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THE SECULAR CITIZEN

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A NATIONAL FAMILY WEEKLY

What technology will do
for us in the next decade



Annual Diocesan Eucharistic procession, '2019 Year of Youth' declared - Jan 6

Mangalore Catholic diocese in its unique manner held the 52nd annual Eucharistic Procession and Inauguration of the 'Year of the Youth' with a public procession, from Milagres church to Rosario Cathedral on January 6, Sunday. Around six thousand Catholics, many youth, about 200 priests, large number of nuns participated in a devout manner praying and singing in honour of the Eucharistic Christ. Bishop Rev Dr. Peter Paul Saldanha took the leading role and



it was his first time as Bishop on this annual occasion; emeritus Bishop Rev Dr. Aloysius P D'Sauza, walked the entire route and participated.

The solemn occasion commenced with Eucharistic Celebration, Bishop Peter Paul Saldanha presided over held at Milagres Church in the afternoon. Thereafter the Eucharistic Procession to Rosario Cathedral was an orderly and prayerful affair in which thousands of faithful of Mangalore Diocese took part in admirable devotion.

in building the church walking on the footsteps of Jesus in the power of the Word of God. He stressed that it is not

'we' who have brought the Sacrament here, but its the sacrament who has brought 'us'seeking the word of the Lord through scriptures is vital. The youth specially in 2019 must awake and work deeply to renew the goodness in the world and in our localities among all people and bring a moral revival.



In his address Bishop rev Dr Peter Paul said, Jesus was a youth and He was close to His Father and also to humanity. Following in the footprints of Jesus there is success always. Youth are future of the Church, the world. Many times youth think they are intelligent but knowledge of Youth and wisdom and experience of the elders will make the mission of youth successful

Rev Fr Leo Lasrado, Professor St Joseph's Seminary preached the homily. He emphasized the role of youth

- both are needed. Youth is the stage of life when you need to come closer to God. It should be a time to move to know the Almighty. Yes, we are

blessed with abundant things these days. But that should make us more grateful and upright seeking eternal life. The Bishop declared that we will pray for you and wish all the best in the diocesan youth year. Bishop requested all the parishes of Mangalore Diocese to Inaugurate the year of youth on next Sunday in a deeper manner.

After the solemn benediction and prayer, the Bishop honored the 5 parishes and 5 individuals, who contributed more to Mission Sunday Collections. The 5 parishes in order are : Bijey, Derebail, Cordel, Bondel, Bendur. The bishop congratulated all the parish priests and the faithful who



contributed immensely towards the Mission Sunday collection.

Dedicating 2019 to youth in Mangalore diocese, the Bishop Rev Dr. Peter Paul Saldanha inaugurated the year of Youth by unveiling the logo along with Aloysius Paul D Souza Bishop Emeritus, Msgr Maxim Noronha the Vicar General, Fr Ronald D Souza Director ICYM, Fr Rupesh Madtha Director YCS/ YSM, and Youth leaders. Over to the youth for 2019, hopefully a great year of life for all.

-Ivan Saldanha-Shet. M'luru.

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Contents

pg. 3 - Cow slaughter ban can ...

pg. 5 - Voice of the People

pg. 6 - Poem - I met Infant Jesus

pg. 8 - You the citizens decide

pg. 10 - Modi's magic waning but ...

pg. 11 - Let your life be the Giant Wheel

pg. 12 - The 58th Death Anniversary ...

pg. 14 - What technology will do for us in the next decade

pg. 15 - 12 ABC: Adaptations, ...

pg. 16 - Life Anchors - ...

pg. 17 - Inspiration!

pg 19 - Matrimonials

pg 23 - Credibility of the church will overcome odds

Cover : What technology will do for us in the next decade:

(Article on pg.14)

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Cow Slaughter Ban can Cost India Dearly

By Don Aguiar

The ban on cow slaughter can pose a serious threat to the Indian economy in the near future, as the country may have to spend 1.5 times its current Defence Budget to take care of an additional 27 crore unproductive animals annually, an agricultural economist has warned.

Speaking at a function organised by Bhumi Adhikar Andolan, a consortium of organisations fighting for farmer rights, Vikas Rawal, an economist with the Jawaharlal Nehru University, New Delhi, wondered whether the authorities have really understood the economic ramifications of the cow slaughter ban.

Rawal's warning comes at a time when a number of incidents of lynching on account of alleged cow slaughter were reported from different parts of the country. Several BJP-ruled States in the country have already passed a law that makes cow slaughter a criminal act.

"Each year, 3.4 crore male calves are born in this country. If we assume that they live for eight years, which is actually on the lower side, there would be nearly 27 crore additional unproductive cattle by the end of eight years," he said. The population, he added, is expected to stabilise after that.

What it might cost to save gauvansh countrywide? The additional outgo for looking after these cattle would be ₹5.4 lakh crore, 35 times the annual animal husbandry budgets of the Centre and all States put together, he said.

"In addition, there will be an additional capital expenditure of ₹10 lakh crore, if one considers the minimum that the Gujarat government allocates for building a shed for a cow," Rawal says.

Besides, a vast tract of five lakh acres of land will be required to provide shelter to these animals. According to him, fodder, which is currently available in the country, would not be enough to feed them. Besides, the water requirement of these extra animals would be more than the quantum of water used for human consumption in the country.

In addition, this would lead to a situation where a farmer would not be able

(Contd.. on p. 4)

(Contd.. from p. 3)

to keep a cow. If you keep a cow, then you are saddled with all the calves it produces. If you don't have a way of disposing of the calves, it will not be economically feasible to keep the cow.

If that happens, there can be a serious threat to the nutritional security of the country. Already one-third of children born in India suffer from stunted growth due to protein deficiency and this can only aggravate.

There are others issues, too. So far, the issue of stray cattle has been typically an urban problem in India. This can now very well spread to rural areas and farmers will find it difficult to protect their fields from roaming cattle. Guarding fields will be a menace of the worst order.

If the 10 million or so cattle that possibly end up at the abattoir every year are not culled, farmers will simply stop caring for them and let them loose in the towns and cities.

The Central government is perhaps beginning to acknowledge that prohibiting the slaughter of gauvansh – the cow and its progeny – entails significant costs. The biggest hurdle to the protection of cattle is who will take care of them.

In other words, while the gau can well be saved from the cattle smuggler and slaughterhouse owner, how does one ensure the farmer will continue to rear the animals that are no longer of economic utility to him?

Is there anyway of estimating the number of unproductive cattle, from the farmers standpoint?

Now, if a nationwide ban on the slaughter of gauvansh were to be strictly enforced, somebody will have to take care of the 10 million or so cattle that would ordinarily end up at the abattoir every year. That somebody will certainly not be the farmer. In his case – unlike for those who farm neither crops nor animals – there is a

clear dividing line between economic rationality and religious sentiment. Rather than bearing the Rs 60 daily cost of feeding an unproductive cow, he will simply let it loose. Even if it is no longer possible to sell redundant animals to livestock traders/butchers at say Rs 10,000 per animal he will at least save on the daily recurring maintaining expense.

How does one deal with the resultant prospect of unwanted cattle crowding our towns and cities disrupting traffic and spreading disease along with their dung and urine? The solution that the government is proposing, is to set up “cow sanctuaries” in the states, on the liens of the Project Tiger reserves. However, we are talking here not of a few thousand tigers, but of 10 million-plus animals, whose annual feeding cost alone, at Rs 60/head/day, will top Rs 22,000 crore. And since the 10 million-plus will keep adding each year till they die their natural course after 14-15 years, these costs will only mount.

While gau raksha may have its immediate political and religious sentimental appeal, the economic cost of interfering with established systems for disposal of surplus/unproductive cattle – which can have a potentially destabilising impact on India's dairy industry – cannot be ignored for too long.

Is the government doing exactly what they are asked to do by the RSS and the RSS does not believe in the Constitution of India? They follow “Manusmriti” (An ancient Indian legal text which advocates caste hierarchies and gauvansh worship)

Since 2014 Lok Sabha elections, there has been a steep increase in violence against Dalits, backwards and minorities in our country due to the government implementation of their gauvansh policies. People are being killed, women are being raped almost every day in Uttar Pradesh and in other parts of the country. The atrocities against Dalits have reached an insane level. Villages are being burnt, people

are being lynched and women are being raped openly.

Is the government following “Manusmriti” the text so revered and followed by the RSS? Is the RSS running the government and PM Modi can't go against it? Does neither the RSS nor the BJP have any vision? They come to power only on emotive issues. Now they are raking up the protection of the gauvansh and the Ram Temple issues because they haven't done anything in the last four and half years. They say they want to make India a 'Hindu Rashtra' but where will Sikhs, Christians, Muslims, Parsis, and Buddhists go then?"

India is a secular country and all secularists must stand together and correct this communal tilt resulting in the government disregarding the freedoms our constitution guarantees to we the people. The BJP is using Dalits, OBCs, tribal and minorities as just a vote bank, this situation requires to be corrected in the national elections due in a few months by all likeminded secularists who want our country to continue to be a secular democratic country and enjoy the freedoms our constitutions guarantees to we the people.

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' The importance of competition '

With reference to Eric D'Sa's article titled : Whether Vigorous Competition Is A Good Thing For This Country And Its People ? in The Secular Citizen dated 31 December 2018-6 January 2019 competition is necessary in every business to be able to provide the very best products and services to people seeking them.

Unfortunately strong competition is only undertaken when a major competitor takes the lead and new technology is introduced at a snail's pace .

In India lack of competition like those of public transport has resulted in corruption ,red tape and inefficiency due to the monopoly of the government to run it.

But even in this area when competition is provided there is a lack of efficiency which must be corrected by radically overhauling the management of companies involved in providing these services and by hold management training programmes once a month every year for all staff along with finishing courses and ethics and etiquette courses so that nothing is left to chance to ensure that the very best service and in other cases products are provided to one and all thus ensuring that the importance of competition becomes a reality and not just a dream .

—Peter Castellino

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India lacks a strong sports culture

In the west, husband, wife, children and even the family dog settle down in front of the TV during prime time to watch games like football, hockey, basketball, tennis etc. Sports and games have a huge fan following. The entire family roots for 'their' team. Nobody is interested in politics. They elect their leaders and leave it to them to run the country for the next 4-5 years, and not to the news channels like in India. No wonder they have few news channels.

In India the women are glued to the TV watching Hindi 'life-time' series. If per chance a woman falls into a coma for a few months, and then awakens she will not have missed a thing! And the men keep flipping from one news channel to another, each channel trying to prove which political party is more corrupt than the other. No wonder we have so many news channels (the most in the world). What we lack in India is a strong sports culture.

—Prof Robert Castellino
 Mumbai

"12 Days of Christmas" Gifts

The "12 Days of Christmas", which extends from Christmas Day to Epiphany, is packed with '12 Spiritual Gifts'! Although they are 'Secular Symbols' aimed at children to learn their basic Catechism through rhyme, it also serves adults to grasp the tenets of the Christian faith through its rich melody; and also through its varied and valuable "Biblical Interpretations"!

Name the Day of Christmas: "The (first) day of Christmas, my true love gave to me" * ... Then name the emblem in the line. "My true love" would usually refer to one's spouse or beloved, or to any family member. Theologically, it could embrace Our Heavenly Abba! Father! "For God so loved the world that He gave His only Son, so that everyone who believes in Him may not perish but may have eternal life" (John 3:16). It was originally sung by Harry Belafonte; but now can be recited in a family chorus at any auspicious time of the year; by even substituting the word Christmas for "Easter"! Here it goes ...

- 1 Partridge in a pear tree = Jesus Christ as "Mother Partridge"! (Luke 13:34 @).
- 2 Turtle Doves = Old and the New Testaments.
- 3 French Hens = Faith, hope and charity – Theological virtues (1 Cor 13:13).
- 4 Calling Birds = Four Gospels – Matthew, Mark, Luke & John.
- 5 Golden Rings = First five Books of the Old Testament – Pentateuch!
- 6 Geese - A-laying = Six days of creation (Genesis 1:1-31).
- 7 Swans - A-swimming = Seven Sacraments or 7 fruits of Holy Spirit (Gal 5:22-23).
- 8 Maids – A – milking = Eight Beatitudes! (Matthew 5:3-11).
- 9 Ladies Dancing = Nine gifts of the Holy Spirit! (1 Corinthians 12:1-11).
- 10 Lords - A –leaping = Ten Commandments (Exodus 20:1-17).
- 11 Pipers – A -Piping = Eleven faithful Apostles (Acts 1:11).
- 12 Drummers Drumming = Twelve doctrine in the Apostles Creed (CCC page 40).

@ "O Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, but you were not willing!" (Luke 13:34).

—Dr. Hazel Colaso,
 Bandra West, Mumbai.

12 “New Year 2019” Quotes!

The following “12 Quotes” for the ongoing “New Year 2019” have been collected by me, not only as tribute to the famous authors, but also as a ‘new way’ of living up to their ideals, which are indeed enduring!

1. “Be at war with your vices, at peace with your neighbors, and let each new year find you a better person” – Benjamin Franklin.
2. “Tomorrow is the first blank page of a 365-page book. So write a good one, to change life beneath the sun” - Brad Paisley.
3. “Write it in your heart, mind and soul, that everyday will be the best day in the year, the best occasion in your life” – Ralph Waldo Emerson.
4. “Cheers to the new year, and another chance to get it right!” – Oprah Winfrey.
5. “Last year’s words belong to last year’s language. Next year’s words await another voice” – T.S. Eliot.
6. “You are never too old to set another goal, or to dream a new dream” – C.S. Lewis.
7. “Well, we have a whole new year ahead of us. And wouldn’t it be wonderful if we could all be a little more gentle, a little more loving, and show a little more empathy!” – Judy Garland.
8. “New Year’s Day! Now is the accepted time to make your annual good resolutions! Next week you can begin paving hell with them as usual” - Mark Twain.
9. “New Year’s Eve always terrifies me! Life knows nothing of years ... it’s all over in five minutes ... all I hear is the rain and snow on the pine leaves, and I will never understand the behavior of men; but I have lived through it” - Charles Bukowski.
10. “A new year – a fresh, clean start! It’s like having a big white sheet of paper to draw on! A day full of possibilities! It’s a magical world, hobbes, ol’ buddy! Let’s go exploring!” – Bill Watterson.
11. “Hope smiles from the threshold of the year to come, whispering, ‘it will be happier ...!’” – Alfred Lord Tennyson.
12. “Each age has deemed the new-born year as the fittest time for a festal cheer” – Sir Walter Scott.

—Dr. Hazel Colaso,
Bandra West, Mumbai.

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I MET INFANT JESUS

“Glory to God on highest, peace to men of good will.”
Sweet hymns of angels, shepherds heard on the hill.
Long Advent came to an end, with promised peace
After centuries of wait, world slept in hope and ease.

But I wondered, “Where did this promise vanish?
Was it an empty offer to mankind, only to please?”
Troubled with thoughts, I was in utter confusion
Wished to meet the Infant for definite conclusion.

I heard a voice from above, so gentle and sweet,
“I am, who promised, why you want me to meet?”
“Infant Jesus, Lord, Master, forgive my disbelief,
Why in world, hatred, riots, fights without relief?”

“Walk straight few yards, till I meet you there,
To explain all the facts until you will be aware”.
I walked many steps hoping for the revelation
Why the promised peace remained an illusion.

I saw a slum with broken huts, by the street
Children, in torn clothes raised hands to greet
Some were naked, all hungry, love they missed,
So joyful they felt when I lifted one and kissed!

I saw a vendor passing by, with cart full of toys,
Eats and clothes that suited tiny girls and boys.
Bought plenty, made them happy and left in hurry,
If delayed I might miss the Infant, was my worry.

Again I heard, “ You remember that lovely deed,
Infant you embraced and kissed was, I indeed!
Always my promise and teachings go together,
Peace prevails only when you love one another.”

This Christmas season, be a season of joy
Go, meet that sweet, innocent infant boy.
Sure find Him in Mother Teresa’s ashram
Or go out, he’s waiting for you in the slum.

(For the abandoned children) **Henry D’Souza**

Follow infant Jesus in thought, word and deed

With reference to Fr Joesph Dias's article titled : Reflections Before the Infant Jesus in The Secular Citizen dated 31 December 2018 - January 6 , 2019 unless we radiate peace, goodness and love to one and all like the infant Jesus did we cannot reach out to people ,identify their problems and solve them efficiently in the best possible way.

Thus we must follow the infant Jesus in thought , word and deed and expect nothing in return.

—Peter Castellino

The 31st Plenary Assembly of the Conference of the Catholic Bishops of India (CCBI) to be held in Chennai to invigorate the Ministry of Love

Bengaluru, 2 January, 2019: The 31st Plenary Assembly of the Conference of Catholic Bishops of India (CCBI) is scheduled to be held from 7 to 14 January 2018, at the Joe Animation Centre, Mahabalipuram, Chennai. The Assembly will deliberate on the theme "The Joy of the Gospel" and will chalk out detailed programmes and action plans to revitalize the ministry of love and compassion of the Church at the diocesan and parish levels.

The Assembly begins on Tuesday, 8th January, 2018, with the solemn Eucharistic celebration with His Excellency Giambattista Diquattro, the Apostolic Nuncio to India and Nepal as the chief celebrant. His Eminence Oswald Cardinal Gracias, the President of the CCBI and the Archbishop of Mumbai will preside over the inaugural meeting.

His Excellency Most Rev. Raphy Manjaly, Bishop of Allahabad, His Excellency Most Rev. Thomas Dabre, Bishop of Poona, His Excellency Most Rev. George Palliparambil, Bishop of Miao, Rev. Dr. Rudolf Heredia, S.J. from Delhi, Rev. Fr. Panneer Selvam from Pachmarhi, Madhya Pradesh, Rev. Fr. Nigel Barret from Mumbai, Rev. Fr. Rudolf Rodrigues from Bareilly, Mr. Jayaprakasham from Salem and Sr. Nirmala S.J.C. from Coimbatore will address the Bishops on various aspects and ways to promote the Joy of the Gospel in the Church by upholding the ministry of love and compassion.

The Secretaries of the fourteen Commissions and the three Departments of the CCBI will present the biennial reports of the activities for the year 2017 and 2018. The Bishops will evaluate the programmes and plan-out future activities of the CCBI Commissions of Bible, Catechetics, Canon Law and

Other Legislative Texts, Ecumenism, Family, Laity, Liturgy, Migration, Proclamation, Theology and Doctrine, Vocations, Women and Youth and the Departments of Pontifical Mission Organisations (PMO), Conference of Diocesan Priests of India (CDPI) and the Association of Rectors of Major Seminaries (ARMS). The member Bishops will elect new office bearers and commission chairmen for the CCBI. The meeting will also look into the present situation of the Church in India.

A one day recollection for the member Bishops, directed by the well-known theologian, Rev. Dr. Anil Dev, IMS from Varanasi is also organized. A pilgrimage for the Bishops is also planned and the participants will visit the tomb of St. Thomas, the Apostle of India and Marian Shrines and dedicate the Church in India and the dioceses to the patronage of St. Thomas and the Blessed Virgin Mary.

The Bishops will be accorded with a solemn public reception in the Diocese of Chingelput on Sunday 13 January, 2019 where they will celebrate Holy Mass at the Bishop's House Campus ground in Chingelput in the Tamil language. His Eminence Oswald Cardinal Gracias will be the main celebrant for the Eucharistic celebration.

The official closing of the 31st Plenary Assembly will be on Monday, 14 January, 2019. During the Plenary Assembly elections will be held for new Office Bearers of the Conference and the newly elected President of the CCBI will preside over the concluding liturgical ceremonies. The Assembly is being hosted by the Diocese of Chingelput under the leadership of its Bishop Most Rev. Anthony Samy Neethinathan and Rev. Fr. Arul Raj, the founder of DMI, MMI and AMI.

The Conference of Catholic Bishops of India (CCBI) is canonically the National Episcopal Conference for the Latin rite Catholics. It is the largest Bishops Conference in Asia and the fourth largest in the world. It consists of 132 dioceses with 189 bishops.

*Rev. Dr. Stephen Alathara
Deputy Secretary General, CCBI*

1000 & More Animal Quiz

This book by Jubel D'Cruz contains over 1,400 questions with answers of different species of animals, birds, insects, reptiles and creatures of the Sea. The book is priced at Rs 180/- per copy and has been published by St. Paul's Publications, Mumbai. The book is a 'must' for every student going to school or to college.

Other books written by Jubel D'Cruz are as follows: '1000 & More Animal Riddles', 'A Bundle of Laughs', 'Bible Stories for Children', 'The Best Proverbs & Quotes', 'Stories for the Young', 'India's Freedom Struggle', 'A Book of Laughter', '1000 Fascinating Facts', 'Factopedia', '1000 & More GK Quiz', 'Animal Jokes & Riddles' and 'Tales of Nasrudin Hodja'.

—Jubel D'Cruz

WHETHER THE NEW RESEARCH USING ANCIENT DNA WILL REWRITE PREHISTORY IN INDIA?

by Eric D'Sa

The origin of Indians has been the subject of a heated debate in the country especially during the last four to five years. Who are the Indians? And where did they come from? In the last few years, the debate over these questions has become more and more heated, toxic and contentious. New research using ancient DNA is rewriting prehistory in India and the scientific study shows clearly that it's civilisation is the result of multiple ancient migrations from outside what has been known as South Asia. This piece of land south of Himalayas was as a matter of fact millions of years ago part of the African continent, broke loose and slowly moved towards the Asian continent with which it collided and the impact caused the Himalayas.

The study reminds me of my late mother, who had comedown to Bombay from Bangalore, and I went with her to visit a first cousin of hers living in Bandra. My mother and my grandmother relatively to the rest of the family, were very fair and in a way quite proud of it. What surprised me was her cousin was also quite fair like her and had light cats eyes. They were of similar age and when young grew up being good friends in an affluent closely related families in Mangalore. Somehow during that conversation, the fact they were relatively fair came up for discussion. To my surprise this cousin explained the fairness and the light eyes they had inherited, originated from an ancestor in their family, who was a hidden Portuguese bastard! My mother no doubt later brushed aside the remark as just a joke, but I am certain there is an element of truth in it. This may be a food of thought for all Indians who are proud of being very fair, that they are part products of a hidden Bastard in their family.

Hindu right-wingers believe the source of Indian civilisation are people who called themselves Aryans - a nomadic tribe of horse-riding, cattle-rearing warriors and herders who composed Hinduism's oldest religious texts, the Vedas. The Aryans, they argue, originated from India and then spread across large parts of Asia and Europe, helping set up the family of Indo-European languages that Europeans and Indians still speak today. As it happens, many 19th Century European ethnographers and, of course, most famously, Adolf Hitler, also considered Aryans the master race

YOU THE CITIZENS DECIDE:

who had conquered Europe, although the German leader considered them to be of Nordic origin.

The Harappan civilisation thrived in north-western India and Pakistan. When scholars use the term Aryan, it refers to a group of people who spoke Indo-European languages and called themselves Aryans. And that is how it has been used in this article. It does not refer to a race, as Hitler used it or as some in the Hindu right wingers use it. Many Indian scholars have questioned the "out of India" thesis, arguing that these Indo-European language speakers - or Aryans - were possibly just one of many streams of prehistoric migrants who arrived in India after the decline of an earlier civilisation. This was the Harappan (or Indus Valley) civilisation, which thrived in what is now north-western India and Pakistan, around the same time as the Egyptians and Mesopotamians.

However, Hindu right-wingers believe the Harappan civilisation was also an Aryan or Vedic civilisation. Tensions between the two groups backing these

opposing theories have only increased in the last few years, especially since the Hindu nationalist Bharatiya Janata Party (BJP) came to power in India in 2014. Into this long-running dispute has now stepped the relatively new discipline of population genetics, which has started using ancient DNA to figure out when people moved where.

Studies using ancient DNA have been rewriting prehistory all over the world in the last few years and in India, there has been one fascinating discovery after another.

The most recent study on this subject, led by geneticist David Reich of Harvard University, was published in March 2018 and co-authored by 92 scholars from all over the world - many of them leading names in disciplines as diverse as genetics, history, archaeology and anthropology. Dholavira in Gujarat state is one of the five largest Harappan sites was part of the study.

The study showed that there were two major migrations into India in the last 10,000 years. The first one originated from the Zagros region in south-western Iran (which has the world's first evidence for goat domestication) and brought agriculturists, most likely herders, to India. This would have been between 7,000 and 3,000 BCE. These Zagrosian herders mixed with the earlier inhabitants of the subcontinent - the First Indians, descendants of the Out of Africa (OoA) migrants who had reached India around 65,000 years ago - and together, they went on to create the Harappan civilisation.

In the centuries after 2000 BCE came the second set of immigrants (the Aryans) from the Eurasian Steppe, probably from the region now known as Kazakhstan. They likely brought with them an early version of Sanskrit, mastery

(Contd.. on p. 9)

(Contd.. from p. 8)

over horses and a range of new cultural practices such as sacrificial rituals, all of which formed the basis of early Hindu/Vedic culture. (A thousand years before, people from the Steppe had also moved into Europe, replacing and mixing with agriculturists there, spawning new cultures and spreading Indo-European languages). Other genetic studies have brought to light more migrations into India, such as that of the speakers of Austro-Asiatic languages who came from south-eastern Asia.

India's population is as such made up of a number of layers, according to the research. The best way to understand the Indian population is to imagine it as a pizza, with the first Indians forming its base. Though the base of this rather irregular pizza is thin in some places and thick in others, it still serves as the support that the rest of the pizza is built upon because studies show that 50% to 65% of the genetic ancestry of Indians derives from the First Indians. On top of the base comes the sauce that is spread over the pizza - the Harappans. And then come the toppings and the cheese - the Austro-Asiatic, Tibeto-Burman and Indo-European language speakers or Aryans, all of whom found their way into the subcontinent later.

To many in the Hindu right wing, these findings are unpalatable. They have been campaigning to change school curricula and remove any mention of Aryan immigration from textbooks. And on Twitter, several hugely popular right-

wing "history" handles have long been attacking India's leading historians who have defended the theory of Aryan migrations and continue to do so. For Hindu nationalists, there is a cost to admitting that the Aryans were not the first inhabitants of India and that the Harappan civilisation existed long before their arrival. It would mean acknowledging that Aryans or their Vedic culture were not the singular fountainhead of Indian civilisation and that its earliest sources lay elsewhere.

The idea of the mixing of different population groups is also unappealing to Hindu nationalists as they put a premium on racial purity. There is also the additional issue of the migration theory putting Aryans on the same footing as latter-day Muslim conquerors of India - such as the Mughals. These are not just theoretical debates. The ruling BJP government in Haryana state, which neighbours the Indian capital Delhi, has demanded that the Harappan civilisation be renamed the Saraswati river civilisation. Since the Saraswati is an important river that is mentioned in the earliest of the four Vedic texts, such a renaming would serve to emphasise the link between the civilisation and the Aryans.

The new study puts an end to these debates and it has thus come as a shock to the Hindu right-wing. In a tweet attacking its co-author Prof Reich, ruling party MP and former Harvard University professor Subramanian Swamy said: "There are lies, damned lies and (Harvard's 'Third' Reich and Co's) statistics." However, the real message that the new research carries is an exciting and hopeful one: that Indians have created a long-lasting civilisation from a variety of heredities and histories. The genius of the Indian civilisation during its best periods has been inclusion, not exclusion. Unity in diversity is, indeed, the central theme of India's genetic make-up. You the Citizens decide whether we should strive to maintain this unity with the diversity that has its roots in the history of the past and present of our nation.



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Modi's magic waning but no joy yet for India's Congress

By Nirendra Dev

New Delhi: Since Prime Minister Narendra Modi led his pro-Hindu party to an unprecedented victory in the 2014 elections, the Bharatiya Janata Party (BJP) has been on a winning spree, snatching power in several states.

But with the general elections looming in April, his Midas touch or "Modi magic" appears to be on the wane as the rival Congress Party gets back into the groove and starts to find its old rhythm.

This was manifested on Dec. 11 last year when the election results for five states were declared. Congress won the three key states of Rajasthan, Madhya Pradesh and Chhattisgarh.

For many Congress supporters, the victory suggests the party, which has ruled India for the longest time since it gained independence, is finding its feet again.

Over the last four and a half years, Congress has ceded power to the BJP in Maharashtra, Uttarakhand, Assam, Haryana, and even the predominantly Christian states of Meghalaya and Mizoram.

Many people believe this shows how the party led by Rahul Gandhi, a scion of the country's first political dynasty, is regaining its base among Hindu voters.

The Congress Party's recent victories in the three Hindu-heartland states augurs well for its chances of success in the 2019 general elections, according to its supporters.

Together, the three states make up 65 of the 543 elected seats in India's parliament.

In 2014 when the BJP and its allies

swept the national polls, they won over 315 of the 543 seats. They also claimed 61 of the 65 seats in these key states.

But pundits are now predicting that number could drop as low as 30 for the pro-Hindu party in the next poll.

Meanwhile, Congress's fortunes could be due for a reversal as the public grows increasingly tired of Modi's machinations and manipulations.

The BJP's winning spree in several Indian states is generally attributed to political manipulation, smart electoral management, including the use of "money power" to engineer the defections of MPs from their parties, and of course Modi's popularity, much of which is built on hyperbole.

But that is now in jeopardy as people rail against the regime for a host of social ills, with farmers still mired in dire straits, unemployment continuing to rise, and the economy showing no sign of a turnaround. The net result: India is suffering from a choked cash flow.

Modi won the election on the plank of building a Hindu-dominant society. As such, it came as little surprise he won the Hindu vote. The problem is that Hindus also need jobs so they can put food on the table, and in this sense, Modi isn't delivering.

That being said, Congress also failed to eke out a convincing victory in two of the three states it recently won, suggesting the public remains deeply divided over which of the two main parties can best serve their interests.

In Madhya Pradesh, for example, where the BJP has ruled for the last 15 years, Congress only managed to win 114 seats, two shy of a majority. That means it must depend on the support

of smaller parties to govern.

In Rajasthan, which has a 200-member legislature, Congress pocketed 99 seats, handing it a wafer-thin majority.

The situation was different in Chhattisgarh, where Congress won a landslide by grabbing 68 of the 90 seats that make up its assembly. As the smallest of the three states, however, Chhattisgarh only has 11 lawmakers representing it in parliament.

A significant number of votes in these three states also went to independent candidates and smaller parties, showing the public's growing dissatisfaction with the the BJP and Congress.

After the 2014 parliamentary elections, in which Congress took a heavy hit, veteran Congress politician A.K. Antony — a self-proclaimed agnostic — blamed the party's poor performance on the "loss of Hindu votes." That year's poll represented a new all-time low for the party, which netted just 44 seats in parliament, or less than 10 percent of the total.

Without a doubt, Congress is much happier now as it is seeing some of those lost Hindu votes return to its fold.

The party's leadership admit Congress was dealt a heavy blow when the BJP cast it as being anti-Hindu, and claimed it was bent on appeasing Muslims at all costs.

"That changed with the recent state polls. We managed to regain some of that lost Hindu support base," one Congress leader told ucanews.com on condition of anonymity.

In some ways, the BJP's loss is not as significant. It could even serve as

(Contd.. on p. 18)

Let Your Life Be The Giant Wheel

Fill your life with experiences and your life will be a cherishment. When you work hard every single day and you want to spend your money in a way that gives you happiness, you have to make certain it is well spent. So we seek out for things that draw our momentary attention. Don't always spend your money on things. The trouble with things is that the happiness they provide fades quickly. Materialism is an insatiable desire to own things and the belief that when those desires are fulfilled we'll achieve happiness. The paradox of possessions is that we assume that the happiness we get from buying something will last as long as the thing itself. It seems intuitive that investing in something we can see, hear, and touch on a permanent basis delivers the best value. But it's wrong. Researchers have found that experiences—as fleeting as they may be—deliver more lasting happiness than things. Our experiences are a bigger part of ourselves than our material goods. You can really like your material stuff. You can even think that part of your identity is connected to those things, but nonetheless they remain separate from you.

In contrast, your experiences really are a part of you. We don't compare experiences in the same way that we compare things. It is hard to quantify the relative value of any two experiences, which makes them that much more enjoyable. Anticipation of an experience causes excitement and enjoyment, while anticipation of obtaining a possession causes impatience. Experiences are enjoyable from the very first moments of planning, all the way through to the memories you cherish forever. Things may last longer than experiences, but the memories that linger are what matter most.



by Mrs Deepika Lobo
Clinical Psychologist

Materialism is dangerous to our health and well-being. It has been shown to deplete our happiness, threaten our relationships, and render us less friendly, likable, and empathetic, while simultaneously making us more anxious, depressed, and selfish. Modern society literally bombards us with materialism-inducing messages and endless celebrations and glorifications of the rich, handsome, and famous in ads, TV series, news, and other media.

If we want to become truly happy and fulfilled, we need to counterbalance society's conditioning and find ways of overcoming materialism.

Life has lots of ups and downs in store for us. We need to be agreeable to experience the stimulus that comes across our way. People who use stories from their past to inspire others are able to do so because they possess the ability to look backward, to reflect on the past, and to learn from it.

It is not one's life experience that matters. It is about learning to use one's life experience,

through reflection and practice.

A giant wheel takes one right down to the ground and with the same momentum lifts to hallucinating heights. This amusement ride where in passengers sit in their cabins and grab a glance of the world around them, get a feeling which is unique to each person experiencing the same ride. It surely doesn't matter what brand of clothes you are wearing, who you are, or what you do. What you take back as you get off the giant wheel is the feeling you shared with those who sat along with you, and shared those special moments. Let us experience each moment and live to tell, than live just to show!!!!



The 58th Death Anniversary of 'Servant of God RFC Mascarenhas', M'luru.

by Ivan Saldanha-Shet. M'luru.

The 58th Death Anniversary of the first Mangalorean ever on the path to sainthood in the Church, the Servant of God Mgr RFC Mascarenhas, Founder of the Congregation of the Sisters of the Little Flower of Bethany and first parish priest of Bendur (1914-31) was commemorated in St Sebastian Church, Bendur on the 22nd Dec. 2018 with the Eucharistic celebration.

Most Rev. Dr Peter Paul Saldanha Bishop of Mangalore Diocese along with 17 priests concelebrated the Eucharist. A large number of people-lay faithful, relatives of the Servant of God, Bethany Sisters, Bethany Lay Associates, staff and students participated in the Eucharist.



Rev. Fr Gregory D'Souza, OCD preached a meaningful and inspiring homily based on the day's Word of God. He recalled the memory of seeing the Servant of God Msgr Raymond, and focused on how the Servant of God discerned the



will of God in his life and like Moses consecrated himself to free the poor, illiterate, ignorant people especially girls of his time and became 'Father of the poor'. He lived for the poor, for the church and for the Word of God; now he continues his mission through the Congregation of the Bethany Sisters.

At the conclusion of the Mass Bishop Peter Paul Saldanha, Rev. Sr Rose Celine, Superior General of the Congregation of the Sisters of the Little Flower of Bethany and Rev. Fr Vincent Monteiro the Parish Priest of Bendur, paid tributes by laying wreaths on the tomb of the Servant of God. Prayer was made to God to raise the Servant of God to the honours of the altar and a Konkani song composed by Rev. Fr Nelson D'Almeida in honour of the Servant of God was sung.



It was followed by release of three books: 1. 'A Treasury of Pearls' sayings of the Servant of God compiled by Sr Miriam BS. It was released by his Excellency Bishop Peter Paul Saldanha. 2. The Konkani translation of the same book by Mr Gilbert Miranda was released by Rev. Sr Rose Celine BS., and 3. The book 'Unless the Seed Die' authored by late Sr Violette BS, translated into French by Sr Ignatia BS was released by Mrs (Dr) Lourdes Prabhu grand niece of the Servant of God.

MANGALORE's FIRST 'SERVANT of

GOD':

The Holy Roman Catholic Church traditionally maintains an elaborate, strict and minute process spanning decades and even centuries to Sainthood or Canonization. At present there are 30 plus Indian candidates in various stages moving on towards "Sainthood".

Mangalore, has for over four hundred years been known for its Catholic identity and fervor like Goa and Kerala. In Mangalore of old, well known priest of the Diocese and founder of the indigenous order of nuns - Bethany Sisters (BS), was officially put on the path to sainthood on June 3, 2008. 'Servant of God' Msgr. Raymond Francis Camillus (R F C) Mascarenhas is the first Mangalorean bestowed with this honour. His death as his



life was of great heroic virtues and made people declare that he indeed was a living saint. Miraculous favours received by devotees recorded have given reason to be put on the path to sainthood.

Many older Mangaloreans are aware that Msgr. Raymond in his holiness and goodness towards one and all, as often the case is with holy men and even Christ, faced intense sufferings for the glory of God. It is clear that 'Our own saint in waiting' faced all trials with equanimity in Christ the Master in depths of faith as a portion in the sufferings of Jesus and mother Mary. Most of the saintly go unsung; Those who are declared saints provide the example and the path to sainthood to every Christian and in fact to every human on Earth.

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—G. Pinto, Navi Mumbai

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Remember, O most Gracious Virgin Mary, that never was it known, that anyone who fled to Thy protection, implored Thy help, or sought Thy intercession, was left unaided. Inspired by this confidence, I fly unto Thee, O Virgin of Virgins, my Mother. To Thee do I come, before Thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in Thy Mercy, hear and answer me. Amen.

In an emergency, say the Memorare prayer 9 times in a row (and a tenth time in thanks). Your prayer will answered.

—Gracy Coutinho, Bangalore

Prayer & Thanksgiving Prayer to the Sacred Heart



Oh Lord Jesus Christ, to Your most Sacred Heart I confide this intention (your request). Only look upon me, then do what your love inspires. Let your Sacred Heart decide ... I count on You ... I trust in You ... I throw myself on your mercy. Lord Jesus, You will not fail me.

Sacred Heart of Jesus, I trust in you.
Sacred Heart of Jesus, I believe in your love for me.
Sacred Heart of Jesus, Your kingdom come.

Sacred Heart of Jesus, I have asked you for many favours, but I earnestly implore this one. Take it, place it in your open Heart. When the Eternal Father looks upon it, he will see it covered with your Precious Blood. It will be no longer my prayer, but yours, Jesus. Sacred Heart of Jesus. I place all my trust in You, Let me not be disappointed. Amen.

—Norman, Andheri East

What technology will do for us in the next decade

AS TECHNOLOGY CHANGES the way we live day-to-day lives, it is fascinating to imagine what the future will bring. By next decade, experts predict about 70 lakh jobs will be lost and 20 lakh gained as a result of technological development. It is no doubt that we will see a dramatic re-shape within the working environment and our careers for that matter. However, predicting what technologies will become a reality is an extremely difficult task that typically results in plenty of ideas being thrown into the bin. We therefore bring you a list of future changes that are going to herald a total revolution in human affairs. So, prepare to be shocked and amazed!

Over the course of the next decade, we can expect technology to make major changes to the world around us. In thmid to late 20th century, the birth of the information age took place with a growing reliance on digital technologies providing the driving force behind the innovations which have led to the start of the current digital age. If you cast your mind back 10 years, you'll probably realise how different your life was then. If you had a cell phone, most of your friends and neighbours probably didn't. You also likely didn't use social media or check your favourite websites every day. You didn't have instant access to the whole world lying right in your pocket. Yet the current rate of technological advances is so startlingly fast, that the next 10 years are expected to see exponential growth in activity. Here is a list of few predictions from tech moguls and companies.

Robot pharmacists by 2021 :

By 2021, robotic pharmacists are expected in America! Robots have already replaced manual workers in the manufacturing industry and even in medical field and that's just the start. For better or worse, it won't



be long before you'll be getting your medicine if they'll be able to read the doctor's note!

Web connected clothes by 2022 :

By 2022, 10 percent of us will wear clothes hooked up to the web. Already we have people that own watches and rings with connections to the internet and there's no sign that the fad will stop there. In just a few years your outfit will be connected to the World Wide Web. It might seem like there's no point to this but perhaps the reason will come afterward.

3D-printed livers to be transplanted by 2024 :

The hope is that 3D printing, after the success of constructing artificial bones, will move to bio printing of organs, like livers. This possibility is incredible! Just imagine having access to an unlimited supply of synthetic body parts! It may be that the human life-span is set to double!

Internet to be considered a human right by 2025 :

Big tech giants like Facebook and Google are pioneering attempts to spread internet access to remote places via drones, satellites and balloons. Soon, the idea of being without internet will so shock people that they will demand to never be without it again. It will become politically necessary for nations to promise permanent everlasting online access as if it were a human right.

Implanted mobile by 2025 :

By 2025, implanted mobile phones

will be available to buy. The thinking here is that a mobile phone will soon be able to keep check on your health and vital signs, which it will do better by being permanently implanted within you. What's more, such devices will perhaps reach a stage that they can interpret our thoughts and transmit them to other users. This could all be coming in the next few years.

Reading glasses to be wired to web by 2023 :

Technological experts and futurists believe that soon, eyeglasses will be hooked up to the internet to give direct access to apps which we can control hands-free. Google Glass has already set sail on this journey and has even started experimenting with contact lenses that operate eye-tracking technology.

Pocket size PC will be commonplace by 2023 :

By 2023, 90 percent of humans will have pocket-sized supercomputer. PC computers are becoming less and less important as people prefer to use their phones to connect to the internet and perform a dizzying array of functions. This now encompasses 50% of the world and the coverage is growing rapidly as prices diminish and computer power increases.

80 percent of humans will go digital by 2025 :

Many people already spend half of their day 'in' the internet and futurists believe this activity is only going to increase, with people existing as much online as they do off. This will, of course, help connect people that are physically thousands of miles apart in such a way that they hardly feel anything separating them.

Smart cities will operate without traffic lights by 2026 :

Smart cities are set to become prototypes for the urban centres where

(Contd.. on p. 15)

12 ABC: Adaptations, Biblical Contemplations for New Year!

by DR. TREVOR COLASO

Ring in the 'New Year' meditating on these renovating "New" Scripture verses, chosen to 'renew' – "you in God's love" (Zephaniah 3:17); so that you may have a deeper commitment to rejuvenate your Christian faith!

1 – 'New Song'! "O sing to the Lord a 'new song'! Bless His name, and tell of His salvation day to day. Sing to the Lord a 'new song', and praise

Him in the assembly of the faithful" (Psalm 96:1-2; 149:1).

2 – 'New Things'! "See, the former things have come to pass, and 'new things' I now declare, before they spring forth. I AM about to do a 'new thing'! Do you not perceive it? I will make a way in the wilderness and rivers in the desert. I will make you hear of 'new things' unknown to you" (Isaiah 42:9; 43:19; 48: 6).

3 – 'New Heavens and a New Earth'! "For I AM about to create 'new heavens and a new earth'; the former things shall not be remembered. The 'new heaven and the new earth' shall remain before Me; so shall your descendents and your name endure. / But in accordance with His promise, we wait for 'new heavens and a new earth' where righteousness is at home. / And I saw the holy city, the 'new Jerusalem' coming down from heaven, prepared as a Bride adorned for her husband" (Isaiah 65:17; 66:22 / 2 Peter 3:13 / Rev 21: 1-2).

4 – 'New Name'! "You shall be called by a 'new name' by the Lord / I shall also give you a white stone on which is written a 'new name'!" (Isaiah 62:2 / Rev 2:17).

5 – 'New Mercies'! "The steadfast love of the Lord never ceases. His 'mercies' never end; they are 'new' every dawn. Great is your faithfulness" (Lam 3:22-23).

6 – 'New Heart and a New Spirit'! "I shall sprinkle clean water on you to cleanse you from all uncleanness. A 'new heart and a new spirit' I will put within you. I will remove from your body the heart of stone, and give you a heart of flesh. I will instill My 'new spirit' inside you, and make you follow my statutes and ordinances" (Ezekiel 36:25-27).

7 – 'New Creation'! "If anyone is in Christ, the person is a 'new creation'! The old things have passed

away, and behold all things have become 'new'!" (2 Cor 5:17).

8 – 'New World'! "Truly I tell you; at the 'new world' when the Son of Man is seated on His glorious throne, you also my followers will sit on twelve thrones to judge the twelve tribes of Israel" (Matthew 19:28).

9 – 'New Commandment'! "I give you a 'new commandment', that you love one another as I have loved you. By this everyone will know that you are my disciples. Greater love no one has than to lay down one's life for one's friend. You are my friends if you follow my commandments" (John 13:34-35; 14:12-13).

10 – 'New Covenant'! "This is My Blood of the 'new covenant', poured out for many, for the forgiveness of sins. It seals 'God's covenant'. Do this in memory of Me" (Matthew 26;27; Mark 14:24; Luke 22:24; 1 Cor 11:25).

11 – 'New Life'! "Now we are free from the dead law which held us captive. We are no more slaves under the old written code; but governed by the 'new life' in the Spirit. The law of this 'Spirit of life' in Christ Jesus has set us free from the law of sin and death. And when we cry, 'Abba! Father'! it is that very Divine Sprit, bearing witness with our spirit, that we are children of God, and joint heirs with Christ! And if Christ is within you, the 'Spirit is life' because of righteousness" (Romans 7:6; 8:9-10; 15-17).

12 – 'Newness of Life'! "We have been buried with Christ in baptism into His death; so that, just as Christ was raised from the dead by the glory of the Father, we too might also walk in the 'newness of life'!" (Romans 6:4).

Conclusion: "And the One Who is seated on the throne said, 'See, I make 'all things new'! Write this, for these words are trustworthy and true!" (Rev 21:5).

(Contd.. from p. 14)

most of us are to live. These will have traffic lights, sidewalk and streets all wired up to the internet. All infrastructures will be maintained online. The first one will probably have a population of 50,000 by 2026.

100000 crore sensors to be online by 2022 :

Sensors are getting so cheap and computers so powerful that soon there'll be hardly any reason for any electronic device (or otherwise) not to be wired to the internet. This'll mean that we'll be able to perceive our environment digitally as well as or perhaps even better than we can physically.

FUTURE TECH THAT WILL CHANGE THE WORLD

- 3D- printing could be used to construct more houses in 20 years.
- We could live in a Matrix-like virtual world by 2045.
- People could also become Cyborgs by 2045.
- People could control their home settings using artificial intelligence by 2040 as well.
- Super tall buildings could function like mini-cities in the next 25 years.
- We could rely entirely on renewable energy by the year 2050.
- Space tourism could be feasible in 2050 but likely only for the very wealthy.

Life Anchors - Kerala Reach Out Initiative- Livelihood Sustenance

by **Thomas Lobo**

Jeevan Anchor Foundation is a “not for profit” foundation set up by a group of committed catholic professionals from different walks of life who operate under the brand name **Life Anchors**.

Our Founder Chairman, Mr Fredy Mendonca needs no introduction. He has been instrumental in setting up a pioneering initiative to create a network among Christian businessmen called **Dimensions** which recently achieved a significant milestone of holding its 150th meeting. Our Chairman is Mr. Alex Emmanuel, a stalwart in the HR field having his own HR consultancy, People Plus India. Our other eminent founder members are Leslie D’souza, Jose Peter, Russel Fernandes, Avinash Misquitta, Thomas Lobo, Allwyn Serrao, Alfred Arambhan, Fr. Joby Mathews, Dr. Glenn Mascarenhas, Austin Lobo & James Varghese.

Our initiatives are driven through these verticals:

Education Anchors: Providing career guidance & mentorship, scholarships

nars and workshops, especially in areas like career planning & development, entrepreneurship & leadership, professional excellence for teachers, SMEs, etc.;

Health Anchors: Supporting deserving patients to deal with medical emergencies and other medical



challenges, create awareness on the various medical support facilities available to public, help create group medical insurance solutions;

Community Anchors: Creating community interface by disseminating useful and reliable information. Community level Organic Farming is one such initiative.

families in their health care needs, which is nearing the Rs 13 crore mark and has assisted over 1,020 needy Families. Bishop Percy has personally endorsed our initiative to create a similar corpus fund for Education thus: **“Your idea to build up a corpus fund to assist children who are financially incapable of attending Schools and/or higher education, is absolutely laudable, as in fact we face with such families all the time.”**

Our initiative in this area has resulted in 5 children from impoverished backgrounds pursuing higher education in the fields of Nursing & Midwifery & Trade (ITI)

Another major outreach was our Kerala relief initiative in the aftermath of the devastating floods that decimated large parts of God’s own land. Life Anchors (Jeevan Anchors Foundation) under the leadership of its Chairman Mr. Alex Emmanuel took the initiative to mobilize resources and decided not to be mere observers but act in whatever small way we could in keeping with our Vision: **“We touch a million lives, tapping into our strengths and beyond, making**



& financial support to deserving youth for higher education;

Learning Anchors: Providing training & development by conducting semi-

Our Patron is Emeritus Auxiliary Bishop Percival Fernandez of Bombay. Among his many achievements, the one that requires special mention here is his efforts to raise a Health Corpus Fund to assist poor Catholic

a difference innovatively in a sustainable and value driven way.” Our efforts resulted in a substantial collection of 7.5 lakhs.

(Contd.. on p. 18)

Inspiration!

Train yourself to be more positive

AN AVERAGE PERSON can have anywhere from twenty-five thousand to fifty thousand thoughts during just one day and if you're a pessimist or if you're having a bad period this seems like a huge amount of darkness, doesn't it?

Anxiety and stress are not taken seriously enough. People simply continue to give into negativity because they don't feel about consequences but the harsh truth is that it will negatively affect you in your old days, if not sooner

Another not-so-bright exit after a longer time period when you're feeling caged in by your thoughts is depression. Dealing with mental disorders than with physical ones.

Understand where negativity comes from:

In order to eliminate or cure something, you need to determine its source because you won't have much success otherwise it would be just like trying to fight an enemy you don't see by randomly swinging your hands in the dark. Many people have problems they believe are impossible to tackle in any way, like having a huge debt left by their parents, being completely dissatisfied with a career or getting over a tough break up.

Change your routine and be adventurous :

Not all of us are good at being adventurous and spontaneous; some people simply aren't cut out for that. However, you can hang out with people who are and allow your spirit to be wild and unpredictable. Routines are comfortable because they provide us with stability but enjoying life and being open-minded is how you create memories.

Keep on increasing your confidence :

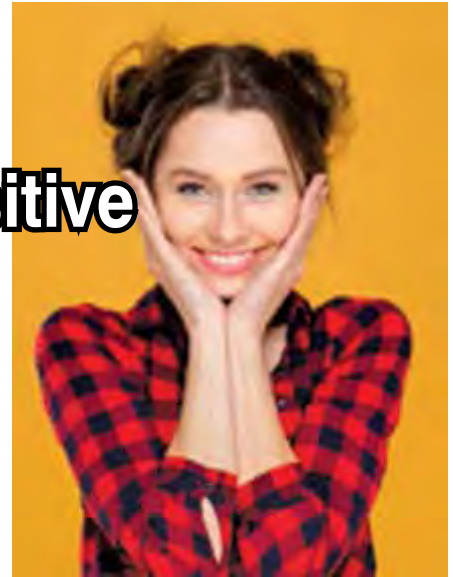
A certain way to feel good about yourself is that you feel capable and needed. Confidence is one of the first things that goes as negativity claims its reign over your mind and you should work on increasing your confidence levels because it will definitely make you feel better.

Failure isn't the end of the world :

Negativity comes in many forms and frustrations are one of the most common shapes of it we encounter on a daily basis. A lot of people out there have real difficulties with failure and even if it's smallest forms, like having your plans ruined by the weather.

Focus more on what you want :

One common problem is to fo-



cus your thoughts on what you don't want rather than what you want. If you do that then it will be hard to get what you want in life. If you want to improve your finances then focus on having a great financial situation rather than your lack of money and your debts.

Do some mental rehearsal :

This is great way to improve your performance and decrease anxiety in any upcoming situation. May be you're heading into a meeting soon. Then visualise now how great the events will unfold see, feel and hear it and also how great will you feel at this meeting.

Being trapped in a particular mindset isn't an easy thing to deal with or to escape but you can do. The bottom line is that no one and nothing should stand in your way of happiness not even your own mind. Positivity isn't a goal that's unreachable. So, change your filter and start looking at the world as if you are seeing it for the very first time.

(Contd.. from p. 10)

a blessing in disguise during the upcoming national elections.

"Growing sentiment against the incumbent ruling party in those states will now work in our favor, and to the disadvantage of Congress," BJP leader Virendra Sachdeva said.

Many pundits believe the BJP should have lost more seats in Rajasthan and Madhya Pradesh because of the sentiment against the incumbent government. But the party's ability to stay so hot on Congress's heels suggests it is still a force to be reckoned with.

Then again, as BJP spokesman Nalin Kohli surmised, victory in the state polls can have little bearing on the parliamentary elections.

For example, the BJP won all three key states in December 2003 but lost the parliamentary elections five months later.

Now Congress will focus on patching up its wounds after suffering miserable losses in two more states, Mizoram and Telangana, which revealed the results of their elections on Dec. 11 last year.

Mizoram, a Christian stronghold, was an especially painful state for the party to surrender as it has governed there for the last decade.

Congress has gambled by forging alliances with several smaller parties, with mixed results.

In the southern state of Telangana, the party teamed up with the Telugu Desam Party (TDP), but their alliance proved an unmitigated disaster when voters cast their ballots.

As both Congress and BJP sharpen their swords for the looming elections, the battle for control of parliament in New Delhi is far from over. In fact, it has only just begun.

*Nirendra Dev is a New Delhi-based political commentator.
Source: UCAN*

(Contd.. from p. 16)

After surveying options for the most credible way to move ahead we decided to collaborate with (CHASS) the Social Service Organization of Changanacherry Diocese, part of Kuttanad district. Three of our Founder Directors, Avinash Misquitta, Leslie D'souza and Jose Peter did a first hand review of the situation and decided to deploy our resources on "Livelihood Sustaining Initiatives". Accordingly 47 worst affected families were identified to be assisted. The programme for handling over the livestock to the affected families was held on 30th November at Kuttanad at the CHASS Centre in the presence of two of our Founder Directors.

The families were deeply appreciative of the efforts made by Life Anchors and Fr. Joseph Kararickal the Diocesan Director of CHASS was full of praise for this initiative by Life Anchors. Our objective is to stay connected with the families and CHASS has extended every support to monitor the progress of this livelihood sustaining initiative.

The challenge ahead: Kuttanad needs urgent assistance in the area of housing and drinking water supplies. We at Life Anchors strongly believe that "**Vision is not just about the future but about creating the future in the present**" and we will use our resources to work towards the initiatives of drinking water supply to the families of Kuttanad. Life Anchors would like to thank its partners/collaborators and supporters who helped raise resources for this initiative. We will continue our association with CHASS and the Dioceses of Changanacherry to reach out to those most adversely affected.

Going forward, our endeavor is to reach out to the youth from the economically weaker sections of the society, who are keen to pursue professional education. Education Anchors will provide them counselling, career guidance and mentorship, using the over 100-man years of training and coaching experience that we possess, so that the youth can make informed

career choices. Education Anchors will then facilitate/ provide necessary financial support so that those chosen can fulfill their educational ambitions. As part of our effort, rather than focusing only on those who seek assistance, we will be constantly looking out for those needy families who are reluctant to make the first approach - fearing social stigma or misplaced pride in their social standing- and seek assistance so that these youths may not suffer and grow up with low self-esteem.

Building a Corpus Fund: If our cause and mission has touched you and merits your support, please extend your generous helping hand and we shall ensure that contributions received will directly reach a deserving youth in fulfilling her/his educational ambitions and no part of it will be used for other administrative expenses. We will periodically keep you updated on the utilization of funds and the general progress made by the beneficiaries in their chosen fields.

Please send your donation by Account Payee Cheque or Draft favoring "Jeevan Anchor Foundation" to our corporate office:

25, New Satguru Nanik Industrial Estate, Off Western Express Highway, Near Jay Coach, Goregaon (E), Mumbai - 400 063. Tel No: +91 22 - 4970 2150

You may also transfer funds online to Bank: HDFC Bank Ltd. Fort, Mumbai; Name: Jeevan Anchor Foundation; Current A/c no: 50200030446042; IFSC Code: HDFC0000060

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MUMBAI : East Indian Roman Catholic Divorcee (legally separated after 3 days of marriage), Born March 1984, Height 5' 10", B.Com., MBA, Working in Dubai as HR Executive. Email : faye1rodrigues@gmail.com

6960. MUMBAI : Mangalorean Roman Catholic Divorcee, (Born in February 1985), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. B.Sc., Nautical working as an officer in Merchant Navy. Contact email : godfreyvaz@gmail.com

6956. DUBAI : Mangalorean Roman Catholic bachelor, (Born in October 1984), Ht. 5' 7", Wt. 63 kgs, Tan Complexion, Edn. SSLC - ITI Diesel, working in Medical Department. Contact email : godwinclear@gmail.com

6952. MUMBAI : Goan / Tamilian Roman Catholic bachelor, (Born in June 1974), Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. HSC, working as a Supervisor, Only Child. Contact email : williammendes2106@hotmail.com

6949. MUMBAI : Proposals are invited from parents of a Roman Catholic God fearing educated homely girl for a Mangalorean Roman Catholic boy, finance professional, (Born in March 1983), Ht. 5' 10", Church marriage annulled, no issues presently working overseas on PR. Please email the profile and photo to: benedict83319@gmail.com

6948. MUMBAI : Goan Roman Catholic bachelor, (Born in July 1987), Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc., working a HR. Contact email : adleyds@gmail.com

6941. MANGALORE : Mangalorean Roman Catholic Divorcee, (Born in November 1985), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.E., working as IT/ Software Developer. Contact email : rickson.philip@gmail.com

6940. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1984), Ht. 5' 5", Wt. 73 kgs, Wheatish Complexion, Edn. SSC, working in MAURITIUS a Screen Printing Machine Opera-

tor in Textile Company. Contact email : ryanfernandes84@gmail.com OR 9819353213

6939. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in February 1989), Ht. 6' 1", Wt. 70 kgs, Wheatish Complexion, Edn. B.Tech / MS (US) working in US as Consultant. Contact email : ritadsouza800@yahoo.com

934. MUMBAI : East Indian Roman Catholic Bachelor, (Born in October 1987), Ht. 5' 6", Wt. 75 kgs, Fair Complexion, Edn. Graduate, Hotel Management, Contact email : nevaidd2016@gmail.com

6930. GOA : Goan Roman Catholic Bachelor, (Born in August 1979), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. SCC and Diploma in Electrical, Electrical Contractor. Contact email : cajetan1208@gmail.com

6924. MUMBAI : Mumbai born and broughtup Roman Catholic Keralite Bachelor, (Born in September 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complexion, Edn. M.Sc. (I.T.), working as a Sr. Software Engineer in Foreign Bank. Contact email : dianamanuel320@gmail.com

6895. HONAVAR : Roman Catholic Bachelor, (Born in August 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. 5th Std., having own property business. Contact email : rosiehorta77@gmail.com Mob: 7977361995

6893. MANGALORE : Mangalorean Roman Catholic Widower, (Born in January 1967), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate, working in Automotive Sector. Contact email : dan_3627@yahoo.ce

6889. USA : Goan Roman Catholic Bachelor, (Born in July 1987), Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. B.E. (EXTC), Masters in Engineering, working as a Process Engineer. Contact email: ophelia657@gmail.com

6888. AMRITSAR : Roman Catholic Bachelor, (Born in March 1990), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. Hotel Management (Diploma) in Singapore, working as a Captain. Contact email : shephalivancet0@gmail.com

6879. U.S. : Parents of RC Mangalorean Bachelor, (Born in October 1989), 5' 10",

born-bought up in Mumbai has done his Masters in Computer Science in US and is presently working there, seek alliance from RC preferably Mangalorean qualified spinsters working in US, pleasant personality and good family values. Please reply with details and photo graphs to: amy.rigues@gmail.com

6875. KUWAIT : Mangalorean Roman Catholic Bachelor, (Born in January 1985), Ht. 5' 7", Wt. 62 kgs, Very fair Complexion, Edn. ITI, working as a Sales representative. Contact email : roshan2421@gmail.com

6874. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in May 1984), Ht. 5' 11", Wheatish Complexion, Edn. PGDMA., working as an Account Manager. Contact email : eltonjds@gmail.com

6857. AUSTRALIA : Mumbai born and broughtup Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 10", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., IHM., Working as a Store Associate in Australia and is a permanent resident. Contact email : simonsigo31@gmail.com

6833. AUSTRALIA : Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 78 kgs, Fair, Handsome, PR Holder, Edn. Masters by Research in Biotechnology from QUT, Australia, Currently working with reputed company in Quality Assurance dept., Seeking a qualified and God fearing Mangalorean RC girl. Contact email : lizbf2017@gmail.com

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6996. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in September 1990), Ht. 5' 5", Wt. 75 kgs, Wheatish Complexion, Edn. BMS., M.Com., MBA in Marketing, working for L & T Infotech. Contact email : rodnidavid@gmail.com

6994. AUSTRALIA : Mangalorean Roman Catholic divorcee, (Born in April 1959), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. Dip. ITI Course, working as a Technician. Contact email : ninearies21@gmail.com

6993. MUSCAT : Mangalorean Roman Catholic Bachelor, (Born in May 1982), Ht. 5' 8", Fair Complexion, Edn. B.Com., Dip. in Financial Management, Working as an Accountant. Contact email : sandeepfernandes2002@hotmail.com

6991. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in July 1984), Ht. 170 cms, Wt. 65 kgs, Wheatish Complexion, Edn. Engineering, working as a Electrician Contractor. Contact email : priya.tellis5@gmail.com

6986. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1990), Ht. 160 cms, Wt. 66 kgs, Wheatish Complexion, Edn. Graduate, working for MNC. Contact email : alwyn90lewis@yahoo.com

6982. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1989), Ht. 172 cms, Wt. 68 kgs, Wheatish Complexion, Edn. C.A., working as a C.A., Contact email : jpereiranirrh@gmail.com

6981. MAMGALORE : Mangalorean Roman Catholic Bachelor, (Born in February 1992), Ht. 187 cms, Wt. 90 kgs, Wheatish Complexion,

Edn. B.Sc., in nautical Science, working as a 3rd Officer in Cruise Lines. Contact email : rodriguessamuel6@gmail.com

6980. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1987), Ht. 182 cms, Wt. 79 kgs, Wheatish Complexion, Edn. PGDBM, working as a Manager. Contact email : roystonpereira2007@gmail.com

6979. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1989), Ht. 162 cms, Wt. 74 kgs, Wheatish Complexion, Edn. B.Com., working as a Office in Bank. Contact email : luton767@gmail.com

6977. MUMBAI : Goan Roman Catholic Bachelor, (Born in April 1980), Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. S.Y. B.Com., working as B Bartender at princess Crews. Contact email : dlimadenzil@yahoo.com

6975. CANADA : Goan Roman Catholic Bachelor, Canada Citizen, (Born in May 1973), Ht. 5' 6", Wt. 70 kgs, Fair Complexion, Edn. C.A Working as a C P Account. Contact Email : seqjerome@gmail.com OR Mob.: 9619819553

6973. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1989), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. B.Sc., Nautical Science, working as 2nd Officer in Merchant Ships. Contact email : meltondsouza@gmail.com

6971. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in December 1987), Ht. 6', Wt. 81 kgs, Wheatish Complexion, Edn. B.E. Electronics, working as a Tech. Lead,

in Mysore. Seeks a graduate, tall, Mangalorean girl. Contact email : dsz.roshan@gmail.com

6968. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1990), Ht. 5' 11", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate in Commerce. Working in Dubai since 2014 in Indian Consalate Office. Designation Senior Customer Executive. Contact Email : shalenedsouza4@gmail.com

6966. MUMBAI : Goan Roman Catholic Bachelor, (Born in September 1965), Ht. 5' 5", Wt. 45 kgs, Wheatish Complexion, Edn. SSC., working as a Field Executive. Contact email : sameer_bhagwatt777@rediffmail.com

6965. MANGALORE : Mangalorean Roman Catholic Bachelor, 36 years, Ht. 5' 1", Wt. 63 kgs, Wheatish Complexion, Edn. SSLC., having Agriculture. Contact : 9964885911

6964. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1987), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. 2nd year PUC, working as an Export Executive. Contact email : dorathydsilva@gmail.com OR 9930785590

6963. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 2", Wt. 62 kgs, Wheatish Complexion, Edn. MBA, Well settled. Contact email : freshflwr@gmail.com

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6995. NEWDELHI : Goan Roman Catholic Spinster, (Born in March 1992), Ht. 5' 3", Wt.58 kgs, Wheatish Complexion, Edn. MBA, Real Estate Professional. Contact email : tanya2gomes@gmail.com

6992. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1989), Ht. 5' 4", Wt.63 kgs, Wheatish Complexion, Edn. B.E. (Computer), MBA (Finance) working as a Officer in Bank. Contact email :
thea_rocque@hotmail.com

6990. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1981), Ht. 5' 7", Wt.70 kgs, Wheatish Complexion, Edn. F.Y. B.Com., Completed Aviation Course & holds knowledge of French Language and computer course. Contact email : evane_martis@yahoo.co.in

6989. MUMBAI : Smart, good looking Spinster, (Born in February 1989), Ht. 5' 6", Wt.72 kgs, Fair Complexion, Edn. B.Com., working as a Sr. Specialist. Looking for God Fearing boy from Catholic family, Settled in Mumbai. Contact email : kxanhi@willis.com

6988. MUMBAI : Goan Roman Catholic Spinster, (Born in September 1992), Ht. 5', Wt.55 kgs, Wheatish Complexion, Edn. B.Com., Dip. in Finance, working, Contact email : pbttaaca@gmail.com

6987. MUMBAI : Goan Roman Catholic Spinster, (Born in September 1991), Ht. 4' 10", Wt.48 kgs, Wheatish Complexion, Edn. M.Com., working for 5 Star Hotel. Contact email :
inasinapereira@yahoo.co.in

6985. MUMBAI : Goan Roman Catholic Divorcee, (Born in November 1984), Ht. 157 cms, Wt.68 kgs, Fair Complexion, Edn. B.Com., working as a Customer Support. Contact email :
jokina10@rediffmail.com

6984. GOA : Roman Catholic Spinster, (Born in July 1986), Ht. 165 cms, Wt.70 kgs, Wheatish Complexion, Edn. B.A. working. Contact email :
jane.matthews14@gmail.com

6983. MUMBAI : East Indian Roman Catholic Spinster, (Born in December 1991), Ht. 160 cms, Wt.52 kgs, Wheatish Complexion, Edn. Educated, working. Contact email :
joaquimbalbina17@gmail.com

6978. MUMBAI : Mangalorean Roman

Catholic Spinster, (Born in June 1989), Ht. 162 cms, Wt.50 kgs, Wheatish Complexion, Edn. Undergraduate, Tailoring. Contact email : sd450199@gmail.com

6976. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in February 1992), Ht. 160 cms, Wt.65 kgs, Fair Complexion, Edn. M.M.S., working as a Officer. Contact Mob: 9967192950 / 8850927660

6974. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in March 1992), Ht. 5' 2", Wt. 51 kgs, Wheatish Complexion, Edn. B.E. working as a Technical Manager. Contact email : steffie.xavier@gmail.com

6972. M.P. : Roman Catholic Spinster, (Born in April 1986), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A., working as a Manager. Contact email :
anitabilung@gmail.com

6970. MUMBAI : Roman Catholic Spinster, (Born in September 1987), Ht. 5' 2", Wt. 48 kgs, Fair Complexion, Edn. CS & LLB., working as a Company Secretary. Contact email :
mendonsajacinta@gmail.com

6943. MUMBAI : Goan Roman Catholic Spinster, (Born in August 1990), Ht. 5', Wheatish Complexion, Edn. Chartered Accountant, working as a C.A., Contact email : sandrereg67@hotmail.com

6942. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1987), Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. M. Com., working as a Sr. Associate in Foreign Bank. Contact email :
olgapin123@gmail.com

6937. POONA : Roman Catholic Spinster, (Born in July 1988), Ht. 5' 5", Wt. 58 kgs, Fair Complexion, Edn. MBA (Finance) working as a Financial Analyst. Contact email : sheron.muller@gmail.com

6936. MUMBAI : Karwari Roman Catholic Spinster, (Born in May 1968), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. SSC., working as a Patient care taker. Contact email : donii1967@gmail.com

6935. MUMBAI : East Indian Roman Catholic Divorcee (1st marriage annulled by the church), (Born in February 1983), Ht. 5', Wt. 61 kgs, Wheatish Complexion, Edn. M.A., working as a HR in MNC. Contact email : cocom4053@gmail.com

6933. USA : Mangalorean RC parents invite proposal for their daughter, (Born in

October 1990), Ht. 5' 3", MS from USA, working in Minneapolis USA, holding H1b visa, born and brought up in Mumbai, from Mangalorean RC bachelors, working in USA, age below 31 years, masters or higher preferred, with good family background. Contact : Wilfred D'Souza : 09869165412 OR email : wilfred1954@gmail.com

6932. MANGALORE : Mangalorean Roman Catholic spinster, (Born in September 1990), Ht. 5' 4", Wheatish Complexion, Edn. M.Com., working as an Asst. Manager. Contact email :
francisjerome.barrocas@gmail.com

6931. MUMBAI : Parents of Goan R.C spinster, (Born in August 1986), Post-Grad, writer in a reputed publication, 5' 6", Fair and of medium build, seek for their only daughter a well-qualified and settled groom. The boy should be 32-35 years of age, 5' 7", or taller. Preferably of Goan origin and residing in Mumbai. Interested families / boys may please write, with a photograph, to couri60@gmail.com or call 99202 70637

MATRIMONIAL

6903. MUMBAI : Mangalorean Roman Catholic spinster, (Born in June 1987), Ht. 5' 4", Wt. 75 kgs, Wheatish Complexion, Edn. B.E., M.S. Marketing, working as a Client Consulting Manager. Contact email :
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6868. CANADA : Goan Roman Catholic Spinster, (Born in January 1992), Ht. 5' 4", Wt. Medium, Wheatish Complexion, Edn. M.A., HR Toronto and International Business Management Toronto. Only U.S. and Candian Citizens from good family background apply. Contact email : sugarlog2009@hotmail.com

6866. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in May 1991), Ht. 5' 4", Wt. 50 kgs, Wheatish Complexion, Edn. Graduate, Service. Contact email : bidisharocking@gmail.com

6861. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1991), Ht. 5' 6", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., PG Banking & Finance, working as a Clerk in Bank. Contact email : michaelfernandes59@gmail.com

6860. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1991), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. B.M.M. (Mass Media), working for IT in MNC. Contact email : lgp1891@gmail.com

6859. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in August 1986), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. M.Sc., in Physiotherapy (Orthopedics), U.K. working in Kuwait. Contact email : nisha_sequeira@hotmail.com

6858. BHOPAL : Mangalorean Roman Catholic Spinster, (Born in March 1993), Ht. 5' 1", Wt. 55 kgs, Wheatish Complexion, Edn. B.E. Computer Science and MBA in HRM working in Bangalore. Contact email : godwinsvd@gmail.com

6855. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1990), Ht. 5', Wt. 58 kgs, Wheatish Complexion, Edn. CA by profession working for privated company. Contact email : mithalimenezes@gmail.com

6853. DUBAI : Mangalorean Roman

Catholic Spinster, (Born in February 1989), Ht. 5' 4", Wt. 79 kgs, Fair Complexion, good looking, Edn. M.Com., PGDM -HR, working as a HR Assistant in Real Estate Firm in Dubai. Contact email : sav_cm@yahoo.com.

6851. BAHRAIN : Mangalorean Roman Catholic Spinster, (Born in January 1989), Ht. 5' 7", Wt. 64 kgs, Fair Complexion, good looking, Edn. B.E. Masters in IT Management, working as a I.T. Service Delivery Engineer. Contact email : sjbs2k18@gmail.com

6850. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1989), Ht. 5' 4", Wt. 56 kgs, Fair Complexion, Smart looking, Edn. BBA, working as an Asst. Marketing Manager. Contact email : alisha.v.fernandes@gmail.com

6849. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in November 1990), Ht. 5', Wt. 51 kgs, Fair Complexion, good looking, Edn. MBA in Marketing, working as a Assistant Manager in Oil Company. Contact email : darlet_vaz27@yahoo.co.in

6836. CANADA : Parents of RC 26 years spinster, (Born in July 1991), Ht. 5' 4", B.A., B.Ed., (Honours) teaching in Canada (Govt. Job) seeks alliance from well-educated Bachelor (Preferably settled in Canada) within 28 to 32 years with good values, height between 5' 5" to 6' 2". Please email to: musicfan0323@gmail.com with recent photo and phone no.

6835. USA : Mangalorean Roman Catholic Spinster, (Born in February 1986), Ht. 5' 3", Wt. 54 kgs, Fair Complexion, Edn. M.Phil/Ph.D., doing Doctoral Studies/Working. Contact email : sathi.monteiro@gmail.com

6834. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1989), Ht. 5' 9", Wt. 90 kgs, Wheatish Complexion, Edn. BBA/BMS, Profession : Make-up Artist. Contact email : hycintharemedios@gmail.com

6825. MUMBAI : East Indian Roman Catholic Spinster, (Born in December

1986), Ht. 5' 5", Fair Complexion, Edn. Graduate + Masters working as a HR. Contact email : shobhna_dsa@gmail.com

6824. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1988), Ht. 5' 7", Fair Complexion, Edn. BMS, working as a Merchandiser. Contact email : prislobo10@gmail.com

6812. MUMBAI : East Indian Roman Catholic Spinster, (Born in November 1980), Ht. 5' 3", Wt. 48 kgs, Fair Complexion, Edn. M.Com., LLB., Advocate by profession. Contact email : marthajd25@gmail.com

6811. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1991), Ht. 5' 3", Wheatish Complexion, Edn. B.Com., working as a Freelance Content Creator. Contact email : dcostavalentina@gmail.com

6810. MUMBAI : Mangalorean RC Spinster, (Born in February 1990), Ht. 5' 4", Wheatish Complexion, M.P.T. (Master in Physiotherapy) working in Mumbai, planning to settle down in Canada, seeks alliance from well settled, qualified Mangalorean RC bachelor with good family background and Christian values. Contact No. 9967119891

6790. MUMBAI : Roman Catholic Spinster, (Born in October 1987), Ht. 5' 3", Wt. 58 kgs, Fair Complexion, Edn. B.A., LL.B., (M.A - I), working as a Legal Executive. Contact email : robertalbuquerque10@gmail.com

6785 MUMBAI : Alliance invited for 1985 born RC East Indian Spinster, 5' 6", B.Com., LLB., LLM., Manager in an MNC, from Mumbai, Maharashtra for suitably educated RC bachelor, 32-35 years from Mumbai/abroad preferably Engineers/Doctors/Lawyers/CA/MBA. Kindly reply with details to : faith_forever_2017@yahoo.com

6782 MANGALORE : Mangalorean Roman Catholic Spinster, (Born in April 1992), Ht. 5' 3", Wt.50 kgs, Fair Complexion, Edn. BHM, working as a Receptionist. Contact email : savinajmascarenhas@gmail.com

6780 GOA : Goan Roman Catholic Spinster, (Born in March 1987), Ht. 5' 4", Wt.50 kgs, Fair Complexion, Edn. M.B.B.S., M.D. (Armenia), Doctor by profession. Working in DELHI. Contact email : samantha.saldanha07@gmail.com

Address your replies to :

Regd. No. _____

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99, Perin Nariman Street, 1st Floor,
Fort, Mumbai - 400 001.**

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6679. USA : US Based RC Spinster, 28, 5' 3", B. Tech., MBA from premier institutions, talented, caring, slim, attractive personality, senior manager in renowned MNC invites alliance from well-educated, professionally qualified, well-placed RC bachelors with good family background and strong Christian values. Kindly e-mail profile with picture to msp241289@gmail.com

MATRIMONIAL

6822. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

Credibility Of The Church Will Overcome Odds



BY MELVYN BROWN

Despite the 2018 firestorm of anti-life sentiments of the Irish people ignoring the horrors of abortion, the clerical abuse and threats to Catholic norms, the Credibility of the Christian faith withstood the trauma. The authority of the Church remained unshakable.

Violations have been confronted before but now, under the leadership of Pope Francis' firm resolves approach such situations are being promptly and appropriately handled. Relevant structures of spiritual and social values are being applied by the Vatican to see that such schisms don't occur again in any form.

Cardinals and priests are not being spared and their public apologies relay the message of the inner workings of the institution fulfilling the integrity of the Church.

Recently the Pontiff accepted the resignation of Cardinal Theodore McCarrick, accused of abusing a minor and sexually harassing seminarians. Francis stopped the cardinal from his priestly duties, sending him to a life of prayer and penance.

The right to life and the exercise of protecting human life can be a victory over injustices and crimes of abortion. It truly disturbs the Pope to learn that some of the Irish people subscribe to anti-life campaigns. Pro-life efforts are being seen as a spanner in the wheel of their progress.

Evil forces will never be able to break the fortress of the Church. We know that God's love for humanity will prevail over the worst attempts of the devil. Pope Francis is a living spiritual warrior.



Simple prayers are effective when a person believes that God listens, heals and solves a crisis, X-Spam-Subject: YES clerical sex abuse and abortion no less. Although the Church was being threatened in October 2018, the Holy Father went ahead and canonized St. Paul VI and St. Oscar Romero including five more. Nothing could disturb or upset the mission of Holy Mother the Church.

Last year Pope Francis celebrated the fifth anniversary of his election. He took the opportunity to X-Spam-Subject: YES apologies for the delay in response to handling the sex abuse of those among the clergy. The Pope called together the bishops of the country in the month of May – by October, the pontiff dismissed two Chilean bishops and accepted the resignation of seven others.

Preparation for the 2019 special

Synod of Bishops on the Amazon, which will focus on safe guarding creation and its indigenous people who live in this region with pastoral care. It was no surprise that on an earlier visit to Chile and Peru the word on the Amazon had been on the Pope's mind.

The Church always abides by the truths of its office to be responsible, to understand and to care in saving souls.

In the Middle East the lives of Christians caught in the evil web of death, hate and destruction are disturbing. We pray for them as we know how evil forces work in the

minds of innocent people who fall under mistaken ideas of world domination. We keep faithful to what Pope Francis said, go out in prayers to the peripheries and take action. The reliability of Mother Church is unmovable, nothing can shake her foundation.

The moral faith and trust of Christians has not lost its spirituality. The mystical marriage of Christ with his Church is alive and well, helping us to respect and praise the ascetical and the mystical to be found in her Catholic teachings.

The writings of St. John of the Cross are mystical and help to all who believe in Christ and his Church. This brings us to the credibility of the Church which will last for all time to come.

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