

# THE SECULAR CITIZEN

(Total pages 24)

A NATIONAL FAMILY WEEKLY

Vol.25 No.24 ■ Mumbai, June 13, 2016 ■ Rs. 5

## Challenges Of Modern Education



## Model Bank Opens Two More New Branches



Model Co-op Bank,  
Vasai branch



Model Co-op Bank,  
Palghar branch

Model Co-op Bank opened two more branches in Vasai and Palghar. The 17th branch at Palghar inaugurated by Mrs. Sharada Raut, Dist. Police Commissioner and blessed by Rev. Fr. James D'Silva, Parish Priest of Our Lady of Nativity Church, Palghar on 28th May 2016. and The 18th branch at Vasai was inaugurated by Richard Falco, Rtd. Director of Dutch Bank and blessed by Rev. Fr. Nazareth Gabru, Vicar Gen. of Vasai Diocese on 29th May 2016.

The Chairman of the bank Mr. Albert W. D'Souza presided over both the branch openings and addressed the gathering with its achievements and

growth. The Chairman honoured the VIP Guests with floral bouquets.

Founder Chairman Mr. John D'Silva was also present and addressed the gathering.

General Manager and CEO Mr. William L. D'Souza, Addl. Gen. Manager Herald M. Serrao honoured the guests with floral bouquets. Edward Rasquinha conducted the programme. Goldine Fernandes and Bharat Deherkar proposed vote of thanks.

A large number of Directors of the bank VIPs, invites, shareholders and account holders were present on both the occasion

—Ronida

## Goa archdiocese set to open historic church



Panaji: A 450-year-old church in Goa has been restored and ready for public worship in the coming week.

The Church of Santa Monica is a part of the convent of Santa Monica, Asia's first and largest convent situated in Old Goa, and a state protected monument.

The church that boasts of exquisite altars, pulpit, miraculous crucifix, statues, paintings and art objects was in desperate need of repair and restoration. The Archbishop of Goa and Daman will open the church to the public on June 11.

The Museum of Christian Art, Goa, with aid from the directorate of archives and archaeology carried out the restoration work. The state government had proposed a grant of 13 million rupees in two phases.

The removal of the damaged wooden pulpit revealed the original beautiful carved stone pulpit and the graffiti work surrounding it. Extensive work was carried out on the altars as the wood had decayed either due to ingress of moisture or termite attack.

The technical assistance of conservation architect Ketak Nachinolkar and two internationally recognized art restorers, the late Miguel Mateus and Jose Pestana of Portugal was sought. The experts carried out in-depth study of the state of the church building, its altars, pulpit, statues and paintings and the extent of deterioration.

It will now be open to worshippers for veneration at the Miraculous Cross also known as the Weeping Cross and other visitors who would like to appreciate the artistic and architectural beauty of the church.

*Mattersindia*

**'Thought for the week'**

*We check our cellphone every now and then for new facebook notifications. Why can't we check our mind for the quality of thoughts every hour?*

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Cover : Challenges of Modern Education:

(Article on p. 10)

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- Rs. 1500 for 12 insertions. (1 year The Secular Citizen FREE)

**The Surprise, The Bad, And The Ugly**

by Don Aguiar

**T**he hot sultry season is slowly but surely ending, lazing in summer: the invention of anything that can then be made newsworthy and so on. Life, as if coming to a standstill, people pouring over facebook posts of their friends to see where they will be plashing around this summer: this is also the wicked season winding its way into June the month we go back to work and our routine.

In June the newly elected PPC will have its first meeting in all the parishes in the Archdiocese of Bombay. There will be innumerable excitement of the members elected for the first time to the PPC but I guess the best way to be upfront to them all is to pen the piece well before D-Day which is why this piece, I want to segment it into three simple blocks: the surprise, the bad, the ugly.

**The Surprise:**

# Whoever you speak to in the community will tell you the PPC is more a church advisory than a decision making body: but the Parish Priest may not be interested to take your advice; PPC members don't need to meet their parish priest and their ilk since they will not meet them in any case: there are many favorites of the parish priest and you can check with all and sundry. And true to style, the parish priest will yet again proven they have no friends: they, unlike the laity, don't care a toss about loyalty or past favors: I have always told people that ingratitude is the birthmark of the parish priest and I am glad it hasn't changed its core: however this does not effectively kill all cronyism

# The agenda in the PPC isn't driven by the SCC's and parish projects they need to represent: in fact they don't care about their parish which also makes them the target of certain sections of the community. The Parish Priest knows what it is like to be pulled up in the PPC, so he has a fairly thick skin which augurs well for any Parish Priest where he wants his work done rather than doing what the PPC wants him to do

# The PPC should harbor no holy cows (except for the holy cow which I will come to later): there are people they need to thank; families they wish to suck up to; helpful and friendly parishioners and so on. This makes them more transparent and more belligerent about what they want to achieve. For far too long, the PPC is a cozy club: that has members with vested or no interest which should be destroyed

# In the PPC, the Parish Priest is in power. In very rare instance, is the Parish Priest never in power

# There was a time when movies celebrated their silver and golden jubilees. Now even a good first weekend is enough for a film to be declared a hit. One wonders why the PPC's (Contd.. on p. 4)

(Contd.. from p. 3)

are not taking a cue from the films and are still content by the way they are going on.

# PPC these days must take out an annual report card like annual appraisals of companies to check yearly profits and loss in their balance sheet. In the PPC members are supposed to reassure their community members that the party's not yet over. When it comes to the PPC members and their reassurance, parishioners are entitled to ask where the party is tonight.

The Bad:

# The PPC is mostly represented by poor communicators? Seldom has a PPC had some fine communicators

# The PPC fails to communicate anything it has achieved only because the one person who is elected by the respective community and is supposed to be doing the talking in the PPC and reporting back to their respective community is not doing so.

# The PPC presently prefers to communicate through the same old ways and seldom through social media leaving the other entire avenue bereft of focused and clear communication: which is a travesty of justice. The members of the PPC, more than any other, came to power on the mandate that they will speak and do something for their respective communities (SCC's) and the parish as a whole and yet there is very little heard on this front from them.

# The odds remain with the PPC which seems to enjoy satisfactory to fair ratings as evidence to the members elected. However it is a weak democracy that lacks a creditable opposition. For that reason alone, it is worth discussing how we can have committed members.

# It's a tough ask: community members are skeptical to choose their PPC representative

However if done right, people will be amenable to a well intentional formation.

# The Parish Priest is normally vocal on most things but quiet on things he should also be speaking on such as reigning in some of his errant colleagues (clergy & religious) and PPC members who by shooting their mouths off on silly things have queered the pitch and deflected attention from the core agenda.

The Ugly:

# Be it the way some community member may have spun some of the story or the stupid utterances of those belonging to the Establishment, most of the news about the PPC has been around personal issues: be it a member trying to be in the good books of the Parish Priest or vice versa or intolerance among the members and so on: this has caused consternation amongst both in the respective communities (SCC's) as also the parish: this needs urgent attention and course correction

# There is a sense that the PPC purses a boring agenda: whether true or not, this is not what PPC wishes for or perhaps will want as a legacy.

# There need to be some checks and balances on the discourse both in and out of the PPC: what does come across is scant regard for accepted values related to decorum and behavior: PPC members need to stop behaving like irresponsible and this is something that the Parish Priest must lead and lead from the front. Personal attacks are for those who are weak on substance and not for those who are pursuing the path of service

# Finally, whether you like it or not, for reasons unfathomable, there is the feeling of fear amongst the many: at times, like intolerance, this is cooked up: be that as it may, fear needs to be replaced with affection; this is something that needs working on as well.

## The Archdiocese of Toronto

The Archdiocese of Toronto (Canada) has a Catholic population of about 2 million which is nearly four times more than the Archdiocese of Bombay. Toronto also has twice as many parishes. But the number of priests serving in both archdioceses, is more or less the same, (400 diocesan and 400 religious priests). However Toronto has over 120 deacons to assist the priests.

What impressed me most is the celebration of the Latin mass. In the church close to my residence (St Lawrence), Latin mass is celebrated every day of the week. The Latin mass has a good percentage of young parishioners in attendance, which is surprising as those born post Vatican II have little knowledge about the Latin mass. Probably the mystical charm of the Latin mass acts as a magnet to attract the younger generation.

Another thing that impressed me was the widespread use of the clerical (Roman) collar by the clergy. The collar has several benefits and needs to be encouraged by our own archdiocese. The collar signifies closeness to God much like a wedding ring symbolises the bond between husband and wife. The collar acts as a protection to the priestly vocation and prevent 'mixed messages' such as loose talk when a priest is required to visit the home of a sick woman. The collar commands respect from all people and they generally refrain from using intemperate language in their presence. Finally, the collar reminds the wearer that he is a priest 24x7 and not just for a few hours in church.

—Prof Robert Castellino.  
Toronto

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## Save Trees

Trees are precious gift to our life from the nature. They are the green gold on the earth and very important for everyone's life. Some of the importance of trees is mentioned below proving why save trees is save life:

Trees are very important source of cleaning and refreshing air (as they produce oxygen and consume greenhouse gases) by filtering and intercepting the airborne particles, chemicals, toxic gases, reducing heat, absorbing carbon dioxide and other pollutants like sulphur dioxide, and nitrogen dioxide.

Trees acts as natural dustbins to the harmful gases in the environment.

Trees are source of natural shadow and cool air and most comfortable than the artificial cooling technologies like fan, coolers, air conditioning, etc.

They are effective in breaking the force of wind thus helpful in protecting houses, vegetation, farmland, etc.

They keep us healthy by lowering the dust levels and pollution levels especially in the urban areas.

They prevent us from the respiratory disorders and breathing problems by refreshing air.

They help in reducing noise pollution and most effective as sound barriers because they act most effectively like stone walls in stopping sound. They prevent us from the noises of crowded roads, railway stations, airports, etc.

They prevent soil from erosion, helpful in rainwater conservation, and prevent sediment depos it during storms.

—Jubel D'Cruz, Dombivili

**Let us love  
being rich**

In reply to the Don Aguiar commentary as he questions poverty.

I am of the opinion that 'poverty' is a state of being extremely poor. In the Indian context we ourselves have in our Catholic community, the faithful who live in abject poverty. Some of our very own and even those with whom you interact for reasons best known to you live in a state of being inferior to the diaspora that they are in.

On the face of their personalities they often are a showcase and quite often ,exhibit a more that middle class gentry facade.

Their intentions are noble to the extent that they do not want to be noticed as the have nots and the can-nots.

You have rightly mentioned the tempo at which poverty assembles itself within the framework of the recipient.Very interesting to know how you look at poverty.

Now try and gather content to write about abundance and plenty, affluence and sufficiency, wealth and luxury. Let us not promote poverty. Let us try our best to encourage wealth and luxury.

Rightly so, even Jesus who you bring as a witness within the context of your observations in the article, you must remember was never poor. He was involved with all things good. Good is not poverty but wealth acquired.

Wealth gives you power and balance in this digital world and you, yourself , know it because you use the attributes of synchronized capital to contain your life and living. To have wealth is not to be assigned to mammon.

To have wealth is to be in full consonance with what the infinite intelligence who has a put a design on you. Remember, as you sow so shall you always reap. Like the law of gravity. You get back what you send across.

It is a universal law.

Those institutions that force clerics who are to be initiated in whichever and whatever religious sect they have chosen to represent to take the vow of poverty are out of sync. What realm in psychology would a religious master use to influence me to live a richer life if he , himself , is stooped into the chasm of rejecting richness and the bounty offered by the Source of all energy. These Officers are meant to act as regulators of our religious lives and influence us on the values of our existence. Actually clerics are moral fathers who try to superintend our activities often forcing themselves into private areas in our lives not meant for them to tread upon. But then with kindness and compassion the faithful have shown respect to these men in robes who celebrate celibacy and long years of spiritual study to become authorised to reach the podium and deliver the divine message. There are many clerics who are leaders in their speciality as they promulgate , endorse and proclaim their work of human hands in what ever they are doing. They are the real captains of these religious institutions and are present like angels visits few and far between. Recognition should be given to such denizens of humanity not because they are religious but because their actions far supercede the requirements of the application. Their ubiquitous influence is felt by all who recognize these angels of hope. May their tribe increase as they lift the down trodden and help them resuscitate from poverty to a life of abundance.

If the Captains of the religious institutions take the vow of poverty I do not see any reason to rely on them to help the faithful recognize the exuberance that emanates from trade and commerce channels that excite businesses to create wealth and more wealth, and to an extent to be able to use regulated extravagance which is their birthright. Remember, poverty begets poverty. I do not want to be associated with an institution that promotes poverty. Give me a ticket to an aeroplane. I am better off with those who respect the indulgences that  
(Contd.. on p. 6)

(Contd.. from p. 5)

wealth brings whilst I am a passenger of time. I want happiness and joy and fun and laughter just like little children who know not what being poor or rich is and why 'half is better than full' is detriment to living a life of God's bounty. I want to live life as God intended it to be. To expand even in the face of contradiction.

Teach a hungry poor man to catch fish. His hunger is satisfied. His psychology is on the positive upswing. Be responsible for him to make it a business to catch fish. And now he is financially richer by the trade he has now learnt. Then show him how to sell his catch to the market. Teach him the art of self reliance and honest trading. Set fire to his faith in what he can do for his betterment. Encourage him to do like wise to others who need his assistance.

Poverty disappears.

Wealth assembles itself.

Now teach him how to generate more wealth and distribute it.

For doing all this you, my friend, become the recipient of the largesse and magnanimity of the Almighty.

The above is a God mandate.

Can you be a party to it.....?

—Rtn. Calwyn D'Abreo

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# Let Us Plant 111 Million Trees In Five Years

## ENVIRONMENT DAY 2016 REMINDER

Scheme Blueprint by Dr. Leo Rebello

UNEP, UNDP AND UN-HABITAT,  
AND OTHERS TO FOLLOW.

On 5th June 2013, in New Delhi, the above ambitious program was launched to save India and the world from the Global Warming / Cooling Disaster.

Accordingly, the Green March was flagged off to travel through several Indian States to educate and mobilise villagers, school and college students, religious centres to plant more and more trees and keep this program going till the target is achieved.

UNDP, UNEP, UN-Habitat and others were sent this program outline.

The Idea: to turn Greening into a Mass Movement and foster Love, Brotherhood, Unity among Students and Teachers in particular, spread awareness about Amity, Friendship, World Family and higher Human values of Caring and Sharing, through Integrated or Holistic Development leading to Happiness, Health, Plenty and Peace.

### What is Needed?

- 1.. Vitamin M or Funds.
- 2.. Saplings of fast growing shady trees, fruit and medicinal trees, like Neem in particular.
- 3.. These saplings can be planted on either side of the Railway Lines or Highways and other Roads, to defuse noise and control traffic gases
- 4.. Provide necessary implements to plant trees at local level.
- 5.. Every year this plan should start with the onset of Monsoon.
- 6.. For that purpose each state and

service clubs like the Rotary, Lions, NGOs and Religious Institutions and Schools should take active interest.

- 7.. A fully equipped OB Van to broadcast live the Greening program, for replication elsewhere.
- 8.. Hoarding, Banners, Advertisements in Print and Electronic Media, Theaters, etc. to create awareness among people and generate support of people, including authorities.
- 9.. Sewage Water should be made available locally.
10. Annual conference every year on 5th June and to recognise people based on how many trees, planted, grew, etc. Only natural manure should be used.

**TURN INDIA GREEN  
ONCE AGAIN**

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# On The Verdict Of Gulberg Society Massacres: Long Way To Go!

**The long-awaited verdict on the Gulberg Society massacres is finally out today!**

Thirty-six of the accused have been acquitted and twenty-four have been convicted; of the latter, only eleven have been charged with murder and the remaining thirteen for lesser offences. The quantum of punishment for those convicted is expected to be pronounced on June 6th.

The Gulberg Society massacres was one of the most gruesome acts of the Gujarat Genocide of 2002 in which sixty-nine innocent persons (including former MP-Ahsan Jafri), were brutally killed, burnt alive on February 28th 2002.

The verdict needs to be respected: at least 24 people have been convicted. There is some justice which has been done, but the fact is that is not enough!

For Zakhia Jafri and her family, Rupa and Dara Mody, Sairaben and Salimbhai and the many other victim-survivors, who have lost a loved one, their kith and kin-there is naturally a feeling of dissatisfaction. These heroic persons, have demonstrated sheer grit and determination – for more than fourteen years now, in their struggle for truth and justice. They have had to brave all hostilities, attempts at co-option and even betrayals- but they have stood resolute in their stand- as witnesses of what actually happened. For them, when key BJP functionaries and a Police Official (who has also destroyed evidence) are let off, there is the expected feeling of unbelief and disappointment; like many others, they wonder how could ONLY eleven persons be responsible for the murder of 69? Why have the big ones been allowed to go scot-free?

Whilst the judgement needs to be studied –media reports inform there no ‘conspiracy’ has been found! This



BY FR. CEDRIC PRAKASH SJ

will certainly not go unchallenged, when it is an established fact that around 20,000 people had attacked Gulberg Society –on that fateful day. The mob was led, knew where to go, and some were completely armed for this heinous crime. As Teesta Setalvad says “the option of appeal is still open”.

In the meantime, victim-survivors, human rights defenders and many others will continue their relentless pursuit of Truth and Justice- till the biggest perpetrators of the Gujarat Genocide are brought to book. Still a long way to go!

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## Mercy Beyond Boundaries: Inter-faith Perspectives

A SYMPOSIUM organized by the Daughters of St. Paul, Bandra in collaboration with the Pauline Cooperators, to mark the Jubilee Year of Mercy announced by Pope Francis.

**Date:** Saturday 18 June 2016

**Venue:** Daughters of St Paul (DSP) Multi-Purpose Hall

**Address:** 143, Waterfield Road, Bandra (W) {Opp. IICI Bank}, Mumbai – 400 050

**Time:** 4.30 pm to 7 pm {starting with tea & snacks}

**\*You are requested to take your seats in the Hall at 4.50 pm sharp.**

The Panel consists of the following persons from different Religions:  
Dr A C Vanjani, Principal, Smt MMK College of Commerce & Economics  
Dr Anjum Ara Ahmad, Vice Principal, Rizvi College of Arts, Science & Commerce  
Mr Narinder Singh, Development in-charge for Career Counseling for Rural & Tribal Children  
Dr Sr Pauline Chakkalal, dsp, Prof of Biblical Theology & Promoter of Interfaith Partnership  
Moderator: Prof Harsha P Badkar, Head of the Department of Philosophy, Wilson College

**ALL ARE WELCOME!**

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# Facts Figures & Myths

(Based on a presentation at Mumbai organised recently by the Bombay Catholic Sabha on the “Present Political Scenario and our Christian Response to the same”)

by *chhotebhai*



**D**r Ram Puniyani, staunch secularist and activist that he is, has painted a lucid picture of the present political scenario, with specific reference to the Minorities in India. I have been asked to speak on our Christian Response to the same. Before I go to my presentation I place before you a few facts, figures and myths.

After the elections to five State Assemblies the media hype would have us believe that the real winner is the BJP; and the death knell has been sounded for the Grand Old Party – the Congress. This is a myth, for the facts and figures are to the contrary. From the data published in *The Week* (29/5/16) we find that of the 824 seats that were up for grabs, the maximum number of 211 was won by Mamta’s TMC. Jayalalithaa’s AIDMK came a distant second with 138 seats and the Congress was a close third with about 135 seats. This was followed by 127 to the LDF, 89 to the DMK and a mere 64 to the BJP! So the facts differ from the myth.

From the foregoing we see that of the two major protagonists, the Congress and the BJP, the former won 16% of the seats, and the latter just 8%, or less than half of what the Congress won. Sure the BJP vastly improved its tally and wrested Assam from the Congress, but it can hardly be termed the emphatic victory that the BJP, aided by a pliant media, seeks to project. The real pity is that that the Congress itself is unable to counter the propaganda, the media myth. The Grand

Old Party could verily be renamed the Greatly Obfuscated Patrimony.

Now let us move to another myth – conversions, so blatantly hyped, especially in the first year of Modi rule. It probably waned after a rap on the

absence of data from Census 2011 we have to fall back on the Census 2001 (see tables).

We find that the Population Growth Rate (PGR) for the 40 years from 1961 to 2001 is 134%. The Christian PGR at 124% is 10 percentage points less than the national average. Andhra Pradesh (even before the bifurcation of Telengana) has actually seen a negative PGR of -17% over 40 years. Andhra has a high percentage of Dalit Christians. Does this mean that vast numbers of them have apostatized, because they

**TABLE A - Population Growth Rate from 1961 to 2001 (40 years)**

Category	1961	2001	% age Growth	1961 %age of Pop	2001 %age of Pop	%age point change
All Religions	439,234,771	1,028,610,328	134			
Muslims	46,940,799	138,188,240	194			
Christians	10,728,086	24,080,016	124			
Christians in Delhi	29,269	130,319	345			
Christians in Bihar	502,195	53,137	-89			
Population of Goa	626,667	1,347,668	115			
Christians in Goa	227,202	359,568	58	36	27	- 9
Christians in Andhra	1,428,729	1,181,917	-17			
Population of Kerala	16,903,715	31,841,374	88			
Christians in Kerala	3,587,365	6,057,427	69	21	19	- 2

knuckles by buddy Barak Obama. The Hindutva brigade cried itself hoarse about mass conversions, and orchestrated some Ghar Wapsi (home coming) spectacles. Then came a selective release of data from the Census 2011, which clearly showed that the Christian population of India has remained static at 2.3% since 1971.

Why have the previous UPA and the present NDA Govts not released the entire religion wise data of the Census 2011? What are they hiding or afraid of? Let the truth be out, and be addressed accordingly. A recent selective release showed that 31% of Hindus had child marriages, which was even more than the Muslims at 30%. So let us go by facts, not myth. In the

can’t get Govt benefits as SCs? Is this not concrete proof that rather than Christian “missionaries”, it is the Govt “machinery” that is indulging in conversions through fraud and inducement? Christians in Bihar came down drastically, but that is because of the formation of Jharkhand.

What warrants serious attention is the status of Christians in Kerala and Goa, the two States with the oldest Christian communities. The PGR of Christians in Kerala at 69% is just about half of the national average, and in Goa, at 58%, it is just 43% of the national average. As a result, the percentage of the Christian population in Kerala has dropped from 21 to 19, and in Goa

from 36 to 27. It is anybody's guess that the Census 2011 (if and when revealed) will show a continually decreasing trend. From the Christian perspective it is an alarming picture of Ghar Khali (empty churches) rather than Ghar Wapsi. Are we becoming an endangered species like the Parsees and the vultures? Let us move to the next two tables.

**TABLE B -Proportion in Age Group (0-6 years)**

Category	Percentage
All India	15.9
Muslims	18.7
Christians	13.5
Christians in Goa	9.6
Christians in Kerala	11.2

The population in the age group 0 – 6 years is indicative of population growth. Again, against the national average of 15.9%, among Christians it is 13.5%, and in Kerala/ Goa even less at 11.2%/ 9.6%. This establishes that we Christians are following Responsible Parenthood, and not breeding like rats. A plausible reason for this is the much higher literacy rates among Christians, particularly women, as evidenced in the next table.

**TABLE C - Literacy Rates (in percent)**

Category	All	Female
All India	64.8	53.7
Christians	80.3	76.2
Christians in Goa	83.8	78.8
Christians in Kerala	94.8	93.5

On the negative side is the Category of Workers (occupation or source of livelihood). 58% of Indians are occupied with the land. In contrast 44% Christians are so occupied and in Kerala/ Goa it is a mere 24%/ 11%. Are we drifting away from being sons of the soil? The occupation "Others" I presume, refers to the service class. Here again as against the national average of 38%, Christians are a high at 53%, which goes up to 74%/ 86% in Kerala/ Goa. Does this indicate that the Christians of India lack skills, land and entrepreneurship? Are we a salaried service class, content with

working for others? I see this as a major weakness in the Christian community, even in well-established societies like Kerala/ Goa. Are we just happy looking for jobs in MNCs/ BPOs/ KPOs etc? While looking for a match for my daughter on shaadi.com it was pretty obvious that all "qualified" Catholic bachelors belonged to the salaried class. I see this as a fault line in the Christian commu-



encapsulated in this Hindi phrase that I have coined, "Baap khaya Petha, yaad aaya beta". So evangelization is an act of love, to share with others the Amrit that I myself have tasted.

**TABLE D - Categories of Workers (in percent)**

Category	All India	Christians	Christians in Goa	Christians in Kerala
Cultivators	31.7	29.2	4.8	12.8
Agricultural Labourers	26.5	15.3	6.6	11.2
Household Industry	4.2	2.7	3.1	2.5
Others	37.6	52.8	85.4	73.5

nity. The sections of society that have a major impact on public life are the ones involved in agriculture or entrepreneurship. I see this as a major drawback in the demographic profile of the Christians of India.

While at the point of demography and conversions, the so-called "Freedom of Religion Acts" in various States are actually anti-conversion laws aimed at the Christians. Though the earliest was enacted over 60 years ago in MP, there has not been a single conviction under these Acts.

In Christianity conversion should never be an act of inducement or fraud (terminology used in the aforesaid Acts). Rather it is an act of love, which attracts. Let me tell you a little parable. A tourist went to Agra to see the Taj Mahal. He was impressed and shared the photos on WhatsApp with his family. He then ate some Petha (ash gourd preserve), for which Agra is equally famous. It was delicious. His thoughts flew to his son back home. He bought some to share with him. He couldn't keep something so wonderful all to himself. This experience is

will touch on just one more point regarding our Response – the Respon- (Contd.. on p. 18)

## MALAD (W) - ORLEM

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**9820045619**

“**C**lassroom is like a labour room where wisdom is being born, classroom is like a burial ground where ignorance is being buried, classroom is like a factory where the Young generations of students are being molded, and classroom is like a judiciary where good decisions and good governance are being introduced”. Says the great teacher and statesman Dr.S.Radhakrishnan.

As another academic year is on set the anxious parents are in search of better schools and better educational facilities for their wards and the educators are rigorously on move to search out to the various possibilities to engage the children in the class rooms with heavily loaded work load.

To change the present education system is the need of the hour. The way the classrooms are set in the conventional way need to undergo a change. There is no emotional bond or rapport between the educator and the students. The gap between the students and the teacher is widening.

In olden glorious days there was a friendly ambience in the classrooms. It was more than a homely atmosphere.

The students entering in to the life of the teacher for a period of time and the love relationship they shared are something to be commendable. But in the modern days with the arrival of super special gadgets and most modern technologies the teacher or the student has any spare time left to interact or to share with the other.

Majority of the teachers are working only as a job for their survival and not many are dedicated or committed to the noble profession. It brings the difference. Teachers should be persons who are very kind compassionate un-

derstanding the students in all the ways. Why I say the teacher should understand the student because in most of the families we have only one or two kids. More than half a majority of the parents are working and they do not have quality time to spare with their kids.

What I feel is teacher should act as an artist because she or he has to use full energy in molding the child. An artist is the one who acts with their whole body to bring



by Sr. Bindu Abraham MSI

age generation are like supersonic computers. They have many doubts many queries and they are incalculable.

If the teachers are only with an average or below average the queries of the students cannot be answered. So the teacher should be equipped with good updated knowledge embellished with quick and humorous wits to quench the curious knowledge buds of the students. Moreover the teacher should possess a innovative and creative outlook and a positive outlook to the life in general.

The teacher should never discuss her personal problems with the students or shouldn't discuss any of her colleagues' indifference or behaviour with the student. If it does happen the child will have a negative impression to the teachers. The child may not respect the teacher or ignore the subjects taught by them. In my view the teacher has to be the first learner, learning to epitomise her/his self so as to encapsulate totally to the students under

their care.

As the new academic year already at the threshold let us allow the cool breeze of change reaching in us and we in turn becomes the replicas of love, affection, care and ingenuity in the lives of the pupils. Let's be hallmark, a paragon to bring to change. Let's not create educated delinquents but persons with values for themselves and to bring a change and for the society. Be the first change oneself too.

## Challenges Of Modern Education



out the best painting. Teacher has to take the role of a craftsman intending to bring out the supreme changes in the students. The student is entering to the school as a plain ware its in the hands of the teacher to make the student good or bad.

The teacher has to influence the child with his or her role models. The child once in the school leaving the parents looking up to the teachers for guidance, care and love. As for my personal opine teacher has to be person who is more than genius. If not the present

## Merit list eludes Modi

Two years of rule with an envious majority in the Parliament has not taken us anyway far from the pre-2014 scenario. The misrule of the Congress dominated UPA, according to the BJP, had brought misery to the people making their lives a living hell and a resurgent Narendra Modi promised to deliver us from that bondage like the Biblical Moses. Politicians promise a lot before elections but Narendra Modi was not one of those politicians, it was claimed. He is a man of his word and had drawn a road map to deliver his promises. Most people fell for the bait. There is a sense of disappointment and people have resigned to the fact that the BJP led NDA is no better than any other dispensation.

This does not mean that nothing has been achieved. Certainly there are areas of governance which have seen improvement. Modiji is right! There is no talk of corruption in the government at the 'centre'. At a rally in UP, the PM asked this very question to the audience. But he skillfully worded it to include only the government at the Centre and not the States. He knows that this cannot be said about other BJP ruled States with issues like Vyapam, Helicopter deal, MIDC land grab etc plaguing BJP leaders. These issues are going to snowball into a major embarrassment for Narendra Modi. What with even Shiv Sena ridiculing the BJP! On the external front, it is 50:50. There are areas that need attention. Kashmir is one where we had two flags first – Tricolour and J&K flag. Now we have three with the emergence of Pak flag appearing frequently and the government is helpless. Pakistan has taken Modi for a ride with China firmly and openly on its side.

Unfortunately, corruption is not an issue with the people of this country. Minor corruption is considered normal. You cannot get PWD licence to modernize your lift without a 'fee' neither can you get your Fire fighting system approved without the customary 'weight on the file'. Nothing has changed. People have come to realize that it is part and parcel of life. Certain things are unwittingly accepted as a norm as we innocently ask a taxi driver or auto driver 'whether he is willing to go to a particular destination'. Corruption did not figure prominently, in the last assembly elections. Why?

## IEWS on NEWS

For people, it is peace, communal harmony, social integration are issues which will give them confidence. The minorities are on tenterhook – always worried. Things are happening at regular intervals. The fringe is always looking for issues which can 'create' some disharmony. Why are they emboldened? Some of the most atrocious comments have come from the likes of Adityanaths, Sadvis, Giriraj Singhs, Swamys. These have contributed to the minorities feeling uncomfortable. Even Africans and North Indians are feeling insecure and that is bad for Modi. When the UN takes note of such events, it is a wake up call for the government. Intolerance does not only mean killing anybody. Yet it can kill ones confidence to go about freely doing what is constitutionally right.

Whether the Modi government is going in the direction which he had promised is for the people to decide. Surely, he has not distinguished himself with a score that will figure him in the merit list. It would be fair to say that he has the wherewithal to do much better only if there is no 'interference' from hot heads and no vitiation of peace from the fringe groups. He can say he has delivered only when 'people celebrate' and not the party. That will be the test – not the 94K crore emails to tell the people what the government has done. He should now start worrying about the likes of 'Eknath Khadses' in his own party or he will have to stop talking about corruption. Remember BJP used to taunt Congress about their 44 seats in LS but had to stop after the Delhi and Bihar assembly results.

\*\*\*\*\*

## Outsourcing military training?

Bajrang Dal has commenced training Hindu youth in the use of arms in UP. This has been happening there regularly. Some time back youngsters in the age group of 7 to 10 were being trained likewise. Now we have Bajrang Dal going about in a very systematic way in giving arms training which, as they claim, includes air rifle. What exactly is the purpose of this sort of training which cannot go in the name of yoga or physical fitness camps but a regular and systematic way of combating 'enemies of



by Marshall Sequeira

Hindus'

Who are the enemies of Hindus? If they are referring to the terrorists, surely they pose a threat to all the Indians – not just Hindus. As everybody agrees, a terrorist has no religion and therefore they cannot target just someone for his religion. We are witnessing this in Syria where hundreds of innocents are being eliminated. Situation in Nigeria is equally scary. We in India, including the Hindus, are very much safe, thanks to the governments at the Centre and the States whose bounden duty is to safeguard the lives and property of the citizens. This they are doing. Why then this 'special training' to protect only yourself [Hindus] when all other citizens are equally at risk, if at all. If their aim was genuine, they would have offered to impart training to the youth of all religions including Muslims, Sikhs, and Christians. When it is selective, it raises some serious doubts.

When such things happen, the BJP normally fields a Muslim face from its ranks to mildly oppose such a move. But the other hotheads in the RSS Parivar vehemently back such fringe groups which is a worrying factor. Why should such groups back such programmes of arms training? Do they seriously believe that the Hindus are at greater risk than other communities? If they really believe, then it is the failure on the part of the Central Government which is headed by the BJP. While law and order is a State subject, the overall security of the people falls within the domain of the Centre.

There is something sinister in this move. In the training programme, young people are trained to pin down the 'target' which is always shown with a skull cap. This is more dangerous than terrorism itself. It is this part of the whole thing that actually gets support from the like of Hindu Maha Sabha and even the VHP. If the Hindus feel the NDA is not capable of protecting them, how insecure and scared should other minorities feel? This is worth pondering.

# When You Turn 21

Turning 21 is a huge moment in your life. Your life turns around 360 degree from young to true adult. Do the same thing with maturity.

**W**hen you turn 18 you think that you are taking your step towards adulthood, but later you realize there are many things that you cannot do and you are not really treated as an adult. But when you turn 21, things become quite different. Here are 21 things you can do when you turn 21.

## Plan out your graduation:

Mostly all are graduates by the time they turn 20 or 21. You should plan the most memorable party immediately after your graduation.

## Plan your career:

You must be quite certain about your



plans for the future. Send your applications; apply for placements, internships as soon as possible. It is great to plan and be prepared and then enjoy as much as you want.

## Go on a road trip:

Pack some clothes, carry your impor-

## Treat yourself maturely

Learn to change a tire: It takes a little while to transform yourself from college person to a mature person however it will help you a lot.

Be courageous: Start getting the courage to ask someone out. This way you will never feel out of control in the dating world. You call the shots!

Treat yourself: Don't place so much pressure on yourself to be around other people. Just enjoy!

tant things and set out on a road trip with your friends. Sing, listen to music, eat, laugh and enjoy. Pull in into diners, camp, visit locations and have the ultimate experience of freedom.

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### Meet new people:

You would have been spending time with only a few set of friends. Try to explore now. Meet new people randomly, make new friends; try to be around different kinds of people. This would make you realize more about the world and how people are.

### Gain knowledge:

If you are in a habit of keeping updates about important events and world scenario, then it is great. If not then start gaining more knowledge about various things and especially about the field you are interested in. It will help you become smart and help you prepare for the industry.

### Give importance to your hobbies:

Life has been like a race, competing in studies, extracurricular activities, grades, ranks etc. Try to take a break and get balance in your life. Give time to other things that you enjoy doing – be it music, art, dance, drama, sports. It will make you feel happy from within.

### Become independent:

It is great if you start supporting yourself and living independently. You would get to learn how to survive on your own; you will be able to support your need. You can definitely take some support in the initial level but then in the long run you will feel proud to take this step.

### Start savings:

Turing 21 means more fun but it also means more responsibility. Open a savings account and start saving some money, it is important.

### Enjoy late nights:

Once you start a full time job it will become very difficult to watch late night movies, party all night, stay up all night etc. So do it as often as you can.

### Groom yourself:

Focus on your looks, carry yourself in a more presentable manner, it will give you confidence. Go for your basic grooming sessions regularly.



### Experiment with your style:

Try something new and different from your regular comfort zone. Try out new styles and experiment with your look.

### Try your hand at cooking:

If you still haven't, then now is the time. Even if you don't plan to cook on a regular basis, you should know how to cook. Try cooking simple and different dishes.

### Be politically and socially aware:

Support organizations, share your political views, and be more aware about the social scenario. This would help you to grow mentally, see and face the reality of the world.

### Travel places:

Travel to a few destinations before taking up all the heavy responsibilities. Live a simple life, roam around and explore new countries, states, cities etc.

### Make a big purchase:

Make a big purchase of your choice like a car, bike, or a new electronic device that would mark the beginning of your adulthood.

### Think bigger and set goals:

It is very important to aim high and set high goals. When you dream big, you move and work towards achieving those goals. Dream on and accom-

plish them.

### Be part of any club:

Join any association or clubs where in different people come together and are involved in common activities. Try something that you like and that you can relate to.

### Don't restrict yourself to cyber space:

People get so engrossed into the virtual world that they forget about the real world. Look outside social networks, cyber space and see new things and be among real people.

### Maintain a journal:

Make a board or a journal where you could list down your goals, dreams, aspirations and achievements. It will help you dream and imagine, it will show where you stand and where you need to go.

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# Learn how to judge a boy before marriage

Find out if he is actually 'so sweet' or is he just playing to the gallery

**W**hen it comes to potential partners, every woman has an uncanny sense of judgment. She just won't take any sort of chances with a man who even distantly seems callous and naive. So, if you have been feeling an unease in your heart about a man you seem to like, just keep in mind these tips which will help you gauge his true worth.

## Is he a gentleman?

'Manners maketh a man'. Every woman looks out for such a gentleman. Perfect manners, admirable gait and humility are the qualities that a woman loves to have in a man. If his first impression screams vanity, chauvinism and conceitedness, then it's a big no-no for you.

## Is he a good listener?

It's a known fact that women love to talk. Does your partner lend his ears? If so, then you are the lucky one. But, if he seems too obsessed with himself, his achievements, his adventures and his life, then just keep him at arm's length.

## Is he embittered by past relationships?

Do his conversations with you center around his exes? It's a clear sign that he has not yet moved on. He seems to carry around his emotional baggage. This will be a big obstacle in your future relationship.

## Does he stink sex?

If your potential partner seems way too eager to jump into bed with you, then you need to rethink! Love is the last thing on his mind, ladies! His amorous behavior and covert sexual references, every now and then, should



surely sound a warning bell.

## Is there an echo of your ex's qualities in him?

You know what you don't want in your man. These were the qualities that soured your earlier relationship. Are you seeing them again in your present partner? If he is reflecting those very qualities, then you need to step back right now.

## Is he giving?

Women fall hook, line and sinker for a man who is truly generous. Is he lavish with his love and appreciation as much as he is with his money? Ungrudging compliments, bountiful care and absolute altruism define a complete man.

## Is he a glamor boy?

It is considered utterly disrespectful by a woman if a man turns up on a date in cut off jeans and a funky T-shirt. While dressing well is necessary, being dandy, oh no! If the man you are interested in is overly conscious with the way his hair is set, his lapels fold and his shoes shine, it's definitely a nay-say.

## Is he daddy material?

Every woman wishes her man to be an ideal father. Typical traits are expected

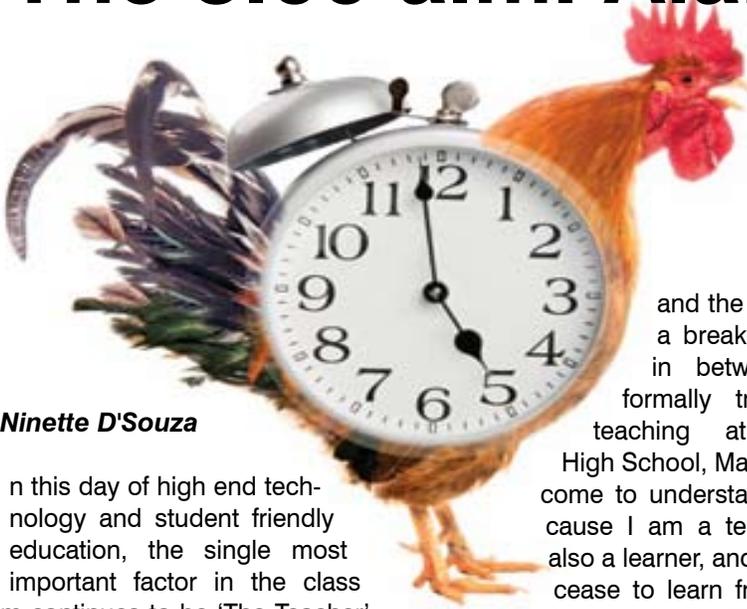
and mental pictures are formed about his suitability. Does your potential partner mingle with your nieces and nephews readily? You have found the perfect guy. But, if you hear him complaining constantly about what a nuisance kids can be, then get the hint woman!

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# The 5.00 a.m. Alarm



by **Ninette D'Souza**

In this day of high end technology and student friendly education, the single most important factor in the classroom continues to be 'The Teacher'. It is humbling to realize that we impact society by nurturing and guiding the numerous students that pass through our hands. There is no profession more valuable in the world than teaching, which is a bit like training for running. Many of us begin our careers with hopes of changing the world, of seeing progress made every day.

Some days it happens, other days leave us wondering if all that we do would ever make a difference. The answer is a resounding YES! Maybe what we did in the academic year gone by did not make it to the evening news on the idiot box or earn us a write up in the country's leading newspaper, but it still counts for progress. Maybe it will not see you and me suitably attired rushing to collect, 'Teacher of the Year' award but when we sat back, relaxed, unwound and recharged ourselves in the vacations, it must have definitely been with the assurance that we have done our bit to change the world- not in leaping strides of marathon proportions but in the best way it can be changed, one youngster at a time.

I can assure you that when I enter my class at the start of the week my Monday blues are blown away by the 100 watt smiles of my students. This is exactly the jump start my week needs. After being in the teaching profession for nearly 30 years (during college & even later as a tuition teacher at home

and the last 26 with a break of 5 years in between as a formally trained one teaching at Canossa High School, Mahim), I have come to understand that because I am a teacher I am also a learner, and I will never cease to learn from those I have to teach. The subject I seem to learn most about while I teach my students is: Myself. Day after day as I teach, something stimulates my thinking and helps me to know more about myself. I realize that my time with my students is precious and is wasted if a student leaves my class with a head full of facts and an empty heart. The realization has dawned that one can claim to be a "real teacher" only if one can boast of the credentials of a broken heart and a passionate spirit.

There have been few times in my career when I have disagreed with the disciplinary actions taken or not taken by the Principal. I have quietly learnt to accept decisions I cannot change. Sometimes I have even come to see the wisdom in the disciplinary choices that I first thought of as unwise. Wisdom looks beyond the said and did and finds the need. That is the reason I am often led to ask myself, "Do I really know my students and understand their abilities? Do I honestly praise or celebrate a job well done? If a student has only a small amount of ability do I hide such students and pass them on unchanged? Or "Do I teach them in the way they can learn and show them high expectations of themselves? In this academic year I pray that I will know my students and teach them fairly, that I will expect their best and celebrate it. We work with youngsters who rightly should never

lack for celebration. Hence it falls on us teachers to find "points of celebration" in our children and as we discover them we can bring about change in a youngsters life. While many of us can claim we know our students by name could we be guilty of not always perceiving their pain, and heartache, the fears they have going home, the dreams that they dream or dare not dream?

Almost every other day I hear some teacher or the other saying "I don't think I can continue at this rate for another 15-20 years". The pressure of Assessment, Classroom Management, Curriculum up-grades and attending "n" In-Service Training programmes can take their toll on us, I agree. They can lead us to forget how much we love those children, how much they need us, how important our task is. May I suggest a simple solution? go back to that cupboard draw or shelf, where you most likely have a box tucked away containing any number of cards and trinkets that hold meaning only for you. Each one of these awakens the memory of a child. I am sure that all teachers will agree with me when I say that never have the students given us gifts they did not think was the best they had to offer. To all my students past and present reading this, I want to affirm how much their confidence in my abilities meant to me, how their smiles warmed my heart, how their future gives me hope. I pray that they never lose the drive and desire that pushes one, especially when the going gets tough. Above all I pray that I never lose the perseverance to do everything I can to pull the future close for those students I am going to encounter in the few years I have before Retirement. They are still worth

(Contd.. on p. 16)

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## Book Review

### “Heavenly Dew for the Soul”

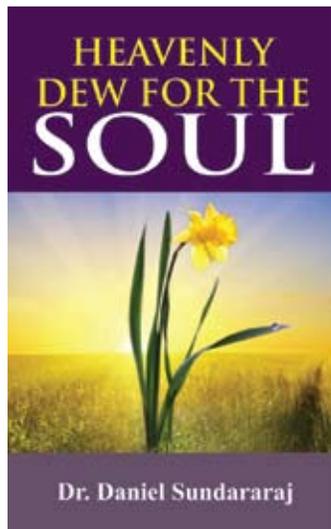
—Author: Dr. Daniel Sundararaj

*Reviewed by: Revd. Samson Lankeshwar, B.Sc., B.D. M. Th. In Religion, specialized in Islam, Ph. D. Thesis submitted: Sufi Mysticism, Lecturer in Bible colleges: Dept. Religion and Philosophy, Freelance writer, Translator, Editor, proof-reader (English, Marathi and Hindi), coordinator for Mumbai region for Bible course through correspondence with the Senate of Serampore College, Kolkata.*

“Heavenly Dew for the Soul” written by Dr. Daniel Sundararaj is indeed refreshing for the soul especially in today’s time where the lives of people is becoming dry, empty, fruitless etc.

It seems that the author is fond of the particular word “soul” in his writing and hence he has already written few books with the titles including the word “soul”. No doubt, life without soul is lifeless, useless. In this world people are offering everything for exterior needs of the human being but scarcely one thinks truly about the inner needs of human being, which is of utmost importance in the chaos of rat race of accumulating for the exterior things for to appease the desires of the flesh.

The author has provided this heavenly dew in fifteen sections while emphasizing every spiritual aspect for the nourishment of thirsty and hungry souls. Out of these fifteen topics some are more or less points to the same aspects. Some topics, just looking at the word seems to be more complicated for e.g. Divinity, Redemption, Glorious certainty etc., and some common and essential topics, for e.g. prayer, faith, Word of God etc. And because of that the books becomes too big containing the pages 311. Hence, I feel that it could have been clubbed together and made into few sections, or made into some books, but after all it is author’s prerogative and he thought it so, to present in such manner to the readers. I am saying this only by looking at the book from the outset, like having a bird’s eye-view. However, when I went through the first section on Divinity completely, I was blessed. I sincerely admit that it was exceptionally interesting.



I do not know whether some illustrations of it were real or imaginary but I think most of them are real life examples. I was in awe of author looking at the way he has presented each deep spiritual thought in 233 topics by picking up few appropriate verses and adding to it like spice of matching illustrations, stories, and anecdotes is marvelous. One can imagine, how much tremendous effort, research with prayerful heart would have been employed behind this soul stirring book. Indeed, the book is a great source of encouragement. It is neither a theological book, nor biblical exegesis of the topics of the Bible, no historical exposition, not epistemological exploration and so on. It is author’s long life experience expressed in practical terms with simple but explicit manner is delicious nourishment for thirsty and hungry souls. It encourages the true seeker to be a true disciple of the Lord and certainly a heavenly unending, ever exhausted dew for soul. Hence collectively, it stamps out that topic in the heart and mind of a reader. Though Dr. Daniel Sundararaj is not having a theological doctorate but a simple secular man with secular doctorate could write such an encouraging message is extraordinary thing. I think by now through his writing and especially through this book he would have already brought many souls in the kingdom of God. May God be the source of his strength and guidance. I salute him.

(Contd.. from p.15)

the shrill of the 5.00 a.m. alarm. It is my firm belief that Teachers can make a difference in the world by loving well and living in hope. I believe that God who called us to this ‘divine vocation’(not job) will handle the results of all the lives we touch. The greatest Teacher of all time did not have a classroom, no aids, and absolutely no technology. He walked around the country side followed by his students. He taught from a mountain side, and sometimes from the steps of a temple, from a boat or even from the court yard of someone’s house. So my dear Co-Teachers whether in a private school or in one run by a Parish or Religious Institution, whether in the SSC, ICSE, CBSE, IB or any other acronym you can think of, YOU and I are blessed. We share the profession of the Master Teacher. So let’s teach on!!!

Wishing each one of my colleagues a grace filled academic year. Let’s all-leave our heart prints on the sands of time.

## Vacancy

**of Executive-Secretary: Christian chamber of commerce and Industry having its office at Powai is looking for Executive Secretary. He/She will manage chamber office and shall report to chairman. Candidate should be good in communication and able to do self-correspondence and have knowledge of using Microsoft office and ease in using computers. Flexible timings can be considered. VRS/retirees also can apply. Kindly email: [ccci1india@gmail.com](mailto:ccci1india@gmail.com)**



## Coastal Karnataka town tense after church vandalised

Bengaluru:

Tension prevails in coastal Karnataka districts of Udipi and Dakshina Kan-nada after unknown people vandalised a church Sunday night in Kundapura town, 440 kms from Bengaluru.

Visitors to the Kandlur church near Basrur in Kundapura on Monday morning found the statue of St. Anthony destroyed. The attackers have also broken the glass enclosure in which the statue was kept.

As the news of the church desecra-tion spread, a crowd gathered and demanded action against the uniden-tified people.

Soon the police arrived at the spot and pacified the protesters. The police conducted a preliminary inquiry in the neighbourhood and came to a con-clusion that the church was vanda-lised during the wee hours of Monday. They are looking for CCTV footage of the locality to identify the culprits.

This is the second such incident in the last 15 days in coastal Karnataka and it has led to unrest in the region. The police have assured quick action to apprehend the culprits.

## Jesuit social center prepares environmental policy

Kolkata: Udayani Social Action Forum, the social wing of Calcutta Jesuits, has prepared an environmental policy for its staff and beneficiaries.

The policy makers of the nation sup-

ported by business houses have brought the earth to a crisis point in the name of development and growth, bemoans Fr I Jyothi, director of the fo-rum introducing the new policy.

He said his forum members realized the need to intervene to save the earth in order to save themselves.

## Pilot report on Dalit Christians reveals dis-crimination

Chennai: Conversion from Hinduism to other religions, it is generally ar-gued, is to escape the untouchability and caste-based discrimination inher-ent in Hinduism.

Christianity, however, is not able to eradicate untouchability, and casteism continues to dominate both the Prot-estant and Catholic Church even though Dalits form the majority of the Christian population in Tamil Nadu, The Hindu reported.

Thadam Thedi (In search of the path), a pilot report on the status of Dalit Christians in Catholic Church, says though Dalits account for 2,240,726 of the total population of 3,964,360 Catholics, they have not been given any important posts in Church ad-ministration. Of the 18 Archbishops in Tamil Nadu, only two are Dalits.

## Three Indians to ad-dress Vatican meet on leprosy

Erode: An Indian doctor, who has been in the forefront of welfare of lep-rosy-affected people, has been invited to present a paper at an international symposium at Vatican City.

P.K. Gopal, who is based at Erode in the southern Indian state of Tamil

Nadu, has won Padma Shri, one of the top civilian awards in India, for his work among Hansenites. He will high-light the contribution of Hinduism to combat leprosy at the Vatican meet.

Other Indian speakers at the sympo-sium include Fr Arputham Arulsamy, associate director of Catholic Health Association of India (India) who will talk on 'The Concern and Care of the Church in India for People with Lepro-sy'; and Vagavathali Narsappa, presi-dent, Association of People Affected by Leprosy (India).

The June 9-10 international sympo-sium addressed the topic, 'Towards Holistic Care for People with Hansen's Disease, Respectful of Their Dignity.'

Experts from all over the world will ad-dress the 'Triple Challenge' of reduc-ing the disease burden, helping the sick and their families, and integrating them into society.

The global meet is co-organized by the Pontifical Council for Health Care Workers and The Nippon Founda-tion, in cooperation with the Good Samaritan Foundation; the Fondation Raoul Follereau, the Sovereign Order of Malta; and Sasakawa Memorial Health Foundation.

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# Stroke Symptoms :

During a party, a friend stumbled and took a little fall - she assured everyone that she was fine and just tripped over a brick because of her new shoes. (they offered to call ambulance)

They got her cleaned up and got her a new plate of food - while she appeared a bit shaken up, Ingrid went about enjoying herself the rest of the evening.. Ingrid's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00pm , Ingrid passed away.)

She had suffered a stroke at the party . Had they known how to identify the signs of a stroke, perhaps Ingrid would be with us today.

Some don't die. They end up in a helpless, hopeless condition instead. It only takes a minute to read this...

## STROKE IDENTIFICATION:

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke... totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

## RECOGNIZING A STROKE

Remember the '3' steps, STR .

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster.



The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions :

S \* Ask the individual to SMILE ..

T \* = TALK. Ask the person to SPEAK A SIMPLE SENTENCE (Coherently) (eg 'It is sunny out today').

R \* Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call the ambulance and describe the symptoms to the dispatcher.

## NOTE :

Another 'sign' of a stroke is

1. Ask the person to 'stick' out their tongue.
2. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.

(Contd.. from p. 9)

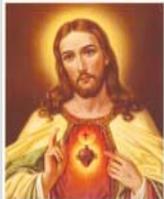
dents. I will here restrict myself to our representatives/ spokespersons on TV debates. Be it the CBCI, or the couple of laypersons that sometimes appear, they seem to be very dogmatic in their utterances. It is almost as though they are looking over their shoulders to receive a "shabaash" from their ecclesiastical masters. Many of them seem ignorant of the Church's teaching on delicate issues. They are also not camera friendly, so critical in a media driven age. This despite the CBCI running a communications institute like NISCORT in the Capital. It does not seem to have produced a single national level Communicator.

In contrast, look at the media savvy BJP. At the risk of sounding sexist I must state a reality. They invariably have Shazia Ilmi (wearing all her war paint) or Saina NC as their spokespersons on TV shows. Nirmal Sitharaman was also a regular before she became a Minister. Even the relatively rustic TMC used suave Derek O'Brien's command over the English language to forcefully project their views. Mumbai and Delhi are the media hubs. We urgently need to identify TV friendly spokespersons that are properly briefed, to project the views of the community and its stand on sensitive issues of faith and morals.

They need to be equipped with facts and figures, in order to counter the various myths, disinformation or malicious propaganda that the present political dispensation (fakes and phekus) seem to excel in. Satyamev Jayate (Truth shall prevail) doesn't happen automatically. We have to make it happen.

- *The writer is a former National President of the All India Catholic Union*

## Thanksgiving



Thanks to Sacred Heart of Jesus & St. Jude for the favours granted



May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen, Say this prayer nine times a day for nine days.

— Ms. Bernadette Rao, Pune

# Inspiration!

## Master the art of creative problem solving

These stop us from thinking creatively and forming new ideas or concepts. Therefore, it's very important to explore, brainstorm and find as many potential solutions as possible.

Creative problem solving isn't just brainstorming, although that's what many people may associate it with. It's actually a well-defined process that can help you from problem definition to implementing solutions. It helps us flex our minds find path-breaking ideas and take suitable actions thereafter. Know all about this new approach here



Often we come across a dead-end while trying to solve a problem at work-place or home; either our understanding of the issue is wrong or we fail to approach it correctly. To be an effective problem solver, you need to bring in creativity to travel from the current situation to the desired one. While creative problem solving (CPS) is a structured approach, it gives users the flexibility to use it in innumerable ways for different kinds of situations. Creative problem solving involves the following steps:

**Objective Finding:** Identifying the goal or challenge and defining our desired output is the foundation to the CPS approach. Sometimes, we ignore certain important things about the problem or assume something to quickly solve it. This clouds our thinking process and we fail to look at the big picture. Defining the objective or goal gives a clear idea on the problem so that we can explore several solutions to it. This course on Goal Setting can show you how to set smart goals to help achieve what you want.

**Fact Finding:** Gathering information on the problem and related data is crucial to understanding the problem. List down important details like who

### In a nutshell

- Clarify and identify the problem
- Research the problem
- Formulate creative challenges
- Generate ideas
- Combine and evaluate the ideas
- Draw up an action plan
- Do it! (implement the ideas)

and what is involved, perceptions and assumptions, facts and feelings, opinions of interested parties etc. so that you can start forming ideas.

**Problem Finding :** From the gathered data and objective of the problem, find out the challenges that you might face and the various opportunities that exist inside of it. This helps you focus on the problem at hand; it's very easy to divert from the objective and find answers to the wrong problems!

**Idea Finding :** It's very easy to re-use a solution when we face a problem that we might have encountered before. Our mind comes across what we call as 'conceptual blocks' that consist of hurdles like constancy, commitment, compression and complacency.

**Solution Finding :** Once you've generated new ideas and listed down possible solutions, evaluate them to find out if they meet your criteria for success and whether they can be implemented. Improve, strengthen and choose the best idea. Solutions should not only be creative but useful too! And sometimes, will power is the only solution. (Check out this course that shows you how to strengthen your will power, to achieve any life goal.)

**Acceptance Finding :** You have chosen the best possible solution that's actionable and meets the success criteria. Now you need to plan your action steps by clearly defining responsibilities and finding the best way to use the resources at hand. You call for action needs to be understood by everyone involved in the problem solving process to make it an accepted solution.

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**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 38 years, Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. B.A., working as a Deputy General Manager. Contact email : albert.pinto2006@gmail.com OR 9320341260 **(Regd. No. 6446)**

**DOHA QATAR** : Mangalorean Roman Catholic Divorcee, aged 33 years, Ht. 5' 10", Wt. 75 kgs, Wheatish Complexion, Edn. MBA, PGDM, having decent job. Contact email : secondsairik2016@gmail.com OR Phone: 0097466710060 **(Regd. No. 6526)**

**MUMBAI** : Mangalorean Roman Catholic Divorcee, aged 35 years, Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. Masters in Computer, working as a Sr. Tech. Anyl in Bank. Contact email : melwyngdsouza@gmail.com OR 9004748881. **(Regd. No. 6510)**

**MUMBAI** : Roman Catholic bachelor, aged 27 years, Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. Graduate, working as a Front Office Clerk in DUBAI. Contact email : sam\_sin88@hotmail.com OR 971559969531 OR 9821388194 **(Regd. No. 6489)**

**MUMBAI** : Mangalorean Roman Catholic bachelor, aged 30 years, Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn. B.M.M., L.L.M., M. Phil., Law, Postition : Professor + Legal Advisor., Contact email : kevintauro85@gmail.com OR 9820529060 **(Regd. No. 6487)**

**GERMANY**: Goan Roman Catholic Bachelor, aged 34 years, Ht. 5' 11", Wt. 75 kgs, Wheatish Complexion, Edn. M.Phil/Ph.D., Occupation : Research & Development/Scientist. Seeks fair, goodlooking, educated Goan RC Girl below 28 years. Contact email:mira.spf@gmx.de OR 49404916382 **(Regd. No. 6486)**

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 29 years, Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. M.B.A., working as a HR Manager in **DUBAI**. Contact email : jassyfernandes1958@gmail.com OR 9503282306 **(Regd. No. 6476)**

**MUMBAI** : Mangalorean Roman Catholic Divorcee, aged 34 years, Ht. 5' 10", Wt. 99 kgs, Wheatish Complexion, Edn. B.Sc., Hospitality and Hotel Administration, working as a Duty Manager, Contact email : roshanihma@gmail.com OR 09769237575 **(Regd. No. 6472)**

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 29 years, Ht. 5' 8", Wt. 52 kgs, Wheatish Complexion, Edn. Hotel Management, working as a Team Leader. Contact email : rikhil.joseph@gmail.com OR 9819665309 **(Regd. No. 6466)**

**MUMBAI** : Goan Roman Catholic Bachelor, aged 39 years, Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. B.Com., and currently working with a Software Development company as a General Manager, H.R. Contact email : savio\_fd7@rediffmail.com OR 9320099950 **(Regd. No. 6454)**

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 30 years, Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn. B.E. (Elect. & Telecom), working as a Networking Engineer in KUWAIT. Contact email : alwayswelcome107@gmail.com OR 9819269721 **(Regd. No. 6449)**

**MUMBAI** : Maharashtraian Roman Catholic Bachelor, aged 25 years, Ht. 6' 2", Wt. 94 kgs, Fair Complexion, Edn. B.E., MBA (Fin.), working as a Dy. Manager. Seeks a well qualified, cultured and homely girl. Contact email : bharati.muntode@gmail.com OR 9322105132 **(Regd. No. 6436)**

**MUMBAI** : Mangalorean RC Divorcee,

1st marriage annuled by the Church, aged 38 years, Ht. 5' 10", Wt. 68 kgs, Wheatish Complexion, Edn. Undergraduate, working as Asst. Manager-Stores in Cruise Lines. Contact email : jacque@universalmedicare.com OR 7045120382. **(Regd. No. 6435)**

**MUMBAI** : Goan Roman Catholic Bachelor, aged 42 years, Ht. 6' 4", Wt. 98 kgs, Wheatish Complexion, Edn. HSC., working as a Steward in Oil Tanker - Foreign Ship. Contact email : 285victor@gmail.com OR 7798325784 **(Regd. No. 6380)**

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 32 years, Ht. 5' 7", Wt. 65 kgs, Fair Complexion, Edn. B.Com., working as an Asst. Retail Manager in Cruise Lines. Contact email : denzil.pinto@yahoo.co.in OR 9167613412 **(Regd. No. 6376)**

**MUMBAI** : Tamilian Roman Catholic bachelor, aged 32 years, Ht. 165 cms, Wt. 67 kgs, Wheatish Complexion, Edn. B.E. (Civil), working as a Structural Engineer (Associate). Contact email : winall2891@gmail.com OR 9920045798 / 9167710057 **(Regd. No. 6222)**

**MUMBAI** : Mangaloren Roman Catholic Bachelor, aged 32 years, Ht. 6', Fair Complexion, Edn. B.Com + IATA working as a Manager for Emirates in Dubai Seeks a humble, godfearing, educated Mangalorean girl. Ht. above 5' 5", age below 28 years. Contact email : philomenanonronha60@gmail.com OR 9619639323 **(Regd. No. 6040)**

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# Brides



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**AUSTRALIA** : Mangalorean Roman Catholic Spinster, aged 27 years, Ht. 159 cms, Wt. 57 kgs, Fair, good looking, Edn. Masters in Biotechnology from University of Queensland, Australia, working as Scientist (Research) in Australia, Seeks qualified and godfearing boy settled in Australia, US and Canada. Contact email : patsynazareth123@gmail.com OR 9225652875. (Regd. No. 6542)

**MUMBAI** : RC Goan Spinster, 38 yrs, 5' 2", slim, Wheatish Complexion, looks young and good looking, holding USA Citizenship. Completed Associate Degree from USA. Presently residing in Mumbai for a short while. Seeking alliance from a well-educated, well-settled, good family background bachelor from USA or someone from UK, Canada, Australia upto 42 yrs. Reply with details and latest photo to seniorita\_gomes@rediffmail.com or 9769825928. (Regd. No. 6031)

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 27 years, Ht. 5' 8", Wt. 70 kgs, Wheatish Complexion, Edn. B.A., Science & Politics, working as a Jr. Officer. Contact email : merlin.dalmeida@gmail.com OR 9820687734 (Regd. No. 6443)

**DUBAI** : Mangalorean Roman Catholic Spinster, aged 30 (DOB 30-4-1985) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph. (Regd. No. 6528)

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**MUMBAI**: Parents invite alliance for their daughter RC, 1985 born, Fair, Pretty, BE, MBA, 5', 45 kgs, working for a reputed MNC in Mumbai from a suitable RC bachelor up to 35 years well educated, caring, understanding, well settled in India or abroad. Kindly email complete details with recent photograph to : ellierica7@gmail.com. (Regd. No. 6509)

**KUWAIT** : Mangalorean RC Spinster aged 35 years, Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. B.Com., Computer, Finance, Banking Marketing Course & Airlines Course completed, employed as a Travel Co-ordinator in Kuwait. Seeks a groom preferable working in Kuwait. Contact Email : lucy777p@gmail.com OR 00965-65686358 / 9867308911 (Regd. No. 6504)

**MUMBAI** : Mangalorean RC Spinster, aged Date of birth 14-5-1983, Ht. 5' 4", Wt. 63 kgs, Wheatish Complexion, Edn. M.Sc. Nursing, working as a ICU Nurse in Abudhabi - UAE. Seeks a well educated Mangalorean Bachelor with good family values. email: janydz\_1484@yahoo.com OR 9930076741 / 28918871. (Regd. No. 6502)

**MUMBAI** : Mangalorean RC Spinster, aged 40 years, Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. F.Y.B.A., Teacher by profession. Contact email : dmljanet@gmail.com OR 9769950008 (Regd. No. 6500)

**MUMBAI** : Mangalorean RC Divorcee, 1st marriage annulled by the church, aged 31 years, Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com, working as a S&Q Officer in Shipping company. Contact email : sanctity6498@gmail.com OR 9769119766 (Regd. No. 6498)

**MUMBAI** : Goan RC Spinster, aged 30 years, Ht. 5', Wt. 47 kgs, Fair Complexion, Edn. B.Sc., (Chem), MBA, working as a Product Manager. Contact email : smartmind0412@gmail.com OR

9867620060 (Regd. No. 6496)

**MUMBAI** : Mangalorean RC Spinster, aged 26 years, Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com / MBA, working as a Purchase Executive, Contact email : dsouza.deena833@gmail.com OR 9819853817 / 9686439932 (Regd. No. 6495)

**MUMBAI** : Mangalorean RC spinster 1973 born, 5' 5" tall, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 45 years, employed in good position and well settled in Mumbai or abroad. Contact email : bellwether77@yahoo.com or Mobile No. 9892700617. (Regd. No. 6166)

**NEW PANVEL** : Mangalorean RC Spinster, 32 years, Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., Working as a Sr. Accountant. Contact email : slobo2283@yahoo.co.in OR 9819643183 (Regd. No. 6109)

**MUMBAI** : Mangalorean RC Spinster, aged 25 years, Ht. 5' 2", Fair Complexion, Edn. B.Com., Dip. in Mktg., working as a Sales Coordinator. Contact email : mflavy@yahoo.com OR 9769226745 / 9819736100 (Regd. No. 6263)

**USA** : Mangalorean R.C. Parents invite alliance from well educated Mangalorean R.C. Boy under 35 yrs., working in USA., for their spinster daughter 30 years, 5 Ft., Fair Complexion, Edn. : B.E. Working as a Software Engineer. Contact : Email dsouzadoreena@gmail.com OR 120-199 3665 (Regd. No. 6513)

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# How I Learnt To Stay Motivated And Win The World Despite Physical Limitations

By Gulraj Bedi:

**'It's not the disability that defines you, it's how you deal with the challenges the disability presents you with.'** – Jim Abott

Today, when I look at myself, I witness sheer darkness surrounding me. I hold myself responsible for throwing myself into a dark prison of disabilities from where neither can I be freed and nor do I have the courage to walk away. But with the passage of time, I somehow realised that whatever has been lost can be regained. I realised that I actually stand a chance of breaking the shackles of the limitations and rise above all odds. My disability has nothing to do with my capabilities and potential.

Let me tell you that I am not the only one, there are around 785 million people suffering from physical limitation of one or the other kind. Some are born lame, others are born premature, some are born with respiratory problems. Some children even acquire prenatal disabilities. A lot of children inherit chronic illness from their parents and end up living a life of loneliness and sorrow. These children, and even adolescents, have been living in a perpetual state of loneliness without an identity.

In most cases, it is observed that children are born with disabilities, but they end up becoming 'handicapped'. It does not happen because of their disabilities but because of the sympathy and segregation they undergo while living in the society. This cruel and good for nothing society makes them feel out-of-place as if disabled people do not have the right to live. One thing which needs to be stated here is that no one is born perfect, no one is born without a limitation.

When you are dealing with a disabili-

ty, it is extremely important to come to terms with it. You just can't keep crying over your limitations. This will, perhaps, be one of the most daunting tasks. Once you've accepted your situation, living with a disability becomes a lot easier. Remember, acceptance holds the key over here. Well, that doesn't mean you have to leave your dreams and aspirations behind and travel on the road to mediocrity.

Secondly, don't let anybody make you feel inferior. Be confident and assertive when you deal with people who have a negative perception regarding you. You may have to deal with people who may, in all fairness, doubt your abilities and capabilities. Don't let them fill your mind with self-defeating thoughts. Just try to avoid them, keep it as simple as that.

I'd like to tell you that a disabled person's world is not at all limited to his/her disability. There's a lot more to explore. Spend time and cultivate your strengths as it'll help you boost your self-esteem. For instance: I keep on writing whatever comes to my mind. Well, it doesn't matter that everything one writes has to make sense. Just keep following your passion and you'd lead a happier life.

Next, there's absolutely nothing wrong in asking for help when you're in need of it. You don't have to push yourself

hard in an attempt to accomplish your goals. Your health getting affected owing to the excess pressure is perhaps the last thing you need.

Last, but certainly not the least, be positive. Well, I'm not talking about the blood group. I mean, integrate yourself into the society. Ah, now this may seem quite difficult owing to the extent of challenges that you may have to face in your daily life, but don't let that sense of negativity overpower you. Instead, pull yourself together because only then you'd be able to give yourself a new lease on life.

So, to top it all, everything depends on how we look at our disability. There's an age-old saying which says "we have two choices, either we can complain that the rose bush has thorns or we can admire that the thornbush has roses." So, it all depends on how the problem of physical disability is dealt with.

The world needs to understand that people are neither weak nor strong. Thoughts, mindsets and ideas make people weak or formidable. The world needs to understand that people born with disabilities also have the right to shape their future just like any other human in this world. In order to achieve something, we must have faith in ourselves and our capabilities. "Believe and the world is yours!"

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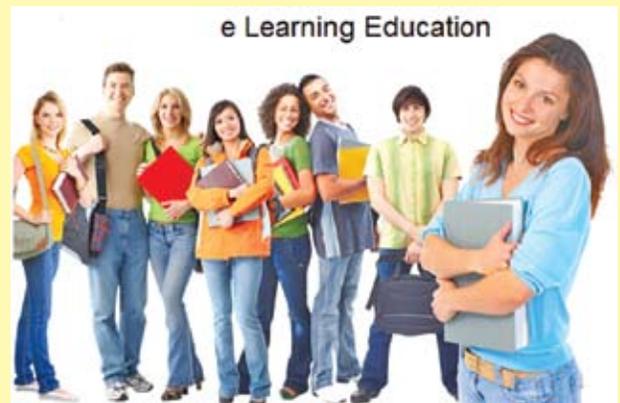
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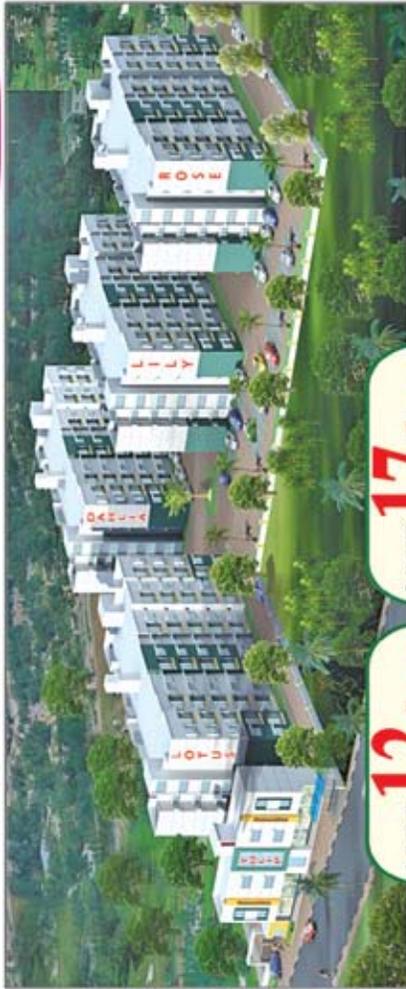
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