

# THE SECULAR CITIZEN

(Total pages 24)

A NATIONAL FAMILY WEEKLY

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## Kuswar

for

## Christmas



## Chair for Christian Studies gets new building in Kerala



Calicut: A new building for the Chair for Christian Studies and Research in Kerala's Calicut University is opened here recently inside the University campus.

K. C. Joseph, Minister for Cultural Affairs of Kerala government, opened the building in the presence of P. K. Abdu Rabb, Minister for Education, Government of Kerala and other top leaders. Pro-Chancellor of the University presided over the function.

Archbishop Andrews Thazhath of Trichur, the chief Patron of the Indian Institute of Christian Studies, which sponsors the chair, was the chief guest and will delivered the benedictory address.

## First Diocesan Commission In India For The Differently Abled In Bangalore



For the first for any Catholic Diocese in India, a Commission has been created for the Differently Abled in the Archdiocese of Bangalore. The office for this Commission was inaugurated on December 3rd, the International Day for the Differently Abled.

Archbishop Bernard Moras cut the ribbon to open the office of the Commission for the Differently abled situated at Paalanaa Bhavana, the Pastoral centre of the Archdiocese. Fr George Kannanthanam who is appointed as the Secretary to this Commission,

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## 'Thought for the week'

*If you don't see yourself as a winner, then you cannot perform as a winner.*

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Cover : Kuswar for Christmas

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# Treating Islam's clerics like their Christian equivalents will save lives

by Fr. Michael Kelly

Bangkok: There is an unexpected upside to the mayhem and carnage across the world, visited on the unsuspecting innocents of countries where Muslims are not a majority of the population — Europe and beyond. It's something the Catholic Church has had to learn, too.

And that is the simple fact that misbehavior among religious adherents toward members of the faith community as well as those outside it — requires external intervention to be rectified and hopefully crushed.

This can be done by subjecting the verification and authorization of religious officials and organizations to the same stringent tests that have either long been applied — or should have been applied to those of the Catholic and other mainstream Christian churches.

The worldwide crisis of clerical sexual abuse in the Catholic Church is nothing of the sort. That tragedy was and is a crisis of episcopal mismanagement. In country after country, bishops have demonstrated their incapacity to handle the scale of clerical sex abuse and the necessary measures required to address it.

In other words the Catholic Church, in too many places, and until very recently with the implicit authorization of the Vatican, has demonstrated its inability to manage its own affairs. And in country after country, police and judicial processes have had to intervene to protect the vulnerable, doing for the church what it should have done on instinct and in line with its own moral teaching.

But this intervention by the state and the courts is only the latest instance of the church and its personnel being made accountable. Internally and externally, church institutions and their managers and operatives are held accountable in manifold ways.

Across the world, in authoritarian polities such as China or Vietnam and in democracies alike, the institutions, personnel and operations of the church are accountable to state authorities on behalf of the wider community.

Individual church workers — clerics and lay people — are, in some places, registered for payment by the state, in most places for taxation under various forms, and are subject to determinations by civil authorities if they wish to alter buildings. In many parts of the world, clerics have to undergo training and receive accreditation before they can work with or near children.

As well, church workers are appointed to positions in church institutions provided they are qualified with degrees and periods of probation in educational settings that frequently are subject to state scrutiny and accreditation.

Church buildings are registered in various ways. Places of worship come under specific zoning regulations and are subject to various types of taxation. Charities, schools and

(Contd.. on p. 4)

(Contd.. from p. 3)

hospitals are similarly scrutinized for meeting performance criteria set by the state, which in turn issues operation permits.

Much of the agitation coming from the Islamic community is either stirred up or rationalized by Muslim clerics. Islamic communities will have their own standards and criteria for selecting and appointing imams. But how does the wider community in countries where Muslims are a minority effectively minimize fears for the safety of their communities?

The recruitment locations for the suicide bombers and murderers terrorizing Western cities, as shown in Paris, London, Madrid and Brussels in recent times are in fact in mosques in European and other capitals. And recruits in their hundreds, perhaps thousands are coming to the Daesh, or the self-styled Islamic State from across the world — Europe, North Africa, Asia, Australia.

Ordinarily, immigrants to any country go through a process of assessment before a visa is granted to the migrant by the country of welcome. Frequently, there are processes in place to see that new arrivals are inducted in the values of their new home, that institutions and processes are explained and sometimes that the new arrival has the opportunity to join an existing community already inserted into the social fabric of the host nation.

In the case of skilled or professional migrants, assessments of the international standing of the migrant qualifications are made. It happens with academics, doctors, engineers and accountants. It happens with

Catholic priests too. In an age where clerical numbers are not equal to the requirements of Catholic communities in Europe, the United States and Australia, imported clerics have to establish their professional bona fides.

One way of ensuring that clerics recruited from Muslim-majority countries to serve Islamic communities in countries where Islam is a minority faith, is to insist on processes of acculturation and tertiary qualifications that are recognized in the country where the cleric arrives to work.

The first step is to insist that Muslim clerics get a full cultural and intellectual acculturation to their new country. What is its cultural mix? What is the history of the ethnic and religious make up of the country? What are the academic courses inducting the Muslim cleric into the context where he is to serve? What are the host country's standards for a cleric to be accredited?

Then there are the internal processes within Islam for the accreditation of the cleric serving in the host country. The insistence on training and formation standards within Islam works well when the Muslim denominations have a structure to fall back on, where the formation of the clergy and laity, their expressions of faith and theology are shaped by a structure that follows a pattern and some guidelines applicable to all within those communities.

The Islamic world has many such groups that follow a systematic framework of formation. For example, a Bohra Muslim in Asia will have the same training and background if he wants to be a cleric as in the United States or anywhere because he comes under the same scrutiny and sanctions everywhere to be able to do what he is ordained to do.

This cannot be said for the whole Muslim

world where very often local people in local communities are answerable to no one but themselves and very often follow an interpretation of doctrine that has no direct connection with the rest of those professing the same faith.

This is where the challenge to integrate and regulate what are essentially maverick Islamic communities in the West must be addressed.

The groups that are hierarchical and structured within the Shia and Sunni communities, tend to have more cohesion and follow checks and balances that make their clerics accountable.

Otherwise, patterns akin to some of the practices in Pentecostal and Protestant sects, for instance — where pastors may proclaim themselves pastors and create their own congregations — develop practices that have nothing much in common with the common expression of faith with others, except following the same scriptural source. Indeed, this has led to problems of sometimes violent Christian fundamentalism, especially in the United States as witnessed by increasingly frequent and often deadly attacks on Planned Parenthood facilities and their supporters.

Making Islamic communities accountable in societies where they are not majorities is not difficult and there is an existing model to follow. Pluralistic societies throughout the West have the means to do it via long tested rule of law regimes and tested regulation. Those means need to be urgently extended and adapted to Islam forthwith.

*Jesuit Fr Michael Kelly is executive director of ucanews.com Source: UCAN*

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## “Cross to the Other Shore”

On Nov. 30, 2015, at a homily during Mass at Boganda Stadium, Bangui, Central African Republic, Pope Francis exposed Sacred Scripture: “How beautiful are the feet of those who bring good news!” (Romans 10:15). These words inspire us to give thanks for the gift of faith; to reflect on the great missionary efforts which brought the joy of the Gospel to Central Africa; and to rejoice in the new life and salvation which Jesus offers, inviting us to “cross over to the other shore” (Luke 8:22).”

“The ‘other shore’ is eternal life in heaven, and a source of hope and strength for Christians. It is the powerful reality which challenges us to persevere in faith and love, which transforms our lives and the world around us ... It is the very life of Christ, which enables us to love God and neighbor.”

“Yet, the fact is that we have not yet reached our destination. We are in midstream, needing the courage to pass to the ‘other shore’. We need to break away from the old Adam of sin – of selfishness, violence vengeance and exploitation of the vulnerable; and put on the ‘New Adam’!”

“The ‘other shore’ is near at hand, and Jesus is crossing the river with us. He is Risen! And along with the Virgin Mary opens up a bright new future for us, as artisans of human and spiritual renewal ... ‘The cry of their message has gone to the ends of the earth’ (Romans 10:18).”

—**Dr. Trevor Colaso, Banda**  
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## Pope: Eat with your family not with your smartphone

“A family that almost never eats together, or that never speaks at the table but looks at the television or the smartphone, is hardly a family,” said the Holy Father. The pontiff added “When children at the table are attached to the computer or the phone and don’t listen to each other, this is not a family, this is a pensioner!”

In recent times the drawing room furniture has undergone some radical changes. The huge wall-to-wall dis-

play unit containing family heirlooms and other unwanted rubbish painstakingly collected over decades, has been cut down to size and converted into a long table top. A huge flat screen TV is ceremoniously installed on top of this modern-day altar, venerated for hours in silence by the entire family. (The size of the TV is roughly commensurate with the family's devotion to the electronic deity but must necessarily be at least one inch larger than the neighbour's screen). Even during commercial breaks there's no conversation as the faithful switch to their electronic prayer books, digitally uplifted in a trance.

The dining table, around which once upon a time, the family gathered to eat and talk, is pushed to a far corner, deserted by everyone. Even cockroaches have given up on it!

Today we have a lot more ‘friends’ on Facebook and a lot more chats on Whatsapp but very little conversation at home.

—**Prof Robert Castellino**  
**Orlem Mumbai**

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# CCCI conducted public seminar on Investment opportunities



Mumbai, Dec.01: Christian Chamber of Commerce & Industry (CCCI) Mumbai conducted a public seminar on Sunday 29/11/2015 at St. Xavier Technical Institute at Mahim on Investment opportunities in equity market and Mutual Fund.

CCCI chairman, Mr. Antony Sequeira commenced the function at 9.30 am post breakfast provided by the organizers, by giving his welcome speech and explained the need for educating the public on intricacies of Investment opportunities in equity market and Mutual Fund.

Mr. Harshad Thakkar, Chairman Ashapura Intimates Fashions Ltd. was the chief guest and in his speech he made the audience go through his journey of humble beginnings to a 500cr market cap and segment

leader. A real inspirational talk. He also spoke on ease of doing business in India and the prospects of "Make in India".

Mr. Joseph Menezes, a Certified Financial Planner elaborated on wealth management. He illustrated the 7 financial goals in an individuals life and guided the path to it. Mr. Premal, from Reliance Mutual Fund gave a comprehensive talk on mutual funds towards wealth creation In his talk he actively engaged the audience and shattered some of the myths and inhibitions that general public holds against mutual funds.

Mr. Clifton Dsilva, Managing Director of Altina Securities Pvt. Ltd. explained about the risks involved and safeguards to be taken while investing in secondary market. He also explained how an investor can do fundamental analysis for wealth multiplication

Mr. Amit Chaudhari, Chairman of Bombay Industries Association proposed the vote of thanks.

This program was compered by Mrs. Priya Andrades. The hall at St. Xavier Technical Institute was filled to capacity and all those who were present appreciated the efforts taken by CCCI in educating the general public on investment and for wealth creation.

Rons Bantwal



## What is server migration?

Server migration is a process in which data is moved from one server to another. Data may be moved between servers for security reasons, because equipment is being replaced and for any number of other reasons. This process is often performed by a team of specialists who work specifically with servers, although it is also possible for people with some computer skills to migrate their own data between servers. During the migration process, data may be temporarily inaccessible.

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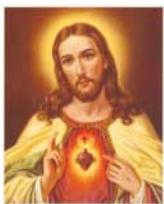
## PRAYER TO THE HOLY SPIRIT



“Holy Spirit, thou who makes me see everything and shows me the way to reach the ideal. You who gives me the divine gift to forgive and forget the wrong that is done to me and are in all instances in my life with me. I, in this short dialogue want to thank you and confirm from you once more that never want to be separated from you, no matter how great the material desire may be. I want to be with you and my loved ones in your perpetual glory. Amen”.

— A Devotee

## Thanksgiving



Thanks to Sacred Heart of Jesus & St. Jude for the favours granted  
May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen, Say this prayer nine times a day for nine days.

— J. R. J. , New Delhi

# Swachh Bharat Campaign – where is the real dirt ?

“The real dirt of India lies not on our streets but in our minds and in our unwillingness to let go of views that divide society into them and us, pure and impure.” This is what the President Mr. Pranab Mukherjee had to say at the inauguration of the new archives and research centre at Sabar-mati Ashram in Gujarat recently – very rightly said, Mr. President ! Very true, if we are dirty from the inside no amount of cleansing from the outside can make us clean. Are you listening, Mr. Prime Minister Narendra Modi ?

The President further called for an “intense effort” within the country to “cleanse minds” of views that divide society. Yes, society is divided today, the whole country stands divided over several issues - the beef ban, Intolerance issue, etc. Mr. Narendra Modi, we need to cleanse our minds

and follow the policy of “Live and Let Live”. All citizens of the country have a right to live in this country, no matter what religion he follows, no matter what food he eats, no matter what he wears. Let’s cleanse our minds first and external cleanliness will follow !

While on the subject of cleansing, when Mr. Narendra Modi first launched the ‘Swachh Bharat’ campaign, a large number of people merrily jumped onto the bandwagon – for the camera- all dubbed as ‘photo op’ ! Little did anyone foresee that the common man would one day be paying for this campaign – we now have a ‘Swachh Bharat’ Tax imposed upon us.

—Melville X. D’Souza,  
Orlem, Malad West

## The Real ‘Swachh Bharat’!

Inaugurating an archives and research center at Sabarimala Ashram on Dec. 01, 2015, where Mahatma Gandhi lived for 12 years, President Pranab Mukherjee commented on ‘Swachh Bharat’ (Clean India): “Real dirt of India lies not on our streets, but in our minds; and in our willingness to forgo views that divide society into ‘them’ and ‘us’, and ‘pure’ and ‘impure’.”

“Both Gandhiji and Dr. Ambedkar agreed, that so long as untouchability persists, and the dehumanizing practice of carrying night soil lingers, we cannot achieve ‘Swachh Bharat’!”

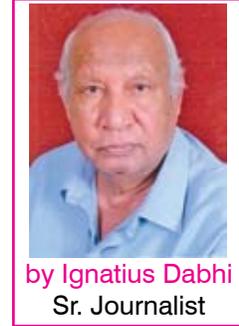
“Also, everyday we see unprecedented violence. At the heart of this violence is ignorance, fear and mistrust. However, we must not forget the power of non-violence, dialogue

and reason. This ‘Ahimsa’ is not a negative force. It is that moral possibility which can dispel the darkness and make us aglow with the guiding light.”

“Talking about freedom for citizens, Gandhiji enunciated some of the finest principles of democratic life, especially for the marginalized and the dispossessed... Gandhiji used a very special word for civilization –SUDHAR, which is not just the good path or the right path, but that entity which holds human civilization together. Let us pledge to join hands and build an India that truly exemplifies this SUDHAR!”

—Dr. Trevor Colaso, Mumbai .  
(Now at Memphis, TN, 38117,  
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## 'Chai pe charcha' with Sonia-Manmohan



by Ignatius Dabhi  
Sr. Journalist

enough to hear all the discussions and ultimately, he had soft words for the earlier Congress rule. Time and again he mentioned the name and fame of pandit Jawahar Lal and did show humility to accept the great contribution made by 'earlier Congress government. This was Modi's wisdom.

When this is being written, we learn that Modi invited journalists and mediemen for a happy get-together. This followed by lunch. Many journalists in Delhi were pleasantly surprised. Modi avoided press-meets in India. He did not face the Press. There have been men who blindly praised him. There are also men who left no chance to criticise him. The afternoon meet was a fine experience for all. Modi spoke less - his body language and his winning smile spoke a lot. Was he changed? Had he really decided to change for the better? On the previous day in house, he spoke frankly and happily. That former anger was no where!

If Modi is going to be open and hearty, things will change. There is absolutely no room for any type of dictatorship in democracy. It has been obvious that there had been a lot of bitterness and occasions of personal attacks from his side and from the side of opposition. If the present trend of give and take continues, the people in India are really going to profit. 'Secular Citizen' welcomes this happy change and wished that the biggest democracy of the world fructifies and hard-earned fruits of democracy reaches to the last man.....

**No democracy runs without opposition. There have been occasions in the USA and England when opposition was ignored for a while. And those government soon experienced that without the opposition, they were gradually becoming un-democratic and authoritative. This was the BJP case in India. Even with a thumping majority, with 'modi wave' to smoothen their sail, Modi soon - after an eighteen months period, realized that Congress should be taken into confidence..... Modi often roared that they had enough support to rule and Congress is finished... He had to call Sonia and Manmohan for a 'chai pe charcha'.....**

**T**he Prime Minister, Mr. Narendra Modi, was strongly advised by the finance Minister, Mr. Arun Jaitely, that for the new taxation Bill, G.S.T. Modi would need the Congress support in the Parliament. This would be the biggest tax reformation Bill after the independence. Arun Jaitely calculated well in advance that for the Bill to pass in both the Houses, the BJP government would need the Congress support. And so on Thursday evening, (Nov 26th), in an atmosphere of warmth and respect, Narendra Modi invited Congress President Sonia Gandhi and the former, Prime Minister, Dr. Manmohan Singh, to his residence. Modi was accompanied by Arun Jaitely and Venkaia Naidu. Mind you, this was for the very first time Modi was meeting the opposition leaders. It is interesting to note that the 1 last monsoon session was totally washed out amidst Modi's constant absence from the house and Congress protests in and out of the House. Congress was fully prepared to continue the protest but the first two days in the Lok Sabha brought a dramatic change in Modi's way of functioning. His body language and his words did show that Narendra Modi had melted! He attended all the sessions of Lok Sabha, he had patience

# What Ails Christmas?

by Don Aguiar

I'm going to stay away from the silly debate on the birth of Jesus that seems to never end in our world. And instead focus on something that we really need to worry about: and that is how do we make the birth of Jesus spiritually attractive to people this Christmas season. It is fine to spend tons of money promoting slogans commercializing Christmas but what have we done either at the spiritual end or, for that matter, at the back-end to provide the real meaning for the celebration of Christmas and the required spiritual experiences to those who are looking for it or for that matter to one and all?

The journey doesn't begin on the first day of Advent. It begins when you look even for basic things in the Bible. We have to change the paradigm of a commercial Christmas before we can actualize a spiritual Christmas. We have to make our spiritual Christmas much more vibrant than it presently is. While at it, we need to disband those ridiculous attention to the commercial side of Christmas we have all over the world which do nothing but carry brochures which resemble putrid comic strips and such like. We cannot be talking about today's Christmas celebrations as if we were still in the Dark Ages.

The worrying bit is still the spirituality. While we have some outstanding Christmas services and choirs, we still need to travel miles before we increase spirituality. Let me give you an example: some of the finest Christmas services we have at Holy Name, Don Bosco and a few other Churches but then if you aren't spiritually present the experience makes you bored and longing for the service to get over

as soon as possible. Take the spiritually present people for instance. Their devotion and participation comes from within themselves. I believe they are the ones who experience the real Christmas with peace on earth and goodwill to all. More weight age should be given to the spiritual requirement rather than just concentrating about the commercial requirements. I can wager that more of our people are on the commercial side of Christmas because our Clergy has not put in an effort to propagate the spiritualization of Christmas which is the core of Christmas celebration.

There are many glimmers of hope, one must confess. Look at what some clergy and lay ministers are doing to propagate the core aspect of Christmas. I have always maintained that these people have done wonders for celebrating and getting people to celebrate the true meaning of Christmas and Easter not just by preaching but equally by organizing music and prayer services — services dotted through the year. But then again, look at the response

from most people and you will believe what I am saying.

We do very well when it comes to promoting commercialization of Christmas but are woefully inadequate

when it comes to creating spiritualization of Christmas in the world and this is where the focus must lie. Christmas is one of the most important celebrations in our faith and yet Christmas is treated and celebrated more commercially or we celebrated like elite pariahs. Many people don't want to see and acknowledge that Christmas has been now commercialized to such an extent. The list of Christmas being commercialized

is endless but the time to prune that list has arrived.

People need to invest in the spirituality of Christmas and the love for the Babe which is the very core of Christmas celebration. Christmas is not for shopping and partying but to have memorable spiritual experiences. From Christmas being commercialized we need to morph into Christmas being spiritualized. That's the essence.



## Has the Meaning of Christmas Changed?



# The Bulging School-Bag Phenomenon!

**M**r Kailash Satyarthi, the Nobel Laureate whose organization 'Bachpan Bachao Andolan' has been advocating education for all, especially children, recently said, "Education is the key to bring transparency and accountability in society. It is our collective responsibility to get our children educated. The vision I have is to see every single child in school, on a playground." A grander vision could not have been dreamt up, for it goes without saying that today's children are the hope of the country's tomorrow! And yet, the fact remains that education per se is increasingly becoming a weighty affair for our young school-going children, what with their school-bags bulging in every direction, weighing them down to earth level. Indeed, the sight of children walking pronouncedly stooped, their backs virtually breaking under the might of their 'luggage', is unnerving to say the least.

## Blame in circulation

It's been a while since the prevalence of this state of affairs. What is both amazing and amusing is the merry-go-round of blame dominating the issue, with government and parents blaming school authorities and school authorities putting the onus on parents. What's worse, parents who never lifted a finger to have things set right when their wards were carrying heavy bags to school are today circulating 'forwards' comparing heavy-bag laden school-children to animals – beasts-of-burden to be precise, without giving even a thought to putting forward some valid suggestion as a solution. Social responsibility at it its absent best!



by Ladislaus L D'Souza



## A Possible Solution

Frankly, the very phenomenon of students having to carry huge and heavy bags to school in the digital age is rather anachronistic. Do we care to give a thought to the implications of the situation? The bigger and heavier the bag the lesser the energy and even lesser time for the child to balance study and play, in the process all work and no play rendering any student a dull child. Why then do our Catholic schools really need to wait for government sanctions or parental pressure to act on the issue? On the contrary, considering that the Church has made education part of its outreach to the marginalized and elite alike, as is evident from the large number of educational institutions run by parishes and religious congregations, it is imperative that the Church's boards of education in all our dioceses woke up to the need to shed their ostrich-like attitude and work towards tackling the issue head-on.



Coming up with a programme offering digitalized methods of teaching and learning that virtually eliminate the carrying of school-bags should have long been a priority, all the more since Parents-&Teachers associations [PTA] have come into prominence in most

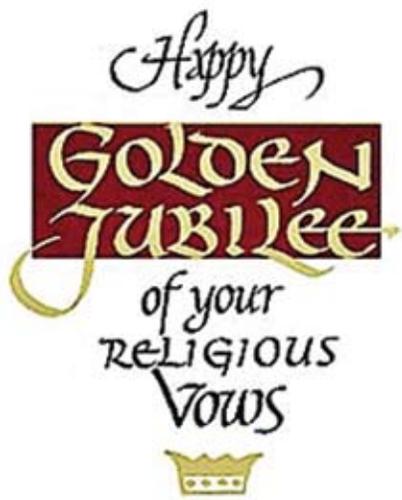
of our top schools and are known to be effectively active on various fronts. But it's never too late to do that and offer it as a viable mode of education to the government both at the centre and in the states. This may be done in phases across a pre-determined period of time whereby the first phase goes on the floor in time for the close of the current academic year and the commencement of the next. What is urgently needed, however, is a strong will and a deep desire to do so.

## Revamping the System

One thing is certain: the entire education system needs an overhaul. It is time the Church in Bombay took the initiative in this regard. A very concrete plan of action needs to be urgently drawn up by means of getting representatives of the various diocesan boards as well as of PTAs to meet along with heads of similar groupings of schools of other Christian denominations in a bid to form a think-tank. One never knows what kind of a solution such meetings and consultations can throw up.

A significant factor to be considered in such deliberations is the need to include college level professionals, too, for, after all, today's school student will be tomorrow's college student and the line of instruction followed at school and college levels must match for obvious reasons. Further, there are certain prominent Christian institutions in our country that have

(Contd.. on p. 18)



# Golden Jubilee of Fr. Gregory Lobo



Fr. Gregory Lobo

**A** golden Jubilee is always an occasion of thanksgiving and celebration. Fr Gregory Lobo who is in our Parish for over eighteen years will be celebrating a Mass of Thanksgiving on the occasion of his 50th anniversary of his priestly ordination on 21st December 2015 at 7 PM at St Teresa Church, Girgaum.

Fr Gregory Lobo always said that - The work of evangelization often begins by forming personal relations with individuals and showing them the love of God. This has brought Fr Gregory Lobo close to many parishioners and with such personal relations the PPC proposed to facilitate Fr Gregory Lobo separately on a parish level on 19th December 2015 at 7PM with a thanksgiving Mass followed by facilitation.

Fr Gregory Lobo has been parish priest in many parishes and finally being the ABE secretary for almost a decade and a half. The parishioners enjoy interacting with him, especially his effort to reach people who did not often go to church and helping those reduced to poverty or rendered homeless.

Fr Gregory Lobo works with the people rather than for them. He realized that clericalism was an evil, not a good, and discarded it with its style and culture. He ran highly successful and active parishes. Though ageing

now, is still on the job. His priestly life has been a source of that unusual experience – joy.

But not without grief. - He has experienced the awakening 60s, the exciting 70s, the suspicious 80s, the depressing 90s and the imploding 00s. During the 1980s he became aware that a lot was going wrong. He started to lose parishioners – first from Mass then from affiliation. Both of these changes had mixed social causes.

He recognized that priesthood was not for himself but for others and that it would be a life of service to the People of God. So indeed he says, “What marvels the Lord worked for me: Indeed I was glad.” Glad because in spite of his weaknesses and sins, that he has been able to render some service to the People of God over so long a time. We hope and trust the Lord will give him grace to persevere to the end.

Fr Gregory Lobo will, no doubt, look back over those many years of his priesthood with a wide variety of thoughts and feelings, conscious of his own struggle and weakness at

times but predominantly, we trust, with happiness and thanksgiving. In Fr Gregory’s life as a priest, he came to realize increasingly that his priesthood is a gift which has been given, first and foremost, not for him but for others. Yet, that priesthood, which is always Christ’s, is a sacramental gift for him too. It renews his faith, his hope and his love in his service of others. At its heart is his friendship with a person, our Lord, our friend and our brother, Jesus Christ. We pray that this friendship is refreshed and deepened as he celebrates this great gift.

Fr Gregory Lobo requests you my dear sisters and brothers, to pray with him and for him to the good God who can do infinitely more than we can ask or imagine. He loves his Church, He loves his people, And he loves this world for which his Son, Jesus, gave his life. Indeed we can repeat, “What marvels the Lord worked for us: Indeed we are glad.”

**Lorraine Aguiar,  
Vice President PPC –  
St. Teresa Church, Girgaum.**

# Christmas Kuswar



Kuswar is the term given to all the special preparations that are made around Christmas time in Mangalore. The preparations are either sweet or savoury. They are made in the run up to Christmas.

This kuswar can be kept in air tight boxes at room temperature for 3-4 weeks and is served to everyone who visits the home. On Christmas day an assortment of kuswar is sent to friends and neighbours.

The traditional kuswar items include- kidiyos - kulkuls, guliyos - marble balls, neurios - a cross between gujyas and samosas with coconut filling, tandlache ladu - rice laddus (nanas were to die for), tukdyos, karakaddis, chaklis and the rest

East Indians make Marzipans, marshmallows, milk toffee, jujubes and other such goodies.

Awesome homemade wines from a myriad of sources - rice, raisin, grapes, ginger or pineapple. He also makes a mean Irish cream.

Goan Christmas sweets are known as Kuswar / Kuswad which has a blend of sweets with spicy stuff. In Goa they have have Baath cake, Neuris, Christmas cake, Pies, Dodols, Bebinca, Doce De Grao and many more as Xmas sweets. Some collection of this authentic Christmas Sweets you will find right here. So do make them this Christmas.

# Rice Chakli



## Ingredients:

1 Kg. raw rice,  
1/4 kg boiled rice,  
Thick coconut milk of 1 coconut,  
urid dal-200 grams,  
200 grams extra rice (raw rice),  
salt to taste,  
2 tablespoons til,  
2 teaspoons jeera (roasted),  
oil for frying.

Wash and soak rice for 2-3 hours and then grind with coconut milk. Wash the urid dal (200 grms) and rice (200 grams)- dry on a flat platter. Dry roast on tava and powder in dry grinder till fine. Knead the ground rice with urid dal and rice powder. Add the other ingredients. Put in chakli moulds and make chakli spirals. Leave them for sometime to dry to enable easy lifting and dropping into hot oil. Deep fry till golden.

## Kulkuls (Kidiyo)

### Ingredients:

Flour 1 Kg (maida)  
Eggs -3-4  
Thick milk of 2 coconuts  
Sugar and salt to taste

Add eggs, coconut milk (little by little) salt and sugar to the flour, which has been sifted and kept in a big bowl. Form a soft dough (like chappati dough) and set aside for a while-covering it with a damp cloth. Then form kulkuls on a fork or comb and place on a greased plate. {You could buy a new packet of combs, wash them in warm water and apply a little oil to the combs to



ensure easy removal of the kulkuls when done}. Deep fry in hot oil till golden. Remove on paper towels and air them on a flat platter till they cool down.

For icing : The next day - prepare sugar syrup of half kg. sugar to 1 kg flour. Add 1 cup of water to the sugar to make into syrup and keep on a slow fire. When it thickens and coats the back of the spoon, add the kulkuls and hold the vessel with two kitchen towels and toss the kulkuls up and down the pan so that the sugar syrup is coated evenly on the kulkuls. Pour quickly onto a flat surface or big platter and air them with a fork to prevent sticking.

The pictures above are without icing; but they taste lovely with the icing and my little son always said they look like snow on the kulkuls. As we were already high on a overdose of sugar, I refrained from icing them, though I would prefer to ice them.



# Nevrios

## (Sweet Puffs)

### Ingredients:

#### For the Cover

- 1 cup (abt 5 oz/150 grams) All purpose flour (Maida)
- 1/4 cup (abt 1.5 oz/40 grams) Semolina (Sooji)
- 1 tbsp melted Ghee, see Tips
- Pinch of Salt
- Warm milk to knead, as needed, see Tips

#### For the Filling/Stuffing

- 1 cup (abt 3 oz/80 grams) dry Coconut
- 1 cup (abt 3.8 oz/110 grams) powdered Sugar
- 1/4 tsp Cardamom powder
- 2 tsp Poppy Seeds, white colored
- 2 tbsp mixed nuts, finely chopped (and raisins), see Tips

#### Tips

1. Ghee: To make it less rich, you can add oil instead
2. Milk: You would need somewhere 1/3-1/2 cup of milk. I used 2% milk but you can use whole milk instead. If you are vegan, use water instead.
3. Mixed Nuts: I used a mixture of Pistachios, Almonds and Cashews. I added around 6-7 raisins

#### Method:

1. First prepare the cover since it needs sitting time. Add the semolina to all purpose flour along with salt. Combine well.
2. Add the ghee
3. and rub it into the flour to form bread-crumbs.
4. Slowly stir in the warm milk to the dough.
5. Knead the dough
6. until pliable. Should be of medium consistency - neither tight nor very soft.
7. Cover with plastic wrap or kitchen towel and set aside for 30 minutes.
8. While that's happening, dry toast the coconut - for around 20-30 seconds



9. No need to brown, just warm it until aromatic
10. In the same pan, dry roast the poppy seeds - another 20-30 seconds
11. Add it to the coconut.
12. Now mix in the mixed nuts and raisins, cardamom
13. and the powdered sugar. Combine well and set aside.
14. Now pinch a small piece of the dough
15. and roll it out into a circle - I think mine was about 5-6" in diameter
16. Add around 2 tsp (or as much as you can fit in!) of the filling in the center.
17. Smear some milk around the corner
18. Bring one end of the circle over the top, to the other end
19. to make a semi circle. Press it well with your fingertips. Its crucial to avoid the stuffing from coming out during frying.
20. Press it down with a fork for a beautiful pattern. If you have empanada maker/mould, you can use it too.
21. Repeat with rest of the dough.
22. Drop 1 or as many you can in your fryer (make sure of the temperature of the oil. Adding too many will bring the temperature down making it soggy with oil and not crispy)
23. You will find them puff up a bit.
24. Ladle in some hot oil on surface now and then (just like you would do for making poori)
25. Turn it for the other side to cook.
26. Its done when its golden brown.

Drop it on a paper towel.

Crispy Nevrios ready! Cool them completely before storing them in an air tight container. Will keep well for weeks.

# Christmas Greetings and Wishes



1. The term 'season's greetings' during Christmas is normally used by non-Christians. Christians bring in the name of Christ in greetings whose birthday is celebrated during Christmas.
  2. Its incorrect or wrong to use the term 'X'mas. 'X' means unknown in mathematical terminology. But Christians, all know that it's birthday of Saviour Jesus Christ. They know him. He is not unknown to them. So all use the term "Christ"mas properly.
  3. Using the image of Santa-clause may be a fashion to greet on Christmas. Christmas is birthday of Jesus not of Santa. This is used for the commercial benefits by Non Christians.
  4. Christians normally don't send greetings with Santa image, they send the image of baby Jesus in the Crib or Baby Jesus with Joseph and Mary.
- Christmas is Celebrated**
- On December 25 by Western Christianity and some Eastern churches; secular world
  - On January 7 by Some Eastern churches
  - On January 6 by Armenian Apostolic and Armenian Evangelical Churches
  - On January 19 by Armenian Patriarchate of Jerusalem

## Ways to get naturally

# Chubby Cheeks

To get chubby cheeks naturally at your home, some dietary pattern, facial exercise as well as day to day lifestyle can prove really helpful in this regard. Here are ways to get chubby cheeks



**C**hubby cheeks create a youthful appearance, high cheekbones are considered attractive by many and saggy cheeks are often a sign of aging. Here are few ways to get chubby cheeks

**Milk:** contains rich amount of vitamins, minerals and proteins that can fulfill the daily dietary requirement of a person. You can have chubby cheeks within 3 months, by consuming an 1 glass of milk in morning and at night.

**Crab rich food:** Some people might not be aware of crab rich food items. The food items which have good amount of carbohydrates are known to be crab rich food items. These are bread, rice, pasta and so on. In order to meet your body energy requirement, carbohydrates will be really effective. If your diet contains fewer carbs, this might give rise to burning up of fat under the skin layer. This

will stop you from getting fuller cheeks.

**Blow balloons:** Sometimes recalling one's childhood helps. Blowing balloons can help you work out your cheek muscles in an amazing way. When you blow air into a balloon, it puffs up your cheeks helping build up the muscles to add some beef to your cheeks. Do balloon-blowing five to six times a day to get best results.

**Change your habits:** Your habits might be the reason that causes your cheeks to weaken. Drinking and smoking are not only dangerous to your health but they are also very harmful for skin, especially, those habits will damage your skin shortly and darken your cheeks. These habits will lose elasticity of skin and make your skin look sharper and less active.

**Drink enough water:** Drinking water will be one of the simplest

tips on how to get chubby cheeks. Water is vital for your life and everyone needs to drink enough water for body health. You should drink at least eight glasses of water each day to keep your body moist and your cheeks.

### Try facial yoga

Facial yoga is the best way to possess chubby cheeks. Firstly, sit on a chair with straight back and relax your shoulder. Then, open your mouth lightly and make sure that your lower and upper are curled so as to cover your front row of teeth. At the same time, pull the corners of mouth back close to the molar teeth. Move the chin forward slightly. Keep the position of your face for 30 seconds in order to make the muscles in the cheeks and mouth stretch and release slowly to make your face become normal after finishing.

# Cloning Humans: Christians Can Never Deal With It



BY MELVYN BROWN

The media reported last week that China is seriously planning human cloning. The parish council members sat in silent outrage for a few minutes. The sudden impact of the news brought into focus an old concept being revived with fervor. It was hard to accept.



For Chinese scientist it is only a short biological move to go from monkeys to duplicating man. This would raise choices, moral and ethical confusion and controversies. The technology has been worked out and the blueprint lies behind closed doors we are informed.

It becomes a moment of spiritual crisis in time, drawing attention to the prominence being given to human cloning. Having secretly pursued such an adverse adventure is nothing short of demeaning the act of creation, taking away the glory which belongs to almighty God. Chemistry may have succeeded in bringing about a clone... now, can they create a human from dust with its own unique personality? Can these men and women create a snowflake, one different in design from a trillion others?

At the other end the South Koreans are planning to revive the mammoth elephant that had gone into extinction. They hope to clone cells that had been preserved for thousands of years in the Siberian permafrost. We have no comments to make.

Let us recognize the value of lessons in the Old Testament – preserved to precede generations of humankind till the end of the world. We can find in the Book of Genesis (the first book of Moses), a reading worth noting: “So God created man in his own image, in the image of God he created him; male and female he created them.” (Gen.1:27).

The fact of man’s creation is further confirmed: “When God created man, he made him in the likeness of God.” (Gen:5). Finally, in the Book of Wisdom (of Solomon) it is mentioned: “For God created man for incorruption, and made him in the image of his own eternity.” (Wis.2:23)

There are bigger issues to splash in public. Try to bring sense in the world which is hardwired and never easily won. The biggest cloning factory in the world is in China. In the northern Chinese port of Tianjin is a giant plant under the trade name, Boyalife Group. The group works with its South Korean partner Sooam to make breakthroughs in primate cloning (for sickness research they say).

Never underestimate God. His strategy can be the most powerful force to fear for all the invectives people have of Him. An ancient Chinese general Sun Tzu had once made an aphorism that the enemy is won by choosing the ground on which they are fought. Activists on the subject of cloning should ask governments to spend more on understanding the laws of nature: why do bisons run off cliffs when their numbers increase? A billion cloned cows could easily stampede and wipe out half the earth’s people.

When the Lord God created man, He, no doubt, placed challenges for humans to test their skills. The Creator witnessed the rise of inventors, ship and airplane builders, engineers who built bridges and dams, artisans, sci-

entists and astronomers, geniuses, philosophers and many others in human endeavors to make the earth a better place to live in.

Cloning humans will raise worse forms of evil in man. Rates of crime will be explosive in numbers. There will, eventually, be no solution to contain or control the dark forces.

Why does God let this happen?

He does not. When humans were formed they were given ‘free will’.

Human cloning will seal the lid to sin, corruption and violence –and all the earth will be ruled by Satan.

Christians will not let that happen.

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# Irom Sharmila: Manipur's Iron Lady



**S**omewhere in the beautiful town of Imphal, Manipur, within the confines of room no.1, in the Special Ward at the Jawarhar Lal Nehru Institute of Medical Sciences, sits a 43-year-old lady with a pale smile on her face.

Resilient, strong and quietly fierce, these adjectives only begin to describe the woman that is Irom Sharmila Chanu.

## Who is Irom Sharmila Chanu?

Born 14 March 1972, also known as the "Iron Lady of Manipur" is a civil rights activist, political activist, and poet from the Indian state of Manipur.

## What You Need To Know About Her?

On 2 November 2000, she began a hunger strike which is still ongoing. Having refused food and water for more than 500 weeks, she has been called "the world's longest hunger striker".

"We are doing our best to keep the

lady alive. She is doing her job – we are doing our duty."- Police Chief, A. K. Parashar.

At 28, she could have chosen a life like the rest of us, one that was simple, normal and ordinary. However, she did what very few of us choose to or have the will to do. She chose to fight the system. She chose to fight for justice. She chose to start a movement.

Her primary demand to the Indian government is the complete repeal of the AFSPA or the Armed Forces (Special Powers) Act, to bring under control what the government of India considered disturbed areas.

The act has often run into troubled waters and received a lot of flak from human rights activists as it gives sweeping powers and immunity to the army in conflict ridden areas. This has also been blamed for violence in Manipur.

As her brother, Irom Singhajit Singh recalls that fateful day he said, "it was a Thursday, Sharmila used to fast on Thursdays since she was a child. That



**Everyone seems to be in such a hurry to scream 'racism' these days....**

In London, a customer asked, "Do you have "Sarso Da Tel ?"

The shopkeeper says "Are you a "Sardar ? "

The guy (clearly offended) says, "Yes I am..! But let me ask you something...

If I had asked for Olive Oil, would you ask me if I was Italian ?

Or if I had asked for Bratwurst, would you ask me if I was German ?

Or if I asked for a kosher hotdog, would you ask me if I was Jewish ?

If i had asked for halal meat, would you ask me if I was Muslim ?

Or if I had asked for a Taco, would you ask if I was Mexican ?

The shopkeeper says, - "No, I probably wouldn't...!"

The guy says, "Well then, because I asked for Sarso Da Tel, why did you ask if I am a Sardar ?"

The (calm) shopkeeper replied, "Because, this is a wine shop. !!!"

day she was fasting too, she just continued with her fast".

She was arrested three days after she began her fast and charged with "attempt to suicide" which was unlawful under the Indian Penal Code, under section 309.

This is what Shirin Ebadi, Nobel Laureate had to say "**If Sharmila dies, Parliament is directly responsible. If she dies, courts and judiciary are responsible, the military is responsible... If she dies, the executive, the PM and President are responsible for doing nothing... If she dies, each one of you journalists is responsible because you did not do your duty...**" I

# Apps: A must for business

Have a business? There's an app for that. But most small business owners don't realise how much untapped potential lies in this marketing medium, even for small business

**M**obile apps are now integral part of almost every business, irrespective of their size and industry. Several small industries too have profited from developing mobile apps. While most small business have their own Website, it is indeed more profitable for them to also develop a mobile app

## Promotional Tools

While a Website is an essential tool for promoting your products and services and may acts as a one-stop shop for your users, the number of mobile users

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## MARKETING



ers is ever-increasing. Most of these mobile users also access the Internet on their smartphones and other mobile devices. Today, everything including commerce, trading and payment is handled on mobile. That being said, mobile apps have proven to be the very future of computing. Therefore developing a mobile app and promoting it among your users is extremely beneficial to further your business.

## Earning with your app

While it is true that mobile app development can turn out to be an expensive affair, it does not have to be the case. Going for a basic but effective app, and avoiding unnecessary extra frills, will bring down your costs. You can also reduce the costs by planning your app well in advance of the actual process of development; designing your own logo, images and app content. Once the ground work is ready, you can hire a professional app developer to create your app. Once your app has been developed, you can think of making money on it by using the various app monetising techniques available to you.

## Reaching More Customers

Developing an app for your business helps you reach many more customers, than with a traditional Website. Mobile search has become very popular today, especially with the younger audience. Your current customers

could spread the word by talking about you to their friends and sharing your app via their mobile device, new users could find you via a generic search. Additionally, it is extremely easy to integrate major social media with your app to further the scope and reach of your business.

## Displaying products services

You can use your app as a tool to showcase your products and services. Users visiting your app would then have instant, one-stop access to you. You can keep updating your app, to feature different new products every once in a way. Offering users interesting offers and discounts encourages them to visit you more often and spread the good word as well.

## Does an App Make Sense for Your Business?

This is a question that you should ask yourself. The truth is that apps work well for most small businesses, but they aren't right for every one. If you can honestly answer yes to the following questions, you should consider creating a mobile app for your small business:

- Would you benefit from having the ability to reach your customers 24/7?
- Can you provide a fun and productive mobile experience around your brand?
- Will your business benefit from a mobile app?

## Understanding the wholesale banking



### ECONOMIC TERMS

Wholesale banking is commonly defined as banking services that are provided between merchant banks and other types of financial institutions. The term is often used, however, to refer to the wide range of financial services that are provided by financial institutions to various corporations and businesses as well as to government entities. Wholesale banking is different from retail banking because it focuses more on corporate-style entities and high-value transactions, and retail banking focuses on providing financial services to individual consumers.

### Many banks typically engage in both wholesale and retail banking.

The task of providing a broad range of services to large corporations, mid-sized companies and small businesses is part of wholesale banking. Often, a financial institution will provide these services at discounted rates based on the number of services included in the package. This approach makes it more attractive for a company to place all financial matters with a single institution rather than using different banks and agencies for each banking service that the business needs to function.

## Avoid using sanitisers



**D**o you have a habit of rubbing your hands with a hand sanitiser every time you use a public loo or before lunch? Well, studies show that sanitisers are doing more harm than good and that you must stop using them. Here are the reasons why to avoid using sanitisers.

- If you think that a drop of sanitiser will kill all the germs on your palms, then you're wrong. As most sanitisers come with just 60% alcohol which is not enough to kill germs, they aren't as effective as washing your hands with a bar of soap.
- Triclosan is a powerful antibacterial agent which leads to resistance to traditional antibiotics when over-used. This means that triclosan makes you more vulnerable to common diseases like cough and cold.
- Continuous use of hand sanitisers will make your skin rough and you may face skin-related diseases. It is therefore advised to use a hand lotion immediately after using a sanitiser, so that it moisturises your skin.
- Many sanitisers contain phthalates which is a harmful compound used to infuse fragrance in them. Phthalates can easily enter our body through food, and once it does, it can also affect fertility.
- It can lower your immunity. Studies have found that sanitisers kill even good bacteria, thus putting you at risk of low immunity.
- The alcohol present in sanitisers is very harmful reason why some of your sanitisers smell like vodka is because it is high on alcohol content. In March of 2012, six California teenagers were hospitalised with alcohol poisoning from drinking hand sanitizer!

(Contd.. from p. 10)

achieved the distinction of deemed university status. The necessity and value of including these institutions in the proposed consultative body can never be over emphasized.

### Our Social Obligations

Admittedly, there is a huge demand for admission to what are commonly referred to as 'convent schools', a phenomenon on which so-called educationists of every hue are cashing in by opening schools with Christian sounding names but with nothing to do with the Church. Amidst all the rush for admission to schools offering quality education, the losers are proving to be schools run by the municipality, many of which have already reportedly shut shop. Considering that Christian-run educational institutions are known for the values they impart with the educational instruction, could our dioceses or religious congregations consider stepping in with an offer to run municipal educational institutions so as to increase the chances of more children enjoying the benefit of a wholesome education with a Christian influence? This would, in a way, also reduce the burden on our Christian educational institutions?

That the end goal of all our ministrations on the educational front as believers, clearly devoid of the competitive factor of course, ought to be the good of every student in particular and of society as a whole is a given. What remains to be proved is that we, believers, as bearers of the light of Christ, can rise to the occasion with alacrity and ensure that that light shines on every segment of society across our great sub-continent whereby education becomes a breezy affair that leaves no individual out of its reforming ambit. After all, what worth is the ritualistic discharge of our religious observances without an equally conscientious exercise of our social obligations, conscious that considering the two as separate entities can only be to our detriment?

# Inspiration!



## Fear can limit your Potential

**W**e create big goals and then wait for the magic to happen. We hold back because we're scared; because we are afraid of what change it will bring or if we'll even succeed it or not. Have you ever felt like fear was preventing you from reaching your full potential in life? If so, you are certainly not alone because fear is one of the biggest obstacles that many people face when trying to create better life circumstances. Below are a few damaging ways that fear can hold you back and limit your potential

### Fear can prevent you from making positive changes:

Sometimes fear can make even the smallest changes seem extremely uncomfortable. For instance, you may be deeply dissatisfied with your job but feel nervous or uncertain about finding and applying for a better one. Or you may have always dreamed of buying your own home but worry that the responsibility would be too much to handle.

### Fear doesn't allow you to take risks:

Many of us shy away from risk because we fear negative consequences. For instance, you may hesitate to invest your money because you fear losing it or avoid starting a new relationship because you were so hurt by the last one. What most of us fail to realise is that risk can also bring great rewards. Avoiding risk may help us avoid negative possibilities but we also miss the excitement and joy that come from positive outcomes.

### Fear makes you focus on the judgment of others:

As soon as you get from, "This is going to change my life for the better" to "What will so-and-so think about it?" you have almost certainly sunk

**Fear holds so many people back in life. Fear of the outcome, fear of the unknown, fear of not being good enough, and fear of failing—we go through them all. You can pile fear on top of fear until eventually you find it easier to just forget the whole idea and do something that makes you comfortable. You need to remove these limiting beliefs; if you don't win over your fear here is what it can do to you**

your chances of moving forward. Everyone wants the approval of their peers and seeks to avoid their disapproval. But you can't let fear of disapproval prevent you from acting. It's not easy. But, when you feel judged by your peers and you feel like it is stopping you from moving forward, consider these questions:

- Does this peer lead a life I value?
- What values are they using to judge me?
- Do I even want to live up to those values?
- If you don't want to live up to their values, just shrug off their judgment and move on.

### Fear can keep you away from your goals:

Have you ever dreamt of doing something great but were never able to push yourself to do it? Perhaps you dreamt of being a stand-up comedian but dreaded the thought of public speaking or you desperately wanted to be a bestselling author but were too afraid to pen that novel lurking inside of you.

### Fear leads to social anxiety:

Social anxiety is another common way that fear can limit your potential. It may prevent you from attending networking functions so your career or

business can't grow properly or you may avoid taking that much needed vacation to relax and explore other cultures because you fear flying or being on a cruise ship.

### Impact of chronic fear on health

Living under threat weakens our immune system and can cause cardiovascular damage, gastrointestinal problems as ulcers and irritable bowel syndrome and decreased fertility.

Fear can impair long term memories. This can leave a person anxious most of the time. To someone in chronic fear, the world looks scary and their memories confirm that.

Other consequences of long-term fear include fatigue, clinical depression, accelerated ageing and even premature death.

### Tips to help you move past fear

- What's the smallest effort you could make to overcome your fear? Do it. Feel relieved.
- Fear appears when we're uncomfortable. Build tolerance for uneasiness by putting yourself in a slightly uncomfortable (but safe) situation on a regular basis.
- Recall a time when you did something despite your fear and how good it felt. Use that sense of victory to summon up courage.
- Fear magnifies when we're alone. Reach out to friends often and find a trusted person who will encourage you.
- Recognise what feeds your fear and steer clear of it. Possibilities: negative people, the media, chat rooms.
- Come up with a list of your strengths (ask others for input). Then zero in on the best one to help you move beyond your fear.

# Grooms



# MATRIMONIALS

**MUMBAI :** Tamilian Roman Catholic bachelor, aged 32 years, Ht. 165 cms, Wt. 67 kgs, Wheatish Complexion, Edn. B.E. (Civil), working as a Structural Engineer (Associate). Contact email : winall2891@gmail.com OR 9920045798 / 9167710057 **(Regd. No. 6222)**

**MUMBAI :** Mumbai born, Mangalorean RC Bachelor 40, handsome, Post Graduate, good family background. Financially well established, very practical, having own business and flat in Mulund. Fair Complexion, Height 5' 9", Built on heavy side. Looking for a spinster who is willing to be his Life Partner. Send full details and latest photograph by email : amithanand@theoremsol.in **(Regd. No. 6416)**

**MUMBAI :** Mangalorean RC Bachelor, aged 28 years, Ht. 5' 3", Wt. 55 kgs, Fair Complexion, Edn. HSC + Profession in Hotel Management. Professional in Food & Beverages. Only Child. Seeks a suitable match. Contact email : agnesd85@yahoo.co.in OR 9833283285 **(Regd. No. 6415)**

**MUMBAI :** Goan Roman Catholic Divorcee, aged 65 years, looks much younger to his age, and good health, Ht. 5' 5", Wt. 65 kgs, Wheatish complexion, Edn. SSC., Retired, well settled No issue. Seeks a suitable match aged below 40 years widow or Divorcee having one child. Contact email : francisfernandes346@yahoo.in OR 9820432560 **(Regd. No. 6048)**

**MUMBAI :** Mangalorean Roman Catholic Bachelor, aged 28 years, Ht. 5' 9", Wt. 78 kgs, Wheatish Complexion, Edn. HSC + 3 yrs Hotel Management working as a Sr. Rest. Manager. Contact email : stanleef77@gmail.com OR 9920047343 **(Regd. No. 6044)**

**MUMBAI :** Mangalorean Roman Catholic Bachelor, aged 31 years, Ht. 6' 2", Wt. 95 kgs, Wheatish Complexion, Edn. 12th English Me-

dium, working as a Foreman in Qatar. Contact email : fmalcolm15@gmail.com OR henryfernandes@mannai.com.qa OR 9820743446 **(Regd. No. 6237)**

**MUMBAI :** Tamilian Roman Catholic Bachelor, aged 27 years, Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., LLB., Advocate by profession. Seeks a educated, working girl from good family background. Contact email: robint9@gmail.com OR 9869020707 **(Regd. No. 6372)**

**MUMBAI :** Mangalorean Roman Catholic Bachelor, aged 29 years, Ht. 5' 9", Wt. 80 kgs, Fair complexion, Edn. M.Sc., Advance Computer Networking, working as a Networking Engineer. Contact email : grettadsouza53@gmail.com OR 9833418836 **(Regd. No. 6328)**

**MUMBAI :** Goan Roman Catholic Bachelor, aged 28 years, Ht. 5' 11", Wt. 65 kgs, Wheatish Complexion, Working as Marine 2nd Engineer seeks a suitable match. Contact email : annalui19@yahoo.in OR 022-24446040 **(Regd. No. 6039)**

**MUMBAI :** Goan Roman Catholic Bachelor, aged 45 years, Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., (Physics), Green Card Holder. Contact email : florencedsouza07@gmail.com OR 8879718760 / 9820438278 **(Regd. No. 6450)**

**MUMBAI :** Mangalorean Roman Catholic Bachelor, aged 33 years, Ht. 5' 5", Wt. 52 kgs, Fair Complexion, Edn. SSLC., working as a Office Boy. Seeks a working girl 12th std. Contact **Box No.101-S OR 9004105050**

**MUMBAI :** A R.C. Goan Widower age 70 no encumbrances, owns spacious flat, in perfect good health seeks matrimonial alliances from widows / spinsters above 60 years. Contact email : rick6522@gmail.com OR

Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

7208966328 **(Regd. No. 6344)**

**MUMBAI :** Goan Roman Catholic Bachelor, aged 35 years, Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. MBA Graduate, working as a Manager. Contact email : ben-son\_fernandes@yahoo.co.in OR 9819633378 **(Regd. No. 6221)**

**MUMBAI :** Mangalorean RC Bachelor, aged 29 years, Ht. 5' 8", Wt. 82 kgs, Wheatish Complexion, Edn. H.S.C. + P.G. Diploma, working on Cruise Ship. Contact email : stanlybobn@yahoo.com OR 9869332407 / 22836151. **(Regd. No. 6220)**

**MUMBAI :** Goan Roman Catholic Bachelor, aged 46 years, Ht. 5' 8", Wt. 55 kgs, Wheatish Complexion, Edn. SSC, working as a LIC Agent Assistant. Contact : 9819266107 / 28954378 **(Regd. No. 6219)**

**AMBERNATH :** RC Bachelor 18<sup>th</sup> June 1983 Born, Educational Three and Half years Diploma in Hotel Management and Catering Technology, Height 5'8" smart Charming with own accommodation. Working in Hotel Industry As Asst. Manager in Mumbai Father Govt. Pensioner, Mother I.C Nurse in Govt. Hospital Seeks Alliance from Catholic Spinster **Contact: Mrs. Severine Dias Ambernath : 9960582206 (Regd. No. 6218)**

**MUMBAI :** Mangalorean RC Bachelor, aged 35 years, Ht. 5' 11", Wt. 67 kgs, Wheatish Complexion, Edn. H.Sc. + Shipping Course, working as a Chief Officer in Ship. Contact email : veigasterrance@yahoo.com **(Regd. No. 6215)**

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# MATRIMONIALS

**MUMBAI** : East Indian RC spinster, aged 26 years, Ht. 5' 2", Wt. 49 kgs, Fair Complexion, Edn. BMS., MMS (Mum. Uni.) working as a Data Analyst. Seeks well educated and working and settled abroad, preferably dubai. Girl willing to relocate any city in the world. Contact email : melwyn\_dsilva@hotmail.com OR 9224258001 **(Regd. No. 6462)**

**MUMBAI** : Parents of R.C. Mangalorean Spinster, 27/5' 1", Only daughter, very fair, B.Com., seeks professionally qualified, well settled bachelors of good character and family background, preferably working and living abroad. Contact email : pashana72@gmail.com OR 91-6759 7766 **(Regd. No. 6461)**

**MUMBAI** : Goan RC Spinster, aged 24 years, Ht. 5' 6", Well built, Wheatish Complexion, Edn. Graduate, working as an Accounts Executive. Seeks a Goan RC Bachelor below 30 years. Contact Email : taureangirl1991@ gmail.com **(Regd. No. 6420)**

**MUMBAI** : Goan RC Spinster, aged 27 years, Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. C.A., working as a C.A. Seeks a Goan Roman Catholic Bachelor. Contact email : rosefina.20@gmail.com OR 9022026602 **(Regd. No. 6417)**

**MUMBAI** : RC Spinster, aged 26 years, Ht. 5'1", Wt. 48 kgs, Wheatish Complexion, Edn. B.Com., (Banking & Insurance) working as a Consultant. Contact email : rosemarybharda@ yahoo.com OR 9224780162 **(Regd. No. 6414)**

**MUMBAI** : Mangalorean RC spinster 1973 born, 5' 5" tall, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 45 years, employed in good position and well settled in Mumbai or abroad. Contact email : bellwether77@ yahoo.com or Mobile No. 9892700617. **(Regd. No. 6166)**

**MUMBAI** : RC Goan Spinster, 39 yrs, 5' 2", slim, Wheatish Complexion, looks young and good looking, holding USA Citizen-

ship. Completed Associate Degree from USA. Presently residing in Mumbai for a short while. Seeking alliance from a well-educated, well-settled, good family background bachelor from USA or someone from UK, Canada, Australia upto 42 yrs. Reply wih details and latest photo to seniorita\_gomes@rediffmail.com or 9769825928. **(Regd. No. 6031)**

**MUMBAI** : Mangalorean RC Spinster, aged 25 years, Ht. 5' 2", Wheatish Complexion, Edn. Post Graduate (HR), working as a Junior Officer. Contact email : natasha.lima25@ yahoo.com OR 9920930518 **(Regd. No. 6410)**

**MUMBAI** : Goan RC Spinster, aged 29 years, Ht. 5' 5", Wt. 80 kgs, Wheatish Complexion, Edn. BMS, M.Com., MBA., working as a Asst. Manager, Contact email : silverbells1960@ gmail.com OR 28931512 **(Regd. No. 6409)**

**VALSAD** : Goan / Mangalorean RC Spinster, aged 27 years, Ht. 5'1", Wt. 58 kgs, Wheatish Complexion, Edn. B.Com., working. Seeks a suitable match. Contact email : idsouza14@ gmail.com OR 9892233758 **(Regd. No. 6345)**

**MUMBAI** : Protestant Christian spinster, aged 30 years, Ht. 5' 1", Wt. 58 kgs, Wheatish Complexion, Edn. B.A., B.Ed., Teacher by profession Seeks a groom from well settled, educated and good family background. Contact email : georgethomas1353@yahoo.com OR 9819133154/9930310549 **(Regd.No. 6341)**

**MUMBAI** : Mangalorean RC Spinster, aged 29 years, Ht. 5' 3", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., IT., MBA., working as an Analyst. Contact email : cecy.martis@gmail.com OR 9920966061 **(Regd. No. 6432)**

**PUNE** : Protestant Christian Spinster, aged 29 years, Ht. 5' 1", Wt. 52 kgs, Fair Complexion, Edn. B.E. (Computer), working in **SYDNEY** (Australia), as a Software Engineer. She has a P.R. Contact email : wilson.pandit@gmail.com OR 9890815206. **(Regd. No. 6431)**

**MUMBAI** : Mangalorean RC Spinster, aged 27 years, Ht. 5' 4", Wt. 56 kgs, Wheatish Complexion, Edn. B.Com, C.A. (Inter), working as an Accounts Executive. Contact email : philomina\_88@ yahoo.com OR 9867175073 **(Regd. No. 6430)**

**MUMBAI** : Mangalorean RC Spinster, aged 26 years, Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., Nurse, working as a B.Sc. Staff Nurse in **SAUDI**. Contact email :sybilalvares18@ gmail.com OR

9657035849 **(Regd. No. 6437)**

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 2", Wt. 56 kgs, Wheatish Complexion, Edn. B.A., working in Family business. Well settled. Seeks a suitable match. Contact email : grehans.gretel@gmail.com OR 9819727898 / 9869251674 **(Regd. No. 6339)**

**MUMBAI** : Goan Roman Catholic Spinster, aged 23 years, Ht. 5' 3", Wt. 45 kgs, Fair Complexion, Edn. Graduate, Management, working as a Travel Consultant. Only Child, good looking. Seeks a well settled bachelor. Contact email : shanice.fernandes@hotmail.com OR 8108468273 **(Regd. No. 6338)**

**M.P.** : Protestant Christian Divorcee, aged 35 years, Ht. 5' 3", Wt. 52 kgs, Wheatish Complexion, Edn. B.E. (Computer Science), MBA (HR), working as a Senior Manager, MNC Mumbai. Seeks a match residing in Mumbai, having a decent qualification and well settled. Contact email : estherjoseph@ rediffmail.com OR Mob.: 9589635540 **(Regd. No. 6337)**

**MUMBAI** : Roman Catholic Spinster, 29 years, Ht. 5', Wt. 47 kgs, Wheatish Complexion, Edn. F.Y. B.A., working for HR Firm. Contact email : janeqothery@gmail.com OR 9867447645 **(Regd. No. 6335)**

**MUMBAI** : Tamilian Protestant Spinster, aged 29 years, Ht. 5' 1", Wt. 48 kgs, Wheatish Complexion, Edn. Post Graduate, working as a Manager in Bank. Contact email : ratnam.rachel@ gmail.com OR 9833425894 / 9869308405 **(Regd. No. 6315)**

**U.K.** : Holding a British Citizenship Maharashtra Protestant Spinster, aged 36 years, fair and beautiful, Ht. 5' 4", Wt. 64 kgs, working for Bank in London. Seeks a well settled and educated bachelor from U.K. or Bombay. Contact email : shrupm@gmail.com OR 9819813730 **(Regd. No. 6309)**

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# MATRIMONIALS

## BRIDES

Royal Christian Family has a large data-bank of **Christian Brides and Grooms** from all over India and Indians abroad. Members details are circulated through The Secular Citizen periodical. (Serving the community since 35 years)

Sr. No.	Community	Age	Height	Education	Profession/Service
RF100675:	Anglo-Indian	29Years;	HT.5'.3"	Edn. Under Graduate;	Pro. :BPO-CSR
RF100670:	Manglolean	28Years;	HT.5'.6"	Edn. M Com;	Pro. : Office Assistant
RF100668:	Goan	29Years;	HT.5'.4"	Edn. High school;	Pro. : Teacher
RF100718:	Tamilian	32Years;	HT.5'.3"	Edn. BSC;	Pro. : Patho. Technician
RF100658:	Manglolean	30Years;	HT.5'.9"	Edn. B Com;	Pro. :CEO
RF100643:	Manglolean	27Years;	HT.5'.7"	Edn. CA;	Pro. :C A
RF100656:	Manglolean	26Years;	HT.5'.8"	Edn. B Com;	Pro. :Sr. Executive
RF100655:	Goan	42Years;	HT.5'.3"	Edn. B Com;	Pro. : HR /Adminstration
RF100651:	Tamilian	31Years;	HT.4'.10"	Edn. B Com;	Pro. :CRE
RF100105:	Manglolean	27Years;	HT.5'.4"	Edn. B Com;	Pro. : HR /Adminstration
RF100647:	Manglolean	44Years;	HT.5'.5"	Edn. High School;	Pro. :Hairdresser
RF100646:	Goan	32Years;	HT.5'.2"	Edn. B Com;	Pro. :Banker
RF100634:	Goan	26Years;	HT.5'.	Edn.B ED;	Pro. : Teacher
RF100629:	East Indian	27Years;	HT.5'.4"	Edn.M Sc;	Pro. : Business Devt.
RF100625:	Goan	32Years;	HT.5'.2"	Edn.High School;	Pro. : Chef
RF100628:	Anglo-Indian	41Years;	HT.5'.4"	Edn.M Com;	Pro. : Service
RF100619:	Manglolean	35Years;	HT.5'.8"	Edn. MBA/ PGDM;	Pro. : Programming
RF100618:	Protestant	31Years;	HT.5'.4"	Edn.BDS;	Pro. : Doctor/Dentist
RF100624:	East Indian	27Years;	HT.5'.3"	Edn.Bcom;	Pro. : Office Assistant
RF100614:	Manglolean	28Years;	HT.5'.1"	Edn. MBA/ PGDM;	Pro. : Asst. Manager
RF100612:	Manglolean	31Years;	HT.5'.4"	Edn.Bcom;	Pro. : Customer Service
RF100610:	North Indian	RC28Years;	HT.5'.4"	Edn.MBBS;	Pro. : Doctor/Dentist
RF100585:	Anglo-Indian	29Years;	HT.5'.	Edn.Msc;	Pro. :IT /Software

## GROOMS

RF101210:	East Indian	23 years;	Ht. 5'.11"	Edn. B.com.;	Pro.: Service
RF100578:	Goan	30 years;	Ht. 5'.8"	Edn. MBBS.;	Pro.: Doctor/Dentist
RF101177:	Goan	34 years;	Ht. 5'.5"	Edn. HSc + Diploma.;	Pro.: Optometrist
RF101170:	Goan	40 years;	Ht. 5'.6"	Edn. B.Sc.;	Pro.: HR /Adminstration
RF101168:	Goan	38 years;	Ht. 5'.7"	Edn. BBA.;	Pro.: Manager
RF101166:	Goan	40 years;	Ht. 5'.8"	Edn. BCom.;	Pro.: HR /Adminstrator
RF101114:	Tamilian	27 years;	Ht. 5'.8"	Edn. BL/ LLB.;	Pro.: Legal/Law
RF100936:	Goan	25 years;	Ht. 6'.	Edn. BE/B Tech.;	Pro.: IT /Software
RF100998:	Goan	58 years;	Ht. 5'.7"	Edn. Bcom.;	Pro.: Business
RF100780:	Tamilian	42 years;	Ht. 5'.4"	Edn.Diploma Holder.;	Pro.:Govt. Employee
RF100769:	Protestant	35years;	Ht. 5'.8"	Edn.BE/B Tech.;	Pro.:Director
RF100639:	Goan	34years;	Ht. 5'.5"	Edn. Under Graduate.;	Pro.:Admin
RF100645:	Goan	45years;	Ht. 5'.5"	Edn.High School.;	Pro.:Jewellery setter
RF100636:	Goan	37years;	Ht. 5'.8"	Edn.Bcom.;	Pro.:Business
RF100592:	Goan	30years;	Ht. 5'.6"	Edn.Bcom.;	Pro.:HR
RF100623:	Mangalorean	39years;	Ht. 6'.	Edn.High School.;	Pro.:A.C. Technician
RF100622:	Goan	36years;	Ht. 5'.6"	Edn. Diploma Holder.;	Pro.:Cook
RF100613:	Mangalorean	34years;	Ht. 5'.5"	Edn.CA.;	Pro.: C A
RF100608:	Mangalorean	29years;	Ht. 5'.10"	Edn. B Com.;	Pro.:Team Leader
RF100587:	Goan	45years;	Ht. 5'.5"	Edn.Under Graduate.;	Pro.:Hotel Managment
RF100574:	Mangalorean	32years;	Ht. 5'.7"	Edn.Under Graduate.;	Pro.:band buildr
RF100553:	East Indian	37years;	Ht. 5'.5"	Edn.MBA PGDM.;	Pro.:Consultant/Cont.
RF100544:	Goan	31years;	Ht. 5'.4"	Edn.Graduate.;	Pro.:Sr. executive
RF100266:	Mangalorean	31years;	Ht. 6'.1"	Edn.Diploma Holder.;	Pro.:Business
RF100535:	Goan	42years;	Ht. 5'.7"	Edn. B Com.;	Pro.: NIIT , asso-consul
RF100532:	Goan	39years;	Ht. 5'.7"	Edn.MBA PGDM.;	Pro.: Teacher

For contacts: Register at Royal Christian Family: Tel.: 022-22693578, 22654924  
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Unseen, unheard but always near... Still loved, still missed and always dear!**



**Obituary in Loving Memory of**  
**REV. FR. JOSEPH CASTELINO, VARANASI DIOCESE**  
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**LUMINOUS MISSIONARY, COMPASSIONATE PASTOR, ILLUSTRIOUS LEADER!**  
**Saw the light of the day – 12/08/1937 Entered Eternal Light - 21/11/2015**

Fr. Joe Castelino was anointed a priest on 21/12/1965. Throughout his priestly life, the Catholic Church in the Diocese of Varanasi and the Church as a whole was fortified by his yeomen services rendered under various positions in the Diocese, Regional and National level. A gentle and soft spoken man, he was the backbone of the Church. A vast majority of the work he has done may not be the kind that makes the news. His quiet and devoted work among the poor in the missions contributed to the betterment of their lives and attaining the ideal of human fraternity. As a youthful Parish Priest of Birabanti Mission he opened a new horizon of hope and progress in their lives. An ever optimistic man of great faith and prayer, he was a father and a friend to those who approached him. After his studies at EAPI in Manila and his Thesis on Indian Guru he has contributed to make the liturgy more meaningful and rich by inculturation. Evangelization was his key subject and he endeavoured to focus on the same as a true follower of late Bishop Patrick D'Souza.

He was the Founder Director of Nav Sadhana, the Regional Pastoral Center that focuses on developmental skills, widening the knowledge of the young and the old seekers for resolving new challenges and transforming vision into reality through spiritual animation and secular studies. As the Rector in the Regional Major Seminary at Allahabad, he explored endless possibilities to draw the young brothers to connect themselves to their Master and the humanity through priesthood studies. As the Administrator of St. John's National Institute of Medical Sciences, Bangalore, he was a great support to His Lordship Percival Fernandes the Bishop Emeritus of Archdiocese of Bombay, then Director of St. John's. After serving a fruitful and a successful tenure in St. John's he went back to the Diocese of Varanasi and was placed as the spiritual director of the Minor Seminary of the Diocese.

When his health began to deteriorate he was shifted to Vianney home at Bojbir where he was well looked after by Father

Gabriel. Even in the midst of his suffering he manifested no pain but encouraged those who visited him and served him with a cheerful countenance. His declining years were very edifying. He celebrated the golden jubilee of his priesthood on 21st October 2015 in the presence of his loved ones in the Cathedral of the Diocese along with his companion Fr. Wilfred. On 21st November at about 4pm he was rushed to the hospital, but nothing could save him as his Master had timed his entry to his heavenly abode.

His was a well spent and well celebrated life indeed, recalling the words of the Gospel, it is certain that he was able to say to his Saviour, what He said to His Father: "I have brought You glory on earth by finishing the work You gave me to do." (John 17:4). The funeral was held on 23rd November 2015, attended by his loved ones, friends, Priests, Religious and laity. A beautiful heart rending eulogy was read by Fr. Cyril Menezes, the Procurator of the Diocese. Bishop Raphy Manjaly of Allahabad Diocese in his soul stirring and touching homily quoted few exemplary instances from his life that inspired and moved the hearts of all. Bishop Eugene Joseph of Varanasi Diocese concelebrated the mass with more than hundred Priests of the diocese and other visiting Priests. It was indeed a fitting farewell to his great person with tearful eyes. Mr Albert W. D'Souza his nephew expressed his living and loving impressions of his beloved Uncle on behalf of the whole family with deep sentiments of love and overwhelming gratitude.

When everything is gone, and nothing is left, love still stands eternally in our souls as we say good bye. At this poignant moment our thoughts are with him, as are our prayers and reminiscences for the life he lived, shared, blessed and enriched. May his sweet soul rest in peace!

**“We have loved our dear departed in this life, and in death we shall not forget them.” - St. Ambrose**

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