

THE SECULAR CITIZEN

A NATIONAL FAMILY WEEKLY

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Rs. 5



Indian politics



After all he gets to see him again only after five years!

Strange Indian Politics



I Me Myself

DICTATOR

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Benedict XVI Marks 88th Birthday With A Pint Of Beer



Vatican City: Pope Emeritus Benedict XVI Thursday celebrated his 88th birthday under a sunny Roman sky with a pint of beer and a joyous gathering with family and friends.

The Vatican's L'Osservatore Romano Thursday released photos of the German Pope accompanied by his brother, Monsignor Georg Ratzinger, and his longtime private secretary Archbishop Georg Gänswein, raising a toast with a group of Bavarians dressed in traditional garb outside his home in the Vatican Gardens.

In an interview with Mediaset television this week, the personal secretary of the pope emeritus said that, as the evening of life draws on, Benedict is preparing himself to meet the Lord.

"The pope and I have talked about death various times. It is clear that a man who is about to turn 88 thinks about this, but [this] is a Christian art ... because preparing oneself for death means preparing oneself for an encounter [with] God, and this is a decisive encounter."

Pope Francis offered Holy Mass for Benedict on Thursday morning, expressing his sincere hope that God "sustain him and give him much joy and happiness."

Pope Benedict XVI became the first pope in 600 years to renounce the papacy, saying he no longer had the strength of body or spirit to carry on.

Archbishop Gänswein recently told the Italian newspaper La Repubblica that he tried to persuade him to stay, but that the Benedict was firm and serene in his decision.

These days, Benedict spends his time praying, reading, keeping up with his correspondences, and playing the piano.

However, his days of writing have come to and end, Gänswein said.

"He told me: 'Jesus of Nazareth was my last book ... I no longer have the strength to write,' adding: 'If I still had the strength to write, I would not have renounced the papacy.'"

Asked why the pope emeritus chose to live at Mater

Pope blesses Ben Hur Jesus



Rome — Rodrigo Santoro, who plays Jesus Christ in the upcoming Ben Hur film, received a blessing from Pope Francis in Rome on Wednesday.

During a break from production in Italy, Santoro attended the Papal Audience with fellow Ben Hur actress Nazanin Boniadi and met Pope Francis.

The Holy Father, donned in white, blessed the actor, and Santoro and Boniadi captured a picture in front of the Vatican during their trip, 955klos.com reported.

The film tells the story of Judah Ben Hur, a prince falsely accused of treason by his adopted brother Messala, an officer in the Roman army. Ben Hur is forced into slavery and eventually returns home seeking revenge, but he finds redemption in his journey.

The film, based on Lew Wallace's novel Ben-Hur: A Tale of the Christ, is set for a Feb. 26, 2016 nationwide theater release and stars Jack Huston, Toby Kebbell, Morgan Freeman, Ayelet Zurer, Sofia Black D'Elia, Santoro and Boniadi. The new feature will be the third film version of Wallace's tale, which was previously adapted to the big screen in 1925 and 1959.

Mark Burnett, Sean Daniel, Joni Levin and Duncan Henderson are producing the Timur Bekmambetov-directed and Keith Clarke and John Ridley-written film. Executive producers are Roma Downey, Clarke, Ridley, and Jason Brown.

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—Publisher

Ecclesiae — the former cloistered convent nestled in the Vatican Gardens — Archbishop Gänswein said that Benedict told him: "Upon reflection, I understood that Mater Ecclesiae would be the ideal place because it's somewhat secluded, but at the same time it guarantees the freedom necessary to live a peaceful and hidden life."

Source: Aleteia

'Thought for the week'

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Christians express shock over Agra church attack

Police have failed to make an arrest four days after a church was attacked in the northern Indian city of Agra raising fears among the Christian community that religious extremists are targeting them because of their faith.



St Mary's Church was desecrated in the early hours of April 16 by suspected Hindu hardliners who broke open the church gates and destroyed two statues.

They also tied a dog's leash around the neck of a statue of the Mother Mary and tried to force open the door of the church but failed. A vehicle on the premises was also damaged.

"Five teams are working on the case but we have not been able to gather any evidence or find a lead," police spokesman Nirmal Singh, told ucanews.com on Monday.

The Catholic Bishops Conference of India (CBCI) condemned the attack, saying it was carried out to create a feeling of insecurity among minority communities.

"The way the venerable statues were attacked and desecrated to bring maximum shame and disgrace on the icons confirm that these were not just mere acts of vandalism, but well planned dastardly acts, aimed at deeply wounding the religious feelings and creating a feeling of insecurity among the minorities," the CBCI deputy secretary-general Father Joseph Chinnayan said in a statement.

The attack on the church has also heightened fears among the Christian community in the area, with many feeling that more sectarian incidents could soon follow.

"This is the beginning and it is not good. We have been hearing about attacks on churches in Delhi and elsewhere in the country but we were very sure nothing of this sort would happen here. This is very distressing," local parishioner Vincent Rozario said.

"I was born and brought up here and it hurts to see there is so much

(Contd.. on p. 4)

(Contd.. from p. 3)

hatred growing among people.... I don't know why they [the attackers] stooped so low and what they wanted to achieve," said Alfred Rozamio, also a parishioner.

Rosario said the damage to the church would have been greater if the perpetrators had managed to open the front doors and get in.

Helen Jain, another parishioner, said Christians in Agra have always lived like a family with others but "the incident has made us cautious and we will have to tread carefully".

Parish priest, Fr Eugene Lazarus said community members have gathered and held prayers each day since the attack.

"Today we are having a day of prayer inside the church. Community members are observing a fast and a silence protest against the attack," he added.

Earlier, around 200 people, including leaders from other faiths, gathered at the church April 17 for a prayer meeting.

All the religious leaders condemned the incident and vowed to unite and fight against anti-social elements.

Since December, at least six churches in Delhi have been vandalized and several other alleged anti-Christian attacks have been committed across the country, including the rape of an elderly nun. Christian leaders say the incidents are hate crimes carried out by Hindu hardliners. However, Indian authorities claim that criminals carried out the attacks.

India's finance minister Arun Jaitley told a television news channel last weeks that the government believes "all the incidents were law and order problems".



Shocking Desecration Of Agra Church

KANPUR

(16th April):

The Kanpur Catholic Association (KCA) is shocked and dismayed at the desecration of the St Mary's Catholic Church in Agra Cantt, in the wee hours of this morning.

The KCA President, Chhotebhai Noronha, immediately spoke to the priest in charge of the church who said that initially the attackers broke the windows of his car parked in the premises. This set off the car burglar alarm, which in turn frightened them away. On hearing the sound, Rev. Eugene Lazarus together with his assistant, Rev Joy Sebastian, came out to investigate the noise.

To their horror they found that two statues of Mother Mary were smashed to pieces and one of them had a dog's chain tied around the neck. The only statue that could not be broken despite being toppled over was because it was made of fibreglass. Even the glass on the church notice board was broken.

From the above circumstances it is more than evident that this was a deliberate act of desecration of sacred images, with the intention to frighten the peace loving Christian community and to foment communal tension. Such acts have been occurring with sickening regularity all across the country from the time the BJP came to power at the Centre. It is obvious that the perpetrators of these crimes are supremely confident of their political patronage and protection. It may be recalled that even the so called Ghar Wapsi programme was launched from Agra.

It is significant to mention that just the previous day the hate spewing BJP MP from Gorakhpur Yogi Adityanath had boldly declared that non Hindus should not be allowed at Har ki Pauri Ghat at Haridwar. This was the latest provocation against the Minorities in India. Ironically the KCA President stated that his late father, Peter de No-



ronha, who was then a Civil Engineer in the PWD, had built the first bridge across the Ganga at Har Ki Pauri Ghat about 100 years ago. People like the self styled Yogi need to study the history of such sacred places before making outrageous statements.

Another irony is that just two days ago, the Archbishop of Agra, Albert D'souza, had met the Home Minister, Rajnath Singh, in New Delhi, and the latter had assured him of full protection to the Christian community and their places of worship.

The KCA appeals to the authorities In Agra to immediately identify and arrest the culprits of this heinous act of desecration. It also shares the pain of the traumatized Christians of St Mary's Church Agra. The KCA also appeals to people of all religions to condemn such acts and not allow such persons or organizations to vitiate the atmosphere of peaceful co-existence.

The emergency meeting of the KCA was chaired by its President Chhotebhai Noronha and addressed by Vice President Noel George, Cornelius Kujur, Peter Fernandes and Rachana John..

*Chhotebhai Noronha
President
Kanpur Catholic Association*



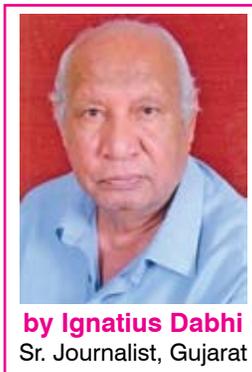
Why Make so much of Hue and Cry?

Every since the verbal attack on Mother Teresa by the Sangh Parivar, many pro-sangh pen=pushers have started a hate campaign against the Church, Christian missionaries, and the law-abiding Christians in general. There have been articles and write-ups published in Gujarat, Bihar, Tamil Nadu, U.P., Rajasthan and Madhya Pradesh.

On April 5, 2015 in the most-read Gujarati daily 'Gujarat Samachar' a serious article on its editorial page (by Virendra Kapoor - a pro. BJP man) says, "Why do Christians make so much of hue and cry over attacks on Churches and 'ghar-vaapsi' programmes? Our temples are attacked in U.K. and America and we do not cry "woolfs" ...? Some English dailies have openly taken sides with the Church and we tolerate them..."

In a public rally, Sonia Gandhi and many senior Congressmen said the attacks on minorities are on the rise. Minorities because they did not vote for BJP, are targeted and ignored. Reacting to a write-up in Hindu, a BJP minister said "English print media have lost a sense of balance..."

"Rajasthan Patrika" a Hindi daily recently carried an article (by Sadhu Satdev) says," The ghar-vaapsi programmes will be carried on and on the very Easter Sunday, scores of forcefully converted Hin-



It is true that there were attacks on minorities during the congress regime. The only difference between the attacks now and the attacks then is the ruling party, directly or indirectly was never involved in the attacks. The police is a mute witness in attacks now. The party men and the government machinery are involed....

dus in Kerala have embraced their age-old Hinduism and left the Christian Faith..." Scores of articles have been appearing all guided by the hate campaign against the Church. It seems, the Sangh in its well-planned agenda has the hate-campaign against Christians in top priority.

Talking of the BJP-led Gujarat, there are very grave GAG pointers on the functioning of the government. Narendra Modi has all strings on his fingertips. The police department, the education department are managed by the staunch Sangh men. Recently the government passed a bill (which was twice sent back by the previous Governor) which gives a full power to the Home Department that can arrest any one 'under doubt'

... the frightening majority men in the House, leaves Congress in a corner... The Chief Minister, Mrs. Anandi Patel, is known for her hatred against Muslim and Christian minorities, leaves no stone unturned against our schools. The top brass in the Home Department is known for its pro-Sangh attitudes. People seem to live in fear - chiefly the minorities. Local Gujarati dailies carry many full page ads - practically everyday - glorifying the BJP rule The BJP men go on telling that Congress misruled for 65 years...! Only they have the true patriotism!!

How long will it continue? "I'm here for another 10 years," says the great Prime Minister!

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Why The Rahulmania?

“Where is/was Rahul Gandhi? What was/is he doing exactly? Why isn't he being made President of the Congress? When will he become Prime Minister of the country?...?...” And so the whys and why nots concerning Sonia's son can continue ad nauseam.



The question is, just why this clamour for knowing where Rahul Gandhi was or is? Or what he did during his sabbatical or what he is now going to do? Why the clamour also for him to become President of the Congress or Prime Minister of the country (as though there is no leader capable of donning the mantle)?

Rahul was aptly described some years ago by some politician as "Amul Baby". A baby is exactly what he has so appropriately proved himself to be in the course of the many years that the Congress was in power – his off-the-cuff utterances, tearing a government ordinance in public and what not.



by Ladislaus L D'Souza

actual garibiis continue to remain garibi. It did not even ensure equality in reservations for Dalits cutting across all creeds that Christian dalits have for long been demanding. Instead, it kept struggling to retain a hold on the reins of power all its ruling term. If seasoned politicians forming the rank and file of the Congress have neither the guts to rise and shine as potential leaders nor even a vision of what kind of governance can truly lead the country forward, what vision or plan can you expect an amateur like Rahul Gandhi to have for the progress of India? So let's stop the Rahulmania right away please!

Frankly, the party (the CONGRESS PARTY, that is) is over! Gandhiji wanted the party to be dissolved immediately after Independence, but that did not happen. It finally did happen in the recent elections across the country. So let it be: WIPED OUT, DISSOLVED, DEAD - whatever!! In fact the Congress would do Gandhiji's memory a great service of reverence by appointing Rahul its President - he'll capably hit the last nail on the coffin lid and conduct its funeral rites.

In all honesty, apart from not interfering with who we pray to or what we eat, the Congress did nothing for the welfare of the people as such. Indeed, with its famous slogan 'GARI-BI HATAO', it promptly hataoed the garibi of ALL politicians, even getting the emoluments of all MP's, MLC's and MLS's raised sky-high while the

The noted Frenchman, Joseph-Marie de Maistre [1753-1821], a Savoyard philosopher, writer, lawyer and diplomat, has rightly said that “every country gets the leaders it deserves.” As far as India is concerned, it certainly is going through a bad political phase where we can see no viable political force rising to counter the onslaught of the BJP/NaMo-led kind of politics presently ruling the country. As believers, it's time we started storming heaven for a suitable answer rather than depend on the Congress to rise from its grave—or its ashes, as the case may be—to take us forward. All intercessory groups and 'prayer towers' across the country could take a cue and start praying seriously for honest dedicated individuals to replace the selfish, corrupt lot masquerading as leaders and servants of the people!

SHRINE OF OUR LADY OF FATIMA
KARJAT

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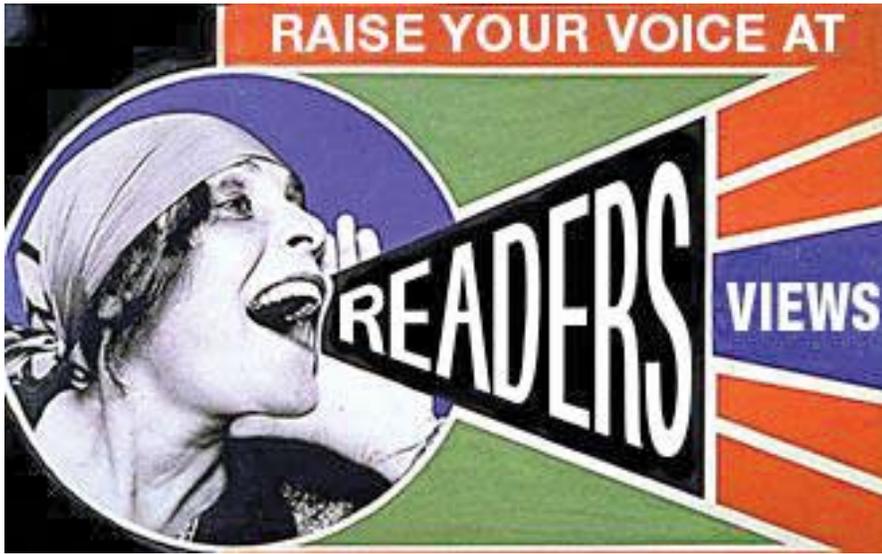
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Matheran, near Karjat is a well known Hill station in Maharashtra. Being a popular picnic spot, throughout the year Matheran is frequented by tourists. A visit to the Holy Cross Church at Matheran will be a special experience due to its location amidst lush greenery. Kindly inform and make this known to many

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Jewellery

With gold prices on an upward spiral, women in the city are under constant threat from chain-snatchers.

As far as the rising cases of chain-snatching are concerned, I feel women themselves must avoid wearing gold jewellery, and if at all they wear them, they must be alert.

The best way to curb such incidents is that women should start wearing imitation jewellery for everyday use. They must keep their heavy gold jewellery for special occasions like weddings or parties and be cautious whenever they wear them. Though mostly women are targeted, even men are falling prey to such crimes.

We cannot expect the police to provide 100% vigilance to curb such incidents across the city. I have no idea of what punishments are awarded to those who are caught for gold thefts, but considering the gold prices, it has become an easy way of making money, and anyone who wears gold -- be it men or women -- becomes an easy target for the criminals. Self-restraint is the best measure to avoid being a victim of gold theft.

—**Jubel D'Cruz,**
Dombivili

Reverence For The Host

The incidence of consecrated hosts falling to the ground is on the rise. One contributory factor could be the different modes of receiving Holy Communion which can confuse the EMHC. Be that as it may, the casual manner in which the fallen host is picked up by the communicant and consumed, is neither 'licit' nor reverent. Old timers who have been witness to the 'elaborate purification process' in days gone by find it difficult to reconcile with the present day casual attitude.

The Congregation of Divine Word (Vatican) has issued several Instructions on receiving Holy Communion. Instruction #94 states: 'It is not licit for the faithfully to take by themselves the sacred host'. (A lay person cannot self communicate)

The United States Conference of Catholic Bishops (USCCB) has issued a comprehensive set of norms in this regard. Rule No 50 states: 'The communicant, including the extraordinary minister, is never allowed to self-communicate. Communion must always be given by an ordinary or extraordinary minister of Holy Communion'. This implies that a communicant (person receiving Holy Communion) cannot pick and consume the host. S/he must receive communion from a priest or EMHC.

We need to adopt these instructions.

—**Prof Robert Castellino**
Mumbai

Weight for Women

Speaking during the General Audience in St Peter's Square on 15 April, Pope Francis reminded, that not only must the voice of women be listened to, but that it must be given due 'weight and authority'. The way in which Jesus considered women, shines a powerful light on a long road still to be tread, a road upon which we have only taken a few steps. This road is to be 'travelled with creativity and audacity'.

He invited men and women to communicate, and to love and respect each other. He challenged intellectuals not to abandon this theme, through which they are to build a more just and free society. The test faced by the Church, and by all believers and families, he said, is to rediscover the beauty of God's plan, the imprint of His image in that covenant.

So, let us praise women, especially St Catherine of Siena (feast day, 29 April), a stigmatic, renowned negotiator and Doctor of the Church; for, "Strength and dignity are her clothing" (Proverbs, 31:25).

—**Dr Trevor Colaso**

Wearing Imitation

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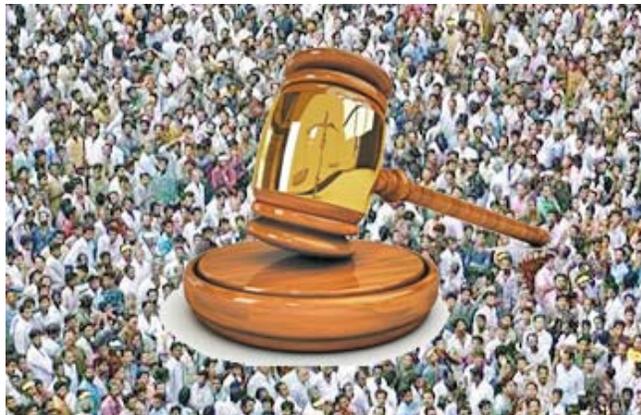
The Judicial System & Society

One thing that Namo's actions and words have done, over the past one year, has been to keep my brain active. Recently at the Conference of Chief Justices and Chief Ministers of India he commented on the conduct and working of the judiciary and the need for judicial reform. I have to be careful what I put on paper to "avoid contempt of court proceedings" or to be dubbed "a five star activist"

What do I know about the judicial system to have the temerity to give suggestions of what is to be done? I am not a lawyer. I have never been a judge even at a school sports or debating event. But I am part of the millions of AamAadmi who spends hours watching the TV seeing celebrities being charged, arrested and released, seeing dead bodies being discovered in trunks left on the side of a highway, learning about scams and other sensational news but never knowing, in a reasonable time, how these mysteries end.

However, I have been fortunate to observe how the system works from the first time you approach the lowest rung in the bureaucratic ladder right up to the Supreme Court. As I stood in awe before the S.C. my senior counsel told me "You are right to be impressed by this august structure. It is the temple of final authority on the Constitution and the Law. The words of the judges are like the Word of God. They are powerful, cannot be changed or contradicted, and have to be obeyed. The judges know it". Namo expressed similar sentiments when he said that judges were next to God and had a Divine Role to play. No doubt the judiciary acts like God and takes its own time to decide an issue. But God has Eternity on His side. We humans only have limited time.

Why do cases take so long to decide? This is because of the Judicial Triangle --- My Side, Your Side and the Facts. When people go to court



SILIVILIZATION — PART 20 by Francis Lobo

they go with a strong bias, a prejudice --- I AM RIGHT. The trouble starts when the other side believes the same. It is seldom a matter of Law but of Emotions --- The Judicial System is ruled by the Heart, not the Mind. "A" has to submit her side in writing as required by the system. This has to be refuted, again in writing, by the opponents. The arguments are supported by reams of documents, drawings, maps, case laws, history, geography, bank statements, witnesses, etc. etc. By this time everyone is exhausted. The judge takes a few months to study the voluminous information and counter information presented from both sides, sometimes there are more than two sides, . In the meantime the judge gets transferred. The new judge also needs time to come up to speed on the case This creates the time when the litigants die, migrate to Canada or go under-ground or something.

Namo's answer to clearing the over 30 million cases pending across the country is to use technology.. But this is already being used in court with orders being directly dictated into computers, being instantaneously available and retrievable. But what is his answer to dealing with Human Perversity? How to make people at the start see both sides, determine the appropriate Facts and create the Total and Correct Picture? How do you prevent human beings from hiding and destroying the Truth or avoiding the application of Justice in their

own self-interest and when they are on the wrong side of the Law? Here the Government has taken the short cut of predetermining what is right by Ordinances, not taking the total picture and ignoring the Individual. On the issue of holding the Conference on Good Friday, the CJI has placed the institution about the individual. This is against the basic foundation on which our Constitution is based. Every individual is considered important and her concerns must be taken into consideration and weighted against the goals of common good and development.

The Common Man still has faith in the judiciary because, so far, it has upheld the rights of the individual against the powerful state and corporates. This Trust in the Judiciary is attempted to be eroded by weakening the institution of NGOs who fight for the rights of the marginalized, and cautioning the judiciary against "Five Star Activists" and that the judges are not as fearless as in the past. The judicial processes are long drawn out and costly and NGOs, which often work Pro Bono for the common man, play a crucial role in Society. The emergency of the AamAadmi Party gave us hope that at last there was a platform, an organized system for the united voice of the Common Man to be heard. Does this hope still exist?

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memories a lifetime"*

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Herbs That Can Be Used For Fighting Breast Cancer

Cancer as a whole has been one of the most dreaded diseases. And even moving deeper, one of the most prevalent cancers is the breast cancer, which has been at its high this year. Hence, the demand for alternative medication, including herbal remedy for the breast cancer has been getting higher day by day.

Echinacea

Studies have found that Echinacea purpurea increases the amount of natural killer cells in the experimental mice and suggested that E. purpurea could be a possible treatment for anti-tumor therapy in the future.

Licorice

Glycyrrhizin is a chief constituent of licorice root and is a sweet tasting triterpenoid saponin. The dried roots and underground stems of the plant are used in herbal remedies. Glycyrrhizin along with its aglycone and glycyrrhetic acid have also been stated to encourage activity of interferon, supplement the movement of natural killer cells and modulate the growth response of lymphocytes through augmentation of IL-2 production. Experimental studies have recognized number of substances in licorice that may help avert DNA mutations, reduce tumor development, or even destroy cancer cells including breast cancer, prostate cancer, and leukemia cells.

Cat's Claw

Two species of cat's claw, Uncaria guianensis and U. tomentosa have also gained much attention particularly in the West because of their immune-stimulant properties as they contain a rich source of phytochemicals with more than 30 known constituents including at least 17 alkaloids, along with glycosides, tannins, flavonoids, sterol fractions, and other compounds found in the root and stalk bark.

Garlic

Garlic encompasses hundred or more biologically beneficial secondary metabolites, such as alliin, alliinase, allicin etc. Allicin is a predecessor to numerous sulphur comprising compounds that are accountable for the taste, aroma as well as its pharmacological properties. The antitumor property of Garlic is attributed



to its high level of a wide-ranging diversity of organic sulfides and polysulfide's. It is known to augment action of the immune system by activating lymphocytes and macrophages to kill cancer cells.

Flaxseed

Flaxseed contains a rich supply of lignans. Mammalian lignans appear to be anti-carcinogenic because lignan metabolites hold a structural resemblance to estrogens and can attach to estrogen receptors to hinder the development of estrogen-stimulated breast cancer. In women with breast cancer urinary excretion of lignans is reduced, while the intake of flaxseed powder enhances urinary concentration of lignans by many folds.

Turmeric

Turmeric imparts a rich yellow color to food. Turmeric's anti-mutagenic action as well as cancer inhibition activity is attributed to its phenolic constituents. It has been shown to curb the progress of breast, lung, stomach and skin malignancies. Its antioxidant curcumin, has been shown to be a successful anti-inflammatory agent in humans and slows down the development of cancer by averting the production of toxic eicosanoid.

Burdock

Burdock is used in oncology as well as in many other serious health problems. It comprises of some powerful anticancer features that averts mutations in the oncogenes. It has been used in the management of breast cancer, ovary, bladder, malignant melanoma, lymphoma and cancers of the pancreas. Studies document that it decreases the size of tumor, ease the pain and prolongs the survival phase.

Green tea

Polyphenolics in green tea (Camellia sinensis) are also recognized to have

anti-mutagenic and anti-cancer actions. The most abundant polyphenol in green tea is EGCG (epigallocatechin-3-gallate) which has also been the focus of pre-clinical and clinical research in a variety of health settings. Tea polyphenols have also been shown to inhibit tumor cell proliferation and induce apoptosis in laboratory and animal studies while in other studies, tea catechins have shown to inhibit angiogenesis and tumor cell invasiveness as well as modulate immune system function.

Ginseng

The dried roots of Ginseng are used in traditional medicines to treat a variety of conditions, including cancer. Constituents of ginseng have been shown to inhibit the production of tumor necrosis factor in mouse skin, inhibit the growth and proliferation of cancer cells in animal models, inhibit cell proliferation, induce differentiation, and stimulate interferon levels. Other tumor cell processes may also be interfered with by ginseng constituents.

Dandelion

Dandelion or Taraxacum officinale, has a history of use in Chinese, Arabian and Native American traditional medicine, to treat a variety of diseases including cancer. To date, however, very few studies have been reported on the anti-carcinogenic activity of Dandelion.

Others

Other herbs and vegetables that are safe to use to fight breast cancer are broccoli, grapes, wheatgrass, lignans, soybean, vitamin D, calcium, and a well-balanced diet.



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Cancer incidence to rise five-fold in India by 2025?

With a million new cases being reported every year, cancer seems to be tightening its grip on India. Experts say the incidence of the killer disease is expected to rise five-fold by 2025.

According to medical professionals, lung and oral cancers were the most common among men while cervix and breast cancer were striking more and more women.

Cancer is one of the leading causes of deaths in India, which has nearly three million patients suffering from the disease, they said.

Annually, nearly 500,000 people die of cancer in India. The WHO said this number is expected to rise to 700,000 by 2015.

Cow Urine in Cancer Treatment

CCRAS, research wing of AYUSH (Government of India) has researched on herbs for its anti cancer properties and pharmacological activities as per modern science. These herbal extracts which have established anti-cancer properties are processed with cow urine in a ultra modern Ayurvedic pharmaceutical industry.

Cow Urine has been researched and patented for its ability to improve efficacy and absorption of anti cancer drugs of modern medicine (allopath) and herbal extract. Hence our Ayurveda medicines made of cow urine and herbal extracts are effective for Cancer.

Cancer Care



Cancer Care Foundation of India claims that Cow Urine Therapy has proved effective in reducing the suffering of patients affected by various types of cancer, cysts, tumors, and neoplasm. The clinical studies have shown that their products help get relief from the following diseases:

- Breast Cancer
- Cervical/ Cervix Cancer
- Ovarian Cancer
- Blood Cancer CLL, ALL and CML
- Leukemia
- Lymphoma
- Multiple Myeloma
- Bone Cancer
- Oral Cancer
- Mouth Cancer
- Tongue Cancer
- Thyroid Cancer
- Throat Cancer
- Larynx Cancer
- Brain Cancer / Brain Tumor
- Colorectal Cancer
- Esophageal Cancer
- Skin Cancer
- Stomach Cancer
- Prostate Cancer
- Renal Cell Carcinoma/ Kidney Cancer

13 Common Communicable Diseases Found in India

The thirteen common communicable diseases found in India are as follows:

1. Malaria
2. Typhoid
3. Hepatitis
4. Jaundice
5. Leptospirosis
6. Diarrhoeal Diseases
7. Amoebiasis
8. Cholera
9. Brucellosis
10. Hookworm Infection
11. Influenza
12. Filariasis
13. Tuberculosis.



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Cancer

- Sarcoma
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- Prostate Cancer
- Kidney Cancer
- Hepatocellular Carcinoma
- Liver Cancer
- Soft Tissue Sarcoma
- Blastoma
- Anal Cancer
- Capillary Haemangioma
- Gall Bladder Cancer
- Hodgkin's Lymphoma
- Non-Hodgkin's Lymphoma

Jain's Cow Urine Therapy

Let's Accept The Reality – That's Life

It is common knowledge that Indians value family life and naturally there is emotional bonding. Though there are marital and other family discords prevalent in society in general including the Christian community, these are generally superficial aberrations. There is genuine love deep down. Therefore the loss of a loved one creates a lot of emotional turmoil amongst the members of the grieving family. Most of the times, more often than not, it is the culmination of irreparable loss but occasionally it stems from guilt – of not having done enough for the person departed.

In a city like Mumbai where time is of essence, everybody is rushing. Young married couples who are working do not have the time to care for the sick parents. It is not their fault. They have not time for the kids as well who are left with baby sitters. The spirit is willing but the flesh is weak. Income from both spouses is a necessity today. Sometimes a maid is engaged to tend for the sick parent or parent-in-law. They leave the house early in the morning and return quite late in the evening when it is almost time for the ailing person to sleep. Sometimes these elders land in a Home for the Aged more out of compulsion than anything else. It is also an expensive affair for an average earning person. There are cases, very rare though, that they are dumped and abandoned there.

Yet when the elder breathes his/her last there is grief. At a sermon at a cemetery on 'All Souls Day', a preacher said he was very impressed with the sea of colourful flowers on all the graves across the length and breadth of the burial ground that surrounded the chapel. The candles which were lit made the entire area bright that early morning. It was a manifestation of love of the survivors for the deceased family members or out of guilt. He said he once visited a house with Holy Communion for a sick and feeble lady who was actually sleeping below the bed without the luxury of a fan. She wanted to ask the daughter something in her feeble voice but the young lady just rushed out saying she was getting late to work. The mother died some time

VIEWS on NEWS

later and the same priest was there. He saw the daughter crying loudly and almost went hysterical. Was she feeling guilty that she did not have the time to listen to her dying mother?

Today we spend huge amounts on burial ceremonies engaging undertakers who offer 'packages' in this modern world. The near airtight coffin delays the decaying process, possibly causing environmental hazards. Is it time to think of cremation – quick and eco-friendly. The Church now accepts cremation. The concept of fancy coffins will be redundant. There can be a community coffin which can ferry the dead from home / Church to the cremation ground. The ashes can be preserved for posterity either in niches or even in the homes. Intellectuals and activists in the community should debate this very important issue in the context of severe paucity of land for burials. With continuous rise in population, this problem will only worsen. The Church can take the lead.

It is customary to distribute mortuary cards on the occasion of Month's Mind or first death anniversary. Holy pictures / prayers which are neatly laminated are distributed to all and sundry. These should be restricted to very close family members only. Not many people would like to collect such material. It is taken as a courtesy and after some time it becomes a problem to discard them. You cannot throw them in the dustbin. Some Churches do ask their Parishioners to deposit all such 'holy material' in the Church before the Ash Wednesday so that it can be used in the process of making the ashes. This could be the norm across the country.

Not So Tweet But Sour

The latest tweet by none other than our MOS V.K.Singh saying "What can you expect from these presstitutes?" was in extremely bad taste, if he has any taste buds left. For a Minister at the Centre to talk or tweet such a language speaks volumes of the quality of people we have governing our country. As expected this uncivilized tweet has drawn condemnation from all the op-



by Marshall Sequeira

position parties and the media.

As expected, the BJP was quick to distance itself from the contents of this tweet conveniently saying that a tweet is a personal matter. This means that the person sending such a tweet does so strictly in his personal capacity. If that is so, are all the tweets of Narendra Modi his personal views and not the stand of the Prime Minister? Even the likes of Sushma Swaraj send tweets about her Ministry. Does it mean she is talking in her personal capacity or as External Affairs Minister? When a tweet invites condemnation, the party cannot say it is a personal matter. BJP said the same thing when the Ministers like Jyothi or Giriraj spoke which offended the public. Everybody will recall that the opposition was demanding that Narendra Modi should come to the parliament and clarify about the conversion row etc, the party said that when Senior Ministers speak they speak on behalf of the government and therefore the Prime Minister need not comment on each and every issue. Very right but you cannot take different stands when it suits you.

When you become a Minister, you lose yourself so to say and do not have 'personal opinions'. Otherwise, he may bring about a law as a Minister and then say that personally I am against this law. He is a part of the government and therefore it becomes an official line unless he does so with an unambiguous caveat that what he is going to say is a strictly personal opinion. Even this cannot be against the government line or something that will offend a section of the citizenry. If he feels that he does not like the way the government is going about, he should be bold enough to step down, resign his Parliamentary seat and take a radical stand on any issue he chooses to. But a Minister is a Minister – he speaks for the government.



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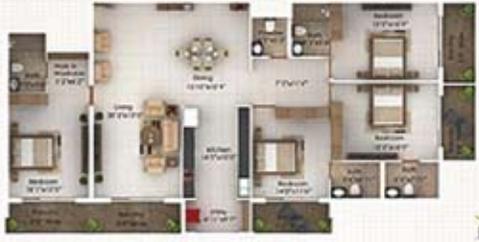
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Guide For Newly Weds

Any relation requires effort. You cannot assume a good marriage will develop by itself. For newly married, it is important to communicate well so as to develop a strong bond in future.

Marriage can bring many changes to which you and your partner will have to adjust, especially in the first year. Some of these changes are eagerly anticipated; others are surprises that may cause unhappiness or even fear. Although many adjustments must be made, the investment in your marriage relationship makes it worthwhile and can even pay off better than expected.

Adjustments

Adjustments in all areas of marriage depend on the quality of the couple's communication and on their mutual concern. Each partner is an individual. Respect each other and try to understand the needs of one another. Consider the following points in your efforts to develop a satisfying relationship: All aspects of a marriage are interrelated, including the physical relationship. When outside stresses or conflicts arise, they can affect all areas of your relationship. Try to pinpoint your stressors and resolve them. Focus on your needs and your spouse's needs—not on outside pressures. Be open, and work at communicating and achieving an honest and harmonious relationship. Don't be afraid to talk with your spouse about your feelings, desires, fears or fantasies. Discuss things. Share. Learn together. Help each other adjust. In sex, as in other areas of your life, it will help if you are friends as well as lovers.

Family

When you marry, you not only take on a new husband or wife, but you also take on a new family. Technically, of course, you are not married to your spouse's family, but your new relationship with your spouse will depend in part on how well you each get along with the other's family.



The marriage of a child may change things so dramatically that the parents have difficulty adjusting. They may want to continue their job of parenting, or they may want to live through their child. They don't want to "lose" their child.

Additionally, the newly married person may still be largely dependent on his or her parents for emotional support. If this situation is a problem for the couple, it will require patience, understanding, good communication,

A Positive Approach

Developing good relationships with your in-laws results in positive benefits for everyone. Here are some suggestions for building a good relationship with your in-laws:

Remember that parents still need concern and attention. Parents may fear rejection by the new son-in-law or daughter-in-law.

Adopt a positive view of your in-laws. This will help you concentrate on good things and minimize problems. Respect your in-laws as family mem-

bers of the one you love. Remember, they love your spouse, and he or she loves them. Never compete with your in-laws for your spouse's love. Try to become a welcome part of that family.

Share with your mate the responsibility for maintaining contacts with both families. Share in writing letters; calling; sending gifts; and planning visits, holidays and reunions. These efforts help to build family acceptance.

Work out your own problems and avoid pitting your family against your spouse.

Be careful of directing any anger you may feel toward your spouse toward his or her family.

Confront your own problems with honesty and open communication.

Avoid comparing your spouse's family to your own. Comparisons can lead to defensiveness, rebuttals, unnecessary arguments and harsh feelings.

Treat both families fairly and equally, and try to "stand on your own feet" as a couple.

Genuine Wisdom

The Bible teaches that the foundation or beginning of genuine wisdom is the fear of the Lord. Unwise people spurn the fear of the Lord by neglecting God's moral absolutes, but wise believers walk in holy obedience to Him. "The fear of the Lord is the beginning of wisdom (Ps.111:10)". "Fear of God becomes synonymous with reverence, worship, and obedience to God's command." God's absolute holiness-belonging exclusively to the divine realm and totally inaccessible to mortals – prompts that fear.

God's Moral Absolutes

The Bible reveals that God is a moral being and that He created humans in His image as moral beings. He has revealed moral absolute to humans and forbids them to violate them. God appointed humans to administer His rule over this earthly province of His universal Kingdom in accord with His moral nature and the fixed order of moral law He established. These truths imply that God holds people accountable to be morally responsible. He presents in His authoritative Word. Disobeying them can have serious consequences not only for the one who disobeys, but also for the family and other associated with that person.

Most people reject God's rule over them and instead assert their own self-rule. In other words, humanity decided to exercise dominion over the earth in its own way, rather than in God's way. People began to violate and pervert God's moral absolutes and His fixed order of moral law, especially His institution of marriage.

Sexual Violations and Perversions

God instituted marriage because He created people with male and female sexuality (Gen.1:27). Thus God alone possesses the authority to define marriage and determine the proper use of sexuality. God intends all human sexual relationships to take place exclusively within the bond of marriage, a life-long union between a man and a woman.

One reason God created humanity and ordained the male-female union was to populate the earth. God blessed

 **Capt. Mervin John Lobo**

Adam and Eve and said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth"(Gen.1:28). This fact indicates that, when God created humanity as

Male and female, He revealed the fixed, inflexible moral order He the sovereign King of the universe determined and established for human sexuality. Any deviation from that order violates and perverts what God intended and portends dire consequences for mankind. The Bible addresses several kinds of violation and perversions of God's design for human sexuality. Two are fornication and adultery.

Fornication.

Scripture Uses the term fornication both generally and specifically. In the general sense, it refers to any voluntary sexual intercourse outside male-female marriage. For example, 1 Corinthians 5:1-2 refers to incest. The apostle Paul wrote, "It is actually reported that there is sexual immorality among you, and such sexual immorality as is not even named among the Gentiles- that a man has his father's wife! And you are puffed up, and have not rather mourned, that he who had done this deed might be taken away from among you."

In the specific sense, fornication refers to voluntary sexual intercourse between an unmarried man and unmarried woman. Jesus said "For out of the heart proceed... fornications...These are things which defile a man (Mt.15:19-20). Galatians 5:19 distinguishes fornication from adultery and homosexuality: Now the works of the flesh are evident, which are: adultery, fornication." First Corinthians 6:9-10 signifies that fornicators are distinct from adulterers and homosexuals: "Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor adulterers, nor homosexuals, nor sodomites... will inherit the kingdom of God."

The Bible clearly indicates that fornicators violate God's moral order and therefore, deserve judgment. Under

the Mosaic Law, if a man discovered his wife was not a virgin when he married her, she was to be stoned to death for premarital fornication (Dt22:13-14, 20-21). Jesus said fornications defile a person and are evil (Mk.7:20-23). Romans 1:29 and 32 declare that people who commit fornication are worthy of death. The apostle Paul asserted that a Christian's body does not exist for the practice of fornication. It exists for the benefit of Christ. Since believers are spiritually unified with Christ, their bodies are extensions of Christ in the world. Since involves a one-flesh union with an immoral person, believers who commit fornication thereby unite Christ's members with immoral people. Paul was so repulsed by that thought that he exclaimed, "God forbid"(1Cor.6:15), and commanded Christians to "flee" fornication(v.18).

Fornicators sin against their own bodies. Since the Holy Spirit permanently indwells believers, they must not defile the temple of the Holy Spirit through fornication. In addition, since God purchased believers through the shedding of Christ's blood, He owns every part of them. Therefore, believers should glorify God through the functions of their bodies and spirits (vv.18-20). Fornication is a lustful work that is divorced from the controlling power of the Holy Spirit (Gal.5:17-19). It should never be associated with Christians (Eph.5:3) since God's will is for Christians to abstain from fornication and to be sanctified (1Th.4:3).

The Scriptures clearly indicate that no one guilty of fornication will inherit the Kingdom of God. Rather, such people will be thrown into the lake of fire and brimstone (1 Cor.6:9; Gal.5:19-21; Rev.21:8) unless they genuinely seek God's forgiveness for that violation and perversion of His established order for human sexuality. God will forgive and deliver from judgment those who personally trust Jesus Christ as their Savior (1Cor.6:9-11).

Adultery

Adultery is another grievous sexual sin against God. It is a sexual unfaithfulness of a married person; voluntary sexual intercourse of a married man with another than his wife or by a married woman with another than her husband. The Bible clearly emphasizes the

(Contd.. on p. 17)

Stay Healthy In Office

For people who work in an office environment, sitting behind a desk and staring at a computer screen likely makes up the bulk of your day. The stress and demands of the job keep you focused only on your work and not on your physical well-being. This can lead to 40 hours of poor health habits each week. But with just a few adjustments, you can break the bad routine and be healthy at work.

Messy Desk

An unkempt work area can cause stress and lead to inefficiency. Furthermore, your desk, phone, and computer are notorious for harboring germs. Once each week, clean your workspace with antibacterial wipes. Organize your desk in a way that minimizes strain on your body, and keep things in their place. If you need help, look around the office at coworkers' desks, and ask them for tips.

Poor Posture

You probably spend more time at your desk than any place other than your bed. So when you're sitting in front of it, it's important to do it properly. Adjust your chair height so that your feet are flat on the floor and your knees and arms are at a 90-degree angle. Adjust your computer screen so that your eyes are even with the top edge. Angle the screen so it's tilted slightly upward toward your eyes.

Staying Put

When you sit for an extended period of time, your body and mind will fall asleep, much like when you skip a meal. Once per hour, you should get up for a walk or a stretch. This will wake you up and get the blood flowing through your body (and your brain). Take every opportunity to get away from your desk.

Skiping Lunch

While snacking on junk food is discouraged, skipping lunch altogether is just as bad. Don't let the hustle and bustle of work keep you from breaking up the day with a healthy meal. Not only can this affect your energy levels and your ability to think and focus, you will be more likely to overeat

at dinnertime.

Eating at Your Desk

We've encouraged you to be diligent about eating lunch and healthy snacks throughout the day, but you should not eat them at your desk. Lunchtime is a chance to give yourself a much needed mental break during the day. And if you don't keep your workspace clean, you could be sharing your meal with the germs that collect on your computer keyboard and phone.

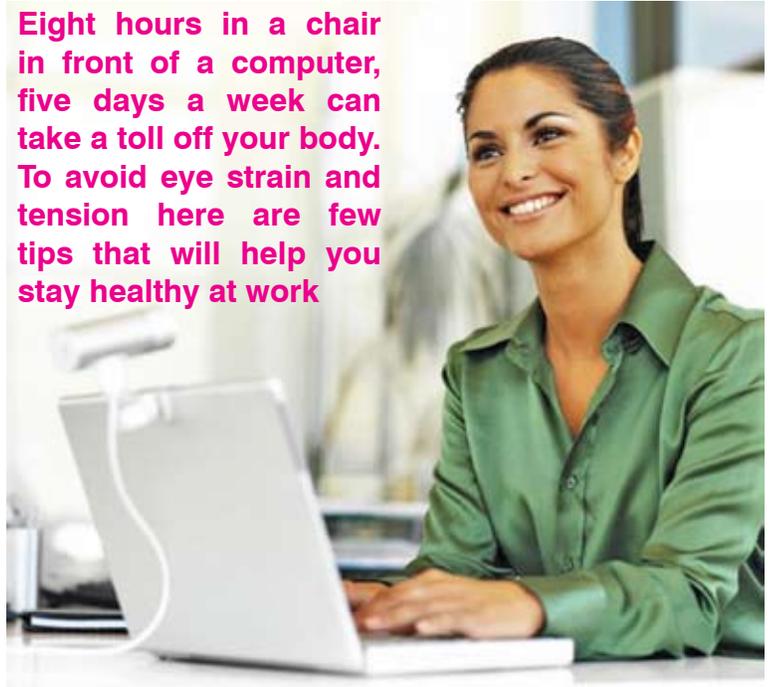
Long Work Days

It always feels like there aren't enough hours in the day to get your work done. But a healthy work-life balance is essential to keep you energized and productive. Try to limit your work hours to a manageable number, and do your best to set boundaries between home and the office. Don't take work calls after hours, and make your evenings fun and fulfilling enough to take your mind off your busy day.

Tips to stay healthy in an office

Drinking water should be a con-

Eight hours in a chair in front of a computer, five days a week can take a toll off your body. To avoid eye strain and tension here are few tips that will help you stay healthy at work



stant part of your workday. Not only does it keep your body and mind working efficiently, it also curbs your appetite so you will be less likely to munch on unhealthy snacks. It's tempting to seek an energy boost from soda, but if you need an afternoon pick-me-up, try a cup of tea.

Gossiping

Drama in the workplace not only hinders productivity, it can also affect office morale and cause stress and psychological problems for those involved. Try to avoid known gossips in the office, and if you do come across personal information about a coworker, keep it to yourself.

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Bible on Money

In 'Let me introduce myself, My Name is MONEY!!!...', The Secular Citizen, 20 Apr.2015, pg. 17, you have elaborated twelve steps on Money; rather on Money walks; Money talks! Well, here are twelve quotations on "Money" from the Holy Bible, which will help your readers to be cautious when dealing with "Money"!

First, allow me to quote the 'Father' of the nation, Mahatma Gandhi, who had listed money or wealth as the first of the – "Seven Deadly Sins: Wealth without work! Pleasure without conscience! Science without human-



ity! Knowledge without character! Politics without principle! Commerce without morality! Worship without sacrifice!" (Here it brings to my mind, the unparalleled Sacrifice of Jesus Christ which we worship or celebrate at holy Mass).

1. So Moses, took the redemption money from those who were over and above those redeemed by the Levites and gave this money to Aaron and his sons (Num 3:49;51).
2. Spend the money for whatever you wish – oxen, sheep, wine, strong drink, or whatever you desire; you and your household rejoicing together (Deut 14:26).
3. They would give the money that was weighed out into the hands of workers, to the carpenters and the builders who worked on the house of the Lord (2 King 12:11).
4. The lover of money will not be satisfied with money; nor the lover of wealth with gain. And this also is all vanity! (Ecc 5:10).
5. Everyone who lives ought to be wise; for wisdom will give you as much security as money can (Ecc 6:11-12).
6. Feasts are made for laughter; wine gladdens life; and, money meets every need (Ecc 10:19).
7. But the chief priests, taking the pieces of silver said, "It is not lawful to put them into the treasury,

- since they are blood (Mt 27:6).
8. After the priest had assembled with the elders, they devised a plan to give a large sum of money to the soldiers (Mt 28:12).
9. The Pharisees who were lovers of money, heard all this, ridiculed him (Jesus). So He said to them ... for what is prized by human beings, is an abomination in the sight of God (Lk 16:15).
10. He (Barnabas) sold a field that belonged to him, brought the money and laid it at the apostles' feet (Act 4:37).
11. Now when Simon saw that the Spirit was given through the laying of the apostles' hands, he offered them money (Act 8:18).
12. For the love of money is a root cause for all kinds of evil, and in their eagerness to be rich some have wandered away from the faith . // Keep your lives free from the love of money, and be content with what you have (1 Tim 6:10 // Heb 13 :5).

—Dr Trevor Colaso,

(Contd.. from p. 15)

fact that God regards adultery to be a grievous sin. One example is God's response to the situation that resulted when Abraham and Sarah misled Abimelech, king of Gerar, by hiding the fact they were husband and wife.

Abimelech innocently took Sarah for himself (Gen.20:1-2,5). But before he even touched her, God warned him he was about to die because he had taken another man's wife (vv.3-4). In addition, God closed the wombs of all the women in the king's household (vv.17-18). The warning was to prevent Abimelech from sinning against God (v6). God ordered Abimelech to restore Sarah to her husband or he and all of his household would die(v.7).The king recognized that Abraham's deception had brought a great sin upon him and his kingdom. (v.9). King Abimelech heeded the Lord's warning and restored Sarah to Abraham. The same sin was repeated by Abraham's son Isaac on Rebekah his wife.(Gen.26 :6-9)

God's response revealed two things: First, adultery is a sin- not only against a spouse, but also against God. It violates what God ordained for marriage and sexuality. Second, adultery can cause serious dire consequence.

Capt.Mervin John Lobo (Master Mariner) who has studied Scripture in Jerusalem, contributes articles on various topics.

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to Father Remigius Sequeira OFM Cap(1924-2015)

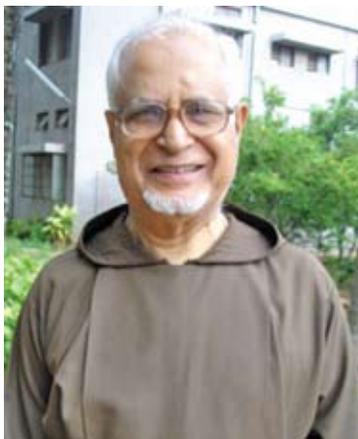


by Fr George Olivera

During the Eastertide as the Whole Church celebrates the Holy Pasch as the Easter People and chants Alleluia as Easter Response, Father Remigius commended his Soul to the All Merciful and Compassionate God on Divine Mercy Sunday. When he breathed his last He was 91 years of age, 67 years of Vita Consecrata in the Franciscan Capuchin Brotherhood, and 63 years of Priestly Service in the Vineyard of the Lord. In his death he can testify like St. Paul: I have fought the good fight, I have finished the race, I have kept the faith. From now on there is reserved for me the crown of righteousness, which the Lord, the righteous judge, will give me on that day, and not only to me but also to all who have longed for his appearing. (2 Timothy 4:7-8)

Fr. Remigius son of late Alexis Sequeira and late Magdaline Sequeira of Holy cross Church, Taccode, Mangalore diocese.

It was 43 years ago to be exact the new Province of KGM was carved out of the former Indian Province of the Immaculate Heart of Mary. The three states of Karnataka, Goa and Maharashtra were indicated as its geographical territory. Br. Remigius Sequeira was appointed as the first Provincial Minister of the new province with Br. Liguory Noronha as Provincial Vicar and the First Definitor. Brs. Pacificus Menezes, Irenaeus D'Souza and Vincent Lobo were the second, third and fourth definitors respectively. The General Minister and his definitory also entrusted the Agra - Lucknow - Ranchi mission to the new province as a good number of its friars were working in the mission. On 17th May 1972, the new Provincial Minister and his definitory assumed charge and on that day the Province of Karnataka-Goa and Maharashtra officially came into existence. It had a strength of 100 friars. The first Chapter of the Province held at Monte de Guirim in 1973 decided to dedicate the Province to the Most Holy Trinity.



Fr. Remigius Sequeira OFM Cap.

As Provincial Minister of the Province for three terms he was instrumental in all-round growth of Province Fraternity and Justice, Peace and Development of the People of God. He served the Capuchin communities in the States of Kerala and Tamilnadu, Goa and Karnataka as Formator, Novice Master, Rector, Professor the Dogmatic and Spiritual Theology, Spiritual Father to Friar Students and Novices. He was a Wise Sage of Biblical traditions – kindhearted, with mild manners, compassionate, with well-disposed understanding of others and gentle, in one word truly a Person of Virtue of high standards. In his death we have lost a great stalwart of our Province.

These Random selections from the Web the loving tributes from people of good will to father Remigius

Tribute from Laity: A Devout, Gentle Priest full of compassion and concern for the laity, Excellent counsellor very spiritual and always available for

our spiritual needs.

Tribute from a Religious Sister: Remembering our dear father Remigius, our immediate neighbour in Taccode. A saintly, loving and a disciplined, committed religious. We will miss him on earth. He has entered the abode of the Divine.

Tribute from a Priest: You are a living saint forever. Pray for us from Heaven always.

Tribute from a Provincial superior: WE admired his spiritual depth, simplicity of life, gentle talk, and availability to everyone who sought his spiritual help. In his death we have a saint in heaven to intercede for us. He is a model and source of inspiration to all the consecrated people.

Tribute from a General Definitor: My Novice Master and Rector leaves for Heavenly abode

When I entered the Capuchin Order in 1979 Fr. Remigius was in Frangipet, Mangalore as a novice master. His very appearance was very fatherly. He went on to be my spiritual father, Novice Master, Philosophy Rector and then followed me all through the formation. He was my professor of Theology in Mysore. a great friar, teacher, formator and Leader. He was provincial for number of years. He has guided the destiny of KGM. We are grateful to him. Father Remigius we will miss you.

As we bid Adieu to Father Remigius, we all the members of the Holy Trinity Province, Karnataka, all the Friars of St. Anne's Friary, Mangalore, all his family members – the relatives and the friends, and all those who assembled here to pay our respects to the departed Soul of Father Remigius wish you Eternal Rest and Beatific Vision of the Holy Trinity. May almighty God grant to every one the Divine Consolation. Amen.

DIALYSIS treatment available at Mumbai's Siddhivinayak Temple for just 200/- only. Total 22 Dialysis Machines installed.

Churches Affected By Proposed Development Plan

There are many other Churches in the City of Mumbai which are also equally affected by the said Development Plan.

Here is a list of objections compiled after a study on some of these churches. There might be some cases where errors might have been occurred inadvertently. As a matter of caution please verify the objections for your respective parishes.

1. Cathedral of Holy Name Fort 29.50 meter D.P. Road adjacent to the Church will shrink the part of the Church Property. Metro also passing on the said road. Refer Sheet No.5 of the City. The Church falls in Heritage Area. It is shown as Commercial Residential Zone.
2. Christ The King Jogeshwari West (Oshiwara) The Church affected by 27.45 meter wide road on the rear side. Refer Sheet No.28 of the Western Suburbs. It is shown as Commercial Residential Zone.
3. Good Shepherd Andheri West Not affected by any reservations. Refer Sheet No.22 of the Western Suburbs. It is shown as Commercial Residential Zone.
4. Holy Cross Kurla 27.45 meter D.P. Road widening adjacent to the Holy Cross School will affect the part of the Church Property and to affect the Holy Cross as well. Also 9.15 meter internal road leading to the Church from the main road will be affected by road widening. A new 9.15 meter D. P. Road is proposed on the side of the Church. Refer Sheet No.24 of the Eastern Suburbs. The Church, Parochial House, Meeting Room are shown as Primary & Secondary School (DE1.2).
5. Holy Cross Lower Parel 48.70 meter D.P. Road widening in the front of the Church will affect the part of the Church Property . Refer Sheet No.23 of the City. The Church is shown as Primary & Secondary School (DE1.2).
6. Holy Cross Juhu-Tara The entire area around the church forms part of the Town Planning Scheme. Please check Sheet Nos. 8 and 11 of the Western Suburbs. It forms part of Residential Commercial Zone. Holy Family Andheri East 36.60 meter D.P. Road widening adjacent to the Church will shrink the part of the Church Property. Refer Sheet No.19 of the Western Suburbs. It is wrongly shown as Industrial Zone.
7. Holy Family Pestom Sagar 12.40 meter D.P. Road Behind the Church will shrink the part of the Church/ School/Play Ground Property. Refer Sheet No.21 of the Eastern Suburbs. It is shown as Commercial Residential Zone.

8. Infant Jesus Ghatkopar East A new 13.40 meter D.P. Road Behind the Church will shrink the part of the Church/School. The front road is affected by 9.15 meter road widening. Refer Sheet No.29 of the Eastern Suburbs. The Church is wrongly shown as Primary & Secondary School (DE1.2).

9. Infant Jesus Jogeshwari East A new 13.40 meter D.P. Road on East side of the Church will shrink the part of the Church property. The front access road is affected by 13.40 meter road widening. Refer Sheet No.23 of the Western Suburbs. The Church is wrongly shown as Primary & Secondary School (DE1.2) .

(To be contd...)

THANKGIVING



May the Sacred Heart of Jesus be adored, loved, glorified & praised throughout the world now and forever. Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, Thy kingdom come. St. Jude worker of miracles pray for us. St. Jude helper of the hopeless pray for us. Amen.

PRAYER TO HOLY SPIRIT

Holy Spirit, Thou who makes me see everything and show me the way to reach the ideal. You who gives me the divine gift to forgive and forget the wrong thing that is done to me and who are in all instances of my life with me. I, in this short dialogue want to thank You for everything and confirm once more that I never want to be separated from You whatever great the material desires may be. I want to be with You and my loved ones in Your perpetual glory. Amen.

Say this prayer nine times a day for nine days. By the eighth day your prayer will be answered. It has never known to fail. Promise to publish this or distribute this as soon as your favour has been granted.

— Adrian Dantas, Mumbai



MUMBAI : Mangalorean Roman Catholic Bachelor, aged 34 years, Ht. 5' 10", Wt. 71 kgs, Wheatish Complexion, Edn. B.Sc., Diploma in HRM, working as an Executive Asst., Secretary in MNC. Contact email : conrad_2305@yahoo.co.in OR 9869661682 (Regd. No. 6319)

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 31 years, Ht. 6' 2", Wt. 95 kgs, Wheatish Complexion, Edn. 12th English Medium, working as a Foreman in Qatar. Contact email : fmalcolm15@gmail.com OR henryfernandes@mannai.com.qa OR 9820743446 (Regd. No. 6237)

MUMBAI : Goan Roman Catholic Bachelor, aged 60 years, looks much younger to his age, Ht. 5' 10", Fair Complexion, M.Sc., IT, worked in Australia as a Programmer. (Regd. No. 6236)

MUMBAI : Goan Roman Catholic Bachelor, aged 34 years, Ht. 5' 4", Wheatish Complexion, Edn. B.Com., working as a Bank Officer. Contact email : savioanthony.dias@sc.com OR 9820379835 (Regd. No. 6231)

MUMBAI : Goan Roman Catholic Bachelor, aged 35 years, Ht. 5' 5", Wt. 60 kgs, Wheatish Complexion, Edn. HSC., employed as an Auto Mobile in Abu Dhabi. Contact 9619617174 (Regd. No. 6230)

MUMBAI : Goan Roman Catholic Bachelor aged 32 years. Ht. 5' 7", Wt. 57 kgs., Wheatish Complexion, Edn. HSC, working as Food Production. Contact email : vaz.dominic@yahoo.com (Regd. No. 6229)

MUMBAI : Mangalorean Roman Catholic Bachelor, aged 29 years, Ht. 5' 8", Wt. 78 kgs, Fair Complexion, Edn. Electronic Engineer and MBA, Working as a Consultant in Limited Company. Contact email : henry.fernandes53@gmail.com OR 7738365149 (Regd. No. 6259)

MUMBAI : Tamilian Roman Catholic Bachelor, aged 41 years, Ht. 5' 10", Wt. 70 kgs, Tan Complexion, Edn. B.Com., working as an Executive in

Abroad. Currently in Mumbai contact immediately. Contact email : margaretdass26@yahoo.com OR 9167001399 (Regd. No. 6254)

MUMBAI : Tamilian Roman Catholic bachelor, aged 32 years, Ht. 165 cms, Wt. 67 kgs, Wheatish Complexion, Edn.B.E. (Civil), working as a Structural Engineer (Associate). Contact email : winall2891@gmail.com OR 9920045798 / 9167710057 (Regd. No. 6222)

MUMBAI : Goan Roman Catholic Bachelor, aged 35 years, Ht. 5' 6", Wt. 72 kgs, Wheatish Complexion, Edn. MBA Graduate, working as a Manager. Contact email : benison_fernandes@yahoo.co.in OR 9819633378 (Regd. No. 6221)

MUMBAI : Protestant Christian Bachelor, aged 49 years, looks much younger to his age, Ht. 5' 4", Wt. 60 kgs, Wheatish Complexion, Edn. DMLT., working as a Section Technical Coordinator. Contact email: shashibsd_d@yahoo.co.in OR 9869117823 (Regd. No. 6253)

MUMBAI : Mangalorean Roman catholic Widower, aged 53 years, Ht. 5' 7", Wt. 65 kgs, Wheatish Complexion, Edn. HSC, having business and accommodation. Contact email : albertlobo19@gmail.com OR 9820695110 (Regd. No. 6251)

MUMBAI : East Indian Roman Catholic Bachelor, aged 40 years, Ht.5' 8", Wt. 76 kgs, Wheatish Complexion, Edn. B.A., working as a Manager. Contact email : cardoz.clint@gmail.com OR 9833563182 (Regd. No. 6250)

MUMBAI : Goan Roman Catholic Bachelor, aged 31 years, Only Child, Ht. 5' 8", Wt. 75 kgs, Wheatish Complexion, Edn. SSC., 2 yrs. Dip. in Trade of Fitter + MEC-3 Marine

Members are requested to inform us when they are settled, so that publication of their details can be discontinued.

Engineering Course from New Zealand, working for Merchant Navy. Currently in Mumbai contact email : allwynb2011@gmail.com OR 9930225262 / 9930611534 (Regd. No. 6248)

MUMBAI : East Indian Roman Catholic Bachelor aged 29 years, Ht. 5' 6", Wt. 78 kgs, Wheatish Complexion, Edn.BMM, MBA, working as a Manager. Seeks a simple, intelligent, qualified, family oriented girl. Contact email : bombayite84@gmail.com OR 9224444833 (Regd. No. 6186)

PUNE : Goan Roman Catholic Bachelor aged 29 years, Ht. 5' 6", Wt. 65 kgs, Fair Complexion, Edn. B.Com., MBA Finance, Pursing LLB., working as a Purchase Accountant. Sober, understanding, Seeks a homely, loving girl. Contact email : v_dsouza00777@yahoo.com OR 9049912489 (Regd. No. 6183)

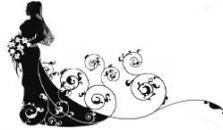
KOLKATA : Roman Catholic Bachelor, aged 23 years, Ht. 5' 5", Wt. 57 kgs, Fair Complexion, Edn. BBA, GNIIT, working as a Management Trainee. Seeks a homely, adjustable, simple, working girl. Contact email : geraldinesawney@gmail.com OR 9331220504 (Regd. No. 6103)

MUMBAI : East Indian Roman Catholic Divorcee, aged 33 years, Ht. 5' 8", Wt. 75 kgs, Wheatish complexion, Edn. MBA., in Intl. Business from Newzealand. working as a Manager. Contact : email bnipra@gmail.com OR Mob.: 7738071111 (Regd. No. 6047)

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MATRIMONIALS

MUMBAI : Goan RC Spinster, aged 36 years, Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. M.Sc. (Chemistry) working as an Executive. Contact email : piress90@yahoo.com OR 9867736474 (Regd. No. 6320)

MUMBAI : Goan RC Spinster, aged 29 years, Ht. 5' 4", Wt. 52 kgs, Wheatish Complexion, Edn. M.B.A. in Finance, working as an Executive. Contact email : febrinedsouza@gmail.com OR 9619374254 (Regd. No. 6318)

MUMBAI : Goan RC Spinster, aged 34 years, Ht. 5' 5", Wt. 69 kgs, Fair and good looking, Edn. B.A., well settled, seeks a qualified, sober, well settled bachelor from good family background. Contact email : feelingblessed2015@gmail.com OR 9820675360 (Regd. No. 6317)

MUMBAI : Mangalorean RC Spinster, aged 26 years, Ht. 5' 2", Wt. 50 kgs, Wheatish Complexion, Edn. M.A., Teacher by profession. Contact email : aranha.priya22@gmail.com OR 9920320332 (Regd. No. 6316)

MUMBAI : Goan RC Spinster, aged 32 years, Ht. 5' 9 1/2", Wt. 70 kgs, Fair Complexion, Edn. Graduate working as a Office Assistant. Contact email : melsav2014@gmail.com OR 022-2416 2210 (Regd. No. 6180)

MUMBAI : Tamilian RC Spinster, aged 26 years, Ht. 5', Wt. 65 kgs, Wheatish Complexion, Edn. B.Com., Working in Hospital in Administrative. Contact email : anharichard@gmail.com OR 9769277062 / 9819315925 (Regd. No. 6291)

MUMBAI : Mangalorean RC Spinster, aged 25 years, Ht. 5' 1", Wt. 54 kgs, Fair Complexion, Edn. M.A., working as a HR & Admin., Contact email : pearlcfrl@gmail.com OR 9867118077 (Regd. No. 6288)

MUMBAI : Mangalorean RC Spinster, aged 29 years, Ht. 5' 2", Wt. 45 kgs,

Wheatish Complexion, Edn. M.Sc., Service. Contact email : nmd2612@yahoo.in OR 9869959289 (Regd. No. 6287)

LONDON : East Indian RC Spinster, aged 37 years, Ht. 5' 2", Wt. 55 kgs, Fair Complexion, good looking, Edn. B.Pharm (Mumbai), M.Sc. (London) working for MNC in London. Due for U.K. Citizenship. Visiting India every six months. Seeks a handsome, well settled and educated any Roman Catholic Bachelor. Contact email : blossomcolaco@yahoo.com OR 9326463210 / 9011869244 (Regd. No. 6286)

MUMBAI : RC Spinster, aged 32 years, Ht. 5' 3", Wt. 50 kgs, Wheatish Complexion, Edn. B.Com., LLB., pursuing LLM. working as a Asst. Manager. Contact email : 1february12345@gmail.com OR 9967673377 (Regd. No. 6284)

MUMBAI : Mangalorean RC Spinster, aged 27 years, Ht. 5', Wt. 50 kgs, Fair Complexion, Edn. B.Com., Service. Contact email : leenamargret@gmail.com OR 9833804399 (Regd. No. 6282)

MUMBAI : Mangalorean RC Spinster, aged 31 years, Ht. 5' 2", Wt. 70 kgs, Fair Complexion, Edn. M.Com., working as a Sr. Secretary. Contact email : msmc15@gmail.com Or 9892197920 (Regd. No. 6281)

MUMBAI : RC Spinster, aged 27 years, Ht. 5' 4", Fair Complexion, Edn. SSC from iCSE board, B.A., working as a Sr. Accounts Manager - Public Relations with a private firm. Seeks a suitable match. Contact email : sfwedding88@gmail.com OR 9869361783. (Regd. No. 6280)

MUMBAI : Goan RC Spinster, aged 27 years, Ht. 5' 6", Fair Complexion, Edn. Masters in HRM, Working as a HR Executive in Private firm, simple, and Godfearing. Contact email athalye.priyanka1@gmail.com OR 09924650033 (Regd. No.6277)

MUMBAI : Mangalorean RC Spinster, aged 28 years, Ht. 5' 7", Tan Complexion, Edn. H.S.C., working as a

Sales Executive. Contact email : strawberry.angel1@gmail.com OR 7709216631 (Regd. No. 6275)

MUMBAI : Mangalorean RC Spinster, aged 31 years, Ht. 5' 3", Wt. 70 kgs, Fair Complexion, Edn. B.Com., working for a Bank as a Team Leader. Contact email : diana_lobo10@hotmail.com OR 9870111964 (Regd. No. 6252)

MUMBAI : Punjabi CNI Protestant Spinster, aged 28 years, Ht. 5' 2", Wt. 54 kgs, Fair complexion, Edn., B.Com., working as a FM Team Co-ordinator. Contact email : minti_masih@yahoo.co.in OR 9665169956 (Regd. No. 6244)

MUMBAI : Mangalorean RC Spinster, aged 25 years, Ht. 5' 2", Fair Complexion, Edn. B.Com., Dip. in Mktg., working as a Sales Coordinator. Contact email : mflavy@yahoo.com OR 9769226745 / 9819736100 (Regd. No. 6263)

MUMBAI : East RC Spinster, aged 26 years, Ht. 5' 5", Wt. 52 kgs, Fair Complexion, good looking, Edn. B.E.,(IT), working as a IT Engineer in MNC. Contact email : cynthia.h@rediffmail.com OR 9969379432 (Regd. No. 6261)

PUNJAB : North Indian RC Spinster, aged 28 years, Ht. 5' 5", Wt. 65 kgs, Wheatish Complexion, Edn. Post Graduate in Nursing, Position : Nurising Tutor (Clinical Instructor), Calm, quiet, intelligent, Seeks a suitable match from respectable family, and well settled. Contact email : shephalitigga04@gmail.com OR 0164-2272549. (Regd. No. 6161)

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Cross And The Crucifix Fosters Faith

THE CROSS will always be the most enduring symbol of the Christian faith. “...to God in one body through the cross”(eph.2:16). The cross is the link to being aware that it is the index to spirituality, in understanding Christian belief.

I remember a Sunday sermon I heard some years ago by a Belgian priest. He was new to the parish and I was told he had come to India as a missionary. I was moved by his homily on fellowship and worship. One thing he said moved me emotionally. “The resurrection is the Christians triumph. The cross made the resurrection possible. The crucifix represents life. The word ‘crucifix’ in Latin means ‘(one) fixed to a cross’. Generally the crucifix is a three-dimensional cross with the body of Jesus. In English, the word is corpus (which means “body”). Without the body, it is simply a cross and found most often in Protestant churches. The cross is a symbol of faith.

With Roman Catholics it is especially important to have the body of Christ on the cross. This is also used in Orthodox Anglican, Eastern Catholic and Lutheran churches. The Body of Christ emphasizes the sacrifice of Our Lord and His crucifixion gave man redemption. It is important to know that a painting on a wooden cross showing the crucifixion of Jesus is not a crucifix. Sadly, this “distinction is not always kept. In Orthodox churches the “body” is either painted on a plain surface or done in low relief. Roman Catholic Churches have a crucifix above the altar. The Roman Rite of the Catholic Church expects that “on or close to the altar there must be a cross with the figure of Christ crucified.” This is necessary for Christians who fix their gaze on the cross when in prayer, meditation or during prayers at Good Friday. Catholics prefer the

crucifix to remind them of God’s love. Protestants have the cross without the body to help them remember His resurrection.

The crucifix and the cross is a theology that helps people to live life in faith and trust. The hope of humankind’s future is centered on the Cross, God’s all inclusive promise of salvation and redemption.

In the 1970’s the cross and the crucifix was an undisputed and accepted symbol in Christian schools and institutions. At that time there had been a debate on which is better, the cross or the crucifix. The final word was that both are relevant to the faith. “And through Him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.”(Col.1:20). The cross and the crucifix, both foster the faith.

The cross keeps Satan at bay and destroys all his evil plans. He tempts the young more often as their minds are ripe, receptive and open to his vile and horrible whispers. The cross and the crucifix can be very powerful against the evil one and is also very helpful as a teaching device. It is best for use in spreading the Word of God and for many presentations in the work of evangelization.

When the faithful wear crosses in gold or silver around their necks or when women wear crosses on earrings, no harm is done, only good. There is much reassurances of the faith in finding the cross or crucifix on the dashboard of a car, or a grave, on a rosary, at the top of a church and often seen on stage when a play is enacted on the Christian faith. I meet people who are afraid to wear a cross. They say it identifies them as being Christian. These people should know what Jesus had to say: ” Take heart, it is I; have no fear.”(Mat. 14:27). We must learn how to brave the odds,



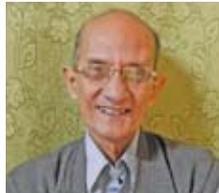
to be vibrant and alert as Christians, and to respect the power of the cross in the face of our enemies. Just as the symbols of other communities wave brazenly before us, we Christians must shine in the glory of the Cross : the Symbol of victory.

Christians in the first three centuries used crosses for prayers and private services. Some of them in the first century drew the sign of the fish (as the first Pope, Peter, was a fisherman) and they used the sign to identify each other. Ornate or plain, the cross spreads the message of victory over death. In America a priest at St. Martin-in-the Fields Church in Keller said: “His hands are raised high” on the cross. “ It is a symbol of victory.”

Many young people come to me wanting to know more about the crucifixion. I tell them the story of His trial and passion and death on the cross. I place much importance on the cross. After all, the cross is the message of redemption and salvation. The cross carries the depth of God’s love. Beatrix Marcias of Dallas said, “When the body is on the cross, we can see and feel Jesus’ suffering. Soon the Vatican will make “a crucifix mandatory in every catholic sanctuary. The Cross is God’s instrument to defeat, humble and silence the wicked forces in the world. When you reflect on the cross you enter a spiritual process which gives momentum to His Mercy and forgiveness.

In the English language the word ‘cross’ has been woven into the fabric of our phrases and expressions. “To bear ones cross, the cross above all else, to carry ones cross and so on. Calvin Coolidge, in his inaugural address said, “The legions which America sends forth are not armed with the sword but the cross.....”

It was the Emperor Constantine who declared, “By this sign (the cross) shalt thou conquer”.



BY MELVYN BROWN



Seminar on Encouraging Entrepreneurship

Christian Chamber of Commerce and Industry in association with Model Co-op Bank Ltd., organised a seminar on Encouraging Entrepreneurship on 19th April 2015 at Prin. L. N. Welingkar Institute of Management Development and Research, Matunga, Mumbai. The Seminar was attended by a large number of community members having interest in Entrepreneurship.

The Resource Persons Prof. Dr. Sapna Malya, Finance Expert and Prof. Victor Manikcam, Entrepreneurship Expert, spoke on the theme of 'Entrepreneurship - Your Gateway to Prosperity, Fulfillment and Pride'

Mr. Henry Lobo, Chairman of Christian Chamber of Commerce and Industry welcomed the guests and the participants. Mr. Agnelorajesh, Director, CCCI proposed vote of thanks.



Youth of today will be the generation that inherits this nation and the world. They will be the ones making decisions that will impact the nation and the world after some years from now. Among them some may even reach the top posts in the government, political position and corporate sector in the future. To enhance their abilities we have designed a project which we call :

Leaders in the Making and Reaching to the Top

After about 10 to 11 years running this project as a full day seminar in Mangalore and Mumbai at different parishes and locations which covered over 8000 youth, now we are preparing to reach the wider section of our youth through the medium of internet.

The youth will be guided for creative leadership by mentors to achieve their higher goals.

We welcome experts, professionals and entrepreneurs as Mentors to guide these youth

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Mr. Louis D'Souza