

THE SECULAR CITIZEN

(Total pages 24)

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Indias Sixth Saint: Mother Teresa



Model Co-op. Bank Inaugurates its 16th Branch at Kalina



Model Bank Co-operative Bank Ltd. opened its 16th Branch at Vohra Galaxy, Kalina Kurla Road, Kalina, Santacruz (East), Mumbai on 13th March, 2016. The Branch was inaugurated by Hon'ble Justice Aloysius S. Aguiar, Hon'ble Judge of High Court (Retd) and blessed by Rev. Fr. Nicholas Pereira, Assistant Parish Priest, Our Lady of Egypt Church, Kalina.

The Chairman of the Bank Mr. Albert W. D'Souza in his welcome address stated that Reserve Bank of India has granted licenses to open 5 more Branches during the year and the Bank will be expanding its network at Palghar (W), Virar (W), Vasai (W), Bhayander (W) and Dombivli (E) and the Bank will be having 21 Branches by October 2016. He also stated that the Bank is celebrating its Centenary Year during 2015-16 and will be completing 100 years of existence as an Institution on 26.04.2016. He stated that with deposits of Rs.742.00 crores and a turnover of about Rs.1200.00 crores the Bank is marching towards its goal of achieving Scheduled Status as the present limit of Demand and Time Liabilities to include any Co-operative Bank in the 2nd Schedule to the Reserve Bank of India Act is Rs.750.00 crores. He assured that the Bank will achieve this target by 31st March, 2016 so as to be eligible to attain Scheduled Bank Status.

Rev. Fr. Nicholas Pereira in his address lauded the services of the Bank and stated that he was a happy customer of the Bank since 1999. The Chief Guest Justice Aloysius S. Aguiar stated that he was associated with the Bank since 1999 when he inaugurated the Borivli (W) Branch, and he has been observing that the Bank is growing from strength to

strength.

The Bank offers convenient services to its customers with full CBS enabled network and operations and provides services of ATM, SMS Alerts, Personalised Cheque Books, Pan Card, Reliance Electricity Bill Collection, Bancassurance, RTGS / NEFT, E-Tax Payment Facility, Cheque Truncation System, Direct Clearing, Direct Benefit Transfer Scheme (LPG Subsidy), Seven Day Working at Amboli, Borivli (W) and Dahisar (W). The Bank offers various Deposit Products. The Bank has been offering spectrum of financial services to different customer segments covering Housing Loans, Vehicle Loans, Educational Loans, Business Loans with the special and lowest interest @ 11.50% p.a.

A large number of customers, shareholders, well wishers and Bank Officials were present on the occasion.

Among the dignitaries Local Former Corporator Therattil Alice Johnson, Christian Chamber of Commerce & Industry Former President Henry Lobo, Bombay Catholic Sabha Former President Dolphi D'Souza, Dimensions Founder Chairman Freddie Mendonca, Managing Director of Trinity Tours & Travels Baby John were also present.

William Sequeira, Vice Chairman and Directors Vincent Mathias, P. L. S. Pinto, Paul Nazareth, A. C. Lobo, Lawrence D'Souza, Pius Vas, Benedicta Rebello, Marita D'Mello and Thomas Lobo graced the occasion.

William L D'Souza, GM & CEO, Harold M Serrao, Addl GM were also present.

Edward Rasquinha, Manager compered the programme. The Dignitaries were felicitated with floral tributes. William Sequeira, Vice Chairman proposed the vote of thanks.

Self-Driving Vehicle 'Made in India'



A team of engineering students in India have come up with a driverless bicycle. Developed at the Indian Institute of Technology Kharagpur, the bike, called i-Bike, was designed with disabled riders in mind. But the bike's hybrid configuration, which can easily switch from autonomous to manual operation, has potential uses beyond its original purpose.

It's not the first of its kind. A German company debuted a self-driving bicycle prototype at EuroBike fair last year. But the i-Bike's appeal is its multi-mode function: The bike switches between automatic locomotion, automatic steering and manual mode. This gives the rider total control of how they want to use the bike. An arm amputee can manually ride the bike but utilize automatic steering, a leg amputee could steer themselves while the bike propels itself, and a blind rider could use both automated systems. The bike has retractable training wheels, as well, for auto-locomotion.

The bicycle runs on wireless phone networks, using smartphone and GPS technology. It can be driven to a specific place by sending an SMS text with the location information. Once the coordinates are in place, the bike is on its way, using mounted sensors to navigate around unexpected obstacles on the road.

Because of that aspect, the i-Bike also has the potential for another use: bike-share systems, which have gained popularity in cities worldwide. Its hybrid-use design would allow for the bicycle to be ridden by a driver to its new location, then sent automatically back to its station.

Currently, the i-Bike is in its prototype phase. The team of engineering students behind it are still pursuing their undergraduate studies, but hope to get the bike up to product level within the year before they graduate.

'Thought for the week'

Associate yourself with people of good quality, for it is better to be alone than in bad company.

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Cover : Indias sixth saint: Mother Teresa

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An Unfortunate Sign of the Times

by Don Aguiar

One of the themes I am passionate about is how the Future of News will play out. Tech columnist Rich Jaroslovsky talks about how discovery is as important, if not more important than personalization. Personalization has the tendency to push you into a rabbit hole where things become less interesting, because your view is restricted to what algorithms think you will be interested in. Discovery implies stumbling across content that I did not know I would be interested in. For media companies, writers & journalists, achieving the right balance between personalization and discovery is key. It is the job of media companies, writers & journalists, to remain neutral. Also, excessive personalization on social networks has created echo chambers where people are only exposed to opinions they already agree or disagree with. This could be dangerous in the long run. Is it possible that we are more polarized today, politically, racially, along religious lines, etc, because the internet and social media keep reinforcing our most ill-informed opinions?

There has been a long tradition of pathology in Christianity. The Christians say Jesus never laughed. They want to depict him very sad, much burdened. They project their sadness onto Jesus; they project their misery onto Jesus. Jesus becomes a screen, and you go on projecting your mind onto him. Jesus laughed, enjoyed and loved. If you go into the Gospels without your prejudices, you will find it. How can you think otherwise about a man who was having parties, eating well, moving with women, drinking – yes, wine was not unknown to him, he loved it. He was a very very happy man. A man, who drinks, eats well, loves eating and loves friends – it is impossible to conceive that he never laughed. But Christians have depicted Jesus according to their own projection. The projection is of their misery. And then Jesus becomes just an excuse to be sad, to be miserable.

One biggest problem seems to be that the Christians are quick to identify ways to become dejected and are too slow to register the abundance of opportunities for happiness. Problems appear bigger than they really are because of exaggerating. When a problem is all that occupies the mind, it is natural for that problem to grow large enough to occupy all the available mental space. Isn't it?

Unhappiness destroys the body. Happiness strengthens it. Persistent fear and despondency endangers one's health because they cause stress. And stress increases the risk of dying of a heart attack or stroke, for example. By contrast someone who has learnt to contain his dark moods and to fortify his sunny ones is also taking care of his body. Positive feelings counteract stress and its consequences for health. They even stimulate the immune nerves.

Happy people are also nicer people. They are more aware and more likely to see the good in others. They are more likely to act altruistically and they are more successful mediators (Contd.. on p. 22)

Easter

Easter is one of the oldest and the holiest of all Christian festivals. The name 'Easter' owes its origin from 'Eastre', the Anglo-Saxon goddess of spring that symbolizes hare and egg.

No one is fully sure of how Easter came to be called by that name. However, a 7th century English scholar by the name of Bede did claim that Easter is derived from the name of the Anglo-Saxon goddess 'Eostre' who is the goddess of spring and fertility.

Easter is a festival that is celebrated with great joy by the Catholic/Christian community all over the world as it marks the resurrection of Jesus Christ from the dead. Catholics/Christians believe that on Easter Sunday Jesus Christ rose from the grave in which He was buried and entered into heaven along with the good thief who was also crucified along with Jesus.

Easter celebrations begin during the Easter vigil service on Holy Saturday. On Easter Sunday, people from all over the world exchange Easter eggs. Easter is a movable feast. It is celebrated either in March or April. This year, Easter falls on March 27.

After Jesus Christ was nailed to the cross, His body was taken down and buried in a cave tomb. The tomb was guarded by Roman soldiers and a very big stone which no one could lift, was put over the entrance so that no one could enter in and steal the body. On the following Sunday, which is called Easter Sunday, Mary Magdalene, a disciple of Jesus Christ, followed later by some more disciples, visited the tomb and found that the stone had been rolled away, and that the body of Jesus Christ had gone missing.

Jesus himself was seen that day by Mary Magdalene and the other disciples and for forty days continuously by many other people as well.

— *Jubel D'Cruz, Dombivili*

The Six Saints of India

The Catholic Church honours the saints, saints are persons who lived a life of holiness and virtue, following Christ's call to be "perfect as heavenly Father is perfect." With the Canonisation on September 4, India will be having six Saints of its own:

St. Mother Teresa (Canonisation on September 4)
St. Gonsalo Garcia
St. Sr. Alphonsa
St. Kuriakose Elias Chavara
St. Euphrasia Eluvathingal.
St. Joseph Vaz

Candidates for Canonisation from India

Servant Of God Father Constant Lievens sj
Venerable Fr. Agnel D'Souza
Servant of God Father Augustine Thevarparambil
Venerable Aurelian of the Blessed Sacrament ocd
Blessed Mother Mariam Theresa Chiramel
Servent of God Archbishop Mathew Kavukatt
Venerable Fr. Mathew Kadalikkatil
Venerable Bishop Thomas Kurialacherry
Blessed Mother Veronica of the Passion
Servent of God Father Zacharias ocd
Blessed Devasagayam Pillai
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Servant of God Bro. Puthenparambil Thommachan
Servant of God Mother Eliswa
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Servant of God Fr. Theophane, ofm cap
Servant of God Mother Petra, DSS
Servant of God Msgr. Reynold Purackal
Servant of God Msgr. Raymond F. C. Mascarenhas



' Modernise Zoos '

It very foolish for the state to cut its allocation to zoos and this shows that our boasting about our rich is a hollow and fake boast.

Animals must be conserved both in their natural and artificial habitats and the scope to breed them will be difficult unless a thorough study is made about the animals that one wants to breed so it is very important to have compulsory zoological courses once a month every year along with ethics and etiquette courses and finishing courses for people dealing with them and also to utilise the expertise of circus staff who have successfully bred and treated them.

If the laws of the country are outdated and redundant they must be thrown out lock, stock and barrel and private zoos must be permitted provided people are trained in all aspects as to how to run them and all animals must be electronically tagged and this must apply also to animals in zoos and national parks and people must be permitted to keep and breed electronically tagged domesticated animals which are not poached from the wild.

Without a doubt the most secretive place in the Bombay zoo is hybrid house where research is done on hybrid animals and is unfortunately not revealed to the public since it is out of bounds for them and if this is not enough The National Institute of Oceanography is closed to the public and hence the research is not available to them - so a case in court to open them up to the public if they are to be relevant and useful to people.

To encourage appreciation of animals the birthday of the animal must be celebrated and when they are successfully bred the birthdate and day of their offspring must be announced on boards outside their cages in zoos or

on boards in national parks.

Like everything else zoos and national parks must attract more visitors by housing new and exotic species of animals but must not ignore the existing species of animals they house in the process.

Bombay University must restart their fisheries courses as it will benefit aquarium hobbyists and dog grooming courses are necessary.

For the public at large more books and magazines devoted to animals are a necessity to encourage a love for them.

So gardens rich in biodiversity are necessary for our city both as places of recreation and education.

—Peter Castellino

She is already a Saint

Mother Teresa's selfless and untiring service to the poor of the poorest, orphaned and sick people on the streets of Kolkata will be remembered by every Indian. It is gratifying to note that Pope Francis, the Head of the Vatican has recognized her charitable services to humanity and will declare her a saint on September 4, this year on the occasion of her 19th death anniversary. Mother Teresa becoming a saint will be greeted with joy by a large number of Indians who have admired her for the help she and the sisters of the Missionary of Charity has extended to the ailing among the poorest people of Kolkata and other parts of India. Mother Teresa is already a saint in the hearts of many Indians. Every Indian should be proud of her.

— Jubel D'Cruz,
Dombivili

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Indias Sixth Saint: Mother Teresa

On Oct. 19, 2003, Pope John Paul II beatified Mother Teresa of Calcutta, who died in 1997. The beatification of the Macedonia-born nun took place in Rome, and her popularity has remained strong in the months since.

The process leading up to the beatification has been the shortest in modern history. In early 1999—less than two years after Mother Teresa's death—Pope John Paul waived the normal five-year waiting period and allowed the immediate opening of her canonization cause.

In 2002, the Holy Father recognized the healing of an Indian woman as the miracle needed to beatify Mother Teresa of Calcutta. That healing occurred on the first anniversary of Mother Teresa's death. It involved a non-Christian woman in India who had a huge abdominal tumor and woke up to find the tumor gone. Members of the Missionaries of Charity prayed for their founder's intervention to help the sick woman.

"Her life of loving service to the poor has inspired many to follow the same path. Her witness and message are cherished by those of every religion as a sign that 'God still loves the world today,'" members of the Missionaries of Charity, the religious order she founded, said in a statement after Mother Teresa's beatification was announced.

Since her death, they said, "people have sought her help and have experienced God's love for them through her prayers. Every day, pilgrims from India and around the world come to pray at her tomb, and many more follow her example of humble service of love to the most needy, beginning in their own families."

In 2001, on the Feast of the Assumption of Mary, officials closed the diocesan inquiry into Mother Teresa's sanctity. The yearlong gathering of



Mother Teresa of Calcutta, a nun who dedicated her life to helping the poor, will be made a saint of the Roman Catholic Church at a ceremony on September 4, 2016.

The announcement was expected after Pope Francis approved in December a second miracle attributed to Mother Teresa's intercession - the final hurdle to make her a saint.

The actual date falls on the eve of the 19th anniversary of her death.

testimony from those who knew Mother Teresa was the first major step in a typically long process. A year earlier, at an August 26, 2000, celebration in Calcutta marking Mother Teresa's birth anniversary, Hindu, Sikh and Muslim admirers joined in common prayers for her speedy canonization.

Mother Teresa was beatified in 2003 by Pope John Paul II after a first miracle was attributed to her, answering an Indian woman's prayers to cure her brain tumor, according to the Vatican. One miracle is needed for beatification — described by the Catholic Church as recognition of a person's entrance into heaven — while sainthood requires two.

Francis officially cleared Mother Teresa for sainthood on Dec. 17, 2015, recognizing her "miraculous healing" of a Brazilian man with multiple brain abscesses, the Vatican said.

Pope John Paul II put Mother Teresa on the fast track toward sainthood.

Without dispensation from the pope, five years must pass from the time of

the candidate's death before an examination can begin. A bishop is placed in charge of the initial examination of the candidate's life. Once deemed worthy by the Vatican, the candidate is called a "Servant of God."

In Mother Teresa's case, the examination began almost immediately after her death in 1997, the Vatican said.

She was born Agnes Gonxha Bojaxhiu of Albanian parents on Aug. 26, 1910, in Skopje, in what is now Macedonia. She joined the Loreto order of nuns in 1928.

In 1946, while traveling by train from Kolkata to Darjeeling, she was inspired to found the Missionaries of Charity order. The order was established four years later and has since opened more than 130 houses worldwide to provide comfort and care for the needy.

While her actions gained widespread admiration, Mother Teresa was not beloved by all and was criticized for the quality of care in her clinics and taking donations from Haitian dictator Jean-Claude Duvalier and disgraced American financier Charles Keating, according to the Associated Press.

By the time of her death, Mother Teresa's India-based Missionaries of Charity supported 4,000 nuns and ran hundreds of orphanages, soup kitchens, homeless shelters and clinics around the world.

Francis, who has made outreach to the poor a priority for the Catholic Church, met Mother Teresa more than two decades ago while he was Archbishop Jorge Mario Bergoglio in Argentina. He is known for admiring her ministry as well as her fearlessness in speaking out on behalf of society's outcasts.

"I would have been afraid to have had her as my superior, since she was so tough," he once joked.

Easter In The Year Of Mercy

The annual season of Lent is a veritable time of grace, a period of time when we examine ourselves like at no other time of the year, a sense of sorrow influencing our emotions on various scores. The most poignant of these emotions however concerns the issue of forgiveness, both sought and given, irrespective of which side of the fence one is on. Seen in this light, the culmination of the observance of the Holy Season of Lent in the celebration of the Easter Mysteries in Holy Week in the Church's ongoing extraordinary Year of Mercy takes on added significance.



by Ladislaus L. D'Souza

Sacred Scripture to the Fore
A year may seem pretty long until one realizes that we have already cleared the first quarter, the Jubilee Year having commenced on the Solemnity of the Immaculate Conception: 8 December 2015! That's when one cannot help but be virtually frightened so to say if one is conscious of the fact that nothing comes without a price. If we desire forgiveness of our sins as an obvious pre-condition to tasting the joys of Easter we ought to be aware of the stipulations in Sacred Scripture in this regard. Take any related passage in the gospels and its implications never fail to send a shiver down the spine!

Take Matthew 6:14-15 for example. Which human being on earth can claim to be so free of wrong as to be able to say that he neither feels the need to forgive others their wrongs nor the need to be forgiven by others? God is a generous giver and is free in the dispensation of His loving mercies. But when it comes to forgiveness, He has huge 'if' conditions laid out for us: "If you forgive others their wrongs, your Father in heaven will also forgive you. If you do not forgive others then your Father will not forgive you either." Frightening, isn't it? And if

it isn't, it implies we need to brush up on our sense and sensibilities. Gosh! It's forgiveness at any cost! Tut-tut! How many times, how much, how often, to what extent??? Jesus has the answer, both to Peter's query and to ours: "No! Not seven times! You gotta forgive seventy times seven!" Now, now! That's 490 times, right? Wrong!! It means more than that if you understand that in the Hebrew scheme of things the numeral 7 implies godly completion or perfection in terms of quantity, volume – whatever! Further elaborating on this aspect, Jesus talks about the unforgiving servant who refused to forgive his debtor over something small despite having been forgiven something bigger himself. Indeed! If

Matthew 18:21-35—in which it is not difficult to see which servant was the one that experienced Easter—doesn't help drive the daylights out of an unforgiving heart, nothing will! Gone then is the hope of an Easter in one's life.

The First Move

But Jesus is not done with us on that score as yet, for he says in Matthew 5:23, "If you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift." Wouldn't that be embarrassing, one may ask. Jesus resolves the issue by simplifying matters in Mark 11:25 thus: "When you stand to pray, forgive whatever you may hold against anyone." This raises a very significant query, viz., "Have I made the first move in terms of setting the forgiveness ball rolling? Or have I made up my mind to keep at arm's length those who have apparently sullied my supposed holiness until they have made good the wrong done me?" Brother Mario Jo-



seph, the Muslim-cleric-turned-Catholic-evangelists, is emphatic when he insists that the first move be on the part of the party erred against, even if the erring party has nothing but a rebuff to offer.

If truth be told, making the first move is no easy matter. Yet, the finest example of the first move is Jesus himself who "turned around and looked at Peter...." (Lk 22:61a) and the rest is history. In the spirit of the year of mercy, Lloyd, who was visiting an ailing elder brother, extended the Olive branch to younger sibling, Llander who was part of the faction that, five months into their mother's passing, had surreptitiously sold off part of the family's undivided property. The thieving sibling gave Lloyd one of the dirtiest of looks ever and said, "Who are you? I don't know you." Obviously, Lloyd, rather than be depressed over Llander's attitude, cherishes the consolation of having made the first move in terms of offering his erring brother an opportunity to experience the peace and

(Contd.. on p. 8)

(Contd.. from p. 7)

joy that comes with shared pardon. As a preacher once said, "When you forgive you are not weak but strong!" Lloyd has done his part – in preparation for Easter so to say!

Writers' Block...

Seen from another perspective, those of us who either speak or write about 'forgiveness' have a huge responsibility. The human mind is a complex entity that can either uplift itself with wonderful thoughts or serve as a deceiver, making frivolous excuses that frequently cause us to take actions that prove detrimental to our wellbeing, playing as it does havoc with our relationships, thus disallowing positivity to smoothen out our lives. One may preach eloquently—whether verbally or in print—about the love and mercy of the Father, citing parables in support of the concept of forgiveness, or the perpetrators of the worst of crimes being forgiven, alluding to the likes of Gladys Staines and others apart from Christ himself as examples. But living up to the spirit of what we write and emulating the example of the victims in response to the call of the Church's Jubilee Year of Mercy is a challenge we might be tempted to sidestep at our own peril. No! Forgiving is no child's play, least of all a laughing matter. And so it is that we need to be on the guard as regards the influence we allow people of the unforgiving ilk to have on our emotions and our decisions in relation to forgiveness.

Repentance – The Only Path to Easter

Really close self-introspection has the evangelist John turn the spotlight directly on us through 1 John 1:9 – "If we acknowledge our sins, he who is faithful and just will forgive us our sins and cleanse us from all wickedness." A striking reminder that mercy on God's part per se is conditional - and rightly so. After all, wasn't it our sins that the Lord Jesus Christ took upon himself in order to gain for us entry into Paradise precisely on the premise of the Father's mercy? As Peter so pointedly exhorts his listeners in Acts

3:19, "Repent, then, and turn to God so that your sins may be wiped out." Easter in the making! It all boils down to love getting its due. If you love God you feel the need to turn to Him in repentance and experience His love wiping off all your sins. And yet, how often is love itself not betrayed - as happened in the betrayal of Jesus' love at the hands of the greedy, conniving Judas whose treachery is evident in brother cheating brother in property matters, spouse cheating spouse in marital relationships, friend back-stabbing friend out of jealousy, employer going back on his word to an employee or mercilessly depriving a retiree of his rightful sustenance, and so on—so much to anger us. The simple solution offered by Pope Francis: "Are you angry with someone? Then pray for that person". Prayer lifts the veil of gloom dampening our spirits, allowing the spirit of forgiveness to then hold sway!

It is obvious that the multiplex culture has invaded the sacred precincts of the home, replicated as it is by way of multi-partnerships, shattering the intimacy inherent to marriage. Quick-fixes, one-night stands and short-term live-ins have virtually replaced responsible courtship, in effect overseeing the virtual disintegration of the family itself even as relationships in general are tossed about mercilessly on the seas of uncertainty, certain partners choosing to be in a throwaway sort of a handbag relationship.

Wrong Step: Death – Right Step: Easter!

Jesus had chosen both Peter to be the rock on which he was to found the Church and Judas to be the treasurer of his band of disciples. But what sort of a 'rock' Peter turned out to be is well documented in the gospels for everyone to see, denying his master no less than three times even as Judas betrayed him for a measly sum of 30 pieces of silver. What then is the difference between them? Peter repented and, as tradition has it, the tears that flowed were such as to cause furrows in his cheeks. Jesus, who is the face of the Father's mercy, understood and

accepted his spirit of repentance by gazing on him with compassion. Judas too felt genuine remorse at having sinned by betraying innocent blood (Mt 27:3ff); but flinging to the ground the silver booty in the sanctuary he summarily hung himself to death on a tree. Had he allowed his remorse to enable him to see sense and seek to be forgiven by Jesus, the course of his life would probably have ended not in a noose but, in all probability, on the same pedestal as Peter. Will we allow ourselves a step in the direction of perdition? Or would we much rather yearn for a look from Jesus, the face of the Father's mercy, to buoy us onto the path of Easter?

Good Friday and Easter are but two sides of the same coin. And so are Forgiveness and Mercy, death being the offshoot of un-forgiveness, Easter the fruit of forgiveness! If the threat of death be passed and if Easter is to become a way of life, let our prayer ever be that we may have the eyes to see the best in people and a heart that forgives the worst. **HAPPY EASTER ONE AND ALL!**

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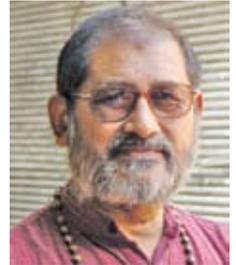
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Pedestalizing Poor Francis



by chhotebhai *

How many bishops, priests and nuns have taken to cycling, or at least smaller cars? What was the Indian Church's response to the Family Synod? ... How many Bishops took an active interest in it? For the Years of Religious and Mercy we have special prayer cards in all churches. No such thing was done for the Family. The laity doesn't count in the pecking order of the Establishment.

Pope Francis completes 3 years of his papacy this 13th March. He is the darling of most Catholics (at least those who read)! And quite popular with the western media; though he does not seem to evoke the same level of interest in the mainstream Indian media.

Cardinal Karol Wojtla of Poland, when he was elected Pope John Paul II, was seen as breaking the Italian stranglehold over the papacy. As a sportsman, actor and poet he too was the darling of the media. Unfortunately, over a period of time, he became increasingly conservative, and clung to office despite his frailty. It was pathetic to see him mumbling and fumbling at the beatification of Mother Teresa. Does a similar fate await Pope Francis?

It is common knowledge that the "Establishment" is powerful everywhere – be it the political class, media, mafia, army, business cartels or the Vatican Curia. By nature the Establishment is status quoist. It detests change, but does not resist it. It simply appropriates the agents of change. Therein lies the danger.

How does the Establishment appropriate change; either by pedestalisation or assimilation. Assimilation is what Adi Shankarcharya did to Buddhism. He simply stated that Buddha was an Incarnation of a Hindu deity, and thereby nearly obliterated Buddhism from the land of its birth. In like manner present day Hindutvawadis are desperate to affix the "Made In India" tag on Jesus. Let us not be fooled by this clever ploy.

Christianity down the ages, with its "Holier than thou" attitude, has preferred the path of pedestalisation to

assimilation. Emperor Constantine in the fourth century is the classic example; when he converted Christianity (a persecuted kingdom people) into Christendom (a kingly establishment). Most of us have conveniently pedestalised both Jesus and Christianity. I understood this phenomenon from the book "The Conspiracy of God" by Rev John Haughey SJ, with its preface by the late charismatic Cardinal Leon Suenens of Belgium. Pedestalisation is what we do to a statue or idol. We first fashion it ourselves, place it on a pedestal, and then adulate or venerate it. The object of our adulation is "up there" and we devotees are "down here", and ne'er the twain shall meet! This is what we have done to Christ the King, the Son of God. He is up there, beyond our reach. But Haughey's book taught me that Jesus of Nazareth is down here. In the New Testament he referred to himself 82 times as the Son of Man, Bar-e-nasa in his native Aramaic. It may be loosely translated as aam aadmi.

The "Conspiracy of the Establishment" is to encourage adulation of the one up there, rather than emulation of the one down here. This malicious conspiracy enslaves us as breast-beating sinners or zealous Alleluia singers. We go to church, recite prayers, attend novenas, go for pilgrimages, donate to the church funds and organize grand feasts (lots of flowers and food); but we don't emulate Jesus – follow in his footsteps. Unfortunately, church history is replete with instances of how Saints and Ideals have been converted into idols. The Establishment always strikes back, and with a vengeance.

Does Pope Francis await a similar fate? Is the Establishment biding its time,

waiting for him to falter or alter course, and then sacrifice him on the altar of "I told you so"? During the last two papal elections I openly petitioned the cardinal electors from India, expressing my hope for a third world pope. I was deeply disappointed at the election of Pope Benedict XVI, also known as the Panzer Cardinal. But I was overjoyed when Cardinal Jorge Mario Bergoglio of Argentina was elected and took the name Francis, after Francis of Assisi.

Though a layman I have been largely influenced by the Franciscan lifestyle of simplicity and humility on the one hand; and Ignatian spirituality, discernment and intellectual prowess on the other. So when a Jesuit chose to be called Francis on his election as Pope, it was music to my ears. I rejoiced that the "Conspiracy of God" had triumphed over the "Conspiracy of the Establishment".

Three years down the line I have a creeping fear that the Establishment is surely, but steadily, reasserting its vice like grip over the Church. Would that my apprehensions are unfounded, but the indications are to the contrary.

In his recent book, "Glimpses into the Uniqueness of Recent Popes" Rev. Desmond D'souza CSSR raises a pertinent point – is Pope Francis a man of style or substance? I personally believe that Pope Francis is sincere in his desire for change. He is a man of substance. But the Establishment would love to position him as a man of Style only.

He lives in a two-room apartment, not the Vatican Palace. He uses a small car, and washes the feet of women

(Contd.. on p. 10)

(Contd.. from p. 9)

and drug addicts. He says, "Who am I to judge" when it comes to a person's sexual orientation. He is deeply concerned about divorced and remarried Catholics. He wants a church of the poor, for the poor. He is against all forms of ostentatious living. He says he is pained to see priests and nuns using the latest models of cars, and advocates cycling. He expressed his priorities by organizing two synods on the family. What has been the impact of these path-breaking initiatives on the Universal or Indian Church? The answer is in the wind. Here is the report card.

A German bishop was forced to resign for spending \$ 43 million on renovation of his residence. Rev D'souza records that Cardinal Sean O'Malley of Boston and Archbishop Charles Kaput of Philadelphia sold their mansions, and Bp David Zubik of Pittsburgh put up his mansion for sale within two weeks of his appointment. Other than voluntary renunciation, the laity of Newark, Camden and Charleston dioceses, all in America, objected to their bishops' lavish spending on themselves. What about the remaining bishops across the world? A score of 3/3000 is pathetic! In Eddapally, Kochi, the new St George's Church costed Rs 50 Crores. The Cardinal inaugurated it on his birthday. He should have showed more spunk like our President Pranab Mukherjee, giving the thumbs down to Sri Sri Ravi Shankar's Jamuna Jamboree. How many bishops, priests and nuns have taken to cycling, or at least smaller cars? Incidentally I followed Pope Francis' exhortation and took to cycling three years ago! What was the Indian Church's response to the Family Synod? Pathetic. How many Bishops took an active interest in it? For the Years of Religious and Mercy we have special prayer cards in all churches. No such thing was done for the Family. The laity doesn't count in the pecking order of the Establishment.

Have we become more compassionate and merciful and less judgmental? Are we more accommodating

Good Friday Reflections

I sat engrossed at the foot of the cross. I looked at me suspiciously....!how many good Fridays have I been going to church...how many way of the crosses I have been attending with the so called devotion of the Pharisees and is there a remarkable change in me or did I do any good thing to anyone that came to on my way.

I have been boasting so long I am not like the common man or not like the prostitutes who go around cheating or selling their body to make money. I am a religious going to church every day, listening and reading the Word of God daily, receiving the body and blood of Christ in my life. But have I put on the values and attitudes of Christ.

Every day I am hearing the cry of the innocent in the streets. The poor are being tortured, misguided and misled since they don't have bucks to fill the pockets of the bureaucrats, the children are being sold in the market as commodities, my sisters and mothers are being paraded naked and their dignity is being trampled on the roadside in the darkness

or at least concerned about the divorced and remarried? Unfortunately the answer to all these questions is a resounding "NO". Yet the Establishment is smiling like the cat that has drunk the milk. It is all praise and adulation for poor Pope Francis whom it has pedestalled "up there".

Frankly, I am not interested in any more encyclicals or synods. We have had enough of pious exhortations. As a layman I simply ask for the implementation of the ecclesiology of Vatican II and the provisions of Canon Law. Only then would I be able to say if Pope Francis is a man of Style or Substance. Till then I reserve my judgment.

* The writer is a former National President of the All India Catholic Union.



Sr. Bindu
Abraham
MSI

and broad day light at home and in the work place, my fellow human beings are being lynched to death for eating the food of their choice, my brothers and sisters are being chastised for worshipping the God of their choice, my friends are being innocently victimized and spending their life in the prison

in the hands of heartless law makers.. Where am I going my God or where are you leading me...

When I am not able to change myself a bit even...when I hear all these innumerable miseries in my life why Lord there is no humaneness.

When I hear my fellow sisters are being shot at coldblooded, they are being kidnapped I know Lord you are being crucified again and again in my own heart.

I can see the pain in your eyes, tears are rolling down. You have told me I have no feet or leg or hands because you have sacrificed everything for my sake. But lord every time I hear such merciless news I have become more unbending and impossible to deal with.

What is the use of doing all these fasting and abstinence...it's all a kind of blind folding the face of Jesus and simply enjoying myself...Who am I really..? .Every year I enter in Holy week attending so called sanctimonious Liturgical celebrations piously and at the end just wait for the Easter Sunday to arrive to do forget once again the ruthless life my fellow brothers and sisters are living out.

When I sit at the table filled with extravagant and sumptuous food did I anytime think of the poor mother who has nothing to offer for her children for a single meal?

Lord on this Good Friday at the foot of the cross make me more other centered and altruistic so that I may be a good human at least in your sight. Heal me from all the unwanted pride and disturb me when I am completely cozy with myself.

T3 Hope Foundation Gets 80G Certification



It has been a well known fact that Mr. V P Lobo, the founder of famous construction company T3 URBAN DEVELOPERS LTD., has been helping underprivileged children from rural areas to get quality English medium education since last many years through his charity trust T3 HOPE FOUNDATION. In recognition of his sincere and honest charity work, the Government of India has granted 80G CERTIFICATION to T3 HOPE FOUNDATION. From now onwards, anybody making donation to T3 HOPE FOUNDATION will be eligible to claim Income Tax benefit under section 80G of Income Tax Act.

“It is my dream to educate 10,000 poor children in English medium schools before I leave this planet. With 80G Certification, I am sure many will contribute to T3 HOPE FOUNDATION which will not only help them save taxes but also get blessings for a kind gesture of enabling a poor child get quality English medium education” Says V P Lobo.

It all started as a small help to a poor child in his native village, way back

in 1997. Today it has transformed into a full-fledged charity trust helping children get English medium

education in ASSAM, NAGALAND, MAHARASHTRA AND KARNATAKA. He intends to enroll poor children from vernacular medium schools to English medium schools in all the states.

Since he himself studied in Kannada medium, he realized the importance of English medium education when he landed in Mumbai as a 16 years old boy in 1986. He says that he got a proper job only after he was able to communicate in English. Till then he struggled with odd jobs like washing taxies, ironing cloths in laundry and even selling bafat masala door to door in housing colonies. It's a matter of pride for the community that T3 HOPE FOUNDATION has been granted 80G Certificate by the Government of India.

The community expects many more achievements and good work from Mr. V P Lobo and T3 group of Companies in the days to come.

T3 Green City wins "Most Admired Upcoming Affordable Project" award



T3 Urban Developers Ltd., project 'Green City' at Vamadapadav, Mangalore won 'Most Admired Upcoming Affordable Project' award. The award is presented to Mr. V. P. Lobo, CMD., T3 Urban Developers Ltd., at a glittering ceremony in Ritz Carlton Hotel, Bangalore recently.



Indian Catholic Press Association Meet at Pune



Rt. Rev. Thomas Dabre
Bishop of Pune

“It is sad that journalists are led by three S’s: Scandals, sensationalism and Sex. This can degenerate into perversion and destruction of personalities, achieving no good at all,” said Bishop Thomas Dabre of Pune while addressing the 21st national convention of Indian Catholic Press Association (ICPA). Further the prelate, the keynote speaker, noted that journalists and media have become vital components of modern world, as they can reach countless people in short time. “With such importance and power, journalists can make precious contributions for the stability and strengthening of family life,” he told more than 60 delegates from various parts of India.

The ICPA felicitated Christian journalists from Pune: Michael Gonsalves, senior assistant editor of Financial Chronicle, and Edwin Samraj, director, Adventist Media Centre for their contribution in the field of journalism.

ICPA presented Reggie David of Jabalpur the Swami Devanand Chakkunkal Award for the Best Christian Hindi Writer while Kirubai Doss from Tamil Nadu won the award for the Dalit Cause.

The association also honored Ignatius Gonsalves, editor of Jeevanadham, Kerala, Ladislaus D’ Sousa, copy editor of St Pauls and Better yourself books, Lawrence Coelho and Susan Coelho, editor of The Secular Citizen, and DIVO, a Konkani Magazine from Mumbai, Rev. Fr. Eusebio Piedade Gomes, editor Vauradeancho Ixtt, Goa.

Seated are the award winners





Susan and Lawrence Coelho of The Secular Citizen and DIVO are felicitated at the ICPA meet Pune



Ladislous D' Sousa, copy editor of St Pauls and Better yourself books is felicitated at the ICPA meet Pune

Pune: The 52nd general assembly of the Indian Catholic Press Association (ICPA) - forum of Catholic journalists, editors and publishers - held at Ishwani Kendra, Pune, during March 11-13 has urged media practitioners "to be sensitive to family values and be agents of social transformation."

"As sex, sensationalism and scandals dominate the media, the fundamentals of the family life are being eroded and challenged. This has led to a serious impact on the stability of the family leading to a decay in society," pointed out a resolution passed at the assembly that discussed the theme 'Christian journalists and Family Values'.

"Growing materialism, consumerism and addiction to social media due to decline of spiritual and moral values are grave concerns challenging the church and the society," pointed out Bishop Thomas Dabre of Pune inaugurating the ICPA assembly that was

attended by more than 60 members from across the country.

Bishop Dabre also expressed concern over the 'systematic concerted effort to manipulate the education system', 'widespread intolerance, religious fundamentalism and atrocities against intellectuals'; religious institutions."

On the concluding day of the General Body meeting on March 13, Fr Alfonso Elengikal was re-elected President and Jose Vincent as the Secretary. While Fr Alfonso, who is also the Director of the North-Eastern Social Communications, is in his second term, Jose Vincent has been chosen for the fourth time in the second spell. Mr Ignatius Gonsalves, Chief Editor of Jeevanaadam, Kochi was elected Vice-president, Fr Vijay Isaac from Alapuzha, the Joint secretary and Fr Jayan Nakapuzha from Thodupuzha the Treasurer. The Executive Committee members are: Fr Francis Stephen for East, Fr John Froz for West, Fr Francis Arackal for

North and Mr Sebastian Kallarackal for South. While Sr Benigna from Vijayawada was chosen the women's representative, Fr Gilbert from Mumbai was made the institutional member.

**—Jose Vincent
Secretary: ICPA**



Rev. Fr. Eusebio Piedade Gomes, editor Vauradeancho Ixtt, Goa is felicitated at the ICPA meet Pune



"Christian Journalists and Family values" was the theme of the March 11-13 ICPA meeting at Ishwani Kendra (center of Lord's voice) in Pune,

Rev. Fr. Joaquim Fernandes sbd of Tej-Prasarini, Donbosco, Mumbai



Mr. Jose Vincent, ICPA Secretary; Mr. Roy Dmonte, Deacon; Rev. Fr. Anton D'Souza SDB; Miss Anjali Amolic and Rev. Fr. Alfonso Elengikal, President ICPA

The Late Raphael Sequeira – businessman and gentleman

A tribute and some thoughts

Most Christians are perceived as living their lives with good values and principles. Before hackles are raised in the current climate of fragile feelings and a watchful lookout for the unintended insult, let me reiterate that this is an unalloyed truth.

Our faith urges us to keep these values and principles close to our hearts as we live our daily lives, and to carry them into the practice of everything we do, personally and professionally

This is a very hard thing indeed, especially in a country where bribery and corruption are so much a part of the system, that being able to navigate is a highly-developed, much lauded, eagerly-sought skill. So what do many, many Christian businessmen do when faced with the intractability of a moral code that thinks nothing of under-hand, under-the-table dealings to smoothen the way for everything? They fail. Many others have actually succeeded because they went along with the system, adapting to the business climate along the way.

And some, fewer than we would like, actually succeeded richly because they made it known that they intended to be successful without compromising their values.

One such man was the late Raphael Sequeira, MD of Reliable Spaces Pvt. Ltd., a Rs 3,000 crore company focused on real estate development and construction, based in Mumbai and Navi Mumbai.

I knew him well as a simple, dedicated, extremely hard-working human being, who was always sure of himself. I also believe that a case



Late Raphael Sequeira

study on how he grew his company into a monolith without compromising his cherished values and principles would make an amazing one. Till that is done, however, I would like to proffer what I think were his strong points, those that helped him to succeed:



by Freddy Mendonca

1. He had a passion to succeed and without passion you cannot do anything.
2. He did not care if he lost money on a transaction, so long as relationships remained intact. For him, the relationship was more important than the money.
3. He knew that God had called him to do business and so played his part as the steward of God, by taking care of the resources with which God had endowed him.
4. He did not talk much about his achievements or position.
5. He had strong Christian Principles and Values and would do anything not to cross the line.

6. He always had time for you, however busy he was.

7. He never forgot his roots and his humble beginnings.

8. He had no time for gossip or scandals. He spent all his time between his family, business and in the presence of the Almighty.

Although markets rise and fall, his investments and projects were always rising. He knew that his future was in God's hands. And when the Almighty is in control there is no force on earth that can stop a man from moving forward.

THE WAY FORWARD -

In my lifetime I want to be able to see that we have not one such businessman but 100. In order to achieve this, we have to formulate a strategy that stands by the motto 'ALL FOR ONE AND ONE FOR ALL' Our businesses have to be rooted in Christian Principles and Values.

Given below are some of the principles I believe if implemented, will help us grow into a prosperous community, comfortable with the idea of doing business.

1. Seek a deeper relationship with Lord Jesus Christ and know His Will for our lives
2. Follow Christian Principles and Values with regards to all business activity
3. Share resources with those less privileged - finance, office space, storage space, contacts, projects, contracts etc
4. Promote Companies and Individuals who have just been established. Their growth is our growth
5. Guide those who seek advice.

(Contd.. on p. 17)

EASTER INVOCATION: That All May Believe



It is a day for monumental happenings: The Risen Lord. The empty tomb. The entrance-stone mysteriously rolled away. The Roman soldiers asleep. A strange stillness hangs in the early morning half-darkness. Mary Magdalene looks inside the tomb and she is amazed, the body of Christ is not there. It is an arcane event for that moment.

The First Easter is also the first day of the week. Saint John writes about Jesus having said earlier, "That the world may believe that thou hast sent me." (John.17:21). "Jesus' Resurrection is God's divine gift to all mankind." Said Peter (Acts 10:34).

On that fateful day Mary Magdalene runs to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." (John.20:1-2).

Peter and the other disciple go to the tomb. They find the linen cloth lying there, and the napkin which had been on his head. "The other disciple went in, saw and believed." (John.20:8). Christ Jesus had risen.

The temple of God had been destroyed and rebuilt in three days. (Matthew.26:61). This is the cornerstone of the Christian faith. From this Sunday's first reading we are told to believe in Jesus and receive the forgiveness of sins through His name. The resurrection of our Lord is an unquestioning adherence of faith and trust. Disbelievers may be mystified at first like the disciple who went inside the tomb and came out believing.

The Resurrection is truly the foundation of Christian belief. The faithful have an inherent trust in Christ. It was instilled in the community by the words of Jesus: "that they may all be one, even as

thou, Father, art in me, and I in thee, that they also may be in us, so that the world may believe that thou hast sent me." (Jn. 17:21) In liturgy for this Sunday the apostles together, enhance the trust and truth they found in Christ. "And we are witnesses to all that he did both the country of the Jews and in Jerusalem" (Acts. 10:39).

The Messiah was indeed, the Son of God. Documentation on the death and Resurrection of the redeemer provides enough proof, "that the world may believe." In the book of Acts we are informed, "How God anointed Jesus of Nazareth with the Holy Spirit and with power, how He went about doing good and healing all that were oppressed by the devil, for God was with Him". (Acts. 10:38)

Today, the Christian world will celebrate "a new life" of spiritual strength. Easter and the celebration of Jesus' Resurrection began with the first generation of Christians. This was the only celebration the Church observed for the first three centuries. For the next fifty days the Season of Easter will dwell on the theme that Jesus was raised from the dead and is Lord.

This is a sacred time: Jesus died on the most important Jewish festival, of the Passover, it was a symbolic passage of crossing over from the old to a new covenant of spiritual life. Christ was the Lamb of God, offered up for our freedom. Easter can be celebrated on any Sunday between March 23 to April 25 because the Lord was raised on the first day of the week.

Jesus had risen and was still with them. The followers of Christ would never forget this sacred event. Jesus was the Paschal Lamb given as a sacrifice to achieve a spiritual release from sin and ignorance. The Easter Lamb became a



BY MELVYN BROWN

symbol of the Christian faith along with the earlier sign of the fish, which was popular in the Middle Ages, especially in Europe. And then it became the Holy Cross across the earth. The white trumpet lily known as the Easter lilies, appear at Easter celebrations. Easter lilies came from Bermuda and bloomed in springtime. The flowers serve as a symbol of the Resurrection.

Help your family from this Easter to grow in the Faith with deeper religious convictions. Make Catholicism a tradition of trust in God, strength in the Church and a life centered in Christ. Cultivate unity and love as family values. Easter means "new life"; apply it to your family and relatives. Forgive and forget where things might have gone wrong and bond with each other and one another. Look at the Crucifix and at Catholic Luminaries to be one with Christ: "That the world may believe. (Jn. 17:21)

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What is Face Serum?

Face serum is a clear, thick, liquid beauty product often formulated to target a specific problem. Some people use them to help



reduce fine lines, wrinkles and dark spots, while others choose formulas that help prevent acne and brighten the skin. A serum may contain many different ingredients, including vitamin C, rose hip oil, glycerine, cucumber and aloe. Users should typically apply a face serum just before bed, after washing the face and neck with gentle facial cleanser. The face should be slightly damp during application; this helps the liquid absorb into the skin.

What is Liberal Market Economy?



A liberal market economy is a type of economic system that provides the ability for companies to interact with other companies, their employees, customers and suppliers in whatever mechanisms they prefer, within the board regulations implemented by a government. Usually considered a form of a free enterprise system or at least a mixed economy that includes significant freedoms in how business is conducted, the liberal market economy is a fairly common system used in many nations around the world.

Knowledge



Page

Visual

Merchandising

Visual merchandising is the presentation of a store and its merchandise in such a manner that it will attract the attention of potential customers. It involves decorating the store keeping the interior presentation the same as what is promised on the outside. The end purpose of visual merchandise is to aid in making a sale. Visual merchandise presents an image of who or what the shopper can be when using the merchandise that is displayed. It enables in converting a walk by shopper into a walk-in customer.

What is a Scepter?



A scepter is a ceremonial device which denotes an office of high power and it is particularly associated

with royalty. In British English, it is spelled scepter. Scepters are often heavily ornamented to make them more imposing to look at and they are usually held or carried during ceremonial events or for portraits. Particular scepters a

scepters are associated with specific royal families and they are often passed down through multiple generations of kings and queens. The design of scepter is like a staff.

In Fashion, What is Piping?

In fashion, piping refers most often to a type of trim on fabric. It is usually a small roll of fabric, sewn on to hems, sleeves and collar edges of garments.



Piping is frequently seen on military uniforms in gold, red, white or blue. The material may be flat or puffed out with cotton or wool batting. It has been used on clothing for hundreds of years and provides contrast and ornamentation. It provides eye-catching contrast on jacket lapels or sleeves. It was very popular on women's clothing in the 1940's, 50's and 60's and has made a comeback in recent years.

What is a Service Fee?

A service fee is a monetary charge added to a customer's bill or account for a service that has been provided by a business. There are numerous types of such fees that vary by industry. The most common fees for consumers include bank fees, credit card fees and service fees from other utility providers. Banks may charge a service fee for services provided, for account maintenance, or as a penalty; these fees typically vary by bank and account. Examples of other miscellaneous service fees could include a delivery fee when ordering food or a tax fee from a mortgage company.

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6. Case Study businesses and businessmen that are struggling. Change strategy, key staff, infuse finance and help place them on a path to recovery.
7. Part- finance Projects and Contracts of fellow businessmen
8. Mentor and support new entrants into the business world
9. Sponsor Specialized Courses for promising businessmen in India and abroad
10. Advertise jobs in the community first before opening them out for the local market
11. Fight corruption - help one another with contacts in Ministries and Government Departments.
12. Create an Advisory Committee made up of accomplished businessmen, Lawyers, Chartered Accountants, Bankers, Management Professionals and Brand Managers, who will provide constructive criticism and advice to all members of the community.
13. Tie up with other business groups from all over the country (this will help in taking our business to national level)
14. Be part of Nation Building – growth of the nation you belong to is your growth and it should be our pride.
15. Tie up with NGOs in the service of our community.

It is time to wake up from our siesta and take charge of what the Lord God has entrusted us with. We are children of the Almighty. We are heirs and co-heirs with Christ. Let us behave and act like heirs of the Almighty. Let us prove to the Almighty that we have what it takes to use the resources that he wants to give us. Let us prepare ourselves to receive.

(Freddy Mendonca is Founder Chairman of Dimensions, Vice President of CHEMS – Catholic Higher Education and Mentoring Society. – Editor.)

Washing The Feet Of Women? Why Not!

by Ladislaus L D'Souza

While the inclusion of women in the 'Washing of the Feet' ritual of the Universal Church's Maundy Thursday celebrations this year was done by formal Papal diktat, it was actually in the early 1990's that the idea of such an inclusion was first mooted in India (probably in the world) – in Malad West, a suburb of Mumbai to be precise.

Father Hugh Fonseca of happy memory, the then Parish Priest of Our Lady of Lourdes, Orlem, a man far ahead of his times, took a bold step and got a group of 'apostles' ready for the said ceremony, women houseworkers dominating the list. All was ready and the exercise rehearsed when, on Maundy Thursday morning came a call from the then Auxiliary of Bombay, the Late Bishop Ferdinand Fonseca, in response to a complaint from a few disgruntled parishioners, directing Father Hugh to shelve his plan and have only men's feet washed [lest a grave sin be probably committed in public!]. In filial obedience, Hugh obliged. While he as Celebrant washed only men's feet at the Altar, the then Chairman-Vice President of the Parish Pastoral Council [PPC], Mr Dolphy D'Souza, another gutsy guy, washed the feet of the women in front of the Altar stage, the members of the PPC (including this writer), positioned in strategic places on the ground, washed the feet of those seated in the front row of each block, bringing about a deeper understanding of what the ceremony itself is all about.

The beauty of the exercise was that carrying out the ritual—including Father Hugh, despite his huge frame!—went down on their knees to wash, dry and kiss the feet, unlike the present fad of constructing an additional platform that has the 'apostles' so seated as to ensure that the celebrant concerned hasn't to even bend to either wash, dry or kiss a foot!

The purpose behind Father Hugh's idea was threefold: Firstly, to raise the general Christian perspective of the believer to a level that accepts the equality of genders before the Creator. Next, to give a boost to the dignity of women in general. And lastly, to help women of the poorer strata of society come into their own by feeling respected and empowered, both in the Church in particular and in society at large. It is gratifying to note that Father Hugh's stand has been vindicated with the Pope himself no less sanctioning such a move today, effecting the change in the Church's rule book so to say.

With the practice being officially established at the 'Missal' level, one cannot help but wonder: where are all those prophets of doom who demurred on the idea and had their holy way when Father Hugh attempted an experiment of great significance in this regard? How come they are silent today and not petitioning Rome to put paid to this new Bergoglian fancy? Well, they are probably busy getting the women in their respective families nominated for the ceremony—if not for this year then at least in advance for Maundy Thursday 2017!

Would that every genuine adherent of the Catholic Faith, in the spirit of the Jubilee Year of Mercy, looked at every issue concerning the Church's teachings with an open mind and an understanding heart!

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Be happy at workplace

If you're employed at an organization, there is one simple question that you must ask yourself. Do you like Mondays? If you answered 'no,' you might find these tips useful. A typical 40-hour work week can be as interesting as you want it to be if you are ready and able to grip these tips.

Don't work for money work to make yourself: Don't just concentrate on the monetary compensation that you are getting out of your job. Focus on other wonderful things that you are getting out of your work that may be useful in the long-run. For example, you are gaining experience and adding knowledge to your brain as you learn new things every day. In addition, you acquire new skills that will prove beneficial in the future. Hence, know that you are working not only to make money, but also to make yourself.

Be cordial with your colleagues: Not everyone is going to be like you and have similar opinions as yours. Your work mates can be of different races, religions, nationalities, etc, than yours. Their political inclination or even their sexual orientation may be different than yours. Learn to embrace their differences as everyone is entitled to their own opinions. Being cordial with your work mates is going to make your and their lives better along with the superior's, which will



eventually help to maintain that peaceful environment at your organization.

Accept your workplace as your second home: You spend a third of your day in your office every day. How can you not like the place where you spend so much of your time and still drag yourself to work every day? You must understand that work is a give and take process. You give your valuable time, expertise, and dedication in order to be able to gain compensation and other useful benefits. Therefore, know and accept your role at your organization. This will help you accept that your workplace is indeed like your second home.

Learn to love new challenges: Everyone faces new challenges at their jobs every now and then. Meeting deadlines, balancing your work-load, meeting your client's/superior's expectations, handling a crisis, etc, may be some of the examples that you may have to face at your job. Learn to love these challenges, and more importantly, learn to love the feeling that you get when you have accomplished those challenges. That way, you will find yourself looking forward to facing even more challenges.

Balance your personal and professional life : It can get overwhelming at times when the balance gets out of control and all we can do is try our best to balance our personal and professional lives. Therefore, our goal is to remain content, so that we can make everyone else in our lives content. Maintaining this balance is extremely important in order to feel self-actualized later in life.

Groom well: Needless to say, you

10 KINDS OF FASTING More particularly in Lent

by Dr. Leo Rebello

- * Fast from Anger and Hatred.
- * Fast from Judging others.
- * Fast from Discouragement.
- * Fast from Complaining.
- * Fast from Crime or Violence.
- * Fast from Hoarding.
- * Fast from Overeating.
- * Fast from Alcohol, tobacco or drugs.
- * Fast from Gambling.
- * Fast from Sex.

But say more Prayers or do more Meditation.
Also Love All More.

Happy Easter.

should groom well and look presentable every day. This will not only make you feel good about the way you look, but also will help boost your self-confidence, hence, making you more secure in your work and abilities.

Ignore unnecessary people and activities: Sometimes, a work place may not be very pleasant, no matter how hard you try, due to some external reasons. There may be some unpleasant people around and some unnecessary activities going on. If you don't like it, then try to ignore it. Focus on your work and tasks at hand.

Few more necessary things to do

- Wake up at least an hour before you need to leave for work and enjoy some 'me' time before the rush begins.
- Get to work at least ten minutes early.
- Greet your colleagues when you get to work.
- Have a welcoming workspace.

Many people spend over half of their walking days in the workplace. And it is necessary that the place where you spend half of your day must be the happiest place too.



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Inspiration!

Arrogance hinders opportunities

Arrogance is a virtue that can kill your opportunities and networks almost certainly. Being confident isn't the problem, the problem arises when confidence isn't expressed in a proper manner. Unfortunately, many times, confidence is mistaken for arrogance and that turns everyone off to your appearance and voice. Here is what you must keep in mind always

There is a fine line between confidence and arrogance, and I am sure everyone knows someone who shares either of these qualities; perhaps you yourself have been accused of exhibiting this attitude. , be more careful on how you express yourself and also how you judge someone who is sharing his or her experiences. Usually, the most accomplished individuals are secure, and therefore, do not go out of their way to show how amazing they are. It's important to keep this in mind because being perceived as 'arrogant' can squash your options. Arrogance will kill your opportunities for many reasons:

- When you are arrogant, you tend to be more close-minded (thus, less likely to find new techniques and knowledge because you are consumed with yourself).
- When you are arrogant, you tend to disengage from learning about new people. This keeps you from making connections you might need later in life, and it's all about whom you know nowadays.
- When you are arrogant, you tend to do more talking and less listening. You were given one mouth and two ears for a reason; listening can help you learn while talking won't give you any gains.
- When you are arrogant, you think



you are always right, false assumptions, and you are more likely to make a mistake. A second opinion on something doesn't make you less able; it shows you know the value of teamwork, and it shows your humility, both which are qualities many people value and search for.

- No one wants to be around arrogant people unless he or she wants something from you. It will suck to one day wake up and realize you are alone and the only social interactions you engage in involve you being used.
- It shows you do not do well in teams (this can kill other work opportunities)
- Arrogance can lead to unethical actions. Those who are arrogant think they are infallible, but, as we all know, nobody is infallible.

Remember, confidence is quiet and insecurities are loud. Always be modest and humble; it will get you . It is understandable people like to brag and talk about themselves, but there comes a point where it gets annoying and offensive. You must think about where you are and whom you are speaking with first; this will help you act and react in a more suitable way. Look at that other person's point of view and how he or she possibly views you, especially after first meet-

ing.

First time impressions are everlasting, and sometimes, you never get a second chance. You might think you are more capable or qualified than

someone; however, we are all constantly learning and growing and every person has his or her strengths and weaknesses.

How you deal with yourself and others proves more than your statements; actions will always be stronger than words. Modest people tend to be more educated and open, thus share their knowledge with the world and people around them, while having the capacity to accept there is room for growth.

Listening allows you to learn, making your knowledge library that much more impressive. Arrogance limits your capabilities and growth potential, so don't let it be your downfall. Be better than that.

The dangers of arrogance

- **Arrogance can make you ignorant**

Arrogant people don't listen to or consider the views of others. More than likely, you got where you are by having an open mind. Stopping now will only limit your growth. Remember, 'you don't, and will never, know everything'.

- **Arrogance can make you lazy**

If you think you're good enough, you'll stop trying. You'll stop working. You'll stop progressing. No one has enough talent or skill to become successful passively. Don't let your pride get in the way of your work.

- **Arrogance can make you cruel**

When you start to believe that you are better than others, you start treating them like they are less than you. Always remember that, you are no different than any other human being. Don't let your ego get in the way of the people you might otherwise positively influence.

Grooms



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MUMBAI : Mangalorean Roman Catholic Bachelor (Duff and dum) aged 26 years, Ht. 5' 9", Wt. 62 kgs, Fair Complexion, Edn. HSC., Dip. in Computer Hardware. Working as a Cashier. Contact email : clifford9948@gmail.com OR 9920331773 / 022-28731976. **(Regd. No. 6507)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 30 years, Ht. 5' 9", Wt. 75 kgs, Fair Complexion, Edn. MBA., Working as a Branch Manager. Contact email : yopepjo2005@gmail.com OR 9820793042 **(Regd. No. 6503)**

PUNE : East Indian Roman Catholic Bachelor, aged 33 years, Ht. 5' 5", Wt. 66 kgs, Fair Complexion, Edn. B.Com., working as a Dy. Manager. Contact email : warren_4153@hotmail.com OR 9960493092 **(Regd. No. 6471)**

MUMBAI : Roman Catholic Bachelor, aged 29 years, Ht. 5' 8", Wt. 85 kgs, Fair Complexion, Edn. B.E.IT & MBA IT, working as a Business Analyst. Contact email : briansavio86@gmail.com OR 09820744043 **(Regd. No. 6467)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 29 years, Ht. 5' 8", Wt. 52 kgs, Wheatish Complexion, Edn. Hotel Management, working as a Team Leader. Contact email : rikhil.joseph@gmail.com OR 9819665309 **(Regd. No. 6466)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 39 years, Ht. 5' 10", Wt. 64 kgs, Wheatish Complexion, Edn. MBA in International Tourism Management, Switzerland currently working as Head - Training with a reputed organization. Contact email : catholicmatri2015@gmail.com OR 9833829330 **(Regd. No. 6465)**

MUMBAI : Goan Roman Catholic Bachelor, aged 39 years, Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. B.Com., and currently working with a Software Development company as a General Manager, H.R. Contact email :

savio_fd7@rediffmail.com OR 9320099950 **(Regd. No. 6454)**

MUMBAI : Goan Roman Catholic Bachelor, aged 45 years, Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., (Physics), Green Card Holder. Contact email : florenced-souza07@gmail.com OR 8879718760 / 9820438278 **(Regd. No. 6450)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 30 years, Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn. B.E. (Elect. & Telecom), working as a Networking Engineer in KUWAIT. Contact email : alwayswelcome107@gmail.com OR 9819269721 **(Regd. No. 6449)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 38 years, Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. B.A., working as a Deputy General Manager. Contact email : albert.pinto2006@gmail.com OR 9320341260 **(Regd. No. 6446)**

MUMBAI : Maharashtraian Roman Catholic Bachelor, aged 25 years, Ht. 6' 2", Wt. 94 kgs, Fair Complexion, Edn. B.E., MBA (Fin.), working as a Dy. Manager. Seeks a well qualified, cultured and homely girl. Contact email : bharati.muntode@gmail.com OR 9322105132 **(Regd. No. 6436)**

MUMBAI : Mangalorean RC Divorcee, 1st marriage annulled by the Church, aged 38 years, Ht. 5' 10", Wt. 68 kgs, Wheatish Complexion, Edn. Undergraduate, working as Asst. Manager-Stores in Cruise Lines. Contact email : jacque@universalmedicare.com OR 7045120382.

Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

(Regd. No. 6435)

MUMBAI : East Indian Roman Catholic Bachelor, aged 36 years, Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. MD, MS., Doctor by profession. Contact email : rayanvincent@rediffmail.com OR 9619024829 **(Regd. No. 6434)**

MUMBAI : Goan Roman Catholic Bachelor, aged 30 years, Ht. 5' 7", Wt. 58 kgs, Fair Complexion, Edn. Post Graduate in Marketing, working as a Manager. Contact email : francis.godad@gmail.com OR 9820829839 **(Regd. No. 6429)**

MUMBAI : East Indian Roman Catholic Bachelor, aged 25 years, Ht. 5' 11", Wt. 75 kgs, Fair Complexion, Edn. F.Y. B.Com., well employed. Contact email : gerardd754@gmail.com OR 9930620943/9594766322 **(Regd. No. 6424)**

MUMBAI : Goan Roman Catholic Bachelor, aged 30 years, Ht. 5' 9", Wt. 62 kgs, Fair Complexion, Edn. M.Sc. B.Ed., Teacher by profession. Only Child. Seeks preferably Goan teacher with B.Ed., qualification. Contact email : agnesmenezes107@gmail.com OR 9821315887 **(Regd. No. 6419)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 32 years, Ht. 5' 6", Wt. 90 kgs, Wheatish Complexion, Edn. B.Sc., (Chemistry), working as a Deputy Manager. Contact email : pradeep.bashyal@gmail.com OR 9819733872 **(Regd. No. 6418)**

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MUMBAI: Mumbai based Mangalorean Roman Catholic parents invite alliance for their Beautiful daughter, 27 years, fair, smart, M.B.A., working as an Executive. Boy should be well educated, God fearing having good family background. Please contact with photograph & all details to Tel.: 7506319407 Email: richard.dsouza17@gmail.com **(Regd. No. 6505)**

KUWAIT : Mangalorean Roman Catholic Spinster aged 35 years, Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. B.Com., Computer, Finance, Banking Marketing Course & Airlines Course completed, employed as a Travel Co-ordinator in Kuwait. Seeks a groom preferable working in Kuwait. Contact Email : lucy777p@gmail.com OR 00965-65686358 / 9867308911 **(Regd. No. 6504)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged Date of birth 14-5-1983, Ht. 5' 4", Wt. 63 kgs, Wheatish Complexion, Edn. M.Sc. Nursing, working as a ICU Nurse in Abudhabi - UAE. Seeks a well educated Mangalorean Bachelor with good family values. Visting india 1 week of April 2016 contact immediately, email: janydz_1484@yahoo.com OR 9930076741 / 28918871. **(Regd. No. 6502)**

MUMBAI : Mangalorean RC Spinster, aged 36 years, Ht. 5' 4", Wt. 70 kgs, Fair Complexion, Edn. M.Com., working as a Secretarial Officer. Contact email : asklavina@gmail.com OR

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MUMBAI : Parents of R.C. Goan innocent divorcee, 1st marriage annuled by the church, 35/5' 2", looks much younger to her age, Only daughter, working in Muscat as a teacher, seeks preferably working and living India OR abroad. Contact email : carvalhovanessa28@yahoo.com OR 8308932277 **(Regd. No. 6468)**

MUMBAI : Mangalorean RC Spinster, aged 32 years, Ht. 5' 2", Wt. 54 kgs, Fair and good looking, Edn. 12th Std., Beautician by profession. Contact email : sweta.ignatiusdsouza@gmail.com OR 9820080444 **(Regd. No. 6488)**

BANGALORE : Mangalorean RC Spinster, aged 29 years, Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., Nursing, working as a Nurse. Contact email : dsouza.antonette@gmail.com **(Regd. No. 6484)**

K.S.A. : Roman Catholic Spinster, aged 32 years, Ht. 160 cms, Wt. Normal, Wheatish Complexion, Edn. B.Sc. in Chem/ PGDMLT, Pathology Lab Technician (Instructor) in **KSA** since 10 years, well settled, seeks a suitable match. Contact email : mathew_680@yahoo.com OR 8652531726 **(Regd. No. 6482)**

MUMBAI : Mangalorean RC Spinster, aged 34 years, Ht. 5' 3", Wheatish Complexion, Edn. B.Com., working as a Supervisor in Airport. Seeks a well settled bachelor. Contact email : linnet_r@rediffmail.com OR 9892327916. **(Regd. No. 6481)**

MUMBAI : Mangalorean RC Spinster, aged 39 years, Ht. 5' 5", Wt. 55 kgs, Wheatish Complexion, Edn. MBA, PGDM, working as a IT Engineer, Seeks a suitable match. Contact email : 2016onlyforyou@gmail.com OR 9819194352 **(Regd. No. 6479)**

MUMBAI : Mangalorean RC Parents from Mumbai seek alliance for their daughter aged 28 year's height 5', Charatered Accountant working in MNC in Mumbai for a reputed company, seeks for a qualified RC bachelor,aged upto 31 year's, with good family background and values. Preferably living in Mumbai or abroad. Contact email stanley_ds118@yahoo.com **(Regd. No. 6475)**

MUMBAI : Goan Roman Catholic Spinster, MBA, Fair, Dec'83, 5' 1"/46 kgs, employed with a reputed Pvt. firm. Seek alliance from India/ Abroad. Please send details and photograph to email : fedora48@hotmail.com OR call 24303096 / **9833125356 (Regd. No. 6474)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged 33 years, Ht. 5' 5", Wt. 68 kgs, Fair Complexion, Edn. B.Com., working in Bank as AVP in **LONDON**. Contact email : rati27@gmail.com OR 9869476537 **(Regd. No. 6473)**

MUMBAI : Mangalorean Roman Catholic Divorcee, aged 54 years, Ht. 5' 5", Wt. 75 kgs, Wheatish Complexion, Edn. SSLC., working as a Caretaker. Contact : 9324953353 **(Regd. No. 6470)**

RAJASTHAN : Roman Catholic Spinster, aged 28 years, Ht. 5' 3", Wt. 65 kgs, fair and goodlooking, simple, loving, very understanding girl, Edn. M.A., B.Ed., CTET, Teacher by profession. Contact email : arleen_sunni@yahoo.co.in OR 8239871729 **(Regd. No. 6469)**

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(Contd.. from p. 3)

to resolving conflict. Negative moods limit people, whereas positive feelings expand options. Happiness brings vitality.

Jesus did this so beautifully - trust, love, seeing the good in others, of being a mediator and getting rid of hate, and was never sad nor much burdened because of his positive, faith and trust in God his father to whom he surrendered without question.

It takes time and practice to be able to travel constantly between a dejected mind and a happy mind. I am not advocating a retreat from the world of action or withdrawal from active engagement from reality. I am only pointing out the need to be able to banish an all consuming concern about a long tradition of pathology in Christianity.

The problem is that today we find too much pleasure, too much meaning in the act of hating others, the projection of misery. To be defined by who we hate is unfortunately the sign of the times. Is this how the future of news will play out?

Some argue that in practice, the liberal view has become mired in religious correctness, respect, and existing ways of life and impose a shallow universality that in the name of modernity is often the view of most. It stands accused also of being dismissive of existing ways of life and of using unrealistic benchmarks to sit in judgment on those who do not subscribe to their view.

The conservatives view believes in the primacy of existing reality and need to understand and respect it. It is suspicious of change, particularly of anything that alters the existing structure.

It sees the individual of being embedded in the collective and as a part of a continuous

chain of life. It has no fear of collective labels and accepts the human beings need to belong to groups by believing in the rules of the group and it is therefore most protective of continuing collective institutions – family, community, caste and religion. It argues for respecting and furthering a Christian view of things and for resisting the blind imposition of outside perspectives. In the Christian context the conservative has had reason to feel excluded and ignored, given the dominance of the liberal discourse.

Most religions have a constitution of their own supposedly scripted by the divine or a messenger of the Divine. As the constitution is of divine origin it is not available to any sort of amendment. The result is that it lapses into archaic impracticability or ossifies into dogma; leading into to a history of conflict.

Constitutions, scriptures or words of God – or whatever one may wish to call them – have brought peace and mayhem, spread love and spilled blood but above all, have turned custodians of these documents into the authority – the outcome – **authority becomes truth rather than truth becoming authority**

You cannot understand Jesus through a priest. The priest himself has not known. The priest has read, he has thought, he has contemplated, he has speculated, philosophized. Yes, the priest has a very cultivated mind, he knows the scripture; but to know the scripture is not to know Jesus. To know Jesus you will have to know your innermost nothingness. Without knowing it you cannot make anybody else acquainted with Jesus.

Every ideological perspective is a view of imagining humanity and each can be critiqued both as percept and practice. But a reality like Christianity's needs the simultaneous use of many strands of thought, including those that are in apparent conflict. We need greater understanding, we need more real democratic structures, and it is important that we do need a uniquely Christian way to solve this long tradition of this pathology in Christianity.

Religious traditions while having created and supported the notion of our own and the other also have many wonderful teachers who taught us to overcome the unhelpful side of this tendency. So how is it that we as followers end up doing absolutely the opposite? If such approaches and attitudes pain us or make us unhappy how very important it is to re-commit to learning our lessons and doing our best to live out of them.

It is only when these needs are imagined dif-

ferently, when they are not seen to be in implacable opposition that more nuanced, fluid and innovative answers will emerge. It would be natural to disagree and do so spiritedly but there is a need to recognize deep down everyone has a valid reason to feel what they do. Without suspending hostilities and backing away from labels, this is not going to be possible. Nonetheless I am proud that I still live in a country and community where it is possible to be confronted by people who do not hold the same view of yours.

Here is a traditional teaching story: an old Rabbi once asked his pupils how they could tell when the night had ended and day had begun. "Could it be" asked one of the students "when you can see an animal in the distance and tell whether it is a sheep or a dog?" "No" answered the Rabi "is it when you can look at a tree in the distance and tell whether it is a fig tree or a peach tree?" wondered another: again the Rabi answered "No"

The impatient pupils demanded "then what is it?" "It is when you can look on the face of any man or woman and see that it is your sister or brother. Because if you cannot see this, it is still night

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