

THE SECULAR CITIZEN

A NATIONAL FAMILY WEEKLY

(Total pages 24)

Vol.25 No.44 ■ Mumbai, October 31, 2016 ■ Rs. 5

The Disappearing Old Mangalore

(Read on page 12)

A third of UK adults want a Bible if stranded on a desert island, poll finds



A third of people in the UK would want a Bible if they were stranded on a desert island but more than half said they wouldn't want one, according to new research.

Commissioned by the UK-based Church & Media Network ahead of its 40th anniversary conference later this week, the research – carried out by ComRes – found that about 31 per cent of the 2,042 people surveyed said they would like a copy of the Bible if stranded on a desert island, a question inspired by Radio 4's Desert Island Discs program. But 56 per cent said they wouldn't want a Bible and 13 per cent said they didn't know if they wanted one.

The poll also revealed the Bible was significantly more popular among over-65s than young people with 39 per cent of that age group wanting a Bible compared with just 18 per cent of 18 to 24-year-olds.

Among those aged 25 to 34-years-old, 28 per cent said they would want a Bible. Other findings showed that more affluent people were more likely to want a Bible.

Steve Cox, chair of the Church & Media Network, said that despite claims the UK was a secular country, "it's encouraging to see that a third of Brits still value the Bible as an important work."

"Whether you are a Christian or not, the Bible is an amazing book that gives accounts of life, love and hope," he said. "It is wonderfully rich in texture, containing histories, letters, poetry and much more describing the human condition, family, and the wrestling with all that life has thrown at humankind throughout the centuries: triumph, despair, courage, grief, redemption and hope. As Christians we also happen to believe that it is not just a piece of literature, but God's Word. I cannot think of a better book to take with me if I were to be stranded on a desert island."

—mattersindia

Bombay Catholic Sabha Elects New President



The outgoing President hands over the Bombay Catholic Sabha flag to the newly elected President Ms Rita D'Sa and Vice Presidents Lawrence Fernandes, Ronald Tressler and Robert D'Souza in the midst of the newly elected Executive Committee. The Election Tribunal and the ex officio members also seen in the picture.

World Elders Day Celebrated At Vikhroli



World Elders Day celebrated at St. Joseph Church, Vikhroli, on 11th of October 2016. A large number of Senior Citizens specially form the parish participated in the meet.

Vol.25 No.44 October 31, 2016 Rs.5/-

99, Perin Nariman Street, Fort, Mumbai - 400 001.
Tel: 2269 35 78 / 2265 49 24 : 2264 0996
E-mail : secular@vsnl.com, secular@sezariworld.com
Website: www.sezariworld.com
www.secularcitizen.com
Editor-in-chief : LAWRENCE COELHO Editor: PHILIP MYABOO

'Thought for the week'

Education, which imparts worldly knowledge and develops intellectual activities without promoting character, is utterly worthless.

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THE SECULAR CITIZEN

Subscriptions Rate:

- One year (anywhere in India) Rs. 250**
- Three years (anywhere in India) Rs. 700**
- Five years (anywhere in India) Rs. 1000**

One year (outside India) Rs. 2500

E-paper Edition

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One year Rs. 600 or US \$ 15
Two years Rs. 1000 or US \$ 25

Cover : The Disappearing old Mangalore:
(Article on p. 12)

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Matrimonial Classifieds:

- Rs. 500 per insertion (for 35 words) (includes box no.)
- Rs. 2000 for 12 insertions. (1 year The Secular Citizen FREE)

The Rise of the Obnoxious

by Don Aguiar

The greatest people in history have been failures. Certainly, we remember these individuals as successes--success stories--and we treat those stories as legends and those individuals as gods. But each of them failed epically and repeatedly, more so than the combined successes of all of humanity.

Failure should not be overlooked in anyone, especially not those we admire. It is through failure that these individuals were able to learn, grow and ultimately succeed.

We know this about ourselves but even as we learn to accept our own failures, sometimes we don't recognize that the most successful people in the world have had an abundance of failure.

Our heroes need to be held to the same standard as the ancient Greek gods: awesome but not infallible. Failure is a humbling exercise, both for the observer and the observed. But learning is a humbling process. Once we realize that our heroes are just like us, we can examine how failure drives success. So I've started collecting stories about the failures of successful people, as a reminder that if you're making mistakes and learning from them, you're actually on the path to success.

Mr. Narendra Modi our current Prime Minister has achieved more in his political growth or otherwise till now than the vast majority of us will achieve in a lifetime. What Modi did to achieve all this is beyond most people's will. Modi's quick growth is because of his being obnoxious.

There is good reason to believe that in the world of today, obnoxiousness is a legitimate virtue, made particularly attractive by the fact being good at it involves arresting one's mental and emotional development at a very young age. One gets to throw tantrums, grab at whatever one wants, believe that one is the centre of the universe, make inflated promises and break them without second thought, and above all gets to keep on promising "Achaa Din" his poll promise all the time when this promise is far from reality. All this, far from making you universally despised and shunned, can build you up as a successful TV anchor, a social media star, a PR tycoon.

Our prime minister Narendra Modi's obnoxiousness is well documented - one needs to be made of a special fiber to be able to keep quiet and look the other way while his party and government starts implementing their communal agenda and starts harassing and torturing the minorities, insult the poor and the dalits, call people from a neighboring country terrorists, rapists and criminals and boast about the size of his chest while trying to woo people to support him.

(Contd.. on p. 22)

The Roll of Bombay Catholic Sabha In Beautification of Vikhroli Railway Station

The Railway authorities have launched a beautification programme named "Hamara Station Hamari Shaan" in which a majority of the local railway station of Mumbai would be beautified. Under this program the Central Railway station of Vikhroli is undergoing a face lift with paintings of mangroves and the aquatic life which is identified with the creeks. This is done for an increased awareness on the protection of creeks and mangroves for the environment which is required among all the people.

For this purpose the Bombay Catholic Sabha, Vikhroli Unit and S M Shetty college, Powai, have associated with Make A Difference (M.A.D.) to play a pivotal role in ensuring that this project is successfully carried out. Mrs. Deepika in charge Designing and Execution mentioned that they have specifically chosen the theme of protection of mangroves for this project for the Vikhroli Railway station. In this programme, pictures of the variety of plant and animal life of the creek side and the message to conserve this life have been beautifully illustrated through lovely colourful paintings. Team Leader for the project Brijesh, appreciating the dedication of the volunteers to ensure the successful implementation of the project further conveyed that majority of them are from the Bombay Catholic Sabha.

Out of the different varieties of flora & fauna which is a part of the mangroves some important ones have been chosen for the paintings. The beautification is done to specifics to ensure that they stand out and also turn out to be a selfie point for photography for all ages of people.

—Cicilia D'Costa, Vikhroli

McDonald's at the Vatican

ASPA, the Vatican's real-estate authority, plans to open a McDonald's outlet next to Saint Peter's Square in Rome. The move has angered cardinals, including a group of 7 cardinals who live above the proposed site. In an interview with an Italian daily Cardinal Elio Sgreccia said "It's a controversial, perverse decision to say the least," Opening a branch of the US fast-food chain in a piazza to the right of the Vatican's basilica is "by no means respectful of the architectural traditions of one of the most characteristic squares which look onto the colonnade of Saint Peters," he said.

The proposed outlet will be rented out for 30,000 euros a month and covers an area of 538 sq mts. One angry cardinal has fired off a letter to the Holy Father opposing the move. However, Cardinal Domenico Calzagno, head of SPA, told the media that he was "not going to back down" because the deal is legally valid and he didn't see "anything negative" about it.

Interestingly , the history of McDonald's from its inception in 1940 , is interwoven with the church. McDonald's was founded by two brothers Maurice and Richard (Mac and Dick) .They started off as a small drive-in restaurant in San Bernardino, California. About ten years later Ray Kroc an entrepreneur took an interest in the burger outlets and picked up a

stake in the business. After a couple of years he bought out the brothers and took sole possession of the business. The rest is history. Ray Kroc used the company plane and helicopter to scout for community-centric locations to open his outlets. With this in mind he headed straight for church steeples as people generally congregated near churches . From above churches he scouted for suitable locations. As business grew by leaps and bounds the outlets moved away from churches to malls and other populous locations. In the last couple of years due to stiff competition from other food chains McDonald's began losing business. With plans to open shop in the Vatican McDonald's has now come full circle. Whether this move will shore up business is to be seen .

Like McDonalds, the church too , in the west is witnessing less footfalls. Perhaps a McDonald's at the Vatican may turn out to be a template for mutual benefit. It has been observed in our parishes that whenever charity food stalls are set up on feast days or Sundays they are well patronised. Some parishes even have tea/coffee vending machines for the benefit of parishioners on Sundays, so as to create a feeling of community .

—Prof Robert Castellino
Mumbai



Heart felt thanks to
Infant Jesus

for the favours granted

—Dominic B. F., Vasai



Our lady of Vailankanni Cured me of my ailment which I was suffering for quite sometime. I thank her for the favour granted.

—Thomas, Chembur



On Uniform Civil Code

On the need for a Uniform Civil Code in the country which at present is being hotly debated, the Catholic Bishops Conference of India (CBCI) has clarified that it has no issues on the subject, provided "time-bound discussions" are held by the Centre with all the religious groups in the country, in accordance with the freedom of religion provided in the Constitution, and without hurting the religious sentiments of these groups. On the other hand, we have the tough stand taken by the All India Muslim Personal Law Board as a violation of the secular Constitution and interference in the religious affairs of the community. In such a scenario, it becomes necessary to take a critical look at different views expressed by various religious groups, keeping in mind that ours is a secular Constitution that respects all religions and the plural character of the people, and differs from the aggressive and hostile secularism practised in some Western countries, in which religion is a private matter with no place in the public square. In such cases, it seems justified to have a single legal system for all citizens, irrespective of religious beliefs and practices.

—A. F. Nazareth, Alto Porvorima

The Importance Of The Eucharist

With reference to Robert Castellino's article titled: COMMUNION IS ONLY FOR BAPTISED CATHOLICS WHO ARE ' IN A STATE OF GRACE ' in The Secular Citizen dated 10 October, 2016. the eucharist is the centre/bedrock of a Roman Catholic's life and faith.

Another word must be found for the term *Christi-Prasad* since the eucharist is not *prasad* meaning food offering but Jesus' body and blood - so it would be better to use the term Holy Communion in place of it as it creates the wrong impressions in the minds of non-Christians and another option in place of Holy Communion which they cannot receive is to distribute blessed fruits or food etc to them when Roman Catholics receive Holy Communion.

Several Roman Catholic saints have received Holy communion from Jesus and angels.

The Protestants call the Eucharist The Lord's Supper and in the Reformation their leaders rejected the traditional belief in the sacrament and an invisible miracle of actual changing of bread and wine into Christ's body and blood ie transubstantiation but retained the belief in it as mystically uniting the believers with Christ and with one another.

Lutherans held there is a change and the body and blood of Christ join with the bread and wine and this principle ie consubstantiation was rejected by Huldreich Zwingli who in a controversy over the sacrament considered it only symbolic but Calvinists maintained the spiritual but not real presence of Christ in the sacrament and the Church of England affirmed the real presence but denied transubstantiation but since the Oxford Movement, Anglicans accept either transubstantiation or the Calvinist interpretation.

Another point of departure from the Roman Catholic Church is that while the Lutheran and Anglican communion services follow the Roman Catholic Mass in outline, the service books have eliminated reference to a sacrament and have shortened the service.

Anglicans keep western tradi-

tion using unleavened bread but most Protestant churches use raised bread and many use unfermented grape juice instead of wine and Communion where the laity receive only the body ie the bread of Christ is rejected by Protestants which was a crucial point with the Hussites.

Lutherans and Anglicans especially since the Oxford Movement celebrate communion more frequently than most Protestant churches that restrict it to a few times a year.

The Quakers are one of the few Protestant groups to reject the sacrament entirely and the Salvation Army does not believe in receiving the sacrament physically.

Roman Catholics are permitted to receive Holy Communion in the High Church of England which is part of the Church of England and which recognises the ruling king/queen as the supreme governor of the Church of England and the archbishop of Canterbury as its spiritual head when there is no Roman Catholic Church in the vicinity but in India since the High Church of England is part of the ecumenical Church of North India a separate grouping Roman Catholics cannot receive Holy Communion in this church.

Alcoholic Roman Catholic priests are permitted to use non-fermented grape juice when they celebrate mass.

It is most unfortunate that during an ecumenical Christian service the people who attend the service have to be content with receiving Holy Communion spiritually and not physically and hopefully ecumenical pacts will be reached with all the different Christian churches so that we be one as Christians instead of being divided forever.

—Peter Castellino

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De-Coding The Uniform Civil Code

UNIFORM CIVIL CODE



by chhotebhai *

(A background paper to assist stakeholders in responding to the Questionnaire prepared by the Law Commission—chhotebhai

A. INTRODUCTION: The Law Commission (LC) of the Govt of India (GOI), headed by retired Supreme Court judge, Justice Dr B.S. Chauhan, has on 7/10/16 issued an Appeal and prepared a Questionnaire with 16 questions; seeking a response from all stakeholders regarding the proposed/ intended Uniform Civil Code (UCC). Replies should reach the LC within 45 days, i.e. by 20/11/2016. Considering the diversity of religions, languages, castes, State Laws, tribal customs etc, it is an impossible task to submit cogent reforms from all the stakeholders at such short notice. Bearing in mind that the proposed/ intended UCC will affect the lives of each and every citizen of India, this consultation should go down to the grassroots level, and not be restricted to elite religious leaders. My first observation/ objection to the Questionnaire therefore is the limited time afforded for responding to it.

B. THE CONTENT: The Questionnaire has 16 questions. Most of them have a Yes/No option. We therefore need to recall the classic question that was asked with the Yes/No option only. "Have you stopped beating your wife"? This is a loaded question that necessitates a response in a pre-determined format. Almost any answer given will be wrong. If one says "Yes" it implies that the respondent had been beating the wife upto now (regardless of whether the respondent has a wife, or is not even a male). If one says "No" it implies that the torture continues (again regardless of whether the respondent has a wife, or is not even a male)! This little illustration shows that the Yes/No format is inherently flawed. It is unthinkable that the LC would prepare a flawed Ques-

tionnaire. One is therefore constrained to conclude that the Questionnaire is not just flawed, but also malafide. This is potentially dangerous.

C. THE INTENT: Is it bona fide or malafide? The intent or purpose of the Questionnaire therefore comes under a cloud of suspicion. There seems more to it than meets the eye, with a possible hidden agenda, a suspicion that some sections of society have already begun to articulate.

D. THE CONTEXT: The Questionnaire has come in the backdrop of a case challenging Triple Talaq (TT) among Muslims in the Supreme Court (SC). This again is ominous, more so the timing, when several States are readying for crucial elections. Granted that the UCC has been on the BJP's agenda for years, but why now? Other than targeting TT the right wing Hindutvawadis have also been questioning polygamy and the proliferation of progeny among Muslims. They say, "Hum do hamare do, unke panch aur pachees". This is an allusion to the Govt's family planning campaign for a couple to restrict themselves to two children, something that Hindus practice; whereas Muslims can have 5 wives and 25 children! This is alarmist and baseless. The Census of India figures do indicate that the Muslim Decadal Growth Rate (DGR) is higher than the national average, but they also show that this DGR has slowed over the previous decade.

Added to this are the beef bans and allegations of cow slaughter, and the context also becomes ominous. As an aside, the Census 2011 data has taken the heat off the allegation of mass conversions by Christians, because their percentage of the population has remained static at 2.3% since 1971.

MY RESPONSE

Keeping in mind the above, I shall

now attempt to answer the Questionnaire from the perspective of a secular minded Indian Christian who loves his country. I am not a lawyer, but as the National President of the All India Catholic Union (AICU) from 1990-94 I had considerable interaction with the GOI on Christian personal laws pertaining to marriage, divorce, succession and adoption. I had also attended a consultation of the Law Ministry in circa 2000 that resulted in important amendments to the Indian Divorce Act 1869, in 2001, and since renamed as the Divorce Act (DA). The AICU also sought my opinion in 2012 when a petition was filed in the Supreme Court by Clarence Pais, a senior advocate from Mangalore. He had, inter alia, sought to have the Catholic Code of Canon Law declared as the personal law of all Christians in India. This paper therefore is intended to be a stimulus for an enlightened debate and discussion, particularly among the Christian community.

Those who would like to access the Questionnaire are requested to download the same from the website of the LC. My general observations and question wise responses are given below. The questions have been reframed to make them reader friendly without distorting their original content.

THE APPEAL LETTER: The covering Appeal Letter from Justice Chauhan seeks to contextualise the Questionnaire. It says that it seeks to address discrimination against vulnerable groups, harmonise various cultural practices, address social justice, women's rights etc; so that no one class, group or community dominates the tone and tenor of family law reforms (emphasis mine). This seems innocuous in itself, especially if the LC is committed to ensuring that there is no domination by

(Contd.. on p. 8)

Bishops work to end political violence in Kerala

Kochi: As political violence continues between communists and their rivals in the southern Indian state of Kerala, Catholic bishops are visiting victims and urging peace.

Auxiliary Bishop Joseph Pandarasseril of Kottayam, Bishop Alex Vadakumthala of Kannur and retired Archbishop George Valiyamattom of Tellicherry visited the homes of the victims of recent violence.

K. Mohanan, 52, a Communist Party of India branch secretary, and 26-year-old Remith, a worker for the Bharatiya Janata Party, were hacked to death in front of their family on Oct. 8 and 10 respectively.

The prelates met the survivors and consoled them. They also prayed at the graves of the two murdered people.

Following the visit, Bishop Pandarasseril told ucanews.com that "the ultimate aim of the Church is to restore peace in Kannur."

"We firmly believe this violence can end through talks. Our effort will be to bring all parties concerned to the table," Bishop Pandarasseril said.

All churches in the violence-affected dioceses offered special prayers following the Bishops' visits.

Father Abaraham Ponatti, the vicar general from Tellicherry, told ucanews.com that church groups are planning prayer and fast at Kannur town on Oct. 25. Church officials, political leaders and laypeople are expected to take part.

Since a communist-led alliance came to power in Kerala on May 25, tit-for-tat murders have increased and six people have been killed. Such retaliatory cycles between communists and Hindu-based parties are common after the election of new governments.

Violence had particularly affected Kerala's northern district of Kannur, which is known as the cradle of the state's communism movement. Since its inception in the 1940s, the local communist movement has resisted inroads into the district by other political parties.

Over the last three decades this violence has reached epidemic proportions, following attempts by Rashtriya

Swayamsevak Sangh (RSS) to grow its presence. The RSS is the umbrella organization of rightwing pro-Hindu groups that aim to create a nation based on Hindu cultural hegemony.

The Catholic Church decided to intervene in these conflicts following the failure of the parties to respond to calls for peace.

Catholics in Kannur come under three dioceses: the archdioceses of Thalassery and Kottayam, and the Diocese of Kannur.

"We are trying to set a foundation for meaningful dialogue to end the specter of political violence," said Bishop Pandarasseril.

The clashes have killed some 200-300 people in the past three decades, according to various sources. Retaliatory violence has taken the lives of several innocent young people, who were killed on the basis of their apparent ideological positions.

Source: UCAN

RITA D'SA - first woman President of BCS



Rita D'Sa, Newly Elected President of Bombay Catholic Sabha

On Friday, 21 October 2016, the Central Council of The Bombay Catholic Sabha (BCS) created history by electing the first ever woman President, Ms Rita D'Sa (of St Michael, Mahim), who has been working in Church circles for several years.

Ms. Rita D'Sa has been actively associated with The Bombay Catholic Sabha in various capacities for many years. She practises the axiom "A lot can get done if you don't care who gets the credit," which has made her successful in all her endeavours.

The three Vice Presidents, elected along with her for the term 2016-19, are Mr Lawrence Fernandes (O L of Remedy, Poinsur), Mr Ronald Tressler (St Pius X, Mulund) and Mr Robert D'Souza (St Joseph, Vikhroli).

Ten Executive Committee members were also elected in addition to the eight deanery Councillors (who had been elected at the BCS AGM on 18 September 2016).

A lot of expectations are pinned on the new President and her Team. We wish Rita D'Sa all the best in her 3-year tenure.

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(Contd.. from p. 6)

powerful, vested interest groups in the intended UCC. I am deliberately using the word "intended" because as of now the GOI has not come out with any concrete proposal. It has not given even a preliminary indication of which specific personal laws, secular or religion specific, it seeks to subsume in the UCC. It is like putting the cart before the horse, or like Don Quixote, tilting at windmills!

Hindus have separate laws for marriage and succession. The Parsis got a new Succession Act in December 1991. There is a fat tome called Mohammedan Law written by Mullah, who despite the Muslim sounding name, was a Parsi. The Sikhs have their Shiromani Gurudwara Prabandhak Committee, the Hindus in the south have Devasom Boards for managing their temples. Christians have the DA and the Indian Christian Marriage Act 1872 (ICMA). There are also secular laws like the Special Marriage Act 1955 and the Indian Succession Act 1925. The Juvenile Justice Act was amended about 10 years ago to give all persons in India the right to adopt a child; even though adoption is prohibited in Islam. Unfortunately the notification issued by the Ministry of Child Development dt 17/7/15 regarding adoption is so badly skewed that the Missionaries of Charity, who spear headed adoption work in India, actually surrendered their licences to run adoption centres.

The LC has therefore embarked on a stupendous task, and 45 days are grossly inadequate to get feedback from the grassroots level upwards. The response period should be extended to six months. In the interim the LC should individually invite the disparate stakeholders like the Hindus, Muslims, Christians, Sikhs, Buddhists, Jains and Parsis, as also the dalits and tribals. After these group consultations there should be a general consultation of at least 3 days duration, where all issues could be discussed. If, after this exercise is completed, and there is a consensus, then, and only then, should the GOI move forward for a proposed UCC. That would in turn need to be circulated and debated. Only then would one be able to come up with an UCC that addresses gender, social and religious justice. Now let us address the 16

questions.

Q1: Are you aware that Article 44 of the Constitution of India provides that “the State shall endeavour to secure for the citizens a UCC throughout the territory of India”?

R1: This is part of the Directive Principles of State Policy that are not enforceable by any court (Art 37). Hence, if it is out of the purview of the judiciary, one must proceed with abundant caution. In Pannalal Bansilal Patel vs State of AP (AIR 1996 SC 1023) the Supreme Court has held that the intended UCC should not be counterproductive to the unity of the nation. This warning should be heeded. The LC says that the UCC seeks to harmonise society. However, early indications are that the Questionnaire has had the opposite effect, generating more social disharmony than unity, and a very acrimonious debate.

The Directive Principles include such noble goals like equal pay for equal work, and equitable distribution of wealth and land (Art 39). The GOI has not shown the same enthusiasm for Art 39 as it is now showing for Art 44!

Q2: Should the UCC include/exclude all or any of the following: Marriage, Divorce, Adoption, Guardianship and Child Custody, Maintenance, Succession, and Inheritance?

R2: As already stated, there exist a plethora of laws, both religious and secular, covering this vast gamut of issues that affect the lives of citizens. Attempting to subsume them in one comprehensive UCC would entail a mammoth exercise like the Constituent Assembly that deliberated on the Constitution of India. Prima facie the LC seems to be biting off more than it can chew. The medicine seems worse than the disease.

Recall how the Lok Pal Bill was hotly debated and hastily enacted (because of pressure from certain quarters), as a panacea for ending corruption. It has since been consigned to the dustbin of history.

Indian courts are already overburdened with millions of cases pending. The UCC would open up a Pandora's Box of more litigation, because no matter how well a law is framed it is always sub-

ject to interpretation. Those adversely affected by the UCC would be swift to seek legal redress. In the circumstances it would be advisable to leave well enough alone.

Q3: Should existing personal laws and customary practices be codified and replaced by a UCC to bring them in line with fundamental rights?

R3: This again is a loaded question that also proposes an answer. Yes, personal laws and customary practices should be codified in consultation with the affected parties/ stakeholders. A "dominating tone" should not be imposed on unwilling sections of society. It is better to identify specific issues that need urgent redress, rather than trying to solve all problems in one fell stroke. Casting one's net too wide could end up with the fisherman falling in the water rather than the fish falling into the net!

It is ironic that though some questions are directed at the Hindu, Muslim and Christian communities, no issues have been raised regarding Sikhs, Buddhists, Jains, Parsis, dalits and tribals; all of whom have their own "customary practices", as distinct from personal laws. The LC should be comprehensive, not selective if it has to be credible.

Q4: Will the UCC or codification ensure gender equality?

R4: Yes, gender equality is the need of the hour, but the UCC is not the answer. Codification, with the assent of the respective stakeholders, would be the more practical option.

Q5: Should the UCC be optional?

R5: When there is no proposed UCC this question is infructuous. However, if the UCC is not mandatory it would defeat its very purpose.

Q6: Should practices like polygamy, polyandry and friendship deeds be banned or regulated?

R6: This again seems aimed at the Muslim community. When we have such a poor male/ female sex ratio, even among Muslims, polygamy would be a rarity. This was permitted in many ancient cultures because several men died in battle or when hunting for food. Females therefore outnumbered males, hence polygamy was considered socially equitable. (To be contd...)

How technology has changed relationships

Do you reach for your smartphone as soon as you wake-up? Are you constantly depended on a mobile device, laptop or desktop for personal or professional use? It's great that we have the technology to connect with people across the globe but, there's also a sense of disconnection. If there's an internet-capable device with a screen anywhere nearby, the immediate world doesn't get our full attention. Know, how the long term impact of technology is effecting our personal interactions

Technology has had a tremendous impact on our relationships, both personally and professionally. Some argue that our infatuation with technology has become detrimental to the interaction between individuals, while others argue that these advancements have only enhanced our connectivity and improved our daily lives. Wherever your opinions lie, there is no denying that the evolution of technology has played a significant role on the dynamics of our daily interactions. Take a deeper look at how advances in technology have affected each of our key relationships.

Everyone is an option: Before the internet-obsessed era, we did not know as many people. Today, we can be Facebook friends with strangers, we can follow thousands of people we don't actually 'know' on Twitter and, we can spend hours liking people's pictures on Instagram. Though these additions to our lives have their benefits, it also means we are exposed to thousands of people we would not have known otherwise. Maybe you view this as a positive and maybe you view it as a negative, but regardless, technology has added a lot more people into our lives.

Co-worker relationships: Email is our best friend. We correspond via email



more than any other form of communication. A great benefit of e-mail is, it provides written records of important requests and information to refer back to. Not to mention, it's much less intimidating way to ask a co-worker for assistance with something. As a result, the amount of actual face-to-face interactions between co-workers has greatly decreased. There's a less of bond that people share.

Management and employee relationships: Some would argue that technology has broken the barriers that used to exist and made communications between managers and their employees less intimidating. Need to ask for time off? Long gone are the days where you need to call in; the majority of employees today just send a quick email. Though, you may enjoy online relationships. The problem, however, comes when we find ourselves subtly substituting electronic relationships for physical ones. We may feel we're connecting effectively with others via Internet, but too much electronic-relating ironically engenders a sense of 'social isolation.'

Personal relationships: We talk less and transcribe more. Texts, emails and social media posts have become the go-to method for communicating with our family, friends and significant others. It's undeniably a great way to share important life events with the masses but, it's also a way less personal approach. We tend to commu-

nicate more frequently in this manner but, with less of a true interpersonal connection that conversations provide. This increased frequency has also resulted in electronic device addictions for many, which we've all seen can take away from the face-to-face interactions we share with loved ones.

Attention spans are short:

Though it is a debatable fact, it sure seems like our attention spans are shorter these days. Most of us are addicted to our phones, whether we admit it or not. For 'fear of missing out' or we feel an inexplicable need to check our text messages and social networking accounts even if nothing is new. Though some may view this as a way to bond with their loved ones, it can also be detrimental to focus on your phone rather than your relationship.

Constant contact: Another big change that technology has brought into our life (and beyond) is the need to be constantly in touch with one another. Though, it can be nice to always be able to speak with your mother but, it can add unnecessary strain to a relationship as well. Do you always need to know exactly what your partner is doing? We are all familiar with the feeling that a long-unanswered text message leaves us with. If your partner ignores you, it can be irritating. Technology has introduced us to fantastic ways to keep in touch with each other - though constant contact is not always positive.

Nowadays we write things like 'LOL' and 'LMOA' to describe our laughter, but they are no real substitute for hearing people laugh, which has real power to lift our spirits when we're feeling low.

For transferring information efficiently the internet is excellent. For transacting emotionally sensitive or satisfying connections, it's not. Ultimately, this culture of 'busy me' has directed

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Christian girls who barely escaped ISIS credit Mary for their safety

Kirkuk, Iraq: Seven young women in Kirkuk credit the Virgin Mary for their safety after spending a harrowing eight hours hidden underneath beds while Islamic State group fighters used their room as a hideout during an assault on the city.

"The Virgin Mary was with them," Fr. Roni Momika told Catholic News Agency Oct. 23.

The priest, who ministers in refugee camps of Ankawa, Erbil in northern Iraq, was in cell phone contact with two of the girls while they hid under the beds. They gave him a play-by-play account of what was happening.

Seven women, university students in Kirkuk, found themselves threatened by the Islamic State group's assault on the city Friday, Oct. 21.

"ISIS entered the house of our students, the girls," the priest reported.

When they heard the militants coming, the women quickly darted under four

beds in one of the rooms, where they remained undiscovered for eight hours as ISIS fighters used the room as a refuge to eat, pray and hide from Iraqi Army forces.

"I was speaking with them all the time," Fr. Momika said, noting how there was "a strong girl" who told him "Father, I will continue speaking with you and tell you all our news and what ISIS is saying."

For the duration of their time there, the militants not only ate and prayed, but used the beds to care for two of their fighters who were wounded.

"On one bed there is a lot of blood," the priest said.

He shared with CNA some photos taken of the room after the soldiers left. He explained that "when ISIS was attacked by our army (the Iraqi Army) there were two people from ISIS injured, and ISIS put them here on these beds...and under the beds were the girls."

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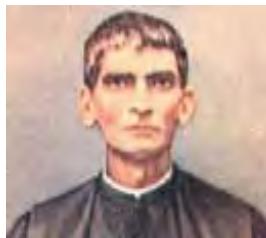
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Thanksgiving



Thanks to
Fr. Agnel for the
favours granted

— Benjamin Pinto,
Andheri

Heartful thanks to



The Holy Spirit
for the favours granted

—Thomas G. M.,
Ghatkoper

Thanksgiving

Thanks to Sacred Heart
of Jesus & St. Jude for
the favours granted



May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen, Say this prayer nine times a day for nine days.

— Mrs. Vanita Pereira, Pune

Thanksgiving

My heart felt thanks
to
Holy Family
for the favours granted



—A Devotee, Bandra

Elections - Counting on Housing Societies

The Government has cast its vote in favour of the Housing societies in Maharashtra more particularly in Mumbai which boasts of over 40,000 societies. The intentions of the Government are indeed noble which stem from two issues. Firstly, the services of teachers who are burdened with the task of educating the millions of young kids are not forthcoming due to their preoccupation with the responsibilities entrusted to them. Election duty hampers their work especially if it clashes with the exam time or even immediately after that.

Secondly, the Government is convinced that the Office Bearers especially the Chairman and the Secretary carry weight and influence with the members, which in majority of the cases, is true. Of course, there are societies which are at loggerheads with their Managing Committees. Even in such cases, it is a minuscule group that spearheads the opposition. The idea of the Government is to involve the Office Bearers in influencing the residents in the society to cast their votes and also extend a helping hand at the voting booths during the actual voting. I think personally, it is not too much to ask. Only that the Government needs to be more flexible and can modify their proposal to request societies to depute any two members of the Managing Committee for election duty. In a predominantly residential area, each municipal ward may have hundred societies which can gather 200 volunteers.

Even without the Government diktat [which it says is not but a request] some societies, like ours, take a proactive part in the process. Members are exhorted to go and vote. On the polling day, a security man either goes from house to house or requests members through the intercom system to go and vote. The result is that the polling percentage in our society has been 85%. Some of those who cannot go are either because they are bed-ridden or too old to go which is understandable. Yet others may be travelling.

Unfortunately, in Mumbai which generally sees a voting percentage of less than 50, view the declared holiday as a God sent opportunity to make a

IEWS on NEWS

quick get-away to the nearest hill station. Actually the Government should not have elections on Mondays or Fridays which gives people a chance to go out for a long week-end. People should know their civic duty and go to the nearest polling booth instead to cast their valuable vote.

There is some opposition to the proposal of the Government which it claims actually came into effect in 2012. It imposes some duties on the Managing Committees which includes periodical updating the electoral rolls necessitated by the members / residents of the concerned society leaving to go elsewhere. Others become majors and eligible to vote and society is supposed to intimate the authorities. Similarly, if any member dies, his or her name should be deleted by intimation to the authorities. Perhaps this is asking too much from the Managing Committee members who are actually do not receive any remuneration for the services rendered. Actually it is a thankless job and they receive more brickbats than bouquets. Yet they too have a duty towards the State.

Despite this, it is not a very bad proposal per se. Make is absolutely clear that election duty on the day of polling is totally voluntary without any compulsion. Secondly the State Election Authority website should be accessible to societies where they can go on-line and report deaths or names of new entrants on attaining majority or new members joining the society. This can be done say once every six months or so and the onus should not be on the societies but on the authorities. They should send circulars to societies in advance and give the dates when the data can be uploaded. This would mean that the societies should have voter card numbers of each and every resident. It is a tall order but worth a try so long it is in the form of an advisory.

Hard nuts to crack

All attempts to get the two BRICS giants viz Russia and China on board to name and shame Pakistan failed miserably. While China has had a consistent stand vis-à-vis Pakistan, it is the attitude of the Russians that has surprised many – well not exactly. China knows the strategic importance of Pakistan [however



by Marshall Sequeira

bad in the eyes of India and many other nations] to counter not only the Americans but even India with whom the Chinese do not have the best of relations. It would be foolhardy to believe that China will be on the side of India when it comes to Pakistan – make no mistake about this.

China has not budged an inch be it NSG or proscribing Pak terror organizations despite being victims of terror emanating from China. That shows what clout Pakistan holds when it comes to getting support from China. Using the filmy dialogue Pakistan can safely boastfully say "Mere pass sab-kabaaphai". Russia on the other hand has shown that it is highly disturbed with India's cosying up with the Americans. Even before the Uri attack Russia had planned to have joint military exercise with Pak only to cancel it after the attack. India was ecstatic but was shocked when, after a gap, went ahead with the exercise. Even a huge order running in billions [was it custom made?] did not impress the Russians. The much hyped BRICS summit in Goa hardly achieved anything no matter what the Government or the BJP may claim. It would not be wrong to say that it was more of a grand photop op with sorpotel and Goan wine.

Even the small countries forming part of Bimstec were not exactly forthcoming when it came to naming Pakistan. The only consolation being, condemnation of 'those' harbouring and supporting terrorism by these small neighbours. If India thinks it has hosted one of the most important BRICS summit, well – so be it. The media too must have learnt a few things and not create hysteria over anything and everything concerning Pak. It gives an impression that the NDA government led by Modi is not as dominating at it is believed to be when it comes to international fora. Finally while Modi talks tough, Mehbuba pleads with Pak for help to restore peace. Ironical?

The Disappearing Old Mangalore

Mangalore, Kodial, Kudla, Mangaluru, the city of contrasts boasts of a history of over 2000 years. Mangalore for centuries has been a colourful mosaic of people, cultures, faiths and languages. Its delicate ambiance, unique heritages. The original ancient inhabitants of Tulunadu the Dravidian Rulers' and the people of harmony. Going back to the Konkani community their origin is traced back to the migrant Aryans of North West India, the region of "Saptha Sindhu" the seven rivers - the including the now extinct 'Sarasvati' river. The Konkanis have rightly earned a place in the annals of Bharath as an undeniable birth right. Starting from -mid 1800s, many educated Canarites went to then Bombay, now Mumbai in search of a living and growth. In 1900 there were many Canarites in Bombay, from that point many overseas opportunities opened up and today one finds Mangaloreans in almost every nation of the globe, and their contributions are legendary.

This historicity of the significant port city deserves better city planning.



by: Ivan Saldanha-Shet, Mangaluru based Freelance Journalist, is a regular contributor to local News papers, Magazines and web sites.



Decongestion of traffic, good roads with proper footpaths, clean and spacious market places, hawker zones, public toilets, bus shelters, multi level parking lots among a host of basic civic amenities. This is a city at present with most of the facilities temporary, the

bus terminus or the fish market, the Central Market, the Lady Goshen Hospital and a lot more too. While the City Bus Terminus encroaches the part of a road, the sub-urban buses actually ply from space allocated for a Hockey field, built as a temporary shelter 23 years ago. The century plus, 1907 British built Railway Station, part of the city's heritage, is badly in need of modernisation. Sadly, the second railway station of the city, the Mangaluru Junction is pathetic.

Tagore park and the old Light House is now completely shadowed by a

multi-level mega building a giant eye sore. No one seems to be complaining. Every other city in the world has its own classical parks and gardens for children and the elderly. The infamous Kadri park and Tagore park are testimony to the pathetic taste of leaders of this city. The state of affairs of most of the traffic circles is testimony to the gross lack of accountability and callous attitude of the people's representatives and the bureaucrats alike. Some of the circles are death traps for the motorists with vehicles moving around with all rules thrown to wind.

There is hardly any respect and basic human rights left for pedestrians in Mangaluru city as there are 70% roads sans foot path and others encroached by petty merchants with the help of politicians and police. In the name of easing traffic in Hampankatta circle the City Traffic police completely ignored the poor pedestrians,

(Contd.. on p. 13)



(Contd.. from p. 12)

vulnerable in the hands of merciless drivers as there is no safe path way to cross the roads. A strange feeling that arises in many contexts is – “Is Mangaluru City on its death bed?” The only visible attribute to the word ‘development’ here, is the changing skyline that replaces the large spreads of coconut groves and the sea with multi-storied apartments. With concrete spirals of residential flats and a couple of malls, there is nothing that can constructively explain the development of this B-tier city.

There are plans of moving the Deputy Commissioner’s office for the last two decades and nothing has moved an inch this far. The vast expanse of land at Bangra Kuloor which once was allocated to Mangalore Stock Exchange but now back with the administration was ideally suited for the purpose. Instead, the District in-charge Minister B Ramanatha Rai has rooted for the Deputy Commissioner’s office complex to come up near Padil, the land in possession of the Forest Department. The ‘Yettinahole’ project to divert the life line of Dakshina Kannada and Udupi, river Nethravathi, down east is a project which is strongly opposed now by the coastal people..... if it is not withdrawn the ever green coastal region will turn barren, as even now the water from the western ghats has reduced tremendously and experts predict the worst.

Yes, Mangalore and surroundings are changing and expanding beyond wildest imagination. Let every responsible citizen endeavor to save and preserve at least a meaningful tiny piece of the past of our ancestors, our local flavour and history. Particularly let our dynamic young be drawn by love and care to preserve something of the old, for those that will come in the future. According to McCaulay, ‘People who take no pride in the noble achievements of their ancestors, will never achieve anything worthy to be remembered with pride by descendants’.

Stop forgetting things

You forgot that thing you were supposed to do for your boss. And that favor you were going to do for a friend. Or to pay that bill that was due. Is forgetting one of the main reasons you don’t get things done? How good are you at remembering what you need to do?

The second worst time management excuse, behind “I don’t have time,” is, “I was going to do it, but I forgot.” Are you guilty of saying you are going to do something and then don’t because you forgot? Forgetting is not an excuse, but a root cause of your productivity issues.

Whether it is to-dos, appointments, obligations, or bills, forgotten tasks often cause more work down the road. We all want to stay on top of our tasks. What we need are good habits and strategies to remember what we need to do. Here are few ways to stop forgetting and get more done:

Set an alarm.:We all have alarm clocks on our phones, yet few of us use them. Setting an alarm is the simplest way to remind yourself. Need to call that customer back by end of day? Set your alarm for 5 p.m. A simple alarm is the down and dirty way to jog your memory.

Put it on your calendar: Calendars are often underutilized. Don’t just make appointments for meetings, but also for tasks that you need to do. This not only reminds you, but has the added benefit of allotting time to get the work done.

Do it now, so you don’t have to remember later: This one sounds like cheating, but the best way to avoid forgetting a task is to do it immediately. When appropriate, do small tasks right then and there. If it is only going to take a few seconds or minutes, simply just do it now.

Don’t say yes in the first place: Want to avoid forgetting that favor that you promised? Or that extra task

you agreed to take on? One of the best methods is to say “no” in the first place. If you are overloaded with your own work, don’t agree to take on more. You’re just setting yourself up to disappoint others.

Take a mental picture: If you often forget where you place your keys, try thinking of the items surrounding them too, when you put them down. Try to take in identifying details, like the colour of the surface they are sitting on or what might be nearby.



Buy a white board and place it next to your preferred exit: On this board, write the things that vary (extra money for a special payment, picking someone up and so on). Write things down as soon as you arrive home and review them when you leave.

Count the items you carry everyday: If you must always have your bag, your lunch box, your badge, and your keys when you leave, check to make sure you have four items each time you leave.

Improve memory with these exercises

- Do crossword puzzles and Sudoku.
- Memorize your shopping list or the characters in a movie or book.
- Use mnemonic devices, or associating ideas, to remember things.
- Go to work a new way.
- Make rhymes, it’ll help you memorize something complicated.
- Go to a new, unknown place.
- Learn to play a musical instruments.

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Catholic Wedding Vows

"I (I, Name) and (I, name), have come here freely and without reservation to give ourselves to each other in marriage"

"We will honor each other as man and wife for the rest of our lives"

"We will accept children lovingly from God, and bring them up according to the law of Christ and his Church?"

Priest (or deacon): Since it is your intention to enter into marriage, join your right hands, and declare your consent before God and his Church.

Bride/Groom: I, (name), take you, (name), for my lawful husband/wife, to have and to hold, from this day forward, for better, for worse, for richer, for poorer, in sickness and in health, until death do us part.

The priest acknowledges that the couple have declared their consent to be married, prays for God's blessing on the couple, and declares, "What God has joined, men must not divide" (Rite of Marriage #26). This is the point at which, sacramentally, the bride and groom become wife and husband.

The Blessing of Rings follows the declaration of consent. The priest says a blessing over the wedding rings (Rite of Marriage #27) and then the couple exchange wedding rings (#28):

Bride/Groom (placing the wedding ring on her husband's/his wife's ring finger): (Name), **take this ring as a sign of my love and fidelity. In the name of the Father, and of the Son, and of the Holy Spirit.**

The General Intercessions (sometimes called Prayers of the Faithful or Bidding Prayers) follow, and then, the sacrament of marriage is being celebrated within Mass, the Liturgy of the



Eucharist.

Procedure For The Attestation Of Marriage Certificates

1. Procure your Certificate of Marriage from the Church in which your nuptials were solemnised.
2. Bring your certificates to be attested first at the ARCHBISHOP'S HOUSE, 21 NATHALAL PARIKH MARG, MUMBAI 400 001 (Landmarks: Close to Holy Name Cathedral, Fort Convent, Cooperage, Sahakari Bhandar, Regal Theatre) Ph Nos: 022 - 22021093/1193/1293
Timings: Monday to Friday 9.30 a.m. - 1.00 p.m. & 2 p.m. to 5 p.m. Saturdays between 9.30 a.m. to 1.00



p.m.

3. This marriage certificate is then to be attested by THE PUBLIC NOTARY. You could contact any public notary available at the courts or MR. N. J. D'MONTE, Advocate & Notary (Cell: 9820068642). He sits at the City Civil Court, near Kalaghoda - Mon - Friday 2.00 p.m. to 5.00 p.m.

4. Get it stamped by the HOME DEPT, which is opp. Mantralaya (New Administrative Wing) on the 9th floor between 2.00 p.m. to 5.00 p.m.

5. Finally get it stamped by the MARRIAGE REGISTRAR at the MANTRALAYA - His name is MR. A.A LOPEZ, Officer on Special Duty, Finance Dept. 1st Floor Mezzanine, Rm. No. 8, Mantralaya (Main) Mumbai 32 between 2.00 p.m. and 5.00 p.m. Please carry valid ID proof to enter the Mantralaya.

6. The marriage registrar needs to have a photo copy of the identity proof of both husband and wife, along with the original to verify. Also a copy of the marriage certificate with the previous 3 stamps i.e archbishops house, notary and home department is needed.

Once this is done, this Certificate could be used in lieu of the CIVIL MARRIAGE CERTIFICATE anywhere in the world.

— Alphonso Tao

Mary Magdalene: From Sinner To Apostle



BY MELVYN BROWN

The new "Feast Day" of Saint Mary Magdalene, a decision made by Pope Francis elevated her Commemoration to a major Feast Day to be in the same liturgical position as the Apostles. India and the world received the news with great celebration.

The name of Mary Magdalene had for many generations been given reverence with the name "Shishya" according to Vedic tradition which in simple translation means "follower". India's enthusiasm for the elevation is the brightest star on the map of the Catholic Church.

Father Sagayam, a Franciscan monk noted the move to honor Mary Magdalene had drawn attention on the Church as becoming more "gender sensitive and focused on equality." The elevation creates recognition to pious women in and outside the Church. Women spend more time in spreading the Word, a little more than men do in evangelization, some people imagine.

Father Sagayam went on to say in his typical Catholic stand to embellish the faith: "While the elevation of the Day of Mary Magdalene from memorial to feast is a welcome sign, we need to focus on the socio-pastoral situation of women in the Church, at the local level in the diocese and in the parishes and base communities."

This is not the average story of a woman chasing after stability and a sense of security in life, or turning to a vision for fame and devotion to her spirit of mission. We could refine our judgment from the chair of feminist and gender studies...stop. In our times we stand in awe of one woman who, under trying times (in her era), in a world of Jewish domination, hypocrisy and Roman rule, in a society at the grassroots, of a sinful national scenario. The woman in question of remarkable

courage, fidelity and dedication was Mary Magdalene.

Mary Magdalene in her youth was seen as apathetic, a sinner and no less a prostitute. She was said to have led a raw life by her enemies. Ironically, not until her encounter with Jesus which changed her life and reckless behavior. "I have found a true reason to live in serving my Master, the Messiah." She told her friends with tears rolling down her cheeks.

Mary Magdalene had been married to Amos, a farmer who received acres of fertile land as dowry for his marriage to Magdalene. She was the mistress of Magdala. Amos, her husband treated her with rude language, and often beat her for no reason. "Why do you treat me so badly, Amos. I do everything for you?" Amos turned away from her, he had desired a son and discovered Magdalene was barren. "I shall divorce you and marry another to have children."

John the Baptist, Mary Magdalene, Jesus, Salome and the Roman Emperor Tiberius were contemporaries. Magdalene had met the Baptist and listened to his preaching. She even worked to take care of Salome, the emperor's daughter in the palace.

Fate had charted a rough path for Magdalene as she lost favor in the palace, and was forced to lead a sinful life in order to survive. After a sad incident, the people of the village drove her out to stone her to death. It was the custom of the Jews. She saw Jesus as she fled the mob, and He saved her. "If there is one among you without sin, let him cast the first stone." The crowd slowly turned and melted into the distance.

Mary Magdalene was saved from eminent death. Her life changed and she became a close and constant follower of Jesus. She stood beside the Cross

when the other apostles fled with the exception of John, Mary the Mother of Christ and another Mary. Magdalene helped to bury Jesus and was the first to witness the Resurrection of the Lord.

Father Nithiya Sagayam, the Franciscan monk who had served on the Justice and Peace commissions, Indian and Asian Bishops' Conference said, "This is an excellent way of presenting a Church which is people-centred". In placing Mary Magdalene on a liturgical par with the male apostles has been a major step forward. This beautiful tribute has been hailed around the world. Pope Francis mentions her in a prayer he composed for the Year of Mercy

Mary Magdalene's Feast Day is on the 22nd July in the Liturgical Calendar. She had formed a monastic community of women in her lifetime. Archbishop Arthur Roche, Secretary of the Congregation wrote, "Christians to reflect more deeply on the dignity of woman, the greatest mystery of divine mercy."

The Vatican newspaper published the solemn decree, *Apostolorum Apostola*, referred to Saint Mary Magdalene in the article "Apostle of the Apostles".

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Laugh out loud, wear a smile

Say hello to the world at large, says

by Rtn. Calwyn D'Abreo

Impress your mind and body with the elixir of pure , natural and an informal divine attribute of the sound of laughter and the silent smile of an expression on the face of the wearer.

There are many gifts given to us by the Infinite Intelligence who and what we all call God the Creator.

One extremely powerful gift is this genius contribution as if like a souvenir given to all humans is the ability to laugh and the power to use this attitude to our heart's content.

The gift to laugh is at our disposal. And the skill to apply it whenever we feel like it. There is a lot of optimistic energy that participates within the stance of the presence of laughter. And it contains definite and encouraging positivity within the framework of the giver and the receiver.

It allows for an upbeat feeling as it cleans and clears away negative emotions and detriment tensions.

If you are talkative and an ace at rupturing conversations that emulsify worthy interactions then break the conundrum by fusing the atmosphere , by being able to stop your elmer fudd dialog with a wide smile and a laughter that compliments .

Big time or small time laughter sacks away hatred, sadness, anger, stress and the opportunity to act like a coward and commit suicide. Laughter is so healing that a torn ligament was cured faster than normal because the patient was made to smile first and then break into a laugh on a dosage basis three times a day seeing Charlie Chaplin tying his shoe laces. Major Manifesto broke out into a big time laugh when he heard a Mother Queen break into a sonorous , actually hyperbolic amount of flatulence at a State meet . The Major who suffered from incontinence never complained ever again.

Laughter is a bandit that heals on the quiet. It takes care of your mind and the science of it all. It makes you feel impressed with positive emotions if the item portrayed was in unison with a silly anecdote of hilarity and ticklish feelings. A guffaw with others participating brings people



Laugh And Be Merry

together and slices animosity to the gutters. It bonds people and makes the enemy you want to kill a friend, suddenly d not the foe a few laughing moments ago. Such is the magic of laughter.

At a very famous homeopath's table sat the patient with a host of problems that said...he felt agitated, he shouted at everything in his sight that he felt was not to his liking. He feared death. He had panic attacks.

He was filled with apprehension and anxiety, his security , his future. He wanted to be a perfectionist.

He had much to do , yet in life. He was breathing heavy. He was a constipated son of a steel magnet in Illinois, USA. The Doctor listened to him and started laughing.... raising the decibels of his laughter from 0 to 8 then 9 and then 10. Like a yawn,which is contagious the patient began to laugh , too. In the same manner as the Doctor. They both laughed loud and with so much of emotions that there were tears in their eyes. Tears of pure laughter in the innocence of time and place. The Doctor gave him a bill at the end of the session. It was a more than a nominal figure to dispense and the description of the consultation was ' to make you laugh' Dollars 300. Let me have your credit card, please.

Learn to cultivate a sense of laughter . Set humor on fire. About life and all that is around you. Laugh at yourself. Find the ability to laugh at your self when in uneven situations that would other wise be mired with embarrassing or most contradictory situations. Laughter is a stress buster. It has the power to make you pregnant with so much of fun that you without knowing give birth to a million sparks of happiness and joy when you become the initiator or express yourself with laughter.

If, on the other hand, you are by your genes a die hard , and as if rolled in black muck kind of a human being who refuses to laugh or even smile you should be stay-

ing in an infirmary dispensing medicines under a board that says 'silence please'. If you do not have an intellect of the lowest common denominator or the logic that can create an opportunity to laugh or the intelligence or the feeling or the good judgment to laugh then do not fear. You can harvest this system of involvement by cultivation.

Read funny stories. Watch comedy soaps on television. Be with funny ganders who occupy gymkhana cane sofas and laugh at all those passing by from the tennis court to the toilet shaking their tired butts.

Go to the phoenix mall downtown and watch stand up comedies till they tickle your ribs and say 'Excusez Moi ', I'll be back soon from the powder room'.

I can guarantee you that the more you learn how to laugh the more you will be invited to wendy and carol's party and then on some days to susan's where every party is so fun filled and ridden with frivolity for the evening that even whilst saying thank you and goodbye to the hostess at the end of a soiree you step down the lift laughing and laughing more . Laughter is infectious. In between glasses of red wine and cheese balls on the platter there is also much laughter. Often one would laugh at the stupidity of the story with you being in the receptive mode. And if there is collaboration of the sound of laughter then we have a chorus of the laughter virus. Mind you, though, if you have false teeth and would like to laugh as the world around you laughs hold on to your dentures by pouting your lips and laughing aloud even though you may sound like a pharaoh ,constipated, yet in charge.... Quite often this style is known as the 'diva' style at 'vogue ' cocktail parties where you may brush against the kardashians and the feeling would be mutual and satisfying.

There is a reason to believe that all those who enjoy the benefit of laughing are happy people at least for the 'now' in time. And you can cultivate a medley of 'now' moments to stretch the whole day by beginning to activate the ' now ' in your laughter program at the moment you begin to realize it. That is when you begin to feel and indulge in laughter and you are enjoying it. Do not ever lie to the world if you laugh and say you do not enjoy it. You liar and a blackguard, you.



Mumbai photographer wins prestigious BBC Award

Mumbai: The Natural History Museum in London and BBC have been honouring wildlife photographer's from across the world for the past 52 years and this year a photographer from Mumbai has been awarded the prestigious Wildlife Photographer Award.

42-year-old Nayan Khanolkar won the award after beating 50,000 entries from across the world with his photograph of a leopard walking under a pale bulb between mud houses of tribals in Aarey Colony near Mumbai.

Five Indian American teenagers win 2016 Gloria Barron Prize

Five Indian American teenagers are among the 25 recipients of the 2016 Gloria Barron Prize for Young Heroes, awarded to inspiring, public-spirited youngsters from diverse backgrounds all across North America.

The Gloria Barron Prize, established by noted author T A Barron, give the award annually to 25 outstanding young leaders between the ages of 8-18 for making tangible changes to the lives of people around them, helping the community and the environment.

The five Indian Americans who won the prize this year are: Anurudh Ganesan, Raghav Ganesh, Meghana Reddy, Pooja Nagpal and Maya Burhanpurkar.

Railway Yatri Sangha meets Konkan Railway

CMD Sanjay Gupta

Mumbai,: The delegation of Railway Yatri Sangha, here met Sanjay Gupta, new CMD of Konkan Railway (KR) at Belapur, Navi Mumbai, recently, to brief about scheduling the Mangaluru-bound train services to enable Mumbaikars to visit their hometowns during the rush seasons of Diwali and Christmas.

The delegation was led by Borivali MP Gopal Shetty along with Shankar Shetty Virar, Uday Shetty, Sheela Shetty, Premanat Kotian and Ranjit Suvarna.

Sanjay Gupta assured the delegation to reschedule the train services to enable the Mumbaikars living from Vasai to Virar to board Mangaluru-bound KR train services for Diwali and Christmas to their hometowns.

LIC sets sights on global markets

India's state-run Life Insurance Corporation (LIC) launched Bangladesh operations as part of its wider international expansion strategy.

Through branches, joint venture companies and wholly-owned subsidiaries, LIC has a presence in 14 countries including Singapore, Kenya, Sri Lanka, Nepal and Bahrain, among others.

The company formed a joint venture with Strategic Equity Management Ltd (SEML) and Mutual Trust Bank for its Bangladesh operations, the Indian High Commission in Dhaka said in a statement.

Italy's Bonfiglioli plans India growth

Italian maker of gearboxes, gear motors and inverters Bonfiglioli has revealed plans to invest around \$12.7

million (Rs 85 crores) to expand its factories in India.

Bonfiglioli Transmissions Pvt Ltd, the India-based subsidiary of the Italian company, said it was eyeing a turnover of nearly \$150 million (Rs 1,000 crores) by 2020.

Sonia Bonfiglioli, chairperson of Bonfiglioli group, said: "India is the second largest base for our company, after Italy and over years, its importance has been increasing."

India 3rd largest aviation market by 2026

India will become the third largest aviation market in the world by 2026, replacing the UK. The aviation market is defined by traffic to, from and within the country.

The International Air Transport Association (IATA), which represents around 265 airlines comprising 83 per cent of global air traffic, said in a latest passenger forecast that from the current ninth position, India is poised for a major take-off.

The Asia-Pacific region as a whole will be the biggest driver of passenger growth.

94-Year-Old Who Has Been Fire Chief Since 1953 Is Retiring

A Pennsylvania fire chief is announcing his retirement just ahead of his 95th birthday.

J. Edward Hutchinson—affectionately known as "Hutch"—has served more than six decades as Greensburg's fire chief but has decided not to run for a 22nd term. The Pittsburgh fire department will now search for another leader for the first time since 1953.

Hutchinson says 63 years is "a long friggin' time" and he now must pass the torch on to someone new. He's believed to be the longest-serving active chief in the state.

The world, innovation and the shrink

I am a Psychiatrist! Do I have an answer yet to this enigmatic existential dilemma we ever so constantly face?, I wonder!!, so I'll allow this question to stay at that; unanswered. Most recently a client walked into my clinic, he had been variously diagnosed over the past many years, and I went through his records. Some psychiatrists suggested that he is a Bipolar, some felt he's a Schizophrenic, others said that he is a fit case of Personality disorder while some said that he is simply overwhelmed by his Anxieties, hence he suffers from Generalized Anxiety disorder. This unfortunate soul had been put on a mammoth list of medications, each pill striving to be the panacea for his maladies, and so he was at the doorsteps of yet another Psychiatrist, hoping that he had found his messiah at last,....

My intent here is to draw an analogy for the restive nature of our human spirit, we look around for answers, for somebody to tell us, lead us perhaps into answering the same old enigmatic question, "Who am I out there?" At times I am compelled to wonder, in what way I am different from the patients I treat so well...., in no way am I different dear readers; its only that the patients will improve at a point of time and the psychiatrist will never!

We are today, the masters of the universe; for that is what we think. My restless client had been led by his mind to think..., to think beyond the comprehensible, so here I had a patient upon whom I could bequeath a label of my diagnosis, and

start carving out my bread (professionally so as to speak)..... perhaps I would have done the same thing to Wright brothers, if they walked into my cabin and told me that we will fly one day,.... and mind you the Wright brothers would have been right and I would have been wrong.

This is just one of the ways how we



The Author : Dr. Alexander Martin is a doctor and an entrepreneur; MD – Psychological Medicine, MBA in Finance, as well. Dr. Martin is into the social business of providing a platform for artistic talents, especially those talents who suffer due to economic, socio-cultural or other disadvantages.

in India?" a question posed by our revered Mr APJ Abdul Kalaam to a group of parents in a school (when he addressed children, he was more of a father to those children than the

President of India). This question is bereft of an answer, yet is it that somewhere we stifle the imagination of our children at times even ridiculing their queries?, do we have time enough to quell the quest of their curious minds?, their questions are endless, and as parents we seek to answer all of them,... and when we can't we feel threatened by our ignorance, and our irritability comes forth to rescue us. Flustered and frustrated, the child locks himself up within the box, and as adults we tell ourselves, "let's think out of the box". So my dear friends, it will take us a generation to create more thinking minds who have discovered the art of "thinking out of the box", that is, if we allow as parents the process of this discovery, it is an adventure dear parents and in doing so, soon you'll learn the wisdom in this oxymoron, "the more I know, the more I know I don't know"

Plagiarism of ideas is our innovation for profit making a organisation, for we seek to cater to the demands of our customers,..... add a few features, snazz it up, reverse engineer to cut in cost or simply imitate is what our innovation is all about, "an innovation bereft of creativity" As organisations, do we reward our creative thinkers and our innovators, we are quick to chuck the seeds of these ideas into the "trash bins of the impossible", before looking at its possibilities ... "Think big?" or "think what is already been thought of!", the innovators seem to be confused and there they are reduced into the realm of the mundane, "forget the rewards, our salaries are good enough. So here I am a psychiatrist, reduced to the realm of dealing with madness and I'm well armed with my pills, more the innovators come my way, better it is for me, for I am equipped to quell creativity of any sort, "be ready to pay my bill, and my pill will cure your ill"

Inspiration!

Spending Time With Family

Spend quality time with your children to make them feel loved, wanted, worthy and to build their self-esteem. So that they go out into the world with confidence.

Families with young children usually spend the most time together because young need great deal of physical care and guidance. Families with teenagers may spend less time together because teens naturally want to spend more time with their friends. Single parents need a break from their children and may need more opportunity to enjoy the company of other adults. Healthy families keep a good balance between 'too much' and 'not enough' time together. They spend enough time satisfy all family members.

A strong family finds that opportunities for quality time emerge from quantity time. Eating meals together, talking about the events of the day, sharing joys and defeats, doing household chores together and spending some evenings watching movies are examples of shared activities. Some families even schedule one evening every week for special family activities.

Doing things a child or spouse wants to do also sends a strong message of love. It's a good idea to identify the things family members want to do together. In my family, we spend our summers showing goats together. Children will not forget meaningful one-on-one time.

Eat Together!

It sounds simple, but the majority of American families don't eat dinner together anymore. Even though most people say eating meals together is important, the fact is – most don't, and the number is falling. Turn off the TV and talk. Studies have even shown that a family dinner may be more important to a child's academic success



than athletics, art, homework and religious participation!

Play Together!

Schedule a night on those jam-packed calendars to have a family game night, and break out the most popular games hiding under the beds and in the closets. Or have the kids put on a play.

Celebrate Together!

From a great report card to a promotion at work, nothing helps bring the family together more than celebrating life's small (and sometimes not-so-small) victories. Whether you go out or stay home, make it a special occasion. You're only limited by your creativity!

Vacation Together!

Whether or not time can be found for the family to spend time together on a daily or weekly basis, family vacations are a must. From the unforgettable memories to the bonding time, it's a win-win from a quality time standpoint.

Study Together!

No kid likes homework, and even most parents remember it with horror...but it needs to get done. Helping your child study is important for a number of reasons: it lets you know where they stand on the learning front, it can help make it a little bit more tolerable if you're doing it alongside them, and it helps you connect with your child during a time you are usually apart.

Exercise Together!

This one offers so many benefits – imagine spending time together while improving everyone's emotional and physical health – it's a no brainer. From walks in the woods to traditional sports like basketball, kids enjoy getting exercise (and most of us parents need it!).

Read Together!

Kids love stories, whether you've made them up or are reading a book. Reading to your child at the end of the day provides excellent bonding. Many families find that bedtime is the only chance they have to catch up with the goings-on in their children's lives. Help them get to sleep by choosing stories that contain repetition like "Goodnight Moon."

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Email : secular1979@gmail.com

6446. MUMBAI : Mangalorean RC Bachelor, (Born in June 1977), Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. B.A., working as a Deputy General Manager. Contact email : albert.pinto2006@gmail.com OR 9320341260

6573. SAUDI : Goan / Mangalorean RC Bachelor, (Born in February 1986), Ht. 5' 5", Wt. 68 kgs, Fair Complexion, Edn. B.E. Mechanical, working as a project engineer seeks a well qualified girl from a good family background. Contact email : ian.roshan.dsouza@gmail.com OR 02632/249676 OR 08511867648

6572. MUMBAI : Mangalorean RC Bachelor, (Born in October 1986), Ht. 5' 9", Wt. 75 kgs, Wheatish Complexion, Edn. BE (EXTC), working as a Network Engineer. Contact email : ivorbritto@gmail.com OR 9820055655

6571. USA : Goan RC Divorcee (Marriage Annulled), (Born in December 1969), Ht. 6' 1", Wheatish Complexion, Edn. M. Eng., Engineer by profession. Seeks a girl below 35 years, preferably working in USA. Contact email : divinegrams@gmail.com OR 626-289-3996.

5996 MUMBAI : RC Bachelor (Born in November 1974) / 5'8", B.E., working in Senior position reputed IT firm. Seeks alliance from R.C. spinster educated good family background Pl. reply with photograph and details to keithcardozo@hotmail.com or contact 9820338755

6040 MUMBAI : Mangalorean RC Bachelor, (Born in July 1983), Ht. 6', Fair Complexion, Edn. B.Com + IATA working as a Manager for Emirates in Dubai. Seeks a humble, godfearing, educated Mangalorean girl. Ht. above 5'5", age below 28 years. Contact email : philomenanoronha60@

gmail.com OR 9619639323

6113 MUMBAI : Mangalorean RC Bachelor, (Born in August 1976), Ht. 6', Wt. 80 kgs, Wheatish Complexion, Edn. HSC., Dip. in A.C. Mechanic, working as a AC Technician in Muscat. Contact Email : suaresroshan@gmail.com OR Tel.: 23733750 Or 968-99694267

6507. MUMBAI : Mangalorean RC Bachelor (Deaf and dumb) (Born in September 1989), Ht. 5' 9", Wt. 62 kgs, Fair Complexion, Edn. HSC., Dip. in Computer Hardware. Working as a Cashier. Contact email : clifford9948@gmail.com OR 9920331773 / 022-28731976.

6503 MUMBAI : Mangalorean RC Bachelor, (Born in September 1984), Ht. 5' 9", Wt. 75 kgs, Fair Complexion, Edn. MBA., Working as a Branch Manager. Contact email : yopepjo2005@gmail.com OR 9820793042

6494 MUMBAI : Goan RC Bachelor, (Born in May 1960), Ht. 6', Wt. 65 kgs, Wheatish Complexion, Edn. SSC., working as a Security Guard. Contact Mob : 8451069841

6493 MUMBAI : Mangalorean RC Divorcee, (Born in April 1982), Ht. 5' 8", Wt. 162 lbs, Brownish Complexion, Edn. M.Sc., Computer Science, working as a Software

Engineer in USA., Contact email : mumbai-open@gmail.com OR 7738581130

6491 MUMBAI : Goan RC bachelor, (Born in July 1986), Ht. 5' 7", Wt. 68 kgs, Wheatish Complexion, Edn. B.Com., working as a Manager. Contact email : kelwinbritto007@gmail.com OR 9619011728

6490 MUMBAI : Goan RC Widower, (Born in June 1960), Ht. 5' 7", Wt. 77 kgs, Fair Complexion, Edn. High School, Government employee in Bahrain. Contact email : alwyn60rodrigues@gmail.com OR 9733830968

6213 MUMBAI : Mangalorean RC Bachelor, (Born in June 1981), Ht. 5' 7", Wheatish Complexion, Edn. PGDRM, working as a Manager. Contact email : larson316@gmail.com OR 9819068603

6222 MUMBAI : Tamilian RC bachelor, (Born in June 1982), Ht. 165 cms, Wt. 67 kgs, Wheatish Complexion, Edn.B.E. (Civil), working as a Structural Engineer (Asso-

ciate). Contact email : winall2891@gmail.com OR 7506861330 / 9820041633

6358 MUMBAI : Mangalorean RC Bachelor, (Born in May 1974), Ht. 5' 4", Wt. 65 kgs, Fair Complexion, Edn. B.Com., working as a Admin. Controller in DUBAI. Contact email : dsouzarobin25@gmail.com OR Tel : 22-24983066 / 0097150-2460903

6393 MUMBAI : Goan RC Bachelor, (Born in March 1977), Ht. 5' 6", good looking XII Pass, presently working as Share Broker having own bungalow accommodation at Bandra Mumbai also getting good regular monthly rent seeks a goodlooking RC Spinster. Call 9167372840 Contact email : pintolazarus2012@gmail.com

6539. MUMBAI : Mangalorean RC Bachelor, (Born in February 1982), Ht. 5' 8", Wt. 65 kgs, Fair Complexion, Edn. B.Sc., MBA., working for Bank in DUBAI. Seeks a Mangalorean educated, homely girl. Ready to settled in Dubai. Contact email : roshandsouza5in@gmail.com OR 971556271902 / 9920371470

6521. MUMBAI : Goan RC Bachelor, (Born in December 1976), Ht. 6', Fair, Handsome, Edn. B.Sc., MBA (HR) full time, working as Manager in MNC. Well settled. Seeks alliance with Goan RC Spinster. Contact email : alliancecedec2@gmail.com.

6510. MUMBAI : Mangalorean RC Divorcee, (Born in February 1981), Ht. 5' 10", Wt. 80 kgs, Fair Complexion, Edn. Masters in Computer, working as a Sr. Tech. Anyl in Bank. Contact email : melwyngdsouza@gmail.com OR 9004748881.

6415. MUMBAI : Mangalorean RC Bachelor, (Born in January 1987), Ht. 5' 3", Wt. 55 kgs, Fair Complexion, Edn. HSC + Profession in Hotel Management. Professional in Food & Beverages. Only Child. Seeks a suitable match. Contact email : agnesd85@yahoo.co.in OR 9833283285

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6609. MUMBAI : Goan RC Spinster (Born in October 1988) / 5 feet / 58 kgs, B.E. and MBA, working for reputed IT MNC as Sr. Analyst seeks alliance from professionally qualified RC Bachelors upto 33 years, well settled with sober habits and good family background. Pl reply with details and recent full size photo to ashil2628@gmail.com / 9819950120

6608. MUMBAI : East Indian RC Spinster, (Born in February 1987), Ht. 5' 1", Wt. 53 kgs, Wheatish Complexion, Edn. B.A., working as an Executive. Contact email: rebecca23_2@hotmail.com OR 9819214459

6607. MUMBAI : Mangalorean RC Spinster, (Born in February 1990), Ht. 5' 6", Wt. 63 kgs, Fair Complexion, Edn. B.Tech., PGDM., working for Marketing Manager. Contact email : sphylomena@gmail.com OR 9920084092

5619 DUBAI : Mangalorean RC Spinster, (Born in November 1981), Ht. 5' 5", Wt. 60 kgs, Fair Complexion, Working in Govt. Hospital in Dubai as Specialist Doctor (M.D.) Seeks a well qualified bachelor from Decent family. Kindly send the profile and recent photograph to Email : alliance12313@yahoo.in OR 09845850726

5997 MUMBAI : Mangalorean RC Spinster, (Born in October 1974), Ht. 5' 3", Wt. 70 kgs, Fair Complexion, Edn. B.D.S. Dentist by profession. Email : drcleona@yahoo.com Tel.: 25633474

6114 INDORE : RC Spinster, (Born in July 1974), Ht. 5' 4", Wt. 53 kgs, Fair Complexion, Edn. M.Com., well settled. Seeks a suitable match. Contact email : seema_francis@rediffmail.com OR 09827011122

6129 MUMBAI : Tamilian RC Spinster, (Born in December 1983), Ht. 4' 11", Wt. 58 kgs, Wheatish Complexion, Edn. B.Com., working for Bank, Contact email daisy.dec1@gmail.com OR 7507899111

6192 MUMBAI : Goan RC Spinster, (Born in August 1986), Ht. 5' 6", Wt. 65 kgs, Wheatish Complexion, Edn. B. Pharma & MBA in Clinical Research, working as an Asst. Manager. Seeks a Engineer or well settled and educated. Contact email : cosmetony52@yahoo.com OR 9870399755

6226 MUMBAI : Goan RC Spinster, (Born in June 1989), Ht. 5' 2", Wt. 45 kgs, Wheatish Complexion, Edn. B.Com., working as a Supervisor in Bank. Contact email : rodriguesmary898@gmail.com OR 91-9979687644

6246 MUMBAI : East Indian RC Spinster, (Born in October 1986), Ht. 5' 8", Wt. 64 kgs, Fair Complexion, Edn. B.Com., working, Contact email : mariashgo24@gmail.com OR 9819524367 /

9920102623

6263 MUMBAI : Mangalorean RC Spinster, (Born in January 1990), Ht. 5' 2", Fair Complexion, Edn. B.Com., Dip. in Mktg., working as a Sales Coordinator. Contact email : mflavy@yahoo.com OR 9769226745 / 9819736100

6273. MUMBAI : Mangalorean RC Spinster (Born in August 1986), Ht. 5' 3", Wt. 51 kgs, Wheatish Complexion, Edn. B.Sc., coms, B.Ed., Teacher by profession. Contact email : violet_361@yahoo.com OR 9969663045

6325 MUMBAI : Mangalorean RC Spinster, (Born in July 1986), Ht. 163 cms, Wt. 62kgs, Fair Complexion, Edn. M.D. (Ophthalmology) Doctor by profession. Seeks a Mangalorean bachelor from Mumbai or Mangalore below 32 years, preferably Medical profession. Contact email : rufa0107@gmail.com OR 9969642490

6330 MUMBAI : Goan RC Spinster, (Born in March 1985), Ht. 5' 1", Wt. 56 kgs, Wheatish Complexion, Edn. B.Com., MBA (Finance) working as an Asst. Manager in Bank. Seeks a suitable match. Contact Email : oldgoa2012@gmail.com OR 9869765169

6345 MUMBAI : Goan / Mangalorean RC Spinster, (Born in October 1988), Ht. 5'1", Wt. 64 kgs, Wheatish Complexion, Edn. B.Com., working bank. Seeks a well qualified boy. Contact email : idsouzsa14@gmail.com OR 0232/249676 OR 08511867648

6397 MUMBAI : East Indian RC Spinster, (Born in December 1985), Ht. 5'4", Wt. 54 kgs, Fair Complexion, Edn. MA (Pol.Sc.), working as an Admin., Contact email : crystalpereira2012@gmail.com OR 9867563488

6389 MUMBAI : Goan RC Spinster, (Born in April 1982), only child, Ht. 5' 9", Wt. 78 kgs, Wheatish Complexion, Edn. Post Graduate, Hotel Management, studing. Contact email : p5659c@gmail.com OR 9930019677

6388 DUBAI : Anglo Indian RC Spinster, Only Child, (Born in November 1987), Ht. 5' 2", Wt. 62 kgs, Wheatish Complexion, Edn. MBA in Finance, working as a Finance Asst. Contact email : arwen-gretel24@gmail.com / hildafernandez11@gmail.com OR 9768401209

6387 POONA : Mangalorean RC Divorcee having one son 7 years old, (Born in July 1979), Ht. 5' 4", Wt. 62 kgs, Wheatish Complexion, Edn. B.Sc., B.Ed., M.Ed., CIDTT, working for International School as a Teacher. Contact email : sheilashere@rediffmail.com OR 9527884542.

6543 MUMBAI : Maharashtra Protestant Spinster, (Born in August 1977, looks much younger to her age, Ht. 5', Wt. 50 kgs, Fair Complexion, Edn. T.Y. B.Com., working as an Account Assistant. Contact email : sonali_waghchoure@yahoo.com OR 9819673935

6542 AUSTRALIA : Mangalorean RC Spinster, (Born in September 1988), Ht. 159 cms, Wt. 57 kgs, Fair, good looking, Edn. Masters in Biotechnology from

University of Queensland, Australia, working as Scientist (Research) in Australia, Seeks qualified and godfearing boy settled in Australia, US and Canada. Contact email : patsynazareth123@gmail.com OR 9225652875.

6538 MUMBAI : God fearing Mangalorean RC Spinster, (Born in January 1980), 5' 6", from good family working for a MNC seeks groom. Reply with recent photo to innlo@hotmail.com

6536. MUMBAI : Mangalorean RC Spinster, (Born in April 1991), Ht. 168cms, Wt. 64 kgs, Beautiful, Fair Complexion, Edn. Master in Dental, studing PG in Doctorate, Dactor by profession. Contact email : kcmcsm@gmail.com OR 9821087883

6532. BANGALORE : Mangalorean RC Spinster, Only Child, (Born in December 1976), Ht. 5' 2", Wt. 58 kgs, Fair Complexion, Edn. M.A. Communication, working as an Assistant. Contact email : ashajob@hotmail.com OR 9880869797

6530. MUMBAI : Mangalorean RC Spinster, (Born in November 1989), Ht. 5' 3", Wt. 60 kgs, Fair Complexion, Edn. M.A. in clinical councelling from USA, working as a clinical counsellor in well know Hospital. Contact email : i_dsa@yahoo.com

6528. DUBAI : Mangalorean RC Spinster, (Born in April 1984) Ht. 5' 7", Beautiful and Fair Complexion, Edn. Masters in Health, Care (MHA), Employed as a Manager in MNC Dubai, is looking for a suitable alliance between the ages of 32 to 36 with a height 5' 10" and above. Kindly respond directly to the party by email : aara8185@gmail.com with your photograph.

6527. DUBAI : RC Spinster, (Born in July 1987), Ht. 5' 3", Wheatish Complexion, Edn. B.A. in Mass Media, working as a Senior Executive in Govt. in Dubai. Staying with parents. Seeks a well settled and educated East Indian or Goan Bachelor. Contact email : axferns@gmail.com OR Mob: 00971554005544

6525. RAJASTHAN : Goan RC Spinster, (Born in September 1988), Ht. 5' 7", Wheatish Complexion, Edn. B.Com., working for Railways as a Confidential Assistant to Sr. DCM. Contact email : casrdcm@gmail.com OR 09829980087

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(Contd.. from p. 3)

To the bewilderment of more than half of the Indian population, this has actually given him a real shot at somewhat being the most powerful man in India. And he is not alone. In so many other parts of the world, obnoxiousness seems to resonate. Russia, Philippines, Turkey and even the UK all have prominent leaders whose lack of regard for maintaining civil appearances have actually helped rather than hinder their prospects.

Social media of course is the place where the obnoxious from around the world gather and practice their own particular brand of honesty. Every single conversation has a good chance of turning into rabid abuse.

A key element at work is that what is being spoken of here is a form of performative obnoxiousness, a protocol of actions and statements that use nastiness and grandiloquence in a pointed way in order to create a certain deliberate effect.

Earlier obnoxiousness was an involuntary overflow- the projectile vomiting of a diseased self into the world. It was that part of oneself that could not be contained and most often came from an absence of self-awareness.

The current mode of obnoxiousness has a better sense of itself and grasps that there is enough oxygen available in the atmosphere for nastiness to become disproportionately productive as a strategy for personal advancement.

In a world that seems too many to have been made unbearably complex by the insufferably intelligent, there is a search for greater clarity. The extreme carries with the virtue of not being confused for what lies adjacent to it, for in most cases nothing does.

The shallow ensures that one is always on firm ground, that one's feet do not have to flail about perpetually in nameless depths for some sense of certainty. Complexity gets seen as deliberate and vested obfuscation.

Nastiness is the easiest disguise worn those that wish to be seen as strong. The idea of truth has become so severely compromised that professed strength is seen to be a substitute for it.

In a world where everyone is deemed corrupt, calling other people names without any restraint becomes decoded as a sign of honesty. Cursing everyone else puts them

on the defensive and in most cases; the other side cannot muster up the obnoxiousness to respond in kind.

When the obnoxious are attacked, they deny everything, concede not an inch of ground, and look to always to stay on the attack. No conspiracy theory mounted in defense is too farfetched, no claim too ridiculous, no allegation too fanciful. Simultaneously, one's own greatness is trumpeted without any trace of modesty. Those that promote themselves hard actually do media a favor, for they can be picked up for coverage off-the-shelf. Even the search for greatness today is lazy-celebrities, can simply claim to be so and in most cases, their bluff is not called. Criticism, disdain, sarcasm all bounce off the individual-indeed they serve to strengthen rather than deflate.

Channels and newspapers are full of people who are important for mysterious reasons-some claim to be film makers, others are faded performers, and still other that are famous largely for appearing on television as famous people.

The great advantage in perpetually aggrandizing oneself is that the self-important lay down the terms of engagement with them. Eventually, the bloviating braggarts get our attention and become reference points; we follow them or hate them, but they become important enough for us to have a view on

them. The strategy of saying- I am amazing, I am awesome, other people suck is a form of behavior training- admiration or at the very least a sense of their significance is taught by employing the methods of repetition and amplification.

The self-promoting loudmouth is everywhere. In media, in business, in politics, speaking at conferences and festivals where they invariably get the loudest cheers. The notions of depth and quality are seen as strategies that have kept the elites in power, and there is a sense of liberation when a new kind of voice is heard. The directness, the uncomplicated self absorption, and the primitive nature of the promise combine to create a compelling force that we find easy to give in to.

But by far the most important reason for the success of the obnoxious is that they are always entertaining. They are our reality shows in real life. We need to watch them compulsively even when they make our skin crawl. There is never a dull moment when they are around, and what can be more important than that today? Public attention is the most universally recognized currency of the time and nastiness trumps reason every time on this front. So, perhaps it is time to sit back and watch the show as it unfolds. It's going to be awesome, people. You have no idea. It's going to be so fantastic. Believe me.

Thanksgiving



Thanks to
Divine Mercy, Our Lady of Vailankanni,
Our Lady of perpetual Succor and
St. Anthony

—Mrs A. M. S, Pune

Pope Francis lets world into his bedroom

Rome: Pope Francis says he's trying to make the Roman Catholic Church more accessible to the people. So for the first time, tourists are being allowed to visit the most private rooms of his summer residence.

Popes have looked out at the same view for centuries, but this is the first time the rest of the world could look back in. Pope Francis declared his private apartment should be public, so that people could all see where Popes would potter about, or pray.

Inside, visitors can see the office of the personal valet – a sort of “butler” to the Pope – and where the Pope’s secretary sits. Also for display are the Pope’s office, and his desk.

Castel Gandolfo, perched above Lake Albano, has a bigger footprint than Vatican City itself and is used as a summer escape. But Pope Francis never spent the night there.

In 2014, he opened some rooms to the public, but his private apartment



had remained off-limits, explained Sandro Barbagallo, who is in charge of running the place.

“Yes, [I was] very surprised,” he says. “I knew the public part of this palace well, but I promise you, even I never entered the private apartments. It was always under lock and key, and the keys were kept in Rome.”

The most private of rooms – the Pope’s bedroom – is remarkably simple for a Pope, reports newshub.co.nz.

“Yes, it’s very small and very modest,” says Barbagallo. “We are, after all, talking about a priest.”

During World War II a previous Pope opened Castel Gandolfo as a sort of shelter for those displaced by Nazi shelling in then-occupied Italy.

This modern-day pontiff has tried to bring the Church closer to the people, now letting them right into his bedroom.

—MattersIndia

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