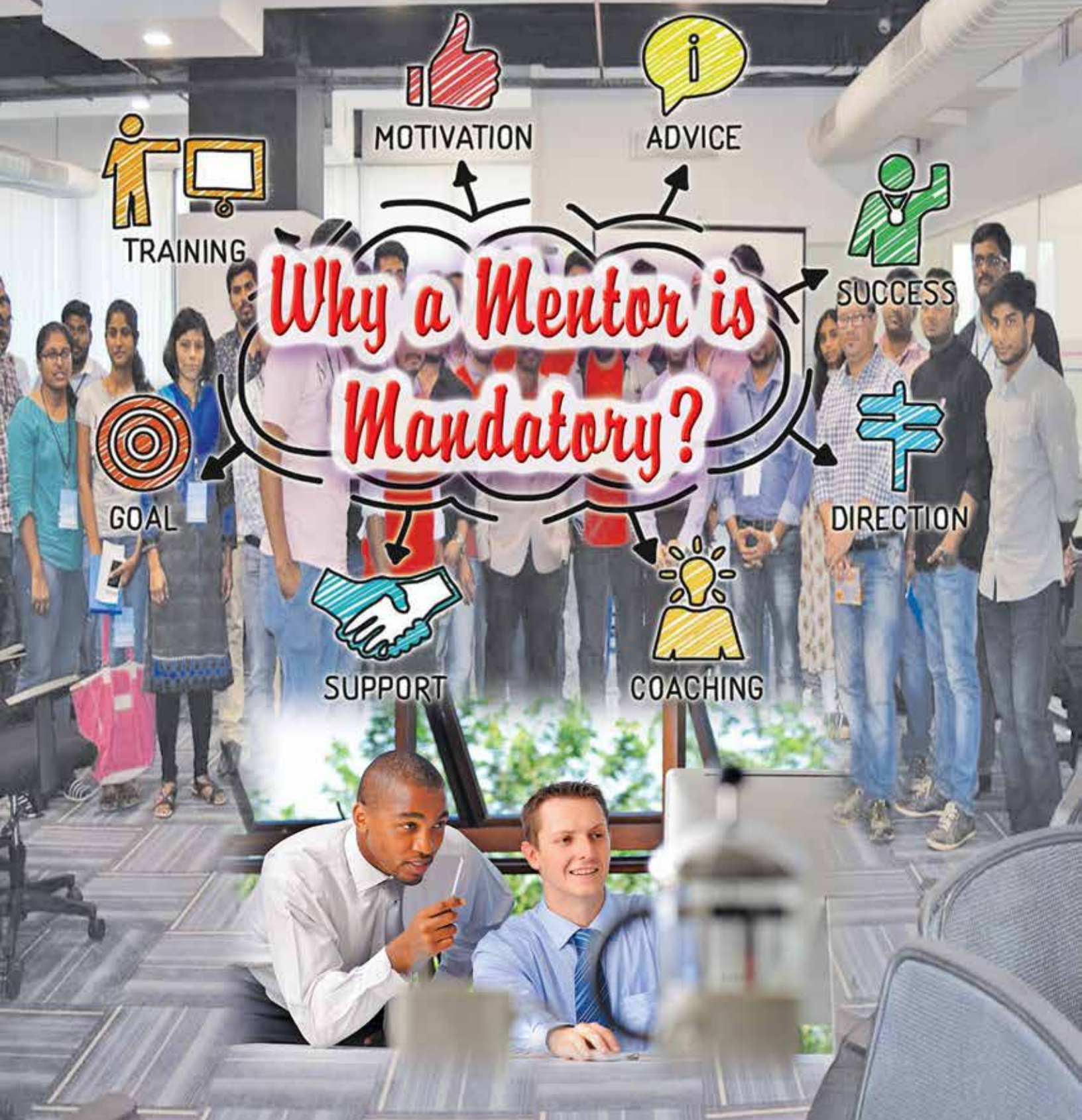


THE SECULAR CITIZEN

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A NATIONAL FAMILY WEEKLY



MOTIVATION

ADVICE

TRAINING

GOAL

Why a Mentor is Mandatory?

SUPPORT

COACHING

SUCCESS

DIRECTION

Teachers: The Architects of our Society

On September 5, we celebrate the birth anniversary of Dr. Sarvepalli Radhakrishnan, the Second President of India, who was a profound philosopher, a reminiscent teacher and a great humanist at heart. His birthday has been celebrated as Teachers' Day in dedication to all the teachers for their immense contribution in nurturing leaders, visionaries and responsible citizens of our nation. On this day, I thank our Lord Jesus Christ for all the teachers all over for their lives of great service to the nation and humanity at large. The gentle gesture of holding a hand and guiding and the noble way of enlightening young minds simply bestows upon them the characteristic of being the most influential person in students' lives. Teachers impart good values to children and turn them into accountable, empowered and caring human beings. Looking back on the years gone by, we all are grateful for the vital role our very own teachers have played in shaping our lives. Malala Yousafzai, the youngest Nobel Prize laureate has aptly



said, "One book, one pen, one child, and one teacher can change the world." Indeed, the positive influence of teachers lasts for generations to come. They are the nation builders, the architects of our society.

Today, with the emergence and rapid technological advancements, the landscape of education has changed. Consequently, the role of our teachers too has changed over time. Speaking about integration of technology in education, Bill Gates has beautifully stated, "Technology is just a tool. In terms of getting the kids working together and motivating them, the teacher is most important." Technology is here to transform education and not to replace educators. It is the role of the teachers to use it fruitfully to transform lives and enhance learning outcomes. I strongly believe that while technology does its bit, teachers as facilitators add the desired human touch and instill values for holistic development and uplift the essence of education.

Teachers are an integral part of the educational system. And in this ever evolving globalized world, teachers cannot afford to remain stagnant or old fashioned in their teaching pedo-

gogy. Teachers need to constantly upgrade themselves in order to keep pace with ever evolving learning patterns and diverse learners themselves. John Dewey would say, "If we teach today as we taught yesterday, we rob our children of tomorrow." There is always something new to learn and if teachers fail to do this, they are doing injustice to their noble calling. Education system demands teachers to be resource persons who as facilitators will be able to provide or guide students in getting the right information they are looking for. Although things are available on just a click of a mouse,



students need support from their teachers to understand and learn new concepts and skills. Students look up to teachers as mentors and role models who inspire, encourage and boost their confidence to always strive to bring out the best in them and live life to the fullest. Finally, on this Teachers' Day, dear teachers, we acknowledge and appreciate your valuable contribution to the society. We urge you to continue to live your vocation to the fullest and pray that may God bless you and keep you and be gracious to you."

Wish you a Very Happy Teachers' Day!

Madam Grace Pinto

*Managing Director
Ryan International Group of
Institutions*

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'Thought for the week'

The 'Values' we leave in our children are more important than the 'Valuables' we leave for them.

Contents

pg. 2 - Teachers: The

pg. 3 - Our current greatest teacher

pg. 5 - Voice of the People

pg. 6 - Beyond 377

pg. 8 - You the citizens decide

pg. 10 - Mother of refugees and displaced

pg. 11 - Church of St. Anne ...

pg. 12 - Mangaluru Catholics overjoyed

pg. 13 - Be the role model for your child

pg. 14 - Jewels of Jaipur

pg. 15 - Receive God's merit in serving Jesus

pg. 16 - Trust him with your

pg. 17 - Inspiration!

pg 19 - Matrimonials

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(Article on pg.17)

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Our Current Greatest Teacher

By Don Aguiar

The King calls one of his ministers and asked the minister can you tell me which profession is instrumental for our kingdom to be what it is today, he immediately said - of course the engineer. Then spot the best engineer in the kingdom I want to award him

Immediately another minister got up and said I believe it is the doctor, another minister said I believe it is the Soldier, another minister said it is the Business community. Like this every minister said different professions and the best of each profession was brought and all were lined up

The King turned to the Prime Minister & asked "what should I do", "I know you will come to me" said the Prime Minister and left the court. After sometime the Prime Minister returns with an old lady standing at the door and on seeing the old lady at the door all stood up including the ministers. Seeing everybody standing the King felt embarrassed and he too stood up and then realised that since he is the King he should not be standing. He asked the Prime Minister "who is this lady". The Prime Minister looked at the old lady and all of them standing up and said that "she is the teacher who taught them all".

We have just finished celebrating TEACHERS DAY What is a teacher? I'll tell you: it isn't someone who teaches something, but someone who inspires the student / the nation to give of his best in order to discover what he already knows.

The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires. And our nation's current THE Greatest Teacher - our current Prime Minister. Sir you not only inspire but Aspire us of going back and living our heritage.

What with his "Mann ki Baat" and of the economy that was supposed to provide us with compensatory benefits? The promise of "good days" (achhe din) implied faster economic growth, but any hope of that was vaporised by demonetisation, which unsettled so much and so many in return for precious little. Farmers and small businessmen are unhappy, and possibly traders

(Contd.. on p. 4)

(Contd.. from p. 3)

too, while "Make in India" and exports have gone nowhere. Those who thought the rupee would climb during Mr Modi's rule from Rs 60 to Rs 40 as a mark of economic strength see it has moved the other way to Rs 70 (though that is no bad thing).

Of a piece with current trends is the tendency to criminalise civil action. Anyone who divorces using triple talaq is in danger of going to jail, though how that would help the injured wife is a mystery. Punjab under Congress rule wants to imitate Pakistan's blasphemy laws, and terrorist tax laws still exist, while internet shutdowns are far more in India than in any other country. The truth is that India has jackboot laws legislated by all parties, a state prepared to stomp all over you, and citizens who don't often realise how easily they can be crushed under both. Only if awareness grows, and we get some home grown Thomas Paines, can there be hope of some reverse swing.

When you study great teachers... you will learn much more from their caring and hard work than from their style.

Meanwhile, back in 2014, a noted author and commentator had put for-

ward the position that he was willing to make a trade-off between society and the economy, and support Narendra Modi because he would do good things for the economy, even if his party might provoke or preside over negative trends in society. In the event, it has not proved much of a trade-off because the promised economic pay-off (remember the talk of double-digit growth) has not materialised while shockwaves reverberate across the country following the arrests of people who look more like middle-class sympathisers of the marginalised than violent revolutionaries bent on overthrowing the state.

Much has been spoken of the 'civil society' in the wake of the raids by the Pune Police in connection with the violence at Bhima Koregaon and an alleged plot to assassinate Prime Minister Modi. We are told these are noble individuals committed towards the welfare of the downtrodden. We have often heard of the 'civil society' condemning this, that or the other. Whether it is state action against terrorists, Maoists, Naxals or general condemnation for law and order is enforced. This 'civil society' often portrays itself as individual units. The illusion is created that several individual units are coming together to 'condemn' the

same 'atrocities' and if so many intellectuals and civil society members are saying the same thing at the same time, there must be merit to their claims. However, is that really what the truth is? Are these organisations independent do-gooders? What connects them? IS there something that connects them all?

From the above, it is clear that the organizations that the activists raided by the Pune Police are associated with or

have a dubious relationship at best with law enforcement authorities. And their members have been raided and arrested a significant number of times during the UPA regime as well, therefore, it is perplexing that the Congress President Rahul Gandhi suddenly sees the raids as an attack on civil society. Moreover, regardless of the political dispensation in power, the organizations have been viewed with much suspicion by the Indian government.

It is no secret that Left-leaning outfits of various shades, claiming to be influenced by Marx, Mao and Lenin, have had a long history of trying to subvert democratically elected governments, create chaos and then seize political power to further their agenda of autocratic rule.

In most countries, extreme violence has preceded regime changes, and mass murder and brutal purges of 'counter-revolutionaries' within the outfits and parties have been the order of the day. Mao's brutalities and Stalin's purges are in the public domain.

Unfortunately, the political and security establishments appear to be inflexible and refuse to learn any lessons from previous disasters, which have resulted in loss of life of security personnel and civilians.

Successive governments have persisted with policies that have tied them in knots. Further, the socio-political fallout of such policies has only made matters difficult for the state.

Consensus-building among all political and social groups on the issue should be first step towards tackling the new Maoist-Naxal problem.

A greater transparency in governance and, above all, a humane approach to understand the issue can offer more sustainable solutions in dealing with this problem.

Most of us end up with no more than five or six people who remember us. But our nation's current THE Greatest Teacher our current Prime Minister will have thousands of people who will remember him for the rest of their lives.

Prayer & Thanksgiving Prayer to the Sacred Heart



Oh Lord Jesus Christ, to Your most Sacred Heart I confide this intention (your request). Only look upon me, then do what your love inspires. Let your Sacred Heart decide ... I count on You ... I trust in You ... I throw myself on your mercy. Lord Jesus, You will not fail me.

**Sacred Heart of Jesus, I trust in you.
Sacred Heart of Jesus, I believe in your love for me.**

Sacred Heart of Jesus, Your kingdom come.

Sacred Heart of Jesus, I have asked you for many favors, but I earnestly implore this one. Take it, place it in your open Heart. When the Eternal Father looks upon it, he will see it covered with your Precious Blood. It will be no longer my prayer, but yours, Jesus. Sacred Heart of Jesus. I place all my trust in You, Let me not be disappointed. Amen.

-Simon Lobo, Andheri



No gay sex, please!

Gay marriages are one of the most controversial subjects today. It is against the laws of nature. If God had intended the human race to be fulfilled with both heterosexual and homosexual marriages, He would have designed our bodies to allow reproduction through both means and made both means of sexual X-Spam-Subject: YES intercourse healthy and natural. Homosexual anal intercourse carries a high risk of disease, which is recognised in the Holy Scriptures, where gay men are said to receive in their bodies the due penalty for their sin. Homosexuality is actually a disease and people who practice it need shrinks to knock some senses into their heads.

Homosexuals pose a threat to children. These people sin against the Creator and there is no doubt that they are leading to total destruction of the both the family and our nation. Homosexuality also causes AIDS and other sexually transmitted diseases which are deadly.

The causes of one becoming gay are maybe due to genetic inheritance where the baby is born with the gene of homosexuality.

According to the Catholic Church, sexual intimacy between a man and a woman is the normal method of male and female bonding (emotionally and physically) because it corresponds to the design of our bodies and because it is the normal means by which offspring are created.

— Jubel D'Cruz, Mumbai

Apostle's creed in the holy bible

Jubel D'cruz's article ' The Apostle's creed is found in the Holy bible ' (Secular Citizen, Sep 3-9) was informative and made excellent study material for those attending bible study classes and 'deepen your faith' courses. However, I wish to point out that there is no mention of the word 'Catholic church' in any book of the New Testament , neither in the quoted verses of (Mathew.16: 18-19) ,(Ephesians. 5: 26-27) and (Col 1: 24) where only the word 'Church ' is mentioned. Church history tells us that in the post Apostolic period all Christians belonged to the local congregations and were united by joining in the Eucharistic celebrations. There were different congregations in different parts of the world known as level churches. Every congregation was looked after by a bishop , priests and deacons. These individual congregations did not live in isolation but soon formed a new group or community under the banner of Christ , as one body, the church of Christ. It was St. Ignatius of Antioch who was the first to call this international community of the faithful as " Catholic church' , whose head was Christ. This was only during the second decade of the second century. I hope I have made myself clear.

—A. F. Nazaretho,
Porvorim, Goa

US Study: Catholic Students have Better Self-Discipline!

A recent study by the *University of California Santa Barbara* and reported in the Catholic Herald on 23 August 2018 claims: "Catholic Schools are Better at Instilling Traits of Self-Discipline in Students than US Public Schools and other Private Schools."

The data was drawn from two

cohorts comprising 15,000-17,000 kindergarteners who attended public schools, and about 2,000 who enrolled in non-public schools, of which 50% were from Catholic schools. The analysis was collected by two *Early Childhood Longitudinal Studies* conducted in 1999 and 2011; and focused on answering two questions:

1.Are children in Catholic elementary schools more self-disciplined than comparable students in other schools, as measured by their likelihood to engage in verbal and physical confrontations and in controlling their tempers?

2.Is the relationship between Catholic school attendance and self-discipline stronger in certain subsets of students?

The authors felt confident enough to come to three conclusions:

1.Catholic schools devote more time and attention to fostering Catholic doctrine – specifically "Judeo-Christian" values such as humility, obedience, love, mercy, tolerance, self-sacrifice and perseverance.

2.Catholic students are more likely to internalize such values when they feel loved, not only by their teachers, but also by their benevolent Creator!

3.If other schools took self-discipline as seriously as Catholic schools did, they would likely spend less time, energy and political capital on penalizing students for negative behavior.

"So train children in the way they should grow; and when they mature to old age they will not depart from it" (*Proverbs 22:6*).

—Dr. Hazel Colaso,
Ashburn. Virginia, USA.

' Make the final journey one worth remembering '

With reference to Ladislaus Louis D'Souza's letter titled: BURIAL OPTIONS in THE SECULAR CITIZEN dated 10 September 2018 - 16 September 2018 a man /woman only lives once and on the day that he / she dies

(Contd.. on p. 18)



prefer themselves to the opposite sex. Nor can I stomach men dressing up as women – powder, lipstick, handbags, dresses et al. This is just my subjective opinion.

What is the traditional Christian attitude and current moral teaching on this sensitive issue? The Bible throws much light, in both the Old and New Testaments. Homosexuality between males is referred to as sodomy, named after the Biblical town of Sodom. What went wrong in Sodom, and why was it destroyed by God's wrath?

We are told that the "people of Sodom were vicious and great sinners" (Gen 13:13). Abraham pleaded with God to spare the city if 10 righteous people were found there (cf Gen 18:32). What was their "sin"? When two angels visited Lot's house in Sodom, the people said to Lot, "Send them out to us so that we can have intercourse with them" (Gen 19:5). Lot refused, and was evacuated before the city was destroyed. Till today nobody knows where exactly Sodom was located, though it was presumably in the locality of the Dead Sea.

Old Testament morality considered homosexuality an abominable thing. "You will not have intercourse with a man as you would with a woman. This is a hateful thing" (Lev 18:22). The punishment is severe. "They will be put to death" (Lev 20:13). To be fair, the same punishment is awarded for incest and bestiality. Male "sacred prostitutes" were banned (cf Deut 23:17). The practice of "male sacred prostitutes" was considered shameful, though accepted in other contemporary societies (cf 1 King 14:24). Righteous kings took strong action against them. Asa, a descendant of King David and the king of Judah (911-870 BC), "drove the male prostitutes out of the country" (1 King 15:12). Asa's son, King Jehoshaphat (870-848 BC), followed in his father's footsteps. "The few male sacred prostitutes left over from the days of his father Asa, he expelled from the country" (1 King 22:48). King Josiah (640-609 BC) "pulled down the

(Contd.. on p. 7)

Gay activists are ecstatic that the Supreme Court has finally struck down Sec 377 of the Indian Penal Code (IPC), as being ultra vires of the Constitution, basic human rights, privacy and equal treatment.

Why this ecstasy? Gay activists (which include homosexuals, lesbians and transgenders) had filed a writ petition in the Delhi High Court, seeking abolition of Sec 377 IPC. This section considers all homosexual acts (same gender) as a crime. Hence the police could arrest, prosecute, or plainly harass homosexuals. The latter therefore remained hidden for fear of police excesses. Social ostracisation is a different issue entirely, in which the law of the land has no role.

The court had merely ruled that homosexuality per se is not a "crime", provided it is an act between adults (above 18 years of age), consensual and in private. This is solid legal logic. It has only de-criminalised such behaviour, not legitimised it. The court was actually saying that the State cannot act like a moral guardian in what is essentially a private and personal affair. We have seen enough of moral guardians and vigilantes in recent times, spewing venom on "others".

In 2013 the Supreme Court had overruled the order of the Delhi High Court, stating that this was a matter for the Legislature to decide. But the BJP Govt did not want to get caught up in this debate, and told the Supreme Court that it would abide by its decision. It was in fact passing the buck. The Supreme Court in exasperation has now said that it could not wait any longer for the Legislature to act, and accordingly affirmed what the Delhi High Court had said earlier in 2009;

decriminalising consensual homosexual acts between adults in private.

The real issue for most of us is not the legality, but the morality of homosexuality. Having spent 9 ½ years of my childhood in prestigious boarding schools, I heard sufficient "whispers", though I did

not have any direct exposure or experience of homosexuality. But I must confess that I found it repulsive and abhorrent. I could perhaps understand that young boys with an urge for sex would turn to other boys, for want of any other opportunity. I would call this a desperate sexual drive, rather than any specific sexual orientation or deviation. However, in normal circumstances, where the opposite sexes interact freely, I find it abhorrent that those of the same sex



by chhotebhai *

(Contd.. from p. 6)

house of the sacred male prostitutes which was in the Temple of Yahweh” (2 Kings 22:7).

New Testament writers like Sts. Peter, Paul and Jude, share the same harsh proclivity towards sexual deviation. Peter refers to the destruction of Sodom as a “warning to future sinners” (2 Pet 2:6). Paul calls it a perversion. “That is why God abandoned them to degrading passions: why their women have exchanged natural intercourse for unnatural practices; and the men, in a similar fashion, giving up normal relations with women, are consumed with passion for each other, men doing shameful things with men and receiving in themselves due reward for their perversion” (Rom 1:26-27). Jude says that the people of Sodom “who with the same sexual immorality pursued unnatural lusts ...are paying the penalty of eternal fire” (Jude 7).

Interestingly, Jesus’ own reference to Sodom, which seemed to have scarred the Jewish psyche, is somewhat more circumspect, rather than absolute. In an oblique reference he says that the disbelief of the people of Capernaum is a greater source of divine displeasure than the sins of Sodom (cf Mat 11:23-24). This is typical of Jesus’ empathy for, rather than condemnation of, sinners. He considers sins of the spirit like self-righteousness and pride as greater evils than the sins of the flesh like illicit sex or drunkenness.

Sexual morality evolves with society, which has no fixed norms. In the West there was Victorian prudism at one end, and nudity and free sex at the other. The same India that gave the world the Kama Sutra, and the erotic temples of Khajuraho, kept its women in purdah, and frowned on youngsters holding hands or walking

together. Public morality is always terribly subjective.

The Catechism of the Catholic Church (CCC) promulgated by Pope John Paul II on 11/10/1992 is considered the current moral code for billions of Catholics worldwide. It has some interesting insights. It objectively states that “tradition has always declared that homosexual acts are intrinsically disordered. They are contrary to the natural law ... under no circumstances can they be approved” (CCC No 2357). This is objective teaching, which is then tempered with sensitivity and pastoral concern. It says that such persons “must be accepted with respect, compassion and sensitivity. Every sign of unjust discrimination in their regard should be avoided” (CCC 2358). The Supreme Court judgment seems to have taken a leaf out of the Catechism!

However, many momentous decisions or acts have a snowballing effect. The LGBTQ activists are already talking of legalising marriage between them, and having provisions for succession and adoption. In some way has the Supreme Court opened up a Pandora’s Box? What will all this lead to? We need to see how things pan out over time.

The day of the Supreme Court judgment Fever 95 FM Radio, that many youngsters listen to, was ecstatic about the judgment and sought my opinion. I told them that this was about the legalities of the issue at hand, with certain riders, and we should not read too much into it. Thereafter the Hindustan Hindi daily also sought my opinion, together with Sikh, Muslim and Hindu leaders. Our responses appeared the next day. All of us said the same thing; that this was merely the legal aspect with which we have no quarrel. Nevertheless none of the religious leaders felt that religion permitted or encouraged homosexuality. The BJP Govt has already pressed the panic button, probably at the promptings of the RSS, that it will not permit gay marriage.

There is another spin off. What about hostel rooms, or those of seminarians and novices? Would they be considered private or public spaces? If they are treated as private places within the ambit of the Supreme Court judgment, then will any hostel warden, seminary rector or novice mistress be able to enforce discipline in their confines?

I have a small aside. Recently a nine-judge Constitution Bench of the Supreme Court had upheld the citizen’s right to privacy. The present five-judge Bench has also had recourse to the same argument, that the law cannot be a moralising force in the bedroom. What then of the dining room and kitchen? By the same logic the State has no role in what we cook and eat. It is our private business!

Hence we should cautiously welcome the decriminalisation and the need to stop discrimination. Because we disapprove of something does not necessarily mean that we condemn it. Rather than condemnation, we need to adopt Jesus’ attitude of love and concern for all. At the same time, while we do not condemn; we do not approve of or encourage such acts either.

If God in his infinite wisdom made male and female different, let us keep it at that. As the French would say, “Vive la differenz”! It would indeed be the right thing to do, if we need to go Beyond 377.

**The writer is the National President Emeritus of the All India Catholic Union*

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WHETHER INDIA IS SLOWLY BECOMING A NON LIBERAL DEMOCRACY AND IF SO HOW ARE WE GOING TO FIGHT IT?

by Eric D'Sa

The Supreme Court of India in an unprecedented action ordered that the five human right activists arrested by Pune police from across the country, on charges of involvement in the the Koregaon violence be kept under house arrest, staying the forces attempt to move them into a prison in Pune, among growing protests around the country. More importantly Justice Chandrachud, part of a three bench headed by the Chief Justice Dipak Misra stated "Dissent is the safety valve of democracy. If dissent is not allowed, then the pressure cooker may burst"

Our Indian political system aims like many western democracies, to realise two core values: liberalism and democracy. When they work well, liberal states ensure that citizens enjoy individual freedom. They should be able to decide on their own what to say (or not to say), who to worship (or not to worship) and how to lead their own lives while not tramping on those of others. At the same time democratic states also enable collective self-determination. Instead of allowing a priest or a general or a

monarch to make their minds up for them, citizens get to decide their own political fate with a vote. In recent days these values seem to be under threat in India as in many liberal democracies around the world, and people populism seems to be getting more and more stronger.

Liberalism and democracy can reinforce each other: we need freedom of speech to sustain fair elections. At the same time, the ability to boot out an overreaching government, protects our individual liberty. But the poten-

trend is becoming in India more and more apparent. However, Populists have been rising in virtually every liberal democracy around the world, and they have been doing so for a long time. So we need to look for structural and cross-national reasons for their success. These include the rise of the internet and of social media, which make it easier for outsiders to challenge incumbent elites, as well as a rebellion by parts of the population, against the rise of increasingly multiethnic and pluralistic societies.

But they also include the remarkable stagnation of living standards for ordinary citizens which many countries, like the United States, have experienced in the past decades. Giving people back a sense of optimism about their—and their country's—economic future would not fix everything. But it would go a long way toward rebuilding trust in the ability of a liberal democracy to deliver tangible benefits for ordinary citizens. In India jobless growth has become a big headache to the ruling government. As more and more educated young men enter the job market and find no suitable job, their frustration channels into political anger. The Ache Din promised to them seem to be a mere mirage. The only way to deflect this seems to be for the populist, is to blame liberal democracy and promote more limited meritocracy.

In the looming battle of "the people" versus "democracy", who should liberals in the 21st century root for? What can they do in a country such as India where for centuries the masses were ruled by Maharajas and Emperors and are fed increasingly with the notion that most of these were benevolent rulers, while the fact was just the opposite, most of them were selfish and self indulging bigots. How will the

(Contd.. on p. 9)

YOU THE CITIZENS DECIDE:

tial for them to come into conflict has also always existed. In the end, no clever institutional set-up can stop the people themselves from impinging on the freedom of individuals, or handing more and more power to an authoritarian ruler, when they are deeply dissatisfied with the status quo. Since citizens of many democratic countries have grown particularly dissatisfied with the performance of their governments over the past decades, this tendency is especially pronounced at the moment. Even in India the disfunction of parliament is being highlighted for a need for more autocratic leader to be given more power.

How much of the above populist surge is a result of economic inequality and stagnant incomes for the 99%? If we fix that, will it deflate the populist trends—or is there more to it than economics? Inequality could be one of the reasons especially in states where there is stark poverty and the upper crust 1% flout openly their wealth. Unfortunately this



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(Contd.. from p. 8)

limited number of liberals ensure that democracy wins. Some believe they should resist picking sides. Faced with an electorate that is increasingly tempted by authoritarian populism, some liberals may be willing to sacrifice collective self-determination, all the better to protect individual rights.

But our ability to rule ourselves is a core political value—and in the long run, a political elite that rigs the system to keep an angry mob at bay will, in any case, grow tyrannically. So the solution is twofold. We need to hold fast to both our liberal and our democratic values. And at the same time, we need to show that an energetic defence of these values points the way to many ambitious changes to the status quo. Instead of claiming that everything is already great, as some politicians are wont to do, we need to demonstrate that our values are still able to point us towards transformative policies that make the world a much better place.

To stop corrupt or populist governments from entrenching their power, citizens have to uncover violations of democratic rules and norms. They have to take to the streets to show that the populists don't speak in the name of the whole people. And, no matter how righteous their disdain for the allies and flunkies of authoritarian strongmen may be, they need to do their best to peel off some members of the ruling regime. But to stop populists from regaining power in the future and save the system in the long run, its defenders also have to do something more ambitious: they must ensure that liberal democracy once again lives up to the expectations of its citizens.

Over the past years, the Turkish government has arrested so many journalists, fired so many civil servants, and abolished so many institutional safeguards that the country is quickly turning into a straightforward dictatorship. Since taking office in 2015, the Polish government has undermined judicial independence, co-opted the

state media, and colonized the bureaucracy to such an extent that the electoral playing field is increasingly skewed against the opposition. Even in the United States, where the existence of multiple veto points at both the state and the federal level has slowed the erosion of liberal institutions, the executive branch has made significant strides toward subverting the rule of law.

In countries such as these, where authoritarian strongmen have already won power and are systematically starting to change the most basic rules of the game, liberal democracy faces an imminent threat to its survival. What can its would-be defenders do to stop the populists from making further power grabs? It is rarely easy for the opposition to constrain the actions of a determined government. But when the government consists of authoritarian populists who are disdainful of traditional constraints on their power and desperate to bend the system to their will, resistance is that much harder.

Like in South Korea, it involves coming out into the streets to protest dangerous laws and executive orders. It involves ringing hostile legislators to voice opposition to the causes they support. It involves plenty of meetings, complicated logistics, incessant fundraising, and any number of boring tasks that can seem strangely disconnected from the noble purpose they supposedly serve. "Freedom," the title of a book by Francesca Polletta suggests, "is an endless meeting." The preservation of individual freedom, it can seem in moments of great political peril, calls for an endless series of endless meetings.

But while the work of resistance is undoubtedly cumbersome, most political scientists do believe that it makes life difficult for populist governments: The painstaking work of opposition can call attention to unpopular policies; slow the progress of pending legislation; embolden judges to strike down unconstitutional laws; provide support to embattled media outlets;

change the calculus for moderates within the regime; and force international governments and organizations to put pressure on a would-be dictator.

The first part of the solution to the threat of populism is as straightforward as it is cumbersome, then. Even when they are faced with powerful adversaries, and even when it feels like wasted time, the defenders of liberal democracy should fight to preserve the basic rules and norms of the existing political system. Whenever a populist ruler oversteps the bounds of his rightful authority, they must pour into the streets—loudly and in large numbers. Even when the reasons for protest proliferate, and acts of opposition come to feel dishearteningly ineffective, it's very important for the defenders of liberal democracy to resist authoritarian strong men with courage and determination. But since anyone who seeks to constrain the populists faces a decidedly uphill struggle once the strongmen have taken office, it is even more important to beat them at the polls. You the Citizens have to decide whether you are ready to defend our liberal democracy?†

Thanksgiving

May the Sacred Heart of Jesus be Praised Adored, Glorified and Loved today and everyday throughout the world, now and forever. Amen!!



Ask St. Clare for three favours two impossible and say nine Hail Mary's and the above prayer for 9 days with a lighted candle and publish on the 9th day your request will be granted

no matter how impossible it is

*—Lidwin Lobo,
Thane*

Mother of Refugees and Displaced

Saint Teresa of Calcutta embodies so much: charity and compassion; goodness and generosity; simplicity and sanctity, and much more! She was (and is) the world to the millions of her followers: the poorest of the poor, the dying destitute, the unloved and rejected and others all across the globe. She will always be just a 'Mother' to those whose lives she touched with her unconditional love and boundless service.

In particular, she was a 'Mother' to refugees and the displaced. A little after she received her "inspiration", the "call within a call" on 10 September 1946 to start a new Congregation, the freedom struggle in India was gaining momentum in India. Mother Teresa and her fledgling Congregation was literally thrown into the days of partition and the bloody aftermath when thousands of refugees from what would become East Pakistan poured into West Bengal. Mother Teresa and her first companions were deeply affected by the situation of these refugees – and they reached out to them in every possible way: caring for them with great compassion besides providing whatever humanitarian assistance possible. In the early years, several of the young girls who joined the Missionaries of Charity were from the erstwhile East Bengal (today Bangladesh).

It was the Bangladesh Liberation War in 1971 that provided a momentum to Mother Teresa's work among the refugees. An estimated ten million people from the erstwhile East Pakistan fled to India; the majority of them took refuge in the three neighbouring Indian states of West Bengal, Tripura and Assam. Mother and her 'Missionaries of Charity' spared no efforts in reaching out to them. With the help of international agencies and other generous donors, the Sisters would provide the

refugees with food, clothing and medication. In the midst of the squalor of the Calcutta bastis, Mother Teresa reached out to those who had nowhere to go, intently listening to their woes, with a heart full of love. The refugees knew one thing: this frail woman clad in a white blue-bordered sari cared for them, understood their suffering and stood by them; she was truly a 'Mother'!

Mother Teresa and her Missionaries of Charity focused solely on the dispossessed of the earth: those who lived in slums and in the peripheries of our societies; the excluded, the unloved and the rejected; the refugees and the displaced; those who were turned away and despised by a society that was slowly becoming more cruel, more inhuman – which had become immune to see



BY FR. CEDRIC PRAKASH SJ

people dying on the streets. It was not without reason that every Missionary of Charity takes a special fourth vow of "free and whole-hearted service to the poorest of the poor". The refugees and the displaced were always an integral part of the vision and mission of Mother Teresa.

During the time of Mother Teresa and even now, her sisters are present in countries torn by war and violence. They continue their work with total dedication in Syria and in Iraq, in Congo and Somalia, in Myanmar and Bangladesh and in several other trouble spots of the world today. They care for the refugees and the displaced, with a particular focus on the destitute, the dying, the orphans, the widows and the other excluded. Mother Teresa abhorred war and violence and how these destroyed the lives of ordinary people. On 14 August 1982 after assisting to evacuate 37 handicapped children from a mental hospital in the Sabra refugee camp in Lebanon she said, "I have never been in a war before, but I have seen

famine and death. I was asking myself, what do they feel when they do this. I don't understand it. They are all the children of God. Why do they do it, I don't understand."

Mother Teresa's concern for the refugees is also contagious. In 2016 Saimir Strati, an Albanian artist on Monday unveiled a portrait of Mother Teresa using staples, in a call for European countries to stop raising fences to shut their borders to refugees. The 10-square-meter mosaic portrait of Mother Teresa, built with 1.5 million wire staples, is at the National Museum of Kosovo in the capital, Pristina. Strati's idea came after seeing hundreds of thousands of Syrian refugees coming to Europe while diplomacy and politics failed to resolve their situation. He strongly stated that, "only Mother Teresa's humanism may save them," he detested that some countries have erected fences to hold back refugees coming to Europe for a better life.

In 1979, awarding Mother Teresa the Nobel Peace Prize, the Norwegian Nobel Committee wrote in their citation, "*In making the award the Norwegian Nobel Committee has expressed its recognition of Mother Teresa's work in bringing help to suffering humanity. This year the world has turned its attention to the plight of children and refugees, and these are precisely the categories for whom Mother Teresa has for many years worked so selflessly. "Even after almost fifty years, that painful reality of 'suffering humanity' still exists. Mother Teresa reminds us, "at the end of life we will not be judged by how many diplomas we have received how much money we have made, how many great things we have done. We will be judged by 'I was hungry, and you gave me something to eat, I was naked and you clothed me. I was homeless, and you took me in.'"; and on another occasion, "we think sometimes that poverty is only being hungry, naked and homeless. The*

(Contd.. on p. 18)

'Church of St Anne', Jerusalem

by Peter Castellino

St Anne's(Latin S Anna) is a Roman Catholic Church at the start of the Via Dolorosa near Lion's Gate (St Stephen's Gate) and Flagellation and Condemnation churches in the Muslim quarter of the old city of Jerusalem and their austere stone interior and extraordinary make it a fine example of medieval architecture.

The Roman period had a prayer shrine to the Egyptian god Serapes/Aspieces - gods of healing on her grounds near the two pools of Bethesda.

A Byzantine basilica was built over the remains of the shrine in the 5th century and partially destroyed by the Piiseos in 614 it was restored.

Baldwin I the first crusader king of Jerusalem banished Arda his wife to the old Benedictine convent existing in 1104.

A small Crusader church Mousier was erected over an extension of the northern Pool of Bethesda .

St Anne's Church was built from 1131 -1138 during Queen Melisinde's reign near the Byzantine church remains above the site of the grotto the Crusaders believed was Mary's home and is dedicated to St Anne and St Joaquim her parents who lived here.

It was not destroyed after Salah-ad Din's 1187 conquest of Jerusalem and he also known as Saladin in the West made it into a Madrasa - Islamic educational institution called al- Madrasa as Salahigya - of Saladin still written in the Arabic inscription above the entrance .

In the 15th century it was the city's most prestigious city of the country and its most prominent student was the Islamist jurist and city historian Murj al-Din 1456 -1522.

During renewed Muslim rule of Palestine pilgrims could only visit the grotto on paying a fee.

The Madrasa was demolished and the church building became direpaired and in 1856 in 1856 in gratitude for French support during the Crimean War Ottoman Sultan Abdulinaid presented it to NapoleonIII and it was remained but the majority of the original remains exist today.

Currently it belongs to the French government and its administrators are the Missionaries of Africa /The White Fathers so called because of their robe colour.

Built between 1131 -1138 to replace a previous Byzantine and enlarged by several missionaries it is a wonderful Romanesque architecture.

The three arched Basilica has cross vaulted ceilings and pillars, clear Meazlines and an unadorned interior.

The nave is separated from the lower lateral aisles by arcades of arches.

The high alter designed by Philippe Kaepelin has many different scenes and the alter front has the Nativity depicted on the left and the Annunciation on the right and the left hand side has Mary's teaching with the right hand showing her presentation in the Temple.

In the south side aisle is a flight of steps heading to the right into a grotto believed by the Crusaders to be Mary's birthplace near the pool in the cave and in this cave Jesus would later perform miracles and there is an altar dedicated to Mary located here .

The Byzantine basilica was partially stretched over two water basins collectively called the Pools of Bethesda and built upon a series of peers one of which stands today in its entirety and during the second Temple it was considered to have supernatural powers especially to cure disabilities and other health related issues

The church has amazing acoustics perfect for a Gregorian chant with sounds moving across the open space and up from the grotto making the church a pilgrimage site for soloists and choirs and for a song which pilgrims are allowed to sing if they choose .

The church is also popular because of its well preserved Crusader architecture and the ruins of the Roman temple that can still be viewed on this site.

Thus we see the importance of St Anne's Church , Jerusalem and wish one and all A Very Happy Feast on the occasion of the Nativity of Our Lady/Virgin Mary/Mother Mary.

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—Janet Gomes, Delhi



Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of perpetual Succor and St. Anthony

—Ms Rosy J. , Panjim

Mangaluru Catholics over-joyed, 'Monthi Fesh' Sept 8.

—Ivan Saldanha-Shet.M'Iore

In keeping with age old tradition and historicity, all catholic churches in Mangaluru, Udupi, and along the west coast and many places where Konkani Catholics live, even overseas; celebrated "Monthi Fesh" the Birthday of Mary the Mother of Jesus Christ. The feast



here is also referred to as "Maria Jayanthi". The red letter day, September 8, Saturday. The ceremony at Rosario Cathedral will be integral, this church is considered as the first parish and mother church in the region, this year it marks 450 years of the arrival of Catholicism on the shores of Mangaluru, 1568-2018. The Bishop of Mangalore, Rev Dr. Aloysius P.D'souza, who has served his people for 22 years is all set to pass on the baton in a very solemn celebration next Saturday September 15, forenoon - this has increased the joy of the people; The preparations all over the city are progressing in a very high profile manner with all leaders and communities co-operating. Today the focus is on 'Monthi Fesh'. The Bishop preside over the liturgy at the Rosario Cathedral at 8 am -

The new Bishop to be Rev.Dr. Peter Paul Saldanha, who hails from Kirem near Kinnigoli, celebrated the Mass and family celebrations at Kirem church at 8 am. The preparations all over the city are progressing in a very

high profile manner with all leaders and communities co-operating. Today the focus is on 'Monthi Fesh'.

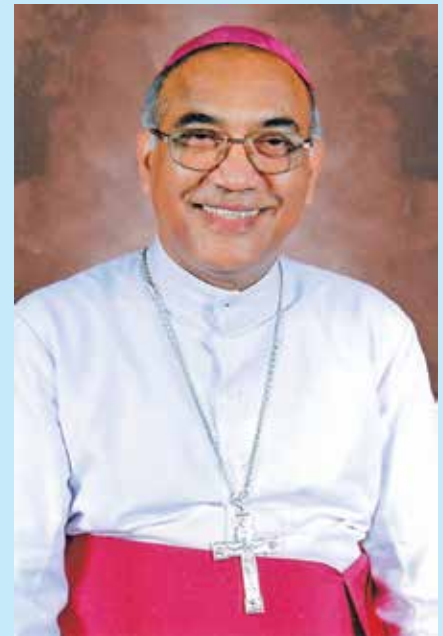
The Preparation : The Novena , a nine day preparation for the feast, particularly children gather flowers from the surroundings of their homes (or now from the market but this year a novelty in keeping with developing business sense youth association sold flowers out side the church) and carry them to the church in pretty little baskets or trays. Then after mass, they gather around the decorated statuette of Infant Mary and shower it with flowers singing a special hymn in Konkani 'Sekked Sangatha Melian' (Let us all gather together). Toddlers to elders take part actively

with joy. It is a thrilling sight to behold, the aged folks too enjoy the sight with nostalgic childhood memories!

The Maria Jayanthi : The infant Mary image first appeared in the 18th century according to a legend; About 1730, a Franciscan Nun, presented it to the Bishop of Como in Italy. On his death it was handed over to the Franciscan Nuns who developed great devotion among people to the 'Infant Mary'. Due to Napoleon's revolution when the monasteries were closed down, one of the nuns carefully saved it and handed it over to the Parish of St.Mark in Milan. History indicates that in 1842 it was given to the 'Sisters of Charity' and installed in the Mother House and was exposed for devotions only on September 8, each year. In 1884 extraordinary happenings and miracles spread wide the devotion to Infant Mary. The first Italian nuns of this order came to assist Fr.Muller in Kankanady Hospital in 1898. A replica of the image was first brought to Mangalore by the 'Sis-

ters of Charity' soon after and can still be seen at the Infant Mary Convent Chapel beside the Jeppu Seminary. Most Konkani Catholics will use the blessed corn and farm produce to join in for a traditional vegetarian meal on plantain leaves as did their ancestors of 'Saraswat' roots more than 5 centuries ago. The 'Monthi Fesh' is a family harvest celebration giving thanks to God, nature and agriculturist for the produce of food for life and the goodness of the earth.

On this special occasion, messages by both the Bishops follow :



**Rt. Rev Dr. Aloysius P D'Souza
Bishop of Mangalore**

From : The Present Bishop Rev Dr. Aloysius P D'Souza :

"Mother Mary played an important role in the salvation history, therefore God created her free from original sin. The birth of Mother Mary proclaims God's love to the world. Her faith filled life is the model for all Christians. Celebrating her birthday as new corn day or family feast is a great privilege for us. Therefore let us honour Mary, accept her queenship in our families as we dine together. May Blessed Virgin

Mary intercede for us. I wish you a happy feast of Nativity".

From : The Bishop Elect Rev Dr. Peter Paul Saldanha :



Rt. Rev Dr. Peter Paul Saldanha
Bishop Elect of Mangalore

"Mother Mary is the most beautiful and perfect creation among all creations of God. She is the mother of our Lord Jesus and the first love of the world. As the feast of Nativity of Blessed Virgin Mary is celebrated as girl child day in the church lets pray for girls who are exploited and deprived of the rights to live in the society and we pledge to protect them. Let our family bonds be strengthened as we come together and share the meal with the new corn. I wish you all a happy feast of nativity".

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Be the role model for your child

The best way to raise happy, healthy, successful and self-confident children is to model these behaviours in your own actions. Not sure how to start? Listed below are some tips on how to be a positive role model for your child through your own actions

Being a role model is difficult work. Being an acceptable one requires avoiding many pitfalls that can lead children down paths of harmful feelings and behaviours, the same displayed by many public figures such as movie stars, athletes and politicians. Being a great role model requires mastering communication and behaviour that at once resonates with children and provides them an example to follow throughout life. With greater awareness of your own habits, as well as knowledge of how children think, you can serve as an inspiration that changes lives.

Respect their words and listen:

If you want to teach your kids how to be confident, it starts with showing them respect for who they are and listening to their own unique thoughts. This is a tough aspect of leadership but the best leaders listen carefully and talk far less. Open your mind and you ears to what your children are telling you. They will, in turn, learn to do the same later in life.

Teach (healthy) skepticism:

Children are naturally trusting and they look eagerly to their surroundings for role models. Teach them that not all 'role models' are reliable. Show them what it looks like to have a healthy skepticism and to 'follow your instincts'.

Banish negative self-image:

Even if you have always disliked your curly hair or cursed your pear-shaped body, it is best to keep

those thoughts to yourself. Thinking positive thoughts and more importantly, learning how to banish negative thoughts, is extremely important when it comes to raising children.

Indulge in self-improvement:

Apply whatever cliché you choose here but you certainly can teach old dogs new tricks. Self-improvement should be on our minds continuously. Try new experiences and broaden your horizons. This teaches our children to never stop growing as a human being. There's always something new to learn in this life. Try to learn something new every day.

Speak to kids as individuals:

Once you grow up, you lose touch with your childhood. As a result, you will find yourself thinking of children all in the same way. Many adults adopt a broad approach made to fit the concept of 'kid' and as such, forget how they wanted to be treated when they were young. Adults don't want to be talked down to and neither do kids.

The way you treat others:

Children are going to model themselves after you especially when they are interacting with others. Be the example for your kids that you have always dreamt of. Your kids look up to you so do not make them disappointed in your actions!

Things you should model for your kids

- Whether you are with your family, friends or coworkers, your child needs to see that you are the same person wherever you are and whoever you are with.
- If you want your child to honour and respect you, then show your child how it's done.
- Words matter. You need to chain your tongue, tame it and train it.
- Your child's actions will often be a reflection of your actions

Michael and Gloria Castelino

Jewels of Jaipur

BIODATA:

1. Secretary & President of Rajasthan Unit of AICU -1986
2. Vice President - Catholic Council of India
3. Stood for MLA Election Bhartiya Samanta Party (President Mr. Shiv Khera) 2008 in Civil Line.
4. Was founder member Secretary and President of Jaipur Goan Association
5. Was Founder member Secretary, President of Jaipur Catholic Association.
6. Was Secretary Rajasthan Pharmaceuticals & Drug Manufacture of Rajasthan.
7. Was Member of Minority Commission of Rajasthan and was awarded last year.
8. Was participant in Dimensions Bombay through the contact of Mr. Freddy Mendonca.

Awards Received

- 1) Pravasi Bengali Cultural Society, Jaipur
- 2) Rajasthan Seva Manch, Jaipur
- 3) Minority Commission of Rajasthan
- 4) Pride of Rajasthan
- 5) All India Catholic Union Life Time Achievement Award.
- 6) Jaipur Catholic Association

Other Achievements:

On World sick day every year, from 2008-2018 organised medical camp with top Doctors from the medical field with Free Food and Drugs for 49000 patients.

On 11.2.2018 launched Castelino Eye Foundation in January 2018

On 11.10.2018 is World Blind Sight Day and we propose to hold a rally of blind walk day with 1000 volunteers in Pink City for first time. And we are doing this for HIS GLORY.

Interview of Michael Castelino

Thomas Lobo: You are today 82 years old yet have the energy and spirit of a 20 year old. What invigorates you on a daily basis?

Michael Castelino: My personal prayer life and my positive attitude towards everything enlightens me everyday and the passion for work.

Thomas: What has been your greatest inspiration in life?

Michael: My elder brother who was a priest, my mentor and great educationist. He took me to Ajmer & admitted me at the age of 9 in St. Anselms boarding school I was an altar boy at 9 year and then choir member.

I could not study, he always said I will be a coolie or a cook, I prayed to Jesus for Illrd division., which I scored in 1954



Ajmer Board of Secondary Education and then he took me to Bombay and got me admitted in Coranacares Club at Dhobi Talaolater on through my brothers good contact I got a job as a mechanic in NEI Parel Bombay on Rs. 40/- per month.

Thomas: Who have been your role models?

Michael: Late Rev. Francis Castelino (My brother) Gloria Castelino (My wife) Late Mr. Kurien Thomas (Career and Vocation) Late Mr. George Menezes (Emeritus President, AICU) Rt. Rev Bishop Ignatius Menezes (Church leadership) Mr. Shiv Khera (Political Leadership)

Thomas: How do you envisage the role of the laity in the church?

Michael: Laity should be spiritually strong. Spend quality time with their family. Collaborate with their parish priests, religious and the bishop.

Thomas: You have made a significant contribution to the secular society. What motivated you to reach out to the larger human community?

Ans. 5 Since I was a pharmaceutical medical rep, there were two doctors who inspired me namely Dr. Rishi Bhargava and Dr.S. K. Sarkar who were my great mentors who helped me build my career and guided me to organise conferences and events and above all free medical camps. These are some factors that motivated me towards healthy work relationship.

Thomas: You have been awarded by the Rajasthan Government recently as a member of the minority commission this year. What led to this great achievement?

Michael: Mr. Rohit R. Brandon instilled in me to be member in this commission that further enhanced my desire to contribute to the upliftment of inter religious activities and festivities. Hence they awarded me for social work and featured me in the Book brought out by the Govt. of Rajasthan titled "Pride of Rajasthan"

Thomas: What message do you have for

the younger generation ?

Michael: Youth should volunteer in church activities and participate in fields they are talented in and above all to have the right attitude towards helping and reaching out to others in service.

Thomas: You are a staunch catholic with a deep and abiding faith in Jesus. What keeps you so strong in your Christian faith?

Michael: Daily family rosary, reading the word of God everyday and receiving spiritual food at the masses held by the Jesuit priests of St. Xavier's parish, Jaipur.

Thomas: Is there anything else you want to share about your life and activities

Michael: I want to share a very important story of ushering ministry:

A gentleman Mr. John Moore from IRELAND came to Jaipur as a tourist visited St. Xavier's Church I was at the gate welcomed him and gave him a seat in the Church and after Mass I requested the main celebrant to introduce Mr. Moore to the congregation and I introduced him and he came to the podium and spoke for 3 minutes on Rosary and distributed 500 to all the Church Member and after Mass meeting all the priest and members of the Church. Since he said he was sick, my wife Gloria and I invited him to our home and took good medical care and he left after 3 days to his homeland after 6 months he wrote to say thank you Gloria and Michael, you have saved my life and kept in touch for 10 years and he invited us to visit Lourdes and my wife told him on phone that we don't have money and we were frank. Then next month he sent Rs. 1,00,000/- two Visas and we both flew to Oman and France and experienced of being in Heaven on Earth by attending the rosary, adoration and the bath in the stream and seeing the miracles of people being healed and our faith grew strong. We thank Mr. Moore for this great opportunity he give us in our life time.



BY MELVYN BROWN

His chosen ones in their soul, and the faithful respond to his invitation to serve in the Lord.

“Come follow me”. In the gospel of Matthew, Jesus spoke to Peter and Andrew his brother, who were fishermen: “Follow me, and I will make you fishers of men.” (Mat.4:19). They served Christ.

The wondrous thing the Jewish Messiah does is to forgive our sins, and he cleans our soul; this is the message in the Sacrament of Penance. A good confession is to work for Christ and renew our “spirit from within.”

We should tell ourselves that by the Holy Suffering of Jesus we are redeemed. The words of the priest in the confessional helps us to a surge of joy. “ I absolve you from your sins, in the name of the Father, and of the Son, and of the Holy Spirit. Amen”.

By serving Christ in your own special way will bring a blessing from our Heavenly Father. It is said in the gospel of St.Mark: “For the Son of man also came not to be served but to serve and to give his life as a ransom for many”. (MK.10:45).

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Jesus Christ by his life and works taught us to live and serve God in obedience. The medieval theologian Peter Abelard pioneered the idea that Jesus was the greatest teacher as an example of perfect love and service to the Father.

Abelard believed that in imitating Christ's love humankind would receive God's favor. St. John in his Gospel quotes Jesus: "...if any one serves me, the Father will honor him." (Jn.12:26).

Around AD 57, the Apostle Paul wrote the New Testament book Romans. He was serving Christ, referring to himself as "a servant of Jesus Christ... set apart for the gospel of God who in "the Spirit of holiness by his resurrection from the dead (Roman 1:1)

Paul proclaimed, "God is my witness, whom I serve with my spirit in the gospel of his Son.." (Rom.1:9).

Let us examine the words of St. Paul: "whom I serve..." to our own faith, belief and trust in Christ, to be converted and renewed in the spirit of the Good News.

From the Messianic times God sent down His promises: "A new spirit I

will give you, and a new spirit I will put within you...I will put my spirit within you" (Ez.36:26-27).

When we serve Christ, we receive God's recognition. The Spirit of the Lord is in the temple of our heart. We must radiate the light of the Son: his suffering, death and resurrection for our redemption.

The Catholic faithful should turn to the Savior and ask the Spirit of God to assist us in integrating our small efforts to serve His Son in the greater matrix of salvation. Jesus asked the Father to save him from dying before his time (premature death). His prayer was heard because of his desire to serve and obey God. "He became the source of eternal salvation to all who obey him" (Heb.5:9).

St. Mark in his gospel informs us that Jesus went to Galilee preaching the gospel of God and saying that "the time is fulfilled." That the Kingdom of God was at hand. If we are to serve Christ, let us evangelize the Word, telling friends and relatives to believe in Jesus and the Bible.

Christ imposes a constant renewal of self-denial and self-control. Should we desire to serve Christ, we must be obedient to his voice. Jesus exhorts

Trust Him with your thoughts. Thoughts become things.

"Father, You who are the Infinite Intelligence of this Universe, planned and constructed by the tabernacle of your divinity which surpasses no other, today I release my dreams and desires for your appraisal and consonance like a seed falling on holy ground. I know that You have a good plan for my future, and I trust that Your plans will unfold in every area of my life for allowing me to redeem my debt to your presence as my God and Creator. You have made man to be beneficial to one another in the process of his existence on earth and so be it. Show me the avenues of the 'just' where fraud nor failure sees the light of day, I pray. Give me the ode that has your approval so that I may speak of my wants and needs with Your holy guidance to the One and only who walks in your shadow and speaks from the pulpit as He spoke to His disciples in the fishing boat. Assign me as His valet so that I may serve His intentions as your plans unfold for me through Him. And let me praise and worship Him as my forbearer. Honor be to Him who you have sent to guide me and is present when I genuflect in His honor amidst His everlasting glory."

Trust Him with your thoughts. Thoughts become things.

Are you discouraged and bothered because a wish, an aspiration, an ambition or a goal in your life isn't happening as per your schedule? It's beneficial and advantageous to be passionate about your dreams, but did you know a dream can become a deeply fixed graven image? If that's all you think about and you're not going to be happy unless it happens your own way, that's out of balance as you lose stability and poise, the grace required to bring the best to you that which you want to have manifest. The truth is, oftentimes you have to put that dream, that strong desire on the altar for His divine intervention. It is true that celestial equations are never

found in lexicons of business studies and in everyday 'enquire inside 'pages' read by the cloistered. If there comes to the fore an inference of reckoning and equivalence that may even shatter your dreamboat voyage into the oblivion then refrain from cajoling the Holy senate where all good things are disbursed from and stop attending to that dream and give thanks for the divine guidance in every octave you can possibly deliver.

Like all human beings we often hold on to our possessions and their effects so tightly expecting a referral to culminate into a fruition if the request is for a positive answer, but when we let them go, that's when Infinite Intelligence can bring them to pass. If you'll release that frustration and not let it become the center of your attention, that's when divine intervention can begin to move in. Thank God that He's directing your steps and watch how it opens the door for Him to give you the desires of your heart.

In the confusion of our earthly life and amidst the cacophony of unintelligent sounds of the present and the future we have to remember that Infinite Intelligence who is God already knows what we want and what we are in need of. He's the One who through our conscious mind allows for the precipitation of thoughts to allow for becoming things as we put thought to work as desires of the conscious mind. We shouldn't be consumed with trying to make things happen no matter what. Instead, a greater act of faith is to be happy right where you are with what you already have in whatever measure and timbre. Stay open to the intervention of Divine Intelligence and the Heavenly cabinet of the Holy elite and trust God. The Infinite Intelligence of all times, now and forever. Because He has good plans in store for your future! You were born for greater things. *Natus Ad Maiora.*

Rtn. Calwyn D'Abreo. Mumbai

Pope Francis: Let God's Word Root in your Heart!

On Sunday 02 Sept. 2018, Pope Francis reflected on the Day's Readings – Mark 7:1-8; 14-15; 21-23 & James 1:17-18. (Some Highlights):

"Catholics should pay attention to the Scripture Readings at Mass with an open heart; so that the Word of God can take 'root' in their lives and bear good fruit. Let us do an examination of conscience to see how we welcome the Word of God! If we listen to it in a distracted or superficial way, it will not help much."

"It is the seed that must grow in concrete works; so that the 'Word' purifies our hearts and our actions, towards our relationship with God and our neighbor. It must be freed from the menace of 'hypocrisy'!"

"These people honor Me with their lips, but their hearts are far from Me. In vain do they worship Me, teaching as doctrines human precepts. But the Lord is inviting each person today, to flee from the danger of giving more importance to form than to substance" (cf. Mark 7:6-8).

"Jesus call us to recognize what is the true center of the experience of our faith, that is, love of God and neighbor; purifying it from the 'hypocrisy' of legalism and ritualism. By telling Christians to take care of orphans and widows, the Lord is saying to practice charity, beginning with the neediest and the most fragile" (cf. James 1:22-27).

"I implore the intercession of the Blessed Virgin Mary, who uses diplomacy, dialogue and negotiations, to safeguard human choices, as Jesus will eventually direct" (cf. John 2:1-12).

*—Dr. Trevor Colaso,
Ashburn, Virginia, USA.*

Inspiration!

Why a Mentor is Mandatory?

FROM NOT MAKING certain business decisions to fostering certain partnerships, a mentor can help guide you through not only your entrepreneurial journey but also through your life. Let's see why a good mentor matters

Employees who were part of a mentoring relationship were found to have significantly higher engagement scores, more fulfilled than employees who were not. Well, other than this here are few more reasons why you need someone like a mentor in our life

A good mentor coaches you:

The economy of the new workforce does not operate solely on hard work but rather on smart work. You need to get smarter about people, relationships, processes, opportunities and strategies. Great mentors help you get smarter with their wise counsel.

Because mentees perform better:

Having a dedicated person to go to with questions about your work and help you navigate the workplace is invaluable. Having a mentor helps a mentee feel more secure in their work, opens up lines of communication and this has an organic effect on mentee feels comfortable asking questions and receives job related support, they'll shoot for the stars!

Mentors see way more ahead than

you:

Movie maker George Lucas noted, 'Mentors have a way of seeing more of our faults that we would like. It's the only way we grow.' They will always be brutally honest with you and tell you exactly how it is rather than downplay any weaknesses they see in you.

A good mentor never let you settle:

Consistent goal setting is essential for achieving new life success. It challenges us to always move forward towards new heights. Going through a harsh road of life, when you'll look back, you'll thank your mentor to make that tough road worth.

You develop new skills:

Not only can a mentoring partnership help younger and more inexperienced workers gain job-related skills, mentoring helps both parties develop soft skills such as working collaboratively with others. In turn, the organisation benefits from having employees that demonstrate respect, understand workplace relationships and can work well with others.

Mentors are trusted advisers:

Mentors use their stories and perspective to paint pictures of what is possible. They use words and their

MATRIMONIAL

6822. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

ATTRIBUTES OF GREAT MENTORS

- Great mentors show interest in your success.
- They are vested in your success.
- Great mentors are aligned with your best interest.
- They all are focused on helping you be the best you can be.
- Great mentors do not compete with you but rather complement you.
- They are not afraid of your successes or threatened by them.

actions to support you. Invariably, building you up for more than you ever thought possible. Lastly, they never give up. They never quit believing, encouraging and engaging their protege. Great mentors assume the vision of their proteges until it is a reality.

Mentors can be connectors:

Playing a dual role of teacher and connector, a mentor can provide access to those within your industry that are willing to invest in your company, offer their skills and expertise, introduce you to talent that can fuel your business and help you get closer to your target audience.

It is rewarding:

The mentoring relationship can be both personally and professionally rewarding. Each partner benefits from the relationship. Career-wise, having a seasoned professional to share their knowledge with a mentee can form the building blocks of a stellar career path. When it comes to mentors, it's rewarding to know they're having a direct impact on their mentee's professional growth.

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(Contd.. from p. 10)

poverty of being unwanted, unloved and uncared for is the greatest poverty. We must start in our own homes to remedy this kind of poverty."

Exactly two years ago on 4 September 2016, Pope Francis canonized Mother Teresa in Rome. In his homily at that ceremony, he said, "*Her mission to the urban and existential peripheries remains for us today an eloquent witness to God's closeness to the poorest of the poor. Today, I pass on this emblematic figure of womanhood and of consecrated life to the whole world of volunteers: may she be your model of holiness! I think, perhaps, we may have some difficulty in calling her "Saint Teresa": her holiness is so near to us, so tender and so fruitful that we continually spontaneously call her "Mother Teresa". May this tireless worker of mercy help us increasingly to understand that our only criterion for action is gratuitous love, free from every ideology and all obligations, offered freely to everyone without distinction of language, culture, race or religion. Mother Teresa loved to say, "Perhaps I don't speak their language, but I can smile". Let us carry her smile in our hearts and give it to those whom we meet along our journey, especially those who suffer. In this way, we will open up opportunities of joy and hope for our many brothers and sisters who are discouraged and who stand in need of understanding and tenderness"*.

Mother Teresa truly did all she could to welcome, protect, promote and integrate refugees and the displaced. Her Missionaries of Charity today continue the work with the legacy she has left them. As we celebrate the Feast of St Teresa of Calcutta on 5 September, we are all called to imitate her in deed and be welcoming and inclusive to the 'other'. For Mother Teresa that 'other', that 'outsider' was always, a child of God, endowed with dignity and grace; a sister and a brother. For the refugees and the displaced, this beloved Saint, will always be a 'Mother'.

* (Fr. Cedric Prakash SJ a close associate of Mother Teresa and the Missionaries of Charity, is a human rights activist; he is engaged with the Jesuit Refugee Service in the Middle East. Contact: cedricprakash@gmail.com)

Tips for building strong professional relationships

The purpose of professional networking is to gain information, increase your visibility in your field and establish personal connections that will help you advance in your career and sometimes to support the careers of others. So follow through to know more.

Focus on the right people:

The secret to networking isn't to attend a networking event and pass out as many business cards as you can. It's not meeting as many people as possible in hopes something will work out. Instead, you need to concentrate on the people who you know will be able to make a difference in your career.

Take one step at a time:

Know that it takes time to authentically populate your network. But also know that each new contact is a step in the right direction. Do not rush to know everyone and let everyone know you, take it slow and steady.

Create a win-win situation:

It's very important that both you and the other party gain equally when networking. If you benefit more than the other person, he or she will feel cheated and used. When that happens, you won't be able to build a good relation again.

Remember to reconnect:

We've all had people who will contact us out of the blue after years of never touching base. When that happens, you typically don't want to go out of your way for them because they haven't put any effort into sustaining the relationship. After you choose the right people, remember to stay in touch.

(Contd.. from p. 5)

he/she is the king /queen so the person who dies must get the best possible funeral and good things must be talked about him /her.

A list of people and social workers must be kept to monetarily help people who cannot afford funerals to ensure that they get a dignified funeral.

To ensure adequate burial space all burials must be done in temporary graves or the dead people must be cremated in gas -electric crematoriums and the remains and ashes must interred in niches placed under the church or in the church burial grounds away from the foundations of the church.

Other solutions are preserving the body for life and placing it in a permanently sealed coffin in a room in the cemetery shielded off with dark curtains and the lid of the coffin must have a small glass through which one can view the dead person.

There are some more solutions like burying the dead person in a mixed religious cemetery with different sections of the cemetery kept for burials of different people of different religions and yet another solution is burying dead people of different religions in one cemetery with no tombstone .

When a dead person asks for his body to be given for research he too must be given a dignified funeral and if a person before he dies asks for some parts of his body to be donated to people who need it and benefit from it his wishes which must be done in writing must be respected and carried out by his family members before he is buried or cremated.

Sometimes cemeteries are converted into parks and the problem of remembering the dead people buried there can be solved by erecting a common memorial to them in the form of a pillar with their photographs along with their date and year of birth and death on the pillar.

In this way the final journey for a dead person can be carried out in a dignified manner.

— Peter Castellino, Mumbai

Royal Christian Family MATRIMONIALS - @GROOMS

6708. USA : Mangalorean Handsome RC bachelor, (Born in October 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complexion, Edn. M.S., working as a Software Engineer. Seeks a good looking, fair Mangalorean girl, working in America. Contact email : rodrigues.gracy61@gmail.com.

6681. MUMBAI : Goan RC bachelor, (Born in July 1977), Ht. 5' 10", Graduate Master of a reputed school seeks a suitable match. Contact email : noronhaneil@yahoo.in OR 9920460551 / 23820314.

6766 MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in August 1973), Ht. 5' 5", Wt. 68 kgs, Tan Complexion, Edn. SSC, working as a Mech. Fitter in Private Limited Company. Having own accommodation. Contact email : maxielobo1973@gmail.com

6764 MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1977), Ht. 5' 10", Wt. 76 kgs, Fair Complexion, Edn. MBA PGDM, working as an Asst. Vice President. Contact email : shamlcoutinho@gmail.com

6763 MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in May 1978), Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. HSC, working as a Captain. Contact email : harrydsilva3@gmail.com

6756 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1977), Ht. 5' 5", Wt. 78 kgs, Wheatish Complexion, Edn. 12th std. (HSC), working as an Admin. Assistnat in **DUBAI**. Contact email : charlotteirani@yahoo.com

6751 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1990), Ht. 5' 10", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc. (Hospitality), working in UK Cruise Line. Contact email : asharcfernandes@gmail.com

6750 AUSTRALIA : Goan Roman Catholic Bachelor, (Born in October

1985), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. Bachelor in Communication, working as a Media Analyst. Contact email artemiamaria@gmail.com

6729 MUMBAI : Mangalorean RC Bachelor, (Born in November 1988), Ht. 6', Wt. 72 kgs, Fair Complexion, Edn.SSC, Diploma in A.C., working as a A.C. Technician. Contact email : johnmacoib@gmail.com

6726 MUMBAI : Mangalorean RC Bachelor, (Born in January 1984), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn.B.Com., MBA, LL.B., working as a Manager in reputed Company. Contact email : franscoroyal@rediffmail.com

6404. MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1981), Ht. 5' 5", Wheatish Complexion, Edn. HSC / Diploma in Optometry, working as a Sales Professional. Contact email : picardosimon@gmail.com OR 9819403252

6401. MUMBAI : RC Goan Bachelor, fair, (Born in January 1975), Ht. 5' 6", Wt. 74 kgs, B.Sc., Post Graduation in Chemistry from St. Xavier's Mumbai, having own accommodation, working for a reputed company in Mumbai as a section Head, seeks alliance from RC Goan graduate spinsters upto 36 years with good family background and christian values. Pls. reply with details and latest photo to monty_017@rediffmail.com

6722 MUMBAI : East Indian RC Bachelor, (Born in September 1989), Ht. 5' 11", Wt. 64 kgs, Fair Complexion, Edn. M.Com., C.A., working in Audit firm. Contcat email : eltn89@yahoo.co.in

6718 MUMBAI : Goan RC Bachelor, (Born in April 1980), Ht. 5' 7", Wt. 85 kgs, Wheatish Complexion, Edn. B.Com., working as a Marketing Executive. Contact email : mumbaischool@yahoo.co.in

6411. MUMBAI : Mangalorean Ro-

man Catholic Divorcee, Australian Citizen, (Born in September 1968), Ht 5'11, Wheatish, BCom, Govt. job, seeks suitable march. Reply with photo to chrisnorbert@outlook.com / sharlet1968@gmail.com

6713 MUMBAI : Mangalorean RC Bachelor, (Born in September 1989), Ht. 5' 6", Wt. 67 kgs, Wheatish Complexion, Edn. B.E. (Extc) working as a Sales Engineer. Contact email : coelho.helen@yahoo.co.in

6494 MUMBAI : Goan Roman Catholic Bachelor, (Born in May 1960), Ht. 6', Wt. 65 kgs, Wheatish Complexion, Edn. SSC., working as a Security Guard. Contact Mob : 8451069841

6493 MUMBAI : Mangalorean Roman Catholic Divorcee, (Born in April 1982), Ht. 5' 8", Wt. 162 lbs, Brownish Complexion, Edn. M.Sc., Computer Science, working as a Software Engineer in USA., Contact email : mumbaiopen@gmail.com

6487 MUMBAI : Mangalorean Roman Catholic bachelor, (Born in September 1985), Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn. B.M.M., L.L.M., M. Phil., Law, Postition : Professor + Legal Advisor., Contact email : kevintauro85@gmail.com

6486 GERMANY: Goan Roman Catholic Bachelor, (Born in January 1982), Ht. 5' 11", Wt. 75 kgs, Wheatish Complexion, Edn. M.Phil/ Ph.D., Occupation : Researh & Development/ Scientist. Seeks fair, goodlooking, educated Goan RC Girl below 28 years. Contact email : mira.spf@gmx.de

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6952. MUMBAI : Goan / TAMILIAN Roman Catholic bachelor, (Born in June 1974), Ht. 5' 7", Wt. 60 kgs, Fair Complexion, Edn. HSC, working as a Supervisor, Only Child. Contact email : williammendes2106@hotmail.com

6934. MUMBAI : East Indian Roman Catholic Bachelor, (Born in October 1987), Ht. 5' 6", Wt. 75 kgs, Fair Complexion, Edn. Graduate, Hotel Management, Contact email : nevaidd2016@gmail.com

6930. GOA : Goan Roman Catholic Bachelor, (Born in August 1979), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. SCC and Diploma in Electrical, Electrical Contractor. Contact email : cajetan1208@gmail.com

6924. MUMBAI : Mumbai born and broughtup Roman Catholic Keralite Bachelor, (Born in September 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complexion, Edn. M.Sc. (I.T.), working as a Sr. Software Engineer in Foreign Bank. Contact email : dianamanuel320@gmail.com

6923. PUNE : Mangalorean Roman Catholic Divorcee, (Born in April 1963), Ht. 5' 5", Wt. 62 kgs, Wheatish Complexion, Edn. High School + 3 years Full term apprectice, working as a Machinist CNC Operator in reputed organisation. Contact email : mathiaswilliam04@gmail.com

6918. MUMBAI : Mangalorean Roman Catholic Widow, (Born in November 1953), Ht. 5' 6", Wt. 58 kgs, Wheatish Complexion, Edn. D.P.E., Well settled. Contact email : louisn23@hotmail.com

6917. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. B.E. MBA, working as an Engineer. Contact email : delphinem-pinto@gmail.com.

6915. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1988), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., MBA, CS, working as a Accountant. Contact email : marriageproposalseeker@gmail.com

6914. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in March 1985), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. T.Y. B.Com., working as a Chef. Contact email : stanleycoelho@ymail.com

6912. SAUDI ARABIA : Mangalorean Roman Catholic Bachelor, (Born in January 1981), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. 10th Std., working in Saudi Arabia. Contact email : dsouzasachin77@gmail.com

6909. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in December 1988), Ht. 5' 11", Wt. 74 kgs, Wheatish Complexion, Edn. Bachelor of Engineering in Information Technology, IT Professional. Contact email : allwync88@gmail.com

6906. ABUDHABI : TAMILIAN Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 2", Wt. 67 kgs, Wheatish Complexion, Edn. Bachelor in Business Admin., working as a Customer Support. Contact email : dvdleena@yahoo.co.in

6899. MUMBAI : Roman Catholic Bachelor, (Born in June 1968), Ht. 5' 7", Wt. 77 kgs, Wheatish Complexion, Edn. Diploma, Mechanical Engineering Graduation, MBA, working as an Engineer. Contact email : teresa.mimr@gmail.com

6896. MUMBAI : Goan Roman Catholic Bachelor, (Born in March 1982), Ht. 5' 11", Wt. 75 kgs, Wheatish Complexion, Edn. B.E. Electronics, Master in Information Management, working as a

Finance Professional. Contact email : clyde25@gmail.com

6895. HONAVAR : Roman Catholic Bachelor, (Born in August 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. 5th Std., having own property business. Contact email : rosiehorta77@gmail.com Mob: 7977361995

6893. MANGALORE : Mangalorean Roman Catholic Widower, (Born in January 1967), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. Graduate, working in Automotive Sector. Contact email : dan_3627@yahoo.co

6889. USA : Goan Roman Catholic Bachelor, (Born in July 1987), Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. B.E. (EXTC), Masters in Engineering, working as a Process Engineer. Contact email : ophelia657@gmail.com

6886. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in May 1980), Ht. 5' 9", Wt. 68 kgs, Fair Complexion, Sober, Edn. S.Y. B.Com., working as a Sales Expert. Contact email : sandyp-into70@gmail.com

6885. USA : Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. B.E. (I.T.), working as a Software Consultant. Contact Email : jane_3105@yahoo.co.in

6884. MANGALORE : Mangalorean RC Bachelor, (Born in April 1984), 5', Wt. 55 kgs, Wheatish Complexion, Edn. 8th Pass, working with Interior Designer. Seeks a simple poor girl, studied upto 10th std., Contact Mob: 7795733200 / 8971267606

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6954. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1987), Ht. 5' 2", Wt. 47 kgs, Fair Complexion, Edn. B.Com., CA., working as a Finance Executive. Contact email : merissa5@yahoo.com

6953. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1992), Ht. 5' 5", Wt. 55 kgs, Wheatish Complexion, Edn. Bachelor in Vet Science, Doctor by profession. Contact email : andrea-lobo786@gmail.com

6951. MUMBAI : Born Again Christian Divorcee, (Born in October 1976), Ht. 5' 5", Wt. 55 kgs, Fair Complexion, Edn. Post Graduate Diploma, working for Insurance Company. Contact email : sonalmodawal33@gmail.com

6858. BHOPAL : Mangalorean Roman Catholic Spinster, (Born in March 1993), Ht. 5' 1", Wt. 55 kgs, Wheatish Complexion, Edn. B.E. Computer Science and MBA in HRM working in Bangalore. Contact email : godwinsvd@gmail.com

6843. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1990), Ht. 5' 4", Wt. 59 kgs, Fair Complexion, Edn. M.Com., Accounts and Finance, working as a Sales Mis., Contact email : ncleret@yahoo.in

6842. USA : Mangalorean Roman Catholic Spinster, (Born in October 1989), Ht. 5' 3", Wt. 57 kgs, Wheatish Complexion, Edn. M.Pharm, Masters in Pharmaceutical Sciences - USA, working as a Formulation Scientist in Laboratories in USA. Contact email : jgonsalves@wackhardt.com

6839. MUMBAI : Mangalorean Roman Catholic Issueless Divorcee, good-looking, (Born in May 1980), Ht. 5' 4", Wt. 70 kgs, Fair Complexion, Edn. M.Com., MBA., working as a HR in TCS., Contact email : matrimonywatch@gmail.com

6837. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in April 1992), Ht. 5' 2", Wt. 85 kgs, Fair Complexion, Edn. MBA, Profession : Baker. Contact email : ludvinalobo@yahoo.com

6835. USA : Mangalorean Roman Catholic Spinster, (Born in February 1986), Ht. 5' 3", Wt. 54 kgs, Fair Complexion, Edn. M.Phil/Ph.D., doing Doctoral Studies/Working. Contact email : sathi.monteiro@gmail.com

6834. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1989), Ht. 5' 9", Wt. 90 kgs, Wheatish Complexion, Edn. BBA/BMS, Profession : Make-up Artist. Contact email : hycintharemedios@gmail.com

6831. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in April 1991), Ht. 5' 3", Wt. 54 kgs, Fair Complexion, Edn. B.Com., working as an Associate in Insurance Company. Contact email : denisd Souza854@gmail.com

6827. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in July 1992), Ht. 5' 7", Wt. 68 kgs, Wheatish Complexion, Edn. B.Com., working as a Accountant. Contact email : pintononie@gmail.com

6826. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in March 1992), Ht. 5' 2", Wt. 46 kgs, Wheatish Complexion, Edn. MBA PGDM, working as a Portfolio Manager in Foreign Bank. Contact email : alicerpraphael@gmail.com

6824. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1988), Ht. 5' 7", Fair Complexion, Edn. BMS, working as a Merchandiser. Contact email : prislobo10@gmail.com

6821. UAE : Mangalorean Roman Catholic Spinster, (Born in May 1992), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. M.Sc., in Zoology from

Mumabi, working as a Content Writer at Academic Publication. Contact email : clevan2006@rediffmail.com

6820. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in July 1992), Ht. 5' 4", Wt. 75 kgs, Fair Complexion, Edn. PG in Finance & Banking, working as Bank Manager. Contact email : dyola7792@gmail.com

6819. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in February 1989), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. Undergraduate, working as a dispatch Manager. Contact email : sylvia.godinho8@rediffmail.com

6816. MUMBAI : Mangalorean Roman Catholic Divorcee, church marriage annuled, (Born in June 1980), Ht. 5' 1", Wt. 67 kgs, Wheatish Complexion, Edn. T.Y. B.Com., working. Contact email : marianike04@gmail.com

6814. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in February 1992), Ht. 5' 3 1/2", Wt. 47 kgs, Fair Complexion, Edn. M.Com., NET, SET doing Phd., Lecturer by profession. Contact email : albanpereira1991@yahoo.com

6812. MUMBAI : East Indian Roman Catholic Spinster, (Born in November 1980), Ht. 5' 3", Wt. 48 kgs, Fair Complexion, Edn. M.Com., LLB., Advocate by profession. Contact email : marthajd25@gmail.com

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6811. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1991), Ht. 5' 3", Wheatish Complexion, Edn. B.Com., working as a Freelance Content Creator. Contact email : dcostavalentina@gmail.com

6810. MUMBAI : Mangalorean RC Spinster, (Born in February 1990), Ht. 5' 4", Wheatish Complexion, M.P.T. (Master in Physiotherapy) working in Mumbai, planning to settle down in Canada, seeks alliance from well settled, qualified Mangalorean RC bachelor with good family background and Christian values. Contact No. 9967119891

6809. BAHRAIN : Mangalorean Roman Catholic Spinster, (Born in May 1983), Ht. 5' 8", Wt. 62 kgs, Wheatish Complexion, Edn. B.Com., Computer, working as a Customer Service in Foreign Bank. Contact email : saldanhairene@hotmail.com

6808. USA : Mangalorean Roman Catholic Spinster, (Born in August 1984), Ht. 5' 4", Fair Complexion, Edn. B.E., M.S. (USA), working as an Engineer in USA. Contact email : 1954.tulips@gmail.com

6807. U.S.A. : Mangalorean Roman Catholic Spinster, (Born in January 1988), Ht. 5' 6", Wt. 54 kgs, Wheatish Complexion, Edn. B.E. Computer Engineering, working as a Software Engineer in California. Preferred someone working in U.S.A. Contact email : celinefranciscunha@gmail.com

6804. COIMBATORE : Anglo Indian Roman Catholic Spinster, (Born in October 1983), Ht. 5', Wt. 68 kgs, Wheatish Complexion, Edn. B.Sc IT, MIB, MBA., working as an Export backend operations and customer support operations. Contact email : patricia_melisa@yahoo.co.in

6802. MUMBAI : Goan Roman Catholic Widow, (Born in September 1986), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. B.A., working as an Auditor. Contact email : lem-osmarina0@gmail.com

6801. MUMBAI : East Indian Roman Catholic Spinster, (Born in July 1991), Ht. 5' 2", Wt. 48 kgs, Wheatish Complexion, Edn. M.Sc., Working. Contact email : monicathrt@gmail.com

6774. U.S.A. : Mangalorean Roman

Catholic spinster, (Born in June 1979), Ht. 5' 6", Wt. 58 kgs, Fair Complexion, Edn. B.E. (Civil), M.S., working as a I.T. Engineer (Team Leader). Contact email : alicedsouza722@gmail.com

6727. IMDORE : Mangalorean Roman Catholic Spinster, (Born in May 1990), Ht. 5' 7", Wt. 58 kgs, Fair Complexion, Edn. B.Com with Computers, working for Airlines. Contact email : triptananda@ymail.com

6725. MUMBAI : Goan Roman Catholic Spinster, (Born in September 1992), Ht. 5' 9", Wt. 60 kgs, Wheatish Complexion, Edn. B. Pharma, MBA, working as a Sr. Analyst. Contact email : meenad@indoco.com

6724. MUMBAI : Goan Roman Catholic Spinster, (Born in April 1984), 5' 4", Wt. 78 kgs, Wheatish Complexion, Beautiful, Edn. M.Com., works for a retail Company in Dubai as Team Lead - HR Operation. Contact email : avenap@hotmail.com OR 7506113313

6721. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1993), 5', Wt. 45 kgs, Wheatish Complexion, Edn. B.Sc., IT., working for Engineering Company. Contact email : lynettelewis67@gmail.com

6720. MUMBAI : Goan Roman Catholic Spinster, (Born in November 1989), 5' 5", Wt. 62 kgs, Wheatish Complexion, Edn. MBA working as a HR. Contact email : janessaf-ernandes25@gmail.com

6715. MUMBAI : Tamilian Roman Catholic Spinster, (Born in August 1987), 5' 4", Wt. 76 kgs, Fair Complexion, Edn. B.Sc. MBA., working as a Team Leader. Contact email : cdgopal@gmail.com / nishachandra05@gmail.com

6714. MUMBAI : Goan Roman Catholic Divorcee, (Born in May 1978), 5' 5", Wt. 54 kgs, Fair Complexion, Edn. HSC., working as a Company Secretary. Contact email : loveleentoscano@yahoo.com

6528. DUBAI : Mangalorean Roman Catholic Spinster, (Born in April 1985) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

6665 MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bachelor. Contact email: alcheckmate@gmail.com OR 9867292764

6748 MUMBAI : Goan Roman Catholic spinster, (Born in March 1987), Ht. 5' 3", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., with Dip. in Software Testing, working as a Test Engineering Specialist at a MNC. Contact email : thomasdsouza18@gmail.com

6653 MUMBAI : Goan Roman Catholic Spinster, (Born in July 1990), Ht. 5' 2", Fair Complexion, Edn. M.B.B.S., Doctor & pursuing M.D. Seeks M.D. / M.S., Doctors. Contact email : selwynhenriques13@gmail.com

6775 AUSTRALIA: Australian citizens of Indian Christian origin residing in Sydney seek matrimonial alliance for their daughter: Age: 43yrs Ht.: 5'4", Wheatish complexion, Beautiful with black hair Understanding, trust worthy, physically active, having a pleasant & affable disposition with strong family values and social networking skills. Marital Status: Divorcee/Female living in New South Wales Australia (has no children) Annulment in progress. Well educated employed in the Australian Financial Sector in a responsible position.

Expressions of interest are solicited from eligible male suitors meeting the following criteria: Must be Christian settled either in Australia, UAE, Kuwait, Bahrain, North America, Canada Age: under 47yrs Marital Status: Bachelor or Divorce (with no children) Personality traits: Suitor must be healthy with a pleasing personality & strong family values. Height :minimum5'8" Suitors with strong financial resources pursuing either a Professional/Corporate/ Business career will be highly favoured. Interested suitors are requested to send profiles to the following email: sme94427@bigpond.net.au

Address your replies to :

Regd. No. _____

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Anthem of Our Lady Of Velankanni Novena



Maharashtrian East Indian Christian Federation (MEICF) & Juhu Youth Cultural Association
Jointly Present their 1st Audio C.D in East Indian Boli

TITLE : KAARAN

All songs Composed by Adolf Creado
Produced by : Herbert D. Barretto (President MEICF)



Herbert D. Barretto



Adolf Creado



Paul Creado



Paul Creado



Paul Creado



Paul Creado



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In Loving Memory of : JULIANA JAMES LOBO

Sponsored By : Her Grand Children Fr. Donald Rodrigues

Herbert Baretto President of MEICF humbly request the priests and the lay people to play this Anthem Of Our Lady Of Velankanni wherever they have Novena . This comes in East Indian Boli. One can easily follow the wordings unlike the one played in Tamil version.

All songs composed by Adolf Creado of Juhu. For Maharashtra East Indian Christian Federation (MEICF) and Juhu Youth Cultural Association.

The CD will be released at Worli Church at 6. 00 pm.at the hands of Rev. Fr. Donald Rodrigues on 29th Sept.2018 . Herbert D.Barretto President Maharashtra East Indian Christian Federation



5th Death Anniversary



Peter (Jerry) Mudartha

Born 27-6-1925 - Died 26-8-2013

Five years have passed since you have gone away,
Yet, we feel, your presence every day,
You are sadly missed along life's way,
Quietly remembered each single day.

No longer in our life to share,
But in our hearts you are always there,
The beautiful memories you have left behind,
Will always be a source of strength for us.

The gates of memory never close,
How much we miss you no one knows,
For GOD alone knows what is best,
And has called you to his garden of rest.

Fondly Remembered By :

Wife : Maggie Mudartha

Children : Kuldeep, Sr. Kulrekha, Kulkirithi,

Daughter-in-law : Joyce,

Grand-Children : Lavita & Deepti

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