

# THE SECULAR CITIZEN

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# Lent

## Season of Change!



## International Womens' Day Celebration



MTNL Area Manager Mrs. J. V. Shivpuje and staff of CST Mint Road, Fort, Mumbai honoured Mrs. Susan Coelho, publisher The Secular Citizen with a rose on International Womens' Day on 8th March 2017

## Diplomatic relations between the Vatican and the Myanmar approved

Yangon: The Parliament of the Republic of Myanmar unanimously approved the Vatican proposal to establish diplomatic relations at its meeting on March 10. The approval news was broadcast on state television on March 10 and was published on March 11 by the Mirror, the official government news organ.

In a statement on 24 February, the Minister U Kyaw Tin had revealed that the new government led by the National League for Democracy (NLD) would begin diplomatic relations with seven countries, once the Pyidaungsu Hluttaw, the national assembly, he had given their consent. The seven countries with which the Republic of Myanmar will now have new reports include the Vatican City State, Guinea, Malta, Ecuador, Seychelles, Liberia and the Marshall Islands.

source: AsiaNews

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**'Thought for the week'**

*Just as a candle cannot burn without fire, men cannot live without a spiritual life.*

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**LENT 2017**

*by Don Aguiar*

**P**ope Francis message for Lent 2017: the theme of which is "The Word is a Gift. Other Persons are Gifts." Lent is a favourable season for deepening our spiritual life through the means of sanctification offered us by the church, fasting, prayer and alms giving? At the basis of everything is the Word of God which, during this season, we are invited to hear and ponder more deeply....

Lent is the greatest and most solemn period of fasting on the Christian Church's calendar, leading up to the celebration of Christianity's greatest feast day: Easter.

In English, Lent got its name from the Old English word len(c)ten, which means "spring season."

One could explain that Lent is the 40 days before Easter in which Catholics pray, fast, contemplate, and engage in acts of spiritual self-discipline. Catholics do these things because Easter, which celebrates the Resurrection of Christ, is the greatest holy day of the Christian year (even above Christmas) and Catholics have recognized that it is appropriate to prepare for such a holy day by engaging in such disciplines.

The reason Lent lasts 40 days is that 40 is the traditional number of judgment and spiritual testing in the Bible (Gn 7:4, Ex 24:18, 34:28, Nm 13:25, 14:33, Jon 3:4). Lent bears particular relationship to the 40 days Christ spent fasting in the desert before entering into his public ministry (Mt 4:1-11). Catholics imitate Christ by spending 40 days in spiritual discipline before the celebration of Christ's triumph over sin and death.

The easiest way to understand the church calendar is as a sort of live immersive theater, designed to reenact the life of Jesus every year from Christmas (birth) to Easter (resurrection). During that time, readings in traditional churches revisit stories from the gospels that focus on those events in Jesus's life. (Following Easter is a 50-day "Easter Season" culminating in Pentecost, and then a season called either the Pentecost season or "Ordinary Time," which lasts until Advent begins around the end of November.)

As Advent is the season of anticipation leading up to the great feast day of Christmas, Lent is the season that precedes the greatest feast day: Easter, which marks the day when Christians celebrate Jesus's resurrection and triumph over death.

The period is a mirror of the 40 days that Jesus spent in the wilderness, fasting, praying, and being tempted by Satan before he started his public ministry. Jesus had gone to the desert to prepare his soul for an intense three-year period of healing people, preaching,

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and ministering, at the end of which he was crucified by the Roman Empire and religious leaders.

Lent, by contrast, is more about recognizing and embracing one's mortality, and acknowledging the sinfulness that marks earthly life. Since Christians believe that Jesus's resurrection foreshadows the resurrection and renewal of the whole world at the end of days, Lent is a time to turn away from sin, mourn death and brokenness, and anticipate a day when the broken world will be healed.

In many liturgical Christian denominations, Good Friday, Holy Saturday, and Easter Sunday form the Easter Triduum. Lent is a season of grief that necessarily ends with a great celebration of Easter. Thus, it is known in Eastern Orthodox circles as the season of "Bright Sadness."

Still, there are some rules and guidelines that mark the observance of Lent for Christians who observe the season. And, increasingly, even nonreligious people are picking up the ritual. Here's an overview.

Beginning on Ash Wednesday, Lent is a season of reflection and preparation before the celebrations of Easter. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days. Lent is marked by fasting, both from food and festivities

Every person 14 years of age or older must abstain from meat (and items made with meat) on Ash Wednesday, Good Friday, and all the Fridays of Lent. Every person between the age of 18 and 59 (beginning of 60th year) must fast on Ash Wednesday and Good Friday.

Fasting is a biblical discipline that can be defended from both the Old and the New Testament. Christ expected his disciples to fast (Mt 9:14-15) and issued instructions for how they should do so (Mt 6:16-18). Catholics follow this pattern by holding a partial fast on Ash Wednesday and Good Friday.

Abstinence from certain foods is also a biblical discipline. In Daniel 10:2-3 we read, "In those days I, Daniel, was mourning for three weeks. I ate no delicacies, no meat or wine entered my mouth, nor did I anoint myself at all, for the full three weeks." Catholics use a practice similar to Daniel's when, as a way of commemorating Christ's Crucifixion on a Friday, they abstain from eating meat on that day of the week during Lent. The only kind of flesh they eat on Friday is fish, which is a

symbol of Christ.

What should I give up for lent? Non Veg? Chocolates? Ice cream? Beverages? Booze? Facebook?

Many of us try to be more disciplined for Lent and give up something that we really like. That's great! Fasting has always been an important tradition in Lent. This year however let us also consider other things that we can give up.-

- Give up Complaining focus on Gratitude
- Give up Bitterness turn to Forgiveness
- Give up Worry - Trust in God
- Give up Discouragement – be full of Hope
- Give up Hatred – return Good for evil
- Give up Anger - be more Patience
- Give up Gossiping – Control your Tongue.

Pope Francis has asked us to defend and protect Creation. The Archdiocese Office for Environment (AOE) which is headed by Bishop Allwyn D'Silva has planned a Carbon Fast during Lent for the Archdiocese and has sent the circular to all the parishes in the Archdiocese of Bombay where each parish is allotted one day to choose any activity which will help in reducing Global Warming

Bishop Allwyn D'Silva has also asked us to make Carbon Fast Resolutions in this season of Lent. Here are some Carbon Fast Resolutions we can take up.

#### SOME CARBON FAST RESOLUTIONS

- Use reusable cloth / jute bag for all marketing purposes and avoid plastic bags.
- Carry water bottle from home wherever I go and avoid buying mineral water bottles
- Stop drinking pesticide ridden cola drinks and drink healthy natural drinks especially water
- Minimize or totally avoid junk food and use wholesome homemade food
- Stop using throw away glasses / plates etc during SCC, parish or family celebrations and start using reusable items.
- Avoid or minimize the use of Air-conditioner, washing machines, and other high energy consuming domestic appliances

- Switch off electrical appliances – light, water heaters, fans, TV, computer etc when not in use and save electricity

- Give a lift to others (car pool) whenever possible, like going for Sunday Mass, school work, meetings etc and save on petrol / diesel

- Use my private vehicle only if it is a must. Instead walk short distances or use public transport.

- Keep 2 bins to segregate my kitchen waste – dry and wet garbage – and propagate its importance to others

- Donate unused things lying at my home which are not needed for me but useful to others.

- Use water consciously fully aware that it is a rare and precious commodity for millions

- Use stationary including papers sparingly and creatively like using both sides or avoid using paper altogether if online communication suffices

- Plant trees wherever I can and cultivate the habit of appreciating nature

- Carry minimum luggage of bare necessities whenever I go out for business or vacation

The LENTEN CARBON FAST announced by Bishop Allwyn D'Silva, is not a final solution, but it is only a trigger to launch a new way of lifestyle - simple, sustainable and eco-friendly which must continue even after the season of Lent.

If this has to happen (sustainable, eco-friendly lifestyle to continue), we need a lot of education and awareness.

If people can spend hours in various Lenten devotions like walking pilgrimages, missions, retreats, recollections, stations of the cross, etc, etc, they won't mind to spend every week, say every Friday extra half an hour to learn little more about the problems faced by the Mother Earth, and to learn a little more on how to solve these problems.

Taking care of God's Creation is also a sacred and important act like observing various Lenten practices.

Lent is a mystery to a lot of people. Many folks are generally aware that it's a religious observance that happens every spring and

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## Blasphemy in Goa Church

The defilement of the sacred host at the Rachol church of 'Our Lady of Snows' by 2 students of a reputed professional institution in Goa, is both blasphemous and sacrilegious, and is probably the first of its kind in Goa. People of Goa however are not so naïve as to believe that this atrocious act of spitting out the sacred host and trampling upon it was un-Intentional and perpetrated without malicious Intent. 'Prasad' in any form is believed to be 'ambrosia' or the food of the gods propitiated by the devotees of every religion. It takes only a godless person to spit it out and subject it to defilement as was witnessed in the Rachol church. Certainly there is much more than that which meets the eye in this case, and much more to

be done by the church besides token forgiveness. Non-Christian have also to be educated on the difference between Prasad and holy communion, so that such attacks on our religion do not recur in future, and they do not queue up at masses to partake of the Eucharist as Prasad.

—A. F. Nazareth,  
Alto Porvorim

## When Our 'Achhe Din' Will Come?

In the last four months of demonetization, people have faced a lot of hardships. They could not even withdraw their own money from banks and ATMs. All thanks to our Prime Minis-

ter, Narendra Modi and his mesmerizing talks. He promised 'Achhe Din' for us, but the good days are yet to arrive. The 'Achhe Din' are only for him because he keeps enjoying himself by going abroad every now and then on the common man's hard-earned money which they pay to the government in the form of taxes.

Since May 2014, after he became the Prime Minister of the country, he has visited almost every country in the world. He has even visited our enemy countries like Pakistan. Its high time Modi cared for the people of India and stopped going abroad to enjoy himself. I wonder what he does there because he does not even know that the people are laughing at him for his foolishness.

— Jubel D'Cruz,  
Mumbai

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somehow involves people getting ashes smeared on their forehead and/or giving up chocolate or booze or Facebook until Easter. But like most practices rooted in Christianity, the way people observe Lent, or whether they observe it at all, varies wildly depending on their heritage, specific religious tradition, and preferences.

The concept behind Lent is that each year, Christians will mimic Jesus's actions in the wilderness. Lent is sometimes called the "Great Fast." It's a period of time in which Christians are meant to give up some comfort or adopt some spiritual practice that leads to self-examination, repentance from sin, and, ultimately, renewal of the soul, all in anticipation of greater dedication to serving others and God in the coming year.

May the Holy Spirit lead us on a true journey of conversion, so that we can rediscover the Gift of God's Word, be purified of the sins that binds us, and serve Christ present in our brothers and sisters in need.


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# SCC Environment Rally 2017

**"W**e received this world as an inheritance from past generations, but also as a loan from future generations, to whom we will have to return it!" Pope Francis.

The words of Pope Francis are to be taken seriously. If you are an environmentally conscious citizen, you are well aware of the damage being done to the Mother Earth from various quarters. If we do not arrest this trend of environmental destruction, our future generations, our own children, and children's children will suffer grievously due to our lack of responsibility. This is what precisely Pope Francis says, that 'Earth is not only an inheritance received from the past generations, but also a loan from future generations, to whom we will have to return.

Therefore, being conscious of the words of Pope Francis, the parish of infant Jesus, Jogeshwari has been trying to do its bit to work for environmental protection, especially to bring environmental awareness amongst the residents of our parish. One such project is SCC KIDS ECO CLUBS. These kids clubs are animated by the SCC animators in-charge. These



groups meet every month, and organise various environment awareness projects, an ANNUAL SCC ENVIRONMENT RALLY being one such major project.

THE SCC ENVIRONMENT RALLY 2017 was held on Sunday, 5th March from 4 to 8 PM. This rally consisted of 2 parts, first – A WALK FOR ENVIRONMENT in which all faith members from different SCCs walked in procession to the church holding placards with slogans to bring environmental awareness to the onlookers and passers by. This year 6 SCC groups joined in this procession.

The second part of the rally was a stage programme for which His Lordship Bishop Percival Fernandez was the chief guest. The unique feature of felicitation of guests was the inauguration of cloth bag project. Instead of

felicitating the guests with flower bouquets, the guests were felicitated with a cloth bag.

During the stage programme, various ECO KIDS CLUBS put up stage items like street plays, actions songs, musical, skits etc all on the theme of environment. During this year rally specifically SAVE AAREY COLONY theme was taken up as this only green lung of Mumbai is facing danger of extinction in the name of development. Besides, this specific theme, the stage items brought out beautifully the message on saving water, saving electricity, saving petrol by sharing vehicles, celebrating common Holi and lessen tree cuttings and so on.

The SCC ENVIRONMENT RALLY is also an occasion to appreciate kids and SCC animators for their efforts to realise the dream of Mahatma Gandhi

“Be the change that you wish to see in the world.” As an encouragement, the eco kids who won prizes in various contests were awarded with certificates and prizes, especially the SCC animators who are passionately involved in this unique project were felicitated for their dedicated service.

—Fr Felix Rebello



# LENT –

## Season of Change!

**B**ehold! It's that time of the year when we look with trepidation on the present that is fast passing into the past and ponder our faults and failings in relation to our life of faith. The Christian Faith is more than just a religion – it is a way of life that both parallels and covers every facet of our existence on earth. Ours is a religion that cannot be confined to the pious practice of a few rituals in church. It is rather a religion that can be described most appropriately as a prescription for a life that challenges the believer to portray Jesus in our lives. The truth is, God can well do without any connection whatsoever with the most successful businessman on earth. But can a businessman do without a thought for the future of his soul that is purely in God's hands?

In the 13th century, the 'Rule' Saint Francis d'Assisi gave his followers, including lay folk, was to live the Gospel life, using words if necessary. Nearer our time, Blessed James Alberione, the initiator of the Pauline Media apostolate, prevailed upon his sons and daughters in the Pauline Family—which included lay people—to Live and Give to the world Jesus Master, the Way, the Truth and the Life. Living and preaching the Gospel is thus tantamount to being other Christs to the world around us. And if as believers we are to live out our Baptism fruitfully, it but naturally follows that with Lent being a time of reflection, we must needs make due effort to change for the better on various fronts by way of duly repenting of the past and resorting to penance to set our life's record straight. For example, Jesus repeatedly insisted that he came from the Father to do precisely the Father will and not what he himself wanted to. Yet, nowhere in the gospels do we see him allowing himself to be overshadowed



by the Father, thereby demonstrating unequivocally the distinctiveness in the identity of each Person of the Holy Trinity. Lent is thus a time to consider our role in a given Small Christian Community of our respective parishes and reconsider our involvement in the various parish groups and associations.



by Ladislaus L. D'Souza

It may be borne in mind that membership of a parish body certainly does not constitute one's identity though of course it is an aid to living out to some extent the demands of one's Baptism. Now, it is probably a few months since some of us have been either elected or appointed to head certain parish units or associations. Lent offers us a challenge to try and step out of the shadows of our predecessors, even if that means reviewing and overturning certain decisions taken by a former incumbent and consciously refraining from being allowed to be influenced by him or her. Lent challenges us to put the openness in our thought process to constructive use rather than to vindictive use; it offers us an opportunity to shy away from getting even with those who may have brought to our notice certain lapses or lacuna in the running

of a specific body. Lent brings to the fore our sense of perception in terms of justice and propriety. Rules and regulations are meant to be observed in letter and spirit, not to mock-threaten a member. This implies that when rules and regulations are observed in the breach, it's time to change our strategy to get others to want to actually observe set norms.

Lent is that time of the year when the words 'sorry' and 'forgive' stand out in all their hue, posing us a fresh challenge to live up to the implications of the 'Lord's Prayer'. It does follow of course that every adult take it upon himself or herself to be a source of reconciliation and an example of a reconciliatory attitude. Obviously, no parish organization can do full justice to its role as a facilitator towards building the parish community. As Hawk Nelson says (sings, rather!), "Words can build you up, words can bring you down..." Willy-nilly, both words and actions have the power to build as well as break (be it a character or a relationship). Seen against this backdrop, Jesus' words from the cross "Father forgive . . ." both frighten and challenge every believer. Saying a sincere 'sorry' is the first step to moving on to greener pastures of peace. Likewise, 'I forgive' is the first step to scaling newer heights of relationships. This would obviously apply equally to the family and to parish associations.

Unless each member of a given family seeks to demonstrate genuine sorrow and regret for past misdemeanours and unless the head of the household demonstrates and is equally generous to say 'I forgive', family life can be a misadventure one would only live to regret. Can it be any different concerning a parish association? Numerous are those who've felt openly victimized, defeating the substance of the Lord's Prayer whose spirit has to do with justice and truth. That apart, no progress is possible in circumstances

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# Wow Pope Francis!



**Wow Pope Francis!** You complete four years tomorrow as our Pope! What a simply amazing period it has been for the Church, for the world, for millions of your admirers, for the Society and well, also for me! You have been able to touch all, in such fascinating yet deeply spiritual ways. You have been instrumental in bringing about the much-needed renewal; you have set the course for a new pilgrimage of trust with God! Your words are inspirational; your deeds are exemplary- motivating us all to do much more.

**Wow Pope Francis!** Four years ago when a friend called me from faraway, in the middle of the night, to tell me that it was a Jesuit who was elected Pope, my immediate response was "Impossible! A Jesuit cannot become a Pope!" A few minutes later, as I browsed the internet, I realized I was very wrong; above all, I felt also elated! Ever since, the joy of being a Jesuit has only deepened. You do not try to hide the fact that you are a Jesuit. I too take genuine pride (not arrogance!) that a brother- Jesuit is the Pope today!

**Wow Pope Francis!** Our Jesuit magazine, 'America', has put out a fantastic video clipping highlighting "POPE FRANCIS' TOP TEN MOMENTS" to celebrate your fourth anniversary. No one can indeed quarrel with those



BY FR. CEDRIC PRAKASH SJ

chosen moments! Personally I vibrate with that selection. But I also have a problem: in these past four years there tens of hundreds of "Pope Francis' Moments". Putting the spotlight on just ten must have been a Herculean task. However, we need those special moments to remind us what Christianity is all about!

**Wow Pope Francis!** From Lampedusa to Lesbos and until today, you have not stopped focusing on the plight of the refugees, the displaced, the migrants, the homeless and the others excluded from society. You have asked the Parishes in Europe to take in at least one family. You have set us concrete examples to reinforce your position... Your constant reminder is, "how can we not see the face of the Lord in the face of the millions of exiles, refugees, and displaced persons who are fleeing in desperation from the horror of war, persecution and dictatorship?"

**Wow Pope Francis!** In 'Evangelii Gaudium' you want us to return in

very tangible ways to living 'the joy of the Gospel' You very aptly describe the reality which strangles us today, "whenever our interior life becomes caught up in its own interests and concerns, there is no longer room for others, no place for the poor. God's voice is no longer heard, the quiet joy of his love is no longer felt, and the desire to do good fades". Besides, you also provide us with a blueprint to grow out of that reality. To truly manifest the joy of the Gospels

**Wow Pope Francis!** Then came 'Laudato Si', those warm yet innocuous words of your hero Francis of Assisi. Many of us applauded! It feels and is good to 'Praise God' for the whole of creation. It is convenient and non-threatening to grow trees, have nice lawns and to propagate alternative technologies. You go much beyond the cosmetics! Some have rubbished your connection between consumerism and climatic change. Most of us are afraid, to address endemic issues and to do much more, as you dare us, to truly care for our common home

**Wow Pope Francis!** For some, it is a real 'scandal', to see the Pope bowing low and washing the feet of Women, Muslims, Refugees, Prisoners and Excluded. An act unthinkable some years ago; still unacceptable in some quarters. Nevertheless, what an example of extraordinary Christian humility! These very touching ges-



tures have certainly helped in breaking some stereotypes and patriarchal mindsets, which has been our bane. You have communicated to us the feminine face of God- by gradually providing a more rightful and deserving place to women in the Church.

**Wow Pope Francis!** You have paid very special attention to the importance of family life. You have provided an environment for all to reflect on the 'family'. In 'Amoris Laetitia' you say it plainly "I sincerely believe that Jesus wants a Church attentive to the goodness which the Holy Spirit sows in the midst of human weakness, a Mother who, while clearly expressing her objective teaching, 'always does what good she can, even if in the process, her shoes get soiled by the mud of the street". You are ray of hope to the broken, to the lonely, to the rejected.

**Wow Pope Francis!** In your speech to the US Congress, you said, "here we have to ask ourselves: Why are deadly weapons being sold to those who plan to inflict untold suffering on individuals and society? Sadly, the answer, as we all know, is simply for money: money that is drenched in blood, often-innocent blood. In the face of this shameful and culpable silence, it is our duty to confront the problem and to stop the arms trade. 'You have never hesitated in taking on the powerful and vested interests. You want them to build bridges and not walls.

**Wow Pope Francis!** You gave to us the 'Jubilee Year of Mercy'. You set the tone in the very early days of your Papacy, "Who am I to judge?" a question took the world by storm 'Mercy' is an attitude, which we need to put into practice. You have prayed that "let every Church and Christian community be a place of mercy amid so much indifference". You call us all to renewal "Let us be renewed by God's mercy ... and let us become agents of this mercy, channels through which God can water the earth, protect all creation and make justice and peace flourish".



**Wow Pope Francis!** What an amazing four years you have given to the Church and to world. You have challenged the Bishops and Priests to "smell of the sheep" – to be true Pastors to the flock. You have provided all with a way of proceeding to live our discipleship in a more committed and relevant way. Ah! Naturally, you have your share of opposition, denigration and difficulties. In a world which is desperately starved of servant-leadership you have shown us all what it means to be a shepherd with great Compassion, unbridled Courage and deep Conviction!

**Thank you Pope Francis for being**

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whose highlight is obviously personal animosity. What is at stake here is the outcome of involvement on the part of the members of a given group in the parish— involvement, based on or rooted in the understanding of the words *sorry* and *forgive*. If one cannot get down to seeking as well as offering forgiveness, our supposed sorrow for the sins being confessed in the Confessional can, to our detriment, only prove to be hollow. What a waste Lent would then be!

Significantly, Lent today can never prove to be a waste for want of aids and ideas to prepare consciously on a day-to-day basis for the celebration of the Easter Mysteries. The net

**a WOW Pope! And for WOW-ing us!**

We thank God for giving you to us as our Pope! We celebrate you today! Above all, we pray that our Lord may protect you and keep you in our midst for many more years as our Shepherd on earth!

\*

(Fr Cedric Prakash sj is a human rights activist. He is currently based in Lebanon, engaged with the Jesuit Refugee Service (JRS) in the Middle East on advocacy and communications. Contact: cedricprakash@gmail.com).

is at an all-time high with content that uplifts the spirit. For every misuse of any means of the media there is a plethora of salubrious uses the same means are being put to, what with the Church Universal getting increasingly both media savvy and media conscious. And why not! On the one hand there are innumerable periodicals bringing the devout observer of Lent reflections in print that help lead towards our goal. On the other hand there is WhatsApp which proffers valuable help at the diocesan level which even the least media savvy user would find easy to access and use! All one needs is a will towards that end!

# Theologians' forum apologizes for clergy sex scandal

**Kochi:** A forum of Catholic theologians in Kerala has apologized for a clergy abuse case that has rattled the Church in the southern Indian state.

The incident in Kottiyoor where a parish priest sexually abused a minor girl leading to her pregnancy is shocking and painful, says a press release from the Kerala Theological Association (KTA).

Kottiyoor is a parish under Mananthavady Syro-Malabar diocese and its parish priest, Father Robin Vadakkumcherry, was arrested on February 28, nearly three weeks after the 16-year-old girl he impregnated delivered a baby boy in a Catholic hospital. The priest is now in a jail at Kannur, a town in northern Kerala.

"The unfortunate incident evokes nothing but apology. We apologize for deviating from the spiritual way and for misleading the people," says a statement issued by Father Vincent Kundukulam, president of the theological forum.

The March 7 statement offered unreserved apology to the victim, her family, the faithful and the people of Kerala for the failure of those trusted to guide people.

The forum terms as indefensible the trauma the grave acts caused to human conscience by a person, who should have been a custodian of student safety and a symbol of morality. It endorses the raging debates on the scandal in audio-visual and social media.

"This is a time for reflection for the priestly community. Nobody can hide behind the lame excuse of 'We are also human beings.' The world looks up to them with a lot of trust and hope.

The outbursts of rage in the media show how much respect was laid on the Church and priestly community," the theologians say.

The forum regrets the excuse offered by some that ordination does not detach a person from worldly affairs. It says priests fail easily if they view priesthood as a job and keep away from Jesus, the poor and needy.

The forum wants the latest scandal to trigger prompt discussion on whether the religious should be as much involved in areas driven by market interests alone. The theologians also regret that the years of training has failed to identify those with a criminal mindset and call for rethink on the seminary training methods.

The theologians welcomed the apology offered by the Mananthavady diocese and some Church leaders, but condemned those using social media to blame the victim and her parents. "Instead of correcting oneself, the approach of crucifying the victim is not based on Gospel values. Thanks to all who took the stand that the religious community should not be blamed as whole, while criticizing the offenders," the statement says.

Recent sexual scandals in Kerala call for urgent attention of those in authority to seek ways to develop a healthy sexual culture in Kerala. "Today sexuality does not get discussed in families, schools or religions under the label of faith and false morality. This situation has to change. Excessive suppression and condemnation will only lead to an exacerbation of the problem," warn the theologians.

KTA is an organization of priests, nuns and lay people engaged in research in theology.

source: mattersindia

## Changes In Indian Railway/IRCTC Passenger Reservation System

From 1st JULY 2017 onwards Passengers will get refund amount of 50% on cancellation of tatkal tickets.

There has been slight change made by the Indian Railways for booking tatkal tickets.: From July 1, tatkal window for AC coach will be open between 10 am to 11 am and for sleeper coach the timing will be from 11 am to 12 pm.

From July 1 the **Waiting list** system will come to an end and tickets will be issued only for confirmed and **RAC** passengers accommodation. The provisions for the waiting list will be ended.

By next month the number of coaches in **Rajdhani** and **Shatabdi** will be increased.

From July 1, **Rajdhani** and **Shatabdi** will move ahead with paper less tickets. Only mobile tickets will be valid on these trains.

The Indian Railways officials website **IRCTC**, will also start booking tickets on various language.

Premium trains will come to an end from July 1.

The passengers can also get 50 percent return after cancelling **Suvidha** train tickets.

The passengers will also get '**wake up call destination**' facility in the trains from July 1

# Be Bold for Change

**“Be Bold for Change,” is the theme for this year’s International Women’s Day. It exhorts everyone to Stand for Change for women of our society and help them achieve their ambitions and provide opportunities for them to make substantial contribution to advance and unleash the limitless socio-economic potential.**

‘Womanhood’ is a very special vocation that God has given. Women are the foundation of the family and of society itself. Being a woman translates into solid determination to bring about positive change which comes quite naturally with a calling from above to invest a lifetime into encouraging all those with whom a woman comes in contact. All that a woman needs to do is to have faith in herself and believe in her own God-given abilities and accept her unique skills and talents, learn to own them, and to use them fearlessly and to contribute to the world. Remember what Eleanor Roosevelt has aptly said, “No one can make you feel inferior without your consent.”

Today, we witness a bold change taking place in our society. Women are moving out of their homes and taking up work, teaching, practicing medicine and even running global corporates. More and more women are looking at newer opportunities to exhibit their abilities. I do understand that women have always had a challenging task to be in the forefront in a number of male-dominated sectors. In terms of the challenges, I personally face as a woman leader, I would point to the challenge of continually motivating fellow women to envision

what it is to set a life goal, to develop an intolerance for mediocrity and to aspire for excellence even if the going gets tough.

Women are blessed with unique traits, such as intuition, courage, and persistence, that if constructively exercised are extremely valuable and powerful. Women bring to the fore different skill sets as leaders with their multi-tasking, tremendous networking abilities which if channelised well potentially produce excellent results. Education has opened up new ave-

meaningful difference in lives of people in both corporate as well as social entrepreneurship. However, today we need be bold for the right change and focus on empowering women through education that makes them independent thinkers and agents of change in society. Let this International Women’s Day be a day to connect with all women to inspire them to celebrate their womanhood with an assurance that the future is bright, equal, safe and rewarding. I urge you to dream big and if your dreams do not scare you, they are not big



nues for women that make them think differently and exercise their management skills exceptionally well. Women can wonderfully connect more easily with people and tend to be more empathetic. Another advantage is that of a woman being consistent and diligent in her attitude and approach. This results in the significant effect of her being a catalyst in whatever environment she finds herself in, whether that be her family, community, or society at large.

Women trailblazers and pioneers have added to human knowledge and skill in every field. They have made

enough, as Ellen Johnson Sirleaf, President of Liberia would say. Finally, I would say, “Let us move from competition to contribution and our lives will become celebration.” “Forward Ever, Backward Never.”

**Happy Women’s Day!**

**Grace Pinto**  
Managing Director  
Ryan International  
Group of Institutions

# Unlooked areas of life you need to change

## Live by a strong will

If you want to lose 15 kilo by the end of the year, do not just say that repeatedly. How much do you want to lose by July? Break things down into digestible pieces rather than throwing three portions onto your plate. No one likes biting off more than they can chew.

Making changes in your life is about learning to accept what has happened in the past, doing what you can today, and making plans for the future. More than that, change means embracing everything you are and are meant to be.

**C**hange. This word used to have nothing to do with pennies and dimes but with real alterations in our lives and ourselves. Change is a word that frightens many, intrigues

a few, and is only truly grasped by a couple.

Do you wish to grab the reins of Life and bring it under control? Do you have something you want to make

better but do not know where to start? Start with these seven unexpected areas in your life to make real, lasting changes, not just the spare kind.

## Ambitions

What do you truly want out of life? Regardless of where you are in your life, there is surely something you are aiming for. Ask yourself what the ultimate goal is supposed to be? If you



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have a clearly defined ambition that is motivating you, this answer should come easy.

But if you got lost along the way, if your priorities got jumbled, so too has your vision of the future. Reorganize your ambitions. Make realistic goals. Outline the steps you need to do

### Earnings

I really like this quote from Matthew 6:19-21, "Do not store up for yourselves treasures on Earth... For where your treasure is, there your heart will be also."

Now, this does not solely apply to spirituality. Simply put, if you invest only in financial wealth, you will never gain anything true. Money can be frittered away on silly possessions. Love, compassion, appreciation, and gratitude are things money cannot buy.

If you are hurting over losing money in an investment, struggling to take on more hours to get more, or are making risky investments in the hope of making a profit, ask yourself what

you are doing this for.

### Free time

Work sucks, college is boring, and the couch is just the kind of embrace we all need after a really grueling week. But is that really the wisest decision? Those reruns are not going anywhere; and if you keep watching them, neither will you. Free time does not solely mean, "Do nothing time." Your free time should be used to develop your interests, invigorate your soul, and give you something to look forward to.

### Imperfections

No, you cannot change your genetics, your body shape, or even your imperfections by any natural means. In fact, one of the hardest things to change is yourself. That is why it is so vital to love yourself for who you are.

Even if you do not like yourself, learn how to tolerate yourself. Strive to cultivate those facets of yourself, for they will become your strongest points.

### Relationships

Remind yourself that you do not have

to look, think, or speak a certain way for someone else's pleasure or satisfaction. You are responsible for your own happiness, and that happiness is born from within.

Those who care about you will show compassion and love, not hatred or manipulative tendencies. Find people who raise you up higher than the clouds and soar alongside you.

### Journey

Stop letting fear control me. Fear grips us in so many ways that we do not even realize until we are knee deep in it and sinking fast. Do things that scare you down to your bones.

### Health

Do you want to feel better by tonight? Revamp your diet. People totally overlook the effect food has on their health all the time. Just because you can swallow it does not make it good for you, okay? Food can either be the strongest poison or the best medicine, but you decide which concoction you are brewing up for yourself.

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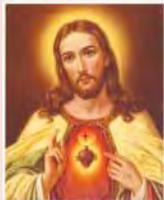
## Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of perpetual Succor and St. Anthony

—A Devotee

## Thanksgiving



Thanks to Sacred Heart of Jesus & St. Jude for the favours granted



May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen, Say this prayer nine times a day for nine days.

— Ms. L. M. Lobo

## Thanksgiving



My heart felt thanks to Holy Family for the favours granted

—A Devotee

## Thanksgiving



May the Sacred Heart of Jesus be Praised Adored, Glorified and Loved today and everyday throughout the world, now and forever. Amen!!

Ask St. Clare for three favours two impossible and say nine Hail Mary's and the above prayer for 9 days with a lighted candle and publish on the 9th day your request will be granted no matter how impossible it is

—Flvares Fly., Andheri

## THANKSGIVING



Thanks to Infant Jesus, Holy Spirit, St. Gabriel & St. Jude for favours granted.

—Mrs. M. D'Souza,  
Borivali (W), Mumbai

# Ways To Please God At Lent

**When you please God you choose a whole new calculus to step close to the Lord's love and mercy.**

**A**t lent, we declare trust and belief in God through His Son Jesus: we accept the fact of our own weaknesses, and try to rebuild love with those around us. We draw nearer to God in prayer and devotion, pleasing Him through confession, penance and compassion, especially for the poor, the sick and lonely.

Pope Francis said the season of lent should be "lived more intensely as a privileged moment to celebrate and experience God's mercy." The Holy Father wants us to immerse ourselves in God's love" So that we can go out to every man and woman, bringing the goodness and tenderness of God."

Today is as good as any to make Lenten meditations. Begin by reading scriptures to rediscover the Messiah. You could start with the gospel of Luke who is direct in his rendering of God's love and mercy through the words and actions of Jesus.

Stop each time in your reading and review the examples of love and forgiveness in the prodigal son, the Good Samaritan and the lost Sheep, healing the sick and caring for the crowds

who followed Jesus. You could read the gospel of Matthew, or the prophet Isaiah – and this will help you lead a lifestyle pleasing God.

The psalms contain hidden treasures of God's justice, love and grace. The psalms have a powerful message to relay in prayers as you will begin to feel His presence in your life. Be at peace when you read the psalms, the pontiff recommends psalms 103, 146 and 47." In a special way the psalms bring to the fore the grandeur of His merciful action." Pope Francis said



## Third SUNDAY IN LENT

recently at the Vatican.

Make a good confession to please God at lent: do Penance, voluntarily surrendering a few of the things you keep for yourself. Fast, not as a task, but fast with a sincere dedication for the relief of your guilt, to feel the whole person you would like to be. Ask the angels and saints to help you. Remember,

we are the children of God, justified by faith because of our Lord Jesus. It is through our Savior that we have gained this grace.

In St. John's gospel (4:5-42)

we are told of the encounter between Jesus and the woman of Samaria.

Jesus was tired after his long walk across the barren and rough roads of Sychar close to the city of Samaria. Here he sat at Jacob's well, when a woman came to draw water. Jesus asked the woman for water to drink." I am a woman from Samaria, how can you, a Jew, ask me for water? " Jews did not approve of Samaritans.

"Give me a drink of water. If only you knew of God's gift, and who is asking you – you would have asked Him and He would have given you living water."

Jesus told the woman about her life, her marital problems, and the woman was greatly impressed. "Sir, I think that you are a prophet..."

She rushed home and on her way told everyone she met about Christ. Jesus had also convinced her that he was the Messiah the Jews were waiting for – the Savior of the world. Many of the Jews who had heard Christ, and also the Samaritans believed him.

At lent, we too, can receive this living water. Praise God and ask Him to protect you and guide your actions that you might radiate his light. This will please God.



BY MELVYN BROWN

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## Praying the Family Rosary

Not many of us actually venerate or revere our Blessed Mother. Families today have no time to pray the rosary. And if ever it is prayed, the Our Fathers and the Hail Marys are recited just like parrots without having any meaning at all, because the Head of the family has just returned home from work and is tired. Besides, the wife has to prepare the meals and the children have to watch their favourite serial on TV.

Praying the family rosary daily will prevent such unhappy occurrences in the home which cause sadness for both parents and children and which often end in the destruction of the matrimonial bond. The family rosary is one of the best prayers of the Catholic Church. Prayer is intended to raise the mind to God and to take our thoughts away from the

## Preserve Biodiversity

The Pontifical Academy of Social Sciences Vatican, hosted a conference on 'Biodiversity' ( 2nd March 2017). It determined that a 'culture of waste' could be leading to the extinction of vital life species. And that changing personal habits, and promoting a more equitable distribution of the earth's resources could make the difference.

Prof. Parthasarathi Dasgupta, a member of the above Academy, echoes the Holy See's view, saying, that when it comes to 'biodiversity', an enormous proposition of life forms which are invisible – microbes, soil enrichers and decomposer, actually make up for basics in food, medicine and cosmetics. Their losses would inflict incalculable damage to our common sustainable goals unless we maintain them.

The colossal increase in human activity in the past 200 years is also putting a huge strain on the earth's capacity to adequately function. He cited rising sea levels, global warming and ocean acidification. In fact 19% of the world's richest nations utilize over 50% of the world's natural resources, leading to the earth's poor resorting to deforestation, and the burning of fossil fuels.

Given the vast difference between the rich and the poor, participants suggested 'wealth distribution' as a positive action. Ending extreme poverty would cost about \$175 billion, but less than 1% of the combined income or GDP of the richest countries.

A sense of solidarity and charity ought to guide our actions, encouraging us to care for creation, "because God has given us responsible dominion" (cf. Genesis 1:26).

—Dr. Trevor Colaso,  
 Bandra (West), Mumbai.

passing affairs of this world. The rosary is long enough to engage our attention for a sufficient time to enable us to leave aside our worldly cares, and this is good for both the body and the soul. It can be said on a journey or even while engaged in our occupations which do not demand all our attention. The indulgences of the rosary are so great the faithful ought to make use of this devotion for the relief of the poor souls in purgatory. The rosary is the devotion which belongs especially to Our Lady.

— Jubel D'Cruz, Mumbai



## Pope Francis: 'consult the Bible as often as your cellphone'

Pope Francis on Sunday called on Christians to consult the Bible with the same frequency as they might consult their cellphones for messages.

Speaking to the crowds gathered in St. Peter's Square following his weekly Angelus blessing, the Pope urged those present to give the Bible the same place in daily life as cellphones and asked: "What would happen if we turned back when we forget it, if we opened it more times a day, if we read the message of God contained in the Bible the way we read messages on our cellphones?"

The Bible, he explained, contains the Word of God, the most effective tool in fighting evil and keeping us close to God.

Clearly, Francis said, the comparison between the Bible and the cellphone is paradoxical, but it induces us to reflect.

## Pope may allow married Catholic men as priests

Rome: Pope Francis has said he is open to married men becoming priests to combat the Roman Catholic Church's shortage of clergy.

In an interview with German newspaper Die Zeit, Pope Francis said the lack of Catholic priests was an "enormous problem" for the Church, and indicated that he would be open to a change in the rules governing eligibility for the priesthood.

"We need to consider if 'viri probati' could be a possibility," he said.

"If so, we would need to determine

what duties they could undertake, for example, in remote communities." Viri probati is the Latin term for "tested men" or married men of outstanding faith and virtue.

The Pope said the option would allow men who are already married to be ordained as priests.

But single men who are already priests would not be allowed to marry, said a report in CNN on Friday.

"Voluntary celibacy is not a solution," he said.

The Catholic Church already allows some married men to be ordained priests.

Protestant married priests who convert to Catholicism can continue to be married and be a Roman Catholic priest, provided they have their wives' permission, according to the report.

Eastern Catholic churches that are in communion with the Roman Catholic Church can also maintain their tradition of married priests.

The Roman Catholic Church believes priests should not marry based on certain passages in the Bible, and because it believes that the priest acts "in persona Christi" (in the person of Christ) and should therefore be celibate, like Christ.

This teaching was re-affirmed by St. John Paul II and Pope Benedict XVI.

Pope Francis in his book, "On Heaven and Earth," said that "For the time being, I am in favour of maintaining celibacy with the pros and cons that it has, because it has been ten centuries of good experiences more often than failure."

source: IANS.

## More than 200 Koreans up for beatification

Seoul: The first Bishop of Pyongyang, an American born-bishop, and numerous priests and laity are among the 213 who could be beatified and advanced on the process to sainthood under a process begun in South Korea.

Bishop Lazarus You Heung-sik of Daejeon predicted it will take at least ten years before any beatification or canonization, "but for our people, these people are already holy."

The bishop heads the Korean bishops' committee considering the beatifications. He told Asia News that important parts of the path to beatification are the Catholic faithful's prayer and "desire to follow the spirit of the martyrs."

One group under consideration for beatification includes Servant of God Bishop Francis Borgia Hong Yongho and 80 companions. This broad group ranges from the martyrs of the 1901 Jeju massacre, in which about 300 Catholics were killed, to the victims of persecution following the division of Korea following the Second World War.

## Bisho assaulted

New Delhi: A Catholic bishop in southern India was assaulted. I did not resist," Bishop Gallela told ucanews.

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# University of Mumbai – in a mess !

The University of Mumbai has for long been looked up to as one of the prestigious universities in the country, and is among the seven oldest universities in India. It has been one of the most preferred universities and boasts of quality education. But, the situation today, seems to have degenerated over the years and probably hit rock bottom.

The university has been in the news often, in recent times. Several Exam papers have been leaked out in quick succession in the ongoing HSC Examinations. How do the papers leak? Do they have a clue, or perhaps they don't seem to care.

Another worrying point however, is the “**Revaluation of Answer sheets**”. “**One of three wrongly failed by university, clear exam after revalua-**

**tion**”, read the headlines in the newspapers recently. An RTI query filed by an activist last year, revealed that 1.2 lakh candidates of nearly 3.5 lakh who appeared for an exam - about one out of three - applied for revaluation. **Is that the quality of evaluation we expect from a prestigious university ?**

On the flip side, Revaluation seems to have become a “**money spinner**” for the university. In the last three years, the university has ‘**earned**’ crores of rupees as revaluation fees. The revaluation charge per paper is Rs 500 and photocopying

costs Rs 100 a paper.



by Melville X. D'Souza  
- Orlem, Malad West

Besides the cost, what about the mental trauma the students have to endure ? In many cases, revaluation results are declared after students take the supplementary exam.

So what do we understand ? Has the University of Mumbai become a commercial enterprise which is out to make capital out of the helplessness of our students ?

Under this backdrop, the newspapers recently reported, that the University of Mumbai is going ‘**global**’ with plans to set up a campus in the U.S.A. !

## NOVENA PRAYER TO ST. JUDE



... Jude- O Holy St. Jude, Apostle and Martyr, Great in virtue and rich in miracles, near kinsmen of Jesus Christ, faithful intercessor of all who invoke

your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present urgent petition, in return I promise to make your name known and cause you to be invoked.

*Say three Our Fathers, three Hail Mary's and three Glory be's.*

**St. Jude pray for us and all who invoke your aid. Amen.**

—MS

## Unfailing Prayer to St. Anthony



O holy St. Anthony, gentlest of Saints, your love for God and Charity for his creatures, made you worthy, when on earth, to possess miraculous

powers. Miracles waited on your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore of you to obtain for me (request). The answer to my prayer may require a miracle, even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours.

—G. S.

## PRAYER TO THE HOLY SPIRIT



“Holy Spirit, thou who makes me see everything and shows me the way to reach the ideal. You who gives me the divine gift to forgive and forget the wrong that is done to me and are in all instances in my life with me. I, in this short dialogue want to thank you and confirm from you once more that never want to be separated from you, no matter how great the material desire may be. I want to be with you and my loved ones in your perpetual glory. Amen”.

— G. S.

# Inspiration!

## Seek respect not attention, it lasts longer

Every human likes to get attention. If this weren't true, we wouldn't be so concerned with how many 'likes' we get on a selfie or how many people 're-tweet' our random thought. In this age of social media popularity, it's inevitable that the desire to grab attention has been imprinted in our brains. But, we are so busy seeking attention; we don't care about seeking respect. However, earning respect is something that will change your life in a way that will always beat out attention

**R**espect is better earned than requested. Though, we all have insecurities and some deal with these insecurities by seeking attention and taking a piece of their time and energy. However, getting attention can help you get in the door. It can make people aware of your existence. It can start a conversation. But it doesn't necessarily lead to success. Here are some ways how seeking respect can last longer!

**Respect takes you further in life:** According to the Psychologists "overall happiness in life is more related to how much you are respected and admired by those around you, not to the status that comes from how much money you have stashed in your bank account." So, you may want to grab attention for your brand new car or designer handbag by posting a thousand pictures, but that isn't what's going to ultimately lead to your happiness. Happy people go way further in life than temporarily satisfied people.



Don't be overly materialistic: Stay focused on people rather than objects that may be lost or destroyed; people are so much more important and our true value is not what we have, it is the person we are inside that others will respect. But in the same vein, pay attention to the fact that while materialism is not all of life, it is part of it. We all need things to survive, and while we always must remember that things are not everything and others aren't to be judged just on what they have. If you're obsessed with gathering as many possessions as you can, you won't be able to focus on growing as a person and building relationships.

**Respect means you're doing something right:** If someone respects you, that ultimately means you already have his or her attention; you're kind of killing two birds with one stone. But, the best part about earning somebody's respect is that trust is built upon respect. After someone respects you, the relationship can only become stronger and grow further from there. Whether it be with coworkers, friends or love interests, earning respect is the key to succeeding in almost any

situation in life.

**You won't crave respect:** Once you have someone's respect, you have it. It's pretty hard to lose! It's no secret that our attention spans are slowly getting shorter as the generations progress. As the time-old saying goes, "We always want what we can't have." It's no wonder we're always craving attention. People always want attention from those who usually don't pay them any mind, and they go above and beyond to get it.

**Respects lasts longer:** Respect lasts longer than attention. Moreover, it lasts longer than most friends. When people respect you, none of this matters! they see you for the person you are 'inside'. Remember, respect is about more than materialism; respect is about more than materialism; respect is deeper than surface-level!

**Stand up for what you believe in:** Have you ever come across people who simply agree with whatever others come without much thought? Remember, it is by having your own opinion that get you respect from others. Don't be afraid to stand up for what you believe in. At the same time, make sure you do it is a respectful manner to others.

- Respect yourself enough to walk away from anything that no longer serves you, grows you or makes you happy.
- The only thing we leave behind in this world is, our reputation. Once you are gone, people can only talk about the legacy you have left behind.
- Think about it: Would you rather have people talk about your selfies when you're gone? Or, would you rather let them speak about the person who chased his or her dreams and never gave-up?



**6676. MUMBAI :** Goan Roman Catholic Bachelor, (Born in October 1986), Ht. 5' 10", Well built, Fair Complexion, Edn. B.Sc., Hospitality, Post graduation in Human Resource Management, latta Level II, working as a H.R. Co-ordinator in **KUWAIT**. Contact email : [dcostateresa60@gmail.com](mailto:dcostateresa60@gmail.com)

**6675. MUMBAI :** Roman Catholic Bachelor born and brought up in Mumbai (Born in October 1984), Ht. 6', slim athletic build, fair complexion, only child. Education BE Electronics, having family business (Electronic Component Manufacturing) from decent family having sober habits. Looking for slim, well educated Roman Catholic girl from decent family with sober habits, having hight above 5' 2". If interested kindly send biodata with photograph to [snad2450@gmail.com](mailto:snad2450@gmail.com) OR contact 9223219634

**6250 MUMBAI :** East Indian Roman Catholic Bachelor, (Born in January 1974), Ht.5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.A., working as a Manager. Contact email : [cardoz.clint@gmail.com](mailto:cardoz.clint@gmail.com) OR 9833563182

**6113 MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in August 1976), Ht. 6', Wt. 80 kgs, Wheatish Complexion, Edn. HSC., Dip. in A.C. Mechanic, working as a AC Technician in Muscat. Contact Email : [su-aresroshan@gmail.com](mailto:su-aresroshan@gmail.com)

**5996 MUMBAI :** RC Bachelor (Born in November 1974) / 5'8", B.E., working in Senior position reputed IT firm. Seeks alliance from R.C. spinster educated good family background

Pl. reply with photograph and details to [keithcardozo@hotmail.com](mailto:keithcardozo@hotmail.com) OR 9820338755

**6198 MUMBAI :** Mangalorean Roman Catholic (Born in October 1969), Ht. 5' 10", Edn. B.Com., good personality, hailing from God fearing, cultured family, issueless, divorcee by mutual consent, working for Cruise Liner in U.S.A., as Security Supervisor, well settled in Mumbai, Seeks suitable match. Contact email : [dsou-zamalcolmneil@gmail.com](mailto:dsou-zamalcolmneil@gmail.com). Phone/SMS 09480157258.

**6659 MUMBAI :** Sr. Citizen RC Widower, seeks educated lady, aged between 59 to 65 years, cheerful and healthy as a companion / partner. Preferably without any encumbrance. Contact email : [envision277@yahoo.com](mailto:envision277@yahoo.com)

**6650 MUMBAI :** Mangalorean R.C. Bachelor, (Born in August 1971) Ht. 5' 11", Edn. Undergraduate, Working as a Asst. Manager in a reputed company in Mumbai seeks alliance from RC Spinster simple & understanding with good famiy values, Kindly reply with details and photograph. Email : [deric.nazareth@rediffmail.com](mailto:deric.nazareth@rediffmail.com) OR Tel.: 9869844097

**6648. MUMBAI :** Mangalorean RC Bachelor (Born in June 1970) Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. 12th Std., working as a AC Mechanic in Abroad. Contact email : [vivinacardozo18@gmail.com](mailto:vivinacardozo18@gmail.com) OR 9987433677

**6643. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in July 1984), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. Undergraduate, working for American Cruise Line, having own accommodation, visiting India shortly. Seeks an educated Mangalorean girl, above 5' 4", below 30 years. Contact

email : [janetdso57@gmail.com](mailto:janetdso57@gmail.com), OR 9619747169 / 9769506595

**6641. MUMBAI :** Goan Roman Catholic Bachelor, (Born in July 1982), Ht. 6' 1", Wt. 100 kgs, Wheatish Complexion, Edn. Graduate, working as an Engineer, Contact email : [melvinsaldanha20@gmail.com](mailto:melvinsaldanha20@gmail.com) or 9820477618

**6637. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in February 1987), Ht. 5' 11", Wt. 70 kgs, Wheatish Complexion, Edn. T.Y. B.Com., Hardware & Networking Diploma, working as a Technical Team Leader & Coordinator. Contact email : [bipinsw52@gmail.com](mailto:bipinsw52@gmail.com)

**6636. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in September 1983), Ht. 5' 9", Wt. 80 kgs, Wheatish Complexion, Edn. B.E., working as a Technical Lead. Contact email : [joy.dominic@gmail.com](mailto:joy.dominic@gmail.com)

**6634. MUMBAI :** Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 157 cms, Wt. 80 kgs, Fair Complexion, Edn. Diploma Holder, working as a Mechanical Engineer. Contact email : [santoshrodrigues7@gmail.com](mailto:santoshrodrigues7@gmail.com)

**6521. MUMBAI :** Goan Roman Catholic Bachelor, (Born in December 1976), Ht.6', Fair, Handsome, Edn. B.Sc., MBA (HR) full time, working as Manager in MNC. Well settled. Seeks alliance with Goan RC Spinster. Contact email : [ali-liancedec2@gmail.com](mailto:ali-liancedec2@gmail.com).

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# Brides



# MATRIMONIALS

**6032 DUBAI :** Goan Roman Catholic Spinster, (Born in April 1976), Ht. 5' 2", Wt. 41 kgs, Wheatish Complexion, Edn. B.A., working as a Secretary. Contact email : track\_1976@yahoo.com

**6674. MUMBAI:** Mangalorean Roman Catholic Spinster, (Born in September 1991), Ht. 5' 4", Wt. 64 kgs, Fair Complexion, Edn. B.A., Diploma in Fashion & Textile Design, working as a Textile Designer. Contact email : lobo\_peter12@yahoo.com

**6673. MUMBAI:** Mangalorean Roman Catholic Spinster, (Born in September 1990), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. B.E. (Extc), working as an Engineer. Contact email : mascarenhasrency@yahoo.com

**6672. BANGALORE :** Mangalorean Roman Catholic Spinster, (Born in April 1985), Ht. 5' 4", Wheatish Complexion, Edn. MBBS, DCH, DNB, Doctor by profession. Seeks Doctors or Engineers. Contact email : bklouis50@gmail.com

**6653. MUMBAI :** Roman Catholic Spinster, (Born in July 1990), Ht. 5' 2", Fair Complexion, Edn. M.B.B.S., Doctor & pursuing M.D. Seeks M.D. / M.S., Doctors. Contact email : selwynhenriques13@gmail.com

**6651. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in May 1984), Ht. 5' 2", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support. Contact email : dsilva.seema@gmail.com

**6033 ABU-DHABI :** Goan Roman Catholic Spinster, (Born in May 1979), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A. Eng., Literature, working as a Copy Editor. Contact email barretto.lorraine@gmail.com

**6628. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in September 1992) Ht. 5' 7", Wt. 58 kgs, Wheatish

Complexion, Edn. B.E. (Electronics), working as an Asst. Engineer. Contact email : dsz.roshan@gmail.com

**6611. MUMBAI :** Goan RC Spinster, (Born in January 1988), Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. BMS, studying EMBA, working as a Sr. Analyst., Contact email : alliancecaldeira.nc@yahoo.com OR 9833097876.

**6535. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in August 1988), Ht. 5' 4", Wt. 65 kgs, Beautiful, Very Fair Complexion, Edn. B.Sc., IT., Masters in Media Art & Animation & Editin. Working as an Editor. Contact email : simonsjl@vsnl.com

**6532. BANGALORE :** Mangalorean Roman Catholic Spinster, Only Child, (Born in December 1976), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.A. Communication, working as an Assistant. Contact email : ashajob@hotmail.com

**6530. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in November 1989), Ht. 5' 3", Wt. 60 kgs, Fair Complexion, Edn. M.A. in clinical counselling from USA, working as a clinical counsellor in well know Hospital. Contact email : i\_dsa@yahoo.com

**6528. DUBAI :** Mangalorean Roman Catholic Spinster, (Born in April 1984) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

**6527. DUBAI :** Roman Catholic Spin-

ster, (Born in July 1987), Ht. 5' 3", Wheatish Complexion, Edn. B.A. in Mass Media, working as a Senior Executive in Govt. in Dubai. Staying with parents. Seeks a well settled and educated East Indian or Goan Bachelor. Contact email : axferns@gmail.com

**6525. RAJASTHAN :** Goan Roman Catholic Spinster, (Born in September 1988), Ht. 5' 7", Wheatish Complexion, Edn. B.Com., working for Railways as a Confidential Assistant to Sr. DCM. Contact email : casrdcm@gmail.com

**6524. MUMBAI :** Roman Catholic Spinster, (Born in December 1985), Ht. 5' 8", Fair, Beautiful, Edn. B.Com., / Dip. in Airline, working for Qatar Airways. Contact email : fersonia04@gmail.com

**6522. MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in January 1984), Ht. 5' 6", Fair, Edn. Phd., (Australia), Masters in Pharmacy and PhD in Chemistry and biology. Contact email : ds.charlotte@gmail.com

**6520. MUMBAI :** Roman Catholic Spinster, (Born in April 1988), Ht. 5' 1", Fair, good looking, Edn. SSC from ICSE board, B.A., P.R. working as a Sr. Accounts Manager - Public Relations with a private firm. Seeks a suitable match. Contact email : dorothyfurtado@hotmail.com

**6518. MUMBAI :** Mangalorean R.C. Spinster, (Born in February 1989), Ht. 5' 3", Wt. 53 kgs, Wheatish Complexion, Edn. B.Com., B.Ed., Teacher by profession. Contact email : jenisha.mathias@gmail.com

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# Learn from business failure

**Failing at a business isn't the end of the end of the world. In fact, it could be the beginning of a successful new business. Here are few things you can learn if you have had a failed business**



**N**o one likes to fail but failure provides a great growth opportunity. Entrepreneurs who start businesses often fail. Failure is seen as an ending; the end of the road. When you fail, feelings of inferiority, embarrassment and stress dominate your thoughts. Why move on? Why try again? If you look back and figure out what went wrong, you probably won't repeat the same mistakes. Read on to move on? Why try again? If you look back and figure out what went wrong, you probably won't repeat the same mistakes. Read on to move on:

**Don't play the blame game:** It's hard to admit but before moving forward you have to embrace a harsh reality. It's your fault. It's not the economy's fault, your partner's fault, the city you live in, your lack of money, the people, the product or the family issues you had. It's your fault because you were the leader. Every successful business overcame the same issues that brought you down. When you can say

that you were the main reason the business failed, your mind becomes open to change.

**If you've failed recently don't make silly decisions:** Talk to any investor and they will tell you the same thing—don't ever double down on a bad investment. In other words, resist the urge to relaunch your company bigger and better. The chances of it working are very slim. Look elsewhere. Stay within your strengths but look to something different.

**Take care of customer's needs and demands:** Is it possible that you had a great idea for YOU but not for your customers? Did you conduct thorough market research the first time around? Next time, make sure your customers want it, they're willing to pay for it, and the value they place on it is enough to make your business grow.

**Why not bring in some in experts:** You aren't an expert at everything. In

this highly competitive world, trying to be an expert marketer, web designer, manufacturer, manager, sales associate, and accountant isn't going to work. Build a team of experts that will improve your execution the next time.

**Raise enough money:** Some businesses require very little financial investment. If you're in the consulting business, you might invest less than \$1,000 in startup costs. But that's not true of most businesses. Did you have a great idea but simply ran out of money? Next time, slow down and raise enough money to buy the right equipment, rent space in a better location, and hire the right experts. When you appropriately investment in your startup, the chances of success are much higher.

**You weren't passionate enough:** There are plenty of business opportunities with the potential of making you a lot of money but if you aren't passionate about it, there's little chance of success.

**We need failures, not mistakes**

- A failure is a project that doesn't work, an initiative that teaches you something at the same time, the outcome doesn't move you directly closer to your goal.
- A mistake is either a failure repeated, doing something for the second time when you should have known better or a misguided attempt (because of carelessness, selfishness or hubris) that hindsight reminds you is, worth

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