

THE SECULAR CITIZEN

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A NATIONAL FAMILY WEEKLY

Whether we are witnessing
the death of a healthy
dialogue and the rise of a
caustic binary public discourse?



Identical twins celebrate 60 years as priests

Identical twins, Fathers Patrick and John O'Neill CSSR, were both present when the Sydney Harbour Bridge was opened in 1932. But they have no memory of the momentous occasion: they were only six weeks old at the time.

The 86 year-old brothers do remember, however, being ordained to the priesthood together at the Redemptorist monastery in Ballarat in Victoria, Australia some 60 years ago, on 16 March 1958.

Despite the fact they had both felt called to the priesthood from an early age, the twin brothers never discussed it with each other. They “just knew” they were meant to be priests.

“It’s the mystery of vocation,” Fr Patrick said. “Why did I want to be a priest? I don’t know. But I know it’s been a very happy life. I wouldn’t do anything else.”

“I always wanted to be a priest,” Fr John added. “Always.”

With their parents on ordination day

While growing up in Goulburn with their six brothers and sisters, Frs Patrick and John say they had a “wonderful” education from the Mercy Sisters during their primary school years, and the Christian Brothers at secondary school.

They entered the Redemptorists’ minor seminary together at Galong when they were just 15 years old. Later they went on to the novitiate at Pennant Hills and then the seminary in Ballarat and Mayfield.

During their novitiate years, the teaching staff decided that there could only be one vocation between the two of them and set about trying to determine which twin had the vocation.

“We were like two peas in the same pod,” Fr John said. “We couldn’t both



have a vocation. So they said ‘we have to separate them to see who’s got the vocation’. I was promoted to a higher class, he was put down a class.”

But it was all to no avail. Both young men were clearly being called to priesthood.

“There was no reaction so they put us back where we belonged. We finished up back in the same class,” Fr Patrick chuckled.

It was soon after ordination that the brothers truly went their separate ways. After studying together in Rome Fr John returned to Australia to teach in the seminary while Fr Patrick stayed on to continue his course in moral theology.

The twins took the separation in their stride. When their ways finally parted in Venice it was far from the traumatic event that others warned them it would be.

“He said, ‘well I’m off’. And I said ‘good, well I’ll see you when I see you’,” Fr Patrick laughed.

Over the ensuing decades Fr John was sent on mission work in parishes all around Australia which he considered the most important part of his vocation as a Redemptorist priest. “You’re doing what you want to do, which is making the Lord known. A bit like the Apostles,” he said.

He eventually felt called to undertake missionary work in Africa and served at the Redemptorists’ mission in Burkina Faso for almost 22 years, only returning home after suffering a stroke in 2007.

Meanwhile Fr Patrick served in a variety of roles for the Redemptorists including teaching, accounting and farm work at the minor seminary in Galong. But it was the three years of mission work in Townsville that he says were the “best years” of his life. Mission work has been the highlight of his vocation, he says. “That’s what we were ordained for.”

When Fr John suffered the stroke in Africa, Fr Patrick flew to Rome to meet his brother there and bring him home to Australia. And so the brothers were reunited once more.

They now live together at the Redemptorist community in Kogarah.

As they prepare to celebrate their Diamond Jubilee on 16 March, Frs Patrick and John say they can see that God’s hand has been guiding them all the way.

Fr Patrick struggles to explain how as young men they decided to become Redemptorists—a religious order they only heard about six months before they entered.

“How do you explain that? It’s the mystery of vocation,” he said again.

“God is in charge,” Fr John said. “If you just follow what he wants that’s it. He knows where you are, you don’t have to make plans. Just wait until those that need you, want you. That’s about it. The marvelous thing is that there’s somebody upstairs looking after all this.”

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'Thought for the week'

Truth is a debit card - pay first and enjoy later. Life is a credit card - enjoy first and pay later.

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Cover : Whether we are witnessing the death ... :

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Why did India wake up so late to a child rape and murder?

By Don Aguiar

A bright looking eight-year old girl belonging to a Muslim nomadic tribe in Indian-administered Kashmir goes missing in the New Year. On 17 January, her battered body is recovered from a forest in Kathua district. Through February, police arrest eight men, including a retired government official, four policemen and a juvenile, in connection with the gang rape and murder of the girl.

There are protests in the summer capital, Srinagar, demanding a special probe into the incident. The crime exposed the fault lines between the Hindu-majority Jammu and the Muslim-majority Kashmir valley in a sharply divided state. The incident is covered promptly and prominently by the local media in the Muslim-dominated valley.

So why does this story from Kathua make it to national news networks only in mid-April? Why does it evoke delayed outrage and anger? Why does this happen only after Hindu right-wing group's protest the arrest of the accused, who also belong to a Hindu community, who knew that their behavior would be endorsed by the politically powerful and those who have made their careers by polarizing Hindus and Muslims across the sectarian divide?

Why are the eventual protests in Delhi - including a midnight candle march in New Delhi by chief opposition leader Rahul Gandhi milder than the ones after a similarly brutal gang-rape and murder of a 23-year-old woman in Delhi in 2012? (what about his party's Jammu unit on the ground? When will they take out a candle light march in Jammu?)

The responses tell us something about modern India.

The media in Delhi, many believe, exerts a disproportionate and undeserved influence over shaping the "national narrative". And large sections of this media have been partisan and selective when it comes to reporting on Kashmir, one of the world's most heavily militarized regions.

India and Pakistan have fought two wars and a limited conflict over Kashmir and there's been an armed revolt in the region against Indian rule since 1989. "The big-

(Contd.. on p. 16)

DEAD BUT ALIVE...!!

A stifled scream, a bated breath
Felt like I was almost dead
Wanted to flee, wanted to bite
The grip so strong, I couldn't fight

Memories flashed to and fro
Make a run, where will I go ?
Trapped liked an animal, I cried
God, help me, I don't want to die

My mum bathed and clothed me
Ever so gentle was her touch
I was scared as they ravaged me
Mummy – it, it hurt so much..!



I wanted to live, I had my dreams
Hopes which mum and dad had bred
A future bright, in the land of light
I found myself – alas, full of dread.

I thought I will be spared at last
Their lust brutal, finally satiated
But they wanted to shut me up
They throttled me and I was –dead.

You will shudder and you weep
My picture you will, in step carry
To seek justice for me and all
Humankind, please do – don't tarry.

Fr. Austin Norris

Why You Should Pray Early in the Morning

What is so important about early morning prayers...?

1. Prayers in the morning is very important because you meet God before you meet the devil.
2. You meet God before you meet the circumstances of life.
3. You talk to God before you talk to people.
4. You fellowship with God before you fellowship with people.
5. You hear news from Heaven before you receive any breaking news.
6. You sit before the throne of God before you sit before the throne of men.
7. You kneel before God before you kneel down before people.
8. You honour God before you honour people.
9. You get into God's presence before you get into the presence of men.
10. You feed your Spirit before you feed your body.
11. You call Jesus before you call all other small names.
12. You see Jesus Christ before you see yourself in the mirror.
13. You sweep your heart before you sweep your yard.

So, beloved, wake up and open your mouth and fellowship with your Lord Jesus. Prayer is a powerful weapon to drive away Satan. The weapon is in your hand. The power is in your mouth. Rise up. Use the power of prayer to empower yourself!

— **Jubel D'Cruz,**
Mumbai

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'Roman Catholics'? Why not 'Indian Catholics'?

Cardinal Oswald Gracias when speaking at the conference of Latin rite bishops in Bangalore in February reportedly told the gathering: "The Catholic Church needs our nation, and India needs the church ... We will be asking our people also to become better Indian Christians. This is the call of today to be fully Indian, fully Christian."

Your editorial seems say that 'in making such statements, bishops are making a profound analytical mistake'. Well, I beg to differ. We still need to be "fully Indian". Let us ourselves s few questions to come to the realisation:

1. How do we call ourselves religiously? 'Roman Catholics'? Why not 'Indian Catholics'?

2. Check our names and surnames they betray European Patrimony. For example, Why should I call myself 'DeMonte' rather than 'Welingkar' or Vasaikar?

3. How many of our Christian feasts and seasons go along with Indian seasons? Does our fasting for example, coincide with monsoons that demands 'Upawas' naturally?

4. Which is our Holy land? Israel, a foreign land? Which is the holy river for us? Jordan? A foreign one? The list is long one.

So let us admit that though we are Indian there is still a lot of space for becoming "Fully" Indian."

—Fr. Michael G
Vianney Ashram, Vasai.

Obituary

Archbishop Abraham of Nagpur

who was in Delhi for a meeting on 19th April passed away unexprctedly. He died in action and in office! How nice! He attended a prayer meeting the previous evening in front of the Cathedral.

Archbishop Abraham was one of those bishops who were fired by the renewal program initiated by Vat. II. Personally he was a great support to me in my 10 years of experiments in 'Creative Liturgy' at NBCIC, Bangalore. He writes about one of my provocative Creative Liturgy presented in a National meeting in 2001: "The liturgical play, 'Liturgy is Humbug' has given us today a message in a capsule that is enough for our week's deliberation!" (September 2001)

MAY HE REST IN Peace!.

—Fr. Michael G
Mumbai

Death Penalty may prove counter pro- ductive

Pushed to the wall following national outrage at the horrific Kathua rape and murder of an 8-yr old girl and a string of near-similar crimes, the union cabinet approved an ordinance prescribing death penalty for rape of minors below 12 years of age and enhanced punishment for all other rape crimes. While the stringent measures proposed by the ordinance are a move in the right direction and appreciated by all, the death penalty (which the church does not approve) will make it more difficult for children to come out and disclose sexual abuse. (According to studies by research scholars, about 94 % of the offenders, registered under POC SO, are either relatives or otherwise known to the victim).Hence it is necessary to sen-

sitise school children in a big way to the dangers of this evil lurking in their environs. Children should be taught to distinguish between good and bad 'uncles' among neighbours, relatives and in school/school buses.

Primary school teachers who are idolised by children can be of great help. Govt should allocate sufficient funds for training of existing school teachers to enable them to double up as child psychologists so that no child suffers in silence out of ignorance or fear. Personally, as an educationist and also a grandfather of school going children, I would like to see primary school teachers spending ten minutes a day interacting with an individual student on a one-to-one basis .

— Prof Robert Castellino,
Orlem

' Avoid evils of power and money etc '

With reference to DR HAZEL COLASO's letter titled : " Power and Money: Social Justice according to Bergoglio " in THE SECULAR CITIZEN dated MONDAY 23 , APRIL 2018 - SUNDAY ,29 APRIL,2018 power corrupts and absolute power corrupts absolutely so as far as possible it should be avoided by leading/living a simple and humble life in thought word and deed there by enjoying life in the very best way without any unnecessary hassles and worries.

Money is the root cause of all evil and despite the evil of materialism one should try and be thoroughly satisfied with what one possesses.

By practicing charity one can curb the unnecessary greed for money at all costs and when ever one lacks money and urgently needs it the person who is charitable will automatically get it.

True love and true happiness can nev-

(Contd.. on p. 6)

(Contd.. from p. 5)

er be bought with money and those think that they can do so are leading artificial lives.

Good business requires good ethics to grow and prosper and pride always has a fall -so it is unnecessary in business

Thus one must avoid the evils of power and money etc at all costs.

—Peter Castellino

“Festival of Families”

Archbishop Martin of Armagh, Ireland, spoke of the upcoming 9th World Meeting of Families, in Dublin, 21-26 August 2018. Its theme: “*The Gospel of the Family; Joy for the World!*” Pope Francis will be present.

“This gathering aims to show the world, that living the Catholic ideal of marriage and family life is not only impossible, but is a realism that can be attained. Our message is about fidelity! - that God loves us personally – that human life is sacred from the first moment of conception, all through marriage, until natural death – that chastity is possible for our young people.”

“Families are the first place where people learn to go outside of themselves, through compromise and sacrifice, which go against the individualistic mentality. Very few families can survive individualism. One approach to family life is to start from the perspective of love and joy, which are the heart of the Gospel!”

“It will be an opportunity for families to come together, share their experiences, their hopes and their challenges, without sugar-coating anything. The ‘harder-edge’ will focus on how families can be supported from all levels of the Church.”

“To this end, I point to *Gaudete et Exsultate*, Pope’s apostolic exhortation on the ‘Call to Holiness’! Examples of this holiness can be found in your mum, dad, and your grandparents. These are people who have struggled, but lived as best they could a faithful life – ‘a marriage held in honor, where the marriage bed was kept undefiled’ (cf. *Hebrews 13:4*).”

—Dr. Hazel Colaso,
Bandra (W),
Mumbai.

SHRINE OF OUR LADY OF FATIMA, KARJAT

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On Sunday, 13th May 2018



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- 09.00 am - Unfurling of the Flag
- 09.30 am - Holy Eucharist - **Bp. Barthol Barretto**
- 10.45 am - Fatima devotional Novena
- 12.00 pm - Holy Eucharist - **Bp. Dominic Savio Fernandes**
- 01.00 pm - Fellowship Meal
- 02.00 pm - Consecration of the Family
- 03.00 pm – Eucharistic Adoration and Blessings

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All For The Money - It's a rich man's world

by Rtn. Calwyn D'Abreo

Your Money Energy is inside you.

You are all human and divine if you love the God given exchange parameter. MONEY. Besides the optimus magna which is LOVE

If you are a humanoid and bereft, deprived and lacking of the salicylic emotion of LOVE you cannot love MONEY.

then you are nothing but a bandicoot with a damaged snout, covered with the sin of the depraved and desolate.

You are only found in holes the size of your duffers cap. You are within the ambit of perdition with a prolapse of genetic engineering gone wrong. Never the less, your money Energy is inside you. To be or not to be.

You have a particular money energy feature which is either attracting or pushing money away in your life.

Everybody has a specific money energy installed inside your esoteric self and it comes to you by default or by rubbing shoulders with those who fly on a magic carpet. Like they say you become the average of those three wise men who you continuously move around with.

You may not immediately understand this non fiction episode in your life about what is but your money energy is created by your own thoughts and beliefs about money and the lessons learnt from those who you fraternize with. Money, wealth, the bouquet of happiness which money brings to those who have not the till empty is always in ratio with the need for what you want.

Your money energy is inside you.

How do we vitaminize this force to reckon with.

Thoughts and beliefs are planted on your subconscious mind from the preparatory age of infant reasoning. Your gracious parents are the first to begin the initial emotional quotient for the like or dislike of money. It is at this stage that the mind of the child assembles its core personality with money and justifies its presence as good or bad. But thought and beliefs are sanctimonious in the equation towards manifesting your presence in the shadow of the golden rainbow of evidence that you like money. What you like is what you attract which then attracts the people, situations and opportunities to either help you make and have more money or lose and struggle with money as if waiting for Godot and Samuel Beckett.

If you are poor or don't have as much money as you really want, or if the penchant is to make more but just can't then you are likely to have the wrong telephone number for money energy - you have a digit missing or chances are you have the right name to call but the wrong thoughts and beliefs. You have created a field for negative money energy. There is distortion in your mind pathway. You are the weather maker. You need to change that 'imagic' to positive money energy. When you have positive money energy you attract more money, you have more money and you'll keep making more money. Remember, you must LOVEMONEY to be with money and exchange its worth for goods and services for which you are to use trade and commerce fellowship as the basis for all that is.

But when you have negative money energy you pay more for the abuse you put into a God given gift, you make the wrong money choices and you feel like you just can't make enough money to really enjoy life and create all the extensions of a wealthy performance in your day to day activities. You push money away instead of attracting money. You are now an imi-

tation of the negation of life which is ready to offer to those who succumb to the frailty of an obnoxious mental platform

The question now is very simple. So, do you have positive or negative money energy?

The answer follows in full jurisprudence and yet with a lot of panache. With flamboyancy and confidence. But the final score is yet to come.

Take a look at your current situation and you'll be able to tell right away if you have positive or negative money energy.

If you don't feel like you have enough money, if you think everything is too expensive and you want to make and have more money but just can't seem to get ahead or make as much as you want, then you have negative money energy. You need to get rid of the negative money energy and replace it with positive money energy right away and if you keep the negative money energy things will simply go from bad to worse. Now you can change your money energy. You can attract and have more money. You can have positive money energy. Remember: Your subconscious creates your money energy. Other people pick up on your money energy and they either help you make more money or they help you lose more money.

Negative thoughts and negative beliefs about money force your subconscious to create negative money energy. When that happens it just gets harder and harder to make and have more money. With negative money energy you can try to make more but nothing seems to work out. You could try to get a promotion or a better job or grow your business but you just can't get that break you want. What ever you do just doesn't work out for you. It's all because of your negative money energy. You're simply giving

(To be contd...)

WHETHER WE ARE WITNESSING THE DEATH OF A HEALTHY DIALOGUE AND THE RISE OF A CAUSTIC BINARY PUBLIC DISCOURSE?

by Eric D'Sa

I happen to be a member of a 'What's App' group consisting of old classmates of a marine Engineering college 1959-63. Most of us are from different parts of the country, speak in different mother tongues and of different religions and castes. We are well read, educated and since passing out of the college, have travelled worldwide on ships. Many of us have worked in foreign countries and some of us have even settled down permanently in foreign countries. One would expect with such a background that we would be fairly broad minded, not dogmatically religious and liberal in our outlook. We are generally financially well off and living fairly comfortable retired lives. Most of us mean well for the country, a little disappointed that we have languished far behind a lot of foreign countries that we have visited over the years. We are keen to see faster economic growth of the country and general eradication of stark poverty we still see around us.

Hence it is not surprising that many in the group are strong supporters of Narendra Modi and the BJP, who promised a lot of rapid development and growth when elected to power. However as the years of NDA 2 Government has progressed, the huge expectations have not been met and as it happens in a democracy, there is lot of unrest specifically in the lower rungs of the economic pyramid. Added to it is the sudden change in Nehruian secular, liberal, democratic narrative which has quickly swung to a Bhagwat/ RSS lead religious, dogmatic, dictatorial narrative. This has brought in its own problems. Yet what has worried many progressive and rational Indians, is a what I see in my What's App Group. It is the symptoms of a larger malaise; the death of the

healthy dialogue and the rapid rise of a caustic binary discourse. It is unfortunately permeating every aspect of our lives and threatening the very democratic credentials, which our founding fathers bequeathed to us, when the nation attained independence.

Last week the filing of a chargesheet by the police in Jammu, blew the lid of one of the most heinous crimes ever witnessed by our generation, in which an eight year innocent girl was abducted in Jammu, brutally gang

**YOU THE CITIZENS
DECIDE:**

raped over days in an empty temple in a remote area and then killed. It is in a way more gruesome than the Nirbhaya rape case of 2012, which had shaken India at its core. This is because we come face to face with a very beautiful and innocent young face that haunts us. More worrying is the aftermath, where groups have rallied for the accused seeking to give this entire gruesome episode a communal hue. There has been a deliberate attempt for the police to cover up the crime and for the first time in the country, a group of lawyers who are supposed to uphold the law, were trying to brazenly and openly prevent the FIR being filed in front of a magistrate.

This entire episode - together what had happened earlier in Unnao, in Uttar Pradesh is a scary wake up call to the ordinary people in so many ways. It is not only the brutality of the gang rape of a teenage girl by an MLA and his associates over days, but what was done in police custody to the father of the girl, who had gone to the police station to report the rape of his

daughter so that a FIR could be filed, has also shocked the consciousness of the public. The man died within 3 days of being in police custody, due to severe beating by the brother of the MLA. What is important to note is that there is a law in the country which clearly stipulates that as soon as a complaint is made by a teenage rape victim, an FIR has to be registered and the rapist be arrested. This was blatantly and deliberately not followed by the police.

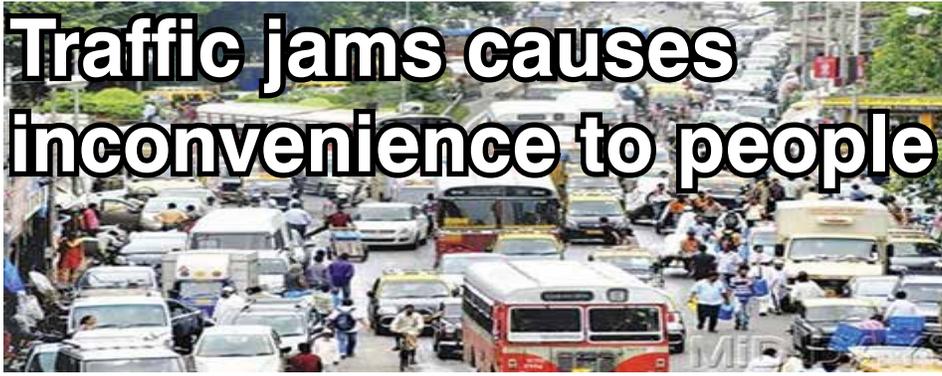
In short, it points to the breakdown of the polity in the country, a warning that an aspiring India can ignore at its own peril. For this each of us 1.2 billion Indians, not just opportunistic politicians, are equally culpable.

However what we see and what is being said in the forwards of What's App Groups, is a rapid rise in binary public discourse. The quick rise in the last five years of the social media, has created a perfect ecosystem for the spread of binary discourse. The business of fake news is like a pandemic. A recent research has concluded that the falsehood diffused significantly faster, farther and more broadly than the truth in all categories of information. The blame if any the study says, is mainly due to humans with their predilection to believe false news. The greater likelihood of people to retweet falsity more than the truth, is what drives the spread of false news, despite networks and individuals that favour the truth.

This is exactly what we are seeing panning out over the last one week as conspiracy theories on the heinous crime committed in Jammu in our What's App in boxes. In fact some of us are beginning to see the national outrage as part of some conspiracy. Even if we for a moment accept this view point, how does this deny a hei-

(Contd.. on p. 9)

Traffic jams causes inconvenience to people



BY JUBEL D'CRUZ

Traffic congestion or traffic jams on our roads are a common sight. According to the traffic police, traffic jams leads to problems such as road rage and road bullies, in addition to fatal accidents.

Traffic jams happen when the roads are congested with vehicles and they are moving very slowly instead of moving fast. This occurrence can take a negative effect on businesses that falls down to the negative effect on the economy. Almost all of the businesses now-a-days are fitting on the trend of home shopping; this kind of mode in a business requires the businessmen to send their products to the customers, via courier. The courier company then delivers it

to the customer through their delivery boy who either rides a motorcycle or takes a delivery van. When the product is delayed because of traffic jam, the customer will possibly be unsatisfied and the Company that offered the service will have a bad reputation. This short amount of time that the products or goods have been delayed can cause a major problem to the clients and the entrepreneurs.

Students and employees are also affected by traffic jams and the effect of it on their lives play a major role on their productivity at work or school.

Let's cite an example: An employee woke up early one morning because he/she has a presentation in office that will determine his/her promotion. But as he/she drives on the road, he/she notices that the traffic is moving at a snail's pace and he/she has no other way of going to the office, except by that road. Another person has his/her son/daughter who is having an examination that day. The traffic jam made him/her late and he/she reaches the examination hall late, thus losing marks in that particular paper.

Traffic jams can cause delays in many areas of our life and that delayed time may cause so much inconvenience to people.

I work at Marol Naka in Andheri (East) and the traffic here is very heavy, especially in the evenings after 5.00 p.m. Every evenings after 5.00 p.m., there is a huge traffic jam along the Andheri-Kurla Road and the authorities concerned are turning a blind eye towards it. This has been going on for years --- 35 years to be precise. I leave office at 6.00 pm. and by the time I reach my residence at Sion, it is almost 9.30 p.m.

Other negative effects of traffic jams are additional pollution, more fuel expenditure and delay in the delivery of goods.

If a person gets stuck up in a traffic jam for at least an hour everyday and the average productive life of that person is 30 years, then he/she will be wasting an average of about 28,000 hours of his/her life just because of the traffic jam. If we think about it, this is not a good idea to live your life. Money is wasted and almost half of your life will be spent sitting in a vehicle doing nothing, just waiting for the vehicles in front of you to move.

One study suggests that people who sit that long have a shorter life expectancy; so the longer you sit in a vehicle, the shorter your life becomes.

Traffic jams also contributes to pollution because of the gases that the vehicles emit. These pollutants are harmful to the health of the people and to the earth because those kinds of toxic gases cause a major harm to the ozone layer of the earth.

One of the main reasons why there's more congestion is due to more cars on the road. The adult population is increasing and therefore more people want their own personal transport to get around with. As the number of cars increase, the chance of congestion also increases. That is why in smaller towns and villages congestion is almost unheard of.

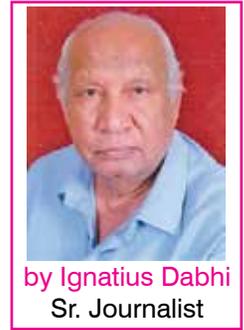
The disadvantages of traffic jams are never ending. It can only end if the government provides us with wider roads for the vehicles to move. People can also help diminish traffic jams by not using their vehicles very often and walk their way to their destinations or take a public transport.

(Contd.. from p. 8)

nous nature of the cold blooded and premeditated assault, rape and murder of an innocent minor. This is exactly the problem with a binary discourse narrative. The noise overwhelms the news and once it takes root, it is like an endless spiral into negativity and binary conclusions.

Is there a way out of this mess we are in? Of course there is. It is just that the solution requires collective responsibility of purpose and acceptance of the fundamental premise of the Indian constitution that we are all equal regardless of gender or caste or language or religious denomination. What is essential is to reclaim the middle space- which has all but been eroded - and a basis of dialogue be restored. You the citizens decide whether we can do the same?

World's Biggest democracy where Parliament does not function

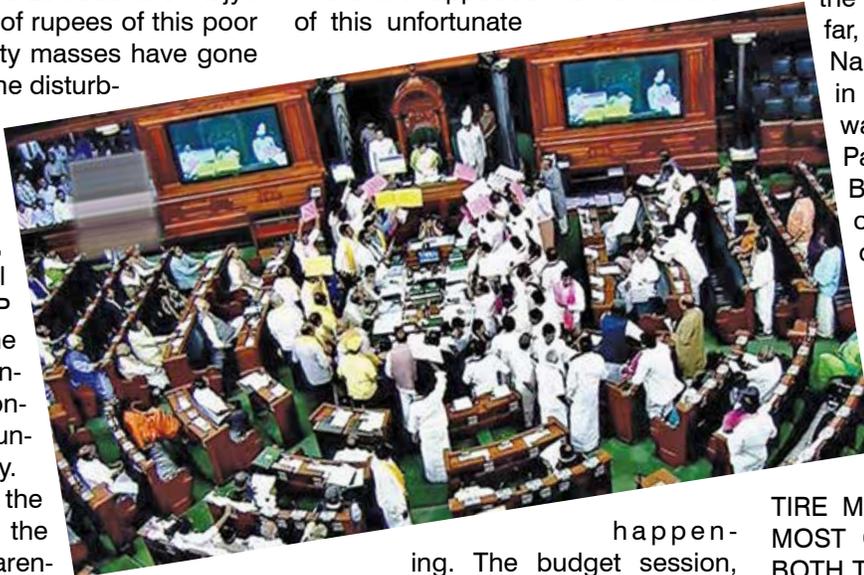


by Ignatius Dabhi
Sr. Journalist

Ever since the Bhartiya Janata Party has taken up the reigns at the Centre, both the Houses of the world's biggest democracy do not function properly. Mr. Narendra Modi has been the first Prime Minister who has attended the least either in the Lok Sabha or Rajya Sabha. Crores of rupees of this poor country's sweaty masses have gone waste. This is the disturbing truth. Having witnessed the functioning in the both the Houses, I strongly feel the ruling BJP as well as the opposing Congress are responsible for this unfortunate history.

After the address of the President, Narendra Modi's speech was sounded more an election speech than an address to the Parliament. We don't blame Modi because he is a good speaker before the paid crowds. His strong dislike for the Neharus and (Parsi) Gandhis found unparliamentary expressions more than required. The Opposition parties went on shouting slogans and Modi may be for first time experienced an

unruly listeners. The top most positions are filled up by those who have been very active members of RSS or VHP. Political pundits say that Mr. Mohan Bhagwat has been playing his secret Hindu agenda role through his men, if it is true, it is highly dangerous. The entire Opposition is well aware of this unfortunate



Speakers of both the Houses had a very tough time to face the music. The wise PM gracefully avoided attending the House. No Prime Minister, so far, had so much of protest as Narendra Modi had this session in the House. The entire world watched the way in which our Parliament functions under the BJP rule. There was no grace or manners. It has been indeed shameful to witness our so called leaders (mis) behaving in the House.

ACCORDING TO A REPORT, RS.190/- CRS. WENT WASTE IN THE ENTIRE MELEE. HAVING WITNESSES MOST OF THE PROCEEDINGS IN BOTH THE HOUSES FOR THE LAST 30 YEARS, THIS SESSION WAS MOST DISAPPOINTING AND SAD. NO WHERE IN THE LAST SIXTY YEARS. THE GENERAL BUDGET AND FINANCIAL MATTERS WERE PASSED WITHOUT ANY DISCUSSIONS. MANY LEADING WORLD NEWSPAPERS HAD PRINTED THIS ON THEIR EDITORIAL OR FIRST PAGES. THE PMO SHOULD TAKE A VERY VERY SERIOUS NOTE OF THIS

happening. The budget session, this year started from January 29 to February 9 and the second phase from March 6th to April. The Speakers faced the hell... No serious work was transacted and the BJP with its majority claim could not be allowed to function. Then the age-old blame-game starts. BJP's prime target is Congress and Congress under the new leadership does not lag in the game! A report received from the 'Parliament Functioning' says! of the total work, Loksabha could transact only 23 percent and Rajyasabha could complete only 28 percent of work. In all, Loksabha could waste 127 hours and 42 minutes and Rajyasabha could waste 124 hours. 28 Bills were assigned to be passes in Loksabha and there were 39 Bills were to pass in the Upper House. Some demands like a special category for Andhra Pradesh, Kaveri Union, Supreme Court ruling on the SC / ST judgement, breaking of Ambedkar statues and bank scams created unruly scenes and

The pertinent question is: why doesn't the Prime Minister attend both the Houses regularly? The Winter Session saw that senior ministers were on election campaign in Gujarat and they failed to attend the Houses..... With more than 32 political parties, the world's biggest democracy is undergoing difficult days.... ad and equally true.

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A sordid Kath[u]a

Here we go again. Day after day rape after rape! This time it is about 8 year old – Asifa. The Kathua case is not an isolated one and will not be. Yet, we wake up after a deep slumber. Ever since the Nirbhaya incident, lakhs of such cases [including those which have not been reported] have occurred and only a handful, have been highlighted. Once in a way we give vent to our feelings with activists, politicians, celebrities and the general public holding demonstrations, candle light vigils and what not – some genuine and some for photo-ops. The politicians compete with each other to make the most of every gruesome tragedy. With passage of time we tend to accept it as part of life and simply move on.

What is so terrifying about this particular rape case? It has occurred in a sensitive state like J & K. The mastermind roped in his juvenile nephew to lure the hapless girl and got her kidnapped and kept her in a room, of all places, in a temple – House of God. The caretaker of the temple was an accomplice and unfortunately his name was Ram. Four police personnel were also complicit in the whole thing. As if this was not enough, Hindu Ekta Manch organized rallies to protect the alleged culprits. Two BJP ministers were part of this effort. This open support for the perpetrators of the most heinous crime of gang-raping and brutally murdering the victim was something unheard of in the past. A BJP minister says all rapes cannot be avoided. This is what makes things frightening for the future of the nation's betis.

This has happened in a state where the BJP is in power with the PDP which lost no time in demanding the resignations of the two ministers and succeeded. All her actions that followed were to keep the pressure on her ally rather than justice to the victim which is incidental. The BJP had sleepless nights with 2 similar cases coming to light in UP [BJP MLA being the prime suspect in one] and again one in Gujarat – the land of Narendra Modi the PM and the architect of the “Beti Bachao, Beti Padhavo” campaign. He must be the most embarrassed man today. He was forced to react albeit belatedly.

Sexual assaults on young girls

IEWS on NEWS

have gone up phenomenally in recent years. Even mentally challenged girls are not spared. Apart from rapes, it is ruthless manner in which the victims are killed is disturbing. In Gujarat, the girl had as many as 86 injury marks. Incest was unheard of but today it has become so common that it has been accepted as normal. A father gifts his daughter to his friends and then joins in raping her with them. A porn addicted youth rapes his mother. Elsewhere, a four month old is raped and murdered. Yet, we like to give an impression to the world that we are an ancient civilization with high spirituality and religiosity. Even God-men have exploited the women who approached them for a [spiritual] healing touch but got inappropriate touch instead followed sexual exploitation and blackmail. When we reach this level, we cease to be a civilized society. Death for rapists of kids is one move by the Modi government that will go well with the people of this country especially by parents of those abused. Is easy access to pornography by juveniles in some way responsible for this sudden spurt in rapes?

We are an internationally shamed nation today. The Kathua case has invited the attention of the UN body with its Secretary General expressing deep concern. This must be the first time that this country has had to face such humiliation. The whole world is aware what a hypocritical nation we are – on the one hand we speak about our glorious spiritual legacy and on the other we indulge in worst sadistic crimes against women/children. By the way, some student leaders in UK were “uninvited” to Modi's Bharat ki Baat programme because they would raise 'Bharat ki Kadvi Baat' with the PM. Surprised?

Cameron [Ban]caught

This executioner - Cameron Bancroft of the three man hatched ball tampering plot was caught with his hands in the wrong pocket. For decades the game had the privilege of being a gentleman's game – something which no other sport can boast about. The game is unique where the focus is always on the ball. In no other game, a ball is so important particularly it's 'well-being'. The cricket ball always remains in fo-



by Marshall Sequeira

cus under the watchful eyes of the field umpires, match referee not forgetting the ever vigilant cameras meticulously following the ball no matter whether it is in play or not. That indicates how important the ball is to the outcome of the game. Any mischief with the cricket ball can change the course and the result of the game as it can favour the bowler to the detriment of the batsman.

In the past [except for the bodyline bowling] this game has been generally played in the spirit of sportsmanship unlike in other sports where you also see use of foul language and even physical confrontation. Soft sledging in cricket was accepted as normal. There used to be occasional verbal spats but it was taken as part of the game. The Australians brought a new meaning and dimension to sledging and brought the game into disrepute. They crossed all civilized boundaries and changed its narrative. In one such incident, a fielding side member asked the batsman at the crease. “How is your wife and my children?” This was an attempt to upset the batsman's concentration and focus.

Cricket administrators must look beyond revenue and bring in drastic changes to enforce discipline. The field umpires must be given wide powers to send off players who indulge in sledging or physical contact with opponents. The captain of the fielding side must step in quickly and the umpires must exercise their authority no matter how big the player. Right now they are mere spectators doing precious little to uphold the dignity of the game. If the umpires fail in their duty, they must be pulled up. Enough is enough. Cricket is far more important than individuals. Fortunately, the Australian Board has shown that with exemplary punishment which one hopes will not be overturned. Normally, such decisions are reviewed when the dust settles down and quietly the punishment is diluted.

Mangalore diocese gifted 5 new secular priests



The diocese of Mangalore has a reputation for producing a phenomenal number of priests, several priests are serving in other parts of India and overseas. In Mumbai too Mangalorean families are sources of vocations. On April 17, 2018 Mangalore was gifted 5 new priests. The ordination - anointing/ 'Abishek' or 'Deeksha' a solemn ceremony of the church was held at Rosario Cathedral, presided over by Rev.Dr.Aloysius Paul D'Souza, Bishop of Mangalore, assisted by a large number of around 100 clergy who celebrated the ritual along side the bishop. In particular they in turn laid their hands on the 5 new priest and prayed that they be filled with the spiritual blessings and powers to serve the church and and it's faithful fruitfully.

The five New priests are : Rohan Dias of Taccode, Rupesh Tauro of Allipade, Ashwin Crasta of Kumbbla, Flavian Lobo of Thodambila, Thrishan D'Souza of Permanner. All have been preparing for this day for about 8 years at St.Joseph's Seminary,

Jeppu. Now their commitment and service to the church will commence after they go to thier respective parishes, and give thanks with a very spacial first mass. along with their kith and kin. They have charted out a sutable path to take in thier immediate religious mission.

There will be individual ordinations too and those of other orders like Carmelites, Capuchins, Jesuits and for Udupi diocese. As the incumbent Bishop of Mangalore has attained the age of superannuation over a year ago, there is expectation and prayers that a new bishop for Mangalore will be announced soon.



by Ivan Saldanha-
Shet. M'lore

Indeed it is was a festive atmosphere all through the 3 hour ritual which was very orderly and spiritual. A large number of clergy, religious, family members of the new priests, well wishers and congregation filled the Cathedral, the singing was very melodious - the whole service being in traditional Konkani. Immediately after the religious rituals, a felicitation programme was conducted and the new priests with their parents and siblings were suitably honoured by the Bishop and guests.

What is ordination :

Ordination is the sacrament anointing man to be a priest, in the name Christ and the church. The ordination ceremony includes various rituals, rich in meaning and history, e.g., prostration, laying on of hands, anointing of hands, giving of the chalice and paten, sign of peace. The essential rite of the sacrament, is the laying on of hands and prayer of consecration. This is an ancient tradition in the Church, mentioned in the Bible. Only a bishop can ordain a priest because he shares in the ministry of Jesus passed down through the apostles. Anointing with oil stems from the Old Testament and indicates that someone or something is being set apart for a sacred task or duty.

A man has to engage in a challenging program of priestly formation which lasts upto thirteen years, depending upon his background and the seminary he attends. There are three levels of seminary: high school; college/pre-theology; and theology. Seminaries address four types of formation: human, spiritual, academic (intellectual) and pastoral. In addition to the academic course work, seminarians participate in a full schedule of spiritual activities daily. At each level of seminary training, the seminarian prepares for future pastoral ministry in various settings, such as schools, religious education programs, hospitals, prisons and parishes. All of the formation takes into consideration the human person; human growth and development is fostered by community living, workshops and other programs. The formation of future priests includes practical learning, too, for example, preaching, presiding at Mass and pastoral counseling.

Priests who belong to a religious orders take the vows of poverty, chastity and obedience. Diocesan/Secular priests make two promises- celibacy and obedience; these promises are part of the ordination ceremony. It is also expected that diocesan priests will lead a life of simplicity consonant with the people they serve. A priest is another Christ.

Let us mingle...

By Irwin Almeida

The month of May is especially dedicated to Our Blessed Lady and the Rosary is recited at most of the many Crosses that abound in Mumbai and its suburbs. This practice has been in existence for years where the neighbours congregate and mingle together every evening at the area Cross, which also encourages good camaraderie.

This custom of dedicating the month of May to the Blessed Virgin Mary commenced in the 13th century. The practice was granted partial indulgence by Pope Pius VII in 1815 and a plenary indulgence by Pope Pius IX in 1859. After the complete revision of indulgences in 1966, it no longer carries the same, however, it certainly is within the category of the First General Grant of Indulgences.

The month of May also begins with the feast of St. Joseph the Worker celebrated on the first of the month. As the spouse of the Virgin Mary and foster father of Jesus he laboured without hesitation to fulfil God's plan and hence was bestowed the title of Patron and Protector.

For the Christian community, Labour Day was perhaps inspired by the example of St. Joseph as a model for the humble and the lowly. We must also take into account his role as father and spouse, wherein he had to discharge his duties of building a home and providing sustenance befitting human dignity. He excelled in his commitments and thus earned the distinction of being the Protector and Care-giver of the Holy Family.

May 1 holds much significance being observed throughout the world as Labour Day, and for Maharashtra it has especially so, as it is celebrated

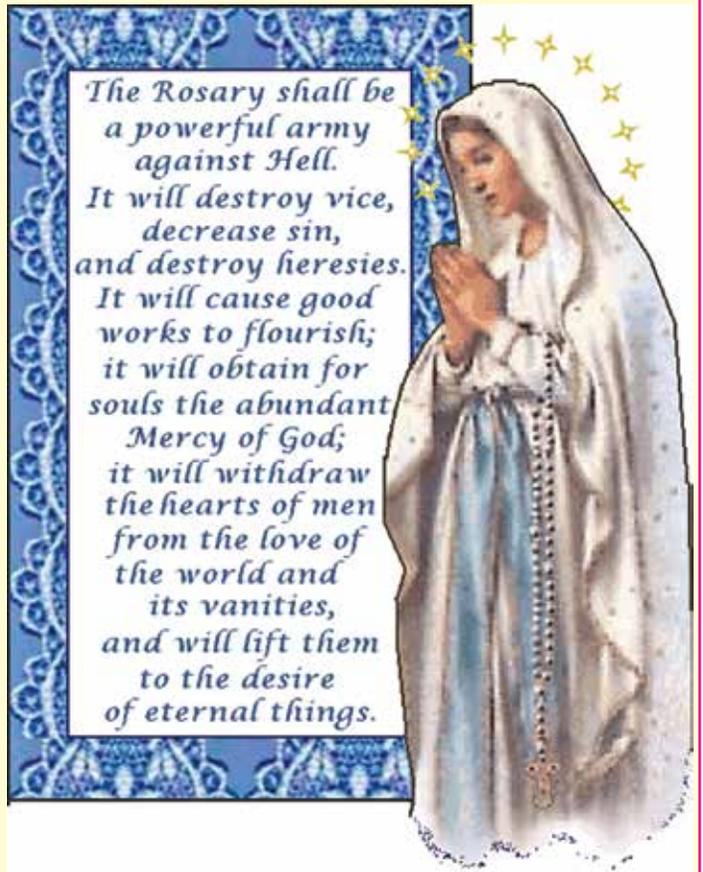
as Maharashtra Day. The States Reorganisation Act, 1956, defined boundaries for States within India on the basis of languages. The Bombay State formed under this Act had people speaking various languages like Marathi, Gujarati, Kutchi, Konkani, etc. But having more than one linguistic unit in one State would not work. So Bombay State was divided into two states -- one where people primarily spoke Gujarati and Kutchi, and the other where people spoke Marathi and Konkani. Thus, on May 1, 1960, as per the Bombay Reorganisation Act, Bombay was divided into Maharashtra and Gujarat conferring statehood on both.

However, International Labour Day has a history of its own, having started as International Workers' Day in Chicago, USA in May 1886, from where it spread to other countries of the world. The first celebration of Labour Day in India took place in Madras, now Chennai on May 1, 1923. Now, May 1 is observed as a nationwide holiday, and though most educational institu-

tions are already closed for the summer vacations, the day is commemorated with parades by the police and fire-fighting personnel.

Other countries that celebrate May Day include Algeria, Bahrain, China, Colombia, Egypt, Ethiopia, France, Indonesia, Iran, Kenya, Libya, Morocco, South Africa, Australia, Canada, Japan, New Zealand, Russia and the U.S. celebrate the day under different titles and themes.

Let us all then mingle together with voices joyful and gay to sing the praises of Mary as we celebrate the merry month of May!



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What to do when kids lie



heart and mind. Connection is the strongest, most reliable preventative measure you can take against lying. Make time for it.

Confrontation should result in repentance:

This may seem unrealistic at first but keep it in mind as your goal. Children who are confronted with the fact that they are telling a lie should immediately agree and apologize. A child who is defensive is relying on arguing and justifying as manipulative techniques in order to avoid taking responsibility. This is unacceptable and cannot be tolerated. Use taking a break to motivate the child to repentance.

When do children start lying?

Children lie more at four to six years. Your child might get better at telling lies by matching her facial expressions and the tone of her voice to what she's saying. If you ask her to explain what she's saying, she'll usually own up. When children reach school-age, they might lie more often and can be better at lying. The lies also get more complicated because your child has more words and is better at understanding how other people think. By eight years, children can lie successfully without getting caught out.

If you have caught your child lying multiple times and now are never quite sure if he or she is telling the truth, here are ways you can help your child choose honesty over lies before this very bad habits gets him or her into serious trouble

Honesty is a trait that is highly valued by adults, so when children lie this can cause real concern for parents. It's common, however, to be unsure how to handle lying. Parenting experts looks at why children lie, how to encourage honesty and what to do if a child tells tales. Read on to know ways to stop lying in kids:

Praise telling the truth:

This can be accomplished in many ways. You could ask your sometimes untruthful child to say something that happened at school today that is true. It is not too critical what that is - it is practice - and repeated practice - and that will carry over to other situations. When your child plays along and tells you about his day, you should praise him enthusiastically.

Change your questioning:

Don't give your child the opportunity to lie by asking questions to which you already know the answer. For instance, instead of asking, 'Did you walk the dog when you got home from school?', try, 'Do you plan on walking Buster right before you do your homework or right after dinner?' If your child hasn't walked the dog yet, he can save face by focusing on a plan of action rather than inventing a story.

Teach your child about why lying doesn't work:

Teach your child about the importance of telling the truth and how lying can stop people believing them even when they are being honest. A good way to do this is to read books with your child which give a clear message that lying is not helpful.

Make the connection with your child your first priority:

Connection is the foundation for truth-telling. A well-connected child wants to share her heart with you. She wants, even needs and is compelled to let you know what is on her

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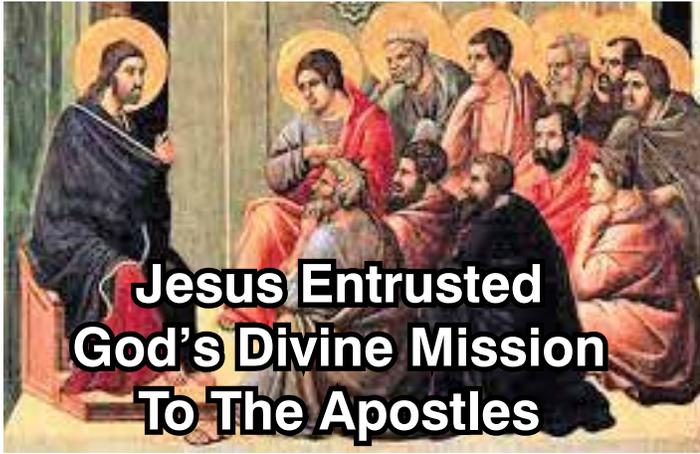
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Jesus Entrusted God's Divine Mission To The Apostles

Jesus said: "Go therefore and make disciples of all nations... teaching them to obey everything that I have commanded you. And remember, that I am with you always, to the end of the age." (Mt.28:19-20).

It is now widely known that God's Divine Mission for the propagation of the Christian Faith had been given to the Twelve Apostles at this moment of time, when Jesus was dying on the Cross.

A day before Pentecost the Virgin Mary gathered with the Twelve Apostles in the upper-room, in prayers and meditation over the death and resurrection of Jesus Christ.

Through her special intermediary grace between God and His chosen; the Mother of God enshrined in her prayer the Son's Divine Mission to preserve the gospel, the giver of vitality to the Church for all time to come. Mary's role in man's destiny is a mission of supernatural 'maternal' love.

The gospel and its treasures are the exclusive strength of holy Church and its hierarchical structure penetrating the depths of Christian and Catholic philosophy.

The apostolic tradition is protected and propagated throughout the world, as St. Irenaeus stated: "through those who were appointed by the Apostles as bishops and through their successors...."

The apostles made certain to give

(Acts.20:28).

Down the shifting light of grey and dark corridors in Church history; bishops, priests and deacons have done much in service to the community as shepherds over God's flock. Bishops with reference to doctrine, priests to worship and administration; saints, teachers and doctors of the faith to the implementation, through the hierarchy; directing correct forms of rituals and devotion.

The entrustment of the divine mission is a sacred duty to be transmitted as the Apostles directed, through the Holy Order of Bishops. Bishops take the place of Apostles as mentors of the Church to guide followers of the Faith. (Lk.10:16). God's divine mission has not changed and never will, till the whole earth knows His name.

The divine mission of Jesus Christ was especially designed to reach out as a dynamic truth in the Plan of Salvation.

Generations of Christians can never forget the scene of the Crucifixion, where Mary and the other women stood at the foot of the Cross, the apostle John with them.

The Virgin Mary was filled with the suffering, pain, agony and sacrifice of her Only-begotten Son who was dying. Her maternal heart pierced in sorrow and the warm stream of tears

their immediate inheritors a type of model plan in office to complete, pass on and make strong His divine mission blueprint in caring for the chosen faithful whom the Holy Spirit sends to be shepherds in the Church of Almighty God.

flooded her vision as both hands were gripped together.

His torment she shared in silence. His Passion was an unbelievable memory. His forgiveness from the Cross for those who tortured him was an act of incredible compassion.

God's divine mission was unfolding in the tapestry of the new Christian Faith. As Christ was in extremis on the Cross he gave his mother to the Apostle John, in the words: "Mother, behold your son". (Jn.19:26-7). Then he said to the young apostle, "Here is your mother."

Earlier in the public ministry of Jesus the home of the living God was given to Peter, to be the visible head, the Vicar of Christ, to administer the house of Almighty God. (Jn.21:15-17).



BY MELVYN BROWN

Lord Jesus appointed the Twelve to preach and gather souls for the Kingdom of God. (Mk.3:13-9). He gave them authority over evil spirits, to cure disease and sickness... (Mt. 10:1-42). On Pentecost, God's divine mission was confirmed.

"You will be given power when the Holy Spirit comes upon you, and you will be witnesses to me in Jerusalem and throughout Judaea and Samaria and to the very ends of the earth," (Acts. 1:8). was confirmed.

"You will be given power when the Holy Spirit comes upon you, and you will be witnesses to me in Jerusalem and throughout Judaea and Samaria and to the very ends of the earth," (Acts. 1:8).

For the entrustment of his divine mission Jesus was, is, and always will be the cornerstone; the Way, the Truth and the Life (Jn.14:6)

The Apostles paved the path for the implementation of God's divine mission. Nothing has changed. Amen.

(Contd.. from p. 3)

gest problem in Kashmir is the way the place has been covered in the mainland Indian media," wrote senior journalist and editor of The Print, Shekhar Gupta, in 2015. "The problem has always been very closely linked to national security and military security."

So, often, the truth (about Kashmir), he wrote, "was considered against national security".

In this instance, one could possibly cite "religious honor" as another reason for why most national media avoided reporting on the crime. The support shown to the accused by Hindu right wing-groups - and two ministers from the ruling Bharatiya Janata Party (BJP) - has shocked many.

In the past, you could rage and rant against Manmohan and Dikshit, and your fellow citizen would most likely express sympathy and support. **Not anymore.** You are allowed to grieve the rape and murder of your child, but you are not allowed to point fingers and demand accountability. You must pretend that no one was responsible for law and order. Modi ji's reputation is more sacred than your child. Fingers must not be pointed at him. Grieve, pretend no one did it and move on if you want the support of your fellow citizens.

You are alone now. Whatever identity group you draw a sense of belonging from — religion, nationality, and profession — no one will come out to support you. Your odds are terrible and your days are numbered. Go hug your child. If and when the terrible news comes, at least you won't have to regret not having done that.

Make no mistake, India today is a communal ticking bomb waiting to explode. We sit on a volcano of hate, with the blood-red lava leaking out in different parts of the country every now and then. And if while reading this article, you're inclined to dismiss it as yet another lament, then take a moment and read the charge sheet that the police have filed in the Kathua rape and murder case. It is a document that every Indian citizen should read for the inhumanity, the degradation, the moral collapse and unparalleled social regression it reveals about the land of Mahatma Gandhi.

Prime Minister Narendra Modi only broke his silence on Friday evening with a series of tweets, saying "no culprit will be spared... our daughters will definitely get justice".

In most of these instances the charge of selective outrage is a second-hand defense of those in power. There is an inversion at work – responsibility is shifted from the authorities responsible to those seeking questions. The questions itself is ignored: it is the questioning that is questioned. The repeated use of 'why question this and not that' is an attempt to change the original question, rather than seek another answer.

We are reduced to trading in inhumanities, in measuring one act of barbarity against another, in justifying why the cold blooded murder of the traumatized father of a rape survivor outrages us and why the ritual rape and mind numbing brutalizing of an eight year old is worth shedding tears about.

The media and we the people are almost tired of reporting and reading violence in India. Rapes, lynching, torture is being reported all the time. It's almost like you have to run and read a torture report, like the weather report.

It is possibly all about what Dr. Visvanathan a social scientist calls the "break-down of moral imagination" in India. Writing in The Indian Express newspaper, Pratap Bhanu Mehta, a leading public intellectual, agreed, saying the Kashmir rape and murder proves "without exaggeration, that India's moral compass has been completely obliterated, carpet-bombed out of existence by the very custodians of law, morality and virtue who give daily sermons on national pride".

In a deeply divided society, collective action is always difficult. Outrage happens - as in this case - when graphic details of the torture inflicted on the girl stir the conscience of many. This is what happened in this case.

Many say the equally horrific 2012 Delhi gang-rape provoked huge protests in the capital because the victim was like "one of us" who was attacked on the way home with her male friend after watching a Hollywood film at a Cineplex. On the other hand, the girl in Kathua was a

veritable vagabond, a member of a poor nomadic community, languishing bottom-most in India's unforgiving and cruel caste hierarchy.

Everyone is complicit - we the people, media, politicians. There's no concept of human rights anymore. There are Hindu rights and Muslim rights. **Our loyalties are now to religion, caste, groups and clubs.**

In this environment, say many, instant outrage and "whataboutery" are the two extreme emotions that violence like this provokes. The outrage waxes and wanes quickly – similar to the nature of outrage and indignation.

Our reactions veer from silence to indifference to hysteria. Then we go back to sleep and wake up again to react to the latest incident of outrage.

Perhaps the question to ask is: if these are some of the right wing people's values, are they a part of an ideology similar to that of living in a parallel nation or ancient, criminal tribal rules of jungle? One would certainly not want to consider themselves a part of any group which includes people who think like that, as their mindsets are beyond help and who happened to live near us and keep their prejudices alive.

I would rather be myopic in my definition

(Contd.. on p. 18)

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Inspiration!

Want to become rich?

Give up these

Like most things in life, wealth doesn't simply appear. If you want to become rich, chances are, you're going to have to make some lifestyle changes and sacrifices. When it comes to our wealth and success, we tend to fixate on the things we need to acquire in the future to make those visions come alive. However there are also certain habits that might be dragging you down right now. In order to take flight and become mega-successful, you need to carefully assess your extra baggage. The good news is that your toxic routines and mindsets can be kicked starting today!

Even though we all define 'rich' differently, we also want to feel successful and we definitely want to be happy. Can you have all three? Well, it isn't easy but it is possible. If you follow the beliefs, philosophies and strategies of the rich and take action, you have a legitimate shot at becoming a rich person. If you're ready to take action, start by giving up these costly habits:

Staying safe:

The average person wants to be comfortable. Rich people, on the other hand, are stimulated by uncertainty. Stepping outside of your comfort zone means doing things like asking for what you want, waking up early, giving and accepting feedback and admitting mistakes.

Getting by without goals:

The number one reason most people don't get what they want is that they don't know what they want! If you want to build wealth, you have to have a clear goal, a specific plan and hard deadlines and when you're setting goals, don't be afraid to think big. The rich set their expectations exceptionally high and are up for any challenge.



The steady pay cheque:

Average people choose to get paid based on a steady salary or hourly rate. Meanwhile, rich people choose to get paid based on results and are typically self-employed. "It's not that there aren't world-class performers who punch a time clock for a paycheque but for most this is the slowest path to prosperity. The great ones know self-employment is the fastest road to wealth.

Buying unaffordable things:

The middle class or the average person is famous for living beyond their means. They're not spendthrifts but they earn so little they have to spend it all in order to live a decent existence. Rather than spending everything they earn, the rich have multiple streams of income and pay themselves first. Instead of focusing on spending and saving, focus on how to earn more, invest a percentage and spend the remainder any way you wish.

Saying 'yes' to everything:

Even if you have good intentions, trying to accomplish a whole host of things at once can backfire. More often than not, you'll end up stretching yourself too thin. As billionaire Warren Buffett says, "The difference between successful people and really successful people is that really successful people say 'no' to almost everything."

Being a control freak:

Our attention spans and willpower are finite. So, if you attempt to micromanage every single aspect of your life, which plenty of motivated people do, you'll end up limiting the attention you can pay to the important stuff. This isn't an excuse to do sloppy work but

Secrets to becoming rich, successful and happy

- See making money as a way to make more things.
- Find your happiness in the success of others.
- Cultivate dignity and respect.
- Do more of what you do best.
- Relentlessly track your progress.
- Build routines that ensure your success.

you must only direct your efforts towards things you can control. For instance, if you're leaving your comfort zone and learning a new skill, accept that there will be some slip-ups. Being flexible amidst adversities is a virtue you must practice to create difference in your life.

Negative thinking:

What you say when you talk to yourself creates your attitude. Your entire life is created by your thoughts and then by your language. Your choice of words can mean the difference between living a wealthy life and an average one. Start using the language that highly successful people employ every day. Some examples of words to include in your new vocabulary: 'Great,' 'super,' 'incredible,' 'excellent.'

Nostalgia effect:

Average people tend to long for the good old days. Meanwhile, rich people are busy dreaming of the future and are optimistic about what is to come. People who believe their best days are behind them rarely get rich and often struggle with unhappiness and depression. Self-made millionaires get rich because they're willing to bet on themselves and project their dreams, goals and ideas into an unknown future.

Fear factor:

The great ones are operating at a level of consciousness where fear doesn't exist. At this level of thought, anything seems possible. Every dream that seems crazy to the masses looks surprisingly doable. To operate at this level, you have to be willing to leave your comfort zone, which is exactly what the richest people do.

(Contd.. from p. 16)

of an ideal nation and wishfully think that theirs is another country, set in 300BC with codes of "honor" which are at the same moral level as that of the caveman.

Yes, activism on the streets and social media may force government and courts to notice this animal behavior and may act against it. But the Government remained unfazed and finally acted when it was compelled to do so by the Supreme Court, which shows its hypocrisy and half-heartedness of its intent. The Supreme Court has taken sue motto cognizance of the Asifa horror and the CBI has started a probe in the Unnao case.

Sometimes though it is felt that we are talking just to each other in an echo chamber where everyone agrees that this is wrong and has no place in a democracy we are trying so hard to be.

We hold up slogans in urban neighborhoods like Bandra and South Delhi in our liberal, well-meaning bubble, very far from the crime scene and the local and central government while on the ground close to the crime scene some lawyers in Kashmir try to obstruct justice by implying that some communities deserve to be persecuted. The opposition party's Jammu units too have not yet taken out a candle light march in Jammu.

What effect will holding slogans or whatever, etc. in places far from the crime scene or even writing protest letters to the Prime Minister have when the ruling party and ministers of this right wing ideological central government are justifying this crime and that too with the national flag in hand.

MATRIMONIAL

MUMBAI : Mangalorean Roman Catholic spinster (Born in April 1973), 5' 5" tall, looks much younger to her age, good looking, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 47 years, employed in good position and well settled in Mumbai or abroad. Contact email.: bellwether77@yahoo.com OR Mob.: 9892700617

When pitted against those who are powerful, the average (Sometimes even above average) chap has no chance. They will always win; you will (almost) always lose

You will lose when you take on the mighty. **You will lose when governments, which feed on your need to find heroes and worship them, come into power.** You will lose when you remain blind to the erosion of public institutions every day. **You are the average guy. You're destined to lose.**

Beyond urban and rural, educated and not, wealthy and penniless, there is a kind of thinking in India which has evolved, very quickly with this present government in power, that has no place in the modern world and if that is the prevailing mindset, we the people are experiencing intolerance towards the minorities and the gradual establishment of India as a Hindu Rashtra set in 300BC with codes of "honor" which are at the same moral level as that of the caveman.

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MATRIMONIAL

6822. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

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Centrality of the Eucharist!

During a brief trip to two small Italian cities on 20 April 2018, Pope Francis stressed the 'Centrality of the Eucharist' in the life and mission of the Church! (some highlights):

"The Eucharist is not only a beautiful rite, but it is the most intimate, most concrete, most surprising communion that one can ever imagine with God – a fellowship of love so real, that it takes the form of a meal!"

"The Christian life begins at each Mass, where God satiates us with love! Without His love in the 'Bread of Life' (cf. John 6:22-59), every effort of the Church is in vain. If Love is lacking in those who do works, if the Source is lacking, which is the Eucharist, then every pastoral commitment is merely a whirlwind of things, rather than an act of service."

"Whoever receives the Eucharist takes on the face and mentality of the Lord Jesus, the Bread broken for us. And this Bread does not 'rise with pride', but is given for others. The Eucharist does not support a sedentary life; and without rising it will remain an 'unfilled Sacrament'. Do you leave Mass as 'people of communion'?"

"We are called to be bearers of Paschal hope – resurrected couriers of the joyful Easter alleluia! – to rise and go forward with courage and humility – 'to do all things in Him Who strengthen me'!" (Philippians 4:13).

—Dr. Trevor Colaso, Bandra (W), Mumbai.

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Grooms



MATRIMONIALS

6862. MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1983), Ht. 5' 11", Wt. 72 kgs, Fair Complexion, Edn. B.Com., well settled working in Mumbai. Contact email : keith_peter1983@yahoo.co.in

6852. MUMBAI : East Indian Roman Catholic Bachelor, (Born in August 1983), Ht. 5' 8", Well built, Wheatish Complexion, Edn. Bachelors in Hospitality and Tourism Management. Working as a Chef Head Chef in **DUBAI**. Contact email : joslyn.gomes@gmail.com

6847. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in April 1973), Ht. 5' 10", Wt. 75 kgs, Tan Complexion, Edn. SSC, Having own business. Contact Mob: 9833176215

6846. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 5", Wt. 70 kgs, Fair Complexion, Edn. B.Com., working as a Office Administrator. Contact email : kevinbr85@gmail.com

6833. AUSTRALIA : Mangalorean Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 78 kgs, Fair, Handsome, PR Holder, Edn. Masters by Research in Biotechnology from QUT, Australia, Currently working with reputed company in Quality Assurance dept., Seeking a qualified and God fearing Mangalorean RC girl. Contact email : lizbf2017@gmail.com

6830. BAHRAIN : Goan Roman Catholic Bachelor, (Born in February 1988), Ht. 5' 11", Wt. 97 kgs, Wheatish Complexion, Edn. MBA, Marketing Professional in Public Sector. Contact email : rolsonvaz@

gmail.com

6829. AUSTRALIA : Mangalorean Roman Catholic Divorcee, (Born in March 1978), Ht. 5' 11", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support. Contact email : arthur.fernandes@live.com

6828. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1983), Ht. 5' 7", Wt. 81 kgs, Wheatish Complexion, Edn. Diploma in Electrical / Tele., working as a Site Engineer in Airport. Contact email : anthonylobo1983@yahoo.com

6823. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1990), Ht. 5' 7", Wt. 76 kgs, Wheatish Complexion, Edn. Mechanical Engineer, serving as 4th Engineer in Anglo Eastern Ship Management. Contact email : varun.w220@gmail.com

6526. DOHA QATAR : Mangalorean Roman Catholic Divorcee, (Born in September 1982), Ht. 5' 10", Wt. 75 kgs, Wheatish Complexion, Edn. MBA, PGDM, having decent job. Contact email : secondsairik2016@gmail.com

6523. MUMBAI : Goan Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 68 kgs, Wheatish Complexion, Edn. B.E. Electronics, working as a IT Engineer. Contact email : sandranoronha75@gmail.com

6515. MUMBAI : East Indian Roman Catholic Bachelor, (Born in June 1989), Ht. 5' 7", Wt. 64 kgs, Wheatish Complexion, Edn. P.G.D.B.M., working as a H.R.

Contact email :leo.rglobus@gmail.com

6424. MUMBAI : East Indian Roman Catholic Bachelor, (Born in October 1991), Ht. 5' 11", Wt. 65 kgs, Fair Complexion, Edn. B.Com., well employed, working as Sr. Customer Care Executive. Contact email : gerardd754@gmail.com, Mob:9594766322 / 9930620943

6113. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in August 1976), Ht. 6', Wt. 80 kgs, Wheatish Complexion, Edn. HSC., Dip. in A.C. Mechanic, working as a AC Technician in Muscat. Contact Email : suaresroshan@gmail.com

6507. MUMBAI : Mangalorean Roman Catholic Bachelor (Hearing Impaired) (Born in September 1989), Ht. 5' 9", Wt. 62 kgs, Fair Complexion, Edn. HSC., Dip. in Computer Hardware. Working as a Cashier. Contact email : clifford9948@gmail.com OR 9920331773

6485. MUMBAI : North Indian R.C. Bachelor, (Born in October 1974), Ht. 5' 7", Wt. 75 kgs, Wheatish Complexion, Edn. B.Com., working for an MNC in Mumbai as Back Office Executive. Contact email : awr88@rediffmail.com

6228. MUMBAI : Mangalorean Roman Catholic Bachelor (Born in December 1972). Ht. 5' 8", Wt. 65 kgs., Wheatish Complexion, Edn. S.S.C. A/C Tech. Course, working as a A/C. Technician in Voltas. Contact email :

lawrencedias321@gmail.com / Mob: 8291056939

6172. MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1978), Ht. 5' 9", Wt. 86 kgs, Wheatish Complexion,

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6857. AUSTRALIA : Mumbai born and broughtup Tamilian Roman Catholic Bachelor, (Born in July 1988), Ht. 5' 10", Wt. 60 kgs, Wheatish Complexion, Edn. B.A., IHM., Working as a Store Associate in **Australia** and is a permanent resident. Contact email : simonsigo31@gmail.com

6856. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in September 1973), Ht. 5' 7", Wt. 67 kgs, Fair Complexion, Edn. MBA, working as a HR. Contact email : clifforddsilva@yahoo.co.in

6551. MUMBAI : Goan Roman Catholic Bachelor, (Born in February 1959), Ht. 5' 7" Wt. 60 kgs, Fair Complexion, Edn. SSC., having own business. Contact email : pearlfernandes81@yahoo.in

6549. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in December 1983), Ht. 5' 10" Wt. 72 kgs, Tan Complexion, Edn. MBA (ICFAI), working as a AVP in Citi Group Chennai. Contact email : ponsil@rediffmail.com

6547. MUMBAI : Keralite + Mangalorean Roman Catholic Widow, (Born in July 1959), Ht. 5' 11", Wt. 75 kgs, Wheatish Complexion, Edn. SSC, working for Dimond Company as a Assorting Diamond. No encumbrance, having own Flat. Seeks a simple and poor girl. Contact Mob: 9821078194.

6546. MUMBAI : East Indian Roman Catholic Bachelor, (Born in December 1987), Ht. 171 cms, Wt. 80 kgs, Wheatish Complexion, Edn. HSC., Diploma in Aviation, working for a Foreign Cruise line in USA as a Security Officer. Contact email : stayblessed1287@gmail.com

6544. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in June 1986),

Ht. 5' 11", Wt. 80 kgs, Fair Complexion, Edn. B.Com., + Diploma, working on Cruise Ship. Contact email : roshandsouza412@yahoo.com

6541. MUMBAI : Mangalorean Roman Catholic, (Born in January 1969), Ht. 5' 10", Wt. 80 kgs, Wheatish Complexion, Edn. SSC, having own business. Contact email : allwynsequeira@gmail.com

6539. MUMBAI : Mangalorean Roman Catholic Bachelor, (Born in February 1982), Ht. 5' 8", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., MBA., working for Bank in **DUBAI**. Seeks a Mangalorean educated, homely girl. Ready to settled in Dubai. Contact email : roshandsouza5in@gmail.com

6585. MUMBAI : Tamilian Roman Catholic Bachelor, (Born in June 1988), Ht. 5' 7", Wt. 78 kgs, Wheatish Complexion, Edn. EXTC Engineering, working as a Networking Engineer. Contact email : 18.elaine@gmail.com

6589. MUMBAI : Goan Roman Catholic Bachelor, 30 years, (Born in March 1987), height 5' 8", Wheatish Complexion, Edn. B.Com, working as a Manager in a reputed MNC. Seeks alliance from RC spinters upto 28 years. Contact Mobile No. 9769840021

6567. MUMBAI : RC, Mangalorean Bachelor, Ht. 5' 11", Wt. 70 kgs, (Born in April 1977), Fair Complexion, Consultant Surgeon by Profession in Top Hospital in Mumbai, seeks suitable match. Contact Email : kalinaproperities@gmail.com.

6564. DUBAI : Mangalorean Roman Catholic Bachelor, (Born in November 1987), Ht. 179 cms, Wt. 78 kgs, Wheatish Complex ion, Edn. Mechani-

cal Engineer, working as an Engineer. Contact email : godfreyjoelfernandes@gmail.com

6562. MANGALORE : Mangalorean Roman Catholic Bachelor, (Born in November 1981), Ht. 5' 7", Wt. 58 kgs, Wheatish Complex ion, Edn. PUC + Computer diploma, having own business in **ABROAD**. Contact email : melvin6680@gmail.com

6559. MUMBAI : Goan Roman Catholic Bachelor, (Born in July 1985), Ht. 5' 8", Wt. 80 kgs, Wheatish Complexion, Edn. XII, working on Cruse Ship. Currently he his in Mumbai Contact immediately. Contact email : mascarenhas_k@ymail.com

6558. KUWAIT : Goan Roman Catholic Divorcee, (Born in January 1982), Ht. 5' 7", Wt. 80 kgs, Tan Complexion, Edn. Masters Computers in USA, working as a Manager in **USA**. Seeks a educated homely Goan or Mangalorean girl working in USA or India. Contact email : carmelinaf@gmail.com

6553. GERMANY : German Roman Catholic Bachelor, (Born in August 1980), Ht. 175 cms, Well built, Fair Complexion, Edn. Normal School Cheff. Working as a Cheff. Contact email : evascherrmann@yahoo.de

6531. POONA : Tamilian Roman Catholic Bachelor, (Born in May 1975), Ht. 6', Fair Complexion, Handsome, Edn. M.Com., Having well established business. Contact email : tony137@rediffmail.com

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6861. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1991), Ht. 5' 6", Wt. 80 kgs, Wheatish Complexion, Edn. B.Com., PG Banking & Finance, working as a Clerk in Bank. Contact email : michaelfernandes59@gmail.com

6860. MUMBAI : Goan Roman Catholic Spinster, (Born in October 1991), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. B.M.M. (Mass Media), working for IT in MNC. Contact email : lgp1891@gmail.com

6859. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in August 1986), Ht. 5' 4", Wt. 55 kgs, Wheatish Complexion, Edn. M.Sc., in Physiotherapy (Orthopedics), U.K. working in Kuwait. Contact email : nisha_sequeira@hotmail.com

6858. BHOPAL : Mangalorean Roman Catholic Spinster, (Born in March 1993), Ht. 5' 1", Wt. 55 kgs, Wheatish Complexion, Edn. B.E. Computer Science and MBA in HRM working in Bangalore. Contact email : godwinsvd@gmail.com

6855. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in September 1990), Ht. 5', Wt. 58 kgs, Wheatish Complexion, Edn. CA by profession working for privated company. Contact email : mithalimenezes@gmail.com

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6692. MUMBAI : Matrimonial alliance is invited for Roman Catholic Spinster, (Born in February 1990), 5' 3", fair, goodlooking, Lecturer, seeks alliance from Catholic bachelors, around 30, sober, good family values, financially sound, well qualified, having own accommodation email details to : rchldsilva@gmail.com

6678. MUMBAI: Mangalorean Roman Catholic Spinster, (Born in September 1990), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. BE (IT) MBA - Post Graduate Marketing, working as a IT & Financial Consultant. Contact email : md8officemail@gmail.com

6627. MUMBAI : Goan Roman Catholic Spinster, (Born in December 1988) Ht. 5' 4", Wt. 58 kgs, Wheatish Complexion, Edn. Graduate with Diploma in Interiors. working as a Interior Designer. Contact email : virlib2209@gmail.com

6620. MUMBAI : East Indian Roman Catholic Spinster, (Born in August 1987), Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. Post Graduate, working for Foreign Bank. Contact email : beann_lam@rediffmail.com

6617. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in November 1992), Ht. 5' 4", Wt. 60 ks, Fair Complexion, Edn. MMS / MBA working as a HR in MNC. Only Child. Seeks a groom below 28 years, preferably Mangalorean. Contact email : amd19901992@gmail.com

6615. MUMBAI : Goan Roman Catholic Spinster, (Born in March 1981), Ht. 154 cms, Wheatish Complexion, Educated, working, Contact email : valarie.estibeiro@gmail.com

6609. MUMBAI : Goan RC Spinster (Born in October 1988) / 5 feet / 58 kgs, B.E. and MBA, working for reputed IT MNC as Sr. Analyst seeks alliance from professionally qualified RC Bachelors upto 33 years, well settled with sober habits and good family background. Pl reply with details and recent full size photo to ashil2628@gmail.com OR 9819950120

6608. MUMBAI : East Indian RC Spinster, (Born in February 1987), Ht. 5' 1", Wt. 53 kgs, Wheatish Complexion, Edn. B.A., working as an Executive. Contact email: rebecca23_2@hotmail.com

6607. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in February 1990), Ht. 5' 6", Wt. 63 kgs, Fair Complexion, Edn. B.Tech., PGDM., working for Marketing Manager. Contact email : sphylomena@gmail.com

6604. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in 29-11-1981), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. S.Y. B.Com., wokring in Dubai. Contact Mob.: 9820733952

6602. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in 2-7-1981), Ht. 5' 3", Wt. 68 kgs, Wheatish Complexion, Edn. B.A., working as a Trainer. Contact email : charlottesimpleindian@hotmail.com

6601. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in 29-3-1989), Ht. 5' 2", Wt. 62 kgs, Fair Complexion, Edn. ICWA, Working for Finance Industry. Contact email : jenniferabreo29@gmail.com

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6600. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in 15-8-1989), Ht. 5' 3", Wt. 60 kgs, Wheatish Complexion, Edn. MBA, working as a HR Executive. Contact email : britto_leena@hotmail.com

6599. MUMBAI : Goan Roman Catholic Spinster, (Born in 15-9-1980), Ht. 5' 5", slim, young and good looking, Edn. B.A. + Music Exams, Teacher by profession. Seeks a well settled tall bachelor. Contact email : septsmile3@gmail.com

6570. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1991), Ht. 5' 3", Wheatish Complexion, Edn. BBI, P.G.D.M. (H.R.), working as an Asst. Manager H.R. Contact email : venita.sal@gmail.com

6569. DUBAI : Mangalorean Roman Catholic Spinster, (Born in May 1985), Ht. 5' 2", Wheatish Complexion, Edn. MBA - Finance, working as an Accountant in a private sector firm in DUBAI. Looking for a Roman Catholic alliance preferably working in UAE. Contact email : saldanha.leena7@gmail.com

6565. MUMBAI : Mumbai broughtup Keralite Anglo Indian Spinster, (Born in May 1988), Ht. 5' Wt. 48 kgs, Wheatish Complexion, Edn. B.Com., working as a Computer Operator. Contact email : elenarosedcosta@gmail.com

6563. MUMBAI : Mangalorean Roman Catholi Spinster, (Born in August 1990), Ht. 5' 5", Wt. 60 kgs, Fair Complexion, Edn. MBA Marketing, working as an Analyst, Contact email : noreen13nov@gmail.com

6560. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in December 1986), Ht. 5' 3", Wt. 79 kgs, Fair Complexion, Edn. B.Com., MBA in HR, working in a Reputed MNC in Mumbai. Contact email : jfran1302@gmail.com

6557. BANGALORE : Mangalorean Roman Catholic Spinster, (Born in August 1989), Ht. 5' 1", Fair Complexion, Edn. B.E. , M.S. in California, working in **CALIFORNIA**, Seeks a Post graduate working in **U.S.** below 31 years.

Contact email : jwanita@gmail.com
OR helen_monis@rediffmail.com

6554. MUMBAI : Goan Roman Catholic Spinster, (Born in May 1987), Ht. 5' 4", Wt. 75 kgs, Wheatish Complexion, Edn. MBA (HR), Contact email : joa-quimropose82@gmail.com

6548. MUMBAI : Tamilian Roman Catholic Spinster, (Born in December 1986), Ht. 5' 5", Wt. 66 kgs, Wheatish Complexion, Edn. PGDBM NMIMS, working as a Manager. Contact email : prabha.nadar@hotmail.com

6545. MUMBAI : Mangalorean Roman Catholic Spinster, (Born in October 1989), Ht. 5' 8", Wt. 65 kgs, Fair Complexion, Edn. MBA Finance, working as a Financial analysist. Contact email : elveera.26@gmail.com

6543. MUMBAI : Maharashtrian Protestant Spinster, (Born in August 1977), looks much younger to her age, Ht. 5', Wt. 50 kgs, Fair Complexion, Edn. T.Y. B.Com., working as an Account Assistant. Contact email : sonali_wagchoure@yahoo.com

6542. AUSTRALIA : Mangalorean Roman Catholic Spinster, (Born in September 1988), Ht. 159 cms, Wt. 57 kgs, Fair, good looking, Edn. Masters in Biotechnology from University of Queensland, Australia, working as Scientist (Research) in Australia, Seeks qualified and godfearing boy settled in Australia, US and Canada. Contact email : patsynazareth123@gmail.com

6538. MUMBAI : God fearing Mangalorean RC Spinster, (Born in January 1980), 5' 6", from good family working for a MNC seeks groom. Reply with recent photo to innlo@hotmail.com

6822. KUWAIT : Mangalorean Roman Catholic Spinster, (Born in November 1982), Ht. 5' 4", Wheatish Complexion, Edn. B.Sc. Post Graduate in Mumbai University, Teacher in Kuwait. Contact email : pereiralucy2017@yahoo.com Tel: 00965-60402765 / 9867308911

6853. DUBAI : Mangalorean Roman Catholic Spinster, (Born in February 1989), Ht. 5' 4", Wt. 79 kgs, Fair Complexion, good looking, Edn. M.Com.,

PGDM -HR, working as a HR Assistant in Real Estate Firm in Dubai. Contact email : sav_cm@yahoo.com.

6851. BAHRAIN : Mangalorean Roman Catholic Spinster, (Born in January 1989), Ht. 5' 7", Wt. 64 kgs, Fair Complexion, good looking, Edn. B.E. Masters in IT Management, working as a I.T. Service Delivery Engineer. Contact email : sjbs2k18@gmail.com

6836. CANADA : Parents of RC 26 years spinster, (Born in July 1991), Ht. 5' 4", B.A., B.Ed., (Honours) teaching in Canada (Govt. Job) seeks alliance from well-educated Bachelor (Preferably settled in Canada) within 28 to 32 years with good values, height between 5' 5" to 6' 2". Please email to musicfan0323@gmail.com with recent photo and phone no.

6835. USA : Mangalorean RC Spinster, (Born in February 1986), Ht. 5' 3", Wt. 54 kgs, Fair Complexion, Edn. M.Phil/Ph.D., doing Doctoral Studies/ Working. Contact email : sathi.mon-teiro@gmail.com

6770. MANGALORE : Mangalorean RC spinster, (Born in October 1987), Ht. 5' 2", Wt. 52 kgs, Wheatish Complexion, Edn. MBBS, Senior Residential Doctor. Contact email: myname2487@gmail.com

6769. MUMBAI : East Indian RC spinster, (Born in December 1986), Ht. 5' 1", Wt. 70 kgs, Wheatish Complexion, Edn. MBA in Finance, Deputy Manager in Bank. Contact email: di-anafrnds62@gmail.com

6767. MANGALORE : Mangalorean RC spinster, (Born in August 1991), Ht. 5' 6", Wt. 80 kgs, Wheatish Complexion, Edn. M.A. (English), Teacher by profession. Contact email : predita1989@gmail.com

6765. MUMBAI : Goan RC spinster, (Born in March 1986), Ht. 5' 4", Wt. 42 kgs, Wheatish Complexion, Edn. C.A., working as a Chartered Accountant. Contact email : marilyn.dcosta22@gmail.com

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request will be granted no matter how impossible it is

—P Lobo, Vasai



Thanksgiving



Thanks to Divine Mercy, Our Lady of Vailankani, Our Lady of perpetual Succor and St. Anthony

—A Devotee

Thanksgiving



My heartfelt thanks to Holy Family for the favours granted. My prayers are finally heard and my daughter is happily married. Now my faith is deeper in prayer.

— Mrs. Anjelina D'Souza, Mumbai

Unleash your inner wisdom

It can be said that wisdom is a combination of knowledge, experience and understanding of life as you know it

Wisdom highlights the common threads of our humanity. Your acquired, life-seasoned wisdom is certainly born from these three components—knowledge, experience and understanding. Yet, you have a deeper wisdom. It lies at such a depth that when it suddenly emerges it can stun or shock you.

So how do you access and activate your inner oracle, guru and self-contained life coach? We have all experienced it popping to the surface when it is needed by either ourselves or a loved one. But is that all we get? Don't get us wrong, it's wonderful when we receive or can pass on impromptu wisdom. However, **can we create on-demand wisdom?** The answer is yes!

To create on-demand, repeatable and accurate wisdom you need to be willing to put in some practice time in order build your intuitive skill. Yes, we all have soulful wisdom; the hard part is accessing it, trusting it and managing the skill that brings it forward. Enlightenment is easy, maintaining it is difficult. When we hold a new way of thinking, especially one that we believe will make our life easier, clearer and more gratifying, we tend to become impatient. Impatience is the antithesis of inner wisdom. You have to give yourself and your inner wisdom, space and patience in order for it to become accessible and at your beck and call. One key to strengthening your inner wisdom and intuitive voice is to create an environment in which you can meditate, visualise and pray. This always plays a crucial role in the efficacy of your practice. Later on, as your intuition and spiritual nature develops and seasons, you will be able to stay calm and centered even in the most distracting situations and environments. It is best to have a sacred space in your own home in which to practice. Creating this type of space in your home will lead to a calmness and centeredness in your being and in your life, no matter where life takes you. Your sacred space does not have to consist of an entire room or wing of the house; it can be simply tabletop in your favourite room. Creating sacred space in your bedroom is always nice because as you enter sleep and the dream state, you already have a wonderful energy of consciousness surrounding you. Your consciousness is highly suggestible when you are in the sleep state, so why not be the one who creates the space in which your consciousness rests?

If you are really crowded for space or housemates don't understand or resonate with your spiritual quest, you don't have to create a permanent sacred place. What truly matters is what resides in your own heart space - although having a sacred space in your home can lift you out of the occasional shadowed corner of the human experience and assist you through the periodic darkened night of the soul.

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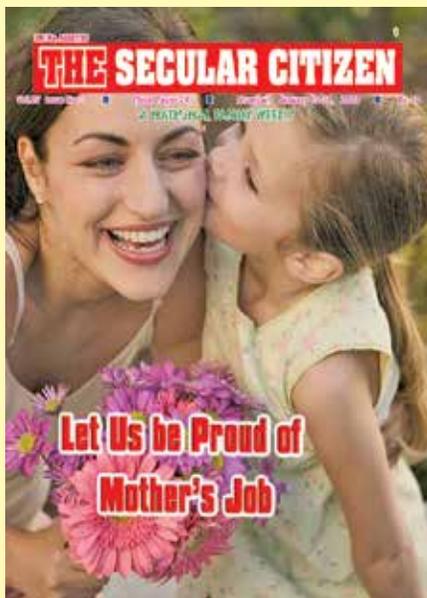
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