

# THE **SECULAR CITIZEN**

(Total pages 24)

A NATIONAL FAMILY WEEKLY

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**Life is meant to be enjoyed**

Live in the moment! Well, it sounds simple enough but we humans have an incredibly difficult time enjoying the moment.  
Why is that?

# Catholic Population Growing to 1.3 Billion : Fides

**T**he number of Catholics in the world is increasing: almost 1.3 billion, 17.7 percent of the world's population, reported Agenzia Fides on October 20, 2017. Agenzia Fides is the information service of the Pontifical Mission Societies.

According to figures from the Church's Book of Statistics (data related to 2015) and elaborated by Agenzia Fides, the baptized are 12.5 million more than the previous year (2014). This is one of the data in the Dossier published by Agenzia Fides on the occasion of the 91st World Mission Day, which is celebrated on Sunday, October 22, 2017.

The Dossier offers a wealth of statistical information about the Catholic Church around the world.

### A few statistics of interest:

- Africa has 222 million

Catholics, 19.42 percent of the population.

- The Americas have 635 million Catholics, 63.6 percent of the population.
- Europe has 285 million Catholics, 39.87 percent of the population.
- Asia has 141 million Catholic, 3.24 percent of the population.
- The Catholic Church runs 216,548 schools in the world, attended by more than 60 million pupils.
- There are about 118,000 Catho-

lic social and charitable institutes (hospitals, care homes for people with leprosy, orphanages, homes for the elderly) scattered throughout the world.

Despite the rise, the world percentage of Catholics decreased by 0.05 per cent to 17.72 per cent, due to the total world population growing at an even faster rate.

Oceania had the highest percentage increase at 0.24 per cent, however the percentage of people in North and South America identifying as Catholic decreased by 0.08 per cent despite a rise in the total number. The percentage of Europeans identifying as Catholic decreased by 0.21 per cent.

The data was released by the Pontifical Mission Societies in the run up to World Mission Day on Sunday 22 October.



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## 'Thought for the week'

*Practice to see atleast one good thing in every person you meet and see yourself transforming.*

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**Cover :** Life is ment to be enjoyed:

(Article on p. 18)

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## Endo's error, and our's

by Father William Grimm

**Tokyo:** In the Japanese Catholic novelist Shusaku Endo's novel Silence and the film version of it by Martin Scorsese, an apostate Jesuit priest in 17th-century Japan tells his protege that the mission to Japan has failed, not because of persecution, but because Japanese Christians did not actually come to believe what the missionaries had taught.

Ferreira, the elder, tells his former pupil Rodrigues, "What the Japanese of that time believed in was not our God. It was their own gods. For a long time we failed to realize this and firmly believed that they had become Christians. ... From the beginning ... [Japanese Christians] changed our God and began to create something different. ... the Japanese did not believe in the Christian God but in their own distortion."

In what are probably the best-known words of the novel among Japanese Catholics, Ferreira says, "This country is a swamp. ... Whenever you plant a sapling in this swamp the roots begin to rot; the leaves grow yellow and wither. And we have planted the sapling of Christianity in this swamp."

Ferreira is, of course, wrong, and it is a mistaken idea that Endo may have shared.

Western missionaries then and probably still have not planted "the sapling of Christianity."

What they thought and often think of as the sapling of Christianity is actually a seedling from a sapling of Christianity that was long ago planted in the bogs and fens of Europe and there underwent a transformation similar to the one of which Ferreira speaks.

Ferreira could properly say of himself and even of Westerners today that "from the beginning European Christians changed God and began to create something different. Westerners do not believe in the Christian God but in their own distortion." We are so used to that distortion that we, like Ferreira, assume that it is a true picture of the real God.

(Contd.. on p. 4)

(Contd.. from p. 3)

That picture, whether painted on the ceiling of the Sistine Chapel by Michelangelo or drawn in a cartoon showing a long-haired, bearded old white man among the clouds with a lightning bolt in his hand, owes more to the Greek god Zeus (though without his innumerable sexual escapades) than it does to Christianity.

And, when it is not presented visually, that distortion as often as not becomes the unmoved mover of Greek philosophy or some other intellectual abstraction.

The general Western idea of God is more or less a combination of Santa Claus and a traffic cop: a kind and generous old codger, but one on the lookout for infractions.

Might going back to the root stock, the faith of Israel, enable us to purify our image, to get the saplings to grow right?

Unfortunately, it is not so simple as that. Even the Bible has various versions of God, from the garden stroller in Genesis to the Oriental potentate in Isaiah to the Incarnate One on the Cross. Clearly, the seeds of faith of Abraham and Moses also wound up on soggy soil.

So, are we to give up trying to live with faith in God? Is it a useless endeavor? I think not. In every age, and either because of or in spite of the saplings under which they lived their lives, there have been saints.

This year marks the 150th anniversary of the final outbreak of the persecution of which Endo wrote, an event so recent that I know a woman whose grandfather died in it. Families were split up, and 3,414 Christians were exiled to remote villages throughout Japan. Twenty percent of them lost their lives.

But in their exile, something occurred that would have surprised Ferreira. Those men, women and children who were the fruits of the sapling he and his fellows planted long before and which had been reshaped by the swamp of

## Pope Francis: "Child Dignity in the Digital World"

**A**t the conclusion of the above conference on the above topic, Pope Francis reminded a group of religious and secular experts, that protecting minors against "online threats and abuse", is a serious new concern, and one in which the Church can be a leading voice!

It was organized by the Pontifical Gregorian University Center for Child Protection in collaboration with the UK based global alliance, WeProtect, and Italy's TelefonoAzzurro, an online child helpline. Key points of discussions included updates on the situation, prevention of its abuse, online pornography, responsibilities of internet providers, role of the media and ethical governance. (Papal extracts):

"The Church adheres fully to the goal of putting an end to child exploitation, trafficking, and all forms of violence and torture of children; which damage is proven by neuro-

biology, psychology and psychiatry. Besides, acknowledgement and the defense of the dignity of the human person is the origin and basis of every right social and political order."

Citing various statistics, Pope Francis noted that, "More than 800 million youngsters are navigating the internet; and in India alone more than 500 million will have access to the internet, and half of them will be minors. Besides consider the harm inflicted on adults through distorted views of love."

He concluded, "What are we doing to ensure that children continue smiling at us with clear eyes and faces filled with trust and hope, and not corrupted by the internet? ... These children whom Jesus lovingly welcomed" (cf. Matthew 19:14).

—Dr. Trevor Colaso,  
(Memphis, TN. USA).

Japan became planters themselves. In several villages where the exiles were sent, their patience and kindness inspired locals to themselves become Christian.

Jesus said that it is by their fruits that people's hearts will be made clear. The fact is that in spite of the varied shapes the tree of faith might take, there is a sap within them all that carries with it the ability to bear fruit.

The images, the understandings will certainly be inadequate. That is of secondary importance so long as with intelligence, faith and prayer we come in touch with that sap.

One of the advantages of our now having a non-European pope is that the European sapling, which is no less but no more an imperfect manifestation of the mystery, is no longer the only "official" growth in the orchard of faith.

The challenge for Christians in Asia, Africa, the Americas, Oceania and even modern Europe is to find the sap in our various saplings so that it may produce fruit that will become the source of yet new saplings, new ways to experience and express the mystery of God.

Father William Grimm, MM, is publisher of ucanews.com and is based in Tokyo.

Source: UCAN



## Taj not a heritage structure!

Earlier this month the UP govt, in its official tourism booklet, left out the Taj Mahal from the list of important tourism destinations in the state. It is a matter of little importance that the monument is ranked among the Seven Wonders of the World.

Now, an MLA of the state govt has questioned the heritage status of Taj Mahal as it was the handiwork of traitors. For the record, virtually all the worthwhile structures in the country were built by 'traitors' except perhaps, our pot-hole riddled roads.

—Prof Robert Castellino  
Mumbai

## Lacklustre Diwali

The entire festival season of Dusshera and Diwali this year was a lacklustre and low-key affair with a 20% drop in sales, as compared to previous years. Besides the GST which is largely responsible for pushing up prices beyond the reach of the common man and depriving the trader of his profits, let us not forget that this bleak scenario is the fruit of the cumulative effect of de-monetisation and

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GST which has taken the wind off the common man and deprived him of a decent living. Added to this is the plummeting of Fixed Deposit interest rates to an all-time low, along with other Post Office and govt monthly interest schemes for Senior citizens. Yet, in this bleak economic scenario, the govt at the centre is unwilling to see the writing on the wall even after 3 years plus in power. Is this the 'acche din' that was envisaged and promised by the BJP?

—A. F. Nazareth  
Alto Porvorim.

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## Konkani script

A.F.Nazareth refers to Konkani script in the Secular Citizen of 9th Oct..

Konkani is written in Kannada script in South Kanara, in Roman script in Goa, and in Devnagari script in Maharashtra's Konkani. Sadly it does not have its own script.

—Clifford P.Pais  
Malad

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# Arunachal Christians upset as government promotes only indigenous faith

Guwahati: Two months after the BJP-led government of Pema Khandu had announced its decision to set up a separate department for protection and preservation of indigenous faiths and culture of the state, the Arunachal Christian Forum (ACF) has asked the government to roll back the decision “because it is clear favour for and promotion of one particular faith.”

“The state government is trying to show clear favour to and thereby promote one particular faith, which is gross violation of Article 27 of the Constitution. Ours is a secular country and the state cannot promote one particular faith by using tax-payers’ money,” Toko Teki, general secretary of the Forum said.

Speaking on the telephone from Itanagar, Teki also said that while the Arunachal Christian Forum had already submitted a memorandum to the chief minister several weeks ago, it has now decided to set a deadline of October 25 for the government to make its stand clear. “If we do not get any

positive response from the government, then we will resort to a series of peaceful protests. We have already given an ultimatum to the chief minister on October 13,” Teki told The Indian Express.

The Khandu cabinet had on August 11 approved establishment of a new department called Department of Indigenous Faith & Cultural Affairs (DIFCA). Chief Minister Pema Khandu, who had chaired that cabinet meeting, had maintained that “the indigenous communities of the state are fast getting disconnected with their rich culture and languages due to globalization, exposure and external influences,” and thus “calls for specific steps to preserve and protect them from disappearing into oblivion.”

“Creation of an independent department to look after preservation, protection and promotion of the rich indigenous cultural heritage of the state is a right step in the wake of fast changing world. We cannot let our indigenous culture just fade away like many in the world,” an official statement quoting Khandu on August 11 had said.

Khandu had, at least twice made it clear that the move to create a separate department was being created “purely to preserve indigenous tribal beliefs and traditions”, and was not against any religion. “The department of indigenous faith and culture is for all tribal faiths and is to protect indigenous beliefs and not against any religion,” he has said.

A notification issued on September 20, on the other hand, said that a separate department was required to preserve indigenous faiths like Donyi-Poloism, Amik Mataism, Nani-Intayaism, Nyezi-noism, Rangrafaism and other indigenous faiths “which has been inherited from the forefathers since time

immemorial.”

The notification also said that the government would provide funds for construction and maintenance of indigenous prayer halls like Nyedar Namlo, Kargu Gamgi, Donyi-Polo Gangging, Meder Nelo, Rangsovm-hum and Tachaw Kumya etc, apart from starting welfare schemes for indigenous priests and priesthood institutions. Pointing out that preservation of indigenous faiths in Arunachal Pradesh “is urgently felt” the notification also said that the state government would introduce certificate courses on indigenous faiths and culture.

Taking strong exception to this, the Arunachal Christian Forum (ACF), which claimed to be a confederation of Churches of the state, described it as discrimination. “The government should not interfere in religious matters. The Constitution has given equal status to every religion. The government must maintain the secular character of the country where all religions are respected and treated equally. We had appealed to the chief minister to roll back the cabinet decision and not to perpetrate discrimination and disharmony in the state. But there seems to be no concern,” Teki said.

(Source: Indian Express and mattersindia)

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# Pope offers clarifications on new process for liturgical translations

**Vatican City**, Oct 22, 2017 : In a letter responding to questions raised by Cardinal Robert Sarah on the new process of translating liturgical texts from Latin into vernacular languages, Pope Francis offered several points of clarification.

The Pope discussed points regarding the approval of new translations and the relationship between translations and Latin texts.

He clarified that while in the past, it was the task of the Vatican's liturgical office to judge whether or not a translation is faithful to the original Latin, episcopal conferences themselves have now been given the faculty of "judging the goodness and consistency of one and the other term in the translations from the original, in dialogue with the Holy See."

Dated Oct. 15, the Pope's letter was in response to one he had received from Cardinal Sarah, Prefect of the Congregation for Divine Worship and the Discipline of the Sacraments, at the end of September thanking the Pope for his recent *motu proprio* "Magnum Principium" (MP) on the translation of liturgical texts, and offering a commentary on how to interpret the *motu proprio*.

The *motu proprio*, published Sept. 9, granted episcopal conferences the task of both preparing and approving texts that had been "faithfully" translated from the original Latin, while cementing the role of the Apostolic See in confirming the translations approved by bishops.

In his commentary, Cardinal Sarah had argued that the new process for translating liturgical texts still follows the rules put into place with the 2001 Instruction *Liturgiam Authenticam* (LA), which said the vernacular versions must faithfully reflect the language and structure of the Latin texts.

Sarah also looked at the role of the Holy See and bishops' conferences in both "recognizing" (*recognitio*) and "confirming" (*confirmatio*) modifications to liturgi-

cal texts, arguing that the term "*recognitio*" used in the new canons involves adaptations of texts, while "*confirmatio*" involves translations.

Because of this, the terms are different, even if they are "interchangeable with respect to the responsibility of the Holy See," Sarah said. He also argued that the "*recognitio*" of liturgical texts implies a preliminary consultation with the Holy See before translation processes begin, with the "*confirmatio*" of the Holy See being the final step.

In his letter to Cardinal Sarah, the Pope thanked him for his commitment and for sending the commentary, but offered some simple "observations" on the commentary "which I consider to be important, especially for the proper application and understanding of the *motu proprio* and to avoid any misunderstanding."

The first point Francis made was that his *motu proprio* *Magnum Principium* "abolished" the process for translating used by the Congregation for Divine Worship and the Discipline of the Sacraments after LA was published in 2001. *Magnum Principium*, he said, "sought to change" this process.

The Pope said of the terms "*recognitio*" and "*confirmatio*," that it cannot be said that they are "strictly synonymous or interchangeable or that they are interchangeable at the level of responsibility of the Holy See."

The distinction between "*recognitio*" and "*confirmatio*," he said, emphasizes "the different responsibility" that the Apostolic See and episcopal conferences have in liturgical translations.

"*Magnum Principium* no longer claims that translations must conform on all points to the norms of LA, as was done in the past," the Pope said, explaining that because of this, individual numbers in LA have to be "carefully re-understood."

He said this includes numbers 79-84, which deal specifically with the requirement for a vernacular translation to have the "*recognitio*" of Rome. These numbers, Francis said, "have been abrogated," and "re-formulated" with the publication of MP.

The "*confirmatio*" of the Vatican, then, "no longer supposes a detailed word-by-word examination," he said, except in obvious cases which can be brought to the bishops for further reflection. This, the Pope said, applies to texts such as the Eucharistic Prayers or sacramental formulas.

Pope Francis said the new norms imply "a triple fidelity," first of all to the original Latin text, to the particular languages the text is translated into, and to the comprehension of the text by its recipients.

In this sense, the "*recognitio*" of the texts only implies "the verification and preservation of conformity" to the Code of Canon Law and the communion of the Church, he said.

Francis also emphasized that in the process of translating liturgical texts, there should be no "spirit of imposition" on bishops conferences of a translation done by the Vatican's liturgical department.

The Pope said "it is wrong to attribute to the '*confirmatio*' the purpose of the '*recognitio*,'" which is to "verify and safeguard" in accordance with the law. He also stressed that the "*confirmatio*" is not "merely a formal act, but necessary for the edition of the translated liturgical book," and is granted after the version has been submitted to the Apostolic See for a confirmation of the bishops' approved text.

Pope Francis closed his letter noting that Cardinal Sarah's commentary had been published on several websites, and asked that the cardinal transmit his response to the same outlets, as well as to members and consultants of the Congregation for Divine Worship.

# Whether India Is Gods Own Country But We Its People Have Messed It Up ?

by Eric D'Sa

**W**e have been in recent years repeatedly hearing an ad that says, the Kerala state is Gods own country. But as you read this article, you will as a matter of fact realise India as a whole and not just Kerala, is Gods own country. We its people have messed it up or as some may crudely say, screwed it up. All the Gods and Godesses, more than 3000 of them on the last count as we have also been told, have not been able to prevent us from doing so.

We know from science now, that once upon a time millions of years ago, South Asia was part of the African continent. For some unknown reason it broke loose and slowly started drifting away from the African sub continent into the Indian Ocean and towards the Asian continent. As such the vegetation, animals and even humans who live on it have its origins in Africa. So in a way, the original Indians have comedown from what again science tells us, the African monkeys or gorillas. Slowly the broken and drifting sub continent, inched towards Asia. When it finally collided with it, the impact of the momentum was so much, as to form the highest mountain range in the world, the Himalayas. So the sub continent was blessed with seas on three sides and a huge mountain range on the north, which protected it from rest of the Asian continent.

The creator of this world or universe, also provided this piece of land very fertile soil and a big net work of perennial flowing rivers that were fed by melting snows or heavy monsoon rains. There were natural ponds, lakes and abundant under ground fresh water resources. So the evergreen forests grew and a huge variety of animals, birds and fish that lived on it, multiplied and were in plenty. Not to be done with the above, the creator also ensured that there were variety of minerals in the earth below, including gold, silver and diamonds. Hence the original

inhabitants of this blessed land had an easy, leisurely, comfortable life. There was no need to conquer other lands. As a matter of fact they had enough natural wealth, not to resist outsiders come into their land and settle.

Then the first invasion into the region from west Asia region occurred. The Aryans from Europe invaded and settled in Indus Valley and over centuries from around 5000 B.C. to around 1300 B. C. the Indus Valley civilisation took root on the verdant Saraswati River bank. So if any one these days, claims their Aryan roots, be aware on first one in / first one out bases, you may be the first ones as immigrants to be booted out of the country. This period is known as the Harappa and Mohenjo Daro era. Hinduism began in this region with people praying

## YOU THE CITIZENS DECIDE:

to Mother Goddess, a Goddess of fertility. The Hindu Mythology originated in this period and about 3000 B. C. and the caste system started taking roots. This got properly recorded in a book named Manusmriti about 1000 B.C.

The beauty of the Hindu religion was and is, that it is very flexible and inclusive. There were numerous Gods and Godesses, some say much more than 3000 in number quoted above. Many sects that came into being as populations grew, gave more importance to one God or a set of Gods above others, but respected other Gods. So over centuries it was not difficult for the followers of Hinduism to respect the Gods of other people who immigrated into the country. Hinduism as such unlike other religions was a very peaceful religion and gradually took deeper roots in the country. However the same enlightened people surprisingly set up the most rigid and divisive Caste system, which divided people based on the type of jobs they

did, into five water tight compartments. While the religion was flexible and inclusive, the social structure was most rigid and divisive.

So how did this thriving, one of the richest and most powerful civilisation in this world before B. C., come to an end. Surprisingly this was caused by sudden climate change, drop in rain fall and slowly the deserts taking over the area. Even the river Saraswati dried up. This is something we need to keep in mind while we discuss the climate change that the scientists are predicting that will occur. However, Hinduism with its faults of the caste system continued to thrive, until Buddhism came into being, to a certain extent to counter the socially disruptive caste system around 500 B. C. Buddhism at the expense of Hinduism

grew fast not only in the country, but spread north into China and Japan and east into Burma, Malaysia, Thailand and Indonesia. At the time of Emperor Asoka who ruled over most of north India, Buddhism became the state religion. However, after the demise of Ashoka, Hinduism hit back and regained its dominant position in the country.

Meanwhile though the country was very rich, intellectual and generally with contented people, it gradually fragmented into smaller states ruled by different kings, which fought with each other. This weekend them and they were not strong enough to take on external aggression which started with Alexander the Great, who came from the west and later by the Mongolian and Chinese kingdoms from the north. Their armies generally came to loot the the riches in way of Gold, Silver, diamonds, gems and spices and return home with the looted bounty. However, the country as a whole was rich enough to gradually progress, but at the same time get further fragmented into smaller kingdoms with their own sub culture, languages and Gods. There were constant wars between these small

(Contd.. on p. 9)

kingdoms based on the mind sets and egos of the local kings.

Christianity which originated in the Middle East of Asia did arrive quickly into India, by one of the 12 Apostles of Jesus Christ, reaching the southern shores of India and was martyred in Madras. It had a limited following in the south. Meanwhile Islam that began in the Arabic world around 600 A. C. started to expand rapidly and for the first time in the world took to the sword to do so. As it progressed west into the Europe it was resisted by the then entrenched western Christian civilisation and lots of holy wars were fought. However, when it progressed east, the weak fragmented Hindu Kingdoms could not resist for long and in time the Moguls conquered sufficient land in north India to start the Mogul dynasty. Islam continued in the following centuries to further grow east upto Indonasia and south upto Ceylon. At one stage the Mogul Empire in India became the most rich and powerful person in the world. The intermingling of the Arabic and Hindu cultures provided lot of intellectual knowledge. Meanwhile Over the centuries persecuted Jews from Israel and Parsees from Iran taken refuge in India and had been welcomed. Also two new district religions the Jainism and Sikhism had taken root in two different pockets of the country. Hence India was melting port of different religions, cultures and languages living together.

However, in the west the first the scientific revolution was taking place which led to industrialisation. The rulers were able to separate politics from religion which enabled rapid growth and decimation of the ever enlarging scientific and engineering knowledge even to the masses. The invention of the printing press, the gun powder and more powerful weapons and means of moving distances by faster steam powered ships started tilting the power to the west. The Europeans started to conquer the seas and gradually take over the new found world of Americas and even in the far east Australia and New Zealand. This brought lots of wealth to these nations and new imperial empires started forming and taking a strong political and economic

grip over the rest of the world.

Meanwhile, the infighting in the Mogul dynasty had weakened it. In word looking Islam and the Hindu caste system kept knowledge within confined spaces and the vast number of people, especially of the lower castes and the Dalits remained with no schooling and as illiterates. This enabled the imperialists to make inroads into this rich land and over time rest power from the Mogul rulers and later all the fragmented infighting smaller kingdoms. By the 18th century the British Empire had taken full control of the whole South Asia region that stretched from Afghanistan in the west to Burma in the east, from Tibet in the north to Ceylon in the south. The British Viceroy who ruled this vast land called India was the 2nd most powerful ruler in the then British Empire, the type of which the world had not seen.

It is no wonder that the British used the 200 years that they directly ruled India to transfer a lot of the wealth from this country to their own. But to do so, they did the following things which in a way united the country and brought some progress. The first one they did was to have a good net work of roads and railways connecting the whole country to move quickly goods and people. They formed an united disciplined fighting armed force. They set up a framework of administration to the district level and later even taluk level mostly manned by educated Indians. They made English the administrative language for the whole country and most importantly for the first time in its history, they set up formal school education which provided universal education to the masses. This enabled a lot of Indians from all castes including the lower ones, the Dalits and tribals to be educated and literate. This was in a way revolutionary.

Fortunately for the new united India, the imperialists in Europe started quarrelling among themselves which ended in crippling two world wars, the likes of which the world has never seen. Fortunately Indian National Congress party which was fighting for Indian Independence was lead, not by the old royalty but by the same people who had been educated

by the British. They in principle were patient and sided with the British and USA against the Germans and the Japanese. When the 2nd world war got over the Americans who had fought with the Indians the battles, goaded the weakened British Empire to grant independence to India.

So India won its independence without much bloodshed except what their soldiers had shed in the two world wars for the British. However just before the Independence Day arrived the fault lines in our political and social system arose due to religion and though the architect of the independence, Mahatma Gandhi tried his best, the nation split on religious lines and that too not cleanly, due to the ego of our politicians. This caused one of the largest migration the world has seen with almost a million people losing their lives. Fortunately the truncated new Indian Nation opted to be Secular and have a progressive constitution which recognises diversity of the nation and the pluralistic nature of its people. They have provided its citizens with universal voting rights. They have tried to bring back some balance in the social structure caused due to centuries of discrimination that was based on the caste system, by giving some reservations in education and jobs to the lower caste people, the Dalits and the tribals.

This however has brought a backlash of upper castes in the country and though Hindu religion has been inclusive, it is being misused to bring in things like Cattle slaughter ban which not only creates a lot of financial problems to the minorities in the nation, but also the tribals, Dalits and also lower castes. Elections are being fought more on more on bases of religion and caste and this is pulling down the economic growth of the country. The future of the country will greatly depend how it overcomes the problem of caste and subcastes, which is bringing social disorder and lots of acrimony among the people and also religious harmony. How this is to be tackled in the coming days in this Gods own country, you the Citizens will have to decide.

# World has 1.1 billion “invisible” people

**Washington:** Africans and Asians form the majority of more than 1.1 billion people worldwide who officially don't exist, as they have no proof of identity. The issue leaves a significant fraction of the global population deprived of health and education services.

More than one third are children susceptible to violence whose births have not been registered, the World Bank's "Identification for Development" (ID4D) program recently warned, ndtv.com reported.

The problem is particularly acute in geographical areas whose residents face poverty, discrimination, epidemics or armed conflicts.

Vjayanti Desai, who manages the ID4D program, said the issue arises from a number of factors, but cited the distance between people and government services in developing areas as major.

For populations near the Peruvian Amazon, for example, traveling to an administrative service can take some five days of transit by boat, according to Carolina Trivelli, Peru's former development minister.

Many families are also simply not informed about the importance of birth

registration, and the consequences of non-registration, which can include the denial of basic rights and benefits, or an increased likelihood of marrying or entering into the labor force under-age.

And even if parents are aware of the need to declare a birth, costs can be crippling, said Anne-Sophie Lois, representative at the United Nations in Geneva and director of the children's aid organization Plan International.

As a result, millions of children in Africa and Asia first encounter the administration only once they reach school age.

But "birth certificates are often needed to enroll in school" or take national exams, Lois said.

The political climate also discourages many families from allowing themselves to be officially identified.

"People fear to be identified from one ethnic group or from one nationality," said Trivelli. "The government has sometimes, sadly, preferences for some groups rather than another."

And in many countries, births of children born out of wedlock or as a result of rape are sometimes deliberately concealed for fear of discrimination.

In China, avoiding birth registration was also deliberate for years for fear of repercussions due to the one-child policy.

Beyond being barred from attending school, these children can fall prey to violence ranging from forced labor for boys to early marriage for girls, denounced by UNICEF in a 2013 report.

These children can also fall victim to human trafficking.

"The legal invisibility of unregistered children makes it more likely that their disappearance and exploitation will go

unnoticed by authorities," Lois said.

To combat this immense problem, organizations are patiently working on the ground to identify these "invisible" people.

Digital technologies have provided a tremendous boost, Lois said, as a way to "increase registration, provide legal documentation of vital events and produce statistics that are complete and accurate."

Trivelli said it also helps that "technology is getting lighter, you can go to the people with very small devices" to gather biometric data on the ground.

Plan International, which launched the campaign "Every Child Counts" in 2005, has contributed to the registration of more than 40 million children in 32 countries.

The organization developed a digital strategy: Village leaders can download a mobile app capable of notifying the government of births and deaths in their villages.

"Digital birth registration systems not only provide children with a legal identity but also provides governments with a continuous source of information through the collection of data," Lois said.

"This allows them to plan effectively for all services that a child needs, including vaccination programs and education."

The World Bank recognizes, however, that centralized identification systems could expose vulnerable groups to risks linked to misuse of their personal data.

"We are very cautious," Desai of ID4D emphasized. "To have a legal framework in place that protects privacy and personal data is key."

Source: mattersindia

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# Old age crisis - the end times?

India and its cultural ethos are well known for care, concern, respect and value for elders.

The elders, aged and sick have always been the focus of families and social groups irrespective of caste or creed. October has underscored the plight of the aged by meetings, discussions and seminars at all levels proactively. It is high time in rapidly moving India, that civil society and governments put in place a regulating and monitoring mechanism to support the aged suffering, helpless and sick. Society is not changed by laws alone, participation, implementation and contribution needs to be strong and articulate.

The vital needs of the aged and ailing and the issues involved are at a peak. Hardly anything is achieved year after year, except lip service. The fault could be that the will of the Govt is absent totally. At present all sections are allocated crores and schemes abound for all groups of people, why are these elders who have served not only the families but also the cause of the Nation and humanity ignored and mistreated?

## Old age never ending :

There is much to say and reflect with regard to the aged and ailing in families and about their care, medical needs, financial and fundamental rights and more. The plight of the aged has yet not received the attention it deserves and a lot needs to be done. It is no secret that the elders in their own homes are a pathetic lot. The well known human rights activist of Udupi Dr. Ravindra Shabagh and many other have spoken out on this matter now and for long before.

The total absence of consultative/ advisory body of Govt. or



civil society armed with vigilance/legal authority to check and monitor the rights and life of these aged is a conundrum. The Govt gains a lot of income from this group of people who are the mentors of life. Their assets, both of money and property, apart from knowledge bank and service is



by Ivan Saldanha-Shet

huge—but, the outcome from Govt is nil, nothing. Strange calculations that people in old age homes are a 'write off' must be revisited in the changed set up and given a just and revised status. Just look around and see plight of politicians, bureaucrats, scientists, technocrats, doctors, educationists, entrepreneurs and high end-CEOs and many like them who are into old age. Their natural needs are looked upon with disgust and avoided, this is a fact of life to be accepted. The old and weak are practically looked upon as 'Trash' or 'Gujjiri'.

## Old age 'havens' :

Star Senior Citizen Facilities are out



only to make money, they charge hefty monthly fees plus huge donation and promise heaven. All matters like food, education, health, women & Child welfare and so on have Central/State ministries and departments to regulate and monitor their functioning and operations..... the vital and large single group of the aged have none to look into their needs and their welfare is

left to the Gods, at least a mechanism to monitor and assist the aged and sick will help. Elders helplines in places like Mangaluru, get meager funding and those are utilised only for self sustenance of the self centered operators.

One who lives in a senior citizens home for several years says on institutions projected as 'very good' run by religious organisations : The monthly fees are high, apart from hefty donations, all is kept secret...the left hand should know what the right hand is doing. As times go by the fees are increased, but the management gets worse. In spite of the very handsome monthly payment... there is no regular basic medical evaluation or record, no feed back and redress mechanism, no security, if one is sick an attendant has to be kept on high payment just for very basic help to get food to the room. Many residents in the home have attendants, supplied by agents, whose credentials and background are as vague and unverified as the people they get, who are changed almost daily that the place has more outsiders than insiders. The management seems to be paying more attention to the attendants, staff and visitors, from whom they get good bonus and gifts...rather than the aged residents..... Most 'care givers' in institutions are out to loot and rob, greasing is what makes the wheels turn.

(Contd.. on p. 13)

(Contd.. from p. 12)

There is CCTV to monitor the happenings....but it is unclear whether the equipment works or not, on the most vulnerable area where the management and staff - both males and females live, there is no CCTV surveillance and many matters are compromised surely. There is no transparency or internal committee to review any matter. In more recent times depressed residents are getting no basic palliative care, interaction and awareness; only food served on their plates, not as per their needs. Often the aged are heard wailing and none comes to see what the matter is, even if called, intercoms or bells are never answered at night. It is not possible and safe for other residents to go to help as they can put themselves to serious risks - further more they are not authorised or empowered.

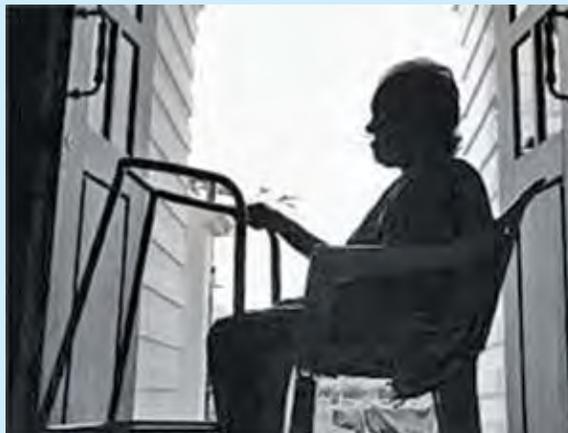
The nominated next of kin / sponsors are never communicated with and never called for any matter or update; only where money can be squeezed out. Many next of kin abroad just want to wash off their hands and are more than willing to pay . The managements do not seem to take any responsibility to check/inquire about the welfare of the aged and sick, there is no sense of fixed duty in this regard. There is no evident mechanism from the higher management to interact with the residents even rarely. There is no statutory body too to check on regulations and service delivery in keeping with laws and justice.

**Double standards :**

Come polling day and every time they are made to look like VIPs, paid agents of candidates carry them to the booths and cast their vote without their awareness... to benefit those who will not look at their plight. What safeguards are there available to them? Do they have a voice? No, they are senile, weak, have lost memory, are not in control even of their



vital needs.....and more. So, they are nothing.....they do not count. They are out of the race, it will soon apply to you as well. The people running the old age institutions charge high fees and donations in many cases. Often they exploit the bed ridden by charging high rates even for minor services



which they list as routine earlier. The pious preach but do not walk the

talk and transparency is nowhere. The institutions are simply not run to serve the aged.... but simply to provide a better living and an easy source of money for the managers and 'trusts'. The top priority is only the comfort, well being, profit of the the management, their dependents and staff. The voiceless, bent and aged paying inmate is left to beg

for care, care takers care only for themselves. The fate of the aged who unable to fend for themselves are much worse than of those in prisons, Illegal/Immoral gratification is the rule. Imagine the fate of those who can not pay. When family or relatives visit briefly the picture is distorted and the reality hidden; the next of kin only look at superficial matters and fear to exercise their duty and rights. Government officials have greater responsibilities in protecting the lives and properties of senior citizens, 90 percent of officials are still unaware of the provisions of even the Senior Citizens Act. This matter requires active, consistent and continuous plan and action. Stern and urgent steps to provide a full fledged ministry and authority to deal with matters concerning elders on par with all others in the present modern context is essential with Govt. and Civil society being involved and empowered.

## Thanksgiving

**May the Sacred Heart of Jesus be Praised Adored, Glorified and Loved today and everyday throughout the world, now and forever.Amen!!**

**Ask St. Clare for three favours two impossible and say nine Hail Mary's and the above prayer for 9 days with a lighted candle and publish on the 9th day your request will be granted no matter how impossible it is**

**—Wilma Rodrigues, Bandra**



# THE SECULAR CITIZEN

## (Inspiring Poetic Expressions)

- T**—Timely news, events and opinions of patriotic Christians  
**H**—Honestly delivering the honorable truth to simple Indians  
**E**—Eagerly embracing both mind and body of global civilians.
- S**—‘Secular’ attitudes to think, express and act thus accordingly  
**E**—Establishing trends for healthy outlooks very courageously  
**C**—Clothing us with joy, wisdom, compassion and pious divinity  
**U**—Urging us to understand the intricate beauty of all humanity  
**L**—Lifting us to majestic heights through service with real sincerity  
**A**—Advocating and assuring advertisers towards refined behavior  
**R**—Remembering talented journalists to walk on paths to endeavor.
- C**—‘Citizen’ of the world to become worthy, caring, merciful and wise  
**I**—Inscribing in our hearts, values for a renowned, eternal prize  
**T**—Trusting family, friends and even enemies with due courtesy  
**I**—Instructing all in the glorious virtues of faith, hope and charity  
**Z**—Zooming always for reader’s sole interests with superb clarity  
**E**—Establishing merits of every good moves and works with concord  
**N**—Nursing its renowned contributors on their brave journey onward.

—DR. TREVOR COLASO  
(Memphis, TN. USA).

*‘Secular’ thoughts from your above humble ‘citizen’, from the Holy Scripture:  
“Do not conform to the pattern of this world, but be transformed by the renewing of your  
mind. Then you will be able to discern and approve the Divine will; which is indeed good  
and pleasing and perfect”! (Romans 12:2).*

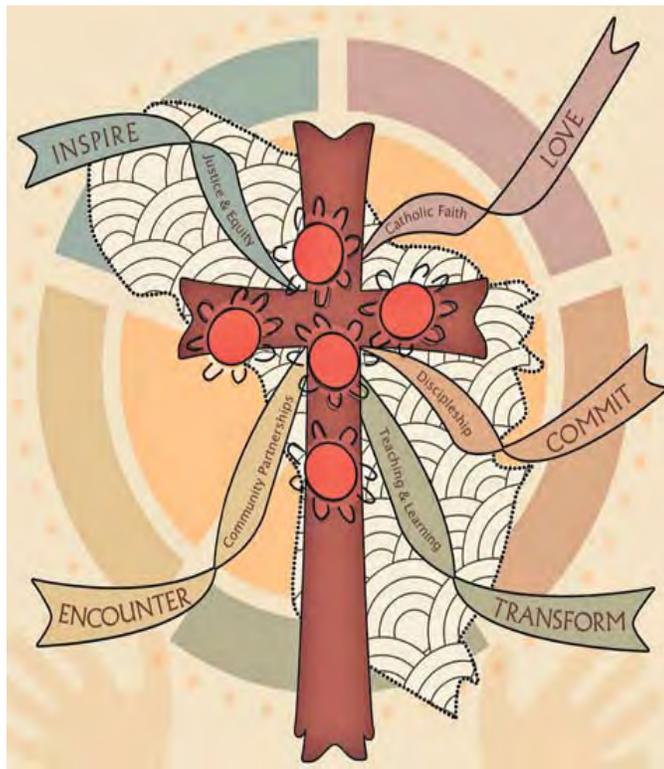
# Encourage Catholic Education In The Faith

**C**hristian education has a responsibility to always encourage children to build their natural reserves, to respect each other's rights and promote the freedom of choice. For example, X-Spam-Subject: YES telling youngsters to avoid the opposite sex is a potentially dangerous move as it makes them want to find out what is forbidden. A potential abuser takes advantage of this issue.

Are we not on a mandatory mission of love, mercy and the command to heal the wounds of the world and spread the Word? All we need, today, is to reflect on Catholic teaching in our institutions, which is obviously crucial. No matter how sensitive the topic it will provide a breath of fresh air for Holy Mother the Church, and Pope Francis' views for the betterment of the poor.

Perhaps the above statement is not clear although it is within the tenets and curriculum of Christian faith and relationship education. We need prayers; the inner spirit of courage, to welcome a commitment for change – to awaken our objectives and aims, to face the challenge of this new generation's problems.

Catholic values and faith must survive. Teachers should be enthused who have a dedication to faith and Catholic values of tradition and culture. Getting "specialist teachers" into schools and colleges only helps them to gain financially no less. Teachers with true inner faith and with devotion to duty are needed to play a role of goodness and justice through



out youngsters' lives and their adolescence years.

The admission cap to Catholic schools is still very tough and even rising after concessions given to Christian children. Pope Francis wants the Church to reach down a helping-hand to the poor, so that they may rise above destitution. Many Catholic families today are not able to admit their children into Catholic schools, unfortunately because of the hike in fees. This is the truth.



BY MELVYN BROWN

Under these circumstances Christian children age five and six years are being kept at home by parents who find it hard to cope with their small earnings. In this context government-run schools are open to all children coming from poor families who pay reasonable fees and are supported by respect, good relationships and kindness. Be it in Bengali or Hindi the children are couched in simple

reassuring ways. This has been observed by many in the field of education.

Nonetheless, the present status quo remains in place for all Christian schools, regardless of denominations. Change, is always taken very seriously in debates and presentation plans for future considerations. This is a big resolve which may never happen or be abolished in one sweep. What is to be done for youngsters in our web of 'gain above pain' only time will know the outcome.

It has been said that faith and the values of education should be made mandatory by our Bishops. To simply teach religion and avoid direct mention of

Catholic and Christian educational legacy of trust, faith and value education seems to have been designed to soften foreseeable outrage, with those outside the faith.

In Christian and Catholic schools there can never be abusive indoctrination set upon youth. The Catholic faith teaches us to love, have mercy and forgive any wrong in the system or with individuals in our lives. In our institutions of learning we bear an ideology to right, justice and a self-generated attitude to defend the Christian faith and live by its tenets.

Catholic educational institutions must grow through courage and trust in the Lord. They should comprehensively uproot ideas of total profit as in business, and to have a protective overhead shield for security. We all need to have a sense of stability, it goes without saying. To encourage faith in Catholic education will bear good fruits in generations to come.

# St. Expeditus, Patron Saint of MEICOCAI

by **Jude H. Gomes** –

Director, Mumbai East Indian Chamber Of Commerce And Industry (MEICOCAI)

**A**ccording to legends the word "Expeditus" is a misreading of "Expidius". The name "Expeditus" has provoked puns, so St. Expeditus has become the saint of rapidity. At first, he was invoked for urgent causes and those that needed urgent attention; he has since become the patron of business dealers, sailors, students, and examinees; he is also implored for success in lawsuits.

Little is known about him, but what is, is that he was beheaded in Turkey in 303, and is the patron of business people and investors all over the world (as well as patron of tailors, shoemakers, cloth makers and weavers).

His feast day is observed on April 19.

Expeditus was included in martyrologies in Italy before 1781. There was a tradition that Saint Expeditus could be called upon to help settle overly long legal cases and family disputes. Many stories circulated about the Saint's origin say that the cultus of Expeditus began when a package marked expedite (meaning 'be ready' or alternately 'loosen') arrived with unidentified relics or statues. The recipients assumed that the statuary or relics belonged to a Saint Expeditus, and so veneration began.

St Expeditus's father was a prosperous tailor, master cutter and merchant, and Saint Expeditus worked diligently in the same field, following his father's footsteps as a tailor and merchant, even after receiving a generous inheritance from his father. It is said that the Saint had a creative bent and a penchant for good dressing. He was a master craftsman in his speciality.

He practiced his business with scrupulous honesty whilst he made money and consistently donated a large portion of his profits

to the relief of the poor. One could say that serving the poor was part of his business plan! Apart from being a soldier. Even the name of this great but little-known saint reflects his God-centred intentions, literally translating as "good man," from Latin into English.

His ministry was vital but not headline-grabbing like. He was an extraordinarily capable spiritual director who reinvigorated clergy and bishops and vicars and priests who had grown decadent, and patiently drew wavering Catholics back to the fold.



St. Expeditus

But how did St. Expeditus become MEICOCAI'S Patron Saint of this organisation? Primarily, because our Founder-Emeritus Calwyn D'Abreo consulted with a Roman Catholic higher up clerical collar who oftentimes is secular in his persona and decorum for a suitable candidate and he expeditiously recommended this unknown St Expeditus!

St Expeditus's vision of the positive role of business is remarkable. He wrote centuries before Adam Smith lifted a pen, during an era when the Catholic Church generally looked askance at business. Yet in a few short phrases, the Saint crystallizes a profound and profoundly challenging philosophy of business.

First, business, when done well, plays an unparalleled role in enabling individuals to support themselves and their families with dignity. Of course, charity is also essential: Jesus told us we're going to hell and perdition if we don't clothe the naked and feed the hungry. But St Expeditus also perceives the unique role of business in creating positive, systemic, long-term societal change.

Second, St. Expeditus recognizes that great business people have "flair, aptitude, panache and genius." The imagination to identify unmet needs, the willingness to try something new and bear the risk of failure, the scrupulous attention to detailed

execution, the ability to inspire team members, and a hundred other things all mark the ability in good business people" says the Chairman of MEICOCAI- Neil Creado. These are talents, gifts from God, and ought to be recognized as such. It is not a sin to succeed in business by employing these talents fully.

This principle is exactly how MECOCAI – Mumbai East Indian Chamber Of Commerce And Industry went about choosing their Board of Directors for this venture.

But St Expeditus implicitly challenged business people that their talents are only being used well when they maintain a proper perspective on life. Business and money-making are not the highest ends: "If there were not such a harvest of souls to reaped," St Expeditus wrote. Our destiny lies beyond this world, and we're here for purposes beyond what we can sell, trade, build, buy, flaunt or own during this short earthly sojourn. That includes, if we are business-people, remaining aware that our every business decision impacts, for better or ill, the lives of employees, customers, shareholders and communities.

St Expeditus's vision of business is an ennobling, inspiring one. Entrepreneurs with an Expeditious-style flair for business don't think only of "enhancing shareholder value" and making themselves hog-whimperingly rich; they hop out of bed each morning feeling blessed to help fellow citizens use their talents, support their families in a highly dignified way, and alleviate poverty in their communities.

Pope Francis' apostolic exhortation, *Evangelii Gaudium*, also has plenty to say about the role of business, launching salvos, for example, at a business culture that sometimes turns money into a modern-day golden calf.

In fact, the pope, like St. Expeditus, is calling businesspeople and all of us to ponder our human vocation in much more fundamental ways. After all, that's what great leaders do, whether popes or entrepreneurs with a flair for business. They try to inspire us to transcend our ideologies and differences and coalesce around a higher viewpoint, which in turn is now inspiring the Board of MECOCAI- the Mumbai East Indian Chamber Of Commerce And Industry.

# Ten Unique 'Catholic' Contributions to Science!

by Dr Trevor Colaso

**W**orld Science Day for Peace and Development is celebrated annually on 10th November - to raise the benefits of science for earth and humanity. This year's theme is: "Science for Global Development"! The Catechism of the Catholic Church states: "Though faith is above reason, there can never be any real discrepancy between faith and reason. The same God Who reveals mysteries and infuses faith, has bestowed the light of reason on the human mind. God cannot deny Himself, nor can truth ever contradict truth..." (www.scborrowmeo.org. 159, 37). Here are 'Ten Exclusive Catholic Influences on Science', with their one phrase uplifting and inspiring sentences!

1. University Concept's Author: In the 12th century the Catholic Church conceived the "University"! Oxford University was the first to have a 'Papal Charter' in order to operate. It became the model for subsequent Universities, which specialized in the liberal arts, architecture, law, science, medicine, philosophy and Theology!
2. Louis Pasteur – Inventor of Pasteurization: He was praying the Rosary in the train when a young man criticized his devotion as a manifestation of superstition and scientific ignorance. Pasteur had simply to introduce himself to dispel these charges: "A little science takes you away from God, but a lot of science takes you back to Him! Question your priorities, and make sure God always comes first. He is the Ideal of fine arts, the sciences, Gospel virtues and good actions. They all reflect light from the Infinite!"
3. Gregory Mendel – Father of Genetics: An Augustinian monk, he calculated the odds of inheritance in his monastery garden! "Jesus appeared to Mary Magdalene as a gardener!

"Truly the seed, the talent, the grace of God is there; but one has simply to work, plant the seeds and water the soil to bring them to the sunshine of abundant life" (cf. John 10:10).

4. St. Giuseppe Moscati – Pioneer in Insulin Therapy: He was the first physician to treat diabetes with insulin! "Only one science is unshakeable, the one revealed by God! -The science of the hereafter! In all your works look towards heaven, to the eternity of life! And your activity will be inspired for the good."
5. Louis de Broglie – Nobel Prize Winner in Quantum Mechanics: He attributed the voyage of this micro-atomic discovery to a desire to know and serve the supreme Architect! "Science itself is the instrument to alleviate suffering and to prolong life; with the desire to go to the very bottom of this mystery and realize its potential!"
6. Fr. George Lemaitre – Mastermind of the Big Bang Theory: He was a Catholic priest and Professor of physics at Leuven: "Once you realize that the Bible is not a textbook of science, the age-old controversy between religion and science vanishes. And although the doctrine of the Trinity is much more abstruse; the 'theory of relativity' if revealed then, and had it been necessary for salvation, it would have been disclosed to St Paul or to Moses!"
7. Jerome Lejeune – Discoverer of Down's Syndrome: As a Catholic doctor he discovered the cause of trisomy 21, the above genetic disorder. His pro-life stance may have cost him the Nobel prize, but St. John Paul appointed him the first president of the Pontifical Academy of Life: "Human life is summarized in this basic creed: "In the beginning is the message, and the message is human life ... The enemies of life know that to destroy Christian

civilization, they must destroy family life at its weakest point – the child or the unborn!"

8. Galileo Galilei & Copernicus – Architects of modern Astronomy: Although put under house arrest for his solar theories, Galileo remained a practicing Catholic! His own daughter became a nun: "The Bible shows the way to heaven; not how the heavens revolve. The same God Who endowed us with reason and intellect, has not intended us to forgo their use." Copernicus was a Catholic clergyman!
9. Georgius Agricola – Progenitor of Geology: He was a German Catholic who retained his faith during the Reformation. He also wrote "Patristics" (early Church history)!
10. Pope Gregory X 111 – Designer of the Gregorian Calendar: This is in current use today!

Conclusion – Mysteries Still Abound: What was there trillions and trillions of years before the 'Big Bang' (14 billion years old)? 85 percent of species have yet to be discovered! The basic molecule of life DNA has intelligence! -which points to a Supreme Intelligence!!! "So guard what has been entrusted to you, avoiding worldly and empty chatter, and the opposing arguments of what is falsely called knowledge" (1 Timothy 6:20). Yours in the 'mysterious science' that is in CHRIST!

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# Life is meant to be enjoyed

Stop planning your whole life



**Life is meant to be enjoyed moment by moment. Every day is a new adventure. What many people don't understand is that stress doesn't come from unexpected situations but from trying to plan things that are beyond our control. If you are indulged in always planning your life, beware. Planning is the first step to setting yourself up for disappointment. So, why add this anxiety to your life? Why not just enjoy the daily flow of randomness**

**L**ive in the moment! Well, it sounds simple enough but we humans have an incredibly difficult time enjoying the moment. Why is that? It's because we tend to spend so much time replaying past moments or planning too much for the future, that we miss out on the great moments that are unveiling right before us. If you want to change the way you look at life and spontaneity, here's why you should stop making plans:

**Your plans never work out the way you want:** Nothing ever works out as planned. That's a proverb, isn't it? It's most definitely common knowledge, so why would you live trying to disprove this truth? No matter how much you plan you never know for sure

how life is going to play out. Yes, we all desire genuine happiness, and in order to manifest this joy we have to live presently. Too much focus on the future often leads to stress and negative thinking.

**It takes you out of the moment:** If you are constantly thinking about the future, you're never enjoying the present. The moment you stop planning is the moment your life changes. Live in the moment and realise your full potential for enjoying life. Planning isn't going to guarantee you a desired outcome for the future so, why not accept what you can control now?

**You miss opportunities:** Ever heard of that saying, "It will show up when you stop looking"? It's a phrase that can be applied to opportunities in life. The best things that happen to you are usually the ones that happen at random. Whether you get a job because you met someone down a street you randomly walked down or you take a sudden trip to somewhere and meet the love of your life, it's the unplanned opportunities that are usually the most worthwhile.

**You create unnecessary stress:** If you stopped thinking about the future, you would most likely find that there's a lot less to worry about. Suddenly all

those things weighing down on you are lifted as you give yourself room to enjoy the moment and stop worrying about things that are beyond your control.

**Plan your day in one swoop:** If you really need serious planning time, take an hour out of the beginning of your day to plan how everything is going to go instead of planning a task, completing it and then starting your planning efforts for the next task. Think of it the way chefs operate: They typically get out all of their ingredients before they begin cooking so that they don't have to run around the kitchen later on. If they do have to keep pausing to plan, they typically end up with burnt dish (which isn't too tasty)

**Surrender to the universe:** When we worry, we are essentially hoping to control the flow of life because we are attached to the outcome of a situation. We want things to happen a certain way and we are terrified that things could go wrong. In reality, we have little to no control over the unfolding of events in life, at least not from the conscious standpoint that our worrying will directly impact the outcome in the way we want. So, we can worry or we can accept all that is and let go of our attachment to the outcomes. The universe is way older and wiser than us and instead of obsessively planning and worrying, we can let go of control and with love and trust. It just means you are willing to go with the flow.

**As a member of a flawed species, we all often fail. It is a part of life. Attempting to plan for every step of your life is not only impossible but, it is probably not even healthy for you.**

**Remember, each moment is a gift. Your next moment is not guaranteed, so why not take advantage of the one you are in right now?**

**Plan as you feel it's necessary. Save money for a family and house. Set goals for yourself and realize them. That is what you are supposed to do. In this pursuit of planning don't forget about where you are in the present.**

# Inspiration!

## Stop being a hypocrite

**Learn something completely new:** Many hypocrites believe they're always smarter than everyone else. Sometimes it takes being in a situa-

**It's so easy to judge others or dish out an advice which you never plan to follow yourself. The problem is, you're just showing others that you're a hypocrite. With a little self-awareness, it's actually fairly easy to stop being a hypocrite**

If you want to be true to yourself, you must continually be on the lookout for times when you are giving people a double standard statement or advice. In order to develop your 'self' and your personal integrity, you have to be able to hold yourself to the same standard that you hold everyone else to. We're all guilty of being hypocrites from time to time but if it's a chronic problem, try paying attention to your actions. It is possible to change and you'll notice a vast improvement in your relationships as a result. Here are some ways to stop hypocrisy in yourself

### Stop gossiping:

Hypocrites are well known for bad mouthing others behind their backs. They pretend to be friends, but then talk about the person behind their back. When the other person finds out, odds are, you'll end up losing the trust of everyone around you in the process. An easy way to stop the simply stop saying bad things about people unless you're willing to say it to the person's face.

### Follow Your Own Advice:

Telling others what they should and shouldn't do is great as long as you're willing to take the same advice. Many hypocrites love giving out advice and it's often good advice too. The problem is, they rarely follow it themselves. Listen to your own words when talking to others. Could you benefit as well? Are you asking someone else to make a positive change? Consider

doing the same thing so you serve as a good example to others.

### Stick to Your Beliefs:

Many hypocrites tend to be very vocal about their opinions, but they never actually stand by those opinions. To them, it's more about politics than having real beliefs. Sit down and fig-



ure out what you believe in and stand by it no matter what others say.

### Don't Judge without Facts:

How many of us watch a news story and immediately judge the #people without any real facts? Hypocrites love to judge others and they don't really care whether all the facts are in or not. Do not judge the people you don't know and never make any opinion about others without knowing the facts.

### Accept responsibility:

Chances are, you've seen classmates or co-workers who always place blame on others. They hardly get anything done, but by passing the blame on to someone else, they make themselves look better. Avoid being a hypocrite by taking responsibility for your own actions. You didn't study and failed a test? Don't point out that someone else did worse than you. Instead, accept you made a mistake and focus on doing better next time.

tion where you know nothing to make you stop being a hypocrite. Try taking a class or learning a new skill from an expert. It's a humbling experience and makes you feel like a normal person. Do this regularly and you'll notice yourself becoming less of a hypocrite.

### Ask for help:

It's hard to stop doing something if you don't realize you're doing it. Ask your closest friends and family to point out when you're being hypocritical. It'll hurt at first, but you'll create strong bonds by doing it. Ask them what you did wrong and how you could do it differently. It'll take some time, but it does work. Only do this with people you truly trust to ensure you're being guided in the right direction.

### Avoid becoming a hypocrite

- **Ignore everyone and act only based on your own moral compass.**
- **Avoid expressing complete disapproval with others.**
- **Identify context and how it changes the way you thing.**
- **Listen to your instinct.**
- **Reserve judgement until you've actually experienced something.**
- **Practice integrity.**
- **Never make promises.**
- **Avoid positions of power.**
- **Don't blindly trust your friends.**

**Hypocrisy is the claim of holding beliefs, feeling, standards, qualities, opinions, behaviours, virtues, motivations or other characteristics that one does not actually hold. It is the practice of engaging in the same behaviour or activity for which one criticises another.**



**6778 USA :** Mangalorean Roman Catholic Bachelor, (Born in December 1989), Ht. 5' 6", Wt. 65 kgs, Very fair Complexion, Edn. B.E. Electronics / Telecom Engineering, M.S. in USA, working as an Engineer. Contact email : jenniferdmello@gmail.com

**6766 MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in August 1973), Ht. 5' 5", Wt. 68 kgs, Tan Complexion, Edn. SSC, working as a Mech. Fitter in Private Limited Company. Having own accommodation. Contact email : maxielobo1973@gmail.com

**6707. MUMBAI :** Goan RC bachelor, (Born in June 1975), Ht. 5' 10", Wt. 70 kgs, Fair Complexion, Edn. B.Sc., having own business. Seeks a Family oriented girl. Contact email : maxabreo@yahoo.com / maxabreo@vsnl.net

**6654 MUMBAI :** Mangalorean R.C. Divorcee (Born in October 1980) Ht. 5' 11", Wt. 95 kgs, Fair Complexion, Edn. Hotel Management, working as a Asst. Manager in **CANADA**, seeks an educated, homely, UK bases girl. Contact Email : gladways207@gmail.com OR Mob.: 9930721252

**6598. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in September 1984), Ht. 5' 7", Wt. 85 kgs, Wheatish Complexion, Edn. Post Grad. Diploma, working as a GM-Marketing. Contact email : gomes.gavin@gmail.com

**6597. MUMBAI :** Goan Roman Catholic Bachelor, (Born in April 1978), Ht. 5' 4", Wt. 68 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support. Contact email : augustinelobo\_78@yahoo.com

**6596. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in January 1980), Ht. 5' 5", Wt. 72 kgs, Wheatish Complexion, SSC. ITI, NCVT, working for off-shore industry as marine technician, having own house. Contact email : lezzrocks@gmail.com

**6588. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in August 1986),

Ht. 5' 4", Wt. 70 kgs, Fair Complexion, Edn. B.Com., CWA (Inter), CA (Inter), working as an Accountant. Contact email : saviopinto23@gmail.com

**6587. MUMBAI :** Goan Roman Catholic Bachelor, (Born in August 1984), Ht. 6', Wt. 95 kgs, Wheatish Complexion, Edn. B.E. working as a Civil Engineer. Contact email : matrimonial.2312@gmail.com

**6586. BANGALORE :** Mangalorean Roman Catholic Divorcee, (Born in January 1985), Ht. 5' 7", Wt. 65 kgs, Fair Complexion, Edn. B.Com., LL.B., M.S.W., Working as HR Executive. Contact email : advocate-castelino@yahoo.in

**6584. MUMBAI :** Mangalorean Roman Catholic Divorcee, (Born in October 1978), Ht. 5' 9", Wt. 79 kgs, Fair Complexion, Edn. B.E. (Electrical Engineering), MBA (Marketing), working as a Manager with an IT Technology Company. Contact email : austin.alva@gmail.com

**6583. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in June 1987), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. MBA Finance, Working as an Asst. Manager in reputed private bank. Contact email : alliancesralph@gmail.com

**6581. MUMBAI :** Goan Roman Catholic Bachelor, (Born in July 1981), Ht. 5' 4", Wt. 65 kgs, Wheatish Complexion, Edn. S.Y.B.A., Diploma in Food Production working as a F & B Service, working on International Ship. Contact email : anse\_g@1cloud.com

**6539. MUMBAI :** Mangalorean Roman Catholic Bachelor, (Born in February 1982), Ht. 5' 8", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., MBA., working for Bank in **DUBAI**. Seeks a Mangalorean educated, homely girl. Ready to settled in Dubai. Contact email : roshandsouza5in@gmail.com

**6533. MUMBAI :** Goan Roman Catholic Bachelor, (Born in April 1983), Ht. 5' 8", Wt. 69 kgs, Fair Complexion, Edn. B.Com., Wheatish Complexion, Working with Dis-

ney Cruise line, Well settled. Contact email : joseph\_almeida15@yahoo.in

**6531. POONA :** TAMILIAN Roman Catholic Bachelor, (Born in May 1975), Ht. 6', Fair Complexion, Handsome, Edn. M.Com., Having well established business. Contact email : tony137@rediffmail.com

**6526. DOHA QATAR :** Mangalorean Roman Catholic Divorcee, (Born in September 1982), Ht. 5' 10", Wt. 75 kgs, Wheatish Complexion, Edn. MBA, PGDM, having decent job. Contact email : secondsairik2016@gmail.com

**6523. MUMBAI :** Goan Roman Catholic Bachelor, (Born in November 1986), Ht. 5' 7", Wt. 68 kgs, Wheatish Complexion, Edn. B.E. Electronics, working as a IT Engineer. Contact email : sandranoronha75@gmail.com

**6521. MUMBAI :** Goan Roman Catholic Bachelor, (Born in December 1976), Ht. 6', Fair, Handsome, Edn. B.Sc., MBA (HR) full time, working as Manager in MNC. Well settled. Seeks alliance with Goan RC Spinster. Contact email : alliancecedec2@gmail.com.

**6515. MUMBAI :** East Indian Roman Catholic Bachelor, (Born in June 1989), Ht. 5' 7", Wt. 64 kgs, Wheatish Complexion, Edn. P.G.D.B.M., working as a H.R. Contact email : leo.rglobus@gmail.com

**6510. MUMBAI :** Mangalorean Roman Catholic Divorcee, (Born in February 1981), Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. Masters in Computer, working as a Sr. Tech. Anyl in Bank. Contact email : melwyngdsouza@gmail.com

**6508. MUMBAI :** Mangalorean Roman Catholic Bachelor (Born in October 1986), Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. B.E.. working as a Asst. Manager in German Company. Seeks a tall, well educated homely Mangalorean girl. Contact email : colind.3010@gmail.com

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# Brides



# MATRIMONIALS

**6779 MUMBAI :** Goan Roman Catholic Spinster, (Born in September 1988), Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.A. in Literature, Teacher by profession. Contact email : angelagurjao1@gmail.com

**6776. MUMBAI :** Goan Roman Catholic spinster, (Born in September 1992), Ht. 5' 1", Wt. 65 kgs, Wheatish Complexion, Edn. MBA, working as an Executive. Contact email : neilcarvalho1234@gmail.com

**6767. MANGALORE :** Mangalorean Roman Catholic spinster, (Born in August 1991), Ht. 5' 6", Wt. 80 kgs, Wheatish Complexion, Edn. M.A. (English), Teacher by profession. Contact email : preedita1989@gmail.com

**6757. MANGALORE :** Mangalorean RC spinster, (Born in May 1990), Ht. 5' 3", Wt. 51 kgs, Fair Complexion, Edn. MBA (IS), working as a HR in **Dubai**. Contact email : proposalmlore25@gmail.com

**6719. MUMBAI :** Mangalorean RC, homely and loving Spinster, (Born in August 1969), 5' 5", Wt. 50 kgs, Wheatish Complexion, Edn. SSC., Contact Email : sachin.gaste10@gmail.com OR Tel.: 7498392432

**6689. MUMBAI :** Goan RC Spinster, (Born in May 1990), Ht. 5' 2", Wt. 60 kgs, Wheatish Complexion, Edn. B.Sc. B.Ed., M.A. M.Ed., Teacher by profession. Contact email : sspasware@gmail.com

**6688. MUMBAI :** Mangalorean RC Spinster, (Born in November 1988), Ht. 5' 3", Wt. 65 kgs, Wheatish Complexion, Edn. C.A. Inter, working as a Business Development Executive in **DUBAI**. Contact email : sanyo\_suares@yahoo.com OR Mob.: 9821728168

**6678. MUMBAI:** Mangalorean RC Spinster, (Born in September 1990), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. BE (IT) MBA - Post Graduate Marketing, working as a IT & Financial Consultant. Contact email : md8officemail@gmail.com

**6674. MUMBAI:** Mangalorean RC Spinster, (Born in September 1991), Ht. 5' 4", Wt. 64 kgs, Fair Complexion, Edn. B.A., Diploma

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in Fashion & Textile Design, working as a Textile Designer. Contact email : lobo\_pear12@yahoo.com

**6673. MUMBAI:** Mangalorean RC Spinster, (Born in September 1990), Ht. 5' 5", Wt. 68 kgs, Wheatish Complexion, Edn. B.E. (Extc), working as an Engineer. Contact email : mascarenhasrency@yahoo.com

**6672. BANGALORE :** Mangalorean RC Spinster, (Born in April 1985), Ht. 5' 4", Wheatish Complexion, Edn. MBBS, DCH, DNB, Doctor by profession. Seeks Doctors or Engineers. Contact email : bklouis50@gmail.com

**6671. MUMBAI:** Goan RC Spinster, (Born in July 1965), Ht. 5', Wt. 60 kgs, Wheatish Complexion, Edn. SSC, working as a Co-ordinator, Seeks a suitable match. Contact : 9619392879 (**Date of Birth 27-7-1965**)

**6670. MUMBAI :** Goan RC Spinster, (Born in September 1984), Ht. 5' 4", Wheatish Complexion, Edn. B.A., working as a Flight supervisor, Air Hostess. Contact email : carnations984@gmail.com

**6668. MUMBAI :** Mangalorean RC Spinster, (Born in February 1989), Ht. 5' 2", Wheatish Complexion, Edn. B.Com., MBA in HR, working as a HR Professional in a Tata Group Company. Contact email : wilfyjoy@rediffmail.com OR 9860302527

**6665. MUMBAI :** Mangalorean RC Spinster, (Born in October 1986), Ht. 4' 9", Wheatish Complexion, Edn. 12th (HSC), Hair Dresser by profession. Seeks Mangalorean / Goan / East Indian Bacheor. Contact email: alcheckmate@gmail.com OR 9867292764

**6653. MUMBAI :** Roman Catholic Spinster, (Born in July 1990), Ht. 5' 2", Fair Complexion, Edn. M.B.B.S., Doctor & pursuing M.D. Seeks M.D. / M.S., Doctors. Contact email : selwynhenriques13@gmail.com

**6651. MUMBAI :** Mangalorean RC Spinster, (Born in May 1984), Ht. 5' 2", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., working as a Customer Support

in **DUBAI**. Contact email : dsilva.seema@gmail.com

**6649. POONA :** Mangalorean RC Spinster, (Born in May 1991), Ht. 5' 7", Wt. 56 kgs, Fair Complexion, Edn. B.E. in Information Technology, working as a Software Engineer in MNC. Contact email : jane.rodrigues14@gmail.com

**6635. MUMBAI :** East Indian RC Spinster, (Born in January 1990) Ht. 5' 3", Wt. 60 kgs, Fair Complexion, Edn. M.Com., B.Ed., Teacher by profession. Contact email : judithds1901@gmail.com

**6606. MUMBAI :** Mangalorean RC Spinster, (Born in September 1989), Ht. 5' 5", Wt. 55 kgs, Fair Complexion, Edn. BDS., MDS., Doctor by profession. Contact email : florinelobo26@gmail.com

**6604. MUMBAI :** Mangalorean RC Spinster, (Born in 29-11-1981), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. S.Y. B.Com., working in Dubai. Contact Mob.: 9820733952

**6602. MUMBAI :** Mangalorean RC Spinster, (Born in 2-7-1981), Ht. 5' 3", Wt. 68 kgs, Wheatish Complexion, Edn. B.A., working as a Trainer. Contact email : charlottesimpleindian@hotmail.com

**6482. K.S.A. :** Roman Catholic Spinster, (Born in July 1983), Ht. 160 cms, Wt. Normal, Wheatish Complexion, Edn. B.Sc. in Chem/ PGDMLT, Pathology Lab Technician (Instructor) in **KSA** since 10 years, well settled, seeks a suitable match. Contact email : mathew\_680@yahoo.com

**6033 ABU-DHABI :** Goan RC Spinster, (Born in May 1979 ), Ht. 5' 2", Wt. 58 kgs, Wheatish Complexion, Edn. M.A. Eng., Literature, working as a Copy Editor. **Contact email : barretto.lorraine@gmail.com OR 9730454857**

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RF101168	RF101666
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RF101162	RF101642
RF101144	RF101525
RF101742	RF101512
RF101091	RF101472

## MATRIMONIAL

**MUMBAI** : Mangalorean Roman Catholic spinster (Born in April 1973), 5' 5" tall, looks much younger to her age, good looking, fair complexion with qualifications, B.Com. (Mumbai), M.B.A. Finance (Canada), M.B.A., (H.R.) and Diplomas in I.T. (NIIT), Comp. (APTEC), and Cert.Ind Acct. (I.C.A.), working in good position. Graduate / Post Graduate unmarried R.C. Bachelors upto 47 years, employed in good position and well settled in Mumbai or abroad. Contact email.: bellwether77@yahoo.com OR Mob.: 9892700617

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May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen, Say this prayer nine times a day for nine days.

— Joseph Serrao, Vasai

# MATRIMONIALS

## USA - CANADA - AUSTRALIA - UK - EUROPE - GULF

### GROOMS

**6771 CANADA :** Bombay born, brought-up and educated Keralaite Roman Catholic Bachelor, (Born in October 1987), Ht. 180 cms, Wt. 75 kgs, Fair Complexion, Handsome, Edn. B. Tech Computer Engineering, working as a Software Engineer. Permanent Resident Canada.

**6708. USA :** Mangalorean Handsome RC bachelor, (Born in October 1984), Ht. 5' 9", Wt. 72 kgs, Fair Complexion, Edn. M.S., working as a Software Engineer. Seeks a good looking, fair Mangalorean girl, working in America.

**6552. GERMANY :** German Roman Catholic Divorcee, (Born in October 1952), Ht. 183 cms, Well built, Fair Complexion, Edn. Mechanic Engineer, having own business.

**6750 AUSTRALIA :** Goan Roman Catholic Bachelor, (Born in October 1985), Ht. 5' 6", Wt. 70 kgs, Wheatish Complexion, Edn. Bachelor in Communication, working as a Media Analyst.

**6705. DUBAI :** Anglo Indian RC bachelor, (Born in November 1979), Ht. 5' 4", Wt. 45 kgs, Fair Complexion, Edn. H.S.C., Dip. Hotel Mgt., working for Groups of Hotels.

**6677. GULF :** R.C. Parents invite alliance : son Engineer B.E., (Mechanical), Divorcee working in the Gulf, having good job, well off, (Born in June 1967), Ht. 5' 4", Wt. 63 kgs. Girl should be educated, good family background, kind, loving & caring : caste denomination no bar!

**6667 DUBAI :** Goan R.C. Bachelor, B.Com., (Born in January 1983) Ht. 5' 7", Wt. 65 kgs, Fair, smart and good natured. Non alcoholic and non smoker.

**6641. BAHRAIN :** Goan Roman Catholic Bachelor, (Born in July 1982), Ht. 6' 1", Wt. 100 kgs, Wheatish Complexion, Edn. Graduate, working as an Engineer.

**6745 DOHA QATAR :** Mangalorean Roman Catholic Bachelor, (Born in November 1978), Ht. 5' 9", Wt. 90 kgs, Wheatish Complexion, Edn. M.Com., working as a Material Controller.

**6743 DUBAI :** Mangalorean Roman Catholic Bachelor, (Born in September 1976), Ht. 5' 7", Wt. 76 kgs, Wheatish Complexion, Edn. BBA., working as a Key Accounts Manager/Sales & Marketing.

### GROOMS

**6708. USA**

**5767. SPAIN**

**6564. DUBAI**

*Profile and contact details of Brides and Grooms mentioned on this page are available to active members of*

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**6562. ABROAD**

**6558. KUWAIT**

**6553. GERMANY**

**6546. USA**

**6539. DUBAI**

**6526. DOHA QATAR**

**6771. CANADA**

**6750. AUSTRALIA**

**6463. USA**

**6693. U.K.**

**6669. NEWYORK**

**6571. USA**

**6553. GERMANY**

**6745. DOHA QATAR**

**6743. DUBAI**

**6708. USA**

**6705. DUBAI**

**6750. AUSTRALIA**

**6704. ABROAD**

### BRIDES

**6749. AUSTRALIA**

**6742. AUSTRALIA**

**6569. DUBAI**

**6568. NEWYORK**

**6566. DUBAI**

**6557. CALIFORNIA**

**6542. AUSTRALIA**

**6528. DUBAI**

**6527. DUBAI**

**6749. AUSTRALIA**

**6513. USA**

**6473. LONDON**

**6568. NEW YORK**

**6557. CALIFORNIA**

**6542. AUSTRALIA**

**6513. USA**

**6473. LONDON**

**6431. SYDNEY**

**6377. USA**

**6755. U.K.**

**6775. AUSTRALIA**

**6774. CALIFORNIA**

**6528. DUBAI**

**6927. DUBAI**

**6774. USA**

**6760. KUWAIT**

**6706. BAHRAIN**

**6694. DUBAI**

**6691. BAHRAIN**

**6685. DUBAI**

### BRIDES

**6522. AUSTRALIA :** Mangalorean Roman Catholic Spinster, (Born in January 1984), Ht. 5' 6", Fair, Edn. Phd., (Australia), Masters in Pharmacy and PhD in Chemistry and biology.

**6517. MUSCAT :** Goan R.C. Spinster, (Born in July 1989), Ht. 5' 1", Wt. 52 kgs, Fair Complexion, Edn. MBA in Advertising, BBA in Marketing, working as a Communication Executive.

**6513. USA :** Mangalorean R.C. Spinster, (Born in May 1985) Parents invite alliance from well educated Mangalorean R.C. Boy under 35 yrs., working in USA., for their spinster daughter 30 years, 5 Ft., Fair Complexion, Edn. : B.E. Working as a Software Engineer.

**6377 USA :** Parents of RC spinster (Born in June 1984) / 5'4", Slim, Fair, MBA working for a reputed company in USA, invites alliance from RC bachelors, qualified professionals well settled from good Catholic family background upto 37 years. working in US only.

**6757. DUBAI :** Mangalorean Roman Catholic spinster, (Born in May 1990), Ht. 5' 3", Wt. 51 kgs, Fair Complexion, Edn. MBA (IS), working as a HR.

**6686. DUBAI :** Mangalorean Roman Catholic Spinster, (Born in October 1979), Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., working as a Sr. Customer Service Associate.

**6678. CANADA :** Mangalorean Roman Catholic Spinster, (Born in September 1990), Ht. 5' 3", Wt. 50 kgs, Fair Complexion, Edn. BE (IT) MBA - Post Graduate Marketing, working as a IT & Financial Consultant.

**6620. DUBAI :** East Indian Roman Catholic Spinster, (Born in August 1987), Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. Post Graduate, working for Foreign Bank.

**6614. DOHA QATAR :** Mangalorean Roman Catholic Spinster, (Born in September 1983), Ht. 157 cms, Wt. 69 kgs, Fair Complexion, Edn. M.Sc., working as a Lab Technologist.

**6604. DUBAI :** Mangalorean Roman Catholic Spinster, (Born in 29-11-1981), Ht. 5' 5", Wt. 70 kgs, Wheatish Complexion, Edn. S.Y. B.Com., working.

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