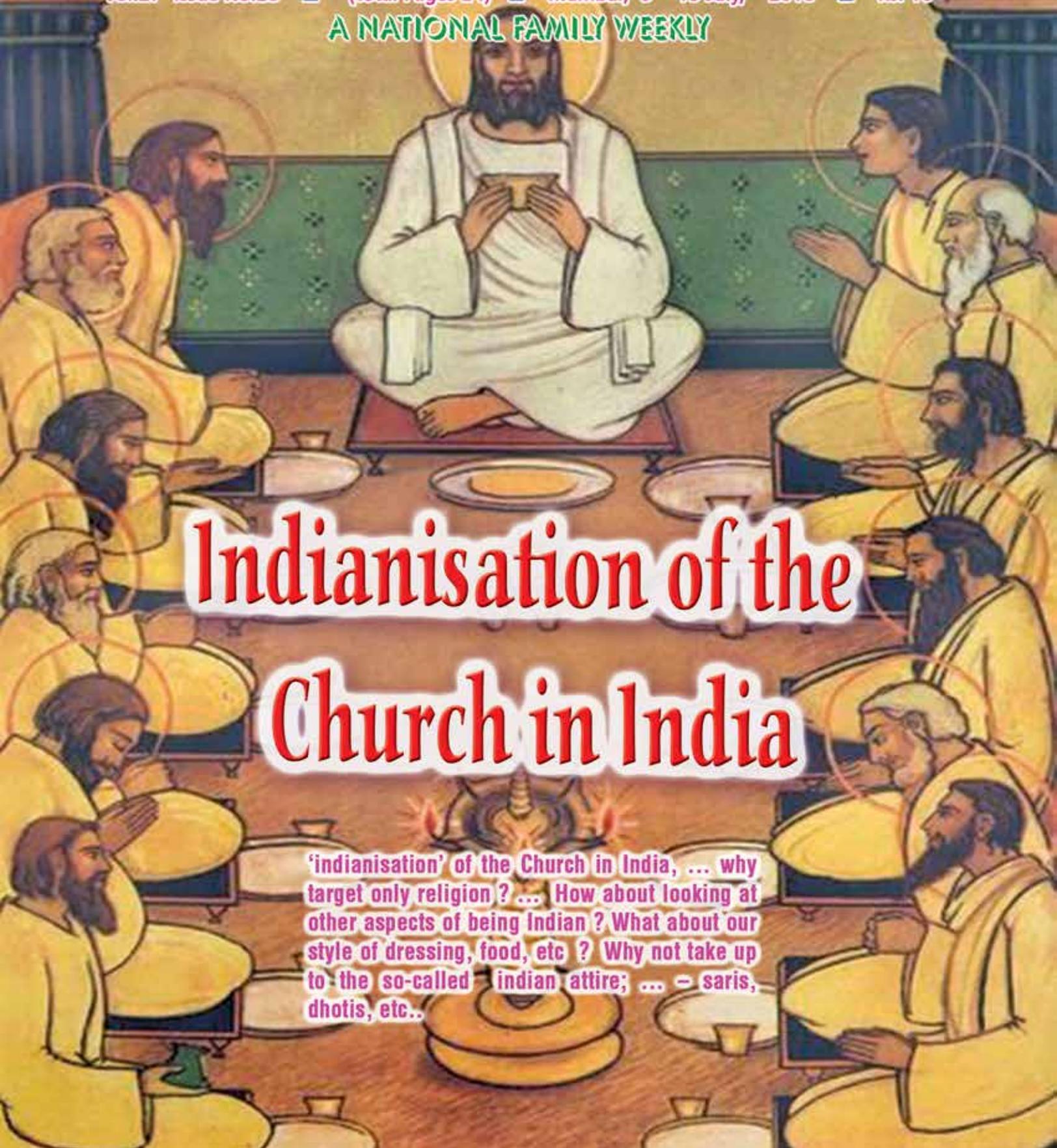


THE SECULAR CITIZEN

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A NATIONAL FAMILY WEEKLY



Indianisation of the Church in India

'indianisation' of the Church in India, ... why target only religion ? ... How about looking at other aspects of being Indian ? What about our style of dressing, food, etc ? Why not take up to the so-called indian attire; ... - saris, dhotis, etc..

Indianisation of the Church in India

There has been a debate off & on, about the Church in India becoming 'more Indian'. In the Secular Citizen there have been a couple of articles and responses.

Some Christians always feel that the Church in India should be more 'Indian'. What exactly do they mean when they say that the Church in India should be more 'Indian'? Does it mean that we incorporate all the religious practices of the majority religion? Will that make us more Indian? I have had chats with a couple of people and they are unable to give me a convincing explanation. India is a multi-cultural, multi religious country, a melting pot, one would say, for various cultures, religions, etc. When India got her independence, every one of us were Indians and we continue to remain Indian, irrespective of our caste, creed, religion, whatever. Our forefathers have been practicing Christianity over the years - were they looked upon as non-indians?

This country belonged to people of ALL religions, ALL cultures, at the time of independence – basically it was ONE nation ! Then, why this talk of the Church becoming more Indian, now ?

One of those whom I have spoken to about this 'indianisation' of the Church in India, said, but why target only religion? I think he has a point. How about looking at other aspects of being Indian? What about our style of dressing, food, etc? Why not take up to the so-called indian attire; do I need to name them – saris, dhotis, etc.. **And even while referring to religion, would the protagonists of this concept of the Church in India becoming more Indian, be agreeable to the idea of dancing on the streets while taking the image of Mother Mary, or Jesus or the Blessed sacrament in procession? Would that make us any more indian? Would they like to throw colour on each other in our celebrations? Would they like to burn fireworks during Christmas like the others do? Would they like to throw balloons filled with water on others? Would that make one more Indian? Why not, that is being Indian, isn't it?**

At the end of the day, all such discussions about making the Church in India Indian, would be pointless. Rather, what we need to do is, practice our religion rightly, and show to the world what Christianity is all about, by our thoughts, word and deed. Did not the great Mahatma Gandhi say, "I like your Christ, I do not like your Christians. Your Christians are so unlike your Christ." That's some food for thought! **We need to become true witnesses of our faith - indianisation or westernizing of the Church is not important.**



Melville X. D'Souza
- Orlem, Malad West



*Indigenous Mary and Jesus:
Angelo da Fonseca*

Hindu Bells Ring In Church

The Church is trying to reinvent itself and it is trying to come close to local customs and culture. 'Om' is no longer a patent of Hindu spiritualism. Christian priests have embraced it with an open heart. You will find various churches in different parts of country who don't ask the bride and the groom to kiss each other at their wedding. Instead, the bride wears a mangalsutra around her neck and the church itself looks more like a Hindu temple.

Problems started surfacing when a certain section of the Catholic clergy went so far as to resorting to Hindu literature, astrology and palmistry. Jesus was portrayed as a Brahmin with the sacred thread which raised conservative Christian eyebrows. Dalit Christians tried to portray many Hindu characters from the Shastras and the Puranas as Biblical characters. This infuriated purists in the religion.

The above text is taken from the article 'Hindu Bells Ring in Church' appeared in "The Sunday Indian" on 14-11-2010

99, Perin Nariman Street, Fort, Mumbai - 400 001.
Mobile: +91 9820485389, 9820473103
Tel: +9122 - 2269 35 78 / 2265 49 24
E-mail : secular@sezariworld.com / secular@vsnl.com
Website: www.sezariworld.com
Editor: LAWRENCE COELHO

'Thought for the week'

Reason is learned from the ever changing world but true knowledge comes from the essence of life.

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Finally The Inevitable Has Happened

By Don Aguiar

Rise in rainfall goes hand in hand with sea level rise. Mumbai sewage system is quite old (British made) and not designed for anywhere close to the multi-million population of today, as they say had to give sadly. It's old and it is choked with garbage and the population now is huge. A visit here will make one realize how the city has been cheated and swindled and even extorted or forced under strong pressure to unscrupulousness for the sake of those in charge making huge profits without much effort or work.

In view of the above Mumbai rains have resulted in water logging, tree falls and sink holes in some parts of the city on 24th & 25th June along with delays in trains and traffic moving slowly. The Indian Meteorological Department has said that heavy to very heavy rains were expected to continue. In South Mumbai's Colaba and Santa Cruz, rainfall of 90 mm and 195 mm were recorded respectively at 5.30 am. According to Mumbai police, traffic slowed down at JVL Bridge, Vikhroli, Khar, Malad subway and Andheri subway due to water logging and low visibility.

Two people died and five were injured on Sunday after a tree fell on them near Metro Cinema at MG Road in South Mumbai's Marine Lines area. Later a portion of the road at Anandilal Podar Marg, Marine Lines caves in following heavy rainfall in Mumbai. There were similar tree falls and road cave-ins or sinkholes at various other places in Mumbai too during this period. The latest road cave-in or sinkhole was noticed opposite Eros cinema at Churchgate with a car in it.

That means it appears that the whole of SOBO (South Bombay) is in danger. Is it due to digging going on for Metro? One must not forget that Bombay was made up of seven islands and was joined together to create a unified land mass. The seven islands consisted mostly of marshy lands and salt pan land together with fields. Hence these lands had no natural external surface drainage and the reason why it had many wells that supplied water 24x7, 365 days, as the groundwater table is robust. These lands would not be in any position to take on load as it is largely underlain by soluble rocks and is highly susceptible to sinkholes if excavation goes to below twelve feet or more.

(Contd.. on p. 4)

A sinkhole is a depression in the ground that has no natural external surface drainage. Basically this means that when it rains, all of the water stays inside the sinkhole and typically drains into the subsurface.

Sinkholes are most common in what geologists call "karst terrain" These are regions where the types of rock below the land surface can naturally be dissolved by ground water circulating through them. Soluble rocks include salt beds and domes, gypsum, and limestone and other carbonate rock.

When water from rainfall moves down through the soil these types of rock begin to dissolve. This creates underground spaces and caverns.

Sinkholes are dramatic because the land usually stays intact for a period of time until the underground spaces just get too big. If there is not enough support for the land above the spaces, then a collapse of land surface can occur.

When such a thing occurs it results in a 13-year-old boy being killed and his parents being injured in a wall collapse on their house at Wadol village in Thane at around 2 am today. A 15-year-old also died after falling into an open pit in Mumbai's Malad suburb.

But the most inevitable thing to happen was when a huge section of the compound wall of Lloyds Estate in South Mumbai's Wadala area collapsed today morning and took with it at least 15 vehicles due to heavy rain. Residents were evacuated and no casualties were reported. This shocking incident has caused concern to most Mumbaikars as it exposes the Builder Vs BMC nexus as corruption at the BMC level helps builders with their unscrupulous plans which has unfolded as under.....

In 2016 M/s Dosti Builders brought 1.5 acres of land adjoining Lloyds Estate

Pope Francis: "We are God's Children, not His Slaves"!

Pope Francis at his weekly general audience on Wednesday 20 June 2018, lectured on a new series of catechesis on the "Ten Commandments"!

"In the Book of Exodus the opening verse reads, 'God spoke these words' (20:1) In Jewish tradition, commandments are called 'Decalogue' or 'Ten Words'! The difference between 'word' and 'commandment' is that, the 'word' is an essential means of a relationship through dialogue; whereas, a command is an order that lacks a dialogue."

"Is God a Master of a Father? Are we slaves or children? This is a 'battle' which takes place continually within us. We must choose between a slave mentality and a mentality of a child. The Holy Spirit is the 'spirit of sonship', by which we cry out, 'Abba-Father'!"

"The whole law of Christianity is the passage from the letter of the law to the 'life in the Spirit'! The Son is the Father's Word made Flesh through the Spirit! This mutual 'Love' nourishes us through the Word from Scripture, just as education and collaboration."

"This results in a communication, as when someone speaks to our heart; and our solitude thus ends. Because more than the communication of truth, it is the speaking of the 'concrete good' communicated between those who love each other."

"Thus, it is obvious, that when people live as children versus as slaves, the world does not need legalism; it needs 'care'! It needs Christians with the heart of children, 'for unto them is the kingdom' (cf. Matthew 18:3-4)."

—Dr. Trevor Colaso,
Memphis, TN. USA.

Wadala East near Dadar East Mumbai. As the Builder Vs BMC nexus is well known in Mumbai, the builder managed to get permission to build 5 levels (50ft) of underground parking with 45 stories residential building on top. Such deep digging of land near the creeks of Mumbai should not have been permitted but corruption at BMC level could not prevent it.

As the builder dug 50ft deep, loose underground soil & sand from adjoining Lloyds Estate also started flowing towards the 50ft deep trench with the result that all internal roads and stilt floors of Lloyds Estate sank 4 to 6ft during last 1 year period. A number of letters to the BMC from Lloyd Estate remained unanswered with no action taken.

When matters were taken to court, Lloyds Estate could not get a "stop work" order. At about 4AM on 25th June morning when it was raining

heavily, a portion of the boundary wall and 20ft wide internal road between Lloyds Estate and the under construction plot suddenly collapsed with the land slide and 6 cars parked on the internal road went deep into the trench. Another 6 cars were seen hanging on the slope.

It was surprising and shocking that no shoring was done to protect the neighbor's property. The norms are if excavation is even a meter below the neighbors footings, proper protection must be done to ensure its proper stability.

The question now: to the BMC, the government, the ministers – do they care? Will the situation be corrected or will corruption continue to rule by pushing these incidents under the carpet resulting in all safety measures, rules and regulations being overlooked.

Is there still an antidote available?



Breaking seal of confession

This is in reference to the letter 'Australian law requires priests to break seal of confession' by Prof. Robert Castellino (Secular Citizen, July 2-8). Bringing in a law that compels priests in Australia to break the seal of confession and report to govt authorities cases of sexual abuse revealed in the confessional is a grave interference in the religious affairs, privacy, and freedom of the Catholic church. Besides violating the secular character of the country, it is also akin to the happenings in Communist China. While the new law has drawn widespread condemnation by the Catholic church, the ostensible reason for this draconian law could be the spurt in the number of sexual abuse cases perpetrated by priests on minors, with bishops as collaborators in the cover-up. Such cases are also rampant in other countries involving thousands of priests, and come to light only after the hapless victims raise their voices collectively in protest, after suffering in silence during the years of abuse and outrage. Little wonder then why Pope Francis opened his tour of Chile, apologizing for the number of clerical sexual abuse cases that have brought disgrace to the Catholic church. It now remains to be seen how the church reacts to the new law in Australia.

—A. F. Nazareth
Alto Porvorim

Much needed but ill-conceived plastic ban

As expected, the much needed but ill-conceived ban on plastic, is now being rolled back, in stages. Garbage liners, takeaway food contain-

ers and retail packaging are now exempted from the ban, subject to a buy back and recycling policy, which to say the least is wishful thinking. In due course several items are likely to be exempted like plastic sheets for covering rooftops, covering idols and a host of other things. And why harass housewives who now have to carry meat and fish in newspaper sheets. It is only logical that thick plastic bags which are reusable should also be exempted. However, expecting small shopkeepers and even malls to collect and recycle plastic is impractical. People pay taxes to the govt and civic bodies who should not abdicate their responsibilities by putting the onus on the people, after collecting taxes.

A workable scheme: The ban should cover only one-time-use plastic material. All manufacturing unit producing one-time usage plastic item must be shut down. All other plastics may be permitted. However, these items must contain the manufacturer's name and other relevant details. A surcharge on these items should be levied. This amount should be set aside by the civic bodies for recycling. Our country has the largest army in the world of ragpickers who do a great job but earn a pittance. They should be hired by the civic body on a daily wage of about Rs 500 to be paid only if they deposit a specified amount of thin waste plastic (of thin plastic bags) at a BMC facility set up for the purpose. (Night rat-catchers are employed by BMC on similar terms. They are required to catch a minimum of 20 rats per night and are paid Rs 13 per dead rat deposited with the BMC). The collected plastic may then be transported to the BMC's Worli asphalt facility. Here all the plastic can be easily and usefully converted into a component of asphalt of better quality. Ragpickers will

be provided with gainful employment which they deserve. And we will be provided with a better environment.

—Prof Robert Castellino,
Mumbai

Sanctity of the Priesthood Should Always be Preserved!

In response to Prof. Robert Castellino's letter, "Australian law requires priests to break seal of Confession", The Secular Citizen, 2-8 July 2018, I would like to mark four pertinent points – 4Ps:

1. *Priesthood*: There should be a wider awareness and esteem for the Priesthood, since the priest is a representative of Christ – Persona Christi! History records that many priests have gone to jail, and even sacrificed their lives in protecting the seal and secrecy of the Confessional! So we should also pray for the sanctity of priests!

2. *Penance*: Catholics must take the Sacrament of Reconciliation or 'Penance' more seriously, and receive it more frequently; in order to grow in grace and holiness.

3. *Perfection*: St. Peter our first Pope profoundly reveals: "Come to the Lord, the Living Stone, rejected by humans as worthless; but chosen by God as most valuable! ... Come as living stones, and let yourselves be used in building the spiritual temple, where you will serve as 'holy priests' to offer up spiritual sacrifices acceptable to God through Jesus Christ!" (1 Peter 2:4-5...9).

4. *Proclamation*: He further exhorts: "Since you are a chosen race, a 'Royal Priesthood', a holy nation, God's own people, you are selected to 'proclaim' the wonderful acts of God Who called you out of darkness into His marvelous light" (1 Peter 2:9).

—Dr. Trevor Colaso, Bandra (W),
Memphis, TN. USA.

(Contd.. on p. 6)

' Avoid the fitness bug '

With reference to MR MELVILLE X D'SOUZA's letter titled : The Fitness Bug in THE SECULAR CITIZEN dated MONDAY 2 JULY 2018 - SUNDAY 8 JULY 2018 the fitness bug is nothing but a distraction to stall the addressing of important issues by finding practical and lasting solutions to them thus proving that the NDA government at the centre and states have no worthwhile policies and programmes and the good days promised will never arrive and be a reality.

In a democracy the elected representatives to various elected bodies / houses are the servants and not masters of the people and if they are inefficient and corrupt they must be recalled by the people through a right to recall law that must be passed immediately .

During all elections there must be a grievance ballot where people can list all their woes and problems in short which require an immediate solution.

In this way democracy can be further strengthened with a strong united liberal and secular opposition cutting across different political barriers and armed with a common agenda and a shadow cabinet and provide the people with a viable alternative and a brighter future..

— Peter Castellino

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Banning plastics is necessary, but it should be done in steps

Banning plastic bags and plastic products is a 'must' but it should've been done at the right time and in steps. The BMC (Brihanmumbai Municipal Corporation) is only minting money and knows how to harass people. It's a most corrupt organization in the entire world. First, these people should be shown that how roads should be constructed and potholes removed as people fall into them and lose their lives. Who is going to provide employment to those people who have lost their jobs in the plastic industry now that plastic has been banned and industries shut down? The BMC is telling us not to use garbage bags. Where then are we supposed to throw garbage? On their bloody heads? I think the penalty which will be collected by the BMC will be pocketed by their corrupt workers.



Jubel D'Cruz

On the other hand, how do you carry dripping fish and meat from marketplaces? Is it feasible to carry them in paper bags, cotton/jute stitched bags or in glass or steel utensils? How ridiculous! Only plastic bags, thermocol or plastic boxes are used to carry them. There is no other alternative. First, beef was banned and now plastic has been banned. Without plastic and plastic products the entire fishing industry will collapse.

How can a plastic container in which food is purchased (say from a restaurant) the so-called "one-time use container" going to pollute the gutters if it is properly washed and used for storing different things like food grains, coins, clips, stationery, etc. Seriously, buying aluminum and stainless steel utensils are not cheap. Hence the ban is ill-thought and does not emphasise the role of the authorities to have excellent recycling mechanisms which are easily accessible

and give some monetary inducement (however small) for the person to bring their waste there. Also, a plastic carry bag in which cloth items are sold by top brands like Cambridge, Raymond's, etc. are of good quality and very helpful for carrying items which need protection from rains. If one keeps and uses these bags at home and recycle them when they are non-usable, how does it contribute to pollution? Currently, plastic is the main contender in this field, do we have replacements which are easily and cheaply available?

Banning of plastics is definitely needed. But it should've been done in steps. The government should stop its production and distribution as well as

withdraw stocks that are with the retailers. Only after warnings, the penalty should be imposed. At the same time, the common man should be given sufficient time and resources like segregated waste deposit boxes at several places. Biodegradable plastics should be readily available and at low prices. Now the common man has to pay for disposing waste along with so many people going jobless due to this ban. The implementation should've been done slowly and in the entire country, not just in Maharashtra alone. When we knew that plastics don't decay for several years, why did we produce it in the first place? We are all so addicted to the use of it that it will take us several months of hardship.

How about the BMC and KDMC (Kalyan-Dombivili Municipal Corporation) banning condoms because they are the ones polluting the earth and choking the gutters too? When thrown in the sea, the fish which we consume eat the semen from them. Have we realized this?



by Mrs Deepika Lobo
Clinical Psychologist



Watching your favorite team lose can be tough to handle, almost as much as watching them win can give you great excitement and joy. Losing is part of sports, though, and you'll see your team lose plenty of games. Learning how to handle the losses is an important part of being a fan. If you search social media today, you'll find dozens of grainy, wobbly home videos of fans going crazy after their teams. Screaming, crying, and wailing, as if someone important had died or something horrible just happened to them personally is a common sight at the stadiums. And that's the issue: it does feel personal. The loss for them is real, tangible, and emotional. They feel like a big chunk of their heart has been physically broken.

Sports allow a safe space to express emotion. There's so much emotion wrapped up in sports, but for many people who are fans they don't know why it's the case that sports make them feel something that other things really don't. There are few places men can actually cry. But at the stadium you have men crying over things and hugging each other and it's totally accepted in that confine. They can scream and be anxious and do all these pretty unmanly things, but they're socially acceptable.

So the question is, Can't Men Cry? Anyone who is comfortable with

themselves doesn't worry about others' perceptions about their self-expression. The challenge is that others — through judgments — will transfer their fears, worries, and doubts about the way a man who cries is perceived.

Crying is important because it:

- releases pain
- helps individuals to heal
- isn't a sign of a weakness
- allows feelings of happiness to be fully realized
- is a normal part of life.

The alternative is to suppress feelings by not addressing or blocking them, but unresolved emotional or psychological issues can be released in other forms (e.g., use of alcohol/drugs, a mental breakdown, abusive behavior, or even worse death/suicide). "Issues such as self-stigmatization, or the idea that 'real men don't cry', can prevent men from accessing the help that they need.

Crying is a key way of externalizing these problems, and the first step towards seeking help. We live in an age where we're constantly striving

to achieve equal rights for both men and women, so why shouldn't the right to cry be one of them? Turning your back on your pain is easy, but it takes the ultimate courage to lean into your pain and feel your feelings.

In the short term, it's easy to pretend that your pain isn't there... to numb yourself with work, food, sex, or other compulsive distractions. The harder path is to face your fear directly.

What can we as a society offer as an alternative? These are things men need to become aware of, but women (as mothers and partners) can play an important role as well. If we are serious about the fight for a society of equal rights and equal opportunities, tearing down the toxic stereotypes surrounding men is one of the most important things we can do.

***Wear your tears like badges of honour.
You've earned them.***

Ms Deepika Lobo
Psychologist and Counselor
email: deepikaslobo@gmail.com

WHETHER THE PARADIGM SHIFT IN THE WAY WE AS PEOPLE MAY COMMUNICATE WITH EACH OTHER IN THIS NEW DIGITAL WORLD, WILL OVERCOME THE LACK OF FORMAL ILLITERACY IN OUR COUNTRY?

by Eric D'Sa

A few years ago I was shocked to read that in our nation we had about 300 million illiterates who had not been to a formal school and an additional 200 million semi literate, as they had been to ill equipped and poorly staffed primary schools. Under such circumstances irrespective of what we do as a nation, there is a limit to our rate of GDP growth and since most of the income would go to literate people, the wealth disparity between the the bottom half and the top half of the economic pyramid in our country is bound grow wider. Though the various governments after independence had gradually brought down the illiteracy rate which was 18% when we got independence, as you can see from the above, there is still what we officially call high illiteracy or semi literacy rates. This is based on the fact these people are unable to read and write sufficiently, to accumulate the required knowledge to get reasonably good jobs.

This is the reason I spent consider-

able amount of my spare time about 6 years ago trying to get a suitable programme written, which would help the illiterate women to first learn the alphabets in their mother tongue and English and then a few regularly used words on the smart phones or tablets provided freely by the government at their homes, at times suitable to them, preferably sitting in small groups. We named the programs Micro-e- Home School. It would use these devises to first learn alphabets with audio, vi-

YOU THE CITIZENS DECIDE:

sual and picture aids and then simple words. With just five words a day, most would have a vocabulary of more than 1500 words in a year which they would also be able read and write. For all practical purposes this would make them literate. We were only struggling how to get into the programme, the means by which the illiterate women would write over the alphabets and words on the tablet itself which could be erased easily. In this way we felt the minimum literacy of reading and writing would be achieved and once that was done, these women could continue learning by themselves at home on their tablets through the internet. Unfortunately at this stage my attention got diverted to a NGO on imparting higher education to poor students.

However, I have been recently thinking about languages, medium of communication and the future of our country. As the technology is progressing fast, in another two decades or more

oral communication system will become the primary medium of communication. As a nation who for centuries depended in such a mode of communication, are we now preparing for this new digital based communication, have plans, policy and design ready to cope with it, or benefit from it? As explained earlier since the script language has been the barrier that differentiates between a literate and illiterate, the knowledge sharing capacity of the later is highly functional through the medium of oral communication.

This can also be proved by the fact that in a highly illiterate country like India, the adoption of digital devises has been extremely high especially as prices of the smart phones have started coming down.

Take the very popular What's App for example. Its 200 million users in India as per the latest count are testimony to how a communication system is rapidly changing the country. The popular messaging tool has highlighted that if communities are given a chance and required band width, they can communicate freely even if they can not read and write. They send to each other audio notes, recorded videos, make calls and even share emojis to express their emotions. It is as if our age old cave drawings are back in circulation which can be interpreted well without the knowledge of a script. As things progress it is apparent with minimal knowledge of the script, they are able to master the use of say a smart phone.

This became apparent to me a few years ago when two women in turn came home to look after my mother-in-law who as in her 90s and bed ridden. I realised they could not read or write and hence spent their time watching

(Contd.. on p. 9)



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(Contd.. from p. 8)

the TV. When they got fed up with it or my MIL wanted it to be switched off, they would quickly start using their second hand smart phones to quietly communicate with their families and friends. When I asked them how they had learnt to use the smart phone, they said they learnt it from their children and it was helping them even in doing their work peacefully, without too much concern for the well being of their children, as they could communicate with them promptly. When I asked them why they had not asked their children to teach them how to read and write, they said to do so they had to go to school which they had never done in their life and had no time to do so at this stage of their life.

However, this means of digital communication to spread through out our country especially in the villages, requires affordable smart phones, infrastructure of seamless connectivity and sufficient band width - beside of course the cognitive ability to view digital as not a medium but a language. As a nation if we want to govern ourselves with equitable democracy, are we ready to listen to those who are 'illiterate' in the formal sense? Are our interactive government apps and web platforms ready to seek feed back from those who cannot type in an official script but after authenticating them selves with their Aardhar card, have some thing to say through audio visual notes? Our PM has wisely started to use the audio visual systems to communicate directly with the masses on different subjects that concerns them and is by passing the printed media to do so.

Even though half the world is already connected to the internet and communicating digitally, the definition of 'literacy' has not changed. We are yet not ready to accept digital as a language, though over a billion people are using WhatsApp on a daily bases. We are moving gradually towards a paradigm shift where a script would no more be the medium of dependency for literacy, governance or even communication. We should not forget that the greatest religion of this

' Bans serve no useful purpose '

With reference to JUBEL D'CRUZ's letter titled : Dangers of plastic bags in THE SECULAR CITIZEN dated MONDAY 2 JULY 2018 - SUNDAY 8 JULY 2018 bans serve no useful purpose and the ban on plastic bags will only help to make them more popular by creating a demand for a product that is not readily available besides serving to distract people from other issues that need to be addressed and solved

By banning plastic bags the Mithi river and the gutters and nullahs will continue to be blocked with other forms of garbage that need to immediately removed and what ever can be recycled must be recycled and what ever cannot be recycled must be electrically incenerated.

The biggest hoax is the plastic bag fine that will be used to only line the pockets of our very greedy mu-

nicipal corporators instead of being used to finance important projects and schemes that will benefit the people.

Manufacturers of plastic bags must be immediately compensated monetarily instead of being forced into alternative businesses and jobs that they dislike.

Besides recycling plastic bags into other reusable plastic products plastic bags can be converted into fuel and mixed with asphalt to create stronger roads and also be used to make hand crafted artefacts and products.

Thus the plastic ban must be challenged in court and if the ban is removed and the government tries to re-introduce it through an ordinance then the ordinance must be permanently banned .

—Peter Castellino

world Christianity was founded by its leader based not any script but by oral instructions and sermons from the Master to his disciples and was then passed on to others verbally. The scripted text now known as the Bible came much later.

As I write this article in Manhattan, my 7 year old grand son for any queries that he has, asks the question orally to his latest gadget Alexa of Amazon, which gives him the required answer. I can not but admit that it is wiser than his grandfather by miles. Even if I want to hear my favourite Jim Reeves songs of the 60s, he just orders Alexa to do the needful and it complies. Knowing that his grand fathers hearing is slightly diminished, he orders it to sing louder and Alexa again complies. All this takes place within seconds. You the Citizens will have to sooner than later decide, with devices like Alexa at their command, if any one can be labelled as illiterate? Are we then ready for this paradigm shift in how we will communicate in the future?

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Are your habits stealing your happiness?

WE ALL WANT to be happy at least most of the time but, unfortunately, that's not the case and we end up searching aimlessly to find happiness and it always seem to eludes us. We are all creatures of habit and often we get stuck in a rut because we refuse to make the necessary changes to our lives that will bring us the happiness we yearn for. Not all our habits are bad but sometimes we need to look at the things we do continuously and decide whether we need to make some adjustments if they don't yield the results we need. Read on to know how, if your habits aren't you, they're hurting you!

It is usually pretty easy to become a happier person. It is also quite easy to rob yourself of your own happiness. To make yourself more miserable and add a big bowl of suffering to your day. It is common thing, people do it every day all over the world and if you observe closely everything sums down to Habits - Habits, good and bad alike, take time to develop but once they are deeply ingrained in your mind, it's nearly impossible to get rid of them or change them without a conscious effort. If the habit is good, such as always finding the positive side of a situation, then you don't need changing it but what about bad habits? You might not even realise you have a habit that's holding you back and preventing you from being as happy as you should be. Here are some habits of that variety that you may want to consider getting rid of, because they are not helping you

Comparing yourself to others:

Whether it's someone else's physical appearance, job title, income level, house to someone else is a bad habit that brings a heavy dose of unhappiness. Our tendency to compare ourselves to others is as natural as it is damaging. It's also something that you can learn to be mindful of

and defend against. One great way of doing this is to become mindfully aware of your own successes and remind yourself of them often throughout the day.

Focusing too much on your problems:

You need to change the way you view difficulties in your life.

The challenges you face most times aren't the real problems: it's how they are perceived. Change your attitude towards the difficulties you encounter. See them as nothing more than minor infractions in your life; keep maintaining a positive attitude and you will be fine. You have the power to control your mind and how you view things. Use this to help you to keep your mind away from your problems and focus more on your goals. Let go of the stress by letting go of the problems.

Working for nothing more than a paycheck:

Work without interest is imprisonment. Even if you aren't super-passionate about your work, you've got to at least be interested in it. When you design a lifestyle in which your work is something you suffer through daily strictly to pay your bills, you end up spending your entire life wishing you had someone else's. Bottom line: Interest in your work puts quality in your output and happiness in your mind. Don't settle for a paycheck, shuffle around until you find work that interests you.

Holding on to someone who hurts you:

Sometimes you have to walk away from people, not because you don't care but because they don't. When someone hurts you time and time again, accept the fact that they don't



care about you. It's a tough pill to swallow but it's necessary medicine. Do not strive to impress them any further. Waste not another second of your time trying to prove something to them, nothing needs to be proven, do not act with any thought of them ever again.

Focusing on being right all the time:

When you are focused on being right all the time, you are losing valuable insight into things. Not only are you destroying some great relationships but you are allowing your pride to sabotage your future. Sometimes you have to choose to be wrong even though you aren't to maintain and keep an important relationship. You must become confident enough to accept when you are wrong and even when you are right; sometimes, you must be willing to back down.

It's not that everything will be easy or exactly as you had expected but you must just choose to be grateful for all that you have, and happy that you got a chance to live this life, no matter how it turns out.

OTHER HABITS TO KEEP A CHECK ON

- Over-amplifying the importance of physical attractiveness
- Trying to make a big difference all at once
- Holding tight to worries and fears
- Expecting that people will always like you
- Allowing other people to decide what is possible for you
- Not allowing yourself times of peace and rest during your day
- Thinking that pursuing pleasures brings happiness
- Taking your unwelcome thoughts too seriously.

International Encounter Of The Pauline Cooperators – May 2018

By Ladislaus Louis D'Souza, PC

Little did the organizing committee of the Centenary Year of the Association of Lay Pauline Cooperators imagine the turnout that was likely to be at the first ever International Conference of Lay Pauline Cooperators held in Rome 18 to 27 May 2018! With the OPERA ROMANA PELLEGRINAGGI taking over the arrangements, no less than five Mercedes Benz air-conditioned buses zipped across and around Rome and Alba ferrying some 300+ delegates [including 10 from India] to the numerous places associated with the Pauline Family and its far-sighted Founder, Beato Giacomo Alberione and its Patron, Saint Paul! Mary, Our First Love!

Significantly, the Pauline Pilgrimage that the faith-filled delegates were making to commemorate the milestone of the Centenary, commenced with a Liturgical Celebration of the Feast of Mary Queen of Apostles at Her Majesty's very own Sanctuary built for her by her devout client and worthy son, Don Alberione! This beautiful church, known as the Basilica of Saint Mary Queen of Apostles, is located at Montagnola in Rome in the Ostiense district, in Via Antonino Pio. Built between 1945 and 1954, the sanctuary founded by Alberione as the Mother House of the Society of Saint Paul and in effect the cradle of the entire Pauline Family comprising of ten institutes was, on 25 February 1965 established as a Titular Church by Pope Paul VI, i.e. the seat of the cardinal's title 'Regina Apostolorum' whose incumbent as Cardinal-protector presently, since 2012, is Cardinal John Tong Hon. On 26 October 1976, it was established as a parish with the decree of the Cardinal Vicar Ugo Poletti Pastoral munere.

Designed by architect Leone Favini inspired by Roman Baroque architec-



ture, the Sanctuary was raised to the dignity of a minor Basilica in 1984 by Pope Saint John Paul II.

The Basilica contains the tombs of Blessed James Alberione, the initiator of the Pauline Apostolate of the Media, Venerable Thecla Merlo, the first woman collaborator of the Founder and the great mother of the Pious Society of the Daughters of Saint Paul, and Blessed Joseph Timothy Giaccardo, the first priest of the Pauline Family and tireless promoter of the Pious Disciples of the Divine Master.

The interior of the basilica, built on a central cruciform plan, with a large dome, displays a series of frescoes of Marian images by G.A. Santagata, of special significance being the depiction Mary sitting among the apostles with the Holy Spirit descending upon them. Not to be missed is the gorgeous mural of the Queen giving her King-Son to the apostles and the world that forms the background of the main altar of the Basilica.

The Solemn Liturgy, animated by the Apostoline Sisters (Queen of Apostles) was presided over by the Reverend Jose Valdir De Castro, Superior General of the Society of Saint Paul and, as such, the Head of the Pauline Family. A grand evening concert by the Band of the Vatican Gendarmes in the Basilica brought the curtain down on the celebration.

In the Footsteps of Saint Paul

Visits to places of Pauline interest and significance formed an important part of the itinerary. The Basilica of Saint Paul Outside the Walls, one of the four Papal Basilicas in Christendom, was unforgettable for the splendour in evidence both within and outside, its history fascinating every pilgrim no end! The larger-than-life-sized statues of Saints Peter and Paul were a sight to behold, the look in Peter's dour eyes spelling love for his Master whereas that in the eyes of Paul striking the viewer as full of fire for the Faith! Indeed! If statues could speak, the ones in Rome's churches and basilicas would qualify as the finest examples, each statue exuding a sense of life in all its movement! As for seating in most Rome churches, one cannot help but wonder as to what happened to the intricately carved wooden pews which have been shamelessly replaced with plastic bucket seats! Coming back to Saint Paul's Outside the Walls, the basilica has the distinction of having on display 265 medallions portraying all the popes of yore. It was at this Basilica that Pope Benedict XVI opened the Year of Saint Paul in 2008; and it is here that the annual week of prayer for Christian Unity opens.

The Sanctuary of the Three Fountains where the severed head of the Apos-

(Contd.. on p. 13)

(Contd.. from p. 12)

tle to the Gentiles bobbed thrice, causing three springs of fresh water to sprout where water was non-existent gave us a glimpse into the depth of Faith of this zealous convert to the religion of the Way. Significantly, the martyrdom of both Paul and Peter which took place the same day albeit in locales apart was powerfully brought out by the not too large yet remarkable sculptures erected at this church, viz. the beheading of Paul and the upside-down crucifixion of Peter.

The Master Builder

The churches built by the Founder, Blessed James Alberione, were marvels that must be seen to be believed! While the Basilica of Queen of the Apostles boasts alabaster in its windowpanes, the glass panels of the Church of the Divine Master at Via Portuense sported stained glass creations that boasted a rare modern trend in the unparalleled interpretations of Pauline and Biblical themes! The Temple of Saint Paul in Alba where Mass was celebrated for us by the Most Reverend Marco Brunetti, Bishop of Alba, is a masterpiece of a church like no other!

The Inception . . .

Notably, the pilgrims had the joyful privilege of visiting the Cathedral of Alba where it all began during the adoration of the Blessed Sacrament that fateful night dividing the 19th and 20th centuries. Returning there for night adoration ourselves brought us a feel of what it must have been like for young Alberione to feel called to do something for the people of the new century!

Our trip to the birthplace of our Founder and his Baptismal church, the Church of Saint Lawrence, at San Lorenzo di Fossano, was a humbling experience what with lush fields all around creating a sense of awe, particularly in relation to the "James! Show us the light!" reference in his biography! The conversion of the Alberione house into a memorial or a museum of sorts was total, the cat-



tle shed turned into a chapel housing the Blessed Sacrament, drawing us into its embrace the way only the Eucharistic Lord can. The final lap of our pilgrimage was a stopover at the birthplace of Alberione's first woman collaborator, Maestra Thecla Merlo, at Castignito of Alba (Cuneo) where a hall converted into an audio-visual facility was used for the celebration of Mass.

Papal Audience

The piece de resistance was the General Audience with the Pope. Pope Francis is obviously a huge draw with people of every hue clamouring for a glimpse and a touch of him.

International Encounter

The 1st day of the 2-day conference had the Superiors General of the Pauline Family, viz Society of Saint Paul, Daughters of Saint Paul, Pious Disciples of the Divine Master, Sisters of the Jesus, Good Shepherd and Sisters of Mary Queen of Apostles, extending a hearty welcome to the delegates. In her dissertation on 'The Meaning of Being a Cooperator in the Church Today' Professor Nunzia Boccia dwelt on the need to awaken in ourselves the fire of the love of God that has us striving to really know and respect one another, return to doing the beautiful things we once did in our families even as we together tided over difficulties, thus preaching the Gospel in practice. She pointed out that in the mind of the Founder, the Association of Pauline Cooperators was the first entity to have been born though it finally saw the light of day [in

1917] soon after he had founded the Society of Saint Paul [1914] and the Daughters of Saint Paul [1915]. She said that Alberione already had over a hundred cooperators whose orientation he strove to change from the 'I' to "us". Professor Nunzia pointedly referred to Blessed Timothy Giaccardo, the first priest of the Pauline Family as a model of such selflessness. She pointed out that his name was Giuseppe but Alberione renamed him Timothy at his Profession after the first collaborator of Paul. The Cooperators she opined were actually called by Jesus himself. The writer of this article in his submission shared that the Founder had already given us a clear-cut formula for evangelization as Cooperators, viz TO LIVE AND GIVE TO THE WORLD JESUS MASTER, THE WAY, THE TRUTH AND THE LIFE. This formula which constitutes the charism of the Pauline Family was one that would get its due by the Cooperator striving to spell out the formula in his interactions and dealings with his own family, his group of cooperators, with the small Christian Community to which he belonged, with the parish community and thence with the world around.

Conference day 2 saw a 'round Table' discussion on 'The Pauline Cooperator in the Pauline Family' with Giuseppe Altamore, CP and some Cooperators from different continents with Father Stefano Stimamiglio SSP as Moderator. The highlight of the day was the announcement

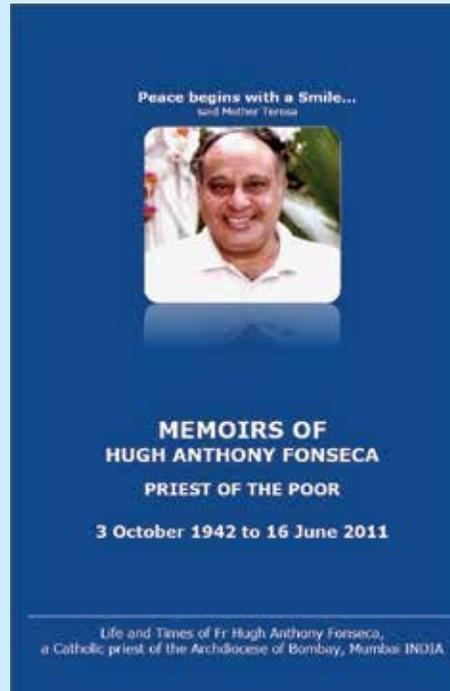
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Memoirs Of Hugh Anthony Fonseca, Priest Of The Poor

By Ladislaus Louis D'Souza

Father Hugh Fonseca of happy memory was a man of many parts – friend, philosopher, mentor and guide and, above all, priest, pastor and visionary par excellence. Truthfully, his excellence lay in the fact that he could emote and identify with people's conditions and be prompt to offer solace. Unfortunately, his life came to an untimely end at the young age of 68 years on 16 June 2011.

An astute administrator, organizer and planner with a keen sense of accountability, and a trouble shooter like no other, Hugh was put in places where his presence could bring about a marked improvement in the administration and community affairs of the parish. In every parish that he was appointed, his prime objective was to make the parish a vibrant community with all parishioners coming together as one happy family. In my own parish of Our Lady of Lourdes, Orlem, during his six-year term as Parish Priest, he implemented a number of administrative and liturgical improvements. Of note, he brought the celebration of the Parish Feast from a quiet 'just-another-feast-day' event to a giant celebration in the liturgical calendar of the parish, with the entire Novena being animated by the zones, the Mass itself held open-air! Hugh's ideas were futuristic - in 1997, it was the washing of the Feet of Women – never before experienced in the Church until Pope Francis openly washed the feet of a woman in 2013, or the kind of vestments worn by Altar-servers and Extraordinary Ministers of Holy Communion, the Imposition of Ashes or the Blessing of Throats - he was far ahead of the Vatican's thinking at the time. Indeed, even the Archbishop was in awe of his capabilities!



A radical priest, Hugh was always on the side of the poor and the marginalized, ever focusing on social justice. His brand of religion was not one of fire and brimstone but one of love and peace. The Archdiocese recognized his strengths in always appointing him to parishes that needed a "lift". His parishes were regarded as model parishes in the Archdiocese of Bombay. Yet Hugh was brought down and struck low in his last appointed parish, where he attempted to make "right" some procedures for the benefit of the parish in particular and the Church in

Bombay as a whole; it is an irony that defies logic and reasoning. His death after a not-too-long period of ill-health brought on by the circumstances he found himself in, potentially deprived people of so many more parishes the opportunity to know this gem of a human being and benefit from his ministrations.

Informatively, a book on the life and times of this man who was hailed as a Priest of the Poor, is in the offing. A book meant to bring out the humaneness in his administrative skills, with a Foreword by His Lordship, Bishop Agnelo Gracias, Auxiliary Bishop Emeritus of Bombay. The book, entitled "**MEMOIRS OF HUGH ANTHONY FONSECA, PRIEST OF THE POOR**" is going to change the way people look at the priesthood and priestly ministry apart from instilling in the reader a deep sense of sensibility and accountability. And if I may hasten to add, the book is not for sale! However, for the sake of logistics, the Fonseca Family would want to have a fair feel of the numbers desirous of reading about this man of the masses and having a keepsake of his memory. Those interested in having a copy may kindly either write to: fonseca@optusnet.com.au with CC to ladidsouza@gmail.com or call the writer of this article on 9869 66 3608.

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Freedom Of Religion And Humanrights Co-Exist

Being able to give expression for human rights and freedom of religion is inbred in all human beings. Those on the margins might not always see both sides of the problem, while the more educated may opinion points of view which need time, energy, and thought to vie for a proper solution.

With the coming national elections (2019) knocking on our doorsteps the major populist have two sides to contend with: freedom of religion (as per the Constitution) and the freedom of human rights.



BY MELVYN BROWN

Recently, Nikki Haley, first Indian-American to serve in a Cabinet-level position in any US presidential administration visited India to solidifying the relations between India and America.

Ms. Haley stopped over at religious places in New Delhi including a church, a mosque and a temple. She spoke to the media saying, "We think freedom of religion is as important as freedom of human rights and freedom of people." In a few words the US envoy equated freedom of faith to human rights.

Political elections in any corner of the world will face struggles, contentions, and blame-games, frequent disruptions in Parliament often end in riot with further party proposals, targets of double digit growth, even scaling positive macro-economic indicators.

I remember reading a book "Through These Men" by John Mason Brown, 1952, where the author states: "Nowhere are prejudices more mistaken for truth, passion for reason, and invective for documentation than in politics. That is a realm, peopled only by villains or heroes, in which everything is black or white and gray is a forbidden color."

India is today harnessing the media, pulling strings, and chalking out guidelines for a clean (Swachh Bharat) nation in preparation for the coming 2019 elections. Since democracy prevails it will be the people with God's assistance who will decide where the wind blows.

The grand finale will come through prayers, devotion and worship of God (each in his own rite). Regardless of spiritual belief almost 92% of the Indian people believe in the almighty and in prayers. All the states are slated to move to the polls in fellowship without violence and fear.

Trust in the Lord always turns the ballot box for good. It has happened before in the chapters of our nation, when people turn to God and

in private silence cast their vote for a landslide victory to the party of their choice. God never changes sides or degrades his love for suffering humanity. William Randolph Hearst in an Editorial wrote, "A politician will do anything to keep his job – even become a patriot".

Politics is the art of programming who receives what, when, with appropriate reason. "You cannot adopt politics as a profession and remain honest," said Louis McHenry Howe in 1933.

Finally, it was startling to read in the Times of India, 28.6.2018, that an "Opinion poll" taken by Thomson Reuters Foundation stated "India is the most dangerous country for women". The Government rejected the statement

Freedom of Human Rights and Freedom of Religion must never be degraded especially in a democracy where trust in God and rituals of rites is a human right.

(Contd.. from p. 13)

of the four Cooperators selected to meet the Holy Father at the Papal Audience scheduled for the next day. FDM Joan Manohar from Bombay, was selected to represent the Sub-Continent of India! The day concluded with the Superiors General of the Pauline congregations thanking the delegates for their presence and participation.

Food for thought

The three questions emanating from the Conference that participants were asked to reflect on were:

1. What do you visualize as the prospects of the Cooperators' apostolate for the future?
2. What would you ask of the respective General Government of the Pauline Congregation you are aggregated to?
3. With the conference as the springboard, what commitment would you desire to take on as a Pauline Cooperator?

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"Ashu & Yiju" 886 year old Mangalore love affair

by Ivan Saldanha-Shet. M'luru.

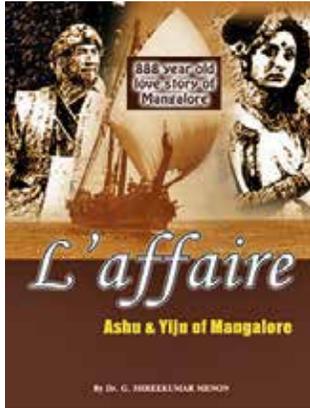
Mangaloreans appreciate history and are avid fans of romantic reality. In Mangaluru, Mangaladevi Temple which is traced from the era 'Before Christ -BC' more more than 2000 years ago, and many more Temples here. The ancient Mangaluru, Kudla in Tulu, Kodial in Konkani, Mangalapuram in Malayalam, Maikala in Beary; was actually a small town along the twin rivers Nathravati and Gurpura. The 'Masjid Zeenat Baksh' at Mangaluru Old port of Bunder on the Phalguni river is traced to 644 AD, about 1736 years old....and many more mosques exist. Christianity is comparatively very recent, with it coming through the arrival in Mangaluru of the Portuguese from Goa in 1568 AD, 450 years ago, and first based at what is now 'Halay Kote' in Bolar. In the 12 century imagine how this tiny old port town would have been, trade in spices, with Arabs and country craft to enliven this river side harbour port. Mumbai folks will be thrilled to know this documented love episode, of an 886 year old true love story set in old Mangalore.

The Discovery :

Dr G Shreekumar Menon, with the initiative of a writer, scholar and lover of Mangaluru has brought to light rare research with the release of an interesting English/Kannada booklet, titled 'L affaire - Ashu & Yiju of Mangalore'. This work presents the discovery of a romantic documented episode which is recorded to have taken place in Mangaluru during 12th century AD (in the 1130s).

The author, Dr G Shreekumar Menon, is a well known recently retired IRS officer, city academic, writer in various

publications, researcher and crusader against narcotic substances. His booklet highlights the vital aspects of the life and romantic love affair of Jewish trader Abraham Ben Yiju, of Tunisian origin and a Nair woman 'Ashu', the only name cited, likely from Malabar region, that took place on the shores of Mangaluru, near 886 years ago - a wonder for all seasons.



Concerning the episode, Dr Menon said that Yiju, about 30 years old, landed in Mangaluru in 1132 AD for spice trade. He encountered 'Ashu', who was perhaps a captive at a royal household in Mangaluru during the rule of Alupa ruler Alupendra.

Yiju paid the price and had Ashu released and married her. They were blessed with three children. Following clashes in Tunisia, Yiju was forced to leave Mangaluru, for his hometown. The fate of Aashu after Yiju's departure is unknown. Yiju passed away on August 11, 1156. Dr.Menon has given references to the source material in the booklet.

About 80 letters by Yiju said to be in the custody of his daughter Sitt Al Dar, and deposited as per Jewish practice in Cairo Genizah, the Egyptian Synagogue attic, were found. The release/marriage certificate of Yiju and Ashu (Known as Deed of Manumission) is among these letters. The documents were latter found preserved in Russia. Authors like Rabbi Mark Glickman and Amitav Ghosh have authored books based on the available documents, Dr Menon said. he cited several references in a power point presentation which authenticate the factual affair.

Going back to the 12th century :

The girl's name 'Ashu' could be a



term of endearment only. He apparently liberated her because he fell in love with her. Yiju stayed in Mangalore for nearly 17 years (1132-1149). Their union resulted in the birth of three children, two sons and a daughter. One son died, the other was named Surur died later after leaving India and the daughter was named Sitt Al Dar.

Yiju also set up a brass factory in the region. The Norman Conquest of Tunisia upset the smooth life of Abraham Yiju in Mangalore. Worried about his family members in Tunisia he left Mangalore with his two children in 1149. Historians feel Ashu remained in Mangalore, due to the matrilineal system. The father and daughter later went to Egypt where she was married to Yiju's elder brother's son Perahya. They are supposed to have settled down in Alexandria.



The Deed of marriage, between Ben Yiju and Ashu is preserved at the Institute of the Peoples of Asia at St. Petersburg in Russia. The deed dated October 17th, 1132 AD, which means that on October 17th 2018, it will be the 886th anniversary of their union of love, and in 2020 we get the magical figure of 888th anniversary. Mangalorean history buffs in Mumbai too are likely to hope that this ancient episode will get a due monument in this coastal 'Smart city'. Mangaloreans in Mumbai too could make it into a greater observance.

Inspiration!

Build a magnetic personality

HAS IT EVER happened to you when you were blown away by someone's charismatic personality? Do you wish to develop a magnet like persona that is enough to attract people towards you? If yes, then you're certainly not barking up the wrong tree. Read on to the end to know what skills can help you develop a magnetic personality cherished and adored by all

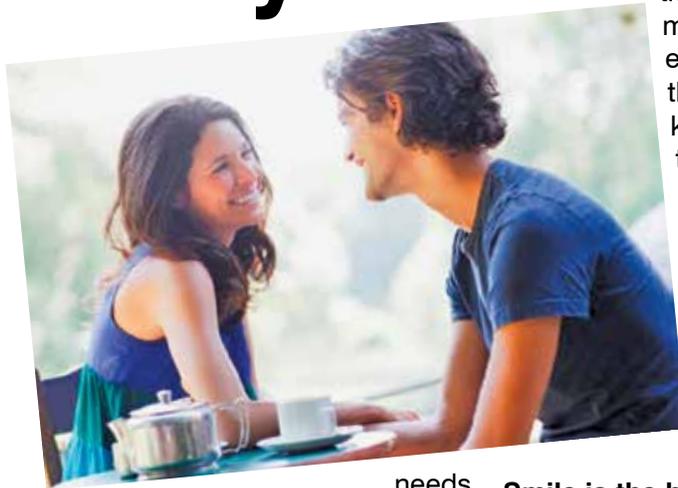
A person with a charismatic personality often has the following traits, they are likeable, interesting, energetic and pleasant to be with. Developing these traits can be very helpful in your career, business or relationships. It makes you stand out from the rest. So, follow these magical ways of developing a more charismatic and essentially a more likable personality.

Make others feel they matter:

Listen more, talk less. Make eye contact and clear your mind of any of your own thoughts. A good question to ask another is, 'Do you want advice or do you only want me to listen?' Listening creates feelings of appreciation and importance.

Treat meditation like a food to soul:

The practice of meditation will help you unleash the true self and identity you as a person. Just like our body



needs food to function properly, our mind needs meditation and deep prayer. By offering daily prayers, you can enhance and improve your personality and outshine in an excellent way. Personality is not just how you look from outside but also how feel inside.

Use touch:

When the moment presents itself touch the other person on the arm or pat them on the back or shoulder. Touching someone shows you care. It creates a warm feeling. As a relationship grows, those small touches turn into big hugs. Touching heals our emotional wounds and creates feelings of acceptance.

Confidence should be your identity:

Self-confidence is that one trait that is a must have to attract others towards you. If you're a confident soul, then nothing can dampen your enthusiasm to win in life and this attitude of yours will make you a magnet for many out there. When

you believe in yourself, others start to believe in you as well. Remember a trite saying 'What goes around comes around.' We receive what we give, so better to start having faith in yourself to let others put trust in you.

Focus on CPI:

CPI stands for 'common point of interest.' It's an essential element in every conversation and interaction. Your duty, as you meet new people or even as you talk with those you already known, is to discover the CPI as soon as possible. It helps establish a bond between you and others. It increases your approachability and allows them to feel more comfortable talking with you.

Smile is the biggest treasure:

So, you think the way we dress up, talk and behave makes us a magnet. You're not wrong at all. But if you forget to wear a smile on your face, then all your grooming will go in vain. There is one thing in this world which is priceless, nevertheless can be called as the biggest treasure. And it is none other than a pleasing smile. Nothing else can make you happier to know that you're the reason for someone's smile. Nothing else can make you happier to know that you're the reason for someone's smile. There is no wonder in it that everyone looks beautiful with a smile, so if you're someone who grins occasionally, make it a habit.

BE GENUINE

Nothing is more attractive than being real. Authenticity creates an unbreakable emotional bond. Being real allows for trusting and enduring relationships. Being real in a world that encourages us to be like everyone else, will allow others to feel safe enough to be real themselves.

HAPPINESS

Friends,

Happiness is within, not without. Wishful thinking such as “If I have this I will be happy, If I have that I will be happy “will not lead to happiness. We witness this happening all around us, and people in this materialistic world live on that presumption and die on that expectation. Why? Because, we have fallen in love with the materialistic world, with artificial and synthetic smile and false and borrowed image. People work hard to build that image and get that feeling of happiness from without, instead from within, leading them to live a miserable unhappy life, which is sad but true. We live with this wrong notion our entire life that if we only become rich and famous, we will be happy.

If money, wealth, name and fame could bring us happiness, why did celebrities like Anthony Bourdain and Kate spade have to commit suicide? This is not an isolated incident but there are many such cases.

Moneyed, wealthy, rich and famous people don't feel like that. As one goes up in life, it is very lonely on the top and life becomes more demanding. We need to spend time for self-reconciliation; here is where the problem starts. At this point people become very unhappy inside, although they show off a happy face and smile. However there are number of people who are rich and famous yet live a life of contentment. Here lies the key in introspection and reconciliation with our actual needs and wishful desires!

To be happy is not “ME” and “ME” alone. It is “WE”. It is meaning-

ful relationship with the community one belongs, being mindful, doing something which benefits the other, of course in which one is good at, followed by expression of gratitude and forgiveness. These are things that one cannot put a price tag on them, yet are the most valuable gifts one can treasure. Hence what is not on sale will never be in short supply. We don't need to look far ahead, our community should be our first dip. We have number of institutions, where we can volunteer. Whether you chose to a business or a social enterprise, be an active part of it, offer your services, and enjoy the fruits of your labour in the generations to follow. This is meaningful happiness. This is what God willed for us.

Life is too short. Today's moments are tomorrow's memories. No one can take with him wealth or material gain. Now at Orlem Parish in Mumbai we know of shroud burial, there is no space to accommodate anything for long, even a coffin. Why then worry, put up an artificial and synthetic smile with false and bor-

rowed image. Let us be our real self and be happy. It is said:- “We need to please the self, and this self has a conscience and conscience never goes wrong. It always commands a yes or no, once this is done, we can make everyone happy. This is the way!

No man, for any considerable period, can wear one face to himself and another to the multitude -- without finally getting bewildered as to which may be true. **Novelist, Nathaniel Hawthorne .Your action for today is to see if there is an area in your life where you are acting in ways**



Freddy Mendonca
Founder Chairman -
Dimensions



Royal Christian Family MATRIMONIALS - GROOMS

6898. MUMBAI : Goan Roman Catholic Bachelor, (Born in September 1988), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. Post Graduate in Hotel Management, working as a Supervisor -Food and Beverage in Royal Cruisline. Contact email : rohanfernandes61@yahoo.

6838. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in October 1974), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion Edn. VII std, working as a Electrician in BEST. Having House. Seeks a simple, understanding and good natured girl. Contact email : belindacardoza777@gmail.com

6756 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1977), Ht. 5' 5", Wt. 78 kgs, Wheatish Complexion, Edn. 12th std. (HSC), working as an Admin. Assistnat in **DUBAI**. Contact email : charlotteirani@yahoo.com

6805 ABUDHABI : Mangalorean Roman Catholic Bachelor, (Born in February 1984), Ht. 5' 7", Wt. 80 kgs, Wheatish Complexion, Edn. 12th std., + correspond B.Com., studied in Mumbai, working in Bank as Recovery Officer. Contact email : pawan.sana@gmail.com

6865. MUMBAI : East Indian Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 4", Wt. 60 kgs, Fair Complexion, Edn.B.Sc., working as a Senior Risk Operations Analyst in Finance Company. Contact email : ryberg07@hotmail.com

6751 MUMBAI : Goan Roman Catholic Bachelor, (Born in December 1990), Ht. 5' 10", Wt. 70 kgs, Wheatish Complexion, Edn. B.Sc. (Hospitality), working in UK Cruise Line. Contact email : asharcfernandes@gmail.com

6750 AUSTRALIA : Goan Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. Bachelor in Communication, working as a Media Analyst. Contact email artemiamaria@gmail.com

6353. MUMBAI : Mangalorean

Roman Catholic Bachelor, (Born in December 1977), Ht. 5' 11", Wt. 80 kgs, Fair Complexion, Edn. HSC + Dip. in Catering, working on cruiss line in store department. Handsome, sober, having own house, seeks a simple, godfearing, working Mangalorean girl. Currently in Mumbai contact immediately. Contact email : lewisroyston@yahoo.com OR 7208759704

6872. MUMBAI : Affluent Family Mangalorean R.C.Bachelor, (Born in September 1982), Ht. 5' 10", Wt. 86 kgs, Fair Complexion, Handsome, MBA, M.Com., B.Com., (Rank Holder) Banker by experience, (Director - Managing very profitable Business). Contact email : rajiv_alvares@yahoo.com

6586. BANGALORE : Mangalorean Roman Catholic Divorcee, (Born in January 1985), Ht. 5' 7", Wt. 65 kgs, Fair Complexion, Edn. B.Com., LL.B., M.S.W., Working as HR Executive.

6583. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1987), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. MBA Finance, Working as an Asst. Manager in reputed private bank.

6581. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. S.Y.B.A., Diploma in Food Production working as a F & B Service, working on Internation Ship.

6573.R VALSAD : Goan / Mangalorean Roman Catholic Bachelor, (Born in February 1986), Ht. 5' 5", Wt. 68 kgs, Fair Complexion, Edn. B.E. Mechanical, working as a project engineer in Saudi Arabia seeks a well quified girl from a good family background.

5996. MUMBAI : RC Bachelor (Born in November 1974)/5'8", B.E., working in Senior position reputed IT firm.

6585. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. EXTC Engineering, working as a Networking Engineer.

6909. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in December 1988), Ht. 5' 11", Wt. 74 kgs,

Wheatish Complexion, Edn. Bachelor of Engineering in INformation Technology, IT Professional. Contact email : allwync88@gmail.com

6424. MUMBAI : East Indian Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 11", Wt. 65 kgs, Fair Complexion, Edn. B.Com., well employed, working as Sr. Customer Care Executive.

6793 MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1987), Ht. 5' 10", Wt. 85 kgs, Wheatish Complexion, Edn. MBA., PG in taxation law, well employed. Contact email : linet.noronha06@gmail.com

6572. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in October 1986), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. BE (EXTC), working as a Network Engineer.

6571. USA : Goan Roman Catholic Divorcee (Marriage Annuled), (Born in December 1969), Ht. 6' 1", Wheatish Complexion, Edn. M.Eng., Engineer by profession. Seeks a girl below 35 years, preferably working in USA.

6567. MUMBAI : RC, Mangalorean Bachelor, Ht. 5' 11", Wt. 70 kgs, (Born in April 1977), Fair Complexion, Consultant Surgeon by Profession in Top Hospital in Mumbai,

6564. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1987), Ht. 179 cms, Wt. 78 kgs, Wheatish Complexion, Edn. Mechanical Engineer, working as an Engineer.

6559. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 8", Wt. 80 kgs, Wheatish Complexion, Edn. XII, working on Cruise Ship.

6558. KUWAIT : Goan Roman Catholic Divorcee, (Born in January 1982), Ht. 5' 7", Wt. 80 kgs, Tan Complexion, Edn. Masters Computers in USA, working as a Manager in USA.

6553. GERMANY : German Roman Catholic Bachelor, (Born in August 1980), Ht. 175 cms, Well built, Fair Complexion, Edn. Normal School Cheff. Working as a Cheff.

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6913. MUMBAI : Goan Roman Catholic Bachelor, (Born in August 1987), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Carnival Cruise Lines. Contact email : frankyfernandes1587@gmail.com

6113. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in August 1976), Ht. 6', Wt. 80 kgs, Wheatish Complexion, Edn. HSC., Dip. in A.C. Mechanic, working as a AC Technician in Muscat.

6786 MUMBAI : Goan Roman Catholic Bachelor, (Born in May 1981), Ht. 5' 11", Wt. 65 kgs, Fair Complexion, Edn. BA working as a Sales Associate. Contact email : saviotorres56@gmail.com

6784 MUMBAI : Roman Catholic Divorcee, (Born in April 1982), Ht. 6', Wt. 75 kgs, Wheatish Complexion, Edn. MBA working as a Accountant. Contact email : getaustin@gmail.com

6783 MUMBAI : Goan Roman Catholic Bachelor, (Born in June 1983), Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. Edn. H.S.C. working as a Dept. Manager. Contact email: faugustine992@gmail.com

6579. MUMBAI : Roman Catholic Bachelor, (Born in August 1985), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn. HSC., & Diploma, Working as a S. Bartender.

6576. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in october 1966), Ht. 5' 8", Wt. 69 kgs, Wheatish Complexion, Edn. SSC., having own business.

6575. MUMBAI : Goan Roman Catholic Bachelor, (Born in May 1973), Ht. 6' 4", Wt. 98 kgs, Wheatish Complexion, Edn. HSC., working as a Steward in Oil Tanker - Foreign Ship.

6781 MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in January 1989), Ht. 5' 11", Wt. 60 kgs,

Fair Complex ion, Edn. MBA (Finance) working as a Corporate Officer. Contact email : sudeshmascarenhas@gmail.com

6213. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1981), Ht. 5' 7", Wheatish Complexion, Edn. PGDRM, working as a Manager.

6800 MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1985), Ht. 6', Wt. 90 kgs, Wheatish Complexion Edn. S.Y. B.Com., working as a Customer Service. Contact email : mariacardoz@indokem.co.in OR Mob: 9819563066

6799 MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1989), Ht. 5' 11", Wt. 95 kgs, Fair Complexion, Edn. B.Sc., Nautical, working as a 2nd Officer in Merchant Navy. Contact email : dsouzaal.89@gmail.com

6798 MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1987), Ht. 5' 8", Wt. 74 kgs, Fair Complexion, Edn. BE, working as a 2nd Engineer in Foreign Ship. Well settled, handsome, simple and humble. Contact email : marialewis198@gmail.com

6562. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in November 1981), Ht. 5' 7", Wt. 58 kgs, Wheatish Complex ion, Edn. PUC + Computer diploma, having own business in **ABROAD.**

6912. SAUDI ARABIA : Mangalorean Roman Catholic Bachelor, (Born in January 1981), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. 10th Std., working in Saudi Arabia. Contact email : dsouzasachin77@gmail.com

6198. MUMBAI : Mangalorean Roman Catholic (Born in October 1969), Ht. 5' 10", Edn. B.Com., good personality, hailing from God fearing, cultured family, issueless, divorcee by mutual consent, working for Cruise Liner in U.S.A., as Security Supervisor, well settled in Mumbai, Seeks suitable match. Contact email : dsouzamalcolmneil@gmail.com. Phone/SMS 09480157258.

6817. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1989), Ht. 5' 10", Wt. 75 kgs, Tan Complexion, Edn. B.Sc., B.I.S., working as a Sr. Software Engineer. Contact email : fernandesmelwyn08@gmail.com

6815 MANGALORE : Mangalorean RC Bachelor, (Born in January 1971), Ht. 5' 7", Wheatish Complexion, Edn. PUC Diploma in Civil Engg., having own business, Contact email : wilmanenz@hotmail.com

6813 USA : Mangalorean Protestant Divorcee, (Born in March 1951), Ht. 5' 10", Wt. Medium, Fair Complexion, Edn. MBBS., MD., Doctor by profession. Contact email : fh2@mail.com

6805 ABUDHABI : Mangalorean Roman Catholic Bachelor, (Born in February 1984), Ht. 5' 7", Wt. 80 kgs, Wheatish Complexion, Edn. 12th std., + correspond B.Com., studied in Mumbai, working in Bank as Recovery Officer. Contact email : pawan.sana@gmail.com

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6653 MUMBAI : Goan Roman Catholic Spinster, (Born in July 1990), Ht. 5' 2", Fair Complexion, Edn. M.B.B.S., Doctor & pursuing M.D. Seeks M.D. / M.S., Doctors. Contact email : selwynhenriques13@gmail.com

6758. MANGALORE : Mangalorean Roman Catholic spinster, (Born in December 1987), Ht. 5' 2", Wt. 48 kgs, Fair Complexion, Edn. MBA in Finance, working for Bank in Bangalore. Contact email : cyrilv27@gmail.com

6757. MANGALORE : Mangalorean Roman Catholic spinster, (Born in May 1990), Ht. 5' 3", Wt. 51 kgs, Fair Complexion, Edn. MBA (IS), working as a HR in **Dubai**. Contact email : proposalmore25@gmail.com

6536 MUMBAI : Mangalorean Roman Catholic Spinster, (Born in April 1991), Ht. 168cms, Wt. 64 kgs, Beautiful, Fair Complexion, Edn. Master in Dental, studing PG in Doctorate, Dactor by profession. Contact email : kcmesm@gmail.com

6748 MUMBAI : Goan Roman Catholic spinster, (Born in March 1987), Ht. 5' 3", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., with Dip. in Software Testing, working as a Test Engineering Specialist at a MNC. Contact email : thomasdsouza18@gmail.com

6345 MUMBAI : Goan / Mangalorean Roman Catholic Spinster, (Born in October 1988), Ht. 5'1", Wt. 64 kgs, Wheatish Complexion, Edn. B.Com., working bank.

6790. MUMBAI : Roman Catholic Spinster, (Born in October 1987), Ht. 5' 3", Wt. 58 kgs, Fair Complexion, Edn. B.A., LL.B., (M.A - I), working as a Legal Executive. Contact email : robertalbuquerque10@gmail.com

6911. MUSCAT : Mangalorean Ro-

man Catholic spinster, (Born in September 1993), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.Com., working in **OMAN**. Contact email : fjmasc@gmail.com

6910. MUMBAI : Mangalorean Roman Catholic spinster, (Born in April 1987), Ht. 5', Wt. 57 kgs, Fair Complexion, Edn. MBA, working as a Business and Client management. Contact email : reena.alva@gmail.com

6782 MANGALORE : Mangalorean Roman Catholic Spinster, (Born in April 1992), Ht. 5' 3", Wt.50 kgs, Fair Complexion, Edn. BHM, working as a Receptionist. Contact email : savinaj-mascarenhas@gmail.com

6780 GOA : Goan Roman Catholic Spinster, (Born in March 1987), Ht. 5' 4", Wt.50 kgs, Fair Complexion, Edn. M.B.B.S., M.D. (Armenia), Doctor by profession. Working in **DELHI**. Contact email : samantha.saldanha07@gmail.com

6887. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in August 1989), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. M. Sc., (Nursing), Nurse by profession. Contact email : mauricequadrass@gmail.com

6033 ABU-DHABI : Goan Roman Catholic Spinster, (Born in May 1979), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A. Eng., Literature, working as a Copy Editor. **Contact email : barretto.lorraine@gmail.com OR 9730454857**

6377 USA : Parents of RC spinster (Born in June 1984) / 5'4", Slim, Fair, MBA working for a reputed company in USA, invites alliance from RC bachelors, qualified professionals well settled from good Catholic family background upto 37 years. working in US only.

6246 MUMBAI : East Indian Roman Catholic Spinster, (Born in October 1986), Ht. 5' 8", Wt. 64 kgs, Fair Com-

plexion, Edn. B.Com., working, **6835. USA :** Mangalorean Roman Catholic Spinster, (Born in February 1986), Ht. 5' 3", Wt. 54 kgs, Fair Complexion, Edn. M.Phil/Ph.D., doing Doctoral Studies/Working. Contact email : sathi.monteiro@gmail.com

6330 MUMBAI : Goan Roman Catholic Spinster, (Born in March 1985), Ht. 5' 1", Wt. 56 kgs, Wheatish Complexion, Edn. B.Com., MBA (Finance) working as an Asst. Manager in Bank.

6482. K.S.A. : Roman Catholic Spinster, (Born in July 1983), Ht. 160 cms, Wt. Normal, Wheatish Complexion, Edn. B.Sc. in Chem/ PGDMLT, Pathology Lab Technician (Instructor) in **KSA** since 10 years, well settled, seeks a suitable match.

6528. DUBAI : Mangalorean Roman Catholic Spinster, (Born in April 1985) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

6305 MUMBAI : Goan Roman Catholic Spinster, (Born in October 1985), Ht. 5' 6", Wt. 80 kgs, Fair Complexion, Good looking and smart, Edn. B.E. (Electronics), working as a Manager in IT Company.

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6822. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

6754. MUMBAI : Mangalorean Roman Catholic spinster, (Born in July 1991), Ht. 5' 4", Wt. 48 kgs, Wheatish Complexion, Edn. B.E. Mechanical, working as a Officer in PSU. Contact email : mel.6513@yahoo.com

6776. MUMBAI : Goan Roman Catholic spinster, (Born in September 1992), Ht. 5' 1", Wt. 65 kgs, Wheatish Complexion, Edn. MBA, working as an Executive. Contact email : neilcarvalho1234@gmail.com

6748 MUMBAI : Goan Roman Catholic spinster, (Born in March 1987), Ht. 5' 3", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., with Dip. in Software Testing, working as a Test Engineering Specialist at a MNC. Contact email : thomasdsouza18@gmail.com

6775 AUSTRALIA: Australian citizens of Indian Christian origin residing in Sydney seek matrimonial alliance for their daughter: Age: 43yrs Ht.: 5'4", Wheatish complexion, Beautiful with black hair Understanding, trust worthy, physically active, having a pleasant & affable disposition with strong family values and social networking skills. Marital Status: Divorcee/Female living in New South Wales Australia (has no children) Annulment in progress. Well educated employed in the Australian Financial Sector in a responsible position.

Expressions of interest are solicited from eligible male suitors meeting the following criteria: Must be Christian settled either in Australia, UAE, Kuwait, Bahrain, North America, Canada Age: under 47yrs Marital Status: Bachelor or Divorce (with no children) Personality traits: Suitor must be healthy with a pleasing personality & strong family values. Height :minimum5'8" Suitors with strong financial resources pursuing either a Professional/Cor-

porate/ Business career will be highly favoured. Interested suitors are requested to send profiles to the following email: sme94427@bigpond.net.au

6448 MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1985), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, beautiful, Edn. B.Com., working as an Asst. HR Officer.

6774. U.S.A. : Mangalorean Roman Catholic spinster, (Born in June 1979), Ht. 5' 6", Wt. 58 kgs, Fair Complexion, Edn. B.E. (Civil), M.S., working as a I.T. Engineer (Team Leader) . Contact email : alicedsouza722@gmail.com

6839. MUMBAI : Mangalorean Roman Catholic Issueless Divorcee, goodlooking, (Born in May 1980), Ht. 5' 4", Wt. 70 kgs, Fair Complexion, Edn. M.Com., MBA., working as a HR in TCS., Contact email : matrimony-watch@gmail.com

6772. MUMBAI : Goan Roman Catholic spinster, (Born in August 1984), Ht. 5' 6", Wt. 59 kgs, Fair Complexion, Edn. B.Com., working as a Accountant. Contact email : josephpedadepereira@yahoo.in

6749. AUSTRALIA : Goan Roman Catholic spinster, (Born in October 1985), Ht. 5' 2", Wt. 57 kgs, Wheatish Complexion, Edn. Bachelor of Arts (Psychology) working as a Psychologist. Contact email : artemiamaria@yahoo.com

6752. MUMBAI : Mangalorean Roman Catholic spinster, (Born in February 1982), Ht. 5' 8", Wt. 60 kgs, Fair Complexion, Good looking, Edn. MBA (HR), working as a Chief Manager in Insurance Company. Contact email : genesia_17@yahoo.com

6792. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1990), Ht. 5' 2", Wt. 60 kgs, Wheatish Complexion, Edn. MBBS., pursuing MBA., Doctot by profession. Contact email : dr.criss25@gmail.com

6461. MUMBAI : Parents of R.C. Mangalorean Spinster, (Born in May 1988) 5' 1", Only daughter, very fair, B.Com., seeks professionally qualified, well settled bachelors of good charac-

ter and family background, preferably working and living abroad.

6457. AURANGABAD: Parents invite alliance for their Roman Catholic spinster daughter (Born in January 1984) , Ht. 5' 2", B.E. (I.T.), slim, fair & good-looking from well settled & educated bachelors.

6608. MUMBAI : East Indian RC Spinster, (Born in February 1987), Ht. 5' 1", Wt. 53 kgs, Wheatish Complexion, Edn. B.A., working as an Executive.

6851. BAHRAIN : Mangalorean Roman Catholic Spinster, (Born in January 1989), Ht. 5' 7", Wt. 64 kgs, Fair Complexion, good looking, Edn. B.E. Masters in IT Management, working as a I.T. Service Delivery Engineer. Contact email : sjbs2k18@gmail.com

6392 MUMBAI : Mangalorean Roman Catholic Spinster, (Born in May 1989), Ht. 5' 3", Wt. 54 kgs, Fair Complexion, Edn. MBA in Pharma Management, working as a Senior Process Associate at TCS.

6414 MUMBAI : Roman Catholic Spinster, (Born in July 1989), Ht. 5'1", Wt. 48 kgs, Wheatish Complexion, Edn. B.Com., (Banking & Insurance) working as a Consultant. She is vegetarian. Contact email : rosemaybharda@yahoo.com OR 9224780162

6869. MANGALORE : Mangalorean Roman Catholic Spinster, (Born in December 1985), Ht. 5' 2", Wt. 52 kgs, Fair Complexion, Edn. B. Com.,pursuing MBA, working as an Executive Asst. in **BANGALORE**. Contact email : weddingvow85@gmail.com

6868. CANADA : Goan Roman Catholic Spinster, (Born in January 1992), Ht. 5' 4", Wt. Medium, Wheatish Complexion, Edn. M.A., HR Toronto and International Business Management Toronto. Only U.S. and Candian Citizens from good family background apply. Contact email : sugarlog2009@hotmail.com

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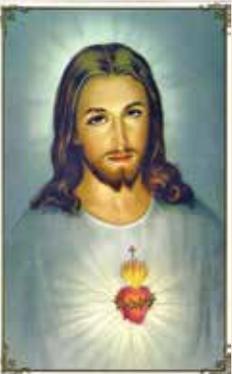
May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen.



(Say this prayer nine times a day for nine days. By the eighth day your prayer will be answered. It has never known to fail. Promise to publish this or distribute this as soon as your favour has been granted.)

—Jacob, Bangluru

Prayer & Thanksgiving Prayer to the Sacred Heart



Oh Lord Jesus Christ, to Your most Sacred Heart I confide this intention (your request). Only look upon me, then do what your love inspires. Let your Sacred Heart decide ... I count on You ... I trust in You ... I throw myself on your mercy. Lord Jesus, You will not fail me.

Sacred Heart of Jesus, I trust in you.
Sacred Heart of Jesus, I believe in your love for me.

Sacred Heart of Jesus, Your kingdom come.

Sacred Heart of Jesus, I have asked you for many favors, but I earnestly implore this one. Take it, place it in your open Heart. When the Eternal Father looks upon it, he will see it covered with your Precious Blood. It will be no longer my prayer, but yours, Jesus. Sacred Heart of Jesus. I place all my trust in you, Let me not be disappointed. Amen.

—Maria, Margao

Unfailing Prayer to St. Anthony



O holy St. Anthony, gentlest of Saints, your love for God and Charity for his creatures, made you worthy, when on earth, to possess miraculous powers. Miracles waited on your word, which you were ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore of you to obtain for me (request). The answer to my prayer may require a miracle, even so, you are the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the Sweet Infant Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours.

—Mrs Janet Mascarenhas,
Santacruz (W)

Thanksgiving

Thanks to St.
Francis Xavier and
St. Jude for the
favours granted
Praying for more
favours



—Philu Coelho, UAE

Prayer to St. Expedite for solving a financial crisis



I call forth the Power and the presence of **St. Expedite** in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) _____
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Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God.

Amen. (Promise Publication)

—M. E. M., Bandra (W)

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