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A NATIONAL FAMILY WEEKLY



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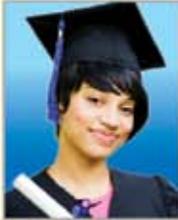
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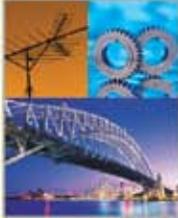
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'Thought for the week'

Don't carry your mistakes around with you. Instead place them under your feet and use them as stepping stones.

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WhatsApp for a good cause

By Prof Robert Castellino, Orlem

Early one morning, I received a very touching WhatsApp forward. It was an appeal by a young boy for the treatment of his ailing mother. He had lost his father to cancer a year ago, which drained the family of all its resources. Six months later his mother was diagnosed with a tumour. The family had no resources left to meet the expenses. The WhatsApp forward was linked to a cloud funding web site. I checked the site and found that donations had just opened in the morning. The target was Rs 1,00,000. A few thousands of rupees had been collected. I checked again after 2 hours and was surprised to find the appeal had closed as an amount of Rs 1,29,000 was donated--in just 2 hours. I called up the boy and he confirmed the same. He told me that just the previous day, desperate for help, he had gone to his Mira Road parish for financial assistance. The church fathers put him on to the website www.ertin.org

I contacted the founders of the site, two young entrepreneurs from Mira Road, Roberto and Martin. They told me that a friend had met with a serious accident, which required huge funds. They approached several NGOs, but received little response. And so www.ertin.org came into existence. The sole idea of the website, which is linked to facebook and other platforms, is to reach out to poor in the archdiocese to meet the medical expenses of their dear ones. (Others are welcome to use the platform). The prime motive according to the founders is: 'To act as an alternate and trust-worthy fundraising avenue for the community (indirectly reducing the burden on the Church & Parishes to cover every case that merits finance)'.

The founders are trying to reach as many parishes as possible. Before uploading the appeal the founders of the website check medical reports and the family status. They open a bank account in the name of the beneficiary which is closed as soon as the target amount is reached.

Faced with mounting medical expenses arising from treatment of cancer and other ailments needy parishioners usually approach the parish-priest for medical aid. However, churches generally give aid to all genuine cases who approach them and hence they can give only small sums of money. Today surgeries need lakhs of rupees. Parish priests and those involved in the charitable wing of the church like SSVP, Community Welfare organisations etc may direct those needing large amounts to the website. Each parish can help the cause of its parishioners by posting the appeal in parish chat groups, which can prove very effective. The fact that over a lakh of rupees was collected in two hours, proves that there are many generous persons who are willing to donate for a good cause.

Teachers in the role of parents

In a landmark judgement, the High court of Madhya Pradesh has upheld the role and dignity of the principal and teacher of a school, as parents, and the right to admonish and correct a child who transgresses the discipline of the school. The judgement comes after the High court dismissed a petition for abetment to suicide was filed by the uncle of a class X student who hanged herself after the principal scolded and slapped her for indiscipline. The judgement has also come as a morale booster to teachers who are often falsely implicated by parents on specious grounds of cruelty and harsh punishment to their children, ever since the Supreme court banned corporal punishment in schools in the year 2000. Ever since, children have been indoctrinated into believing that it is their right to behave as they please, and the teacher has no right to correct them, even for outrageous behavior. On the flip side, we do have cases where children in school have been subjected to severe and brutal punishment which is condemnable not acceptable in civilized countries and violates the supreme court's ban on corporal punishment. Nevertheless, as the High court of Madhya Pradesh has observed, that although the days of "spare the rod and save the child" are over, the principal and teacher of the school cannot languidly watch and ignore acts of indiscipline of a child".

—A. F. Nazareth
Alto porvorim



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"If You Donot Bury Ornaments With Corpses.."

"If you remove all ornaments before burying the corpse, why do you allow rot in the grave the God-given ornaments of human body like eyes, liver, kidneys, skin etc.?"

The occasion was *Yoga Day* celebration at ABHANG SCHOOL, Umelle Vasai on 22nd June. The President of the celebration was Mr. P. P. Pushottam Pawar, the man who is spearheading the movement to encourage organ donation and body donation. He moved the audience with the above statement in his presidential speech. How unreasonable it is to dump the precious human body organs in the earth! Four persons responded and filled the forms for organ donation!

Ms. Cynthia Baptista, the director of ABHANG welcomed the dignitaries. Fr. Nilam Lopes, s.j. was the chief guest. Fr. Michael G. In his introductory speech on Yoga likened the relationship of the mind to body to that of husband and wife. Yoga joins the two and brings about harmonious relationship between mind and body for peaceful and healthy life!

Among the audience were the special children of ABHANG School,



Students of Zilla Parishad school and senior citizens of Vasai. The yoga teachers of Ambika Yoga Kutir gave demos of yogasanas, that particularly help senior citizens to tackle spondilices, sugar, kneepain, backpain etc.

The celebration began with the lighting of a huge lamp donated to Abhang by the relatives of Ms. Manjulla Save, a deceased member of Abhang Parivar. Mr. Robert Gomes compered the meeting and Mr. Hemant Raut thanked the participants at the end. Very enlightening meeting ended with the national anthem.

—Fr. Michael G
Vianney Ashram, Vasai.

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Our Heart is Tabernacle

I got to read a very nice article on 'Eucharistic Adoration' by Melvyn Brown in June issue. I would add one point to the ideas.

When we receive Holy communion, our hearts become 'tabernacles'. Hence we need to close our eyes and become aware of His presence within us rather than remain gazing on the tabernacle on the Altar! It is time now to go out and carry Jesus to others in our hearts through our words and actions! That's the way to make our our Eucharistic devotion flow into action.

—Fr Michael G.,
Vasai.

Australian law requires priests to break seal of confession

Priests in the Australian capital Canberra, now face criminal charges for maintaining the seal of the confessional where someone confesses to child sexual abuse, under the new legislation passed by the assembly. The law is applicable to the Australian Capital Territory (ACT) of Canberra (similar to our Union Territory of Delhi NCR). Under the law priests must report to the govt authorities all cases of child sexual abuse, revealed in the confessional. The move has sparked fears that other Australian states and territories could introduce similar laws. It may also lead to demands of similar legislation in other countries.

Priests in Canberra are now faced with a serious dilemma of obeying

the civil law or abiding by the canonical oath of secrecy of the confessional. Failing to comply with the civil law would invite criminal prosecution leading to imprisonment. Disobeying the oath of confessional secrecy would invite excommunication from the church.

The law has several desirable provisions and was in fact long overdue. However the provision relating to breaking the oath of secrecy has pitted the state against the church. This provision itself is self-defeating. It would be foolish to expect any person to confess if he knows it would lead to immediate imprisonment. On the other hand if a person is assured of confidentiality there is a good chance of his confessing and reforming. The sin, however, is most abhorrent and it is the duty of the confessor to counsel the person to the fullest possible extent and coerce to him to surrender to the authorities.

Faced with a somewhat similar situation Jesus suggested a practical solution to the dilemma of priests by looking at a coin and saying "Render to Caesar the things that are Caesar's, and to God the things that are God's." While the priest is duty bound to report the case to the authorities, he must also follow the law of the church. Appointment of 'visiting confessors' who are not familiar with the parishioners could be a possible way of circumventing the law without breaking it. Moreover, in the west, including Canberra, confessional boxes are usually dark. Perhaps the boxes could be made even less identity-revealing.

—Prof. Robert Castellino,
Orlem

Dangers of plastic bags

Plastic bags are not biodegradable. They fly off trash piles, garbage trucks and landfills, and then clog storm water infrastructure, float down waterways, and spoil the landscape. Plastic bags also pose a serious danger to birds and marine mammals who often mistake them for food. Floating plastic bags regularly fool sea turtles into thinking that they are one of their favorite prey --- jellyfish. Thousands of animals die each year after swallowing or choking on discarded plastic bags. This mistaken identity issue is apparently a problem even for camels in the Middle East.

Plastic bags exposed to sunlight for long enough do undergo physical breakdown. Ultra-violet rays turn the plastic brittle, breaking it into ever smaller pieces. The small fragments then mix with soil, lake sediments, are picked up by streams, or end up contributing to the Great Pacific Garbage Patch and other oceanic trash deposits.

Finally, producing plastic bags, transporting them to stores, and bringing the used ones to landfills and recycling facilities require millions of gallons of petroleum, a non-renewable resource which can arguably be better used for more beneficial activities like transportation or heating.

Some business organisations have even stopped offering their customers plastic bags. San Francisco was the first to do that in 2007.

Reusable shopping bags made from renewable materials conserve resources by replacing paper and plastic bags. Reusable bags are convenient and come in a variety of sizes, styles and materials. When not in use, some reusable bags can be rolled or folded small enough to fit easily into a pocket. Make sure you wash them regularly..

— Jubel D'Cruz, Mumbai

Pro Veritas Pro Caritas Pro Ecclesia

(A "Practical" Letter to our Beloved Brother Bishops of our Beloved Motherland India)

This "practical" letter is a natural consequence of various pastoral letters issued over the last year by the archbishops of Gandhinagar, Delhi and Goa. These pastoral letters have been portrayed as innocuous appeals for prayer for the country, its secular fabric and protection of its Constitution. Some respondents have gone to the extent of hailing them as prophetic, a bold need of the hour. Critics within the Church (count me in) have expressed dismay at such ill-timed and ill-advised diktats that made pointed references to forthcoming elections and only attracted negative media publicity.



by **chhotebhai** *

Adversaries of the Church, on the other hand, went to town alleging no less than a Vatican – Italian – Sonia – Congress conspiracy to defeat Narendra Modi's BJP Govt in 2019. The Vatican certainly doesn't have a hand in it, but the concerned bishops do have a finger in the pie! There is an element of truth in all three positions. I have already written two articles in response to the "pastoral" letters, hence will not repeat what I have said earlier. I dare not call this a pastoral letter because I do not have a pasture where I graze sheep. I believe in interacting with rational adult human beings, not dumb sheep or innocent children.

This letter is addressed to my Beloved Brother Bishops. Am I mad to be addressing bishops as brothers, instead of Lord, Grace, Eminence etc? Firstly, I do not subscribe to such worldly honorifics rooted in medieval Europe

and not in the soil of Palestine where the Son of Man ploughed his lonely furrow. Secondly, neither Scripture nor contemporary church teachings support such honorifics. Of Jesus it was said that "It was essential that he should in this way be made completely like his brothers" (Heb 2:17). The Dogmatic Constitution of the Church, the numero uno of the 16 documents of Vatican II, has this to say, "By divine condescension the laity have Christ for their brother ... They also have for their brothers, those in the sacred ministry" (LG 32).

The same paragraph has this beautiful quote from St Augustine of Hippo, "What I am for you terrifies me; what I am with you consoles me. For you I am a bishop; with you I am a Christian. The former is a title of duty; the latter one of grace. The former is a danger; the latter salvation" (Ibid). When 2500 bishops from across the world sat in a synod for three years, and endorsed the words of St Augustine, I can do no better than to repeat them.

I have a great devotion to St Francis of Assisi, also known as the "alter Christi". He never became a priest. He named his companions Friars Minor, identifying with the Minori, the oppressed and depressed dalits of his time. For those of you who may not know me personally, my name itself is the Hindi translation of Friar Minor. I have always been inspired by God's mission to Francis, "Go and repair my church". He did not pursue the path of Revolution, as did the French; or that of Reformation from outside as Martin Luther did; but chose the path of Renewal from within, by a vigorous practice of the Gospel values. His identification with Jesus was so total that he even received the Stigmata in his own body.

So Beloved Brother Bishops I too, like

St Francis, have been striving for the last 42 years for a return to Gospel values; a spirituality based on Sacred Scripture and the wished for renewal of the Catholic Church as envisaged by Vatican II. In 1979 the bishops of U.P. had appointed me as the Founder Secretary of the U.P. Regional Youth & Vocations Bureau. From 1990 – 1994 I was the National President of the All India Catholic Union, and later a Resource Person for the CCBI Family Life Commission. So I have had much interaction with you Beloved Brother Bishops. Besides, through my various activities and writings (hundreds of articles and four books, including one on the Trinity and another on Christology) I have constantly strived to live my Christian and Franciscan vocation. I have scrupulously avoided any dichotomy between orthodoxy and orthopraxis.

As such, I hope and pray that you will heed the voice of a "citizen" of the Church. Over the last 50 years of lay ministry I have at times been labelled as "anti-clerical", because of my strong views. Let me clarify that they are based on sacred scripture, Vatican II documents, Canon Law, the Catechism of the Catholic Church and the lives of great saints. I am not anti anybody. I am pro veritas, pro caritas and pro ecclesia, as this title states. I must simultaneously admit that I am a college drop out, with no formal religious studies either.

I was thrilled when a Jesuit chose the name Francis when he was elected Pope. I see it as a perfect blend – the spiritual discernment of the Jesuits, meshed with the down to earth simplicity of the Franciscans. "How lovely on the mountains" it would be if we had more Beloved Brother Bishops like Pope Francis. Sadly, if you pay scant heed to Gospel values and Vatican II teachings, how can we expect you to follow in the footsteps of our beloved Pope Francis?

It does not prevent me from recalling to mind some of his “practical” wisdom and orthopraxis. Firstly, as when he was a cardinal in Argentina, he does not live in the Vatican palace, but in two small rooms in St Martha’s Guest House. He had appealed to his Beloved Brother Bishops to do likewise. A couple in America and Europe have followed suit. But I have not heard of a single one of you Beloved Brother Bishops in India leaving your palatial residences for a humble tenement. He said that it was a crime to be flashing around in luxurious cars. When he visited the U.N., the small Fiat car that he sat in could hardly accommodate his big frame. What about you? Had the over one lakh bishops, priests and religious opted for Tata’s smallest and cheapest car – the Nano, it would not have been a marketing disaster. But you, like your fellow Indians, prefer big cat SUVs. The Pope also asked religious leaders to cycle. The only bishop that I ever saw cycling was the late Bp Patrick Nair of Meerut.

When faced with moral, sexual, matrimonial and complex ethical issues he has often said, “Who am I to judge?” How empathetic are you to divorced and remarried Catholics, among other things? He has advocated that sermons be not more than 10 minutes. Are you keeping a timer while sermonizing? If not, should I enlighten (not betray) you with a KISS – an acronym for “Keep it short stupid”. No offence meant.

While researching for this practical let-

ter I discovered that the word “bishop” is not found in the Bible! It is derived from the Greek word episkopos that etymologically means a municipal inspector or a temple supervisor. Imagine anybody bowing, scraping and kissing the ring of a municipal inspector. So haven’t you Beloved Brother Bishops gone overboard with the medieval European honorifics, including the denigrating practice of kissing your rings? The “Dictionary of the Bible” by J Mckenzie SJ clearly states that “the institution of the monarchical episcopate, in which each church is governed by a single bishop, does not appear in the New Testament” (Pg 97). So why should bishops have a Coat of Arms, again a medieval practice?

The New Testament does, however, refer to “elders” in the Church. But they don’t function in autocratic isolation. They work in a group of presbyters, from which the English word “priest” is derived. It is indicative of a collegial approach, what we today call the presbyterium. Do they actually function, or are they a group of sycophants (a term used in one of the pastoral letters)?

If today’s bishops claim that they are indeed the “elders” referred to in the New Testament, then let us see what it says about such elders. “To want to be a presiding elder is to desire a noble task ... have an impeccable character, husband of one wife, he must be temperate, discreet and courteous, hospitable and a good teacher, not a heavy drinker, nor hot tempered, but gentle and peaceable. Not avaricious, a man who manages his own household well and brings his children up to obey him. How can any man who does not understand how to manage his own household take care of the Church of God?” (1 Tim 3:1-5). Are we then to presume that bishops were married family men, who attained maturity through family life; and not distanced celibates as we now have?

Paul’s advice to Timothy is not

an isolated instance. He has similar words for another “bishop”, Titus. “He must be a man of irreproachable character, husband of one wife, and his children must be believers ... never arrogant or hot tempered, nor a heavy drinker or violent or avaricious, but hospitable and a lover of goodness, sensible, upright, devout and self-controlled” (Tit 1:6-9). Lofty ideals. I would ask just one question – how many of you are teetotallers?

Let us move to the Vatican II “Decree on the Bishops’ Pastoral Office in the Church” – *Christus Dominus* (CD). It states that a bishop must stand in the midst of his people as one who serves (CD 16a, cf Lk 22:26-27). Are you servers or rulers? From a layman’s perspective I find it further exhorts bishops “to recognize their duty and right to collaborate actively in the building up of the Mystical Body of Christ” (CD 16e). “They should be invited to join or assist the various works of the lay apostolate” (CD 17). The laity should be on the diocesan curia and pastoral councils (cf CD 27). How many lay people are there on any diocesan curia? Canon Law even recommends that the laity be involved in the selection of bishops (Can 377:3). Nobody has ever consulted me. It has not prevented me from writing to the Nuncio recommending names for vacant sees in my area. In papal elections too I have sent my suggestions to the cardinal electors.

In 1976, in the course of one of my gospel journeys (without any money) Bp Patrick D’souza of Varanasi asked me to address his clergy meeting, wherein he distributed the book “Christ’s Idea of Authority” by the great exegete Rev JNM Wijngaards MHM. He must have wanted his priests to follow it. I too got a copy that I treasure to this day. It has some interesting observations.

“Church history confirms the influence of secular kingship ideas on ruling on the church” (Pg 2). “The instruments of secular authority are money, weapons and force. Jesus denies these to his disciples” (Pg 3). “You know that

(Contd.. on p. 15)

WHEN IT COMES TO POLITICS ARE OUR WOMEN IN INDIA SPINELESS?

by Eric D'Sa

As a man writing this article, I may have to take a lot of flack from women who may happen to read it. The thought arose, as being one who had followed the recent Karnataka election closely, I was surprised that even in one of the most progressive states of this country, so few women had been elected to the assembly and finally when the cabinet was formed, there was just one woman in the newly formed government. She was as usual given one of the less important ministries. Considering these days more woman vote in our elections than men and to do so they have to take a lot of trouble, especially in villages where they have to walk considerable distances and stand in long queues for hours, I wondered why the women in Karnataka state, who have taken active part in the election, were not loudly protesting.

At the same time in the newly formed cabinet of Spain, out of the cabinet of 17 Ministers, there are 11 Women ministers and just 6 men. This works out to 64.5%. Many of them have been allocated important portfolios such as finance and foreign affairs. Surprisingly these changes are being brought about by men such as Pedro Sanchez the new PM of Spain and Emmanuel Macron of France and Justin Trudeau of Canada. At the same time Angela Merkel of Germany and Theresa May of UK, though very powerful women, have a representation of 44% and 26% respectively in their respective cabinets. India unfortunately lags much behind with only 11.8% members of the Lok Sabha being women. Though we should admit just now the defence and foreign affairs portfolios are with women. However there are just 6 woman ministers, which works out to 18.5% of the cabinet strength. We as a nation

have been fortunate in having women as a PM and a President. We have women as CMs of the state, two in the past and one now. Most of the above women have been very powerful and have ruled the country and states with as they say an iron grip. Yet they have not been able to increase the number of women being elected as MPs and MLAs.

Women in governments in the modern era are under-represented in most countries worldwide. Women have inadequate opportunities in social participation, especially in striving

**YOU THE CITIZENS
DECIDE:**

for political rights and power in the government and different institutions. Social status of women is relatively poor compared to men in different countries around the world, that contributes to generating the atmosphere of inferiority of women in the society. This tendency is still persistent, although women are increasingly being politically elected to be heads of state and government. As of January 2017, the global participation rate of women in national-level parliaments is 23.3%. A number of countries are exploring measures that may increase women's participation in government at all levels, from the local to the national.

There are three factors that are the basis for why national level representation has become much larger over the past several decades. The first is the changing structural and economic conditions of nations, which says that educational advancements along with an increase in women's participation in the labor force encourages representation. The second is the political factor; representation of women in office being based on a proportionality

system. Some voting systems are built so that a party that gains 25% of the votes gains 25% of the seats. In these processes, a political party feels obligated to balance the representation within their votes between genders, increasing women's activity in political standing. A plurality-majority system, such as the one the United States, United Kingdom, and India have, only allows single candidate elections, and thus allows political parties to entirely dictate regions' representatives, even if they only control a small majority of the vote. Last, there is the ideological disposition of a country; the concept that the cultural aspects of women's roles or positions in the places they live dictate where they stand in that society, ultimately either helping or handicapping those women from entering political positions.

Women face numerous obstacles in achieving representation in governance especially in a country such as India. Their participation has been limited by the assumption that women's proper sphere is the "private" sphere. Whereas the "public" domain is one of political authority and contestation, the "private" realm is associated with the family and the home. By relegating women to the private sphere, their ability to enter the political arena is curtailed. Gender inequality within families, inequitable division of labor within households, and cultural attitudes about gender roles further subjugate women and serve to limit their representation in public life. Societies that are highly patriarchal like in most parts of India, often have local power structures that make it difficult for women to combat in the political world. Thus, their interests are often not represented or under-represented.

There have been many arguments saying the plurality-majority voting system like in India, is a disadvantage
(Contd.. on p. 9)

(Contd. from p. 8)

age to the chance of women getting into office. Plurality-majority single-member-district systems, whether of the Anglo-American- Indian, are deemed to be particularly unfavorable to women's chances of being elected to office. The last 70 years of elections in India has proved this is true. It is generally accepted that the best systems are list-proportional systems. In these systems of high proportionality between seats won and votes cast, small parties are able to gain representation and parties have an incentive to broaden their overall electoral appeal, by making their candidate lists as diverse as possible. Unfortunately in a highly diversified and polarised society as that we have in India this change is impossible.

Yet once elected, the few women tend to hold lesser valued cabinet ministries or similar positions. These are sometimes described as "soft ministries" and include health, education, and welfare. Though they are very important for our human race, they in absence of financial power get neglected. Far less often do women hold executive decision-making authority, in more powerful domains or those that are associated with traditional notions of masculinity such as finance and the military. Typically, the more powerful the institution, the less likely it is that women's interests will be represented. Additionally, in more autocratic nations, women are less likely to have their interests represented. Many women attain political standing due mainly to kinship ties, as they have male family members who are involved in politics. These women tend to be from higher income, higher status families and thus may not be as focused on the issues faced by lower income families.

To overcome the above problems, India brought in for the first time a great constitution amendment that gave 33.33% of reservation for women in village panchayats. Though many claim that most of the women elected to the panchayats are proxies of their husbands and tow their lines. However in time, gradually once the power came into their hands, women have started taking independent stand on governance of the villages. A number of recent studies have shown that this law, more than any other law in the country,

is creating more gender equality around our villages and small towns. So why are the women of India not seriously fighting for a similar law of 33.33% reservation of women in States and National Assemblies being implemented? After all the the single confidential vote each one has and which together add up to nearly 50%, gives them the voting power to bring in the necessary changes. Hence you the citizens decide, is it just plain lethargy on part of the women of India or is it they are just spineless, to demand their equal political rights more loudly and vociferously by bring in 33% reservation in our state assemblies and national assembly?

Thanksgiving



Thanks to Divine Mercy, St. Anthony, Sacred Heart of Jesus, and St. Jude

—Celine Rodrigues, Mulund

Prayer to St. Expedite for solving a financial crisis



I call forth the Power and the presence of **St. Expedite** in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) _____
My financial need is urgent. Be my

Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God.

Amen. (Promise Publication)

—Celine Rodrigues, Mulund

PRAYER TO THE HOLY SPIRIT



"Holy Spirit, thou who makes me see everything and shows me the way to reach the ideal. You who gives me the divine gift to forgive and forget the wrong that is done to me and are in all instances in my life with me. I, in this short dialogue want to thank you and confirm from you once more that never want to be separated from you, no matter how great the material desire may be. I want to be with you and my loved ones in your perpetual glory. Amen".

—Celine Rodrigues, Mulund

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Pope Francis addresses Climate Change in Vatican. The Pontiff says it all

by Rohan D'Abreo

The Climate Change mandate that is currently being covered in media worldwide throws accent on the devastation and thereafter closure of mother earth if the populations of the world fail to rectify and resolve. This constant sense of crisis that is present on an hourly basis within the ambit of the atmosphere we live in *comes from those who oppose carbon neutrality* as they deprive and drain us of the concentration we need to emphasize on how to save God's world through climate change. *Becoming carbon neutral is an issue that confronts us. As Christians are we loud enough to voice our opinion.*

God gave human beings dominion and authority over the earth and everything to do with it. Genesis confirms this. But, then, dominion means to take care and not to destroy whilst we stay as God's caretakers.

The Ten Commandments speak of taking care of creation in all its forms. However, the epitomized present is seen refraining from these modalities of reasoning and clarity and is hurriedly entering labyrinths of no return. There is danger in the corridors of power within elite countries as carbon fuel doubles their equity presence on the bourse. The Arctic Sea is getting warmer. An example can be seen on how polar bears have begun to shed their fluffy white for a very lean emaciated near to bare torso as the iceberg they are stranded on has broken away from the family circle due to global warming.

As a unified Catholic church who continuously conveys to the faithful people the sin against abortion *but then we say nothing about environmental dispatches of carbon laden air that hangs over us like a noose causing devastation that is destroying lives and deforming our children.* Are we aware that not taking care of mother earth is in disrespect to basic theology and God.

This 'backward focus' on Climate Change is dangerous and will cause self-destruction. As a proponent of carbon neutrality and green energy I demand that people of Christ urgently

unify for the sake of ourselves and our children and demand that the world shift towards renewable energy. Let us become good stewards of God's beautiful green earth. Instead of gasping for clean air in polluted air pockets filled with fossil fumes let us pray to change the environment from evil to good.

Pope Francis voices concern and requests the faithful to contribute by taking action.

Climate change and energy efficiency are part of the ethos of our Catholic heritage. We live by the word. We are a construct of the word of God. We are called to bear witness. We are definitely a part of the *modus operandi* of the most high. We are meant to be caretakers of the kingdom of that which will have no end when we adjudicate and comply with divine providence. We are custodians who have the authority given by Him to take care of mother earth and not destroy it by our fastidiousness like a gargoyle scavenging for wealthy aspirations.

The Vatican City State hosted a very important two day conference last week. Present on roll were most of the worlds prominent fossil fuel company senior executives that at present rule the global positioning of energy deployed for every conceivable method of traction and mobility and associated services on mother earth. Besides the upper echelon there were some of the world's biggest investors and also Vatican experts attending this important meeting in Rome. The Pontiff cautioned those in charge of fossil fuel that the time has come to see the writing on the wall. Benevolence has changed to cruelty and unkindness as large oil companies and fossil fuel explorers exploit the earth for profit without taking the needs of the people into account. "Civilization requires energy, but energy use must not destroy civilization," said the Pontiff. The Pope called climate change a veritable challenge and a genuine reason to fathom the methods and means to clear the skies of ash and carbon dust before there is destruction of life. He emphasized the reason for large fossil fuel companies to think of the needs of the people before

prospecting for another oil well on mother earth or in the subterranean.

"We know that the challenges facing us are interconnected. If we are to eliminate poverty and hunger more than 1 billion people without electricity today need to gain access to it," the Pope made mention with sufficient rhetoric to all in attendance. "But that energy should also be clean, by a reduction in the systematic use of fossil fuels. Our desire to ensure energy for all must not lead to the undesired effect of extreme climate changes due to a catastrophic rise in global temperatures, harsher environments and increased levels of poverty," the Pontiff added.

Has there been a voice on the horizon to appoint caretakers for the world at large when even flora and fauna succumb to the persistent powers of the so called elite global world.

The meeting with Pope was all about climate change, renewable energy, and social justice. All this is happening on the world stage. And we are only spectators to this opera of money spinners who care not for humanity but for their equity, their brand power and their greedy climb to the top of commercial possibilities.

Guidelines to spell the end of fossil fuels and nuclear power were also addressed by the Pontiff. Eventually, the price advantage of renewables will crush the existing energy industries. In solar the sun is free. Harvesting the power is not expensive but the end results are astonishingly cheap. Wind energy is free and available day night and day. Hydro Power is also a force to reckon with. What can we in the Catholic community do in the meantime? Will we be able to reduce the use of fossil fuels (and the plastics derived from them), making our own homes energy efficient and powered by renewable energy and whenever and wherever possible, driving electric vehicles *or not driving at all.*

Rohan A. D'Abreo, Doctorate in Business is Vice President - India and LatAm geographies for Renewable Power assets and active parishioner of Holy Name Cathedral, Chicago, USA. On how the Church is initiating Climate Change, mail: rohan_dabreo@yahoo.com or rdabreo@newgenpower.com

The Oppressive Summer of 2019

The temperatures next year are definitely going to rise no matter what the MET department says. It is an election year and a year of reckoning both for the ruling NDA and the opposition as a whole, fragmented that it is, so far. For Narendra Modi it is a personal challenge not forgetting his other half – Amit Shah. Together they formed the deadly combination in 2014 and continued for three years. With the recent electoral setbacks, it will not be surprising to see some out of the box actions to retrieve the lost ground. They have two options either to be aggressive or defensive. The former suits the duo better for their DNA [but not the NDA].

The things any government does are viewed differently. Some stand out and are noticed while others, even if they are good, look benign. Not that they do not benefit the people but the overall impact is muted. Some haunt the government like the demonetization and its adverse impact it had on the common man. The government was wrong on all counts. The insurgency in Kashmir did not decrease but galloped and the total cash in the hands of the public actually went up. The cost of this futile exercise was humongous. The GST continues to be a bugbear. The negative impact is costing the government dear. The good things don't matter.

Aggression could be the key word for the BJP and has begun. The pull-out from the J&K coalition is one. More hard-line approach towards Pak is inevitable. You may see some verifiable action across the borders to raise national fervor. Aggression towards the political opponents will be more visible - the Delhi LG's stand-off with Kejriwal, PM's refusal to meet the four CMs who supported Kejriwal and then ignoring the Kerala CM. Non-BJP CMs will face tougher times in the run up to the elections. The caged parrots [CBI, NIA] will remain more in than out in the next few months. Opposition leaders beware! Out of desperation, the NDA partners are being wooed. Shiv Sena's man

VIEWS on NEWS



by Marshall Sequeira

gets MOS status. Will try hard to get Chandrababu Naidu back on board! Keeping SAD in Punjab as an ally is tough. One thing is sure – the NDA allies will blackmail the BJP and demand bigger share of seats. BJP, unlike in 2014, will have to be subdued and give in to the allies as Modi's charisma is like a waning moon.

A weakened BJP leadership will have to depend on the Hindutva agenda otherwise the Parivaar and the extended Parivaar will remain aloof – something Amit Shah can ill-afford. The fringe will be more active. We are already seeing lynching on the rise and this could be just a beginning. To what extent this approach will impact the social fibre of the nation and its harmony will be keenly watched. The Mandir issue may be revived by non State actors which can help BJP.

What has the government to show except that Modi gave the world Yoga! Besides that, what? Our neighbours are sulking. China cannot be trusted. Cozying up to Trump has distanced us from Russia. Trump is self-centered, unpredictable and unreliable. He changes too many hats and friends far too often. Many countries are unhappy with us. Modi will have to mollycuddle the domestic constituency. He tried too many things too fast and has now run out of ideas. You can expect a few sops and some people friendly announcements. The Church says democracy is in danger – not really but it is surely under stress. Chetan Bhagat has posed this question “Ab Ki baar, kya pata Kiski Sarkar?” - Not a bad one, I say!

Plasticked Off

The day of reckoning has come and the men in blue [not cricketers] jackets have started operation clean-up. Good luck to them and they will want to prove themselves and in the

bargain may stamp people's toes. The import of the ban cannot be belittled but the manner, in which the authorities implement will be watched. India's per capita consumption is just 8 kg as against 68 in USA and 26 in Brazil. We lack civic sense and that is the worry. Will the inspectors carry POS machines with them to collect Rs 5000 / 25000? Or will corruption be the via media? Remember the experience with cleaning marshals? Will history repeat itself?

Packaging at the point of manufacture [like chips and other snacks] is permitted with disposable material which will be scattered on the roads. Yet the government does not deem it fit to exempt bags for household garbage disposal which is a messy affair. How will it be segregated? Will the bio-composting and Swaccha Bharat programmes not be affected if the entire household garbage is not properly handled? Black garbage bags, if allowed for garbage, have a restricted use. This is one area that needs to be revisited and addressed by telling the people how to go about. Soon we may have to carry small earthen pots instead of water bottles.

Since 2014 jackets have acquired a very prominent place in wardrobes of BJP supporters. In fact some of the prominent spokespersons/leaders wear jackets of all colours like saffron, beige, red, green and even blue. It is hoped that these gentlemen in blue are not mistaken for anti-plastic squad and try to keep away from them in an election year. Good luck to these men in blue as also those gone to England not to fine them but to win.

Build Spirituality in Your Kids

SPIRITUALITY IS A fundamental part of the human experience and a part of the heritage we pass down to our children

Regardless of religion, it instils in kids what will become their framework of ethics and personal conduct throughout their life. Here are some simple ideas to help you develop spirituality in your children.

Teach children to believe in a higher power:

In our home, we teach our kids that they are children of God. This allows them to understand their relationship with God and that there is something greater than what they experience day in and day out.

Pray with your children morning and night and help them pray on their own:

This will bring them great comfort in times of trial and allow them to rely on someone superior to themselves.

Schedule one day a week to sit down as a family and talk about your religion or discuss spiritual questions:

When you share your beliefs with your children, you can help them to solidify their own. Make sure the discussion is open and free from judgment so your kids address any doubts they may have.

Teach your children to be of good moral character:

Teach them to value honesty,



kindness, virtue, obedience, respect, compassion and courage. Teach your children to serve others and provide service opportunities for them. Not only will this create family unity but it will help your children understand that all people are connected.

Teach your children to keep a journal:

Writing is very therapeutic. Through writing, your kids can ask and answer questions while working through their own thoughts and feelings. This will provide them many unique and personalised spiritual experiences

Learn meditation techniques and teach them to your children:

This will give both you and your children time to ponder and unwind, allowing for a clearer head and an open mind.

Teach your children to do their very best at making right choices:

Challenge them to be the best person they can be. Set a good example by being that person yourself. Goodness promotes goodness.

Teach your children to play the 'glad game' in every difficult situation:

If children can focus on what they are glad about, remembering the positive side of every situation, rather than the negative, they will have a better outlook on life. Being glad dispels negativity and will keep kids from closing their heart to others.

Religion and spirituality should be more joyful than somber and serious. Encourage your toddler to paint a picture of God, make up her own story about how the world came to be or simply imagine what heaven looks like. Together, act out plays or put on a puppet show based on creation stories or your own spiritual themes. Religion and spirituality should be more joyful than somber and serious.

Schedule time each morning for a short prayer :

Where you can read from your religious text or share a spiritual thought that your children can ponder throughout the day. When you start the day on a spiritual note, inspirational feelings will stay with your kids all day long and will be a benefit to them in difficult times. Implement spiritual family traditions in your home and make those traditions more than just family getting together. Explain to your children the significance of your religious holidays and why they are important to you.

Can Indian Catholic Press wake up to challenges...?

I am inspired to write this article after reading Father Cedric Prakash's thought-provoking piece - March, 5-11 Secular Citizen. The challenge we face are far too big and often scarring! In a vast country of ours, we Catholics are just a drop - a tiny minority that can matter a mighty little. Ciceero - a Roman Senator, speaking in the Senate, once said: "If you ever possess the truth, how so ever insignificant you may be, YOU Matter !...." Yes, we matter a lot. That's why the Delhi Archbishop's prayers appeal caused quite a stir in the Modi cabinet and Naqvi read out the Press release, may be prepared by some Hindu extremists !

During the early 80s, great Father Vallamattam and a few of our friends - we tried our level best to set the national weekly 'The Indian Currents'. The C B C I was closely consulted and at every new move, we sought the guidance from the C B C I. The situation then and the situation now differ. Today's biggest challenge comes from the secret Hindu agenda. The P M openly does not tell that line but neither does he stop those who in the BJP publically hint at the secret agenda.... Modi's

mysterious silence at the Una Dalit flogging, Modi's convenient mum. when Dalit or Muslim people in UP and Bihar are tormented..... often the silence speaks louder than beating of drums.

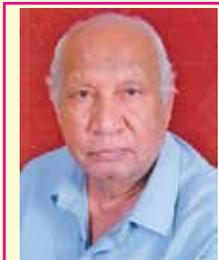
All the top most positions in the government are in the hands of Mohan Bhagwat's men. The president, the vice president, the L S Speaker... a long list.... Because they are in the power, the judiciary, the Home Department, the education department, the Finance are with them, under them. They can twist and turn the truth - and often they do. The print media, social media and other net works, as we know well, can be bought. They are **His Master's Voice !** By now, it is known world over that minorities have a second class citizenship in India. Their voice is not heard and if ever heard, ignored conveniently. People are fast losing faith in judiciary, banking and the police.

The present government has grossly failed to fulfill its poll promises and at every public meetings new dreams are planned.... The promised future is never going to down over India and the hungry millions take recourse to violence. India

is fast becoming a dangerous, unsafe and ever-hungry country.... In such an atmosphere, Catholics and their loud cry remain unattended, unheard and often ignored.

Does the CBCI have a strong media cell? Does the CBCI take a serious note and keep a track of atrocities and attacks made over Catholics? Is the CBCI strong and influential enough to put a weight over its due demands and appeals? Can CBCI protect bold Catholic journalists? Can CBCI, with its foreign links pressurize the government for a just and human cause? Does the CBCI really trust Catholic journalists? In this context, the Delhi and Goa Archbishops deserve our hearty support and humble prayers. Recently the Archbishop Thomas of Ahmedabad was targetted by some biased pen-pushers..... All the Catholics of Ahmedabad strongly stood with the Archbishop.....

We are tiny in number but not insignificant. We can not be ignored for long. Catholic influence in the Hindu India counts and matters. Challenges are big but the truth will win. We know for sure that the Mighty God is with us and He will never abandon us - however small we may be.....



by Ignatius Dabhi
Sr. Journalist

FIFA World Cup Is God's Gift

The ways of God are not always known to man. Almighty God had chosen Russia to host the FIFA Football World Cup (2018), to transform the lives of many communities among the rich and also the poorest in developing countries. Make no mistake this World Cup is God's special gift.

The games are guaranteed to excite and delight football fans across thirty two countries who have qualified, literally stamping their best foot forward to win the coveted trophy. In the heart of all the tumultuous excitement, support by television and the mass media, reaching out to billions of viewers worldwide there will be those who will also return disheartened when their favorite teams fail to win at the finals.

Recently Pope Francis who enjoys watching football, comes from the land where Maradona and Messi are the games icons, sent a letter to Cardinal Farrel on the event. His holiness wrote:



BY MELVYN BROWN

"In a culture dominated by individualism and the gap between the younger generations and the elderly, sports is a privileged area around which people meet without any distinction of race, sex, religion, or ideology, and where we can experience the joy of competing to reach a goal together, participating in a team, where success or defeat is shared and overcome...."

Souvenirs, gifts and virtual presents have become a vital source of liveliness, empowering the spirit of love and camaraderie among visitors, footballers and the Russian people. From chocolate coins and eco-friendly pencils, the range of educational and emotional offerings have helped folks to wipe away the tears of present-day violence and the trauma of pain they have left behind them.

There is great happiness, multiplied in team victory and celebration day after day as the momentum rises with the passing weeks. Goals scored and matches tied, wins and loss, injury to players, drumbeats, waving of flags all add to the colorful success and joy with the FIFA message of unity found in the human person.

Thousands of fans in the stadium love supporting sportspersons and the thrill of being witness to their home teams efforts. The Vatican joining in the spirit of God's gift, issued a document on sports, a first for the Vatican. The theme of the document is:

"To give the best of oneself: On the Christian perspective of sport and of the human person."

Most footballers pray to God before a match. Many of the players make the Sign of the Cross as they run across the field. Fans have been seen doing the same at tense moments, some,



for a brief while looking upwards as though in appeal.

Vivekananda once said, "In kicking a ball or playing a game, you are much closer to the Divine than you will ever be in prayer." Many a football fan are not too sure of that.

Quite evidently this game 'mindset' can produce confusion, or a moment when prayer can be encountered with peace, not threatened by it. Perhaps the most touching scene in a football tournament is when the goalkeeper misses the ball flying into the net: on one side team-supporters cheer while the other side supporters remain still and silent.

God's special gift is the FIFA World Cup. His Presence is with us in the stadium. I imagine the word "with" is an important word in theology. "Emmanuel", Advent's theme, is 'God with us'.

Pope Francis wants us as the Church to be 'with the poor'. One reason to appreciate God's gift to let Russia host the World Cup is truly filled with his love for humanity.

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the kings of the nations exercise authority over them. This however is not the way it shall be among you" (Mat 20:25-26, Pg 4). The clergy, and more so the bishops, were "considered part of or parallel to the nobility. Most vocations would come from this group and becoming a priest was not therefore considered a loss in status" (Pg 15). Let alone honorifics for bishops, even calling priests as "Father" has "very slender support in Scripture" (pg 29). In fact no where did Christ claim to be the father, nor did he even describe himself as Father" (Pg 30).

Drawing from the Transactional branch of psychology that divides a person's relationships along Parent, Adult and Child egos, Wijngaards says that "a person in authority would be greatly mistaken if he were to think that he always has to act as a father" (Pg 31). "Christ's way of dealing with the apostles was not paternalistic. He moved and acted as one of them. He showed himself not like a father, but a brother" (Pg 32). This is the fraternal, or adult to adult approach. Further, in "secular society the principle often holds good that who has the money, has the power ... It would be a terrible thing if leaders in the church were to handle money with the same purpose" (Pg 37).

So Beloved Brother Bishops I have not expressed my own subjective opinion. I have objectively placed before you what the church itself says, together with the "practical" advice and example of our beloved Pope Francis. As a "citizen" of the Catholic Church in India I make this humble prayer to you:

1. That you implement the ecclesiology of Vatican II, especially that of a participatory peoples' church as envisaged in Chapter IV of the "Dogmatic Constitution of the Church".
2. That you implement the provisions of Canon Law pertaining to the Temporal Goods of the Church (Book V, Can 1254-1310).
3. That you establish authentic and democratic (not sycophantic) diocesan pastoral councils, parish councils and finance

committees as laid down in Canons 511-514, 536 & 537.

4. That you involve competent laity in the selection process for Episcopal appointments
5. That you exercise a preferential option for the poor, especially in education (cf Can 794:2).
6. That you exercise great prudence while making public statements, especially if they have a remotely political connection.
7. That because of the so-called vocation crisis you should not sacrifice quality for quantity, bearing in mind "rightness of intention and freedom of choice" (Optatum Totius No 6).
8. That you abjure all honorifics, including kissing of rings
9. That you learn to trust the laity and interact with them as intelligent sisters and brothers.
10. That you learn from the heroic virtue and exemplary lifestyle of Pope Francis. If he is a moral force in the world today it is not because of the position he holds, but because of the positions he takes and the life he lives, with no dichotomy between orthodoxy and orthopraxis.

Beloved Brother Bishops I love the Catholic Church. In 1965 both my parents received papal honours from Pope Paul VI; my father with the Knighthood of St Gregory, and my mother with the Pro Ecclesia et Pontifice medal. I do not seek any honours from you, but I do seek an honourable place for the laity in the Church. I earnestly hope and pray that all of us live authentically prophetic lives, like God said to Jeremiah. "I have put my words into your mouth. Look today I have set you over the nations and kingdoms, to uproot and to knock down, to destroy and to overthrow, to build and to plant" (Jer 1:10).

In the English language the words "prophet" and "profit" sound the same, though diametrically opposite in meaning. I believe that you Beloved Brother Bishops are called to be prophets, and not to hold offices of profit.

** The writer is the National President Emeritus of the All India Catholic Union.*

The Fitness Bug

This "Fitness" thing seems to have become a National pass time. A couple of years ago on the occasion of International Yoga Day, the prime minister Narendra Modi mentioned, "Yoga will start era of harmony". At a time when the world is grappling with the challenge of terrorism yoga shows the way to lasting peace, He added. Further he said, "it expands one's outlook from the confines of self to the society at large. It was a journey from "Aham (me) to Vayam (we)", he said. And so suddenly, the Yoga bug had caught on to the whole country. It was like Yoga was a panacea for all ills and a difficulties our country was facing.

Then recently, we had the Indian cricket skipper Virat Kohli throwing a "Fitness" challenge to prime minister and the prime minister accepting the challenge.

Later, Rahul Gandhi challenged the prime minister to reduce oil prices or face a nationwide agitation. Other opposition leaders dared him to tackle challenges of unemployment and security.

Yesterday, Congress General Secretary Digvijaya Singh challenged Modi & his ministers to perform 'Narmada Prikrama', a 3000 kms walk - a holy pilgrimage in which people travel in a clockwise direction and return to their starting point.

It seems as though, there are no serious issues affecting the country - nobody talks about farmers' suicide, large scale unemployment, loss of business, etc. Everybody seems to be on the "Fitness" trail. What a waste of time and energy!

I think, we've had enough of this nonsense and it's time the government gets it's act together and focus on the serious issues. If yoga shows the way to lasting peace, then I would like to ask, 'where is that peace, where is that era of harmony?' That peace seems to be eluding the people of this country; there is unrest in the country, people are agitated over several issues. It's time the government comes to terms with reality.

**—Melville X. D'Souza
- Orlem, Malad West**

M'lore's Ancient Masjid & Ramadan

by Ivan Saldanha-Shet.M'luru.

The West Coast is a thrill of ancient history; Temples, Churches, Mosques and more, little known - here a brief view on in the context of Ramadan on the ancient Mosque or Masjid at Bunder, in the heart of old Mangaluru. Mangaluru's history, which embraces many faiths, cultures and languages, is amazing. Many, in Mumbai, may not be aware that Islam in this coastal region arrived from the Arabian Peninsula centuries before Christianity. Deep connections exist with Islamic observance of Ramadan and the 'Ancient Mosque of Bunder'. At the northern end of 'Old Mangalore Port', it is a true wonder. The mosque was later renamed after Tipu's daughter 'Zeenat Baksh'.

This land mark mosque, 'Masjid Zeeynath Baksh', "Juma Masjid" or "Beliye Palli", is bang in the middle of bustling Bunder - a business hub, the old sea port's genuine trading center, beside the Gurpur river and North wharf. The area is always in a state of flux with chaos with huge sea going sailing craft and old buildings, narrow lanes. The range of merchandise that is traded whole sale here even now is mind boggling. The Muslim and GSB businessmen here are friendly with enthusiasm - an old world charm is in the air here even now - what will happen when this turns a 'Smart City'?

Bunder Masjid & Ramadan : According to written accounts, Masjid, Zeeynath Baksh in Bunder, was established in Mangalore in 644 A.D., by the first Qadhi(Qazi) appointed was Hazarath Moosa Bin Malik, son of Malik Bin Abdullah. This Mosque was probably inaugurated in year 22 of Hijra (644 AD). According to belief 'Ramadan' observance in those early times of Islam, would have been then introduced here.

The Origin of Ramadan : It is the

month in which the holy book of Islam, The Quran, was revealed to the Prophet Muhammad by the Archangel Gabriel. The Prophet would retreat to a mountain cave for a month at a time. During one such retreat, around 610 CE, Gabriel visited him in the cave, commanding him to "read." . Soon he began to receive further revelations from the angel. Sacred knowledge was revealed to him during the month of Ramadan, during which the Muslims fast from dawn to dusk every day.

Fasting is one of the Five Pillars of Islam – the other four being faith, prayer, charity and making the pilgrimage, called Hajj, to the holy city of Mecca. A typical Ramadan day starts with a pre-dawn meal called Suhur, following which the worshippers refrain from eating or drinking, even water, until sunset. This lets the devout understand and 'feel' the conditions of those living in poverty. The day's fast ends with the sunset meal called Iftar, which includes sweet dates, the food, regulation is provided for the fast and other rituals.

Coming back to the historic ancient masjid of Managalore, a unique serene sight. The present seen layout is an altered version from the original for sure, another structure added more recently has four minarets and Islamic dome and houses the 90 year old tomb of Hazrath Sheikuna Muhammed Moula Jalal Masthan Al Bhukhari a saintly Khazi.

In the 1780's it had been refurbished and renovated systematically by the 'Tiger of Mysore' Tipu Sultan who is well known for such philanthropy. One can not fail to recognise that this



great monument, has many characteristics of local temples - the large water tank (below ground level), the shape of the tiled roof (old Malabar), and the hand carved wood work (characteristically local Tuluva). Tipu added beautifully carved solid rosewood, the carved works are 'magnificent' to say the least. Other nearby reputed Islamic places are Katchhi Masjid, Hazrath Saidani Bibi Sahiba, the only dargah dedicated to a woman saint in Dakshina Kannada, Idgah Mosque on Lighthouse hill and Sayeed madani Dargah in Ullal prominent among many more. The water tank in the center of the premises has steps and provides water for the ablutions or 'Wuzu' prescribed before 'namaz'. There are a good number of Muslims in Mangaluru and theirs is a unique language called 'Beary'.

End of Ramadan : The 29 or 30 days of fasting culminates in the celebrations, which begin with the sighting of new moon in the sky. The three-day festival is called Eid-ul-Fitr, which means the festival of the end of the fast. The celebrations are considered as a reward from God to the devout for fasting and worshipping during Ramadan. It is an occasion for showing gratitude to God as well as helping the poor. Rich and well-off Muslims are supposed to give away a part of their wealth in charity to the poor during Ramadan. Delicious foods, especially sweets, are prepared in every Muslim household and are exchanged with neighbors, friends and the needy. The entire focus is for holiness and better human cause.

Inspiration!

Solve your problems the 'Einstein' way

HAVE A PROBLEM you just can't figure out? A challenge that's proven too difficult to overcome? Why not try an Albert Einstein approach? Yes, Einstein took on the biggest challenges the world renowned physicist. So, whether you're dealing with simple mundane issues like getting more organised or bigger life hurdles like beating long-standing bad habits, his wisdom about problem solving might just provide that 'stroke of genius' you need to see things differently. To further facilitate such blockages and problem solving, today we tell you the best advice that Albert Einstein himself applied in his work to get out of his own blockages

Albert Einstein is quoted as having said that if he had one hour to save the world he would spend fifty-five minutes defining the problem and only five minutes finding the solution. This quote does illustrate an important point: before jumping right into solving a problem, we should step back and invest time and effort to improve our understanding of it. Here are the best ingredients for Albert Einstein's problem solving recipe, which you can apply to a problem you may be facing in life

Simplicity:

"Make everything as simple as possible but not simpler".

Trim your problems down into small steps or chunks that you can accomplish and be done with. Reduce the friction but don't take too many shortcuts as to avert really accomplishing your goal.

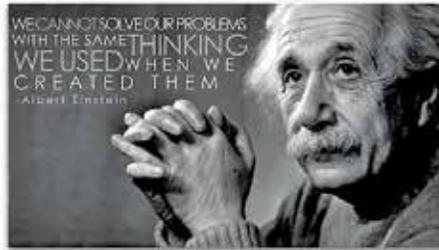
Patience:

"The only reason for time is so that everything doesn't happen at once".

Wouldn't it be great if it did? But it doesn't and we suspect there is greater wisdom in this. Relish the journey, not just the destination.

Humility:

"Once we accept our limits, we go be-



yond them".

One of the important factor in the list. Be reasonable about your own limits. You must acknowledge them in order to be realistic but also be forgiving. Factor them into your planning and eventually you will exceed them.

Perspective:

"We cannot solve our problems with the same thinking we used when we created them."

Sometimes you just can't think your way out of something. Get the advice of a friend or third party not directly involved in the issue. Think outside of the box and approach the challenge in a way you normally wouldn't.

Creativity:

"Logic will get you from A to B. Imagination will take you everywhere".

Use your imagination and stop being so serious. So often we don't approach our problems with

a child-like wonder. Try it. Make it a game if you have to, you just might get inspired.

Attitude:

"In the middle of every difficulty lies opportunity".

See the difficulty as a means to create new opportunities and open new doors. Use this mindset so you see what you're gaining instead of what you may be sacrificing or giving up.

Perseverance:

"It's not that I'm so smart, it's just that I stay with problems longer".

Don't quit. Stay the path and keep trying. Eventually you will succeed.

Humour:

"I have kept my good humor and take neither myself nor the next person seriously".

No matter how many times you fail, no matter how imperfect you are, remember that you're only human. Keep a sense of humour about it all. It will lighten the load. It even did for the greatest genius of who ever lived.

Summing up, problems are inevitable. The unpleasant feelings which accompany them... they're not. Consider all options, regardless of how irrelevant they currently appear. Keep an open mind. Seek comfort in the uncomfortable. It's only a matter of time before your problems worry before appearing in front of you, because you punch above your weight. Now wouldn't that be something!

A FEW MORE TIPS FROM THE SCIENCE GENIUS

- Define the problem in a different way
- View the problem from a higher perspective
- View the problem from a higher perspective
- Study and solve the problem little by little
- Use motivating language
- Formulate problems as questions
- Make problems fascinating to solve
- Collect as many useful facts as possible.

The Mumbai East Indian Chamber Of Commerce And Industry

The Chairman Speaks – Neil Creado

When you say anything and even something about the community you come from a metamorphosis sets in. I am, in the mist of being proud and without prejudice, whilst I ceremoniously give a clarion call to my people to say that we are all for one and one for all – the true grit of real Mumbai East Indians who are representatives of our land and our culture without the shadow of a pariah.

Much can be said about the influencing factors of these actual 1750 to 1950 edifices of a human chain of dexterous and acutely possessive land owners and sons of the soil who reveled in the seasons of true grit farming and organically grown produce that the Collector Sahibs of those times handpicked freshly grown pumpkin and plantain to take back home on horseback for an enduring vegetarian baffad of sorts and some fruit to dissolve the taste of circumin. And these God fearing conversions that recited the Apostle's Creed in Marathi and Portuguese and often blended to harmonize with the cacophony of sounds and the harsh discordant mixture of grating and rasping for pride of place in the community of those times began to show their concern for a showcase and an identity. Besides the hybrid influence of the conversions and the advent of the preamble to a new Indian constitution as it assembled itself in the 1940's was the unrest in the hearts of the E. I. community wanting to know what kind of jurisdiction would belong to them, culturally and within the bee hive of an industrial revolution with the horseshoe on the anvil.

Nevertheless, stalwarts like the great Barrister Kaka Baptista of the community and others who became identified with the newness of time in those pre and post independence days enabled the E. I. community to rely on the harmony and regard for the cohesive forces that were always dominant inside the hallowed halls of this community as a fraternity. However thosetimes cannot be forgotten and must be savoured for

generations to come. So eclectic. So savant yet of an age when life was free to dial into the oblivion and not be taxed. GST and Capital Gains.

Today, my 'asli' East Indian community has a show case that boasts of a subtle history of evolvement over the centuries and a march past of some of the most intelligent curators and custodians of a colorful community. They spoke pigeon Portuguese and an English dialect with its own grammar that responded to the tangy expletives in a Marathi of its own kind. You had to be a resident of a family house before you could communicate with the elders and your god father whose second name was your first. But, times have changed and if I am not on Facebook I could be an ardent respondent to Instagram and WhatsApp. I am so proud to be a Bombay East Indian and a Mumbaikar East Indian, too.

The contents of this report on how I feel as the Chairman of the Mumbai East Indian Chamber Of Commerce And Industry is definitely not an easy task. I need punctuation and often it is a struggle between the real and the beauty of the permissible lie. I need a comma somewhere. I have to make remarks on the placid green fields of our forefathers as we carefully hop across cracked concrete and uneven pavements of the present times. I have to subtly incorporate the nuances of the near to hostile acts against each other over property matters and inheritance laws on assets that sell for nothing less than crores of rupees if there is a clear title. I need to highlight the East Indian Chamber of Commerce And Industry as the savior platform from where all good things will make for a great East Indian business man and woman. And I have never said 'no' to start ups from the community. I need to even allow for the permissible lie and make it very venial in its content as I promise the world to my members and then work hard towards letting them orbit in other trade and commerce geographies.

A better phase for the community has come of age at this juncture. The Mum-

bai East Indian community has at last been certified to have a platform exclusively for their own community business people within the ambit of their own presence, nationally and globally and within the society they come from. A name has been given to this spectacular idea that we now call MEICOCAI – the Mumbai East Indian Chamber Of Commerce and Industry. "Born with fire and faith and a desire to uplift the embroidered community dotted with business people with an attachment to a culture which became polite with the influence of the pre independence era was a pre condition to influence those that reacted to the idea of a secular body like MEICOCAI becoming a trade and commerce pathfinder for the community at large" says our Founder, Rtn. Calwyn D'Abreo.

I am in full consonance with the Founder. To encourage a conversion from being home bodies and agrarians to becoming a population of those who meter mergers and acquisitions, joint ventures and collaborations and the essence of pure one upmanship within the Indian and international business communities is no ordinary task. For the Mumbai East Indian Chamber Of Trade and Commerce the best has just begun.

I am happy to be associated with MEICOCAI and as Chairman of the Mumbai East Indian Chamber Of Commerce And Industry.

I rely on our mounting membership which is brought to the fore by invitation only. Our incubation to the membership roster is by appraisals that are found fit and worthy and showcase true grit of the individual member. Memberships need the approval of the Board before authorization to enjoy the benefits of MEICOCAI.

Neil Creado
Chairman - M E I C O C A I

Write to Neil Creado – Chairman, Mumbai East Indian Chamber Of Commerce And Industry, MEICOCAI-- Secretariat, 4th Floor, Nehru Road, Avion Hotel Bldg, Vile Parle (e), Mumbai - 400057. Tel:- 022.26109565

6666 MUMBAI : Mangalorean R.C. Bachelor (Born in February 1988) Ht. 6', Wt. 72 kgs, Fair Complexion, Edn. BMS/PGDM, working as a Customer Executive. Contact email: lilydsouza50@gmail.com

6662 MUMBAI : Goan R.C. Bachelor (Born in September 1972) Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. Edn. HSC., Selfemployed, Contact email: antferns72@gmail.com

6659 MUMBAI : Widower seeks educated lady partner spinster/widow preferably without any encumbrance healthy in age group of 60-65 yrs. Contact email : envision 277@yahoo.com OR 9819839842.

6654 MUMBAI : Mangalorean R.C. Divorcee (Born in October 1980) Ht. 5' 11", Wt. 95 kgs, Fair Complexion, Edn. Hotel Management, working as a Asst. Manager in **CANADA**, seeks an educated, homely, UK bases girl. Contact Email : gladways207@gmail.com

6652 MUMBAI : Mangalorean R.C. Bachelor, (Born in November 1988) Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. M.B.A. Marketing, working as an Executive in well known Private Company. Contact email : menezesa-jit@yahoo.com

6650 MUMBAI : Mangalorean R.C. Bachelor, (Born in August 1971) Ht. 5' 11", Edn. Undergraduate, Working as a Asst. Manager in a reputed company in Mumbai seeks alliance from RC Spinster simple & understanding with good family values, Kindly reply with details and photograph. Email : deric.nazareth@rediffmail.com

6648. MUMBAI : Mangalorean RC Bachelor (Born in June 1970) Ht. 5' 6", Wt. 60 kgs, Wheatish Complexion, Edn. 12th Std., working as a AC Mechanic in Abroad. Contact email : vivinacardoza18@gmail.com

6647. MUMBAI : Mangalorean RC Bachelor (Born in January 1982) Ht. 164 cms, Wt. 70 kgs, Wheatish Complexion, Edn. Engineering, working as a Sr. Executive. Contact email : pereirapraveen@gmail.com

6641. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1982),

Ht. 6' 1", Wt. 100 kgs, Wheatish Complexion, Edn. Graduate, working as an Engineer, Contact email : melvinsaldanha20@gmail.com

6637. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in February 1987), Ht. 5' 11", Wt. 70 kgs, Wheatish Complexion, Edn. T.Y. B.Com., Hardware & Networking Diploma, working as a Technical Team Leader & Coordinator. Contact email : bipinsw52@gmail.com

6636. MUMBAI : East Indian Roman Catholic Bachelor, (Born in September 1983), Ht. 5' 9", Wt. 80 kgs, Wheatish Complexion, Edn. B.E., working as a Technical Lead. Contact email : joy.dominic@gmail.com

6634. MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1982), Ht. 157 cms, Wt. 80 kgs, Fair Complexion, Edn. Diploma Holder, working as a Mechanical Engineer. Contact email : santoshrodrigues7@gmail.com

6630. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in July 1983), Ht. 5' 8", Wt. 100 kgs, Wheatish Complexion, Edn. B.Com., PGDBA in HR, working as Associate Manager. Seeks any Roman Catholic good family background. Contact email : dereck@live.in

6624 MUMBAI : Mangalorean RC Bachelor, (Born in October 1986), Ht. 6', Wheatish Complexion, Edn. Bachelor in Hotel Management, working on Ship. Contact email : roland_dsouza007@yahoo.com

6622 MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in January 1984), Ht. 5' 5", Wt. 85 kgs, Fair Complexion, Edn. B.Com., working for Bank. Contact email : calva_86@yahoo.co.in

6621 MUMBAI : Tamilian Roman Catholic Bachelor, (Born in September 1970), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. B.Com., working as an Event Manager. Seeks good looking fair girl. Contact email : rosario.thefernandoco@gmail.com

6619 MUMBAI : Goan Roman Catholic Bachelor, (Born in September

GROOMS from ABROAD

6898 - SHIPPY
6889 - USA
6885 - USA
6879 - USA
6875 - KUWAIT
6874 - JAE
6867 - USA
6864 - DUBAI
6857 - AUSTRALIA
6845 - SHIPPY
6833 - AUSTRALIA
6830 - BAHRAIN
6829 - AUSTRALIA
6823 - SHIPPY
6805 - ABUDABHI
6564 - DUBAI
6562 - ABROAD
6553 - GERMANY
6542 - USA
6539 - DUBAI
6571 - CANADA
6750 - AUSTRALIA
6663 - USA
6693 - U.K.
6669 - NEWYORK
6571 - USA
6553 - GERMANY
6745 - DOHA QATAR
6743 - DUBAI
5767 - SPAIN
6708 - USA
6705 - DUBAI
6750 - AUSTRALIA
6704 - ABROAD
6558 - KUWAIT
6526 - DOHA QATAR
6771 - CANADA
6750 - AUSTRALIA
6677 - GULF
6667 - DUBAI

1985), Ht. 5' 7", Wt. 82 kgs, Fair Complexion, Edn. MBA Finance, working in MNC. Contact email : josh99.joshva@gmail.com

6618 MUMBAI : East Indian Roman Catholic Bachelor, (Born in December 1989), Ht. 5' 6", Wt. 56 kgs, Wheatish Complexion, Edn. Edn. M.Sc., working as a Resource Manager. Contact email : fernandesclyde176@gmail.com

Royal Christian Family MATRIMONIALS - GROOMS

6906. ABUDHABI : Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 2", Wt. 67 kgs, Wheatish Complexion, Edn. Bachelor in Business Admin., working as a Customer Support. Contact email : dvdleena@yahoo.co.

6731 MUMBAI : Mangalorean RC Bachelor, (Born in September 1978), Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. 12th, working as an Office boy in Bank, having own house. Contact email : dsouzamaximcb@gmail.com

6729 MUMBAI : Mangalorean RC Bachelor, (Born in November 1988), Ht. 6', Wt. 72 kgs, Fair Complexion, Edn. SSC, Diploma in A.C., working as a A.C. Technician. Contact email : johnmacoib@gmail.com

6726 MUMBAI : Mangalorean RC Bachelor, (Born in January 1984), Ht. 5' 9", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., MBA, LL.B., working as a Manager in reputed Company. Contact email : franscoroyal@rediffmail.com

6722 MUMBAI : East Indian RC Bachelor, (Born in September 1989), Ht. 5' 11", Wt. 64 kgs, Fair Complexion, Edn. M.Com., C.A., working in Audit firm. Contact email : eltn89@yahoo.co.in

6718 MUMBAI : Goan RC Bachelor, (Born in April 1980), Ht. 5' 7", Wt. 85 kgs, Wheatish Complexion, Edn. B.Com., working as a Marketing Executive. Contact email : mumbaischool@yahoo.co.in

6713 MUMBAI : Mangalorean RC Bachelor, (Born in September 1989), Ht. 5' 6", Wt. 67 kgs, Wheatish Complexion, Edn. B.E. (Extc) working as a Sales Engineer. Contact email : coelho.helen@yahoo.co.in

6711 MUMBAI : Mangalorean RC Bachelor, (Born in September 1985), Ht. 5' 8", Wt. 67 kgs, Wheatish Com-

plexion, Edn. B.Com., IATA, working as Investment Banking Analyst. Contact email : tristan.fernandes85@gmail.com

6709 MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in May 1985), Ht. 5' 8", Wt. 72 kgs, Wheatish Complexion, Edn. MBA, working as a Logistics Operations. Contact email : rosd2505@gmail.com

6707. MUMBAI : Goan RC bachelor, (Born in June 1975), Ht. 5' 10", Wt. 70 kgs, Fair Complexion, Edn. B.Sc., having own business. Seeks a Family oriented girl. Contact email : maxabreo@yahoo.com / maxabreo@vsnl.net

6705. MUMBAI : Anglo Indian RC bachelor, (Born in November 1979), Ht. 5' 4", Wt. 45 kgs, Fair Complexion, Edn. H.S.C., Dip. Hotel Mgt., working for Groups of Hotels in Dubai. Contact email : dnfernz@gmail.com

6704. MUMBAI : Goan RC bachelor, (Born in September 1987), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. 10th std., working as a Mech/Supervisor in Gulf. Contact email : josephdsouza12@gmail.com

6700. MUMBAI : Goan RC bachelor, (Born in September 1979), Ht. 5' 7", Wt. 72 kgs, Wheatish Complexion, Edn. B.Com., working for Private Firm. Contact email : savio_101in@yahoo.co.in

6681. MUMBAI : Goan RC bachelor, (Born in July 1977), Ht. 5' 10", Graduate Master of a reputed school seeks a suitable match. Contact email : noronhaneil@yahoo.in

6677. BANGALORE : R.C. Parents invite alliance : son Engineer B.E., (Mechanical), Divorcee working in the Gulf, having good job, well off, (Born in June 1967), Ht.

5' 4", Wt. 63 kgs. Girl should be educated, good family background, kind, loving & caring : caste denomination no bar! Contact Mob.: 07795101265

6675. MUMBAI : Roman Catholic Bachelor born and brought up in Mumbai (Born in October 1984), Ht. 6', slim athletic build, fair complexion, only child. Education BE Electronics, having family business (Electronic Component Manufacturing) from decent family having sober habits. Looking for slim, well educated Roman Catholic girl from decent family with sober habits, having height above 5' 2". If interested kindly send biodata with photograph to snad2450@gmail.com

6669 MUMBAI : Goan R.C. Bachelor, M.Sc., in Telecom, MBA, (Born in February 1978) Ht. 5' 5", Fair, good natured. Working as a Financial Analyst in New York. Contact email: zennon.fernandes@gmail.com

6667 MUMBAI : Goan R.C. Bachelor, B.Com., (Born in January 1983) Ht. 5' 7", Wt. 65 kgs, Fair, smart and good natured. Non alcoholic and non smoker. Seeks a fair, good looking, good natured slim Goan RC girl. Contact Mob: 9930466725

6485. MUMBAI: North Indian R.C. Bachelor, (Born in October 1974), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. B.Com., working for an MNC in Mumbai as Back Office Executive. Contact email : awr88@rediffmail.com

6228. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in December 1972). Ht. 5' 8", Wt. 65 kgs., Wheatish Complexion, Edn. S.S.C. A/C Tech. Course, working as a A/C. Technician in Voltas. Contact email : lawrencedias321@gmail.com

6172. MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1978), Ht. 5' 9", Wt. 86 kgs, Wheatish Complexion, Edn. M.Com., Position : Financial Consultant. Seeks a alliance from RC graduate/pst graduate spinster. Contact email: raceangelreb@yahoo.in

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Fort, Mumbai - 400 001.

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6908. MUMBAI : Mangalorean Roman Catholic spinster, (Born in July 1992), Ht. 5' 2", Wt. 53 kgs, Fair Complexion, Edn. B.Pharm + PGPBA., working as Sr. Executive in Pharma Packaging. Contact email : anaita.lopez@gmail.com

6907. MUMBAI : Mangalorean Roman Catholic spinster, (Born in May 1987), Ht. 5' 6", Wt. 70 kgs, Fair Complexion, Edn. B.Com., working for American Bank as a Bank Teller. Contact email : carolp_1987@yahoo.co.in

6905. ABUDHABI : Mangalorean Roman Catholic spinster, (Born in July 1989), Ht. 5' 1", Wheatish Complexion, Edn. Master in Commerce (Finance), working as a Secretary cum Accountant. Contact email : steffifernandez798@gmail.com

6851. BAHRAIN : Mangalorean Roman Catholic Spinster, (Born in January 1989), Ht. 5' 7", Wt. 64 kgs, Fair Complexion, good looking, Edn. B.E. Masters in IT Management, working as a I.T. Service Delivery Engineer. Contact email : sjbs2k18@gmail.com

6812. MUMBAI : East Indian Roman Catholic Spinster, (Born in November 1980), Ht. 5' 3", Wt. 48 kgs, Fair Complexion, Edn. M.Com., LLB., Advocate by profession. Contact email : marthajd25@gmail.com

6811. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1991), Ht. 5' 3", Wheatish Complexion, Edn. B.Com., working as a Freelance Content Creator. Contact email : dcostavalentina@gmail.com

6810. MUMBAI : Mangalorean RC Spinster, (Born in February 1990), Ht. 5' 4", Wheatish Complexion, M.P.T. (Master in Physiotherapy)

working in Mumbai, planning to settle down in Canada, seeks alliance from well settled, qualified Mangalorean RC bachelor with good family background and Christian values. Contact No. 9967119891

6809. BAHRAIN : Mangalorean Roman Catholic Spinster, (Born in May 1983), Ht. 5' 8", Wt. 62 kgs, Wheatish Complexion, Edn. B.Com., Computer, working as a Customer Service in Foreign Bank. Contact email : saldanhairene@hotmail.com

6032 DUBAI : Goan Roman Catholic Spinster, (Born in April 1976), Ht. 5' 2", Wt. 41 kgs, Wheatish Complexion, Edn. B.A., working as a Secretary. Contact email : track_1976@yahoo.com

6808. USA : Mangalorean Roman Catholic Spinster, (Born in August 1984), Ht. 5' 4", Fair Complexion, Edn. B.E., M.S. (USA), working as an Engineer in USA. Contact email : 1954.tulips@gmail.com

6532 BANGALORE : Mangalorean Roman Catholic Spinster, Only Child, (Born in December 1976), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.A. Communication, working as an Assistant. Contact email : ashajob@hotmail.com

6341 MUMBAI : Protestant Christian spinster, (Born in April 1985), Ht. 5' 1", Wt. 58 kgs, Wheatish Complexion, Edn. B.A., B.Ed., Teacher by profession. Seeks a groom from well settled, educated and good family background. Contact email : georgethomas1353@yahoo.com

6748 MUMBAI : Goan Roman Catholic spinster, (Born in March 1987), Ht. 5' 3", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., with Dip. in

Software Testing, working as a Test Engineering Specialist at a MNC. Contact email : thomasdsouza18@gmail.com

6822.KUWAIT : Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

6807. U.S.A. : Mangalorean Roman Catholic Spinster, (Born in January 1988), Ht. 5' 6", Wt. 54 kgs, Wheatish Complexion, Edn. B.E. Computer Engineering, working as a Software Engineer in California. Preferred someone working in U.S.A. Contact email : celinefranciscunha@gmail.com

6804. COIMBATORE : Anglo Indian Roman Catholic Spinster, (Born in October 1983), Ht. 5', Wt. 68 kgs, Wheatish Complexion, Edn. B.Sc IT, MIB, MBA., working as an Export backend operations and customer support operations. Contact email : patricia_melisa@yahoo.co.in

MATRIMONIAL

6822. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

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Email : royalchristianfamily@gmail.com

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6779 MUMBAI : Goan Roman Catholic Spinster, (Born in September 1988), Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.A. in Literature, Teacher by profession. Contact email : angelagurjao1@gmail.com

6665 MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bacheor. Contact email: alcheckmate@gmail.com OR 9867292764

6770. MANGALORE : Mangalorean Roman Catholic spinster, (Born in October 1987), Ht. 5' 2", Wt. 52 kgs, Wheatish Complexion, Edn. MBBS, Senior Residential Doctor. Contact email: myname2487@gmail.com

6337. M.P. : Protestant Christian Divorcee, (Born in July 1980), Ht. 5' 3", Wt. 52 kgs, Wheatish Complexion, Edn. B.E. (Computer Science), MBA (HR), working as a Senior Manager , MNC Mumbai. Seeks a match residing in Mumbai, having a decent qualification and well settled. Contact email : estherjoseph@rediffmail.com

6769. MUMBAI : East Indian Roman Catholic spinster, (Born in December 1986), Ht. 5' 1", Wt. 70 kgs, Wheatish Complexion, Edn. MBA in Finance, Deputy Manager in Bank. Contact email: dianafnnds62@gmail.com

6767. MANGALORE : Mangalorean Roman Catholic spinster, (Born in August 1991), Ht. 5' 6", Wt. 80 kgs, Wheatish Complexion, Edn. M.A. (English), Teacher by profession. Contact email : predita1989@gmail.com

6414 MUMBAI : Roman Catholic Spinster, (Born in July 1989), Ht. 5' 1", Wt. 48 kgs, Wheatish Complexion, Edn. B.Com., (Banking & Insurance) working as a Consultant.

She is vegetarian. Contact email : rosemarybharda@yahoo.com OR 9224780162

6765. MUMBAI : Goan Roman Catholic spinster, (Born in March 1986), Ht. 5' 4", Wt. 42 kgs, Wheatish Complexion, Edn. C.A., working as a Chartered Accountant. Contact email : marilyn.dcosta22@gmail.com

6802. MUMBAI : Goan Roman Catholic Widow, (Born in September 1986), Ht. 5' 5", Wt. 50 kgs, Fair Complexion, Edn. B.A., working as a Auditor. Contact email : lemosmarina0@gmail.com

6801. MUMBAI : East Indian Roman Catholic Spinster, (Born in July 1991), Ht. 5' 2", Wt. 48 kgs, Wheatish Complexion, Edn. M.Sc., Working. Contact email : monicathrt@gmail.com

6668. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in February 1989), Ht. 5' 2", Wheatish Complexion, Edn. B.Com., MBA in HR, working as a HR Professional in a Tata Group Company. Contact email : wilfyjoy@rediffmail.com OR 9860302527

6733. MUMBAI : East Indian RC Spinster, (Born in October 1989), Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. B.A. (Hons), & CS (Company Secretary) working as a Company Secretary in Financial Company. Contact email : cslibra89@outlook.com

6732. MUMBAI : Tamilian RC Spinster, (Born in June 1990), Ht. 5' 1", Wt. 52 kgs, Wheatish Complexion, Edn. M.Com., B.Ed., Teacher by profession. Contact email : adnadar@gmail.com

6689. MUMBAI : Goan Roman Catholic Spinster, (Born in May 1990), Ht. 5' 2", Wt. 60 kgs, Wheatish Complexion, Edn. B.Sc. B.Ed., M.A. M.Ed., Teacher by profession. Contact email : sspasware@gmail.com

6226 MUMBAI : Goan Roman Catholic Spinster, (Born in June 1989), Ht. 5' 2", Wt. 45 kgs, Wheatish Complexion, Edn. B.Com., working as a Supervisor in Bank. Contact email : rodriguesmary898@gmail.com

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6836 - CANADA
6835 - USA
6822 - KUWAIT
6809 - BAHRAIN
6808 - USA
6807 - USA
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6902 - DUBAI
6569 DUBAI
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MEMORARE

Remember O most Gracious Virgin Mary, that never was it known that anyone who fled to Thy protection, implored Thy help or sought Thy intercession was left unaided. Inspired by this confidence, I fly unto Thee, O Virgin of Virgins, my Mother. To thee I come, before Thee I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in Thy Mercy, hear and answer me. Amen.

Say 9 times in a row and tenth time in thanks. Your prayer will be answered.

—Olinda and family.

Thanksgiving



Thanks to St. Anthony, St. Jude and Divine Mercy
For favour granted

—Devotee, Bandra



Thanksgiving

Deep heart-felt thanks
to Holy Family for the
favours granted

Praying for more fa-
vours.

—B. D. S.,
Santacruz

Thanksgiving

May the Sacred Heart of Jesus be Praised Adored, Glorified and Loved today and everyday throughout the world, now and forever. Amen!!



Ask St. Clare for three favours two impossible and say nine Hail Mary's and the above prayer for 9 days with a lighted candle and publish on the 9th day your request will be granted no matter how impossible it is

—P. R. Andheri

Thanksgiving

May the Sacred Heart of Jesus be Adored, Glorified, Loved and Praised throughout the world. Sacred Heart of Jesus thy Kingdom come. Sacred Heart of Jesus have mercy on us. St. Jude the worker of miracles pray for us. St. Jude helper of the hopeless cases pray for us.



Say 9 times for 9 days.

Publish on receiving the request.

—Ronald and family

Thanksgiving

Thanks to
Our Lady of
Perpetual Succour
for favours granted



—Kevin T. S.
Chennai

Prayer to St. Expedite for solving a financial crisis



I call forth the Power and the presence of St. Expedite in my time of financial trouble. I offer my body, heart, mind and soul upon your altar of light. I have faith and trust and complete confidence that you will be my strength in this time of need. Quickly come to my assistance.

(State Your Petition) _____
My financial need is urgent. Be my

Light and Guide in this situation so that I may live with peace, love, prosperity and abundance and in the Praise of God.

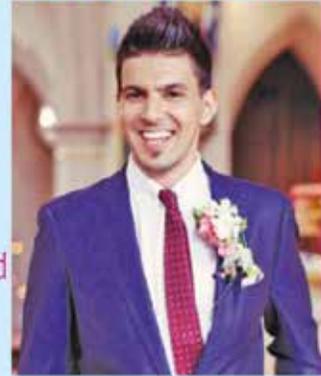
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