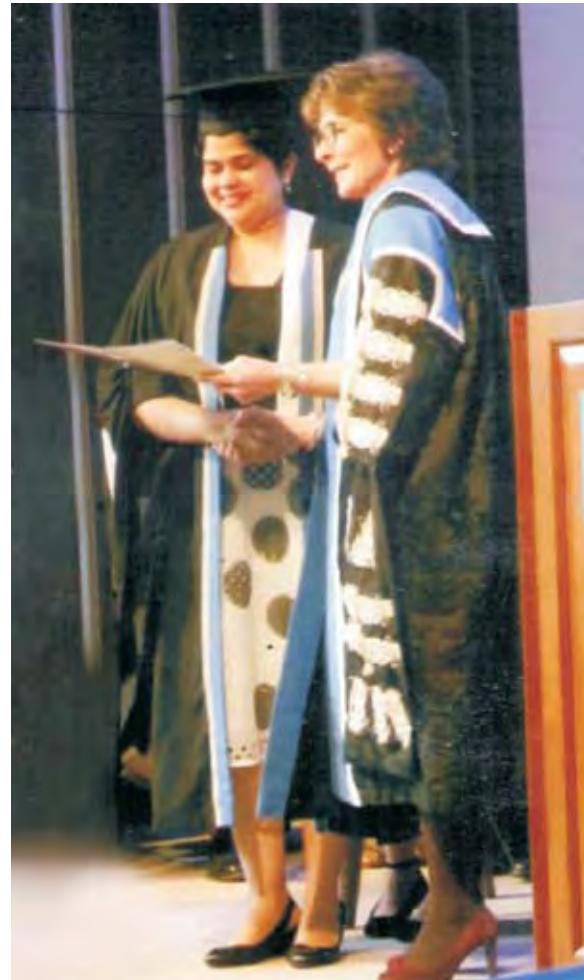
Fr. Russel Kovash, a psychologist, confirms that praying a daily “Rosary of Gratitude”, can dramatically change our life – Dedicate a few “Hail Mary’s” or a decade; thank the Good Lord for a comfortable bed, hot shower, wonderful day, tasty meal, and for an understanding spouse. Be grateful for the Sacrament of Reconciliation and the gift of the Blessed Eucharist! And as St. Paul exhorts: “Be thankful in all circumstances. This is the will of God in your life, in union with Christ Jesus” (1 Thessalonians 5:18).

—Dr. Trevor Colaso,
(Memphis, TN. USA).

Member Of The Royal College Of Obstetricians & Gyaecologists, London

Dr. Priya Marie Sequeira, specialist OB/GYN at Corniche Hospital, Abu Dhabi (U.A.E.) was declared successful at the recent M.R.C.O.G. (London) exams, the results of which were declared on June 1 and convocation to award the degree held also at London on June 9, Dr. Lesley Regan, President of the Royal College, presided over the convocation ceremony.

Dr. Priya is an alumnus of St. Agnes High School, Clare Road, Mumbai; Jai Hind College, Churchgate, Mumbai; Kasturba Medical College, Mangalore, where she had her undergraduate medical education securing six distinctions; internship programme at St. John’s Medical college, Bangalore; her D.G.O. (Manipal ‘Varsity); her D.N.B. (India) under the guidance of Dr. Shirish Sheth, Ex-President F.I.G.O. (International Federation of Obstetricians and Gynecologists) at H. N. Hospital, Mumbai; her postings as



Seen in the Picture are Dr. Priya Marie Sequeira (left) receiving the certificate from Dr. Lesley Regan.

Registrar at H. N. Hospital and Jaslok Hospital; ending as Head of the OB/GYN departments at Bhakti Vedanta Hospital and Wockhardt Hospitals at Mira Road before moving on to Corniche Hospital Abu Dhabi (U.A.E.)

Dr. Priya is the daughter of Dr. Anthony J. F. Sequeira, Secretary General III Asian Congress of Catholic Doctors (Bombay 1964) under Dr. Ernest Borges and Vice President of the CUI/ All India Catholic Union (1977-84) and Dr. Lalita Pais, Senior M. O., Bombay Port Trust and Helpage India.

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Give Peace A Chance!

In a powerful speech to world leaders on September 19th, Antonio Guterres, the Secretary General of the United Nations, kicked off the UN General Assembly 2017. "We are living in a world in pieces", he warned the leaders; going on to add, "our world is in trouble. People are hurting and angry. They see insecurity rising, inequality growing, conflict spreading and climate changing."

Guterres went on to outline seven key threats facing the world, and the major challenges to resolving them: the risk of nuclear conflict, international terrorism, unresolved conflicts and violations of international humanitarian law, climate change, rising inequality, cybersecurity, and the refugee crisis. He concluded with an appeal, "my message to world leaders today: only together, as truly United Nations, can we build a peaceful world and advance human dignity for all."

The words of the UN Chief which revolved around peace and human dignity, could not have come at a more appropriate time- when several so-called "world leaders" are spewing the venom of hate, violence, war and even indulging in it. The world observes yet another International **Day of Peace** ("Peace Day") on September 21st . The day is to "**commemorate and strengthen the ideals of peace both within and among all nations and peoples.**" It is therefore necessary to remind ourselves that each one of us is called to be a channel of peace and that we need to have the courage to hold our leaders accountable in ensuring peace for all.

Very significantly, the theme for this year's 'Peace Day' is "**Together for Peace: Respect, Safety and Dignity for All**" This theme is based on the **TOGETHER** global campaign that promotes respect, safety and dignity for everyone forced to flee their homes in search of a better life. **TOGETHER** brings together the organizations of

the United Nations System, the 193 member countries of the United Nations, the private sector, civil society, academic institutions and individual citizens in a global partnership in support of diversity, non-discrimination and acceptance of refugees and migrants.

Many will certainly doubt whether some key leaders will take this timely theme seriously. Aung San Suu Kyi and Myanmar's military junta continue with the ethnic cleansing of the Rohingya Muslims in their country. More than 400,000 Rohingyas have fled to neighbouring Bangla Desh in just about a month. Appeals from all over the world to stop this genocide have been ignored. In total violation of the past track record, India has closed the doors to the persecuted

and helpless refugees. The war in Syria is in its seventh year. Violence continues in South Sudan, Somalia, Central African Republic, Congo and other parts of Africa. The hopes for lasting peace in Colombia, Venezuela and elsewhere in South America remains an illusion. Trump continues to breathe war on several nations across the globe. Duterte in the Philippines has no qualms of conscience in legitimatising violence and murder of his people.

Modi and his henchmen in India seem to be proving that hate, violence and discrimination bring them 'power'. The brutal murder recently, of well-known journalist Gauri Lankesh is a case in point. In the not too distant past, the country has also witnessed the gruesome killings of rationalists and intellectuals like Dabholkar, Pansare and Kalburgi and of several other journalists, human rights and RTI activists. It is said that on November 17th (Modi's birthday) the Sardar Sarovar dam in Gujarat was lit up and 2,00,000 people (comprising farmers, fishers, potters, pastoralists, tribals, Dalits and small enterprise holders)



had to be submerged for the 'Narmada Mahotsav' to be a success'. The violence against minorities in India continues unabated.

Pope Francis has consistently and unequivocally asserted the need for peace. In a letter to the International Meeting "Paths of Peace" held in Germany from September 10th to 12th he wrote, "*what we may not and must not do is remain indifferent, allowing tragedies of hatred to pass unnoticed, and men and women to be cast aside for the sake of power and profit. Your meeting in these days, and your desire to blaze new paths of peace and for peace, can be seen as a response to the call to overcome indifference in the face of human suffering. I thank you for this, and for the fact that you have gathered, despite your differences, to seek processes of liberation from the evils of war and hatred. For this to happen, the first step is to feel the pain of others, to make it our own, neither overlooking it nor becoming inured to it. We must never grow accustomed or indifferent to evil.*"

Some leaders however, obviously do not care with being "*Together for Peace*" and ensuring "*Respect, Safety and Dignity for all*." Many people across the globe lack the respect, safety and dignity and the peace, which they rightly deserve. It is therefore incumbent on each one of us to make real once again the immortal lyrics of John Lennon, who in 1969, in the wake of the anti-Vietnam war protests sang,

"All we are saying is give peace a chance

All we are saying is give peace a chance"

**(Fr. Cedric Prakash sj is a human rights activist. Contact:cedricprakash@gmail.com)*

Renovations an irreverent desecration of history

Many of our readers hail from Mangalore, some even from Bijey. Renovations today are very commonplace after demolishing valuable history, attempting to project here a general impact, not pointing to anyone or any institution or thing in particular. The matter in a current article by well-known historian and genealogist Dr Michael Lobo opposing proposed renovations with convincing reasons and justifications. Articles and arguments have widely appeared in the media and Dr. Lobo presented it also at the AGM of the century old CASK(Catholic Association of South Kanara) on September 17 to members of the community. Objecting to the refurbishment of St Xavier Church, Bejai in Mangaluru and consequent loss of grave stones in the church, which has stirred up a hornets nest.

There are more than 75 tombstones including of many eminent benefactors of the parish who were interred within the church till 1972 after which burials in the churches were not permitted. But the memorial slabs of those buried in the church since 1889; when Dr Michael Lobo's great grandfather Joseph Lobo's wife was buried

under the altar of the chapel that Lobo himself erected, are still intact.



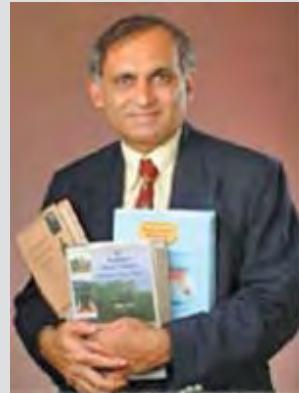
by **Ivan Saldanha-Shet**

Objecting contentiously, the move of parish council to refurbish the flooring of the century plus church, Dr Lobo said that the flooring of Westminster Abbey in London is probably over 500 years old, but no member of it has or would dare to suggest that it be uprooted along with the memorial slabs. "It is only in our home town Mangalore – the "Rome of the East" – that our clergy and parish council members get such wonderful



brain waves," rues Dr.Lobo.

Stating that the flooring of Bejai Church is still in pretty good condition as the building materials used were designed to last long. He added " Today it is not so. If the flooring in the church is laid anew, it may glitter for a year or two, but in all probability, after the passage of a decade its condition, is likely to be a lot worse than the



About Dr. Michael Lobo:

Born in Bijey Mangaluru, on September 12,1953; he is always a leader. He obtained PhD from IISc Bangalore in 1982. His thesis on "Transonic Aerodynamics" in aviation science, earned him the coveted "Young Scientist Award" from the National Science Academy. He played a role with a consortium of British Industry which included Rolls Royce and British Aerospace in pioneering research in aircraft engines. Supervising PhD Students, he published technical works in Ashgate Press. His commitment dedicated his efforts and services for the good of the Community/Civil society. Giving up a fortune overseas to returned home; his research and books consolidate the Catholic community and culture. His tomes on History and Genealogy of the Konkani Catholics of Kanara, on music, on religion and so on apart from perhaps academic subjects are not meant for popularity or profit very rare in today's commercial, consumerist, corrupt and materialistic world. His work as Editor of "Mangalore" a magazine of the Catholic Association of South Kanara (CASK) in recent years, which he updated and turned around is phenomenal. He still stands tall in the Konkani community world wide.

—I J Saldanha-Shet.

flooring is now," he said. Citing the example of Bendur, Urwa and Valencia parishes, where the memorial slabs were uprooted for floor refurbishment and replaced by a brief inscription of the names of the persons buried, he said that the present condition of the flooring in these churches is such that almost all these inscriptions are fading – some have faded altogether. Milagres church has not come with a

(Contd.. on p. 10)

(Contd.. from p. 9)

refurbishment proposal though it celebrated 200 years a few years ago.

It is not merely the fading inscriptions that are the issue here. The original memorial slabs provided far more details – with carefully thought out words and verses by the family members of those times, he added.

For a fact Dr. Michael Lobo, made note of all the original memorial slabs back in the 1990s when he had just started the project of genealogical research, it would have been next to impossible to identify all the persons buried within the church. This identification is important now in the process of bringing out a book titled "Catholic Heritage Tombstones of Mangalore", where all the major tombstones in the churches and cemeteries of Mangalore are being catalogued – with detailed notes on the families and descendants of the deceased persons – so that the descendants will have no trouble in locating the tombstones of their departed ancestors. Each memorial slab in churches and each monument in cemeteries form part of a heritage, Dr Lobo feels that each tombstone is an important link with our past and the inscription on each tombstone has a story to tell.

He said that he would be happy to donate a portion of his ancestral property for a memorial to his great grandfather Joseph Lobo Prabhu and, space permitting, would be happy if all the slabs in the church could be transferred intact to the memorial, if the parish council goes ahead with the project.

It is reported that parish priest Rev Wilson Vitus D'Souza told the media that he has given time till September 20 to file objections and more importantly it was not his individual decision. "A collective decision will be taken by the parish council in this regard," he said. He also said that Dr Lobo's offer of donating land to preserve tombstones, was welcome and he was ready to accept this alternative.

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- 9.00 am : Mass • 10.00 am : Mass
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- 11.30 am : Main Feast Mass



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FROM 1 PM TO 3 PM FOLLOWED BY MASS**

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07.00 pm : Fellowship Meal with the Neighborhood Devotees

Triduum In Preparation 11th, 12th & 13th October 2017 Mass at 5.30 pm.

FRIDAY 13th OCTOBER 2017 Full day Fatima Devotional service

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12.30 pm : Mass, Fellowship meal

2.00 pm to 4.00 pm : Praise & Worship, Adoration

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Tap into the power of Daydreaming

Daydreaming isn't a waste of time, as we're often told, but the gateway to creativity, problem-solving and even to the realisation of our potential. The reality is that the brain is not wired to be focused on a straight line all the time. In fact, science is now finding that daydreaming is a serious way to level up human creativity and imagination which provide a host of other benefits as a bonus. Here are few examples on how daydreams help level you up.

Daydreaming is one of the most common things we do. Teachers, bosses, parents and people generally vying for attention find it irritating when people daydream or "lose focus". However, researchers agree to the fact that daydreaming is like a mini-vacation that carries with it more than just a handful of scientifically proven benefits! Here are a few of them

Your brain gets a break:

There are two main systems in your brain: the decision-making analytic part and the relatable empathetic part. When you get really involved in one, there isn't much room for the other to play. Daydreaming allows for a natural and fluid, almost cyclical movement between these two parts of your brain, turning one on and the other on and off as it imagines.

Day dreaming increases creativity:

A lot of creative celebrities, including Woody Allen and JK Rowling, credit daydreaming with their best ideas. This is because when you daydream, your mind travels through different parts of your brain and collects bits of information that it may then be able to connect! These connections often end up being the beginnings of new

Some facts:

Although it seems like you slip away into dreamland for minutes at a time, the average daydream actually lasts for a mere 14 seconds!

As you get older, although you have more life experiences, you actually daydream less.

Experts say that pain is all in the mind. Because of this, daydreaming can actually help soothe your physical pains or heartbreaks by distracting you from reality.

and creative ideas!

Your ability to perform complex mental tasks heightens:

Were your parents and teachers always reminding you to pay attention? Turns out all those "lost" hours were just as important as the ones spent doing "important" tasks like homework and taking notes. Scientists have long thought that solving mental puzzles required full activation of the brain's network for external, goal-focused thinking and a shutdown of the neural network for internal thinking (which includes "interfering" daydreams). Now researchers at Cornell University have found that mental performance is sharpened when both external and internal networks are employed together. So next time you need to ramp up your brain-power, don't rein in your wandering mind. Let it roam a bit for maximum smarts.

You become more open minded and understanding:

A person spends up to half of their waking hours daydreaming. If you could practice spending just a portion of that time to contemplate what someone else might be thinking or feeling, it could change your interactions with people and create great opportunities for improved communication and connections.



You can be healthier self:

Research has proven that daydreaming is kind of like a low-level self hypnosis. In doing so, you may find that you experience lower levels of stress, translating to a physically healthier you. Another way to lower stress with the use of daydreaming is to practice in advance. Daydreaming is also linked with a healthier brain. It helps you sleep better, provided your dreams aren't too structured and serious. Let your nightly mind wander to playful, and serene places instead.

Enforces you to achieve your goal:

When you let yourself slip off to la-la land, your brain's problem solving network is actually more active than when you are focused on routine tasks. So set your goals, make plans to achieve them, and let your brain help you when you run into obstacles!

You can be a bit more happier:

With all of the benefits of daydreaming, it's little surprise that you can find yourself happier by letting yourself indulge in a little mental play. Another reason for this correlation is that hope and anticipation are both strongly related to joy and tend to be by-products of mind wandering.

Mumbai development plan wrongly marks 67 churches

Mumbai: The Archdiocese of Bombay raised objections to the status of 90 churches in Mumbai last year when the city's proposed development plan was released last year. The archdiocese maintained that the churches had been wrongly marked.

However, when the civic body released its modifications to the plan on its website on September 8, Godfrey Pimenta, trustee of Watchdog Foundation, found that only 28 changes had been made. Now, only 23 of these religious places have been marked. As many as 34 have not even found a mention in the revised plan, reports The Hindustan Times.

"The authorities have not carried out a proper inspection, despite our objections. I plan to file a public interest litigation in the high court regarding this soon," he said.

Authorities of St Francis Xavier's church, Vile Parle, had objected to the church being marked as a primary school in the proposed plan a year ago. They said the authorities



assured them that their request would be taken into consideration. "We received an acknowledgment letter after we presented our objection to the planning committee. They said the situation would be rectified. However, we haven't received an update yet," said Father Savio D'Souza, parish priest.

The church was marked as an orphanage in proposed DP 2015, then marked as a school in the proposed DP 2016 and has been marked to an orphanage yet. This is because it shares its compound with Shishu Bhawan, which is run by Mother Teresa's Missionaries of Charity, and Xavier's

High School and Junior College.

The discrepancies are not limited to just one church — Our Lady of Perpetual Succor at Chembur has been marked as St Anthony Church after the modification.

Officials associated with the DP told HT that as the plan has not yet been finalized, there was scope for the government to examine these objections and make changes. "The DP is not a tourist map. Places marked in it are based on utility. When it comes to religious places, the committee takes a call on it depending on whether they are a part of our heritage list," said an official.

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Clear your mental space, make place for creativity

Would you label yourself a creative person? Do you think creativity is something you are born with? Well, creativity and learning takes place when we are able to connect new knowledge with knowledge we were already familiar with. Creativity is something we can all develop. In fact, it has been scientifically proven that creativity can be cultivated. Once you develop your creative ability, you'll discover the wonderful truth that everyone has the potential to be a powerful creative thinker. All that is needed is utilise your brain and a little bit of exercise

If you are you motivated to become a creative thinker, first you need to believe that you can. Allow yourself the time to let your mind wander. Once you do this, you will find that you are able to create something out of nothing. There are certain things we can all do in order to become more creative. Let's look at some of them

Take on a challenge

Get out your skateboard or go bungee jumping. If you are not ready for an adventure of that sort, there are other relatively simple challenges that can be done from the comfort of your

couch. Challenging your brain can be as simple as thinking of names of famous people that begin with the same letter. Even a crossword puzzle or board game stimulates the brain. Research indicates that unlike being glued to a television set, surfing the web activates complex reasoning and decision making. While watching television is passive, the virtual world is interactive and boosts brain power.

Think, do not memorise

From an early age we are subconsciously taught to memorise and repeat facts. The focus on memorisation and the repeating of facts is very misguided and is based on a real misunderstanding of how the brain works. As you no longer have to worry about remembering this important information, you can safely focus on other things. Once you no longer rely so much on memorisation, your mind becomes much more feed up.

Ditch mental clutter: We are often unaware just how cluttered our minds are by physical distractions and thoughts. What's worse, is if we try to ignore all these distractions, our minds become even more full in the process. The only way to clear up all this mental clutter is to be ruthless. It is a good idea to prioritise what is most important to you.

Look and address your problem: Luckily mental stimulations are everywhere. All you need is to observe for problems in your life. Every problem we face is also a puzzle which needs

a creative solution. When you are faced with a problem, you naturally try to think of solutions. By thinking of dynamic or creative solutions to problems, you are improving your ability to be creative.

Step into meditation: Release your mind and let it wander away from task-related thoughts. By 'letting go' you boost the capacity of your brain to retain information and to perform at a higher level. Breaking out of your regular routine and rigid structure inspires creativity and allows the brain to recharge.

Steps to activate your creative mind

Preparation

- You must gather facts and existing ideas about your problem. In the first stage , start asking questions in order to start generating ideas.

Incubation

- This stage is important. Go for a jog or take a bath but make sure you allow the problem to wander in your mind.

Sudden Insight

- Here is your eureka moment! This is where your connections overflow until that fantastic 'aha' moment hits.

Manifestation

- In this stage you carry out and apply the sudden insight.

Mobile Messaging With Abbreviated Words Is Disturbing

There is, in polite circles, a somewhat cauterized concern towards mobile messaging or texting. Millions of people worldwide suffer in silence under the mistaken belief; that since many do it, it should be all right. It is wrong. Not right to mutilate a language in creating a field of thorns. Wide and wild misuse of texting should be controlled for the betterment of our society and proper conversation in future.

From the year 2000 phones became ubiquitous and texting started. It was the beginning of another dent in the English language going downhill. Messaging, if you please is slowly becoming the order-of-the-day. The distinct art of the English language is being distorted: for example, Gby (God bless you); Cuz (because); 4 (for); U (you); Gd (good day); Gud morning (Good morning); Ur (you are); Knw who ur (Know who you are); ttly (talk to you later); DND (Do not disturb)...

I was told that texting helps create group chats. Others said, in messaging one loses the ability to express thoughts effectively and constructively. Overnight, texting has become a short-hand form of connecting with others. The millennial generation is helping the future to lose the intimate closeness one experiences in conversation. "We are bound by our genetic code; to cling to the mistakes of the past," said a college teacher with reservation.

A whole generation is being raised without communication skills. To a certain degree it could be correct. I had rudely come across this performance in my encounters with students who found it difficult to have meaningful conversations. Their vocabulary was low, common expressions were confused and misused. They had no idea

of how to weave out of a corner in a subject they were not familiar with. Imagine these young people messaging or texting from a mobile.

Using Emojis to add emotions is not recommended. It might qualify to look good, but it does not help in advancing human emotions with true human feelings.

The destruction of the English language was not spared by the Hindi cinema, beginning around the 1930's. They produced films with Hindi titles put in English words on posters, fliers and bill-boards. The spelling of Hindi words with English letters went hay-wire when pronounced, to express the original Hindi word. In cell-phone messaging or texting it feels odd at times.

Smart phones can help a person to ruin his sense of grammar: the 'actress' is now 'actor'. The overuse of acronyms and abbreviations goes wild in misuse. Here is a question for a quiz: what does 'cell phone' mean, and who was the first to use the expression?

Because of the constant use of the mobile, recent research discovered that many High School students are not always credited with proficiency in writing, reading and pronunciation. Teachers themselves have a weakness for mispronunciation, having arrived with degrees from Hindi and Bengali medium institutions in their early academic years.

In fact, mobile messaging with the use of abbreviated words is not the right thing to do always.

The creation and birth of American-English began with Ernest Hemingway. He was awarded the Noble



BY MELVYN BROWN



Prize for literature with respect for his new-form of American-English. The 'new-form' was to spell English words phonetically: Color, nite, armor etc. Fowlers' King's English is now at the mercy of the smart phone and a generation of men and women who try to catch up with the advancing speed of new electronic devices.

Relationships are becoming tense because of the cold mobile messaging and texting.. Arguments are turning abrupt phone calls, and feelings have become status messages.

To be specific, clear and direct is the best way to reach out to success and not drain a persons' thinking to figure out intentions or directions. Go ahead and use your mobile with proper grammar, spelling and with the human touch of direct involvement, in a polite manner. I wish you all the best, when you use your smart phone.

Should Government Offices and Railway Terminal, Shift To The Mainland From Island Of South Mumbai,

To Reduce Congestion On City Roads And Suburban Railways?

by Eric D'Sa

I call Mumbai City an Accidental City. Most of the following history of the city is what I have gathered from a well researched small book on Bombay, written by a very good friend, Ivan Raskino, which I recommend you to read, especially if you are living in Mumbai mega city and want to know its history..

The seven Mumbai Islands on the west coast of India in the Arabian Sea, were from ancient times until 1320 AD, controlled by different Hindu rulers. After that date till 1534 AD, it was controlled by the Muslim rulers from Gujarat. The islands were sparsely inhabited during these periods. The Portuguese came into the possession of the Islands after the above date. Not much development took place and very few people lived on the islands. Most of the development if any, took place between Bandra and Bassein on the mainland. During this period, almost half the population in this area known as Salsette who were mainly fishermen and farmers, became Catholics due to partly induced conversions and partly for betterment of their lives. This is the reason number of churches were built in this area.

The Portuguese did not build the city of Bombay nor did they have any plans to do so. Meanwhile, the British East India Company formed by a Charter of the British Queen in the year 1600, had slowly gained foot hold in India from trade. In the year 1612 the British East India Company defeated the Portuguese in a battle near Surat. Later in the year 1632 the British defeated the Portuguese in the Persian Gulf. This enabled them to increase the lucrative trade to and from India. At the same time they were worried with the Dutch power which was growing in western India. They were also worried by the regular attacks from the armies of the Moguls from the north and the Mara-

fort with guns, overlooking the whole Thana creek and Bombay harbour on the Island of Mankurd /Trombay.

In 1669 King Charles having no interest in the Bombay Islands, sold the Islands to the East India Company for a sum of 5,000 pounds sterling plus 6% interest, plus an annual rent of 10 pound sterling. Sir George Oxenden of East India Company who was its president in Surat, became its first East India Company Governor. Soon after to get away from both the Moguls and Marathas, the H.O. of the western sector of the East India Company was shifted from Surat to Bombay. Sir Gerald Aungier who took over

from Sir George, shifted from Surat to Bombay. He is considered to be the founding father of the city of Bombay. He built the fort on main island of Bombay and forts were also built at Mahim, Sion and Sewree.

All these forts still exist today though in a poor condition. He built the mole station from where the ships were discharged and loaded, a mint to produce the local currency and later the famous red rupees were his doings. Road and bridges were built to connect to the mainland and a protective force was formed to protect the city, which became later the Indian army.

(Contd.. on p. 17)

YOU THE CITIZENS DECIDE:

thus from the South. Surat Port was vulnerable and as such the Britishers were looking for a safer port on west coast of India.

At this stage what I term as an accident took place. The King of Portugal offered the the Islands of Bombay to King Charles 2 as a dowry, for marring the Portuguese Princes Catherine of Braganza. The marriage took place in 1662. The islands were offered by the King Charles to the East India Company. We are told British officer Humphrey Cooke who was recognised to be a smart trader, officially took over the Island of Bombay from the Portuguese in 1665. There are rumours of this officer of having taken bribes and other favours from the local Koli land owners, who had earlier inter married with the lonely Portuguese traders and soldiers. They convinced him to start the shipping operations from the safer and less accessible Bombay Island on the bay, from the main land. Already the Portuguese had built a

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(Contd.. from p. 16)

The importance of this sea trading city grew to the extent that the British decided to build the world's second railway line to connect the harbour in south Bombay to the mainland and gradually over the years to other parts of the country. Meanwhile the road network connecting the city had also rapidly spread in all directions. So as the trade increased, it attracted more people from around the country to shift their residence into these islands and hence started the work of reclaiming swamp land between the islands into what we call today, Bombay City. In normal times origin of the big cities around the world, start as villages on river banks with sufficient hinterland and slowly grow into towns and small cities over a long period, even centuries. Bombay, the accident city had no river or a friendly and supportive hinterland.

What historians will tell us is that Bombay due to its excellent protective harbour, the proximity to the new sea route to Europe through the just opened Suez Canal, its growing trade grew rapidly and came to be called the gate way of India. The cosmopolitan nature of its people who had migrated from different parts of India, made it a vibrant city. Meanwhile the opium trade from India to China provided huge profits first to the East India Company and then to many Jew and Parsee businessmen. Lot of this sin money was later used in cotton trade and to build the lucrative cotton mills in the city.

Shashi Tharoor in his latest book has criticised the British for having within a period of 3 centuries, looting the country of its substantial wealth and even claimed compensation for the same. He has stated that the British used the trade, to drain the wealth of this country and most probably Bombay city had a role to play in this loot. So in a way it is not a surprise that this sin city became the main financial city of the country and has continued to remain so to this day.



However, even after independence of the country, Bombay continued to grow rapidly and the number of people who migrated to the city from around the country has continued till today. It is called the thriving financial city of India and a glamorous film city. As the density of the people living in a limited area surrounded by sea on three sides, all available open land has been used for constructions of buildings to house people and for office space and factories. The city has the distinction of having the largest slum in the world. The city grew in one direction from south to north and northwest, even past the Thane creek which defined its boundaries. The only other way it could grow is skywards and it is doing so. The city is now bursting with around 20 million people. Due to lack of good and sufficient network of roads, suburban railways, fresh water supplies, public transport, green parks, schools with play grounds etc. the city is bursting at its seams. The quality of life of its inhabitants has worsened over the years.

One of the solutions to mitigate the above problems is to have a relook at the four factors which made this city to

be built where it is and then grow rapidly. Then we can decide if it is better to shift important parts of the city from the congested south Bombay to the more centralised mainland. We do not have to worry about any invasion from Mughal or Maratha armies or as a matter of fact any armies these days. If at all it will be from the sea. So the city is better protected on the mainland.

The second factor is the main sea port, which has already been shifted from the Mumbai Island to the mainland. JNPT has grown to be the largest container port in India and is still growing. The Mumbai International Airport will be shifted to the mainland within next five years. The work has started. A cross harbour bridge has been sanctioned between south Mumbai and the mainland that will connect to the new airport and the work is also expected to start soon. The third factor is the railways and roadways. The suburban rail should be on war footing extended to the new International Airport and JNPT. The work is going on for some years. The main railway cargo and passenger terminal should be shifted somewhere between JNPT and new air port where land is plenty.

The Government of Maharashtra and the Bombay High Court, the Main Custom and Exercise departments, should also shift to a new location on the mainland and this will be a lot cheaper, if simultaneously the real estate they occupy on the island, is sold to the private sector. The commercial businesses houses are bound to shift to locations near the International Airport and JNPT, especially if the required good rail and road way net work is provided. This is bound to shift working populations from the congested island city to the open pollution free mainland, if good schools, colleges and hospitals are provided. This is far easier and cheaper than building underground railways and elevated fast road ways over the sea coast. So should our Governments finally shift from the accident city to a better main land location across the harbour - You the Citizens decide.

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Catholic Healthcare Growth a Benefit!

A research paper from the *National Bureau of Economic Research*: “Medically Necessary but Forbidden—Reproductive Healthcare in Catholic Owned Hospitals”, and reported by Edward Furton, an ethicist with the *National Catholic Bioethics Center*, told EWTN News on 18 Sept. 2017:

“The number of hospitals that are Catholic-sponsored or Catholic-affiliated has increased 22 percent from 2001 to 2016. In fact, Catholic hospitals and Catholic healthcare systems have been remarkably successful in America’s competitive market.”

“They tend to be better managed, are governed by a sense of social duty, perform greater amounts of charitable care, and have strong ethical safeguards in place to protect their patients.” Furton attributed the growth of Catholic healthcare to patients appreciation for these features.

The working paper estimated that the expansion of Catholic hospitals even reduced by 30 percent the annual rates per-bed of inpatient abortions; and also the rates of tubal ligations or sterilizations dropped 31 percent!

At the 34th session of the *United Nations Human Rights Council* held on 10 March 2017, Archbishop Jurkovic, the Holy See's permanent representative to the UN clarified: “All our efforts must be directed to ensure human dignity, the quality of health and protection of all life, and to building of a better world for future generations. Besides, Catholic Church and Institutions run over 5,100 hospitals, 16,500 dispensaries, 600 leprosy homes, and 15,600 hospices for the elderly, chronically ill and the disabled.” - Because as Jesus reminded us: “The sick are in need of a doctor” (Mark 2:17).

—Dr. Trevor Colaso,
(Memphis, TN. USA).

Three Days Retreat in Konkani

Praise the Lord Jesus! Alleluia



The word become a human being and, full of grace and truth, lived among us. (John 1:14)

Three days Retreat in Konkani
conducted by Rev. Fr. Onil D'Souza
(Director, St. Anthony Ashram, Mangalore),
Br. Joel Lasrado
(Former Preacher of Divine Retreat Centre, Potta)
& Br. Rony
at Our Lady of Health Church,
Sahar, Andheri (E)
on 19th, 20th & 21st October 2017
from 9 a.m. to 5 p.m.

Lunch & Tea will be provided free of cost.

Inspiration!

So, in order to set good boundaries, you must be a strong and confident person.

Keep your dignity intact

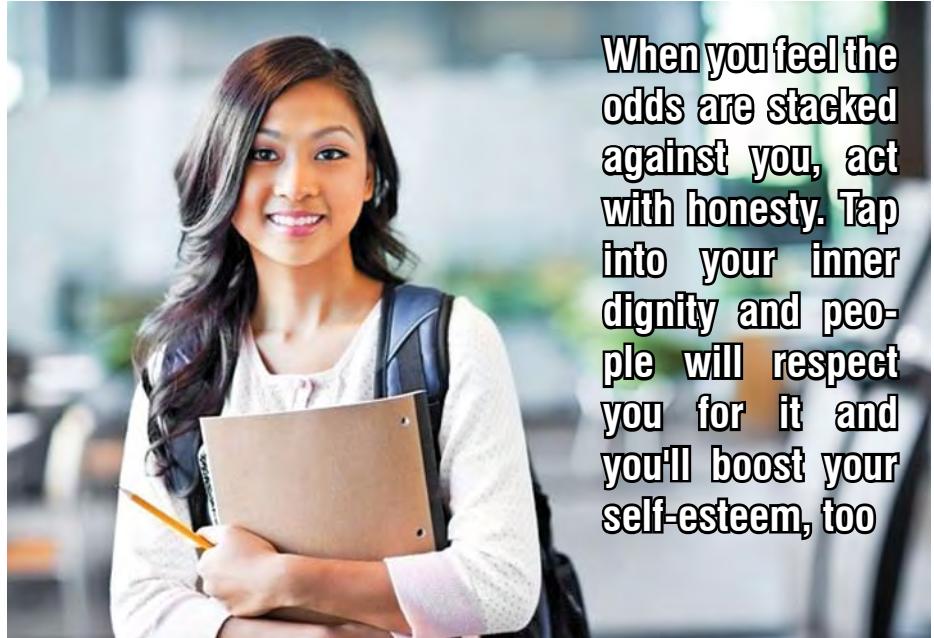
We all have a fight or flight response to stressful situations and difficult relationships are some of the most stressful situations we can find ourselves in. Instead of giving into your first impulse to fight or flee, how would you like to stay in control and keep your power, no matter who you're dealing with? The following tips will keep you in the driver's seat of your life. They'll help you maintain your sense of power and dignity even while dealing with the most difficult people :

Boundaries

What does having good boundaries mean? It means you not only care for the other person, you care equally and deeply for yourself. It means you value yourself and your right to have a different opinion and different way of being in the world. Having good boundaries also includes understanding you don't have to "take on" the problems of others... you don't have to be a doormat.

Shake It Off

Animals get it. If they're stressed by anything they shake it off immediately. They bark, buck, bite, run, neigh, whinny, scratch...you get the idea. But as human animals we tend to hold in our stress, which of course leads to unwelcome side effects; illness, insomnia, crabbiness, overeating, leth-



When you feel the odds are stacked against you, act with honesty. Tap into your inner dignity and people will respect you for it and you'll boost your self-esteem, too

argy, etc.

If you still feel remnants of stress after dealing with difficult people find a way to shake it off. Go for a walk. Have a good cry. Get some fresh air. Find someone you can belly laugh with. The sooner you can release the stress the sooner you can regain your power to live your life fully, in spite of what others might do.

Whenever called upon to take a tough decision - personal or professional, if you keep this one - 'your dignity' sacred, you will never regret the choices you made because you will have been true to yourself. Weigh the answer in the present context and take your decision.

Say sorry

While ordinary folk don't have the assistance of campaign managers and public relations advisors, what we do have is our own sincerity and need to set wrong, right. Saying sorry is probably the most difficult thing to be done, if it is to be done with all sincerity and from the heart. Apologising is difficult. It means acknowledging that you were wrong, out of line and have harmed someone. Most of us have a great amount of difficulty in getting past admitting our wrongdoings. In fact, never saying sorry only lets resentments fester and hurts multiply until it buries all the vestiges of love and let only the negative emotions remain.

Too much of anything is never good. Protect your relationships by keeping them in check with good boundaries.

Grooms



MATRIMONIALS

6771 CANADA : Bombay born, brought up and educated Keralite RC Bachelor, (Born in October 1987), Ht. 180 cms, Wt. 75 kgs, Fair Complexion, Handsome, Edn. B. Tech Computer Engineering, working as a Software Engineer. Permanent Resident Canada. Seeks a well educated girl from Canada, U.S. Or Mumbai. Good looking, ready to settle in Canada. Keralite / Mangalorean / South Indian. Contact email : anthony99ignatius@gmail.com.

6768 MANGALORE : Mangalorean RC Divorce, (Born in August 1975), Ht. 174 cms, Wt. 70 kgs, Wheatish Complexion, Edn. HSC + 2 years Mechanical, working on Cruise Line. Contact email : roshanpilar@gmail.com

6740 MUMBAI : Mangalorean RC Bachelor, (Born in December 1986), Ht. 5' 6", Wt. 62 kgs, Fair Complexion, Edn. B.E. / B. Tech. Worked abroad present having own business. Contact email : noelmenezes02@gmail.com

6722 MUMBAI : East Indian RC Bachelor, (Born in September 1989), Ht. 5' 11", Wt. 64 kgs, Fair Complexion, Edn. M.Com., C.A., working in Audit firm. Contcat email : eltn89@yahoo.co.in

6750 AUSTRALIA : Goan RC Bachelor, (Born in October 1985), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. Bachelor in Communication, working as a Media Analyst. Contact email artemiamaria@gmail.com

6746 MUMBAI : Mangalorean RC Bachelor, (Born in April 1987), Ht. 5' 10", Wt. 78 kgs, Fair Complexion, Edn. MBA / BE, Working as a Asst. Manager. Contact email : nestortauro@rediffmail.com.

6718 MUMBAI : Goan RC Bachelor, (Born in April 1980), Ht. 5' 7", Wt. 85 kgs, Wheatish Complexion, Edn. B.Com., working as a Marketing Executive.

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or Email :
royalchristianfamily@gmail.com

Contact email : mumbaischool@yahoo.co.in

6717 MUMBAI : Born and brought up in Mumbai, Keralite RC Bachelor, (Born in June 1986), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. B.Sc., (Computer Science), PGDM MBA, working as a Software Consultant in reputed IT firm. Only Child., Contcat email : donald.arakel@gmail.com OR 9004608504

6704. MUMBAI : Goan RC bachelor, (Born in September 1987), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. 10th std., working as a Mech/Supervisor in Gulf. Contact email : josephdsouza12@gmail.com OR 8691913335 / 9029273230

6700. MUMBAI : Goan RC bachelor, (Born in September 1979), Ht. 5' 7", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Private Firm. Contact email : savio_101in@yahoo.co.in

6695. MUMBAI : Mangalorean RC bachelor, (Born in Auguat 1972), Ht. 5'9", Wt. 77 kgs, Fair Complexion, Edn. F.Y. B.Com., + IATA, working as a C.S. Associate in MNC., Contact email : binatone55@gmail.com OR Phone : 25441116 / 9619742315 / 9619032564

6693. MUMBAI : Mangalorean RC bachelor, (Born in September 1988), Ht. 6', Wt. 85 kgs, Edn. Graduate Degree, Merchant Navy Captain in U.K., working as a Merchant Navy Officer. Contact email : kennethlazrado@yahoo.com.

6684. MUMBAI : Goan RC bachelor, (Born in January 1969), Ht. 5' 5", Wt. 60 kgs, Edn. High School, working as at Airport as Counter Staff. Contact email : danrox009@gmail.com.

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Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

6677. BANGALORE : R.C. Parents invite alliance : son Engineer B.E., (Mechanical), Divorcee working in the Gulf, having good job, well off, (Born in June 1967), Ht. 5' 4", Wt. 63 kgs. Girl should be educated, good family background, kind, loving & caring : caste denomination no bar! Contact Mob.: 07795101265

6675. MUMBAI : Roman Catholic Bachelor born and brought up in Mumbai (Born in October 1984), Ht. 6', slim athletic build, fair complexion, only child. Education BE Electronics, having family business (Electronic Component Manufacturing) from decent family having sober habits. Looking for slim, well educated Roman Catholic girl from decent family with sober habits, having hight above 5' 2". If interested kindly send biodata with photograph to snad2450@gmail.com OR contact 9223219634

6669 MUMBAI : Goan R.C. Bachelor, M.Sc., in Telecom, MBA, (Born in February 1978) Ht. 5' 5", Fair, good natured. Working as a Financial Analyst in New York. Contact email: zennon.fernandes@gmail.com OR 8698375997.

6667 MUMBAI : Goan R.C. Bachelor, B.Com., (Born in January 1983) Ht. 5' 7", Wt. 65 kgs, Fair, smart and good natured. Non alcolholic and non smoker. Seeks a fair, good looking, good natured slim Goan RC girl. Contact Mob: 9930466725

6726 MUMBAI : Mangalorean RC Bachelor, (Born in January 1984), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn.B.Com., MBA, LL.B., working as a Manager in reputed Company. Contact email : franscoroyal@rediffmail.com

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6770. MANGALORE : Mangalorean RC spinster, (Born in October 1987), Ht. 5' 2", Wt. 52 kgs, Wheatish Complexion, Edn. MBBS, Senior Residential Doctor. Contact email: myname2487@gmail.com

6769. MUMBAI : East Indian RC spinster, (Born in December 1986), Ht. 5' 1", Wt. 70 kgs, Wheatish Complexion, Edn. MBA in Finance, Deputy Manager in Bank. Contact email: dinafrnds62@gmail.com

6535. MUMBAI : Mangalorean RC Spinster, (Born in August 1988), Ht. 5' 4", Wt. 65 kgs, Beautiful, Very Fair Complexion, Edn. B.Sc., IT, Masters in Media Art & Animation & Editin. Working as an Editor. Contact email : simonsjl@vsnl.com

6532. BANGALORE : Mangalorean RC Spinster, Only Child, (Born in December 1976), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.A. Communication, working as an Assistant. Contact email : ashajob@hotmail.com

6749. AUSTRALIA : Goan RC spinster, (Born in October 1985), Ht. 5' 2", Wt. 57 kgs, Wheatish Complexion, Edn. Bachelor of Arts (Psychology) working as a Psychologist. Contact email : artemiamaria@yahoo.com

6741. MANGALORE : Mangalorean RC spinster, (Born in March 1993), Belonging to a very affluent business family. Edn. MBBS, intends to pursue M.D. Very fair, very beautiful seeks suitable groom Contact email : sona68500@gmail.com

6721. MUMBAI : Mangalorean RC Spinster, (Born in December 1993), 5', Wt. 45 kgs, Wheatish Complexion, Edn. B.Sc., IT, working for Engineering Company. Contact email : lynettelewis67@gmail.com

6720. MUMBAI : Goan RC Spinster,

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(Born in November 1989), 5' 5", Wt. 62 kgs, Wheatish Complexion, Edn. MBA working as a HR. Contcat email : janessafernandes25@gmail.com

6716. MUMBAI : Anglo Indian RC Annulled (Divorcee) (Born in November 1983), 5' 2", Wt. 56 kgs, Fair Complexion, Edn. Master's Management, working in DUBAI as a Marketing/ Sales. Contcat email : diana-marriot@rediffmail.com OR maskelld795@gmail.com

6715. MUMBAI : Tamilian RC Spinster, (Born in August 1987), 5' 4", Wt. 76 kgs, Fair Complexion, Edn. B.Sc. MBA., working as a Team Leader. Contact email : cdgopal@gmail.com / nishachandra05@gmail.com

6714. MUMBAI : Goan RC Divorcee, (Born in May 1978), 5' 5", Wt. 54 kgs, Fair Complexion, Edn. HSC., working as a Company Secretary. Contact email : loveleentoscano@yahoo.com

6712. MUMBAI : Goan RC Spinster, (Born in February 1988), 5' 1", Wt. 55 kgs, Fair Complexion, Edn. B.Sc. Microbiology, working as a Quality of Map products. Contact email : anuperreira@yahoo.com

6706. MUMBAI : RC Spinster, (Born in February 1983), 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. B.A., working as an Accountant in BAHRAIN. Contact email : denis_anthony@rediffmail.com

6701. MYSORE : Mangalorean RC Divorcee, (Born in May 1983), 5' 2", Wt. 70 kgs, Wheatish Complexion, Edn. MBA, Ph.D., Assistant Prof., by profession. Contact email : rosecynthia1962@gmail.com

6699. MUMBAI : Mangalorean RC

Spinster, (Born in September 1976), 4' 11", Wt. 45 kgs, Wheatish Complexion, Edn. B.A., Diploma in Personal Secretaryship, Diploma in Art, Studing Diploma in Special Educator for deaf and deafblind. Contact email : saritadsouza08@gmail.com

6697. MUMBAI : Goan RC Spinster, (Born in January 1979), 5' 2", Wheatish Complexion, Edn. Graduate / PGDHM, working as a Administor. Contact email : jmjcapricon@rediffmail.com

6696. MUMBAI : Mangalorean RC Spinster, (Born in August 1991), 5' 1", Wt. 49 kgs, Fair, Edn. MBA - Finance, working as a Finance Executive in DUBAI. Contact email : moraes.cheryl@gmail.com

6694. MUMBAI : Mangalorean RC Spinster, (Born in August 1991), 5' 4", Wt. 57 kgs, Wheatish, Edn. MBA - Finance, working as a Trade Finance Assistant in DUBAI. Contact email : rochellemoraes91@gmail.com

6644. MUMBAI : Goan RC Spinster, (Born in December 1991), Ht. 5' 4", Wt. 52 kgs, Fair Complexion, Edn. Graduate (Travel/Tours), working as Sr. Operation Exe., Contact email : bernie0164@gmail.com OR 9930466725

6520. MUMBAI : RC Spinster, (Born in April 1988), Ht. 5' 1", Fair, good looking, Edn. SSC from ICSE board, B.A., P.R. working as a Sr. Accounts Manager - Public Relations with a private firm. Seeks a suitable match. Contact email : dorothyfurtado@hotmail.com

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6645. ABU DHABI : East Indian RC Spinster from Mumbai (Born October 1992), Ht. 5' 5" (166 cms), 62 kgs, Wheatish Complexion, B. Com, MBA (Finance) U.K. working for a Bank in Abu Dhabi, United Arab Emirates. Family U.A.E. based for past 25 years. Seeks a Professionally qualified bachelor, below 30 years working or settled overseas / On Board with sober habits, good family values, from a respectful family. Contact email : leteciaprisca@gmail.com

6642. MUMBAI : Goan/Mangalorean RC Divorcee, (Born in September 1979), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Service, Seeks a suitable match. Contact email : rowmonteiro@yahoo.com OR 9820792115

6640. MUMBAI : Goan RC Spinster, (Born in December 1980), Ht. 5' 4", Wt. 85 kgs, Fair Complexion, Edn. M.B.A-HR, B.Com., 1st class, working as an Asst. to Vice President. Contact email : rodrigues2631@gmail.com

6639. MUMBAI : Protestant Spinster, (Born in June 1981), Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. B.A. Journalist, Working as a Fashion Designer. Contact Mob: 9820250350

6638. MUMBAI : Mangalorean RC Spinster, (Born in May 1989), Ht. 5' 2", Wt. 57 kgs, Wheatish Complexion, Edn. M.Com., Bank Officer. Contact email : noronha2305@gmail.com

6633. MUMBAI : Goan RC Spinster, (Born in July 1989), Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. B.E., Computer Science, working for Foreign Bank. Contact email : mendonca17edward@gmail.com

6632. MUMBAI : Mangalorean RC Spinster, (Born in November 1989), Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., working as a Travel Counsellor in MNC. Contact email : denverr89@gmail.com

6631. MUMBAI : Mangalorean RC Spinster, (Born in September 1983) Ht. 5' 7", Wheatish Complexion, Ph.D., from American University, working as a Senior Healthcare Consultant in a MNC

Mumbai. Kindly reply with details and full length photograph to mendoncaedwina@gmail.com

6628. MUMBAI : Mangalorean RC Spinster, (Born in September 1992) Ht. 5' 7", Wt. 58 kgs, Wheatish Complexion, Edn. B.E. (Electronics), working as an Asst. Engineer. Contact email : dsz.roshan@gmail.com OR

6627. MUMBAI : Goan RC Spinster, (Born in December 1988) Ht. 5' 4", Wt. 58 kgs, Wheatish Complexion, Edn. Graduate with Diploma in Interiors. working as a Interior Designer. Contact email : virlib2209@gmail.com

6620. MUMBAI : East Indian RC Spinster, (Born in August 1987), Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. Post Graduate, working for Foreign Bank. Contact email : beann_lam@rediffmail.com

6617. MUMBAI : Mangalorean RC Spinster, (Born in November 1992), Ht. 5' 4", Wt. 60 ks, Fair Complexion, Edn. MMS / MBA working as a HR in MNC. Only Child. Seeks a groom below 28 years, preferably Mangalorean. Contact email : amd19901992@gmail.com

6615. MUMBAI : Goan RC Spinster, (Born in March 1981), Ht. 154 cms, Wheatish Complexion, Educated, working, Contact email : valarie.estibeiro@gmail.com

6614. MUMBAI : Mangalorean RC Spinster, (Born in September 1983), Ht. 157 cms, Wt. 69 kgs, Fair Complexion, Edn. M.Sc., working as a Lab Technologist in Doha Qatar. Contact email : nishlasrado@gmail.com

6611. MUMBAI : Goan RC Spinster, (Born in January 1988), Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. BMS, studing EMBA, working as a Sr. Analyst., Contact email : alliancececaldeira.nc@yahoo.com

6609. MUMBAI : Goan RC Spinster (Born in October 1988) / 5 feet / 58 kgs, B.E. and MBA, working for reputed IT MNC as Sr. Analyst seeks alliance from professionally qualified RC Bachelors upto 33 years, well settled with sober habits and good family background. Pl reply with details and recent full size photo to ashil2628@gmail.com OR

9819950120

6548. MUMBAI : Tamilian RC Spinster,(Born in December 1986), Ht. 5' 5", Wt. 66 kgs, Wheatish Complexion, Edn. PGDBM NMIMS, working as a Manager. Contact email : prabha.nadar@hotmail.com

6528. DUBAI : Mangalorean RC Spinster, (Born in April 1985) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

6527. DUBAI : RC Spinster, (Born in July 1987), Ht. 5' 3", Wheatish Complexion, Edn. B.A. in Mass Media, working as a Senior Executive in Govt. in Dubai. Staying with parents. Seeks a well settled and educated East Indian or Goan Bachelor. Contact email : axferns@gmail.com

6525. RAJASTHAN : Goan RC Spinster, (Born in September 1988), Ht. 5' 7", Wheatish Complexion, Edn. B.Com., working for Railways as a Confidential Assistant to Sr. DCM. Contact email : casrdcm@gmail.com

6524. MUMBAI : RC Spinster, (Born in December 1985), Ht. 5' 8", Fair, Beautiful, Edn. B.Com., / Dip. in Airline, working for Qatar Airways. Contact email : fersonia04@gmail.com

6522. MUMBAI : Mangalorean RC Spinster, (Born in January 1984), Ht. 5' 6", Fair, Edn. Phd., (Australia), Masters in Pharmacy and PhD in Chemistry and biology. Contact email : ds.charlotte@gmail.com

6518. MUMBAI : Mangalorean RC Spinster, (Born in February 1989), Ht. 5' 3", Wt. 53 kgs, Wheatish Complexion, Edn. B.Com., B.Ed., Teacher by profession. Contact email : jenisha.mathias@gmail.com

6511. MUMBAI : Mangalorean RC Spinater, (Born in November 1990), Ht. 5' 6", Wt. 75 kgs, Tan Complexion, Edn. MMS - HR, working as a Jr. Officer HR. Contact email : michelledsouza1990@gmail.com

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Prayer & Thanksgiving Prayer to the Sacred Heart



Oh Lord Jesus Christ, to Your most Sacred Heart I confide this intention (your request). Only look upon me, then do what your love inspires. Let your Sacred Heart decide ... I count on You ... I trust in You ... I throw myself on your mercy. Lord Jesus, You will not fail me. Sacred Heart of Jesus, I trust in you. Sacred Heart of Jesus, I believe in your love for me. Sacred Heart of Jesus, Your kingdom come.

Sacred Heart of Jesus, I have asked you for many favors, but I earnestly implore this one. Take it, place it in your open Heart. When the Eternal Father looks upon it, he will see it covered with your Precious Blood. It will be no longer my prayer, but yours, Jesus. Sacred Heart of Jesus. I place all my trust in You, Let me not be disappointed. Amen.

—A Devotee, Andheri East

Unfailing Prayer to St. Anthony



O holy St. Anthony, gentlest of Saints, your love for God and Charity for his creatures, made you worthy, when on earth, to possess miraculous powers. Miracles waited on your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought,

I implore of you to obtain for me (request). The answer to my prayer may require a miracle, even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours.

—Mrs Lalitha Noronha, Bandra

Thanksgiving



May the Sacred Heart of Jesus be Praised Adored, Glorified and Loved today and everyday throughout the world, now and forever. Amen!!

Ask St. Clare for three favours two impossible and say nine Hail Mary's and the above prayer for 9 days with a lighted candle and publish on the 9th day your request will be granted no matter how impossible it is

—Stephen Fernandes, Goa

Prayer to St. Expedite for solving a financial crisis



I call forth the Power and the presence of St. Expedite in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) _____
My financial need is urgent. Be my

Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God.

Amen. (Promise Publication)

—Mrs. Rose V. Pereira, Miraroad

Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankanni, Our Lady of perpetual Succor and St. Anthony

—A Devotee

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