



## Ryan Minithon 2015

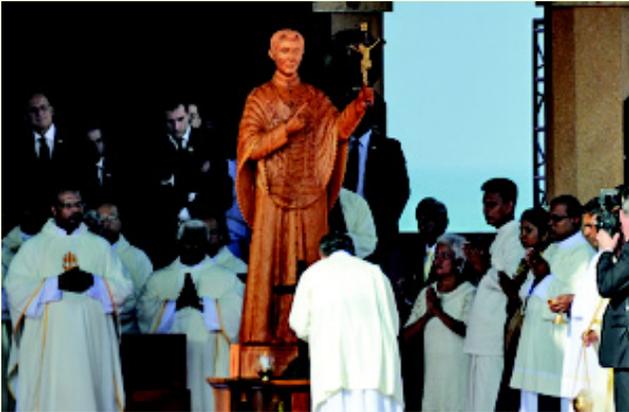
# “Awakening The Spirit Of Sports Manship”



“Ryanites strongly believe champions are not born but they are made.”

Ryan Minithon 2015 is the 119<sup>th</sup> race among the school students in the country under the aegis of Ryan group of Institutions and the leadership of Dr. A.F.Pinto

## St. Joseph Vaz



Pope Francis said Catholics, who make up about seven percent of the population of Sri Lanka, should follow the example of Vaz in building peace, justice and reconciliation in the country, which has retained deep divisions following the bloody 2009 conclusion of an almost three decades long civil war.

Vaz, who was born in the seaside town of Benaulim in southern Goa in 1651 when it was under Portuguese rule, came to Sri Lanka as a missionary priest in 1686.

He spent five years preaching in secret in the lowlands before going up into the Kingdom of Kandy in the highlands where he was arrested and accused of espionage for Portugal.

After spending a year in detention, Vaz came under the protection of Buddhist King Vimaladharmasuriya II who was convinced that the priest had no ill intentions against the kingdom.

Chairman of St. Xavier’s and Ryan International Group of Institutions – India, who has been organizing such races in Bangalore, Delhi, Chandigarh, Nagpur, Surat, Jalna, Jaipur and Navi Mumbai since 1998 to develop a sports culture in the country conducive for grooming young students for National and International sporting events. Dr. A.F. Pinto believes the minithon is a ‘Tribute to all athlete throughout India.’ Such minithons promote an interest in sports in the youth.

Around 10,135 sporty and enthusiastic students from over 41 different schools in Mumbai will participated in the Grand Ryan Minithon 2015 the held at St. Lawrence high School, Eksar Rd., Borivli (W) on 11<sup>th</sup> January, 2015. The group allotted as per the age groups. (Ronida)

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## Thought for the week

*The obstacles in our path ARE the path. Every time we stretch beyond our resistance and our fear, we make choice for life. And every time we choose life, we find that fear looses it's grip on us.*

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### E-paper Edition

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**Cover :** Let Two or More Wrongs Choose. (Article on pg.12)

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## An Open Letter To World Leaders

By 30 Global Influencers

### Dear World Leaders,

There are moments in history that become turning points. In our view, 2015 will be such a moment. It is the most important year for global decision-making since the start of the new millennium.

We believe it's just possible that we could end 2015 with a new global compact – an agreed pathway to a better, safer future for people and planet that will inspire all the citizens of the world. We can choose the path of sustainable development. Or we might not – and regret it for generations to come. Which side of history will you be on?

There are millions of voices you can't afford to ignore – the voices of the people you represent. They are voices of all ages from every corner of the planet – the voice of a young girl currently deprived an education... of a pregnant mother deprived healthcare... of young people deprived decent work... of a family from a minority group fearful of discrimination from corrupt officials... of farmers forced to migrate to cities as climate refugees... and of billions of other people. Their voices will roar ever louder against the inequality and injustice that keep people poor. They – and all who stand with them – are calling on you to come up with a grand new global contract for our one human family – and then deliver on it together. The great news is that in 2015 you have a historic chance to do just that.

Two critical United Nations summits will take place this year. The first in September, where the world must agree new goals to eradicate extreme poverty, tackle inequality and ensure a more sustainable planet. The second is the climate summit in December where we must ensure the wellbeing of people today doesn't come at the expense of our children's futures.

Together with critical discussions on financing, these opportunities are the biggest of our lifetime. We know from past efforts against AIDS, malaria, preventable diseases and saving the ozone layer that when we come together, so much can be achieved. Yet, with just months to go before these summits, few leaders are playing the leadership roles we need. We see climate progress but not yet of the scale that is needed, and a set of goals that are hugely ambitious but will be meaningless without brave financing and implementation agreements led from the very top.

If this does not change, we fear you and your fellow leaders could be sleep-walking the world towards one of the greatest failures of recent history. It's not too late to rise to the occasion. We're asking you to help lead that change.

Let's be clear: the actions we take in 2015 will decide which way the world turns for decades to come. Please take the right path.

# Preparations for Patriarch's visit begin

**Kochi** – Preparations are on for the visit of Patriarch Ignatius Aphrem II, head of the Jacobite Syrian Orthodox Church, to India beginning February 7.

The Patriarch will lead a 35-member delegation, including seven bishops, to India on his first visit. The Patriarch will be in Kerala as a State guest, and address public gatherings at Kottayam, Puthenkurusu, and Manjanikkara, said a spokesman for the committee which is making arrangements for the visit.

He said various committees had been constituted to oversee preparations for the visit. Invitations had been sent out to dignitaries to attend the Patriarch's functions, reported thehindu.com.

On his first day in Kerala, the Patriarch would attend the synod of the bishops at the Puthenkurusu Patriarchal Centre and later address mediapersons at the same venue, said the spokesman.

On the following day he would be at Manarkadu to offer mass at St. Mary's Jacobite Syrian Church.

Later in the day, he would address a public meeting at the Nehru Stadium in Kottayam.

The Patriarch would also lead the mass at the Manjanikkara church at the memorial feast of former Patriarch of Antioch and All the East St. Ignatius Elias III.

He would consecrate the new church at Malekkurusu Dayara, near Puthenkurusu, and inaugurate a new



## Ignatius Aphrem II

Moran Mor Ignatius Aphrem II is the patriarch of the Syriac Orthodox Church. He became the 123rd Syriac Orthodox Patriarch of Antioch when he was enthroned as patriarch in Damascus on May 29, 2014. Before his election to the patriarchate, he was Archbishop for the Eastern United States of America, and known as Mor Cyril Aphrem Karim in that post. In that role, he established 11 new parishes, introduced a number of new programs for the youth, and worked for inter-church unity.

Sa'id Karim was born in Qamishli, north-eastern Syria, on May 3, 1965, the youngest son of Issa and Khanema Karim. His family are Syriacs who originally came from the village Ehwo (Turkish: Güzelsu) in the Tur Abdin region of Mardin Province, Turkey.

home for the aged at Malekkurusu.

The Patriarch would address the Maramon convention, scheduled to begin on February 9. The organisers of the programmes said the Patriarch had also set aside a day to be spent at the Knanaya diocese at Chingavanam.

Among the places the Patriarch would visit in Kerala are Kothamangalam, Piravom, Kunnamkulam, North Paravoor, Pallikkara, Kandanad, and Mulamthuruthy. He is scheduled to leave for Delhi on February 16.

## Syriac Orthodox Church

The Syriac Orthodox Church of Antioch is an autocephalous Oriental Orthodox church based in the Eastern Mediterranean, with members spread throughout the world. It employs the oldest surviving liturgy in Christianity, the Liturgy of St. James the Apostle, and uses Syriac as its official and liturgical language. The church is led by the Syriac Orthodox Patriarch of Antioch. The Syriac Orthodox Church traces its history to one of the first Christian communities in Antioch, described in the Acts of the Apostles (New Testament, Acts 11:26) and established by the Apostle St. Peter in AD 37.



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# The Big Problem With Modi's 'Make In India' That No One Is Talking About

by *IndiaSpend Team:*

**A**s Prime Minister Narendra Modi pushes his Make-in-India manufacturing plan and factory output rebounds, new data indicate two disquieting trends.

One, there is a slowdown in employment in the formal, organised sector (which in any case employs only 12% of India's labour force), the prime staging ground of Modi's programme. Data released by the Ministry of Statistics and Programme Implementation on Indian factories show that more than 400,000 people lost their jobs during the financial year 2012-13.

Two, this slowdown hides a larger, long-term trend: India Inc is automating and squeezing more output from its workers and so, needs fewer of them.

While India had 222,120 operational industrial units during 2012-13, according to the Annual Survey of Industries (ASI), an increase of 2% per cent from 217,554 units in 2011-2012; people engaged in factories declined from 13.43 million to 12.95 million – a drop of 3.6% (480,000).

This cannot be a welcome development, given that the focus of Modi's Make in India programme is on employment, under which the Prime Minister wants manufacturing to account for at least 25% of GDP.

While the number of industries has increased 73% during the decade (2002-03 to 2012-13), total persons engaged in industrial activities has gone up by only 63%. But taken from 1994-95, the growth of jobs in proportion to capital employed and value of output shows a much stronger downward trend.

Over nearly two decades up to 2012-13, this is what happened in India's organised-sector factories:

- The number of industries increased 80%.
- Capital employed multiplied nearly 700%
- The value of output is up 1066%
- Total employment increased only 40%.

Indeed, more people were employed in Indian factories during 1994-95 than a decade later in 2005-06. Clearly, industrial India is getting more output per person engaged in its industrial activities. In other words, it needs fewer workers to do the same work. Capital employed has been going up simultaneously across industries, which implies more automation and efficiency, thus reducing the need for workers.

Capital employed across 123,010 industries was Rs 3,87,534.59 crore in 1994-1995, which has increased to Rs 31,39,028.07 crore across 222,120 industries during 2012-13.

## India's Employment Conundrum

"The unorganised sector, in particular the household sector, accounts for a disproportionately large share of employment but a very small share of value added in manufacturing," a work-

quirements of productive jobs for the 7-8 million youth expected to enter the job market each year in the next ten years," the ICRIER paper said.

The study goes on to mention that much of the action for improving the business environment needs to be taken at the state level. "We find that states with more inflexible labour regulations have witnessed slower growth in employment in manufacturing than states with more flexible labour market regulations," the study said.

However, the "dismal performance" of the manufacturing sector on labour regulations, the study noted, could not be blamed on labour regulations because these laws affect only permanent workers and companies, which are bypassing them by hiring contract workers.

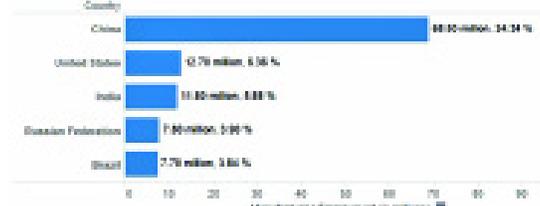
"Moreover, factors such as cumbersome product market regulations and infrastructural bottlenecks have also adversely affected the growth of the manufacturing sector," the study said. "The two new factors which have become increasingly important in constraining the growth of organised manufacturing are the difficulties in securing environmental clearances and acquiring land."

Globally, India is the 3rd largest employer in manufacturing, after China and the United States, according to this report by United Nations Industrial Development Organisation (UNIDO). That's an improvement from the 8th position in 1970 and 5th in 1990.

Clearly, while employment is stagnant across industries—a cause of concern for those joining the labour force and the job-creation hopes of the Make in India programme – Indian industry is doing reasonably well, thanks to capital-intensive production methods and by moving labour from full-time employment to contracts.

This is the dilemma the government will need to address. As yet, it has revealed no such plans.

Manufacturing employment (in million) and share of global manufacturing employment (%)



ing paper released recently by Indian Council for Research on International Economic Relations (ICRIER) has said.

Employment estimates indicate that between 1999-2000 and 2011-12, Indian manufacturing (organised and otherwise) added 1.4 million jobs each year, against the 12 million now needed. The sector now employs more than 60 million people.

The organised manufacturing sector for the same period increased jobs by 4.5%, employing 12.2 million in 2011-12, according to ASI's results, which record formal employment.

"While this was certainly not a period of jobless growth in the organised manufacturing sector, the rate of job creation falls severely short of the re-

*This article was originally published by IndiaSpend.*

# Jose, not Joseph Vaz

There appears to be some confusion in the minds of the faithful whether the newly canonised Goan saint in Sri Lanka by Pope Francis on January 14, is saint Padre Jose Vaz or saint Joseph Vaz. Confusion is worse confounded when some people keep referring to the feast day of the saint on January 16 as the feast of St Joseph. Some of the descendants of the Vaz family have recently come out in protest saying that the first name of the saint is Jose and not Joseph. According to them there is also documentary evidence in the Goan and Portugese archives to prove that the first name of the saint is Jose and not Joseph. It is therefore not known how and why the name of the saint has been changed to Joseph. Probably the Anglicised are more comfortable with Joseph than Jose, while Jose is for the Portugese-speaking. If this is so, then why is the feast of St John Baptist celebrated in Goa



as Sao Joao festival instead of St John the Baptist festival. It is therefore important for the church in Goa to release an 'Official' declaring that the Goan saint in question is saint Padre Jose Vaz and not saint Joseph Vaz before there are further distortions of the saint's holy name.

—A. F. Nazareth,  
Alto Porvorim

## Thanksgiving Novena to St. Jude



O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked.

**St. Jude pray for us and all who invoke your aid. Amen.**

*Say three Our Fathers, three Hail Mary's and Glorias.*

*Publication must be promised.*

*This Novena has never been known to fail.  
I have had my request granted  
Publication promised.*

—Jason Crasto

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## Holy Father's Address to the Curia

In his Annual Christmas Greeting to the Curia (the powerful administrative wing of the Vatican) the Holy Father did not mince words while giving the bureaucracy a full scale dressing down. The Holy Father, assisted by his nine advisers (C-9), including our own Cardinal Oswald Gracias, is in the process of drawing up plans to restructure the Curia. The Holy Father listed 15 sicknesses or sins of the Curia. Listed below are some of them:

1. The sickness of feeling 'immortal', 'immune' or 'indispensable' which arises from the 'pathology of power'. It is the sickness of the rich fool (in the Bible) who thinks he will live for eternity. The Holy Father suggested a walk in the cemetery and a look at the names of those who 'thought they were indispensable'.
2. The sickness of 'Martha-ism' or being immersed in excessive work which makes one lose focus of the real work. The Holy Father suggested spending a little time with relatives and respecting the holidays as a time of spiritual and physical replenishment. He referred to the Book of ecclesiastics: 'there is a time for everything'.
3. The sickness of 'mental and spiritual petrification' leading to loss of internal peace making persons hide under papers, turning them into 'procedural machines'.
- 4 The sickness of 'Spiritual Alzheimer's' or the progressive degeneration of spiritual faculties making a person dependent on his own imagined views. Such persons lose memory of their encounter with the Lord and the history of salvation and build walls around them making them slaves of the idols they have fashioned with their own hands.
- 5 The sickness of schizophrenia or leading a double life of hypocrisy and spiritual emptiness.
6. The sickness of gossip and grumbling that can murder the reputation of a person in cold blood, The Holy Father warned against this kind of sickness calling it the 'terrorism of



gossip'.

- 7 The sickness of putting on a funeral face. Such persons exhibit sterile pessimism and believe that to be serious they must put on a severe face and treat others, especially those regarded as inferior – with rigidity, harshness and arrogance.

Needless to say that at the end the address was met with muted applause. But the Holy Father is firm in his resolve and will be meeting the C-9 from Feb 9-11 to push forward his reforms of the Curia

—Prof Robert Castellino  
Calangute

## Educate the Girl Child

We all love the embrace of a mother, the devotion of a wife, the cuddle of a girlfriend ... But not the caress of a daughter! In India, every minute four innocent girls are eliminated before birth; and 10 million murdered in 20 years, resulting in a skewed sex ratio of 927 girls to 1,000 boys.

'Just because I am a Girl!' by Sr Vidya Pathare (*The Examiner*, Jan 17-23, 2015), brought tears to my eyes, as she exposed the agony of a girl, right from the womb to the tomb! But there is a ray of confidence; for in the same issue Bishop Agnelo, Chairperson of the Family Commission released the Handbook, 'Creating Hope and Health for

the Girl Child'. This should be read by every couple undergoing the Marriage Preparation Course.

But a woman's destiny is not fulfilled until she holds in her arm her own little book. Note, 35% of women are illiterate. So education is key to their empowerment. Studies have shown that education curbs child marriage. Females invest 90% of income in the household as opposed to men's 30-40%; resulting in overall family prosperity. Besides educating girls is good for the economy. When 10% or more girls go to school, the country's GDP increases by 3%.

So let us educate the girl child. She spins the wheel of awakening progress for the family, society, nation and the world; in accordance with Jesus who lifts her up: "Talitha cum, which means, Little girl arise" (*Mark*, 5:41).

—Dr Trevor Colaso,

## Gem Online Environment Quiz

"Creation is not a property, which we can rule over at will; or, even less, is the property of only a few: Creation is a gift, it is a wonderful gift that God has given us, so that we care for it and we use it for the benefit of all, always with great respect and gratitude". (Pope Francis).

Here is an opportunity for you to know and love God's creation, and to protect and respect it with gratitude. The GEM (Green Earth Movement) E-Newsletter is organising an Online Environment Quiz in the first week of February 2015. Participate in it and win cash prizes.

No use of paper, no travel cost, no entry fee, no postal stamp/courier cost, no need to waste time to search for a centre and so on... simply email your answers. Truly environment friendly!!

For further details visit our website –

[www.stfrancisxavierpanvel.in](http://www.stfrancisxavierpanvel.in) - Go to GEM section and Click – GEM E-QUIZ 2015-UPDATE-2.

—Fr Felix Rebello,  
Editor, GEM E-Newsletter

# Why You Should Drink More Tea

It's safe to say that most people you ask will say that if they had to choose between tea and coffee, they would choose coffee hands down. This may be because its rich taste and high caffeine content gives us a boost that keeps us going. However, most of the time you should drop that cup of Joe and pick up a cup of hot and fragrant tea and we'll tell you why!

## 1. Tea Hydrates the Body

Although coffee is also considered a hydrating liquid, tea has the added benefit of being hot water with tea flavoring. This means that it is much more beneficial to sit down and have a cup of tea because the beverage hydrates your body immediately. With coffee, it takes time for the water to be absorbed because it so well mixed.

## 2. Serious Health Benefits

In a number of scientific studies it has been shown that tea can reduce the chances of certain kinds of cancers and diseases. This fact mostly applies for green tea, which has been glorified in many areas of Asia as the reason for their lean figure and better bill of health. Coffee does have some beneficial antioxidants, but not any more than a cup of tea can provide.

## 3. Tea Keeps You Going Longer

The adamant coffee drinker will interject here that tea may be healthier than coffee, but it can't compare when it comes to caffeine levels. This it seems is actually a myth. It has been shown that tea has the same amount of caffeine as coffee, but unlike coffee, tea does not



have such a drastic energy depressing effect.

When you drink coffee, you get a large and quick dose of caffeine that causes your energy levels to drop at the same speed. Tea, however, has just as much caffeine, but because it is absorbed slower, energy depression will take place over a longer period of time. If you need a drink to keep going throughout the day, drink tea instead of coffee.

## 4. More Antioxidant Power

The other thing an avid coffee drinker might tell you is that coffee has more and better antioxidants than tea. It appears that this too is a myth. Companies now put good antioxidants into things like tea to improve their health benefits, so it is uncertain that coffee has more antioxidants than tea.

## 5. Tea is a Great Weight loss Tool

Recent Research has shown that green tea may be a tremendous aid in weight loss. This is due to the fact that green tea helps kick-start your metabolism, but

also that it is a much healthier substitute than sugar soft drinks. In comparison to any drink with added sugar, even coffee, tea is less likely to remain on your waistline, especially if you drink it with honey or a bit of sugar.

## 6. Dental Health

To be honest, excessive amounts of tea and coffee aren't good for your dental health, especially not for the whiteness of your teeth. However, if you must choose the lesser of the two evils, it is best to choose tea. Drinking a cup or two a day of tea will keep your levels of fluoride normal without any discoloration, while a few cups of coffee means even less fluoride and more discoloration.

## 7. Aids Bone Health

In a new Australian study it was found that people who drank tea on a regular basis had stronger bones and were less likely to develop osteoporosis thanks to high levels of tea catechins. A separate study found that drinking tea could too promote healthy bone formation. There aren't any positive things to say about coffee and bones, in fact your grandmother probably told you that drinking coffee too early could stunt your growth!

## 8. Helps Reduce Stress

Ahhh...That's the best word to describe the feeling of drinking a hot cup of tea. Unlike coffee that makes you jittery and puts you on high alert, tea soothes and relaxes your brain. There must be a reason why it is used by so many cultures as a bonding tool!

## 9. Give Your Immune System a Boost!

Although tea will most likely not cure you of the flu, it flushes the bug out of your system and will improve your immune system so you won't get sick in the future. This also depends on what kind of tea you are drinking. One cup of regular Earl Grey tea most likely won't do you much good, but a cup of ginger or honey and lemon tea will do the trick!

—Agnelo Rodrigues  
Wadala E.

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# Too Old To Contribute

 **Francis Lobo**

**T**he DRDO chief, Dr. Avinash Chander, was unceremoniously removed on 14<sup>th</sup> January 2015. Justifying this sudden sacking, Defense Minister, Manohar Parriker, said that a younger person should hold this position. As the self-appointed spokes-person of senior citizens I must object to this attitude to elders. Peter Drucker, the renowned management guru, who died in his nineties, rubbished the idea that Age reduces one's ability to THINK. In fact he cited a number of instances where important, path-breaking work was done by people after they were 80. Drucker had stated we are in the Age of the Knowledge Worker and had forecast that the 21<sup>st</sup> Century will be the Knowledge Era. In fact progressive thinkers must think up ways of how to use the knowledge and experience of Age. In fact ageing will be one of the big challenges in the days ahead when the life span of the human is expected to cross 120 years. If people retire at 58 / 60 years, what do they do for the next 60 years? The old and unemployed will be a big burden on the economy and a source of tension with those who are serving and paying the taxes The answer needs to be found now.

As I keep reading more and more on how to manage in your old age, I am being continuously advised to keep working as long as I can. Advice easy to give, like Keep India Clean, but where are the jobs in India? Many countries have abolished a compulsory retirement age — people can be in employment as long as they are able. Shorter working and flexible hours are provided to ageing but skilled and experienced employees. Even on ships age is not a barrier to sailing if one is physically fit and has passed the on-going tests to keep up to date on developments and new requirements.

Justifying the action of the Defense Minister the BJP spokes-person on TV made some comments, which

I would like to comment upon. One was that a large number of young scientists leave because promotion is blocked. In a knowledge-based organization people join to leave. In fact working in such organizations enhances their abilities so fast that their transfer value accelerates so that they can take quantum leaps to senior positions in other companies or even branch out on their own. I have worked in such organizations and we could count the persons from our organization who now headed other organizations across the country. DRDO should be the TRAINING SCHOOL to develop TALENT for other organizations across the country.

Another point made was by a Scientist "C" grumbling about super-annuated persons getting extensions. In a knowledge-based organization like DRDO promotions should not be an issue if one is capable and can create a niche for oneself through innovative and creative work. The Defense Minister is certainly not going to build morale if he thinks that by putting persons in their 30s in charge of departments and laboratories. Older employees have a lot to contribute. In fact there is a Body of Knowledge known as "Experience" Experience is what one gains through Age. As time moves on one experiences the consequences of decisions and learns what can and cannot be done and why. All this is not taught in the institutes of higher education. After all the universe is 14 billion years old and is evolving every day — At 30 one cannot be expected to know whatever there is to be known.

In defense in the field fitness and strength are required. Here it is understandable to put young blood in positions. But to think that a young person, possibly just out of college would be more innovative and creative than an older person, flies in the

face of reality.

The BJP Government boasts that it knows how to develop India. In fact it came to power on this promise. Propaganda was built around "The Gujarat Development Model" drilling into the electorate that the whole of India could be another Gujarat.. Unfortunately the opposition failed to expose this myth and use the RBI Governor's Report on assessment of development in various states which put Gujarat at No. 12. What innovations and developments has Parriker brought to Goa? Goa's only boast is tourism attracted by the beaches. Yet there are more small tourists spots around the world that attract more tourists than Goa which is naturally endowed and the charm of its interiors and hills has not been exploited. Illegal mining has destroyed the ecology and agriculture, manufacturing and fishing are far behind of what is possible. So the Defense Minister believes that by surrounding himself with young, bright people he can do in Defense what he couldn't achieve in Goa?

In India we have the capability with premium industrial units spanning the entire range from electronics to heavy earth moving machinery to power plants to ship building yards to atomic research. To give Make in India a boost why not load these under-utilized organizations with work instead of expecting foreigners to give us money, ideas and technology.

This is a time for all Indians to stand together to eradicate poverty, corruption disease. We must challenge the rhetoric and sound bites like "Change", "Clean Up", "Reforms" and demand to know what they mean in terms of objective, quantifiable end results and how they will be achieved. We must regularly assess progress against understandable measures of performance. We must not create a further divide of Old v/s Young. Or is there more to the change in the DRDO Chief than meets the eye?

# Pope Francis stirs controversy in debate about freedom of speech

**P**ope Francis has stirred fresh controversy in the debate over freedom of speech and individual responsibility with a remark that suggested that a violent reaction to insults should be expected.

In an on-board news conference with journalists traveling with him to the Philippines from Sri Lanka, the pontiff was asked for his views after last week's terror attacks in Paris on the appropriate balance between freedom of expression and respect for others' religious beliefs.

Francis had said after the Jan. 7 attacks incited by satirical magazine *Charlie Hebdo's* lampooning of the Muslim prophet Muhammad that freedom of expression is a fundamental human right but that ridiculing another's deity was disrespectful.

Asked by a French journalist Thursday "up to what point can one go in freedom of expression?" Francis replied that both religious liberty and liberty of expression are fundamental human rights.

"Everyone has the right to practice one's religion, one's own religion without giving offense," the pope replied, according to a transcript of his comments published by Vatican Radio. But he added that "one cannot offend, make war, kill in the name of one's own religion, that is, in the name of God."

In an apparent attempt at making light of the consequences of insulting others, the pontiff turned to Alberto Gasbarri, the Vatican travel organizer standing beside him.

"If Dr. Gasbarri, a good friend, says a bad word against my mother, then a punch awaits him," Francis said, dealing a mock blow in the direction of the aide's face. "It's normal, it's normal.



In response to a flurry of media requests for clarification, Vatican spokesman Thomas Rosica issued a statement asserting that the pope's comments and gesture were "in no way intended to be interpreted as a justification for the violence and terror that took place in Paris last week."

The pope's exchange with Gasbarri was "in a friendly, intimate matter among colleagues and friends on the journey," Rosica said.

"The pope's free style of speech, especially in situations like the press conference must be taken at face value and not distorted or manipulated," the spokesman said. "Violence begets violence. Pope Francis has

not advocated violence with his words on the flight."

One cannot provoke, one cannot insult other people's faith, one cannot make fun of faith."

While the pope had made clear his condemnation of violence in earlier remarks on the recent terror strikes, his suggestion that violent responses to offensive statements or gestures should be expected enflamed the emotional debate over whether free speech has boundaries in a free society, report agencies.

not advocated violence with his words on the flight."

The pope is in Manila for a five-day visit that will be the final leg of his Asian tour. He was greeted by President Benigno Aquino III. As he emerged from his plane, church bells tolled across the country and children greeted him with dance performances and waving of Philippine and Vatican flags.

—Matters India

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## Pope: Help Young People To Build A Better Society

**F**ilipinos "are called to be outstanding missionaries of the faith in Asia". This was what Pope Francis said during the homily at Mass in Manila's Rizal Park, overflowing with faithful. The celebration closes the Pope's seventh international pilgrimage, a journey that took him to Sri Lanka and the Philippines: here he met survivors of Typhoon Haiyan and the youth of the country. But in the last Mass, after a missionary call to the local population, the Pope also spoke to the world.

Sadly today, said the Pope, "Sadly, in our day, the family all too often needs to be protected against insidious attacks and programs contrary to all that we hold true and sacred, all that is most beautiful and noble in our culture. In the Gospel, Jesus welcomes children, he embraces them and blesses them We too need to protect, guide and encourage our young people, helping them to build a society worthy of their great spiritual and cultural heritage. Specifically, we need to see each child as a gift to be welcomed, cherished and protected. And we need to care for our young people, not allowing them to be robbed of hope and condemned to life on the streets".

On the feast of the Santo Niño - that of the Child Jesus, deeply felt in the Philippines - Francis spoke of his own childhood: "he Santo Niño continues to proclaim to us that the light of God's grace has shone upon a world dwelling in darkness, bringing the Good News of our freedom from slavery, and guiding us in the paths of peace, right and justice. The Santo Niño also reminds us of our call to spread the reign of Christ throughout the world. In these days, throughout my visit, I have listened to you sing the song: "We are all God's children". That is what the Santo Niño tells us. He reminds us of our deepest identity. All of us are God's children, members of God's family".

We saw "a beautiful expression of this when Filipinos rallied around our brothers and sisters affected by



the typhoon. The Apostle tells us that because God chose us, we have been richly blessed! God "has blessed us in Christ with every spiritual blessing in the heavens" (Eph 1:3)".

The Pope continued, "God chose and blessed us for a purpose: to be holy and blameless in his sight (Eph 1:4). He chose us, each of us to be witnesses of his truth and his justice in this world. He created the world as a beautiful garden and asked us to care for it. But through sin, man has disfigured that natural beauty; through sin, man has also destroyed the unity and beauty of our human family, creating social structures which perpetuate poverty, ignorance and corruption. Sometimes, when we see the troubles, difficulties and wrongs all around us, we are tempted to give up. It seems that the promises of the Gospel do not apply; they are unreal. But the Bible tells us that the great threat to God's plan for us is, and always has been, the lie. The devil is the father of lies. Often he hides his snares behind the appearance of sophistication, the allure of being "modern", "like everyone else".

The Pope said, "He distracts us with the promise of ephemeral pleasures, superficial pastimes. And so we squander our God-given gifts by tinkering with gadgets; we squander our

money on gambling and drink; we turn in on ourselves. We forget to remain focused on the things that really matter. We forget to remain, at heart, children of God. That is sin: [to] forget at heart that we are children of God. For children, as the Lord tells us, have their own wisdom, which is not the wisdom of the world. That is why the message of the Santo Niño is so important. He speaks powerfully to all of us. He reminds us of our deepest identity, of what we are called to be as God's family".

Sadly, concluded Francis, "in our day, the family all too often needs to be protected against insidious attacks and programs contrary to all that we hold true and sacred, all that is most beautiful and noble in our culture. In the Gospel, Jesus welcomes children, he embraces them and blesses them (Mk 10:16). We too need to protect, guide and encourage our young people, helping them to build a society worthy of their great spiritual and cultural heritage. Specifically, we need to see each child as a gift to be welcomed, cherished and protected. And we need to care for our young people, not allowing them to be robbed of hope and condemned to life on the streets".

—AsiaNews

# Let Two or More Wrongs Choose

**S**ometimes it is important not to understand things. Everything happens for a reason, no doubt and in usual circumstances, it is critical to set things in context and to make sense of them as a part of a larger process. But at times, an event begins to be looked at from a singular perspective and evaluated for its own sake as done by the Archbishop of Bombay.

The only action that can in theory be debated is whether the silence of the Archbishop of Bombay is justified over the decreasing educational standards in our educational institutions or the decreased participation in the SCC's, an issue which there is near unanimity from the laity. The really troubling question is as to how long the laity should look the other way.

Many of us have questions that trouble us from time to time and we seek answers to them from significant people in our lives. Of course there are superficial questions and others that sometimes are a matter of life and death. We have brought our questions to our Archbishop of Bombay and our clergy for an honest answer? Or would we rather not ask them for fear of being snubbed or ignored or getting the wrong answer or being treated with the usual silence?

Getting outraged serves little purpose for indeed generating outrage is part of as we can see the Archbishop of Bombay's plan. An absolute idea can only be defended at its outer margins and this is something that there doesn't seem to be stomach for. The belief in the freedom of expression is already compromised. As an idea, it has come close to exhausting itself so many are the exculpatory clauses. There was good response received for our articles on "Let Children Choose" and on "Let the spark Choose" which reflected the same.

The response to our article on "Let Children Choose" which put up many questions on what ails our educational institutions for solutions are being summarized by this response –

 **Don Aguiar**

## QUOTE

"Those were the days when our parents taught us to honor and respect. I hope I am not being too candid, when I say that all that you have mentioned is due to the distancing away of the clergy, from the laity.

Yes teachers are the foundation and corner stone of the generations to come, and we need to ensure that they are paid a standard wage when teaching in our catholic schools. I have been informed by some teachers that their wage bill has not been reviewed when compared to teachers in non catholic schools. This is sad, and need the ABE (Archdiocese Board of Education) to review the same. We just cannot take our teachers for granted.

There are answers to each of the important questions that have been raise, yet however the buck stops with the Archbishop House administration. I stand by what I say.

Our catholic teachers do not have a platform to speak up, and ask for a decent wage, and I have seen good catholic teachers leaving our catholic schools to teach at Non catholic schools here at Mumbai. I am sure the same would be around India.

Due to the lack of appreciation our catholic teachers presently take their line of duty as a 09 AM to 05 PM job. I do recall during my time at Sacred Heart Boys' High School Santa Cruz where our teachers took personal interest in those from weaker section of society or those "Thick Brain" students like me, who found it hard to grasp. This was way back in the 60's. Many of them are no more, May their souls rest in peace, and bless those who are living who would have crossed 75-80. I do recall a Hindi Master from the UP, who knew we catholic boys were weak in the language; he held classes after school FREE OF COST.

I can go on and on, yet please accept my humble submission for which I am totally convinced that all that plagues our Catholic schools stand

**The really troubling question is as to how long the laity should look the other way?**

still at the Archbishop House ABE education board, and our very dear Our Cardinal Oswald Gracias.

Give the teachers in our schools a decent wage packet and see the change."

Another response -

"However the issue is simple, the clergy has distanced itself from the laity. It's a don't care attitude that has set in, One of them was heard to have said.

## Quote

Do it my way or take the highway  
**Unquote**

I hope I do not sound brash when I say, there needs to be a change right from the top, Big Daddy is too busy as middle size daddies and small daddies do what they wish. Not that Big daddy would do any better.

More professional catholic educationist needs to be inducted, as the principals we have today at our catholic schools may have the qualifications but totally lack experience."

## UNQUOTE

There are possibilities that educational institutes can lose money, but if our ailing educational institutions bleeds cash unimaginatively it calls for a special mention. This honor goes to our very own Archdiocese Board of Education (ABE) who has under its wings over a hundred Catholic educational institutions whose official somehow forget that an educational institute needs good teachers, professional catholic educationists and administrators to take it forward like the non catholic educational institutions have done and who aim at promoting excellence rather than bow to government diktat and finance and allow their educational institutions to start ailing and then come up with excuses of blaming



the government for the sorry state of affairs.

Another excuse is that they have to take care of the poor who will not be able to afford the high fees if they have to promote excellence. One wonders why they have put all their educational institutions in this bracket and have not thought of upgrading sixty percent of their educational institutions. The community is not only made up of the poor. Perhaps running over a hundred educational institutions by the ABE for over half a decade may be taking its toll with lethargy and self interest taking precedence over the need for promoting excellence as done in the past.

The response to our article on "Let the spark choose" for solutions was excellent and are being summarized by this response –

#### QUOTE

"S C C 's or Small Christian Communities as they are called,-- in my very personal opinion are just like the Parish Council / Finance Committee --- very good because they are a diktat -- but do they serve any real purpose ?

Both hinge / are dependent on - the whims and fancies of the Parish priest who, as I am told -- is by Canon law, the deciding factor / authority in all matters -- the main bone of contention is usually finance / church / parish funds and how they are spent / wasted or frittered away --- or just plainly robbed / stolen –

These well- intended bodies just will not work if -- as is usual -- there is a pig-headed / dogmatic / stubborn Parish priest in charge -- who thinks that by virtue of his position can always call the shots-- and have the final say in any matter --- And in his stupid little head imagines ONLY he knows what is good and right for the parish. I have seen this happen and the parishioners are just helpless and frustrated!!!!"

#### UNQUOTE

Most will agree that this is due to the silence of the Archbishop of Bombay's over the increasing confusion in our community which is no

## The Deaf Catholic Church Needs to be treated

mystery. Liberals for the Archbishop of Bombay know this deep down, but they have nowhere to go now and are left continuously scratching their heads over the supposed contradictions in their man.

To err is human, but to keep erring is smart. This at least is the way it works with the Archbishop of Bombay as well with the clergy and religious in Mumbai, India. All known clergy are in a scramble today to take credit for their doings. But how did these doings come up in the first place? As neither Rome nor these types of doings come up when it suits them, our clergy and religious are obviously highly trained and fully geared to look the other way.

Therefore another Indian Clergy jingle – to not err is downright foolish. Those who obeyed the law and did nothing illegal are crying and regretting. If only they had joined the pack of rule breakers they could have been in self worth just like them. It doesn't worry then if they are about to do something against the rule, give it a little time and the rule will obligingly self destruct.

The tendency to reward the wrongdoers features in the corporate sector as well. When a company declares itself bankruptcy, its managers are the first to be restrained; in the UK they are fired. In India, where we reward the wrongdoers, it is the workers (laity) who face the brunt. Once again no lesson learnt. What then is the moral of the story? Simple, two or more wrongs always make it right.

The Archbishop of Bombay has thus far achieved quite little. His administration is mired in the downward growth trap. His reforms are fairly puny; mostly his predecessor would have done anyway or had already begun. On his relations with the laity he is no better off, thanks to a series of blunders. His constant travelling threatens to become a joke.

What the Archbishop of Bombay has achieved is in fooling a lot of the laity, clergy and religious into thinking that he stands for good Catholic values/virtues mostly spiritual against being a fence sitter and blunderer. Nothing could be more further from the truth. He will push either or both pedals as it suits him.

What has gone wrong with the Archbishop of Bombay? Before he took charge everyone had high hopes that he would do better than his predecessor, but now they feel that something more is required to fulfill their dreams. The genesis of the problem is that the laity failed to differentiate between his predecessor and himself. The failure in recognizing this situation is the basic cause of all the problems. Our most pressing need is to discover this missing element and replan our strategy accordingly. This is the most urgent before us.

**We the laity must be consistent in getting the Archbishop of Bombay to take the required steps to reverse the decreasing educational standards of our educational institutions and that they once more be centers of excellence as is with the present non catholic educational institutions and ensure that our community benefits from our educational institutions just like the other communities do for their respective community with their educational institutions. As far as the SCC's are concerned the success depends on the respective Parish priest as well as the willingness of the Archbishop of Bombay to support this cause wholeheartedly and not paying lip service.**

**THINK ABOUT IT!!!**



# BJP Or AAP: Nobody Has An Answer

Delhi Assembly Election

by Bhupendra Sharma

**N**obody in Delhi has forgotten what happened in and after the 2013 elections. Delhi has seen a lot over the past one year, and it seems like things are headed towards becoming normal, finally. As per the announcement made by the Election Commission on Monday, election in Delhi will be held on February 7, while the results will come out on February 10. Amid the announcement of the date for 2015 Assembly Elections, a few events that took place on Monday are as follows

## Result announcement of Cantonment Board Elections:

Ahead of the Assembly Elections, the Bharatiya Janata Party won five out of eight seats in Delhi Cantonment Board Elections. Indian National Congress won two seats, while AAP managed to win one seat. BJP has claimed that it is the first choice of the people of Delhi. According to one of the spokesmen of the party, "Last time, we won six seats, while this year we have grabbed five seats, which clearly shows that we are the first choice of Delhi people." The BJP did not miss this opportunity to mock the Aam Aadmi Party which has declared itself the frontrunner and BJP's only real competitor in the upcoming elections with the Delhi BJP Chief, Satish Upadhyay saying, "These results can be shocking for AAP, which declared itself the first choice of Delhi people".

While the BJP won five seats in Delhi, the results in Varanasi, which is Prime Minister Modi's home constituency, came as an embarrassment for the BJP. BJP failed to garner a single seat in the Varanasi and Lucknow Cantonment Board Elections, whereas in Agra it won a hardly face-saving total of one seat. Commenting on this unanticipated debacle, the BJP State Chief Laxmikant Bajpai said, "Most of the candidates lost because they were not given official BJP symbols by the party".

**AAP candidate is seen throwing money in the air:** AAP is known to seek public support for donations, and has organized a national level campaign called "Dinner with Kejariwal" for collecting funds to run operations for the

Delhi assembly elections. Kejariwal on numerous occasions has stated that his party does not solicit money from business houses like the BJP and Congress; hence, it needs support from the public. However, in the midst of Kejariwal's #iFundHonestPolitics campaign, an incident that took place on Monday left his party rather embarrassed. According to reports, after winning a seat in the



Cant Board Elections, AAP's Nand Kishor Beniwal was seen celebrating the lone victory. During the celebrations, one of his supporters threw wads of money in the air to express his joy. The incident has put AAP in trouble ahead of the assembly elections. When reporters contacted AAP, one of its spokeswomen told them that AAP would never support such behavior from any of its members and that the person, who threw money in the air, was in fact suspended with immediate effect.

Even though AAP's response to this vulgar display of money has been an encouraging one, the incident has nevertheless raised some pertinent questions about the credibility of members of the party. Especially because the incident comes at a crucial juncture with less than one month left for the elections, and neither BJP nor AAP look confident of a decisive win. In a precarious situation like this, how each party projects its image to the Dilliwalas (people of Delhi) is absolutely crucial in deciding who forms the government in Delhi, and who sits in the opposition.

# Pope meets father of woman who died after Tacloban Mass



"I have resigned myself to the fact that my daughter is no longer with me, I rejoice that she died serving other people," Tagle quoted Mr Padasas as saying.

The young woman had been a volunteer for the Catholic Relief Services, a humanitarian aid agency of the US Catholic Church.

"My daughter died, she arranged this meeting with the Holy Father," Tagle added, quoting the father of the victim.

Tagle said Pope Francis only shook his head and said, "What faith!"

"I think the Holy Father was surprised in [a] pleasant way," Tagle told the media.

During a meeting with youth on Sunday, Pope Francis opened his address by urging the audience to pray for Padasas.

"She was 27 years old, young like yourselves," the pope told the gathering.

Source: ucanews.com

**Manila:** Pope Francis on Sunday met the father of a woman who died in an accident after the papal Mass for disaster victims in Tacloban the previous day.

Cardinal Luis Antonio Tagle, archbishop of Manila, gave journalists an account of the meeting, which was held at the Apostolic Nunciature in Manila at midday.

"What struck the Holy Father was the statement of the father (of the vic-

tim)," Tagle said.

The cardinal quoted Paulino Padasas, the father of the victim, as saying, "I only have one daughter. Why did God take her?"

Kristel Mae Padasas, 27, was killed when strong winds blew over a scaffolding structure that was supporting a speaker stack, which struck her on the head. The accident took place while she was waiting for the papal convoy after the Mass on Saturday in Tacloban.



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*Thank you St. Cajetan for the job favour received through your intercession.*

— Jason Crasto

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How we should think,  
How we should feel,  
And how we should act.

Let us call on Him when weighed down,  
With all the trials and troubles the world offers.  
He will restore THE LIFE to our broken self.  
The love of our healing God!

We need to submit ourselves each morning,  
To what the day offers us,  
Surrender to the Holy Spirit,  
Fear not, lean on faith

No matter our losses,  
It holds an Eternal reward,  
Remember, keep hoping  
Even when plans are shattered.

Always have a grateful heart,  
For all His overwhelming love,  
For gratitude for past favours,  
Are sure means of obtaining new ones.

Love JESUS in return.  
Every moment, every day,  
Extending gestures of Christian love,  
Coming from Heaven Above.

—Ella Almeida

# Issues affecting India's development

**O**n January 26, 2015, India will complete 67 years as a republican country. But the land of milk and honey has today turned out into a democracy of corruption and scams. Corruption has reached the highest level even after Narendra Modi becoming the Prime Minister of the country.

Prices of all commodities, including that of food grains, LPG (liquid petroleum gas), bus fares, train fares, autorickshaw fares and taxi fares have sky-rocketed. As a result of this inflation, the common man has to bear the brunt of the price rise as his/her salary does not increase in tandem with the surging inflation.

Although India has achieved both Independence and republic, it is one of the most corrupted and polluted nations in the world. Unemployment is at an all-time high. Even the people who are educated cannot get decent jobs; and even if they get one, they are paid very little. Majority of the States in India today are fighting among themselves and people, irrespective of caste, creed, colour and religion are being persecuted for no fault of theirs, while the ministers and the politicians are misusing the common's man hard-earned money which they contribute to the nation in the form of Professional Tax, Income Tax, etc. for their own greed by dining in 5-star hotels and travelling by air-conditioned cars.

In most Western and developed countries, people pay their taxes honestly to the government and in return, the government rewards them by taking good care of them in their old age. But in India, the middle-class which forms the backbone of economy are taxed heavily and yet completely forgotten after their retirement from service or when they turn old.

Unless and until we rise above our differences and petty squabbles, India will not become a prosperous nation like some of the countries in the West. Take a look at the Arabian Gulf countries and also America. These countries are the most prosperous nations in the world because the Kings

**...in India, the middle-class which forms the backbone of economy are taxed heavily and yet completely forgotten after their retirement from service or when they turn old...**

and Queens and Prime Ministers there care for their people, which is not the case in India.

British Prime Minister, Sir Winston Churchill when he learnt that India was fighting for Independence has rightly said, "Power will go into the hands of rascals, rogues and freebooters, and all Indian leaders will be of low calibre and men of straw. They will have sweet tongues and silly hearts. They will fight among themselves for power and India will be lost in political squabbles. A day would even come when air and water would be taxed in India."

Babur, the founder of the Mughal Empire in India is said to have left a will to his son Humayun which is still preserved in the State Museum of Bhopal in Madhya Pradesh. The contents of the will is that Babur informs Humayun that India is the hometown of many religions and that he has to be respectful and impartial towards all of them and ought not to destroy, desecrate or burn any shrine of any religious order. But what is happening today? Catholic churches are being burnt, destroyed, demolished and desecrated. Our present-day politicians do not care for the people and they have no respect for the common man, especially the minority communities. In the name of religion, they burn/destroy/desecrate religious structures and kill people belonging to the Christian religion.

I quote what our freedom fighter, Khan Abdul Ghaffar Khan has said: "My religion is truth, love and service to God and humanity. Every religion that has come into this world has brought the message of love, peace and brotherhood to humanity. Those who are indifferent to the welfare of their fellow-

men, whose hearts are empty of love, they do not know the meaning of religion."

Jesus Christ Himself has said, "For judgement I have come into this world, so that the blind will see and those who see will become blind." (John, Chapter 9, verse 39).

Republic Day represents the true spirit of independent India and marks the patriotic fervour of all Indians across the country who celebrates this event with great enthusiasm year after year.

On the occasion of Republic Day, we must remember the sacrifices made by those Indians who fought bravely for

a liberated India. But it is a pity that every year, after the Independence Day and Republic Day celebrations get over, our national flag is strewn like rubbish on the streets and people irrespective of caste, creed, colour or religion, blithely walk over them. Even when the national anthem is played on radio or relayed on television, people no longer stand up and sing

the song; they keep chatting with people on their mobile phones or are busy cooking in their kitchens. As Indians, we must respect our country's culture by showing due respect for our country's national flag, national anthem and national song. It is only because of the sacrifices made by our great freedom fighters that we live in a liberated country today. Otherwise, we would still be living under the British leadership.

It seems that the Gandhian ideals that inspired India's independence struggles are no longer followed by the citizens today. Each and every one of us respects Mahatma Gandhi and proudly addresses him as the 'Father of the Nation', but no one is prepared to tread the path adopted by him.

Republic Day is a day for us to celebrate with the hoisting of our national flag, recitation of our national anthem, singing patriotic songs and organising social and cultural events.



BY JUBEL D'CRUX

# Sri Lanka's first saint challenges today's Church

by Hector Welgampola

People's eyes of faith saw the saint in Joseph Vaz during his lifetime. But he had to wait 303 years after death for official acclaim of his sanctity. And now, will his canonization just niche him away on church walls or inspire emulation of his pastoral courage?

For many years, Church historians, pious groups in Goa and Sri Lanka's Joseph Vaz National Secretariat kept the Vaz saga of sanctity alive. As secretariat chair and ordinary of Vaz' final resting place, Bishop Vianney Fernando of Kandy harnessed people's enthusiasm for the Vaz cause.

Soon after Vaz was beatified in 1995, nine Lankan dioceses built 23 churches/chapels in his honor. At some 10 venues, devotees hold public prayer to seek his intercession.

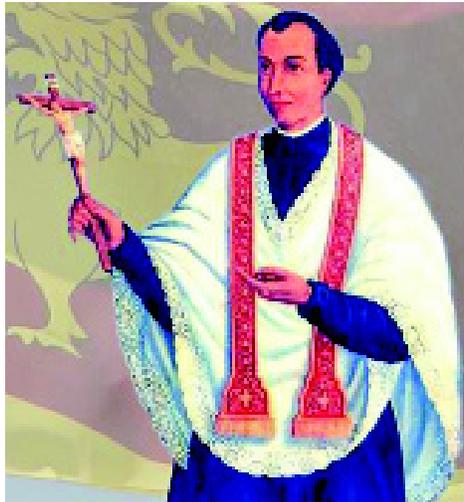
Even before official approval of public veneration for the country's first saint, in 1983 Archbishop Nicholas Marcus Fernando of Colombo pioneered a project to focus laity attention on a vital aspect of Vaz' ministry. He founded Joseph Vaz Deva Dharma Niketanaya to teach theology in the Sinhala language. Now affiliated to Rome's Urban University, the theologate has campuses in three other dioceses as well.

Up until now, this network has helped train catechists and lay cadres for apostolates. Hopefully, the January 14 canonization should enthuse these campuses to take a lead in deeper study and wider sharing of hitherto unexplored lessons of the Vaz mission methods.

The life and mission of Sri Lanka's first saint was uniquely heroic and prophetic in many ways. His own priestly zeal led him there in 1687 to serve

Catholics abandoned by Portuguese colonizers and their clergy.

After the Apostles of Jesus, he is the first known Asian missionary to have evangelized an Asian country. And he did it with the help of a few fellow-Indian priests. That is why Pope John Paul II named him the greatest missionary in



Asia since Francis Xavier.

From the ruins of a Lusitanized Church deserted by the Portuguese, the Brahmin priest began to build a truly native Church. After studying the local language and culture, his pastoral team introduced indigenized para-liturgies to meet people's spiritual needs.

He set apart teams of writers to provide Catholic literature in Sinhala and Tamil. Though he led a minuscule religious community, Father Vaz intervened for



the public good when floods and plagues hit the country. If the essence of his pastoral style became a guide to later European missionaries to Lanka, it froze in a cultural winter. His vibrant witness to interreligious harmony and interethnic amity ended up fossilized.

Three centuries after Father Vaz' death, the better method of celebrating his canonization would be to discern his message for today, not to blindly mimic his pastoral methods. Just as he set apart personnel for contextual apostolates such as writing and healing, will today's Church prioritize current apostolic needs and pastoral challenges?

More importantly, will the example of his personal holiness and commitment challenge Catholics and their pastors to holiness of prophetic witness, the essence of our Christian faith? Just the way the Vaz team ministered to small-pox victims, there is a need for pastoral teams to speak up for victims of today's bigger-pox: injustice, oppression and corruption.

Some Sri Lankan dioceses are so blessed with a glut of priests that seniors may opt to make way for younger clergy. In such a scenario, let volunteers go on Vaz-style mission to needy regions and apostolates.

Maybe, the new Asian theological institute to be blessed by Pope Francis in Negombo could be the nucleus for an Asian program of reverse mission of prophetic social ministry.

Such emulation of the great missionary's pastoral vision and style will be the better way of bringing alive his canonization. It will also resonate the challenge to "apostolic courage to come out of itself" that Cardinal Bergoglio presented to the Church, just before he was elected pope.

mattersindia

# Inspiration!

## How To Be A Good Working Wife



Nowadays, most of the women are in a position where they have to earn something to supplement the family's income. Out of them, some are career oriented too. This is a good trend but the only challenge that arises is time management. If you are too involved with your work, most of your household tasks get ignored or mishandled. If you have kids too, then your schedule gets totally haywire.

*How to handle that situation? Here are a few ways to deal well:*

### Pros And Cons Of A Working Wife

Well, there are certain ways in which you can tackle each single problem and plan your day in a better way. Here are certain tips that will help you in the process. But firstly, remember that team work is important at home too. Involve your husband as a team player. Only then, you will be able to multi-task without getting stressed about all the household work. Your husband should equally support you in house chores.

### Maintain proper work-life balance

Yes, maintaining balance between your work and family is crucial. If you give too much importance to your career, your family may feel neglected. If you

spend too much time with family, your boss will feel neglected and your work

### Guide for A Good Working Wife

**Express** your feelings and needs effectively.

**Picky** your battles. Some issues are worth fighting about, and some aren't. If you spend all of your time nitpicking your husband about minor problems that don't really matter, then he's not going to listen to you when major issues come up.

**Criticism** can destroy a relationship.

**You** should praise your husband for the things he does right much more than you argue with him about things that he does wrong. This will make him much more likely to listen to you, and much happier to be around you.

**Be** understanding when you discuss an issue with your husband.

**When** you're wrong, admit it.

**Talking** about your husband behind his back is disloyal.

**Have** realistic expectations. Neither of you are perfect. Unmet expectations tend to frustrate everyone. If your expectations are truly too high or unrealistic, then you need to set standards that are obtainable.

may suffer in your office. Strike a balance. Figure out how you can satisfy both the parties with your efficiency. It takes time but it is not impossible.

### About time management

How to be a good wife while working? Sketch a time table for every single activity of the day. Things done at the right time will give you more enthusiasm and clarity. Speed up things with the help of the time table. Accommodate your household activities as well as office work in the time table. You will get a better idea about where your time is getting wasted once you maintain a log.

### Ask your husband to help in the kitchen

There is nothing wrong in asking your husband to help you out in the kitchen. You are helping him out by contributing some income to the family. Why not take some help in the kitchen. Discuss the same with your husband and get some minor tasks done by him in the kitchen; in fact, your boring kitchen will become romantic when both of you start cooking food together.

### Spend your entire weekend with your family

**How to be a good working wife and mother?** As a working woman, weekends are the only opportunities to spend quality time with your family. Without promising your free time to office colleagues, ensure that you give your time to your husband and children. In fact, your children will miss you if you go out for a movie with your colleagues on a Sunday. Preplan it.



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# Grooms



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**MUMBAI** : Goan Roman Catholic Bachelor, aged 28 years, Ht. 5' 6", Wt. 68 kgs, Wheatish Complexion, handsome, Edn. HSC, working as a Subway Manager, having separate accomodation in Andheri West. Seeks a fair, intelligent, presentable girl preferably only child. Contact email : kelvinbritto20007@yahoo.co.in OR 9987933721.

**KOLAPUR** : Roman Catholic, Goan, 28 years, Ht. 5' 8", Wt. 75 kgs, Fair Complexion, Studing M.D., General Medicine. Seeks a suitable match. Contact email : boom\_anup\_41@yahoo.com OR 9422628636 / 9273337666 (Regd. No. 6179)

**MUMBAI** : Goan Roman Catholic Bachelor, aged 32 years, Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. MBA in Banking, working as a Auditor. Seeks a good natured, family oriented, smart, ambitious girl. Contact email : conrad\_rodrigues@rediffmail.com OR 26454896 / 65178959 (Regd. No. 6178)

**MUMBAI** : Goan Roman Catholic Bachelor, aged 36 years, Ht. 5' 9", Wt. 86 kgs, Wheatish Complexion, Edn. M.Com., Position : Financial Consultant. Seeks a alliance from RC graduate/pst graduate spinster. Conatct email : raceangelreb@yahoo.in OR 9821173681 (Regd. No. 6172)

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 27 years, Ht. 6', Wt. 75 kgs, Wheatish Complexion, Edn. B.E. Electroncs, working as a Sr. system Engg in Mysore. Seeks a graduate, Mangalorean girl below 25 years. Contact email : dsz.roshan@gmail.com OR 9699672525 / 8767173907 (Regd. No. 6168)

**CANADA** : Mangalorean Roman Catholic Bachelor, aged 28 years, Ht. 5' 4", Wt. 62 kgs, Wheatish Complexion, Edn. B.Sc., Hotel Management,

working in Hotel line. Seeks a Mangalorean girl, below 27 years. Contact email :

mathias.brian@ymail.com OR 5875824352 (Regd. No. 6167)

**MUMBAI** : Mangalorean Roman Catholic Bachelor, aged 31 years, Ht. 5' 8", Wt. 64 kgs, Wheatish Complexion, Edn. B.Com. , working for Bank. Seeks a suitable match. Contact email : joeldsouza@rocketmail.com OR 9833129976 (Regd. No. 6164)

**MUMBAI** : Goan RC Bachelor, aged 30 yrs, wheatish complexion, ht 5'9", wt. 68 kgs, sober habits, Edn. B.E. (Mech), MBA, Employed with an MNC, seeks alliance from R.C spinsters with pleasant personality and strong moral values. Contact: matriadvert8@gmail.com / 9869480235. (Regd. No. 6163)

**BANGALORE** : Roman Catholic Bachelor, aged 30 years, Ht. 5' 5", Wt. 78 kgs, Wheatish Complexion, Edn. B.Tech., MBA, PGDM., working as a IT Sofwere - Business Analyst. Seeks a suitable match. Contact email : osbon\_prusty@yahoo.co.in OR 8123090908. (Regd. No. 6158)

**MUMBAI** : Mangalorean RC 1st marriage annuled by the church, aged 37 years, Ht. 5.' 7", Wt. 80 kgs, Fair Complexion, Edn. HSC., Diploma in Hotel and Restaurants Management, Working in Front office Department, well settled. Seeks a simple, humble, godfearing girl. Contact email : menezes\_kenneth@rediffmail.com OR 9619089645 (Regd. No. 6154)

**MUMBAI** : Telugu Protestant Bachelor, aged 26 years, Ht. 5' 10", Wt. 86 kgs, Fair Complexion, Handsome, Well qualified and good family background. Seeks a suitable match (Regd. No. 6153)

**MUMBAI** : Mangalorean RC Bachelor, aged 36 years, Ht. 5' 5", Wt. 55

**Members are requested to inform us when they are settled, so that publication of their details can be discontinued.**

kgs, Wheatish Complexion, Edn. 6th Std., honest, understanding, having a shop. Seeks a simple, homily Mangalorean Konkani speaking girl. Contact email : cyrildsouza87@gmail.com OR 07738976166 (Regd. No. 6152)

**USA** : Mangalorean RC Divorcee, aged 44 years, having 2 childredn aged 12 & 7 years, Ht. 5' 11", Wt. 73 kgs, Wheatish Complexion, Edn. Masters of Engg. MCA., working as an Electronics / Telecom Engineer, workingin USA. Contact email : l\_lawrence\_t@yahoo.com OR 0019496903065 (Regd. No. 6151)

**MUMBAI** : Mangalorean RC Parents Mumbai based invite proposal for their Bachelor son, aged 27 years, Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. B.E., Chemical working in Saudi Arabia for reputed MNC having family status (ready to relocate), Seeks a suitable educted girl. Contact email : florange903@gmail.com OR 9867974086 (Regd. No. 6141)

**MUMBAI** : Mangalorean RC Bachelor, aged 26 years, Ht. 6', Wheatish Complexion, Handsome, Edn. M.Sc., in Petroleum Engineering, working as an Application & Operations Manager in Engineering and Oilfield Co. in Gulf. Seeking alliance from a Roman Catholic family, with a homely, loving and caring below 26 years, educated, tall, fair and goodlooking girl. Kindly reply with profile with bride's picture by email : ritadz2003@yahoo.com OR 9819554390 / 0096895434412 (Regd. no. 6140)

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**MUMBAI** : Mahrastrian Protestant Spinster, aged 28 years, Ht. 5' 4", Fair Complexion, good looking, Edn. B.A. LL.B., Advocate by profession. Contact email : ruch\_20jan@yahoo.in OR 7738674508 (Regd. No. 6268)

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 6", Fair Complexion, Edn. BMS, working as a Sr. Associate. Contact email : laurentiaf@yahoo.com / laveenafernandes@rediffmail.com OR 9870036325 (Regd. No. 6266)

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 2", Fair Complexion, Edn. B.Com., Dip. in Mktg., working as a Sales Coordinator. Contact email : mflavy@yahoo.com OR 9769226745 / 9819736100 (Regd. No. 6263)

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 29 years, Ht. 5' 6", Wt. 62 kgs, Wheatish Complexion, Edn. B.Com., M.Com., PGDBA., working as a Sales Executive in Chemicals Company. Contact email : joswin13@yahoo.com OR 09820914606 (Regd. No. 6262)

**MUMBAI** : East Roman Catholic Spinster, aged 26 years, Ht. 5' 5", Wt. 52 kgs, Fair Complexion, good looking, Edn. B.E.,(IT), working as a IT Engineer in MNC. Contact email : cynthia.h@rediffmail.com OR 9969379432 (Regd. No. 6261)

**DUBAI** : Mangalorean Roman Catholic Spinster, aged 26 years, Ht. 5' 5", Wt. 58 kgs, Fair Complexion, goodlooking and smart, Edn. MBA., working as a Manager in Bank. Seeks a graduate Bombay based

Mangalorean bachelor, working in Dubai. Having a good status. Contact email : vick5256@gmail.com OR 00971 55 5902447 (Regd. No. 6150)

**MUMBAI** : Goan Roman Catholic Spinster, aged 31 years, Ht. 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. BMS., Working as Insurance Associate. Contact email : ladsouza2013@gmail.com OR 8655220756 (Regd. No. 6149)

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 27 years, Ht. 5' 5", Wheatish Complexion, Edn. M.S. in Human Resources, working for an international school, seeks a well educated Mangalorean bachelor from a decent family background. Contact email : marriageproposal986@gmail.com OR 9892656367 (Regd. No. 6147)

**MUMBAI** : Goan Roman Catholic Spinster, aged 25 years, Ht. 5' 3", Wheatish Complexion, Edn. B.Com., working and pursuing Post Graduation in Management. Seeks suitable match. Contact email : congi@gmx.com OR 9930630927 / 022-33579348 (Regd. No. 6146)

**MUMBAI** : Anglo Indian Roman Catholic Spinster, aged 28 years, Ht. 5' 3", Wt. 68 kgs, wheatish Complexion, Edn. T.Y.B.A., working for CSR, Seeks a well settled, sober habits, presentable, understanding nature, Contact email : foreverbeck@yahoo.com OR 9049766964 (Regd. No. 6142)

**MUMBAI** : Mangalorean Roman Catholic Spinster, aged 28 years, Ht. 5' 6", Wt. 50 kgs, Wheatish Complexion, Edn. M.Com., B.Ed., Seeks a suitable match. Contact email : w\_noronha@yahoo.co.in OR 9867435052 (Regd. No. 6139)

**MUMBAI** : Goan Roman Catholic Spinster, aged 28 years, Ht. 5' 4", Wt. 75 kgs, Fair Complexion, Edn. HSC + ECCED Course, Teacher by profession Only Child. Contact email : graciaas@rediffmail.com OR 9869088728 / 9869088736 (Regd. No. 6137)

**MUMBAI** : South Indian Roman

Catholic Spinster, aged 30 years, Ht. 160 cms, Wt. Normal, Wheatish Complexion, Edn. B.Sc./ PGDMIT, workaing as a Pathology Lab Technician (Instructor) in KSA since 7 years, well settled, seeks a suitable match. Contact email : Mathew\_680@yahoo.com OR 8652531726 (Regd. No. 6136)

**NASHIK** : Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 6", Wt. 64 kgs, Fair Complexion, Edn. C.A., working as a Chartered Accountant. Seeks highly qualified match, Contact email : lonadsouza71@gmail.com OR 9960620677 (Regd. No. 6134)

**PUNE** : Goan Roman Catholic Spinster, aged 26 years, Ht. 5' 7", Wt. 82 kgs, Wheatish Complexion, Edn. M.A. working with MNC as HR. Seeks a suitable match. Contact email : minin1958@hotmail.com OR 9860097450 (Regd. No. 6132)

**MUMBAI** : Mangalorean RC Spinster, aged 25 years, Ht. 5' 8", Wt. 72 kgs, Fair Complexion, Edn. B.Com., Diploma in Fin. App. working as a Sr. Executive in Finance Company. Seeks a educated and well settled bachelor Ht. above 5' 8". Contact email : jovy.rodrigues@gmail.com OR 9769440351 (Regd. No. 6131)

**MUMBAI** : Goan RC Divorcee, aged 41 years, Ht. 5' 3", Fair Complexion, Good looking and simple, Edn. B.Com., working as a administrator. Seeks a suitable match. Contact email : dalai\_mary@rediffmail.com OR 9967289345 / 9987638099 (Regd. No. 6130)

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**MUMBAI :** Goan Roman Catholic Spinster, aged 33 years, Ht. 4' 5", Wt. 55 kgs, Wheatish Complexion, Edn. M.B.A., in HR working as a HR. Contact : 9820217917 (Regd. No. 6086)

**MUMBAI :** Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 2", Wt. 70 kgs, Wheatish Complexion, Edn. BMS/MBA-HR, Position : Sr. HR. Executive. Contact email : karenzone@gmail.com OR 9820189797 (Regd. No. 6083)

**MUMBAI :** Goan Roman Catholic Spinster, aged 31 years, Ht. 5' 2", Wt. 59 kgs, Wheatish Complexion, Edn. (BFA) Commercial Art. Position : Art Manager. Contact email : bernadette26@gmail.com OR 9833097880 (Regd. No. 6082)

**MUMBAI :** Goan Roman Catholic Spinster, aged 30 years, Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn. B.Com., MBA - HR. Position : HR Manager in Foreign Bank. Contact email : genevie.dsouza@yahoo.com OR 9930445550 (Regd. No. 6081)

**MUMBAI :** Mangalorean Roman Catholic Spinster, aged 27 years, Ht. 5' 2", Wt. 65 kgs, Fair Complexion, Edn. B.A., B.Ed., M.A., Teacher by profession. Contact email : lazradoliselle@yahoo.co.in OR 26773527 (Regd. No. 6080)

**MUMBAI :** Goan Roman Catholic Spinster, aged 35 years, Ht. 5', Wt. 65 kgs, Fair Complexion, Edn. B.A., working as an Executive. Contact email : dsm1909@rediffmail.com OR 9819800179 (Regd. No. 6079)

**MUMBAI :** Goan Roman Catholic Spinster, aged 29 years, Ht. 5' 3", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., working as a Client Associate. Contact email : a\_fernandes@ateindia.com OR 976939984 (Regd. No. 6077)

**MUMBAI :** Goan Roman Catholic Spinster, aged 25 years, Ht. 5' 5", Wt. 67 kgs,

Wheatish Complexion, Edn. B.E. (Information Technology) working as a Software Engineer. Contact email : sharondrz@gmail.com OR 8655875558 (Regd. No. 6072)

**MUMBAI :** Roman Catholic Spinster, aged 32 years, Ht. 5' 2", Wt. 55 kgs, Very Fair Complexion, Edn. MBA (HR) working as a Sr. GR Associate. Contact email : dianne.j12@gmail.com OR 9867098306 (Regd. No. 6071)

**MUMBAI :** Mangalorean Roman Catholic Spinster, aged 25 years, Ht. 5' 4", Wheatish Complexion, Edn. M.Sc. Maths, Professor. Contact email : alinbombay@yahoo.co.in OR 7738931958 (Regd. No. 6070)

**MUMBAI :** Goan Roman Catholic Spinster, aged 31 years, Ht. 5' 3", Wt. 70 kgs, Wheatish Complexion, Edn. B.A., working as a HR & Admin Exe. Seeks a educated well settled goan bachelor. Contact : Email: sweetcapri1982@yahoo.in OR 9833951282/9920932427 (Regd. No. 5747)

**MUMBAI :** Goan R.C. Spinster, aged 25 years, Ht. 5' 3", Wt. 52 kgs, Fair Complexion, Good looking, coming from a decent family. Edn. MBA, working as a Asst. Manager. Contact : email: dsilva\_edwin@hotmail.com OR 9821800924 (Regd. No. 5781)

**MUMBAI :** Mangalorean RC Spinster aged 32 years, Ht. 5' 5", Fair Complexion, Edn. Doctor, working as an Asst. Manager in Pharmaceutical company. Only Child. Contact : email: shrlydsz@yahoo.com OR 9930550318 (Regd. No. 5786)

**MUMBAI :** RC Spinster, East Indian, Fair Complexion, Sincere, Homely, Edn. B.A., aged 48 years, Ht. 5' 2", Hobbies/Occupn/Profsn in Creative Art work. Seeks a suitable life Partner-Reliable, Sincere, Working, Sacrificing & Supportive. If interested Contact 8-30 p.m. to 10 p.m. Dial 25372060 (Regd. No. 5662)

**PANVEL:** Mangalorean Roman Catholic Spinster, aged 29 years Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. Graduate, working for HSBC

Bank, coming from a well establish business family. Seeks a boy with good family background, he should be a businessman or a service should earn good. A good person by nature. Contact : 9821594729 OR Email: amritamendonsa@gamil.com (Regd. No. 5643)

**DUBAI :** Mangalorean R.C. Spinster, aged 32 years, Ht. 5' 5", Wt. 60 kgs, Fair Complexion, Edn. MBBS, MD., Doctor by profession. Seeks a educated well settled boy from Decent family. Email : lovely\_lavender2012@yahoo.com OR 09845850726 (Regd. No. 5619)

**MUMBAI :** Mangalorean RC Spinster, aged 27 years, Ht. 5' 4", Wt. 58 kgs, Wheatish Complexion, Educated working for MNC. Seeks a well settled educated Mangalorean boy. Contact : 28261504 (Regd. No. 5832)

**MUMBAI :** Goan Roman Catholic Spinster, aged 30 years, Ht. 4' 11", Wt. 49 kgs, Wheatish Complexion, Edn. BHMS., Doctor by profession. Contact : rochellessilva@gmail.com OR 9869000687 (Regd. No. 5733)

**MUMBAI :** Alliance invited for smart Mangalorean RC girl from cultured family, 1985 born 5'5", MBA from premier B-school in Mumbai working as a Manager with India's leading brand from postgraduate RC grooms. Reply with photographs & details to hanci85@gmail.com (Regd. No. 5831)

**MUMBAI :** Mangalorean Roman Catholic Spinster, 28 years, Ht. 5' 4", Wt. 54 kgs, Fair Complexion, Edn. B.E., M.B.A., working as a Marketing Professional, Well settled, Seeks a suitable Mangalorean boy, below 30 years, Well qualified. Contact Email : theo\_valli@yahoo.co.in OR 8452870455 (Regd. No. 5867)

**MUMBAI :** Goan Roman Catholic Spinster, aged 25 years, Ht. 5', Wt. 50 kgs, Fair Complexion, Edn. B.Com., B.Ed., Teacher by profession. Contact email: ritinadsouza@gmail.com / arlophvieira@gmail.com OR 9820448715. (Regd. No. 6119)

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