

# THE SECULAR CITIZEN

A NATIONAL FAMILY WEEKLY

(Total pages 24)

Vol.24 No.30 ■ Mumbai, July 27, 2015 ■ Rs. 5

## The Rainbow Color Tool



# Sad Demise



**Fr Jacob Lobo**

Fr Jacob Lobo (53), who spent more than 27 years of his life as a devoted priest in Jesus Christ' vineyard, passed away on Tuesday, July 14, 2015 in the morning.

He was born in Nirkan (Bantwal) parish on July 6, 1963 to Paul and Lily Lobo as the third child in a family of 8 children. (Five boys and three girls) His younger brother V P Lobo is a successful entrepreneur based in Mumbai and is Chairman/MD of T3 Urban Developers Limited.

Young Jacob joined the seminary at the age of 16 years and on April 18, 1989 he was ordained a priest for Meerut diocese. Even before he was ordained a priest he honestly and diligently worked for the diocese. As a youth he inculcated high moral values and love for the poor and throughout his religious life, he strived for the poor and the needy.

Funeral was held on Wednesday July 15, 2015 in Meerut Diocese.

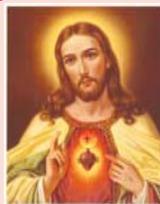
**May his soul  
RIP**

## Ad. Rates for Thanksgiving

	Colour	B/W
Favours granted minimum i.e. 15 words + 1 block(1 photo of saint)	Rs. 800	Rs. 400
each additional block	Rs. 400	Rs. 200
Holy Spirit Prayer	Rs. 1000	Rs. 600
Other small prayers (upto 100 words)	Rs. 1000	Rs. 600

Contact: Tel.: 22693578, 22654924  
THE SECULAR CITIZEN,  
99, Perin Nariman Street, Fort, Mumbai - 400001

## Thanksgiving



Thanks to Sacred Heart of Jesus & St. Jude for the favours granted



May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen, Say this prayer nine times a day for nine days.

— Ms. Felcy R. Noronha, Andheri

## Unfailing Prayer to St. Anthony



O holy St. Anthony, gentlest of Saints, your love for God and Charity for his creatures, made you worthy, when on earth, to possess miraculous powers. Miracles waited on your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore of you to obtain for me (request). The answer to my prayer may require a miracle, even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours.

—A Devotee

## Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of perpetual Succor and St. Anthony

—Elizabeth G. Fernandes UK

**'Thought for the week'**

*The man of wisdom is never of two minds; the man of benevolence never worries; the man of courage is never afraid.*

**Contents**

- pg. 3 - Understanding the plight of the Uighurs
- pg. 5 - Voice of the People
- pg. 6 - Let's Play Doll's House!
- pg. 7 - A Lay Person's Musings
- pg. 9 - The Rainbow Colour Tool
- pg 11 - Expert reasons for and against - changing surname after marriage
- pg 14 - Happy Parent's Day
- pg 15 - Why Satan Hates the Brown Scapular
- pg 16 - Differences Between Employees and Entrepreneurs
- pg 17 - 10 Incredible Benefits of Bananas for Health and Beauty
- pg 19 - Inspiration!
- pg 20 - Matrimonials

**THE SECULAR CITIZEN**

**Subscriptions Rate:**

- One year (anywhere in India) Rs. 250
- Three years (anywhere in India) Rs. 700
- Five years (anywhere in India) Rs. 1000

One year (outside India) Rs. 2500

**E-paper Edition**

- sent anywhere in the world (by email)
- One year Rs. 600 or US \$ 15
- Two years Rs. 1000 or US \$ 25

Cover : The Rainbow Colour Tool  
(Read p.9)

**Advertisement. Tariff**

Over all size 21.5 cms x 27cms ● Print area 18 cms x 25.5 cms

Full pg. back Colour (19 cms x 24 cms)	Rs. 15,000
Center spread colour(39 cms x 23.5 cms)	Rs. 15,000
Full pg. inside Cover colour(18 cms x 24 cms)	Rs. 10,000
Full pg. inner colour (18 cms x 24 cms)	Rs. 8,000
Half pg. Colour (18 cms x 12 cms)	Rs. 5,000
Full page B/W (18 cms x 24 cms)	Rs. 5,000
Half page B/W (18 cms x 12 cms)	Rs. 3,000

**Small Size Ads B/W**

12 x 12cms Rs. 2000 ●	6 x 24cms Rs. 2000
18 x 6cms Rs. 1500 ●	6 x 12cms Rs. 1000
	6 x 6cms Rs. 500

**Matrimonial Classifieds:**

- Rs. 500 per insertion (for 35 words) (includes box no.)
- Rs. 1500 for 12 insertions. (1 year The Secular Citizen FREE)

**Understanding the plight of the Uighurs**

*by Michael Sainsbury*

It's known by the evocative term "refoulement" — the returning of refugees to the country whence they have escaped to avoid persecution that can involve violence, torture imprisonment and even death.

The decision by Thailand's military junta to send 109 Uighurs (so far and counting) — a persecuted Muslim minority group from the Chinese province of Xinjiang — back to the welcoming arms of their Communist Party tormentors is an egregious, signal moment in the shifting allegiances of the country. It has been, and for so long, the main ally of the United States in mainland Southeast Asia.

Yet this action is one more example of how politics in Asia is unintelligible without factoring in the significance of religion. The common frequently focus is on military, trade and national rivalries that culminate in decisive and dismaying actions. But increasingly religion tied to national identity is integral to the events.

The sudden move by the Thai government to repatriate hundreds of Uighurs from refugee camps — along with the 109 to China, 180 have so far been sent to Turkey — is not just a sign of bending to Beijing's wishes, as much as that appears to be true.

It's the latest visible example that religious fault lines and an emerging trend of religious nationalism is now beginning to appear right across the region. It is one that poses a fresh threat to the ambitions of the Association of South-east Asian Nations Economic Nations Community that will come into being on December 31, 2015.

From a geopolitical viewpoint, the scorn heaped on Thailand by Western democracies, led by the U.S. for the military overthrow in May 2014 of a democratically elected government, has seen Bangkok warming to Chinese overtures. China offers the Thai military regime support in very specific ways that have some commentators and diplomats claiming that the U.S. has overplayed its hand.

(Contd.. on p. 8)

# Jesus's baptism riverbank declared UNESCO heritage site

**Jerusalem:** UNESCO has declared Bethany Beyond the Jordan, on the eastern side of the Jordan River, a World Heritage site and the location of Jesus's baptism.



Franciscan Father Eugenio Alliata, professor of Christian archaeology at Jerusalem's Studium Biblicum Franciscanum said: "The decision is logical. The Eastern side is where all the Byzantine antiquities and churches are located. But for us it is the Jordan River, the middle, which is the most holy place."

He said pilgrimages to the Western side began only about 600 years ago.

For years, Israel and Jordan have been at odds as to which side of the Jordan River is the actual site of Jesus's baptism, as both sides vie for the title to increase tourism, Catholic Herald Online reported.

Israel upgraded its shoreline with changing rooms and a wooden deck access to the murky waters, while Jordan's eastern shore has remained a sleepy site despite two papal visits.

Fr Alliata said ancient iconography

## The government must quickly improve travel conditions of commuters in Mumbai:

1. Quick conversion of the remaining D. C. System to the A. C. System, to ensure larger and faster rakes are put into service.
2. Increase the height and length of the Suburban railway platforms so that the 15 bogey rakes can be used and passengers can get into and out of the trains quickly.
3. Upgrading the rail signaling, to increase the number of Suburban trains and enhance the frequency.
4. Additional railway tracks especially north of Dadar and Kurla stations, so that the shift of commuters to the north be accommodated.
5. Complete the east - west Metro projects already taken up and finish the Monorail project. Eastern Expressway to be completed and a few bus stops to be provided on it.
6. At least on the main south - north roadways/ expressways, have dedicated bus lanes where sufficient A. C. Buses would ply, so that many middle and upper middle class commuters shift from cars to A. C. Buses for daily commuting.
7. Quickly build a large railway station next to the new airport and connect it to the Western and Central railways and the suburban railways. This will help the trend of working class shift to the proposed new smart city.

Hope the above suggestions will help the government to take a final decision of how to help most of the commuters of Mumbai

—E. J. D'Sa

shows Jesus in the middle of the river rather than on any of the two shores, and there are accounts by ancient pilgrims of marble columns in the middle of the river marking the site of Jesus's baptism.

"History has different ways of be-

ing remembered," he said.

"If there was an agreement between Israel and Jordan (on the issue) they could combine the place East and West. Both have importance, the East in ancient times and the West in modern times."

*"Celebrations last for a moment & memories a lifetime"*

**WAYNE FERNANDES**  
YOUR HOST & COMPERE

For all your occasions, socials & Corporate events to remember...

+91-96196 80592 / 98920 33993

wayne.fds14@yahoo.com

<https://www.facebook.com/wayne.fernandes.comperere>



**Celebrate The Journey Of Life With ROSHAN PINTO**

*Professional Master of Ceremonies*

**Mobile : + 91-9892049815**

**Email : roshanpinto@hotmail.com**

**Contact For :** Christening Parties, Birthday's, Communion Parties, Engagement Parties, Roce Ceremony, Weddings, Jubilee's,

Corporate

Events, Press

Conferences etc.





## Immodesty is disrespectful in Church

I agree with Ladislaus D'Souza's article about modesty in church. Immodesty in the house of God is disrespectful. Women are modestly dressed when visiting any place of worship. Why should visiting a church be an exception?

The priests of St. Anne's church, Bandra insist on brides and their bridesmaids being suitably covered during the nuptials. Priests of other parishes could do likewise.

If we want to make church service a fashion parade and wear our Sunday best, it's fine but not at the expense of modesty.

—*Monica Fernandes*

## Pope on the 'Common Good'!

On July 10, 2015, on a visit to a notorious overcrowded prison, the Pontiff urged inmates to work together to improve their condition.

Read **THE SECULAR CITIZEN**

Online at:  
[www.issuu.com/secularcitizen](http://www.issuu.com/secularcitizen)

[www.sezariworld.com/images/pdf/sec24-29all.pdf](http://www.sezariworld.com/images/pdf/sec24-29all.pdf)

Earlier in his discourse to the Bolivian civil authorities on 07 July, 2015, Pope Francis focused on the need to promote the 'common good'! "We often confuse the common good with 'prosperity', especially when we are the beneficiaries. Prosperity understood only in terms of material wealth has a tendency to become selfish to defend greedy private interests, to be unconcerned about others, and to give a free rein to consumerism. Prosperity breeds conflict, social disintegration, and opens the door to the evil of corruption. The 'common good' on the other hand is much more than the sum of individual interests. It moves from 'what is best in me', to what is 'best for everyone'! This brings peoples together in common purpose, shared values, and ideas which help us to look beyond our limited individual horizons."

"Christians are called to be a 'leaven' in society. A nation which seeks the 'common good' cannot be closed in on itself. Bolivia is an example of a multifaceted nation, strengthening the bonds of the common good even among its neighbors", the Pope stated. Just as it was in the early Church: "All who believed were together, and held all things in 'common'" (Acts, 2:44).

—*Dr Trevor Colaso,*

## Matrimonials

**Mumbai based Respected, affluent catholic parents invite alliance for their handsome son 35 years, fair, tall, well built, well placed & highly qualified briefly married, divorced & annulled. Girl should be slim, fair, well educated, God fearing having good values and of a good family background and status. Please contact with photograph and all details to Tel.: 9820485388 Email: secular1979@gmail.com**

Subscriptions for

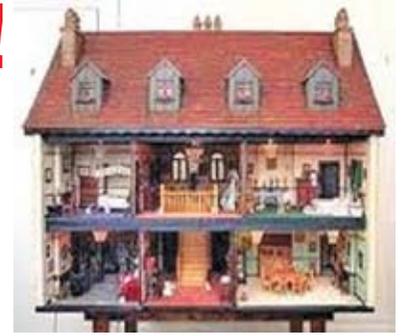
**THE SECULAR CITIZEN**

Renewal as well as New, can be sent through Bank Fund Transfer to any one of the following banks:

Bank: HDFC Bank  
 Branch : CST - Mumbai VT  
 Account Name: The Secular Citizen  
 Account No. 0355200006744  
 ISFC code: HDFC0000355  
 or  
 Bank: Citizen Credit Co-op Bank Ltd.,  
 Branch : Colaba, Mumbai  
 Account Name: The Secular Citizen  
 Account No. 00000000100489  
 ISFC code: CCBL0209003

Please inform us through email: secular@vsnl.com or through phone: 22693578 after transferring the same.

# Let's Play Doll's House!



**R**ecently, Ireland made history, albeit in the wrong realm, becoming probably the first Christian country to constitutionally legalize so called same-sex marriage. Shocked, Avertanaus L D'Souza, in his article "The Myth of Same-sex Marriage" in the Bombay Archdiocesan Weekly, The Examiner (Vol 166 - No. 28 / 11-17 July 2015) rues the fact that by such a heinous act as this it has earned the distinction of seeking "to change the Natural Law itself", and in the process of attempting "to 're-define' the nature of marriage . . . has shown itself to be devoid of social values and disrespectful of Nature and Nature's God." Simply put, Ireland has lost its soul even as Saint Patrick might be squirming uncomfortably in his saintly abode.



by Ladislaus L D'Souza

As for the possibility of incest being 'de-criminalized', that has already happened in Switzerland where the act is now legal, moral values all be damned! So it's a matter of time before Ireland follows suit, other supposedly Christian nations not lagging too far behind.

"I bride, you bride's groom, ok?" - What the proponents of same-sex marriage obviously overlook is that legalizing such unions is tantamount to obtaining undue legitimacy for playing doll's house for the rest of one's life, the playing of non-reality in real life with full backing of state laws. I guess most kiddies go through what one may call the 'transvest' stage, i.e. a period of time in one's growth when cross-dressing has its own fascination. But it's a fascination we all sooner or later outgrow, effectively coming to terms with the reality of our own individual identity as male or female. Take the case of Carl who, when growing up often dressed in his sister's negligee and his mama's shoes, with a little help from couzins who were extra generous in terms of

makeup and what not! Strangely, the guy got himself incardinated into that style of dressing through adulthood. When he was discovered masquerading as Carla in stary hotels as a professional hooker, the excuse he gave was, "Well, as a boy, when I used to dress up as a girl, my Mom never ever scolded or prevented me." So too with playing doll's house; among siblings, one became a bride, the other the bridegroom. But they as well as the adults in the family knew it was purely a game, a fun thing. Contrarily, what the proponents of same-sex unions are demanding today is legitimacy for such a game to be played lifelong, conveniently ignoring the fact that such a move is neither needed nor deserved and, thus, least desired. Come to think of it - if intellectuals in developed nations cannot tell reality from farce, where humanity per se is headed

is anybody's guess. At the cost of sounding crass, could it be that 'intellectuals' in developed countries don't even know the difference between a nut and a bolt?

Playing to the gallery - This brings us to the situation on home ground. In India, while one may have no problem with accepting members of the LGBT community for what each of them is or wants to be accepted as, the day may not be long when some maverick politician, with his eye on prospective vote-banks, comes up with an ingenious bill to be passed in Parliament or some state legislature in the Indian Union, demanding legislation imitating Ireland.

Choice v/s necessity? - Frankly, not all gays or lesbians can be said to be so by choice, many probably struggling to get out of the rut. To prevent Indian society in general and Catholics in particular from hurtling toward perdition, could the Church develop a mechanism whereby the issue could be discussed threadbare at vari-

ous levels and a system put in place whereby problem cases are identified in time and counselling is put to the maximum use in the correctional mode? Methinks this is eminently possible, given the network of educational and medical facilities operated by the Church and its institutions across the length and breadth of the country, many of its qualified medical personnel belonging to the Christian minority community. What's needed is a will and a desire to act in the interest of humankind by working with fellow believers and non-believers alike towards debunking the myth that same-sex union really is.

## TULIP LAWNS

Elegant Occasions  
Merable Events

Available for Weddings,  
Engagement Corporate  
Events, Film Shoot  
Birthday Party

Grounds Andheri (East) &  
(West), Malad West  
Capacity - 200 -1500

Rs. 700 Package  
(Minimum 400 Crowd)

Mr. Karuna - 9930112795,

9004911115

8108325553

Email :

crystalcreation537@gmail.com



# A Lay Person's Musings

by Denise Lobo

**O**n reading the directives given by Pope Francis on finding Joy in consecrated life, these are my musings, (after having interacted with members of various religious communities) on what the laity expect from people who have dedicated their lives to the service of God and their fellow-men.

First of all, the religious who have gone through years of training and devoted so much time to the study and contemplation of the wonderful and beautiful nature, teachings and compassionate ways of Our Lord Jesus Christ and the wisdom of the Bible should be lively, pleasant and joyful, living up to the old saying, "Where there are religious there is joy." Those who have daily intimate contact with the Lord through hours of prayer and meditation must exude a joyful zest for living, enfolding all they meet in a loving, concerned atmosphere, "The eloquence of your lives must radiate the joy and beauty of living the Gospel and following Christ to the full." Pope Francis.

The sad-looking, introspective, disgruntled religious is most off-putting, one we can well do without, but the smiling, co-operative, outgoing one is loved, welcomed and a pleasure to interact with, his/her manners and attitude reflecting close communion with the Good Shepherd and the compassionate Saviour of the world.

"You will find life by giving life, hope by giving hope, love by giving love." This involves "total self giving in service to the church, families, young people, the elderly and the underprivileged." Pope Francis. In this 21st century of specialization, with Institutes offering a wide variety of courses, the

religious must be trained according to their talents and aptitudes in various skills and appointed to serve in places where these can be put to the maximum use to benefit people and for personal fulfilment and satisfaction. It is taking unfair advantage of the vow of obedience by Provincials and Superiors not to make the best use of the talents, charism and skills of those in their care by unsuitable appointments leading to frustration, unhappiness and on occasion opting out of religious life to find fulfilment in a life of single blessedness and social service in the world.

The religious must be "experts in communion" within their own communities. In Seminaries and Novitiates, it is important to teach good manners as young people of various cultures and communities come together for training. It is vital that all should feel welcome and loved. A common language must be spoken in mixed groups, in the recreation Room or at the dining table etc so that all can participate and no one feels alienated, inferior or excluded. This is the essence of happy community living, all the members reaching out in love and kindness, uplifting the shy ones in order to build a community of love and joy.

The religious must have a "passion for people", understanding their needs and sharing their joys and sorrows. They must be "experts in communion", respecting the dignity of every human being, their talents and charisms. They must get involved in the lives of the laity, visit the homes in which there are problems – marital, with children, education, health etc. – the very presence of the religious is reassuring even if the problem is not touched upon, the tacit understanding is there, "I know and I care" offering hope and love. Parish Council

decisions taken with the Parish Priest present should not be over ruled without weighty reasons and explanations given.

In this day and age, there must be a democratic set up in religious communities. The Superior General and Provincials must not act arbitrarily but in tandem with the elected Council, be open-minded, welcoming constructive suggestions. There should be a division of labour, each Council member being given in charge of a suitable Department for research and feedback. Final matters of policy should be unanimously agreed upon by the whole Council for joyful acceptance. Superiors must ensure that their communities, large or small, be united in love and understanding and live as a happy family with differences ironed out in kind and generous interaction.

Very important in today's world is that the temporary professed members and novices be given a voice. No scolding or punishments imposed on complaints by Superiors. The juniors must be given the opportunity to reply to charges, justify themselves and present their point of view, only then decisions taken. This will ensure that there is joy not fear in the young, enthusiastic budding religious. A generation gap exists which must be bridged by dialogue, not allowing frustration to creep in due to misinterpretation or misunderstanding of motives.

Those appointed as Principals of Schools and Colleges must retain the human touch, the joy of living, helping and giving, remembering their pastoral duty, and not get bogged down with accounts, profits, construction work, donations etc. Joyfully, give the teachers and other Staff their due in the fixation of salaries in line with the

(Contd.. on p. 8)

**(Contd.. from p. 3)**

That concrete support from China comes with a no “human-rights-lectures-attached” checkbook that Beijing has been waving seductively under the eyes of the Thai prime minister, former army chief General Prayuth Chan-ocha.

In Thailand the decision to send the Uighurs back is the country’s way of ingratiating itself with a Chinese government that sees the Muslim group as a threat to the easy and uncomplicated exploitation of the energy resources in Xinjiang, the province of China where historically they have been a majority.

Uighurs are trapped by history far from their original homeland of Turkey. They are a population of about 9 million people in China whose ancestors were carried thousand of kilometers eastwards along the ancient Silk Road.

The action of the Thai military government mirrors the earlier behavior of the government in neighboring Cambodia, another member of the Association of Southeast Asian Nations (ASEAN) and a country that is firmly in China’s column. In 2009 Cambodia sent back 20 Uighurs under the cover of night even as refugee advocates were meeting in Phnom Penh in an attempt to halt the process.

Again, Cambodia is an authoritarian regime led by a prime minister who just seems to have had the luck to win every election since 1986. He has had few friends in the West despite relying heavily on its aid that also comes from Japan and South Korea.

Thailand is a Buddhist nation and the religion is at the very heart of the country’s culture and identity. Muslims have always been a problem, particularly in the country’s South. Travel south of Bangkok to the resort town of Krabi and the Muslim influence becomes apparent.

And in the far South three Muslim

provinces have been waging a separatist insurgency against the government that has so far seen more than 5,000 people killed, many of them children.

Religious nationalism is even more apparent with Thailand’s neighbors. In Myanmar, radical Buddhists have helped trigger the region’s biggest refugee crisis since the Vietnam War. The Muslim Rohingya have fled Myanmar chasing work and a future only to be trapped in a virtual slave trade.

People traffickers lock them up and have left them to die unless a bounty in excess of US\$1,000 per head was paid. The Thai authorities turned a blind eye to the practice, leaving the Muslim minority to sink or swim.

In Malaysia, the state sponsored pro-Malay policies have seen the country splinter along ethnic lines between the Muslim Malays and the Chinese and Indians that make up the other significant populations.

That division has now been complicated by the threat Islamic State poses in Southeast Asia where its recruitment is underway in both Malaysia and Indonesia. The latter has the largest number of Muslims of any nation in the world — over 200 million. Already one imam on Central Java has aligned himself with IS.

The Singaporeans, who are more alive to the shifting sands of the regime, are immensely concerned, diplomats say.

In the Philippines, there has been a sectarian civil war on the southern island of Mindanao for decades. It has led to the proposed creation of a special Muslim state.

In Brunei, sharia law has been promulgated. In India, the Christian and Muslim religious minorities are watching with apprehension how the country’s Hindu Prime Minister Narendra Modi and his followers move. Modi was raised as a Hindu fundamentalist and has a patchy track record in his home state of Gujarat.

Religious intolerance is on the rise in Asia and the whiff of religious nationalism, an even more potent combination as places like Torquemada’s Spain and the Ayatollahs’ Iran have shown us, is in the air. No good can come of this.

*Michael Sainsbury is a Bangkok-based journalist and commentator.*

Konkani Lovers Read   
online at:  
[www.issuu.com/divoweeekly](http://www.issuu.com/divoweeekly)

[www.sezariworld.com/images/pdf/dvo21-16all.pdf](http://www.sezariworld.com/images/pdf/dvo21-16all.pdf)

**(Contd.. from p.7)**

new scales of pay and they will give of their best. Take a personal interest in the weak students, visit their homes and inquire into problems and difficulties and render the necessary assistance.

This done the religious will show the world that they are “brimful of happiness radiating from the joy and beauty of living the Gospel and following Christ to the full”, enthusiastic and joyful witnesses of Jesus in consecrated life setting an example of selfless, Christian living, loving and giving.

In conclusion, I must shower praise on the Generals, Council Members and Superiors of Religious Orders, and there are quite a few, who have had the foresight, courage, love, kindness and generosity of spirit to bring about innovations and democracy in their congregations. The members of these must have joyfully welcomed and appreciated these initiatives as they establish a sense of family, freedom to voice an opinion, security in being understood and appreciated and the great satisfaction of personal fulfilment in serving the Lord in the right environment and to the best of their ability in keeping with the directives of our very dear kind, loving, generous, outgoing, forward-looking Pope Francis.

# The Rainbow Color Tool

by Don Aguiar

**T**he rise of internet and social media has led to a strange new discovery in the world. It is the strong and distinctive presence of an exclusive species often referred to as 'gays'. The term is used to refer to people who are sexually attracted to people of the same sex belonging to the LGBT community who tend to be aggressively working against discrimination towards them.

They often lend their support to political parties, organizations, institutions, MNC's or anyone who seem to be sympathetic to their cause. They are extremely protective of their cause. They also like old stories and conspiracy theories about how their community was shortchanged in the past – they often swap such stories online. These gays would have been an interesting anthropological phenomenon, had they not been causing distress from time to time on Twitter, Facebook, etc. **I was thinking about all of this with the recent U.S. Supreme Court vote to legalize same-sex marriage in all 50 states.** As I write this, there are 20 countries that legally approve same-sex marriage nationwide. It appears to be a growing trend worldwide.

I watched my Twitter feeds fill up with #LoveWins tweets, and Facebook friends from across the globe apply the rainbow color tool to their profile pictures (done by more than 26 million Facebook members, according to the company). Of course, there were dissenting voices—but the vast majority of what I saw online, in their wisdom and compassion, was supportive of the court's vote. This ties to recent research by the Pew Research Center which finds that nearly 60% of Americans, overall, support same-sex marriage. (Numbers do vary by generation, religious affiliation, political party, etc.)

The Sanskrit word usually translated

Our Pope Francis .... views on the LGBT community - When I meet a gay person, I have to distinguish between their being gay and being part of a lobby. **If they accept the Lord and have goodwill, who am I to judge them?**

as "wisdom" is prajna, which could also be translated as "consciousness." The word usually translated as "compassion" is karuna, which could also mean active sympathy. Wisdom and compassion are sometimes compared to two wings that work together to enable flying, or two eyes that work together to see deeply. In practice, wisdom gives rise to compassion, and compassion gives rise to wisdom. Truly, you can't have one without the other.

For at least the past half-century, marketing and culture have been intertwined, like vines running up the side of a building with compassion and wisdom racing against each other. It's sometimes hard to tell where one ends and the other begins. Just think about the IPL—one of the most popular Indian sporting events of the year. For most of us, the commercials are as just as much a part of the experience as the game.

**So, does marketing drive culture or culture drive marketing?** At the risk of sounding like a disappointing, spineless wuss, you can make a reasonable case either way. I can think of a number of campaigns that were disruptive in nature that bore their way into our collective consciousness and became part of our daily vocabulary, humor, way of life and cultural fabric—even if it was just for a short time.

There is so much talk about disruption these days. It seems like everyone wants to be a disruptor! It's funny how the world's view of disruption has changed so dramatically over the years.

When I was a kid, disruption was

something that society wanted nothing to do with. It was ominous and almost violent in nature. That's also because our childhood was a time where being uncomfortable was to be avoided at all costs. We didn't talk about feelings and we certainly didn't talk about vulnerabilities

Today, being disruptive is a powerful badge of honor in the world. It is about being bold, being original and making a big impact on your world. While the association of disruption has evolved, the path to achieving it has not. To be disruptive you must first get way out of your comfort zone. And the more uncomfortable the situation, the more disruptive the results can be.

When you're uncomfortable you have no choice but to view a challenging situation from a different perspective

**What really got my attention was how brands responded to the Supreme Court vote.** I would expect certain companies to react positively to the decision, based on their audience, market, products, etc. But then, others that I didn't quite expect made it a clear point to show their support, too.

But it may be worthwhile to step back a little from marketing and culture politics, and look at the initiative with a more innocent eye, for it is possible that we might see something of greater significance at work here.

The problem with any entrenched social problem is that an attitudinal wall is hit at some stage. There is only so much that activist action and legislative intervention can achieve. In most cases, the dreaded question of how to 'change mindsets' pops up sooner or later.

It boils down to how change is imagined in the first place. Do we really expect a transformation to a 'genuinely,

(Contd.. on p. 10)

**(Contd.. from p. 9)**

vibrantly equal society'? For in effect what we are asking for is not change, but magic. Measured against that standard, no change will ever seem sufficient. A common mode of criticism of any apparent change is to look at it more closely and find that it continues to carry embedded within it past fault-lines and discriminations. The 'it looks like change, but look deeper and you will find that the problem persists' argument is the staple of experts across many domains.

Could it really be any other way? Problems recede, they don't disappear, they change shape, they hide, gradually appear in more diluted forms, turn from gesture to word to thought, but they never quite vanish. So same sex marriage did not appear overnight, but gradually downright discriminatory practices are first driven underground, then substantially diminished, gradually the mindset begins to change, but language and stereotypes still live on, which then get pointed out and begin to get dismantled, sometimes in an overly self-conscious way and so on. It is impossible to argue that same sex marriage has been tackled as a problem, but it is equally undeniable that much has changed in the last few decades.

This is not to argue against the need for activism or to live in denial about the scale of the problem but to point out that mindsets change on their terms and do not follow a prescribed 'perfect' script. Without fighting for rights and working towards building a legal framework of protection, fundamental change of any kind becomes virtually impossible. But furthering the cause of the solutions that communities are throwing up, rather than constantly reminding ourselves of the enormity of the problem is strategically speaking, the better choice when it comes to the task of helping change the way society thinks. The same sex marriage legalization in all American states offers a new template in social action that has disrupted the very base of our Christian / Catholic faith, regardless of who supports it.

Our Pope Francis replied when asked about his views on the LGBT community - When I meet a gay person, I have to distinguish between their being gay and being part of a lobby. **If they accept the Lord and have goodwill, who am I to judge them?** They shouldn't be marginalized. The tendency [to homosexuality] is not the problem...they're our brothers.

First of all, the supposedly provocative line begins with the word, "if," and it's a BIG IF. Most homosexuals do not accept Jesus' teachings on chastity. Salvation comes from Jesus. Sin is a rejection of salvation. Adultery is a sin. Sex outside of marriage is adultery. The divine sacrament of marriage requires that one man and one woman vow their mutual love, fidelity, and openness to life publicly and before God. Therefore, homosexual sex is a rejection of Jesus.

Some people with homosexual tendencies choose to accept the salvation of our Lord and maintain a life of chastity. This is the key to what Pope Francis is saying: people with homosexual desires who are able to exhibit this level of self-control should be welcomed as our brothers and given encouragement in their struggle. This is a very beautiful statement. However, it does not say anything about people who give in to carnal desires and live promiscuously—whether gay or straight.

Pope Francis does hint at this though. He says that the tendency to homosexuality is "not the problem," which is to imply that there is a problem. There may not be an official "gay lobby" in the Holy See, but there is definitely a gay lobby in secular political life and it is viciously opposed to the Catholic Church. People who campaign for same-sex marriage or who objectify the human body do not have goodwill for the Church. We do not need to judge them because their actions speak for themselves.

The need is to work with the change we have in order to start nearing the change we want. Social change is inevitably a journey that navigates

degrees of imperfection, descending down hierarchies of discrimination, often in a non-linear way. Gradually, things get less worse in more and more ways. The desire to see change that mirrors one's own beliefs results in social campaigns that plug all the 'correct' messages without referring to or connecting with the reality on the ground.

The US Supreme Court vote gives the LGBT community a genuine reason to rejoice and feel that they have a place at the top. Hence, their protecting the US Supreme Court is vital. Therefore, you have seen the LGBT community defending the US Supreme Court silence on various issues and vigorously attacking anyone questioning the US Supreme Court on their decision to legalize same sex marriage throughout the US. Objectivity is lost when the person or institution they are trying to protect and worship is seen as an idealization of their own kind.

Now is the time to embrace all those awkward moments and uncomfortable situations in your life! There is undoubtedly more to the LGBT movement than why or how they got a favorable vote from the US Supreme Court but political parties, organizations, institutions and MNC's backing to their cause remains to the core. Therefore it is incumbent upon the political parties, organizations, institutions and MNC's companies to set their standards through connecting with reality and not to their cause. Only then can there be the realization if support for the rainbow color tool still stays irrespective of the compassion or wisdom or disruptiveness and there is a good possibility of bridging the so-called discrimination towards them.

We live in a world in which magic happens every day. Planes fly. Space-ships orbit the Earth. Physicians routinely cure patients of diseases that were hopeless until a few years ago. I don't want to be one of those people who take blessings for granted. I hope you feel the same way, so I'll end this article early and give you a moment to yourself...

# Expert reasons for and against - changing surname after marriage

Getting married means changing your last name to match your husband's. Or does it? Our experts outline five reasons why you should -- or shouldn't -- change your surname after marriage.

**R**egardless of wealth, status or age, all brides struggle with the name change dilemma. Should you keep your maiden name or switch to your husband's surname? Three experts lead us through the arguments for and against changing your last name.

## Reasons to keep your maiden name

### A name change could harm you professionally:

Much of today's business is conducted over the phone, through email and on the Internet. As a result, your name is often better known than your face. Swapping surnames can spark confusion for clients, coworkers and future employers.

Definitely keep your maiden name if you've got a good workplace reputation. You don't want your new married surname to erase your hard-earned reputation and make people think that you've left your field or the company.

### You don't like his surname

If you don't like it, you might prefer your own name. And if the combination of your given name and his surname is a tongue twister or turns you into a joke, you might also want to stick with what you have.

### Paperwork gives you a headache.

Changing a surname involves a time-consuming maze of paperwork. You'll have to change your passport, Social Insurance Number card, driver's



### Alternatives to taking spouse's last name

- \* Keep your last name
- \* Hyphenate your last names but keep your as your middle name
- \* Make a new last name together.

licence, vehicle registration, bank accounts, credit cards and your mortgage or lease. If it sounds like too much to handle, keep your name and skip the paperwork.

### You're proud of your identity

Being branded since birth with a certain name, it's not surprising that you might be hesitant to let it go. Your name is part of who you are. If you're proud of your family's heritage, you might want to hang on to the name and all it represents culturally and personally. It's not a knock against your husband or in-laws; you're just devoted to your history.

## Reasons to take his surname

### You hate your maiden name.

Do you have a surname that doesn't gel with your first name? Getting married is the perfect opportunity to ditch a last name that doesn't suit you.

### If you're a traditionalist

There's something comforting about a custom that has been passed down

through the ages. If following the path of billions of women before you is important to you, accepting your husband's surname might be the right decision for you.

### You hate explaining your relationship.

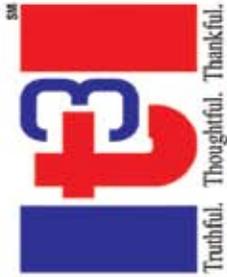
When you're married and sharing the same name, no explanations are necessary. But if you're hitched with different surnames, prepare for questions from the bank, at the airport immigration desk and even from distant relatives.

### You want the same name as your kids

If you have a different last name from your kids, it makes the situation more complicated. You'll need an explanation at school, the doctor's office and when you travel.

### You're excited about being a Mrs.

Getting married is a huge milestone for many -- just like landing that first job and buying a home. It feels grown up. Adding Mrs. to your identity is the icing on the wedding cake.



Presents



**t3 Sooryakanthi**

Near Modankap Church  
B.C. Road, Mangalore.

1 BHK  
**16.99** Lacs  
(All Inclusive)

2 BHK  
**24.99** Lacs  
(All Inclusive)

1 BHK  
**9.99** Lacs  
(All Inclusive)





**2 BHK**  
**14.99** Lacs  
(All Inclusive)

**t3 Green City**

Vamadapadav - Mangalore.

### LUXURY AMENITIES

- 24 HRS. drinking water
- 24 HRS. Hot water for Bath room through solar system
- 24 HRS. Automatic Generator for Elevator, Common Lights & Apartments
- 24 HRS. Security with Intercom system connecting apartments & Security room
- FREE Car Parking Space for All
- Free Modular Kitchen for all Apartments
- Automatic Lift with sensors
- 2x2 Luxurious Vitrified tiles flooring
- Weather coat anti fungus paint for Exteriors
- Emulsion paint with Double Coat putty for walls and ceilings.
- Flush Valves for commodes
- Hot & Cold Mixer unit in bathrooms.

CALL : V P LOBO: +91 9321292899 (MUMBAI) STANY: 9900995720 PANDURANGA : 9740824691

## T3 URBAN DEVELOPERS LTD.

Head Office : 201, Corporate Arena, Near Railway Station, Goregaon West, Mumbai - 400104.  
Mangalore : 2nd Floor, Harmain Complex, B.C.Road. Mangalore, Karnataka. Pin Code- 574219.  
Website : [www.t3urbandevelopers.com](http://www.t3urbandevelopers.com) Email : [info@t3urbandevelopers.com](mailto:info@t3urbandevelopers.com)

One of the greatest titles in the world is parent, and one of the biggest blessings in the world is to have parents to call **MOM & DAD.**

# Happy Parent's Day



strength of parents, as they see their children grow up through a series of phases and beyond. Not just a provider of material needs, parents also take on more important roles of a guide and mentor which has a salutary effect on their child's/children's attitude and behaviour. This constant flow of positive energy from the parent to the child nourishes and strengthens the family bond and sustains for a lifetime.

Parents have an imperative and indispensable role in starting a family, which brings with it a host of responsibilities and commitments.

Parents are the most important people in our lives. They bring us into this beautiful world, care for us with love and care and provide us with education so that we may grow up into responsible and level-headed human beings. Nevertheless, we often fail to notice the contributions of our parents in our upbringing and take them for granted. Parent's Day gives us the opportunity to thank our parents for everything they have done for us. If you too feel grateful for having the best parents on earth

and want to let them know your heartfelt feelings, then Parent's Day is the perfect time for you to convey your emotions. Writing a poem is a fantastic way to express your feelings to them.

I wish my parents 'A Happy Parent's Day' on this joyful occasion. May the Heavenly Father guide and protect you always. I love you mama, I love you papa.

July 26.

Parent's Day is dedicated to parents all over the world and is an occasion to show appreciation for the commitment to strengthen the family bond and to create an atmosphere of happiness, love and understanding. It is the parents' who mould their child's/children's personality according to their inherent strengths and talents and bequeath to them



BY JUBEL D'CRUZ

moral values and the spirit of living life wholly.

Parent's Day acknowledges the overpowering presence of parents in the life of children. It is a gesture of gratitude for the sacrifices, nurturing and care, emotional

Everyone of us keep dreaming of birthdays, wedding anniversaries and other special occasions. The birthday parties, graduation dinners and anniversaries are one of the special moments that we cherish and eagerly wait for. Among youngsters and children, parents also have a right to hold special occasions to cherish their children up. Just like Mother's Day, which is celebrated on the second Sunday in May, and Father's Day, which is celebrated on the second Sunday in June, Parent's Day, which is celebrated on the fourth Sunday in July is celebrated to honour both the parents --- i.e. the mother and the father. This year, Parent's Day is being celebrated on

### A Little Thank You

I don't always show it but you know that I do appreciate how much the both of you have helped me with my life, love, and career and given me all of the things that have gotten me here.

Thanks Mom, Thanks Dad

## HOLY FAMILY COLD STORAGE

John Rodrigues House, Chakala, Andheri (E), Mumbai - 400099

Located on the way to International Airport, Nr Cigarette Factory

Convenient for the Passengers carrying the stocks abroad.

Try our Fresh Pork Meat; Fresh Real Good Chicken; Cold Cuts; Ready to eat items; Goan Sausages; Goan, Mangalorean and East Indian variety of Masalas.

Note: We provide *FREE HOME DELIVERY* to our most valuable customers.

Phone : 2827 0498 Mobile: 99695 73121

## JACK OF ALL STALL

Reliable House for Religious Goods

Gloria Church Bldg.,  
263, Dr. Ambedkar Rd.,  
Byculla, Mumbai - 400027  
Tel.: 23725963, 23749358

Estd: 1951

Prop. B. D'Souza

# Why Satan Hates the Brown Scapular

by Capt. Mervin Lobo

**J**uly 16th is the feast day of Our Lady of Mount Carmel, so it is fitting to examine a mighty spiritual weapon connected with this devotion to the Blessed Mother: the Brown Scapular. There are many “promises” to the wearers of this scapular, but we must always keep in mind that the Brown Scapular is NOT a lucky “charm” that grants someone access to eternal life no matter what kind of life they live.

First of all, here is a quick history of the Brown Scapular:

Known as the Brown Scapular, this is the best known, most celebrated, and most widespread of the small scapulars. It is spoken of as “the Scapular”, and the “feast of the Scapular” is that of Our Lady of Mount Carmel on 16 July. It is probably the oldest scapular and served as the prototype of the others. According to a pious tradition the Blessed Virgin appeared to St. Simon Stock at Cambridge, England, on Sunday, 16 July, 1251. In answer to his appeal for help for his oppressed order, she appeared to him with a scapular in her hand and said: “Take, beloved son this scapular of thy order as a badge of my confraternity and for thee and all Carmelites a special sign of grace; whoever dies in this garment, will not suffer everlasting fire. It is the sign of salvation, a safeguard in dangers, a pledge of peace and of the covenant“....And, even though there is here no direct reference to the members of the scapular confraternity, indirectly the promise is extended to all who from devotion to the Mother of God should wear her habit or badge, like true Christians, until death, and be thus as it were affiliated to the Carmelite Order. (Catholic Encyclopedia, emphasis added)

Our Lady grants to the wearers of this scapular particular “privileges:”

For this privilege declares nothing else than that all those who out of true veneration and love for the Blessed Virgin constantly wear the scapular in a spirit of fidelity and confiding faith, after they have been placed by the Church itself with this habit or badge under the special protection of the Mother of God, shall enjoy this special protection in the matter and crisis which most concerns them for time and eternity. Whoever, therefore, even though he be now a sinner, wears the badge of the Mother of God throughout life as her faithful servant, not presumptuously relying on the scapular as on a miraculous amulet, but trustfully confiding in the power and goodness of Mary, may securely hope that Mary will through her powerful and motherly intercession procure for him all the necessary graces for true conversion and for perseverance in good. Such is the meaning and importance of the first privilege of the Carmelite Scapular, which is wont to be expressed in the words: “whoever wears the scapular until death, will be preserved from hell”.

The “Sabbatine” Privilege (Sisters of Carmel)

The Blessed Virgin of Mount Carmel has promised to save those who wear the scapular from the fires of hell; She will also shorten their stay in purgatory if they should pass from this world still owing some debt of punishment.

This promise is found in a Bull of Pope John XXII. The Blessed Virgin appeared to him and, speaking of those who wear the Brown Scapular, said, “I, the Mother of Grace, shall descend on the Saturday after their death and whomsoever I shall find in purgatory I shall free so that I may lead them to the holy mountain of life everlasting.”

The Blessed Virgin assigned certain conditions which must be fulfilled:



Wear the Brown Scapular continuously.

Observe chastity according to one’s state in life (married/single).

Recite daily the Little Office of the Blessed Virgin OR Observe the fasts of the Church together with abstaining from meat on Wednesdays and Saturdays OR With permission of a priest, say five decades of Our Lady’s Most Holy Rosary OR With permission of a priest, substitute some other good work.

*(To be contd...)*

## BORIVALI - I.C. COLONY

**1 RK - 355 sq. ft. (60 Lakhs)**

**1-BHK - 550 sq.ft. (80 LAC)  
with car park**

**2-BHK - 1050 sq.ft. (1.20 CR)  
New Building**

**3-BHK - 1500 sq. ft. (1.90 CR)**

## MALAD - ORLEM

**1BHK - 697 sq. ft. - 62,75,000  
(Under Construction)**

**2-BHK - 923 sq.ft. 83,00,000/- (U/C)**

**2-BHK - 1200 sq.ft. 1,14,00,000/-  
(U/C)**

**3 BHK - 1600 sq. ft. - 1,60,00,000  
(Under Construction)**

**VINOD GUPTA**

**9820045619**

# Differences Between Employees and Entrepreneurs

**E**ver wondered what it takes to make the leap from employee to entrepreneur? It takes some key shifts in mindset, habits, and comfort levels—resulting in some key differences between the types of people who thrive as employees and succeed as entrepreneurs. Some people generalize employees as followers, and entrepreneurs as leaders. Yet there are entrepreneurial employees, and there are entrepreneurs who know when it's time to follow someone else's lead. The difference between these two types of people isn't always clearly defined.

So, what are some key differences between employees and entrepreneurs?

**1. Employees seek direction while entrepreneurs create a path.**

(Employees tend to seek help when a problem arises at work. Entrepreneurs create the solutions that keep the organization moving forward.)

**2. Employees do while entrepreneurs listen.**

(It's the employees who get most of the work done in any organization. The entrepreneur at the helm has to listen to their needs and ensure they maintain a productive and positive work environment for staff.)

**3. Employees take fewer risks while entrepreneurs live for them.**

(While doing things the safest way can actually be good for an organization, it takes a risk-tolerant entrepreneur to believe in and build the organization in the first place.)

**4. Employees are often specialists while entrepreneurs are generalists.**

(Entrepreneurs need to know a little bit about a lot of things, in part so they can empower the specialist employees who work for them.)

**5. Employees get paid for their role while entrepreneurs get paid for results.**

(Entrepreneurs compensation is tied directly to performance and profit.)

**6. Employees love holidays because they get the day off while entrepreneurs do because they can work all day with few interruptions.**

(Entrepreneurs rejoice when holidays come because they can be productive all day without being disrupted or distracted.)

**7. Employees appreciate steady employment while entrepreneurs are comfortable without job security.**

(Entrepreneurs sacrifice employment in order to build the company.)

**8. Employees follow rules while entrepreneurs break them.**

(It's a strange paradox, but to create a successful business an entrepreneur has to disrupt something, break a rule, or change the game.)

**9. Employees are responsible for some decisions while entrepreneurs are responsible for them all.**

(Whether positive or negative, the entrepreneur is ultimately burdened with the impact of decision-making at all levels of the organization.)

**10. Employees execute tasks while entrepreneurs plan.**

(An employee can take work day by day, whereas an entrepreneur has to consider how well the tasks are being performed relative to the long-term plan for the business.)

**11. Employees like structure while entrepreneurs like infrastructure.**

(While employees generally prefer to have a defined range of responsibility,



entrepreneurs consider how each person's role contributes to the business—and its growth—as a whole.)

**12. Employees work to a schedule while entrepreneurs create their own.**

(If they don't develop strong time management skills, entrepreneurs can burn themselves out working too many hours each week.)

**13. Employees are always working while entrepreneurs are always selling.**

(Entrepreneurs have to sell investors on their ideas, clients on the value of their products, staff on the benefits of working there, and even their families on why they're running a business.)

**14. Employees can enjoy more social interaction while entrepreneurs often work in a silo.**

(Entrepreneurship can get lonely, especially at the beginning. It helps to have a mentor or other group to bounce ideas off at the early stages of starting a business.)

**15. Employees dislike failure while entrepreneurs embrace it.**

(Failure means learning, and entrepreneurs know that failure is more likely than success—and failure can lead to success.)

# 10 Incredible Benefits of Bananas for Your Health and Beauty

**Y**ou might snack on bananas for breakfast or on your way to a meeting because you know that they're good for you. But bananas have loads more to offer you than just lowering your blood pressure and keeping your energy intact. Here are surprising things bananas can do for you.

## 1. They tenderize your meat dish.

Some tropical countries use banana leaves to wrap meat when it's cooking so that it turns out nice and soft. But you can also use the actual banana during this process. Is your banana not ripe yet? No worries! You can still cook it with your meat. Not only is this a great way to make use of those green bananas in your fruit rack, but they're also a great source of vitamins and fiber.

## 2. They give you gorgeous hair.

If you want to skip the chemicals that are found in store-bought hair products, make a banana hair mask. Bananas are great for your hair because they're packed with nutrients that your hair needs to be healthy, such as B-vitamins and folate. When you add other hair-nourishing foods to them, you amplify the smoothing results. All you need for this recipe is a banana, whole milk and honey. After blending the ingredients, sit with it on your hair for about 20 minutes. The bonus? You can totally drink the rest of the mixture.

## 3. They make you glow.

Bananas are an easy way to make your face glow. Just mash one and apply it to your face. Sit with it for 15 minutes then wash it off with cool water. Bananas are natural skin lighteners because they've got Vitamin A that erases discoloration and Vitamin

E that provides protection against free radicals. Use bananas all over if you want to get rid of any discoloration before a special event like your wedding so that your gorgeous bridal jewelry will look even more radiant on you.

## 4. They provide you with probiotics.

Probiotics are essential to consume because they balance the bacteria in your gut, which prevents the overgrowth of unhealthy bacteria that leads to inflammation all over the body. Bananas are a natural source of probiotics because they contain fructooligosaccharides (FOS) that encourage healthy bacteria to flourish.

## 5. They zap anxiety.

Bananas are rich in potassium, which isn't only good for lowering your blood pressure. This nutrient also helps to decrease stress levels and boost your mental performance. This is because it regulates stress hormones such as cortisol in the body. Now that's a good reason to snack on a banana before your stressful work conference.

## 6. They boost your weight loss.

Bananas can help you lose weight because they're a great substitute for high-calorie snacks. Since they're sweet, bananas will satisfy your sugar cravings without the calories. One medium-sized banana only contains 105 calories. Added to this, bananas also rev up your metabolic rate because they contain chromium, a mineral that helps your body burn more calories.

## 7. They make you work out harder.

You might not realize that your body needs Vitamin C to ensure a more powerful gym session. This is because it makes your muscles, ligaments, and tendons stronger. Bananas are high in Vitamin C. Along with how bananas boost your energy, this makes them a



great pre-workout snack.

## 8. They nourish your feet.

If you have cracked heels, banana can help to smooth your skin because it has moisturizing properties. Mash up the pulp of one banana and apply it to your dry feet. Sit with it for a while so that you give it a chance to be absorbed into your skin. Now you can wear those summer sandals with pride.

## 9. They deliver you to dream-land.

Forget counting sheep when you can't get to sleep—eat bananas! They're a good source of tryptophan, an amino acid that contributes to the production of serotonin in the brain. This hormone is a natural sedative, while it also busts a bad mood. Bite into a banana about an hour or so before bedtime so that your body can digest it and allow tryptophan to score you some Zzzzs.

## 10. They send migraines away.

The terrible pain of headaches and migraines can turn your day sour, but bananas are a food that can fight and prevent them. The reason for this is that they're a good source of magnesium. The next time you feel a headache coming on, reach for a nutrient-packed banana.

Buy more bananas during your next trip to the grocery store and make use of all these interesting ways that they can heal you.

# India to amend law to expedite Christian divorces

New Delhi: India's government is to amend a divorce provision applicable to Christians in order to bring uniformity in divorce laws across religions.

The Ministry of Law and Justice is to change what is seen as a discriminatory section of the 2001 Divorce Act, government lawyers told the Supreme Court on July 14.

The act, applicable to Christians, requires couples to be separated for two years before applying for a divorce.

The period of separation required under divorce legislation for other religions is only one year.

"The law was discriminative. And we are happy that discrimination based on religion is now ending," said Supreme Court lawyer, Jose Abraham, who heads the Indian bishops' Commission of Law and Public Interest Litigations.

The move comes amid a Supreme Court hearing in which a Christian man, Albert Anthony, is trying to overturn a lower court denying him a divorce because of the existing provision.

Anthony's plea "was for equal treatment for all Indian citizens," his lawyer Rajeev Sharma told ucnanews.com on July 14.

Several High Courts have already noted the discriminatory nature of the provision, he added.

The law is a "way to discourage and

delay" divorces among Christians, according to family law expert George K Jose, who teaches law in Bangalore's Christ University.

The 2001 law amended the Indian Divorce Act of 1869, which the British created for Indian Christians. Under the old law, couples could divorce only if adultery or a change of religion by one party was proved," Jose said adding that the 2001 amendment made divorce easier for Christians.

"However two years separation was added as a concession to some Christian groups who were against divorce," Jose explained.

Abraham said the Catholic Church — although opposed to divorce — is happy about the move to try to bring parity between all Indians.

"It should be seen as a progressive move to make uniform codes to govern all Indians," he said.

Separate laws govern marriage, inheritance and divorce among India's Christians, Muslims, Hindus and those who marry outside religion.

For decades Hindu groups have been demanding civil laws be uniform for all Indians, a move opposed by Muslims who form about 15 percent of India's 1.2 billion people.

Abraham said the Church has not made any stand on this demand but will study the issues in details.

Source: UCAN

## FERNANDES PROPERTY SOLUTION

DAHISAR

@ 9700 PER. SQ. FT.

MIRA ROAD

@ 6500 PER. SQ. FT.

VASAI

@ 5000 PER SQ. FT.

Contact :

022 28123473 /

9920258471 /

9322632712.

### Unfailing Prayer to St. Anthony



O holy St. Anthony, gentlest of Saints, your love for God and Charity for his creatures, made you worthy, when on earth, to possess miraculous

powers. Miracles waited on your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore of you to obtain for me (request). The answer to my prayer may require a miracle, even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours.

—Mrs M. S. Fernandes

### Helen's Bridal Gallery

- ▲ Bridal Gowns Tailored to perfection
- ▲ Bridal Gowns available on hire
- ▲ Bridesmaid & Flower Girl Dresses
- ▲ Western Formals & Evening Wear
- ▲ Bridal Make-up & Bridal Accessories
- ▲ Flower Packages & Table Pieces

ASK FOR SPECIAL BRIDAL PAKAGES

9821309931 | 9820309319

Readymade Wedding Gowns, Christening Sets, First Holy Communion Dresses & All other Wedding Accessories and Thermocole Decoration, also Available at

### White Rose

Sharaf Manzil, 1st Floor, 650, J.S.S. Rd, 2nd Dhobitalao Lane, Mumbai 400002

Tel.: 2207 4223

Emails: davidprinters@gmail.com / www.davidcompany.com

# Inspiration!

## Impact of technology on well-being

Here a few typical unhealthy behavior patterns that people get accustomed to despite knowing that these are not good for their health and wellbeing.

### Couch Potatoes

Couch potatoes are known for watching TV for atleast 3 hours daily, which is sheer waste of time as well as unhealthy particularly for the youth. If you watch 2 movies back to back on a one-off basis its fine, but doing this regularly is disastrous.

**Couch Potato – Impact:** Poor eyesight, partial deafness, lack of sleep, headache, relationship issues, misunderstanding, suspicion or insecure feelings, etc.

### Video Game Jockeys

This trend started in 90's when people started using video recorders or players (VCR, VCP) and video games. You could buy the game console and play on TV. However, today this has given way to computer games, joy stick, play station, etc. Though the gaming technologies are changing, the addiction to video games still remains among kids and young adults in particular.

The major drawback is the idea of playing computer games instead of sports such as cricket, running, table tennis, etc. This does not give the kind of physical workout, team spirit and articulation skills that athletics or sports provide.

Many kids also use PC games as an escape from studies or work given to them, and invariably this attitude also makes them irresponsible professionals later on as they find ways to escape than take responsibility for their actions.

**Video Game Jockeys – Impact:** Poor eyesight, hypertension, giddiness, ir-

responsible behavior, lack of responsibility, no physical activity, lack of social skills, etc.

### Laptop Lovers

These are people who stick to their laptops as if it were their better half. I like to call them 'Laptop Lovers' in a jovial way. Typically these guys have a laptop with them almost all the time, except in the bathroom or toilet or a few occasions.

Believe it or not there are people who use a laptop on their bed too. Just like couch potatoes they have one bed, on which is like a favorite pad for sitting, working, eating, drinking, sleeping, etc. They are too lazy to sit up and work, and don't want to work in one place, sleep in one place, etc.... so they think they are smart.....but buffaloes and pigs do that too.

The biggest danger is people sleeping along-side their laptop on their bed or mattress. A recent news showed how a laptop alongside the bed resulted in a fire accident as the mattress, bed, etc. got burnt. I'd personally advise readers to stop this habit for your own good.

A more vulnerable situation was an example where a person sleeps with his laptop on his chest or stomach. No wonder these people are risking themselves. This is more dangerous than the previous example as you are hurting your body directly.

**Laptop Lovers – Impact:** Laziness, poor eye sight, back pain, neck pain, giddiness, accidents (fire, burns, etc.), harm to body parts (close to the system), electric shocks, etc.

### Smart Phone Jacks

These are the relatively newer breed of geeks, who seem to be glued to their smartphones all the time. There's no

doubt that losing a phone for them is as critical as losing a friend or a partner. They are a hybrid variety because they have a good mixture of the worst habits of couch potatoes, laptop lovers and gaming geeks all put together.

A typical iphone maniac (or fan) crossing a busy highway would be more interested to check a message or status update or a new app, rather than watching vehicles before crossing. These people have the potential of meeting traumatic accidents, which can be avoided by being more responsible and cautious.

The other most irritating behavior is the habit of giving a minute by minute update like a TV news reporter including trivial things such as 'where they had coffee', 'how the place was crowded', etc. They not only update via SMS but also through chat, FB updates as well as email.

The habit of updating also ruins relationships. For instance if a person tries to check the whereabouts of his/her spouse it creates mistrust and a feeling of insecurity for no good reason. This issues is also becoming common among people who have entered in to relationships. The other common practice is to propose to someone or break-up with someone via text messages, which sadly devalues human relationships.

**Smart Phone Jacks – Impact:** Over anxiety, boredom, eyesight, lack of personal touch, accidents, irritation to others, relationship issues, insecurity, suspicion, etc.

### Conclusion – The Solution to Technology and Unhealthy Lifestyle

Now that we know the effects of the above habits, the best way to a healthy and balanced lifestyle is to give up our unhealthy practices. Lets admit most of us including me have a tendency to be either a couch potato, video game jockey, laptop lover, smart jack or some type of maniac.

# Grooms



# MATRIMONIALS

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 32 years, Ht. 5' 7", Wt. 65 kgs, Fair Complexion, Handsome, Edn. B.Com., working as an Asst. Retail Manager in Cruise Lines. Contact email : denzil.l.pinto@yahoo.co.in OR 9167613412 (Regd. No. 6376)

**MUMBAI** : Tamilian RC Bachelor, aged 27 years, Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn.B.Com., LLB., Advocate by profession. Seeks a educated, working girl from good family background. Contact email: robint9@gmail.com OR 9869020707 (Regd. No. 6372)

**MUMBAI** : Goan RC Bachelor, aged 29 years, Ht. 5' 11", Wt. 85 kgs, Wheatish Complexion, Edn. MCS, working for IT Company. Seeks a suitable match. Contact email : marconacruz58@gmail.com OR 9930630927 (Regd. No. 6373)

**MUMBAI** : East Indian RC Bachelor, aged 40 years, Ht.5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.A., working as a Manager. Contact email : cardoz.clint@gmail.com OR 9833563182 (Regd. No. 6250)

**MUMBAI** : Mangalorean RC Bachelor, aged 35 years, Ht. 5' 10", Wt. 71 kgs, Wheatish Complexion, Edn. B.Sc., Diploma in HRM, working as an Executive Asst., Secretary in MNC. Contact email : loveforlife2305@gmail.com OR 9869136747 (Regd. No. 6319)

**MUMBAI** : Mangalorean RC Bachelor, aged 31 years, Ht. 5' 11", Wt. 78 kgs, Fair Complexion, Edn. SSC, working on Cruz Ship. in Europe. Contact email : francis.dsouza@gmail.com OR 9769259694 / 9892873474 (Regd. No. 6264)

**MUMBAI** : Tamilian RC Bachelor, aged 41 years, Ht. 5' 10", Wt. 70 kgs, Tan Complexion, Edn. B.Com., working as an Executive in Abroad. Currently in Mumbai contact immediately. Contact email : margaretdass26@yahoo.com OR 9167001399 (Regd. No. 6254)

**MUMBAI** : Protestant Christian Bachelor, aged 49 years, looks much

younger to his age, Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. DMLT., working as a Section Technical Coordinator. Contact email : shashibsd\_d@yahoo.co.in OR 9869117823 (Regd. No. 6253)

**MUMBAI** : Mangalorean RC Widower, aged 53 years, Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. HSC, having business and accommodation. Contact email : albertlobo19@gmail.com OR 9820695110 (Regd. No. 6251)

**MUMBAI** : East Indian / Goan RC Bachelor, aged 37 years, Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.Com., LL.B., & French Courses, working as Lawyer in a Law Firm in Fountain. Attending the High Court and City Civil. Seeks a presentable and sincere match. Contact email : lawfullyyours@hotmail.com / delaney\_s@hotmail.com / sybil\_sylvester@yahoo.com OR 8108648725 (Regd. No. 6260)

**MUMBAI** : Goan Roman Catholic Bachelor, aged 30 yrs, wheatish complexion, ht 5'9", wt. 68 kgs, sober habits, Edn. B.E. (Mech), MBA, Employed with an MNC, seeks alliance from R.C spinsters with pleasant personality and strong moral values. Contact: matriadvert8@gmail.com/9869480235. (Regd. No. 6163)

**BANGALORE** : Roman Catholic Bachelor, aged 30 years, Ht. 5' 5", Wt. 78 kgs, Wheatish Complexion, Edn. B.Tech., MBA, PGDM., working as a IT Sofwere - Business Analyst. Seeks a suitable match. Contact email : osbon\_prusty@yahoo.co.in OR 8123090908. (Regd. No. 6158)

**MUMBAI** : Mangalorean RC 1st marriage annuled by the church, aged 37 years, Ht. 5.' 7", Wt. 80 kgs, Fair Complexion, Edn. HSC., Diploma in Hotel and Restaurants Management,

Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

Working in Front office Department, well settled. Seeks a simple, humble, godfearing girl. Contact email : menezes\_kenneth@rediffmail.com OR 9619089645 (Regd. No. 6154)

**MUMBAI** : Tamilian Roman Catholic bachelor, aged 32 years, Ht. 165 cms, Wt. 67 kgs, Wheatish Complexion, Edn.B.E. (Civil), working as a Structural Engineer (Associate). Contact email : winall2891@gmail.com OR 9920045798 / 9167710057 (Regd. No. 6222)

**MUMBAI** : Goan Roman Catholic Bachelor, aged 35 years, Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. MBA Graduate, working as a Manager. Contact email : benson\_fernandes@yahoo.co.in OR 9819633378 (Regd. No. 6221)

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 29 years, Ht. 5' 8", Wt. 82 kgs, Wheatish Complexion, Edn. H.S.C. + P.G. Diploma, working on Cruise Ship. Contact email : stanlybobn@yahoo.com OR 9869332407 / 22836151. (Regd. No. 6220)

**AMBERNATH** : RC Bachelor 18<sup>th</sup> June 1983 Born, Educational Three and Half years Diploma in Hotel Management and Catering Technology, Height 5'8" smart Charming with own accommodation. Working in Hotel Industry As Asst. Manager in Mumbai Father Govt. Pensioner, Mother I.C Nurse in Govt. Hospital Seeks Alliance from Catholic Spinster **Contact: Mrs. Severine Dias Ambernath : 9960582206 (Regd. No. 6218)**

Address your replies to :

Regd. No.  
ROYAL CHRISTIAN FAMILY,  
99, Perin Nariman Street, 1<sup>st</sup>  
Floor, Fort, Mumbai - 400 001.

To Place Your Matrimonial Advertisement Call:  
2269 3578 OR 2265 4924



# MATRIMONIALS

**PUNE** : Maharashtrian RC Spinster, aged 29 years, Ht. 5' 1", Wheatish Complexion, Edn. BHSC, B.Ed., Post graduate, Teacher by profession. Contact email : cyrilmntode@gmail.com OR 9850978699. **(Regd. No. 6374)**

**MIRAJ** : Roman Catholic Spinster, aged 32 years, Ht. 5'4", Wt. 57 kgs, Wheatish Complexion, Edn. M.A., B.Ed., Fashion Designer / Teacher. Contact email : histellain@yahoo.com OR 08421515747 **(Regd. No. 6348)**

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 29 years, Ht. 4' 8", Wt. 52 kgs, Wheatish Complexion, Edn. B.A., working for Banking organisation. Contact email : fabian\_sequeira@yahoo.com OR 9892717501 **(Regd. No. 6361)**

**MUMBAI** : Tamilian Roman Catholic Spinster, aged 25 years, Ht. 5' 2", Wt. 49 kgs, Fair Complexion, Edn. B.M.S., LL.B., working as an Associate Lawyer. Only Child. Seeks a educated and well settled bachelor. Contact email : leonmichelle.90@gmail.com OR 9870896161 **(Regd. No. 6360)**

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 23 years, Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn. M.Sc., in Chemistry, working as a Jr. Chemist. Contact : 9969008104 **(Regd. No. 6356)**

**MUMBAI** : Tamilian Roman Catholic Spinster, aged 26 years, Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. BHMS/BAMS, Homoeopathic Doctor. Contact email : shanin2304@gmail.com OR 98200 55319 **(Regd. No. 6355)**

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 24 years, Ht. 5' 2", Wt. 56 kgs, Wheatish Complexion, Edn. B.A., working in Family

**Royal Christian Family  
Helps In Choosing  
The Right Life-Partner  
Serving Since 34 Years**

business. Well settled. Seeks a suitable match. Contact email : grehans.gretel@gmail.com OR 9819727898 / 9869251674 **(Regd. No.6339)**

**MUMBAI** : Roman Catholic Spinster, 29 years, Ht. 5', Wt. 47 kgs, Wheatish Complexion, Edn. F.Y. B.A., working for HR Firm. Contact email : janeqothery@gmail.com OR 9867447645 **(Regd. No. 6335)**

**MUMBAI** : Tamilian Roman Catholic Spinster, 26 years, Ht. 5' 2", Wt. 45 kgs, Wheatish Complexion, Edn. MBA (Marketing), working for Pvt. Ltd. Company. Contact email : joseph.catherine17@gmail.com OR 9869024018 **(Regd. No. 6332)**

**MUMBAI** : Goan Roman Catholic Spinster, 26 years, Ht. 5' 11", Wt. 60 kgs, Wheatish Complexion, Edn. MBBS, Doctor by profession. Contact email : crickslick@gmail.com OR 9892629974 **(Regd. No. 6331)**

**MUMBAI** : Goan Roman Catholic Spinster, 30 years, Ht. 5' 1", Wt. 56 kgs, Wheatish Complexion, Edn. B.Com., MBA (Finance) working as an Asst. Manager in Bank. Seeks a suitable match. Contact Email : oldgoa2012@gmail.com OR 9869765169 **(Regd. No. 6330)**

**MUMBAI** : Goan Roman Catholic Spinster, aged 32 years, Ht. 5' 2", Wt. 60 kgs, Fair Complexion, Edn. B.Com., Teacher by profession. Contact email : nel2012@rediffmail.com OR 9870332639 **(Regd. No. 6329)**

**NASIK** : Mangalorean Roman Catholic Spinster, aged 26 years, Ht. 5' 2", Wt. 50kgs, Wheatish Complexion, good looking and decent, Edn. B. Com., P.G. Diploma, studied in Mumbai, working as a Co-ordinator. Contact email : ruby.rego@gmail.com OR 9168165005 **(Regd. No. 6326)**

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 28 years, Ht. 163 cms, Wt. 62kgs, Fair Complexion, Edn. M.D. (Oprholmogoly) Doctor by profession. Seeks a Mangalorean bachelor from Mumbai or Mangalore belwo 32 years, preferably Medical profession. Contact

email : rufa0107@gmail.com OR 9969642490 **(Regd. No. 6325)**

**MUMBAI** : Goan Roman Catholic Spinster, aged 31 years, Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. B.Com., working as a Team Leader. Well settled. Contact email : goldielocks.2183@gmail.com OR 9820861212 / 66995774 **(Regd. No. 6157)**

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5', Wt. 46 kgs, Wheatish Complexion, smart, Edn. LLB., Lawyer by profession. Seeks a educated, well settled bachelor from decent family background. Contact email : asm2983@gmail.com / vid\_suaris@yahoo.co.in OR 9820838128 **(Regd. No. 6156)**

**MUMBAI** : Goan Roman Catholic Spinster, aged 38 years, Ht. 5' 2", Wt. 44 kgs, Wheatish Complexion, Edn. B.A., working as a Manager in Bank. Seeks a suitablematch. Contact email : musikin@yahoo.com OR 9820023114 **(Regd. No. 6165)**

**MUMBAI** : Goan Roman Catholic Spinster, aged 29 years, Ht. 5' 5", Wt. 58kgs, Wheatish Complexion, Edn. B.com., MBA, Diploma, working as a Manager - HR. Contact email : diaana\_5@yahoo.co.in OR 9967189785 / 9967064555 **(Regd. No. 6324)**

**MUMBAI** : Karnataka Methodist Protestant Spinster, aged 28 years, Ht. 4' 8", Wt. 55 kgs, Wheatish Complexion, Edn. B.Tech, working as a Deputy Manager in HDFC - IT Industries. Contact email : gmshilesh@gmail.com OR 9765361362. **(Regd. No. 6312)**

Address your replies to :

**Regd. No.**  
ROYAL CHRISTIAN FAMILY,  
99, Perin Nariman Street, 1<sup>st</sup>  
Floor, Fort, Mumbai - 400 001.

**Please renew your membership  
at lease a month in advance be-  
fore its expiration date.**



**MUMBAI** : RC Mangalorean Spinster, 27/5'2", Wt. 54 kgs, wheatish, B.Com., C.S., L.L.B., working as a teaching faculty for Law. invite alliance from well qualified and well settled bachelor with good family values upto 30 years Kindly reply with details and full length photograph to r.dsouza.co@gmail.com OR 9323925995 / 9699788876 **(Regd. No. 6350)**

**MUMBAI** : Goan RC Spinster, aged 28 years, Ht. 5', Wt. 50 kgs, Wheatish Complexion, Edn. HSC (Beautician Course), Beautician by profession. Contact email : manuel.moreira555@gmail.com OR 9967217676 **(Regd. No. 6323)**

**MUMBAI** : Mangalorean RC Spinster, 32 years, Ht. 5' 1", Wt. 55 kgs, Wheatish Complexion, Edn. B.Com., MBA (Finance) working as an Asst. Manager. Seeks a suitable match. Contact Email : florineb81@gmail.com OR 9820233988 **(Regd. No. 6098)**

**MUMBAI** : Goan RC Spinster, 31 years, Ht. 5' 7", Wt. 56 kgs, Fair Complexion, Edn. MBA (Finance) working as a Payroll Administrator. Seeks a suitable match. Contact Email: audzzehotmail.com / maggie\_magguehotmail.com OR 9869771255 **(Regd. No. 6097)**

**NEW DELHI** : Goan RC Spinster, aged 28 years, Ht. 5' 3", Wheatish Complexion, Edn. B.A., working as a Travel Executive. Seeks a suitable match. Contact email : elaine.j.gomes@gmail.com OR 9818729963 **(Regd. No. 6143)**

**MUMBAI** : Anglo Indian RC Spinster, aged 28 years, Ht. 5' 3", Wt. 68 kgs, wheatish Complexion, Edn. T.Y.B.A., working for CSR, Seeks a well settled, sober habits, presentable, understanding nature, Contact email : foreverbeck@yahoo.com OR 9049766964 **(Regd. No. 6142)**

**MUMBAI** : Goan RC Spinster, aged 36 years, Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.Sc. (Chemistry) working as an Executive. Contact email : piress90@yahoo.com OR

9867736474 **(Regd. No. 6320)**

**MUMBAI** : Maharashtrian Portestant Spinster, aged 29 years, Ht. 5' 2", Wt. 56 kgs, Fair Complexion, Good looking, Edn. B.A., LLB., CS, Legal Advisor by profession. Seeks a suitable match. Contact email : dilipphansalkar@gmail.com OR 9820434141 / 9930056602. **(Regd. No. 6155)**

**MUMBAI** : Goan RC Spinster, aged 34 years, Ht. 5' 5", Wt. 69 kgs, Fair and good looking, Edn. B.A., well settled, seeks a qualified, sober, well settled bachelor from good family background. Contact email : feelingblessed2015@gmail.com **(Regd. No. 6317)**

**MUMBAI** : Goan RC Spinster, aged 31 years, Ht. 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. BMS., Working as Insurance Associate. Contact email : ladsouza2013@gmail.com OR 8655220756 **(Regd. No. 6149)**

**MUMBAI** : Tamilian Protestant Spinster, aged 28 years, Ht. 5' 1", Wt. 48 kgs, Wheatish Complexion, Edn. Post Graduate, working as a Manager in Bank. Contact email : ratnam.rachel@gmail.com OR 9833425894 / 9869308405 **(Regd. No. 6315)**

**U.K.** : Holding a British Citizenship Maharashtrian Protestant Spinster, aged 35 years, fair and beautiful, Ht. 5' 4", Wt. 64 kgs, working for Bank in London. Seeks a well settled and educated bachelor from U.K. or Bombay. Contact email : shrupm@gmail.com OR 9819813730 **(Regd. No. 6309)**

**MUMBAI** : Goan RC Spinster, aged 31 years, Ht. 5' 2", Slim, Fair, Edn. B.Com., working as a Operation Analyst in Financial Organisation. Seeks a suitable match. Contact email : tracymails@yahoo.com OR 9920243080 **(Regd. No. 6122)**

**MUMBAI** : Goan RC Spinster, aged 25 years, Ht. 5', Wt. 50 kgs, Fair Complexion, Edn. B.Com., B.Ed., Teacher by profession. Contact email: ritinad-souza@gmail.com / arlophvieira@gmail.com OR 9820448715. **(Regd. No. 6119)**

**MUMBAI** : East Indian RC Spinster, aged 25 years, Ht. 5' 4", Wt. 55 kgs Fair Complexion, Beautiful, Edn. MSc (statistics), working as a Sr. Marketing Executive. Seeks a well settled, understanding bachelor below 33 years. Contact email : perkin12@gmail.com OR 9833989747 **(Regd. No. 6117)**

**MUMBAI** : Goan RC Spinster, aged 31 years. Ht. 5' 2", Wheatish Complexion, Edn. HSC, working as a Chef in Qatar. Contact email : venitadsouza1986@yahoo.co.in / jddsouza007@gmail.com OR 9892071067 **(Regd. No. 6115)**

**INDORE** : RC Spinster, aged 39 years, Ht. 5' 4", Wt. 53 kgs, Fair Complexion, Edn. M.Com., well settled. Seeks a suitable match. Contact email : seema\_francis@rediffmail.com OR 09827011122 **(Regd. No. 6114)**

**MUMBAI** : RC Divoree, 1st marriage is annuled by the church, having one grownup son, well settled, Ht. 5' 3", Wt. 60 kgs, fair complexion, pretty, aged 53 years, looks much younger to her age, Edn. SSC., Hair Styling and BeautyCare by profession. Seeks a suitable match having a good personality and good health. Contact email : psvaz23@hotmail.com OR 9821970719 **(Regd. No. 6162)**

**KOLHAPUR** : Goan RC Spinster, aged 25 years, Ht. 5' 7", Wt. 52 kgs, Wheatish Complexion, Edn. MBA (HR), MBA (System), Lecturer by profession. Seeks a well educated with good family background. Contact email : srm13\_serin@yahoo.com OR 9226088408 / 9226944426 **(Regd. No. 5991)**

**QATAR** : R.C. Spinster, age 28, Ht. 5' 6", MBA, working in Qatar for an Oil Company along with her family, seeks alliance from tall, well educated bachelors (working on ship or abroad-Engineers), having strong catholic values. Please respond to email: vanspereira25@gmail.com OR 97466756066 **(Regd. No. 5990)**

# We Create Structures to Deliver Dreams ...

## Ongoing Projects

Premium Luxury Apartments



**Inland Scion (Res)**  
Falnir Main Road, Mangaluru  
3 BHK - 1905 to 2450 Sq.ft.

Starting From ₹ 57 Lakhs\*



**Inland Evince (Res)**  
Kadri Temple Road, Mangaluru  
2BHK - 1275 Sq.ft. 3BHK - 1550 to 1620 Sq.ft.

Starting From ₹ 39 Lakhs\*



**Inland Sunlight - Moonlight (Res)**  
Kuloor - Kavour Road, Mangaluru  
2 BHK - 1025 to 1095 Sq.ft., 3 BHK - 1415 Sq.ft.

Starting From ₹ 39 Lakhs\*



**Inland Impala (Com & Res)**  
Ullal, Mangaluru  
2BHK - 1145 to 1210 Sq.ft., 3BHK - 1470 to 1530 Sq.ft

Starting From ₹ 54 Lakhs\*



**Inland Estoria (Res)**  
Bishop Victor Road, Valencia, Mangaluru  
2BHK - 1195 Sq.ft, 3BHK - 1530 to 1635 Sq.ft

Imperial Class - English Style Villas



**Inland Windsors Villas (Res)**  
Airport Road, Maryhill, Mangaluru  
4 BHK - 2993 Sq.ft



**Inland Edilon (Res)**  
Yelahanka New Town, Bengaluru  
2 BHK - 950 to 1195 Sq.ft., 2 BHK + Study - 1294 & 1314 Sq.ft  
3 BHK - 1420 to 1673 Sq.ft., 3 BHK Duplex - 2222 & 2260 Sq.ft



**Inland Mayura (Com & Res)**  
Main Road, Puttur  
Com. - 450 to 755 Sq.ft.  
2 BHK - 1170 to 1210 Sq.ft., 3 BHK - 1530 to 1595 Sq.ft.

\* Conditions Apply



## IN-LAND® INFRASTRUCTURE DEVELOPERS PVT. LTD.

"Inland Ornate", 3<sup>rd</sup> Floor, Navbharath Circle, Mangalore - 575 003.  
Phone: +91 824 - 2496110, 2492180, 2491795 Fax: +91 824 - 2496291  
E-mail: info@inlandbuilders.net Web: www.inlandbuilders.net  
Mobile : +91 98801 38019, +91 99720 14055, +91 98801 38015, +91 99720 89099

SINCE 1986

Regd. Office : "Abhilasha Arcade", # 495, 3<sup>rd</sup> Floor, CBI Road, R.T. Nagar, Bangalore - 560 032,  
Telefax : +91 80 23545277 Mobile : +91 98801 45145, +91 97403 99033

Dubai Office :

Inland General Trading LLC, 304-1, Zabeel Business Centre, Behind Karama Post Office, Karama,  
Dubai, UAE, P.O Box - 28452. Ph. : +971 4 3955659. Mobile : +971 56 3748091 E-mail : info@inlandtrading.ae



Find us on



/INLANDINFRASTRUCTURE



# You want it, You got it!

Getting a loan at CITIZENCREDIT is as easy as pie! The key to your financial needs is an arm's length away. Drop in at your nearest branch, and experience the warmth and friendship we have spread for years.

**MUMBAI:** Amboli - 26771280; Bandra (Mt. Carmel) - 26443765; Bandra (Hill Road) - 26437089; Bandra (Turner Rd) - 26430802; Borivli - 28937776; Byculla - 23719862; Chembur - 25218157; Colaba - 22047753; Dadar - 24374948; Dhobi Talao - 22610112; Four Bungalows - 2637 4415; Goral - 28452650; Goregaon - 29275801; Kalina - 26660052; Kurla - 25041370; Madh - 28889975; Mahakali - 2830 3141; Mahim - 24474480; Malad - 2862 2159; Manori - 2845 2741; Marol - 2821 5286; Mulund - 2564 1710; Sahar - 2682 9285; Santacruz - 2604 7770; Vakola - 2668 5077; Vikhroli - 25779750; Wadala - 24104551 **NAVI MUMBAI:** Vashi - 27825113

**PUNE:** FatimaNagar - (020) 26860327; Camp - (020) 26331122;

**THANE:** Bhayandar - 28170131; Mira Road - 28118323; Naigaon - (0250) 2200715; Thane - 25425447; Vasai - (0250) 3240930;

**UNION TERRITORY OF DAMAN:** Moti Daman - (0260) 2230397; Nani Daman - (0260) 2250152

**GOA:** Panaji - (0832)2432995; Porvorim - (0832)2412371; Margao - (0832)2700096; Mapusa - (0832) 2254078; Vasco-da-Gama - (0832)2501870

 **CITIZENCREDIT<sup>®</sup>**  
CO-OPERATIVE BANK LTD  
*your dreams, our wings*

[www.citizencreditbank.com](http://www.citizencreditbank.com)