

THE SECULAR CITIZEN

(Total pages 24)

A NATIONAL FAMILY WEEKLY

Vol.25 No.17 ■ Mumbai, April 25, 2016 ■ Rs. 5

Earth Day

Save & Sustain the Planet

It is the season of spring that heralds summer. But cities and regions across India are already reeling under extremely hot weather, with indications that the summer ahead will bring scorching heat and water scarcity. Rivers, dams and wells in many places have dried up sending humans and cattle scurrying for drops of drinking water!

To heed the Holy Father's call, we can surely introduce some small changes in our lifestyle to help reduce greenhouse gases that cause Global warming and to lighten our Carbon Footprint on the environment. Let us consider a few suggestions we can implement to 'safeguard earth....

(read on page 10)

Cardinal Alencherry made Vatican Christian Unity Council member



Vatican City: Pope Francis on Friday appointed Indian Cardinal George Alencherry a member of the Pontifical Council for Promoting Christian Unity.

The cardinal, who is the head of the eastern-rite Syro-Malabar Catholic Church, is already a member of the Vatican's Congregation for the Doctrine of the Faith, the Congregation for Oriental Churches and the International Council for Catechesis at the Pontifical Council for Promoting New Evangelization.

The cardinal, the Archbishop of Ernakulam-Angamaly, will turn 71 on April 19, reports the Vatican Radio.

He was elected the leader of 5 million strong Syro-Malabar Catholics on May 24, 2011. Pope Benedict XVI made him a cardinal on October 14, 2012.

For Latest Profile Entries of **BRIDES** and **GROOMS** log on to:

www.sezariworld.com

for **GROOMS**
Click

for **BRIDES**
Click



Albert W. D'Souza Elected Chairman for the Third Time



Harold M. Serrao

Albert W. D'Souza

William L. D'Souza

The new unanimously elected Directors of Model Co-op Bank are as under: Albert W. D'Souza, Chairman; William J. Sequeira, Vice Chairman; Board: Abraham C. Lobo, Vincent Mathias, Paul Nazareth, Sanjay Shinde, Benedicta Rebello, Lawrence D'Souza, Thomas Lobo, Adv. Pius Vas, Marita D'Mello, Gerald Cardoza, Ancy S. D'Souza, Ronald H. Mendonca (Co-opted), George Castelino (Co-opted)

Senior Executive Team: William L. D'Souza, General Manager & CEO; Harold M. Serrao, Additional General Manager

New Office Bearers:

The newly elected Board of Directors in their first meeting held on 23rd March 2016 unanimously elected Albert W. D'Souza as Chairman and William J. Sequeira as Vice-Chairman.

During earlier tenure deposits and other parameters of the Bank improved, the number of branches which were 12 has risen already to 16 and going to touch the number 21 by May 2016. The deposits of the Bank have now crossed Rs. 760 Crores.

Don Bosco College Of Education, Tura, Tops B.Ed Exams

Ritu Sarkar of Don Bosco College of Teacher Education, Tura, (Meghalaya) has secured the State first rank in Bachelor of Education, by the North Eastern Hill University, this year. In addition, the College has also bagged eight out of ten top ranks in the same Examination, creating a new record in the history of the Institution, run by the Guwahati Province of the Salesians of Don Bosco. The Salesians of Don Bosco also runs the well-known Don Bosco College, and two other Higher Secondary Schools in the vicinity, in addition to many others in the North East, all known for very good results, every year.

Don Bosco College of Education has also set another record of sorts

with a 100% pass, this year, though the prestigious Institution has always secured very good results in the B.Ed. Examination from its very inception. Out of the 103 students who appeared for the examination, 37 has passed with distinction, while 82 of them were placed in the First Division, and 20 in Second Division.

The Institute is the only one out of four B. Ed. Colleges in Meghalaya, that has opted to continue with Two Unit System, which enables it to admit more students, every year. The college, with Fr John Parankimalil, sdb, as its present Principal, does not receive any government or UGC funding and so faces a huge financial crunch, annually.

—Fr Alfonso Elengikal (Guwahati)

99, Perin Nariman Street, Fort, Mumbai - 400 001.
Tel: 2269 35 78 / 2265 49 24 : 2264 0996
E-mail : secular@vsnl.com, secular@sezariworld.com
Website: www.sezariworld.com
www.secularcitizen.com
Editor-in-chief : LAWRENCE COELHO Editor: PHILIP MYABOO

'Thought for the week'

Free yourself of the hurtful past but never forget what the lesson has taught you.

Contents

- pg. 3 - India asked to impose...
- pg. 4 - One in 7 bizwomen ...
- pg. 5 - Voice of the People
- pg. 7 - Pope Francis : Taking ...
- pg. 8 - Obedience
- pg. 10 - Earth Day : Save and sustain the planet
- pg. 11 - Ven. Bp. Stephen Fernandezo
- pg. 12 - Ten insights from the new papal document
- pg. 15 - Abortion harms the world God created
- pg 16 - Knowledge Page
- pg. 17 - Prohibition in Gujarat ...
- pg 19 - Inspiration!
- pg 20 - Matrimonials

Subscriptions Rate:

One year (anywhere in India) Rs. 250
Three years (anywhere in India) Rs. 700
Five years (anywhere in India) Rs. 1000

One year (outside India) Rs. 2500

E-paper Edition

sent anywhere in the world (by email)
One year Rs. 600 or US \$ 15
Two years Rs. 1000 or US \$ 25

Cover : Earth day : Save and sustain the planet

(Article on p. 10)

Advertisement. Tariff

Over all size 21.5 cms x 27cms ● Print area 18 cms x 25.5 cms

Full pg. back Colour (19 cms x 24 cms)	Rs. 15,000
Center spread colour(39 cms x 23.5 cms)	Rs. 15,000
Full pg. inside Cover colour(18 cms x 24 cms)	Rs. 10,000
Full pg. inner colour (18 cms x 24 cms)	Rs. 8,000
Half pg. Colour (18 cms x 12 cms)	Rs. 5,000
Full page B/W (18 cms x 24 cms)	Rs. 5,000
Half page B/W (18 cms x 12 cms)	Rs. 3,000

Small Size Ads B/W

12 x 12cms Rs. 2000 ●	6 x 24cms Rs. 2000
18 x 6cms Rs. 1500 ●	6 x 12cms Rs. 1000
	6 x 6cms Rs. 500

Matrimonial Classifieds:

- Rs. 500 per insertion (for 35 words) (includes box no.)
- Rs. 1500 for 12 insertions. (1 year The Secular Citizen FREE)

India asked to impose "sin tax" on soda items

An alarming increase in obesity and diabetics in India has prompted 60 odd medical experts to urge the country to impose "a sin tax" on sugar-sweetened beverages.

The experts from Brazil, India, Mexico, UK and the US made the call after observing an alarming increase in obesity, type-2 diabetes, hypertension, and cardiovascular diseases in India because of the country's changing dietary habits.

The experts expressed their concern in a statement they mailed mid April to key Members of Parliament and ministries in India.

"Current research suggests that India may reverse decades of public health gains if these trends continue, further burdening an already overstressed and increasingly expensive health care system," they warn.

The statement notes, "While processed foods in general are a source of concern, an increasing body of new public health research shows that one set of products sugar-sweetened beverages (SSBs) pose a unique risk of increasing the risk of obesity, type 2 diabetes, and cardiovascular disease."

They then suggested imposition of a "sin tax" on SSBs. Such a step in Mexico and parts of the United States has significantly lowered SSB consumption in those countries. Mexico introduced a soda tax in January 2014 and saw a 12 percent drop in SSB sales by December 2014, the statement notes.

A 2014 Stanford University study concluded that a 20 percent tax on SSBs in India would avert 11.2 million cases of overweight-obesity and 400,000 cases of type-2 diabetes between 2014 and 2023, reports counterview.net.

"The tax would also substantially increase revenue available to the government to support other public health measures. With over 60 million people with type 2 diabetes, the Indian government has a duty to its citizens to address a crisis that causes such misery, and that threatens to break an already over-burdened public health system," the statement adds.

It also points out that diseases caused by SSB such as diabetes "are chronic, irreversible conditions that will levy a heavy burden on health care spending for many decades to come and will particularly impact low-income Indians disproportionately."

(Contd.. on p. 4)

(Contd.. from p. 3)

The experts also say India cannot afford to ignore the changing diet landscape that will exact a high toll if current trends in the consumption of sugar sweetened beverages continue. "Taxing sugar-sweetened beverages in ways similar to tobacco is a positive step forward to protect the public health interests of all Indians," their statement says.

India's Chief Economic Advisor Arvind Subramanian has recognized the unique perils of such products and proposed taxing sugar-sweetened beverages in ways similar to tobacco in the upcoming Goods and Services Tax (GST) bill.

"This follows the advice and recommendations of numerous independent international scientific and public health bodies, including a strong public statement favoring SSB-taxation by the World Health Organization in January 2016," the statement adds.

Many supporters of the statement have led initiatives to tax sugar sweetened beverages, including recent successful efforts in Mexico, South Africa, UK and Berkeley, as well as ongoing efforts in cities such as San Francisco, Oakland and Philadelphia in the US, as well as Australia, New Zealand and Canada.

"All of the evidence we have to date suggests that taxing sugary drinks would be far more powerful and effective for protecting public health than simple education measures. Such taxes also generate funds to further support public health and combat the rising rates of chronic diseases in India," says Dr Sanjay Basu, Assistant Professor of Medicine at Stanford University and one of the originators of the statement.

Other signatories include Dr Arun Gupta, Senior Pediatrician and Regional Coordinator, International Baby Food Action Network (IBFAN) Asia, New Delhi; Dr Aseem Malhotra, Cardiologist Adviser to the UK's National Obesity Forum and Founding Member of Action on Sugar, UK; and Dr Barry Popkin, Distinguished Professor of Nutrition and PhD economist, University of North Carolina at Chapel Hill.

Source: mattersindia

Konkani Lovers Read
online at:

www.sezariworld.com/the-secular-citizen-and-divo-issues.html
or
www.issuu.com/divoweekly



One in 7 bizwomen in India from Tamil Nadu



Chennai: Tamil Nadu has the maximum number of woman entrepreneurs in the country, says the latest economic census. The state is home to 1.09 million (13.5 percent) women entrepreneurs, most of whom operate their enterprises with their own funds or with donations from NGOs and other sources. Kerala comes next with 11.3% of the country's women entrepreneurs.

"Many women in Tamil Nadu head households as men migrate for work. After Kerala, many men from Tamil Nadu work in Gulf countries," said business economist Raman Mahadevan, The Times of India reported.

According to the 2011 census, Tamil Nadu and Kerala have maximum number of households headed by single women. "While on their own, women start small businesses like rolling beedis or manu facturing masalas. This is one of the prime reasons for the state having such a huge number of women entrepreneurs," said Mahadevan.

Women entrepreneurs also include those who head self-help groups. "Women-led SHGs in the state are involved in handlooms, detergent

making and in the leather industry," said Mahadevan. They invest their savings and seek support from family or friends," he said.

Radha Daga, 74, is an example of such an entrepreneur. The founder and managing director of instant meal company Triguni Foods set up the venture in 2010 to satisfy her lifelong love for food. Until then, she was running a garments business as a social venture to employ underprivileged women. Today, Triguni Foods, which counts Indigo Airlines as a customer, produces 1.6 lakh tubs a month, and is seeing almost 100% growth year-on-year. "I started Triguni Foods without a single employee and built it up slowly," she said.

She seems to fit another statistic that the census throws up: Of the 10.9 lakh women entrepreneurs in Tamil Nadu, 7.9 lakh do not employ anyone. This number is also the highest among all states.

Read **THE SECULAR CITIZEN**

Online at:
www.sezariworld.com/the-secular-citizen-and-divo-issues.html
or
www.issuu.com/secularcitizen



Bharat Mata Ki Jai - panacea for all ills ?

After around 68 years of Independence, our countrymen are being called upon to prove their patriotism, to the country, to prove their nationalism – the new yardstick to measure one's nationalism is chanting, "Bharat Mata Ki Jai !". Anybody and everybody from the ruling party, at the centre or in states is shooting his mouth off and delivering lectures on nationalism and patriotism – MLAs, Leaders, whoever. It is disgusting to note that even the Chief Minister of a state, has jumped onto the bandwagon - "If you want to live in this country, then you have to say Bharat Mata ki Jai, otherwise you have no right to live here", says Mr. Devendra Fadnavis, the Chief Minister of Maharashtra !

The latest to add fuel to the fire, is the Lieutenant governor of New Delhi, Najeeb Jung who said, 'he had no problem in saying Bharat Mata Ki Jai', and then adding that refusal to chant the slogan doesn't make any Indian 'anti-national'. Bharat Mata Ki Jai has now become a National issue – it has sparked off discussions/controversies all across the country.

So, why is it so important to say "Bharat Mata Ki Jai ?" Is it that, simply chanting Bharat Mata Ki Jai, is going to bring down prices, is it going to solve the drought/famine situation in our country, is it going to sort out the water crisis in our cities, is it going to lighten our life's struggles ? Is it going to stop sexual molestation of women, young girls and children in our country ? Is it going to bring down the crime rate ? Is it going to solve the Indo-Pak

border dispute ? Is it the panacea for all ills ? The answer is obviously NO - then what on earth are we going to achieve by simply chanting "Bharat Mata Ki Jai ?"

All important, pressing issues are being sidelined while this issue has taken centre-stage ! These are clearly tactics on the part of the fascist forces to brow beat the minorities into submission. Oh ! where are we heading ? One can only fear the worst ! Little do they understand that they are pushing the country to the brink of disaster. And what is our honourable Prime Minister Mr. Narendra Modi doing ? Is it going to be a case of "Nero fiddling while Rome was burning ?"

—*Meiville X. D'Souza*
- *Orlem, Malad West*

Shore Up Your Life! "It Is The Lord!"

In his Regina Caeli address on Sun. Apr. 10, 2016, Pope Francis reveals that seeing things in the light of the Easter faith changes everything: "Once again, it is Jesus Who comes in search of the disciples who had returned to their daily lives and jobs. The Pope suggested a parallel between their empty nets and their perspectives on their experience and meeting with Jesus (John 21:1-19).

Jesus identifies Himself through the abundant catch of fish. John recognizes Jesus and exclaims, "It is the Lord!" Pope Francis is enthusiastic: "It is the Lord, full of joy and wonder, in stark contrast with the confusion, desperation and sense of impotence that had affected the spirit of the disciples. The presence of the Risen Jesus transforms everything: : Darkness is overcome by light; useless work

again becomes fruitful and promising; the feeling of tiredness and abandonment gives way to a new strength, and the certainty that Jesus is with the Church also. The great proclamation of the Resurrection instills an intimate joy and an invincible hope flowing in our hearts and faces through gestures and words ..."

"Look to the shore! Look to the Risen Lord, to shore up your lives so as to be renewed in the Paschal faith and mystery. May He make us ever more aware of our neighbour. May He fill us with His Holy Spirit, so that, sustained by the intercession of Mary, we too can proclaim the majesty of His love, and the richness of His mercy, for 'It is the Lord!' (John 21:7)"

—*Dr. Trevor Colaso,*
Bandra, Mumbai

The Acronym – PRAYER! Biblical Perspectives!

The article, "A Six Letter Word: PRAYER", by Rtn. Calwyn D'Abreo, The Secular Citizen, Vol. 25 NO.16, April 18, 2016, has taken us on hopefully a two-way journey! We recite a "Prayer" to Our LORD, or to Mary, or to one of our favorite Saints, so that they may intercede for us before the throne of The Almighty! And thus fulfill our petitions, and grant our favors. This is the role of "Prayer"!

"Prayer" could be in the form of a 'plead', a 'request', an 'appeal', a "Yes", an 'entreaty', or a 'Remembrance'! The last word 'Remembrance', I designate as the highest form of 'Prayer'! Because, it recalls the Sacred Mysteries – The Celebration of the Most Holy Eucharist –Mass! – as I shall reveal. So allow me to take your reader's for a "Prayer" ride through the 'Word of God'!

P – Plead: "Thus says Your Sovereign, The Lord, Your God Who 'pleads' the cause of His people: 'See I have taken from your hand the cup of staggering; you shall drink no more from the bowl of My wrath" (Isaiah 51:23).

R – Request: "In Your strength the

(Contd.. on p. 6)

(Contd.. from p. 5)

king rejoices, O Lord, and in Your help how greatly he exults! You have given him his heart's desires, and You have not withheld the 'request' of his lips" (Psalm 21:1-2).

A – Appeal: "I 'appeal' to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship" (Romans 12:1).

Y – Yes: "For in Him (Jesus) every one of God's promises is a 'Yes'. For this reason it is through Him that we say the 'Amen' to the glory of God" (2 Cor. 1:20).

E – Entreat: "I Paul, 'entreat' you, by the meekness and gentleness of Christ – I who am humble when face to face with you, but bold towards you when I am away ... I need not show boldness by daring to oppose those who think we are acting according to human standards" (2 Cor. 10:1-2).

R – Remembrance: "Then He took a loaf of bread, and when He had given thanks, He broke it and gave it to them saying, 'This is My body, which is given up for you. Do this in 'Remembrance' of Me" (Luke 22:19).

Let me conclude with the "Lord's Prayer" taught from the very lips of Our Lord Jesus: "Pray then in this way: 'Our Father in heaven, hallowed be Your name ... (Matthew 6:9).

—Dr. Trevor Colaso, *Bandra*

JACK OF ALL STALL

Reliable House for
Religious Goods

Gloria Church Bldg.,
263, Dr. Ambedkar Rd.,
Byculla, Mumbai - 400027
Tel.: 23725963, 23749358

Estd: 1951

Prop. B. D'Souza

A Lesson For Each Child

Ason took his father to a restaurant to enjoy a delicious dinner. His father was of advanced age, and therefore, a little weak, too. While he was eating, a little bit of food fell from time to time on his shirt and his trousers. The other diners watched the older man with their faces distorted in disgust, but his son remained totally calm.

Once both were done eating, the son, without being remotely ashamed, helped his father by taking him to the restroom. He cleaned up the leftovers from his wrinkled face, and tried to wash the stains of food from his clothes. He lovingly combed his hair gray and I finally got his glasses cleaned. On the way out of the restroom, a profound silence reigned in the restaurant. The son was going to pay the bill and get ready to escort his father out of the restaurant. Just then a man rose from his chair among the diners, and asked the son " don't you think that you've left something here?

"The young man replied, "No, I haven't missed anything". Then the stranger said to him, " Yes you've left something! You left here a lesson for each child, and hope for every parent!" The entire restaurant was so quiet, you could hear a pin drop.

One of the biggest honors that exists, is the ability to take care of those older adults who cared for us. Our parents, and all those elderly who sacrificed their lives, with time, money, effort and unconditional love. They deserve our utmost respect.

Social Boycott, 'Swadeshi' and Christ!

There was good news for all free thinkers and secular, democratic societies. The Maharashtra State legislature unanimously passed the 'Maharashtra Prohibition of People from Social Boycott Act, 2016. Under this Act, anyone found guilty of imposing any 'social boycott' can be imprisoned for up to 3 years, and be fined Rs 1 lakh. It was the first State to enact 'social boycott' as a crime.

The chief minister, Devendra Fadnavis informed that so far 68 instances of 'social boycott' have been reported, and 633 persons from Raigad have been identified.

A 'boycott' is an act of voluntarily abstaining from using, buying, or dealing with a person, organization or country, as an expression of protest, usually for social or political reasons. It can also take the form of 'consumer activism'!

The most famous was the 'Swadeshi' (self-sufficiency) movement launched by Mahatma Gandhi, which involved 'boycotting' of British products; and the revival of domestic goods and their industrial manufacture, especially from 1918 to 1947. This was largely successful, and was one of the strategies that resulted in India's Independence.

Christianity has vehemently opposed 'social boycott' and forced conversions for whatever intention. One has to accept Jesus Christ out of one's free will or choice – (example, Baptism of Desire)! The 'good thief' on the cross stole heaven: "Jesus, remember me when You come into Your kingdom"; and Jesus assured him, "Truly I tell you, this day you will be with Me in Paradise" (Luke 23:42-43).

—Dr Trevor Colaso,
Bandra (West)

Pope Francis: Taking a Stand for Refugees



BY FR. CEDRIC PRAKASH
SJ

Pope Francis has done it again! In a brief but historic visit to the Greek island of Lesbos, Pope Francis demonstrated in word and by deed that he took a stand with the refugees of the world; and by doing so, he merely reiterated his consistent and unequivocal support for the dispossessed of the earth today: the refugees, the migrants, the forcibly displaced, the other vulnerable and marginalized people.

“You are not alone!” he told the more than three thousand refugees at the Moria camp, on the island. Many of them face deportation under a new EU-Turkey agreement which states that those migrants (mainly Syrians) arriving illegally on the Greek islands after March 20th would be sent back to the country of their origin. Pope Francis acknowledged ‘the great sacrifice’ the people in the camp had made saying that he wished “to draw the attention of the world to this grave humanitarian crisis”. He went on to say, “do not lose hope; the greatest gift we can offer to one another is love.”

His visit today – was a vivid reminder of his first Pastoral visit as Pope outside Rome on July 8th 2013, to the tiny Sicilian island of Lampedusa. In the midst of hundreds of migrants, he minced no words as he spoke to the rich and powerful the world over, “in this world of globalization we have fallen into a globalization of indifference. We are accustomed to the suffering of others, it doesn’t concern us, it’s none of our business.”

The Pope, the unfettered advocate he is, once again spoke directly from Lesbos to those who control the lives and destinies of others, “it is necessary, above all, to build peace where war has brought destruction and death, and to stop this scourge from spreading. To do this, resolute efforts must be made to counter the arms



trade and arms trafficking, and the often hidden machinations associated with them; those who carry out acts of hatred and violence must be denied all means of support. Cooperation among nations, international organizations and humanitarian agencies must be tirelessly promoted, and those on the frontlines must be assisted, not kept at a distance.”

The care and concern for the refugees and other displaced people is a recurring theme for Pope Francis- and is central to his spirituality of reaching out to others. “Refugees”, he stated, “are not numbers, they are people who have faces, names, stories, and need to be treated as such.”

In a powerful message he took back with him twelve members of three Syrian families to the Vatican-where they will begin a new chapter in their lives- one of dignity and security. The

significance of the fact that they are all Muslims will not be lost, in a world that seeks to build walls and not bridges. Speaking to journalists on his return to Rome this evening he said, “I have always said that building walls is not a solution. We saw walls during the last century and they did not resolve anything. We must build bridges. Bridges are built with intelligence, with dialogue, with integration”.

For those of our so-called “leaders” – who continue with their divisive agenda, hate speeches, promoting the arms race, war-mongering, discriminatory attitudes, racial practices and the obsessive desire ‘to build walls: to keep out others’- it is high time they take a cue from Pope Francis- and act likewise, before it’s too late!

**(Fr. Cedric Prakash sj, works with the Jesuit Refugee Service in the Middle East and is based in Beirut, Lebanon)*

Obedience

by Don Aguiar

Obedience needs no intelligence. All machines are obedient. Nobody has ever heard of a disobedient machine. Obedience is simple, too. It takes the burden off you of any responsibility. There is no need to react; you have to simply do what is being said. The responsibility rest with the source from where the order comes. In a certain way you are very free; you cannot be condemned for your act.

The young man had just left journalism school and got a job on the staff of a local paper. He listened intently to the editor's instructions. "Never write anything as a fact unless you are absolutely sure about it, or you'll get the paper into trouble. Make it the point to use the words, 'alleged' 'reputed', 'claimed', 'rumored', or it was said. '

The youthful reporter kept on repeating this instruction to himself as he went out on his first assignment, and this is his first story:

It is rumored that a party was given yesterday by a number of reputed ladies. Mrs. D'Souza it was said was the hostess and the guests, it is alleged, with the exception of Mrs. Fernandes who says she is fresh from Goa, were all local people. Mrs. D'Souza

Obedience has done much more harm to humanity than disobedience would have done. If all the armies disobey, there will be no war...

claims to be the wife of Joe D'Souza, rumored to be the President of an alleged bank." The reporter obediently just followed the editor's orders.

Obedience has simplicity. Disobedience needs a little higher order of intelligence. Any idiot can be obedient -- in fact only idiots can be obedient. The person of intelligence is bound to ask, 'Why? Why am I supposed to do this? And unless I know the reasons and the consequences of it, I am not going to be involved in it.

What is the value of obedience? Yes, every politician wants obedience, every priest wants obedience, every general wants obedience; every rich man wants obedience from the servants; every husband wants obedience from the wife, from the children. All vested interests are based on obedience.

Obedience has done much more harm to humanity than disobedience would have done. If all the armies disobey, there will be no war. Five thousand wars... humanity have been fighting continuously somewhere or other. There is not a peaceful moment on the whole earth. Somewhere or other killing goes on, continues as if this is our whole purpose for being here. On what are all these armies based? Obedience!

Big wars you know -- you know the First World War, you know the Second World War, and you are waiting for the third. Since the Second World War, up to now there have been one hundred and twenty-five small wars. But even small wars kill millions of people. You don't call them world wars just because they are located in a small area and nobody cares about them. Nobody counts how many people are killed daily because of obedience.

Obedience teaches you blindness.

Obedience teaches you unintelligence.

Obedience teaches you that "You don't have any responsibility on your own, just follow the order!" -- But the order is to kill people, burn people, torture people, mislead people,,,,, etc.

The man who bombed Hiroshima and Nagasaki -- the pilot of the plane -- killed within ten minutes more than two hundred thousand people, and he slept perfectly well in the night, with not even a little prick of conscience, that "What have I done?" No, the army is prepared just to follow. You are not responsible for what action is going to take place and what the consequences are going to be. The next morning the pilot was asked by the journalists, "How do you feel?"

He said, "There is no question, I am feeling perfectly good that I followed the order." It was obedience!

Look at our clergy; they have to take a vow of obedience to their superior. Do they have the clarity of vision to see themselves in perspective or is this vow of obedience taken by them, then make them blind, irresponsible

(Contd.. on p. 9)

Your Friend & Compere



"From Parties To Receptions To Corporate Events."

RAYMOND GONSALVES

Mobile No.: 9820098818

Email : raymondgonsalves34@gmail.com

(Contd.. from p. 8)

and unintelligent? Fostering growth means helping a person to shape his own identity- does this process take place after they take this vow of obedience to their superior?

Their life has become almost as if it is not life. These people are not ambassadors, interceder's intermediaries of God. They may find pleasure in self denial or submissiveness and enjoying themselves... The mind is very cunning; it goes on doing things and rationalizing them

Remember that ordinarily you are disobedient towards others but the mind is very cunning – it can learn obedience, it can preach obedience and then it becomes disobedient towards itself. And the disobedience that the clergy do on their own is because they have an idea that to find pleasure in self- denial and submissiveness, etc is to be religious. That is sheer nonsense.

Such is the confusion and contradiction manifested in our clergy that it does not look like the clergy draws its doctrine from the inspiration flowing from the inspired word of God and sacred tradition but from the mortal man and his activities. Even the scripture has to be subjected and ordered to the glory of man.

What is still worst is that our local Church; is subject to the whims and fancies of the local clergy boss and at the outset seeks the license to do what he wants. Unity of teaching and practice is certainly necessary in the Church, but this does not preclude various ways of interpreting some aspects of that teaching or drawing certain consequences from it. The attitude of our clergy is this: you do your best to preach, practice and follow your vocation and God will do the rest, i.e. if God is indeed the ultimate reason. Deception is a tremendous evil, which is usually not forced on to others in free society but definitely strips a person naked to hell.

In this jubilee year of mercy - It is seen

that our clergy are called upon to worship the consciences of the penitents as sacred and the priests will no longer be instruments of God but gods themselves. (Deification of humanity= a new religion Humanism).

This is like opening up a Pandora's Box of possibilities for individual, sacerdotal and Episcopal self-interpretation on the basis of "mercy" and "individual conscience" by the progressives and modernists in the Church. A lot of what the Magisterium, on the basis of Divine Revelation, held as sin for 2000 years will now all of a sudden be not sin. Do not know why the clergy boss did this. But he may have his reasons, just as many other religious bosses.

In sum this is the tokenism that will destroy our religious belief. We are moving into tokenism and out of traditional belief. It is sad that our clergy boss at his age and with his experience has turned the clock to humanism in this manner. But then as one wit's bon mot goes, wisdom doesn't necessarily come with age.

What does the laity, the sacerdotal and Episcopal make of all this? And how does the laity handle this?

God is not concerned with a set of principles underling the work of a particular person or their movement. God enjoys life. God is more Epicurean than you can imagine. If you think about God, think in terms of Epicurus. God is a constant search for more and more happiness, joy, ecstasy.

Obedience is not a virtue. In the name of obedience more people have been killed, burned alive, tortured, mislead.... etc...

But you don't need to react and become disobedient. You need to grow beyond the dualities of obedience and disobedience. You should have a bird's-eye view of the whole situation, and according to your awareness, consciousness, you should respond. Whether it is obedience or disobedience does not matter.

If your awareness feels things are right, obedience follows. If your awareness feels things are not right, disobedience follows. Awareness is clarity of your vision, so you can see for yourself.

But mind is very cunning. It can rationalize paralysis as meditation; it can rationalize dullness as transcendence: it can rationalize deadness as renunciation. Watch out. Always remember that if you are moving in the right direction, you will go on flowering.

FERNANDES PROPERTY SOLUTIONS
UNDER CONSTRUCTION PROJECT

DAHISAR(W)



2BHK-93Lacs

MIRA ROAD



1BHK / 2BHK
@6300 Per. Sqft.

VASAI



1BHK / 2BHK
@5200 Per. Sqft.

Dahisar-8879456157,9322632712
Miraroad-9920258471,9322632712
Vasai-9860300564,9322632712

Earth Day - Save and Sustain the Planet

It is the season of spring that heralds summer. But cities and regions across India are already reeling under extremely hot weather, with indications that the summer ahead will bring scorching heat and water scarcity. Rivers, dams and wells in many places have dried up sending humans and cattle scurrying for drops of drinking water! The deficient rains last Monsoon have depleted the water reservoirs and even cities are facing a spectre of cuts in water supply. This is not an isolated or rare phenomenon. Past consecutive years have seen unusually high temperatures and scant rains and if soothsayers are to be believed, the trend will continue- Arctic ice will melt, sea levels will rise, drinking water will become scarce resulting in water wars between communities and regions! Is it an impending catastrophe which the human race should take seriously and resort to prompt action? If we consider ourselves as the custodians of this planet which we save and sustain for our progeny, we will take up cudgels on behalf of Mother Earth, to heal her, restore her to good health as the home for the future generations.



BY VERA ALVARES

The United Nations Organisation, the watchdog for world welfare designates a special day to revive our interest in the planet we live in, to analyse its condition and to spread awareness of the urgent need to undertake measures for its revival and rejuvenation. 22nd April, 2016 is designated as the next "International Mother Earth Day". Though we celebrate Earth Day annually, except for the perfunctory speeches and token gestures, nothing much has been achieved. Considering the alarming conditions around, let this 'Earth Day' be a wakeup call



to each one of us to save and sustain the planet.

The circular issued on 'Earth Day' by the Secretary General of the UN, Ban Ki Moon states, "But the big decisions that lie ahead are not just for world leaders and policy-makers. Today, on Mother Earth Day, I ask each one of us to be mindful of the impacts our choices have on this planet, and what those impacts will mean for future generations."

"Impact of our personal choices" is the key phrase that narrows down the options for the blame game, squarely placing the onus of protecting the earth on the shoulders of the lay ordinary citizen, as much as on leadership. Every decision we take in our daily life, right from thumbing a switch to riding vehicles, from changing bulbs to watering saplings can alter the destiny of this planet. Once convinced of this reality, all it needs is some enthusiasm to turn each one of us into crusaders in the army of Mother Earth!

The Directive to this effect has also been issued from the highest authority in Catholicism, Pope Francis himself. He issued a call to "care for Creation"

in his Encyclical, *Laudato Si*, (Praise Be to You) issued in May, 2015.

The Holy Father wrote "In the words of this beautiful canticle, Saint Francis of Assisi reminds us that our common home is like a sister with whom we share our life and a beautiful mother who opens her arms to embrace us. "Praise be to you, my Lord, through our Sister, Mother Earth, who sustains and governs us, and who produces various fruit with coloured flowers and herbs". This sister now cries out to us because of the harm we have inflicted on her by our irresponsible use and abuse of the goods with which God has endowed her. We have come to see ourselves as her lords and masters, entitled to plunder her at will. The violence present in our hearts, wounded by sin, is also reflected in the symptoms of sickness evident in the soil, in the water, in the air and in all forms of life. This is why the earth herself, burdened and laid waste, is among the most abandoned and maltreated of our poor; she "groans in travail" (Rom 8:22)."- Excerpt from 'Laudato Si'.

Pope Francis 'encourages all people to praise and thank God for his glorious creation and to work together to safeguard our world. The Holy Father also gives special attention to the global challenge all humanity is now facing: the urgency of tackling poverty and climate change.' To heed the Holy Father's call, we can surely introduce some small changes in our lifestyle to help reduce greenhouse gases that cause Global warming and to lighten our Carbon Footprint on the environment. Let us consider a few suggestions we can implement to 'safeguard earth.'

1. Stop wasting water and other forms of energy in our homes. Close

(Contd.. on p. 22)

Venerable Bishop Stephen Fernando

(A Missionary with Far-sighted Vision)

by Sr Jancy Joseph, MSMHC

Bishop Stephen Ferrando, one of the early (second) Bishops of the Archdiocese of Shillong and the Founder of the Missionary Sisters of Mary Help of Christians (MSMHC) was declared Venerable by Pope Francis on March 3, this year. He founded the Missionary Sisters on October 24, 1942. In its 74th year of foundation, the religious Congregation has over 1000 Sisters in its rolls, today, and is present in 10 countries of the world.

Stephen Ferrando was born on 28 September 1895 at Rossiglione, Genova, Italy, as the second child of his parents, Augustine Ferrando and Josephine Salvi. In 1904, at the age of 9, he joined the Salesian School at Fossano. On 24 October 1907, he was admitted to the Oratory of Don Bosco at Valdocco, Turin, as an aspirant. He considered meeting the two immediate successors of Don Bosco, Blessed Michael Rua and Don Paul Albera, as meeting Don Bosco himself.

Stephen Ferrando made his first profession on 15 September 1912. Young Stephen was challenged by frequent interactions with the Salesian superiors, participation in the farewell functions of missionary expeditions and listening to the adventurous tales of missionaries from mission lands which instilled deep in his heart a great passion to be a missionary in distant lands. When his young mind wove such dreams, the summons to join the World War I, to defend his motherland, came like a bolt from the blue.

Four years of war (1915 – 1918), reinforced his conviction to be a Salesian at all costs. In the midst of the danger of fury, and death, he kept alive his hopes and dreamt of reaching his missionary ideal. He received recognitions for his practical intelligence and heroic bravery and was awarded with promotions from Sergeant to Grant Official of the Italian Republic, and a Silver Medal. The laurels he received did not tempt him to deviate from his life's cherished dream of becoming a Salesian Missionary.

He resumed his formation in 1919, on his return from the battlefield, and made his perpetual profession in 1920. Right from his childhood he loved the company of saints and as he matured in vocation, he was particularly touched by the simplicity and patience of St. Joseph, the meekness and patience of St. Francis

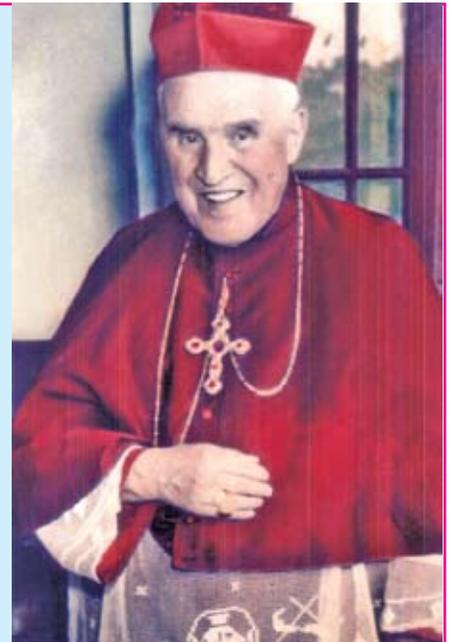
de Sales, the poverty, and the passionate love for the missions of St. Teresa of the Child Jesus.

On 18 March 1923, he was ordained priest, at Borgo San Martino. His priestly motto was "On the cross is salvation" and the three resolutions for his priestly life were obedience, apostolate and sacrifice. He received the call from the Rector Major, Don Philip Rinaldion, November 1923 to leave for the Indian Missions. Thus on 2 December 1923, Fr. Stephen left for the Assam Mission, along with eight novices and a cleric, arriving in Shillong, on 23 December 1923.

His first appointment was to be the catechist and assistant to Don John Deponti, the novice Master, but after a year, he was appointed novice master. He remained as novice Master and Rector for 10 years until his appointment as the Bishop of Krishnagar (West Bengal) in 1934. His Episcopal motto was "Apostle of Christ." Just after a year of his vibrant missionary life as pastor and shepherd of Krishnagar, he was transferred as the second bishop of Shillong. The 34 years of his life as a bishop, in Assam was a constant encounter with the cross of Christ.

The most trying times of his life began with the tragic Good Friday fire of April 1936, which turned the entire Catholic mission - the cathedral, the formation house and the bishop's house into a heap of ashes. With great optimism he encouraged his missionaries and faithful, "Do not be afraid, Easter is preceded by Good Friday. Christ has risen indeed; the cathedral and the formation house shall rise again in glory." The World War II and the internment of missionaries, the earthquake of Assam in 1950, the Chinese invasion in 1962, plagues and epidemics and premature deaths of missionaries were some of the heartbreaking moments he had to face, and he welcomed them like Christ who embraced his cross.

He formed young generations of men and women into mature and adult Christians. His daily lot was poverty and sickness of the people, which resulted in constant pre-occupation for finances. He walked tirelessly many miles, through the hills, dales, and hazardous forests, and crossed flooded rivers in order to meet his poor flock in the villages. His mission tours lasted usually more than a month, but the worst was returning to the mission with malaria that never left him until his death. In the midst of all adversities, his



only cry was "give us more missionaries" for he wanted to win the entire region for Christ. With this in mind he founded the Congregation of the Missionary Sisters of Mary Help of Christians on 24 October 1942.

He attached great importance to works of charity in the task of evangelisation and he called it, "The key that opens the hearts and illumines the minds with the light of truth and of the Gospel." He called the care and healing of the sick as the fifth Gospel. He always had great compassion for the poor children and orphans; he called them "angels of the good God."

His spirituality was deeply rooted in love for Jesus in the Eucharist, in whom he found solace and shelter at all times. He confided everything in the Heart of Jesus so much so that he would tell his Sisters, "Consecrate yourselves to the Sacred Heart and promise Him to labour only for the glory of God. Bring many souls to him by your humility and meekness." Mary Help of Christians was his devoted Mother and protectress all through his life. He was a good educator, walking faithfully in the footsteps of Don Bosco, living the preventive system in its totality.

In 1969, at the age of seventy-four, Bishop Ferrando submitted his resignation and left his mission land for Genova Quarto, Italy, with great serenity and humility. There he lived a life of union with God, maintained an attitude of complete trust in God's will, and was always in solidarity with the poor, distributing to them whatever he had. On 20 June 1978, he returned to his great shepherd, to enjoy the beatific vision. He was buried in the

(Contd.. on p. 22)

“ I have told you all these things that my joy may be in you..... (Jesus)



by Fr. Pravin Fernandes

Ten Insights From The New Papal Document

The church must help families of every sort and people in every state of life



Pope Francis’s groundbreaking new document “Amoris Laetitia” (The Joy of Love) asks the church to meet people where they are, to consider the complexities of people’s lives and to respect peoples consciences when it comes to moral decisions. The apostolic exhortation is mainly a document that reflects on family life and encourages families. But it is also a reminder from the Pope that the church should avoid simply judging people and imposing rules on them without considering their struggles.

Using insights from the Synod of Bishops on the family and from bishops conferences from around the world, Pope Francis affirms church teaching on family life and marriage but strongly emphasizes the role of personal conscience and pastoral discernment. He urges the church to appreciate the context of people’s lives when helping them make good decisions. The goal is to help families, if fact everyone, experience God’s love and know that they are welcome members of the church. All this requires what the pope calls “new pastoral methods”.

Here are ten things to know about the pope’s groundbreaking new document:

1. The church needs to understand families and individuals in all their complexity.

The church needs to meet people where they are. Pastors are to avoid judgements which do not take into account the complexity of various situations. People should not be pigeonholed or fit into overly rigid classifications that leave no room for

personal and pastoral discernment. In other words one size does not fit all. People are encouraged to live by the Gospel but should also be welcomed into a church that appreciates their particular struggles and treats them with mercy. Thinking that everything is black and white should be avoided. In a nutshell, he calls for an approach of understanding. Compassion and accompaniment.

2. The role of conscience is paramount in moral decision-making.

The church has been called to form consciences, not to replace them. It is to be formed by church teaching. But conscience does more than to judge what does or does not agree with church teaching. Conscience can also recognize with a “certain moral security” what God is asking. Pastors therefore need to help people not simply follow rules but to practice “discernment” a word that implies personal decision-making.

3. Divorced and remarried catholics need to be more fully integrated into the church.

Here the Pope encourages private conversations between a priest and the person or couple with regard to the degree or extent of their participation in the life of the church. This should be left to the person’s conscience. The reception of communion is not spelt out here. But that is a traditional aspect of “participation” in church life. Divorced and remarried couples should be made to feel part of the church. They are not excommunicated and should not be treated as such, since they remain part of the church.

4. All members of the family need to be encouraged to live good Christian lives.

Much of Amoris Laetitia consists of reflections on the Gospels and church teaching on love, the family and children. But it also includes a

great degree of practical advice from the pope. Pope Francis reminds married couples that a good marriage is a “dynamic” process and that each side has to put up with imperfections. The Pope speaking as a pastor encourages not only married couples, but also engaged couples, expectant mothers, adoptive parents, widows as well as aunts, uncles and grandparents.. he is specially concerned that no one feels unimportant or excluded from God’s love.



THE JOY OF LOVE (Amoris Laetitia)

BishopKevinFarrell.org

5. We should no longer talk about people living in sin.

This reflects a new approach. The Pope clearly says “ It can no longer simply be said that all those living in any “irregular situation” are living in a state of mortal sin. Other people in “irregular situations” are non-traditional families like single mothers need to be offered understanding comfort and acceptance. When it comes to these peoples lives, indeed everyone, the church needs to stop applying moral laws as if they were, in the popes vivid phrase “ stones to throw at a persons life”.

6. What might work in one place may not work in another.

The pope is not only speaking in terms of individuals but geographically as well. Each country or region can seek solutions better suited to its culture and sensitive to its traditions and local needs. What makes sense pastorally in one country may seem out of place in another. For this reason and others the pope says at the beginning of the document not every question can be settled by the magisterium, that is the church’s teaching office.

7. Traditional teachings on marriage are affirmed, but the church should not burden people with unrealistic expectations.

Marriage is between one man and one woman and is indissoluble and same-sex marriage is not considered marriage. The church continues to hold out an invitation to healthy marriages. At the same time the church

has often foisted upon people an artificial theological ideal removed from peoples everyday lives. At times these ideals have become a tremendous burden. To that end, seminarians and priests need to be better trained to understand the complexities of peoples married lives.

8. Children must be educated in sex and sexuality.

In a culture that often commodifies and cheapens sexual expression children need to understand sex within the broader framework of an education for love and mutual self-giving. Sadly the body is often seen as an object to be used. Sex has always to be understood as being open to new life.

9. Gay men and women should be respected.

While same-sex marriage is not permitted, the pope says that he wants to reaffirm before all else that the homosexual person needs to be respected in his or her dignity and treated with consideration and every kind of unjust discrimination to be carefully avoided, particularly any form of aggression or violence. Families with LGBT members need respectful pastoral guidance from the church and its pastors so that gays and lesbians can fully carry out Gods will in their lives.

10. All are welcome.

The church must help families of every sort and people in every state of life know that even in their imperfec-

tions they are loved by God and can help others experience that love.. Likewise pastors must work to make people feel welcome in the church. Amoris Laetitia offers the vision of a pastoral and merciful church that encourages people to experience the joy of love.

The exhortation does not propose new doctrine and discipline but applies the perennial doctrine and discipline to the situation of the world at this time. It is the reflection of the Holy Father on the last two sessions of the Synod of Bishops and the homilies of Pope Francis himself. The Holy Father is proposing what he personally believes is the will of Christ for his church.

The document should be received with the profound respect owed to the Roman pontiff as the vicar of Christ who in the words of Vatican council II is the perpetual and visible source and foundation of the unity of the bishops and all the faithful.

Undoubtedly, in its perspectives and articulation, it is a remarkable step forward for the church. It is epic in scale, bold in ambition and beautifully direct and tender, the fruit of decades of a holy man listening carefully to the truth of peoples lives. It is a fantastic piece of work.

Father Pravin Fernandes
(former director of the Catholic communication Centre and spokesperson for Cardinal Ivan Dias)
9820159809

Bake A Cake For Your Birthday



Recipe:

Ingredients:

1 cup brandy
(plus some for brushing the cake after baking)
220 gms raisins
170 gms prunes, cut up
70 gms glazed red cherries
70 gms dates
60 gms candied lemon peel
60 gms red cherries
1 cup walnuts, coarsely chopped
3 cups maida
3 gms baking soda
A pinch of salt
5 gms ground cinnamon
A pinch of ground cloves
1 cup unsalted butter
240 gms brown sugar
4 eggs, slightly beaten

Method:

Soak the fruits in a cup of brandy in an air-tight container for a week. Place half the maida in a bowl along with baking soda, salt, cinnamon and cloves. Place the other half to the fruits. Add the walnuts and toss the mixture until it is well coated.

Cream the butter and gradually add the brown sugar until the mixture is light and fluffy. Add the eggs and mix well. Gradually add the dry ingredients until it is totally incorporated. Stir in the fruit mixture and mix with your hand.

Line a 10-inch pan with wax paper and grease and flour the paper. Pour the batter into the pan, almost to the top. Place in a cold oven and heat to 135 degrees centigrade (135 degrees C). Test with a toothpick or a fork after 2 hours but the cake mostly needs baking for another 50 minutes. Run a knife around the inside of the pan and turn onto a rack. Let it cool completely.

Brush with some brandy. Wrap in a plastic or cheese cloth and place in a metal can. The cake can be refrigerated or kept at room temperature and should be brushed with more brandy every month. Cakes can be made as little as a day in advance, but it is best to let the flavour mellow for two to three months. Before serving, cover and decorate with icing or with boiled apricot jam.

—Jubel D'Cruz, Dombivili

Ad. Rates for Thanksgiving

	Colour	B/W
Favours granted minimum	Rs. 800	Rs. 400
i.e. 15 words + 1 block(1 photo of saint)		
each additional block	Rs. 400	Rs. 200
Holy Spirit Prayer	Rs. 1000	Rs. 600
Other small prayers (upto 100 words)	Rs. 1000	Rs. 600

Contact: Tel.: 22693578, 22654924

THE SECULAR CITIZEN,
99, Perin Nariman Street, Fort, Mumbai - 400001

Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of perpetual Succor and St. Anthony for the favours.

—Mrs P. J. M. D'Souza, Baroda

PRAYER TO THE HOLY SPIRIT



"Holy Spirit, thou who makes me see everything and shows me the way to reach the ideal. You who gives me the divine gift to forgive and forget the wrong that is done to me and are in all instances in my life with me. I, in this short dialogue want to thank you and confirm from you once more that never want to be separated from you, no matter how great the material desire may be. I want to be with you and my loved ones in your perpetual glory. Amen".

— M. Rodrigues

Abortion Harms The World God Created

Pope Francis recently gave all priests' the right to forgive those who have had an abortion. The beleaguered subject of abortion eventually received an ounce of relief on hearing the pontiff's statement in this YEAR OF MERCY. The Vatican came through with the announcement that it was a ' great gift' to Catholics.

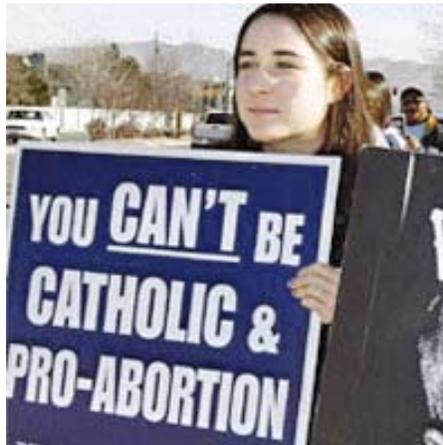
The Holy Father, on the subject of abortions went on to say: "As for other sins, so for abortions, the forgiveness of sins has always been available, to the unbaptized through baptism and to the baptized through the sacrament of penance."

Abortion harms the world God created and the growth of His Church. The extermination of human life once conceived is murder. Imagine what that child could have been, in terms of either beautifying, preserving or enriching the world. Any decision, for any reason to abort is to step into a quagmire that leads to life-long guilt, shame, pain, sorrow and regret. The reality is that abortion is a crime.

We are living in an unspeakable era when the Christian faith and population is being intimidated. In the Book of Genesis it is written, "And God blessed them, and God said to them, 'Be fruitful and multiply, and fill the earth and subdue it'..."(Gen.1:28).

God created this beautiful earth: its creatures, birds, fish, beasts, serpents and human beings. He created man and gave him a mind to control his life, with the charge that no one has the right to take the life of another human being.

Abortion is to take away the life of another person. The Catechism of the Catholic Church says, "Human life must be respected and protected absolutely from the moment of con-



ception. From the first moment of his existence, a human being must be recognized as having the rights of a person – among which is the inviolable right of every innocent being to life." (CCC.2270/71).

The Church does not gain ground when small Christian families stand up for abortion rights and demands. Our Christian and Catholic population numbers is suddenly tottering and needs to stand firm with greater and louder voices. Abortion harms the growth of Holy Mother the Church. We need a lot more of the faithful to make a difference, with self-conviction, determination and zeal. We need powerful voices in Christian community affairs.

The Roman Catholic Church stands firm and clear in its resolve against abortion. " The inalienable right to life of every human individual is a constitutive element of a civil society and its legislation." (CCC.2273).

Unwanted pregnancy often takes the young and not-so-young by surprise. After the moment of shock subsides, the instant reaction of the woman is to take a lethal dose of some medication to "drop" the conceived child. Then, for some reason or the other she confides to friends outside the family circle. Fear creeps in at the thought of 'washing out' the embryo. When her



BY MELVYN BROWN

lover refuses to take responsibility, a sensible woman turns to her parents at the eleventh hour.

What does Canon Law say about abortion? It is clearly stated in Canon Law 1398 that a person who actually procures an abortion incurs a penalty automatically of ex-communication.

The one solution to abortion is adoption. "Since it must be treated from conception as a person, the embryo must be defended in its integrity, cared for, and healed, as far as possible, like any other human being." (CCC.2274).

Let us pursue God's Will for a moment in an effort to save the unborn, who is in danger of being aborted. Abraham Lincoln, the U.S. Republican president from 1809 – 1865 , during the Civil War. Lincoln's aim was to preserve the union and prevent the secession of the Southern States. Imagine, once again, what might have happened if he was aborted. Abraham's mother wanted to abort him. At the last minute she was persuaded not to. Because of Lincoln the slave won freedom. A new nation was born and the concept that all men are created equal, conceived in liberty, and that the government of the people may never perish.

The international pianist, Arthur Rubenstein, had this to say. "My mother did not want a seventh child, so she decided to get rid of me before I was born. Then, a marvelous thing happened. My aunt dissuaded her, and so I was permitted to be born. Think of it. I was a miracle." – Arthur Rubenstein.

Julie Loesch, founder, Prolifers for Survival, said, "The most gentle way to terminate a pregnancy is childbirth."

Angelology



Angelology is the theological study of angels. It is considered to be one of the 10 major areas of theology. The term

comes from the Ancient Greek words *angelos*; which means messenger and *logos*, which typically translated as word. One of the many areas angelologists study is how the representation of angels in religious iconography has changed over time. For instance, in the earliest works of Angelic art, dated back to the middle of the third century, angels are portrayed without wings. The difference between winged and non-winged angels marks an important shift in angelology and many scholarly debates address the possible reasons for this change.

Chhenapoda



Chhena poda is a cheese dessert from the state of Odisha in eastern India. Chhena poda literally means roasted cheese in Odisha. It is made of well-kneaded homemade fresh cheese chhena, sugar, cashew nuts and raisins and is baked for several hours until it browns. Chhena poda is the only well known Indian dessert whose flavor is predominantly derived from the caramelisation of sugar. Demand and sale of chhena poda is huge in Odisha with every sweet shop preparing its own flavor either from sugar or gud (jiggery). Its shape of a cake often attracts huge visitors to grab a bite and take it home as a 'Taste of Odisha'.

Knowledge



Page

What is French Ivory?



French ivory is an early manmade material created to resemble expensive natural ivory. This faux ivory is made from celluloid, a cellulose and camphor thermoplastic dating to the 1860s and widely

Used until the middle of the 20th century. It can be differentiated from natural ivory by its parallel lines rather than the crosshatched lines found in genuine ivory and by its lighter weight. French ivory can be molded easily, making it an ideal substance for a wide variety of items, including decorative dresser sets, handles for flatware, hair accessories and gaming pieces.

Geysers

A geysers is a spring from which water and steam is ejected forcefully into the air at heights ranging from less than a metre (a few feet) to over one hundred metres (several hundred feet). Geysers are a quite phenomenon on earth due to the precise conditions that are required for them to form. They are mainly clustered near active volcanic areas. There are only around one thousand known active geysers worldwide

What is Panne Fabric?

When the occasion calls for fabric that has a high sheen, panne fabric is the ideal choice. From formal occasions to home decorating, it is an excellent choice when the intent is to add a touch of elegance to the ambiance. Using either silk velvet or rayon velvet as the foundation for the process produces panne fabric. Panne fabric has a number of uses in the fashion world. One of the more classic uses for the material is in the manufacture of capes for both men and women. The material is heavy enough to provide some protection on a cool evening but light enough to move easily while walking.

What is a Periwig

A periwig is a style of wig popular between 17th and 19th centuries, particularly in men's fashions. The word is believed to be a corruption of the french term *perruque*, commonly called the *peruke*. The periwig was a vital fashion piece of upper-class french and british households, and played a part in maintaining some sort of hygienic standard. The modern term for a hairpiece, wig, is believed to have developed from periwigs.

All about Cactus

Cactus is a very popular plant. This is because, it is quite unusual in terms of its adaption qualities and its appearance. It is adapted to grow in hot and tropical climates and desert areas, where there is very less rainfall. Its anatomical and physiological features help it to conserve water and survive in really harsh environmental conditions. Even if it is found in forests and deserts, it looks so attractive that you can keep it in your house as a decorative plant. Cactus flowers are big in size; and are found in a variety of colours like red, yellow, pink. Some of the cactus flowers can bloom for days, while others may die within a day.

Prohibition In Gujarat Is A Farcical Failure

Gujarat has been the first state in India to impose the prohibition Act soon after the independence. Morarji Desai played the major role and then after there have been many chief Ministers in Gujarat who tried their level best to impose the act. With the passage of time, things changed and the prohibition policy has become a farce. Because the Mahatma hailed from Gujarat, there have been some strong-headed Gandhians who wanted to continue the policy....

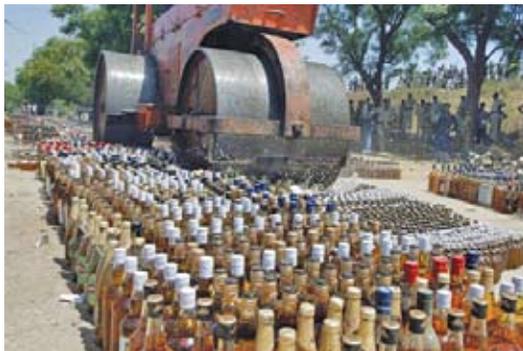
Today the prohibition policy has become a joke! "Name a brand and you have it within a short time," says Madan Lal, a bootlegger. Be it a Congress government or the Bhartiya Janata Party rule, liquor freely flows in Gandhi's Gujarat today. Scores of farm houses and villas have gala parties under the very nose of the police. In happier days, people used to frown when they read news about so and so caught drinking. It's not so now. Liquor is very freely available and majority of people enjoy the drinks.

Nitish Kumar wants Bihar a dry state. His passionate push is not appreciated by many Biharis. The strong-headed Nitish is much different from Gujarat CM, Anandiben. People all over Gujarat know very well what has been "the practicality" of the prohibition Act. Gujarat has often belittled Great Gandhi.

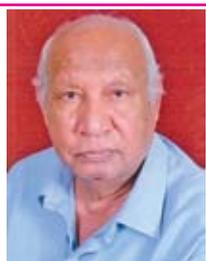
The former Congress CM, late Mr. Babubhai J. Patel appointed a commission under a HC judge, the Mianbhoi commission to find facts, figures and fictions about the prohibition in the state. The fact-finding report was

rather startling for the police department because, somewhere in the report he said: Many Police stations in Gujarat are reported to be selling liquor! Following the tips from the

Seized Bottles Are Roller Pressed !



IMFL bottles worth lacs are 'rolled over' and destroyed. The village folks with their mouth-watering tongues watch and seigh....!



by Ignatius Dabhi
Sr. Journalist

report, very many police reporters, of the Gujarati dailies, found the names of those much-sought-after police stations !!

In the BJP ruled Gujarat today, the prohibition scenario has become more exciting. In order to boost tourism, many top ranking BJP leaders want

to soften the policy which is already much softened earlier !

Many bootleggers in major cities in Gujarat have their clients, names stored in their mobile. Their supply is quick and safe.

Some facts and figures:

Most of these bootleggers have connections with the khakhis.

Bootleggers have cars, vans and trucks to transport their 'goods'.

There are 38,000 permit holders.

Temporary resident permit holders are 3,608.

Visitor permits are 3,000.

Tourists permits are 7,180.

Ex-army personnel permit holders are 17,000.

Foreign nationals with permits are 340

The Bombay prohibition Act is in effect.

Seizures: In 2009 - 10 30,000.56 IMFT, bottles were seized

2014 - 1570,00,000

IMFT, bottles were seized

Loss of revenue to exchequer due to illegal sale is Rs. 5,200 crores p.a 52 permit shop income is Rs. 1.23 crores p.a.

The top rank police admit that because of the Act, corrupt practices are on and the entire department is blamed for it.

Is Gujarat safe for women? Has the prohibition policy helped? The answer can always be controversial Liquor worth crores of rupees is daily poured in Gujrat. And with 'bharat mata ki jai' every one is happy in Gandhi's Gujarat !

MALAD (W) - ORLEM

- 1-BHK 697 sq.ft. Rs. 55,76,000/-
- 2-BHK 923 sq.ft. Rs. 73,84,000/-
- 2-BHK 1200 sq.ft. Rs. 1,26,00,000/-
- 3-BHK 1600 sq.ft. Rs. 1,68,00,000/-

Under construction projects. Loans approved by the banks. All modern amenities. Podium Parking. Possession by March - 2018.

BORIVALI (W) - I.C. COLONY

- 1-RK 355 sq.ft. Rs.60,00,000/-
- 1-BHK 585 sq.ft. Rs.85,00,000/-
- 2-BHK 790 sq.ft. Rs.1,22,00,000/-
- 3-BHK 1500 sq.ft. Rs.1,90,00,000/-

Resale Flats.

VINOD GUPTA
9820045619

Jacobite Patriarch asks Indian bishops to return personal properties

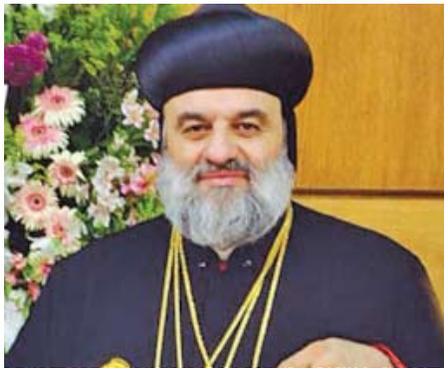
Kochi: The supreme head of the Jacobite Syrian Christian Church, who is based at Antioch in Turkey, has asked his bishops in India to transfer all properties they have acquired in their as well as in their family members' names.

In what is seen as a move to curb bishops amassing wealth, Patriarch Moran Mor Ignatius Aphrem II also asked the Indian prelates to register such properties in the name of the Church, reports The Indian Express.

The April 12 letter says the patriarch has received several complaints that the Indian bishops have acquired properties such as schools and charitable institutions in theirs as well as their family members' names.

Church observers say the patriarch's move could intensify the tussle between him and the Catholicos, regional head of Jacobite Syrian Christian Church in India.

The two Church leaders are report-



lay organization in the Indian Church alleged the bishops have amassed personal wealth, using their religious position.

The Jacobite Almaya (lay people) Forum has welcomed the patriarch's decision. The forum had protested "ill practices" in the Church, especially wealth amassing by bishops. The lay leaders had also complained that the Church has had no budget or account auditing since 2002.

The patriarch's letter asserts that the Church leaders have to respect the constitution and traditions.

Almaya Forum leader Paul Varghese alleged that the Catholicos and their nominees have been amassing personal properties.

Aphrem II, who will turn 51 on May 3, became the 123rd Syriac Orthodox Patriarch of Antioch on May 29, 2014, in Damascus. Before his election to the patriarchate, he was Archbishop for the Eastern United States of America, and was known as Mor Cyril Aphrem Karim.

It was the Kerala-based Catholicos of Eastern Syrian Church Beatitude Baselios Thomas 1 who had presided over the election and the installation ceremonies.

The patriarch was India for 11-days in February 2015 for his first pastoral visit to the country that has some 2.5 million members.

The Jacobite community in India had donated more than 7 million rupees to the patriarch last year to assist refugees fleeing war-torn Syria.

It was the Catholicos who had collected the amount. *courtesy: mattersindia*

Identifying the Needy Poor

A friend's wife was admitted to a reputed private hospital. The hospital is run by a community known for its philanthropy and business acumen. As he belonged the same community the friend approached the hospital administrator for some concession. The administrator willingly agreed to help and asked him to come the next day with his electric bill for the months of Mar-Apr-May and his ration card indicating the quantity of food grains availed of during the past year. The friend went home and on opening the ration card found it blank, clearly indicating that he was not poor. His electricity bill averaged over Rs 8,000 per month as he had installed two ACs in his flat, indicating that he was fairly rich. Needless to say, he did not approach the administrator again.

The charity wings of our parishes are involved in various works of charity. One of the main problems they encounter is in identifying the really needy persons. The above-mentioned criteria adopted by the hospital may prove helpful, even though it may not be completely foolproof. To this criteria, one may add the size of the family TV which has grown from the standard 20" 'dabba' TV, to the 30", 40" and 50" plus flat TV. The size of the family TV may be taken as a fairly accurate tape-measure of the family's financial status for the purpose of charity.

—Prof Robert Castellino Orlem

TULIP LAWNS

Elegant Occasions
Memorable Events

Available for Weddings,
Engagement Corporate
Events, Film Shoot
Birthday Party

Grounds Andheri (East) &
(West), Malad West
Capacity - 200 -1500

Rs. 700 Package

(Minimum 400 Crowd)

Mr. Karuna - 9930112795,

9004911115

8108325553

Email :

crystalcreation537@gmail.com

Inspiration!

Stop being your own enemy

We don't need to demonstrate a Dexter-complex to know that we can be the number one cause of our own failures and downfalls. Fortunately, there's a solution: we just have to be aware of this monster inside of us, understand its gameplan and overpower its demoralizing voice. So, what do you need to know? Listed below are 8 reasons why you, of all people, are your number one worst enemy, along with how you can overcome, well, yourself.

You don't manage your expectations:

There's an ambitious, starry-eyed voice that guides you. Even louder may be a voice of complete impracticality and unrealistic hope. Don't get them confused. It's good to expect a lot of yourself, great to forecast good things coming your way. However, if you walk into every situation with an expectation to gain the most out of it, you're going to almost always come out of it feeling unfulfilled. Understand that you don't control things outside of your own sphere.

Times when you are your own worst critic

It's good to be a strict judge of your own character. The problem arises when you take it too far. When you constantly criticize and find faults with what you do and who you are, you'll never reach a necessary level of satisfaction to be truly content with yourself. If you tend to judge yourself too much, you effectively hold yourself back; if you sell yourself short, you'll never experience the full value of your potential. Get to know this voice that criticizes you, try to understand where it comes from and why it is that you listen to it. Don't beat yourself up over every mistake – after all, experience through

mistakes is a perfectly sound method of learning. Constantly over-criticizing yourself will hold you back, hamper your confidence, and make you dwell on things that may not even matter.

You over-analyse: While it is important to think carefully about certain matters, over-thinking them can prove detrimental. To avoid unnecessary over-thinking? Trust in your instincts, break problems down and don't put too much emphasis on idealizing all the potential implications of every decision when a simple pro/con list may suffice. Ensure that you're not basing decisions upon misled or faulty assumptions – our mind will mistakenly fill in certain blanks to ascertain a desirable answer.

You assume: Projecting certain assumptions onto certain situations can be disastrous. Our brain works to fill in the gaps however it can, forming answers on faulty presumptions if necessary. To prevent this, you have to understand your train of thought. Don't place your own standards on others, moral or otherwise, as everyone is different and thinks a different way. Rely on valid facts, not just assumptions, before deciding on a particular course of action. Understand that you may not know the full story behind everything you're involved in. Many times, we must rely on nothing but an assumption – just don't invest too much into the outcome when you're dealing with unknown circumstances.

You doubt yourself : Self-doubt is, in itself, unwarranted. If you've failed at something and ultimately doubt that you can do it, it'll only prevent you from progressing. Oftentimes, self-doubt may just be an unwillingness to do something. Under no circumstances should you ever doubt yourself. When

it comes to your potential, realize that the sky is the limit. Use your sense of realism to evaluate the consequences of your action – don't just pessimistically assume that your action will have unfavourable consequences. Take this time-tested piece of cliché advice into consideration.

You fail appreciate the small things :

One of the fundamental goals in everyone's life is to have a pleasurable time here. When you begin to appreciate every little thing before your eyes, on a day to day basis, you'll undoubtedly feel enriched. This becomes especially important in the context of our own success. If we fail to appreciate the small things that we accomplish, we'll begin to lose a sense of self-respect. If you're constantly worried about landing that new job, not realizing that you've learned to become a master of living on a tight budget in the meantime, then you're overlooking something that can provide you with a feeling of self-respect. If you find yourself having to bike to work because you need a new car, appreciate the benefits towards your health. It requires a degree of optimism, but taking into account all the good things you do on a small scale helps build your confidence, motivation, and self-respect.

You take too much for granted

When you don't take things for granted, you simply squeeze more out of life. Whether it's our health, our abilities, the love from friends and family, our hobbies, our freedom from outright tyranny or war-like conditions – we all have something that we can be truly grateful for.

You prefer the easy way

Short cuts are a way of life, and though they may be a necessary time saver, they detract from our sense of working towards something – earning it. Your inner enemy holds you back; if you never go the extra mile, you'll never experience the extra rewards that may come as a result.



MUMBAI : R.C. Bachelor, aged 40 years, Ht. 5' 8", Wt. 74 kgs, Graduate, working as Sr. Executive. **Contact : 7208672463**

MUMBAI : Goan Roman Catholic Bachelor, aged 29 years, Ht. 5' 7", Wt. 68 kgs, Wheatish Complexion, Edn. B.E. Electronics, working as a IT Engineer. Contact email : sandronha75@gmail.com OR 9967671085 **(Regd. No. 6523)**

MUMBAI : Goan Roman Catholic Bachelor, aged 39 years, Ht. 6', Fair, Handsome, Edn. B.Sc., MBA (HR) full time, working as Manager in MNC. Well settled. Seeks alliance with Goan RC Spinster. Contact email : aliancedec2@gmail.com. **(Regd. No. 6521)**

DOHA QATAR : Mangalorean Roman Catholic Divorcee, aged 33 years, Ht. 5' 10", Wt. 75 kgs, Wheatish Complexion, Edn. MBA, PGDM, having decent job. Contact email : second-sairik2016@gmail.com OR Phone: 0097466710060 **(Regd. No. 6526)**

MUMBAI : Goan Roman Catholic Bachelor, aged 32 years, Ht. 5' 6", Wt. 64 kgs, Wheatish Complexion, Edn. B.E., (Comp.), working as a Software Engineer. Contact email : barretto.elton@gmail.com OR 9004500088 **(Regd. No. 6034)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 34 years, Ht. 6' 2", Fair Complexion, Handsome, Edn. B.Com., & HTL Management, Working on Cruise Line as Supervisor, Seeks an educated, simple, Mangalorean girl above 5' 5", Email : marprop111@gmail.com **(Regd. No. 6045)**

MUMBAI : RC Bachelor 40/5'8", B.E., working in Senior position reputed IT firm. Seeks alliance from R.C. spinster educated good family background Pl. reply with photograph and de-

tails to keithcardozo@hotmail.com or contact 9820338755 **(Regd. No. 5996)**

MUMBAI : Mangalorean Roman Catholic Bachelor aged 29 years, Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.E. working as a Asst. Manager in German Company. Seeks a tall, well educated homely Mangalorean girl. Contact email : colind.3010@gmail.com OR 99200 63946 / 98203 73826 **(Regd. No. 6508)**

MUMBAI : Mangalorean Roman Catholic Bachelor (Deaf and dumb) aged 26 years, Ht. 5' 9", Wt. 62 kgs, Fair Complexion, Edn. HSC., Dip. in Computer Hardware. Working as a Cashier. Contact email : clifford9948@gmail.com OR 9920331773 / 022-28731976. **(Regd. No. 6507)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 30 years, Ht. 5' 9", Wt. 75 kgs, Fair Complexion, Edn. MBA., Working as a Branch Manager. Contact email : yopepjo2005@gmail.com OR 9820793042 **(Regd. No. 6503)**

MUMBAI : Goan Roman Catholic Bachelor, aged 29 years, Ht. 5' 11", Wt. 85 kgs, Wheatish Complexion, Edn.

MCS, working for IT Company in U.S.. Seeks a suitable match. Contact email : marconcruz58@gmail.com OR 9930630927 **(Regd. No. 6373)**

MUMBAI : TAMILIAN Roman Catholic Bachelor, aged 27 years, Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., LLB., Advocate by profession. Seeks a educated, working girl from good family background. Contact email: robint9@gmail.com OR 9869020707 **(Regd. No. 6372)**

MUMBAI : Goan Roman Catholic Bachelor, aged 30 years, Ht. 5' 7", Wt. 58 kgs, Fair Complexion, Edn. Post Graduate in Marketing, working as

a Manager. Contact email : francis.godad@gmail.com OR 9820829839 **(Regd. No. 6429)**

USA : Mangalorean Roman Catholic Bachelor, aged 29 years, Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. B.E. (I.T.), working as a Software Consultant. Contact immediately Email : rahul.fern@gmail.com OR 9833932407 **(Regd. No. 6463)**

MUMBAI : Roman Catholic Bachelor, aged 29 years, Ht. 5' 8", Wt. 85 kgs, Fair Complexion, Edn. B.E.IT & MBA IT, working as a Business Analyst. Contact email : briansavio86@gmail.com OR 09820744043 **(Regd. No. 6467)**

MUMBAI : Goan Roman Catholic bachelor, aged 29 years, Ht. 5' 7", Wt. 68 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email : kelwinbritto007@gmail.com OR 9619011728 **(Regd. No. 6491)**

MUMBAI : Goan R.C. Bachelor, aged 38 years, Ht. 5' 6", Wt. 75 kgs, Wheatish Complexion, Edn. Bom., working as a Sr. Accountant in Bahrain. Contact email : dias2401@yahoo.com OR 9819121346 / 97333270202 / 97336451098 **(Regd. No. 6480)**

PUNE : East Indian Roman Catholic Bachelor, aged 33 years, Ht. 5' 5", Wt. 66 kgs, Fair Complexion, Edn. B.Com., working as a Dy. Manager. Contact email : warren_4153@hotmail.com OR 9960493092 **(Regd. No. 6471)**

Address your replies to :

Regd. No.
ROYAL CHRISTIAN FAMILY,
99, Perin Nariman Street, 1st
Floor, Fort, Mumbai - 400 001.

Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

To Place Your Matrimonial Advertisement Call:
2269 3578 OR 2265 4924

Brides



MATRIMONIALS

MUMBAI: Mumbai based Mangalorean Roman Catholic parents invite alliance for their Beautiful daughter, 27 years, fair, smart, M.B.A., working as an Executive. Boy should be well educated, God fearing having good family background. Please contact with photograph & all details to Tel.: 7506319407 Email: richard.dsouza17@gmail.com (Regd. No. 6505)

RAJASTHAN : Goan Roman Catholic Spinster, aged 27 years, Ht. 5' 7", Wheatish Complexion, Edn. B.Com., working for Railways as a Confidential Assistant to Sr. DCM. Contact email : casrdcm@gmail.com OR 09829980087 (Regd. No. 6525)

MUMBAI : Roman Catholic Spinster, aged 30 years, Ht. 5' 8", Fair, Beautiful, Edn. B.Com., / Dip. in Airline, working for Qatar Airways. Contact email : fersonia04@gmail.com OR 9820109907 (Regd. No. 6524)

MUMBAI: Roman Catholic Goan Spinster, aged 25 years, Ht. 5' 3", Wt. 47 kgs, Wheatish Complexion, Edn. B.Com., (B.A.F) Working as Accounts Executive. Contact Mob.: 9594815879 / 9920023963 OR email id : dcostalarissa@yahoo.co.in (Regd. No. 6506)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 32 years, Ht. 5' 6", Fair, Edn. Ph.d., (Australia), Masters in Pharmacy and PhD in Chemistry and biolo. Contact email : ds.charlotte@gmail.com OR 9920872720 (Regd. No. 6522)

MUMBAI : Roman Catholic Spinster, aged 28 years, Ht. 5' 1", Fair, good looking, Edn. SSC from ICSE board, B.A., P.R. working as a Sr. Accounts Manager - Public Relations with a private firm. Seeks a suitable match. Contact email : dorothyfurtado@hotmail.com OR 9869361783. (Regd. No. 6520)

MUMBAI : Mangalorean Roman Catholic Spinster, aged Date of birth 14-5-1983, Ht. 5' 4", Wt. 63 kgs, Wheatish Complexion, Edn. M.Sc. Nursing, working as a ICU Nurse in Abudhabi - UAE. Seeks a well educated Mangalorean Bachelor with good family values. Currently in Mumbai, contact immediately. email: janydz_1484@yahoo.com OR 9930076741 / 28918871. (Regd. No. 6496)

**Royal Christian Family
Helps In Choosing
The Right Life-Partner
Serving Since 35 Years**

No. 6502)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 26 years, Ht. 5' 3", Wheatish Complexion, Edn. M.Com, (Accounting) GNIIT, Working for a reputed IT - MNC as a Finance Executive. Seeks a well qualified and settled Mangalorean groom age upto 31 years, working in India or abroad. Contact email : nishalobo88@gmail.com OR 9930913027 / 9869077568. (Regd. No. 6340)

MUMBAI : RC Mangalorean Spinster, 27/5'2", Wt. 54 kgs, wheatish, B.Com., C.S., L.L.B., working as a teaching faculty for Law. invite alliance from well qualified and well settled bachelor with good family values upto 30 years Kindly reply with details and full length photograph to r.dsouza.co@gmail.com OR 9323925995 / 9699788876 (Regd. No. 6350)

MUMBAI : Mangalorean Roman Catholic spinster 1973 born, 5' 5" tall, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 45 years, employed in good position and well settled in Mumbai or abroad. Contact email : bellwether77@yahoo.com or Mobile No. 9892700617. (Regd. No. 6166)

MUMBAI : Mangalorean RC Spinster, aged 36 years, Ht. 5' 4", Wt. 70 kgs, Fair Complexion, Edn. M.Com., working as a Secretarial Officer. Contact email : asklavina@gmail.com OR 9930999204 (Regd. No. 6501)

MUMBAI : Mangalorean RC Divorcee, 1st marriage annulled by the church, aged 31 years, Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com, working as a S&Q Officer in Shipping company. Contact email : sanctity6498@gmail.com OR 9769119766 (Regd. No. 6498)

POONA : Tamilian RC Spinster, aged 34 years, Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working as a Sr. Manager. Contact email : harryanthony.7@gmail.com OR 9960089871 (Regd. No. 6497)

MUMBAI : Goan RC Spinster, aged 30 years, Ht. 5', Wt. 47 kgs, Fair Complexion, Edn. B.Sc., (Chem), MBA, working as a Product Manager. Contact email : smartmind0412@gmail.com OR 9867620060 (Regd. No. 6496)

MUMBAI : Mangalorean RC Spinster, aged

20 years, Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. B.Com / MBA, working as a Purchase Executive, Contact email : dsouza.deena833@gmail.com OR 9819853817 / 9686439932 (Regd. No. 6495)

MUMBAI : Mangalorean RC Spinster, aged 32 years, Ht. 5' 2", Wt. 54 kgs, Fair and good looking, Edn. 12th Std., Beautician by profession. Contact email : sweta.ignatiusdsouza@gmail.com OR 9820080444 (Regd. No. 6488)

BANGALORE : Mangalorean RC Spinster, aged 29 years, Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., Nursing, working as a Nurse. Contact email : dsouza.antonette@gmail.com (Regd. No. 6484)

K.S.A. : Roman Catholic Spinster, aged 32 years, Ht. 160 cms, Wt. Normal, Wheatish Complexion, Edn. B.Sc. in Chem/ PGDMLT, Pathology Lab Technician (Instructor) in KSA since 10 years, well settled, seeks a suitable match. Contact email : mathew_680@yahoo.com OR 8652531726 (Regd. No. 6482)

MUMBAI : Mangalorean RC Spinster, aged 34 years, Ht. 5' 3", Wheatish Complexion, Edn. B.Com., working as a Supervisor in Airport. Seeks a well settled bachelor. Contact email : linnet_r@rediffmail.com OR 9892327916. (Regd. No. 6481)

MUMBAI : Goan RC Spinster, aged 31 years, Ht. 5' 3", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working. Contact email : soareskaren14@gmail.com OR 9967297756 (Regd. No. 6381)

MUMBAI : Tamilian RC Spinster, aged 25 years, Ht. 5' 2", Wt. 49 kgs, Fair Complexion, Edn. B.M.S., LL.B., working as an Associate Lawyer. Only Child. Seeks a educated and well settled bachelor. Contact email : leonmichelle.90@gmail.com OR 9870896161 (Regd. No. 6360)

Address your replies to :

Regd. No.
ROYAL CHRISTIAN FAMILY,
99, Perin Nariman Street, 1st
Floor, Fort, Mumbai - 400 001.

**Please renew your membership
at lease a month in advance be-
fore its expiration date.**

(Contd.. from p. 11)

family tomb at Rossiglione.

In 1987, his mortal remains were transported to Shillong and interred at St. Margaret's Convent. The fame of sanctity of the Servant of God spread in India and Italy among people who knew him personally and through them to the larger group of their families, associates and friends. It was Rev. Luigi Ulla, his confessor in Genova, who inspired Sr. Elizabeth Packumala, the then Superior General, to initiate the Cause of his beatification. The diocesan inquiry for the beatification and canonisation was carried out in Shillong and in Genova.

On 5 March 2015, during the meeting of the theological consultants, a positive opinion with affirmative votes was given to the Servant of God, on the fame of sanctity and the practice of the Heroic virtues. The Positio was then examined by a group Cardinals and Bishops in the Ordinary Session, chaired by Card. Angelo Amato, the Prefect of the Congregation for the causes of saints. They too recognized and affirmed the heroic life of virtue lived by Bishop Ferrando. Holy Father Pope Francis accepted the report of the Congregation for the causes of saints and declared him venerable on 3rd March this year. It is the firm hope of the Church in the North East that Venerable Bishop Stephen Ferrando will soon be raised to the honour of the altar.

Subscriptions for

THE SECULAR CITIZEN

Renewal as well as New, can be sent through Bank Fund Transfer to any one of the following banks:

Bank: HDFC Bank
Branch : CST - Mumbai VT
Account Name: The Secular Citizen
Account No. 03552000006744
ISFC code: HDFC0000355
or

Bank: Citizen Credit Co-op Bank Ltd.,
Branch : Colaba, Mumbai
Account Name: The Secular Citizen
Account No. 000000000100489
ISFC code: CCBL0209003

Please inform us through email: secular@vsnl.com or through phone: 22693578 after transferring the same.

(Contd.. from p. 10)

the tap while brushing teeth, scrubbing vessels etc. Fix all the leaking pipes and taps in the house. Use the washing machine judiciously. Avoid buying bottled water because bottles and packaging add to the non-biodegradable garbage we generate.

2. Avoid using your vehicle as far as you can. Walking is burning those spare Calories. Vehicular emissions add to Greenhouse Gases that hasten Global warming. Not using the car will also save precious fuel, reserves of which may run out in the near future. One less car on the road makes a lot of difference to the air we breathe!

3. Segregate garbage in homes to reduce the amount of garbage that goes to the landfills. We have recently experienced the ill-effects of bonfires in the dumping grounds around Mumbai! Defacing the earth with our garbage makes us careless and indifferent citizens.

4. Reduce the amount of dry waste, especially plastic that remains in the soil, clogs drains, litters beaches and kills marine life like whales and dolphins and also poisons cattle. Buy articles that come in minimum packaging. Use cloth, jute and hemp bags for daily shopping.

5. Recycle what can be reused again. It also helps to reduce the waste a household generates.

6. Composting can change the kitchen waste into manure. It not only reduces the amount of garbage that goes to the landfills but also converts some of it into wealth for the soil. Compost makes a great natural fertilizer and may even turn you into a green thumb, who finds joy in growing vegetables on balconies and terraces!

7. Change your light bulbs. Compact fluorescent light bulbs (CFLs) last 10 times longer than a standard bulb and use at least two-thirds less energy. Switch off lights and fans and unplug appliances when not in use.

Air-conditioners can be used on minimum cooling settings.

7. Schedule an energy efficiency audit to make your home appliances and gadgets work to maximum capacity using minimum energy. Make your home more energy efficient by cleaning air filters and using thermostats that can be programmed.

8. Sow seeds and plant saplings wherever you can. Trees take in the harmful co2 and give out precious oxygen. The temperature in the shade of trees is about 6 degrees lower than in the sun. Trees also cause condensation that induces rain. The roots trap water, soil and help to control erosion. Healthy and abundant foliage is the hallmark of a healthy nature.

9. Solar panels are used to trap solar energy as an alternative to electricity for the purpose of heating, cooking etc. In tropical countries like India, the idea of utilizing the heat of the sun should have gained momentum by now, but sadly it has not.

10. Harvesting rain water by storing it in tanks or diverting it into canals for agricultural use is an inexpensive way of claiming this nature's gift which otherwise runs into drains and is eventually lost in the seas. Yards and compounds laid with ornamental tiles in urban areas do not allow rain water to soak into the ground and replenish the ground water levels. Ground water levels all over the country are falling drastically, making potable water scarce. Ironically, city dwellers who regularly experience water shortage do not consider rain water an alternate resource that can be harvested and used in time of need.

At the root of all this, we should develop a love for nature and for all creation. If we learn to value and treasure the rich resources Mother Earth offers us, we will mechanically slide into a pattern of life that cares for nature, to save and sustain Mother Earth for our children and grandchildren!

Website on e-Learning

**Invites : Course Writers, Mentors,
Coaches and other experts**

Courses covered:

Skill Learning, Academic, Self Development, Hobbies,
Personality Development, Corporate Courses, Seminars,
Business Development, Entrepreneurship
and many more

*Contact with your professional profile:
info@limrt.com*



Good Proposals, wide choices

Catholics and Christians
of all Denominations
have Registered
from world over

for registration Logon to:

www.royalchristianfamily.com



**Hundres have found their
suitable match**

Royal Christian Family

99, Perin Nariman Street, 1st Floor,
Fort, Mumbai 400001

Tel.: +9122 - 22693578, 22654924

Email: royalchristianfamily@gmail.com

Serving for over 35 years

NOW ANYBODY CAN OWN A FLAT

&



सपने आपके साथ हमारा

Presents

ZERO DOWNPAYMENT. ZERO WORRIES.

PAY ONLY ₹ **12000/-** pm. **-1 BHK**
₹ **17000/-** pm. **-2 BHK**

t3 Green City - Truly Smart City.
Vamadapadav - Mangalore

Wi-Fi. Library. Gymnasium. Solar Hot Water.
Automatic Lift. Automatic DG. Intercom.



Shops also available

Distance from - ✦ Mangalore Jn.Rly.Stn. 45 Mnts. Drive (32 KM) ✦ Airport 60 Mnts. Drive (45 KM)
✦ B.C.Rd.Rly.Stn. 20 Mnts. Drive (15 KM) ✦ Arts/Science/Com. Degree College, Hospital 800 Mtrs.
✦ Church, Temple, Eng. Med. School 1.5 KM ✦ Market, Bank/ATM 300 Mtrs ✦ Fr. Muller Hospital,
Thumbe 20 Mnts. Drive ✦ Canara, Sahyadri Engg., Alva's Medical College 30 Mnts. Drive (23 KM)

Documents for Booking - 6 Months Salary Slip or 3 Year ITR. 1 Year Bank Statement. 6 PP Size Photos.
Aadhar/PAN/Ration Card. Min. Family Income Reqd. Rs. 20000 pm- 1BHK, Rs. 30000 pm- 2BHK.
Home Loan at sole discretion of Religare Housing Dvpt. Fin. Corp. Ltd., subject to eligibility and terms & Conditions.
Flat Cost - 1 BHK - 14,00,000. 2 BHK - 20,00,000 (All Inclusive)

For More Details & Booking : V P Lobo :9321292899 Stany: 9900995720 Panduranga: 9740824691



T3 URBAN DEVELOPERS LTD.

MUMBAI | MANGALORE | SHIMOGGA | HUBLI | BELLARY | BOISAR

Head Office : 201, Corporate Arena, Near Railway Station, Goregaon West, Mumbai - 400104.

Mangalore : 2nd Floor, Harmain Complex, B.C. Road, Mangalore, Karnataka. Pin Code- 574219.

Website : www.t3urbandevelopers.com Email : cmd@t3urbandevelopers.com