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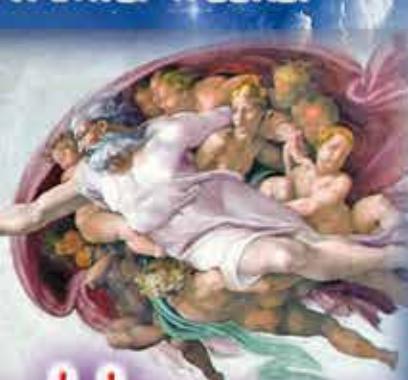
# THE SECULAR CITIZEN

Vol.27 Issue No.44 □ (Total Pages 24) □ Mumbai, 29 Oct. - 4 Nov., 2018 □ Rs. 10

A NATIONAL FAMILY WEEKLY



Belief in Heaven



or Afterlife



or JUST Dust



## Felicitation to newly elected councilors and release of Special Bulletin Samparka by Udupi Zilla Alpasankyarara Vedike –Udupi District

Felicitation to newly elected councilors and release of Special Bulletin Samparka by Udupi Zilla Alpasankyarara Vedike –Udupi District was organized on 20-10-2018 at Donbosco Hall Udupi. President K P Ibrahim presided and welcomed the gathering. Rev Edwin Joseph Pastor of Christ Church Ambady Katpady was the guest of honour and he felicitated the councilors on behalf of Udupi Zilla Alpasankyarara Vedike. Mrs Edline Karkada from Malpe, Ashpak Ahmed Kodi Kundapura and Jahira Abib from Saligram were felicitated. Ashpak Ahmed Kodi thanked the members . Adline Karkada said that she was earlier in congress but active party workers like her were side lined by leaders so she has to leave congress and joined BJP and she promised to work for all. The Samparka magazine edited by Dr Gerald Pinto was released by Rev Edwin Joseph Rev Edwin



Joseph. Secretary Charles Ambler proposed the vote of thanks. Alphonse D Costa compered the programme. Mrs SEvrine D Sa vice president, Rashid Malpe ex-president, Ronald T Salins Project manager Mission Hospital, Isaac Samuel Treasurer , Louis Almeida former president were present.



### Praise the Lord Jesus! Alleluia

If you remain in me and my words remain in you. Then you will ask for anything you wish and you shall have it.

(Jn. 15:7)

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# THE SECULAR CITIZEN

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## 'Thought for the week'

*Never respond to an angry person with a fiery comeback,  
even if he deserves it. Don't allow his anger to become your  
anger.*

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## Belief in Heaven or Afterlife or JUST Dust

By Don Aguiar

**Stephen Hawkins** famously wrote in 'A Brief History of Time' that a theory of the universe would allow people to know 'the mind of God'.

In an interview, he said, 'What I meant by 'we would know the mind of God' is, we would know everything that God would know, if there were a God. Which there isn't. I'm an atheist.' But he later said the quote was misinterpreted, and the physicist's last book left no doubt about his position on God and the afterlife.

In Brief Answers to The Big Questions, published later, Hawking answers questions including 'Is time travel possible?' and 'Is there a God?'

Hawking said, 'we are each free to believe what we want, and it's my view that the simplest explanation is that there is no God. 'No one created the universe and no one directs our fate. This leads me to a profound realisation: there is probably no heaven and afterlife either. I think belief in the afterlife is just wishful thinking. 'There is no reliable evidence for it, and it flies in the face of everything we know in science. I think that when we die we return to dust. But there is a sense we live on, in our influence, and in the genes we pass to our children.'

He previously spoke out against belief in the afterlife, saying, 'I regard the brain as a computer which will stop working when its components fail. 'There is no heaven or afterlife for broken down computers; that is a fairy story for people afraid of the dark.'

If that is so - One would ask – what happens to people beliefs in going to heaven or an afterlife, when the body returns to dust when they die. How will the promise of people's religious beliefs of leading a very comfortable and happy life or the temptation of good food or seventy two virgins materialise when they die on reaching heaven as given to understand from religious texts and priests / god men, to them, when the body returns to dust on earth itself.

On the other hand there are god men / priest proclaiming the word of God and assuring of a place in heaven and so on if one follows the godly path.

(Contd.. on p. 4)

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Whom do the people follow - the priest / god men or the thinkers, scientists, et al.... Do the priest / god men have proof in a heaven or after life or are they misleading..... Because when one is dead the body is turned to dust and no proof exist thereafter..... Have scientists, et al proof of no heaven or afterlife..... It all depends on one's education, thought process, intelligence and the company / community that one is in.

I have always believed that truth should not be suppressed. But everything which is published does not become the truth. Bias is anathema to clear thinking. Even great thinkers have fallen prey and held on to religious beliefs and convections inculcated in their formative years, tried to prove them with their considerable mental heft later, but at great cost to their posthumous reputations.

The very concept of evolution is that we evolve as human beings. And evolution is a constant process. We shed past mistakes when there is a new insight. And while we have made several mistakes and continue mistakes, we have also progressed a great deal.

Two things are infinite, the Universe and human stupidity, and I'm not sure about the Universe ~ Albert Einstein.

A humours side of human stupidity is reflected - In a Bar run by a Parsi, who is able to convenience his customers to buy his new drink on the menu.

There was a new drink on the menu:  
Vodka HoMi!!!!

Customer: What's this Drink?  
Bawaji: It's a cocktail of Vodka mixed with Honey and Milk.  
Customer: Why Honey?????  
Bawaji: Honey gives energy  
Customer: What about Milk?????  
Bawaji: Milk will give you strength  
Customer: So why Vodka?  
Bawaji: Donkey!!!!

Vodka will give you ideas about what

to do with the Strength and Energy.....!!!!!!

A few days ago whatsapp photos of an energetic Catholic Priest who impressed many by swaying to garba tunes as well as participating in the Durga puja aarti did the rounds – can the participation of the catholic priest be linked to Albert Einstein quote albeit on the humorous as well as on the religious side..... Navratri means 9 nights where the 9 goddesses of Hindus are worshipped. The songs played are just the praises of the Hindu goddesses.

The question why unsavoury news (religious or au courant) gets reported, over reported or as in the case in question.... No other priest from any other community has ever attempted to dance at another communities religious function in their priestly robes in worship of a god of another community and say no matter what you do someone will have something negative to say.

The Official Justification for the priest participation was - It was an interfaith social function – But from the look of it – it was no interfaith social function at all. But a purely Guju religious Durga puja only. Does that mean - that the community people of this priest can now start diluting their faith for the sake of inter religious bonding or for Majority appeasement? Many who lauded the priest for his dancing have now raised questions on his participation in this ritual. While others were not amused and very disappointed.

Performing an aarti sends the wrong signal to the community members. Worshipping any other god would go against the first commandment of this catholic priest religion. The image sets confusion in the minds of this catholic priest community. How can

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this catholic priest preach one thing and practice the opposite?

The minute the monopoly of goodness is claimed by one set of people, all bets are off as to the dastardly deeds conducted in said goodness name. Again standard applicable not just to Christianity. No belief system is left off the hook.

While there are many catholic priest who are true in keeping to the oaths / vows (of poverty, obedience, et al....) they take and follow the priestly rules of living a humble, prayerful and simple life and renounce worldly pleasures whenever possible, there are others who are not attuned to this type of life and without a thought get into worldly pleasures. Having a good time is not a sin but they should pay attention to the principles God has laid out for godly living when they do engage in leisure activities since they are fully aware that when entering the priesthood there are limitations.

When a respective community is affected by such contradictions, community members get confused, have queries and clarifications of which they get answers from either the net or whoever they feel trustworthy of, but that results in them moving away from Catholicism and to the side of great and famous thinkers, scientists, gurus / preachers, sects whose belief are according to the way they see to their needs – which leaves one more confused with the query - is there a heaven or afterlife or we just become dust after death?

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## Mixed signals for 'Garba'

The recent celebrations of Garba at Don Bosco's Matunga and St Peter's Bandra Mumbai, have evoked mixed reactions from the community, mostly favourable, though the minority opinion is very strident in its criticism. Celebrating religious festivals of other faiths in schools and in the neighbourhood is a good way of fostering religious tolerance and harmony among communities. Such outreach programmes need to be encouraged. I understand from newspaper reports that this is exactly what transpired at Don Bosco's Matunga.

However, now some pictures of the Matunga event have emerged which clearly suggest that the garba was preceded by aarti in which the priest is seen actively participating in the religious aspect of the festival. This puts the issue in an entirely different perspective as it flies in the face of the First (and most important) Commandment of our religion and therefore cannot be condoned or justified. However good the intentions may be, there is a line of religious propriety that cannot and must never be crossed.

**—Prof Robert Castellino  
Orlem.**

## 'Effectively curb Satan'

With reference to A F Nazareth's letter titled : 'Pope blames the devil' in The Secular Citizen dated 22-28 , October 2018 Satan and all his deeds must be effectively curbed through exorcisms and healing services.

Since the occult and religion can never mix bishops priests nuns and

other religious members and other people who become members of occult organisations must be given a chance to repent and if they refuse to do so they must be excommunicated.

One must constantly be on the guard about the various ways satan tries to gain friends in the church by effectively identifying the origin ,cause and methods he uses to come up with fool proof means to counter them and under no condition should he be allowed to run the church through his dubious methods.

Thus by uniting against satan our faith can be strengthened and other churches will be inspired to carry out an effective fight against him and his deeds.

In this way one can effectively curb Satan.

**—Peter Castellino,  
Mumbai**

## 'Keep religious places open'

With reference to Ladislaus Louis D'Souza's letter titled: MASS SUICIDE PROPOSED AT SABARIMALA in The Secular Citizen dated 22-28 ,October, 2018 a religious place or a house of god is a sacred place which must have a welcoming experience and thus be open for one and all otherwise something untoward or something that is hidden is happening in that place.

Entry for one and all must be permitted into the Sabarimala temple and any effort to bar entry into this temple

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must be resisted by arresting the people who do so since it amounts to contempt of court when a court orders that it should be open to one and all.

A similar court order is necessary to open Parsi Fire Temples and Mormon /Church of the Latter Day Saints / LDS who only allow their own members to enter their places of worship .

After all it is discriminatory and biased that members of these religions can enter other religious places while other people cannot enter their religious places.

Occult societies do not let non occult members enter their temples because something evil is going on inside them and those who are exceptions to the rules in some cases hide by letting non occult members enter their temples hide certain aspects of their occult rituals in order to dupe them and entice them to join them.

Some occult societies have separate temples for their men and women members, some them have a common temple for their men and women members and some of them do not permit women to become members probably because they fear that their occult secrets will be discovered and destroyed.

But what ever be the case their ways are that of Satan

Thus religiouX-Spam-Subject: YES s places must be kept open for all regardless of sex , class or creed otherwise they serve no useful and good purpose and only discriminatory and biased.

**—Peter Castellino,  
Mumbai..**

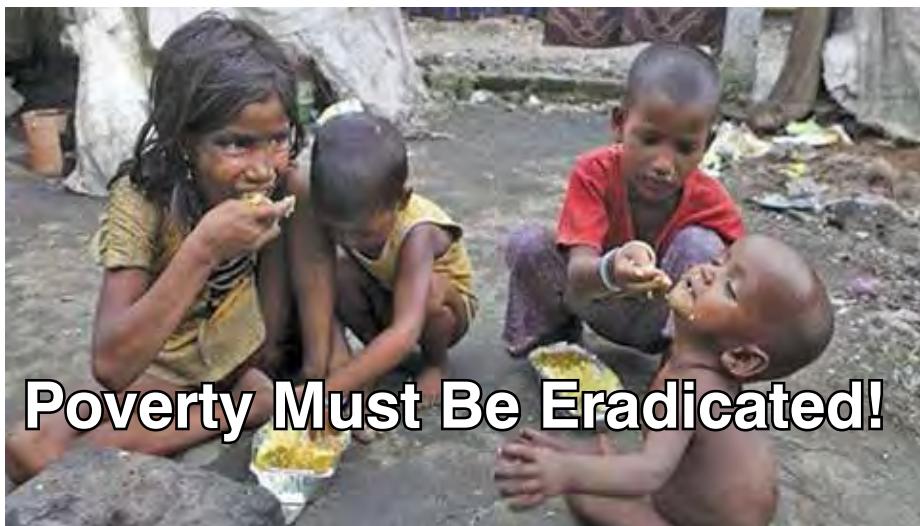
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## Poverty Must Be Eradicated!

**I**t is 17 October and the world community once again commemo rates the 'International Day for the Eradication of Poverty'. This year marks the 25th anniversary of the declaration by the General Assembly, (in its resolution 47/196 of 22 December 1992) of this special day. It also marks the 30th anniversary of the 'Call to Action' by Father Joseph Wresinski — which inspired the observance of October 17 as the World Day for Overcoming Extreme Poverty — and the recognition by the United Nations of the day as the International Day for the Eradication of Poverty.

In keeping with the fact that this year we observe the 70th anniversary of the proclamation of the Universal Declaration of Human Rights, the theme for the day is, "Coming together with those furthest behind to build an inclusive world of universal respect for human rights and dignity". A meaningful effort to recall the fundamental connection between extreme poverty and human rights, and that people living in poverty are disproportionately affected by many human rights violations.

Father Wresinski was one of the first persons to highlight this direct link between human rights and extreme poverty. In February 1987, he appealed to the Human Rights Commission to examine the question of extreme poverty and human rights and eloquently captured the nexus between human

rights and extreme poverty with his profound observation: "*Wherever men and women are condemned to live in extreme poverty, human rights are violated. To come together to ensure that these rights be respected is our solemn duty.*"

A UN Statement for the day says, "*Government policies alone cannot create the social inclusion that is fundamental to reaching those left furthest behind and overcoming poverty in all its dimensions. The commemoration of October 17 each year, when people living in poverty take the floor and share their experiences, demonstrates how we can achieve greater social inclusion by enabling people from all walks of life to come together to respect the human rights and dignity of people living in poverty. It underscores the importance of reaching out to people living in poverty and building an alliance around their priorities with citizens from all backgrounds to end extreme poverty. It recognizes the important mutual roles and relationships we have with each other based on our common and equal dignity.*"

Certainly, only Government 'policies' anywhere in the world will not be able to change reality. So much depends on how the 'poor' are treated; the attitude of the 'haves' towards the 'have-nots'; ensuring that they stay on the fringes of society; making them the 'recipients' of discarded material:

whether old clothes or used toys or leftover food. Many regard these as acts of 'charity', but refuse to address endemic issues, which keep large sections of the population subservient, denied of their basic rights and dignity and often below the poverty line. Making the poor aware of their rights and accompanying them in the realization of these are important 'first steps'

Consumption patterns of the rich and middle class, of those who 'have' need to be looked into; it was Mahatma Gandhi, through his frugal lifestyle challenged the rich and the powerful. His words, "*our earth has enough for everyone's need, but not for everyone's greed*", is a grim reminder of our reality today. Consumption by a few and wastage has reached alarming proportions. Private institutions need to look into the wage structure of their employees' particularly if they are not given a just wage. Domestic workers and other workers in the informal sector are often at the receiving end- with long hours of work, low wages in a highly exploitative system. The 'poor' always have to pay: to the police, so that they are able to sell their wares; to a bureaucrat in order to get an important certificate; to the local mafia so that they can continue living in a particular tenement. The cycle of poverty is indeed a vicious circle. Concerted efforts by individual citizens can help mitigate poverty to some extent!

This is not enough! Governments do not demonstrate the political will to eradicate poverty. India is a classic case. In the last few years, the rich have become richer in India and the poor poorer. A recent OXFAM Report titled 'The Widening Gaps: India Inequality Report 2018' indicates that just one percent of India today owns 73% of the country's wealth. It is indeed a poor commentary of a country, which is supposed to be wedded to the principles of socialism and equity. Crony capitalism and corruption thrive in the country. The Government is clearly on the side of the rich and vested interests like the Ambanis and the Adanis, the Modis and the Shaha s, those who have looted the country and milked the poor of what is rightfully theirs.



BY FR. CEDRIC PRAKASH  
SJ

The tragedy is compounded by the fact that India is buying and accumulating weapons as never before. The country is today the world's largest importer of weapons with 14% of the world's imports. In the past three years, India has imported arms worth US \$ 14 billion. Instead of increasing the outlay to alleviate poverty, precious resources are being utilized for greater violence. The foreign junkets of the Prime Minister has robbed the national exchequer of a sizeable fortune. All indicators show that the Government of India is doing practically nothing today to address the growing poverty in the country, leave alone alleviate it.

António Guterres, the UN Secretary-General, in a message for the day says, *"This year, as we celebrate the 70th anniversary of the Universal Declaration of Human Rights, let us remember that ending poverty is not a matter of charity but a question of justice. There is a fundamental connection between eradicating extreme poverty and upholding the equal rights of all people. We must listen to the millions of people experiencing poverty and destitution across the globe, tackle the power structures that prevent their inclusion in society and address the indignities they face. We must build a fair globalization that creates opportunities for all and ensure that rapid technological development boosts our poverty eradication efforts. On this International Day for the Eradication of Poverty let us commit to uphold the core pledge of the 2030 Agenda to leave no one behind".*

Powerful and meaningful words indeed! We all need to come together with those furthest behind to build an inclusive world of universal respect for human rights and dignity. Poverty can be tackled and must be eradicated; but first, the questions we urgently need to respond to: "are we actually listening?" "are we really serious about eradicating poverty?" We have a long way to go!

*\*(Fr Cedric Prakash SJ, is a human rights activist. Contact: cedricprakash@gmail.com)*

## Festival of Lights

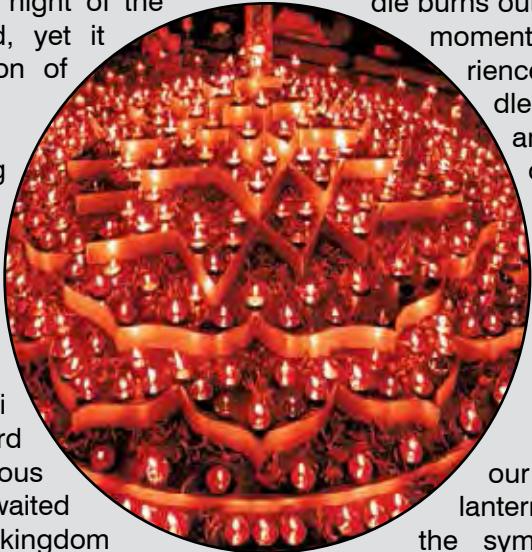
### Dispel the darkness of our ignorance

Diwali is one of the most beautiful seasons of the year. It is a time filled with light and love; a time when Indians all over the world rejoice. It is the darkest night of the darkest period, yet it is a celebration of light.

The meaning of Diwali, its symbols and rituals, and the reasons for celebration are innumerable. Diwali celebrates Lord Rama's glorious and long awaited return to his kingdom of Ayodhya after his fourteen years of exile in the forest. It commemorates Lord Krishna's victory over the demon Narakasura who had kidnapped and terrorised the gopis of Vrindavan. It is also celebrated as the day God Vishnu married Lakshmi. Diwali is also associated with the story of the fall of Bali – a demon king who was defeated by Lord Vishnu. In general, Diwali signifies the triumph of good over evil, of righteousness over treachery, of truth over falsehood, and of light over darkness.

However, Diwali is not a festival of lights in order that we may burn diyas, fireworks and sparklers. Sure, these are wonderful ways of expressing our gaiety. But, it is not the only or true meaning of 'light'. Diwali is a festival of the light that dispels the darkness of our ignorance; it is a festival of the light which shows us the way on our journey through life. The purpose is not to glorify the light of the candle or the firecracker. The

purpose is to glorify the light of God. It is He who bestows the real light, the everlasting light upon the darkness of this mundane world. A candle burns out. A firework is a momentary visual experience. But the candle of a still mind and the fireworks of a heart-filled with devotion are divine and eternal; these are what we should be celebrating.



We decorate our homes with lanterns; but what is the symbolism behind

that? Those lanterns signify God's light, penetrating through the ignorance and sin of our daily lives. They signify the divine light, shining its way through this mundane world. A home bathed in light is a home in which anger, pain and ignorance are being dispelled; it is a home that is calling to God. However, too many people turn this into a domestic beauty contest, spending days and a great deal of money to purchase the newest diyas and the most beautiful candles. This is only

the light of glamour. It is not the light of God.



by Jubel D'Cruz

The light of Diwali should be within us. It should symbolise the personal relationship between God and our families. Let the light penetrate inward, for only there will it have the lasting benefit. A piece of cotton soaked in ghee, lit with a pure heart, a conscious mind and a desire to be free from ignorance is far "brighter" than a 100 expensive electric bulbs or earthen lamps.

# CAN THE JUDICIARY ALONE TAKE FORWARD THE MISSION OF DEEPENING INDIAN DEMOCRACY AND PROTECTING SOCIAL FREEDOMS IN THE COUNTRY?

by Eric D'Sa

After the slew of verdicts by the Supreme Court, on triple talaq, Section 377, adultery and the Sharmila Temple, a prominent cartoonist adapted the famous "Road to Homo Sapiens" picture to depict the Supreme Court Justice as a barber who cleans up the barbarous Neanderthal to make him a modern human being.

India, at present, is going through a deep crisis in which the mission of deepening democracy, and protecting and advancing social freedoms, is unfortunately placed solely upon the judiciary. On the one hand there is a complete abnegation of the role of the legislature, and on the other there is a dichotomy between social morality and judicial morality based on constitutional morality. Both are dangerous tendencies.

The Supreme Court verdicts have curiously become a spectator sport on primetime television, with a great amount of anticipation about the judgments in pending cases. These are discussed in detail and debated about by various pundits. The same curiosity is unfortunately missing about parliamentary bills/debates,

which are absolutely vital to a parliamentary democracy. One example would suffice. Earlier this year, the government amended the Foreign Contribution Regulation Act to retrospectively legalise political donations from foreign companies and individuals since 1976. This move — with potentially catastrophic ramifications for Indian democracy, since it was to protect all political parties from wrong doings and breaking the law — was pushed through without discussion in Parliament and hardly any debate in the public sphere.

Meanwhile the Parliament, the supreme venue representing the people, has become a shadow of what it should be (even when the representation of marginalised communities has gone up). The words, "A fraud on the Constitution, used by Justice D.Y. Chandrachud's words (in a recent judgment), have ironically been used before by the Supreme Court to refer to executive and legislative actions. The Prime Minister rarely attends parliamentary debates, affecting the sanctity of the forum. If the Lok Sabha met for an average of 127 days in the

1950s, in 2017 it met for a shocking 57. If 72 Bills were passed in a year in the first Lok Sabha, the number was 40 in the 15th Lok Sabha (2009-14), that too steam rolled without much debate.

**YOU THE CITIZENS  
DECIDE:**

If the judiciary has assumed the role of the single most important pillar of India's parliamentary democracy, built on separation of powers, it is mainly because of the degradation and abuse of the roles of both the legislature and the the executive. The legislators have become slaves of their party leaders, giving up the main role of representing the constituency that voted them into power. The less said about the executive the better. The President, Vice President and the Governors are discarded ageing ruling party leaders, who are unable to shed their own party affiliations and act as puppets on the string of their political masters. The bureaucracy and the police force have been gradually corrupted by their political masters. They have become slaves and tools for their ministers to be used to tame their political opponents. The Cabinet Secretary and the Chief Secretaries of states have been left with limited executive powers.

The Budget session for this fiscal year saw a scarcely believable usage of 1% of its allotted time in the Lok Sabha, and the Budget, the most vital cog of a national's material basis, itself passed without discussion through the guillotine process. The basic minimum that could have been done amidst mounting allegations in the Rafale fighter aircraft deal was to institute a probe by a Joint Parliamentary Committee, but even that is not forthcoming. And what is the worth of Parliament when its convening could be held to ransom to the campaigning by the ruling party in the 2017 Gujarat elections?

The Parliament, instead of representing the highest democratic ethos, panders to electoral majorities, leaving it incapable of challenging barbaric social/religious practices enforced by dominant interests. That is why it took 70 years for Section 377 to be partially struck down. Is it then surprising that the Supreme Court steps into this dangerous void left by the

(Contd.. on p. 9)



(Contd.. from p. 8)

executive and the legislature? But the task of democratising society cannot be left to the judiciary, an unelected body, the higher echelons of which self-appoint their members through the collegium system (itself a result of the executive trying to muzzle the independence of judiciary). Instead, it must be through social and political struggles from the bottom, and not through judicial diktats from above, even if the latter can be useful.

At the same time the state of the Judiciary has its own problems. More importantly, the judiciary does not exist in a vacuum. Even when it attempts to correct regressive social practices, it is still a reflection of our society. Nothing could be more illustrative of this than the serious lack of diversity and representation, especially in the higher judiciary. In 1993, Justice S.R. Pandian estimated that less than 4% of judges in the higher judiciary were from Dalit and tribal communities, and less than 3% were women. This led former President K.R. Narayanan to recommend that candidates from marginalised communities be considered as Supreme Court judges. Since Independence, only four Dalits have become Supreme Court judges, including one Chief Justice of India. Even in the lower judiciary, the story is not starkly different. Data from 11 States show that the representation of Other Backward Classes, Scheduled Castes and Scheduled Tribes judges ranged from 12% to 14%. It took 42 years for a woman judge to be appointed to the Supreme Court, and there have been only eight women judges in the Supreme Court so far. While representation can become tokenistic and essentialist, democracy is absolutely hollow without it.

As a Nation we have been extremely lucky that the experiment of running this vast country of 1.3 billion people with continental diversity and a highly pleuritic society, that began in the year 1947 for the first time in very long history, with the speech of our first Prime Minister "Tryst with Destiny". It is worth for we the people, to contem-

# Priests Are Human Too!



## Look at this scenario!

He stood up to preach in one of the daily weekday's evening Masses. The first thing he asked the congregation to do was to go ask someone "*How was your day?*".

Everyone went around asking, shaking and patting each others back. Some even hugged themselves!

I smiled as I saw it all. Guess what, no one came to the priest to ask that simple question '*How was your day?*'. Yet! he was tired and it had been a really hard day for him.

Priests and Medical doctors may have something in common- people believe they are fine as long as they are breathing!

You are quick to ask your priest; "*Are you praying for me?*" But have you ever told him "*I am praying for you*".

You know how to accuse the priest of not visiting you but have you ever stopped by to check on him?

You tell the priest that you are going

plate on his words again and pledge our selves to deepen our democracy.

"Long years ago, we made a tryst with destiny, and now the time comes when we shall redeem our pledge, not wholly or in full measure, but very substantially. At the stroke of the midnight hour, when the world sleeps, India will awake to life and freedom. A moment comes, which comes but rarely in history, when we step out from the old to the new, when an age ends, and when the soul of a nation, long suppressed, finds utterance. It is fitting that at this solemn moment we take the pledge of dedication to the service of India and her people and to the still larger cause of humanity".

on vacation but have you ever wondered when last he had a break?

Your priest smiles at you telling you "*It is well with you*" when at times, it is a prophecy for himself.

A priest can officiate a wedding just after consoling a bereaved family (Can you imagine that emotional switch- yet he must be stable).

Your priest is human too! Trust me, there are days he did not feel like coming to church to celebrate the Eucharist with all of you but he still did! Some of the lovely cassocks covers the pains.

There are stories of priests who quit because of depression (true!). Everyone knows how to fault a Priest but not many know he has pains of his own. Everyone knows how to judge a Priest's action but not everyone want him to discipline them even if its part of his duty!

You can put a smile on your priest's face!! Appreciate your Priest. Buy gifts for your priests'. Send words and messages of love and encouragement to him. Seriously, when last did you call your priests just to wish them well and ask how they are? Distance is not a barrier!!!!

Remember, he has the generous job of watching over your spiritual well being. The happier and more stable he is, the better he will discharge his duties! Help your Priest to succeed!

I have simply told you what some Priest may never say!. Trust me! You can start by sharing this with others!

**God bless our Priests!**

# Synod of Bishops: Indian youth need inspiring priests

By Robin Gomes

Vatican City, Oct. 17, 2018: Young Catholics of India are like the fragile and sinful men and women disciples of Jesus yearning for His living water. These young people are urging the Church leadership to be an authentic inspiration on living the faith and to provide them opportunities and spaces to build communities and experience the Church's mission.

The call was made by Percival Holt, a young lay Indian, who on Tuesday addressed the ongoing world Synod of Bishops currently taking place in the Vatican. The theme of the October 3-28 Synod is, "Young People, the Faith and Vocational Discernment."

Holt, 25, is president of the Indian Catholic Youth Movement (ICYM) that operates under the Catholic Bishop's Conference of India (CBCI). He is among some 34 young people from around the world chosen to participate in the synod in the capacity of auditor or "listener", who unlike a Synod Father does not have the right to vote.

## Lack of inspiring priests

Holt said he was lucky to have good guides who helped him fall in love with Christ and his Church and to discern his vocation. But he has seen many unlucky who have fallen away by the wayside because of the lack of good guides.

According to the Indian Catholic youth leader, many "priests today are a poorer inspiration than lay people." Rather than "be reduced to meagre ritual-performers", candidates to the priesthood, he said, need to be "groomed to nurture and handle the challenges and psychology of young people and extract the best out of them."

Church shying away from giving direction

Holt described the challenging situation in which Indian youth are growing up. Success in life is dictated by extreme competition in education and career that leave many a young disappointed, depressed, mentally disturbed, with many migrating elsewhere. Political chaos, corruption and communal disharmony exacerbate the situation.

In this confusing situation of diluted traditional teachings and lifestyle, Holt said, the Church has been shying away from giving Indian youth authentic expressions and clarifications. Young people, he said need more open spaces and opportunities to contribute to building the community and experience the Church's mission, just as Jesus sent his disciples out in apostolic ministry.

As a case in point, Holt recalled two parish priests of Bombay Archdiocese, who fully entrusted a church construction to a youth group. The young people not only supervised the work but also helped raise huge funds and cut costs.

## Two proposals

In conclusion, the ICYM president recommended that the outcome of the Vatican Synod be discussed and at a national level synod in order to help draw up a national pastoral plan for "youth ministry" in every country.

Secondly, Holt urged that a network of forums for young people in parishes and institutions under the leadership of young people themselves, guided by the clergy, in order to cater to their holistic formation.

(Vatican News)  
Matters India

# A Man Called "Francis"!

The above unique book is promoted by the FatimaFamily.org , and was written by Fr. Robert J. Fox, a prolific author of over 60 books; who has appeared on Catholic Television and Radio.

It is about Irving C. "Francis", a modern stigmatic and healer from Michigan, USA, who on Good Friday 08 April 1993, received the Stigmata of Jesus. Medical science has thoroughly investigated his case, but has not come out with any explanation. "Francis" was 67 years when he was imprinted with the Stigmata, and bore it for almost 16 years until his death on 03 January 2009 at age 83.

"Go out and touch my children. Your hands are My Son's hands. Continue to evangelize. Bring back many to the Sacrament of Penance, and to celebrate the Holy Eucharist! Keep your Rosary with you and continue to pray often. You are under the protection of me and My Son" – Blessed Virgin Mary to "Francis" on 02 May 1993.

Jesus also appeared to him in the Lent of 1993. (Briefly): "Prepare yourself my son to receive My Holy Wounds! Place your complete trust in Me! I want you to consecrate yourself to my Mother. That way you will become closer to Me; for she was blessed above all creatures."

Fr. Robert Fox who personally knew "Francis", estimates that the number of people he prayed over at upwards of 200,000. "Many times there emanated a 'perfumed aroma' that filled the house. This was a sign to me of authenticity!"

"Francis" was a man of few words. When he did speak, it was about Jesus: "The Holy Eucharist is the focus of the Catholic Church. Without Jesus in the Holy Eucharist we would not have the Church!" (cf. John 6:51).

—Dr. Trevor Colaso,  
Memphis Tennessee, USA.

# The real science behind why gold does not rust

Gold is a noble metal in the periodic table which is chemically inert and does not get corroded in the natural or industrial environment. This is because the gold does not react with oxygen in the atmosphere. However gold does not make oxide because it is the least reactive metal it is extracted from the ground in its pure form while other metals have to go through expensive industrial processes to extract metal from its ore. Iron is more reactive towards water and oxygen so when exposed to air it gets rusted while gold is a noble metal so it is not corroded.

If the carat of gold is more in the ornaments then the chances



of getting weak will decrease. Let us tell you that carat is a unit of testing the purity of gold. The quantity of gold in jewellery, is 99.9 percent then it is considered as 24 carat pure gold. If it is 75 percent then 18 carat, 58.5 percent then 14 carats and 41.7 percent then

10 carat gold. Gold is the only metal which is found in yellow colour. The colour of some other metals may be yellow but this

can only happen when the reaction of these metals is done by any other chemical substance. Gold is a flexible metal. Now you may have come to know that gold does not react with oxygen in the atmosphere and does not form any layer on the surface like iron that is why it does not rust. But

yes due to sweating, exposure to perfumes, deodorant and acidic-



based cleaning solutions may destroy the qualities of gold.



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## "Konkani Kutaam" Rome, celebrates.



Members of the "Konkani-Kutaam (Family) Rome" recently assembled to celebrate the annual feast of the Nativity of the Blessed Virgin Mary ('Monti Fest') and honour the new Bishop of Mangalore Rev.Dr.Peter Paul Saldanha who was ceremoniously consecrated on September 15, 2018. On a brief official visit to Rome, and bid farewell to his 'former family' where he lived and taught in the last few years at the Collegio del Verbo Divino (S.V.D) in the heart of Rome. Cardinal Oswald Gracias, the Archbishop of Bombay, who is attending the synod in Rome, also visited the celebration and wished the new Bishop of Mangalore.

The Eucharistic Celebration was presided over by the new Bishop of Mangalore Rt. Rev. Dr. Peter Paul Saldanha together with the newly appointed General Minister of the SVD, Rev. Fr. Budi Kleden, and over 35 Indian priests. The Bishop of Bellary Rev.



Dr. Henry D'Souza (in attendance for the synod now on), preached a thematic sermon on the importance of women in society. In addition to over a dozen of other Indian Sisters belonging to various congregations at study or in service in Italy, there was gathered another 50 or so lay members of the 'Rome Kutaam'. The festive get-together and socializing was held in the adjacent SVD Hall, was graced also by Cardinal Oswald Gracias the Archbishop of Bombay with Msgr. Fr. Santiago Michael, and Fr. Jacob Aranha. After the Welcome Address by Fr. Sunil D'Souza (current Gurkar of the Kutaam), Fr. Elias Frank conveyed Appreciation to the new Bishop of Mangalore followed by sentiments of felicitation expressed by both, Cardinal Gracias and the Bishop of Bellary.



## Criminal politicians

Supreme Court asks Parliament to frame laws to bar those accused of crimes from fighting elections - now, that's a good piece of news, sounds so good to the ears! That is a good attempt though, by the Supreme Court to clean up politics in the country. Yes, it's high time, laws are put in place to keep crime away from politics. For long, politicians with criminal backgrounds, with criminal cases pending against them, have been making it to the seats of power and lording it over the citizens of the world's largest democracy.

One is tempted to ask, will we ever be successful in cleaning up politics in this country ? Will that ever happen ? Do we have the political will to weed out crime from politics ? We all know the answers. It is said that, indian politicians who have been charged with or convicted of serious misdeeds are three times as likely to win parliamentary elections as those who have not. Doesn't that seem to be true ? So, for now, one can only hope we shall someday succeed in this endeavour.

*—Melville X. D'Souza  
- Orlem, Malad West*

Invited to speak, Bishop Peter Paul recalled his fine memorable years with the 'Kutaam' (Family) in Rome of which he was former Gurkar. Fr. Lancy Dias compered the program and Fr. Naveen D'Souza raised the vote of thanks. Before closure everybody joined in thankful prayer and happily enjoyed the 'home-made' meal prepared and offered by religious as well as families. Needless to say, in his witty humour and regular style our beloved new Bishop did not fail to entertain the community while at tea with his medley of popular songs, much to their delight ... and his own ! Gladness and joy overflows, as the new bishop embarks on a new mission at home.

*- By Fr. Sunil de Souza (Gurkar,  
Konkani-Kutaam Rome).*

*— Courtesy : Ivan Saldanha-Shet.*

## Bethany releases 'Inspiring Plays'



At the Bethany Mother house on October 15, Monday, there was great jubilation a book titled "Inspiring Plays" authored by Sr M Theresine BS was released by Sr M Rose Celine BS, the Superior General of the Bethany Congregation. Sr M Theresine BS in this book expounds the heroic lives of the saints bringing in inspiring dialogues, comedy, tragedy, and fun in a creative and captivating manner. These plays are expected to inspire a wide cross section of people and will be useful to budding dramatists anywhere.

Rev Sr Theresine is an octogenarian who has done wonders in her life, she has closely mirrored the Founder of the Congregation, 'Servant of God' Msgr Raymond F C Mascarenhas, the first Mangalorean on the path to sainthood. She was congratulated and felicitated by Sr Rose Celine, the President of the programme and Prof Edmund Frank, Dean, PGDBM, St Aloysius College, Mangalore. Prof Edmund Frank said, "Sincere appreciation to Sr Theresine, the author for this inspiring book of inspiring plays based on the lives of popular Saints....This book is also a spiritual pharmacy of remedies for many ills amidst us as also enlightening and uplifting in special ways."



The Chief Guest and others felicitated her with a shawl, a bouquet of flowers, and a basket of fruits. She was appreciated for her great contribution of writing such dramas which require spiritual depth, a creative mind, and an aesthetic sense. Sr Lillis BS the Asst General, presented her the citation expressing deep appreciation of her person and her yeomen services. Words of appreciation and thanks were expressed by Sr M Dona BS for her initiative to compile the dramas and get them printed.

**About the Author : Rev Sr M. Theresine BS**, in her religious life has been exemplary, among other areas she has served as Principal of the Teacher Training College, Local superior, Regional Superior, general Councillor and as a Formator. even in her eighties now she is active in mind and spirit and an inspiration to all around her. She has always maintained great admiration for saints

of the Church and has expounded much about them. She excels in bringing the acts of the saints to edify and motivate the youth to a useful and good life and future.

- Compiled: Ivan Saldanha-Shet.  
-Courtesy Rev Sr. Dona. BS.

## On 'Priestly Celibacy'

His in response to Peter Castillo's inference on, "Scrap Priestly Celibacy", The Secular Citizen, 22-28 October 2018, page 10 – "Priestly Celibacy is based on the principle that man cannot have two masters; but it is not a divine law and must be made optional, because its continuance is preventing the ecumenical unity of different Churches from taking place."

However, here is my viewpoint based on Biblical theology! Celibacy is an extraordinary vocation. It is for God's Kingdom, and is a "gift" from God! It can only be received and lived gracefully and gratefully. Those who have not embraced this unique present voluntarily and gladly will find it hard to practice it.

Remember, a priest is another Jesus Christ, a Persona Christi! Since Christ remained single and unmarried, the ultimate summit of a priestly life is a virtuous and a righteous 'celibacy' – indeed a noble concept to be celebrated!

We must make an attempt to comprehend the counsel of St Paul: "Actually I would prefer that all of you were as I am (celibate); but each one has a 'special gift' from God ... An unmarried person is concerned about the Lord's affairs, and how to please the Lord. Whereas, the married person is anxious about worldly things, and how to please his/her spouse; and so he/she is pulled in two opposite directions" (cf. Corinthians 7 ... 32-33).

Even Jesus compared 'celibacy' to our glorious resurrection! "For when the dead rise to life, they will be like angels in heaven, and will not marry" (Matthew 22:30).

—Dr. Trevor Colaso,  
Memphis, TN. USA.



## Bond with your boss well

**BONDING WITH YOUR boss at work is important because he or she is the person you are likely to spend a lot of time with. But creating this bond can also be difficult because of the professional relationship you share. Here are a few amazing ways to bond with your boss**

**Y**our boss today should be someone that you are in touch with for the rest of your life. Sure, you will work for this person - probably for a short time, maybe a year or two-but you are building a relationship for the bigger picture. So, follow these tips on handling your relationship with your boss:

### Tell your boss that they inspire you:

Every boss in this world would love to hear that he or she is an inspiration for an employee. If you are impressed by the way in which your boss handled a certain project, his or her pro-

fessional ethics or personal qualities, communicate the same. This will make your boss feel on cloud nine and you are likely to be remembered as a pet favourite employee. You can use this way to instantly bond with your boss.

### Apply the feedback given by boss:

Your boss is likely to give you feedback about your work at regular intervals. Instead of taking that feedback for granted like many other employees, implement it and make required changes. Show your boss that you value his or her feedback. This will make your boss feel that you appreciate the time and effort which is being put into you as an employee.

### Affirm your boss' actions and ideas:

There is a fine line of difference between affirming your boss's actions and being a sycophant. Whenever you like an idea that your boss has given or an initiative that your boss is planning to implement, appreciate it. Af-

firm your boss' step by lending your support. This will help you to bond with your boss better. It will also send your boss a message that he or she can find support in you whenever required.

### Wish boss on commemorative days:

One of the first things you should do to bond with your boss is to wish him or her on commemorative days such as Boss' Day, a birthday or an anniversary. This will let your boss know that you have put in effort to send a wish on a special day of his or her life. When you wish your boss on such days, don't limit yourself to sending an email. Wish your boss in person with a small token so that you stand out from rest of the employees.

### THINGS TO KEEP IN MIND

- Avoid making excuses
- Do more than expected
- Perform the basics
- Build bridges
- Try to have a clear communication.

# Rape-accused bishop given “grand” welcome In Jalandhar



Jalandhar, Oct. 17, 2018: Bishop Franco Mulakkal was on October 17 given a rousing welcome on his return to Jalandhar, a town in the northern Indian state of Punjab.

The 54-year-old bishop, accused of repeatedly raping a nun, was released on bail a day earlier from a jail in Kerala, southern India.

He became the first Catholic bishop in India to go to jail for a sexual abuse case on September 21 when the Kerala Police arrested him after three days of interrogation. The Kerala High Court on October 15 granted him conditional bail.

At the Jalandhar reception, Bishop Mulakkal was seen smiling as his followers threw rose petals and garlanded him.

“The prayers of the people of Punjab supported me. I believe that they will pray for me even in the days to come. I thank everyone. Investigation is underway and I am co-operating. I’m a law abiding citizen and I trust the legal system of the country,” he told reporters.

The bishop also said he was arrested under pressure. He compared his arrest and imprisonment with the sacrifice of Jesus Christ.

However, Roshan Joseph, spokesperson of the Catholic Mahasabha (grand council) of Jalandhar, says Bishop Mulakkal’s return has divided the diocese.

The Vatican on September 20 temporarily removed Mulakkal from the post of Jalandhar bishop and appointed Retired Auxiliary Bishop Agnelo Rufino Gracias as the apostolic administrator.

Joseph points out that Bishop Gracias has retained the same team that Bishop Mulakkal had appointed to guide the diocese before leaving for Kerala to face police interrogation.

The lay leader said the reception for Bishop Mulakkal was organized without the apostolic administrator’s permission. “Some individual priests organized the reception by providing people transportation and food,” he alleged.

“This unofficial reception has divided

the faithful and religious leaders into two camps,” Joseph said.

He regretted such division would hamper the efforts of native priests such as Father Martin Sadiq to unite local Catholics and religious.

Joseph also said the local Catholics had felt insulted because of the rape case. “But they have not left the Catholic Church. They are very strong in their faith,” he added.

The lay leader foresees problem for the diocese if Bishop Mulakkal remains there.

“If Bishop Mulakkal remains here, the diocese will face many problems because fights could break out any time between the two camps,” he warned.

Earlier on September 25, a group native priests and lay leaders had demanded a son of the soil to be made the next bishop of Jalandhar.

Bishop Mulakkal was released on bail after executing a bond for 200,000 rupees with two solvent sureties each for the sum. The bail order also mentions that the bishop should not enter Kerala until the charge sheet is filed.

He will also have to appear before the investigating officer on alternate Sundays for a period of two months or until the charge sheet is filed.

The bishop’s passport was also deposited before the court.

During his stay in the prison, the bishop’s identity was Remand Prisoner number 5968.

A member of the Missionaries of Jesus had on June 28 filed the police complaint of sexual abuse by the bishop at the Kuravilangad convent during the period 2014-2016.

Courtesy: Matters India

# Ending India's gap between rich and poor Catholics

**Pune:** Benny D'Souza remembers good past times at Christmas when he enjoyed a week of sumptuous meals and quality time in India's western Pune city with a local Christian Mascarenhas family that traces its roots to Portuguese missionaries.

"We were poor and the parish organized that I have lunch and spend the evening with the Mascarenhas family, and come home for the night," said D'Souza, 55, father of a son and daughter.

"The daily visits for a week made me feel on top of the world."

The help came as part of the Small Christian Community (SCC) activities of the Immaculate Conception Church in Poona Diocese. Poona is the former name of Pune.

The growth of such communities across India helps narrow a rich-poor divide, and caste-based discrimination, in hundreds of village parishes, a group of Indian bishops recently explained.

For example, Archbishop Anil Joseph Couto of Delhi noted that in Poona Diocese rich and influential people mingle with others who are poor and not so well educated.

He added that the social divide seen among Catholics of high caste and lower caste elsewhere did not exist in this diocese.

Archbishop Couto was among 41 bishops and four archbishops, who met Sept. 17-20 for a bishops' colloquium on Small Christian Communities. The theme was: 'Bishops are builders of communities to re-vitalize

the Church'.

The bishops met and interacted with



families and various groups in several parishes of the diocese.

Marina Colasco, a parish council member of St. Patrick's Cathedral, told ucanews.com the small communities in their parish are active.

"We are consolidating our small groups of families by visiting homes and by organizing frequent get-togethers and meetings for prayers and fellowship," she said.

The diocesan community consists of three ethnically different linguistic groups speaking Konkani, Marathi and Hindi. "But our group has broken the barrier of language and people of different languages mingle with each other easily," she said.

"We have now identified a couple of poor Catholic families who are provided regular rations of groceries by some donors in the group."

Sujata Rego, an area leader at St. Patrick's Cathedral, said the SCCs have led Catholic families to read the Bible more often and reflect on it and also to reach out to disadvantaged families.

"In fact, our group reaches out to two other not-so-well-off parishes to help them in every way, including providing tuition fees for needy students," Rego said.

Bishop Ignatius Mascarenhas of Simla-Chandigarh, chairman of the National Service Team for SCCs at the Indian Bishops' conference, was among those who toured the diocese.

"Many bishops met families directly and were touched by how 'Small Christian Communities' had taken root in this diocese," he said.

Bishop Mascarenhas explained SCCs as "the miniature church, the central force, without which the Sunday Mass congregation is meaningless."

"Unless you are sent forth and live the rest of the week with your neighbors and spread love and forgiveness, our Sunday Mass congregation will be meaningless," Bishop Mascarenhas said.

"The SCCs are a springboard for action to bridge the differences of wealth, education, language, culture and caste," he said.

India's 28 million Christians, who form some 2.3 percent of the 1.2 billion population, are of diverse ethnic backgrounds with around 60 percent of them coming from socially poor Dalit and tribal backgrounds.

Within parishes, Catholics were mindful of economic and social status differences, but with the formation of SCCs, this was changing, Bishop Mascarenhas said.

(Contd.. on p. 18)

# Inspiration!

## Willpower is your superpower



**FOR YEARS WE have been going about our resolutions all wrong. That's Because we didn't really understand what willpower is. It's not a magical force we summon up only when we're trying to diet or in workout mode. Willpower is the ability to control or reject the desire to indulge in harmful, unnecessary and useless habits. Instead, willpower is something we call on every day, to help us decide between the black pants and the blue ones. Any act that requires self-control requires willpower. The good news is there are many powerful ways to train our brains for more self-control**

**E**veryone has something that they'd like to change. The desire for self-improvement is innate. Unfortunately, when it comes to change, old habits are hard to break and it seems that we fail more often than we succeed. For those things our willpower is never quite enough. So, what can we do about this? Can we increase our willpower? The answer is a resounding yes! Willpower is like a muscle and it gets stronger with regular use. Here's how:

### Remember your goals:

If your willpower feels drained, think of the task at hand as a necessary stepping stone to help you achieve

your goals. Willpower is very easily depleted if it's disconnected from your values and goals. For instance, if you dislike invoicing, then viewing it as an isolated task will make it hard to muster the energy to do it.

Understand you always have a choice. In our most difficult moments and biggest life challenges, we tend to forget one very important thing that no matter what, we always have a choice. We have a choice between, being stuck or moving forward; between love or fear and so on. Understanding this basic freedom of choice we have is paramount to strengthening our will and gives us the keys and codes in order to shape and create our destiny. Feel your basic instinct of a creator - having the power to choose your destiny if you put your mind and heart to anything you do.

### Plan ahead:

Cut down on the number of decisions you have to make every day and your willpower muscle will automatically get stronger. Studies show that after you reach a decision, your self-control is worse and after you exert self-control, you get worse at making decisions.

So get to work right now at reducing the number of choices you have to make in any 24-hour period. On Sunday, plan your workouts for

the week and put them in the calendar on your phone. Every few months, pull together five to 10 outfits for work so you don't start off each day agonizing over what to wear.

**Develop small but powerful habits:** The research confirms that good habits strengthen our willpower. Even if we start with something simple like, making our beds - this can have a powerful positive effect on our willpower. This occurs because these small habits build self-discipline and self-control and that spreads to other areas of our life.

### Make sure our 'to-do' list is manageable:

Everyone has some form of a 'to-do' list. We may not realize it but this ubiquitous productivity tool may actually be increasing our stress and decreasing our willpower. When we create endless lists and leave tasks perpetually undone, our subconscious nags us about it and we end up worrying far more than acting. When we do this, we get in a bad mood and our emotional state plays into our ability to resist temptation.

Procrastination can kill your willpower. Putting off duties that are seen as a burden makes us more likely to not do them at all. Avoid procrastination as much as you can if you want to ramp-up your willpower. Procrastination is often rooted in perfectionism. People tend to put things off as they are stressed out about not doing them perfectly. Understand delaying work does not actually reduce this stress and can actually heighten it. You're better off just getting to work despite reservations than ruminating over the task at hand.

### Remind yourself why:

Every now and then we tend to forget the real reasons why we do things and have to be given a reminder. This reminder allows us to get our priorities in order and do what's right. This reminder is also fundamental in maintaining a high level of willpower. Try taking some time aside every day to

(Contd.. on p. 18)

(Contd.. from p. 16)

For example, a rich woman in a parish refused to be part of the local SCC until her husband had a heart attack. "After SCC members reached out to help her, she made SCCs her second home," he said.

Similarly, Father Thomas Vijay, national coordinator of the SCC program, said a Catholic mother and daughter lived happily in Delhi without being part of it until the mother was involved in a road accident.

"Nobody visited her in the hospital," he said. "But we alerted the SCCs in that area and the duo were overjoyed with the visits of SCC members and now both are active members."

Father Vijay said the SCCs aimed at achieving a communion of communities based on the Word of God and the Eucharist, leading to life in abundance and transforming society.

Bishop Mascarenhas said the future of the church in India was to build communities on the pillars of liberty, equality, fraternity and justice.

In 1990, the Indian Bishops' Laity Commission, with Father Thomas Vijay as its secretary began the promotion of SCCs.

Currently, 86,000 of them are spread across India's 174 dioceses.

### Prayer to St. Expedite for solving a financial crisis



I call forth the Power and the presence of St. Expedite in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you

will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) \_\_\_\_\_

My financial need is urgent. Be my Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God. Amen. (Promise Publication)

—Maxi D'Souza, Borivali

"If all these communities are well trained to fight for our rights, we can be a formidable force," Bishop Mascarenhas said.

Careful planning was needed to use these well-knit communities to connect with people of local neighborhoods to become a tool for nation building, Bishop Mascarenhas said.

This came at a significant point in India's history when sectarian ideologies are promoting hatred against religious and ethnic minorities.

People needed to understand the political and social implications of the "Kingdom vision" of Jesus for the world, the prelate said.

Source: UCAN

(Contd.. from p. 17)

mediate and remind yourself what you are doing and more importantly the reasons why.

### WHY WILLPOWER IS IMPORTANT?

- Will power is the key to success. Successful people strive no matter what they feel by applying their will to overcome apathy, doubt or fear.
- Building your willpower is not achieved in a day. You need time to overcome habits of many years. No matter how many times you fail, try again.
- Remember, failure is not the sign to quit but the sign to begin again. Strong people with strong willpower are not dismayed by failure. They start again, with even more desire and ambition.

## PRAYER TO THE HOLY SPIRIT



"Holy Spirit, thou who makes me see everything and shows me the way to reach the ideal. You who gives me the divine gift to forgive and forget the wrong that is done to me and are in all instances in my life with me. I, in this short dialogue want to thank you and confirm from you once more that never want to be separated from you, no matter how great the material desire may be. I want to be with you and my loved ones in your perpetual glory. Amen".



Thanks to  
Sacred Heart of  
Jesus  
& St. Jude  
for the favours  
granted



May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen,

Say this prayer nine times a day for nine days.

— Jean D'Souza

# Royal Christian Family MATRIMONIALS - GROOMS

**5996.** MUMBAI : RC Bachelor (Born in November 1974) / 5'8", B.E., working in Senior position reputed IT firm. Seeks alliance from R.C. spinster educated good family background Pl. reply with photograph and details to keithcardozo@hotmail.com OR 9820338755

**6040.** MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in July 1983), Ht. 6', Fair Complexion, Edn. B.Com + IATA working as a Manager for Emirates in Dubai. Seeks a humble, godfearing, educated Mangalorean girl. Ht. above 5' 5", age below 28 years. Contact email : philomenanoronha60@gmail.com

**6113.** MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in August 1976), Ht. 6', Wt. 80 kgs, Wheatish Complexion, Edn. HSC., Dip. in A.C. Mechanic, working as a AC Technician in Muscat. Contact Email : suaresroshan@gmail.com

**6213.** MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1981), Ht. 5' 7", Wheatish Complexion, Edn. PGDRM, working as a Manager. Contact email : larson316@gmail.com

**6358.** MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in May 1974), Ht. 5' 4", Wt. 65 kgs, Fair Complexion, Edn. B.Com., working as a Admin. Controller in DUBAI. Contact email : dsouzabin25@gmail.com

**6393.** MUMBAI: Goan Roman Catholic Bachelor, (Born in March 1977), Ht. 5' 6", good looking XII Pass, presently working as Share Broker having own bungalow accommodation at Bandra Mumbai also getting good regular monthly rent seeks a goodlooking RC Spinster. Contact email : pintolazarus2012@gmail.com

**6045.** MUMBAI : Mangalorean

Roman Catholic Bachelor, (Born in January 1980), Ht. 6' 2", Fair Complexion, Handsome, Edn. B.Com., & HTL Management, Working on Cruise Line as Supervisor, Seeks an educated, simple, Mangalorean girl above 5' 5" Contact Email : marprop111@gmail.com

**6198.** MUMBAI : Mangalorean Roman Catholic (Born in October 1969), Ht. 5' 10", Edn. B.Com., good personality, hailing from God fearing, cultured family, issueless, divorcee by mutual consent, working for Cruise Liner in U.S.A., as Security Supervisor, well settled in Mumbai, Seeks suitable match. Contact email : dsouzamalcolmneil@gmail.com. Phone/SMS 09480157258.

**6250.** MUMBAI : East Indian Roman Catholic Bachelor, (Born in January 1974), Ht. 5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.A., working as a Manager. Contact email : cardoz.clint@gmail.com OR 9833563182

**6353.** MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in December 1977), Ht. 5' 11", Wt. 80 kgs, Fair Complexion, Edn. HSC + Dip. in Catering, working on cruis line in store department. Handsome, sober, having own house, seeks a simple, godfearing, working Mangalorean girl. Currently in Mumbai contact immediately. Contact email : lewisroyston@yahoo.com OR 7208759704

**6489** MUMBAI : Roman Catholic bachelor, (Born in June 1988), Ht. 5' 5", Wt. 65 kgs, Fair Complexion, Edn. Graduate, working as a Front Office Clerk in DUBAI. Contact email : sam\_sin88@hotmail.com

**6507.** MUMBAI : Mangalorean Roman Catholic Bachelor (Hearing Impaired) (Born in September 1989), Ht. 5' 9", Wt. 62 kgs, Fair

Complexion, Edn. HSC., Dip. in Computer Hardware. Working as a Cashier. Contact email : clifford9948@gmail.com OR 9920331773

**6485.** MUMBAI: North Indian R.C. Bachelor, (Born in October 1974), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. B.Com., working for an MNC in Mumbai as Back Office Executive. Contact email : awr88@rediffmail.com

**6228.** MUMBAI : Mangalorean Roman Catholic Bachelor (Born in December 1972). Ht. 5' 8", Wt. 65 kgs., Wheatish Complexion, Edn. S.S.C. A/C Tech. Course, working as a A/C. Technician in Voltas. Contact email : lawrencedias321@gmail.com / Mob: 8291056939

**6172.** MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1978), Ht. 5' 9", Wt. 86 kgs, Wheatish Complexion, Edn. M.Com., Position : Financial Consultant. Seeks a alliance from RC graduate/pst graduate spinster. Contact email: raceangelreb@yahoo.in

**6508.** MUMBAI : Mangalorean Roman Catholic Bachelor (Born in October 1986), Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.E.. working as a Asst. Manager in German Company. Seeks a tall, well educated homely Mangalorean girl. Contact email : colind.3010@gmail.com

Registered members can publish their ad in all the 50 issues in a year for Rs. 8000 only.

If you wish to publish your matrimonial classified advertisement in all the 50 issues in a year, you can do so for an amount of Rs. 8000 only.

# Royal Christian Family MATRIMONIALS - GROOMS

**6963. MUMBAI :** Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 2", Wt. 62 kgs, Wheatish Complexion, Edn. MBA, Well settled. Contact email : freshflwr@gmail.com

**6960. MUMBAI :** Mangalorean Roman Catholic Divorcee, (Born in February 1985), Ht. 5' 10", Wt. 77 kgs, Wheatish Complexion, Edn. B.Sc., Nautical working as an officer in Merchant Navy. Contact email : godfreyvaz@gmail.com

**6938. MUMBAI :** Goan Roman Catholic Bachelor, (Born in January 1989), Ht. 5' 9", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., well settled. Contact email : yohancharry03@gmail.com

**6913. MUMBAI :** Goan Roman Catholic Bachelor, (Born in August 1987), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn.B.Com., working for Carnival Cruise Lines. Contact email : frankyfernandes1587@gmail.com Or Mob.: 8108968804

**6912. SAUDI ARABIA :** Mangalorean Roman Catholic Bachelor, (Born in January 1981), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn.10th Std., working in Saudi Arabia. Contact email : dsouzasachin77@gmail.com

**6909. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in December 1988), Ht. 5' 11", Wt. 74 kgs, Wheatish Complexion, Edn.Bachelor of Engineering in INformation Technology, IT Professional. Contact email : allwync88@gmail.com

**6904. MUMBAI :** Converted Roman Catholic issueless Divorcee, (Born in April 1975), Ht. 5' 8", Wt. 76 kgs, Wheatish Complexion, Edn.B.Sc., MBA, working as a Manager. Contact email : sudeepthalukdar2003@gmail.

com

**6891. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in June 1989), Ht. 5' 9", Wt. 70 kgs, Fair Complexion, Edn. B.Com., well settled. Contact email : starwin89@gmail.com

**6867. PUNE :** Goan Roman Catholic Bachelor, (Born in April 1984), Ht. 5' 4", Wt. 70 kgs, Wheatsih Complexion, Edn.MBA Finance, working For Bank. Contact email : adrian.aries@gmail.com

**6865. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn.B.Sc., working as a Senior Risk Operations Analyst in Finance Company. Contact email : ryberg07@hotmail.com

**6862. MUMBAI :** Goan Roman Catholic Bachelor, (Born in February 1983), Ht. 5' 11", Wt. 72 kgs, Fair Complexion, Edn. B.Com., well settled working in Mumbai. Contact email : keith\_peter1983@yahoo.co.in

**6852. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in August 1983), Ht. 5' 8", Well built, Wheatish Complexion, Edn. Bachelors in Hospitality and Tourism Management. Working as a Chef Head Chef in DUBAI. Contact email : joslyn.gomes@gmail.com

**6845. MUMBAI :** Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. B.Sc., working as a Internet Manager. Contact email : dsilvaahimsa@gmail.com

**6841. MUMBAI :** Anglo Indian / Keralite Roman Catholic Bachelor, (Born in May 1991), Ht. 170 cms, Wt. 78 kgs, Fair Complexion, Edn. M.Com., work-

ing as a Sales Executive. Contact email : mrsannieroy@yahoo.co.in

**6833. AUSTRALIA :** Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 78 kgs, Fair, Handsome, PR Holder, Edn. Masters by Research in Biotechnology from QUT, Australia, Currently working with reputed company in Quality Assurance dept.,Seeking a qualified and God fearing Mangalorean RC girl. Contact email : lizbf2017@gmail.com

**6832. MUMBAI :** Goan Roman Catholic Bachelor, (Born in August 1970), Ht. 5' 7", Wt. 59 kgs, Wheatish Complexion, Edn. B.Com., working as a Captain in Hotel. Contact email : ignatius.matel@gmail.com

**6830. BAHRAIN :** Goan Roman Catholic Bachelor, (Born in February 1988), Ht. 5' 11", Wt. 97 kgs, Wheatish Complexion, Edn. MBA, Marketing Professional in Public Sector. Contact email : rolsonvaz@gmail.com

**6829. AUSTRALIA :** Mangalorean Roman Catholic Divorcee, (Born in March 1978), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support. Contact email : arthur.fernandes@live.com

**6828. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in June 1983), Ht. 5' 7", Wt. 81 kgs, Wheatish Complexion, Edn. Diploma in Electrical / Tele., working as a Site Engineer in Airport. Contact email : anthonylobo1983@yahoo.com

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- \* Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

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99, Perin Nariman Street, 1<sup>st</sup> Floor,  
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For Tel. Nos. Please contact:

+91- 9820473103 / 9820485389 or

Email : royalchristianfamily@gmail.com

# Royal Christian Family MATRIMONIALS - BRIDES

**5619 DUBAI :** Mangalorean R.C. Spinster, (Born in November 1981), Ht. 5' 5", Wt. 60 kgs, Fair Complexion, Working in Govt. Hospital in Dubai as Specialist Doctor (M.D.) Seeks a well qualified bachelor from Decent family. Kindly send the profile and recent photograph to Email : alliance12313@yahoo.in

**5997 MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in October 1974), Ht. 5' 3", Wt. 70 kgs, Fair Complexion, Edn. B.D.S. Dentist by profession. Email : drcleona@yahoo.com

**6129 MUMBAI :** Tamilian Roman Catholic Spinster, (Born in December 1983), Ht. 4' 11", Wt. 58 kgs, Wheatish Complexion, Edn. B.Com., working for Bank, Contact email daisy.dec1@gmail.com

**6192 MUMBAI :** Goan Roman Catholic Spinster, (Born in August 1986), Ht. 5' 6", Wt. 65 kgs, Wheatish Complexion, Edn. B. Pharma & MBA in Clinical Research, working as an Asst. Manager. Seeks a Engineer or well settled and educated. Contact email : cosmetony52@yahoo.com

**6226 MUMBAI :** Goan Roman Catholic Spinster, (Born in June 1989), Ht. 5' 2", Wt. 45 kgs, Wheatish Complexion, Edn. B.Com., working as a Supervisor in Bank. Contact email : rodriguesmary898@gmail.com

**6246 MUMBAI :** East Indian Roman Catholic Spinster, (Born in October 1986), Ht. 5' 8", Wt. 64 kgs, Fair Complexion, Edn. B.Com., working, Contact email : mariashgo24@gmail.com

**6330 MUMBAI :** Goan Roman Catholic Spinster, (Born in March 1985), Ht. 5' 1", Wt. 56 kgs, Wheatish Complexion, Edn. B.Com., MBA (Finance) working as an Asst. Manager in Bank. Seeks a suitable match. Contact Email : old-

goa2012@gmail.com

**6345 MUMBAI :** Goan / Mangalorean Roman Catholic Spinster, (Born in October 1988), Ht. 5'1", Wt. 64 kgs, Wheatish Complexion, Edn. B.Com., working bank. Seeks a well qualified boy. Contact email : idsouzsa14@gmail.com

**6482.** Roman Catholic Spinster, (Born in July 1983), Ht. 160 cms, Wt. Normal, Wheatish Complexion, Edn. B.Sc. in Chem/ PGDM LT, Pathology Lab Technician (Instructor) in KSA since 10 years, well settled, seeks a suitable match. Contact email : mathew\_680@yahoo.com

**6185 MUMBAI :** Goan (Bardez) Roman Catholic Spinster, (Born in January 1982) Ht. 5' 4", Fair Complexion., Edn. B.A., Dip. in Financial Management, Banking Exams, Working as Senior Manager for a reputed Private Sector Bank Seeks educated and well settled Roman Catholic Goan (Bardez) Bachelor between 36-40 years. Ht. 5' 7" and above. Contact email : andy.franky@hotmail.com

**6497. POONA :** Tamilian RC Spinster, (Born in January 1982), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.Com., working as a Sr. Manager. Contact email : harryanthony.7@gmail.com

**6502 MUMBAI :** Mangalorean R.C. Spinster, Date of Birth 14-5-1983, Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. M.Sc. Nursing, working as a ICU Head in Abudhabi - UAE. Military Hospital, Seeks a well educated having a good job. Contact immediately email : janydz\_1484@yahoo.com OR Tel.: 0971 557463484 / 9930076741.

**6528. DUBAI :** Mangalorean Roman Catholic Spinster, (Born in April 1985) Ht. 5' 7", Beautiful and Fair Complexion,

Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

**6642 MUMBAI :** Goan/Mangalorean Roman Catholic Divorcee, (Born in September 1979), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Service, Seeks a suitable match. Contact email : rowmonteiro@yahoo.com OR 9820792115

**6665 MUMBAI :** Mangalorean Roman Catholic Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bachelor. Contact email: alcheckmate@gmail.com OR 9867292764

## MATRIMONIAL

**6822. KUWAIT :** Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

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Email : royalchristianfamily@gmail.com

# Royal Christian Family MATRIMONIALS - BRIDES

**6962. LONAVLA** : Mangalorean Roman Catholic Spinster, (Born in February 1990), Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. M.Com., working. Contact email : fernandesjennifer90@yahoo.com

**6961. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in March 1988), Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. MBA., Working as a Deputy Manager in Franch Bank. Contact email : preethi.dsouza@ymail.com

**6959. MUMBAI** : Alliance invited from well settled RC Goan bachelors upto 30 years. for RC Goan Spinster (Born in November 1990), a B.A. graduate, done IATA, presently working in **DUBAI** in a travel company as a corporate travel officer, Ht. 5' 3", (preferable working overseas)

**6958. BANGALORE** : Mangalorean Roman Catholic Spinster, (Born in November 1987), Ht. 5' 4", Wt. 50 kgs, Fair Complexion, Edn. B.E. (Biotech), working as a Business Analyst. Contact email : rodrigues.kavin@gmail.com

**6945. GOA** : Goan Roman Catholic Spinster, (Born in July 1982), Ht. 5' 7", Wt. 80 kgs, Wheatish Complexion, Edn. M.Arch., Architect by profession. Contact email : nisha-soares82@gmail.com

**6943. MUMBAI** : Goan Roman Catholic Spinster, (Born in August 1990), Ht. 5', Wheatish Complexion, Edn. Chartered Accountant, working as a C.A., Contact email : sandrareg67@hotmail.com

**6942. MUMBAI** : Mangalorean Roman Catholic Spinster, (Born in October 1987), Ht. 5' 4", Wt. 70 kgs, Wheatish Complexion, Edn. M. Com., working as a Sr. Associate in Foreign Bank. Contact email : olgapin123@gmail.com

**6936. MUMBAI** : Karwari Roman Catholic Spinster, (Born in May 1968), Ht. 5' 4", Wt. 65 kgs,

Wheatish Complexion, Edn. SSC., working as a Patient care taker. Contact email : donii1967@gmail.com

**6935. MUMBAI** : East Indian Roman Catholic Divorcee (1st marriage annulled by the church), (Born in February 1983), Ht. 5', Wt. 61 kgs, Wheatish Complexion, Edn. M.A., working as a HR in MNC. Contact email : cocom4053@gmail.com

**6922. CANADA** : Goan Roman Catholic spinster, (Born in October 1992), Ht. 5' 4", Wt. 65 kgs, Fair Complexion, Edn. B.Com., working as a Senior Associate. Having Canadian P.R. and Lives at present in Etabiko, Toronto, Canada. Contact email : projann@rediffmail.com

**6921. MUMBAI** : Roman Catholic spinster, (Born in August 1991), Ht. 5' 2", Wt. 53 kgs, Wheatish Complexion, Edn. B.Ed., working. Contact email : pota150259@gmail.com

**6920. NEW DELHI** : Goan Roman Catholic spinster, (Born in August 1992), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., working as a Secretary. Contact email : jolenecrasto@gmail.com

**6919. MANGALORE** : Mangalorean Roman Catholic spinster, (Born in November 1987), Ht. 5' 8", Wt. 60 kgs, Fair Complexion, Edn. M.Com., BCA., Working as a Bank Manager. Contact email : joemaxrebel@gmail.com

**6911. MUSCAT** : Mangalorean Roman Catholic spinster, (Born in September 1993), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.Com., working in **OMAN**. Contact email : fjmasc@gmail.com

**6910. MUMBAI** : Mangalorean Roman Catholic spinster, (Born in April 1987), Ht. 5', Wt. 57 kgs, Fair Complexion, Edn. MBA, working as a Business and Client management. Contact email : reena.alva@gmail.com

**6908. MUMBAI** : Mangalorean Roman Catholic spinster, (Born in July 1992), Ht. 5' 2", Wt. 53 kgs, Fair Complexion, Edn. B.Pharm + PGPBA., working as Sr. Executive in Pharma Packaging. Contact email : anaita.lobo@gmail.com

**6907. MUMBAI** : Mangalorean Roman Catholic spinster, (Born in May 1987), Ht. 5' 6", Wt. 70 kgs, Fair Complexion, Edn. B.Com., working for American Bank as a Bank Teller. Contact email : carolp\_1987@yahoo.co.in

**6905. ABUDHABI** : Mangalorean Roman Catholic spinster, (Born in July 1989), Ht. 5' 1", Wheatish Complexion, Edn. Master in Commerce (Finance), working as a Secretary cum Accountant. Contact email : stefffernandez798@gmail.com

**6902. DUBAI** : Goan Roman Catholic spinster, (Born in April 1975), Ht. 5' 7", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., working as a Secretary. Contact email : pepem25@rediffmail.com

**6901. DUBAI** : Mangalorean Roman Catholic spinster, (Born in October 1993), Ht. 5' 7", Wt. 63 kgs, Fair Complexion, Edn. B.Com + IATA, Working as a Asst. Office Administor, Contact email : rishal-albuquerque@yahoo.com

## MATRIMONIAL

**6903. MUMBAI** : Mangalorean Roman Catholic spinster, (Born in June 1987), Ht. 5' 4", Wt. 75 kgs, Wheatish Complexion, Edn. B.E., M.S. Marketing, working as a Client Consulting Manager. Contact email : mendonca\_luke@yahoo.co.in

Address your replies to :

Regd. No. \_\_\_\_\_

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## Petition to Saint Michael



Most powerful St. Michael, Archangel, Protector, Guardian, Defender of the Roman Catholic Church and her children. Save the Church from the attacks of the devil fermenting divisions and creating a crisis of sexual abuse.

Arise St. Michael, vindicator of God, custodian of Holy Mother the Church. Arise from your daily battles of sin, violence and hate worldwide. Rise in the name of Jesus Son of God, and crush Satan into the flames of Hell forever. St. Michael, show us the power of your flaming sword. Amen

Prayer Composed by Melvyn Brown  
Feats of St. Denis and Companions  
9th October 2018

Divine Mercy Chapel 3 Elliot Road Cal - 16

## Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankanni, Our Lady of perpetual Succor and St. Anthony

—Mary Nazeth

## The five essential principles of a strong family

In a society obsessed with fame, the often unseen task of motherhood tends to get overlooked and undervalued. Yet it is in the home and amongst our families where destinies are forged. Your parenting will live on through future generations. The rewards: the small, everyday things like a child's first smiles or their first steps. So take a moment and study these key principles to strengthen your family:



**A Godly father plays an important role:** Dads, you are the spiritual 'thermostat' of the family. You set the spiritual tone of the household. And it's more about who you are and what you do and don't do than what you say. You are their greatest role model of what it is to have a genuine, authentic love for God. And no matter what age your children are, you are in the process of instilling values into their hearts.

**Spend time with your spouse and children:** As a parent you will have a far greater influence on your child's development than their school or the church. As parents you are the primary moulders and shapers of their lives.

**Express appreciation:** Encourage a culture of appreciation. 'It's easier to build boys than to repair men' Give plenty of praise and approval but don't let your children rule the household - they don't know what's best for them (although they think they do!)

**Be able to solve problems in a crisis:** All families face difficulties at times. We need to be able to rise above them and stay together through the ups and downs.

**Have good family communication:** Learn to discuss and resolve issues as they arise rather than avoiding them or shutting down. Teach your children to talk about and work through areas of conflict or difficulty.

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Indians abroad like Canada, USA, Australia, New Zealand, Europe, UK., Gulf countries and other parts of the world are registering to find a suitable match.

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