

THE SECULAR CITIZEN

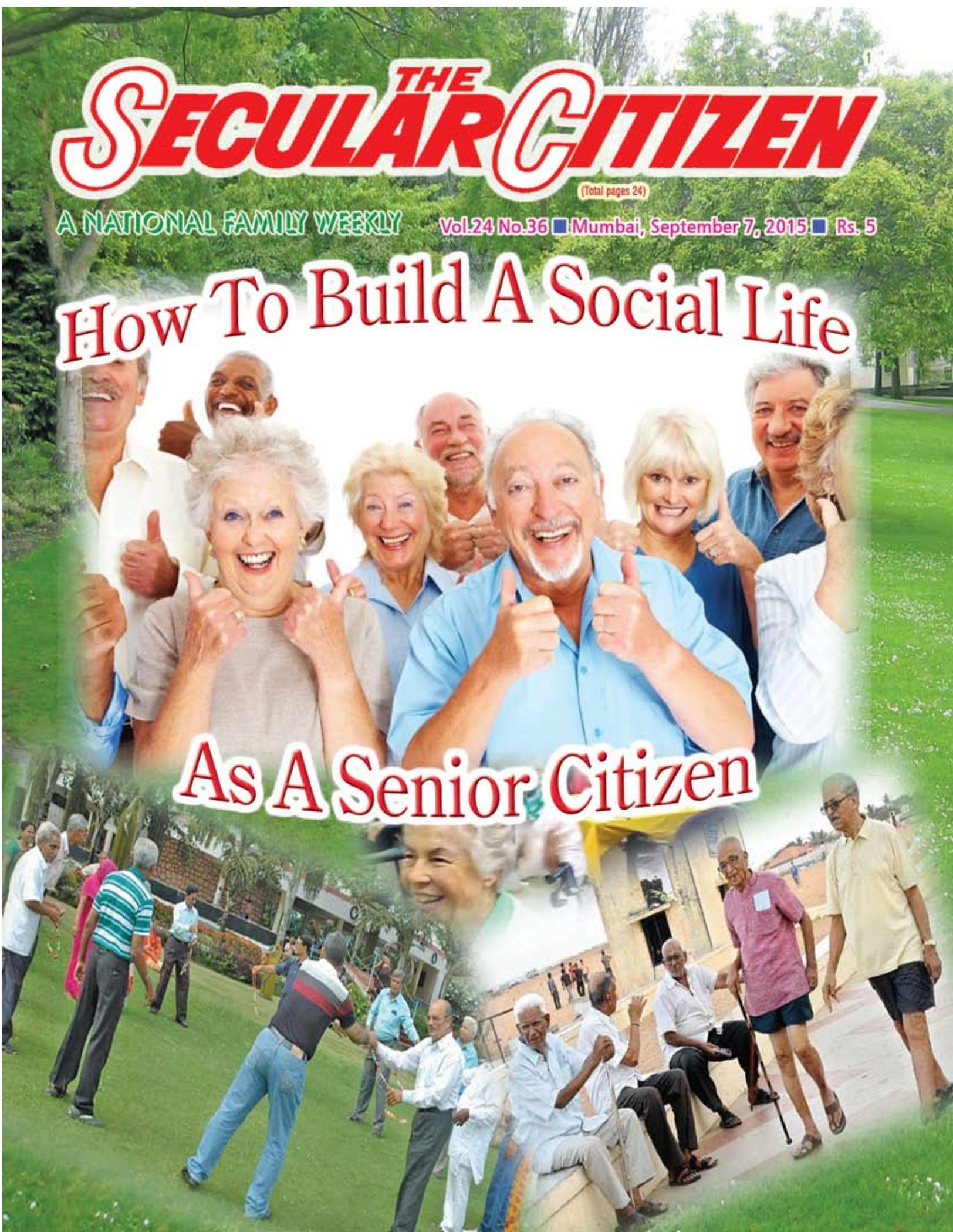
(Total pages 24)

A NATIONAL FAMILY WEEKLY

Vol:24 No.36 ■ Mumbai, September 7, 2015 ■ Rs. 5

How To Build A Social Life

As A Senior Citizen





Rons Bantwal
(Report on pg. 6)

Vol.24 No.36 September 7, 2015 Rs.5/-

99, Perin Nariman Street, Fort, Mumbai - 400 001.

Tel: 2269 35 78 / 2265 49 24 : 2264 0996

E-mail : secular@vsnl.com, secular@sezariworld.com

Website: www.sezariworld.com

www.secularcitizen.com

Editor-in-chief : LAWRENCE COELHO Editor: PHILIP MYABOO

'Thought for the week'

Ask yourself if what you're doing today is getting you closer to where you want to be tomorrow.

Contents

pg. 3 - How to build a social life as a senior citizen

pg. 5 - Voice of the People

pg. 9 - What Govt. needs to do to save the Indian Economy from crashing like China's

pg. 10 - The power of change

pg. 15 - Seminarian Today, Priest Tomorrow, Forever

pg 16 - Seven Deadly Sins - Pt. IV

pg 17 - If I don't speak Hindi, Does that make me a second class citizen in my own country?

pg 19 - Inspiration!

pg 20 - Matrimonials

THE SECULAR CITIZEN

Subscriptions Rate:

One year (anywhere in India) Rs. 250
Three years (anywhere in India) Rs. 700
Five years (anywhere in India) Rs. 1000

One year (outside India) Rs. 2500

E-paper Edition

sent anywhere in the world (by email)
One year Rs. 600 or US \$ 15
Two years Rs. 1000 or US \$ 25

Cover : How to build a social life as a senior citizen (Read on p.3)

Advertisement. Tariff

| | |
|---|--------------------------------|
| Over all size 21.5 cms x 27cms | ● Print area 18 cms x 25.5 cms |
| Full pg. back Colour (19 cms x 24 cms) | Rs. 15,000 |
| Center spread colour(39 cms x 23.5 cms) | Rs. 15,000 |
| Full pg. inside Cover colour(18 cms x 24 cms) | Rs. 10,000 |
| Full pg. inner colour (18 cms x 24 cms) | Rs. 8,000 |
| Half pg. Colour (18 cms x 12 cms) | Rs. 5,000 |
| Full page B/W (18 cms x 24 cms) | Rs. 5,000 |
| Half page B/W (18 cms x 12 cms) | Rs. 3,000 |

Small Size Ads B/W

| | | | | |
|------------|----------|---|-----------|----------|
| 12 x 12cms | Rs. 2000 | ● | 6 x 24cms | Rs. 2000 |
| 18 x 6cms | Rs. 1500 | ● | 6 x 12cms | Rs. 1000 |
| | | | 6 x 6cms | Rs. 500 |

Matrimonial Classifieds:

- Rs. 500 per insertion (for 35 words) (includes box no.)
- Rs. 1500 for 12 insertions. (1 year The Secular Citizen FREE)

How To Build A Social Life As A Senior Citizen

by Don Aguiar

When a mature person loses a spouse, a close friend, or even a pet, it can be very easy to lose perspective on life. It is all too easy to slip into sadness and seclusion and stop relating with people who once filled an important part in daily life. Children (if any) have often moved away and are frequently so heavily involved in their own lives, with work, children and other obligations that they cannot spend a lot of time with their aging parents. Although experiencing loss and loneliness as a senior citizen is difficult, it is not impossible to develop a new social life. A good attitude is a major factor, as is making most of the opportunities that come your way. Here are some ways that you can begin to build a fulfilling social life for yourself that will help you to live meaningfully and with purpose

Determine what activities you used to enjoy. Did a loss cause you to set aside favorite hobbies or pursuits? Pick them up from where you left off. Or try new activities with the help of a local club, group, and church or even through Internet and library research. Use the local newspaper to keep abreast of upcoming events of interest. Visit university lectures on topics you know nothing about to stretch your imagination and improve your knowledge. More ideas are suggested below.

Return to keeping fit. While climbing Mt. Everest may no longer be in the cards, there is certainly nothing stopping you from continuing physical activities involving walking clubs, senior's gym or other fitness activities made available especially for seniors. Staying fit is a sure way to build confidence and regain a healthy outlook on life!

Find a buddy. If you feel reluctant to go out on your own, there are many volunteer organizations that will help by providing transportation. Invite a friend or neighbor to attend events with you. Get back into the rhythm of meeting new friends. Little by little, you'll become less fearful of going out alone.

Be open to new suggestions. This may feel uncomfortable at first, especially (Contd.. on p. 4)

(Contd.. from p. 3)

if it involves new technology. Consider trying new activities that are possible given your level of health and fitness, and that you find interesting. Try not to react negatively to suggestions from others who try to help. Think things through before rejecting the ideas altogether. You may discover something you wished you'd tried earlier.

Become a mentor for younger people. Young people are eager and willing learners when they discover that you have knowledge that you are willing to share. Offer your services at your Church & local clubs to give talks, to teach a skill or to guide people. Elderly people are respected for their knowledge; capitalize on this by sharing it.

Remain positive. The pain will always be there; that is the nature of loss. You deserve the best after giving so much of yourself to the world. Smile when you're feeling down. Smiling induces positive chemical changes in the brain and brings us back up. Take in a light movie or rent an old classic to watch at home. Listen to comedy on the radio, check out a humorous book or two from the library and have a good hearty chuckle. Rediscover your sense of humor and your well-being will improve; this is all the more important if you have buried yourself under a load of sadness, self-pity and sorrow

Think outside the square. Research the Internet for stories of the more challenging things senior citizens are doing; writing a first novel, entering the Masters' Games etc.

All these things and more are possible with the right attitude. You are as old as you let yourself be; your dreams are as expansive as you let them be. So, what about all those things you promised yourself you'd do someday? Maybe today is that day. No matter what you're doing, always offer to help others, and don't be afraid to ask for help, either. In pursuing new activities and knowledge, you can build a social life simply by shar-

Old age consists of ages nearing or surpassing the life expectancy of human beings, and thus the end of the human life cycle. Euphemisms and terms for old people include: **old people, seniors, senior citizens, older adults, the elderly, and elders**

ing your newfound zest for life.

Here are some ideas for activities:

Book clubs: Scan the bulletin board at your local library or book store for book clubs that meet periodically and share opinions about a particular book or author.

Learning new cuisines: Small groups of food and cooking enthusiasts are formed and their members become fast friends by sharing ideas, recipes and "touring" dinners at each other's homes; even touring a country for its cuisine is not out of the realms of possibility. Move beyond the cuisine you've always made and try something completely different.

Sewing/Knitting/Crochet/Quilting: These timeless activities are always great hobbies. Check out the local craft or fabric shop for postings on clubs or groups that share these hobbies. Or offer to teach - your skills are in high demand from younger generations rediscovering their utility and relaxing nature.

Gardening: This can almost become a job as much as an activity, depending on how much you want to do. Whether it's just puttering around a small flower bed, or becoming an expert on roses and orchids; gardening is a very popular pastime. If you are already an experienced gardener, share these skills with others by giving demonstrations or mini-lectures through clubs or botanical gardens.

Scrapbooking: You are sure to have years of photos and memorabilia that tell your life's story! Introduce yourself to this popular activity by attending a scrapping party or taking a class at your local craft retailer.

Visit your local senior center. Take a trip to learn what activities are offered; something is certain to tickle your fancy.

WARNING

Know your physical limitations. Consult with your personal physician prior to beginning a new physical activity. If you have difficulty with your eyesight and reading, first ensure that you have the best possible medical attention and eye examinations. Get the most suitable eyeglasses for your needs. Ask for books with large print; these are available at many libraries. It is also possible to increase the size of the font on your computer and Internet; ask someone for help if you cannot work out how to do this yourself.

Further ideas you might like consider include:

Season ticket packages for concerts and/or plays.

Painting

Volunteering at your hospital or shelter

Adult education classes. Perhaps you'd like to learn about computers, or obtain your high school diploma or degree. Many facilities offer physical classes such as low-impact jazzercise or yoga.

Volunteer at the library to teach adults to read.

Reading and story-telling to youngsters at the library

Don't ever think you are left alone you have been blessed and "people who help themselves God helps them too".

Read **THE SECULAR CITIZEN**

Online at:

www.sezariworld.com/the-secular-citizen-and-divo-issues.html

or

www.issuu.com/secularcitizen



Need Bible Reference

This is in response to an editorial appearing on page 5 of The Secular Citizen vol 24, no 33 (Aug 17, 2015, 'Ban Porn Sites').

Since Mr Jubel D'Cruz has not provided his contact information, I would be obliged if you could relate my queries to him.

In his piece, he claims that 'the act of watching pornography is immoral and sinful'. It would be great if he could provide the bible reference for such a claim. This point I can still let go, since he might be reiterating the Church's stand on this. Point taken.

But I would really like to know how or where he has heard or read that 'In our country, 90% of the crimes taking place are due to free porn sites and alcohol only'. I would like to know the source or statistics or research data that he has used to make such a claim.

If he does not have any data to support this, I would advise your publication to warn him against compromising on journalistic integrity in this manner. I know that this is merely an editorial but he is also a columnist for this magazine and so his name probably makes readers believe in his write-ups.

—Michelle Dantis
Mumbai

'Eliminate Poral Policing'

Democracy is the government of the people, for the people and by the people but in India it is the government of the politi-

cians, for the politicians and by the politicians.

Moral policing mimics censorship and is an affront to privacy as it dictates what a citizen is free to do and the moral police who shout loudly from their housetops are the biggest hypocrites as they secretly practice immorality behind their backs besides indulging in it when abroad.

Moral policing is also uncreative and undemocratic because it forces the person to conform to views he does not like besides not allowing to think for himself about the views he is forced to follow.

Cops must be subjected to courses in ethics and etiquette, finishing courses and human rights course once a month every year to make them more people friendly.

Moral policing serves as a convenient distraction from the problems and issues in a society and thus fails to address them by overlooking them. Besides being an added source of corruption.

Freedom is only true freedom when it is total freedom.

So section 110 of the police act which violates the right to privacy must be scrapped at once—this act reminds one of the khap panchayats.

If all this fails the police force supporting moral policing must be sacked and politicians sup-

porting it must be recalled by passing a right to recall.

Other ways of dealing with moral policing are by conducting a referendum on how to support the right to privacy.

Moral policing has an advantage because it unites the enemies of moral policing through out all sections of society.

Moral policing is part of the one culture aspect of an undemocratic communal and intolerant society.

Many members of the communal forces are members of different occult societies so they are not moral but immoral.

But even worse than this is the double speak or two faced or two tongued behaviour of the communal forces on this which serves to create anarchy and confusion on this issue and force undemocratic laws on the people.

For heX-Spam-Subject: YES X-Spam-Subject: YES althy human relations the subject of human relationship and sex education must be taught at the school level.

So for a liberal modern democratic secular society we need liberal values or linear or vertical change and not circular or reversed change.

Since the Sangh Parivar's blues are multiple and varied and dangerous they need to be immediately regulated through a bill passed by the opposition in parliament banning communal organisations and political parties and preventing them from re-starting under any new

(Contd.. on p. 8)

Model Bank's 98th AGM held at XIT, Mahim

The 98th Annual General Meeting of the Model Co-operative Bank Limited was held on Saturday 29th August 2015 Evening at the auditorium of Xavier's Institute of Engg. College Mahim (W) under the Chairmanship of Albert W. D'Souza,

Founded as The Mangalorean Catholic Co-operative Credit Society in 1916 and later converted into co-operative bank is managed by coastal Karnataka Christians.

During last calendar year, the Bank had Deposits – Rs.610.82 Crores, Advances – Rs.341.61 Crores, Gross Income – Rs.67.30 Crores, Profit-before tax Rs.10.42 Crores and Net Profit – after tax Rs.6.62 Crores.

The Chairman, Albert D'Souza, said in his address that the Bank has won the 'Best Bank' award in third place in whole of Maharashtra which was presented by Greater Mumbai Co-operative Banks Association Limited.

The Chairman also announced a dividend of 12% to its shareholders for the year 2014-15.

Earlier prior to the AGM, Bishop of Jabalpur Diocese – Rt. Rev. Gerald Almeida was the main celebrant in the holy Eucharist along with Rev. Fr. Lancy John Rose, Director of XIT .

The Choir under the leadership of Rubeen Buthello with his group sang beautifully.

With the Chairman, Founder Chairman – John D'Silva, Vice Chairman – William Sequeira, Directors – Prof. A P D'Souza, A. Clement Lobo, Lawrence D'Souza, Thomas D Lobo, Vincent Mathias, Lazarus Menezes, Paul Nazareth, Philip L S Pinto, Sanjay Shinde, Adv. Pius Vas, Mrs. Marita D'Mello, Mrs. Benedicta Rebello, Ronald H Mendonca, George Castelino and William L D'Souza, the CEO and the General Manager of the bank were present

On this occasion, Albert D'Souza, the Chairman honoured Bishop Rt. Rev. Gerald Almeida and the Founder Chairman of the bank – John D'Silva by offering them flower bouquets.

The senior managers – Zenon D'Cruz and Hilary Mendonca, office bearers, heads of various branches, shareholders and well-wishers were present. Many Shareholders expressed their opinions and provided valuable suggestions and wished the bank to grow larger.

The General Manager of the Bank – William D'Souza read out the minutes of last year's report. In the beginning a minutes silence was held to the departed soul of director – late Prem Aranha and other members. Edward Rasquinha compered the meeting. Additional General Manager – Herold M Serrao proposed the vote of thanks.

—Rons Bantwal

TULIP LAWNS

Elegant Occasions Memorable Events

Available for Weddings,
Engagement Corporate
Events, Film Shoot
Birthday Party

Grounds Andheri (East) &
(West), Malad West
Capacity - 200 -1500
Rs. 700 Package
(Minimum 400 Crowd)
Mr. Karuna - 9930112795,
9004911115
8108325553
Email :
crystalcreation537@gmail.com

BORIVALI - I.C. COLONY

- 1 RK - 325 sq. ft. (45 Lakhs)
- 1-BHK - 550 sq.ft. (80 LAC)
with car park
- 2-BHK - 1050 sq.ft. (1.20 CR)
New Building
- 3-BHK - 1500 sq. ft. (1.90 CR)

MALAD - ORLEM

- 1BHK - 697 sq. ft. - 62,75,000
(Under Construction)
- 2-BHK - 923 sq.ft. 83,00,000/- (U/C)
- 2-BHK - 1200 sq.ft. 1,23,00,000/-
(U/C)
- 3 BHK - 1600 sq. ft. - 1,64,00,000
(Under Construction)

VINOD GUPTA

9820045619

PAMELA WADIA

Meet Pamela Wadia for designs fitted to perfection from simple A-line styles to fabulous Ball Gowns Excellent bead work & Embroidery -- Any Size or Shape, as per your budget.

**BRIDAL GOWN
BRIDES MAIDS DRESSES
FLOWER GIRLS DRESSES
COMMUNION DRESSES
WESTERN FORMAL WEAR
READY WEDDING GOWNS ALSO
AVAILABLE
Mob: 9322277790, 66959482
www.ready2wed.in**

Helen's Bridal Gallery

- ▲ Bridal Gowns Tailored to perfection
- ▲ Bridal Gowns available on hire
- ▲ Bridesmaid & Flower Girl Dresses
- ▲ Western Formals & Evening Wear
- ▲ Bridal Make-up & Bridal Accessories
- ▲ Flower Packages & Table Pieces

ASK FOR SPECIAL BRIDAL PAKAGES

9821309931 | 9820309319

Christians support divorce law change; Churches undecided

New Delhi: Many Indian Christians have welcomed a government offer to change the divorce law, saying it would help reduce the agony of couples suffering in a failing relationship. But various church organizations seem reluctant to take a stand on the issue.

The government last week filed an affidavit in the Supreme Court expressing its willingness to change the Christian Divorce Act.

In the affidavit, it offered to do away with a clause stipulating a two-year separation period before Christian couples can file for divorce.

The government offer came in response to a recent petition filed by a Christian man seeking to reduce the separation period to one year.

The petitioner, Albert Anthony, said the two-year separation period was discriminatory since the separation periods for other religions such as Hindus and Parsis were only one year.

However, the government told that court it would only make the change if a sizeable majority of Christians wanted it.

Laila Pasha, a women's activist based in Bangalore, told ucanews.com such a change would bring relief to many couples.

"There are many cases where women are subjected to domestic violence, physical and sexual abuse, denial of property ... in a relationship and the two-year separation period is only an extension of the violence she is already suffering," said Pasha, who is Christian.

The government has thrown the ball in "our court and the Christian community along with Church leaders



should respond to this in a positive way," she said.

Virginia Saldanha, another women's rights activist in Mumbai, said women in India do not go for divorce easily; they take the step only when they have exhausted all other means of reconciliation with their partners.

"So, why prolong the agony. If a person does not want to be in a marriage, a two-year separation period is not going to bring any changes in his or her relationship," she added.

John Dayal, a lay Christian leader, told ucanews.com that the discriminatory nature of the existing law needed to be addressed.

"If couples seek a divorce, then it is not fair that Christian couples have to wait for two years while those from other religions only have a one-year separation period," said Dayal, who is also a member of ucanews.com's board of directors.

Christian women have demanded this for quite some time and "it should be granted to them."

A cautious approach

However, both Catholic and Protestant church leaders were non-committal when asked about a possible change

to the law.

Jose Abraham, a member of the Committee for Law and Public Interest Litigation of the Catholic Bishops' Conference of India, said the conference does not have any official stand on the issue.

"If the government asks us about it, we would reply but as of now we have no stance on this issue," Abraham told ucanews.com.

The National Council of Churches in India, an umbrella group representing 30 churches including the Jacobites and the Orthodox, said its members were split on the issue.

"We might take up this issue during our meeting next month and would try to reach a consensus," said Samuel Jayakumar of the council.

A senior Catholic churchman who did not want to be named said the Church is deliberately not taking a stand because Church leaders see the government "playing games" by raising the possibility of the amendment.

The pro-Hindu Bharatiya Janata Party, which heads the federal government, has been clamoring for a common civil code for all Indians, regardless of religions. Courts have also been issuing judgments moving toward ending religion-based laws.

"If the Church supports doing away with this clause making it equal for all regardless of religions, that can be easily interpreted as the Church supporting a common civil code and scrapping religion-based personal laws," the churchman said.

"The Church has to be cautious."

Source: UCAN

(Contd.. from p. 5)

name besides handing out stiff life sentences to curb them and if no lesson is learnt then the term of the life sentence must be doubled.

Thus our country which is becoming a theocracy can be saved -and not become one like Pakistan and other countries around the world.

—**Peter Castellino**

Celebrate 'Teacher's Day' Meaningfully

All over the world, Teacher's Day celebrations are undertaken to honor teachers for their sincere efforts to impart knowledge to their students. By having celebrations on Teacher's Day, we convey the message that we care for them, just as they care for us. Celebrating the festival is the recognition of the devotion, with which, teachers undertake the responsibility of educating a child academically as well as morally. On this day, school students dress up like their teachers and teach their juniors, the same way as their teachers do. As the day passes, the students perform the activities that are performed by the teachers.

Sometimes, the teachers also sit in the classrooms acting like students, reliving the time, when they themselves were students. This creates an understanding between the teachers and their students.

Teachers play a major role

in influencing and molding a child's life as children in their formative and impressionable years who spend a lot of time at school. Whatever a child learns at this time stays with him all his life.

In India, Teacher's Day is celebrated on September 5th every year, the day being the birthday of Dr. Sarvepalli Radhakrishnan, the Second President of India.

Dr. Sarvepalli Radhakrishnan (1888 -1975) was a thinker, philosopher, academician, diplomat, scholar and above all a great teacher.

— **Jubel D'Cruz, Dombivili**

Subscriptions for **SECULAR CITIZEN**

Renewal as well as New, can be sent through Bank Fund Transfer to any one of the following banks:

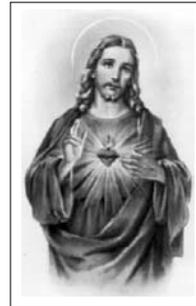
Bank: HDFC Bank
Branch : CST - Mumbai VT
Account Name: The Secular Citizen
Account No. 03552000006744
ISFC code: HDFC0000355

or

Bank: Citizen Credit Co-op Bank Ltd.,
Branch : Colaba, Mumbai
Account Name: The Secular Citizen
Account No. 000000000100489
ISFC code: CCBL0209003

Please inform us through email: secular@vsnl.com or through phone: 22693578 after transferring the same.

Thanks Giving



Thanks to St. Anthony, Sacred Heart of Jesus & St. Jude for the special favour granted

— **Lawrence D'Souza, Thane**

What The Govt Needs To Do To Save The Indian Economy From Crashing Like China's

by Sreekanth Narayan

The People's Bank of China (PBC) recently devalued Yuan to as low as 4% against the dollar, creating a ruckus in the global financial markets. Other eastern countries such as Vietnam have followed suit by devaluing their currency, as China accounts for a significant portion of their exports. Stock markets crashed world over, from the west to the east, as investors started pulling out of equities, shifting to safe havens like bonds and gold.

China, which accounts for 15% of the world economy, has been slowing down over the last three years and the government has been unable to boost domestic consumption. The Shanghai Composite Index has fallen 22% in the last four trading sessions causing world-wide panic, and gains worth \$8 trillion have been erased from the global markets. The Chinese government is aggressively pursuing devaluation, rate cuts and tactics like allowing the \$548 billion pension funds to invest in stocks to prop up the markets, albeit unsuccessfully. The media is also silent on the recent crash and all these incidents convey a single message – China is no more the growth story it once was. Debt fuelled spending has put the country in an irreparable state and short term recovery looks uncertain.

Ever since the market crash, intellectuals have been debating over whether this is a 'Déjà vu' of the 1997 Asian financial crisis. While that might certainly be an overstatement, one thing is aptly clear – the Indian economy is very much safeguarded by strong macroeconomic factors. With commodity prices falling and the RBI sitting atop a huge pile of Forex reserves of \$355 billion, there is very less probability of a downturn in India. Volatility in the Bombay Stock Exchange Sensex, including the biggest fall of



5.94% on August 24th, is primarily due to over exposure of the markets to hot money from the Foreign Institutional Investors (FIIs). Retail investors and Domestic Institutional Investors (DIIs) are only a small part of the Indian stock markets. This dollar outflow has made the rupee fall to its lowest level since August 2013.

Both the Government and Raghuram Rajan, the RBI governor, have not intervened yet to pull the rupee back to 63-64 levels, which indicate confidence. Or does it? Is the government afraid that investors who are already vexed due to the retrospective Minimum Alternate Tax and the inability to push reforms in the Parliament, especially the GST (Goods and Services Tax) and Land Acquisition Bills, would further turn away from the Indian stock markets? Making press releases to merely calm the investors would not put the markets back on track. The disinvestment of 10% stake in Indian Oil Corporation (IOC) saw very less participation from retail investors. 90% of the stake was bought by LIC. And the IPOs such as Navkar Corp which are currently going on are oversubscribed by a mere 0.36 times, even on the final day. This shows how panicky the investors are at the moment.

So the main question is this – what

could be done to cheer the investors? There is a widespread clamour for a rate cut of 50 bps or rather the investors are demanding a 'Rajan Put', a phrase coined after Alan Greenspan, former chairman of the federal reserve, kept cutting rates aggressively during 1997-2003, which in fact was responsible for creating various bubbles such as the dotcom bubble and the housing price bubble. The problem with the rate cut is that, though it might cheer the investors temporarily, the effects will not be felt immediately. The previous 75 bps rate cut has not fully translated to lower lending rates by the banks. The US 10-year treasury yields are at a 4 month low, and though the chances of a sudden Fed rate hike is currently off the table, it cannot be totally discarded from the picture. One has to appreciate Rajan for being very conservative vis-à-vis rate cuts. Though the inflation declined to 3.78% in July, the meteorological departments have been predicting a 10% monsoon deficit. Any further rate cuts should account for prospective rate hikes by the Fed this year and the volatility in food prices.

The onus lies on the government to usher in reforms. The three main areas of contention are land acquisition, GST and labour laws. With the monsoon session being totally unproductive, the NDA government is vouching for a special session to be held in September to pass these bills. An opposition that is hell bent on blocking all major reforms puts the burden of resolving the deadlock on the government, and it has to be handled in a well thought-out manner. Joint sessions are probably be only way these amendments could be passed, as the NDA government lacks a majority in the upper house. With the Bihar elections lurking around the corner, how the opposition could be handled to push these bills would be a real acid test for the government.

The Power of Change

by Ninette D'Souza

Change is an inevitable part of life. It allows us to look forward to new experiences while challenging us to break free of the shackles that weigh us down. To be able to change according to the needs of time is to live a fulfilling, winning life. Change will only strengthen us to tackle the difficulties we face in our daily lives. As Winston Churchill has rightly pointed out "Except for the word change all other things in this world are subject to change, an inseparable part of life and if we fail to change ourselves and remain stubbornly in the past we will not be a part in the future".

The present era is characterized by technological modernization and radical change. The demography of our classrooms today have ensured that a wider spectrum of students can avail of an education hitherto dreamed of. Many would opine that the pleasure of a push button existence and the good fortune of instant gratification would be indeed worthless if Educators find themselves unable to adapt to the fast paced changes taking place in the field of education. The fact of the matter is that in spite of high-end technology and student friendly education, the single most powerful aspect in the classroom continues to be 'The Teacher'. It is a humbling thought that as Educators we impact society by nurturing and guiding the numerous students that pass through our hands. We mould lives and leave indelible marks on them. In a world where young minds vacillate between conflicting values this truth assumes greater proportions

The word Educate comes from the Greek word 'Educare' which means 'to draw out, to bring forth' certainly not just giving of information. The term Holistic Education envisages a paradigm shift in the understanding of all stake holders that Education today is not meant to advise but to en-



lighten, not meant to push problems aside because they are not related to the school syllabus, rather to work towards a solution, to realise that every naughty child is a story untold!!!!

"To be futuristic Educators begin with the end in mind"-Stephen Covey. We are called to be 'Effective' i.e. have the capacity to touch hearts and transform lives while being efficient. On the Educator today lies the onerous task of getting children to think, some thing that is hard to do when you are caught up in the rat race of marks, achievements and competition. Ideas, innovations, concepts and principles which drive the world surge forth from thinking minds. Perhaps the reason why the astute Abdul Kalam said, 'Dream, Dream, Dream. Dreams transform into thoughts which result inaction". Change in the mind-set of Educators brings the insight that children today need to a) overcome their limitations and realize incredible growth, b) understand that life is not all about doing the biggest and best things all the time, rather it is

doing little things in a big way. As concerned Educators we need to be able to not only shepherd children as they oscillate from worrying about physical attributes to trying to hide the pain of belonging today's functional families, but also help them celebrate a failure because FAIL means first attempt in learning, END in fact means effort never dies, and NO simply means next opportunity ---- so Let's be positive- Dr. Kalam

It is important for Educators to distress, to unwind in order to build up the SQ (spiritual quotient), HQ (happiness quotient) leading to a better EQ (emotional quotient). As Educators we are also the role model of a leader in the lives of our students and so we need to inspire upon them the virtues of a person with leadership qualities. It is essential therefore for us to have a little knowledge about everything, not just be updated with our professional subjects. When we're growing as persons we are always going to be out of our comfort zone. We need to learn from our own experiences and those of others and build a store of knowledge by using the time at hand to think and to reflect because this would lead to solutions of problems. "The unreflected life is not worth living" - Socrates.

I personally believe that if we want to understand children today we need to understand what makes them 'tick'. This can be achieved by watching what they watch and reading what they read once a while, no harm in using their lingo now and then as well. We need to love what the young love and they will love what we love. We need to step into their mind set, be prophetic voices that guide them, bark when they need immediate correction, challenge them out of complacency, in other words be contra signs to the rush of the 'aam aadmi'. Education as

(Contd.. on p. 18)

AFJ & CWU Awards To Calcutta Catholic Women

The Ambassadors For Jesus and the AFJ Catholic Women United selected three ladies as Women of the Year 2015 for their sincere mission in Catholic promotion of the faith, in the Archdiocese of Calcutta. The Awards and Citation were given at a simple ceremony. The Venue was the Chapel of Divine Mercy, Calcutta on Sunday 23 August, under direction of Melvyn Brown.

Miss Hazel D'Rozario, who cares for the sick, old and lonely in her off-duty time. Hazel is a member of the Legion of Mary.

Mrs. Rosie Torcato, as a Sunday School teacher is known for her dedicated work in teaching children the Catholic Faith.

Mrs. Thelma Flavien, supports the Catholic Faith and the Church in social circles, defending and upholding Christian values.

The evening ended after viewing a short film, Touched by an Angel.



Ad. Rates for Thanksgiving

| | Colour | B/W |
|--|----------|---------|
| Favours granted minimum i.e. 15 words + 1 block(1 photo of saint) | Rs. 800 | Rs. 400 |
| each additional block | Rs. 400 | Rs. 200 |
| Holy Spirit Prayer | Rs. 1000 | Rs. 600 |
| Other small prayers (upto 100 words) | Rs. 1000 | Rs. 600 |

Contact: Tel.: 22693578, 22654924
THE SECULAR CITIZEN,
99, Perin Nariman Street, Fort, Mumbai - 400001

Catholic Nun Receives Award For Excellence



Pune: The prestigious Kranti Jyoti, Savitribai Phule Award was presented to Apostolic Carmel Sister Marisa, considering her outstanding contribution for education and welfare of students, especially of girl children in Maharashtra.

Sister Marisa, principal of Mount Carmel convent school Lullanagar in was awarded at a function in Aannabhau Sathe, Sanskritik Bhavan in Pune on August 19.

Tejaswini Sanstha selected for her the commendable work done in empowering the girl children in the field of education.

The award perpetuates the name of great social reformer of Maharashtra Savitibai Phule, who worked tirelessly to make every girl child stand on her own with dignity in the male dominated Indian society.

The award committee commented the nun has always walked in the footsteps of Venerable Mother Veronica, foundress of the Apostolic Carmel Congregation, but achieved the social goals of Phule.

Sister Marisa was presented with a citation, memento, bouquet and a book in Marathi on the life of Phule by chief guest Sulabha Ternekar.

The catholic nun attributed her achievements God and thanked those who chose her for the award.

Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of perpetual Succor and St. Anthony

—A Devotee



Presents

Truthful. Thoughtful. Thankful.



t3 Green City

Vamadapadav - Mangalore.

1 BHK

10.99 Lacs
(All Inclusive)

2 BHK

16.99 Lacs
(All Inclusive)

1 BHK

16.99 Lacs
(All Inclusive)



2 BHK
24.99 Lacs
(All Inclusive)



t3 Sooryakanthi

Near Modankap Church
B.C.Road, Mangalore.

LUXURY AMENITIES

💧 24 HRS. drinking water 💧 24 HRS. Hot water for Bath room through solar system 💧 24 HRS. Automatic Generator for Elevator, Common Lights & Apartments 💧 24 HRS. Security with Intercom system connecting apartments & Security room 💧 FREE Car Parking Space for All 💧 Free Modular Kitchen for all Apartments 💧 Automatic Lift with sensors 💧 2x2 Luxurious Vitrified tiles flooring 💧 Weather coat anti fungus paint for Exteriors 💧 Emulsion paint with Double Coat putty for walls and ceilings. 💧 Flush Valves for commodes 💧 Hot & Cold Mixer unit in bathrooms.

CALL : VP LOBO: 9321292899 STANY: 9900995720 PANDURANGA : 9740824691

T3 URBAN DEVELOPERS LTD.

MUMBAI | MANGALORE | SHIMOGGA | HUBLI | BELLARY | BOISAR

Head Office : 201, Corporate Arena, Near Railway Station, Goregaon West, Mumbai - 400104.
Mangalore : 2nd Floor, Harmain Complex, B.C.Road. Mangalore, Karnataka. Pin Code- 574219.
Website : www.t3urbandevelopers.com Email : info@t3urbandevelopers.com

Thousands attend flag hoisting at Bangalore's Mary's Basilica; Rain Gods' merciful



Bangalore: Even as the clouds seemed to threaten rain, devotees stood their guns (umbrellas of course) ready to face an impending spell of rain with faith in Our Blessed Mother. Thousands of devotees gathered in the lanes and by-lanes of the 'congested' Shivajinagar that bustles with business activity.

The century-old 160 feet tall St. Mary's Basilica that is nestled amidst a historic Mosque and Hindu temple has been home for devotion for people of all religious faiths. Prelate Archbishop Bernard Moras in his message to devotees in the presence of Chief Guest KJ George (Home Minister of Karnataka) appealed to devotees "we must work for an ambience of peace and harmony between peoples of all religions". Quoting the papal encyclical of Pope Francis 'Laudio Si' he made a clarion call that the "common good" must take utmost place. He called upon devotees of Mother Mary to become catalysts of change where 'peace and harmony should prevail over violence and hatred'.

As the Prelate waved to the multitude,

he said 'my concern is for Justice. Let God's people feel that God cares'. On the sidelines he said " This is the year of the family and also the year dedicated to Consecrated Life'. ' families in peril need extra prayers. "During the novena let us pray that love, forgiveness and understanding prevails over hatred, revenge among families. The Archbishop persistently pressed for peace both, within Christian families and people of other religions.

Home Minister KJ George said " As home Minister, God has placed a heavy responsibility upon me to promote Peace. With the Help of Mother Mary, and all your prayers, I will con-

tinue my job of ensuring peace in this State".

The Arch bishops' greeting of waving hands at the people sparked a euphoria with people throwing rose petals towards the flag-post of Mother Mary and waving back at the Archbishop and the over hundred priests at the flag-post. Many devotees were seen in tears with hands lifted up towards the flag-post.

Top Police officers attended the celebrations. The feast will be celebrated septemeber 8th concluding with a grand car procession

Report – Adolf Washington

HOLY FAMILY COLD STORAGE

John Rodrigues House, Chakala, Andheri (E), Mumbai – 400099

Located on the way to International Airport, Nr Cigarette Factory

Convenient for the Passengers carrying the stocks abroad.

Try our Fresh Pork Meat; Fresh Real Good Chicken; Cold Cuts; Ready to eat items; Goan Sausages; Goan, Mangalorean and East Indian variety of Masalas.

Note: We provide *FREE HOME DELIVERY* to our most valuable customers.

Phone : 2827 0498 Mobile: 99695 73121

Seminarian Today, Priest Tomorrow, Forever

The pattern most young men endorse is to first have faith, to find the right vocation, to believe that one has been chosen and at the very end, to be a priest. For that matter, a good seminarian, should be a good person and finally, a good priest. There is always unmistakably something at the eleventh hour which shines about him as he steps up to the altar for the celebration of his first holy Mass.

Pope emeritus Benedict XVI had great respect and admiration for young men who decided to serve the Lord. If anything, seminarians somehow know that they have been chosen, their focus turns away from the mundane and material things of this life. The step they have taken leads them forward with the help of their spiritual guide. Pope Francis, in his mission and responsible duties never forgets to encourage youth to life in the Church.

There was a time when pope Benedict XVI had said : The Church today needs priests with a sound human, cultural and spiritual formation. The quality of the clergy depends on the soundness of their formation. “ He said this at the Capranica College, the seminary of the Diocese of Rome.

Advice to seminarians was : keep a spiritual journal. Keep the diary brimming with love, faith, life values and prayer. It is an unwritten truth that loneliness and fear can strain and strengthen belief in the Creator and in oneself. God’s steadfast presence is unique. He is always there. He sees you fall and when you turn to Him, He helps you to rise.

One of the miracles of Indian democracy is the freedom to struggle to keep the faith. You can’t help but



BY MELVYN BROWN

wonder what might have happened if the clergy failed in their spiritual formation. Ministering to the Church and its fold, many men- of- the- cloth confront their own weaknesses from time to time.

In addition to their studies, seminarians must receive an “integral formation, centered on the spiritual dimension, “whose” pillars are the daily sacrament of the Eucharist and the Sacrament of confession.”

A parish appointment can often be a place which challenges the faith, hope and commitment. Priests are further

stressed to make out a sermon, and to live up to it. He often asks himself, why are bad things happening to good people, and it is once again, an unwritten rule to confront the evil and to be firm in resolve.

Pope’s in their spiritual leadership have stated with kindness and kinship that the Church always opts for a “ sound human, cultural and spiritual formation in their priests, open to the needs proper to times and places.”

It is rumoured that the Vatican may publish a document that will permit Catholic priests the right to celebrate Mass to the pre-Conciliar 1962 Missal. The old Mass is not “anachronistic”. It is “timeless”.

Grappling with faith under stress is to be regarded as fighting with the demons of temptation and greed. The seminarian today will soon be the priest prepared for tomorrow’s battle. He will be a priest forever.

Lust

The Seven Deadly Sins - Part IV



by Francis Lobo

The psychiatrist showed the client a number of pictures and asked him what each made him think of. They were of a bucket, a ladder, a cup, a flowerpot, and such like inanimate objects. In each case the client said they made him think of SEX. "Can you not think of anything else than Sex?", the psychiatrist asked. "Who is showing me all these dirty pictures", the client replied.

Those who are affected with X-Spam-Subject: YES X-Spam-Subject: YES the capital sin of lust can see Sex in anything and everywhere - whether while having a shower, traveling on the road, at the workplace, anywhere. Emotions can be aroused by geometric shapes, incidents, clothes, anything. In Victorian times, I understand, the legs of tables had to be draped lest the sight of naked legs aroused passion.

Lust gets pleasure even from viewing and imaging actions with any part of the human body - a bare arm or back, a knee, an ankle, hair, underarms, anything. Here lust does not consider the whole person but some part - the intimacy of the total human being does not come into the equation. No one is a person - only a sexual commodity.

The Sex industry exploits this weakness in the human being propagating the doctrine that all this is natural and

there is nothing wrong. Infidelity is being accepted in modern society. A website Ashley Madison, that has the tagline "Life is short, have an affair", claims 37 million clients. It plays on the thirst for the forbidden - It is in our DNA we are told. The challenge for decent modern society is to discover these mysteries in the same person in marriage instead of going after the forbidden fruit.

Online dating numbers emerge and cities compete with each other for the highest figure. However the frauds in these are being exposed. There are fake names, people not living in the locality but in some other country, pressure to pay membership dues to these dating agencies when no service can be offered.

Pornography is the new weapon of mass destruction. It is addictive and a multi billion dollar business with cries not to control and censure it under the cover of freedom of speech. Sex, rapes and murders have been traced backed to the information and explicit pictures on the internet. Technology has made pornography easy to store, retrieve and transmit with protection for the participants identify.

The advertising industry, to promote the sale of their products, uses sex appeal. The appeal may be direct or subtle with no connection to the functionality and safety of the product. Nudity is being promoted as an art form and not restricted to the art museums

but shown openly on the streets. "Go Topless Parades" are held in cities around the world.

The commercialization of the body, destroys the beauty of womanhood and motherhood. The worship of the body makes us forget "Dust we are and unto dust we shall return". We are being exhorted by those out to make a X-Spam-Subject: YES X-Spam-Subject: YES fast buck to embrace sex joyfully even if it is out of context. These are natural urges and suppression can lead to unnecessary stress and mental sickness.

Chastity, abstinence are the antidotes to preserve the wellsprings of Life and ensure healthy generations in the future. The universe is held together by an integrated system and we can go against it only at our peril.

The sins of lust become all the more detestable when they take advantage of the weak and the vulnerable - the poor who are driven to prostitution, children, sexual exploitation by those in authority. There are laws to protect the weak and ensure justice, but they more often work to the advantage of the rich and the powerful.

We have to work for a paradigm shift ensuring the fundamental relationships of the individual, with one's self, with other human beings, with all creation and with God. The beauty of these relationships should not be debased by carnal desires.

If I Don't Speak Hindi, Does That Make Me A Second Class Citizen In My Own Country?

by Sanjana Chowdhury

The patriotic fervour of 15th August was a little dampened by the Stop Hindi Imposition twitter campaign organised by Facebook advocacy group, Promote Linguistic Equality or PLE's Bengaluru chapter.

Hundreds of twiteratti protested how non-Hindi speakers are forced to use Hindi, despite there being 22 languages recognised by the 8th Amendment of the constitution. On the day when we were all in the mood for "Jai Hind", the protesters with the hashtag #StopHindiImposition raised thought-provoking messages like: "Bengal to Nagaland flight filled with Bengalis & Nagas, no safety instruction, announcements in Bengali or Nagamese" and "Language imperialism has wounded & broken nations (e.g., Bangladesh, Sri Lanka, Ukraine etc). Stop hurting India."

As a Bengali, I felt proud of this protest movement, because as a non-Hindi speaker I too have been annoyed and hurt by Hindi imposition for too long. My language is not merely a "regional language" – it is an integral part of this country too.

Indian, Not Hindian

Despite the fact that Hindi is NOT the national language of India, there is a subtly cultivated notion that Hindi is the "rashtra bhasha", which is further fed by the current government's parochial propaganda of "Hindi. Hindu. Hindustan."

I'm a Bengali living in West Bengal, and yet I have to face linguistic discrimination every day of my life. Everytime I go to our local branch of State Bank of India, I'm appalled to see hundreds of forms only in Hindi and English. Even the passbook printing machine has the option of Hindi and English. Yet, most people who come



In banks, railways, Swachh Bharat Ads– wherever you look, there is no space for regional languages. Even the safety instructions on LPG cylinders are in Hindi and English – is there no regard for the safety of crores of people who don't know these two languages?

to these local bank branches are not very educated people with nearly no knowledge of English and Hindi. Are they not entitled to banking transactions?

In banks, railways, Swachh Bharat Ads– wherever you look, there is no space for regional languages. Even the safety instructions on LPG cylinders are in Hindi and English – is there no regard for the safety of crores of people who don't know these two languages?

Mother tongue remains an optional language in the syllabus of schools under the Central Board of secondary Education, while English and Hindi are compulsory. What is the government playing at? Though 60% of Indians have mother tongues other than Hindi, all-India examinations – like, IIT, IAS, NET, government job exams – are all held in Hindi and English. Is the government implicitly trying to take away the job opportunities of Non-Hindi speakers?

Our government intends to spend the Non-Hindian tax-payers' money for World Hindi Conference and celebrating Hindi Diwas. Our Prime Minister addresses Indians in Madison Square, Sydney and Dubai in Hindi. His speech on Independence Day was in Hindi, and it was not even translated by the regional Doordarshan Channels.

Are we not Indians if we are not Hindians?

Manufacturing Nationalism

India is a country characterised by its rich cultural and linguistic diversity, and this innate nature of our country is jeopardised by imposition of Hindi. Yes, India is indeed fragmented, but foisting a single language on us would not solve that problem. The ominous reminder of why Bangladesh was formed is not too far away.

There is a tide of Hindi everywhere that is engulfing other Indian languages and threatening those cultures. This is tacitly endorsed by the government as it attempts to manufacture a unified national identity that does not exist.

I am a Bengali, moulded by my language and culture. For me Hindi will always remain a foreign language thrust upon me unnecessarily. Hindi is not my language and Bollywood is not my cult. Does that make me a second-class citizen in my own country?



**Weddings, Parties, Communion
and Corporate Events**
Packages provided with
Decorator, M.C, Sound, Photographer,
Invitation Cards, Catering
Range of Packages to fit your budget.

Ryan Rodrigues 9820153268
Email : ryancaterersbandra@gmail.com

Church leader says persecution led to rise in Christian population

(Contd.. from p. 10)

Amritsar: The population of Christians in northern Indian states such as Jammu and Kashmir, Haryana and Himachal Pradesh has increased significantly, the recently-released religious census report says.

Although Churches in these states are busy ascertaining the actual factors behind the rise in number, the Church of North India (CNI), the leading Protestant group in the region, attributed the growth to an increased persecution of the community.

“History is witness to the fact that Christianity multiplies whenever it faces persecution. It’s a fact that Christians in Jammu and Kashmir have endured persecution in the past in the form of violence and attacks on the churches,” said CNI’s moderator Bishop PK Samanthy.

He was quoted in The Hindustan Times as saying that the community’s growth in the northernmost Jammu and Kashmir state came despite a large number of Christians migrating from the state “as churches were burnt there.”

He said the same reasons stood true for Haryana where, according to him, the issue of conversion to Christianity often led to persecution of the converts.

Samanthy said even as efforts were being made to ascertain the real factors that have led to the rise in the number of Christians in Himachal Pradesh, churches and other Christian organizations were encouraging “new believers” or the ones who had converted earlier to declare their religion boldly.

“In the previous years, declaration of conversion to Christianity often meant loss of benefits being availed as a Dalit or a member of another backward class. Now this is no longer so,” he said, adding that the natural growth of Christians in the three states due to growth in the size of the families could be another reason for the increase in their numbers.

I see it is ‘Life’ and it is our responsibility as its Custodians to bring this life to its fullness. We see around us a lot of disappointment & discouragement in the face of failure, but we need to emphasize on our children that this is a temporary phase. It needs to be let gone, lest it lead to destruction. As we share our experiences, our love, our very lives with our students we become examples of a life well lived in fullness. “I am not bound to win, I am bound to be true. I am not bound to succeed but I am bound to live up to the light that I have”--- Abraham Lincoln. Education today needs to look at the integral formation of the heart, mind and body, in equal measure. It should seek to form the character, make children God centred persons, and educate them for the future, for the Heart of Education is nothing but the Education of the Heart. We need to listen to the heart from the heart, for the word EAR is the centre of the word HEART. We need to listen to the silent minority, listen to what the child is not saying. We need to bring those from the periphery to the centre.

The ultimate task of an Educator as I see as is to make the children understand that they possess a treasure more powerful than power or fame. Hence they can make a meaningful difference in the world by just being true to themselves. When they feel content with their own irreplaceable lives they are able to be encouraging towards others. As Educators of the citizens of a bright present and an even brighter future we need to ensure that our children combine dignity with courage, empowered to face the worst of crises in their personal lives, to endure a lot from outside and come out stronger for that. Let us help them ‘Remember you have only one ride through life so give it all you got and enjoy the ride’— JonGordon

This Teacher’s Day (5th Sept) my prayer will be that my students with me will constantly mouth the refrain I’ll be the best of whatever I am, Be the best, I can be the best.

CatholicMatri.com
Fastest Growing Website !!!
Committed to CATHOLIC MATRIMONIALS

Available FREE Membership
Premium Paid Service
Confidential Profile Feature

Login to: www.CatholicMatri.com and Register
 OR
 Login with Facebook

For more information write to us:
admin@catholicmatri.com
 Call at: +91-9819026481 / 9987870267

MICHELLE RODRIGUES
 bridals



For your special day,
 you deserve
 personalized attention.

Get yourself a
 WEDDING GOWN
 designed and made
 just for YOU.

Made-to-order
 wedding dresses to
 suit your theme, your
 taste and your budget.

michellerodrigues co
michellerodrigues@gmail.com
 7710990757

Kiyaraa Beauty

at home

Skin - Hair - Makeup

- Professional bridal makeup & hair style
- Facials according to skin
- Hair Spa
- Body polishing
- Nail Art
- Gift A Service

Only original & genuine products used.

Contact : +91 9820360534 / 08055199699
kiyaraa.beauty@gmail.com

Inspiration!

Master Skills When Young

Although there is no age to learn new things, having learnt a few things while we were younger really counts. These skills make our lives more comfortable and easy to deal with

They say you're never too old to learn something new. But with today's fast paced life, we seem to forget as fast as we grasp new things or keep procrastinating our ambitious plans of delving into a new skill. On that note, take a look at 9 things we wish we learnt when we were young.

Driving:

With the number of automobiles that ply Indian roads, you might think a lot of people know how to drive but surprisingly there are a lot of people who don't, and suffer as a consequence. Given the pathetic state of public transport, surviving the summers is like the Hunger Games. Down south, you would sweat thanks to the humidity. And up north, the dusty hot winds leave you wishing you had never stepped out.

Dining Etiquette:

A lot of people don't know how to use the knife and fork while others resort to just a spoon and their hands even in the most formal of settings.

A sense of style:

"I don't know what to wear! Do I look good in this?", is the question that arises every time we dig through our closets, and I'm not just talking about girls. Some of us are terrified of stepping out as a walking wardrobe malfunction while others do it with grace. Maybe this is something that comes from within but learning about colour combinations and different terms in fashion is something a lot of us wish for.



Sewing:

Your favourite shirt just lost a button and there's no one to sew it back on. Not mom, because she's too busy, and not the maid because she's near blind. It's a simple task and the tailor is just too busy. Gosh, if only you had the patience to pass the thread through the loop, or just understood how that weird machine your grandmother used worked. But alas.

Swimming:

Splashing around and the doggy paddle, that's all you know when you're in the pool. The thought of joining a coaching class mortifies you as your only peers will be kids below the age of ten. Your only hope is to confide in a friend who has the patience and time to give you one-on-one sessions for free.

A foreign language:

Knowing a foreign language in today's globalised world is an advantage. Many companies, especially those that are from Germany and Japan prefer employees who are fluent in the languages of these respective countries.

Musical Instrument:

Although the guitar is the most popular instrument on the list as it is a chick/guy magnet, several of us have musical aspirations, whether it's western

or classical Indian. Simply because creating rhythms is the way to make peace with the world.

Yoga:

This age-old tradition is making waves around the world and is the new age hobby among Hollywood's who's who. Sadly, yoga isn't taught to everyone in India and many of us don't know that several mental and physical problems can be cured by it. Those of us who do learn yoga, tend to lose the habit and practice it only when we have the time. We must keep the habit intact.

Few more things you should have learnt

- Loved your parents more.
- Learned to befriend strangers.
- Used your free time to become an expert at the things you loved.
- Learned self-discipline and self-motivation.
- Been a good example to your younger siblings
- Kept a strict budget and savings plan

Grooms



MATRIMONIALS

Mumbai based Respected, affluent catholic parents invite alliance for their handsome son 35 years, fair, tall, well built, well placed & highly qualified 1st marriage annuled by the church.

Girl should be slim, fair, well educated, God fearing having good values and of a good family background and status. Please contact with photograph and all details to Email: secular1979@gmail.com. Mob.: 9820485388

MUMBAI : Goan Roman Catholic Bachelor, aged 40 years, Ht. 5' 10", Wt. 73 kgs, Wheatish Complexion, Edn. Higher Secondary. working as a Fabricator in U.K. Contact email : savioeferns@gmail.com OR 9769054347 **(Regd. No. 6321)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 35 years, Ht. 5' 10", Wt. 71 kgs, Wheatish Complexion, Edn. B.Sc., Diploma in HRM, working as an Executive Asst., Secretary in MNC. Contact email : loveforlife2305@gmail.com OR 9869136747 **(Regd. No. 6319)**

MUMBAI : Goan RC Bachelor 32 years, Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. S.Y.B.A., Computer Engineering, working as a Team Leader. Seeks a Goan or Mangalorean girl. Contact email : myfrancis@gmail.com OR 9969887236 / 9870002508 **(Regd. No. 6310)**

MUMBAI : Mangalorean Roman Catholic Divorcee, aged 44 years, Ht. 5' 7", Wt. 66 kgs, Fair Complexion, Edn. HSC., Service. Contact 9167419437 **(Regd. No. 6292)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 37 years, looks much younger to his aged and slim, Ht. 5' 5", Fair Complexion, Edn. HSC., Working as a Financial Consultant. Contact email : ron-alddsouza888@gmail.com OR 9004566519 **(Regd. No. 6290)**

MUMBAI : Goan Roman Catholic Bachelor, aged 30 years, Ht. 5' 4",

Wt. 60 kgs, Fair Complexion, Edn. B.Com., working as a Asst.Manager. Contact email : peterpereira11@gmail.com OR 9833005381 **(Regd. No. 6289)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 32 years, Ht. 5' 11", Wt. 65 kgs, Wheatish Complexion, Edn. HSC., Service. Contact 7666527859 **(Regd. No. 6283)**

MUMBAI : Goan RC Bachelor 58 years, looks young, 5' 7", slim, wheatish, B.Com., own flats financially very well settled in Mumbai. Seeks educated, presentable lady upto 50 years. No Bars. Email : gerryc1956@gmail.com OR 09820636316. **(Regd. No. 6301)**

MUMBAI : Anglo Indian Roman Catholic Bachelor aged 37 years, Ht. 5' 9", Wt. 75 kgs, fair Complexion, Edn. Bachelors in Business Administration, Diploma in Electronics, currently pursuing MBA in projects. Working as a Senior Operations Manager. Contact email : vanderhidebrian123@gmail.com OR 8655770778 / 9920207250 **(Regd. 6298)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 31 years, Ht. 5' 10", Wt. 65 kgs, Fair Complexion, Handsome, Edn. B.A., PG-HR, working as a HR-Manager, Seeks a suitable match. Contact email : frank_4_f@yahoo.co.in OR 9820470506 **(Regd. No. 6270)**

MUMBAI : Goan Christian Bachelor, aged 31 years, Ht. 6' 3", Wt. 85 kgs, Fair Complexion, Edn. MBA., working as HR Professional. Contact email : valsafonso@gmail.com OR 9819295981 / 9867036662 / 9920733493 **(Regd. No. 6267)**

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 31 years, Ht. 5' 11", Wt. 78 kgs, Fair Com-

plexion, Edn. SSC, working on Cruz Ship. in Europe. Contact email : francis.dsouza@gmail.com / flourindsouza@gmail.com OR 9769259694 / 9892873474 **(Regd. No. 6264)**

MUMBAI : East Indian / Goan RC Bachelor, aged 37 years, Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.Com., LL.B., & French Courses, working as Lawyer in a Law Firm in Fountain. Attending the High Court and City Civil. Seeks a presentable and sincere match. Contact email : lawfullyyours@hotmail.com / delaney_s@hotmail.com / sybil_sylvester@yahoo.com OR 8108648725 **(Regd. No. 6260)**

MUMBAI : Tamilian RC Bachelor, aged 41 years, Ht. 5' 10", Wt. 70 kgs, Tan Complexion, Edn. B.Com., working as an Executive in Abroad. Currently in Mumbai contact immediately. Contact email : margarettdass26@yahoo.com OR 9167001399 **(Regd. No. 6254)**

MUMBAI : Protestant Christian Bachelor, aged 49 years, looks much younger to his age, Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. DMLT., working as a Section Technical Coordinator. Contact email : shashibsd_d@yahoo.co.in OR 9869117823 **(Regd. No. 6253)**

MUMBAI : Mangalorean Rc Widower, aged 53 years, Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. HSC, having business and accommodation. Contact email : albertlobo19@gmail.com OR 9820695110 **(Regd. No. 6251)**

Address your replies to :

Regd. No.
ROYAL CHRISTIAN FAMILY,
99, Perin Nariman Street, 1st
Floor, Fort, Mumbai - 400 001.

Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

To Place Your Matrimonial Advertisement Call:
2269 3578 OR 2265 4924



DUBAI : Goan Roman Catholic Spinster, aged 28 years, Ht. 5' 1", Wt. 57 kgs, Fair Complexion, Edn. B.Sc., IT., MBA working as a IT Engineer in Dubai. Seeks a well settled boy preferably working in Dubai. Contact email : malita.rodricks@gmail.com OR 26424190 **(Regd. No. 6408)**

NEW DELHI : Mangalorean Roman Catholic Spinster, aged 26 years, Ht. 5' 7", Wt. 70 kgs, Fair, good looking, Edn. B.A., LL.B., LL.M., Legal Executive in MNC. Contact email : judith_m@outlook.com OR 9560242263 **(Regd. No. 6382)**

MUMBAI : Mangalorean Roman Catholic Widow, aged 45 years, Ht. 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. 12th std., Housewife. Seeks a suitable match. Contact email : benedicta43@gmail.com. **(Regd. No. 6371)**

VALSAD : Goan / Mangalorean Roman Catholic Spinster, aged 26 years, Ht. 5' 1", Wt. 58 kgs, Wheatish Complexion, Edn. B.Com., working. Seeks a suitable match. Contact email : idsouza14@gmail.com OR 9892233758 **(Regd. No. 6345)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged 24 years, Ht. 5' 2", Wt. 56 kgs, Wheatish Complexion, Edn. B.A., working in Family business. Well settled. Seeks a suitable match. Contact email : grehans.gretel@gmail.com OR 9819727898 / 9869251674 **(Regd. No. 6339)**

MUMBAI : Tamilian Roman Catholic Spinster, 26 years, Ht. 5' 2", Wt. 45 kgs, Wheatish Complexion, Edn. MBA (Marketing), working for Pvt. Ltd. Company. Contact email : joseph.catherine17@gmail.com OR 9869024018 **(Regd. No. 6332)**

MUMBAI : Goan Roman Catholic

Spinster, 26 years, Ht. 5' 11", Wt. 60 kgs, Wheatish Complexion, Edn. MBBS, Doctor by profession. Contact email : crickslick@gmail.com OR 9892629974 **(Regd. No. 6331)**

MUMBAI : Goan Roman Catholic Spinster, 30 years, Ht. 5' 1", Wt. 56 kgs, Wheatish Complexion, Edn. B.Com., MBA (Finance) working as an Asst. Manager in Bank. Seeks a suitable match. Contact Email : oldgoa2012@gmail.com OR 9869765169 **(Regd. No. 6330)**

MUMBAI : Goan Roman Catholic Spinster, aged 32 years, Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. B.Com., Teacher by profession. Contact email : nel2012@rediffmail.com OR 9870332639 **(Regd. No. 6329)**

NASIK : Mangalorean Roman Catholic Spinster, aged 26 years, Ht. 5' 2", Wt. 50kgs, Wheatish Complexion, good looking and decent, Edn. B. Com., P.G. Diploma, studied in Mumbai, working as a Co-ordinator. Contact email : ruby.rego@gmail.com OR 9168165005 **(Regd. No. 6326)**

MUMBAI : Goan Roman Catholic Spinster, aged 29 years, Ht. 5' 5", Wt. 58kgs, Wheatish Complexion, Edn. B.com., MBA, Diploma, working as a Manager - HR. Contact email : diaana_5@yahoo.co.in OR 9967189785 / 9967064555 **(Regd. No. 6324)**

MUMBAI : Goan Roman Catholic Spinster, aged 28 years, Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. HSC (Beautician Course), Beautician by profession. Contact email : manuel.moreira555@gmail.com OR 9967217676 **(Regd. No. 6323)**

MUMBAI : Goan Roman Catholic Spinster, aged 36 years, Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.Sc. (Chemistry) working as an Executive. Contact email : piress90@yahoo.com OR 9867736474 **(Regd. No. 6320)**

MUMBAI : Goan RC Spinster, aged 34 years, Ht. 5' 5", Wt. 69 kgs, Fair and good looking, Edn. B.A., well settled, seeks a qualified, sober,

well settled bachelor from good family background. Contact email : feelingblessed 2015@gmail.com **(Regd. No. 6317)**

MUMBAI : Mangalorean RC Spinster, aged 26 years, Ht. 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. M.A., Teacher by profession. Contact email : aranha.priya22@gmail.com OR 9920320332 **(Regd. No. 6316)**

MUMBAI : Roman Catholic Spinster, aged 30 years, Ht. 5' 5", Wt. 75 kgs, Wheatish Complexion, good looking, Edn. B.Com., MBA Diploma in Jewellery, working as a Manager. Seeks educated, established, from good family background. Contact email : philu159@yahoo.co.in OR 9823910490 **(Regd. No. 6297)**

MUMBAI : RC Goan Spinster, B.E. - Computer Engineering, studing Executive MBA, Completion in Aug, 2015, Working for reputed MNC in Pune but has permanent residence in Mumbai. 26 yrs., 5 ft., wheatish, homey with good family background. Career minded and willing to relocate abroad. Please send details and photo to email : ashil2628@gmail.com **(Regd. No. 6296)**

MUMBAI : Goan Roman Catholic Spinster, simple and decent, aged 29 years, Ht. 5' 2", Wt. 62 kgs, wheatish complexion, Edn. M.Sc., B.Ed., Teacher by profession. Seeks a well educated and well settled bachelor. Contact email : fritzysouza@gmail.com OR 9833952113 / 8976343556 **(Regd. No. 6295)**

Address your replies to :

Regd. No.
ROYAL CHRISTIAN FAMILY,
99, Perin Nariman Street, 1st
Floor, Fort, Mumbai - 400 001.

Please renew your membership at lease a month in advance before its expiration date.

**Royal Christian Family
Helps In Choosing
The Right Life-Partner
Serving Since 34 Years**



MUMBAI : Tamilian Roman Catholic Spinster, aged 26 years, Ht. 5', Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., Working in Hospital in Administrative. Contact email : anharichard@gmail.com OR 9769277062 / 9819315925 **(Regd. No. 6291)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 1", Wt. 54 kgs, Fair Complexion, Edn. M.A., working as a HR & Admin., Contact email : pearlcfri@gmail.com OR 9867118077 **(Regd. No. 6288)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged 29 years, Ht. 5' 2", Wt. 45 kgs, Wheatish Complexion, Edn. M.Sc., Service. Contact email : nmd2612@yahoo.in OR 9869959289 **(Regd. No. 6287)**

LONDON : East Indian Roman Catholic Spinster, aged 37 years, Ht. 5' 2", Wt. 55 kgs, Fair Complexion, good looking, Edn. B.Pharm (Mumbai), M.Sc. (London) working for MNC in London. Due for U.K. Citizenship. Visiting India every six months. Seeks a handsome, well settled and educated any Roman Catholic Bachelor. Contact email : blossomcolaco@yahoo.com OR 9326463210 / 9011869244 **(Regd. No. 6286)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged 24 years, Ht. 5' 4", Wt. 47 kgs, Fair Complexion, Edn. T.Y. B.A / D.ed., Teacher by profession. Only Child. Contact email : tina.jennifer@rediffmail.com OR 9820957941 **(Regd. No. 6285)**

MUMBAI : Roman Catholic Spinster, aged 32 years, Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., LLB., pursuing LL.M. working as a Asst. Manager. Contact email : 1february12345@gmail.com OR 9967673377 **(Regd. No. 6284)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged 26 years, Ht. 5' 4", Wt. 56 kgs, Fair Complexion, Edn. B.E., (IT), MS, working as a Sr. Software Engineer in USA. Contact email : wilfyouza@gmail.com OR

9869036355 **(Regd. No. 6207)**

MUMBAI : East Indian Roman Catholic Spinster, aged 44 years, Ht. 5' 1", Wt. 62 kgs, Wheatish Complexion, Edn. B.Com., Giving Tuition. Contact : 9221758206 **(Regd. No. 6181)**

MUMBAI : Goan Roman Catholic Spinster, aged 32 years, Ht. 5' 9 1/2", Wt. 70 kgs, Fair Complexion, Edn. Graduate working as a Office Assistant. Contact email : melsav2014@gmail.com OR 022-2416 2210 **(Regd. No. 6180)**

MUMBAI : Goan Roman Catholic Spinster, aged 36 years, Ht. 5' 6", Wt. 65 kgs, Wheatish Complexion, Edn. B.Sc., PGDC, NIIT. working as a Sr. Executive in DUBAI. Looking for well qualified bachelor from Working in UAE or Mumbai. Contact Email : vsearch2373@gmail.com OR 00971501684427 / 919820594221 **(Regd. No. 6177)**

MUMBAI : Mangalorean Roman Catholic Spinster, aged 24 years, Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. HSC, Diploma, working as a Graphic designer. Deaf and dumb, can understand and speak little in English. Seeks a suitable match. Contact email : serraonancy3@gmail.com OR 7208812988 **(Regd. No. 6176)**

MUMBAI : Keralite Syro Malabar Spinster, aged 25 years, Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. MA, working with CFA firm in USA. Seeks a suitable match. Contact email : day-skul@yahoo.co.in OR 9869431648 **(Regd. No. 6175)**

MUMBAI : Mangalorean Roman Catholic spinster 1973 born, 5' 5" tall, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 45 years, employed in good position and well settled in Mumbai or abroad. Contact email : bellwether77@yahoo.com or Mobile No. 9892700617. **(Regd. No. 6166)**

MUMBAI : Mangalorean Roman Catho-

lic Spinster, aged 28 years. Ht. 5' 3", Wt. 45 kgs, Fair Complexion, Edn. B.E. Computer, working as a I.T. Consultant. Seeks an educated Mangalorean boy from good family background. Contact : 8879179796 or Email : ajd19@yahoo.co.in **(Regd. No. 6018)**

MIRAJ : Maharastrian Protestant Spinster, 30 years, Ht. 5' 4", Wt. 50 kgs, Wheatish Complexion, Edn. M.D.S., (Dentist), Lecturer in Dental College. Contact email : dprebentisch@hotmail.com OR 0233-2211495 **(Regd. No. 6108)**

MUMBAI : East Indian Roman Catholic Spinster, 25 years, Ht. 5' 1", Wt. 45 kgs, Fair Complexion, Edn. B.Com., working. Contact email: dsdece@gmail.com **(Regd. No. 6107)**

MUMBAI : Goan Roman Catholic Spinster, aged 31 years, Ht. 5' 2", Slim, Fair, Edn. B.Com., working as a Operation Analyst in Financial Organisation. Seeks a suitable match. Contact email : tracymails@yahoo.com OR 9920243080 **(Regd. No. 6122)**

MUMBAI : Goan Roman Catholic Spinster, aged 25 years, Ht. 5', Wt. 50 kgs, Fair Complexion, Edn. B.Com., B.Ed., Teacher by profession. Contact email: ritinadsouza@gmail.com / arlophvieira@gmail.com OR 9820448715. **(Regd. No. 6119)**

MUMBAI : East Indian RC Spinster, aged 25 years, Ht. 5' 4", Wt. 55 kgs Fair Complexion, Beautiful, Edn. MSc (statistics), working as a Sr. Marketing Executive. Seeks a well settled, understanding bachelor below 33 years. Contact email : perkin12@gmail.com OR 9833989747 **(Regd. No. 6117)**

MUMBAI : Goan RC Spinster, aged 31 years. Ht. 5' 2", Wheatish Complexion, Edn. HSC, working as a Chef in Qatar. Contact email : venitadsouza1986@yahoo.co.in / jddsouza007@gmail.com OR 9892071067 **(Regd. No. 6115)**

Homes that spell happiness ... Experience it.

Award Winning Project



Inland Windsors (Res)
Airport Road, Mary Hill, Mangaluru



Inland Windsors Club House



Gymnasium



Lobby



SURAKSHA PURASKAR
SAFETY AWARDS 2011
NATIONAL SAFETY COUNCIL OF INDIA



BUILDER PAR
EXCELLENCE
CREDAI MANGALORE



OUTSTANDING CONCRETE
STRUCTURE
ACCESIMULTI-ULTRATECH AWARDS 2014



BEST RESIDENTIAL
DWELLINGS
CREDAI KARNATAKA AWARDS 2015

Ready to Occupy



Starting From ₹ 52 Lakhs*

Inland Espana (Res)
Bejal New Road, Mangaluru



Inland Echelon (Res)
Ballabagh, off M. G. Road, Mangaluru



Inland Sovereign (Res)
Mission Gori Road, Mannagudda, Mangaluru



Starting From ₹ 43 Lakhs*

Inland Eon (Res)
Matadakani Road, Gandhinagar, Mangaluru



Starting From ₹ 39 Lakhs*

Inland Imaad (Res)
Hegdenagar, Bengaluru



IN-LAND® INFRASTRUCTURE DEVELOPERS PVT. LTD.

"Inland Ormate", 3rd Floor, Navbharath Circle, Mangaluru - 575 003.
Phone: +91 824 - 2496110, 2492180, 2491795 Fax: +91 824 - 2496291
E-mail: info@inlandbuilders.net Web: www.inlandbuilders.net
Mobile: +91 98801 38019, +91 99720 14055, +91 98801 38015, +91 99720 89099

SINCE 1986

Regd. Office : "Abhilasha Arcade", # 495, 3rd Floor, CBI Road, R.T. Nagar, Bangalore - 560 032,
Telefax: +91 80 23545277 Mobile: +91 98801 45145, +91 97403 99033

Dubai Office :

Inland General Trading LLC, 304-1, Zabeel Business Centre, Behind Karama Post Office, Karama,
Dubai, UAE, P.O Box - 28452. Ph. : +971 4 3955659. Mobile: +971 56 3748091 E-mail : info@inlandtrading.ae



Membership Number:
"108C - GS - 2580"

Find us on



/INLANDINFRASTRUCTURE

* Conditions Apply

1st Time in
MUMBAI

40 Builders from
MANGALORE & UDUPI



Own a *home*
in your hometown
Now a *Smart City*



MANGALORE - UDUPI
PROPERTY EXPO

11, 12 & 13 September 2015
Buntara Bhavana
Buntara Bhavana Marg,
Kurla East, **Mumbai**
10:30 am to 08:00 pm

FREE ENTRY



For details, Contact: +91 89708 25277