

Hays

Computer and Memory

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Safe

THE SECULAR CITIZEN

(Total pages 24)

A NATIONAL FAMILY WEEKLY

Vol.24 No.46 ■ Mumbai, November 16, 2015 ■ Rs. 5



The Power Of Modern Technology

Wave
Disturbance

Cellular
Disruption



Radar
Interference



7th Ryan's IAFA

“Celebrating Creativity Celebrating Children”



Ryan International Group of Institutions hosted the 7th IAFA ceremony at Doordarshan Sahyadri Mumbai on 29th October 2015. Ryan's IAFA is an ad film making competition where students from the age of 11 to the age of 21 years can express their ideas, thoughts and views in a very special way by making a one minute Public Service Message Ad film

Jury Members Shri Kiran Shantaram, Dr. Batra, Bharat Dabholkar, Dr. Bhupendra Avasthi, Kiran Juneja, Ram Jawhrani, Arun Samuel and Shri Mukesh Sharma ADG Doordarshan, viewed the ads and selected the winners.

The winners were from all over the country, Amritsar, Chandigarh, Noida, Bengaluru, Indore and Mumbai to name

a few. Special Cash Awards are given to the young students to encourage them to pursue their media dreams. Rajiv Jalnapurkar (CEO Ramoji Rao Studio) who was present for the award ceremony expressed, “I feel proud and was surprised with kind of work children are doing and in the future I can see that good filmmakers will be coming out from Ryan Schools.”

The Award Partners:

Shri Kiran Shantaram - Dr. V Shantaram Award for Best Ad Film

Dr. Mukesh Batra – Dr. Batra Award – Health and Beauty (11-13 age group)

Shri Arun Samuel – Wings Awards in two categories – Women's Empowerment (11-13) and Water Conser-

vation (11 – 13)

Shri Ram Jawhrani - Sahyog Foundation Award –Environment (17-21)

And

Dr. B S Avasthi – Surya Mother & Child Care Award – Child Nutrition (11-13)

Many esteemed luminaries attended the grand finale to present the awards to the winners. DG Police Meera Borwankar, Rajiv Jalnapurkar-CEO Ramoji Film City, Roop Kumar Rathod, Neela Satyanarayan, Arun-Raje, Mahesh Samat-CEO Epic Channel and Shaina NC.

The 7th Ryan's IAFA grand award distribution ceremony is telecasted on Doordarshan, the Broadcast Partner Sahyadri on the occasion of Children's Day, 14th November.

"By conducting the Ad film contest, the Ryan TV provide the young talents who are interested in film making a platform to showcase their ideas and creativity at a young age. Through this initiative, children voice their opinions about society by using media as a very effective tool." Said Madam Grace Pinto Managing Director Ryan International Group of Institutions. *Ronida*

A New Exhibit Unveiled at the Big Foot

The newly installed 'Banda Big Foot', a tableau depicting a seven piece brass band and a conductor, was recently unveiled at the Big Foot, Lotoulim – Goa, at the hands of the RAdm. Puneet K. Bahi (FOGA/FONA). A live brass band began to play popular songs in English, Konkani and Portuguese when the RAdm inaugurated the still – life installation by sounding a bass drum. This newest addition to Ancestral Goa plays tribute to the local brass band that added vigour to any village festivity – these used to be regular features at village feasts & funerals alike, setting the tone for the occasion. A tour of the premises guided by Karishma Alvares gave the RAdm and his guests an overall view of the land of Goa, from the coast to the hinterland. Most impressed with the display and presentation, he said, he was extremely happy to have visited Big Foot which vividly illustrates Goan Culture at its best. The Banda Big Foot forms part of the permanent displays at Ancestral Goa.



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'Thought for the week'

Our days are happier when we give people a bit of our heart rather than a piece of our mind.

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If This Became the Norm

by Don Aguiar

There is a very old Egyptian saying: Even the right thing becomes wrong in wrong hands. And the contrary is also true; Even the wrong thing becomes right in right hands. Ultimately things are decided by the quality of your being- not what you do but what you are; that has to be remembered

Remember: each human being, maybe the human being is Alexander the Great or just a beggar on the roadside, each human being is as fragile as anybody else. Deep down he is the same - the same consciousness, the same fear, the same death, the same lust, the same love: all exists the same. Accept yourself; allow your unconscious to be revealed to you. This is how each human being is. By knowing it, you become a different kind of human being. By accepting it, cherishing it, you bring a revolution to your life. And when you look at others with that understanding, you will not find strangers; you will find all are friends. Nervousness disappears; what is there to be nervous or guilty about? We are all in the same boat.

In his expansive work, 'Sapiens, A Brief History of Humankind', Yuval Harari makes the very interesting case that the fundamental reason humans have thrived as a species is our ability to create fiction and believe in it. This includes the concept of sex, money, nations and Gods. This fiction enables us to co-operate with strangers and get things done that Chimpanzees or other animals cannot. Since, it's the outer, more evolved layers of human brains that have this ability; it is not a surprise that humans have created several stories. Some of this fiction may just be what we now call learning, shared concepts that help us move ahead in scientific discovery. Catching up on the shared concepts and views of the participants at the just concluded family synod, one of the cardinals shared these concepts and views in an interview to the news agencies which goes as under

Cardinal Oswald Gracias in a recent interview at the Vatican, where he went to attend the bishops' synod on family, had said that the Church should not be judgmental while dealing with members of the LGBT community. They should not be denied their right to be treated with love and compassion and the use of gentler language when referring to members of the LGBT community would gain acceptance in the Church

Cardinal Oswald Gracias, who has been at the forefront of the fight to decriminalize homosexuality in India, had said. "You must make a distinction with an individual who is absolutely part of the Church, who we must care for, and who might have a [homosexual] orientation. You can't put them in chains, or say we have no responsibility whatsoever,"

Pope Francis closed the synod on family at the Vatican, reiterating the call for a more compassionate church.

The problem is that we are all searching for conclusions, so that we can shut the lid on many of life's posers and move on. But life is a continuous process, which ravel itself layer by layer. Whatever we conclude from the outer layers can at best be guesses – some intelligent some not. It is another matter that the reality may be worlds removed from our best conjectures. **Most of the time our conclusions and views are sops to make us** (Contd.. on p. 4)

(Contd.. from p. 3)

feel better

How can the unnatural happen? If it happens it must be natural -- otherwise how can it be? And it is happening only to man because man is more alert and conscious, because man is more intelligent -- he finds out new ways to relate so nothing to be worried about! In fact when you are in love with a woman or a woman is in love with a man, it is a biological phenomenon. When a man is in love with a man or a woman is in love with a woman, it is more psychological than biological. **In fact it shows that you have, in a way, gone beyond the ordinary biology. You have taken a step aside -- you are fed up with the ordinary biology, you want to relate in a certain new way which only humans can do.**

When you want to relate in a certain new way you go on hiding it, but sooner or later you find out somebody, and there are ways how homosexuals indicate. They walk differently -- they may not say, but they walk differently. They look differently, they talk differently, their gestures are different, and other homosexuals immediately understand the language.

And it is not a small minority, remember. Ten percent people all over the world are homosexuals. Out of ten, one person is a homosexual; it is a big number. **And this is increasing every day, because the women's liberation movement is creating lesbianism. "Why depend on men, even for love? Sisterhood is beautiful. Love your sisters. The natural outcome will be that many brothers will be left alone.**

Sex is such a fundamental activity in nature that the ego of man started trying to get rid of it.

The first thing you need to remember: sex is natural. There is no need to make any effort to get rid of it...although a moment comes when you transcend it that is something totally different. It is not by your effort that you can get rid of it; if you try to get rid of it you will fall a victim of perversions. Because for centuries man has been trying to get rid of sex, he has created many kinds of perversions. **Homosexuality has arisen because we have deprived people of heterosexuality.**

This whole phenomenon has nothing to do with one personally. It is a social disease spread all over the world.

Cardinal Oswald Gracias views which people say are progressive as per news reports are in line with Pope Francis' efforts to create a more welcoming Catholic Church. Pope Francis has also talked about **humility and inclusiveness**. It is gathered from news reports that several Catholics have supported Cardinal Oswald Gracias' appeal to have

a more open approach towards the people of lesbian, gay, bisexual and transgender (LGBT) community. Christ opened the doors of the Church to all the faithful. Who are we to judge others? The Cardinal has welcomed those [homosexuals] as individuals

The Cardinal by sharing his views and concepts is looking at his community to move ahead in line with the recently concluded bishop's family synod where he also talked about compassion and use of gentler language. But compassion and use of gentler language as well as his sharing of his views and concepts is meant for progressive minds and not regressive mindsets

Homosexuality has come into existence because of repressive measures, because of repressive moralities, because of thousands of years of separating man and woman into separate camps. In the colleges, in the schools, in the army, in the monasteries -- everywhere men and women are kept apart. The natural outcome is going to be homosexuality, lesbianism, because the natural energy will try to find out some outlet.

It is a well known fact that the religious monasteries have been full of homosexuality. It was bound to happen because you don't give them the science of transcending sex, and you simply tell them to repress the energy. Now the energy starts moving into perverted ways.

And don't take offense at the word perversion. It simply means unnatural, it simply means not as it was prescribed by biology. The biological route is heterosexual. If you prevent it... It is like a small stream is flowing: you put a rock in its way, it will start flowing from some other side, it will go by passing the rock, it will become two streams instead of one. You can go on preventing it and it will go on splitting into many streams. It will find out some way. It has a source of water that has to be taken to the ocean.

The fundamental principle is acceptance, as our current pope has talked about humility and inclusiveness. Whatever is the situation, one should accept it. From there things can begin. Don't reject it. It is out of rejection that the problem has arisen. Relax into it and you will be surprised. If one can accept it without any guilt, slowly the homosexuality will turn into heterosexuality again. Why? -- Because guilt is also a religious phenomenon, and homosexuality too. They are joined together, they are tied together. If you go on feeling guilty, you will remain homosexual. Drop the guilt, accept it. Nothing is wrong; you are just carrying the whole ugly past of humanity. What can you do? You have come a little late, people have proceeded before. They have dirtied the whole beach. So it has to be cleaned.

Friendship is possible, but love is not possible, and friendship and love are dif-

ferent dimensions. Friendship has its own beauty. Love needs polar opposites, only then there is attraction, only then there is tension enough. Love needs a subtle dialectics; it is a process of dialectics. The man and woman relationship is a dialectical process full of hazards, adventures and fights. It is a kind of intimate enmity. In the morning the fight, in the evening the love, in the morning again the fight, and it goes on moving from one polarity to the other. But this is how it keeps itself alive. It is Hegelian dialectics: thesis, antithesis, synthesis, and again synthesis become the thesis.

Two women in relationship can't have a very great love affair. It will remain on plain ground; it will not have heights and it will not have depths. So people who are afraid of heights and depths will find it very comfortable, convenient. Hence the homosexuals are called "gay." They look gay; they look far more gay than heterosexuals.

With a man and a woman there are problems...problems of misunderstanding. They live in totally different worlds; they are two different poles of consciousness. The woman thinks intuitively, the man thinks intellectually, hence there is no meeting.

It can't happen in a homosexual relationship. That's why homosexuals are called gay; there is no dialectics, they are always smiling. But their smile seems to be shallow; it cannot be very deep. They are smiling because there is not any possibility of tears, and they understand each other. They are both men or both women, so they understand each other. With understanding there is no fight. A man and woman never understand each other, they cannot. If they understand each other, immediately all is finished, they both have become Buddhas.

The cardinal's archdioceses is a community of predominately Bible understanding people who look at a life of dignity, humility, compassion, inclusiveness and ethics: to seize the archdiocese's attention through religion using compassion and ethics as the toll during an interview is not only ironic but also spiteful.

We need to celebrate our understanding of our Bible and not our primitiveness. And it doesn't matter if it is homosexuality or heterosexuality or bisexuality. What matters is that the community must not feel let down and that too by the views or concepts of the recently concluded bishop's family synod, how bizarre would it be if this became the norm?

It has been noticed that the intellectual shared concepts and views during the family synod have been captured by a certain kind of people, with certain kinds of views. It is a bit like a monopoly and that monopoly does not like outsiders and that monopoly

(Contd.. on p. 7)



Award Wapsi

Everyone seems to be returning some or the other award these days. It has become fashionable to do so. Returning awards as a mark of protest is perhaps the 21st century's answer to Satyagraha. I too have decided to jump on the 'award wapsi' bandwagon --that's if and when they decide to give me a national award. In the meantime, to show my dissent I have already surrendered my LPG cylinder, in Mumbai, and switched over to PNG -- piped natural gas. I have done this as a sign of protest and not out of any sense of patriotism following PM Narendra Modi's appeal. I have also surrendered my 'White' ration card, which the govt., says is not a proof of residence. In fact, it is proof of nothing and confers no benefit of subsidized food grain on the white card holder.

And finally, a couple of days ago I surrendered my most precious award, which took me 12 long years of waiting: my landline telephone which was awarded to me by MTNL way back in 1972. I now carry my mobile phone in the pocket.

I hope the govt will now sit up and take note of my strong protest.

—**Prof Robert Castellino**
Mumbai

We Cannot Afford Another Bihar

The general elections 2014 was held in 9 phases and spread over 6 weeks. Considering the huge logistics and security aspects the long drawn out elections may be justified. However, the Bihar state assembly elections in 5 phases over 24 days is stretching it a bit too much. It is an unnecessary waste of money and manpower. One cannot be too cautious and go on extending the voting schedule by weeks.

Bihar is not J&K.

The long schedule keeps the security forces tied up inordinately. Costs of electioneering spirals with tens of thousands of voters being brought to the venues every day. Millions of man hours are lost everyday. Every additional electioneering day pushes crores of black money into the economy. Moreover, over such a long period of time, political parties run out of ideas and resort to gutter politics, even stirring up communal unrest. Another two or three Bihar-type elections, will lead to communal strife and anarchy. We cannot afford such elections which can destabilise the nation. State elections must not be turned into a tamasha and should be over and done with in a week or two at the most.

—**Prof Robert Castellino**
Mumbai

This is the Essence of Tolerance

Some lessons from UAE, an Arab Nation, that democratic India can take.

In Dubai's famous Abra creek some people from India getting ready to immerse the Idol of Ganesh into sea.

Remember, it is a country where even throwing a plastic cup to water bodies are treated punishable offence and toughly dealt with. Still, the rulers of Dubai permits this ritual, just because it is a religious affair.

Secondly, Camel is a national animal in Arab countries. If your vehicle hit a camel, you will have to pay the fine as if you have hit a human being. But if you want to eat a camel, you can do so according to their slaughtering norms.

Thirdly, if you go to malls, you will find a notice board with a warning 'not for Muslims'. It is pork sold inside in these cabins, mostly for other nationals who want to use it.

And finally, UAE is a country that have banned liquor according to Islam-

ic principles. But all non Muslims can carry some restricted number of bottles if they want.

This is the essence of tolerance.

Democratic India has to take it from UAE, I believe.

The cultural stupidity that our Ministers and MPs speaks sounds hollow comparing to this small nation with more than 180 or so nationalities living peacefully in it.

—**An Indian Citizen**

' Make festival celebrations meaningful '

A festival is an expression of joy and a re-affirmation of faith in one's religion.

Festivals become meaningless when they become a commercial display of wealth and have more meaning when they are family celebrations.

Diwali or Deepavali -the festival of lights has unfortunately become the festival of noise as too many crackers are burst and too much of pollution -both noise and smoke are created resulting in some people going on a holiday to escape these ill-effects.

When crackers are burst the black money is burnt and goes up in smoke.

Only a few crackers should be burst or the crackers should only be burst in a particular spot and all the debris that is found must be cleaned up immediately.

Precautions must be taken both before and after bursting of crackers.

Animals get scared when crackers are burst and so must be kept away from them.

A more meaningful celebration of a festival is organising festival parties especially for the poor and distributing food hampers to them through various organisations and doing the same for prisoners and buildings can organise festival parties for their tenants.

Festivals are a good time to renew friendships even with enemies and also encourage neighbours to create community decorations.

Computer cards are good but are artificial when compared to handmade cards.

Festival foods and sweets are an
(Contd.. on p. 6)

The Power Of Modern Technology

by Ashwin Fernandes

gives more time for people to develop their personal goals or just relax.

“Modern technology has become a total phenomenon for civilization, the defining force of a new social order in which efficiency is no longer an option but a necessity imposed on all human activity”- Jacques Ellul, a French philosopher once said.

Technology is the practical application of scientific knowledge, the manipulation of elements (fire, water, rock) to create tools, methods and products. Primitive technologies enabled humans to meet their basic needs more easily. Nowadays we're witnessing a shift in the role technology is playing in our society and may continue to play for generations to come. In the modern-day world, it has turned to a means of communication and entertainment. Modern technology has improved our lives through convenience, efficiency, speed and accessibility.

Today's society is different to the one that existed not so many years ago. Our society is constantly changing.

The most important characteristics of our era may be the transformation, transmission and dominion of information. We live in an information society where the leading role has been given to new technologies, especially those devoted to information. Modern technology has revolutionized people's communication. Technology is building bridges between people on opposite sides of the globe, bringing people from all cultures and backgrounds together.

With smart gadgets like iPod, iPhone, tablet, users can easily access information through internet. It's no secret that today's consumers are hungry for all the jaw-dropping, life-simplifying innovation that technology can deliver. Behind every great gadget is an equally impressive technology especially given that developers continue to fuel the fire of consumers imagination with technologies promising to enable bigger, better, faster and even sharper resolution devices. The time saved by these fourth generation (4G) technologically advanced gadgets

Often a country's level of modernization is measured by the ease with which people can communicate with each other. Mass communication technology has made it easier than ever to connect with people. Today, computers have become an indispensable part of our lives and World Wide Web, biggest source of information at the click of a mouse. The immense potential of Information Technology industry has contributed significantly to the country's economy.

Never before could people cross a continent or an ocean in an afternoon. Modern transportation technology makes it possible to travel long distances quickly, benefitting us and the business world. From the humble bullock cart to the mighty jets, transportation technology has evolved with years.

Another boon of modern technology is that human health has improved. As knowledge of the body and its functions improves, and new tools to help heal it are created, life lasts longer, people can live more comfortably, and recover from wounds and diseases that even half a century ago would have been fatal. Most hospitals have implemented modern technology in surgical rooms, to reduce on mistakes that may be made by doctors due to work overload and stress factors. Health applications on mobile phones enable people monitor their health and weight.

Modern technology is challenging, and sparks the brain to work to its full potential, thus increasing human capabilities. Earlier, starting a business was difficult due to limited access to business information and capital.

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(Contd.. from p. 5)

essential part of any festival and the bigger the variety - the better but one must exercise after eating them to avoid health problems.

A Diwali mass was celebrated last year and I hope the trend continues. Festivals are a good occasion to start new businesses.

During festivals holding inter-religious meets combined with parties can promote religious harmony besides introducing subjects like inter-community living at the school, college and university levels.

Trouble makers and rioters who ruin festivals must be arrested and communal political parties and communal

associations must be permanently banned and prevented from re-starting under any new name and fines must be imposed on them to compensate people for the damage done.

All festivals need money for them to be organised but too much money must not be spent.

The sheer variety of festivals in our country contributes to their diversity and in the rural and tribal areas of our country there is a whole new world out there waiting to be discovered and enjoyed by one and all.

So during a festival enjoy it to the last detail and learn what is unique about it to make it even more meaningful.

—Peter Castellino

(Contd.. from p. 6)

Modern technology helps creative people post projects and raise funds for their projects through crowd funding, converting ideas to reality.

Modern technology has played a big role in changing the entertainment industry. Home entertainment has improved with the invention of advanced music and visual systems like smart televisions which can connect live to internet. Websites and applications that enable easy access and storage of music provide a platform for musicians to sell their music and users to buy from a wide selection of music online.

Modern technology has helped businesses increase production. Humans are slow and sometimes fail to deliver on time. Many businesses have integrated modern technology in their production line, simplifying the hardwork with better results than humans. Modern architectural technology has improved the quality of construction, unveiling marvels like sealinks.

Learning is a continuous process of our daily lives. Modern technology has made it simple for students to learn from anywhere through online and mobile education. Modern educational technologies in classrooms support individual learning, encouraging students to learn by themselves without tutors.

Modern technology simplifies discovering old friends and new people to network with. Many businesses have embraced the social networking technology to interact with their customers. Users of social networks can share information with friends, live chat and interact with them.

Realizing the impacts of technology in modern life, it's our responsibility to use technology to improve our lives and also preserve our society and environment. In a nutshell, where technology has the power to influence and even shape every aspect of modern life it's safe to say that this transformation has already begun.

(Contd.. from p. 6)

survives on the basis of networks.

These are complex times in Christianity. All the international press and networks attention our community is drawing is around issues relating to personal choice as discussed at the recently concluded bishop's family synod which at times we come across as a community of divisions and chaos, which we are not. So I ask why on earth do we want to be the ones who are scoring self goals against our own community.

We should start looking at real problems, and should not be concerned about unreal problems. There are real problems to be solved. And this is a trick of human mind: to create unreal problems so that you become occupied with them while real problems go on growing. And this is an old strategy: politicians, priests, so-called religious leaders go on giving you pseudo-problems to solve, so that you become occupied with the pseudo.

Let me end (not conclude) this by quoting Robert Anton Wilson, "In conclusion there is no conclusion. Things will go on as they always have, getting weirder all the time."

Open Letter To Prime Minister Narendra Modi

Dear Mr. PM,

The defeat of the NDA in the recently- concluded Bihar state elections, comes as no surprise to me. I had predicted " a bad loss " in my Nov. 5 fb post titled ` Nothing To Beef About ` which has come true. I am happy for the people of Bihar because Nitish Kumar – who was with the NDA until 2013 and left because of his own PM ambitions, who was Railway Minister in Vajpayee`s NDA I, who defended you as CM in 2002 – is a good leader. However, I am sad for my country because now, more than ever, the combined Opposition having sniffed blood will try every which way to prevent your government from functioning and fulfilling on its promises. Worse, the Congress ,which will never reconcile to its 2014 drubbing and to you an OBC becoming PM, will move hell & earth to bring down your government mid-term, as it brought down the governments of your predecessors- Charan Singh, Chandrasekhar, I K Gujral and Deve Gowda.

I know how hard you pushed yourself for a win in Bihar, addressing some 30 election rallies, in addition to a daily work-load of 16 hours and constant unmerited abuse; because on it depends our country's development agenda which requires Parliament`s sanction and you have no majority in the Rajya Sabha. Perhaps, that was over-kill for as the saying goes ` less is more ` and you are, after all, the PM of India and Bihar is only one, undoubtedly, important state in it.

Pardon me, Sir, when I say – and I am an unapologetic admirer of your honesty, energy, work ethic , values – that you made some fatal mistakes : your party lost the perception battle, hence lost the ballot war. The BJP was done in by beef, award wapsi (which will now end having served its limited purpose) and stray incidents of deadly violence in non-BJP ruled states which unfairly accrued to it, oblivious that India is a Federation of States and law and order is a state subject.

Being only human, Mr. PM, you finally descended to the level of your abusers, giving back " as bad as you got ". That, in my humble opinion, was the last nail in the coffin. You should NEVER have fallen into the trap set for you and swerved from your 2014 agenda of DEVELOPMENT , which other regional satraps have tried unsuccessfully to emulate/ replicate.

So where do you, the country go from here ? Onward. May this Bihar stumbling block be a stepping stone to success elsewhere. India's future is inextricably linked to yours- at least till 2019. And it would help if you could make a disciplinary example of your party's loudmouths – difficult as that is.

With every good wish

—Bernie Tellis

A Delightful Day – Senior Citizens Day Out

The Diocesan Catholic Council for Women (DCCW) an Organization under the Archdiocese of Mumbai has completed fifty-one golden years of dedicated, charitable hard work reaching out to people of all walks of life with a generous heart of love and compassion.

An Outing cum Health Awareness Programme was organized on Sunday, 25th October 2015 for Senior Citizens and others who joined the group from different parts of Mumbai – One hundred plus in number to Wada in Palghar District amidst the lush green environment by the river side.

The Sisters of St. Joseph's Home gave us a warm welcome. It is home for Senior Citizens and the like. It houses residencies 60 years and above, helpless, fragile aged men and women irrespective of caste or creed.

It is run by the Sisters of St. Joseph of St. Marc. The dedicated service of the Sisters and their co-workers help these lonely and aged citizens spend their twilight years in peaceful harmony with man and nature.

Rev. Fr. Sanju SJ - took time out

of his busy schedule to celebrate a meaningful Eucharist for us highlighting the healing of Bartemaeus the Blind Beggar in the Gospel of St. Mark, Chapter 10. This was a call for each of one of us to walk in faith.

A sumptuous lunch prepared by the Sisters with their helpers tickled our taste buds. The fellowship games followed by Hi-Tea helped us enjoy the restful hours of the afternoon.

Dr. Narayan Rao (Cardiologist) – a well known figure among the DCCW members gave us useful tips on Diet, Yoga, Exercises and how to live well and be happy.

Our trip to Wada, though a long nearly two and a half hour journey by road was very enjoyable, admiring the beauty of nature and hearing the “nightingales” sing in the bus - helped us to mingle and interact with one another.

Hats off!! to Mrs. Phil Fernandes and her dedicated team of organizers who spear-headed the entire outing, looking into every minute detail from boarding the buses to returning home

God's creation is indeed Wonderful and Holistic. May we always enjoy it to the fullest.

—Sherlyn Fernandes
Kalina

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or
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Branch : Colaba, Mumbai
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Thanksgiving



Thanks to St. Jude Thaddus
for the favours granted

—Mrs. Philomena Lima,
Ghatkopar

Soon No Holiday On Good Friday In MP, State Govt Considering Proposal

Bhopal: After formulating a 5-day work policy for the state government employees, the Madhya Pradesh government is considering a proposal of reducing holidays given on occasion of various festivals.

If implemented, the holidays on the occasion of Good Friday, Muharram, Pongal, Mahavir Jayanti etc would be cancelled. In other words, the state government employees have to work on those days.

Few days back in a meeting concluded with the employees Union, the State Finance Minister, Jayanth Malaya have announced a 5-day work policy of Monday to Friday as the working days for State Government employees. According to the sources, Malaya asked for reducing the holidays from the government quota of holidays provided to the state employees. In the same tone, he hinted on increasing their salary from 10 -20% in the 7th Pay Commission.

At the moment, the State Government employees get a cumulative holidays of 52 Sundays, 24 Saturdays and 3 days off as per their requirements.

The move, if implemented, will have its bearing more on the Christian employees working in the State of Madhya Pradesh as they would be forced to work on Good Friday and possibly on 25th December Christmas in the near future.

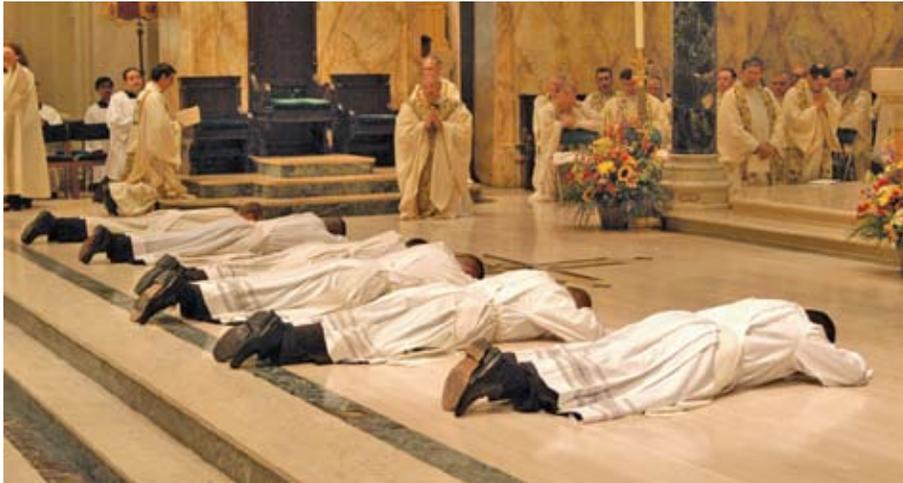
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Largest exporter of clergy feels pinch now



were most sought after because there is a strong Catholic tradition in which they are nurtured. And there is an in-born nature in Kerala's Catholics to commit themselves wholeheartedly to the mission entrusted to them," he said.

The credit for Kerala's missionary zeal is often given to the indigenous Syro-Malabar Church, which traces its roots to St Thomas, one of the 12 apostles of Jesus Christ. "Doubting Thomas" is said to have journeyed as far as Kerala in 52 AD to preach the gospel.

During the 1960s and 1970s, Kerala witnessed a boom in the enrollment of priests and nuns – more than 50 to 75 believers enrolled in each of the state's 30-odd dioceses every year – but this number has now fallen to less than a dozen. And the attrition rate among the chosen too is on the rise, insiders say.

Social activists say better opportunities, consumerism, social empowerment and dipping religiosity were the main reasons for the dwindling numbers. The missionary zeal of nuns gave a huge impetus to nurses from Kerala to go to faraway places in search of employment, they say.

"Earlier, poverty and social compulsions were the main reasons for enrolling in the parish and nunnery. For Christians, it was once a matter of prestige to flaunt the number of priests and nuns from their families. Now families have shrunk and their priorities have changed. To cap it all, spirituality is on the decline in almost all religions," said Malayalam writer Sarah Joseph.

"What the West witnessed two decades ago is bound to happen here also," said Joseph, among the first to return her Sahitya Akademi award to protest against the lynching of a man in Uttar Pradesh over rumors that he had eaten beef.

Courtesy: mattersindia

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Thiruvananthapuram: Kerala was once the largest exporter of clergy, its priests and nuns the most sought after across the world, but insiders contend the church is now facing difficulties in managing its institutions across the country because of a shortage of hands.

Informal estimates suggest there has been a 40% drop in the number of men and women joining the clergy in Kerala though the northeastern states and Andhra Pradesh have registered a 30% hike in the enrollment of priests and nuns.

Though there is no data on the strength of the clergy in India, church insiders say there are about 40,000 priests and 25,000 nuns across the country. At one time, Kerala accounted for more than 60 percent of the total.

With many believers unwilling to commit to a religious life, the ranks of the clergy are shrinking. Earlier, there was a shortage of nuns in Kerala but now the number of priests too is coming down, insiders say.

Though Christians form less than 4% of the country's population, the Catholic Church runs close to 25,000 educational institutions, 6,000 hospitals and countless orphanages and charity institutions. Many of the best educational institutions and hospitals are managed by it.

These institutions have usually

been headed by a priest or a nun though the church has now been forced to hand over the administration of some to laity, insiders say, The Hindustan Times reported.

But the church is no mood to paint a gloomy picture. "At least in Kerala it is not a serious issue. We have enough vocations. But the number of clergy going outside must have come down. One can't go by these numbers alone," said Kerala Catholic Bishop Council spokesperson Father Verghese Vallikkatt.

Detractors of the church, however, say it has exaggerated its numbers to get the attention of the Vatican.

"There is a more than 60% decline (in enrollment of priests and nuns) in Kerala. But the church never accepts it and gives an exaggerated version to be in the good books of the Vatican," said Catholic reformist Joseph Puli-kunnel.

Regular church-goers say it is difficult to spot many young priests and nuns in religious congregations these days. "Earlier, new recruits were given a prominent place in congregations. But now we hardly come across them," said Varky Joseph, a regular church-goer for four decades.

Father Paul Thelakat, editor of the church-run publication Sathyadeepam, said members of the clergy from Kerala were welcomed round the world for their dedication.

"True, Kerala's priests and nuns

Model Bank Mumbai

With deposits 660 crores, total turnover exceeds Rs.1000 crores

Branches Number to touch 21 by March end 2016.

Its root – the Mangalorean Catholic Co-operative Credit Society Ltd. is in its Centenary Year.

Though its roots are 100 years old, the bank is just 17 years young and is on the top banking institutions among the Mangalorean Konkani Catholic origin spread over the globe.

3rd Best Co-op. Bank Award :

The Brihan Mumbai Nagari Sahakari Banks Association Ltd., Mumbai at their 37th Annual General Meeting and Awards function held on 12th August 2015, has awarded Model Co-operative Bank Ltd the 3rd Prize for Best Bank among co-op. banks in the category of deposits in the range of Rs. 300 crores to Rs. 1500 crores.

The award was presented by Association president Dattaram Chalke at a function held at Hotel Kohinoor Auditorium, Dadar West on August 12, 2015. Model Bank CEO and General Manager William Louis D'Souza, Additional Chief General Manager Herald M. Serrao, Senior Managers Zenen D'Cruz and Hilary Mendonca received the award.

Corporate office and Branches:

The new Administrative office is on the 5th Floor of the Central Plaza Building. This corporate style office has been inaugurated by His Eminence Cardinal Oswald Gracias on April 26, 2015.

At present Model Bank has 12 fully computerized branches spread over the prominent localities of Mumbai and Thane district. These branches are at Andheri, Borivli, Fort, Ghatkoper, Kanjurmarg, Mahim, Malad, Mira Road, Mulund, Thane, Vasai and Vashi.

Bank's Dahisar (W) Branch (13th Branch) was inaugurated on 25th Oct, Andheri (W)-14th Branch on 1st Nov and CBD – Belapur Branch-15th Branch on 3rd November 2015. Bank has obtained License from the

Reserve Bank to start 6 New branches by the end of March 2016. These will be established in Palghar(W), Virar(W), Vasai(W), Bayander(W), Kalina Santacruz (E) and Dombivli(W). With these new branches the number of branches will be increased to 21.

Model Bank inching towards Scheduled Bank Status:

The present Board of Directors has a desire to elevate the Bank as the Scheduled Bank. In this regard, Chairman of the Bank Albert W. D'Souza has this to say: "Model Bank has risen



to the present position because of the hard work put in by the past and present Office-Bearers, Directors and members of the Staff with the fullest co-operation of the Shareholders, Deposit and Account holders and Creditors. The present limit of deposits by the Reserve Bank to raise any co-operative bank to the scheduled status is Rs. 750 crores. We will achieve this target at the earliest so as to elevate our bank to Scheduled Bank Status".

If the Bank attains Scheduled status

– bank can be expanded and branches can be opened in other states and more importantly in Mangalore, Udupi, Bangalore and other cities where Mangalorean Konkani Catholic population is concentrated. Thereby create a strong bank of Mangalorean Konkani Catholic Community and provide employment opportunities to community's younger generation.

'From Society to Bank' – Explains Founder Chairman John D'Silva:

"Mangalorean Catholics are very enterprising people. In Mangalore, they had organized a co-operative bank way back in 1912 by name 'Mangalore Catholic Co-operative Bank Ltd.', Mangaloreans who migrated to Mum-

bai in early 20th century, set up Clubs (Kudams) all over Bombay, particularly at Fort, Dhobitalao, Byculla, Andheri etc., providing bachelor accommodation. In 1905, educated among them founded Kanara Catholic Association (KCA) – as a registered body. In 1916, to inculcate the habit of thrift & credit, KCA registered a Credit Society by name "Mangalorean Catholic Co-operative Credit Society Ltd.," and to look after their educational needs, registered an educational society by name Mangalorean Catholic Educational Co-op. Credit Society Ltd., (1919).

In 1993, Mangalorean Catholic Co-op. Credit Society had total funds of around Rs.1 Lac. It was almost in dormant state without much activities. Mangaloreans who were aware of my enthusiasm in co-operative banking, particularly Citizen Credit Co-op. Bank Ltd., requested me to take leadership of the Society as a mark of respect to the memory of stalwarts who had founded it in 1916 and make it a bank for the benefit of our community.

During nineties, Reserve Bank of India had revised the rules for registering new co-operative banks, particularly own capital. For the sake of my fellow Mangaloreans and as a tribute to its founders, I accepted their request. At the General Body Meeting held in October 1993, the members unanimously elected me as its President with full charge of the Society. To make it easy to raise required capital of Rs.60 Lacs, we opened almost ten branches all over Mumbai. In June 1998, the Reserve Bank of India and the Registrar of co-operative societies gave its approval for the bank with change in name as 'Model Co-op. Bank Ltd.', It is the second Bank among the newly registered banks, which started functioning with branches of society all over Mumbai and converted them as bank's branches".

Mr. D'Silva was the President of the Society from 1993 to 1998 and on



Receiving 3rd Best Co-op. Bank Award



Corporate office has been inaugurated by His Eminence Cardinal Oswald Gracias on April 26, 2015

the establishment of the Bank as the Founder Chairman till 2003. Thereafter Mr. Albert W. D'Souza is the Chairman of the Bank (Since 12 years) till this date.

Services offered by Model Bank:

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Bank is having Savings, Smart Kid, Fixed, Recurring, Current and other types of Accounts. Bank pays good interest for deposits. 10% interest

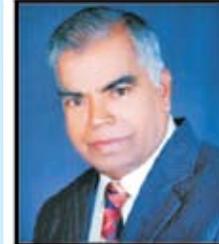
is paid for 400 days deposit. 0.5% more interest is available for Senior Citizens and LAKHPATI / RD & FDP savings schemes for children's future.

Various types of Loans are available like Business, Term, Home, Ve-

is 9%. NPA (Non Performing Assets) Rate is 1.07% on 31-03-2015. For the year 2014-15, profit before tax is Rs.10.42 Crores and after tax profit is Rs. 6.62 crores. Bank has declared 12% dividend for shareholders.



Albert W. D'Souza, Chairman



John D'Silva, Founder Chairman



William Sequeira, Vice Chairman

hicles, Professionals, Educational, Personal, Mortgage, Loan against Government Securities/LIC/KVP.NSC, against Fixed deposits, Cash credit/Over Draft.

Bank offers services at the doorstep of the customers who are unable to come to the branch due to old age or illness.

Factors contributing to the progress of Model Bank:

Office-bearers and Directors are prominent leaders in their respective fields like business or profession. Their unanimous selection to the board by shareholders. Few officials who had work experience in Nationalized / Private banks are in the service of Model Bank.

Model Bank is having Banking License from Reserve Bank. It always obtained A grade in the audit by reserve bank. Capital Adequacy Ratio maintained by the bank is 12% whereas required

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General Manager & CEO:

William L. D;Souza

Executive:

Harold M. Serrao, Additional General Manager

For more details please contact:

Administrative Office: 501, Central Plaza, 166 C S T Road, Kalina, Santacruz (East), Mumbai 400 098.

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by H. R. Alva



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Be Compassionate towards fellow human being and animals as it will make your life more enjoyable and worthwhile

The meaning of life is elusive. Those who claim to have found it may have just stumbled upon the tip of an enormous iceberg. But maybe humanity was never supposed to know the meaning of life. There must be a reason why we do not know certain things. Whether a higher intelligence is at work or we as a race are just plain ignorant is another debate altogether, but what we can do is live life in a meaningful way. While we may not know our purpose here, we can make our time on this planet worthwhile to the extent that we have no regrets when we depart. Making life meaningful is living life at its best. How to do this? Listed below are the top 7 ways to live a more meaningful life.

Prioritize things and people:

In life, you ought to know what is important and what is not. You must prioritize things, people, tasks as well as dreams in order to make life more meaningful. There will always be a lot of clutter in your life which you just allow to be there without realizing that they are slowly but surely taking away your peace of mind. Get rid of them and notice how lovely your life has become.



Live A Meaningful Life

Have more friends than things:

Make new friends, talk to your acquaintances and smile at strangers as that enriches your life in the true sense, something which no material possession can ever do, no matter how wealthy or rich you become.

Follow your passion:

Have a passion in life. Find your calling and follow it relentlessly. You will most certainly have a passion, a calling which makes you enthusiastic and full of energy almost always. This is what drives you and this is probably what your life purpose is. Whether you become rich and famous is another matter, but if you do not follow your passion, you will not have lived the life you deserved.

Have a life goal:

Have a goal in life. When you know what you want in life, living it becomes simpler and more purposeful. If you have a long term goal, break it down into small term goals and on a daily basis track your progress towards them. This will not only make your life more meaningful, it will give you satisfaction beyond measure.

Live life your way:

Living life your way does not mean being unruly. When you take charge of your own life, you live it on your own principles and ideologies. You do not answer to somebody else as to why and how you did something. This, along with self confidence and self esteem, brings more meaning to life as well.

Be compassionate and humble:

Humility is the first step towards greatness. All great people who have been respected by people worldwide have been humble, and it is a lesson to be learnt. Do not be proud about anything you now have or may have achieved might as it may not be there tomorrow.

Simplify your life:

Simplify your life as it will help you focus on the important and worthwhile things rather than wasting time, energy and resources on things that do not matter and only drain you of your peace of mind.

Thanksgiving



Grateful thanks to Infant Jesus, Our Lady of Vailankani, St. Jude and St. Anthony for favours received. Please continue to bless us.

—Otto Mathias and Family

Super Saints, Priests And People

[This is an article advising that “Padre” or “Padri” or even “Don” or “Priest” be used instead of “Father” when addressing Catholic Priests. For millions if not billions in (south) Asia etc. “Padri / “Padre” just means a priest, while “Don” and “Padre” are used in Europe and Latin America.

For Biblical / authoritative endorsement read the footnote to Mt. 23:8-12 in “The New American Bible”, “The Catholic Answer Bible”, ... which goes as follows: These verses, warning against the use of various titles, are addressed to the disciples alone. While only the title “Rabbi” has been said to be used in addressing the scribes and Pharisees (7), the implication is that “Father” and “Master” also were. The prohibition of these titles to the disciples suggests that their use was present in “Matthew’s” church. The Matthean JESUS forbids not only the titles but the spirit of superiority and pride that is shown by their acceptance. ...]

by Michael Condillac, SDB.

Don Bosco and Padre Pio, two of the greatest and most popular Priest-Saints of the Roman Catholic Church in modern times, bear titles as plain as “Don” and “Padre”. Yet, in some countries a priest / cleric, even one newly ordained, becomes “Father”.

Now love and respect are the very essence of Christian/ human conduct, however it is obvious that what we have here is a gross exaggeration – and even the Bible advises against it: Mt. 23:8,9.

In Italy, elsewhere in Europe and in Latin America priests are addressed as Don, Abbe, Padre... while Father is used in the English-speaking nations by Catholics, Anglicans, Episcopalians ... and Pastor/ Reverend ... by the other denominations. In India (pop. 1.2 billion) it is Padri / Purohit, Dharmaguru/Guru, Swamy, Aachan ... depending on the region/ state.

An agnostic British surgeon and long-time benefactor of the Missionaries of Charity, who wishes to remain anonymous, once said: “I’ve no problem with Mother Teresa our venerable, old, saint but her followers will always be Sister or Brother to me never Mother or Father, both of which are far too specific to be used carelessly.

Dr. Mrs. Astrid Lobo Gajiwala, M.D., Head of Tissue Bank, Tata Memorial Hospital, Mumbai writes: “I find it absolutely ridiculous calling men who are definitely younger than me, “Father” ... As an adult woman I am not willing to place myself in a child-parent relationship, and all it implies,

with a priest. I prefer the more accurate woman-man relationship ...”

And Bonze Chen, a globe-trotting Buddhist monk who is making a study of world religions, had this to say: “I hold your religious people in respect. I have found them polite, educated and dedicated. However this does not justify calling them Father or Mother. For me they are: Padre, Sister.”

There are many others besides, even amongst the clergy, who concur about the unsuitability of the title “Father”.

Perhaps, under the circumstances, FRATER – Latin for brother – could also be considered. Changing-over too would be easy: Fra-ter when conversing and Fra. instead of Fr. when corresponding.

So the alternatives to Father would be Padre/ Don/ Priest/ Frater. While with the higher ecclesiastics, it would be just their functional titles: Bishop/ Archbishop/ Cardinal and Pope/ Holy Padre/ Vicar of Christ. The simplification helping people and clergy feel more comfortable and close.

Bishop Bosco Penha, Auxiliary Bishop of Mumbai, when asked for his views on the topic replied: “I am basically in agreement with (this) thinking. I do not like paternalism in anyone who is in authority because it keeps those under him/ her infantile. But it is difficult to change long-standing traditions. We have all to keep trying”.

Sister Elizabeth A. Johnson, C.S.J., Ph.D., Distinguished Professor of Theology, Fordham University,



In Italy, elsewhere in Europe and in Latin America priests are addressed as Don, Abbe, Padre... while Father is used in the English-speaking nations by Catholics, Anglicans, Episcopalians ... and Pastor/ Reverend ... by the other denominations.

U.S.A. writes : “... using “Frater” rather than “Father” sounds very much like something Jesus would (want). Further, I am delighted to have confirmed again my long-standing belief that these issues are not only important within North America, but are issues throughout the world”.

And the late Fr. D. Cortadellas a Spanish Jesuit at St. Xavier’s College, Mumbai would say: “We (priests) prefer to be taken for what we are, one with the people in all respects”. Adding humorously: “I take for granted that many priests feel uncomfortable when addressed as Reverend Father even if it be by a Very Reverend Mother Superior.”

Yet as Fr. Joseph Casti, S.D.B., an old, Italian missionary now back at Don Bosco, Florence, Italy cautions: “... (this) is true ... but at most it can have the effect of arousing awareness of the issue ... I think priests will be called “Fathers” still for many years to come”.

This practice originated centuries back in some quarters of Christendom and then spread to other parts of the world during the period of British colonization.

In fact during the Middle Ages, high offices in the Church, bishoprics in particular, were often wrested and

(Contd.. on p. 16)

(Contd.. from p.15)

occupied by princes/ personages from the royal families and wealthy houses of Europe, with the intention of influencing ecclesiastical decisions to their advantage. Consequently, much court-craft and court-conduct found their way into Church protocol.

It became customary, for instance, for the Pope to wear a bejeweled, triple-decked crown, to be carried around in an ornate throne with fanfare and pomp and even to have his foot kissed, before being addressed, by anyone who sought his counsel.

Awkward, embarrassing, unchristian though they were, both clergy and laity in common human frailty had mutely accepted these observances, thus weakening our witness and obscuring our identification with the "Man-in-sandals" and the humble and lowly Church He envisioned.

Vatican II transformed much in consonance with the Heart of Jesus: shedding Latin and adopting local languages, bringing Priest and Altar closer to the congregation, discontinuing the use of Tiara, Throne and Biretta, minimizing the use of the cassock and

so on.

However, some of the dust and dross of the ages remained: Hand/ Ring kissing, spectacular vesture, etc. – the last-mentioned surely justifiable on extraordinary/ ceremonial occasions to enhance the beauty, grandeur and solemnity of the holy services and uplift and heighten the faith-experience of the congregation.

An ecumenically-inclined Protestant remarked: "when it comes to greeting a Pope, Cardinal, Bishop I would rather kiss the Crucifix/ Pectoral Cross about their necks and pay homage to the Lord, than kiss their rings/ hands and honour men."

Jesus Christ, foreseeing all this, taught in precise and unambiguous terms:

"As for you ... you are all brethren. And call no man your father on earth, For you have one Father, who is in heaven". Mt. 23: 8-9.

In the early Church therefore the Pope (Peter) and the Bishops (Apostles) were all addressed as Brother – but

not for long. Over the millennia that pristine simplicity was sacrificed to hollow, worldly embellishments such as: Reverend Father, Right Reverend Lord Bishop / Archbishop, Most Gracious Eminence / Cardinal ... as elements in Rome strove to match the royal protocols of the kingdoms & courts of Europe.

Now in the new Millennium – with the 2000th Anniversary of the Birth of Christ – the Church is appealing to its members world-wide to make concerted efforts to be more authentic, more fraternal.

Indeed, Pope John Paul II had declared 1999 : The Year of God the Father, ABBA. The Father of the "Our Father" wherein we pray: "...hallowed be thy Name." The Father with the Son Jesus and the Holy Spirit the Triune God of Christianity.

It is the quintessence of the infinite love, omnipotence, omniscience, eternity of God that the Son sought to convey through the word Father, and it is the reason for His insistence that it be used with profound discretion.

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Pope Francis: Benediction For The Faith



BY MELVYN BROWN

played the Cuba-US issue.

In his plan of papal reach-out of mercy, Francis convoked a Papal Bull 'Misericordias Vultus', the extraordinary Jubilee Year of Mercy 2015-2016. The motto is: Merciful like the Father". The plan is to resume Pope St. John XXIII's "medicine of mercy", and to commission "Mission-aries of Mercy," to heal the spiritual wounds of the faithful across the world.

The Pope canonized two 19th century Palestinian nuns as a balm of encouragement for Christians in the Middle East who are daily confronted with waves of persecution from Islamic extremists. The canonization ceremony was witnessed by Palestinian President Mahmud Abbas and over 2,000 pilgrims. These two saints were the first saints from the Holy Land.

The impact of Pope Francis and his vision to reshape the shattered image of the modern world is a clove in the swollen gum. At Sarajevo, in a special Mass, the pope spoke of an 'atmosphere of war' fermenting on a global scale of war. Catholics, the vast majority ethnic Croats, add up to 15 percent of Bosnia's 3.8 million population.

This year, in early October, Pope Francis told the synod that if God wants change in the Church it should be taken in stride, and urged the bishops at the synod to discuss the defence of traditional family life and life-long marriage, and to make marriage appealing to the young. Pope Francis mentioned that the Christian faith was "not a museum to look at and save" but it should be an avenue of inspiration and dedication.

Pope Francis is benediction of the faith.

T rue faith, and Satan's hate for the truth are never easy to confront in the dark patches of the world, but the alternative gets garbled: The trauma from the rise of the ISIS threat. The nightmare terror attacks of Boko Haram militants. And in the Vatican, the choice between prayers to stop violence, violence is racing for a worldwide caliphate. This has become a new wrinkle to spill out from the nether world. And in God's haven on earth is Pope Francis, a witness to the chilling rise of terrorism and jihadi groups.

Pope Francis is the first pope from the Southern Hemisphere and from the Americas. As Cardinal Jorge Mario Bergoglio he made Vatican history on March 13 2013 when he was elected Bishop of Rome and Pope from the New World. He had been a chemist before he joined the Jesuit order. As a leader of 1.2 billion Catholics he is the 266th pope since Saint Peter. The world knows him as a humble, prayerful and simple Vicar of Christ.

Our focus today, while in the grip of an international crisis takes into account the migrant hurricane sweeping Europe, plane crashes and political end-games, the UN talks and the US threats: Pope Francis seems to be the sole spiritual "crusader" for the faith and the Christian world. To bring about change, the Holy Father is moving mountains of theological thought and economic pressures. His concern for the poor, he says, comes from the Gospels. As a Latin American pope, he explained, "The Gospel does not condemn the wealthy, but the idolatry of wealth. The essential mission statement for Pope Francis comes from the Gospel of Matthew: "I was hungry, I was thirsty, I was in prison, I was sick, I was naked and you helped me, clothed me, visited me, took care of me." This is the touchstone for the pope's papacy.

When the pontiff heard of attacks by Islamist militants in France when several people were killed, he condemned "deviant forms of religion". He felt the tragic killing of the innocent was due to the breakdown of society and the spawning of violence and murder. "People become enslaved, whether to the latest fad, or to power, money, or even deviant forms of religion." Francis said.

The large groups of refugees fleeing war in Syria brought a warning from the pope to all leaders in the world: Francis warned of the risk that militants might slip into Europe under the guise of refugees who fear their lives. In an interview, the Holy Father said, "It's true, I also want to recognize that, nowadays, territorial security conditions are not the same as they were in other periods (of mass migration)."

Italian police arrested eighteen people with connections to al-Qaida. They had been framing attacks on their native countries, Pakistan and Afghanistan, also on the Vatican. The terrorists had their phones tapped and were heard talking of a "big jihad in Italy". The pontiff is worried about the possibility of "sleeper" militants who live normal lives and could easily be activated to strike at their home states or foreign lands.

After a grueling visit of eight days to Ecuador, Bolivia and Paraguay, pope Francis hoped the Greek problem would not lead to "more oversight". On his air flight back to Rome, the pontiff spoke in defence of the poor. It was a genuine knot of his papacy. The pope made a special mea culpa for being reminded to speak about the poor, although he had spoken much about the deprived in the past.

Pope Francis visited Cuba and had a dialogue with Americans on his tough stand of the global economic system and capitalism. He down-

Raise Your Child To Be A Leader

Want your children to become leaders? Teaching leadership skills to children is a key part of parenting. Learn how to help your child develop effective leadership skills



We all want our children to become leaders. We want our children to grow to be courageous, passionate and authentic. We want their actions to inspire other people to be their best, to get more out of life than they ever thought possible. As parents and caretakers of children, their path to leadership is in our hands. Focus on the eight actions below, and you'll build leadership in your children and yourself.

Model Emotional Intelligence (EQ)

Emotional intelligence is that "something" in each of us that is a bit intangible; it affects how we manage behavior, navigate social complexities and make personal decisions that achieve positive results. Children learn emotional intelligence from their parents. As your children watch you every day, they absorb your behavior like a sponge.

Don't Obsess About Achievement

Parents get sucked into obsessing about achievement because they believe that this will make their children into high-achievers. Instead, fixating on achievement creates all sorts of problems for kids. Don't Praise Too

Much. Children need praise to build a healthy sense of self-esteem. Unfortunately, piling on the praise doesn't give them extra self-esteem. Always show your children how proud you are of their passion and effort; just don't paint them as superstars when you know it isn't true.

Allow Them To Experience Risk

Success in business and in life is driven by risk. When you try to shield your children from failure in order to boost their self-esteem, they have trouble tolerating the failure required to succeed as a leader. Don't rub their face in it either. Children need your support when they fail. They need to know you care. They need to know that you know how much failure stings. Your support allows them to embrace the intensity of the experience and to know that they'll make it through it all right.

Sometimes say no to your children

Overindulging children is a surefire way to limit their development as leaders. To succeed as a leader, one must be able to delay gratification and work hard for things that are really important. Children need to develop this patience. They need to set goals and experience the joy that comes with working diligently towards them. Say-

ing no to your children will disappoint them momentarily, but they'll get over that. They'll never get over being spoiled.

Let Children Solve Their Own Problems

When parents constantly solve their children's problems for them, children never develop the critical ability to stand on their own two feet.

Children who always have someone swooping in to rescue them and clean up their mess spend their whole lives waiting for this to happen. Leaders take action. They take charge. They're responsible and accountable. Make certain your children are as well.

Walk Your Talk: Path of personal integrity

Authentic leaders are transparent and forthcoming. They aren't perfect, but they earn people's respect by walking their talk. Your children can develop this quality naturally, but only if it's something they see you demonstrate. To be authentic, you must be honest in all things, not just in what you say and do but also in who you are. When you walk your talk, your words and actions will align with who you claim to be. Your children will see this and aspire to do the same.

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Inspiration!

Time to stop doing these

We have come up with an amazing list of things you must stop doing yourself. If you are likely to relate it, it make sure you are start practising in order to make your life better.

Spending time with the wrong people

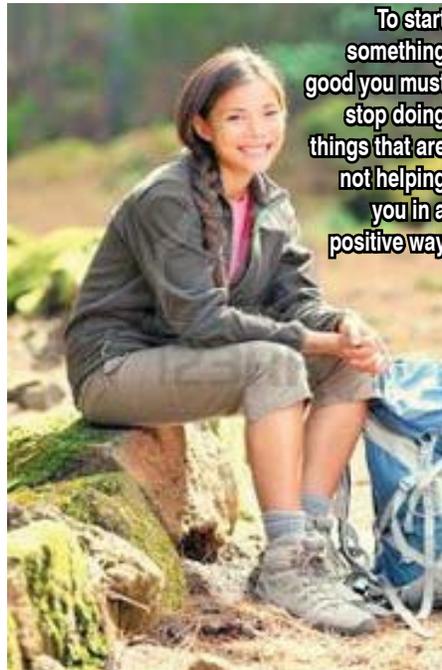
Life is too short to spend time with people who suck the happiness out of you. If someone wants you in their life, they'll make room for you. You shouldn't have to fight for a spot. Never, ever insist yourself to someone who continuously overlooks your worth. And remember, it's not the people that stand by your side when you're at your best, but the ones who stand beside you when you're at your worst that are your true friends.

Running from your problems

Face them head on. No, it won't be easy. There is no person in the world capable of flawlessly handling every punch thrown at them. We aren't supposed to be able to instantly solve problems. That's not how we're made. In fact, we're made to get upset, sad, hurt, stumble and fall. Because that's the whole purpose of living – to face problems, learn, adapt, and solve them over the course of time. This is what ultimately molds us into the person we become.

Lying to yourself and avoid taking chances

You can lie to anyone else in the world, but you can't lie to yourself. Our lives improve only when we take chances, and the first and most difficult chance we can take is to be honest with ourselves. You must be honest and accept your imperfections with dignity.



To start something good you must stop doing things that are not helping you in a positive way

Giving your own needs a backseat

The most painful thing is losing yourself in the process of loving someone too much, and forgetting that you are special too. Yes, help others; but help yourself too. If there was ever a moment to follow your passion and do something that matters to you, that moment is now.

Trying to be someone you're not

One of the greatest challenges in life is being yourself in a world that's trying to make you like everyone else. Someone will always be prettier, someone will always be smarter, someone will always be younger, but they will never be you. Don't change so people will like you. Be yourself and the right people will love the real you.

Being scared to make a mistake

Doing something and getting it wrong

Complaining and feeling sorry:

Life's curveballs are thrown for a reason-to shift your path in a direction that is meant for you. You may not see or understand every thing the moment it happens, and it may be tough. But reflect back on those negative curveballs thrown at you in the past. You'll often see that eventually they lead you to a better place, person, state of mind, or situation. So smile! Let everyone know that today you are a lot stronger than you were yesterday, and you will be.

is at least ten times more productive than doing nothing. Every success has a trail of failures behind it, and every failure is leading towards success. You end up regretting the things you did NOT do far more than the things you did.

Exclusively looking to others for happiness

If you're not happy with who you are on the inside, you won't be happy in a long-term relationship with anyone else either. You have to create stability in your own life first before you can share it with someone else.

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MUMBAI : Mangalorean Roman Catholic Bachelor, aged 28 years, Ht. 5' 3", Wt. 55 kgs, Fair Complexion, Edn. HSC + Profession in Hotel Management. Professional in Food & Beverages. Only Child. Seeks a suitable match. Contact email : agnesd85@yahoo.co.in OR 9833283285 **(Regd. No. 6415)**

MUMBAI : Goan Roman Catholic Bachelor, aged 39 years, Ht. 5' 8", Wt. 75 kgs, Fair Complexion, Edn. B.Com., working as a Senior Clerical in well known Hospital. Contact email : ajw2512@gmail.com OR 9920611659 **(Regd. No. 6398)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 30 years, Ht. 5' 9", Fair Complexion, Handsome, Edn. B.Com., working as CEO in Family Business. Seeks a good looking, smart, stylish girl. Contact email : mail2marg@gmail.com OR 9821556409 **(Regd. No. 6396)**

AUSTRIA : Mangalorean Roman Catholic Bachelor, aged 33 years, Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. MBA, Computer Science, working as a Software Consultant. Looking for a educated girl. Contact email : victorlobo82@gmail.com OR 9819755238 **(Regd. No. 6395)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 27 years, Ht. 5' 9", Wt. 86 kgs, Wheatish Complexion, Edn. B.Sc., IT, MCM, working as a Associate Developer. Only Child. Seeks a educated girl. Contact email : peterlobo.lapetero@gmail.com

com OR 9969477179 **(Regd. No. 6278)**

MUMBAI : Goan Roman Catholic, aged 67 years, looks much younger to his age, Pensioner from Australia, intend to settled in Mumbai or Goa. Ht. 5' 10", Wt. 83 kgs, Wheatish complexion, Edn. SSC., seeks a girl from descend family background. Contact : 7506932009. **(Regd. No. 6274)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 31 years, Ht. 5' 10", Wt. 65 kgs, Fair Complexion, Handsome, Edn. B.A., PG-HR, working as a HR-Manager, Seeks a suitable match. Contact email : frank_4_f@yahoo.co.in OR 9820470506 **(Regd. No. 6270)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 31 years, Ht. 5' 11", Wt. 78 kgs, Fair Complexion, Edn. SSC, working on Cruz Ship. in Europe. Contact email : francis.dsouza@gmail.com / flourindsouza@gmail.com OR 9769259694 / 9892873474 **(Regd. No. 6264)**

MUMBAI : Goan Roman Catholic Divorcee, aged 60 years, looks much younger to his age, Ht. 5' 10", Fair Complexion, M.Sc., IT, worked in Australia as a Programmer. **(Regd. No. 6236)**

MUMBAI : Goan Roman Catholic Bachelor, aged 34 years, Ht. 5' 4", Wheatish Complexion, Edn. B.Com., working as a Bank Officer. Contact email : savioanthony.dias@sc.com OR 9820379835 **(Regd. No. 6231)**

MUMBAI : Mangalorean Roman Catholic Bachelor aged 41 years. Ht. 5' 8", Wt. 69 kgs., Wheatish Complexion, Edn. S.S.C. A/C Tech. Course, working as a A/C. Technician in U.A.E. Contact Email : lawrencedias321@gmail.com OR 9594678829 / 7208825574 **(Regd. No. 6228)**

Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

MUMBAI : Mangalorean RC Bachelor, aged 35 years, Ht. 5' 11", Wt. 67 kgs, Wheatish Complexion, Edn. H.Sc. + Shipping Course, working as a Chief Officer in Ship. Contact email : veigasterrance@yahoo.com **(Regd. No. 6215)**

MUMBAI : RC Goan bachelor, 36 yrs, 5' 9", 58 kgs, wheatish complexion, youthful, pleasing personality, working as Senior Customer Executive seeks alliance from spinstrs below 35 yrs. Contact email : greenarch644@gmail.com OR 9833930211 **(Regd. No. 6214)**

MUMBAI : Mangalorean RC Bachelor, aged 33 years, Ht. 5' 7", Wheatish Complexion, Edn. PGDRM, working as a Manager. Contact email : larson316@gmail.com OR 9819068603 **(Regd. No. 6213)**

RAJKOT : Anglican Protestant Bachelor, aged 31 yeas, Ht. 5' 6", Wt. 63 kgs, Wheatish Complexion, Edn. B.Sc., MBA working as a Manager. Contact email : evie100984@gmail.com OR 9662671103 **(Regd. No. 6211)**

MUMBAI : Goan Widower, aged 45 years, Ht. 5' 6", Wt. 65 kgs, Wheatish Complexion, Edn. SSC., HSC, Working Mechanical Technician in Abroad, having 9 years daughter. Currently in Mumbai. Contact email : cola_mick@yahoo.com OR 9702148869 **(Regd. No. 6210)**

MUMBAI : East Indian RC Bachelor aged 30 years, Ht. 5' 6", Wt. 78 kgs, Wheatish Complexion, Edn. BMM, MBA, working as a Manager. Contact email : bombayite84@gmail.com OR 9224444833 **(Regd. No. 6186)**

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MUMBAI : Mangalorean Roman Catholic Spinster, aged 27 years, Ht. 5' 8", Wt. 70 kgs, Wheatish Complexion, Edn. B.A., Science & Politics, working as a Jr. Officer. Contact email : merlin.dalmeida@gmail.com OR 9820687734 (Regd. No. 6443)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 24 years, Ht. 5' 5", Wt. 49 kgs, Fair Complexion, Edn. M.Com., working. Contact email : dsouzaavi29@gmail.com OR 9920113059 (Regd. No. 6442)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 29 years, Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. M.Com., working as a Sr. Associate. Contact email : olgapin123@gmail.com OR Tel.: 25134641 (Regd. No. 6441)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 29 years, Ht. 4' 8", Wt. 52 kgs, Wheatish Complexion, Edn. B.A., working for Banking organisation. Contact email : fabian_sequeira@yahoo.com OR 9892717501 (Regd. No. 6361)

MUMBAI : Tamilian Roman Catholic Spinster, aged 25 years, Ht. 5' 2", Wt. 49 kgs, Fair Complexion, Edn. B.M.S., LL.B., working as an Associate Lawyer. Only Child. Seeks a educated and well settled bachelor. Contact email : leonmichelle.90@gmail.com OR 9870896161 (Regd. No. 6360)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 23 years, Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn. M.Sc., in Chemistry, working as a Jr. Chemist. Contact : 9969008104 (Regd. No. 6356)

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LONDON : East Indian Roman Catholic Spinster, aged 38 years, Ht. 5' 2", Wt. 55 kgs, Fair Complexion, good looking, Edn. B.Pharm (Mumbai), M.Sc. (London) working for MNC in London. Due for U.K. Citizenship. Visiting India every six months. Seeks a handsome, well settled and educated any Roman Catholic Bachelor. Contact email : blossomcolaco@yahoo.com OR 9326463210 / 9011869244 (Regd. No. 6286)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 24 years, Ht. 5' 4", Wt. 47 kgs, Fair Complexion, Edn. T.Y. B.A / D.Ed., Teacher by profession. Only Child. Contact email : tina.jennifer@rediffmail.com OR 9820957941 (Regd. No. 6285)

MUMBAI : Roman Catholic Spinster, aged 31 years, Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., LLB., pursuing LLM. working as a Asst. Manager. Contact email : 1february12345@gmail.com OR 9967673377 (Regd. No. 6284)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 28 years, Ht. 5', Wt. 50 kgs, Fair Complexion, Edn. B.Com., Service. Contact email : leenamargret@gmail.com OR 9833804399 (Regd. No. 6282)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 32 years, Ht. 5' 2", Wt. 70 kgs, Fair Complexion, Edn. M.Com., working as a Sr. Secretary. Contact email : msmc15@gmail.com Or 9892197920 (Regd. No. 6281)

MUMBAI : Roman Catholic Spinster, aged 27 years, Ht. 5' 4", Fair Complexion, Edn. SSC from iCSE board, B.A., working as a Sr. Accounts Manager - Public Relations with a private firm. Seeks a suitable match. Contact email : sfwedding88@gmail.com OR 9869361783. (Regd. No. 6280)

MUMBAI : Goan Roman Catholic Spinster, aged 28 years, Ht. 5' 6", Fair Complexion, Edn. Masters in HRM, Working as a HR Executive in Private firm, simple, and Godfearing. Contact

email athalye.priyanka1@gmail.com OR 09924650033 (Regd. No. 6277)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 29 years, Ht. 5' 7", Tan Complexion, Edn. H.S.C., working as a Sales Executive. Contact email : strawberry.angel1@gmail.com OR 7709216631 (Regd. No. 6275)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 2", Fair Complexion, Edn. B.Com., Dip. in Mktg., working as a Sales Coordinator. Contact email : mflavy@yahoo.com OR 9769226745 / 9819736100 (Regd. No. 6263)

MUMBAI : Mangalorean Roman Catholic Spinster, aged 29 years, Ht. 5' 6", Wt. 62 kgs, Wheatish Complexion, Edn. B.Com., M.Com., PGDBA., working as a Sales Executive in Chemicals Company. Contact email : joswin13@yahoo.com OR 09820914606 (Regd. No. 6262)

MUMBAI : East RC Spinster, aged 27 years, Ht. 5' 5", Wt. 52 kgs, Fair Complexion, good looking, Edn. B.E.,(IT), working as a IT Engineer in MNC. Contact email : cynthia.h@rediffmail.com OR 9969379432 (Regd. No. 6261)

NAVI MUMBAI : Goan RC Spinster, aged 35 years, Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., presently working in U.K. Contact email : criscyalphonso@gmail.com OR 9594749903 (Regd. No. 6258)

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RF100738:	Goan	37years;	Ht. 5'.9";	Edn.M Com. ;	Pro.:Financial sevice
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RF100594:	Mangalorean	32years;	Ht. 5'.8";	Edn. B Com.;	Pro.:Banker
RF100702:	Orissa	31years;	Ht. 5'.5";	Edn.MBA PGDM. ;	Pro.:IT /Software
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