

Can 'Bharat Jodo Yatra' give the GOP a new lease of life?

he much-touted 'Bharat Jodo Yatra' by the Congress was launched on 7th September by party leader Rahul Gandhi in Tamil Nadu's Kanyakumari district. The main yatra would cover approximately 3,570 km from Kanyakumari in the south to Kashmir in the north over about five months. The Congress also unveiled a logo, tagline, pamphlet, and website for the yatra. The grand old party claims that it will be a "transformational moment" for Indian politics and a "decisive moment" for the rejuvenation of the party.

the Civil Society, which stood shoulder-to-shoulder with the BJP and worked actively for the ouster of the Congress pre-2014, has now rallied behind the Congress in Bharat Jodo Yatra. Like during the freedom struggle, the Congress provided the political platform to fight for Indian Independence, this Yatra could serve as a common platform for civil society groups and individuals to connect with the Congress for the larger cause.

Importantly, for the first time,

Congress is not the only party that has planned to leverage the power of yatras. Many parties have undertaken political yatras to connect with voters and establish themselves as leaders of the people.

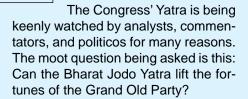
NTR, the founder of the Telugu Desam Party (TDP), is widely considered the pioneer of 'Rath Yatra' in Indian politics. Covering 40,000 km and touring Andhra Pradesh multiple times, the 'Chaitanya Ratham Yatra' catapulted NTR to power in 1983. He pioneered the concept of rath, and changed the way elections were held.

Similarly, Y S Rajasekhara Reddy was leading the Congress in united Andhra Pradesh when he undertook a 1,500-km padayatra in 2003. During the yatra that lasted for two months, YSR highlighted people's problems

and the TDP regime's failures. YSR managed to build a connection with the masses, resulting in Congress winning a thumping majority in Andhra Pradesh and ousting the TDP in the 2004 Assembly elections.

Perhaps the original Padayatra was the 385-km-long Dandi March, from Sabarmati Ashram in Ahmedabad to Dandi in Navsari in Gujarat, of Mahatma Gandhi from March 12, 1930, to April 5, 1930. Gandhi's iconic act of defiance of breaking the Salt Law of the British at 8:30 AM on April 6,

1930, caught the imagination of the people across the country, sparking off the nationwide Civil Disobedience Movement. Dandi March had a major impact, galvanizing, and awakening the people.



One, the yatra is crucial for the rejuvenation of Congress. The Congress has been steadily losing states since Narendra Modi entered the national scene in 2014. Of 50 assembly elections held since 2014, the Congress has won only 7. During the same period, the party could retain power in only 1 out of the 13 states that it ruled. Though Congress is the main Opposition party, it got just 52 seats to match the BJP's 303 in the 2019 Lok Sabha polls. The grand old party also continues to struggle with the leadership crisis as it is yet to appoint a full-time president. The Congress believes the Yatra will help it rejuvenate itself.

Two, the Yatra is important from the point of view of instilling confidence in the party workers. The electoral setbacks have brought spells of desertions and dissent in the party. Many prominent leaders of the party such as



RPN Singh, Jitin Prasada, Jyotiraditya Scindia, and Ghulam Nabi Azad have left the party. The party hopes that this yatra will instill some amount of confidence among the rank and file of the Congress.

Three, the Yatra is crucial as far as Grand Old Party's space in the opposition bloc is concerned. Congress is up against a formidable opponent, the BJP on one side and myriad regional parties on the other. It faces stiff opposition from the leaders of these regional parties to lead the anti- BJP space. Many believe that a dispirited Congress is bad for itself, and it is also likely to hurt the prospects of the Opposition, which has sensed an opening in what it terms as the government's mismanagement of the economy, rise in atrocities, and communal tension. The Yatra is an all-out attempt to shield the opposition space.

Lastly, with the Yatra, Congress hopes to set the narrative for the future. Congress' unprecedented electoral and political losses have raised questions about the ability of the party to defeat the BJP. It has also raised a question mark on the Gandhi family's ability to deliver votes for the party during elections. With the Yatra set to end around March 2023, the party hopes to create a new narrative about its ability to defeat the BJP.

How much momentum the Bharat Jodo Yatra gathers within the opposition political firmament will be known in the days to come. But there is little doubt that the Yatra has infused a new life into the GOP as a whole. More importantly, it can pave the way for broader political unity, in the run-up to the general election in 2024.

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(Contd., from p. 1)

Entertainment: Social media has become the medium of entertainment. All kinds of contents are available to entertain the youth. The choosing of the contents are often based on one's own interests.

Building the Relationship: It becomes a web of relationship. It creates the place for building the relationship between the known and unknown as well. It helps the people to maintain virtual relationship forever.

Pune Knowing what's happening around them: Social media acts as platform for the news around the world and gives an overall view and

Br. Justin Arokia

Raj SVD

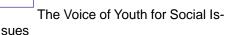
summary about the events happen-

Unveiling one's own talents: It creates an accessible space for all those who like to unveil one' own talents. There are numerous young people whose hidden talents were brought to the lime light with the help of the social media.

Apart from all these pros, there are some cons which we must accept. Since, youth are deeply involved in the social media, they are missing

out the way of physical interactions like outdoor games, physical exercise, reading books, magazines, and newspapers, hanging around with the friends, peaceful sleeping, playing in the rain, jogging in the morning etc... According to UNICEF, 1 in 7 Indians aged 15 to 24 years due to over usage of social media, feel depressed linking

to lack of self-esteem, poor concentration and other maladaptive symptoms, leading to difficulties in communication, failure in work or study productively as well as suicidal thoughts. These are pinch of huge realities in the life of youth.



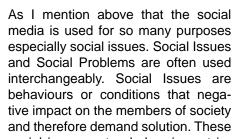
social issues not only has impact individuals but also create disruption or hardship for large numbers of people. We must accept that the social media creates a platform in which all the social issues are brought, criticized, commented, read, viewed, dissect-

ed, analysed, debated, argued and spread everywhere by the people.

The voice of the youth on the social issues in social media is very much powerful and highly amplified. Any social issues that have taken place in any corner of the country spread like a wild fire within a fraction of time in the social media. One of the historical protests which all admire and none can forget is the 'Jallikattu Protest' at Marina, Chennai. It was entirely coordinated by the people, especially youth with help of the social media. Youth could come from far and wide in order to safeguard their cultural identity.

As I have said in the beginning, social media is a powerful platform by standing on which youth raise their voice for the voiceless and social issues. Secondly, it is a powerful weapon easily available to all. We should use it like a soldier who uses it for saving the people.

Therefore, we can say that social media, the powerful weapon of this era is being used by the thousands of young soldiers in order to bring justice to whom it is denied, to raise the voice of voiceless, to spread peace harmony, and solidarity, to kill all kind of discriminations etc...



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-Ivan Saldanha-Shet.

eptember 21, is active as the "World Alzheimer's Day", awareness and highlights continue in all parts of the world, all over India too. In Mangalore and this region particularly awareness is being celebrated. On Friday September 23, 2022, a full fledged forenoon programme was held at the city's premier 'Town Hall' with a large number of elderly and students present to cause awareness among all sections of society.

This programme was spearheaded by 'PAGE - People's Association for Geriatric Empowerment'. This is a conglomerate of many divergent organisations to make a 'difference to the lives of elders'. To enrich the natural ageing process a wide cross section of elders and youth, together as one body and mind. The key persons in this effort currently - Mr.Jerardin D'Souza, Dr.Prabha Adhikari, Mr.Mohan Raj, there have been many generous, kind and active institutions, groups and people in this effort consistently and all of them are to be remembered and admired now and in the future. At this juncture it is apt to recall the late Ms. Olinda Periera who has been the backbone of the yeoman efforts to uplift the elders and sick in the city.

At this symposium several knowledgeable professionals shared their expertise on "Dementia & Alzheimer's". After the lighting of the ceremonial lamp there was a very well chalked out programme by various groups of 'Caregivers', 'Senior Citizens', Students' and 'Institutions'. This was indeed an exercise which

brought out a lot of useful information and a roadmap for the immediate future. Alzheimer's Disease (AD) is a neuro-degenerative condition which gradually damages brain cells causing loss in memory and thinking process. It has been estimated that more than 50 million people are diagnosed with AD worldwide and it is the most common cause of Dementia accounting for 60-70% of all dementia cases. A thumbnail sketch of the disease and discussions are informative:

Memory loss is the early symptom of AD, difficulty registering/recalling new information, forgetting recent events and conversations. Short-term and immediate memory are the first to be affected. This memory loss often results in arguments with family as the person may accuse the loved ones of not feeding them, stealing their valuables and so on. The disease progresses, and severe memory impairment with problems to carry out simple daily tasks or recognize loved ones results commonly. People with AD may move aimlessly, get lost in familiar surroundings, or forget where common things are. They may wander away from home and not be able to find the way back. The family/caregivers have to be alert all the time as the risks are great. Difficulty with numbers and challenges to handle money, pay bills. Everyday tasks like turning off the stove, dressing, bathing or grooming may not be handled. Because of their inability to communicate with clarity, family/caregivers' efforts to understand what they want- whether they are hungry, thirsty, want to use the washroom or if they are in pain and respond accordingly is a challenge.

Behavioral and personality issues develop in AD patients. Their sleep patterns drastically alter; they want to sleep during the day and keep awake at night, a confused circadian clock. Psychotic symptoms like delusions are sometimes seen in people during the later stages of AD. The persecutory content of their thought processes may mislead others into believing the accusations if they are unfamiliar with the course of the illness. Hoarding paper cuttings, fruit peels, match sticks or other junk and treating them as items of immense value is seen in some. When family caregivers take them away, they become very agitated or aggressive. On rare occasions they may become violent if others do not go with their thinking and argue otherwise. Sometimes it is best to leave them alone as long as they do not harm themselves or others. Losing their inhibitions, undressing in public, urinating or defecating in the living room are noticed in the advanced stages of AD. Improving the quality of life, with Dancing, singing, playing an instrument, handicrafts, reminiscing (telling stories) are some of the skills which are preserved for a longer time and by keeping the person with AD engaged and cognitively occupied, it is possible to slow down cognitive decline to a great extent.

Some vital points to note: The causes of mental confusion in the elderly, are not usually "Tumors in the head" nor early signs of Alzhimer's. The three most common causes: - uncontrolled diabetes. - urinary infection. - dehvdration. When no one is around to remind the aged to drink fluids, they quickly dehydrate. Dehydration is serious and affects the entire body. It may cause abrupt mental confusion, a drop in blood pressure, increased heart palpitations, angina (chest pain), coma and even death. This habit of forgetting to drink fluids, begins at age 60, when we have just over 50% of

(Contd.. on p. 5)



National Boyfriend Day

National Boyfriend Day is celebrated on October 3. It's a day to let your boyfriend know how much he means to you. National Boyfriend Day reminds everyone with a boyfriend to take special notice of that special someone and how they make your life better.

—Jubel D'Cruz, Dombivili, Mumbai

' Queen Elizabeth II - will always be remembered '

With reference to Jubel D' Cruz 's apt letter titled: Queen Elizabeth was a dignified and simple royal woman in The Secular Citizen dated Sept., 2022 Queen Elizabeth II had a great set of wit and ready humor which our leaders will do well to imbibe to gel

(Contd., from p. 4)

the water we should have in our bodies. People over 60 have a lower water reserve. This is part of the natural aging process. But there are more complications. Although they are dehydrated, they don't feel like drinking water, because their internal balance mechanisms don't work very well. People over 60 years old dehydrate easily, not only because they have a smaller water supply; but also because they do not feel the lack of water in the body. Although people over 60 may look healthy, the performance of reactions and chemical functions can damage their entire body. Declinmore closely with the people and she was very courteous and wrote birth-day letters to all people who celebrated their hundredth birthday.

Besides animals and cats she also liked exotic birds.

She had a huge collection of vintage cars and vintage motorbikes too.

Ironically for her funeral at Windsor her horse Emma was brought out to bid her farewell and the huge crowds of people who gathered to pay their respects to her during her funeral procession speak for her popularity.

Hence Queen Elizabeth II - will always be remembered.

— Peter Castellino

Solve the temporary and permanent graves dilemma -properly

ing brain health is not a compulsory part of aging, recent studies show that dementia cases can be linked to 12 lifestyle factors mostly within our control: Physical inactivity, Alcohol consumption, Obesity, Smoking, Hypertension, diabetes, Depression, brain trauma, Hearing loss, Social isolation, Air Pollution, self education.

So, with the rising population of the aged and higher life expectancy the people have to take mental well being grasped in both hands and rise to make life a better routine from day to day in the future without undue tensions and frustrations for happiness and joy of life's sun to set in peace.

and quickly

With reference to Tao Alphonso's article titled: Is This Temporary v/s Permanent Graves Discrimination and Partiality Ethical In The Catholic Church ? in The Secular Citizen dated, 19 Sept., 2022 either allow people to buy permanent graves to bury the corpses or ashes of the dead person or mark temporary graves with crosses have the dead person's identification or construct two level underground niches to store bones or ashes of dead people away from the foundation of the church or construct niches on top of graves for this same purpose.

In these ways one can and must solve the temporary and permanent graves dilemma- properly and quickly

— Peter Castellino

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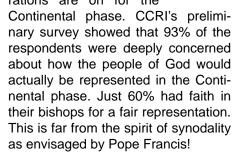
DILUTION, CLERICALISM, OVERSHADOW NATIONAL SYNTHESES

he Synod on Synodality was kick-started in October 2021. The first phase, the national level, was to conclude by 15th August 2022 and the National Syntheses (NS) were to be sent to the Synod Secretariat at the Vatican.

A communiqué from Rene Reid, Director, Catholic Church Reform International (CCRI) states that of 104 NS submitted to the Secretariat, more than half have not been made public. That would include the three NS from the Latin, Syro-Malabar and Syro-

Malankara Churches in India.

The CCRI organized a zoom meeting on Saturday 17th September to get a world-wide feedback on the progress of the Synod, now that all the NS would have been submitted; and preparations are on for the



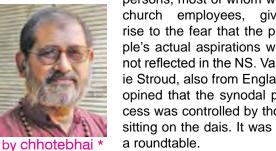
Representatives from 5 of the 7 Continental groupings participated in the zoom meeting. The notable exception was South & Central America that are often viewed as more participatory than more traditional or institutional ones; and the Middle East.

The meeting began with inputs from Europe. Mary Varley of Root & Branch UK began with a report on England and Wales. The takeaway from the 22 dioceses of the territory was dismal. The key word was "dilution"; the watering down of what people had

actually expressed. A groundswell of opinion had been reduced to pious platitudes. Nevertheless, some of the critical issues addressed were: clerical abuse and violence, women's ordination, embracing persons with disabilities and co-responsibility. Because of rampant clericalism ecclesiastical authorities were more concerned about the "reputation" of church personnel than about the pain of the victims of clerical abuse.

The NS condensed 900 pages from the dioceses; done by a group of 8

> persons, most of whom were church employees, giving rise to the fear that the people's actual aspirations were not reflected in the NS. Valerie Stroud, also from England, opined that the synodal process was controlled by those sitting on the dais. It was not



Colm Holmes, of We are Church International Ireland, had a refreshingly positive experience. The 26 diocese had submitted a 30-page report that was in the public domain. Even bishops considered conservative had shown openness to the synodal path. It affirmed women's involvement in both ordained and nonordained ministries and sought inclusiveness for the LGBTQ+ community.

The NS also called for shared decision making. Schisms often occurred because people stopped talking. Dialogue was imperative. The Irish steering committee had 8 clerics and 12 lay persons. Forty years ago 90% of Ireland's Catholics were regular Massgoers. That figure is now down to 10%!

Rosa Murray of the Scottish Laity Network said that they were not going to wait for reform. They would press forward regardless. The Scottish NS was largely reflective of people's aspirations.

Rene then mentioned that though Germany was not represented in this meeting, the Germans had been in the vanguard of the synodal path with the bishops and people working in tandem.

Kevin Liston, Australian Catholics for an Evolving Church, said that his country's NS had very little by way of practical suggestions. For example, it talked of social justice but did not propose a way forward. There was also no strategy for reaching out to those who had left the church. Most had become estranged because of the Church's own inherent deficiencies. The Australian Plenary Council was not impressed by the NS. The bishops had voted against equality for women.

There seemed to be a lack of commitment to synodality and the ability to listen. The majority of Australian bishops were comfortable with their autocratic and bureaucratic style of functioning. Peter Johnstone of the Australasian Catholic Coalition for Church Reform expressed concern about what would happen after the "good guy" Pope Francis was no longer around?

Ann McIntyre from Canada said that even prior to Pope Francis' visit, reconciliation with the indigenous people was a major issue. She observed that Sunday homilies were insipid and unconnected with people's daily lives, with too much of unfamiliar theologizing. Lay people should be allowed to preach Sunday sermons. Canada too supported women's ordination and greater laity-clergy collaboration to counter clericalism.

Rene, from the USA, said that it was at the bottom of the heap when it came to synodality. The US bishops had even asked for an extension of time to (Contd.. on p. 7)

(Contd., from p. 6)

submit their NS that may now become public by end October. Ann from Canada then expressed the apprehension that the USA could overwhelm them as they were in the same Continental grouping.

Alan Doulton from Pune, India, said that the synodal process was not being followed. Bishops were just going through the formalities, like an event, not a process. A faulty formation system was perpetuating clericalism. Redressal systems were non-functional.

chhotebhai, Convenor, Indian Catholic Forum, shared some salient points from the survey that they had conducted earlier. Vatican II teachings had not been implemented; parish and finance committees should be made mandatory; the community should be involved in the selection of bishops and they should have a 10-year tenure; the Right to Information Act (RTI) should be implemented in the Church; women who procure an abortion should not be ex-communicated automatically: Divorced and Remarried Catholics should be admitted to communion after due catechesis; and the Synod findings should be translated into law.

Ed Gerlock, a former Maryknoll priest from the Philippines, said that though it was the only "Christian" country in Asia its situation was similar to that of India. Ashiq Naaz Khokhar from Pakistan indicated that the synodal process in his country was a non-starter.

Alloys Nyakundi of Young Adult Seekers, Kenya, said that clericalism was rampant in Africa too. Catechists in outstations (remote mission stations) conducted services and preached better homilies than the priests, as they were in tune with the people. There was large scale denial of LGBTQ+rights. Women were treated as second class and given servile roles in the Church. The Small Christian Communities were a sign of hope, but now the priests were using them for fund raising.

Rev Joe Healey, a Maryknoll priest from Kenya, said that Africa had submitted 30 NSs. The best was from South Africa that was the most liberal. They too advocated a larger role for the laity in preaching ministries. Church leadership needed to shed its autocratic and bureaucratic ways to overcome clericalism.

Sr Caroline Nzuya of the Nairobi Synodal Office said that in Kenya the people had been given the freedom to express themselves.

Rene regretted that there was no representation from South and Central America where they had a beautiful synodal experience. She asked what would now be the way forward? chhotebhai opined that knowledge is a power, as is dissemination of information, as CCRI was already doing.

The next meeting is scheduled for 29th October, in the expectation that by then the NS from the USA would be in the public domain. The big take away from this international zoom meeting was the apprehension of people's aspirations being diluted, and the ever lurking shadow of clericalism, that Pope Francis has described as the biggest scourge in the Church. The participants expressed their gratitude to Rene Reid for gathering people together from across the world and diverse time zones.

 This reporter is the Convenor of the Indian Catholic Forum that collaborates with CCRI on synodal issues.

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Counter Cultural Queen Elizabeth II - Queen of Our Time

by Don Aguiar.

ithin the hour of her death, Queen Elizabeth II was praised by commentators from left to right for representing so many traditional values. Reserve, self-containment, duty, responsibility, modesty of demeanour, graciousness, civility, prudence, fortitude.

What is most notable is that this instant outpouring of media praise for the queen's traditional virtues comes amid a contemporary culture that elevates daily, even hourly, a value system of self-regard, self-promotion, changeability, acting out and anything-goes behaviour that is the polar opposite of Queen Elizabeth's.

The celebration of the queen's traditional values suggests an unexpected recognition of the extreme artificiality of our now-dominant culture.

The queen's own family reflected this trend. First Princess Diana in the 1980s rode the rising celebrity wave, and ultimately it drowned her. Then Prince Harry married Meghan Markle, known primarily as an influencer. The queen's views on this cultural turn may be guessed.

"Influencer" is the defining word for our times.

An influencer's success depends overwhelmingly on one thing: self-promotion accomplished by rising in the hot-air balloons of Instagram, TikTok and other social media. The goal is to marry marketing with fame. Because influencers do it, millions of others, often young women, make preoccupation with themselves the one habit that directs their lives.

A culture of self-aggrandizement, though, is only one half of the shift in values revealed by the celebration of the queen's life.

To say that the queen's values were traditional means they existed for a very long time. The poised 14-year-old Elizabeth we heard in news clips reading her first public speech to children during the Blitz of World War II had by then been taught personal virtues held in high regard for centuries in the West and arguably longer in the East.

In our time, however, personal virtue has been demoted by social virtue.

In the new ethos, a well-ordered life is measured by one's commitment to notions such as social justice, equity, and inclusion and—undeniably the most dominant modern virtue—saving the planet. The achievement of a good life depends on making a public commitment to large, sometimes amorphous groups—minorities, the transgendered, the indigenous, the disadvantaged.

One effect of giving social responsibility more weight than personal responsibility is that it gives people a pass on their personal behaviour. So long as one's life is "centred" on some larger social good, the conduct of one's personal life is, well, irrelevant.

Consider progressive prosecutors. Good intentions notwithstanding, a difficulty with the theory of decriminalization is that it diminishes almost to nothing responsibility for one's bad acts, such as shoplifting. Behaviour unhinged from norms of any sort is rampant now.

The price paid for losing interest in Queen Elizabeth's traditional values is an epidemic of emotional anxiety. To the extent modern culture has any counterweight, it is antidepressants and the legalization of recreational dope.

The people's recollections of what made the queen's life exceptional are

an opportunity to compare the merits of virtue earned individually with virtue, or approved behaviour, constructed by society.

The queen's habits were a source of personal stability. Modern values are a source of instability. The habits of behaviour associated with her are not about mere goodness but about creating a structure of life inside of which one then can perform successfully as a person, hopefully for the good. She did that for her country for 70 years.

One cannot discuss what has happened to the culture in the queen's lifetime without considering the changed role of the churches. Gaining momentum, with their embrace of the nuclear-disarmament movement in the 1980s, the churches turned most of their energies to teaching that the embrace of broad social goals is the first determinant of a moral life. That won't change, but maybe it's time they reset the weekly balance between social-justice homilies and a rediscovery of personal virtues like the queen's, which they once taught so well.

One has to wonder: Is the praise for the queen's old-school virtues little more than this week's talking points, or do her media admirers recognize that something about what we promote now—self-regard, social moralizing—has gone badly off the tracks?

Perhaps this will fade after the queen's funeral Monday in Westminster Abbey. More than four billion people or more have watched, a world record. We'd be better off if a longer reconsideration of what made Queen Elizabeth's life exemplary became part of the post-pandemic reckoning that is changing so much else about the status quo.

A friend the other night asked why she keeps watching and why her eyes fill with mysterious tears. She

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is an Indian, a Mumbaikar who's never met the queen. I didn't have an answer but my mind immediately went to the book on the coffin and the pages turning.

It was April 8, 2005, the funeral of Pope John Paul II. The Vatican had been taken aback by the public response. He'd been pontiff 27 years and sick at least the last five. The Vatican thought he was old news. Yet Rome was engulfed by millions of people when news of his death came. They slept in the streets. They took up the chant that had spread: Santo subito—"make him a saint." Which, nine years later, they did.

They carried his plain cypress coffin down the steps of St. Peters Basilica for the crowds to see, and placed it in St. Peter's Square for the funeral Mass. On the coffin they placed a big ceremonial Book of the Gospels, open at the middle. As the funeral progressed a brisk breeze came up, and the breeze lifted the big pages, and they turned, one after another, as if by an invisible hand. At some point during the Mass the wind blew the book closed and moved it slightly, but the book stayed on the coffin. On C-Span, Archbishop John Foley said the same thing had happened 27 years before at the funeral of John Paul I. Re watching that coverage this week I couldn't figure out if he was saying "that's interesting" or "again the wind cooperates with the media-savvy strategists of the Catholic church." But watching it on television, many of us experienced it as a small public miracle.

The line to see the queen at the Palace of Westminster stretched more than 5 miles. People tried to explain to reporters why they were there. To take part in history, they said. To acknowledge history. To see something you may never see again. To show respect and to do it all together, as a people. To honour goodness, for she was a good woman and everybody knew. To say thank you.

Tackle the dog menace- properly and quickly

With reference to Ms Jayanthy Subramaniyan's article titled: Keep Track Of Dog Menace in The Secular Citizen dated 19 Sept., 2022 solve the stray dog and abandoned dogs menace by using them as police dogs, army dogs, drug detection dogs, rescue dogs, cancer detection dogs, therapy dogs and guide dogs for the blind.

Give dog licenses only after a dog is fully vaccinated and the same must be done for micro-chipping

Catch stray dogs humanely by using dog nets or sack and loop method and dog catchers who use inhumane methods to catch them must be permanently and immediately dismissed from service and very severely punished.

Provide fixed spots like pits in public and private parks where dogs can relieve themselves and be fed to maintain hygiene.

Use only nearby and easily contactable reputed and well qualified dog psychologists and dog psychiatrist's services to train difficult dogs

and muzzle aggressive dogs when taking them out for a walk on the road.

Separate closed garbage bins for wet and dry with only a slit to deposit the garbage must be used to maintain hygiene and it must be collected regularly and sent to recycling plants where garbage must be recycled into useful products or converted into compost or gobar gas that must be supplied as a piped underground gas for cooking purposes to residential buildings and the plastic and tyre garbage pieces must be mixed with asphalt to strengthen asphalt roads and other unusable garbage must be electrically incinerated and besides this all roads and pavements must be cleaned daily using a phenyl and disinfected by fogging to prevent the spread of diseases and infection.

Set up more pet crematoriums and pet cemeteries to dispose of dead dog's corpses too .

In these ways one can and must tackle the dog menace -properly and quickly.

—Peter Castellino

I think too they see the page turning, time passing, and our time with all its facts, symbols and fixed points. She was there, as the repository of 1,000 years of history, from the London blitz through the great pandemic. Now there will be new fixed points, a new king. Whose presence implies that history continues—the page turns but the book stays, whether it be of faith or history or both.

It's said the British do this sort of thing better than anyone but the Vatican, and it's true. The pomp and circumstance of the processions, the lords and ladies, the military regiments in all their distinctive regalia, is a nation telling its story to itself. It's a people talking to itself about the passage and meaning of time.

The history of a country isn't only a history of its fighting, or shouldn't be. And

there were all the wars and battles of wicked imperialism, too. The point is to know all the stories, to keep them alive in human memory. It's not all just water under the bridge, it's not just something that happened, it's part of who you are, who you've been, what you imbibed and got inside you.

It's not bad to tell the story, to put it out there for the world to see, and you to see. So I see the wisdom of the crowds in London. They're saying: Respect the past, and respect your own memory. A 70-year reign contains signposts not only of your life but the life of your times. This one includes the story of a shy little girl who became a queen, and a good one, who adorned her age. The death of a figure like hers moves us because it reminds us of our connection with faith and History.

DRAWING INSPIRATION FROM THE OSCARS

The 94th Academy awards ceremony held on March 27, 2022, at the Dolby Theatre in Los Angeles, California, will always be remembered for the fracas created by Will Smith on stage who eventually went on to win the Best Actor award later that night.

More popularly referred to as the Oscars, an Academy award is bestowed by the American academy of Motion Pictures Arts and Science (AMPAS) to recognize excellence of professionals in the film industry, including directors, actors and writers.

No other cinematic event in the world rouses up the sort of excitement that characterizes the Oscars. While honouring artistes, the Oscars also give due recognition to international films by having a separate slot accommodating foreign entries.

A 'Lagaan' failing to collect its due and a "Barfi' turning sour for the producers at the Oscar nominations are indications of Bollywood's relentless quest for that elusive Hollywood approval.

With mainstream commercial movies these days remaining far removed from reality, the whole business of cinema has come to symbolize the marketing of fantasies.

Entertainment is the modern mantraeven if the viewers have to leave their brains at home to appreciate the efforts at amusement in the theatre! A formula film that loses its moorings half-way into the show or monstrous creations running amok on the screen with a series of electronic gadgets and gizmos adding to the melee is definitely not a sane man's idea of entertainment.

For a generation of cine-buffs fed on an overdose of films that are at times an insult to one's senses, it becomes all the more difficult to justify the current practice of honouring the achievements of cine- artistes for their works in various fields.

Nonetheless, when one considers the deluge of filmy-awards that one has to put up with in modern India, one is left questioning the sincerity of heaping laurels and tributes on these dream merchants, and in contrasting ways at that.

Apart from the National Film Awards conceived by the government of India to honour films made across the country, on a national scale, to encourage the furthering of Indian art and culture, and a few others which insist on professional excellence as a criteria for winning; the other presentation ceremonies that dwell on popularity and public choice for giving away the hon-

ours have been ridiculous to say the least.

How else could one digest the news that the director of a movie awarded the best film of the year ends up taking home no trophy for his efforts? The lyricist and the female singer win the tro-

phies but the male crooning the same song doesn't even find his name on the nomination list.

That is how weird the Indian film awards are!

There have been instances of many of the talented actors and other film artistes staying away from all award functions simply for the reason that they don't want to be seen as a part of the comical farce.

On the other hand, when there have been allegations of quite a few stars attending and performing on the show only on the condition that they are assured the prize; these examples more than prove the assertions that film awards, like recognition in many other such disciplines, are 'fixed'.

It is however ironical that cine-awards

in this country go strictly by the success of the films at the box-office and the public stature of the actors performing in them, though some organizers have preferred to hand over the crowns to the second or third-best in nominations to avoid a clash of egos among the superstars marring the proceedings.

Compare this to the 'Oscar disappointment' of several Hollywood greats who had to wait ages before getting their hands around the coveted statuette in spite of giving one superlative performance after the other in stellar roles which have been immortalized in the annals of cinematic history!

Moreover, the fact that the majority of our award shows are helmed by media houses which only aim to garner eyeballs and increase TRP ratings has contributed to this sorry trend.

Be that as it may, to equate any of the award ceremonies in our country with the Oscars would offend purists who view our shows as crude parodies of that glorious spectacle honouring cinematic excellence.

The somberness of the formal occasion that has class splashed all over it is sadly missing in our bawdy presentations. The 'artificial aura' that characterizes our award functions can never compensate for the thrill and excitement associated with Oscars, which further lends credence to the pleas from film fans for being a bit more original while copying - for imitation too is an art, albeit with its own subtleties!

Without a doubt the host of awards that celebrate 'films and filmdom' in our country is a poor cousin to the Oscars. Yet we have had valiant essays by a few to label their award ceremonies as the 'Oscars of India'.

But where the Oscars celebrate the

(Contd.. on p. 11)

THE ROSARY: AN EPITOME OF THE GOSPEL

"The Rosary is at heart a Christ-centered prayer"

Pope Saint John Paul II

he Holy Rosary is Marian in character. It is truly Mary's perennial Magnificat for the redemptive incarnation in her womb. For us to live in the eternal presence of God we must keep the faith alive and be worthy messengers of the Word.

The Rosary is described as the sacrament of fidelity. October is the month of

(Contd.. from p. 10)

best of national, international, big and small budget cinema, we have had poor replicas of the award function being dished out as standard fare.

With an array of celebrity awards that practically encompasses the entire entertainment industry, and media houses that conceptualize these ceremonies hogging all the limelight, maybe the idea to involve the viewer in the proceedings could be seen as a path-breaking trend.

But these voting patterns could lead to a compromise with talent being sacrificed for public appeal considering that the Indian audiences see acting and entertainment as two entirely different aspects of cinema.

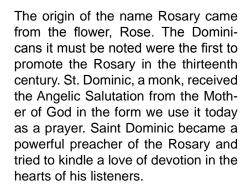
How one wishes this obnoxious habit of hosting a series of award ceremonies in the country is done away with!

Wouldn't it be a sensible proposition to have just one award function to honour distinguished performers from the filmland rather than have a multitude catering to the bloated egos of the celebrities? At least then we would be able to draw inspiration from the Oscars.

the Rosary. We should keep the faith vibrant as the good seed to be sown into the ceremonial of the Church. The Rosary helps to bond us in a spiritual union with all activities of Holy Mother the Church. The redemptive sacrifice of Christ reveals the sanctuary of the New Jerusalem in the story told in praying the Rosary.

St. Louis DeMontfort in his book, The Secret of the Rosary, writes: "The Rosary is a priceless treasure which

is inspired by God." Abundant grace is obtained in this holy practice. God's blessed Mother had appeared to Saint Dominic urging him to talk about the Rosary, which Our Lady referred to as her "Angelic Psalter".



Our Lady appeared to the saint and instructed him to urge people to say 'my Rosary', and in this way your words will bear fruits for souls.' (Book of Miracles of the Holy Rosary) in Italian. For Catholic people who practice this devotion much piety and fervor follows.

Prayer is an obligation in our Christian journey in this life. Pope St. John Paul II said: "The Rosary is at heart a Christ-centered prayer... This perfect devotion is indispensable to anyone who means to give himself without reserve to Christ and to the work of redemption..."

The Rosary highlights the life of Jesus. It helps us to practice virtue.

Monsignor Joao Scognamiglio Cla Dias, Canon of the Papal Basilica of St. Mary Major, said: "The Rosary is the Prayer of Peace". It enables us to conquer evil and merits us to receive graces from our heavenly Father.

The Virgin Mary, said Saint Augustine, "is called the "living mold of God."

On October 16, 2002, the Holy Father Pope John Paul II issued a missive titled Rosarium Virginis Marae (The

Rosary of the Virgin Mary). In his apostolic letter, the Bishop of Rome added five "Mysteries of Light" to the present fifteen mysteries (to be prayed on Thursdays).

BY MELVYN BROWN The Feast of Our Lady of the Rosary had been instituted

by Pope Pius V, because of the Victory of Christian civilization during the battle of Lepanto when the Turks on 7 October 1571 lay seize on Christian forces with a great armada of Turks. This victory saved Europe from the invasion of Islam.

The liturgical feasts dedicated to the Mother of God and Marian prayer, such as the Rosary, an 'epitome of the Gospel', express this devotion to the Virgin Mary." (CCC.2678/514). The most holy rosary is predominantly the most popular of Roman Catholic practices.

The Rosary is a powerful instrument to heal, protect and defend the world and her people. Cultivate the faith first among your siblings, and all other members of your extended families. This can lead to peace, cooperation and to full awareness of the Christian belief to all those around you, with Mother Mary's help and the grace given to us in her Rosary.

Louis de Montfort called himself the "Slave of Mary".

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Marriage is quite similar to uninstalling all the apps on your phone, except keeping the useful one.

Everyone asks me what the secret to a long, happy marriage is. To that, I reply, "I am still figuring out the secret myself."

It turns out my wife is a big BTS fan. The other day, she was listening to one of their songs called "Fire." She was enjoying the song until I realized she also set my personal belongings on fire.

My wife has given birth five times, and yet she still manages to fit in her prom dress.

And here I am, who gave birth zero times yet hasn't been able to fit into the jeans I bought two months back.

Arguing with your spouse is similar to reading "Terms and Conditions" before using anything. You just want to get it over with and click "I agree" at the very end.

There is only a teeny tiny difference between marriage and love, where love tends to be blind, marriage is certainly the eye-opener that everyone requires.

Women get married to men because they believe they can change someday, but men get married to women because they think they will never change. The coincidence lies in the fact that they are both wrong.

When your significant other is upset over something, all you have to say is a simple yet straightforward 'calm down' in a soft and soothing voice. It will be all that is required to make them even more upset.

Yesterday I asked my husband where he wants to go for our upcoming anniversary. To which he replies, "Somewhere new, somewhere where I haven't yet been." I told him, "Well then, how about going to the kitchen?"



My doctor told me yesterday that I cannot touch anything that contains alcohol, so I told my husband, "We have to get divorced because the doctor said I cannot touch anything that contains alcohol."

A newlywed couple was staying in a bridal suite on their wedding night, the husband was quiet and staring into the night sky out from the window. The young bride became impatient and asked her husband, "Baby, what are you waiting for, aren't you going to come to bed?" The husband shushed her and told her, "My mother told me that this would be the best night of my life, and I am waiting for it."

If marriage is an institution and love is blind, then is love marriage similar to going to a blind institution?

It is only after you get married that you realize all the wife-husband jokes were never jokes, but instances from real life.

A man once got his credit card stolen, but when he was asked to report about it, he said he did not want to because the thief was spending way less than his wife ever did.

Every married man knows that it is much better to apologize for something than ask for his wife's permission.

Do you know why our society forbids you to get married twice? Because it would be cruel and unjust to go through the same torture twice.

A conversation between a detective and a sergeant was going on, and

the detective says he was handling an interesting case "The wife shot the husband because he had stepped on the floor that she had just mopped." The sergeant asked, "have you arrested her?" "No, the floor's still wet," the detective replied.

You should always marry men who are a couple of years older than you or about the same age as you. As you get older, you will lose your beauty and youth, and he will lose his sight. It's a win-win!

A woman told her friend, "After my husband married me, he became a millionaire."

The friend asked, "so what about before you had married him." To which the woman replied, "Oh, he was a multi-millionaire back then."

I had asked my wife to make me breakfast in bed. She said, "If you want that, go sleep in the kitchen."

Conversation between a pharmacist and a female customer:

Woman: "I need to buy some arsenic."

Pharmacist:" Why do you need arsenic?"

Woman: "I need arsenic because I want to kill my husband."

Pharmacist: "WHAT?" Woman: "You heard me! I want to kill my husband!"

Pharmacist: "Why on earth would you want to do that?"

Woman: "Because he's having an affair with YOUR wife!!!"

Pharmacist: "Well why didn't you tell me you had a prescription?"

When my wife had to rush to the hospital unexpectedly, she asked me to bring her a few items from home. One item on the list was "comfortable underwear." Worried I'd make the wrong choice, I asked, "How will I know which ones to pick?"

"Hold them up and imagine them on me," she said. "If you smile, put them back."

The Splendour of Sunrise

The golden crescent of the sun o'er the horizon peeps, As morning breaks, heralding the dawn of a new day, Cattle and sheep go out to graze where the farmer reaps, With twilight, people awake and lift up hearts topray.

O'er land and sea, the sublime beauty of nature reigns, The ocean's colour changes, from black to sky-blue, Orange covers the hills and emerald green the plains, While jungles teem with beasts, and birds of every hue.

As the dark of night recedes, brightness fills the earth, Bringing joy and much cheer to creatures big and small, The rising sun brings freshness, light and life and mirth, 'Tis time to leave the past behind, and start anew for all.

Sunrise gives a wake-up call to all earth's living creatures, And summons us to strive to free the world from strife, Freshening up the air, sending birds into joyful raptures, Awaking what seemed dead, to a spring-time of new life.

—Joseph M. Dias, S.J.

The Wily Master

Stealthily and silently sneaks into your brains
Breaking into your memory bank and draining everything within
Leaving one confused and lost in a world so new
No clue as to who is family or who it is my foe

Please don't get upset with me if i don't respond on time I'm trying hard but there's no foothold to find Out of this mire and void so bleek wherein I'm trapped Searching to find a spark in this dark to show me some light

I'm more confused than you my friend You know me but i have no clue to who i am Trying hard to hold fast to duties and obligations Every day a new adventure finding my feet an arduous exploit



The Secular Citizen Christmas Bumper Issue 2022

Icome Special articles for our forthcoming 'The Secular Citizen Ch

We welcome Special articles for our forthcoming 'The Secular Citizen Christmas Special Issue 2022'. Plan to write them now and send early by email to: secular@sezariworld.com

A decimated Congress fighting for survival

The decimated Congress party in Goa has reached a stage, reminiscent of the age-old nursery rhyme 'Humpty Dumpty' and his great fall, when "neither the king's horses nor the king's men could set up Humpty back again" This is the tragic story of the inexorable downslide of the Congress party which began after the lethal blow was struck in 2017, with the failure of the Congress to form the govt in Goa, despite a majority. Then followed 2 more disasters with the defection of 10 Congress MLAs in 2019, and the recent 8 more defections to the BJP. The situation at the national level is far from better with the party struggling to find a Messiah-like replacement for the Gandhis as national president, to resurrect the beleaguered party from the ashes. The 'Bharat Jodo' padyatra spearheaded by Rahul Gandhi is also turning out to be a damp squib as the party has lost the faith and trust of the people, after being back-stabbed time and again. The credibility of the Congress party being at an all time low, there is therefore little chance of the party's aspirations and hopes of coming to power again or even heading the 'mahaghatbandhan' of opposition parties for the grand grand slam in 2024. Much less in Goa.

—A. F. Nazareth Alto Porvorim, Goa.

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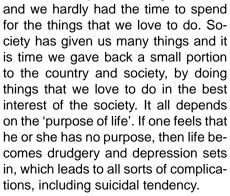
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Live life king size, post-retirement

Who said life is boring and depressing post retirement, it actually begins after that. This was the opinion of C.K. Subramaniam, a freelancer for the last 50 years and who feels that time is short post retirement. Having completing 12 years of retirement as on 31-1-2022 I feel proud to be active and energetic in retired life. By the time one attains the expected and anticipated superannuation from service, he or she would have gone through all the responsibilities. Children would have been married off and settled in some place, and the life is there only for the elderly couple.

Accordingly, there is a positive side to life for senior citizens. For most of us, work life had been very demanding and we hardly had the time to spend for the things that we love to do. So-

ciety has given us many things and it is time we gave back a small portion to the country and society, by doing things that we love to do. There is a positive side to life for senior citizens. For most of us, work life C.K. Subramaniam had been very demanding



There is ample time, and one can pick up a hobby to handle the situation. The hobby can be from learning computer to reading or even gardening or taking tuition for children, or photography. They are all good stress busters and useful in spending time. Most retirees find it hard to adjust to



retired life, especially if they're the perks-and-position-happy kind. In a feudal hierarchy, the retiree is a lowly, pathetic creature in society's pecking order. He is a spent force, past shelflife or sell-by/expiry date and of little material or social consequence. This even gets conscripted in the retirees' consciousness.

Some canny retirees try to soften the blow by embellishing their visiting cards, grandly displaying their last assignment (invariably the highest

> perch attained) with 'Retd' in the smallest font size. The aim is aphrodisiacs - to shimmy people's focus on the august perch and conjure visions of grandeur in their mind's eye and thereby granting the retiree the comfort he once enjoyed but it is sorely missing now.

Retirement life is not the end. It opens a whole new chapter. You should take this precious time to connect with your relatives, friends, neighbors or participate in a club. The social connection is really essential to maintain your healthy life physically and mentally. Sometimes, you might think it is difficult to do, but trust me that it is pretty easy and simple. You then also take a deeper look at what you eat every day. Try not to have one heavy meal, you should eat many small meals throughout the day instead. Sometimes, your body can not digest all the needed nutrition and vitamins. Supplements will then be a great choice for your health. There lies the real success in your retired life.

MATRIMONIALS BRIDES

7289. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in November 1994), Ht. 5' 2", Wt. 46 kgs, Fair Complexion, Edn. B. Arch., B. Arch VNIT, Nagur, Masters Interior Design, NABA, Student, doing Ingernship. Contact email: aaanjali426@gmail.com

7259. USA: Mangalorean Roman Catholic Spinster, (Born in August 1994), Ht. 5' 3", Wt.70 kgs, Wheatish Complexion, Edn. Graduate, working. Contact email: sevu.sequeira@gmail.com

7258. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in September 1993), Ht. 5' 5", Wt.58 kgs, Wheatish Complexion, Edn. Post Graduate, Content Ptofessional in a reputed MNC and freelancing as a copywriter ad social media Professional. Contact email:

forheralliance@gmail.com

7240. PUNE: East Indian Roman Catholic Spinster, (Born in October 1987), Ht. 5' 7", Wt. 65 kgs, Very Fair Complexion, Edn. MBA, working as a Finance Executive. Contact email: angelina0134@gmail.com **MUMBAI:** Goan Roman Catholic Spinster, (Born in October 1986), Ht. 5' 4", Wt. 52 kgs, Fair Complexion, Edn. CA CFA Ms Finance M.Com., working as a Senior

Manager. Contact email: frfernandes020@gmail.com

7332. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in November 1983), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. M.Com., (Part-II), Working as an Asst. Manager Accounts. Contact email : slobo2283@yahoo.co.in

7372. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in March 1984), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. P. Phil / Ph.D. Neuroscience / Biomedical Sciences, employed in Pharma Company. Contact email:

monteiro.ingrid@gmail.com

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7392. MUMBAI: Mangalorean / Keralite RC Bachelor, (Born in April 1988) Ht. 6'1", Wt. 94 kgs, Wheatish Complexion, Edn. MBA, working as a Business Development. Contact email: graciavv77@gmail.com

7391. MUMBAI: Goan RC Handsome Bachelor, (Born in February 1977) Ht. 5'10", Wt. 78 kgs, Wheatish Complexion, Edn. B.Sc., PG, MBA, working as a Sr. Manager in US IT Company. Contact email:

trinidade.franco@gmail.com

7389. MUMBAI: Goan Roman Catholic Bachelor, (Born in July 1994), Ht. 5' 6", Wt. 64 kgs, Wheatish Complexion, Edn. B.Sc., IT and MCA, working as a Programmer in MNC. Contact email: fristanlobo@gmail.com

7373. U.K.: Goan Roman Catholic Bachelor, (Born in November 1974), Ht. 5' 11", Wt. 77 kgs, Wheatish Complexion, Edn. Graduate, working as a Manager. Contact email:

anselmwine@gmail.com

7388. MUSCAT: Goan Roman Catholic Bachelor, (Born in January 1993), Ht. 5' 10", Wt. 62 kgs, Fair Complexion, Edn. Masters Data Analyst & BE (Electronics & Telecom), working as a Data Analyst. Contact email: nunesmct@gmail.com

7387. CANADA: Mangalorean separate Born again, (Born in February 1955), Ht. 5' 4", Wt. 53 kgs, Wheatish Complexion, Edn. B.A., B.Th, MDiv., Honorary Doctorate, Government retire, well settled. Contact email: sixtenfiftyfive@gmail.com

7386. CANADA: Goan Roman Catholic Bachelor, (Born in March 1993), Ht. 5' 10", Wheatish Complexion, Edn. MBA Marketing, at present Manager in Ontario. Seeks Fair, Graduate, min. 5' 4" and willing to settle in Canada. Email: rosylex@yahoo.com

7385. U.K.: East Indian Roman Catholic Bachelor, (Born in September 1988), Ht. 5' 8", Wt. 70 kgs, Wheatish Complexion, Edn. Computer Science Artificial Intellengence & MBA, working as a Manager Date Analytics with a MNC. Contact email:

n.dsouza2022@outlook.com

7367. MUMBAI: Roman Catholic

Bachelor, (Born in December 1980), Ht. 5' 11", Wt. 78 kgs, Wheatish Complexion, Edn.B.Com., working as a Asst. Manager in Airport. Contact email : saviohenry@gmail.com

7361. MUMBAI: Goan Roman Catholic Bachelor, (Born in December 1973) Ht. 5' 9", Wt.83 kgs, Wheatish Complexion, Edn. SSC., working as a Bartender (MSC Cruises). Contact email: yvesdcosta@gmail.com

7349. NEW ZEALAND: East Indian Roman Catholic Bachelor, (Born in March 1995) Ht. 6', Wt.75 kgs, Wheatish Complexion, Edn. Diploma in Mechanical Engineering in New Zealand and currently working as a Stonemason Machine Operator. Contact email: oli.revilo1995@gmail.com 7280. MUMBAI: Goan Roman Catholic Divorcee, (Born in November 1972), Ht. 5' 6", Wt. 72 kgs, Tan Complexion, Edn. B.A., working as a Manager. Contact email: fernsjohn100@gmail.com 7265. MUMBAI: Mumbai born and broughtup Mangalorean Roman Catholic Bachelor, (Born in March 1993), Ht. 6', Wt. 85 kgs, Fair Complexion, Edn. ME MTech., Construction Management, currently working as an Asst. Manager L&T in Ahmedabad. Contact email: jovelpicardo@gmail.com

7285. MUMBAI: Mangalorean RC bachelor, (Born in February 1975) Ht. 5' 5", Wt.55 kgs, Wheatish Complexion, Edn. B.Com.,Businessman, Trainer, Singer. Contact email: yeslincacademy@gmail.com

7226. CANADA: Canadian Citizen Mangalorean Roman Catholic Bachelor, (Born in August 1990), Ht. 5' 4", Wt. 59 kgs, Fair Complexion, Edn. M.Sc., in Environmental Science and in Energy Management postgraduate degrees from the University of Toronto. Working for a reputed company as Energy Management Analyst in Totonto. Contact email: francisper@gmail.com

Mumbai based Respected, affluent family Mangalorean Catholic parents invite alliance for their handsome son 42 years, fair, tall, well built, well placed & highly qualified (PhD, etc.) Director and managing in family owned group of businesses. (Innocent Divorcee)1st marriage annulled by the church. Girl should be slim, fair, well educated, God fearing having good values and of a

good family background and status. To connect with this proposal contact: Royal Christian Family (ID No. 6369) Tel.: +91 9820485389 / 9820473103 or Email:

royalchristianfamily@gmail.com

7263. MUMBAI: East Indian Roman Catholic Bachelor, (Born in October 1989), Ht. 6', Wt. 70 kgs, Wheatish Complexion, Edn.MBA - Human Resource Development Management, working at a Mutual Company. Contact email: joulem15@gmail.com

7196. MUMBAI: Mangalorean Roman Catholic Bachelor (Born in March 1981), Ht. 6', Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., HR Professional. Contact email:

denstun@hotmail.com

7159. MUMBAI: Roman Catholic Bachelor, (Born in September 1982) Ht. 5' 5", Wt. 65 kgs, Ethical, Healthy, Simple, Sober, Wheatish, B.E. Software Engineer, works @ Mumbai, 9224335003,

mariosofttech@gmail.com

7146. MUMBAI: East Indian RC Bachelor, (Born in July 1988) Ht. 5' 10", Wt. 79 kgs, Fair Complexion, Edn. B.E. (Mech), + PG course in Finance, working as a Asst. Manager in MNC. Contact email:

lenin.pdsouza@gmail.com

7102. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in August 1988), Ht. 6' 1", Wt. 95 kgs, Wheatish Complexion, Edn. Masters, working for MNC. Contact email: am.pereira@rediffmail.com

7101. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in April 1988), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. Masters in Logestics doing part time MBA. Working as an Asst. Manager. Contact email: gracian.moras@gmail.com

7100. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in March 1987), Ht. 5' 7", Wt. 52 kgs, Fair Complexion, Edn. H.S.C., working as a Event Coordinator. Contact email: celeseinepereira@gmail.com

7097 MUMBAI: Mangalorean

(Contd.. on p. 16)

(Contd., from p. 15)

Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 11", Wt. 97 kgs, WheatishComplexion, Edn. B.Com., working as Sr. Account Recievable in private company. Contact email: dsouzadonald11@gmail.com

7079. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in December 1962), Ht. 5' 5", Wt. 67 kgs, Fair Complexion, Edn. B.Com., Inter MBA, working as a Manager. Contact email: archielewis.al@gmail.com

7077. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in March 1987), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email: leroy2266@gmail.com OR Mob: 9503282306

7068. MUMBAI: Mangalorean Roman Catholic Bachelor, (Born in June 1983), Ht. 5' 5", Wt. 58 kgs, Wheatish Complexion, Edn. HSC, working as a Customer Service. Contact email: cynthiadalmeida83@gmail.com

7185. MUMBAI: Goan Roman Catholic Bachelor, (Born in October 1984) Ht. 5' 10", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Bank. Contact email:

shaun.neo00@oulook.com

Mangalorean Roman Catholic Bachelor, 33 years Ht. 184 cms, Wt. 85 kgs, Handsome, B.E. (Mechanical Engineering) Professional, Managing Family Business, Only Child. (P 2390, Royal Christian Family)



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32731134. MANGALORE: Mangalorean Roman Catholic bachelor, (Born in January 1983) Ht. 5' 10", Wt.60 kgs, Wheatish Complexion, Edn.B.A., Technical Diploma, Electrician Contractor. Contact email:

contact@royalchristianfamily.com

32729601. VADODARA: Goan Roman Catholic bachelor, (Born in July 1993) Ht. 6' 1", Wt.82 kgs, Fair Complexion, Edn. H.Sc.,+ ITI in Computers from Xavier's Technical, working in Private Firm. Contact email:

contact@royalchristianfamily.com

31728156. NAGPUR: Anglo Indian Roman Catholic Handsome Bachelor, (Born in September 1968), Ht. 5' 7", Wt. 72 kgs, Wheatish Complexion, Edn.B.Com., MBA., working as a Supervisor. Contact email:

contact@royalchristianfamily.com

29727736. USA: Goan Roman Catholic Bachelor, (Born in October 1989), Ht. 5' 7", Wt. 65 kgs, Fair Complexion, MS (ECE), Engineer, Research and Development, working as a Engineer Research and Development. Contact email: contact@royalchristianfamily.com

30724185. POONA: Goan Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., Post Graduation Banking and Finance, working for Bank. Contact email:

contact@royalchristianfamily.com **30723261. GOA:** Goan Roman Catholic Bachelor, (Born in July 1980), Ht. 5' 5", Wt. 65 kgs, Tan Complexion,

Edn. Diploma in Automobile Technology, Self employed. Contact email : contact@royalchristianfamily.com

29720794. CHANDIGARH: Anglo Indian Catholic Divorcee, (Born in April 1972), Ht. 6' 1", Wt. 80 kgs, Very Fair Complexion, Edn. B.Com., MFC, MA English, Teacher by profession. Contact email:

contact@royalchristianfamily.com

30720610. NEW DELHI: Goan Roman Catholic Bachelor (Born in October 1995), Ht. 5' 6", Wt. 43 kgs, Fair Complexion, Edn. B.E. Computer Engineer, working as a Project Manager with Paytm. Contact email:

contact@royalchristianfamily.com 30720208. MUMBAI: Keralite Syrian Catholic Bachelor (Born in May 1973), Ht. 5' 6", Wt. 73 kgs, Wheatish Complexion, Edn. B.A., English Literature, Profession: Consultant Administration. Left hand & Leg weak due to earlier mo-

torbike accident. Contact email: contact@royalchristianfamily.com
25718416. U.K.: Goan Roman Catholic Bachelor, (Born in April 1990) Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., working as a Credit Control in Private company in U.K. Contact

contact@royalchristianfamily.com 29718054. U.K.: Goan Roman Catholic Bachelor, (Born in September 1982) Ht. 6', Wt. 77 kgs, Fair, Edn. Chartered Accountant, Profession: Director Insurance Company. Contact email: contact@royalchristianfamily.com

29716422. MANGALORE: Mangalorean Roman Catholic Bachelor, (Born in May 1984) Ht. 5' 9", Wt. 65 kgs, Fair, Edn. ITI Course, working as a Techincian. Contact email:

contact@royalchristianfamily.com

28715740. PUNE: Roman Catholic Bachelor, (Born in September 1990) Ht. 5' 6", Wt. 75 kgs, Wheatish Complexion, Edn. MBA (Marketing) & M.Com., working as a Senior Executive, Sales and Development. Contact email:

contact@royalchristianfamily.com

28715000. POONA: East Indian RC Divorcee, (Born in November 1960) Ht. 5' 10", Wt. 69 kgs, Wheatish Complexion, Edn. Graduate Engineer from CWIT University of Pune, working as an Engineer. Contact email:

contact@royalchristianfamily.com 27714475. POONA: Goan RC Bachelor, (Born in October 1985) Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. Hotel Management Graduate, working as an Executive. Contact email:

contact@royalchristianfamily.com **27713670. HYDERABAD**: Anglo Indian RC Bachelor, (Born in July 1988) Ht. 5' 8", Wt. 80 kgs, Wheatish Complexion, Edn. Post Graduate, having own business. Contact email:

contact@royalchristianfamily.com

27713568. U.S.A.: Mangalorean RC Bachelor, (Born in June 1990) Ht. 5' 10", Wt. 65 kgs, Wheatish Complexion, Edn. B.E. in Electronics & Telecommunication (EXTC), working as a Senior Software Engineer. Contact email:

contact@royalchristianfamily.com

27713065. DUBAI: Mangalorean RC Divorcee, (Born in July 1972) Ht. 5'11", Wt. 80 kgs, Fair Complexion, handsome, simple down to earth, Edn. B.E. (Mech.), Working as an Engineer. Contact email: contact@royalchristianfamily.com

Royal Christian Family MATRIMONIALS - BRIDES

7390 MUMBAI: Keralite Latin Catholic Spinster, (Born in December 1993), Ht. 5' 5", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com.,CA, MBA., working as a Investment Professional. Contact email: elsaby62@gmail.com 7371. MUMBAI: Goan Roman Catholic Spinster, (Born in January 1988), Ht. 5' 3", Wt. 46 kgs, Fair Complexion, good looking, Edn. B.Com., P.G. Diploma in Tourism & Travel Industry Management, working, well settled. Contact email:

zayem1918@gmail.com

7362. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in December 1994), Ht. 5' 6", Wt. 68 kgs, Wheatish Complexion, Edn. B.E.& M.B.A., working as a Senior Consultant with a reputed MNC. Contact email: malliance94@gmail.com

7266. MUMBAI: East Indian Roman Catholic Spinster, (Born in May1994), Ht. 5' 4", Wt.52 kgs, Wheatish Complexion, Edn. M.Com., Handling documentation and business development. Contact email:rohana16@yahoo.com 7354. LONDON: Mangalorean Roman Catholic Spinster, (Born in December 1993), Ht. 5' 3", Silm, Fair Complexion, Edn. BPT., MPT.,M.Sc. (U.K.), woking as a Physiotherapist in U.K. Contact Email:

nerycornelio@gmail.com

7352. USA: Keralite Roman Catholic Spinster, (Born in Mumbai, July 1994), Ht. 5' 5", Wt.70 kgs, Wheatish Complexion, Edn. Completed Engineering in Dubai and MS in Business Analytic and Data Science from USA, working as Cyber Security Expert in an MNC in USA. Relocating to Canada shortly. Seeks well settled, educated Family oriented professional bridegroom from Medical / Engineering IT / Finance background from India / Canada. Please Contact email: propinfo2018@gmail.com OR

Watsapp No 971505093382

7238. AHMEDABAD: Goan Roman Catholic Spinster, (Born in April 1989), Ht. 5' 6", Wt. 50 kgs, Fair Complexion, Edn. B.Com., working as a Sr. Recrutment Consultant. Contact email: fernandeseugenia58@gmail.com

7199. BANGALORE: Mangalorean Roman Catholic Spinster, (Born in January 1990), Ht. 5' 2", Wt. 53 kgs, Fair Complexion, Edn. Master's in Mass Communications (NTU, Singapore) working as a Senior Manager of Corporate Communications in SINGA-PORE. Contact email:

mafern.2121@gmail.com

7162 MUMBAI: Mangalorean Roman Catholic Spinster, (Born in September 1993), Ht. 5'5", Wt. 58 kgs, Wheatish Complexion, Edn. B.A., working as a Secretary. Contact email: t.banze@rediffmail.com

7149 GUJRAT: Anglo Indian Catholic Spinster, (Born in July 1991), Ht. 5'2", Wt. 60 kgs, Wheatish Complexion, Edn. MBA, PGDM., working. Contact email:

barnes.rufina@yahoo.com

7147 MUMBAI: Goan Roman Catholic Spinster, (Born in July 1992), Ht. 5'4", Wt. 65 kgs, Fair Complexion, Edn. MBA Finance, working as a Fund Accountant. Contact email:

stefsasha09@gmail.com

7145 MUMBAI: East Indian Roman Catholic Spinster, (Born in December 1992), Ht. 5'1", Wt. 50 kgs, Fair Complexion, Edn. M.Sc., Lecturer by profession. Contact email:

andrea210358@gmail.com

7120. CANADA: Goan Roman Catholic Spinster, (Born in April 1986), Ht. 5' 2", Wt. 51 kgs, Wheatish Complexion, Edn. B.Com., University of Toronto, working as a Customer Support for Canida Government. Contact email: joafaria@yahoo.ca

7126. U.S.A.: Mangalorean Roman Catholic Spinster, (Born in January 1992) from Mumbai, Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. B.E. (Computers) from Mumbai, M.S. (Information Systems) from US. Possesses H1B visa and is working as a Technical Analyst with an MNC in USA. Contact email: wilfyjoy1315@gmail.com or call +91 98603 02527 / + 91 9970172527 7121. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in August 1988), Ht. 5' 3", Wt. 55 kgs, Fair Complexion, Edn. Bachelor of Physiotherapist, working as a Physiotherapist.

Contact email:

ryanbarboza806@gmail.com

7109 MUMBAI: Mangalorean Roman Catholic Spinster, (Born in June 1986), Ht. 5' 6", Wt. 58 kgs, Wheatish Complexion, Edn. MBA, working as a Associate Consulant. Contact email: helendsz27@gmail.com

7105 MUMBAI: Mangalorean Roman Catholic Spinster, (Born in November 1991), Ht. 5' 5", Wt. 62 kgs, Wheatish Complexion, Edn. M.Sc., Microbiology, (Pursuing Ph.D.,) Assistant Professor. Contact email:

1991divine@gmail.com

7111. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in November 1993), Ht. 5', Wt. 47 kgs, Fair Complexion, Edn. BMS., working with an MNC. Contact email:

owena.dsouza@gmail.com

7095 MUMBAI: Goan Roman Catholic Spinster, (Born in December 1992), Ht. 5' 3", Wt. 55 kgs, Wheatish Complexion, Edn. M.Com + Import Export Certificate Course, working as a Billing Assistant in Well known Hospital. Contact email:

perpetualdias7@gmail.com

7103. MUMBAI: Mangalorean Roman Catholic Divorcee (Separated), (Born in October 1989), Ht. 5', Wt. 62 kgs, Wheatish Complexion, Edn. B.Com., working as a HR. Contact email:

mail2tinafernandes@gmail.com

7094. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in June 1991), Ht. 5' 3", Wt. 52 kgs, Wheatish Complexion, M.Com., working as a Business Analyst. Contact email: roschelle256@gmail.com

7093. MUMBAI: Gujarati Roman Catholic Spinster, (Born in July 1982), Ht. 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., working for Private Bank. Contact email:

annie.waghela@gmail.com

7092. MANGALORE: Mangalorean Roman Catholic Spinster, (Born in January 1990), Ht. 5' 4", Wt. 56 kgs, Fair Complexion, Edn. MBA, working as a Talent Acquisition. Contact email: vinishadesouza@gmail.com

(Contd.. on p. 18)

(Contd.. from p. 17)

7091. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in March 1990), Ht. 5' 2", Wt. 44 kgs, Wheatish Complexion, Edn. MBA PGDM, working as an Assistant Manager Presales for a multinational firm. Contact email: priyaquadras@gmail.com

7090. QATAR: Mangalorean Roman Catholic Spinster, (Born in July 1988), Ht. 5' 3", Wt. 54 kgs, Wheatish Complexion, Edn. B.Com., worked for Bank in Mumbai, currently working as a H.R. in International School in Qatar. Contact email:

loretta6479@gmail.com

7315. MUMBAI: Mumbai born and broughtup Roman Catholic Spinster, (Born in September 1992), Ht. 152 cms, Wt. 48 kgs, Fair Complexion, Beautiful, smart, coming from decent well educated family, Edn. Graduate, working as a Art Director in reputed Designing Company in Mumbai. Contact email: jackraj1668@gmail.com

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Lecturer in private college
by profession. Seeks a
Keralite match. For further details and photos
contact: 9820485389 or

9820473103

7314. DUBAI: Mangalorean Roman Ctholic Spinster, (Born in August 1991), Ht. 5' 7", Wt. 55 kgs, Fair Complexion, good looking, Edn. Graduate, working well established organisation in **Dubai**. Contact email:

greenfieldyard@gmail.com

7306. MUMBAI: Tamilian Roman Catholic Spinster, (Born in May August 1989), Ht. 5'.11", Wt. 78 kgs, Wheatish Complexion, Edn. M.B.B.S., M.S.

General Surgery, Doctor by profession. Working well known Hospital. Contact email: bianca.william4@gmail.com

7015 MUMBAI: 38 years,Roman Catholic Spinster, (Born in February 1983), B.Com., LL.M., working in a MNC in Mumbai, seeks alliance from well educated and well settled bachelor. Kindly reply with profile and photograph on the email ID:

7alliance25@gmail.com

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Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of perpetual Succor and St. Anthony for the favours granted. My daughter found a suitable match and the family is filled with joy. Praying for more favours.

-Ms S. Mascarenhas, Borivali



Jayanthy

Subramaniam

olden Plover is a small bird famous for its migration. Every year it flies about 4,000 kilometers, over the ocean, from the US state of Alaska to the island of Hawaii and that's the shortest travel route for it. This flight covers some 88 hours in which the bird does not stop anywhere on the way. There is no island

on route and this bird cannot swim, therefore, it is impossible for it to make a stopover to rest, eat or drink anywhere in the middle of the journey.

When scientists did research about this bird, they found that the bird needed 88 grams of fat to complete this

particular journey, while actually the bird possesses only about 70 grams of fat as its flight fuel. Now logically the bird should have died in the sea around 800 km before the destination due to shortage of fuel. But the bird safely reaches the destination each year! How does it do this? The answer is shocking.

These birds actually fly in groups and astonishingly make a shape of English letter- V. They also keep changing their positions alternately, because of this, they face less air-pressure than by flying alone. Thus they successfully save about 23% of energy, which

ultimately helps them reach the island of Hawaii with 6 - 7 grams of additional fat as their reserve fuel which they use in case of bad—weather conditions when they may need to fly against the wind's direction.

Now, tell me, how can you deny the power of God - the Supreme Creator?

How can a bird know how much fat it needs to travel that long and then with planning it flies in the group – in V-shaped, which saves its energy? Who has given it the education of the shortest route of its destination? Who guides and navigates this tiny bird the way in the darkness of

nights and unfavorable weather conditions? How dare it travel so long and who encourages it to do so? God the supreme creator

The visitors at the annual Flamingo Festival enjoyed the pink moments at the Sewri Jetty and it was a Saturday special moment. To add to the color and the beauty of the bird there were stalls, quiz sessions and exhibitions on the birds to attract more visitors to see a rare sight of the birds of the same feather flock together. The pink-feathered birds can be spotted at mudflats till June and it is good news for bird lovers and for the people going on such an adventure. More than

15000 Lesser flamingos were spotted during the Flamingo festival city and it has become an annual fixture every year.

The Caribbean Flamingos are the brightest colored in the flamingo family, and these flamingos are easy to spot with three colors on their bills gray at the base, pink in the middle and black at the tip. If threatened or if predators are spotted, they produce a goose-like chorus of honks. These birds are also known to spend quite a fair amount of their time preening. Take a closer look at the flamingos and you will notice their unique beaks that act like sieves to trap food such as algae, diatoms and aquatic invertebrates. Get your chance to participate in such a past time for our leggy residents at one of our feeding sessions next year. It is indeed a visual treat.

I Wanted to share my experience of seeing these flamingos in Vashi yesterday on my quick trip to the place in Navi Mumbai. They are still around. They fly in at high tide. A sight to see when they fly off in the evening. My friend in another part of Navi Mumbai said that at Airoli also they come and boatmen take you to them in a boat. It is indeed a fascinating experience. Pink is really beautiful.

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